Discovery Islander

ISSUE 894 • NOVEMBER 20, 2026 • COMMUNITY NEWS & EVENTS FROM QUADRA & THE DISCOVERY ISLANDS



Socks for Literacy Are Back!

Warm toes, colourful gifts, and a little literacy love for Quadra Island!

Looking for a gift that's practical, colourful, and supports a good cause? Socks for Literacy are back, just in time for the holiday season!

Quadra Literacy is once again selling a wonderful selection of socks that make perfect stocking stuffers, thoughtful gifts, and easy-to-mail surprises for friends and family. Or why not treat yourself to a little foot-friendly comfort?

There's something for everyone, with two lovely collections to choose from. The colourful Merino wool socks are warm, soft, itch-free, and fully washable, making them a cozy choice for chilly winter days. Available in women's, men's, and children's sizes, they're sure to be a hit with the whole family.

Prefer bamboo? The soft bamboo socks come in plain colours and fun prints, with three styles to choose from: dress, activewear, and health. Available in men's and women's sizes, they offer breathability and moisture-wicking comfort to help keep feet feeling dry and refreshed throughout the day.

All the socks are produced by Blue Sky Clothing, a fair-trade company, so your purchase supports a business committed to fair trade as well as a local community cause.

Where can you find Socks for Literacy?

- Quadra Winter Markets: November 7, December 5, and December 19.
- Quadra Thrift Shop: November 12 through Christmas.

Every pair purchased helps support literacy projects on Quadra Island. All proceeds from sock sales go directly toward Quadra Literacy initiatives, including the Dolly Parton Imagination Library, Parents and Tots, low-cost refurbished computers, Family Literacy Day, and other programs that help Islanders of all ages learn, connect, and thrive.

So, when you're doing your holiday shopping, think socks! You'll be giving someone a cozy gift while helping Quadra Literacy bring valuable learning opportunities to our community.

Warm feet, happy recipients, and stronger literacy on Quadra Island — now that's a gift that keeps on giving!

Bat Break All The Rules

Whether you have ever glanced up into the night sky and caught a glimpse of bats swooping at insects above your head, or wondered why there is a bat tucked up into the umbrella on your patio furniture, you will want to attend the next Ecology and Conservation Speaker Series: "Bats break all the rules – under-appreciated mammals shrouded in myth"

Following last month's well attended presentation on Puma, the second speaker in this series is Dr. Cori Lausen, a relatively new resident to Quadra, and Director of bat conservation for Wildlife Conservation Society Canada.

Cori's enthusiasm for understanding bats is infectious, and seemingly boundless. After moving here, she started putting out acoustic bat detectors around the island as she has done pretty much all across much of western Canada during her 25-year career as a bat research and conservation scientist. One of her cool discoveries is that while bats tuck away to hibernate during winter, they mysteriously emerge periodically – even in temperatures as cold as -12˚C. Just what exactly are they doing?



They live amazingly long lives for such a small critter, and they are smarter than you can imagine.

A unique and diverse group of more than 15 species of bats call BC home. As detailed in Cori's Bats of British Columbia book, bats are our only flying mammal and face unique challenges.

They are not only fascinating, but fundamental to our economy, ecosystems and human health.

Come out and enjoy an evening with Cori on Monday, 23 Nov. 2026 at the Quadra Community Centre. Doors open at 6:30 with an hour-long presentation at 7:00 and a question period to follow.

And stay tuned for the 3rd presentation in this Ecology and Conservation Speaker Series on grizzly bears in March.

130 Years in the Making: Sip, Shop & Win!

Tipsy Tidelines Gift Shop Event

Saturday, December 5 | 4–8 PM

Enjoy 15% OFF everything in Tidelines Gift Shop, with prizes drawn every hour!

Sip while you shop with complimentary tea, coffee and hot chocolate.
Appies and drinks available for purchase in the Fireside Lounge.
Our gift shop is licensed – so you can sip, shop and celebrate!

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Day to Day

Friday & Saturday, November 20 - 21

- **Community Christmas Craft Fair,** Quadra Community Centre 970 West Road 4-9 pm Friday and 10 am to 3 pm on Saturday, see pg. 7 for details

Friday, November 20

- **Community Gratitude Collage,** Quadra Legion, 5-7pm
- **Live music with Saltwater Cowboys**, HBI Pub, 7pm N/C

Saturday,November 21

- **Mosaic-We Wai Kai TFL 47 Open House**, Cape Mudge Hall, 11 am to 3pm
- **Live music with That Is**, Quadra Legion, 9pm $10

Monday, November 23

- **Conservation Series - Bats Break all the Rules**, QCC 6:30pm, see pg. 2 for details

Friday, November 27

- **Live music with Wharf Rats**, HBI Pub, 7pm N/C
- **Friday Flicks - The Mother and the Bear**, QCC 7:30pm, see pg. 5 for details
- **Comedy Night Open Mic**, Quadra Legion, 9pm

Saturday,November 28

- **Quadra Parade of Lights**, Across the island, 5:30pm, see pg. 6 for details
- **Quadra Concerts- Malika Tirolien**, QCC 7:30 pm, dets pg. 4

Friday, December 4

- **Live music with Saltwater Cowboys**, HBI Pub, 7pm N/C

Saturday, December 5

- **Quadra Singers present: The Gift of Song,** QCC. 7pm, see pg. 8 for details

Sunday, December 6

- **Quadra Chamber Music Society AGM,** Room 1 QCC. 10 am, see pg. 11 for details

Friday, December 11

- **Live music with Jack Savage Bands**, Quadra Legion, 9pm $15

Saturday, December 12

- **Sierra Quadra presents poet Robert Bringhurst,** QCC. Doors @ 7, event @ 7:30 pm

To easily access online resources; text links and advertisers' web sites, check out our online edition: www.discoveryislander.ca

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QUADRA ISLAND REAL ESTATE TEAM

What's Happening at QCC
November 20 - December 4

Come down, get involved and be part of YOUR community!

THIS WEEK: November 20-27

FRIDAY: 10:30 Friday Painters; 12 SMART Recovery Support Group; 4 Christmas Craft Fair

SATURDAY: 9 Beginner Tai Chi with Nicki; 10 Christmas Craft Fair; 10:15 Intermediate Tai Chi with Nicki; 12 Fascia Release Workshop

SUNDAY: 10 MAKER BEE; 2 Emotional Support course

MONDAY: 8:30 Fitness with Jeannie; 9:30 Feldenkrais Awareness; 10 Parents and Tots; 1 Jewelry Making; 1 Sing for Pure Joy; 5:15 Restorative Yoga; 7 Bats of British Columbia with Dr. Cori Lausen; 7:15 Candlelit Yoga with Kate

TUESDAY: 8:30 Quadra Quilters Guild - Quilting B; 11 Balance, Core Strength & Bone Health; 2:30 Good Grief Support Group - Quadra Circle; 2:30 Rec and Sports with Dave - Quadra School Gym; 5 Hatha Flow with Trinity; 7 Intermediate Spanish; 7:15 International Folk Dancing

WEDNESDAY: 10 Gentle Yoga with Trinity; 10 Polaris Law Clinic; 12 Wednesday LUNCH; 1 Mosaics; 3 Ping Pong; 3 Art IN Nature for KIDS; 4 Intermediate Basketball with Dave - Quadra School Gym; 5:45 Warm Flow Yoga

THURSDAY: 8 SLUG CLUB; 9:30 Pilates Mat; 10 Parents and Tots DANCE with KATE; 3 Sew Much Fun!; 5 Core Strength with Nicki; 6 Floor Hockey for Kids - Quadra School; 6:45 Quadra Singers; 7 Adult Drop In Floor Hockey - Quadra School

FRIDAY: 8:30 Fitness with Jeannie; 9:30 Mens Fitness with Jeannie; 10 Spinners and Knitters; 10:30 Friday Painters; 12 SMART Recovery Support Group; 7:45 Friday Flicks - The Mother and the Bear

SATURDAY: 9 Beginner Tai Chi with Nicki; 10:15 Intermediate Tai Chi with Nicki; 7:30 Cultural Concerts - Malika Tirolien

SUNDAY: 10:30 Dance Temple; 3 Moonrise: The Mythic Rock Opera; 6:30 Eating Well on a Budget

NEXT WEEK: November 28 - December 4

MONDAY: 8:30 Fitness with Jeannie; 9:30 Feldenkrais Awareness; 10 Parents and Tots; 1 Jewelry Making; 1 Sing for Pure Joy; 5:15 Restorative Yoga; 7 Photography Club; 7:15 Candlelit Yoga with Kate

TUESDAY: 11 Balance, Core Strength & Bone Health; 2:30 Rec and Sports with Dave - Quadra School Gym; 5 Hatha Flow with Trinity; 7:15 International Folk Dancing

WEDNESDAY: 10 Gentle Yoga with Trinity; 10 Polaris Law Clinic; 12 Wednesday LUNCH; 12:45 Digital Support; 1 Mosaics; 3 Ping Pong; 3 Art IN Nature for KIDS; 4 Intermediate Basketball with Dave - Quadra School Gym; 5:45 Warm Flow Yoga

THURSDAY: 8 SLUG CLUB; 9:30 Pilates Mat; 10 Parents and Tots DANCE with KATE; 3 Sew Much Fun!; 5 Core Strength with Nicki; 6:45 Quadra Singers

FRIDAY: 8:30 Fitness with Jeannie; 9:30 Mens Fitness with Jeannie; 10 Spinners and Knitters; 10:30 Friday Painters; 12 SMART Recovery Support Group

Go to our website **www.quadrarec.bc.ca** to view the latest Rec Guide, OR navigate to REC DESK to register for kid's programs or see what's happening each day on the community calendar. https://quadrarec.recdesk.com/Community/Calendar Click on the calendar for more details! Phone the Community Centre at # 250-285-3243. Or E-mail: info@quadrarec.bc.ca

NEXT DI DEADLINE
Monday, November 30 at 7pm
Submissions welcome: news@discoveryislands.ca

Discovery Islander

ISSUE 894
20 NOVEMBER, 2026
Publisher Philip Stone

The DI is published every two weeks. Our current edition and upcoming deadlines are available online: ***www.discoveryislander.ca***

CONTACT US

email news@discoveryislands.ca
phone 250 285 2234
mail Box 280 Q Cove BC V0P 1N0
office 701 Cape Mudge Road
hours Monday–Thursday: 10-4

Opinions expressed in this magazine are those of the contributors and are not the views of the publisher.

SUBMISSION GUIDELINES

We welcome items for publication on subjects of interest to the Discovery Islands community.

- **250-300 words** is a good length for community announcements.
- Send articles in the body of an email.
- **Canadian spelling** please: *centre, colour, favourite etc...*
- **Please use the title of your item** in the email subject line.
- Remember to **include credits and captions** for photos & artwork.

WHILE EVERY EFFORT IS MADE TO INCLUDE ALL ITEMS SUBMITTED, ERRORS AND ACCIDENTAL OMISSIONS MAY OCCUR.

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NEXT DEADLINE
7pm Monday, November 30
for publication on
Friday, December 4

Moonrise Rock Opera

Moonrise Rock Opera is a creative re-telling of ancient Celtic myths providing insight and encouragement to us humans as we find our ways in the wilderness of our present times. The original music, poetic storytelling, and puppetry will awaken imaginations to the wild, wondrous and magical worlds within and around.

After the play, audience members are invited to gather in a circle for a time of reflection, integration and digestion 'post-trip'.. This will be a space for audience members to share about their experiences of the play and to explore reflections and questions with each other and members of Moonrise. The space will be gently facilitated and will include grounding practices and perhaps a soothing lullaby or two.

Sunday Nov 29 - Quadra Island Quadra Community Centre
Doors 2:30 pm, show 3 pm

Debrief Circle with Cast and Crew- 4:30- 5:30

https://www.facebook.com/share/1dXpTZZDCc/

Ticket Price 25-50 at the door, no one turned away for lack of funds and humans under 16 free

For other tour dates and more info, follow us:

https://www.facebook.com/profile.php?id=61594374906093

Self-Care Sunday

As colder temperatures and a beautifully busy time approach, we wish to offer you something healthy, nourishing and grounding as a way to transition into the season. We are partnering with Dana Mahon, a Vancouver Island women's wellness practitioner, to bring you our first-ever women's self-care gathering!

This 2-hour event includes:

- Welcoming / sharing circle
- Group meditation
- Intention setting for the closing of 2026
- Ancient Ayurvedic Self-care practices
- Detailed self-care guide
- Healthy, immune boosting refreshments and elixirs
- Special seasonal gift

Sunday, November 29, 1-3pm, $69 per person

Please e-transfer taylorcarly[at]icloud.com to reserve your spot.

We're keeping this gathering small and intimate to create a welcoming space for reflection so space is limited.

Outdoor Club
Upcoming Events

Now we have caught up with wind and rain, we're hoping for some good hiking days. Here are the upcoming trips for the next month:

25 Nov, Wednesday – Hike a Kay Dubois Loop

2 Dec, Wednesday – Hike to Stramberg Old Growth

7 Dec, Monday – Hike a Deadfish and Tripod Loop

16 Dec, Wednesday – Hike in K'was Park, Cortes

We also expect to have hikes on Christmas day and New Year's day, and snowshoeing in early January. This schedule includes the full range of classic and off-the-beaten track destinations, with easy and moderate hikes. The details for these events can be found at: qioutdoorclub.org/schedule-fall-winter-2026-27/

New members are always welcome. For more information, visit the webpage at qioutdoorclub.org or e-mail to qioutdooclub@gmail.com.





Quadra Legion Events

November

• Kevin is back in action, Friday Nov. 20th & Sat. Nov. 21st serving incredibly delicious dinners. With something different each week, come check it out. Families with children are welcome to dine in the hall

• Friday Nov. 20th 5-7pm
Community Gratitude Collage with Melissa

• Sat. Nov. 21st 9pm,
That Is! Excellent new local band! $10

• Friday Nov. 27th
Comedy Night Open Mic, is back!! 9pm

• Sun. Nov 29th 2-4pm
Drop in Bingo!! (trying something new)

December

• Sat. Dec. 5th Coveside is coming to cook up the best fish & chips, always a whole lot of fun

• Friday Dec. 11th 7pm
Jack Savage Band $15 at the door

• Sat. Dec. 12th 10-2pm L.A. Whimsical Christmas

• Sat. Dec. 19th 5-7pm, Potluck Appy night

• Sat. Dec. 19th 8:30pm, Cove!! The wait is over! Back for an incredible night of music! $15

• Sat. Dec. 26th 5-7pm Meat Draw & Annual Casino Night, starting at 7:30

• Thur. Dec. 31st 9pm, New Year's Eve with Sound Factory! Tickets on sale now $20

*We want to thank the community for the overwhelming support for this year's poppy campaign, we raised close to $7500. Thank you to the volunteers for helping with the poppy campaign and Remembrance Day. It was a very well attended and meaningful ceremony.

Friday Flicks

On November 27, 7:45 at QCC Friday Flicks concludes its fall film series with the drama/comedy **The Mother and the Bear** (Canada). Sara is shocked to find her daughter has fallen into a temporary coma after a late-night slip on ice. Sara, travelling over 9000 kilometres, finds herself in the harsh, unfamiliar, and unforgiving environment of Winnipeg in the winter. Charming, strange and ultimately quite heartwarming. Anchored by a strong central performance and some unusual and interesting directorial choices and a memorable score.

Sierra Quadra presents Robert Bringhurst

Saturday, December 12, QCC Main Hall: Sierra Quadra presents internationally known poet and linguist, Robert Bringhurst, reading from his collected work of poetry. Much of Robert's insights as a philosopher and poet have been inspired by his direct experience of nature – in the Pacific Northwest, in British Columbia, and especially in the environment adjacent to his home near Heriot Ridge. These poems represent the culmination of a long life of his dedication to the world's natural wonders that guide, teach and inspire us all. Doors open at 7pm; Robert's reading begins at 7:30. Admission is by donation; baking and bevies will be available.

Next DI Deadline

Monday, November 30th at 7pm
news@discoveryislands.ca



Job Opportunity: Literacy Outreach Coordinator

Quadra Literacy Network

Are you passionate about building community, inspiring a love of learning, and helping families thrive? Quadra Island Literacy Network is looking for an enthusiastic and creative Literacy Outreach Coordinator to lead and grow literacy initiatives across Quadra Island.

This is an opportunity to make a meaningful difference by connecting people of all ages with programs that strengthen literacy, build digital skills, and create opportunities for lifelong learning. Working alongside the Literacy Task Group, community organizations, schools, and Quadra Children's Centre, you'll help develop and deliver engaging programs that respond to local needs and bring people together.

Key responsibilities include:

- Coordinating digital literacy projects, programs for young families, the Dolly Parton Imagination Library, events and other literacy initiatives.
- Building community partnerships and promoting literacy programs and opportunities.
- Supporting planning, meetings, grant applications, and reporting.
- Taking a lead role in fundraising initiatives.
- Managing the program budget and carrying out financial and administrative duties.

About the position

- Hours: An average of 11 hours per week, approximately 42 weeks per year
- Pay: $35 per hour
- Position: Part-time, seasonal contract
- **Start date: January 4, 2027**

Qualifications

We're looking for someone who is creative, organized, self-motivated, and comfortable working independently and collaboratively. The successful candidate will have:

- Strong communication, relationship-building, and organizational skills.
- Ability to work independently & collaboratively.
- Administrative and budgeting experience, with attention to accuracy and detail.
- Proficiency with Google applications (including Sheets, Forms, Documents, and Gmail) and/or Microsoft Word and Excel.
- A valid BC driver's licence and access to reliable transportation.
- The ability to work flexible hours to accommodate community events.
- Willingness to undergo a criminal record check for working with vulnerable populations.

Experience in community-based programs, digital literacy, family programs, fundraising, and grant writing and reporting, as well as knowledge of local services and programs are an asset.

To apply: Please submit a résumé and cover letter by November 24 to quadraliteracynetwork@gmail.com. For a full job description, please email quadralitracynetwork@gmail.com.

Help strengthen literacy and connections in our island community!

Quadra Concerts Presents: From Guadeloupe to Quadra

GRAMMY-Nominated Malika Tirolien & Electrifying 5-Piece Ensemble

Prepare to be swept away by soaring vocals, infectious Caribbean rhythms, and an exhilarating fusion of soul, jazz, and funk!

Internationally acclaimed for her work with Snarky Puppy and Bokanté, Malika Tirolien is a magnetic performer whose extraordinary voice and boundless musical imagination have captivated audiences around the world.

And this is no ordinary concert. Something truly special is taking shape right here on Quadra Island.

Following acclaimed residencies with Jeremy Dutcher and Elisapie, Tirolien becomes Quadra Concerts' third artist-in-residence, spending an entire week on the island creating, rehearsing, and bringing to life an exciting new musical project.

Joining Malika is an exceptional ensemble with Mikael-Issa Tirolien (vocals/kalimba), Caulder Nash (keyboards/backing vocals), Dave Hjin (guitar/bass), and Axel Bonnaire (drums/percussion), alongside Malika Tirolien herself on lead vocals and keyboards.

Together, these five remarkable musicians promise a thrilling evening of soaring vocals, irresistible grooves, dazzling musicianship, and spontaneous musical magic.

What makes this performance so extraordinary is that the music is being developed right here in our own community. Rather than simply hosting another stop on an international tour, Quadra Concerts is helping bring a new artistic vision to life, offering audiences the rare opportunity to experience the results of a week of creative exploration.

For one night, our intimate island stage becomes the setting for a world-class musical experience unlike anything else on the concert calendar.

Saturday, November 28, 2026 | 7:30 PM

Quadra Island Community Centre

Tickets: $30 at Aroma Cove Café, Copper Coast Gallery, Inspirations, or online at www.quadraconcerts.ca

Advance tickets strongly recommended.



Malika Tirolien

Quadra's Parade of Lights

The Quadra Lighted Truck Parade is now Quadra's Parade of Lights and will be rolling out on Saturday, November 28th at 5:30pm.

Why the new name? The question we get asked most often is whether you have to be a big truck to enter and the answer is no you don't! So in an effort to quell any confusion, we have taken the word "Truck" right out of the name.

This year's route will depart the No.1 Fire Hall to head south along Cape Mudge Rd, turn onto Noble Rd, turn right onto Green Rd to then travel by Q-Cove Plaza and Quadra Elementary before returning to the No.1 Fire Hall via West Rd and Heriot Bay Rd.

We will once again have our "Elves" following behind the parade to collect donations for the food bank. We will also have our donation sleigh set up outside the No.1 Fire Hall until the night of the parade for donation drop off.

The community is invited to stop by the No.1 Fire Hall on the night of the parade for a hot drink, some tasty treats and to get a picture with Santa and the fire truck!

We want to encourage anyone who is thinking about entering a vehicle to come out and join us in spreading some Holiday cheer and we would like to remind everyone that any and all vehicles are welcome! If you have thought about entering but wondered how to run lights on a vehicle please check out the QIFD Facebook page for some tips! Those entering a vehicle can meet at the No. 1 Fire Hall at 5:00pm where hot dogs will be provided for drivers and decorators.

It takes the participation of many vehicles to make the parade a success so please consider joining us and together we can spread some holiday cheer!

We look forward to seeing everyone on the big night!

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An Economic Diversification Plan for Quadra Island:

Engagement process and analytical approach

Have you heard about the new Economic Diversification Plan for Quadra Island?

The Quadra Island Economic Diversification Plan was developed in 2025 by the Discovery Islands Chamber of Commerce through a structured, multi-stage community engagement and analysis process. This process was designed to reflect lived experience on Quadra Island, incorporate multiple forms of evidence, and support shared understanding across community groups and partners. The engagement process aligned with principles of Participatory Action Research and included the following steps:

The Project Team identified and invited key knowledge holders to two facilitated community workshops, on June 3rd and October 4th, 2025, which formed the core spaces for collective discussion and sense-making. The workshop reports can be found at www.quadraedp.ca/community-voices/workshops-r-1.

A community-wide survey was conducted in August/September 20 25that was designed to capture residents' values, perceptions of challenges and opportunities, and perspectives on Quadra Island's economic future. 251 people responded and the results can be explored at www.quadraedp.ca/community-survey-explorer.

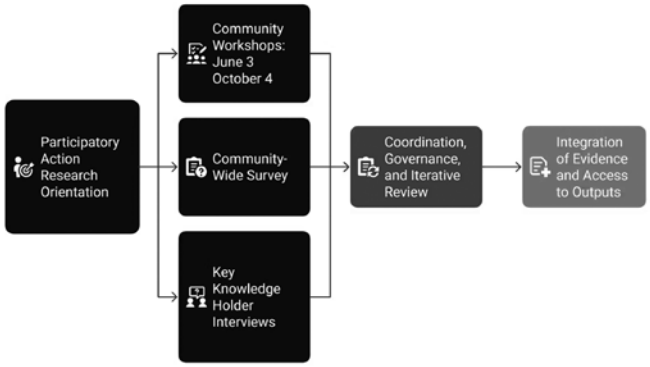
Selected in-depth interviews were also completed to add contextual depth to survey findings and community workshop discussions. The highlights of the interviews can be found at www.quadraedp.ca/community-voices/interviews-r-1.

Throughout the project, regular coordination meetings were held involving the Discovery Islands Chamber of Commerce council members, the project consultant and the project coordinator. These meetings supported continuity across engagement stages, facilitated integration of findings, and ensured alignment between community input and the evolving structure of the Plan.

All major reports, summaries, and engagement outputs generated through this process are publicly available at www.quadraEDP.ca, supporting transparency, ongoing learning, and future use by community members, organizations, and partners.

Future insertions of this series will explore the Five Strategic Directions that emerged from the consultation process. Stay tuned!

Engagement Process and Analytical Approach



Get Your Christmas Shopping Started At The Community Centre's Christmas Craft Fair!

It's beginning to look a lot like Christmas at Quadra Community Centre! Our much-loved Christmas Craft Fair is here, and we're excited to once again celebrate & support the incredible talent here in our community.

A Quadra Island tradition for more than 30 years, the annual Christmas Craft Fair takes place Friday, November 20, from 4:00–9:00 PM and Saturday, November 21, from 10:00 AM–3:00 PM at the Quadra Community Centre (970 West Road).

What makes our Craft Fair a little different from the Winter Market? This event is dedicated exclusively to artisan-made goods, giving local makers a chance to showcase their creativity & share their handiwork with the community. It's also an important annual fundraiser for the Community Centre.

We'll be transforming the Hall into a cozy little Christmas wonderland, complete with festive decorations, colourful pennants lovingly made by our local Quilters Guild and a beautiful Christmas tree generously donated from the Nighswander family woodlot. It's all part of the magic!

And what a selection of local talent we have in store! Our makers have been busy creating an amazing assortment of handcrafted goodies, including chocolates, candles, soaps, jewellery, pottery, art prints, Christmas decorations, weaving, knitting and SO much more. Whether you're looking for that perfect gift, a little something for yourself or simply some inspiration, you're bound to find something special.

Shopping directly from the maker means your dollars stay close to home, supporting local artists, craftspeople and our island economy. So why not mix things up with your Christmas shopping this year? Skip the ordinary and give something handmade, unique and made with a whole lot of love!

And of course, no good Christmas shopping outing is complete without something delicious to eat! We're thrilled to welcome Barbara's Basket, serving up wonderful homemade Brazilian comfort food to keep you fuelled while you shop. Dinner will be available Friday evening and lunch on Saturday, with seating available in the Green Room on both days.

Admission is FREE! We'll also be giving away door prizes every half hour, and you'll need to be present to claim your prize. So don't just dash in and out! Stick around, grab a bite, catch up with friends and neighbours, and soak up the festive atmosphere.

We can't wait to see you there. Come out, shop local, support our talented makers and help us kick off the Christmas season in true Quadra style!

Yours truly,
Jane West ~ Executive Director
Quadra Island Recreation Society



Quadra Singers Present

The Gift of Song

Please join us on Saturday, December 5th at 7:00pm at the Quadra Community Centre for a wonderful evening of choral music. Tickets are available at Inspirations and Copper Coast. Adults 17 and over are $15, ages 6 to 16 are $5, children 5 and under are free. If you wait until the last minute to buy tickets at the door, you'll need to pay $5 more so plan ahead and get your tickets early. Our singers will be "Bringers of Noise" as we welcome the coming "Cool Yule" and the changing "Seasons". We're sure to bring a smile as you watch our choreography in "Swilo Yini"! It's guaranteed to be a fun evening. The concession will have delicious goodies by donation. Gather with your family and friends and come out to celebrate "The Gift of Song".

Speaking of celebrating, we're busy planning the songs for the 50th anniversary of choir on Quadra. **The spring session will start on Thursday, January 14, 2027.**

Thom Knutson, our choir director, has spent hours looking through the music choices from the past 50:years and has chosen a terrific selection for us to sing at **our concert on Saturday, April 10.** If you've been a choir member before and thought about joining again, this would be a good time. And if you haven't sung with Quadra Singers before, it would be a great time to start! (We'd particularly welcome tenors and basses.)

Thank You, Quadra Community, For Making Halloween A Fun Night!

We had a wonderfully magical time at this year's Halloween Fun Night at the Quadra Community Centre! We were SO excited to celebrate the fifth annual Pumpkin Walk, welcome back Trunk or Treat, and enjoy another fantastic community fireworks display and bonfire.

First, a HUGE thank you to everyone who came out to help carve pumpkins at the carving party, as well as all those who donated their home-carved creations to the Pumpkin Walk. And, of course, thank you to everyone who came out to enjoy the trail! This year we had a record-breaking 99 pumpkins, up from 75 last year. We're growing brighter every year!

A big shout-out to everyone who volunteered their creatively decorated vehicles and made the Trunk or Treat zone so much fun. And many thanks to Arne Liseth for tending the bonfire and keeping everyone warm and toasty on a chilly Halloween night!

We also want to send a GIANT thank you to Phoenix Fire Signs: Doug Edwards, Christi Edwards and McKenna McLean, along with the amazingly talented team of fireworks volunteers who made the spectacular display possible.

Special thanks to Chad Swanson and Quadra Builders for lending their van and helping with transportation. Having a dedicated vehicle to safely transport and organize all the fireworks equipment makes such a difference. The Quadra Builders crew has been helping us out for so many years that we've lost count. Way to go, Builders!

Thank you to our fireworks setup crew: Rod McLean, McKenna McLean, Jaimie Ely, Jason Knight, Robert Eastland and Pat Manery. Thanks to Christi Edwards for keeping everyone connected with coffee and communications, and a very special thank you to Bev McLean and her cleanup crew, including Damien and Hazel, who jumped in to help once the festivities wrapped up. We couldn't do it without you!

Last, but certainly not least, we want to thank everyone who contributed financially to make Halloween Fun Night possible and keep it a free, accessible celebration for the whole community. Thank you to both Tru Value stores in Heriot Bay and Quathiaski Cove for their generous candy donations, and to the Cove Pharmacy for their contribution as well.

Every bit of support added up to make this such a wonderful night for our community.

And here's our challenge for next year: GROW MORE PUMPKINS! Plant a few extra, carve them up and donate them to the Pumpkin Walk. The more, the merrier!

With 99 pumpkins lighting up the trail this year, we're already looking forward to seeing how bright we can make it next year.

With much gratitude, thank you, Quadra, for another wonderful Halloween celebration. Until next year!

Yours truly,

Jane West (ED), Bradford Vinson (Program Co-ordinator) and Daniel McMurdo (Facility Maintenance) your dedicated QCC Crew

Did You Know?

November Is Financial Literacy Month

What does it mean to be financially literate?

Financial literacy is about more than balancing a chequebook or making ends meet. It means having the skills and knowledge to make informed decisions about managing your money.

From planning a household budget and comparing prices to understanding bank accounts, borrowing money and saving for the future, financial literacy helps us make sense of everyday financial decisions. It can also help us recognize scams and feel more confident when dealing with money.

The good news is that it's never too late to learn!

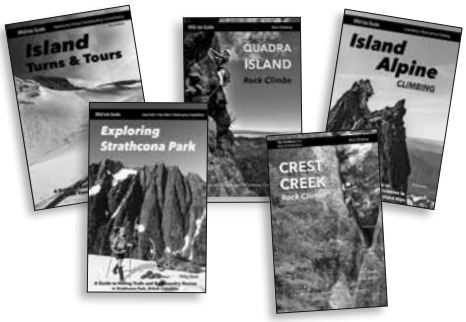
ABC Life Literacy Canada offers Money Matters, a free introductory financial literacy program designed to help adults build their money-management skills and confidence. Its practical resources cover topics such as spending plans, banking basics, borrowing money, saving, smart shopping and building credit.

You can explore free workbooks, online courses, helpful videos and other learning activities at ABC Money Matters. Whether you want to brush up on the basics or learn something new, there are resources to help you take the next step.

This November, why not give yourself the gift of greater financial confidence? A little learning today can help you make more informed money decisions tomorrow.

Brought to you by Quadra Literacy Network, promoting literacy and lifelong learning in our community. quadraliteracynetwork@gmail.com

Your Guides to Island Adventure



Available at *Tidelines at The HBI,*

Volume 2

and online at: wildisle.ca

Roots & Neighbours: A Journey into Quadra Island Senior Housing: The Power of Community

Almost two years ago, I began a new chapter in my working life when I accepted the position of Executive Director with the Quadra Island Senior Housing Society.

Before that, I had spent 30 years working at the Quadra Children's Centre. After stepping away for a five-year sabbatical, I eventually reached a point where I felt ready to contribute to my community again. With the wonderful support and encouragement of my husband, Ross, I decided to apply for the Executive Director position at Senior Housing.

To be honest, I knew very little about senior housing on Quadra Island before I saw the job posting. What I have discovered since then has been both surprising and inspiring.

I am continually amazed by what our community has accomplished. In particular, I have come to appreciate the tremendous vision, dedication and hard work of the board members and volunteers who brought the 16-unit Harper Road complex to life. Creating a place where seniors can live affordably, comfortably and with a sense of community is no small achievement. It represents years of commitment, collaboration and belief in what is possible when people come together for a common purpose.

I am equally grateful to the residents who have welcomed me into their lives and opened their hearts to me. Being invited to share in their stories, experiences, friendships and everyday moments has been one of the most rewarding parts of this journey. Senior housing is about so much more than providing a roof over someone's head. It is about belonging, connection, dignity and the opportunity for people to remain in the community they call home.

I also continue to be impressed by the dedication of our Board of Directors, who work hard behind the scenes to ensure that the society remains strong and that we can continue providing this important service to Quadra Island.

Recently, I was dismayed to read comments from a Campbell River Director on the Strathcona Regional District board suggesting that using a nonprofit model to develop affordable housing was not the way to go, describing it as a "rabbit hole" to go down. I was astonished that the value and potential of nonprofit organizations in rural communities seemed to be overlooked.

Having spent 30 years at the Children's Centre and now nearly two years with Senior Housing, I have had the privilege of seeing firsthand what nonprofits can accomplish. They bring people together, turn community needs into action, build partnerships, attract volunteers and create services that might otherwise never exist in smaller communities like ours.

Of course, nonprofit organizations face challenges. They require dedicated boards, committed volunteers, financial resources and people willing to put in countless hours of work that often goes unseen. They are not without their difficulties, but that doesn't make them a rabbit hole. It makes them an important part of the fabric of our community.

I have seen what happens when people care enough to step forward and make something happen. I saw it at the Children's Centre, and I see it every day at Senior Housing. These organizations are built on community spirit, shared responsibility and the belief that we can make life better for the people around us.

My journey into senior housing has been an unexpected but very rewarding one. I am proud to be part of an organization that is making a real difference in the lives of Quadra's seniors, and grateful to everyone who has helped build and sustain it.

If there is one thing these past two years have reinforced for me, it is this: Never underestimate what a committed group of people can accomplish when a community comes together. Nonprofits are not simply an alternative way of doing things. In rural communities, they can be the very reason important things get done.

Feeling grateful to live on Quadra,

Dee

Open AA Meetings

MONDAY AND FRIDAY nights, 7:30 to 8:30pm at Cape Mudge United Church at 29 Tekya, Cape Mudge. Everyone welcome!

Shakespeare Discussion Group

Shakespeare's Lady Macbeth and Cleopatra two strong women or two strong stereotypes? if you are interested in exploring the different facets of these rough-cut diamonds there will be like minded and contrary minded people gathering on Thursdays 12:30-2:30pm, beginning 14 January 2027, Rm 2 (Board Room) Community Centre. Free to all.

For more information: Blake Rodgers, 250.702.1201; brodgers@spinemidwest.com come for the cookies, stay for the discussion.

Quadra Cat Rescue

Stray in your neighbourhood? Tell us so we can get homeless kitties fixed and indoors.

Need a hand getting your pets spayed or neutered? Complete the form at quadracatrescue.com for a lower-cost vet appointment.

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Greetings from the Philippines!

The following letter comes from Zeah Mae Paclay, one of the 2 students in the Philippines that Quadra islanders continue to support through IAT with funds from our annual Giant Garage Sale. Appreciation is again extended to Mandy and all of our wonderful volunteers for keeping this flame ignited! As well as maintaining sponsorship, the Giant Garage Sale also provides children and students with left over clothing that will soon be shipped to the remote northern area of Kalinga in the Philippines. One more way that you can contribute all year to the Quadra Philippines Connection and the Giant Garage Sale is by choosing #291 for your spirit board points at both Tru Value grocery stores!

Dear Sponsors of Quadra Island Community,

Warm Greetings! I hope this letter finds you and your loves ones in good health and happiness. Though we are far apart, your generosity has made a meaningful difference in my life and continues to inspire me to work hard toward my dreams.

I am doing well and my family is doing fine, too. We continue to support one another through life's challenges and blessings. We are grateful for every opportunity that comes our way and always pray for good health and guidance. My family encourages me to do my best in school and reminds me to appreciate those who help me during the way, especially you.

I am currently a grade 12 student at Nambaran Agro-Industrial National High School. School has been exciting and challenging and I continue to learn and grow every day. Although my studies can sometimes be difficult, I do my best to stay focused and keep moving forward because I know education is important for my future.

Recently, I attended a workshop on Mental Health Awareness. I learned about the importance of caring for my mental and emotional well being. I learned how to manage stress, expressing my feelings in healthy ways, and seeking help when needed. The session reminded me that it is okay to ask for support during difficult times. I found the workshop meaningful because it encouraged me to be more mindful of myself and the people around me. Unfortunately, I could not attend the other workshop because I was sick at the time so I focussed on recovering and taking care of my health.

As well, I was able to attend several workshops offered by IAT. The first was all about social media responsibility, online safety and how to protect our digital footprints. I learned that everything we do on line can affect others, so we must think carefully before posting and sharing information. As a student, I know that technology can help me with my studies, but I must know how to use it responsibly. The final workshop was on sex education and reproductive health. The speaker discussed personal boundaries, healthy relationships and responsible decision making. Although some of the topics felt uncomfortable to discuss initially, I realize the importance of these discussions for everyone's safety.

As I close this letter I want to thank you from the bottom of my heart. Your support means so much more than financial assistance. It gives me hope, motivation and confidence to continue pursuing my education despite the challenges. Please know that your kindness has touched my life in many ways. I am deeply grateful for the opportunities you have given me, and I promise to keep working hard to make the most of this support. Thank you for being a blessing in my life and for being part of my journey. You will always have my sincere gratitude and prayers.

Zeah Mae Paclay

Submitted by Carol Foort

Recharge Your Fiction

Recharge your fiction or nonfiction writing project in a five-part workshop offered by the Museum at Campbell River, Sundays, 1:00 – 3:30, January 10 through February 21.

Instructors Margo McLoughlin and Jeanette Taylor will lead discussions and exercises that delve into ways to inject structure, sparkle and life into your writing.

The workshop will help those with a manuscript in process gain momentum and new ideas to inspire a productive new year. Weekly topics are designed to test new ideas and inspire fresh writing and satisfying revisions.

This is a fifth season of collaborative instruction for Taylor and McLoughlin, both of whom have many years of experience as writers and teachers.

Taylor has five nonfiction books in print, including Sheltering in the Backrush, a History of Twin Islands, which was a finalist in a University of BC library prize. She's currently writing historical fiction.

McLoughlin teaches courses on mindfulness and creativity and has published numerous translations of the Buddhist Jataka tales. Her short fiction and stories for children have appeared in anthologies.

"We'll dig deep into characterization," says McLoughlin. "Whether you're writing a family history or a short story, it's characters struggling to succeed that grab readers' imaginations."

The classes are in person, with a few spaces via Zoom.

The $195 fee, plus GST, includes resource materials and between-class support.

Register at the Museum at Campbell River at 250-287-3103. Spots are limited, to allow for interactive sessions.

Call Jeanette Taylor at 250-285-3651, for those needing more detail.

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Looking at Community Solutions

Location, traffic, accessibility and convenience all play significant roles in whether a business will be profitable. However, our shopping habits have changed. More residents are choosing to shop online, and changes to ferry scheduling have made it easier for people to travel off island. These shifts have made it challenging for businesses on Quadra.

Recently, I visited several communities on northern Vancouver Island and was surprised by how little things had changed, apart from their declining populations.

Sayward, the closest community to Campbell River, once had a strip mall that served the village. It now sits empty. Yet a new Co-op store has opened by the highway, providing a convenient option for residents while attracting passing travellers.

Sointula, on Malcolm Island, is home of BC's oldest co-operative. Its community-owned store has served the community for 116 years, demonstrating the potential of a business model built around community ownership.

Sointula and other northern businesses are about more than convenience. They are part of what makes a community sustainable and a place where locals continue to call home. When travelling elsewhere isn't convenient, having what they need close to home becomes even more important.

According to 2026 Statistics Canada data, Quadra Island's population has increased by around 400. With two urban shopping areas nearby and easy access to them, could this make Quadra more vulnerable to losing its local businesses?

Could the businesses in the Cove one day face the same fate as Sayward's empty strip mall? Is our clock ticking, too?

Perhaps our next conversation should begin with potential community solutions.

With affordable groceries at the heart of its mission, could a co-operative like Sointula's offer Quadra residents another option and an opportunity to compete more directly with the larger franchises on and off island?

The Pantry has already demonstrated what affordable grocery prices look like in a smaller, locally operated store. The vision of the Quadra Co-operative is to build on that foundation and create a more sustainable future for affordable groceries.

Perhaps the question isn't simply where we can save money today, but what kind of community we want tomorrow and what we are each willing to do to help make it possible.

What could we accomplish if we started talking not just as individuals or business owners, but as a community with a shared stake in Quadra's future?

QICF Co-op

Quadra Island Chamber Music Society

2026 Annual General Meeting

10:00am Sunday December 6th, at the Room#1 at the Quadra Community Centre

The Board of the Quadra Island Chamber Music Society, the small group that with its dedicated volunteers bring the week long Chamber Music Festival to Quadra each summer, is holding it required Annual General Meeting (AGM) on Sunday December 6th in Room #1 at the QCC. It is really important for the Society to have as many members as possible attend the AGM, as it is an important part of being eligible for government grants. It's a short but important meeting to review the 2026 Season, including the Artistic Director Report, Chair Report and financial information, get some input for the upcoming 2027 season, and elect a Board for the 2027 season. Tea and baking will be provided. Just showing up for the meeting is meaningful help!

For the 2027 Season, the QICMS is again are looking for volunteer help. For the Board, we are looking for a Secretary and a Director at Large. For volunteer roles, we are looking for 2 Stagehands (expanded stagehand role to help with some rehearsal setup too), chair setup team, as well as dedicated help with organizing hospitality, concession, and publicity. A few more hands would make much lighter work! Help during the week of the Festival, or a couple days, or even a few hours can all make a big different in keeping this Chamber Festival sustainable.

If you have questions, are interested in volunteering, or would like to be on our membership email list, please email QIchambermusic@gmail.com

Hope to see you December 6th!









New to Quadra?
The Discovery Islands Chamber of Commerce and its members welcome you with a package from local businesses.
Contact Carol Ann T.
carolannt@telus.net



Bylaw 643: The SRD Board Has Made Its Decision. Now It's Time To Move Forward

QUADRA ISLAND, BC, – **Friends of Area C welcomes the Strathcona Regional District Board's October 28 decision not to adopt Bylaw 643. The proposal to bring Quadra Island into the Strathcona Gardens Recreation Facility service is now off the table.**

So what was all the concern about?

There were good reasons for residents to ask questions. The proposed financial obligations were significant. The process by which the initiative was advanced raised questions of its own. And there were legitimate concerns about local representation and accountability. These were not concerns invented for the sake of an argument.

FOAC rejects any suggestion that the concerns raised by Quadra residents were unfounded, misleading, or a misrepresentation of the facts. We did our homework. We examined provincial legislation, the SRD's own records and meeting proceedings, and the circumstances surrounding the Board's April 29 decision to proceed with a combined assent vote.

The Local Government Act sets out requirements for decisions of this kind. We raised questions about whether those requirements had been met. Those questions were supported by research, raised in good faith, and brought to the attention of the appropriate authorities.

A difference of interpretation is not misinformation. Nor does disagreement over the evidence make the questions any less legitimate. If a decision has the potential to affect a community's taxes and its representation in local government, residents have every right to examine it, question it, and ask for accountability. What else should they do?

Public confidence in local government does not come from keeping difficult questions out of the room. It comes from being prepared to answer them, openly and with the public record to support those answers.

Where do we go from here?

The October 28 decision brings this particular proposal to an end. It also gives the SRD and Quadra Island an opportunity to move forward. That opportunity should not be wasted.

There is nothing unreasonable about expecting to be consulted before decisions are made that affect our community. Early consultation, clear information and a fair accounting of the financial consequences are not special requests. They are basic elements of good local government.

FOAC is prepared to work constructively with the new SRD Board, our elected representatives and neighbouring communities. We don't expect everyone to agree on every issue. That isn't realistic. What we do expect is open communication, a willingness to listen, and a process that gives the people affected a meaningful opportunity to be heard before decisions are made.

The Board has made its decision on Bylaw 643. It's time to move forward, but let's make sure we have learned something from the process.

About Friends of Area C

Friends of Area C is a volunteer coalition of Quadra Island residents who, supported by a large segment of the community, seek to disseminate accurate information, consolidate community support, and ensure democratic fairness. The group actively advocates for transparency, fiscal responsibility, and equitable, meaningful representation in all local government decisions affecting Electoral Area C.

- Mike Gall









Hello,

November has been living up to its stormy reputation, power outages and all. This report has 'news in brief' about actions taken at the October 28 Board meeting that didn't fit into my previous report. The inaugural meeting of the 2026-2030 Board is Wednesday November 18, two days after I'm writing this.

Men's Treatment & Recovery Centre

This is one to watch: a majority of the Board voted to direct staff to bring back a bylaw to establish a Men's Treatment and Recovery Centre Service along with a loan authorization bylaw for up to $10 million. According to the staff report, approval will be sought through an Alternative Approval Process.

My view, as stated at the Board table, was that the decision to move forward with this initiative should rest with the new Board, based on its strategic planning priorities. The majority did not agree with my deferral motion. I'll be sure to share additional information as it becomes available. Check out the Recovery Services for Men report if you are interested in learning more: **agenda.strathconard.ca/SRDAttachments/SRDBoard/Open/BRD/28-Oct-26/20260717-Recovery-Services-for-Men.pdf**

A chance to win $150!

Have you completed the Area C Official Community Plan Early Directions Survey? Everyone who provides feedback on all nine topics is entered to win $150 at the Quadra business of their choice.

Perhaps better than money (its own kind of winning?) is the opportunity to share your opinions on Land Use and Development, Housing, Forestry, Water & Waste, and Parks and Trails. Your input with help SRD Planning staff as they work towards a draft Official Community Plan.

Find the survey by scrolling to the bottom of this page: **srd.ca/area-c-ocp**. Alternatively, there are paper surveys available at the Quadra Library, if that's more your speed. The deadline for input is December 11: don't delay, opine today!

Grants for Housing…?

Discovery Islands Affordable Housing Society (DIAHS) is collaborating with the Quadra Island Seniors Housing Society and investigating the potential for additional housing density on Senior's Housing land in QCove. DIAHS requested $15,000 from the SRD for a pre-development assessment: their ask was $5,000 from Area C funds and $10,000 from the Regional Housing Service.

Sometimes something which seems like it should be straightforward turns out differently. To my surprise, some Directors questioned whether the Regional Housing Service, created in 2023, was the right place support DIAHS's pre-development work.

Not enough regional support

There were statements from Campbell River Directors that supporting this $10,000 request may 'open the floodgates' of non-profit housing societies; that there was an interest in 'supporting things that support Campbell River, but this doesn't support Campbell River'; and that 'Campbell River doesn't benefit when someone from out-of-town shops at a Campbell River grocery store or big box store'. The DIAHS funding request was deferred.

Perhaps you can imagine my frustration. The 2023 Regional Housing Service staff report stated that creating the service would allow the Board to 'explore a variety of housing solutions... for example, workforce housing, seniors housing, and affordable housing with the ability to do this directly or by supporting the efforts of housing societies.' Plus, the Board regularly provides regional grants for projects that primarily benefit one area –for example, Canada Day fireworks in Campbell River, or a new roof for the Oyster River Salmon Enhancement Society.

Local, not regional housing funding

Housing remains a major issue in Area C. The volunteers on Quadra who are working hard to explore local housing solutions need support, not stumbling blocks. For this reason, I made a follow-up motion to fund the DIAHS request entirely through the Area C grant-in-aid. The motion passed.

I'm grateful to the people investing their time and energy working towards local housing solutions. I look forward to reading the pre-development assessment when it's complete and sharing news about the outcomes with Area C residents.

Roy Hales at Cortes Currents wrote an article about this Board discussion. You can read it here: cortescurrents.ca/discovery-islands-affordable-housing-society

Chat with the Director

This is an opportunity to say 'hi' and discuss topics of interest. One morning each month you can find me at Aroma Cove Café ready to listen, learn, and discuss. Find me there December 3 & January 7, 8:30 am-10am... you're welcome to stop by and chat! Of course, you can also connect by phone or email anytime.

Connect

You're welcome to contact me with questions or concerns: email RMawhinney@srd.ca, or call 250.203.2468. Visit **srd.ca/government/agendas-minutes** to keep up to date on SRD governance, or watch the meetings on Youtube. Find my previous reports & links to online resources at RobynMawhinney.ca.

Until next time, respectfully,
Robyn Mawhinney





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†7:00 am	†7:30 am
††7:30 am	††8:00 am
8:00 am	8:30 am
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4:00 pm	4:30 pm
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5:00 pm	5:25 pm
5:25 pm	5:50 pm
5:50 pm	6:15 pm
6:15 pm	6:45 pm
7:10 pm	8:10 pm
8:40 pm	9:05 pm
9:30 pm	9:55 pm
10:20 pm	10:40 pm
* 11:05 pm	* 11:30 pm

Schedule in effect September 3, 2024 to March 31, 2025 - last updated here 25 Sept, 2024

* Fridays & Saturdays only ** Tuesdays: Dangerous Cargo, no passengers or cars

† Daily Except Sundays †† Daily Except Saturdays and Sundays

Schedule may be subject to change check BCFerries.com for Service Notices

Backwards Into the Future

Marshall Burke, an environmental scientist from Stanford University in the United States had an idea. Since economists like to measure things by their monetary value, what if we could actually compute the amount of damage caused by greenhouse gas emissions by a given country over a given period of time?

As the world's largest emitter of carbon dioxide, he chose to examine the effects of the United States on worldwide economic growth over the past three decades. (Oliver Milman, "US Has Caused $10 Trillion Worth of Climate Damage Since 1990, Research Finds", Guardian Weekly, 3 April, 2026.)

His conclusion? The planet-heating effects of emissions from the US have caused about $10 trillion in global economic damage since 1990. If this number is difficult to comprehend, a trillion is a thousand billion, or a million million. About 25% of this damage occurred in the United States, with the rest occurring elsewhere, mostly in poor countries—in Brazil, $330 billion and in India, $500 billion. China, the world's next largest emitter of carbon dioxide, caused an estimated $9 trillion in economic damage over the same period. So, in effect, these two countries robbed $19 trillion from the world's wealth that otherwise could have been used to protect the environment and develop clean energy.

An inexorable, uncomfortable and unforgiving logic relates to this process. If the storms and floods, the droughts and heat domes, the fires and crop failures continue to escalate as global temperatures rise, then the economic and the human costs will also rise accordingly. At some point, when the cost to repair the damage begins to exceed the cost of advancement, then civilization begins to drift backwards rather than move forward. For example, the billions of dollars required to replace homes burned in wildfires do not provide more housing for more people, but simply maintain the status quo. All the resources and economic activity expended is a net gain of zero. Meanwhile, more greenhouse gases have been added to an already overloaded atmosphere, vast amounts of human energy and ingenuity have been expended to stay in the same position, and the natural environment is poorer and more depleted as a result.

In simplest terms, as global temperatures continue to rise, as they inevitably will if we do not cut our greenhouse gas emissions to at least net-zero, then the result will not be progress for civilization, but an evolving acceleration downward in the direction of what physicists call entropy. The sociological or human equivalent of this is a movement toward extensive poverty and civilizational chaos.

If this is too abstract to understand, consider global warming and rising sea levels. Some of this process is being caused by the expansion of water in hotter oceans and by pumping aquifers from below ground to the surface, but higher global temperatures have locked us into an unstoppable melt of glaciers and polar ice. Scientific predictions expect a 5 metre sea level rise by 2200, and an 8 metre rise by 2300. This will not happen suddenly, but incrementally. Over the next centuries we will find that all the world's small poetic ports and fishing villages will eventually be archived under water. Coastal cities, too, will slowly be inundated by ocean water. Costly dikes and barriers will only work for a while. Imagine the anguish of abandoning these glorious icons of human civilization as they become uninhabitable. And where will the replacements be built if the continually rising oceans render every waterfront temporary?

Although the future may be even more abstract than the past, we have the capacity to consider both as we manoeuvre through the present. Surely we have it in our capacity as human beings to contemplate consequences and to avert the ones that we do not want. Optimism is not a strategy. And we are already meeting the leading edge of this unfolding catastrophe. Another study found that we could save $30 trillion merely by keeping the global temperature increase below 1.5°C, an aspirational target that is now technically "dead". Given present emissions of greenhouse gases and the rate of their reduction, even 2.0°C may be exceeded.

Burke's calculation of $10 trillion is a lot of money, but it is just the beginning of a process that will continue indefinitely unless we can somehow reverse the global warming problem and return to some semblance of climate equilibrium. But even then, should some miracle occur, much of the damage will take centuries to undo, while most will be permanent. By the time that we are finished tallying the costs of global climate change, the price of preventing it will have seemed like an incredible bargain, a missed opportunity for which future generations will never forgive us.

Ray Grigg

for Sierra Quadra

Dementia: Caring for Others and Planning for Ourselves

Thoughts from Suzanne O'Brien, founder of Doulagivers, and her conversation with Lisa Pahl, creator of The Dementia Deck.

Dementia presents enormous challenges, not only for the person living with it but also for their family and caregivers. Providing care can become a round-the-clock responsibility, bringing physical exhaustion, emotional strain and financial pressure. It may continue for many years, and no one should have to manage it alone.

In a recent episode of Ask a Death Doula, Suzanne O'Brien spoke with Lisa Pahl about two important issues: how we can better support families living with dementia today, and why it matters to think about our own wishes before we may lose the ability to communicate them.

Bringing caregiving back into the community

When a family is coping with dementia, planning ahead can feel impossible. They may simply be trying to get through each day. This is where community support can make a real difference.

Rather than saying, "Let me know if you need anything," we can offer something specific. We can bring a meal, help with errands, provide transportation, or spend time with the person living with dementia so their caregiver can rest. We can organize a family care schedule or help arrange respite care.

These practical gestures provide relief and remind caregivers that they are not alone. Caring for one another is not solely a family responsibility; it is something we can share as a community.

Making our wishes known

Dementia can eventually affect a person's ability to make healthcare decisions or communicate their wishes. If we haven't discussed our values and preferences beforehand, our families may be left making difficult decisions without knowing what we would have wanted.

Advance care planning gives us an opportunity to consider what quality of life means to us, which medical treatments we would accept or decline, and who we trust to speak on our behalf if we cannot speak for ourselves.



Completing a standard Representation Agreement and/or Advance Care Directive is an important starting point, but we may also want to document our values and wishes more specifically, including our preferences for care in advanced dementia. These conversations should involve trusted family members and healthcare professionals.

An act of care

Suzanne O'Brien's conversation offers a valuable reminder: we need to support those who are caregiving now, while also taking responsibility for thinking ahead to our own potential need for future care.

Every person living with dementia deserves comfort and compassionate support. By sharing the work of caregiving and having honest conversations about our wishes, we can help build a community that cares for people through every stage of life.

Planning ahead is not about expecting the worst. It is about giving ourselves and the people we love greater clarity when it matters most.

- **Suzanne O'Brien** (summarized by Margaret Verschuur)

Way To Go supports our community in preparing for end-of-life through conversation and education. We help loved ones care for their own dying and deceased—offering guidance, empowerment, and assistance from diagnosis through death and after death—making home-based, holistic care more accessible. Visit our website, way2go.ca; view upcoming events, read previously written articles, and join our email list.



NOTICE OF PUBLIC REVIEW -WOODLOT LICENCE W1611

NORTH GOWLLAND HARBOUR AND VALDES ROAD

A new Woodlot Licence Plan (WLP) for Woodlot Licence W1611 has been posted to the Quadra Island Woodlot website and is available for review and comment. Woodlot Licence W1611 is managed by Rockview Resources and is located in the North Gowlland Harbour and Valdes Road areas. Woodlot Licence W1611 includes 393ha.

The WLP shows the location of 'Areas Where Harvesting Will be Avoided', 'Areas Where Harvesting Will Be Modified', and 'General Forest Management Areas'. The current silviculture status of land within these woodlot licences is indicated on these WLP's. These plans are available for review by resource agencies and the public before approval is considered by the Ministry of Forests.

This WLP is available for review and comment for a 30-day period and can be found at www.quadraislandwoodlots.ca.

Any comments regarding this WLP can be sent to John Marlow (jmarlow@rockviewresources.ca). To discuss this WLP please contact John Marlow, RPF (250 830-8099). To receive consideration prior to WLP approval, comments must be received in writing by December 20, 2026, although comments regarding these plans are appreciated at any time throughout the year.

Heriot Bay Tides

DATE	TIME PT	M.	FT.
20 Fri	03:19	3.657	12.0
	08:28	2.805	9.2
	14:55	4.634	15.2
	22:06	1.837	6.0
21 Sat	04:31	3.985	13.1
	09:29	3.120	10.2
	15:19	4.652	15.3
	22:38	1.404	4.6
22 Sun	05:33	4.349	14.3
	10:27	3.406	11.2
	15:44	4.676	15.3
	23:11	1.007	3.3
23 Mon	06:27	4.689	15.4
	11:22	3.646	12.0
	16:11	4.698	15.4
	23:47	0.677	2.2
24 Tue	07:16	4.960	16.3
	12:16	3.828	12.6
	16:44	4.706	15.4
25 Wed	00:26	0.440	1.4
	08:05	5.142	16.9
	13:10	3.943	12.9
	17:22	4.680	15.4
26 Thu	01:09	0.315	1.0
	08:54	5.236	17.2
	14:08	3.984	13.1
	18:07	4.600	15.1
27 Fri	01:55	0.316	1.0
	09:43	5.257	17.2
	15:11	3.933	12.9
	19:00	4.448	14.6
28 Sat	02:43	0.453	1.5
	10:32	5.225	17.1
	16:21	3.766	12.4
	20:01	4.216	13.8
29 Sun	03:33	0.729	2.4
	11:19	5.162	16.9
	17:31	3.474	11.4
	21:12	3.921	12.9
30 Mon	04:23	1.135	3.7
	12:03	5.081	16.7
	18:36	3.082	10.1
	22:43	3.632	11.9
01 Tue	05:14	1.641	5.4
	12:43	4.992	16.4
	19:36	2.634	8.6
02 Wed	00:31	3.486	11.4
	06:10	2.194	7.2
	13:21	4.899	16.1
	20:29	2.182	7.2
03 Thu	02:17	3.572	11.7
	07:16	2.727	8.9
	13:57	4.805	15.8
	21:17	1.772	5.8
04 Fri	03:53	3.840	12.6
	08:32	3.176	10.4
	14:30	4.710	15.5
	21:59	1.432	4.7
05	05:10	4.192	13.8

Services

ROOFING

Professional Roofing Services
www.javaroofing.com
Call JAVA ROOFING at 250.204.2638

QUADRA WASTE SOLUTIONS

Local. On-Demand. Occasionally. Weekly. Servicing Heriot Bay and South. Enquire about our Seniors' Driveway Service. Call/Text/Email. quadrawastesolutions@gmail.com **250.202.9182** Tariff-Free since 2023

SHORE PINE SIGNS & DESIGN

Custom signs for home & business, boat/vehicle decals, Custom picture framing. **Hours:** Mon & Friday 930-2, Tues & Thurs 930-5. Next door to Q Builders. **250-285-2815 shorepinesigns@gmail.com**

SMALL ENGINE REPAIRS

in Q Cove. Lawn Mowers, Tractors, Chainsaws, Trimmers, Generators etc. Also some electric power tools. Please **call Don @ 250.285.3960.**

NOTARY PUBLIC

Notary Public on Quadra located at Quathiaski Cove Plaza, we offer notarial services, personal planning documents wills, powers of attorney, representation agreements.
Call 1.855.204.6277 toll-free
email info@quadranotary.ca

Help Wanted

BREAKFAST COOK

We're hiring at the Heriot Bay Inn! We are growing our team filling the Breakfast Cook position, 25-40 hrs/wk., $19-$23/hr + tips. Apply in person by dropping off your resume or by email to info@heriotbayinn.com!

Up to 35 words:
$25 includes GST – one edition
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discoveryislander.ca

NEXT DEADLINE
7pm, Monday November 30 for Issue 895

Wellness

SOUL SOLE MASSAGE

by 'foot pressure' is an ancient Ayurvedic modality that uses the feet to deliver the massage. Expect deep tension release, increased mobility, relaxation and healing. Studio in Quathiaski Cove. Call/Text Jen **250 285 0070** www.soulsole.ca

MASSAGE & BODYWORK

Massage is an exceptional tool that aids in alleviating stress and tension of body & mind. Trinity Gogolin specializes in many styles of massage from Deep Tissue & Trigger Point Release to Relaxation Massage & Energy Work. U.S. trained with over 15 years experience. Trinity can be found at The Samara Wellness Centre above the gym in Heriot Bay. Book in online at thesamara.ca or Call / Text **250 203 4529.**

For Sale/Rent

Q COVE COMMERCIAL LOT FOR SALE

Contact savingpaul@hotmail.com

COMMERCIAL BUILDING

For sale. Commercial unit for rent. Quathiaski Cove
Enquire: savingpaul@hotmail.com

Gathering

GATHER IN LOVE

Longing for open-minded spiritual fellowship? Peace prayers, meditation, soulful conversation. Rm 3, QCC, December 6th, 13th, 20th. 10:30-11:30am. $5. May peace lift your spirit and love guide your step

Home & Garden

GARDEN IMPROVEMENT

Looking to make dramatic improvements to your food or ornamental garden? Horticulturist Ryan Nassichuk can help. Visit www.nassichuk.com, call/text 250 202 2326, or email nassichuk@gmail.com

FRUIT TREE PRUNING – WINTER BOOKINGS

Skilled, efficient pruning for healthier trees and better structure. Contact Kai to reserve your spot on this winter's pruning list before it fills up. Ornamental pruning also available.
Kai 250-850-9245
ggpropertycare@gmail.com

WARM UP YOUR WEDNESDAYS!

Join Us for Community Lunch

Good food, great conversation, and a warm welcome await you every single week. Everyone is invited!

ON THE MENU THIS WEEK:

- 2 Hot Soups (including a Vegan & Gluten-Free option)
- Fresh Salad
- Home-Baked Bread & Delicious Desserts
- Tea and coffee

WHEN: Every Wednesday 12 noon - until December 16th
WHERE: Quadra Community Centre
COST: Free / By Donation (All welcome)

