

Discovery Islander

SINCE 1993
AND BEYOND

ISSUE 887 • JULY 24, 2026 • COMMUNITY NEWS & EVENTS FROM QUADRA & THE DISCOVERY ISLANDS

One Islander's Solution to Wildfire Danger!

See page 10

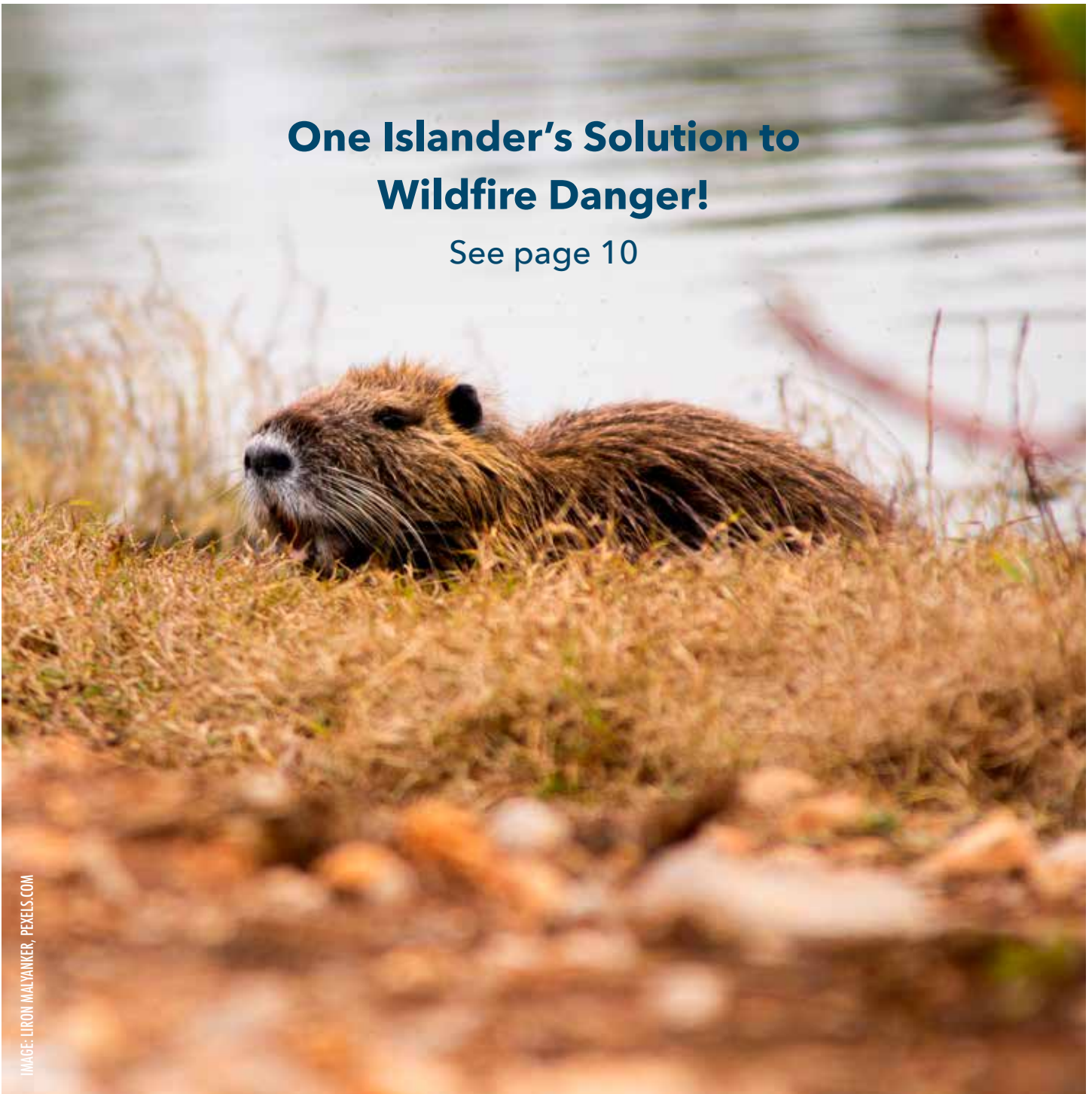


IMAGE: LIRON MALYANKER, PEXELS.COM



Quadra Island Farmers' Market

MORE AND MORE fresh local produce is showing up every week at the Quadra Farmers' Market every Saturday from 10 to 2 behind Café Aroma. Grab a fantastic coffee and walk out into a field of local vendors, friends and great live music!

Info contact Barb: quadramarket@gmail.com

BANDSTAND LINE UP:

July 25 Good Enough Dave

August 1 Mary-Ellen Lane

PHOTO: Find Ben's farm stand (Green Torpedo) in the upper field. New fresh items every week!

Support Quadra Cat Rescue

Donated beverage containers help fix cats and kittens and prepare them for adoption.

Please drop off empties at the new recycling centre through to September or at 519 Cape Mudge Road.

Also, True Value gift cards for both island stores are available at Inspirations. Donate points #280.

All funds raised help pay for fostering supplies and vet care.

Stray in your neighbourhood? Need help arranging a spay or neuter? Please contact us!

Email quadracatrescue@yahoo.com or telephone 250-285-CATS 2287

Find out more about us at quadracatrescue.ca

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11:30-4 Wed-Sun

info@quadraroots.com

Day to Day

Friday, July 24

- Live music with Go Dog Go, HBI Pub 9 to 1am

Saturday, July 25

- QI Farmers' Market, 10am to 2pm in the field by Café Aroma
Music by Good Enough Dave
- Live music with Steel Cut Oats, HBI Pub 9 to 11pm

Thursday, July 30

- QI Outdoor Club: Hike the Kay Dubois Trail, see p5
- Herons at the HBI: Blue Moon Marquee Show & Dinner, see p5
Call 250 285 3322 to reserve

Friday, July 31

- Deadline to apply for the Grant grant, see p8 for details
- Live music with Gisto & the Grateful Living, Quadra Legion, 9pm \$15
- Oktiv6 and Funk Yard, HBI Pub 9 to midnight

Saturday, August 1

- QI Farmers' Market, 10am to 2pm in the field by Café Aroma
Music by Mary-Ellen Lane

Sunday, August 2

- Sunday Afternoon in the Pub, Elizabeth Hodgins & Friends, 3 to 5pm

Friday, August 7

- Salt Water Cowboys, HBI Pub 9 to midnight



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LOT 4 CREEKSIDE DR. *NEW LISTING!* \$350,000 MLS# 1039456



- Quathiaski Cove 1.12 acre building lot!
- Situated in the new eight lot bareland strata subdivision "Creekside Properties".
- Level acreage comes with a driveway partially into the property, a hook up to the municipal sewer system, a drilled well with pump and hydro services are available at the property boundary.
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Come down, get involved and be part of YOUR community!



What's Happening at QCC July 24 - August 7

THIS WEEKEND: July 24-26

FRIDAY: 9 ULTIMATE Frisbee; 12 noon SMART Recovery: to join contact Jude: smartrecoveryquadra@gmail.com; 6 Sound Bath

SATURDAY: 9:30 Beginner Tai Chi with Nicki; 10:30 Intermediate Tai Chi with Nicki

SUNDAY: 9 Teen Fishing with Lucas; 10:30 Dance Temple - Dance

THIS WEEK: July 27-31

MONDAY: 10 Camp G.N.O.M.E.; 10 You Go Girl!; 10 Fish Prints for Teens

TUESDAY: 10 Camp G.N.O.M.E.; 10 You Go Girl!; 3 Good Grief Support Group

WEDNESDAY: 10 Camp G.N.O.M.E.; 10 You Go Girl!

THURSDAY: 10 You Go Girl!

FRIDAY: 10 You Go Girl!; 10 Nature based art for Young Kids; 12 noon SMART Recovery: to join contact Jude: smartrecoveryquadra@gmail.com

NEXT WEEKEND: August 1-2

SATURDAY: 12 Fascia Release Workshop

NEXT WEEK: August 3-7

TUESDAY: 9 WildCraftPlay; 6 Shadow Play Collective; 6 Family Fish Prints

WEDNESDAY: 9 Art IN Nature for Kids; 1 Golf Camp

THURSDAY: 9 Art IN Nature for Kids; 10 Indigo Dye Workshop; 1 Golf Camp

FRIDAY: 9 Art IN Nature for Kids; 12 noon SMART Recovery: to join contact Jude: smartrecoveryquadra@gmail.com; 1 Golf Camp

Go to our website www.quadrarec.bc.ca to view the latest Rec Guide, or navigate to REC DESK to register for kid's programs or see what's happening each day on the community calendar. <https://quadrarec.recdesk.com/Community/Calendar> Click on the calendar for more details! Phone the Community Centre at # 250-285-3243. Or E-mail: info@quadrarec.bc.ca

DI DEADLINE FOR ISSUE 888:

Monday, August 3 @ 7pm

In mailboxes on Friday, August 7



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The DI is published every two weeks. Our current edition and upcoming deadlines are available online: www.discoveryislander.ca

CONTACT US

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hours Monday–Thursday: 10-4

Opinions expressed in this magazine are those of the contributors and are not the views of the publisher.

SUBMISSION GUIDELINES

We welcome items for publication on subjects of interest to the Discovery Islands community.

- **250-300 words** is a good length for community announcements.
- Send articles in the body of an email.
- **Canadian spelling** please: *centre, colour, favourite etc...*
- **Please use the title of your item** in the email subject line.
- Remember to **include credits and captions** for photos & artwork.

WHILE EVERY EFFORT IS MADE TO INCLUDE ALL ITEMS SUBMITTED, ERRORS AND ACCIDENTAL OMISSIONS MAY OCCUR.

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NEXT DEADLINE

7pm Monday, August 3
for publication on
Friday, August 7, 2026

NEWS & EVENTS

QI Pantry M.A.G. Memorial Bursary

In memory of our son Michael

QUADRA ISLAND Pantry is again offering a bursary of \$500, available to assist a Quadra Island student pursuing post-secondary education. Eligible applicants are Quadra Island students who have not received this bursary in the past.

Michael was a tradesman and always proud of his blue collar status, so this bursary is open to a student entering trade schools and art academies, etc, as well as academic institutes. The bursary is payable directly to the student to assist with travel, book fees, or any other expenses the student may incur.

Applications can be submitted by email to qipantry@gmail.com until August 31, 2026.

- Please include the following:
- Student's name and contact information.
 - Proof of enrolment in any post-secondary educational or training institution.
 - Write a short letter telling us a little about yourself, how long you've lived on Quadra Island, and what the Quadra community has meant to you.
 - Include your educational goals and how this bursary will help you pursue those goals.

Thank you to Island Pantry's customers for making this possible by contributing to QIP's ice cream and till jiggle buckets.

Upcoming at The Legion!

***FRIDAY JULY 31ST 9PM**, Gisto & The Grateful Living! A fusion of reggae, afrobeats & soul. \$15

***FRIDAY AUGUST 21ST 7:30-12** The Roses, Grateful Dead tribute band. \$20 cover

***EVERY FRIDAY FROM 5-7PM** the Quadra Cat Rescue will host the Queen of Cats Lottery: \$2 per ticket for a chance to win 40% of the pot & 30% going towards the progressive pot! The weekly winner has a chance to select a card and when the Queen of Spades is chosen, they also win the progressive pot! Draw is at 7pm. Come play Music Trivia, and help raise funds for a wonderful cause!

Open AA Meetings

MONDAY AND FRIDAY nights, 7:30 to 8:30pm at Cape Mudge United Church at 29 Tekya, Cape Mudge. Everyone welcome!

Calling QI Creatives

Enter Quadra Cat Rescue's 2026 Cash Can Wrap Design Contest—a fundraiser to support cat and kitten rescue on our island.

Artists of all ages can enter to design new wraps for donation cans throughout the community. Two entries from each category will be selected for the 2026 season.

Contest Details

- Pick up an official entry form at: Inspirations, Quadra Branch of Vancouver Island Regional Library, We Wai Kai First Nation, Java Bay Cafe
- Create your design within the marked area

Free Books Mailed Monthly

DID YOU KNOW that children living on Quadra Island, Read Island, and surrounding areas served by postal codes V0P 1H0, V0P 1N0, and V0P 1W0 can receive a free, age-appropriate book every month through the Dolly Parton Imagination Library?

The program is available to all children from birth to age 5 and is designed to foster a love of reading and support early literacy. Books are mailed directly to each child's home at no cost to families.

By the time they start school, children enrolled from birth can have a library of up to 60 books of their own.

To learn more or to register your child, contact Quadra Literacy at quadraliteracynetwork@gmail.com or visit the Dolly Parton Imagination Library Canada website at <https://imaginationlibrary.com/ca/find-my-program/>

Please help us spread the word so that every eligible child on Quadra Island has the opportunity to receive free books and enjoy the lifelong benefits of reading.

- Entry fee is by donation
- Submit completed designs to Inspirations
- Deadline: August 1, 2026

We're looking forward to seeing the island's imagination shine and celebrating your creative contributions. Your artwork will bring colour and kindness to our community and help make a better future for the cats of Quadra.



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QI Outdoor Club: Upcoming Events

IT'S HIGH SUMMER and we're enjoying the rain and the sunshine! Here is the upcoming trip:

30 JULY, THURSDAY Hike an easy Kay Dubois trail

There will be more trips in August, but now everyone is super busy. The details for this hike can be found at: <https://qioutdoorclub.org/schedule-summer-2026/>

For more information about the Outdoor Club, please visit qioutdoorclub@gmail.com.

Together Quadra Cat Rescue & The Royal Canadian Legion Branch #154 present:
The Queen of Cats Lottery



Fridays starting July 3, 2026
70% cash payouts
Ticket sales 4-7pm
must be in attendance to claim
Lottery #174463 2500- \$2 tickets
Food & Drink & Music Trivia

Discovery Islands Affordable Housing Society

DIAHS would like to encourage all to check out our new website at discoveryislandshousing.org. Its purpose is twofold. Primarily we want to provide people with the opportunity to either showcase their rental for those seeking accommodation, and provide a site for those looking to obtain housing. Our website contains information for both renters and landlords to help all be aware of their rights and obligations. Secondly the site contains articles and/or interesting housing ideas in an attempt to stimulate conversation regarding building affordable housing units on Quadra. DIAHS meets monthly. We are associates with a number of other societies on the island. If there is something you would like to see or develop please contact discoveryislandshousing.org

To find online resources view our online edition for links:
www.discoveryislander.ca

Watch Out for Kittens in the 'Hood

KITTEN SEASON is here—and itty bitty kitties are beginning to venture across island roads.

Please drive with extra caution, and contact Quadra Cat Rescue if you see stray cats or kittens in your island neighbourhood.

The sooner we get them fixed, the fewer we'll need to watch out for in future.

Email quadracatrescue@yahoo.com or telephone 250-285-CATS (2287)

Find out more about us at quadracatrescue.com

Thanks to Lara at Inspirations for creating these terrific signs!



The DI welcomes written submissions of interest to the Discovery Islands community: news, events, opinions, and musings. Please keep your item to 750 words for longer articles. Email text and photos to:
news@discoveryislands.ca

BLUE MOON MARQUEE

THURSDAY JULY 30

7:30-9:30pm in Herons | Show Seating: 7pm

Dinner Reservations Start at: 5pm

Tickets: \$49 *show only* | Call: 250.285.3322

we're cooking!

HBI Pub: 11:30am-9pm
Breakfast: 8-11am Sat & Sun

Herons Dining: 11:30am-9pm
Elevated Dinner Menu: 5-9pm

Call 250.285.3322
for reservations / takeout



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Do Your Fascia A Favour Self-Massage & Care Through Myofascial Release with Props

Empowering and delicious, this 3-part workshop series will explore safe, effective, and accessible approaches to myofascial release. Ideal for rehabilitation from injury, management of pain, improved movement, and general well-being.

Participants will learn 3 distinct protocols, perfect for home practice, using foam rollers and special sets of myofascial release balls available for use or purchase at workshop.

Join us, take your health into your own hands, and do your fascia a favour!

Two workshops are remaining in the series:

"TRUNK"

Saturday August 1 12-1:30pm

Workshop 2 will explore techniques for releasing the upper and lower back and psoas.

"BRANCHES"

Saturday August 22 12-1:30pm

Workshop 3 will focus on releases for the shoulder, arms, neck, and head including the jaw.

Workshops are 90 minutes long and participants will receive a handout of the sequences covered in the class. Therapy balls are available for purchase at workshops or you can bring your own.

Pricing: single workshop \$35/ 3 workshop with complementary set of balls \$100

Register in advance by emailing semcmurphy@gmail.com

Minimum participation of 5 students required

Instructor Shannon McMurphy certified in Pilates, Therapeutic Yoga, Feldenkrais, & massage has developed and taught this series over many years in San Francisco CA and Bend OR.

Her approach draws from extensive study of Jill Miller's "The Roll Model", Sue Hitzman's "The Melt Method", and Thomas Myers' "Anatomy Trains".

All workshops will be held at the Quadra Island Community Centre

Time of remaining workshops: August 1 & 22 from 12 noon to 1:30.

List Your Event

Email news@discoveryislands.ca

Drop off your item at *Inspirations* in Quathiaski Cove

Bring it to our office at 701 Cape Mudge Rd

Quadra Dream-Team Volunteers Honoured

Quadra Island's own Nevil Hand and Heather Cleland have been named the Grand Prize winners of the 2026 Small Planet Cleanup Contest, taking home the contest's top prize of \$4,000 for their outstanding commitment to protecting our coastlines.

As founders and lead volunteers of the Quadra Island Beach Clean Dream Team, Nevil and Heather have gone far beyond simply picking up litter. Throughout the cleanup season, they organized and inspired community volunteers, hiked into remote shorelines carrying cleanup supplies, hauled out countless bags of marine debris by hand, and coordinated the removal of larger items using boats, trucks and even cranes.

Their dedication transformed what could have been a handful of isolated cleanups into an ongoing community effort that made a remarkable difference along Quadra Island's coastline.

"We were absolutely thrilled to recognize Nevil and Heather with this year's Grand Prize," said Tara Jordan, founder of the Small Planet Cleanup Contest. "Their commitment, leadership and perseverance embody everything this contest is about. They didn't just remove litter—they inspired others to become environmental stewards and demonstrated the incredible impact a small group of dedicated volunteers can have."

Now in its seventh year, the Small Planet Cleanup Contest has grown into one of Vancouver Island's largest volunteer-led environmental cleanup initiatives. This year's contest brought together 1,511 participants, who collectively removed more than 40 tonnes 40,000 kilograms of litter from beaches, parks, roadsides and neighbourhoods across North Vancouver Island.

Congratulations to Nevil, Heather and everyone who joined the Quadra Island Beach Clean Dream Team. Your hard work has helped preserve the beauty of Quadra Island's coastline for residents, visitors and future generations.

To view the complete list of winners and learn more about the Small Planet Cleanup Contest, visit:

<https://smallplanetenergy.ca/small-planet-energy-cleanup-contest/>

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Blenkin Park Planning Committee

Quadra Island Recreation Society Revitalizes the Blenkin Park Planning Committee

The Quadra Island Recreation Society board surveyed members and the general public in the spring to assist in planning into the future of the Rec Centre and Blenkin Park.

One result of the survey was to revitalize the Blenkin Park Planning Committee to review the survey results, consult with user groups and to develop short and long-term plans. The Committee had its first two meetings and will now take a summer break until early September. The QIRS is inviting more community members to sit on the committee as there is room for up to 10 and the goal is to have a diversity of input. Quadra residents do not have to sit on the committee to share their ideas. There will be one or two public meetings in the fall and winter to encourage discussion about long range plans.

A few of the objectives of the Blenkin Park Committee are:

- Develop and review long-range plans for Blenkin Park.
- Lead and coordinate community and stakeholder engagement
- Identify, evaluate, and recommend funding opportunities

The Committee would like to recruit more committee members to ensure that we have a good representation of user group and community interests. In the coming months the committee will also review the results of the spring survey and develop an up to date map of Blenkin Park.

If you are interested in sitting on the committee or you have ideas or concerns about the future of Blenkin Park and the Community Centre feel free to send an email to: info@quadrarec.bc.ca.



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Roots & Neighbours: Quadra Seniors Housing News

RECENTLY, we were fortunate to have Sally Houghton from Quadra Notary present an informative session on Representation Agreements for our tenants at Seniors Housing. She later returned to facilitate a follow-up workshop, providing one-on-one assistance to help residents complete their Representation Agreements.

We are sincerely grateful for Sally's generous donation of her time, knowledge, and expertise. She has a remarkable ability to explain complex legal concepts in clear, easy-to-understand language, helping residents appreciate the importance of having a Representation Agreement in place. Her warmth, humour, and compassionate approach made what can often be a difficult and sensitive topic both engaging and approachable.

Following Sally's workshops, our board members, Betty Doak and Maureen McDowell presented a thoughtful session on Advance Care Planning, encouraging residents to reflect on their values, quality of life, and wishes for future health care and end-of-life decisions. Their compassionate guidance created a safe and supportive environment for these important conversations, empowering seniors to think ahead and communicate their preferences

with confidence.

We are incredibly grateful to Betty and Maureen for sharing their time, wisdom, and kindness. Together with Sally's presentations, these sessions have provided our residents with valuable knowledge and practical tools to help them make informed decisions and plan for the future with greater peace of mind.

New to Quadra?

The Discovery Islands Chamber of Commerce and local businesses welcome you with a gift bag.

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carolannt@telus.net



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The Final "Grant grant"

Applications are now being accepted for Post Secondary Education

Funding for up to two Quadra/Cortes Island Students of \$2,000.00 each.

We started the "Grant grant" in 2020, in honour of our beloved Grant Mitchell, who passed away that year. Through this, we've been able to support local students in pursuing post-secondary education, with the money donated totalling \$29,000 so far.

Grant Mitchell was born and raised on Quadra Island, BC, and had a deep appreciation for all that life had to offer. From a young age he knew the importance of community and in taking the extra time in day-to-day interactions. His generous spirit and warmth allowed him to genuinely connect with and appreciate so many people, and in doing so, he inspired everyone around him. He was ambitious, clever, optimistic, and endlessly curious, which led him to gain a degree in mining engineering from Queen's University in Kingston, Ontario, and eventually find a job he truly loved, working for Dyno Nobel.

This is the last year we're able to provide the grant. As such, we just want to say that we're so grateful to the donors, to the students sharing their dreams with us, to this beautiful community, and to Grant, who continues to change people's lives for the better even 6 years after his passing.

If you have a passion to learn, and a selfless generosity for helping others, we would love to hear from you.

Application Requirements:

- Current Quadra or Cortes Island Resident, or has lived here within the last 2 years
- Actively pursuing post secondary 1st or 2nd year education this fall or winter term



Applicants need to provide the following information but can submit it in whatever format they choose written, visual, or audio, etc. – 1000 words max:

- Tell us your name, contact information, and about your interests and hobbies.
- What are your academic pursuits and why are you passionate in pursuing them?
- Where are you planning on attending school and why?
- Why is Quadra or Cortes Island important to you?
- What actions have you taken to support other people or causes in your life and/or community.

In our hearts forever... Deanna, Steve & Shelby. Send completed applications to shelbzmitchell@gmail.com

Applications deadline: July 31, 2026

Quadra Island Cat Rescue

QUADRA CAT RESCUE offers a lower-cost spay-neuter program for people needing assistance to get cats or kittens fixed.

Please complete the form at: quadracatrescue.com/spay-neuter/



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New Local Quadra Band Releases two Singles

THAT IS is a new band formed on Quadra Island with some members from Campbell River, the Comox Valley and the mainland of British Columbia. They have just completed recording and released their first two songs.

The band formed last year when Quadra Island based songwriter and bass player Ian Borenheim joined forces with drummer Earl Heath (also from Quadra) to explore some of Ian's songs. The two hit it off really well in the jam space with various local musicians sitting in with them from time to time.

Last winter **THAT IS** hit the recording studio and started laying down tracks for several songs. During the recording process the band expanded to include Campbell River guitar player Dennean Gould, Quadra Island multi-instrumentalist Dave Blinzinger and Campbell River violinist/fiddle player Blaine Waldbauer. The band's musical style is diverse and eclectic with genres including rock, country, jammy, to the fringes of jazz and more.

Earlier this month the band released its first two singles-Chasin Bugs, a fun and catchy straight ahead Rock piece followed by Uncle Rinkus, a funny, foot stomping country tune all about salmon fishing in our local waters. Both songs are now available on Spotify, Apple music, YouTube music and all other streaming services.

The band is currently working on several other songs in the studio with plans for the next few songs to be released later this fall with more to follow over the winter.

THAT IS has performed live as a three-piece band (all the way up to a five piece band) while recordings have featured many more musicians from further up the Comox Valley to the BC mainland. They will be performing as a five piece band at SouthEnd Farm Winery here on Quadra on Saturday August 29th from 4 to 6pm.

THAT IS has been working with local artist Kira Abram whose amazing art is featured on the band's Instagram page and directly associated with some of their music.

Be sure to come see **THAT IS** live at SouthEnd Winery and check out their songs on your favorite music streaming services! Also check out their Instagram page @that_is_music_



Submissions to the DI are Welcome

We especially appreciate submissions to be sent by email to: news@discoveryislands.ca



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Beavers Are the Answer to Community Wildfire Danger, Not More Logging

MY FRIEND AND I attended the “BC Is Burning” documentary at the Tidemark Theatre on March 26th. It was held by the Truck Loggers Association and sponsored by the city of Campbell River. It was good to see this perspective.

Climate Change was repeatedly confirmed as a rising threat to communities. The documentary had many dramatic scenes of forests and homes burning. The documentary’s solution was to “fire smart” forests (even protected forests such as Old Growth Management Areas (OGMAs)) through more “Active Forest Management” with tree and woody debris thinning and processing of the wood. Larger trees were suggested to be logged to 25 foot separation. Seedlings were to be planted to “regenerate” the area. This was proposed as creating more community safety by reducing forest “fuel load” as well as providing more forestry jobs. A double win. It made sense as

a reasonable safety strategy. The organizers finished the event with “Promote this idea to your politicians.”

I left perplexed. Have we reached that point now? More forest extraction as a solution? Where is the health of nature in this? The thinning of standing trees and removal of downed woody debris would leave no natural understory. Soil would be compacted after the heavy machinery worked the area. More bare ground would be exposed to a rising climate of heat. Would the seedlings survive? It was not comforting to learn in the documentary that some home fires in Kelowna were caused by embers that flew 3.8 km over Okanagan Lake from firestorms! Would this idea work in exposed, drier forests? Hydrophobic dry soils repel water. Would flooding be increased from these exposed “plantation” forests ([Clear-cutting linked to 18-fold rise in extreme floods, UBC study finds | UBC Magazine](#))? What hope is there? Community safety, jobs and productivity were addressed by this solution, but not the health of the natural forest ecosystem. Masses of important, carbon-sequestering trees would be removed by logging (rather than by forest fire, the documentary said). How could we save these trees and not log?

After mulling this for a time, I came up with a better alternative. It is beavers! Beavers reintroduced throughout the forest. Beaver ponds, built and managed by these “ecological engineers,” would create wetlands in the forest that would help the forest ecosystem survive long summer droughts. These would protect communities far better from wildfire danger with multiple wetland breaks and a damper forest floor. Beaver ponds throughout our forests would also capture increasingly intense winter rain and reduce the danger of floods and mudslides to our communities while maintaining more water in the watershed for communities.

Beaver wetlands would better maintain healthy forest plant and animal ecosystems. They would preserve more water for salmon streams. They would protect wildlife with summer drinking water reservoirs, cooling refuges from heat waves and life-saving escapes from wildfire.

Finally, healthy forests with undisturbed soils and wetlands both absorb and hold carbon dioxide (the most common greenhouse gas causing climate change) working to reverse our now accelerating, heating planet, the new, deadly “climate pickle” we find ourselves in. Forests are considered important “Nature Based Solutions” (NbS) to climate change. According to a U.N. report ([Investing-with-Nature-NbS-in-forests-Primer.pdf](#)) “Forest ecosystems are rich in biodiversity and value, as a habitat to 80% of all terrestrial species. They help sequester carbon, regulate our climate, act as flood barriers, recharge groundwater, filter air, and protect biodiversity.”

I propose that the beaver “hydration solution” is the better way to protect the safety of humanity and rural communities in BC. I am not alone. The BC Wildlife Federation promotes beavers 10,000 Wetlands: Using Beaver-Based Restoration to Enhance Watershed Resilience | B.C. Wildlife Federation. The Strathcona Regional District just released a documentary on a beaver reintroduction project on Cortes Island. ([srd.ca/projects/kwas-park-flood-mitigation](#))

A number of forestry workers can still work in silviculture and logging (“Stand-enhancing Intermittent Tree Selection” must replace much of “last century” clear-cut logging silviculture as the planet warms). Perhaps some loggers can work in forest thinning near communities (if this idea proves feasible). There could be training in new sustainable forest management

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jobs through WCSIC Training Programs – Trusted Forestry Education, perhaps some forestry jobs in beaver reintroduction and management. Other skilled forestry workers could form Tree Service companies that will “fire smart” public and private properties, remove danger trees and clean up downed trees from the increasingly violent storms. Many other forestry workers need to move on to brand new, good paying jobs that protect our common future – jobs in water management and conservation, electrification (solar roof panels, wind generators, tidal generators, neighbourhood energy systems, etc.) and building and renovating homes to add air-conditioning strategies, heat pumps, insulation and external wildfire fireproofing. This BC government website provides some routes for forest community economic transition ([forestry_supports_two_pager_01may23.pdf](#)) for this new time in history that we all find ourselves in.

Dr Catherine Slater (MSc Biology, Forest Entomology), JD

I worked in the forest industry on Northern Vancouver Island for a number of years, checking sort yards, reloads and log booms for insect attacks on stored logs and issuing reports to logging companies on trapping results for *Trypodendron lineatum*, the striped ambrosia beetle, an important pest in timber in storage (and an important primary breakdown organism in a natural forest).

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Ten Years of MAID in Canada: An Evolving Conversation

THIS JUNE marked ten years since medical assistance in dying (MAID) became legal in Canada, following a significant shift in the country's approach to end-of-life care and personal autonomy.



MAID was legalized on June 17, 2016, after the Supreme Court decision in *Carter v. Canada* determined that Canada's prohibition on assisted dying violated certain rights protected by the Canadian Charter of Rights and Freedoms. The case was the result of years of advocacy and legal challenges by Canadians including Kay Carter and Gloria Taylor, and followed earlier efforts by advocates such as Sue Rodriguez, whose story brought national attention to the issue in the 1990s.

Over the past decade, MAID has become an established part of Canada's healthcare system. Eligibility rules have changed over time, shaped by new legislation, court decisions, and public discussion. In 2021, for example, the requirement that a person's natural death be “reasonably foreseeable” was removed for some applicants, creating a second pathway for people living with serious and incurable conditions whose deaths were not imminent.

While MAID is available across Canada, access is not always consistent. Availability can vary depending on where a person lives, whether trained assessors and providers are available locally, and the type of illness or condition involved. Rural and remote communities, in particular, can face additional challenges in accessing assessments and services.

One of the most debated issues today is whether MAID should be available to individuals whose sole underlying medical condition is a mental illness. The federal government had originally planned to expand eligibility in this area, but implementation has been postponed several times and is currently delayed until March 2027.

On June 17, 2026, the federal government's Special Joint Committee on Medical Assistance in Dying released a report recommending that this exclusion remain in place indefinitely. The federal government

is expected to respond to the committee's recommendations later this year.

Meanwhile, provinces continue to make decisions that affect how MAID is delivered within their healthcare systems. In Alberta, for example, Alberta Bill 18 received Royal Assent in 2025 and proposes changes that would limit access for some people whose deaths are not considered reasonably foreseeable. The legislation has not yet been brought into force.

Another topic gaining attention is the idea of advance requests for MAID. Under current law, most people must be capable of providing consent immediately before MAID is provided. Some Canadians, particularly those living with progressive illnesses such as dementia, have argued that individuals should be able to make legally binding requests earlier in the course of their illness, while they still have decision-making capacity.

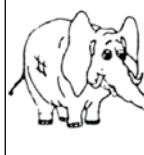
Ten years after legalization, Canada's conversation about MAID continues to evolve. Questions about access, safeguards, eligibility, and personal choice remain the subject of ongoing discussion in courts, legislatures, healthcare settings, and communities across the country.

Way To Go supports our community in preparing for end-of-life through conversation and education. We help loved ones care for their own dying and deceased—offering guidance, empowerment, and assistance from diagnosis through death and after death—making home-based, holistic care more accessible. Visit our website, way2go.ca; view upcoming events, read previously written articles, and join our email list.

Margaret Verschuur

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Hot Weather Could Push BC to a New Summer Electricity Demand Record

BRITISH COLUMBIA could set a new all-time summer electricity demand record this week as hot weather drives increased use of air conditioning across the province.

BC Hydro expects electricity demand to remain elevated through the week and could surpass the current summer peak record of 8,652 megawatts, set in August 2025, if temperatures continue to climb. With temperatures currently forecast to reach low to mid 30s today through Wednesday in some parts of the province, electricity demand is expected to approach record levels, with peaks ranging from 8,200 to 8,800 megawatts depending on weather conditions. Even with the hot temperatures, overall electricity use remains well below the peak levels typically seen during the coldest winter periods.

The potential record reflects a broader shift in how British Columbians are using electricity during the summer. Nearly 70 per cent of households now have some form of air conditioning, making cooling a significant driver of summer electricity demand. As periods of hot weather become more frequent, more British Columbians are relying on air conditioners to stay comfortable.

To help customers stay cool while managing energy costs, BC Hydro is currently offering limited-time rebates of \$50 on select ENERGY STAR® window and high-efficiency portable air conditioners through participating retailers across B.C.

“Air conditioning has become a common household appliance across British Columbia, and when temperatures rise, we see the impact on electricity demand almost immediately,” said Susie Rieder, BC Hydro spokesperson. “As more customers look for ways to stay comfortable during hot weather, BC Hydro is also helping with rebates on

energy-efficient air conditioners and air purifiers that can help keep homes cool and improve indoor air quality.”

Indoor air quality remains a priority during wildfire season

In addition to staying cool, many British Columbians are taking steps to improve indoor air quality when wildfire smoke is present. According to BC Hydro's Residential End-Use Survey, the use of portable air purifiers has increased by 114 per cent since 2020, reflecting growing interest in maintaining healthy indoor environments during wildfire season.

During active wildfire seasons, smoke from forest fires can become the largest source of air pollution in British Columbia, making indoor air quality a growing concern for many households. A recent BC Hydro survey[1] found that while temperature comfort remains the top health-related benefit British Columbians seek from air management products (38 per cent), improved air quality is a close second at 30 per cent.

After years of increasingly challenging wildfire seasons, air quality is no longer a concern limited to those with allergies or respiratory conditions. It has become a mainstream household priority. The concern is particularly pronounced in the Southern Interior, where 40 per cent of respondents identified improved air quality as the most important benefit when choosing an air management product, compared with the provincial average of 30 per cent.

TIPS TO STAY COMFORTABLE, AND SAVE ENERGY AND MONEY

To help customers stay comfortable while managing both indoor temperature and indoor air quality at the same time, BC Hydro recommends:

- Taking advantage of rebates: BC Hydro is offering limited-time retail rebates until August 21, 2026, including:
 - \$50 off select ENERGY STAR® window air conditioners and high-efficiency portable air conditioners.
 - \$30 off select ENERGY STAR® air purifiers.
- Shopping smart: Visit the Power Smart Shop for energy-saving appliances and electronic devices like air conditioners, air purifiers and programmable thermostats at shop.bchydro.com.
- Blocking out heat: Close blinds and drapes to reduce 60 per cent of heat entering your home.
- Keeping cool air in: Shut windows and doors when it is hotter outside than inside.
- Maintaining your equipment: Replace air conditioning and air purifier filters regularly to improve performance.
- Using fans: Fans cost very little to run and can help reduce the need for air conditioning. Running one for nine hours a day costs about \$7 over the summer.

For more information on rebates, visit bchydro.com/deals.

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Trial By Fire

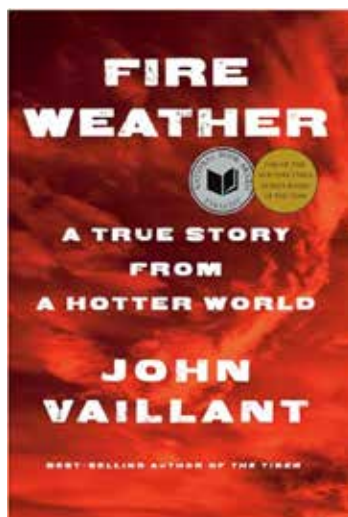
JOHN VAILLANT'S book, *Fire Weather: The Making of a Beast* (Vintage Canada, 2024) begins by describing the fire that consumed the Albertatown of Fort McMurray in May, 2016. In a matter of hours, the conflagration that became known as "The Beast", destroyed more than 2500 buildings and homes, thousands more were damaged, 6000 square kilometres were burned, and nearly 100,000 people had to flee for their lives.

"In the spring of 2016," writes Vaillant, "halfway through the hottest year of the hottest decade in recorded history, a new kind of fire introduced itself to the world." The year, in northern Alberta, should have been ordinary, but it wasn't. Snowfall had been well below average for two years, the spring was unseasonably dry, and the unprecedented heat had dried out everything that was combustible. This was becoming the new normal—a new kind of year with a new kind of threat. But this threat is not particular to northern Alberta and to other provinces in Canada. Indeed, it is happening all over the planet—America, Greece, Portugal, Spain, France, Russia, Australia—almost everywhere that has forest, brush, grass or any burnable landscape. Places that were once safe to live are no longer so. Recent statistics identify Europe as a continent that is heating faster than most. And the cause is not a mystery.

In a tragic irony, Fort McMurray was an Alberta oil town that was conceived, nourished and sustained by the fossil fuel industry, the same industry that provides the petroleum which is the source of the carbon dioxide emissions that are heating the planet to unprecedented levels. Plot global petroleum consumption against the global rise in temperature and the correlation is perfect. The fuel that energizes our modern civilization has bound us to a pact with a holocaust. We are subjecting ourselves to a Trial By Fire.

"Trial" has two meanings. One pertains to a court of judgment where evidence is considered and a decision is rendered. The other meaning pertains to a test of adversity, requiring a special endurance for success or survival. Both meanings apply to our relationship with fossil fuels. History will

judge the intelligence, the foresight and the wisdom that we have used to employ such an energy to power our civilization, particularly since we have known for more than half a century what the ultimate results will be. And we are now beginning to sample the burning consequences that will test us in ways that we never imagined. Guilty of unmitigated folly will be the judgment in the first meaning. As for the second, we do not know exactly how



we will respond to the rising temperatures, the cooked crops, the weather extremes, the rising oceans, and the masses of climate refugees as we confront the consequences of our collective behaviour. John Vaillant in *Fire Weather* gives us a hint of what will happen to a culture that moment-by-moment lives, flourishes and now suffers with its addiction to some form of fire. "A single four-cylinder car engine turning at 2,400 rpm—driving to work speed," he writes, "will generate around 10,000 combustions per minute—more than half a million per hour. There are well over a billion cars on the road today, along with a quarter billion trucks, buses, and vans, and 200 million motorcycles. Add to this a conservative estimate of 25,000 passenger and cargo jets, more than 50,000 cargo ships, and the unknown but certainly huge number of construction and earth-moving machines, tractors, lawnmowers, motorboats, private planes, helicopters and weapons. If you ran all of these engines for just one minute, the number of combustions occurring inside them would number in the

tens of trillions—each one an individual fire generating heat, energy and exhaust."

Such enormous numbers begin to define our new relationship with the place in the universe where we live. We are not as innocuous and insignificantly small as we once thought. The total effect of all our little and seemingly innocent dalliances with combustion is becoming more than consequential. We are literally playing with fire.

Vaillant quotes some appropriate lines from Robert Frost's poem, "Fire and Ice:"

Some say the world will end in fire,
Some say ice.
From what I've tasted of desire,
I hold with those who favour fire.

But, perhaps his most powerful quote comes from the Russian dissident, Alexandr Solzhenitsyn, who was commenting on the value system that eventually collapsed the Soviet Union. "In our country the lie has become not just a moral category, but a pillar of the state." As long as fossil fuel remains the primary source of our global civilization's energy, then the pillar that is holding up the entire system could well be consumed by fire.

Ray Grigg for Sierra Quadra

Postscript: As of Saturday, July 18, 2026, a total of 955 forest fires were burning across Canada, with 191 in Ontario and 103 in British Columbia.

Inspirations 

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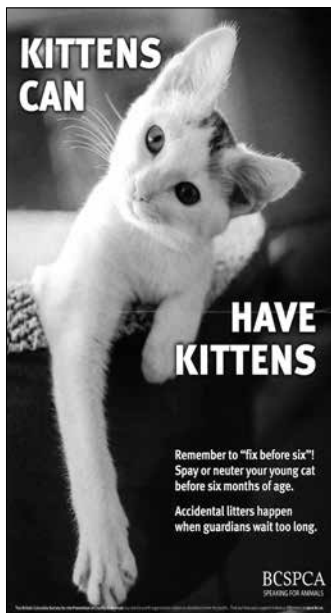
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6:05 am	6:30 am
†7:00 am	†7:30 am
††7:30 am	††8:00 am
8:00 am	8:30 am
8:30 am	9:00 am
9:00 am	**9:30 am
9:30 am	10:00 am
10:00 am	10:30 am
10:30 am	11:00 am
11:00 am	11:30 am
11:30 am	12:40 pm
12:40 pm	1:05 pm
1:05 pm	1:30 pm
1:30 pm	1:55 pm
2:00 pm	2:30 pm
2:30 pm	3:00 pm
3:00 pm	3:30 pm
3:30 pm	4:00 pm
4:00 pm	4:30 pm
** 4:30 pm	5:00 pm
5:00 pm	5:25 pm
5:25 pm	5:50 pm
5:50 pm	6:15 pm
6:15 pm	6:45 pm
7:10 pm	8:10 pm
8:40 pm	9:05 pm
9:30 pm	9:55 pm
10:20 pm	10:40 pm
* 11:05 pm	* 11:30 pm

† Daily Except Sundays
 †† Daily Except Saturdays and Sundays
 * Fridays & Saturdays only
 ** Tuesdays: Dangerous Cargo, no passengers or cars
 Schedule in effect September 3, 2024 to March 31, 2025
 last updated here 25 Sept, 2024
 Schedule may be subject to change
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CAMPBELL RIVER EVENTS

At the CRAG: Final Weeks to See "Sacred in All Forms"

VISIT THE Campbell River Art Gallery to see Sacred in All Forms, on until August 8, 2026, featuring artists Sandeep Johal, Xiaojing Yan, Kourtney Jackson, and Aaron McIntosh.

Join Miss Bumble, Fibre artist, Illustrator and Mycology enthusiast for a Sacred in All Forms closing tea party while you create your own needle felted mushroom in the gallery!



Xiaojing Yan

Looking at samples and reference of mushrooms from original images made by women in mycology and exploring the study of the mycelium network you will make your own fibre sculpture using wool. All supplies included, beginner friendly. 14+ age recommendation as it is a more involved project.

Mushroom enthusiasts below age 14 are invited to a Mystical Mushroom Landscapes art making party facilitated by the CRAG team from 10am to 12 noon in our studio.

Please visit crartgallery.ca/events to see a complete list of upcoming public programs.

The Campbell River Art Gallery exhibition space and gift shop are open Tuesday to Saturday from 10am to 4pm. The Gallery is located at 1235 Shoppers Row in downtown Campbell River.

crartgallery.ca • 250-287-2261



Sandeep Johal



Join us for "Lunch in the Square" in CR!

MARY-ELLEN LANE, TUESDAY, JULY 28

At noon in Spirit Square

Mary-Ellen Lane is a pianist, singer and guitarist living on Quadra Island. She has played in cover bands, classical ensembles and as a solo musician. Her music is an eclectic mixture of folk songs, jazz standards, pop ballads and Beach Boys songs. She is joined by bassist Tony Simard.



JEREMY FACKNITZ, TUESDAY, AUGUST 4

At noon in Sprit Square

Jeremy Facknitz has been delighting audiences with his brand of high-energy theatrical folk-rock-jazz for nearly 30 years. He's a 3-time finalist in the prestigious Kerrville New Folk Songwriting Competition at Kerrville Folk Festival (Lyle Love, Steve Earle, and Nanci Griffith are TWO time finalists). Jeremy has been able to make performing his 'day-job' for the last 10 years by taking his show in the road in the U.S. and Canada. Heavily influenced by Billy Joel, James Taylor, Elvis Costello,

and Ben Folds, his music is a 'throwback' to when songwriters weren't afraid to turn it up loud, look you in the eye and play more than the same tired four chords. He embodies the soul of an old-timer troubadour, bitten by a radioactive rockstar. John Apice of American Highways says "This is all far above the ordinary... A good time is guaranteed for all," while John Barlass writes: "Jeremy Facknitz is, indeed, a major talent – and, I can guarantee, like nothing you'll have ever heard before."

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Explorations in Eco-Artmaking

EXPLORATIONS in Eco-Art Making is a three-week art summer camp running from August 4 to 19 at the Campbell River Art Gallery and Sybil Andrews Cottage in Willow Point. The program introduces kids ages 8 to 12 to the world of eco-art through a mix of

indoor and outdoor art activities!

SCHEDULE: Tuesdays & Wednesdays,
10am–3pm

COST: 150\$ (three week program)

INFO: Visit www.crartgallery.ca/events

NOTICE OF PUBLIC REVIEW - WOODLOT LICENCE W1610 NORTH GOWLLAND HARBOUR AND VILLAGE BAY

A new Woodlot Licence Plan (WLP) for Woodlot Licence W1610 has been posted to the Quadra Island Woodlot website and is available for review and comment. Woodlot Licence W1610 is managed by Paul Nimmon and is in the North Gowlland Harbour and Village Bay areas. Woodlot Licence W1610 includes 381ha.

The WLP shows the location of 'Areas Where Harvesting Will be Avoided', 'Areas Where Harvesting Will Be Modified', and 'General Forest Management Areas'. The current silviculture status of land within these woodlot licences is indicated on these WLP's. These plans are available for review by resource agencies and the public before approval is considered by the Ministry of Forests.

This WLP is available for review and comment for a 30-day period and can be found at www.quadraislandwoodlots.ca.

Any comments regarding this WLP can be sent to Paul Nimmon (annikandpaul@telusplanet.net) or to John Marlow (jmarlow@rockviewresources.ca). To discuss this WLP please contact Paul Nimmon or John Marlow, RPF (250 830-8099). To receive consideration prior to WLP approval, comments must be received in writing by August 10, 2026, although comments regarding these plans are appreciated at any time throughout the year.

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Heriot Bay Tides

DATE	TIME PDT	M.	FT.
24 Fri	00:59	4.206	13.8
	09:08	1.334	4.4
	17:25	4.276	14.0
	22:08	3.885	12.7
25 Sat	01:43	4.126	13.5
	09:54	1.192	3.9
	18:10	4.486	14.7
	23:19	3.898	12.8
26 Sun	02:31	4.099	13.4
	10:35	1.072	3.5
	18:47	4.624	15.2
27 Mon	00:05	3.871	12.7
	03:20	4.114	13.5
	11:14	0.983	3.2
	19:18	4.700	15.4
28 Tue	00:38	3.814	12.5
	04:09	4.149	13.6
	11:50	0.933	3.1
	19:45	4.739	15.5
29 Wed	01:06	3.712	12.2
	04:59	4.180	13.7
	12:25	0.928	3.0
	20:08	4.766	15.6
30 Thu	01:34	3.552	11.7
	05:50	4.188	13.7
	12:59	0.979	3.2
	20:30	4.797	15.7
31 Fri	02:05	3.330	10.9
	06:42	4.162	13.7
	13:33	1.100	3.6
	20:53	4.828	15.8
01 Sat	02:42	3.047	10.0
	07:35	4.099	13.4
	14:09	1.311	4.3
	21:17	4.843	15.9
02 Sun	03:22	2.713	8.9
	08:31	4.007	13.1
	14:46	1.626	5.3
	21:41	4.824	15.8
03 Mon	04:05	2.346	7.7
	09:33	3.902	12.8
	15:25	2.042	6.7
	22:06	4.768	15.6
04 Tue	04:51	1.975	6.5
	10:47	3.820	12.5
	16:08	2.532	8.3
	22:33	4.685	15.4
05 Wed	05:40	1.634	5.4
	12:14	3.815	12.5
	16:57	3.048	10.0
	23:01	4.593	15.1
06 Thu	06:35	1.342	4.4
	13:58	3.938	12.9
	17:58	3.525	11.6
	23:35	4.505	14.8
07 Fri	07:38	1.096	3.6
	15:42	4.191	13.7
	19:28	3.885	12.7

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