

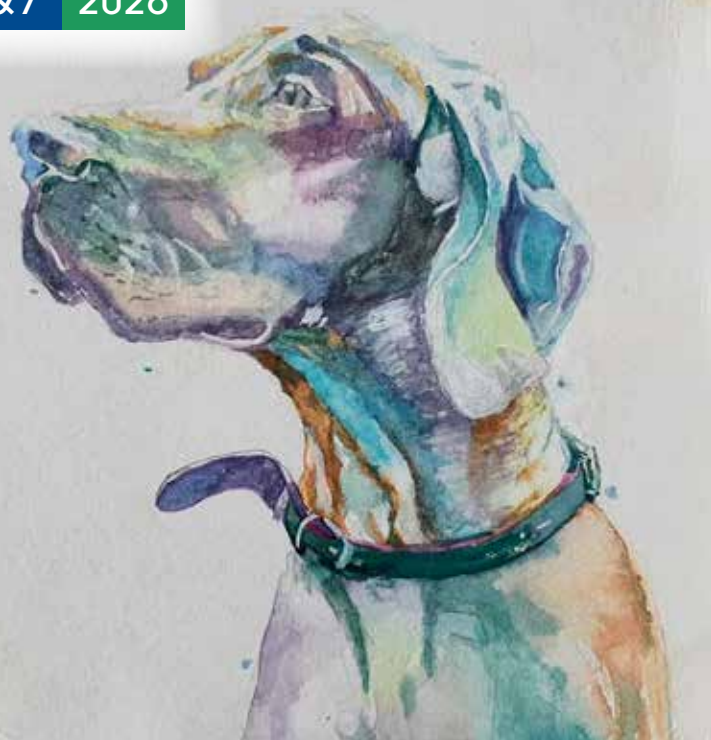
# Discovery Islander

SINCE 1993  
AND BEYOND

ISSUE 883 • MAY 29, 2026 • COMMUNITY NEWS & EVENTS FROM QUADRA & THE DISCOVERY ISLANDS



Arts  
on   
June 6 & 7 2026



Hitting the road  
this summer?

# It's Time to Tune Up Your Toys!

We can service your

- Recreational Vehicles
- Boat, Camper & Utility Trailers
- Boats (Inboard Motors only)

Call us for an appointment today

## ISLE TECH

YOUR ISLAND AUTO CARE CENTRE

# 250-285-3100

MONDAY TO FRIDAY 8:30AM TO 6PM + SATURDAY 9AM TO 5PM

serving Quadra  
since 1982

## Cover Story

# It's the 23rd Annual Quadra Island Studio Tour!

**QUADRA ISLAND** Visual Artists are looking forward to welcoming our neighbours and friends to the 23rd Annual Quadra Island Studio Tour set for June 6–7, 2026, offering visitors a chance to explore the creative spaces that define Quadra's artistic community. This year features 27 studios with another 9 artists at the Quadra Island Community Centre. That's 36 Artists and Collectives, including 11 new participants, making it one of the most diverse tours yet!

For many of us the, June Weekend Studio Tour is a yearly tradition – part art event, part neighbourhood reconnection. The range of work on display continues to grow, spanning painting, pottery, sculpture, leatherwork, carving, fibre arts, photography, printmaking, calligraphy, woodwork, and mixed-media pieces in both two and three dimensions. It's a reminder of how much talent is quietly working away in studios and kitchen tables across the island.

This is your chance to explore studios tucked in the forest, perched above coves, or nestled along lakes and trails. What makes the Quadra Island Tour so special is how it reflects how deeply the island's environment shapes the work being created – it's "Where Art and Nature Intertwine."

For the first time, the weekend begins with a Pre-Opening Evening on Friday, June 5 from 6–9 pm. Pick up your map to see which selected studios will offer a relaxed preview before the busy weekend. The main tour runs Saturday from 10–5 and Sunday from 10–4, with free admission throughout. Maps are available outside TruValue stores, Cove Pharmacy, Coast Community Credit Union, Thunderburger and the Quadra Island Community Centre.

Enjoy the special weekend menus at Barb's Basket Pop-up Brazilian Café at the Community Centre and at Quadra Roots Kitchen & Farm at 1271B Heriot Bay Road, one of our new exhibitors where you can grab a bite while you enjoy the art. Join friends to sample the offerings at our tour supporters: The Heriot Bay Inn, Coveside Seafood, nibbles at South End Farm Winery and Aroma Café.

Visit [www.quadraislandarts.com](http://www.quadraislandarts.com) and get together with friends and neighbours to plan your route. Look for our colourful new signs featuring "Arts on Q" designed by Robyn Budd.

Thank you to all our Community Supporters who enable the 23rd Annual Quadra Island Studio to be offered FREE for everyone! Join us to celebrate creativity, community, and the island itself.



### IMAGES

*Above: Rob Johnson, Marsh Wren*

*On the Cover:*

*top left, Gordon James, untitled*

*top right, Perrin Sparks, Portrait of Lee Gass*

*lower right, Sima Khanzadi, untitled*

*lower left, Marnie McMahan, Ravens*

1387 HERIOT BAY RD. \*NEW LISTING!\*

\$998,000 MLS# 1034307



- Extensively renovated home on 0.46 acre oceanview property!
- Located a short walk from the entry to Rebecca Spit
- 4 bed, 2 bath home has undergone significant renovations since 2022
- Inviting open floor plan on main level, decks at front & back
- 2 bedrooms & bathroom on upper floor, 2 more bedrooms & utility/laundry room on lower floor
- Outbuildings include a workshop, double carport, wood/garden shed
- Large lawn surrounds home, fire pit area in the back yard



Bill + Sarah

PERSONAL REAL ESTATE CORPORATION

T. 250 285 3293 / 1 877 735 3293

[billbradshaw@royallepage.ca](mailto:billbradshaw@royallepage.ca)

[sarahbradshaw@royallepage.ca](mailto:sarahbradshaw@royallepage.ca)



QUADRA  
ISLAND  
REAL ESTATE TEAM

# Island Calendar Day to Day

## Friday, May 29

- The Ryder Bachman Band, HBI Pub, 8-12pm.
  - The Unfaithful Servants & Shari Ulrich, dinner 5pm & show 7pm in Herons, HBI.
- Call to reserve seats, 250 285 3322.

## Saturday, May 30

- Farmers' Market, 10am to 2pm in the field by Café Aroma. Music by Marnie Younger.
- Library Party, noon to 2pm, at the Library in Quathiaski Cove.
- Unveiling of Natural Burial monument, Quadra Island Cemetery, 2-4pm.

## Sunday, May 31

- Theatre Quadra Auditions for the musical 'Boo' at the HBI Bay Rm, 1-4pm.

## Monday, June 1

- Silver Screammers, presented by Quadra Circle, 1pm at the Legion. See page 5.

## Friday, June 5

- Opening of select studios, QI Studio Tour, 6-9pm.

## Saturday, June 6

- Farmers' Market, 10am to 2pm in the field by Café Aroma. Music by Dave Blinzinger.
- Band Swap fundraiser at the Legion, 8pm, for Crash Harm Reduction.

## Saturday & Sunday, June 6 & 7

- Quadra Island Studio Tour, Sat 10am-5pm, Sun 10am-4pm, including artists at QCC. See [www.quadraislandarts.com](http://www.quadraislandarts.com)

## Thursday, June 11

- Quadra Singers AGM & Potluck, 6pm, 1087 Topcliff Rd.

## Friday, June 12

- Scrawny Biggs Band at the Legion, see page 4.

## Saturday, June 13

- Quadra Free Day, at participating residences. 9am to 5pm. See page 10 for info.
- The New Forest Act, presentation and Q&A at QCC, 7pm. See ad page 12.

## Saturday & Sunday, June 13 & 14

- Harry Manx at Herons Dining Room, HBI. Dinner and show. Reservations 285 2233. See ad on page 5 for details.

### List your event in our Island Calendar

Email news @discoveryislands.ca **Drop off** your item at *Inspirations* in Quathiaski Cove **Bring** it to our office at 701 Cape Mudge Road

### Next deadline Issue 884

Monday June 8 for publication on Friday June 12

Come down, get involved and be part of YOUR community!



## What's Happening at QCC

May 29 - June 12

### THIS WEEKEND: May 29-31

**FRIDAY:** 8:30 Fitness with Jeannie; 9:30 Men's Fitness with Jeannie; 10 Spinners and Knitters; 12 noon SMART Recovery: to join contact Jude: smartrecoveryquadra@gmail.com; 7:30 Documentary - Green Valley

**SATURDAY:** 9:30 Beginner Tai Chi with Nicki; 10:30 Intermediate Tai Chi with Nicki

**SUNDAY:** 10 Community Sewing Bee

### THIS WEEK: June 1-5

**MONDAY:** 8:30 Fitness with Jeannie; 10 Parents and Tots; 10 Yoga with Josephine; 1 Sing for Pure Joy

**TUESDAY:** 9:30 Pilates; 2:45 Intro to Softball, QCC Field; 5 Hatha Yoga with Trinity

**WEDNESDAY:** 10 Gentle Yoga with Trinity; 3 Ping Pong; 4 Intermediate Softball, QCC Field; 5:50 Hatha Flow Yoga with Elizabeth

**THURSDAY:** 9:30 Pilates; 10 Parents and Tots Dance with Kate; 5 Core Strength and Stability with Nicki

**FRIDAY:** 8:30 Fitness with Jeannie; 9:30 Men's Fitness with Jeannie; 10 Spinners and Knitters; 10:30 Friday Painters; 12 noon SMART Recovery: to join contact Jude: smartrecoveryquadra@gmail.com

### NEXT WEEKEND: June 6-7

**SATURDAY:** 9:30 Beginner Tai Chi with Nicki; 10 Studio Tour; 10:30 Intermediate Tai Chi with Nicki

**SUNDAY:** 10 Studio Tour

### NEXT WEEK: June 8-12

**MONDAY:** 8:30 Fitness with Jeannie; 10 Parents and Tots; 10 Yoga with Josephine

**TUESDAY:** 9 Quadra Quilters Guild; 2:45 Intro to Softball, QCC Field; 3 Good Grief Support Group

**WEDNESDAY:** 10 Baby Clinic; 4 Intermediate Softball, QCC Field; 5:50 Hatha Flow Yoga with Elizabeth

**THURSDAY:** 10 Parents and Tots; 5 Core Strength and Stability with Nicki

**FRIDAY:** 8:30 Fitness with Jeannie; 9:30 Men's Fitness with Jeannie; 12 noon SMART Recovery: to join contact Jude: smartrecoveryquadra@gmail.com

Go to our website [www.quadrarec.bc.ca](http://www.quadrarec.bc.ca) to view the latest Rec Guide, OR navigate to REC DESK to register for kid's programs or see what's happening each day on the community calendar. <https://quadrarec.recdesk.com/Community/Calendar> Click on the calendar for more details! Phone the Community Centre at # 250-285-3243. Or Email: [info@quadrarec.bc.ca](mailto:info@quadrarec.bc.ca)





**Quadra Island Power**

- Licensed
- Bonded
- Insured

**Martin Blum**  
BC Master Electrician  
☎ (250) 205 - 5545  
email: [mblum5545@icloud.com](mailto:mblum5545@icloud.com)

**Electrical Services**

- Residential
- Commercial

LEL: 0209700



**Cortes Radio**

Drop in and tune out

# Discovery Islander

ISSUE 883

29 MAY, 2026

**Publisher** Philip Stone  
**Guest Editor** Robyn Budd

The DI is published every two weeks. Our current edition and upcoming deadlines are available online: [www.discoveryislander.ca](http://www.discoveryislander.ca)

## CONTACT US

**email** [news@discoveryislands.ca](mailto:news@discoveryislands.ca)

**phone** 250 285 2234

**mail** Box 280 Q Cove BC V0P 1N0

**office** 701 Cape Mudge Road

**hours** Monday–Thursday: 10-4

Opinions expressed in this magazine are those of the contributors and are not the views of the publisher.

## SUBMISSION GUIDELINES

We welcome items for publication on subjects of interest to the Discovery Islands community.

- **250-300 words** is a good length for community announcements.
- Send articles in the body of an email.
- **Canadian spelling** please: *centre, colour, favourite* etc...
- **Please use the title of your item** in the email subject line.
- Remember to **include credits and captions** for photos & artwork.

WHILE EVERY EFFORT IS MADE TO INCLUDE ALL ITEMS SUBMITTED, ERRORS AND ACCIDENTAL OMISSIONS MAY OCCUR. COPYRIGHT 2026 ALL RIGHTS RESERVED

## NEXT DEADLINE

**7pm Monday, June 8**

**for publication on**

**Friday, June 12, 2026**

## Quadra Singers AGM

**EVERYONE IS WELCOME** to attend the Quadra Singers AGM on Thursday, June 11 at 6pm. The meeting will be at Joyce Baker's home at 1087 Topcliff Road and will be followed by a potluck dinner. Come out to 'meet and greet' other singers and get a sneak preview of some of the music selections for the Fall session.

The Fall session starts on Thursday, September 10 and culminates with a concert on Saturday, December 5.

## At The Legion

**SATURDAY JUNE 6 8pm**  
Band Swap fundraising event for Crash Harm Reduction. Donate what you can and come even if you can't!

### FRIDAY JUNE 12

Scrawny Biggs is bringing its raw, backwoods, outlaw, blues/country inspired Rock'n'Roll to the Quadra to the Legion.

Signed to Dodgy Country Records with an EP/Album in the works and singles set to be released over the next six months, they are quickly building a reputation as a band you don't want to miss.

### FRIDAY JUNE 26 9pm

Cosmosaurus, 5 piece alternative rock band from Nanaimo, with a style that is a unique blend of funky space rock and an emphasis on vocal harmony. \$15 cover.

### SATURDAY JUNE 27 8pm

The L.A. presents a Comedy evening fundraiser for the Legion

featuring Vancouver based Erica Sigurdson. Erica has performed at every major comedy festivals in Canada and internationally! Tickets on sale at Inspirations, Copper Coast and the Legion, \$20.

### FRIDAY JULY 3, 9pm

Quadra's new and very exciting band, THAT IS, playing an eclectic mix of musical styles that's definitely danceable and a whole lot of fun! \$10 cover.

### SATURDAY JULY 4, 8:30pm

Hal Douglas Band.

### MONDAYS AT 8PM

is the new Pool time at The Quadra Legion! Weekly 8-Ball Pool and more. \$10 entry fee, all skill levels welcome.



## Aqua-Chautauqua

### IS COMING TO QUADRA!

On July 21 and 22 Quadra Island becomes a kind of living classroom – one without walls, where learning, creativity, and community flow together.

The three-day Aqua-Chautauqua is a roaming collective of artists, educators, and performers who believe education is most powerful when it is shared, participatory, and joyful.

The Chautauqua tradition began in the late 1800s as a way of bringing education, culture, and conversation into community spaces. That spirit continues

here, shaped by island life and a simple idea: that everyone has something to teach, something to offer, and something to learn.

AquaChautauqua is inviting Quadra residents to be part of the experience – by sharing a skill, a craft, a story, or a curiosity. Whether it's a hands-on demonstration, a small workshop, or stepping into performance, this is a chance to offer a taste of Quadra to both neighbours and visitors alike.

Over the three days, the island will come alive with workshops, pop-up performances, a joyful community parade, and a shared potluck meal hosted by AquaChautauqua. At the heart of it all, a collaborative 'Big Show' will bring together visiting performers and local talent in a single, celebratory evening.

In keeping with traditional values, the AquaChautauqua troupe will also offer a service project for the island, leaving behind something tangible in gratitude for the community hosting them.

What makes this gathering special is its spirit. It isn't about sitting back and watching—it's about stepping in, remembering that creativity is everywhere, and that community is something we actively make together.

More information is coming soon. For now, we are looking for volunteers to help make this happen! Please contact the Community Centre at [info@quadrarec.bc.ca](mailto:info@quadrarec.bc.ca) or 250-285-3243 if you're interested in presenting. If you've ever thought, "I could show someone how to do that..." – this is your invitation.

*Ginny Hunneke*



*Offering Quadra's most diverse set of building skills... Let us manage all your home improvement dreams*

*For free inspiration give us a call*  
**Rowan Growcott-Weeks**  
**250-203-4566**

**MAPLE MEADOWS**  
PAINTING AND CONTRACTING



**Shane Hedefine**  
Personal Real Estate Corporation  
Cell: 250-204-3293  
[shane@shanehedefine.com](mailto:shane@shanehedefine.com)  
Serving Campbell River and the Discovery Islands

Thinking of buying or selling  
Call for a free market evaluation today

**RE/MAX**  **Check Realty**  
Each Office Independently Owned and Operated

Office: 250-204-3187 Fax: 250-204-6144  
158 Island Highway, Campbell River, BC V9W 2C3

## Broom Mop-Up at Rebecca Spit

**JUST WHEN YOU THINK** the job is finished, there's more! Our small band of volunteers pulled everything they could see this spring, as usual. Then we also like to do a mop-up walk in May, when it is much easier to see the broom because of its bright yellow flowers. And indeed, as usual, we found some more stragglers, hiding in the undergrowth.



### A LITTLE HISTORY ABOUT THE SPIT BROOM PULL:

It's now 21 years since we started tackling broom at the Spit. Why? Because it was taking over sunny habitat that some native species need, e.g. butterflies. There was a lot of it but mainly in seven infested areas. We really had no idea what we were in for and no idea how long the seedbed would keep sprouting. Our aim was to prevent seed drop, so we pulled everything that was blooming, ideally before the seed pods filled out. Now we know from personal experience that the seedbed is viable for at least 21 years! Our suspicion is that it might be good for 40 years or more.

During Covid we stopped advertising the broom pull as a public event. A few volunteers just kept on with the work each year. However, now that we are all 21 years older than when we started, **WE WOULD WELCOME SOME YOUNGER VOLUNTEERS.** It would be a pity to abandon the work now as this invasive plant would be quick to take over again. There are still seeds ready to sprout annually from that old seed bed. No, the birds do not bring hundreds or thousands of broom seeds to the Spit annually. They do, however, spread Holly seeds around, and that's the next very difficult invasive. Some of you will be aware of this already.

If you love the Spit and appreciate walking there, you might come across the odd broom plant. Please pull it.

If you aren't sure how to tackle broom on your own property, feel free to call Riki, 285 2640.

If you'd like to volunteer, please call Carol 285 3157 or Riki 285 2640. Volunteering can be as little as an hour or two per year, usually in spring or fall.

Riki Vogt

## Quadra Circle Presents...

**SILVER SCREAMERS** is a heartwarming and hilariously spooky documentary that follows a gutsy gang of golden-aged go-getters as they dive headfirst into the bloody world of horror film making. Guided by a maverick local filmmaker, this crew fends off low-budget chaos, technical hiccups, and the occasional flying fake limb – all with outrageous humour, big-hearted mischief, and unbreakable spirit. As they chase their monstrous movie dreams, they unleash hidden talents, spark riotous friendships, and prove that creativity and a good scare is ageless. Silver Screammers is an uproarious tribute to late-in-life reinvention, daring dreams, and finding your inner scream queen or king.

Who else but a fearless crew of seniors would dare to create a wildly subversive, anti-landlord horror film – starring one ravenous, otherworldly second-hand floor rug?

Join us as we participate in a nationwide screening of 'Silver Screammers' 95 minutes, celebrating National Seniors Week, June 1-5.

Presented by Quadra Circle Community Connection Society, on Monday June 1 at 1pm at the Quadra Legion. See you there!

View the official movie trailer here:

<https://youtu.be/DpT0fO2svr8?si=nuf8hoKW2IZzsASv>

View 'The Rug,' an 11-minute short film on which the documentary is based: [https://youtu.be/\\_qeGCVSNeSg?si=7o8\\_JEM30D-tuYh6](https://youtu.be/_qeGCVSNeSg?si=7o8_JEM30D-tuYh6)



## MAY DAY 2026: Fly Me to the Moon!

What an incredible day! The costumes, the parade, the weather, the community spirit, the May Pole Dancers, ALL of it was a huge success because of so many people. It takes a village to keep this annual tradition going, and we would like to honour all the amazing volunteers who contribute to the magic. **THANK YOU!**

**STAGE:** Thanks to Mel & Ross Doak for supplying and setting up the stage! They keep the supplies stored safely year-round and bring it to the spit the night before so the families of the Royal Court can decorate it. Amazing! Also, thanks for donating the Porta Potties each year.

**PARADE MARSHALING:** Led by Dee McPhee and her wonderful team of helpers: Sofia McPhee, Derek McPhee, Ishan Dennis McMahan, Donna Nickoloff, Michelle Crosby and Joe Bridle.

**MAY POLE DANCERS:** Instructors: Mandy Hart Lunabelle Loiseau-Tremblay, Hazel Neri and helper Fern James. Thanks also to the staff at the Quadra Elementary. Special thanks to live May Pole music by: Fern Kornelsen and Miray Campbell.



**MONARCH AND COURT:** Retiring 2025 May Monarch: Aurelia Nammour and Escort Eden Shoichate.

**2026 MAY MONARCH:** Liv Ross and Escort Emmett Swanson, Bella Gonzales and Escort Lilah Mallis-Tolley, Talia Munn and Escort Deklan Gilbert. Special thanks to Robin Beaton, Libby Bawks-Smith and Sofia McPhee for being the May Monarch organizers extraordinaire! Thanks to the parents of the retiring court for their help organizing the decorations.

**BOX LUNCH AUCTION:** Organizer: Ginny Hunneke. Shoutout to auctioneer team from the CCCU Sarah Bible and Emily Whitfield! Thanks to Heriot Bay TruValue for storing lunches in their walk-in cooler overnight and also to Fern James for transporting lunches to the spit early Saturday morning.

**BEAUTIFUL BOXED LUNCHES** provided by incredible local businesses: Walcan "See Change" Seafoods, The Clove, Yellow Rose, Gowland Harbour Resort, Café Aroma, The Cove Pharmacy, Coveside Seafood Eatery, Island Farm to Table, Fermentations, Heriot Bay Inn, Java Bay Café and Friends, Gas & Go, The Q: Quadra Island Golf Club, TruValue Foods Heriot Bay, TruValue Foods Quathiaski Cove, Coastal Community Credit Union, "Quadra Goddesses": Pan Pan Bread, Tantrum No. 1, Fruition Farm, Southend Farm Winery, Little Orchard Market & Heriot Hideaway. Huge thanks to everyone who bid on the lunches and helped fundraise for next year's May Day!

**CONCESSION:** Organizer EXTRAORDINAIRE – Mornay Vanzyl. Helpers: Angela Vanzyl and Jill Ross. Volunteers: Steve Eley, Steve Remedio, Marc Doll, Phil Hawkins, Thom Knutson, Kent Macaulay, Mary Melnechenko, Afton McCauley, Leib & Danielle Ostrow, Jamie Black, Ginny Hunneke, Margrit Johnson, Kathryn Manry, Melanie Circle, The ONION KING: Bruce Classen and the one and only Rome!

**RACES:** Led by Marni McMahan and helpers: Kaz Jones, Phil Johnston, Maks Andrejczuk, Paige Burton, Jess Nycholat, Darcy and Tallaluna Greenland, Rowan and Mabel Weeks-Smith and Helen Irwin the ribbon master.

**FACE PAINTING:** Led by Megan Hartley and volunteers: Laurie Hartley, Aquilina Mitchell, Cedar-Rose Zuk, Danielle Turpin, Heidi Ridgeway and Katiyanna Dyke.

**SHUTTLE:** Spirit of the West Adventures



**LAND BLESSING:** Thank you to Sing for Pure Joy, led by Mary Dennison and Kate Alexandra, for their beautiful rendition of 'Humbly' along with the Quadra Elementary K-1 Class. Special thanks as well to Mary and Kate for leading us in O Canada.

**GREASE POLE:** Doug and Gretchen Peters

**DRIFTWOOD SCULPTURE BUILDING:** Barb Mindell and helpers

**VOLLEYBALL:** Katie Field, Brandon Pirie & Family

**PARKING:** Paul Ryan, Jen Doll and Jamie Black

**SET UP AND CLEAN UP:** Huge shoutout to Mornay Vanzyl. Thank you as well to many members of the Quadra Island Fire Department – too many to keep track of, thank you!

**SOUND:** Daniel Sutherland for the loan of his sound equipment

**CARETAKERS:** Jamie Swanson and family... Thanks for keeping the set up safe overnight!

**ENTERTAINMENT:** Sarah Sopracolle from Sound Seed Yoga for the beautiful Cosmic Sound Bath!

**CLEAN UP AND RECYCLING:** Waste Management for donating dumpster and recycling bins.

**2025 DEDICATION:** Thanks to Jeanne Stoppard for presenting the dedication to the DOAK FAMILY: Betty, Mel and Ross.

**GRADE 5 PICNIC:** Thanks go to parents: Tracy Sinclair, Kirstie Stewart and Lana Tehennepe-Munn for organizing and helping day-of. Thanks to CCCU for the event tent.

**PHOTOGRAPHERS:** Anika Tokarchuk and Marjorie Luce-Haddon photos this page; Olivia McCauley, Diane Yusko-Fielding

**SPECIAL APPRECIATIONS TO:**

- Quadra Builders for BBQ drop off/pick up
- Walcan Seafood for the ice • Michael Kinser for the BBQ's
- The Discovery Islander for advertising
- Ambulance Crew • Fire Department
- Campbell River Pipe Band
- RCMP for leading the parade: Corporal Nick Morden and Constable Julie Clelland
- Coffee Donations by Aroma Coffee Roasters: Helene Arsenault
- Kindergarten Teacher Lesley Brown for helping the K class at the ceremony
- Rebecca Spit Park Operators for extra amazing park prep!
- May Day Poster Design by Sarah James Design and name painting by Elke River



- Graham, Steve and Richard Swanson and family for float trucks
- All the 'fancy' cars and drivers for the Monarch and Royal Court
- The secret parade judges you know who you are!

- The May Day theme selection committee
- And all of YOU who put effort into the AMAZING floats and costumes!

**HUGE THANKS TO EVERYONE**

who helped bring 2026 May Day magic to life! It all came together beautifully thanks to the incredible support of this community. If we happened to miss your name on the thank-you list, please know how much we appreciate you! See you all again next year!

*With much appreciation and gratitude,  
Jane West, Executive Director  
and Bradford Vinson, Program Co-Ordinator  
Quadra Island Community Centre*



**May Monarch Speech 2026 by Liv Ross**

**HI EVERYONE AND WELCOME TO OUR COSMIC CARNIVAL!**

My name is Liv Ross and I am over the moon excited and honored to be your 2026 May Monarch! We are officially cleared for launch so, without further ado, Quadra Island: WHO'S READY FOR LIFT-OFF?

First, I would like to acknowledge that we are gathered here today on the ancestral and traditional lands of the Laich-kwil-tach people, including the Wei Wai Kai and Wei Wai Kum nations. I am so grateful that I get to live, learn and celebrate May Day on this beautiful land.

I would also like to thank our retiring May Monarch Aurelia for passing on the crown to me. Your wonderful speech last year was so inspiring, and you

helped make May Day shine so brightly – just like a shooting star guiding us across the sky! Let's give a round of applause to Aurelia!

And now I would like to introduce some other very special people up here with me – my space crew for this cosmic celebration! This is my escort Emmett, and this is my May Court, Talia and Bella, with their escorts Deklan and Lilah. They're all totally awesome and out of this world, so let's give them a round of applause as well!

May Day has been celebrated on Quadra Island for well over a century. It began as a simple picnic to welcome spring and included many traditions brought by early European settlers, such as dancing around the may pole. But just like the moon moves through its phases from a tiny crescent to a full glowing moon our May Day traditions

have also changed and grown over time. This year's theme, "Fly Me to the Moon – Join the Cosmic Carnival" reminds us of that journey. What started as a small picnic has become a big, fun celebration FULL of imagination and cosmic magic.

I love so much about May Day, from the foot races to the rootbeer floats and the fun costumes to riding in the parade. But my very favorite memory was definitely May Pole dancing! My mom did it too when she was in Grade 3, which made it feel extra special. We even wore the same color pinafores and now we both have our flower wreaths at

home together. I feel really lucky that my great grandparents moved to Quadra Island and that I'm now the fourth generation in my family to enjoy May Day. It makes me proud to be part of something my family has grown up with, sharing the same traditions and memories years apart but always connected underneath the same moon.

To me, May Day means more than just a celebration. It means kindness and community. It's about being part of something bigger than ourselves like we're all stars in a galaxy that shine brighter when we're together!

So I would like to give a big thank-you to all the volunteers who worked so hard to make today possible. And thank you to all of you for being part of it and for bringing your energy and light. You are what makes May Day shine so bright here in our own special corner of the universe!

Thank you for letting me be your 2026 May Monarch!

And as you continue your journey through this Cosmic Carnival, remember: you don't need a rocket to reach the stars, just dream big, shine bright, and continue to lift each other up!

Quadra Island, mission complete, we have officially landed! Thank you!

# Opinion

## The Silence Was Deafening

**THE OTHER DAY** I dragged myself to a meeting at the QICC entitled, “Public meeting with Aaron Gunn MP – Everyone welcome,” *as long as you register*. Approximately 75 constituents attended. There were many familiar faces. I had low expectations regarding the meeting content and the outcomes. However, I felt it was my civic duty to attend and hear him out because he was a no show at our All Candidates meeting back in April 2025 – one of many AC meetings he skipped out on.

Gunn explained why he didn’t put in an appearance at the only event on Quadra where voters could meet and hear all the federal candidates at the same time in the same venue. It’s really an informal candidate job interview. But according to Gunn, a certain unnamed person from the federal conservative party executive residing 5,000 kilometres away in another province had directed him not to attend. Not convincing. But if that was the real reason, then my response is to “grow a spine.”

But these days, rules and social norms only apply to constituents. Having not registered I fully expected I would be shown the exit the moment I got there. However, I managed to slither past security and took my seat. I didn’t see the sign at the door warning everyone to behave.

At 6pm sharp, our member of parliament with an annual salary of \$217,000 who has taken over a year to get his – you know what – to a public meeting on Quadra approached the podium and explained his meeting process. We had to write our questions down on a piece of paper, his assistant would read them out and he would answer them. He said he was looking forward to hearing from us – but not at this meeting but maybe after the meeting or at the pub.

Then he spent the next 25 minutes talking AT us. It was the most boring, mind numbing, profoundly uninspiring lecture on conservative policies from our self indulgent M.P. Then the next 90 minutes was taken up by Aaron answering the written questions. Yawn. The cognitive dissonance I experienced from the plethora of contradictions I was hearing was truly mind boggling. He is such a control freak, no one, not even his own supporters, could utter a word. I vacillated between being outraged by this muzzling and frequent napping.

However I did wake up when it came to a question about the genocide in Gaza. Not satisfied with his indifference to the plight of

the Palestinians, I yelled out, “It’s a massacre!” and fully expected to be hauled out of the building clutching my notebook and fending off security with my crazy cat lady pillow as shown.

I wonder if anyone would have come to my rescue? Maybe the takedown would have turned into a full blown community hall brawl.

That certainly would have livened things up. But, believe it or not, those were the only three words uttered by the public during the entire two plus hours. This must be a new record for Quadra! Let’s hope silence at our “public” meetings doesn’t become a trend.

I’ve been to hundreds of public meetings and over the years I’ve observed they can sometimes be a popular form of free entertainment. When I lived in Lund, the locals would line up at the back of the hall and make jokes and hurl insults at whoever happened to be unfortunate enough to be at the front of the room. I remember the time when John Keyes stood on a chair and threatened to shoot down the helicopter if they dared come within a 100 miles of the Okeover watershed with their BTK pesticide spray used to kill caterpillars. It was the Agriculture Canada reps who slithered back to their hotel rooms that night.

I have been to many events at our community centre. It’s a place of joy, learning and where we often rigorously debate issues. This may come as a surprise to our not-so-humble MP, but public participation and engaging in lively repartee is a sign of a healthy community.

After Aaron Gunn graced us with his presence, I wanted to smudge the hall to cleanse it of his bad energy. My advice to you, Mr. Gunn: go home and take your private security detail with you. Don’t come back unless you are prepared to play by our rules which allows open debate and public participation on the many issues that are very important to our community.  
*Claire Heffernan*

*Postscript:*



Who's Funding Aaron Gunn?

[https://www.bchistoryboy.ca/p/whos-funding-aaron-gunn?utm\\_campaign=post&utm\\_medium=web](https://www.bchistoryboy.ca/p/whos-funding-aaron-gunn?utm_campaign=post&utm_medium=web)



**QUADRATE VENTURES INC.**  
Building A Better Quadra Island

- Custom Homes
- Commercial Buildings
- Additions/Renovations
- Wood Kiln Drying
- Qualified Journeyman Carpenters
- BC Licensed Residential Builder
- National Home Warranty Approved
- Insulated Concrete Forms (ICF) Specialists




[www.quadrateventures.ca](http://www.quadrateventures.ca)      250-202-5152  
quadrate01@gmail.com



## QI Outdoor Club Upcoming Events

With summer around the corner, here are the upcoming trips:

**3 June, Wednesday** – Hiking the Elk Falls and Canyon View trails

**10 June, Wednesday** – Hiking to Mt. Lolo

We have a great mix of classic and less visited sites coming up in the next month, and kayaking as well as hiking. Join us if you can. The details for these outings can be found at the new summer schedule: <https://qioutdoorclub.org/schedule-summer-2026/>

For more information about the Outdoor Club, please visit [qioutdoorclub@gmail.com](mailto:qioutdoorclub@gmail.com).

For more information about the Outdoor Club, please visit [qioutdoorclub@gmail.com](mailto:qioutdoorclub@gmail.com).

## Walk-a-Thon Thanks You!

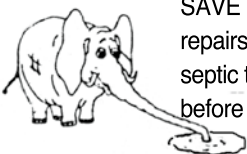
**THE FIRST** Quadra Elementary Walk-a-Thon WAT was held at the school on May 8th and raised \$3700! A big thank you to all the community members who generously pledged our students. Each class walked for 30 minutes around the back field, where there was music, bubbles, and instruments. The top two classes from the lower and higher grades won a pizza party. Thank you to The Clove for contributing towards the cost of the pizzas!

This fundraiser is especially valuable because it puts the students in charge of raising money, and is a great opportunity to meet your neighbours and support your school. Our goal is to build an outdoor classroom, as well as to raise funds towards much-needed fieldtrips and other school costs. The PAC Parents Advisory Committee currently subsidizes field trips and school costs, and the need for this is likely to increase.

If you have any questions or comments, or wish to get involved, please email: [Quadrawalkathon@gmail.com](mailto:Quadrawalkathon@gmail.com)

## ALL CLEAR SEPTIC SERVICE

Have you thought about your septic tank in the last 3 or 4 years?



SAVE costly drain field repairs by having your septic tank pumped out before trouble attacks!

Call Ross Doak **250 204 1197**

## Quadra Island Farmers' Market

**COME FIND** beautiful handmade clothing and so many talented artisans at the Quadra Island Market every Saturday, from May through September, from 10 to 2 on the field beside beautiful Café Aroma.

Great live music:

**MAY 30** Marnie Younger

**JUNE 6** Dave Blinzinger

*Photo: Laat Living natural fibers and eco dyed/printed accessories for home and body.*

*Susan Bishop creates and sews gorgeous flowing fashions. Come try some on! You'll find her behind the Credit Union change booth on site.*



## May Day: It Takes a Village!

**WE WOULD LIKE** to thank the following people for their help with the magic of Maypole Dancing! The Doak Family for storing and bringing our Maypole every year; Heriot Bay TruValue Foods for the treat bags for the kids; Hazel Neri Eley for joining us this year to teach the kids; Jamie Swanson and the Quadra Elementary PAC for helping us with Maypole outfits and head wreaths; Fern Kornelsen and Miray Campbell for giving us

lovely live music to dance to; Fern James for her much appreciated help with the float, pole set-up and kid wrangling; Chad Swanson and Quadra Builders for supplying the truck for the float, and Jamie Eley as our truck driver; Tara Taylor and Bryce Young for supplying the float benches; Linda McCluskey for her unwavering, continued support. Also, a massive thank you to the parents for trusting us with your kids... and to the children who danced Maypole this year, we are so proud of you!

*Luna Loiseau-Tremblay & Mandy Hart*

## Struggling to Hear? We Can Help.

### Excuse Me Hearing

A Small, Canadian, Family-Owned Hearing Company Making a Big Difference.

- ✓ Affordable Hearing Aids
- ✓ Personalized Compassionate Care
- ✓ No Pressure, Just Real Support

*Helping our community hear better every day.*



**WE LOVE  
WALK-INS!**  
*Coffee on us!*



 excuse me hearing

**Call Us! 778-346-3277**

[www.excuseme.ca](http://www.excuseme.ca)

 Unit C, 975 Shoppers Row, Campbell River

**Across from the Quadra Island Ferry**

*(Beside the Coast Hotel)*



# A Day of Giving and Receiving

**MARK YOUR CALENDARS** for Quadra Free Day, a community-wide event where residents give away items they no longer need and discover useful treasures from others. Whether you're decluttering, downsizing, or simply looking to pass along gently used belongings, this is a great opportunity to share, reuse, and connect.

## EVENT DETAILS

Saturday, June 13 from 9am to 5pm at participating residences across Quadra Island.

### What to Put Out:

Place reusable items in a clearly visible spot on your property. Items may include:

- Household indoor and outdoor furniture, kitchenware, etc.
- Plants and gardening tools
- Toys, bikes, and outdoor gear
- Tools and hardware
- ... and more

Please ensure all items are in good condition and ready for a second life.

Explore what others have to offer—you never know what you might find!

### If You're Participating:

- Place items in a safe, accessible location between 9am and 5pm.
- Clearly mark them "FREE."
- At day's end, please remove any unclaimed items to help keep our roadsides tidy.

**Register Your Address** to be included on the official "clip-and-go" list of participating homes, by May 30.

**Contact:** Jan Gladish.  
Phone 250 285 2111 and leave a message, or email [jan.gladish@gmail.com](mailto:jan.gladish@gmail.com)

Participating addresses will be published in advance so residents can plan their route for the day.

Quadra Free Day is a wonderful way to reduce waste, support reuse, and strengthen community connections. We look forward to it!

## What If We Actually Fixed the Forestry System?

**The New Forest Act: A Public Presentation**  
A proposed new framework for how forests are managed in British Columbia.

Saturday, June 13, 7pm  
Quadra Island Community Centre  
Presentation and Q&A  
with Jennifer Houghton, New Forest Act Project, Campaign Director  
Details at: [boundaryforest.org](http://boundaryforest.org)

**ACROSS BRITISH COLUMBIA**, people are paying attention to what is happening in our forests as they see the effects in their day to day lives.

On the coast, that often shows up in very real ways. Streams do not behave the way they used to. Salmon runs are under pressure. Local groups are constantly monitoring, restoring, and trying to respond. A lot of people are doing good work. But there is a question underneath it all.

## Your Guides to Island Adventure



Available at:

Volume II Bookstore in  
Quathiaski Cove

Online at: [www.wildisle.ca](http://www.wildisle.ca)  
(Choose 'Local Pick Up'  
from the delivery options)

Why are communities managing the impacts instead of fixing the system that is causing them?

That question led to the development of the New Forest Act, a full legislative proposal designed by citizens to replace BC's current forestry framework.

This is not about small changes or better guidelines. It is a proposal to restructure how decisions are made, how forests are managed, and how communities are involved. The focus is on ecological limits, long term stability, and keeping forestry working for people on the ground.

In June, I will be traveling across the province presenting the New Forest Act in a series of public meetings. Quadra Island is one of those stops.

This is not a protest or a panel discussion. It is a focused presentation and Q&A centered on the New Forest Act itself: how it works, how it would change decision-making and forest management in B.C., and how it is designed to produce different outcomes for watersheds, ecosystems, forestry workers, and communities. The presentation explains the structure of the proposal, including its Protect, Restore, and Harvest framework, and how the current volume-based system would be replaced with management based on ecological limits and long-term public benefit.

If you have been following forestry issues or dealing with the impacts in your own community, this offers something that is often missing. A clear and practical alternative.

*Jennifer Houghton*

**WESTCOAST FISHING TACKLE**

**QUADRA Island BUILDERS**

**Scotchy**

**COME CHECK OUT OUR FISHING SECTION**  
BIGGER AND BETTER THAN EVER!

**Hours:** Mon-Fri 8-5, Sat 9-5, Sun Closed  
**635 Noble Road** (corner of Green & Noble)  
[www.quadrabuilders.com](http://www.quadrabuilders.com) Delivery to Cortes up to 3 days a week

**Phone:** 250-285-3221  
**Toll-free:** 1-877-585-3221  
**Fax:** 1-866-509-8928

# Regional Director's Report

**Hello,**

May Day was such fun! Lovely weather, parading moon beams, star goddesses and black holes, May Pole ribbon dances, picnic lunches and races... huge gratitude to the many hands who shaped and created this community building event! This report focuses on our Area C Official Community Plan, what's next in that process, and a Strathcona Gardens Service update.

## OFFICIAL COMMUNITY PLAN PROCESS

The series of OCP meetings this spring has been informative, with Islanders sharing their visions and concerns on many different topics. We've discussed settlement areas & housing; agriculture & aquaculture; tourism, home occupations, & economic development; water & waste; and more. SRD Planners have been listening carefully and taking many notes at the in-person OCP meetings on Quadra, Read, & Sonora Islands.

SRD staff are compiling all the community contributions into 'What We Heard' reports which are available to read at [srd.ca/area-c-ocp](http://srd.ca/area-c-ocp). If you have thoughts or input on OCP topics, you're welcome to send them by email to [planning@srd.ca](mailto:planning@srd.ca) or call 250-830-6718 to reach the Planning department.

## UPCOMING OCP DISCUSSIONS

There are three further in-person OCP community discussion scheduled, one on Quadra and two at Surge Narrows.

**Upcoming at the Quadra Island Community Centre at 6pm:**

**June 24:** Silviculture, Energy, Natural Resources, Industrial Areas

**Upcoming at the Surge Narrows Bunk House at 1pm:**

**June 3:** Transportation, Wharves & Moorage, Trails & Parks

**July 8:** Silviculture & Forestry

## OWEN BAY

Recently SRD staff and I were invited to Owen Bay on Sonora Island for an OCP discussion and walking tour. It was valuable to learn about the challenges and opportunities from folks living off-grid in this ocean-accessible-only, connected community. Other remote communities are invited to connect with myself or [planning@srd.ca](mailto:planning@srd.ca) to discuss a potential community OCP meeting if this is of interest.

## ICSP A GUIDING OCP DOCUMENT

In 2023 the Area C Integrated Community Sustainability Plan ICSP was adopted by the SRD Board. The ICSP established a long-term vision and goals for Area C and it guides the development of the Official Community Plan.

The ICSP's vision is Area C is a beautiful coastal area of high ecological diversity and unique communities working to protect the natural environment, mitigate climate change, maintain their rural character and community vitality, and meet diverse community needs without compromising the ability of future generations to meet theirs.

## NEXT OCP STEPS

SRD Planning staff are using the community input they've gathered at community discussions and meetings with community groups to craft draft policies and objectives. These drafts will be shared with our communities likely fall 2026 along with maps for further community input; as well, an OCP workbook will be mailed to all remote residents. Following this engagement further revisions will be made before the updated draft is formally referred to First Nations and government agencies. Next a draft will be presented to the Board for first and second readings, following which a formal Public Hearing will happen before the Board considers final adoption, likely in 2027.

## STRATHCONA GARDENS SERVICE UPDATE

Since the April 29 Board meeting, I've had an opportunity to meet with the Inspector of Municipalities and provincial Municipal Affairs staff to discuss the very real concerns of Quadra Island residents being taxed for

the Strathcona Gardens service and associated debt they had no voice in approving.

The Inspector of Municipalities informed me that they are looking closely at Bylaw 643 and that the volume of concerned correspondence has played a part in this. Municipal Affairs staff mentioned that they have read the hundreds of letters from Quadra residents and will reply once they have more information, as they want to send appropriate responses. There was no timeline shared as to when their decision would be finalized.

## CONNECT

You're welcome to connect with me with questions or concerns: email [RMawhinney@srd.ca](mailto:RMawhinney@srd.ca), or call 250.203.2468. Visit [RobynMawhinney.ca](http://RobynMawhinney.ca) for links to helpful community resources and 'back issues' of Director Reports. Visit [srd.ca/government/agendas-minutes](http://srd.ca/government/agendas-minutes) to keep up to date on SRD governance happenings.

*Until next time,*

*Respectfully,*

*Robyn Mawhinney*

**QUADRA ISLAND Seniors HOUSING SOCIETY**

# SPRING RAFFLE WIN BIG-GIVE BACK

Supporting Quadra Island Seniors Housing

## ONLY 3 DAYS LEFT

🎉 Raffle Ends May 31st 🎉

### 5 Amazing Prize Packages valued over \$8000

**Ticket Prices** 1 for \$25 | 4 for \$90 | 8 for \$175

Tickets available: **ONLINE**

**INSPIRATIONS (The Cove)**  
**COPPER COAST (Heriot Bay)**

**FOR DETAILS ON PRIZE PACKAGES & RAFFLE TICKET PURCHASE:**  
**QISENIORSHOUSINGSOCIETY.CA**

## SIMMONS CONTRACTING

DRIVEWAYS • DRAINAGE • ROCKWORK  
SERVICE TRENCHING • FOUNDATIONS  
5 YRD DUMP TRUCK • 5 TON EXCAVATOR

EAMON SIMMONS 250 204 0259 ESIMMONS@CONTRACTING@GMAIL.COM

NEXT  
DISCOVERY ISLANDER  
DEADLINE  
Monday, June 8 @ 7pm

LET'S RAISE A ROOF!  
THIS SUMMER FOR  
QUADRA CHILDREN'S CENTRE



donate today | now through july  
quadrachildrencentre.com/donate

## Complete Construction Services

Custom Homes  
Renovations  
Fine Finishing

Compact Excavator  
Loader Services

John Seffzig  
CONSTRUCTION

Journeyman Carpenters  
BC Licensed Residential Builder  
Home Warranty

T/F: 250-285-3982  
johnseffzigconstruction.ca

## Medical Orders for Scope of Treatment

**THE MEDICAL ORDERS** for Scope of Treatment MOST form is an important healthcare planning tool used within Island Health and across many healthcare settings in British Columbia. Its purpose is to ensure that a person's healthcare wishes are clearly understood and respected, especially during medical emergencies or situations in which they may no longer be able to communicate their preferences.



Unlike a general advance directive, the MOST form is a medical order completed by a physician or nurse practitioner after a conversation about a person's values, goals, and preferred level of care. The form outlines six different levels of treatment, ranging from comfort care to intensive critical care, including decisions about CPR, intubation, and whether a person wishes to remain comfortable in their long-term care facility rather than be transferred to a hospital.

A MOST form is usually completed by the "Most Responsible Practitioner" — typically a doctor or nurse practitioner — in consultation with the patient. If a patient cannot make decisions independently, discussions involve a Substitute Decision Maker, such as a spouse, adult child, or legally appointed representative. The process is meant to encourage meaningful conversations about quality of life, prognosis, and various medical interventions. The form should be reviewed periodically, especially if a person's health condition or wishes change.

MOST is especially useful for adults with chronic illnesses, frailty, or life-limiting conditions. It is commonly used — and

often required — in hospitals, long-term care homes, assisted living settings, and community healthcare. In emergencies, paramedics and hospital staff can quickly refer to the MOST form to understand the patient's desired scope of treatment. This helps avoid unwanted or overly aggressive interventions while ensuring appropriate care is delivered promptly.

For an older adult living independently at home, the most immediate question may be: If my heart stops beating or I stop breathing, do I want paramedics to perform CPR? While CPR can save lives, it is often less effective for frail or elderly people, particularly those with underlying health conditions, and it can also cause harm. A No CPR form, completed by a doctor or nurse practitioner at the request of an individual, remains a clear and effective document. Paramedics are instructed to look on the front of the fridge for important healthcare documents.

While a No CPR form addresses a single healthcare intervention, the MOST form is broader and more comprehensive. One of its key benefits is improved communication among patients, families, and healthcare providers. Ultimately, the MOST form is an Advance Care Planning tool that supports patient-centred care by helping healthcare teams provide treatment that respects personal values, dignity, and quality of life.

Way To Go supports our community in preparing for end-of-life through conversation and education. We help loved ones care for their own dying and deceased by offering guidance, empowerment, and assistance from diagnosis through death and after death, making home-based, holistic care more accessible. Join us for A Walk in the Memorial Park at the community cemetery on Saturday, May 30, from 2:00–4:00 p.m.

*Margaret Verschuur*

## THE NEW FOREST ACT

The future of forestry in BC  
Presentation with Q&A

### QUADRA ISLAND

June 13 | 7:00 PM  
Quadra Island Community Centre

A citizen-led legislative proposal

Learn what this means  
for your community

Free event • Donations welcome

boundaryforest.org

Sponsored by  
Watershed Sentinel  
Sentinel Educational  
Foundation

# Quadra Island Health Society Engages the Quadra Island Foundation to Help Secure the Island's Medical Future

**FOR OUR ISLAND COMMUNITY**, access to a family doctor isn't a convenience – it's a lifeline. That lifeline is now at risk for over 1000 islanders.

Dr. Hughes, a cornerstone of the Quadra Island Health Society clinic, is set to retire this September, leaving the community facing the very real prospect of losing this important medical practice and all the associated health programs this clinic offers. In response, two of the island's most dedicated community organizations have joined forces to ensure that doesn't happen.

The Quadra Island Health Society has reached out to the Quadra Island Foundation QIF to extend its charitable umbrella over a critical fundraising effort. The QIF has agreed to administer, oversee, and manage what is being called the Health Access Fund – a targeted campaign with a goal of raising \$50,000 to secure a replacement physician for the clinic.

“Every Islander benefits from the services offered by the volunteer run Quadra Island Health Society whether they be direct patients or not. The variety of medical services and programs offered by the QIHS are fundamental to our community and we are proud to support the Health Society in making sure Quadra Islanders don't have to travel off-island for basic medical care,” said Marc Doll, the Chair of the Quadra Island Foundation.

The funds raised will be used to engage Canada Medical Careers, a professional medical recruiting agency specializing in physician placement. The agency will lead the search and facilitate the hiring process to find a doctor willing to make Quadra Island their home and practice.

The \$50,000 target reflects the real-world costs of professional medical recruitment – a process that, done right, takes specialized expertise, national reach, and considerable effort. Without a coordinated and well-resourced search, communities like Quadra Island often find themselves at the back of a long line, competing with urban centres and larger municipalities for a limited pool of available physicians.

The Quadra Island Foundation is now accepting donations to the Health Access Fund. Charitable tax receipts will be issued for all individual donations of \$50 or more. Donations can be made by contacting the Foundation directly at: [giving@QuadraIslandFoundation.ca](mailto:giving@QuadraIslandFoundation.ca) Donations can also be made directly to the Quadra Island Foundation 'Donations' account the CCCU.

Community members, local businesses, and anyone who has ever relied on – or simply valued having a doctor on the island or any of the multitude of other programs and services offered by Quadra Island Medical Clinic are encouraged to contribute.



The clock is ticking. Dr. Hughes' retirement in September means the search must begin now. The Quadra Island Foundation is asking the community to act with the same spirit of neighbourliness that has always defined island life.

**For more information or to make a donation, please contact the Quadra Island Foundation at [Chair@QuadraIslandFoundation.ca](mailto:Chair@QuadraIslandFoundation.ca)**

## MATCHING DONATIONS

Quadra Islander Bob Barrett contacted QIHS and QIF and generously offered to **match donations made between May 23 and May 30**, up to \$10,000. Fundraising will be ongoing until QIHS and QIF have raised the requisite \$50,000. The Society directors are anticipating that these funds will succeed in bringing a new doctor to our island. And with a new physician as the clinic anchor, QIHS will be able to maintain all the Health Services they have worked to bring to Quadra residents.

## ABOUT BOB BARRETT:

*From a conversation with Betty Doak of QIHS*

“I created an engineering design/build company to provide emergency response to landslides, rockfalls, flood damage and other adverse geological events. The company has offices in Canada, New Zealand, and the US. My son Colby later assumed ownership, and then sold our company in 2024. I have a foundation that supports providing childhood nutrition information and education. Colby is now involved in safeguarding Evangelical Christians from Russian persecution in Ukraine. He has a new documentary on YouTube, ‘A Faith Under Siege.’

“Our family purchased Grouse Island to create a family retreat. One of our first tasks is restoration of the historic machine shop that is currently in disrepair. We also purchased the 3-acre lot on Quadra across from Grouse Island to construct a public dock below and create some type of development above, one that's compatible with the Quadra Island local planning and zoning intent.”

**360 Cape Mudge Road \$699,000**  
5 Acres, 2 homes

**Roman Krzaczek**  
604-787-4594 REALTOR\*  
[RomanKrzaczek.ca](http://RomanKrzaczek.ca) real

# Harmony by the Sea: QI Festival of Chamber Music

## June 22-26, 2026

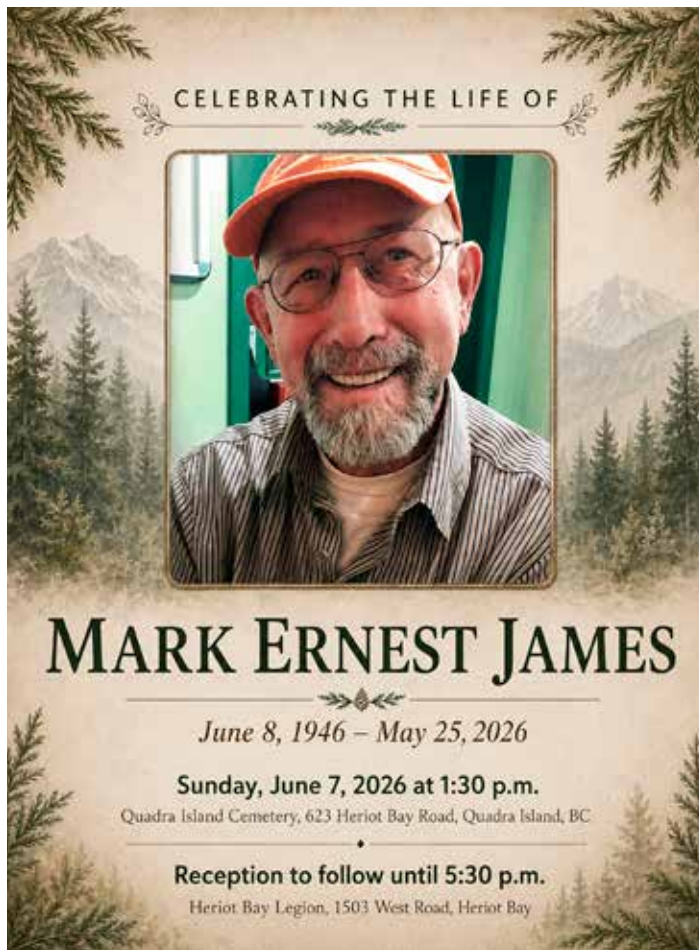
**THIS JUNE**, the sounds of world-class chamber music will once again fill the forests, shores, and community spaces of Quadra Island. From June 22 to 26, the Quadra Island Festival of Chamber Music invites audiences to experience an intimate and inspiring celebration of live performance surrounded by the island's natural beauty.

The festival brings together exceptional musicians from across Canada and beyond for four days of concerts, collaborations, and community spirit. Audiences can look forward to innovative programming that pairs beloved classics with fresh contemporary works — all performed in the festival's signature warm, informal atmosphere.


"The magic of this festival comes from the closeness," says Phil Hansen, artistic director. "You're not sitting in a concert hall; you're sharing the space with the artists, hearing and feeling every note."

Highlights of the 2026 season include:

- The Monday opening concert titled "Serenade" at the Quadra Island United Church on June 22, setting the tone with a vibrant mix of Beethoven, Faure' and Saint-Saens, Persichetti and Glass.
- Tuesday's "Intimate Conversations" at the Quadra Community Centre will include pieces by a trio of composers – Paul Reade, Debussy and Schubert.
- For those who managed to snag the bundled tickets for the week, "A Classical Panorama" on Thursday will have everyone at the SouthEnd Winery swaying to Piazzola, enraptured by Rossini and Kummer, and intent on Mayazumi and an original piece by Phil Hansen.



CELEBRATING THE LIFE OF



**MARK ERNEST JAMES**

June 8, 1946 – May 25, 2026

Sunday, June 7, 2026 at 1:30 p.m.  
Quadra Island Cemetery, 623 Heriot Bay Road, Quadra Island, BC

Reception to follow until 5:30 p.m.  
Heriot Bay Legion, 1503 West Road, Heriot Bay

- Friday ends the week with "Spark, Shadow and Shimmer," from Mozart, Bruch and Ravel, again at the Quadra Community Centre. From piano to accordion, cello, violin, viola, flute and clarinet, the festival will include a harpist on several of the days, with many favourite performers from previous concerts and a couple of new faces.

When audiences first encountered Yuuto Matsumura McKee at the Quadra Island Festival of Chamber Music in 2023, it was clear they were witnessing something special. At just seven years old, Yuuto took the stage with remarkable poise, musical sensitivity, and a level of artistry far beyond his years. His performance was a highlight of the festival, capturing the attention and admiration of audiences and fellow musicians alike.

Now, Yuuto returns to the Festival on Tuesday, June 23, no longer just the youngest performer to watch, but an emerging artist continuing to grow in confidence and expression. His return marks not only a personal milestone, but also reflects the festival's commitment to nurturing young talent alongside established, internationally recognized musicians.

Tickets are now selling on Quadra at Inspirations in Quathiaski Cove or Copper Coast in Heriot Bay. Online tickets may be purchased at the Tidemark Theatre. Early booking is recommended, as seating is limited.

Immerse yourself in the beauty of music and nature this June on Quadra — where every performance is a conversation, every note part of the landscape, and every guest becomes part of the festival family.

## Tech Support Continues This Summer!

**WHILE QUADRA LITERACY'S** Digital Support Worker is away for the summer, help is still just a phone call away.

Need help with your phone, tablet, laptop, or computer? You're not alone – and support is available. The Connected Canadians Free Tech Helpline offers patient, one-to-one support for adults 50-plus needing a little extra help with technology. Whether you're struggling with email, video calls, online forms, passwords, apps, or device settings, friendly volunteers are ready to help.

No question is too small. Technology can be frustrating, but getting help shouldn't be. Free, confidential support is available by phone or video call. And the number of appointments is not limited. Call Connected Canadians at 1 877 304 5813 or visit [help.connectedcanadians.ca](http://help.connectedcanadians.ca)

Tech support is also available at Quadra Library by appointment or drop-in on Saturday afternoons.

*Kathie Landry*  
Quadra Literacy Outreach Coordinator  
[quadraliteracynetwork@gmail.com](mailto:quadraliteracynetwork@gmail.com)

### Mobile Heavy Equipment service and repair

Automotive service and repair  
Welding and Fabrication  
Mobile and Quadra shop



**WOLF DEN  
MECHANICAL**  
250-285-2215  
[wolfdenmechanical@gmail.com](mailto:wolfdenmechanical@gmail.com)

### Inspirations



Why catch a ferry?  
Local printing done  
right here on Quadra.  
Photos too!

Tues-Fri: 10-5:30 / Sat: 10-5:00  
285-3334 [qcopies@telus.net](mailto:qcopies@telus.net)

# On Mosaic's Half-Baked Forest Stewardship and full-on pyro-plantations

**JUST OVER A YEAR AGO**, a number of Discovery Islanders co-signed a comment regarding an amendment of TimberWest-Mosaic's forest stewardship plan for the Quadra Island portion of TFL 47. Thanks to those folks who co-signed our original comment.

Among other issues, we objected to TimberWest-Mosaic proposing an "aspatial" approach to conserving old-growth forest on Quadra. TimberWest-Mosaic's amended plan committed to take no immediate action to meet its now 22-year-old legal responsibility to ensure "greater than 9 percent" of its TFL is set aside for old-growth forest as legal old growth management areas. That would require that TimberWest conserve all existing patches of old-forest including the trees in those patches that are not old and commit to conserving areas of older mature forest for old-forest recruitment to make up the full "greater than 9 percent" required by law.

TimberWest-Mosaic didn't bother to respond to our comment. The new Campbell River Forest District manager – Shane Simard – went on to approve the forest stewardship plan.

As a result, in November 2025, the Discovery Islands Forest Conservation Project filed a new complaint with the Forest Practices Board:  
<https://www.discoveryislandsforestconservationproject.ca/engaging-the-mindustry/55/>

Now, after months of negotiations, the Board recently agreed to investigate 3 of the 5 issues raised in our new complaint. The Board has notified the other parties TimberWest-Mosaic and Shane Simard that an investigation is underway. I expect the Board will take 1 to 2 years to issue an investigation report.

I am confident that the end result will be greater certainty about how existing old forest is conserved and how recruitment forest for future old forest will be identified and conserved on Quadra Island.

The Board will also address what we believe is inadequate strategies in TimberWest-Mosaic's forest stewardship plan that are intended to address protection of forest in riparian areas. Under TimberWest-Mosaic's plan, the riparian areas of most small streams in TFL 47 would be completely logged over time.

And the Board will also consider whether District Manager Shane Simard gave sufficient consideration to whether TimberWest had addressed the issues raised in our comment.

Although the wheels of environmental justice grind very slowly, it's better than not turning at all. Eventually, Quadra Island will get legal old-growth management areas and better logging practices regarding conservation of water quality. Hopefully, the forest won't have all burned to the ground in the meantime.

Speaking of which, I have just written another complaint to the Board regarding Mosaic Forest Management's practices that may have played a role in the Mount Underwood Fire near Port Alberni last summer. BC Wildfire Service called the fire's growth "explosive" and "unusual for Vancouver Island." Within 70 hours it became the largest forest fire on the island since 1967.

Seventy percent of the area involved in the fire had been logged over the previous 27 years, leaving a lot of logging debris and thousands of hectares of young, highly flammable plantations.

Neither Mosaic nor the Ministry of Forests is keen on the public knowing why forest fires are getting more "explosive," harder to control, and larger and larger. It's the growing prevalence of pyro-plantations across BC. Mosaic's rate of logging on its own land is amongst the highest in BC.

You can view a 3-minute video explaining why we are filing the complaint about Mosaic's rate of logging and how that affected the fire:

<https://www.evergreenalliance.ca/notices-of-complaint-to-forest-practices-board/2/>

The complaint is summarized in 1000 words here:

<https://www.evergreenalliance.ca/notices-of-complaint-to-forest-practices-board/1/>

Or you can read the full complaint:  
<https://www.evergreenalliance.ca/notices-of-complaint-to-forest-practices-board/3/>

TimberWest-Mosaic's logging on Quadra is occurring at a slower rate than on its private property on Vancouver Island, but where its logging is concentrated along Granite Bay Road a downed power line or some other ignition source could result in a plantation fire similar to what occurred at Mount Underwood.

I encourage you to follow the above links and if you are so inclined, please co-sign the complaint.

Thanks for reading!

Kind regards,

*David Broadland for the Evergreen Alliance and Discovery Islands Forest Conservation Project*

**IF YOU SEE  
SIGNS OF WILDFIRE  
Call 1-800-663-5555  
or 911  
or text \*5555  
on mobile**

*Building for and employing  
islanders since 1980*

## J. Toelle Construction Ltd

- BC licensed residential builder
- Custom homes and renovations
- Resort and commercial buildings
- Energy efficient homes
- Cost effective design



250.285.3783 • [info@jtoelle.com](mailto:info@jtoelle.com) • [www.jtoelle.com](http://www.jtoelle.com)

# Digital Literacy

## You Get What You Pay For - Part 2

**IN MY LAST INSTALLMENT**, I spoke about inexpensive data plans for budget-minded cell phone users. Reducing data usage can save you real money, especially if you are a traveller, are on a minimal data plan, or a pay-as-you-go plan.

Heavy multimedia streaming, background app synchronization, and automatic updates can quietly drain a monthly data allowance long before the billing cycle resets. Managing this consumption does not require sacrificing connectivity; instead, it relies on implementing a few practical, intentional habits to optimize how a device communicates with the network.

### 1. CAPITALIZE ON WI-FI AND OFFLINE MODES

The most straightforward approach to controlling data usage is to offload cell network traffic onto low cost or free wifi networks whenever it is safe and practical to do so.

- **Pre-download Content:** Before leaving a residential or office Wi-Fi network, download music playlists, podcasts, video episodes, and regional navigation maps directly to the local storage of the device.
- **Utilize Offline Features:** Most major streaming services and navigation applications feature dedicated offline modes that completely bypass cellular networks, ensuring that media playback and turn-by-turn directions consume zero mobile bandwidth while on the move.
- **Pro tip:** When you arrive in a foreign destination, leave your phone in flight mode and log into a free wifi source. Then open up Google Maps and locate all the areas you are likely to be visiting. This will pre-load the maps you need to get you started.
- **System updates:** These are usually set by default to occur when the system deems it is required. They can use a large amount of data

and may occur without you being aware of it. You can select an option to only update while connected to wifi.

- **Data Roaming:** If you are outside your phone's coverage geographical area you may incur roaming charges for your cell data. This can be very expensive and may even happen without your knowledge. I once worked in the dockyard, Esquimalt. Often my phone would lose local cell tower coverage and would automatically switch to a Port Angeles tower without my knowledge. After a massive phone bill the first month there, I learned to shut off data roaming in my phone setting.

### 2. AUDIT AND RESTRICT BACKGROUND ACTIVITIES

A significant portion of mobile data usage occurs silently when the phone is resting in a pocket or on a desk. Applications frequently communicate with remote servers to fetch notifications, sync emails, refresh social media feeds, and upload diagnostic logs.

- **Disable Background Refresh:** Both Android and iOS operating systems provide granular control panels within their settings menus, allowing users to disable background data usage on a per-app basis. Restricting these permissions ensures that applications only consume bandwidth when they are actively open on the screen.
  - **Enforce Data Saving Modes:** Activating the built-in 'Data Saver' or 'Low Data Mode' provides a system-wide safety net by automatically compressing web pages, pausing automatic cloud backups, and limiting non-essential background transmissions. This can be accessed through the Settings menu on your phone under Data Usage. Your data usage menu will also give you a running total of cellular data used, over a pre-determined period.
- ### 3. Adjust App-Specific Media Settings
- Modern applications are optimized by default to prioritize the highest available visual quality, which demands substantial bandwidth. Adjusting the internal preferences of frequently used platforms can yield immediate data savings.

- **Turn Off Autoplay:** Video-centric platforms and social media feeds often have video autoplay enabled by default. Toggling this feature off prevents unrequested high-definition video clips from loading as you scroll. For instance, in the Facebook app, you can click on your profile, locate the three horizontal lines in the top left corner of your profile pic, then select settings. On Android

phones, there is an option labelled Cellular data usage where you can shut off autoplay of reels and videos, and reduce the quality of the video to use less data.

- **Lower Streaming Resolution:** Manually adjusting streaming quality from high-definition HD or 4K to standard definition SD or 480p inside media applications drastically reduces the amount of data used without significantly compromising the viewing experience on a compact mobile display.

By taking control of background behaviours, utilizing offline synchronization, and modifying high-drain media settings, users can easily maintain a reliable digital lifestyle without the anxiety of unexpected coverage charges. Digital efficiency is ultimately less about restricting access and more about ensuring that every megabyte used is intentional.

As always, I welcome any feedback on my articles. I am happy to help anyone who wants to learn how to navigate the digital world. You can reach me at [dave@quadraliteracy.com](mailto:dave@quadraliteracy.com)

To book an appointment with our new Digital Support Outreach Worker, contact Grant at [digitalsupport@quadraliteracy.com](mailto:digitalsupport@quadraliteracy.com).

If you have general questions about literacy or need help finding an affordable device, please contact Kathie at [Kathie@quadraliteracy.com](mailto:Kathie@quadraliteracy.com)  
*Dave Tomblin*

---

## Step Into Spring and Support Literacy on Quadra

**THE QUADRA LITERACY NETWORK** is putting its best foot forward with a fun new fundraiser: Spring Socks for Literacy, now available at Quadra Thrift.

Featuring colourful, high-quality socks from Blue Sky Clothing, the sale offers bamboo dress socks and bamboo activewear socks for \$8 a pair or 3 for \$21, and ankle socks for \$6 a pair or 3 for \$15. Available in men's and women's styles, the socks are known for their comfort, breathability, and playful designs.

Community members are invited to stop by, browse the selection, and support local literacy programming while picking up something practical and fun for spring.

Please note that payment is cash only, exact change appreciated.

For more information, contact the Quadra Literacy Network at [quadraliteracynetwork@gmail.com](mailto:quadraliteracynetwork@gmail.com)



**SORENSEN**  
**MACDONALD**  
ENTERPRISE LTD.  
250 • 285 • 3906 / 250 • 203 • 3906  
**Sewer hook-up • Septic systems**  
**Excavating • Trucking • Sand & Gravel**

# The Quadra Project

## Biological Wonders - Part 3

• **A SPECIES OF WEAVER ANT** found from India to northern Australia *Oecophylla smaragdina* makes its nests by curling leaves into loops. The leaves, however, are too stiff for any single ant to accomplish this feat. To solve this problem, the ants form a chain of up to 17 individuals. Using their mandibles, each ant grabs the abdomen of the previous ant, and they all pull together to bend the leaves. Using this tug-of-war strategy, the ants are able to pull up to 100 times their individual body weight *New Scientist*, 23 August, 2025.

• Killer whales *Orcinus orca* seem to be offering dead prey to human divers. Jared Towers, a researcher for Bay Cetology, was filming a pod of orcas that were snacking on seabirds in Alert Bay in British Columbia. Two of the orcas, identified as Akela and Quiver, approached Towers, each dropped a seabird in front of him, waited a moment, then picked up the dead offering and swam away. Such an apparent offering has occurred before in at least 32 other instances involving 18 different prey species between 2004 and 2024 in places such as New Zealand and Norway. Orcas share prey among themselves during their entire lives, but this apparent gesture of sharing with another species raises some questions about their level of consciousness, their “generalized altruism, or kindness” and their ability “to recognize sentience in others” *New Scientist*, July 15, 2025.

• An Australian moth *Agrotis infusa*, to avoid the intensity of summer heat, makes an annual migration of 1,000 km from its southern range to cool caves in the Australian Alps. Until recently, no one knew how they accomplished this long migrational feat. Other moths are known to use Earth’s magnetic field for navigation. So to eliminate this factor, researchers used a special device to eliminate Earth’s magnetic field. Then, by simulating a starry sky, they discovered they could steer the direction of the moth’s flight. This is the first time that an invertebrate has used celestial navigation, although dung beetles are known to use the Milky Way to guide their direction of travel over short distances *New Scientist*, June 28, 2025.

• Horsetails, plants that have been on Earth since the Devonian Period about 400 million years ago, manage to distil water to such purity that comparable samples can only be found on meteorites arriving from outer space. Almost all oxygen atoms in water molecules have 8 neutrons, but some heavier isotopes have 10 neutrons. Every time water evaporates and condenses, the ratio of isotopes goes down. To reach the top of the metre-high stem of the horsetail *Equisetum laevigatum*, the water has been evaporated and condensed at every segment of the stem. By the time it reaches the top, the isotope ratio is the lowest of almost any water found on Earth *New Scientist*, July 19, 2025.

• Researchers have discovered that the sapwood and the heartwood of trees contain two totally different microbiomes. We have long known that the outer surfaces of trees contain “a rich assemblage of bacteria, archaea, fungi, protists and viruses”, but the heartwood also contains a distinctive microbiome that eventually creates the “heart rot” that is essential to the recycling of old trees and their woody material. As the number of old trees decline, the microbiome that is unique to them also declines. Trees, which contain about 600 billion tonnes of carbon, are probably the single most important part of our planet’s biosphere because of the “carbon, hydrogen, nitrogen, oxygen, phosphorus and sulphur” that they provide to everything else that is living. Microorganisms do not usually get much attention from us, but they are the foundation of all Earth’s ecological systems *Graham Lawton, New Scientist*, August 16, 2025.

• A species of dogbane *Vincetoxicum nakaianum* is a plant with a unique way of attracting flies to assist with its pollination. It emits a pheromone that mimics the smell of the discarded carcasses of ants that have been half-eaten by spiders. The odour of these dead ants lures flies to the plant. They then land on the blossoms and distribute pollen. The strategy was noted by Ko Mochizuki, a botanist from the University of Tokyo, who observed flies swarming inexplicably around a dogbane plant. A chemical analysis of the pheromone revealed that it was of exactly the same composition as the scent emitted by dead ants *The Guardian Weekly*, October 3, 2025.

*Ray Grigg, for Sierra Quadra*

### SUPPORTING SUBSCRIPTION

Local Voluntary Subscriptions are welcome to help support the DI!

Suggested: \$30 per calendar year

Find more details online at [www.DiscoveryIslander.ca](http://www.DiscoveryIslander.ca)



**NORTH ISLAND SURVIVORS'**  
**Healing Society**

Trauma and Abuse Counselling Centre  
Professional counselling for  
individuals, couples, and families.  
Sessions are in-person, online or by phone.

FOR MORE INFORMATION:  
Call 250-287-3325 or visit [www.nishs.ca](http://www.nishs.ca)

The Society gratefully acknowledges the financial assistance of the Province of British Columbia.



## WE ARE HIRING!

PART TIME POSITION

FUNDED THROUGH CANADA SUMMER JOBS

**AVAILABLE POSITION:**

**HARBOUR ASSISTANT-LABOURER**

**up to 30 HOURS PER WEEK**

Applicants must be between the ages of 15 and 30;  
have their own transportation;  
and must be a Canadian Citizen with a valid SIN number.

**Apply by June 15th by:**

Dropping a resume to Harbour Manager Jay Caldwell;

On-Line at Canada Summer Jobs;

Or send a résumé to [mail@qiha.ca](mailto:mail@qiha.ca)

## Heriot Bay Tides

DATE	TIME PDT	M.	FT.	
<b>29</b> Fri	04:00	4.347	14.3	
	11:31	0.953	3.1	
	19:09	4.634	15.2	
<b>30</b> Sat	00:16	3.655	12.0	
	04:26	4.281	14.0	
	12:02	0.823	2.7	
	19:49	4.799	15.7	
	<b>31</b> Sun	01:07	3.767	12.4
		04:53	4.228	13.9
12:34		0.752	2.5	
20:27		4.875	16.0	
<b>01</b> Mon	01:52	3.830	12.6	
	05:21	4.181	13.7	
	13:07	0.739	2.4	
	21:03	4.878	16.0	
<b>02</b> Tue	02:35	3.844	12.6	
	05:55	4.123	13.5	
	13:42	0.777	2.5	
	21:39	4.837	15.9	
	<b>03</b> Wed	03:19	3.805	12.5
		06:33	4.039	13.3
14:19		0.861	2.8	
	22:15	4.781	15.7	
	<b>04</b> Thu	04:09	3.710	12.2
		07:17	3.916	12.8
14:58		0.990	3.2	
22:53		4.732	15.5	
<b>05</b> Fri	05:05	3.550	11.6	
	08:09	3.747	12.3	
	15:39	1.174	3.9	
	23:31	4.700	15.4	
<b>06</b> Sat	06:01	3.314	10.9	
	09:13	3.538	11.6	
	16:22	1.429	4.7	
<b>07</b> Sun	00:09	4.680	15.4	
	06:55	2.996	9.8	
	10:43	3.338	11.0	
	17:09	1.769	5.8	
<b>08</b> Mon	00:45	4.664	15.3	
	07:44	2.601	8.5	
	12:32	3.275	10.7	
	18:02	2.186	7.2	
<b>09</b> Tue	01:19	4.645	15.2	
	08:29	2.148	7.0	
	14:10	3.420	11.2	
	19:04	2.645	8.7	
<b>10</b> Wed	01:49	4.624	15.2	
	09:10	1.669	5.5	
	15:38	3.726	12.2	
	20:14	3.089	10.1	
<b>11</b> Thu	02:17	4.610	15.1	
	09:49	1.203	3.9	
	16:57	4.114	13.5	
	21:26	3.465	11.4	
<b>12</b> Fri	02:46	4.609	15.1	
	10:29	0.787	2.6	
	18:01	4.495	14.7	
	22:36	3.742	12.3	

## DISCOVERY ISLANDER CLASSIFIEDS

### For Sale/Rent

#### COMMERCIAL BUILDING

For sale. Commercial unit for rent. Quathiaski Cove  
Enquire: savingpaul@hotmail.com

### Services

#### NOTARY PUBLIC

Notary Public on Quadra located inside Sacred Pulse at Quathiaski Cove shops, we offer notarial services, personal planning documents wills, powers of attorney, representation agreements. Call 1.855.204.6277 toll-free email [info@quadranotary.ca](mailto:info@quadranotary.ca)

#### QUADRA WASTE SOLUTIONS

Local. On-Demand. Occasionally. Weekly. Servicing Heriot Bay and South. Enquire about our Seniors' Driveway Service. Call/Text/Email. [quadrawastesolutions@gmail.com](mailto:quadrawastesolutions@gmail.com) 250.202.9182 Tariff-Free since 2023

#### SHORE PINE SIGNS & DESIGN

Custom signs for home and business, boat/vehicle decals, picture framing. Open Mon & Fri 9-2, Tues-Thurs 9-5. Next door to Q Builders. 250-285-2815 [shorepinesigns@gmail.com](mailto:shorepinesigns@gmail.com)

#### ROOFING

Professional Roofing Services [www.javaroofing.com](http://www.javaroofing.com)  
Call JAVA ROOFING at 250.204.2638

### Wellness

#### SOUL SOLE MASSAGE

by 'foot pressure' is an ancient Ayurvedic modality that uses the feet to deliver the massage. Expect deep tension release, increased mobility, relaxation and healing. Studio in Quathiaski Cove. Call/Text Jen 250 285 0070 [www.soulsole.ca](http://www.soulsole.ca)

#### MASSAGE

Massage is an exceptional tool that aids in alleviating stress and tension of body and mind. Trinity Gogolin specializes in many styles of massage from Deep Tissue and Trigger Point Release to Swedish Style and Relaxation Massage. U.S. Trained, with over 15 years experience. Offering a beautiful studio location, comfortable and conveniently located close to Q-Cove. Call or Text 250 203 4529 email: [trinitygogolin1@gmail.com](mailto:trinitygogolin1@gmail.com)

### Events

#### QUADRA ISLAND STUDIO TOUR

June 6 & 7 – and new this year many studios open Friday evening June 5, 6-9pm. Nearly 40 artists in a range of media. Check out the artists on the website: [quadrailsandarts.com](http://quadrailsandarts.com)  
Pick up a brochure at island locations.

#### QUADRA CHILDREN'S CENTRE 40TH ANNIVERSARY CELEBRATION & AGM

Join us Sunday, June 14, 3-5pm at the Community Centre. Families are welcome for refreshments, children's activities, and a short AGM at 3:30 pm, followed by a family-friendly DJ dance party. All families and community members are welcome! Come celebrate 40 years of the Quadra Children's Centre.

#### BERWICK BY THE SEA

You are invited to Berwick by the Sea's Annual Open House on June 25, 2026, from 1-3 pm. Just a short ferry ride away, enjoy an afternoon of delicious treats, fantastic live music, and a glimpse inside our beautiful west-coast inspired retirement community. We would be delighted to welcome you and share the warmth, comfort, and vibrant lifestyle that make Berwick by the Sea so special. RSVP: [bcr.marketing@berwickrc.com](mailto:bcr.marketing@berwickrc.com)

<https://www.discoveryislands.ca/news/classifieds.html>

### Summer Jobs

#### SUMMER STUDENT JOBS AT QUADRA CHILDREN'S CENTRE

Quadra Children's Centre is hiring 3 Summer Students to support childcare and administrative programs. These are 8-week positions starting at \$21/hour, with potential for extension. A great opportunity for youth interested in childcare, outdoor programs, or administration! Full details: [www.quadrachildrenscentre.com/careers](http://www.quadrachildrenscentre.com/careers)

### Home & Garden

#### LOW-PRESSURE IRRIGATION

specialist installing new low-pressure systems and repairing/maintaining all irrigation systems. Drip systems, troubleshooting leaks, pressure issues, and upgrades. Many years of experience with Quadra Island's unique conditions. Practical, reliable, efficient solutions tailored to your property. Kai 250-850-9245 [ggpropertycare@gmail.com](mailto:ggpropertycare@gmail.com)

#### GARDEN IMPROVEMENT

Looking to make dramatic improvements to your food or ornamental garden? Horticulturist Ryan Nassichuk can help. Visit [www.nassichuk.com](http://www.nassichuk.com), call/text 250-202-2326, or email [nassichuk@gmail.com](mailto:nassichuk@gmail.com) to get in touch.

## Nestled in the Wood!



Almost 6 acres of forest currently home to a cute 860 sqft, 2 bedroom rancher. Multiple building sites, walk on beach access, and a drilled well with 10 gallons per minute just some of the features of this beautiful property! Call today for a personal tour!

**ROYAL LEPAGE**  
Advance Realty

Quadra Island's Most Experienced Resident Realtor@!

Serving the Rock since 1995!

**250-202-2217**

[HeidiRidgway@RoyalLepage.ca](mailto:HeidiRidgway@RoyalLepage.ca) Heidi Ridgway

[www.QuadralandRealEstate.com](http://www.QuadralandRealEstate.com)

