

# DISCOVERY

## ISLANDER

### Naming 'Nugedzi'

**ON A CLEAR SUMMER DAY** in 1992, some 50 Quadra Islanders – ranging from 80-year-olds to toddlers to parents with babes-in-arms – hiked in and gathered at Nugedzi Lake, deep in Quadra's north-central forest. The occasion? This pristine lake on the edge of an almost-logged forest was a hidden trove of old growth trees and carpets of moss, 'discovered' years earlier by members of the Mitlenatch Field Naturalists who made it their mission to develop a trail to the as-yet unnamed lake. It was Joy Inglis, an anthropologist working with the We Wai Kai people of Quadra, who proposed calling the lake 'Nugedzi', meaning Big Chief, in honour of the legendary Chief Billy Assu.

Ray Grigg stood on the flat gathering rock in the lake that day, over three decades ago, to read his poem to all who had gathered. It was titled, simply, 'Nugedzi.'

How long have you been here,  
Nugedzi,  
on this big mountain?  
A hundred,  
maybe a thousand generations?  
It's a long time.  
Too long to remember  
with the brief breathing of thoughts.

In some younger time,  
the great Earth warmed and heaved.  
The mountain sighed and uprose,  
And the clear blood of your water  
pooled and rested  
before searching its seaward way  
by stream.

On this big mountain, Nugedzi,  
before our longest memories  
awoke from shadowed dreams,  
Some great heartbeat  
pulsed your dark water to overflowing,  
And filled the waiting land below  
with seas and fishes,  
with listening trees and speaking  
winds.

And all the living creatures moved in  
celebration,  
and Raven flew above  
to honour you.

In Earth's slow time,  
the dust of people blew here,  
When you, Nugedzi, were new and fresh  
on this big mountain place.

Beneath your high water,  
life danced and blessed itself.  
And on these hard shores,  
rooted in your ancient knowing,  
A sentinel of trees grew slowly old  
beside your sacred waiting.

Your dark water is also our dark blood,  
waiting for our remembering.  
Somewhere deep in our stone bones,  
we remember, Nugedzi,  
we remember.  
We know the time before time  
when wisdom grew out of Earth,  
and watered mountains and lands with  
blessing.

We know, Nugedzi,  
we know.  
But we have forgotten,  
except when our thoughtless bones  
think stone.  
Our fast time  
cannot wait for your slow wisdom,  
so we get lost by forgetting.

Now we return,  
like lost children coming home to  
elders,  
Waiting for the patient and ancient  
truth  
we always knew.

We remember, Nugedzi,  
we remember.  
This is why we have come.  
Wait here for us,  
so we do not forget again.

**THIS HOLIDAY SEASON** we encourage islanders to make a pilgrimage to Nugedzi Lake. One reason is to honour its timeless beauty, and the spirit of the chief for whom it is named. Another is to offer thanks to the many who developed the trails and kept them navigable over the years. A third reason to visit Nugedzi this holiday season is that it's about to be impacted by industrial logging. Very soon in 2026 the community's access to Nugedzi, and much of its surroundings, will be compromised as logging operations continue to carve up Quadra forests into the logging company's namesake – a 'mosaic' indeed, of fractured landscapes and ruptured ecosystems. Please read more on page 9.

# Pride in Language: Homalco Language Team Meets Artist Jeremy Dutcher

**THE LANGUAGE TEAM** from Homalco First Nation includes Elders, parents and youth with a shared passion for the revitalization of *?ay?ajuθəm* (Ayajuthem), the northernmost Coast Salish language.

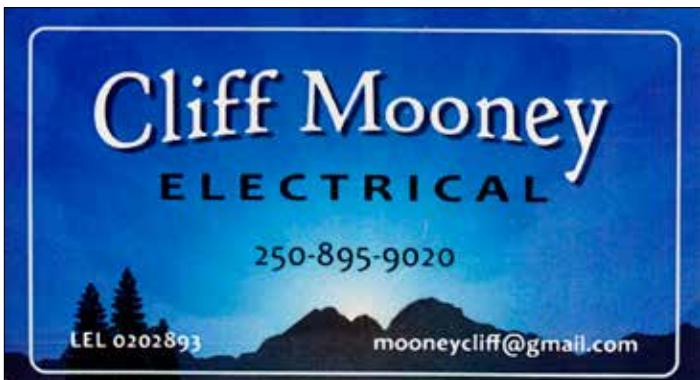
Our team was excited by the news that Indigenous musician Jeremy Dutcher was coming to Quadra Island. Jeremy's artistry has made him the only person to ever win a Juno and two Polaris Prizes for his music. Inspired by century-old recordings of his ancestors in the archives of the Museum of Canadian History, he has forged new musical pathways built on his respect and honouring of his ancestors and their language.

In addition, we knew of Jeremy's work in his home province of New Brunswick in the creation of *Kehkimin*, the first Wolastoqey language Immersion school. With the cooperation of Quadra Concerts Board and Jeremy's management team, we arranged to connect our team with Jeremy on November 25.

Our Homalco team was joined by representatives from Klahoose Nation and from School District #72 for an afternoon of rich learning and discussion.

Quadra historian Jeanette Taylor gave a slide presentation on Salish presence and history in the area. This was complemented by information shared by Luna Loiseau-Tremblay on the social and medicinal significance of local plants.

"Watching the young language learners leaning in to listen to the history lesson lifted my heart as I recognize that their presence attests to the ongoing language revitalization efforts within these communities to teach and preserve *?ay?ajuθəm* for future generations," said SD#72



Elder Mariena Hackett presented Jeremy with a copy of *Xwemalhkwu Hero Stories*, an illustrated collection inspired by recordings of stories from Homalco Elders and published last year.

čéčehatanapéš: Homalco Language Team raises their hands to all who helped make this possible: Jeremy Dutcher and team, Director

School Trustee Jan Gladish.

The group braved the winds to visit a site of historical importance at *Ḵaxaysəm* (Rebecca Spit). They joined a group of youth at the United Church at Cape Mudge, where We Wai Kai Elder Bill Assu welcomed Jeremy to Quadra.

Jeremy, with musicians Naomi McCarroll-Butler and Stefan Schneider, then shared an hour of music and insight into community, inclusion and the importance of reclaiming and revitalizing the languages of our First Peoples. The power of his message and his music was felt by all present.

Jason Sharp and the Quadra Concerts Board, Quadra Island Community Centre, Mimi Smienk and the United Church at Cape Mudge, Jeanette Taylor, Luna Loiseau-Tremblay, *toq qaymixʷ* (Klahoose), *?op qaymixʷ* (Homalco), School District #72.

*Photo, top, by Mark Wunsch  
Photo, left, by Jenn Harry*



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### List your event in our Island Calendar

Email [news@discoveryislands.ca](mailto:news@discoveryislands.ca) Drop off your item at *Inspirations* in Quathiaski Cove Bring it to our office at 701 Cape Mudge Road

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## ISLAND CALENDAR

### DAY TO DAY

#### Friday, December 12

- Screening of 'Sugarcane', 7pm at QCC

#### Saturday, December 13

- The Legion's Whimsical Christmas Fair, 10am at The Legion
- Potluck Dinner at the Legion, 5pm, celebrating Joan Hewison's Birthday

#### Sunday, December 14

- Old Fashioned Christmas Brunch, Herons at the HBI, 9am to 2pm, call 250-285-3322 to reserve

#### Saturday, December 20

- Last Winter Market of 2025, at QCC from 10 to 2
- Age Against the Machine, 8pm at The Legion, \$10

#### Friday, December 26

- Boxing Day Casino Royale, 7pm at The Legion

#### Wednesday, December 31

- New Year's Eve Dinner, at The Legion: Patrice's Chinese food, 5 to 7:30pm
- New Year's Eve Party with Sound Factory, at The Legion, \$20, 8:30pm to Late!

#### Saturday, January 3, 2026

- Quadra Island Economic Roadmap, at QCC from 12 to 2, hosted by the Chamber of Commerce

#### Monday, January 19, 2026

- Way to Go Meeting, at QCC from 3 to 4:30, Room 3

## REGULARS

#### Sundays

- Meditation Group: Quadra Children's Centre, 10am

#### Mondays

- Pickleball at Cape Mudge Hall, 10am, drop-in \$3
- Badminton at the Cape Mudge gym, 7:30pm, drop-in \$3

#### Monday & Friday nights

- Open AA meeting, at Cape Mudge United Church, 7:30-8:30pm

#### Wednesdays

- Pickleball at Cape Mudge Hall, 6pm, drop-in \$3
- Poker Night: Quadra Legion 7:30pm

#### Thursdays

- Pickleball at Cape Mudge Hall, 6pm, drop-in \$3
- Badminton at the Cape Mudge gym, 7:30pm, drop-in \$3

#### Fridays

- Pickleball at Cape Mudge Hall, 10am, drop-in \$3

#### Saturdays

- Pickleball at Cape Mudge Hall, 10am, drop-in \$3

#### NEXT DISCOVERY ISLANDER DEADLINE FOR ISSUE 872:

Monday, December 22 @ 7pm

For publication Friday, December 26

## WHAT'S ON AT QCC

Jump into the action at the Quadra Community Centre!  
Come down, get involved and be part of YOUR community!



### WHAT'S HAPPENING at QCC December 12 to 26

#### THIS WEEKEND: December 12 to 14

**FRIDAY:** 8:30 Fitness with Jeannie; 9:30 Men's Fitness with Jeannie; 10 Spinners and Knitters; 10:30 Friday Painters; 12 noon SMART Recovery: to join contact Jude: smartrecoveryquadra@gmail.com; 6 Sound Bath with Molly, email molly.hampel1@gmail.com or call/text 647-717-8579 to register; 7 GRIT "Sugarcane" screening

**SATURDAY:** 9:30 Beginner Tai Chi with Nicki; 10 Growing Micro Greens; 10:30 Intermediate Tai Chi with Nicki

**SUNDAY:** 10 Herbal Gift Making; 2 Journaling Group

#### THIS WEEK: December 15 to 19

**MONDAY:** 8:30 Fitness with Jeannie; 10 Parents and Tots; 10 Yoga with Josephine; 12 Chamber of Commerce; 1 Sing for Pure Joy; 1 Jewelry Making; 5:30 Iyengar Yoga

**TUESDAY:** 7:15 International Folk Dancing

**WEDNESDAY:** 3 Ping Pong; 5:45 Warm Flow Yoga with Elizabeth, text 778-681-7527 to register

**THURSDAY:** 10 Parents and Tots Dance with Kate; 10 Fall Prevention - Quadra Circle; 5 Core Strength and Stability with Nicki

**FRIDAY:** 8:30 Fitness with Jeannie; 9:30 Men's Fitness with Jeannie; 10 Spinners and Knitters; 10:30 Friday Painters; 12 noon SMART Recovery: to join contact Jude: smartrecoveryquadra@gmail.com; 5 Quadra Singers

#### NEXT WEEKEND: December 20 to 21

**SATURDAY:** 10 Winter Market

#### NEXT WEEK: December 22 to 26

**MONDAY:** 8:30 Fitness with Jeannie; 5:30 Iyengar Yoga

**TUESDAY:** 2 Good Grief Support Group

**WEDNESDAY:** Happy Holidays Quadra Island

**THURSDAY:** Happy Holidays Quadra Island

**FRIDAY:** 12 noon SMART Recovery: to join contact Jude: smartrecoveryquadra@gmail.com

Happy New Year Quadra!!!

Go to our website [www.quadrarec.bc.ca](http://www.quadrarec.bc.ca) to view the latest Rec Guide, OR navigate to REC DESK to register for kid's programs or see what's happening each day on the community calendar. <https://quadrarec.recdesk.com/Community/Calendar> Click on the calendar for more details! Phone the Community Centre at # 250-285-3243. Or E-mail: [info@quadrarec.bc.ca](mailto:info@quadrarec.bc.ca)

## Hi QI Golf Course Family!

**TO DATE** we have raised \$1315 which is fantastic – and this of course does not include Quadra Links contribution. Our deadline for cut off is December 18, 2025, so if you plan on giving, please do so prior to that date: E-transfer to [kellyb@island.net](mailto:kellyb@island.net). Thank you for your generosity!

Merry Christmas,

*Kelly Jensen*

*QLL Secretary*

The DI is published every two weeks. Our current edition and upcoming deadlines are available online: [www.discoveryislander.ca](http://www.discoveryislander.ca)

## CONTACT US

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hours Monday-Thursday: 10-4

**Opinions expressed** in this magazine are those of the contributors and are not the views of the publisher.

## SUBMISSION GUIDELINES

We welcome items for publication on subjects of interest to the Discovery Islands community.

- **250-300 words** is a good length for community announcements.
- Send articles in the body of an email.
- **Canadian spelling** please: *centre, colour, favourite* etc...
- Please use the title of your item in the email subject line.
- Remember to include credits and captions for photos & artwork.

WHILE EVERY EFFORT IS MADE TO INCLUDE ALL ITEMS SUBMITTED, ERRORS AND ACCIDENTAL OMISSIONS MAY OCCUR.

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## NEXT DEADLINE

**7pm Monday, December 22**  
for publication on  
**Friday, December 26, 2025**



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## EVENTS

## Coming Up at The Legion

**Saturday Dec. 13** 5pm Potluck dinner, to celebrate Joan Hewison's Birthday and moving away.

**Saturday Dec. 20** Age Against the Machine, Quadra's fabulously fun band! 8pm, \$10 at the door

**Change of plans!** No potluck tonight but come by and enjoy Patrice's Chinese food!

**Friday Dec. 26** 7pm, Boxing Day Casino Royale! Get out your fancy suit and gowns, come and play drop-in cash games of Poker, Blackjack, Bingo and more! With live music in the lounge, something for everyone. Proceeds to our hard-working P.A.C!

**Wednesday Dec. 31** 8:30 – Late! Join us for New Years Eve Party with Sound Factory! Super fun band, playing great music to dance to. Tix on sale now at the Legion & Inspirations, \$20. Also New Year's Eve Dinner, featuring Patrice's Chinese food from 5 to 7:30pm.

## The Legion's Xmas Fair

### A WHIMSICAL CHRISTMAS

**FAIR** is happening at the Quadra Legion on December 13 at 10am. There is also a magical photo opportunity. Santa will be there to pose for photos with visitors between 10 am to noon.

The annual event, hosted by the Ladies Auxiliary, offers festive baking, crafts and gifts. It is also an opportunity to pick up some

## ISLAND FORUM

## The Loss of Another Great Doctor

**I JUST READ** Dr. S.P.Hughes letter of resignation in the Surge Current. And I am shocked, appalled and extremely disappointed. This is wrong. On so many levels.

Firstly, the Quadra Island Health Society should not have let it come to this. Senior doctors want to cut back their workload and that should have been expected, planned for and accommodated long before now.

Secondly, Dr. Hughes clearly prefers to simply reduce his hours. Allow that to happen! Half a doctor is better than none!

Thirdly, Dr. Hughes has faithfully served for years the Outer Islands community of which I am a part. I am 78. My wife is 74. And, it might surprise you to know that over 50% of this community is over 70. Just getting in to see a doctor or even to just buy a loaf of bread takes time in a small boat and an hour on a logging road. For the elderly, it is a challenge. The clinic's 'outreach' program literally saves lives.

Yes, of course, the bureaucracy will have to re-think procedures, policies, habits, rules and regulations. Island Health will have to 'adjust.' But there are plenty of high-priced civil servants employed to make those 'executive decisions.' I suggest you skip the 'study stage' and just make a damn decision that works for us and Dr. Hughes. Bear in mind, it will be an interim decision because Dr. Hughes is obviously signalling his eventual retirement-in-full. Keep us covered and help find a replacement for the next few years.

One more thing: clearly the current system is not keeping pace with the needs of the population. Why not employ the ministry's considerable resources and staff into redesigning the entire system? Yes, I'll volunteer to help plan a better delivery model.

*J. David Cox*

flea market treasures. A light lunch will be available.

Tables can be rented for \$10 and vendors should contact Pat at 250-285-2202 to reserve a spot. Sell your wares to make a little extra Christmas spending money.

## Winter Market

The last Winter Market of 2025 is on Saturday, December 20th! See you there...

## Way to Go Meeting

**JOIN US** on Monday January 19, from 3 to 4:30pm, QCC Room 3, for a time of sharing, presentation, discussion, and business. Info or zoom link at [way2go.ca](http://way2go.ca), or 285-3298. We are still looking for free indoor storage, if anyone has some to spare.

## SIMMONS CONTRACTING

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### What Is a Co-operative?

**A CO-OPERATIVE (OR CO-OP)** is a business owned and democratically controlled by the people who use it. Its members. Its purpose is simple: to meet the shared needs and goals of its community. Each member has an equal voice in decision-making; one member, one vote.

Unlike traditional businesses, a co-op doesn't exist to enrich a few. Profits stay local, reinvested in the co-op or shared among members based on participation, not wealth.

In essence, a co-op turns everyday customers into co-owners who work together to build a stronger, more resilient community.

#### WHY IT MATTERS

A community food co-op is more than a grocery store, it's a movement. It keeps our dollars circulating within the island, strengthens local jobs and producers, and supports the long-term health and independence of our community. When we support the co-op, we're investing directly in Quadra's future.

#### HOW IT WORKS

##### 1. Membership

- Anyone can become a member-owner with a one-time purchase of ten \$1 common shares and a membership.
- Each member has one vote and a voice in shaping the co-op's direction.
- Members can attend meetings, serve on committees, and help guide the future of the co-op.

##### 2. Ownership and Profits

- The co-op is collectively owned by its members.
- Any surplus (after expenses) is:
  - Reinvested into improvements, expansion, or community programs, or
  - Returned to members as patronage dividends or reward points based on participation.
- This keeps wealth circulating locally by building stability and opportunity for all.

##### 3. Governance

- The co-op is guided by internationally recognized principles: voluntary and open membership, democratic control, member

participation, autonomy, education, cooperation, and concern for community.

- A board of directors, elected by members, ensures transparency, accountability, and fairness in all operations.

#### MORE THAN A STORE

A community co-op is a gathering place, a hub for learning, connection, and collaboration.

Every dollar spent becomes an investment in local resilience, sustainability, and community well-being.

Together, we're not just building a business. We're planting the roots of a stronger, more self-reliant Quadra Island. "Co-operation is the thorough conviction that nobody can get there unless everybody gets there." – Virginia Burden

*Quadra Island Community Food Co-operative*

*(qipantrycoop@gmail.com)*

### Quadra Island Economic Roadmap

**YOU ARE INVITED** to the Quadra Island Economic Roadmap: Presentation and Q&A, on Saturday January 3rd, from 12pm to 2pm at the Quadra Community Centre.

This event is hosted by the Discovery Islands Chamber of Commerce.

Lunch is included for those that RSVP by email to [edc@dicc.ca](mailto:edc@dicc.ca) by December 29.

Come and learn about the results of the Economic Diversification Planning process and the recommendations for our community's future. Join us as we begin the conversation about the next steps: What is the Chamber working to achieve? What can the community do? To review the results of the community survey, workshops, and interviews, please go to [www.quadraedp.ca](http://www.quadraedp.ca).

The Quadra Island Economic Diversification Project is funded by the Province of British Columbia through the Rural Economic Diversification and Infrastructure Program (REDIP) and Island Coastal Economic Trust (ICET), and completed in partnership with the We Wai Kai Nation and the Quadra Island Foundation.

**Give the Gift of Experience**

*Create lasting memories with loved ones this holiday season!*

Words & Noise Songwriting Workshop with Terra Spencer—March 27-29, 2026

An afternoon of storytelling & song with The Wardens—January 25, 2026

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### Compassionate Community

**SIMPLE SHARINGS** is the intergenerational initiative between the Children's Centre and Seniors Housing for the Compassionate Community Project (Quadra Circle, NavCARE, and Way To Go under a grant from UBC). The first three meetings for Simple Sharings have been full of moments of getting to know each other, sharing stories, playing games, making music, and planning for baking cookies! Oh, I almost forgot snack time – a very popular activity! We had a very musical time last week. Some children joined a senior who shared his ukuleles for a jam session. The other children got a lesson in how to create rhythmical sounds using a bouncy ball attached to a stick on tupperware, tin foil, plastic lids, and assorted surfaces. The musical instruments were made by a senior for the children to keep. They learned how to hold the stick in such a way that the ball could easily bounce in a one-two beat. AND just by pretending your hands were peddling a bike – you could make an entirely different beat! A piece of foil can sound like cymbals. Tin can lids sound very different than plastic lids! The size of the bowl does matter.. All the children got a chance to do both if they wished or join a senior in a game.

The Compassionate Community Intergenerational Initiative is off to a resounding start!

### Roots & Neighbours: Quadra Seniors Housing News

**IT'S BEEN A BRIGHT** and busy season at Quadra Island Seniors Housing. Our Simple Sharings intergenerational program afternoons have been full of good company and plenty of festive fun. The kids from the Quadra Children's Centre after-school program have joined our tenants to decorate Christmas cookies, make ornaments and cards, and even share a little music as they learn ukulele and drumming. There's been no shortage of laughter or sprinkles.

Outside of Simple Sharings, our residents have taken a shine to tie-dyeing. It's turned into a well-loved activity, filling our hallways with colourful shirts, loads of joking around and big smiles.

These small moments – kids and elders being together, seniors unleashing their inner artists with joyful squirts of dye – remind us what makes Quadra special. It's the simple joys and the people who share them.

Want to make the New Year brighter for the seniors and children with a donation to Quadra Island Seniors Housing Society? Donate via Canada Helps on our website: <https://qiseniorthousingsociety.ca> Or by cheque to QISHS, PO Box 535, Quathiaski Cove, BC, V0P1N0 or by e-transfer to [qishs535@gmail.com](mailto:qishs535@gmail.com).

Warm holiday wishes from all of us at Quadra Island Seniors Housing.



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**Good Grief**  
*Finding strength in shared loss*

**Grief is a universal human experience we all share yet work through in our own way.**

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Good Grief is a free, drop-in, peer support group facilitated by Susan Wilson

Quadra Community Centre - Room #3  
Nov. 11<sup>th</sup> | Nov 25<sup>th</sup> | Dec 9<sup>th</sup> | Dec 23  
2:00 - 3:30 PM

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# REGIONAL DIRECTOR'S REPORT

Hello and festive greetings,

This coming holiday season I wish you warmth, brightness, and new memories with those you love. This report touches on our OCP process and shares news on 'budget season', plus some gratitude.

## OFFICIAL COMMUNITY PLAN PROCESS

Big thanks to the folks that attended the OCP Open Houses on Quadra in November! It was great to see thoughtful comments being shared on Agriculture, Parks, Housing, our Local Economy, Water, Waste, & more. If you missed these open houses, have no fear: SRD staff are planning a series of meetings on Quadra to dive into specific topics and the feedback they've received so far; a schedule will be shared in the new year. For Outer Discovery Islanders, SRD Planning staff are developing a community engagement OCP workbook and planning a mailout to Outer Discovery Islands & remote folks in Area C.

If you want to read up on what Quadra's current OCP states, it's available as a link on this page: [srd.ca/area-c-ocp](http://srd.ca/area-c-ocp). And, if you have thoughts on changes you're interested in being considered, or items you really like and want to be sure are included in a revised OCP, you don't need to wait for an official meeting to share them, you can email your thoughts to [planning@srd.ca](mailto:planning@srd.ca).

## BUDGET SEASON AHEAD

It's budget season for local governments. Directors look at data from staff, including projections of future needs, and budget accordingly. These days many folks are experiencing an affordability crunch and keeping tax increases to a minimum is my goal.

## BUDGET UNKNOWNS AHEAD

On December 5th, at a Committee of the Whole meeting, SRD Directors discussed grants-in-aid: the discussion centred on regional grants and instituting a policy for grants.

Currently, the SRD provides regional grants in a limited and ad-hoc way. However, the City of Campbell River recently instituted a Financial Assistance Policy (FAP) which limits the support they've historically provided to nonprofit and arts & culture groups. At the Committee meeting Directors received a letter from the City which stated, 'organizations that provide services to residents within the City and beyond the City into the Regional District will no longer qualify for financial assistance'.

The letter from the City continued, 'Council has directed staff to request that the Strathcona Regional District consider establishing a grant program and policy to financially support these non-profit organizations in 2026 so that they are not negatively impacted by changes brought on by the FAP'. The letter from the City did not outline the organizations or quantity of grants this may entail, but it sounds like it will certainly be an increase from what the SRD has budgeted in previous years.

To my mind, setting up a policy and program like this requires thoughtful consideration including information on how

other regional districts are doing this work. For this reason, I made a motion that staff report on how other similar Regional Districts are managing regional and rural grants in aid, and that the report include other grant policies as available. Unfortunately, this motion was defeated, a vote of 6-7. While Campbell River compared themselves to nine municipalities during the creation of their financial assistance policy, it seems SRD Directors will not be provided information on how other Districts are managing grants before creating a policy and grant program. Directors will consider a definition of 'regional benefit' at a January 29 Committee of the Whole meeting.

## CHEERS & GRATITUDE!

Everywhere I turn there are so many Islanders sharing their energy and expertise in our community, working to make this a better place for us all. I am constantly grateful to so many of you working on so many different things: a huge, heartfelt THANK YOU from me for investing your time in building community. Cheers to you!

## CONNECT

Thanks for reading. As always, you're welcome to connect with me with questions or concerns: [emailRMawhinney@srd.ca](mailto:emailRMawhinney@srd.ca), or call 250.203.2468. Please note that I'll be stepping away from work devices for a few days over the holidays to spend time & share cookies with family & friends. Looking for info? Visit [RobynMawhinney.ca](http://RobynMawhinney.ca) for links to helpful community resources and 'back issues' of Director Reports.

*Until next time,  
Respectfully,  
Director Robyn Mawhinney*

## Meditation Group

**WE MEET** Sundays at the Quadra Children's Centre at 10am for a 45 minute sitting meditation, followed by a short break. There is a reading of a book based on Buddhist perspectives and meditation practices, and then a discussion. Everyone is welcome, a small donation is appreciated. For more info call Don at 250 285 2193 or Kai at 250 850 9245.



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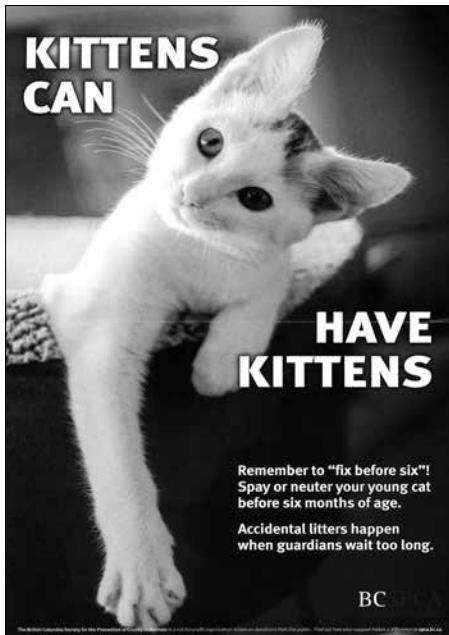


### Discovery Islander Submissions

Email us at  
[news@discoveryislands.ca](mailto:news@discoveryislands.ca)

Drop off your item  
at *Inspirations* in Q Cove

Bring it to our office  
at 701 Cape Mudge Road



*Thank You to  
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our community  
newsmagazine. It  
wouldn't be the same  
without you! Happy  
Holidays to all, and all  
the best for 2026!*

## Quadra Island Cat Rescue

**QUADRA CAT RESCUE** offers a lower-cost spay-neuter program for people needing assistance to get cats or kittens fixed. Please complete the form at: [quadracatrescue.com/spay-neuter/](http://quadracatrescue.com/spay-neuter/)

Support Quadra Cat Rescue by purchasing Tru Value Foods gift cards – available at *Inspirations* in the Cove – and by donating Spirit Board points #280 at both stores.

## Nugedzi Trail is on the Chopping Block!

**WELL, HERE WE GO AGAIN.** Mosaic continues to blatantly disregard community concerns and values with this next series of proposed cut blocks that includes two on the trail to Nugedzi Lake. One block is planned right beside the south trail off Hyacinthe Bay Road and they will be using the road and parking lot as the logging road! Is this really what should be happening to our trails? Two other planned blocks (12-033, -031) have been flagged on the north trail off Granite Bay Rd. going to Nugedzi and Mt. Seymour. 12-033 is right beside an area of old growth, and the second one is not far off the trail.

Walking up this trail after five minutes there is a logging road going right across the trail. This logging road parallels Granite Bay Rd. then goes back up the ridges to more clearcut areas. At the top end of one of these clearcuts it looks like a road is planned through the forest toward the Mt. Seymour trail and another proposed cut block around 50ft from the trail. Past the bridge you now look through the 'visual corridor' to this recent clearcut. According to the Forest Stewardship Plan Mosaic has no obligations to protect any trails or recreation areas. These trails are important for the community and tourists, and the forest area around Nugedzi is one of the last contiguous areas of old growth left on Quadra. We the Grannies are shocked – why do they have to log right here?

The license for TFL47 covers over 30% of the area of Quadra and is held by TimberWest, managed by Mosaic. Quadra represents roughly 7% of the total area of TFL47. As of 2004, TimberWest has been legally required to designate areas of old forest – Old Growth Management Areas (OGMAs) which they have not done – there are no OGMAs in TFL47. These areas would represent the most endangered old forest ecosystems on Quadra. We are pressing for designation of OGMAs on Quadra that are legally binding and protected from logging. Now that the license for TFL47

is being passed to the First Nation; in order to designate these areas now, the First Nation, TimberWest and the Ministry would have to agree to do so.

Once OGMAs are mapped and legalized, logging companies can't go into them and cut the second growth or the old trees. As it is now, they go into concentrations of old trees and log out all the second growth around them. According to Mosaic OGMAs are not a priority at this time – so things will just continue as they have done for years!

Clearly, we need an intelligent, sustainable way to harvest this resource. Meaningful consultation with the local community needs to happen. Protecting the watersheds that hold water for recharging the aquifers vital to people's wells and animal well-being, ensuring trails and recreational areas are left intact and beautiful, and ensuring preservation and recruitment of old forest to maintain biodiversity and ecosystem health is vital.

It's raining now, but come summer all these clear cuts are 8 to 10 degrees hotter than the surrounding forests and very dry with piles of brush, all wildfire ready. The corporations seem to look at the forests as commodities to feed an ever-expanding bottom line without realizing the devastating impact this has on the wider ecosystems and forests.

Why are these companies allowed to just come in and clearcut without any concern for the local people, animals or ecosystems? They are destroying the integrity and beauty of the

forests and trails, and the science shows that clearcuts leave the land vulnerable to flooding, erosion and fire.

We are currently pressing to preserve several important areas – the bog lands, wildlife corridor and old growth area near Granite Bay, block 12-651. The Nugedzi Lake, Mt Seymour trails, bogs, rivers and old growth needs to be a protected area! The Hyacinthe Creek watershed and the area around Copper Bluffs-Missing Links trails and forests have also been areas of concern over the years. There is a growing number of people here who are tired of having their forested environment decimated, of working to make their concerns heard, and realizing that no one is really listening to the people who live here. It is so sad to see a few old growth trees standing alone in a clearcut – we can do better than that.

**The two proposed Nugedzi cut blocks and the road (12-148) are still open for comment (until December 18).** If you feel this will negatively impact this old forest and trails you can check out this cut block map for details and scroll down and write a comment: <https://fom.nrs.gov.bc.ca/public/projects?id=2737#details>

You can check out Discovery Islands Forest Conservation Project for a look at old forest areas and upcoming cut blocks 12-033, 12-031 on the other trail into Nugedzi: <https://www.discoveryislandsforestconservationproject.ca/esri-map-pages/discovery-islands-old-forest-with-forest-operations-map/>

*Sheila Cavanagh*



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# Social Media Drives Larger Holiday Displays in BC

**HOLIDAY DECORATING** in British Columbia is getting bigger, brighter and more elaborate than ever – and social media is helping fuel the trend. A new survey<sup>[1]</sup> conducted on behalf of BC Hydro reveals that platforms like Instagram, TikTok and Pinterest are inspiring residents to go all out with festive décor, from twinkling lights to inflatable themed displays.

The report titled “Lights for likes: social media driving bigger, brighter displays in B.C.” found that while the tradition of holiday decorating remains strong – with more than half of British Columbians planning to decorate outdoors this season – many are now motivated by the desire to impress others and create ‘Instagram-worthy’ moments.

“British Columbians love decorating for the holidays, but the way we decorate is changing,” said Susie Rieder, BC Hydro spokesperson. “Holiday displays account for about three per cent of the provincial electricity load during the winter holiday season, and social media may now be contributing to more statement-making displays and higher energy use.”

Most residents begin decorating around December 1, though more than one-third get a head start before the month begins. When it comes to style, about half say their décor is a mix of old and new pieces, while 46 per cent lean toward nostalgic, sentimental touches. Social media, however, is reshaping habits: 42 per cent report being more selective about decorations based on how they will look online, 31 per cent aim for a perfectly themed display, and 23 per cent are adding more decorations than before.

This shift toward more elaborate displays is driving up energy use. Nearly 60 per cent of British Columbians now hang multiple strands of lights, and a quarter go all out with five or more. Almost one in five add plug-in inflatables that run around the clock, and some even blow breakers from the load. Nearly 20 per cent still mix old incandescent bulbs with LEDs, further increasing costs.

The drive to impress on social media does not stop at decorations; it spills over into holiday hosting and baking too. Nearly a quarter of British Columbians say they take photos of their holiday cooking to share online, 21 per cent consider how dishes will look in photos, 45 per cent admit to choosing recipes because they looked appealing on social media, and 12 per cent feel pressure to make their treats ‘camera-ready.’

As decorating trends continue to evolve, BC Hydro encourages residents and businesses to balance creativity with energy efficiency. BC Hydro recommends the following tips to save energy and money while still collecting social media likes:

- Switch to LEDs: Replacing eight strands of incandescent lights with LEDs can save about \$40 per season.

- Use timers: Set lights and inflatables to turn on only when needed to avoid wasting power.
- Cook smart: Small appliances use 70 per cent less energy than a traditional oven. ENERGY STAR® appliances can cut holiday electricity costs.
- Upgrade major appliances: Refrigerators and freezers run 24/7. Switching to ENERGY STAR® models can save up to \$150 over their lifetime, and right now until January 2, 2026 BC Hydro customers can get \$75 off select ENERGY STAR® refrigerators at [bchydro.com/deals](http://bchydro.com/deals).
- Track usage: Use MyHydro tools at [bchydro.com](http://bchydro.com) to monitor how decorating and cooking impact electricity.
- Join Team Power Smart: Reduce electricity use by 10 per cent and earn \$100. Sign up at [bchydro.com/jointheteam](http://bchydro.com/jointheteam).

## A Solar First for Haida Gwaii

**BRITISH COLUMBIA'S FIRST** Indigenous owned and operated solar plant located in a non-integrated area is now online, delivering clean electricity to BC Hydro's Masset microgrid and marking a meaningful step toward reducing diesel reliance in remote communities.

Developed by Tll Yahda Energy, a partnership of Skidegate Band Council, Old Massett Village Council and the Council of the Haida Nation, Solar North is a two-megawatt microgrid project in Haida Gwaii located at the Masset airport. It will displace approximately 350,000 litres of diesel annually, cutting greenhouse gas emissions and reducing the community's reliance on fossil fuels.

“The Solar North plant is more than a technical achievement, it's a shining example of what is possible when Indigenous leadership, government, BC Hydro and industry work together on clean energy innovation to transform communities,” said Adrian Dix, Minister of Energy and Climate Solutions. “The plant demonstrates the power of partnership in building a sustainable future for British Columbians.”

Solar North is the first renewable energy plant built and brought online in one of BC's non-integrated areas – remote communities not connected to BC Hydro's main grid, many of which are Indigenous and reliant on diesel. This solar plant began supplying power on December 5 under Tll Yahda Energy's 20-year Community Electricity Purchase Agreement with BC Hydro.

“For the Haida Nation, this project has been a long time coming and represents a tangible step forward towards a cleaner, more resilient and sustainable future,” said Gaagwiis Jason Alsop, President of the Haida Nation. “By harnessing the sun's energy, we are protecting our lands and waters, and creating a legacy of energy security for our people – marking the start of a new chapter in our relationship with BC Hydro and Haida Gwaii's energy story.”

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## 5 Things You Must Do Before Listing Your Home for Sale on Quadra Island

**I LOVE QUADRA ISLAND** and I love selling in this market. It's a very small and competitive market and I have learned some very valuable lessons over the years and would like to share them with you.

If you're thinking of selling your Quadra Island home in 2026, now is the time to start preparing!

In today's changing market it's crucial to list your home for sale and make it easy for the buyers. Buyers have many options available and don't have to choose your home.

### BEFORE THE 'FOR SALE' SIGN GOES UP:

#### 1. Get Your Septic System Inspected and Pumped

On Quadra Island, almost every buyer will ask a current septic inspection report from the listing agent or will do their own inspection. A failed inspection can kill a sale instantly or force a \$25,000-\$45,000 price reduction. Book a registered practitioner now. I suggest Sheldon May but there are others as well. While you're at it, have the tank pumped and any field lines flushed out. Buyers love seeing a clean report in the listing package. I always suggest that buyers should get their own inspection done but if you take care of the maintenance issues, there won't be any surprises.

## Sounding Board Updates

**THE SOUNDING BOARDS** in the Community Centre and Library got such good responses that new ones went up last Friday! The Sounding Board in the Community Centre asked, "What makes Quadra a Compassionate Community?" Here are the responses: • Community Lunch to which someone responded "Yes!" • The dessert table gifts • Free food program • Quadra Islanders work with each others' differences (not against) • KINDNESS • Garden Club • Seniors programs – lunches and fitness, to which someone responded, "Yes!Yes!Yes!" • Way to Go & Community Supported Death Care • Friday Flicks • Knowing and caring about neighbours • Free wood program • Community garden! A beautiful thing • Car stops, ride share • Free firewood • Neighbourhood Fire departments • Free Christmas dinner at HBI • When neighbours care about each other • Caring for Nature and her creatures • Pumpkin Carving event • Ping pong fun • Airplanes • Quadra Children's Centre • Lovely people • Community Centre staff & programs • Food Bank • Yoga! • The Community Centre!

The Sounding Board at the Library asked, "What is your greatest hope?" Here are the responses: • Healthy relationships with Indigenous & non-Indigenous communities on Quadra • Maintaining the good collaboration that already exists • Reconciliation • Access to healthy forests and beaches • Affordable groceries • Build a ramp like a boat ramp at the spit for mobility accessible swimming and human powered raft launching at our park.

Lots of good stuff going on and thoughtful hopes for our community. Check out the new Sounding Boards at the Community Centre and Library to see what questions you can answer. Tell us what you think; it is all anonymous and fun!

#### 2. Solve the Water Question Once and For All

Whether you're on a drilled well, dug well, or community system, buyers want proof of quantity and quality. Order a full water potability test plus a flow test (minimum 3 gallons per minute sustained for most lenders). If your yield is borderline, install a larger pressure tank or cistern now. Fixing it after you're under contract is painful and expensive.

#### 3. Surprisingly... smells can kill deals!

I like to listen to and observe any potential buyers that I bring to showings, and this is one thing that stands out consistently: Almost every buyer will comment out loud what the house smells like. I hear comments like: wow, it smells clean, do they have dogs, because I can smell it, oh... smokers, why do I smell mold? Covering up smells with artificial air fresheners is probably the worst thing you can do because buyers may think you're hiding something. A neutral smell as a first impression is always the best.

#### 4. Gather Every Permit and As-Built Drawing You Have

That deck you added in 2008? The studio cabin? The plumbing upgrades? Dig them out. Unpermitted work is common on the island, but today's buyers (and especially their banks) want everything legalized or disclosed. If permits are missing, consider retroactive permits now while Regional District staff are less swamped than in spring.

#### 5. Declutter, Depersonalize, and Do the Small Repairs

Island buyers fall in love with the lifestyle, not necessarily your collection of 47 buoys or the moose antlers over the fireplace. I know it's hard to do, but simplify: just have less stuff displayed. Hide it all in closets or a garage for the photos and showings.

Do these five things this winter and you'll be ready to list in the spring, right when the strongest wave of buyers starts shopping. Skip them, and you'll be competing against the handful of perfectly prepared homes that will fly off the market while yours gathers dust.

Thinking of selling in 2026? Drop me a line for a no-pressure walk-through and a custom pre-listing checklist tailored to your property.

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## Cortes Radio

Drop in and tune out

## Purgatory River

**NOW THAT WINTER** is here it's pretty quiet on the island. The only sounds are the neighbours ducks quacking in the clear cut, owls hooting, wolves howling and the infrequent humming of a distant generator.

Maybe it was just a little too quiet because after several days of frenzied clean up, we decided, two days before Christmas, to take the ferry to Campbell River to haul that load of junk to the dump and do a bit of Christmas shopping. It was a decision we would later regret.

The day started innocently enough with a delicious mocha coffee from the postage stamp size kiosk in the Quathiaski Cove terminal. The 15 minute ferry ride across Discovery Passage to the drab seaside town was uneventful.

To the northwest lies the dormant pulp mill which closed permanently in 2010. There have been multiple attempts to revive the site to its former industrial glory. The most interesting was a bid to purchase the 200 hectares by an entrepreneur from California who wanted to manufacture electric cars.

The scariest proposal was a plan to construct a liquefied natural gas plant, storage facility and loading terminal. The faded, peeling LNG sign still sits at the entrance on highway 19. No one has even bothered to vandalize it. The company aptly named Quicksilver Resources went bankrupt in 2016. I wonder how many investors they stiffed?

The road to the dump is long and winding with treacherous potholes. We stopped at the entrance to admire the air filled, transparent plastic decorations with colourful interior lights. Beyond the weigh station on the side of a small mountain of garbage sat four remarkably lifelike plywood replicas of a mother black bear and her three cubs all wearing Santa toques.

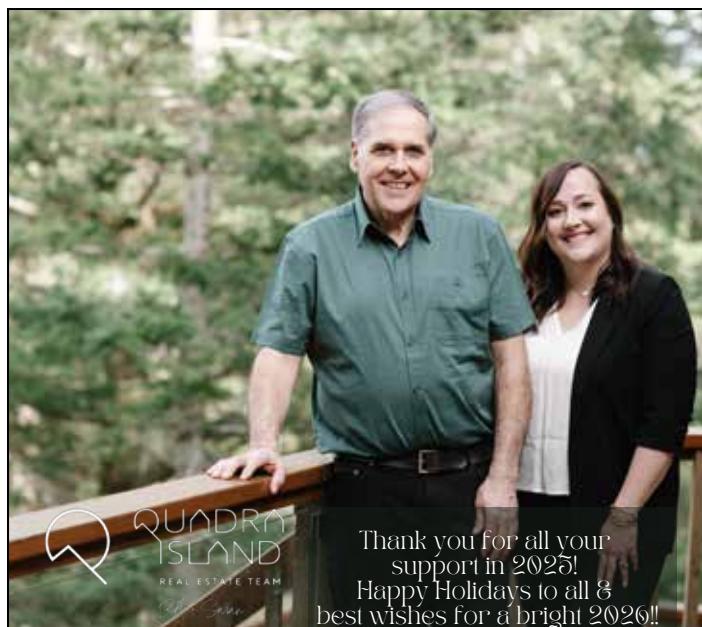
## Open AA Meetings

Monday and Friday nights,  
7:30 to 8:30pm at Cape  
Mudge United Church at 29  
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## New to Quadra?

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Having a sense of humour makes working in this muddy, auditory and olfactory hell hole almost tolerable. There are backhoes, dump trucks and other assorted smaller garbage moving thingies. The intense odour will make your eyes water. There is a layer of brown slime right where you have to step out of your vehicle to unload your refuse.

If you can look beyond the obscene and soul destroying amount of waste we produce every day, the dump does provide some good opportunities to bird watch. While we waited in line to pitch our trash, we observed two bald eagles, several ravens and dozens of crows and seagulls busy mining the contents.

After picking up some groceries and perusing numerous second hand stores, we contemplated treating ourselves to lunch. But finding a restaurant was challenging. Sometime in the 1980's, city council approved the construction of numerous shopping centres dropping them into the middle of the street grid making navigation around town a two person ordeal ... one driving, the other barking directions.

To add to our misery, we noticed there were now a lot more vehicles. The drivers – mostly men – were impatient, erratic, frantic and even a tad psychotic. I looked at the time ... 12:30 pm. The last minute Christmas shopping mayhem was just ramping up.

Suddenly, at a busy intersection, a miniature version of Gandalf from Lord of the Rings with a long grey beard wearing a tall, wide brimmed hat, pulled out in front of my van only this version of Gandalf was dressed head to toe in black, astride the world's smallest, BLACK electric scooter with no head light. I nearly ran him over and he had the right of way. Much to my horror, I realized Gandalf was from Quadra Island. He looked genuinely peeved. Lucky for us he didn't pull out his magic wand and vaporize us on the spot.

We decided to cut our trip short and made our way back to the relative safety of the ferry terminal. We munched on stale muffins and washed them down with lukewarm herb tea as we watched the ship slip into the berth and we reflected on the irony of a situation where we Quadrites can spend years bumbling around the island only to end up in a near fatal collision with each other in Purgatory River!

Then Gandalf buzzed by on his scooter, heading to the front of the line up, beard flapping in the wind and black peaked hat still attached. He not only gave us a wide berth but added the one finger salute. Merry Christmas to you too Gandalf and we swear upon a stack of Christmas cards to never take the ferry to Campbell River this close to Christmas. *Claire Heffernan*

## Quadra Island Outdoor Club: Upcoming Events

**WE'RE HOPING FOR** more sunshine and for snow in the mountains. Here are the upcoming trips, with a great variety of activities:

**17 Dec, Wednesday** Hike the Silk Stocking–Little Black Dress Loop

**21 Dec, Sunday** Solstice kayak in Heriot Bay

**1 Jan, Thursday** New Year's Day mystery hike

**7 Jan, Wednesday** Hike a Tripod loop

**12 Jan, Monday** Snow activities in the Mt. Washington area

The schedule and the details about these events can be found at <https://qioutdoorclub.org/schedule-fall-winter-2026/> We hope that you can join us for some of these activities.

For more information about the Outdoor Club, please visit [qioutdoorclub@gmail.com](mailto:qioutdoorclub@gmail.com)

# THE QUADRA PROJECT

## What's the Beef?

**A TEAM OF** Australian and Japanese researchers have quantified the damage to human health that is done by eating red meat. If people shifted their diets from beef to such forage fish as anchovies, herring and sardines, the study found, an estimated 750,000 lives could be saved per year (The Guardian Weekly, April 19, 2024). The comprehensive study of 130 countries identified that human health deteriorates as red meat consumption rises.

The study also revealed the clear environmental benefits to shifting away from beef. Instead of feeding these nutritious forage fish to animals, which are how most of these aquatic species are consumed, the nutritional benefits that were passed directly to people would reduce the diseases caused by excessive beef consumption, but also save huge amounts of agricultural land that is presently used to raise cattle for beef.

About 2.5 billion hectares of land is used for raising livestock, which represents about 60% of all agricultural land, and about 20% of all land on Earth. In exchange, this land provides less than 2% of human calories and less than 5% of protein. Most of the bucolic fields that we see almost everywhere are growing hay to feed cows. Vast forests, which store carbon and moderate climate, are converted to fields to graze beef cattle and to grow the soya to feed the cattle industry.

This is not a trivial matter on a planet that is struggling to feed more than 8 billion people. Valuable food is used to grow beef cattle—the conversion factor just to grow just 1 kilogram

of beef is 6 kilograms of corn, 6 kilograms of forage fish, or 20 kilograms of soya. About 80% of the ocean's forage fish are fed to animals, although this marine bounty is perfectly safe for human consumption.

After oil, agriculture is the largest producer of greenhouse gases. The consensus among climatologists is that, after voting for politicians who are environmentally conscious and ending frivolous flying, the third most helpful thing anyone can do to arrest climate change is to stop eating red meat.

As ruminates, cattle belch and fart methane, a potent greenhouse gas. Their feces also pollute waterways, their browsing contributes to ecological destruction, and their hooves impair plant growth by compressing soils and facilitating erosion.

Eating beef is primarily a carryover from our ancestral history as hunters, and as a source of food it is not a particularly intelligent option for our modern world. High beef consumption is linked to cancer and heart disease. And we may be forced away from excessive beef consumption simply as a result of its expense compared to plant-based foods, its nutritional inefficiency and its environmental cost.

Red meat does have obvious nutritional value, and a total abandonment of it from our diets is not necessary, practical or even realistic. However, its presence as a major component in our meals could be drastically reduced and replaced with other foods. The evidence is that such a replacement would be not only healthier, but would be much more environmentally responsible.

*Ray Grigg, for Sierra Quadra*



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## Grief and the Holidays

**THE HOLIDAY SEASON** can be especially difficult when you are grieving the loss of someone close. Whether the loss is recent or happened long ago, this time of year often intensifies feelings of grief. Holidays are woven with tradition, memory, and togetherness, and when someone is missing, that absence can feel sharper than at other times of

year. Activities that once brought comfort may now bring pain, and the emotional weight of the season can feel overwhelming.

Grief is a natural and human response to loss, but it does not unfold the same way for everyone. There is no standard pattern or timetable. Some feel waves of sorrow suddenly and intensely, while others experience grief in quieter ways that surface unexpectedly. What matters most is understanding that your experience is valid exactly as it is.



Grief does not affect only emotions; it also impacts the body and mind. Many people notice fatigue, difficulty sleeping, changes in appetite, headaches, illness, or trouble concentrating. You may feel emotionally fragile, mentally foggy, or physically run down. These symptoms are not imagined. Grief places stress on the brain and body, disrupting chemistry, hormones, and even the immune system. During times of emotional pain, the body works harder just to function.

Because of this, caring for yourself becomes essential. Rest when you can. Try to eat nourishing foods and notice what your body needs. Be patient with yourself when energy is scarce. Understanding that grief has physical effects can bring reassurance – nothing is ‘wrong’ with you. You are responding normally to an extraordinary loss.

Sometimes grief shows up in ways that don’t feel socially acceptable. You may cry at unexpected times or not cry at all. You may feel low, withdrawn, or emotionally exhausted. You might rely on coping habits that no longer serve you well. These responses don’t mean you are failing; they simply reflect how deeply grief is shaping your inner world. There is no right way to grieve. Your process is your own, and it deserves respect and gentleness.

Support can make a meaningful difference. Talking with a counselor or joining a grief support group may provide comfort and understanding. Hearing others’ experiences can remind you that you are not alone and that what you feel is part of the human experience. Support can also offer perspective and tools for navigating difficult days.

During the holidays, it may help to find ways to honor both grief and love. You are grieving because you have loved, and the memories you carry still matter. Sharing stories, making favorite foods, looking through photographs, or holding quiet traditions can create moments of connection. At times, these activities may bring warmth; at other times, they may feel too heavy. Let your feelings guide you. There is no rulebook.

Navigating the holidays while grieving is not about forcing joy or hiding pain. It is about finding ways to move through the season with honesty and care. When you allow space for sorrow and for remembrance, you support the gradual process of integrating loss into your life – learning how to carry it, live alongside it, and make room for it without needing it to disappear.

May you find moments of peace, steadiness, and quiet strength as you move through the season.

Way To Go supports our community in preparing for end-of-life through conversation and education. We help loved ones care for their own dying and deceased – offering guidance, empowerment, and assistance from diagnosis through death and after death – making home-based, holistic care more accessible. Visit our website, [way2go.ca](http://way2go.ca); view upcoming events, read previously written articles, and join our email list.

*Margaret Verschuur*

## What Does It Cost to Put an Ad in the DI?

**This is a question I often receive so let's explain how the DI works...**

**Editorial items run free of charge.** That's the service a community paper provides.

This includes: news stories, events, thank you's, lost and found notes, essays and press releases from local organizations, public service announcements etc...

**Advertising that is paid space includes:**

Display advertising - the outlined graphics promoting businesses, classified ads, legal notices, obituaries, help wanted, etc...

Paid advertising is what allows us to publish all the editorial news and events without charge so advertising not only promotes your business, it supports the DI and all the organizations and businesses that rely on us to spread their word.

As always we prefer to receive material by email, so please send yours to:

[news@discoveryislands.ca](mailto:news@discoveryislands.ca)

– Phil Stone, editor

## Holiday Faire in CR

**FIND UNIQUE**, locally-made gifts this holiday season at the Campbell River Art Gallery's annual Holiday Faire from Nov 28 to Dec 23! Featuring a collection of fine art, jewellery, ceramics, fibre art, candles and soaps and much more from over 100 professional and emerging Vancouver Island Artists. CRAG is open Monday to Saturday, 10am to 5pm, and we're located at 1235 Shoppers Row in Downtown Campbell River.

The DI welcomes written submissions of interest to the Discovery Islands community: news, events, opinions, musings. Please keep your item to 750 words for longer articles.

Email to: [news@discoveryislands.ca](mailto:news@discoveryislands.ca)

## Ferry Schedule

Leave Quathiaski Cove	Leave Campbell River
6:05 am	6:30 am
†7:00 am	†7:30 am
††7:30 am	††8:00 am
8:00 am	8:30 am
8:30 am	9:00 am
9:00 am	**9:30 am
9:30 am	10:00 am
10:00 am	10:30 am
10:30 am	11:00 am
11:00 am	11:30 am
11:30 am	12:40 pm
12:40 pm	1:05 pm
1:05 pm	1:30 pm
1:30 pm	1:55 pm
2:00 pm	2:30 pm
2:30 pm	3:00 pm
3:00 pm	3:30 pm
3:30 pm	4:00 pm
4:00 pm	4:30 pm
** 4:30 pm	5:00 pm
5:00 pm	5:25 pm
5:25 pm	5:50 pm
5:50 pm	6:15 pm
6:15 pm	6:45 pm
7:10 pm	8:10 pm
8:40 pm	9:05 pm
9:30 pm	9:55 pm
10:20 pm	10:40 pm
* 11:05 pm	* 11:30 pm

Schedule in effect September 3, 2024 to March 31, 2025 - last updated here 25 Sept, 2024

\* Fridays & Saturdays only

\*\* Tuesdays: Dangerous Cargo, no passengers or cars

† Daily Except Sundays

†† Daily Except Saturdays and Sundays

Schedule may be subject to change check [BCFerries.com](http://BCFerries.com) for Service Notices

## Why Our Stuff Doesn't Last: The Problem of Short-Lived Electronics

**PLANNED OBSOLESCENCE** is when companies deliberately design products to stop working or feel useless after a short time. This strategy, driven by a cycle of fast new products and clever marketing, makes sure that our phones, computers, and appliances are tossed out, not because they're broken, but because they seem old-fashioned. While this helps companies make money quickly and pushes technology forward, it has serious long-term negative effects, causing a huge global problem of environmental waste and squandering people's hard-earned money.

The most obvious and harmful result of short-lived electronics is the massive growth in electronic waste, or e-waste. This is one of the fastest-growing types of trash in the world. According to the UN, a record 62 million metric tons of e-waste was produced globally in 2022. This is a huge increase of 82% since 2010. Sadly, less than a quarter of this total was properly collected and recycled. Most of it is either stored away or illegally dumped into our landfills. This e-waste contains extremely toxic materials such as lead, mercury, and cadmium. When this waste is burned or poorly processed, these poisons spread into the air, soil, and water, leading to serious health problems like brain damage and breathing illnesses. The precious metals in the e-waste generated in 2022 – including gold, copper, and palladium – were worth about \$62 billion, but most of this value was lost in landfills.

Planned obsolescence happens in several ways, such as using parts that wear out quickly, adding special screws that stop you from opening the device, or releasing required software updates that make older devices run slowly or stop working. This forces consumers to buy new products sooner than they should, leading to higher household cost.

In response to this wasteful business model, a global movement has started. The 'Right to Repair' movement calls for laws that require manufacturers to give consumers and independent repair shops the necessary tools, parts, and manuals to fix the devices they own. This movement works to replace the old 'use-and-toss' model with a circular economy where products are designed to be strong, easy to fix, and last a long time. In Canada, this effort has recently become law: federally, Bills C-244 and C-294 (passed in late 2024) changed the Copyright Act to legally let individuals and repair technicians get around digital locks

(Technological Protection Measures) when they need to diagnose or fix a product. This change, along with updates to the Competition Act, is meant to create more competition among repair shops. On top of that, provinces like Quebec have become leaders by passing comprehensive consumer protection laws, including one that officially banned planned obsolescence.

Quadra Literacy has been addressing this issue by making devices, which have been deemed obsolete, once again useful. Much of this is due to a recent announcement from Microsoft that it no longer supports Windows 10 and many computer owners are finding their not-so-old computers are unable to install the Windows 11 upgrade. Quadra Literacy has responded by replacing Windows with a more versatile operating system called Zorin Linux. This allows an older computer to perform quite well for almost any task your old Windows computer can do without the overhead and cost of that system.

Grassroots movements like Makerspace are giving people the ability and resources to repair and rebuild old appliances, furniture, and electronic equipment. There are several communities on Vancouver Island that are doing this. I think with all the talented people we have on Quadra, perhaps we could be doing something similar. I welcome people's comments on this idea.

If you need help to increase your digital literacy skills, contact Quadra Literacy's new Digital Support Outreach Worker at [melissa@quadraliteracy.com](mailto:melissa@quadraliteracy.com) And for technical assistance contact myself, Dave Tomblin, [dave@quadraliteracy.com](mailto:dave@quadraliteracy.com)

### MINES ACT NOTICE OF APPLICATION FOR A PERMIT APPROVING THE MINE PLAN AND RECLAMATION PROGRAM FOR SAND AND GRAVEL EXTRACTION AREA

Take Notice that Peter Berfelo of 650084 B.C. Ltd. has filed with the Chief Permitting Officer, pursuant to Part 10(1) of the Mines Act, R.S.B.C. 1996, c. 293, a proposed mine plan together with a program for the protection and reclamation of the land and water courses related to the property named the Granite Bay Road Pit located at DISTRICT LOT 1299, SAYWARD DISTRICT

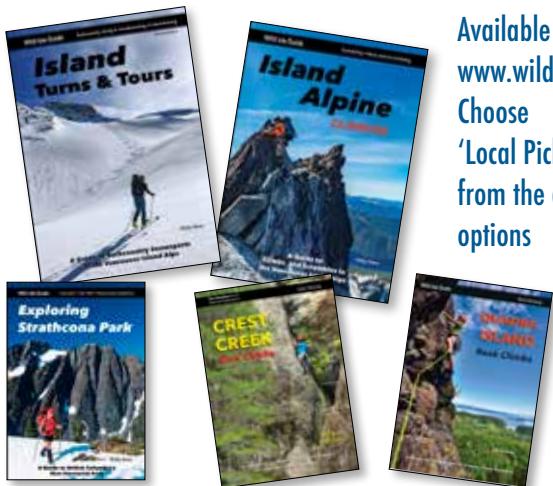
A copy of the permit amendment application, including supporting documentation, is available for viewing at the Vancouver Island Regional Library – Quadra Island, 654 Harper Road, Quathiaski Cove, BC, V0P 0A8.

Any person affected by or interested in this program has 30 days to make written representation to the Ministry of Mining and Critical Minerals, c/o Southwest Regional Office, PO Box 9395 Stn Prov Govt, Victoria, BC, V8W 9W9 or by email [SouthwestMinesDivision@gov.bc.ca](mailto:SouthwestMinesDivision@gov.bc.ca), with a copy to Peter Berfelo, PO Box 661, Quathiaski Cove, BC, V0P 1N0.

Application information and instructions for submitting comments to the Ministry are also available on the Mines Public Engagement Portal at [www.gov.bc.ca/minesengagement](http://www.gov.bc.ca/minesengagement) or scan the QR code below.



## Your Guides to Island Adventure



Available at:  
[www.wildisle.ca](http://www.wildisle.ca)  
Choose  
'Local Pick Up'  
from the delivery  
options

## Heriot Bay Tides

DATE	TIME PDT	M.	FT.
10 Wed	03:00	1.213	4.0
	10:39	5.084	16.7
	17:15	3.115	10.2
	21:14	3.619	11.9
11 Thu	03:46	1.697	5.6
	11:18	4.971	16.3
	18:14	2.741	9.0
	22:52	3.420	11.2
12 Fri	04:35	2.219	7.3
	11:55	4.851	15.9
	19:07	2.369	7.8
13 Sat	00:40	3.425	11.2
	05:31	2.733	9.0
	12:29	4.730	15.5
	19:54	2.024	6.6
14 Sun	02:25	3.640	11.9
	06:42	3.192	10.5
	13:02	4.613	15.1
	20:35	1.718	5.6
15 Mon	03:51	3.975	13.0
	08:04	3.550	11.6
	13:31	4.513	14.8
	21:11	1.457	4.8
16 Tue	04:52	4.322	14.2
	09:21	3.799	12.5
	13:58	4.439	14.6
	21:44	1.240	4.1
17 Wed	05:38	4.612	15.1
	10:27	3.956	13.0
	14:24	4.398	14.4
	22:16	1.070	3.5
18 Thu	06:17	4.818	15.8
	11:21	4.046	13.3
	14:52	4.384	14.4
	22:48	0.946	3.1
19 Fri	06:52	4.940	16.2
	12:04	4.084	13.4
	15:24	4.381	14.4
	23:21	0.871	2.9
20 Sat	07:24	4.996	16.4
	12:41	4.073	13.4
	16:02	4.370	14.3
	23:56	0.840	2.8
21 Sun	07:55	5.014	16.4
	13:17	4.011	13.2
	16:47	4.332	14.2
22 Mon	00:33	0.852	2.8
	08:27	5.019	16.5
	13:58	3.898	12.8
	17:36	4.252	13.9
23 Tue	01:11	0.918	3.0
	08:59	5.023	16.5
	14:47	3.724	12.2
	18:30	4.121	13.5
24 Wed	01:51	1.058	3.5
	09:33	5.026	16.5
	15:39	3.475	11.4
	19:31	3.937	12.9

## THE DI CLASSIFIEDS

### Services

#### QUADRA WASTE SOLUTIONS

Local. On-Demand. Occasionally. Weekly. Servicing Heriot Bay and South. Enquire about our Seniors' Driveway Service. Call/Text/Email. quadrawastesolutions@gmail.com 250.202.9182 Tariff-Free since 2023

#### SMALL ENGINE REPAIRS

in Q Cove. Lawn Mowers, Tractors, Chainsaws, Trimmers, Generators etc. Also some electric power tools. Please call Don @ 250.285.3960.

#### SHORE PINE SIGNS & DESIGN

Custom signs for home and business, boat/vehicle decals, picture framing. Open Mon & Fri 9-2, Tues-Thurs 9-5. Next door to Q Builders. 250-285-2815 shorepinesigns@gmail.com

#### NOTARY PUBLIC

Notary Public on Quadra located inside Sacred Pulse at Quathiaski Cove shops, we offer notarial services, personal planning documents wills, powers of attorney, representation agreements. Call 1.855.204.6277 toll-free email info@quadranotary.ca

#### ROOFING

Professional Roofing Services www.javaroofting.com Call JAVA ROOFING at 250.204.2638

#### QUADRA SEWIST & TAILOR

Alterations, repairs, custom work done on clothing, decor and gear. Experienced with most fabric types including waterproof. Call Megan at 604 908 6347 or email mbaindesign@gmail.com

#### SUPPORTING SUBSCRIPTION

Local Voluntary Subscriptions are welcome to help support the DI, suggested: \$30 per calendar year Find more details online at [www.DiscoveryIslander.ca](http://www.DiscoveryIslander.ca)

### Help Wanted

#### TAKU RESORT & MARINA

is seeking a Docks & Maintenance Team Member

Position Overview: We are looking for a hardworking and reliable Maintenance Team Member to join our crew. This position is perfect for someone who enjoys working outdoors, staying active, and taking pride in keeping the property clean, safe, and well-maintained. The role includes a variety of tasks such as yardwork, general repairs, garbage and recycling collection, cleaning, basic maintenance as well as marina operations.

If you enjoy hands-on work, love the outdoors, and want to be part of a great team, we'd love to hear from you! Send your resume and a short introduction about yourself to info@takuresort.com

Key Responsibilities: • Grounds-keeping – Mow lawns, trim hedges, weed gardens, and maintain the overall appearance of the property • General Maintenance – Minor repairs, painting, and upkeep of rooms, buildings • Garbage & Recycling Removal Equipment Care – Use and maintain basic tools and equipment properly.

Qualifications: • Experience in general household repairs an asset • A strong work ethic, positive attitude, and willingness to learn.

What We Offer: • Competitive hourly wage • On-the-job training and learning opportunities • A fun and supportive work environment • Beautiful workplace on the coast, surrounded by nature.

We'd love to hear from you! Send your resume and a short introduction about yourself to info@takuresort.com

#### COMMERCIAL OFFICE SPACE

For rent in Heriot Bay. Inquiries 250-285-2880



### DI CLASSIFIEDS

**Up to 35 words:** \$25 including gst - one time

**36 to 70 words:** \$45 including gst - one time

Email your ad & pay online at [discoveryislander.ca](http://discoveryislander.ca)

**Questions?** Email news@discoveryislands.ca

### Wellness

#### SOUL SOLE MASSAGE

by 'foot pressure' is an ancient Ayurvedic modality that uses the feet to deliver the massage. Expect deep tension release, increased mobility, relaxation and healing. Studio in Quathiaski Cove. Call/Text Jen 250 285 0070 [www.soulsole.ca](http://www.soulsole.ca)

#### MASSAGE

Massage is an exceptional tool that aids in alleviating stress and tension of body and mind. Trinity Gogolin specializes in many styles of massage from Deep Tissue and Trigger Point Release to Swedish Style and Relaxation Massage. U.S. Trained, with over 15 years experience. Offering a beautiful studio location, comfortable and conveniently located close to Q-Cove. Call or Text 250 203 4529 email: trinitygogolin1@gmail.com

### Home & Garden

#### PRUNING, SOIL CARE, AND FABULOUS GARDENS AND ORCHARDS OF ALL SORTS

Highly-skilled and passionate horticulturist Ryan Nassichuk is now making bookings for the winter of 2026 and beyond. Email nassichuk@gmail.com to get in touch, and visit [www.nassichuk.com](http://www.nassichuk.com) for more information no phone calls or text messages between late September of 2025 and late January of 2026

### For Sale

#### LIGHTLY LOVED GRAVEL BIKE SEEKS NEW RIDER!

VERY lightly used (under 100km) and well-maintained Liv Devote 1 would make a great Christmas present, just sayin'... Details: Size Small. Great for women around 5'3" or so. Liv Devote 1 is an aluminum frame gravel bike with excellent geometry and build specs. Lower gearing is great for steep hills; higher top end takes it down good and fast. Features: Disc brakes, drop handlebars with combined brake/shifters. Extras: Bontrager fenders front and back; rear rack. Come take a look! \$2100 new, + \$300 with extras. Asking \$1750 all in. [taseko1@telus.net](mailto:taseko1@telus.net)

#### NEXT DI DEADLINE

**7pm Monday, December 22**