

ISSUE 852 • MARCH 21, 2025 • SERVING QUADRA & DISCOVERY ISLANDS SINCE 1993

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**Updated
Fees**

**April
1, 2025**

Tipping Fee Changes

Starting April 1st, tipping fees on certain categories are increasing at the Comox Valley and Campbell River Waste Management Centres. These increases are part of a user-pay system, meaning those who produce the waste share the cost of handling it.

For more information,
visit: cswm.ca/fees

Comox Strathcona
Waste Management

NEWS & EVENTS

Annual Quadra Garden Club Fundraiser

Saturday, April 26, 2025, 10:00 pm.—12:00 pm at Quadra Island Community Centre.

We invite you to come out and support your local garden club's annual fundraiser. You will have an opportunity to buy locally grown plants and meet island gardeners with expertise and experience gardening on our island.

We welcome donations of plants from members and non-members. Plants can be dropped off at the Community Centre Saturday morning before 9:00 am at the side door of the main hall.

If you have plants to donate and would like plant pick-up prior to the event phone Jeanne @ 250-285-2835 or email at jeannestoppard74@gmail.com to make arrangements.

For more information regarding the garden club, check us out on Facebook or at our website quadraislandgardenclub.com Your support is appreciated. See you there!

Food Co-op Open House

On March 29 there will be an Open House to share information and seek input regarding the process of starting a member-owned Food Co-op.

The Open House will be from 10am to 2pm at the Community Centre in Room 1.

Come and find out about the many benefits of a food co-op for members and the community as a whole, and about the way a transition from a private business to a co-op typically happens. Please bring your ideas about the way a food co-op could enhance the Quadra Island community, and suggestions regarding products and services you would like a food co-op to offer. Everyone welcome!

To list your event:

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ISLAND CALENDAR

DAY TO DAY

Friday, March 21

- Friday Flicks: Drive Back Home, QCC, 7:45pm details page 13
- Live Music with Go Dog Go, HBI Pub 8pm

Saturday, March 22

- Celebration of Life for Wayne Gair, Herons at teh HBI, 3-5pm, everyone welcome
- Spring Fling - Fundraiser for quadra Children's Centre, QCC, doors 6:30pm, pg. 6
- Bingo! Quadra Legion 7-9:30pm

Wednesday, March 26

Way to Go meeting, QCC Rm. 3, at 3 pm.

Thursday, March 27

- Food Co-op Speakers Herons Dining Room at the HBI 7pm, details page 4

Friday, March 28

- Live Music with Blue Kats, HBI Pub 8pm

Saturday, March 29

- Annual Quadra Garden Club Fundraiser QCC Room 1, 10 am - 2pm
- Dementia: Celebrate Life QCC 1-3pm, details page 4

Saturday, April 5

- Hal Douglas Blues Band, Quadra Legion 7-10pm, \$10
- Quadra Singers Spring Concert - Wade in the Water, QCC, 7pm, details page 16

Wednesday, April 9

- Jazz on the Rocks, Quadra Legion 7-9pm, \$10

REGULARS

Sundays

- Meditation Group: Quadra Children's Centre, 10am

Mondays

- Pickleball, at Cape Mudge Gym, drop-in fee \$3, 10am-noon
- Badminton at Cape Mudge Gym, drop-in fee \$3, 7:30pm

Monday & Friday nights

- Open AA meeting, at Cape Mudge United Church, 7:30-8:30pm

Wednesdays

- Pickleball, at Cape Mudge Gym, drop-in fee \$3, 6-8pm
- Poker Night: Quadra Legion 7:30pm

Thursdays

- Pickleball, at Cape Mudge Gym, drop-in fee \$3, 6-7:30pm
- Badminton at Cape Mudge Gym, drop-in fee \$3, 7:30pm
- Shakespeare Discussion Group QCC Room 2

Saturdays

- Meat Draw: Quadra Legion 5 to 6:30pm

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- Email us at news@discoveryislands.ca
- Drop off your item at *Inspirations* in Quathiaski Cove
- Bring it to our office at 701 Cape Mudge Road

WHAT'S ON AT QCC



**Jump into the action at the Quadra Community Centre!
Come down, get involved and be part of YOUR community!**

WHAT'S HAPPENING at QCC March 21 - April 4, 2025

THIS WEEK: March 21 - 28

FRIDAY: 8:30 Fitness with Jeannie; 9:30 Men's Fitness; 10 Spinners & Knitters; 10:30 Friday Painters; 12 noon Smart Recovery: to join contact Jude: smartrecoveryquadra@gmail.com; 7:45 Friday Flicks Presents: Drive Back Home

SATURDAY: 10 Tai Chi with Nicki; 10 Strengthening Community Connections Event; 6:30 FAMILY FRIENDLY SPRING FLING DANCE with Clanna Morna (fundraiser for Quadra Children's Centre).

THIS WEEK: March 24 - 28 (Spring Break Note ** no school gym programs running)

MONDAY: 8:30 am Fitness with Jeannie; 10 Parents and Tots; 10 Yoga with Susan Bishop; 1 Sing for Pure JOY; 1 Jewellery Making; 2:30 Caregivers Support Group; 5:30 Iyengar Yoga

TUESDAY: 9 Quadra Quilters Quilting Bee; 10 Balance and Core Strength; 5 Circuit Training with Nicki; 7:15 International Folk Dancing

WEDNESDAY: 12 noon Community Kitchen Lunch; 1 Mosaics; 3 Ping Pong; 3 Way To Go

THURSDAY: 10 Parents and Tots Dance with Kate; 10 Q.Circle Somatics; 5 Core Strength with Nicki; 6:30 Quadra Singers

FRIDAY: 8:30 Fitness with Jeannie; 9:30 Men's Fitness; 10 Spinners and Knitters; 10:30 Friday Painters; 12 noon Smart Recovery: to join contact Jude: smartrecoveryquadra@gmail.com

NEXT WEEK: March 29 - April 4

SATURDAY: 10 Tai Chi with Nicki; 10 Quadra Pantry Food Co-Op Open House; 12 Q.Circle presentation with Jude

SUNDAY: 11 Seed Swap

MONDAY: 8:30 am Fitness with Jeannie; 10 Parents and Tots; 10 Yoga with Susan Bishop; 1 Sing for Pure JOY; 1 Jewellery Making with Q.Circle; 5:30 Iyengar Yoga with Dood; 7 Photo Club

TUESDAY: 10 Balance & Core Strength with Q.Circle; 2:30 Handball with Dave (School Gym); 3 Sewing Crafts for Kids; 5 Circuit Training with Nicki; 7 Tai Chi with Nicki; 7:15 International Folk Dancing

WEDNESDAY: 11 Art in Nature for Homeschoolers; 12 noon Community Kitchen Lunch; 1 Mosaics; 1 Spiritual Discussion Group; 3 Ping Pong; 4 Intermediate Basketball with Dave (School Gym)

THURSDAY: 10 Parents and Tots Dance with Kate; 10 Somatics with Q.Circle; 1 Indigenous Book Study; 2:45 Art in Nature with Elke; 5 Core Strength with Nicki; 6:30 Quadra Singers

FRIDAY: 8:30 Fitness with Jeannie; 9:30 Men's Fitness; 10 Spinners and Knitters; 10:30 Friday Painters; 12 noon Smart Recovery: to join contact Jude: smartrecoveryquadra@gmail.com

For further info phone 250-285-3243. OR go to our website and to our Recreation Guide tab to view the guide there: <http://www.quadrarec.bc.ca> OR navigate to our new REC DESK calendar to see what's happening each day, (click on each activity in the calendar to expand its details): <https://quadrarec.recdesk.com/Community/Calendar>

Cortes Radio

Drop in and tune out

ISSUE 852
21 MARCH, 2025
Publisher Philip Stone

The DI is published every two weeks. Our current edition and upcoming deadlines are available online: www.discoveryislander.ca

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Opinions expressed in this magazine are those of the contributors and are not the views of the publisher.

SUBMISSION GUIDELINES

We welcome items for publication on subjects of interest to the Discovery Islands community.

- **250-300 words** is a good length for community announcements.
- Send articles in the body of an email.
- **Canadian spelling** please: *centre, colour, jewellery* etc...
- **Please use the title of your item** in the email subject line.
- Remember to **include credits and captions** for photos & artwork.

WHILE EVERY EFFORT IS MADE TO INCLUDE ALL ITEMS SUBMITTED, ERRORS AND ACCIDENTAL OMISSIONS MAY OCCUR.

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NEXT DEADLINE

7pm Monday, March 31
for publication on
Friday, April 4, 2025

COMMUNITY NEWS & EVENTS

Co-op Curious Learners

Upcoming speakers from Cortes and Cowichan food co-ops!

Quadra's Co-op Curious Learners have lined up two more amazing live-and-in-person presentations for the end of March. We hope you can make it!

Consumer Co-Op - The Story of the Cortes Natural Food Co-op with Mary Lavelle (General Manager) and Amy Robertson (President of the Board)

Thursday, March 27th at 7pm at the HBI (Heron's Dining Room).

Farmer/Food Producer Co-Op: The "Cow-op" (Cowichan Valley Cooperative Marketplace) with Laura Boyd-Clowes.

Monday, March 31 at 7pm at the HBI (Heron's Dining Room).

Come early to Munch and Mingle over free refreshments at 6:30. Entrance by donation to help pay our speakers.

About the Cortes Natural Food Co-op: Starting as a "buyer's co-op" in 2003, the Cortes Natural Food Co-op has had a long and successful journey to becoming the grocery store and cafe it is today. It is one of the top employers on the island (employing 20 people even in the off-season), an attraction for tourists and visitors, and the go-to grocery store for many year-round residents. Active members enjoy several benefits, but membership is not required to shop there — so the store serves many times more people every year than its approximately

360 active members. With over \$2 million in sales each year, the Co-op also makes a conscious effort to be a good neighbour. As General Manager Mary Lavelle put it during an interview for Cortes Currents, "Staff, board, management — we're always considering the community. That is one of the factors that we always consider in our decision making... And I think that's part of what makes us so special."

About the "Cow-op": "A farmers market meets the internet." Started in 2014, the Cowichan Valley Cooperative Marketplace is a non-profit farmer and food processor co-operative with an online marketplace of locally grown and harvested food, featuring a variety of produce, meats, eggs, fruit, baking and more all grown or produced throughout the Cowichan Region. This is a convenient system for food producers and customers alike, as the farmers save time and buyers are able to shop from their computer year-round while directly supporting local family farms and businesses. Farms take turns being the location for order pick-ups. Alternatively, customers can request delivery to their homes.

Please bring your curiosity and your questions. **See you on March 27th and 31st!** Thank you to the HBI and Taku for your support!

Reminder from QI Cat Rescue:

People can request assistance with getting their cats fixed by completing the form on our website at: www.quadracatrescue.com/spay-neuter/

Dementia: Celebrate Life

Part III: Community Perspective
Saturday, March 29 from 1-3pm
Quadra Community Center

Imagine living in a community where people living with dementia could share their journey openly. They would be expected to live their lives fully and get support to safely do things that become more difficult. Their care partner could continue to be involved in community events because knowledgeable friends and neighbours are there to help with respite when needed. Please come and share YOUR stories about what would be helpful to you as someone living with dementia or you as someone supporting someone living with dementia and you as someone who wants to provide a safe, supportive space for those living with dementia.

We will have snacks and prizes! Presentation by Jude McCormick and sponsored by Quadra Circle.

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Quadra Island Cemetery Update

Quadra Island Cemetery Society Annual General Meeting

Tuesday, April 22, 7:00 pm

Quadra Island Legion, Heriot Bay

The agenda includes adoption of the 2024 AGM minutes, introductions and short reports by the Trustees regarding: progress on our website and on the natural burial memorialization, Cemetery activity, and presentation of the 2024 financial statement. Since there is room for up to 2 more Trustees on the Board nominations for new trustees will also be taken for future consideration. Everyone is welcome to attend the AGM. You must be a member to vote. If you own a plot or a family member is interred in QI Cemetery, you are a member.

Drivers are reminded to be considerate when there is a burial in progress at our Cemetery – slow down to reduce road noise and watch for cars turning off or entering the roadway.

Please NOTE: the annual spring clean-up of the Cemetery will take place on Saturday, April 26. . Anyone who has vases, mementoes, or keepsakes they would like to keep, please come and get them before the 26th. All items that are removed by the cleanup crew will be held in storage until the late spring.

The Cemetery Board has had some personnel changes this winter. We have accepted resignations from John Nutting and Anita Brochocka and thank them both for their service. Also, we have just appointed Kelly Beamish as our newest Board member and we look forward to working with her. The Quadra Island Cemetery Board includes: Grant Hayden (Chair), Ian MacPhee (Treas.), Vic Gladish (Sec.), John Arnold, Tom Vaniderstine, Alf Williamson, Denise Chisholm, and Kelly Beamish.

Way to Go

Join us on Wed. Mar. 26 (note change of date) from 3 pm to 4:30 pm, QCC Rm. 3, for a presentation on family & community-led death care by guest, Emily Bootle, see: deathcarebc.ca/about-us

Info or zoom link at way2go.ca or 285-3298. Final meeting. on Apr. 14.

QI Outdoor Club

WORKING OUR WAY THROUGH A COOL, WET MARCH, here are our upcoming events:

21-24 MARCH, FRI- MON – multi-day hiking from Powell River

26 MAR, WED – hiking the Yellow Mud Trail

2 APRIL, WED – kayaking to Open Bay and the Breton Islands

29 APRIL, SUNDAY – the Summer Planning Meeting for Outdoor Club trips

Details about Club outings are available at: <https://qioutdoorclub.org/schedule-fall-winter-2024-25/>

For more information about the Outdoor Club visit <https://qioutdoorclub.org/> or email to qioutdoorclub@gmail.com

Your Submissions to the DI are Welcome!

We especially appreciate submissions to be sent by email to: news@discoveryislands.ca

At The Legion

• **Saturday, March 22nd 7-9:30 pm** Bingo! The proceeds are going to MARS Wildlife rescue centre

• **Saturday, April 5th 7-10pm** The Hal Douglas Blues Band! Featuring Tom Younger on Bass, Nick MacGregor on drums & Dave Blinzinger playing Sax \$10. at the door

• **Saturday, April 9th 7-9pm** Jazz on the Rocks, playing favourite jazz standards \$10

• **Getting closer to getting the kitchen open!!** Stay tuned

Kindergarten Registration

Welcome to Kindergarten Quadra Island.

It is time to register your Kindergarten aged child at Quadra Elementary School. I am very excited to meet all the children on June 6th which is our Welcome to Kindergarten event!

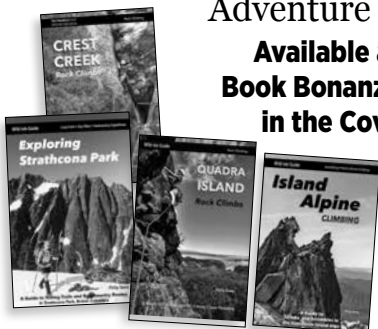
All children registered by April 3rd will have the opportunity to join us, along with a parent, in the classroom for an afternoon in May or June. This is a sneak peak for both you and your child.

Please contact me at Lesley.brown@sd72.bc.ca if you have questions you would like answered before you register your children. I would be happy to help!

Lesley Brown

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Let's Fix This—Important Reminder From Quadra Cat Rescue

Do you have a cat or kitten that hasn't been spayed or neutered? Does your neighbour have one, or two, or three, or more? Has a stray cat shown up in your neighbourhood?

You can help keep the island cat population in check by making sure kittens are fixed before they reproduce—ideally by the time they're five months old.

Need help getting a pet to the vet? Contact Quadra Cat Rescue. We have a low-cost spay neuter program for people who need assistance. Just complete the form on our website (www.quadracatrescue.com).

Please don't delay. One unfixed pair of cats and their offspring can produce 500 kittens in three years. Arranging to get cats fixed before it's too late has a huge impact on the workload for volunteers, who've been helping islanders and their cats since March 2009.



Support Quadra Cat Rescue:

- Volunteer to temporarily foster or become a neighbourhood monitor.
- Adopt an already-fixed adult cat from Quadra Cat Rescue to free up foster space.
- Sponsor a kitten's healthy start with \$400 for basic vet care (vaccination and neutering).
- Donate Tru Value Foods Spirit Board points (code is 280 at both stores)
- Donate to Quadra Cat Rescue (provide mailing address for tax receipts!):
- e-transfer via email to quadracatrescue@yahoo.com
- mail a cheque (Box 192 Heriot Bay, V0P 1H0)
- through Coastal Community Credit Union
- or use PayPal through the website (www.quadracatrescue.com).

Contact Quadra Cat Rescue by Facebook message, email to quadracatrescue@yahoo.com, or call us at 250-285-CATS (2287).



Open AA Meetings

Monday and Friday nights, 7:30 to 8:30pm at Cape Mudge United Church at 29 Tekya, Cape Mudge. Everyone Welcome!

Date Change - Meet NDP Candidate

On March 23rd, 11am to 2 pm, SouthEnd Winery will be hosting a meet and greet with Tanille Johnston, the federal NDP candidate for our riding. Come on out and meet the candidate so you can share your concerns and find out what Tanille would bring to the table as our representative.

The Spring Fling, March 22

QUADRA CHILDRENS CENTRE and Society of GRIT are collaborating to bring you 'The Spring Fling', a fundraising event at Quadra Community Centre featuring music from Clanna Morna.

Not just for kids, Frog Man (balloon artist) will be there for added amazement and entertainment! Get ready for a night of fun, dancing, and giving. Doors open at 6:30pm with music starting at 7. Early bird tickets are available at Inspirations and Copper Coast for \$18, or \$20 if purchased at the door. (Teen, senior and family pricing is available at the door.) Stay tuned for more details!

THE Comedy Misfits



Sunday March 30

7:30-9:30 PM • HERONS
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Quadra Island Chamber Music Festival Launches 2025 Season

Spring is here and we are leaping into action! We hope you are all as excited as we are to host the 2025 year's musical extravaganza. The Quadra Island Chamber Music Festival will be held this year from June 23 to the 27th.

This year will begin and end with concerts at the Quadra Island Community Center on Monday and Friday. The Tuesday evening concert will be held at the Cape Mudge United Church and we've set aside Thursday evening for the popular concert at the SouthEnd Farm Winery. This lovely venue is only available to those concert goers with the Bundle Ticket package. The Festival will consist of 4 concerts with a dark day on Wednesday.

This year's program includes flavours of France and Spain with pieces including Astor Piazzolla: Selections from History of the Tango for flute and guitar, Antonín Dvořák: Quintet no. 2, as

well much loved classics such as W A Mozart: Quartet for flute and strings in C major. Stay tuned for the full list of performers and the detailed program!

Our artistic director, Phil Hansen has been working diligently to bring you World-Class musicians and a diverse program that will delight and inspire you. Bundled Tickets will go on sale on April 15th, so please save the date. Individual concert tickets will go on sale May 1st. Tickets will be available for purchase online via the Tidemark Theater Website, and in person at Copper Coast and Inspirations.

We are asking for your assistance with the many tasks required to host this event. We are still looking for three billets to host a musician for the week of the festival (seven nights). These generous souls will receive two complimentary tickets for the Quadra Island Community

Center Concert of their choice, the bonus of listening to their musician practice and our eternal gratitude. Please contact billet organizer Claire Heffernan call/text 250 880-0791 or email islandhome2015@gmail.com

We also require bakers to create goodies for our concession, volunteers to assist with staffing the concession, chairs to set up and take down and back stage help. If you can spare an hour or two please let us know by responding to this email! We are a completely volunteer board and rely on the generosity of our community to keep this an inclusive and accessible Festival.

And please use Spirit Board points #305 to support the Festival when shopping at Tru Value. Thank you for your continued support and we are excited to see you all at the Festival!

Quadra Island's Disaster Preparedness Expo

What to do when (not if) IT happens. What do YOU do? You will be responsible for every living thing in your home (OK, maybe not the Aspidistra, but definitely the dog and the hamster).

So come to the BIG ONE, OUR BIG ONE, on May 10, 2025, 11 am – 3 pm., QICC, organized by the Quadra Island Emergency Program, QIEP volunteers working to help make Quadra resilient and resourceful in a Disaster.

There will be volunteer organizations, businesses, and local and provincial agencies, from Quadra Island and beyond, in booths, manning displays, providing demonstrations, giving advice, in the Community Centre Hall and the CC parking lot, to show you how, and with what, you can prepare yourself, your family, and your home for a disaster.

The Salvation Army Food Truck will also be there so you can sample the Evacuees' menu already enjoyed by thousands who were fleeing floods and wildfires in BC.

See you at the BIG ONE. May 10, 2025



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Coig Trio

For our final concert of the 2025/2026 season, Quadra Concerts is excited to present Coig Trio on Saturday, April 12 at the QCC starting at 7:30. Advance tickets for \$20 are available at Inspirations in Q Cove, Copper Coast in Heriot Bay and online through Tidemark Theatre. Tickets will be available at the door for \$25.

With a fiery Celtic style as their musical core, Rachel Davis & Darren McMullen, accompanied by Zakk Cormier, offer a fresh and exhilarating mix of traditional tunes, lively instrumentals and contemporary songs performed on over a dozen instruments (vocals, fiddles, guitar, banjo, mandolin, viola, bouzouki, whistles, and more)--in a lot of non-traditional ways!

The musical trio features the superb talents of Rachel Davis on fiddle and vocals, and the musical musings of multi-instrumentalist Darren McMullen, and Zakk Cormier on guitar. With driving rhythms on Acadian foot-percussion, they're an unparalleled musical force.

With more than a decade of making records and touring the globe behind them, Rachel and Darren have released their long-imagined, and much-anticipated, duo album, Home. Highlighting the pair's outstanding musicianship and vocals, Home features a superb mix of traditional tunes and songs with original co-writes and signature classics.

Rachel and Darren have assembled a mantle full of awards and nominations for both their solo recordings and with Còig for five

recordings, including two Canadian Folk Music Awards, a JUNO nomination, and multiple East Coast Music Awards. Combining traditional folk tunes and contemporary songs, their lively stage show has won them fans across North America, Europe and Australia. They are the best in trad music, in a non-traditional way.

Videos:

River and the Road - youtube.com/watch?v=QlIfD_V82G4

Long House - youtube.com/watch?v=KiR3puSdSmY



SUPPORTING SUBSCRIPTION

Local Voluntary Subscriptions are welcome to help support the DI, suggested: \$30 per calendar year. Find more details online at www.DiscoveryIslander.ca

Tired of boring Easter eggs?

Kids (and adults) love these unique 3D printed eggs with cute frogs, cats, dogs, lizards, turtles, octopus, snakes and dragons inside. Also, we have a big variety of dragons, dogs, cats, mermaids, lizards, octopus, frogs and snakes (not in eggs). Items range from \$10 - \$35. Credit and debit cards accepted. Lot 16 - 620 Helanton Rd. (Drive up Helanton, turn left on Daisy Lane, first driveway on the right on Daisy Lane).

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22 MARCH 2025

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★ Teen, Senior and Family ★ discounts available at the door

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REGIONAL DIRECTOR'S REPORT

Hello!

Signs of spring are popping up... my favourites this week are the growing birdsong, the swelling salmonberry buds, and the peach blossoms outside my kitchen window. In this Report there's an Official Community Plan process update and highlights from some recent learning.

OFFICIAL COMMUNITY PLAN: AN UPDATE

At the March 11 Electoral Area Services Committee (EASC) meeting, staff provided an update on what's happening with the Area C Official Community Plan (OCP) and shared that they'll be providing a monthly update as the process moves along.

Currently staff are compiling a list of community/interest groups to engage with for their thoughts on the OCP renewal. Community groups which have an interest in participating, perhaps an interest in a specific portion of the OCP, are invited to connect with Planning staff. Please email planning@srd.ca, mention 'OCP engagement', and your group will be included in upcoming consultation/interviews.

Following Planning staff's engagement with key interest groups, the intention is to bring specific focused topics to public meetings. The topics will be advertised and all who are interested will be welcome to attend and provide topic-specific input.

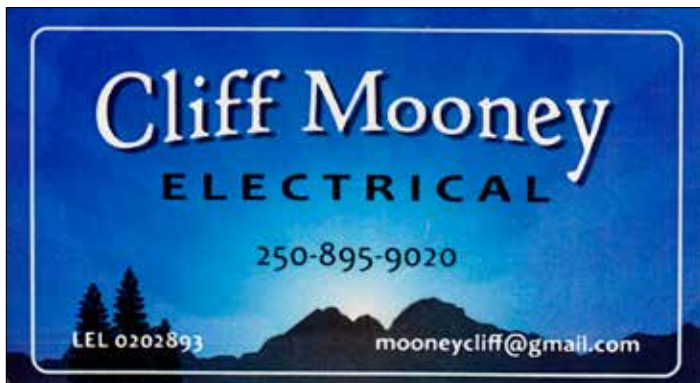
The SRD has an Area C OCP webpage where updates are posted as the project moves forward, along with links to the current official community plan, rural land use bylaw & integrated sustainability plan. A bonus is that at the bottom of the page, you can subscribe to receive email updates when new info is posted: srd.ca/area-c-ocp/.

There have been concerns raised by some Outer Discovery Island residents that they are a distinct community, desiring an OCP specific to the Outer Discovery Islands. SRD staff clarified that the intention is to work with residents to develop a Local Area Plan for the Outer Discovery Islands, a plan which will recognize the unique identity, concerns & vision of Outer Island residents. It was stated that it would be highly unusual for an Electoral Area to have multiple OCPs. You can look to the current Quadra OCP and see the Quathiaski Cove Village Plan as one example of the way a Local Area Plan nests within an OCP.

LOCAL GOVERNMENT LEADERSHIP LEARNING

Recently I spent three days learning with others from across BC. The over-arching theme at the Local Government Leadership Academy this year was Engagement, examined through various lenses.

We heard from Regional Districts and Councils across BC about their best practices; the pitfalls of over-reliance on social media; and the importance of being strategic with broad engagement because engagement fatigue is real. We also discussed the Emergency Disaster Management Act particularly as it relates to engaging indigenous governing bodies; asset management, and much more. I'm super grateful for this educational development supporting me in the role of Director (and happy to discuss further if you're interested).



BOARD APPOINTMENTS

Every year the Board appoints Directors to SRD Committees and external agencies. In 2025 I'll be serving on the First Nations Relations Committee (as vice-chair), Electoral Area Services Committee, Comox Strathcona Regional Hospital District (as vice-chair), Comox-Strathcona Solid Waste Committee, Marine Planning Partnership, UBCM's RCMP Contract Management Committee, and the Coastal Communities Committee on Solid Waste and the Circular Economy. I'm looking forward to lots of learning, communication and connections in the coming year!

CONNECT

Thank you for reading. You're welcome to connect with me with questions or concerns: email RMawhinney@srd.ca, or call 250.203.2468. If you'd like to chat in person, you can book an in-person meeting at calendly.com/robynmauhinney.

Until next time, respectfully,
Director Robyn Mawhinney.



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Mosaic's Draft Amended Forest Stewardship Plan

Mosaic Forest Management, on behalf of TimberWest Forest Corp, has invited the public to comment on a draft amended forest stewardship plan for that part of TFL 47 that's on Quadra Island. The Forest Practices Board recommended that TimberWest amend its forest stewardship plan to include a verifiable strategy for how TimberWest will meet the 9 percent target for old forest in TFL 47.

Mosaic-TimberWest has managed to evade including such a strategy in its plan for 20 years. To tamp down public concern about the plan, Mosaic-TimberWest penned a letter in the last DI jointly with We Wai Kai Chief Counsellor Ronnie Chickite. Mosaic-TimberWest have also circulated a "fact sheet" filled with inaccuracies and diversionary information that had little bearing on the job the Forest Practices Board asked them to do. They seemed to be preparing for something. In the meantime, the Peaceful Grannies are said to be getting their lawn chairs out of winter storage and are getting ready to set them up exactly where TimberWest are preparing to build a road into what TimberWest calls "Block 12-651".

These two different preparations are directly connected.

The Grannies want to protect Block 12-651 because it's an area of primary forest—which means an area that has never been logged and contains a concentration of old Douglas fir veterans. This area is quite unusual on Quadra, most of which has been logged.

It's exactly the kind of forested area that the framers of the Vancouver Island Summary Land Use Plan, written back in 2000, recommended be conserved to protect biodiversity in what they called Special Management Zone 19 (SMZ 19). Conserving such areas was their "recommended strategy" for restoring the decimated old forest that once covered our island.

Block 12-651 also happens to lie in the middle of SMZ 19, which includes most of TFL 47 and the 11 woodlots on Quadra.

If Mosaic-TimberWest was looking to the actual owners of Block 12-651 for guidance on what they should do, they could have looked at what the We Wai Kai Nation wrote in its 2023 application to renew the woodlot plans for their woodlots W1969 and W1970, both of which are located in SMZ 19 and are not too distant, as the raven flies, from Block 12-651.

In those plans, the Nation committed "to adhere to and implement the Special Management Zone (SMZ) 19 objectives and strategies". Which would mean conserving such forested areas as Block 12-651.

However, Chief Chickite and Mosaic's Jimmie Hodgson stated in their letter to the DI that the We Wai Kai "approves all forest management activities on the TFL". Presumably, then, the We Wai Kai approved logging of Block 12-651 when it was first proposed to them by TimberWest-Mosaic. Indeed, not long after their letter appeared in the DI, I received a letter from Capacity Forest Management Ltd on behalf of Chief Chickite that appeared to be a withdrawal of the Nation's previous commitment "to adhere to and implement the Special Management Zone (SMZ) 19 objectives and strategies".

So what's a granny to do?

For those of you who care about the state of Quadra Island's forests, there's an interesting battle emerging between three different interests.

One of those interests is represented by Mosaic Forest Management. In 2024, Mosaic listed 2.3 million cubic metres 73 percent of all the threats made against coastal saw mills to export raw logs from BC to the US, Japan and Korea. Those threats likely resulted in Mosaic actually exporting about 73 percent of the total volume of raw log exports from BC. Exporting raw logs to those countries exports high-paying millworker's jobs out of Canada.

On Quadra, Mosaic manages TimberWest's TFL 47.

A second interest is the public interest of carefully and realistically balancing the essential ecological services provided by mature and old forests against the need of local communities to exploit some of the surrounding forests to meet some of their economic needs.

The current imbalance between these two interests has resulted in the rate of logging on Quadra Island since 2004 exceeding the natural ecological carrying capacity of its forests by a factor of approximately 5.

And then there is the third interest: The We Wai Kai Nation. Their interests are complex and historic. They have allied themselves with Mosaic, which now contracts the Nation to do its logging on Quadra Island. The Nation counts on that business to contribute to its economic and social development. But its interests go much deeper than that. The We Wai Kai are in the final stage of negotiating a land settlement treaty with the governments of BC and Canada. When that treaty is signed—likely to occur within the next 5 years—a large part of what is currently known as "Crown"

land on Quadra will become We Wai Kai Nation Land. (Your private property is not Crown land.)

When the We Wai Kai treaty is finalized and their treaty lands are revealed, those lands will become the We Wai Kai's "private property". Previous treaties state that a Nation may write its own laws for its lands, including laws governing forest resources on those lands. Those treaties also state that if there is a "Conflict" between a Nation's laws and provincial or federal laws, provincial or federal laws will "prevail".

When that treaty is signed, it won't matter what Mosaic wants or what the second interest mentioned above wants to happen on We Wai Kai treaty lands. The Nation's title and rights on their land will be settled. Someone whose judgment I trust has told me that the We Wai Kai will do a better job of managing the forest resource on their land than our settler government has done. That doesn't mean that the Nation will not log some of its land.

In writing this I am thinking mainly about those of us who have developed a strong ethical view of stewardship of land and believe that it is being greatly over-exploited, including by Mosaic-TimberWest. When the We Wai Kai sign their treaty in the near future, we will still be able to try to persuade both the Nation and the BC government to turn down the exploitation of Quadra Island forests to what we believe is ecologically sustainable. We can align ourselves with emerging science and We Wai Kai and provincial laws and point out contradictions when we see them. We will still be able to make a difference if we are respectful: to the land and its rightful owners.

And we can practice that right now. In February 2023, provincial forest law was changed in a number of ways, one of which has been largely overlooked by logging companies and delegated decision makers working for the Ministry of Forests. A number of conservation-related "objectives set by government" were amended. The "unduly clauses" were removed from those objectives. Before the clauses were removed, each conservation objective in the Forest Planning and Practices Regulation could only be enforced by government to the extent that it did not "unduly reduce" the timber supply from British Columbia's forests. As a result, conservation objectives have been largely ignored. That policy has left many parts of BC near ecological collapse.

This change only affected what are known as "forest stewardship plans" (FSPs) and it only affected those plans when they were renewed or amended. FSPs are supposed to be renewed every five years, but those renewals have been known to take up to 15 years.

It is no accident that TimberWest has been required by the Forest Practices Board to amend its FSP. In April of 2023, shortly after the above amendments were implemented, the Discovery Islands Forest Conservation Project filed a complaint with the Forest Practices Board about the logging of old forest on Quadra Island. We wanted the Board to recommend that TimberWest amend its FSP. It did. Now the fun begins.

Our project will be filing an extensive "comment" to their proposed amended FSP. TimberWest's amended FSP includes the new wording of the amended objectives set by government, but their FSP doesn't reflect the implications of those amended objectives.

Specifically, our comment will address the Forest Planning and Practices Regulation section 8 objective, which requires, for one thing, conserving the temperature aspect of water quality. Many scientific papers have shown that logging raises peak summer water temperature in streams to levels that are deleterious to the health of fish. A study done by SFU scientists, published in 2023, established the magnitude of that temperature rise in watersheds of the North Thompson River.

We will also address the Forest Planning and Practices Regulation section 9 objective, which states, in effect, that the rate of logging must "resemble" the expected rate of natural disturbance. When that principle is applied to Quadra Island, we found that the rate of logging has been about 5 times the expected rate of natural disturbance. There is no resemblance between the two.

And our comment will address the issue that TimberWest thinks public comment will be limited to, which is the Forest Practices Board's finding that TimberWest has avoided providing a verifiable strategy in its FSP for how it will meet its legal obligation to meet the 2004 Order Establishing Provincial Non-Spatial Old Growth Objectives.

Any member of the public can comment on a FSP or an amendment of a FSP. It is a tricky business and TimberWest will not seriously consider any comment that does not address its legal requirements under the Forest Planning and Practices Regulation.

Our project invites other Discovery Islanders to co-sign a comment regarding TimberWest's proposed amendment to its FSP. We will post our comment on our project's website in about a month's time and reach out to our mailing list. We hope you will join us.

David Broadland for
www.discoveryislandsforestconservationproject.com

Don't Shoot The Messenger

We've had a couple of weeks to look over the proposed new fire hall #2 in Heriot Bay at an estimated cost of 2.9 million.

What I'm hearing on the street is folks don't want to see their property taxes increase but they might support a scaled down, more affordable version of the fire hall. This is because only 1,668 property owners are going to be footing the bill for at least the next 20 years. This new tax will be added to what we already pay on our property taxes for fire protection and emergency response services.

There is a fire hall construction budget but there is no building fund or outside government funding identified in this budget. However, there are two funds available for fire hall construction projects. Salt Spring Island was able to secure one million dollars from the federal gas tax fund through the Union of BC Municipalities called the Community Works Fund. We could be eligible for over \$200,000 in gas tax funds. Union Bay secured one million from BC's Growing Communities Fund. How many other grants are we missing out on?

According to one fire protection district trustee, they were not aware of these funds. We need to apply for these grants and have the funding secured before proceeding to the construction phase. There's still 35 years left on the current Heriot Bay fire hall lease and the lease is free. Everyone knows we need a replacement hall but at what cost?

Other communities – who are constructing or have completed fire halls – their costs are consistently 30 to 50 per cent higher than what our district has budgeted. There are two possible reasons for this discrepancy. Either communities like Hornby Island, Dashwood or Union Bay paid too much for their fire halls or we've underestimated the cost of the new 6,360 square foot fire hall in Heriot Bay.

The District wants to borrow the 2.9 M and start construction as soon as possible. There may be advantages to this "build now and pay later" model. However, there's still a mortgage on the property at 1.9% interest and once construction begins, there will be 4.9% interest on the construction loan.

We won't really know how much we are going to get taxed for either the new fire hall or the Strathcona Gardens complex in Campbell River because, in the case of our new fire hall, we are not going to get the bill until after the project is complete. It's estimated to take two years to finish the fire hall and contracts are going to be awarded through an open bidding process.

In the meantime, we still have a large Fire Hall #1 on Heriot Bay Road with amenities like meeting space, workshop, showers, laundry, toilets, water storage, vehicle and equipment storage, ambulance and accommodation for paramedics – all on seven acres.

Building another large fire hall on Quadra Island seems like an unnecessary duplication of services. It's only 1,500 square feet smaller than Dashwood's main fire hall (cost 6.2 million). The plan needs to be scaled down to what the community with its limited tax base can afford. Design and build a facility that meets the basic requirements for volunteer staff – a satellite hall similar to the one just built in Merville for 1.25 million and posted by Ray Hawkes on Quadra Corkboard, Thursday March 13.

As for the public consultation process, the district is only doing the absolute minimum that the law requires. At the moment, we have no say in what gets built but we are going to be paying for it. But if 167 property owners sign the Owner Response Form, sometimes referred to as a counter petition, that would give us – in theory – an opportunity for meaningful input into this project.

The deadline for receiving the ORF's from property owners is March 27. The form can be found on the South QI Fire Protection District website. And feel free to debate the merits and drawbacks of this project, but don't shoot (or rough up) the messenger.

Claire Heffernan



Preschool Program
3 to 5 years
(Exemptions may be available for 2.5-year old's; please inquire)

School Age Programs
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More Q&A with the Quadra Island Fire Hall #2 Replacement Project

We have seen more questions about the Fire Hall #2 Replacement Project on Facebook.

We will continue to work on answering them and updating our FAQ page on our website so please keep checking back on it at www.qifirehall2.ca/faq. Here are our answers to some recent questions:

Have other funding options been considered?

Yes we have looked for available grants. Federal and provincial infrastructure grants for fire halls, such as the Community Works stream of the Canada Community-Building Fund (formerly the Gas Tax Fund) and the Growing Communities Fund, are not available to fire protection districts. The new fire halls in BC that have received infrastructure grants are operated by a Regional District or Municipality. We are independent of the SRD. Fire Departments in BC are eligible for funding for equipment and training. For example, as you may have heard recently in the news, the Quadra Island Fire Department was just given \$21,336 for Wildland response preparedness training through the BC Community Emergency Preparedness Fund.

The cost is simply too much for us to fundraise, though any donations we do receive will be used to reduce the amount of the loan.

Why can't apparatus (emergency vehicles) be stored outside?

Our apparatus are very expensive and valuable pieces of equipment. Indeed, one fire truck can cost over \$1 million dollars. Storing them outside causes them to age and degrade at a much faster rate. Any leaks can also cause the destruction of equipment inside the apparatus. Expensive valves and pumps could freeze. If hoses get wet while being stored, they will rot. In the event of a call, we want the trucks warm and ready to roll out, with air systems charged and no windshield frost to scrape in winter. Furthermore, it's important that our apparatus are stored in a seismically sound building that will not collapse on top of them during a major earthquake. While some fire departments do store apparatus outside, as we currently do as well, no one wants to have to do this.

How long did it take to create the plan for the proposed new fire hall #2?

The plan has been in the works for over ten years. Here is a rough timeline:

- 2015: Study on seismic stability of building showed that the fire hall is at significant risk of damage and may collapse in a seismic event
- 2018 - 2020: Research to explore and cost out upgrade options for existing fire hall determined that cost would exceed the value of the building and could not address the lack of water and sewage services on the site
- 2021: Property for new fire hall purchased
- 2022: Concept design completed by architect
- 2023: Preliminary costing for construction carried out
- 2024: Costing completed, application submitted to the Ministry of Municipal Affairs for approval of borrowing bylaw
- 2025: Application approved by Ministry in January, AAP launched in January

Have other designs been considered?

The proposed new fire hall #2 has been designed to meet our needs as well as the required codes and standards for new fire halls in BC. It has also been designed to be cost effective, both in construction, operation, and maintenance. To request multiple designs from an architect, and then cost out each of those designs, would have been quite expensive, and in our minds, not worth the expense.

Some final words to note:

Please know that we take the health and safety of our members very seriously. Doing so helps ensure that we can continue to recruit and retain the number of people required to serve and protect our community. The proposed new fire hall #2 is designed to meet the standards required to both protect our members from harm and serve the needs of our community. We have spent years thinking it through and feel that we have come up with a solid yet cost conscious design that will serve this community well for the next 50 years and beyond. We hope that we have your support to move forward.

Please check out the Fire Hall #2 Replacement Project website at www.qifirehall2.ca. Any further questions or concerns? Please use the contact form on the website or email us at QIfirehallreplacement@gmail.com.



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Quadra Singers Present
 The Elements
Wade in the Water
 Sat. Apr. 5th - 7pm
 Quadra Community Centre

You are Invited! To Strengthening Community Connections 2025

Connect Belong Impact!

An event for Organizations & Groups on Quadra Island & those interested in volunteering with them. Everyone who would like to attend is welcome!

Please tell ALL of your staff & volunteers, and ask them to RSVP.

Do you ever wonder: What motivates people to volunteer? How important is connection, belonging, and impact? How can we get better at utilizing and keeping volunteers? How could we work together to support volunteers on Quadra?

Let's find out!

Please join us on Saturday, March 22, 2025, 10 am - 3:00 pm (Lunch provided), at the Quadra Community Centre (main hall). Pay at the door: \$10 (for lunch)

Hosted by the Quadra Island Foundation

RSVP now at <https://forms.gle/mEfGmwj3LqzgjMKo6>

or email Jen Banks-Doll, event facilitator, at events@quadraislandfoundation.ca

More Information

Last Year the Quadra Island Foundation brought together local groups and organizations for the first ever "Strengthening Community Connections" event! Attendees reported that they really appreciated the chance to gather and it was a very worthwhile event! "Bringing engaged islanders together was a brilliant idea! This needs to be done on a regular basis!" "I learned so much and left feeling very energized!"

This Year we are going to focus on the #1 challenge we discovered in our 2024 survey of Quadra groups and organizations: Volunteer Capacity.

In the survey, groups and organizations reported such issues as:

- Lack of time and overwork of current volunteers
 - Aging out of volunteers
 - Difficulty attracting younger or new volunteers
 - No one to "pass the torch" of leadership to
- Research shows that impact, connection and belonging are the top three reasons why people volunteer. This is especially true for people who are retired and people who are new to their community. If we are trying to attract and retain volunteers, and support volunteers as a community, we should understand these three things and how we can get better at them.

Let's explore what can be done to improve in the areas of impact, connection and belonging for volunteers.

What to expect:

- Great coffee and nourishing food to fuel the day
- An opportunity to connect with engaged community volunteers
- A keynote presentation exploring research and best practices regarding attracting, keeping and managing volunteers, with a focus on connection, belonging and impact
- A chance to discuss the common challenge of volunteer capacity and come up with solutions
- An update from the Foundation on their plans for 2025

Mark your calendars for March 22 and plan to attend Strengthening Community Connections 2025!

- Quadra Island Foundation



Like the DI
on Facebook

Friday Flicks

On Friday, March 21, Friday Flicks presents the last film in its Spring '25 series, *Drive Back Home* (Canada). Enjoy the fabulous Fri. Flicks concession and enjoy a yummy home baked treat or cappuccino. Doors open 7:30. Showtime 7:45. Quadra Community Centre.

In the winter of 1970, a cantankerous, small-town plumber from rural New Brunswick must drive his beat-up work truck 1,000 miles to Toronto to get his estranged, gay brother out of jail after his arrest for having sex in a public park. The two men are then forced to drive back home together at the behest of their hard-nosed mother. Inspired by a true story. "uplifting and incredibly satisfying" mygaytoronto.com

Workshop - Writing an Effective Letter To Media, Governments, Corporations

Is something you see or hear in the news making you hot under the collar? Do you wish you could say something about it that might influence your friends and neighbours? Do you feel someone should be brought to account?

These are the kind of frustrations that can lead to us getting up enough energy to write a letter to the editor of the newspaper. Good news and congratulations are also reasons to make our views known.

If you want to write a letter, the perfect opportunity is now available! Come to the Letter Writing Workshop hosted by Vancouver Island Regional Library and the Council of Canadians Campbell River Chapter on Sunday, April 6, from 1:30 - 3:30, in the meeting room at the Campbell River Library. This workshop is an opportunity to get some letter writing tips and practice, whether it is to the newspaper, City Council, your MLA or MP, corporate officers, or on Facebook or other social media. Please register on the VIRL website: <https://virl.bc.ca/event/letter-writing-workshop/>. And bring your favoured writing implements!



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Save The Date!

Eighth Annual Quadra Island Young Musicians Fund Concert & Fundraiser

Sunday, May 4th, 6-8 pm

Quadra Community Centre

Listen to Quadra's aspiring young musicians perform.

Support music education and experiences for children and youth on Quadra.

Drinks & Desserts for sale.

Admission by Donation.

For more info, to perform, volunteer, or donate, please contact quadrayoungmusicians@gmail.com.



Rainwater Collection to Gravity-Fed Toilet Flush System

Sounds good doesn't it?

These days, we are coming to realize that our familiar living patterns may suddenly be significantly interrupted and redirected in unexpected ways. Many of us find our anxiety can be somewhat alleviated by planning for and undertaking projects (as in...doing something), that ensure a more secure future. Our more secure future depends in part on supporting a healthy supply of water for personal and environmental reasons. Aquifers, vegetation and creatures all need a continuous supply of water.

Increasing incidence of drought causes the soil to become hydrophobic, thereby reducing the land's ability to absorb rain. This is one area where we can help!

As many of you know, ICAN runs a Practical Water Solutions Team whose main focus is to encourage Rainwater Harvesting for purposes that also slow down the delivery of rainwater onto the land in ways that sustain a continuous permeability.

Yours truly decided to strike headlong into the dense forest of the uneducated to set up a system of getting collected rainwater from the workshop gutter source, uphill to a couple of 1950 gal.

holding tanks, then downhill to the house for a gravity fed toilet flush system. At this point in my story it is important to remember that more is learned from making mistakes than through immediate success. Besides what a loss of opportunity it would be if I didn't document some of the bloopers for you to avoid.

Quadra Builders and staff were instrumental in advising and sourcing a pump system that is working perfectly for driving water uphill from my six 1000-liter IBC totes (under the workshop gutter), to the two large tanks 150 feet away and about 15 feet up.

During the winter of 2023-24, I hired a plumber to advise and plan for the work to be done under the house to plumb into the toilet flush system. When spring arrived, we began digging a ditch, by hand and machine, connecting tanks to the house. Pipe was laid and buried.

Be Sure To First Ask Your Plumber If You Have Enough Elevation Drop From The Holding Tanks To The Toilet, That Would Ensure The Psi Necessary To Drive Water Up To Your Flush System, in case he does not offer to check this gravity equation before initiating the project.

Note...I now know that it takes between 10-15 psi to flush a toilet. The lower the number, the weaker the flush. One foot of height provides .433 psi so 23.1 feet will produce 10 psi. Gosh, I wish the plumber had thought to tell me this first, before disappearing for months.

All in good time, these indisputable facts revealed themselves when the hookup was completed and the toilet refused to fill.

What Next?

Andrew Sheret in town seems to carry the solution to most problems, including mine. In fact they even had the small electric, in-line booster pump I needed on sale.

later and installed by a qualified plumber, I now have a system that services the flush toilet and outside taps with non-potable rainwater.

Whew!

So.... Am I where I wanted to be, with a rainwater gravity-fed to toilet flush system? No. It's not perfect but in retrospect I am a lot closer to where I want to be and it has been a valuable learning experience in all ways. I do feel grateful to all those who helped me take steps both backwards and mostly forwards. I will still need electricity to power the small booster pump. To solve this, I would either have to spend more to elevate my large holding tanks enough to provide the necessary psi at the site, or move my house down the property.

Will I do this in the future?

Hmmm. We will all have to wait and see.

In the meantime, the PWST continues to hold and offer 1000-liter IBC totes for community members intending to embark on their own Rainwater Harvesting projects.

Kris Wellstein

PWST for ICAN

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New Additions to the Way To Go Library



Thanks to a generous Small Neighbourhood Grant administered by the Quadra Island Community Foundation, the Way To Go library is now home to six new, enriching books. From compassionate caregiving to the ways we can support children through grief, these additions deepen the resources available at the

southwest corner of the Quadra Island branch of the Vancouver Island Regional Library.

Here's a look at the new books available for you to explore:

1. Present to the End: A Caring Companion's Guide for Accompanying the Dying by Kirsten DeLeo

Kirsten DeLeo's heartfelt guidebook invites readers to confront their own discomfort and embrace the opportunity to be present for the dying. With warmth and respect, DeLeo offers practical tools for caregivers and companions, making it an invaluable resource for anyone supporting a loved one through the final stages of life. As Cheryl Giles, co-editor of *The Arts of Contemplative Care*, puts it, this is "a must-have guidebook that is thoughtful, accessible, and offers practical tools for caring companions."

2. Home Funeral Ceremonies: A Primer to Honor the Dying and the Dead with Reverence, Light-heartedness, and Grace by Donna Belk and Kateyanne Unullisi

Home funerals offer an intimate and meaningful way to honour a loved one's passing, and this book provides all the guidance needed to do so. Belk and Unullisi explore how to create sacred spaces at home and carry out funeral ceremonies with compassion, beauty, and grace. Dr. Karen Wyatt, a physician and author, notes, "To accompany one through life's final passage at home is the greatest gift of love you can bestow."

3. Loving and Losing Granny Boo Boo by Janie Dyson

This sweet, simple children's book helps young readers navigate the emotional experience of losing a grandparent—or anyone they love. With honesty and love, Dyson uses clear language and a touch of practicality to offer children a comforting framework for understanding loss. It's a wonderful tool for parents and caregivers helping children cope with grief.

4. Disconnected from Death: The Evolution of Funeral Customs and the Unmasking of Death in America by April Slaughter and Troy Taylor

Our ancestors were deeply connected to death through daily customs and rituals, but in today's society, death is often something we try to avoid confronting. *Disconnected from Death* explores how funeral customs have evolved and how the modern funeral industry has distanced us from death. Slaughter and Taylor examine traditions both past and present, offering insight into how we might reconnect with death and honour those who have died in a more meaningful way.

5. 21 Days to Die: The Canadian Guide to End of Life by Linda Hochstetler

Written in the spirit of the "Positive Death Movement," this guide helps readers approach end-of-life care with a sense of purpose and clarity. Hochstetler offers practical advice on recognizing the signs of impending death, facilitating crucial conversations, & making informed decisions. The book addresses medical, psychological, and social aspects of death, as well as grief work & rites of passage, helping families navigate the end-of-life journey.

6. Sacred Passage: How to Provide Fearless, Compassionate Care for the Dying by Margaret Coberly

Margaret Coberly's book provides an essential roadmap for those caring for the dying, offering a wealth of knowledge from the Tibetan Buddhist tradition. Coberly teaches how to promote a peaceful environment, meet the changing needs of the dying, and face the inevitable with honesty, courage, and compassion. As Joan Halifax notes, "This is a rich and wise book that will help many people."

We invite you to visit the Way To Go Library and explore these and other titles that can help us become more comfortable with death, dying, grieving, and loving. Death is a part of our lives, and these books may offer ways to deepen and enrich our experiences.

Written / Submitted by Melanie Circle

Volunteer with Us!

The Hakai Institute is looking for volunteers to be part of a team collecting valuable data on baby Dungeness crabs using light traps as part of the Sentinels of Change program.

We document and monitor the movement of young dungeness crabs along the Salish Sea by capturing, counting and releasing them throughout the spring and summer.

From mid April to the end of August we'll be checking our trap 3 mornings a week. In previous years we've found baby octopus, squid, a variety of fish species, worms and crabs. It is a fantastic way to learn more about our marine environment, the creatures that inhabit it, and contribute to the understanding of this important species.

Training, equipment and support will be provided.

To find out more about this project you can visit our website at

<https://sentinels.hakai.org/>

<https://sentinels.hakai.org/approaches/light-traps>

To volunteer or find out more contact: kate.lansley@hakai.org

SIPS

AT THE

SOUTHEND

**FAMILIES
WELCOME**

**SNACKS,
COFFEE &
TEA!**

WITH **TANILLE
JOHNSTON**

March

23

Join NDP Candidate Tanille Johnston and the LOVELY folks at SouthEnd Farm Winery for an opportunity to get to know Tanille and for her to get to know you! Snacks, tea and coffee provided!

**11AM
2PM**

Return of the Great Bear

Fresh from a VIMFF World Premiere last week - Return of the Great Bear comes to Campbell River Environmental Movie Series Family Night, Thursday March 27, 5:30 – 7:30

Campbell River, BC – Return of the Great Bear - a timely documentary about the return of the grizzly bear to coastal British Columbia, will be screened on Thursday, March 27, in the Campbell River Community Centre Lounge. Natasha Wehn, one of the film's directors from Pacific Wild will be in attendance. Admission by donation.

This family-focused Environmental Movie Night is proudly sponsored by the North Island Powell River Federal Green Party.

In response to the exciting news this past fall of two grizzly bear cubs sighted near Sayward, kids and adults alike have been curious and hopeful that the grizzly bear has returned to Vancouver Island. Grizzly bears are a symbol for what is wild, but sadly they have disappeared from most of their range in North America. The only small pockets of land where grizzlies still roam free exist on the West Coast of Canada. As one of the slowest reproducing land mammals in North America, grizzly bears are vulnerable to many threats, particularly hunting. This film tells the story of the decades-long fight to ban grizzly bear trophy hunting in British Columbia. While a ban took effect in 2017, the future of grizzlies is still uncertain.

The film sheds light on the monumental, collective effort that goes into changing government policy. Viewers get an intimate look at the true nature of bears with breathtaking wildlife cinematography and honest stories from the people who have been changed by the privilege of getting to know bears first-hand. The feature film is approximately 20 minutes and Natasha Wehn will be there to introduce the film and answer questions afterwards.

"Pacific Wild is dedicated to protecting the ecosystems and wildlife of the Great Bear Rainforest and the northwest Pacific region in BC. Through bold advocacy, cutting-edge visual storytelling, and strategic partnerships, we work to influence policy, shift public opinion, and drive legislative change to safeguard biodiversity. Founded in 2008, Pacific Wild emerged from decades of frontline conservation work by our founders, Karen and Ian McAllister. Their groundbreaking book, The Great Bear Rainforest, helped spark a global movement to protect one of the world's last intact coastal rainforests."

Family night will begin with pizza and cartoons at 5:30. Travel with the Octonauts to restore a lost sea star to its home in the deep ocean and become a Knight of Nature and go on a quest to learn about dragonflies with Nature Cat and his friends. After a short tidy up, we will watch Return of the Great Bear and talk about the film with Natasha. For kids who have done enough sitting and watching there will be a craft making activity. The evening will end at 7:30.

To register please call Annie Smith, 250-926-9336 or email anismsmith@telus.net. We need to know how much pizza to order! Room capacity is limited so call early.



Quadra Singers Concert "Wade In The Water"

Quadra Singers invite you to join them on Saturday, April 5 at 7:00 at the QCC. This is the second in a series of four concerts focussing on the elements. This session we've focussed on water. We'll "Wade in the Water" and be "Sitting on the Dock of the Bay" before we board our "Yellow Submarine". Under the direction of Thom Knutson and accompanied by Joyce Baker, our 50 singers will entertain you with the songs that we've been working on for the past three months. Musically, you'll be transported from the 14th century to the 21 century. We've had a lot of fun but we've also done some serious rehearsing so that we can bring you a high quality evening of vocal music. Tickets cost \$15 for ages 17 and older, \$5 for ages 6 to 16 and are free for those who are 5 and under. Tickets are available at Inspirations in Q Cove and Copper Coast in Heriot Bay. We are encouraging everyone to buy advance tickets to avoid congestion at the door and to give us an idea on seating and concession goodies. Ticket will be available at the door but will be \$5 more - \$20 for ages 17 and older and \$10 for ages 6 to 16. Ages 5 and under are still free. Bring your whole family and invite your friends to come and listen to your Quadra Island and Campbell River neighbours as we raise our voices in harmony.

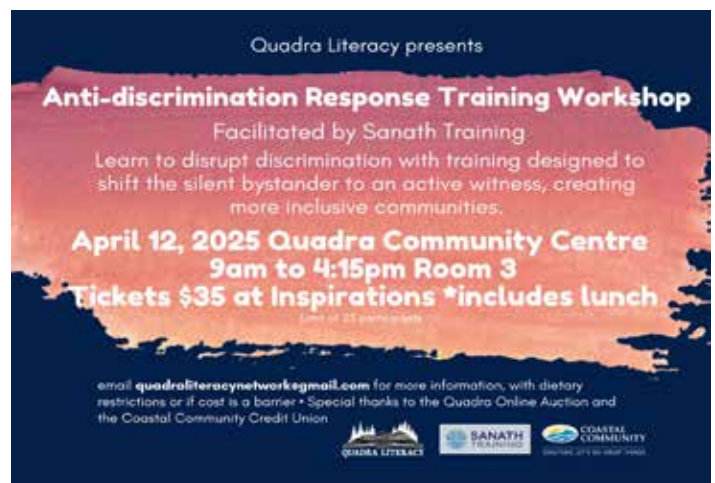
Garden Share

Two homeowners have asked the Garden Club/ICAN Food Security team to assist in finding gardeners for their properties. One location is on Heriot Bay Road near Animal Farm Road and the other is on West Road at Industrial Way.

At the first location a small group planted squash in five garden beds last summer and the beds are now open for new crops. A couple of the gardeners will continue, but they would like help. A suggestion for this garden is to plant garlic for the winter but other crops could be planned for summer harvesting.

The second location is an established garden which the homeowner is offering for this year's growing season. It offers fruit trees, raspberries, and a variety of grow areas for vegetables. There are two greenhouses for starting seeds and planting under cover. There is plenty of water on the property and the homeowner is available to assist with understanding the irrigation system. This is a great opportunity for one or two families to grow some delicious food this summer!

For more information, please email quadraicanfoodteam@gmail.com



Settling Mars

"Life on Mars" is a playful but unsettling article in New Scientist (16 November, 2024). The authors, a biologist and a cartoonist, Kelly and Zach Weinersmith, are commenting on the aspiration of Elon Musk to start establishing a million person colony on Mars by 2030. "Has anyone thought this through?" they ask with a skepticism that summarizes the tragic-comic history of humanity on this planet.

"Mars sucks," they suggest. Going there would be the equivalent of "moving to a toxic waste dump because your neighbours aren't mowing their lawn often enough." As they point out, launching rockets and performing antics in zero gravity is fun, but Mars would not be. The temperature varies from a chilly -153°C to only brief periods of a comfortable 20°C at high noon. And the air, which is mostly carbon dioxide and only 1% the density on Earth, would be fatal to anyone attempting to breathe it.

And then there's cosmic radiation. Without a substantial atmosphere or a magnetic field, exposure would likely cause various kinds of cancer. "Forget," they suggest, "those gleaming glass domes under which happy dinner-party guests drink wine and count stars." The safest place to live would be lava tunnels or under the Martian dirt.

That, unfortunately, presents another problem. The soil is regolith, a fine sand which has not been weathered to smoothness. "It's truly horrendous stuff," they write. The jagged surface of each grain is a destroyer of mechanical equipment, and happens to cause silicosis when breathed. It's also laced with "nasty chemicals" called perchlorates that cause thyroid problems, and happen to be unhealthy for developing infants and children. Plants will grow in the perchlorates, but their tissue would have to be decontaminated before use. And don't breathe the dust.

On the subject of food, getting

to Mars would take about six months, so considerable quantities would have to be grown in the Starship. And after arriving, the colonists would have to wait at least another year before Mars and Earth would be favourably aligned for a return journey. As the writers point out, we have had some experimental evidence of how this would work. Biosphere 2 was a 12,000 m² facility built in Arizona to conduct experiments on just this challenge—Biosphere 1, incidentally, was Earth. During a two-year experiment with 8 people, no one died. But the participants were often hungry, had to labour 8 to 10 hours for 6 days of the week to survive, and often suffered headaches and nausea from high levels of carbon dioxide. A similar experiment in China had a similarly questionable success, highlighted by a diet high in crickets, mealworms, beetles, termites and flies.

And on the subject of flying, Mars has only 40% the gravity of Earth. We know from experience that astronauts lose about 1% of their bone mass per month in zero gravity, so we can assume a proportionate response on the Red Planet. As for replenishing the population with children, we only have the remotest idea of what kind of a human being would be produced in this low-gravity environment.

With regard to the excitement of rockets blasting into space with adventurous explorers and colonists, we did something similar starting in 1492. The results were, at best, mixed. The Europeans who arrived were quick to decimate the cultures that were once alive and thriving in the New World. Some, such as the Caribs and the Beothuk, were totally obliterated. Now we are working on destroying the biophysical ecology. The Prairie grasslands are nearly all gone, as are the Eastern elm forests. The passenger pigeons, flocks of billions, are now extinct. We almost accomplished the same feat with the buffalo.

The list of the many other species whose precarious existence is now

dependent on our behaviour is getting longer.

Besides extinctions, every place on the planet is experiencing human-induced traumas: higher temperatures, desertification, soil depletion and intensified weather that bring droughts, fires and floods.

The possibility is that we couldn't do this much damage on Mars. But who knows what we're likely to do? We started out here with the best of all possible planets, and we're leaving it in ruins. If we want to rent space on Mars for a colony, our references need to be improved. So before getting too excited about colonizing Mars, perhaps we should do a little housekeeping at home. We could start almost anywhere.

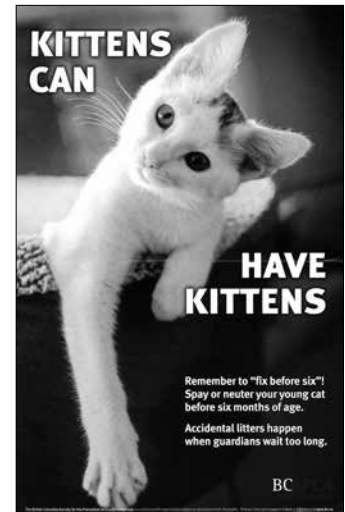
Ray Grigg

for Sierra Quadra

Wayne Gair

A Celebration of Life for Wayne Gair will be held on March 22 at Herons at the HBI, 3 to 5 pm

Everyone Welcome!

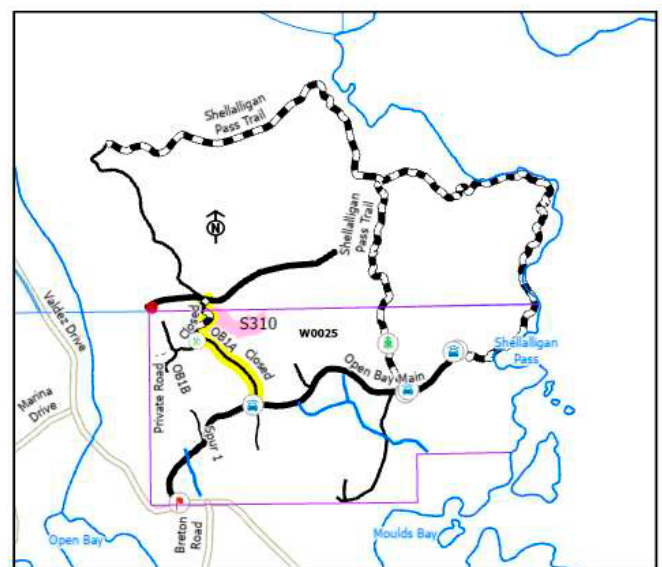


Woodlot W0025

Harvest Notification - Shellalligan's Pass

Woodlot 0025 is planning a harvest block as shown on the map below.

This activity is scheduled for **mid April 2025 until the end of May 2025**. The location is adjacent to the trail, and we are asking the public to stay away from the logging road and trails circled on the map below. **Please respect all posted signs.**



Thank you in advance for your cooperation.

CP Forestry Inc.

OBITUARY

James (Jim) Thievin was born in August 1951 in Saskatchewan, the fourth of ten children. On March 1, 2025 he died peacefully at his home on Quadra Island in the presence of his family.

In January 1972 Jim was living in Penticton, BC. That is where he met and married the real love of his life, Rhonda Engels, who survives him today after fifty-three years of marriage. They have two sons. Jason and his wife Andrea and their own two boys, Beau and Remy live in the lower mainland. Luke and his wife Ally live on Vancouver Island.

Jim's infatuation with all things audio was clear at a young age. At 17 he was busy disassembling family radios and stuffing his young mind with technicalities of acoustical engineering. By the time he was diagnosed with cancer in January 2025, it would be safe to say that he was the foremost authority—and a gracious teacher—of an entire community. He will be incredibly missed.

In a first life, thirty-five or more important years rolled by in the Okanagan. Jim worked in service at Peerless Manufacturing while he and Rhonda raised their sons. With help from a few brothers, he also designed and operated Brothers Studio, a 24-track recording venture where he cut his teeth in audio sciences and where dozens of early records and jingles were made. Before the era ended, Jim and Rhonda also invested in a modest ranching enterprise in Kaleden outside of Penticton.

When their family had grown, Jim and Rhonda retired on Quadra Island. It was 2003. and in years that followed he again wanted a recording studio. Thriving on a fascination with digital technology, he recorded hundreds of musicians while consuming academia, intricacies of wave forms, latency, bit depths. Even in his 70s it was impossible to stump him. Jim was a guru of sorts who loved to pass knowledge on to others. He was also accused of being the most polite man you could meet.

Quadra Island musicians will neither overlook Jim's contributions over the twenty-two years he lived on the island. He was a very worthy bassist. Ever since he was a teenager he'd played and sung in dozens of bands. Those often included siblings who also loved to play, who also lived in the shadow of a musical father. Both parents have predeceased him and three musical brothers, Tom, Francis, and Marcel.

Jim leaves behind six other siblings. There are sisters, Charlotte, Marie, Dianne, and Jacqueline, and brothers, Richard and Denis. Together they represent the strong family of his origins, hereditary companions who live across western Canada and elsewhere, all who deeply appreciated the scope of Jim's talent, all who loved and respected him as the best of brothers.

Firmly devoted to the Quadra community, his community he'd say, Jim unfailingly dedicated time to projects at the Community Centre, Quadra Legion, Quadrapalooza, and anywhere else he was needed. He had favourites. Most intently he loved Theatre Quadra where numerous productions of recent years succeeded with his participation. He outfitted microphones, taught people how to properly use equipment, solved technical problems, coached those who may have known little about the process, ran a huge array of audio equipment, and generally demonstrated, without the slightest fanfare, that even among amateurs he was truly a pro.

In Jim Thievin's world, there were hundreds of musicians. There were singers and actors and computer buffs and techies. There were also the lay folks, mechanics and welders, farmers and builders—all people from a working past with whom he always had something in common—all who endeared themselves to a humble man who was always honest, never pretentious.

In over fifty years, Jim's life flourished with good friends. It helped that he was a born problem solver. People who suddenly appeared at his door to ask if he'd fix a motorcycle seldom had any idea that Jim was also a gifted recording engineer. And those who called on him to play simple tunes in a country band similarly had little understanding about his sophisticated past with jazz. He would probably argue the point, but not many people possess his special kind of uniqueness.

Memorial service is TBA.



Thank You from Quadra Literacy

Quadra Island, you know how to support literacy! Thanks to the generous donors, our online auction raised \$3953! Your bids kept mounting and the auction was more successful than we could have hoped for! From pottery to body products to art work; restaurants to coffee to jewelry; tree services to golf to printing and more, there was something for everyone. Shouting out a HUGE THANK YOU to everyone who participated.

Quadra Literacy supports people in our community to enhance their literacy and lifelong learning skills by creating opportunities which build understanding and capacity. With the proceeds from the auction, Quadra Literacy will be hosting an Anti-discrimination Response Training workshop on April 12, with tickets available at Inspirations. Other programs supported by the funds raised include Reducing the Digital Divide, a project to provide refurbished laptops and other devices to those who can't afford new ones.

We envision a welcoming and inter-connected community where everyone is supported to attain the literacy skills and tools to thrive. Thank you for helping draw us closer to our goals. For more information about Quadra Literacy contact quadraliteracynetwork@gmail.com

Anti-Discrimination Response Training (A.R.T.)

Have you ever heard a racist, homophobic, transphobic, sexist or other discriminatory remark and felt unprepared to respond? Have you ever avoided a difficult conversation with someone who might be misinformed or has a different point of view?

The A.R.T. workshop, facilitated by Sanath Training, is grounded in the work of A.R.T. developer Dr. Ishu Ishiyama, whose Active Witnessing Model uses a witness-centred approach to disrupting racism and other forms of discrimination. This training is designed to encourage participants to shift from being frozen or silent bystanders to becoming active witnesses. In doing so, we can disrupt discrimination and misinformation and build safer, more inclusive communities.

In this 6-hour highly interactive workshop, participants will consider the impacts of being a passive bystander vs. active witness, gain greater empathy regarding the harmful impacts of discriminatory encounters, touch on the impacts of microaggressions and ways to respond, learn and practice a wide range of anti-discrimination responses and share some of your own, and practice difficult conversations.

April 12, 9:00 a.m. - 4:15 p.m., Quadra Community Centre, Rm. 3 upstairs.

Limited to 25 participants. Tickets: \$35 includes lunch (vegan and gluten free options), available at Inspirations.

If cost is a barrier, if you have dietary restrictions or you would like further information, please email quadraliteracynetwork@gmail.com

Proceeds from the Quadra Online Auction and a grant from Coastal Community Credit Union allow for the low cost of tickets for this workshop.

The Quadra Island Garden Club Presents: Growing Citrus & Subtropical Fruit Trees in South Coastal BC

With Bob Duncan of Fruit Trees & More

Monday, April 14, 7-9pm, at the Quadra Community Centre.

This presentation will provide information on training systems, pruning techniques, variety selection and suitable sites to successfully grow citrus and subtropical fruit trees on the south coast of British Columbia. Citrus varieties covered will include lemons, limes, oranges, grapefruit, kumquats, yuzu, and sudachi. Sub-tropical varieties covered will include avocado, olives, pineapple guava (aka feijoa), Pomegranates, and loquats.

Would you like to purchase a fruit tree from Bob? You can either pre-order or come and choose from the extra trees he brings. For more information go to www.quadraislandgardenclub.com/bob-duncan and scroll down.

About Bob Duncan

Bob Duncan has over 50 years of experience growing tree fruits on Vancouver Island. He operates Fruit Trees & More, a specialty plant nursery and demonstration orchard near Sidney, British Columbia, with his wife Verna. They specialize in temperate, warm temperate, citrus, Mediterranean, and hardy subtropical fruit trees. Their orchard includes many varieties of tree fruits including a large selection of citrus and subtropicals. Bob was trained as a Botanist and Entomologist. He worked for the Canadian Forestry Service as an Entomologist for over 35 years.



Everyone welcome! Come early to renew your annual membership, chat with fellow gardeners, and enjoy some coffee and dessert. Doors open at 6:30. Members FREE, Guests \$5.00. Check our website for more information about upcoming events: www.quadraislandgardenclub.com

Also:

SEEDY SUNDAY is March 30, 11am-3pm at the Community Centre.

SPRING PLANT SALE is April 26, 10am at the Community Centre.



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Models available may differ from those shown

www.quadraislandcycle.com

Heriot Bay Tides

DATE	TIME PDT	M.	FT.
21 Fri	05:11	3.72	12.2
	09:35	4.04	13.2
	17:37	1.55	5.1
22 Sat	02:04	4.19	13.8
	06:58	3.82	12.5
	10:13	3.92	12.9
	18:40	1.55	5.1
23 Sun	03:16	4.30	14.1
	09:07	3.76	12.3
	11:26	3.82	12.5
	19:53	1.52	5.0
24 Mon	04:07	4.42	14.5
	10:06	3.60	11.8
	13:25	3.79	12.4
	20:59	1.45	4.8
25 Tue	04:45	4.54	14.9
	10:43	3.38	11.1
	14:50	3.88	12.7
	21:53	1.41	4.6
26 Wed	05:15	4.64	15.2
	11:16	3.08	10.1
	15:58	4.03	13.2
	22:40	1.45	4.8
27 Thu	05:41	4.72	15.5
	11:47	2.70	8.9
	17:02	4.20	13.8
	23:24	1.61	5.3
28 Fri	06:05	4.78	15.7
	12:18	2.27	7.4
	18:02	4.39	14.4
29 Sat	00:06	1.88	6.2
	06:28	4.80	15.7
	12:51	1.81	5.9
	18:59	4.56	15.0
30 Sun	00:48	2.22	7.3
	06:51	4.79	15.7
	13:27	1.38	4.5
	19:55	4.69	15.4
31 Mon	01:32	2.62	8.6
	07:16	4.75	15.6
	14:07	1.05	3.4
	20:52	4.74	15.5
01 Tue	02:19	3.01	9.9
	07:43	4.67	15.3
	14:50	0.85	2.8
	21:54	4.72	15.5
02 Wed	03:10	3.36	11.0
	08:14	4.54	14.9
	15:38	0.79	2.6
	23:04	4.64	15.2
03 Thu	04:11	3.62	11.9
	08:50	4.37	14.3
	16:31	0.87	2.8
04 Fri	00:23	4.58	15.0
05 Sat	01:43	4.56	15.0
	07:30	3.70	12.1
	10:34	3.89	12.8

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Your island's local outdoor professionals. We can handle all your landscape, concrete and exterior carpentry needs. Check out our website: DreamTeamLandscaping.ca

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by 'foot pressure' is an ancient Ayurvedic modality that uses the feet to deliver the massage. Expect deep tension release, increased mobility, relaxation and healing. Studio in Quathiaski Cove. Call/Text Jen 250-285-0070 www.soulsole.ca

NOTARY PUBLIC

Notary Public on Quadra located inside Sacred Pulse at Quathiaski Cove shops, we offer notarial services, personal planning documents (wills, powers of attorney, representation agreements). Call 1.855.204.6277 (toll-free) email info@quadranotary.ca

SMALL ENGINE REPAIRS

in Q Cove. Lawn Mowers, Tractors, Chainsaws, Trimmers, Generators etc. Also some electric power tools. Please call Don @ 250.285.3960.

TIME TO BOOK WINTER PRUNING AND SOIL CARE

Certified horticulturist and lifelong gardener Ryan Nassichuk can help to improve the health and productivity of many species of trees, vines, and shrubs through graceful winter and summer pruning, and by implementing comprehensive soil care strategies. Call 250-202-2326 or email nassichuk@gmail.com for more information. Ryan's websites: nassichuk.com and garden-workshops.com

Help Wanted

NOW HIRING

The Q Restaurant at Quadra Island Golf is hiring COOKS and SERVERS. Perks = competitive wages, golf privileges and food discounts! Email: keltilynn14@outlook.com drop off your resume at the clubhouse or call (250) 201 2452.

TAKU DOCKS & MAINTENANCE

Taku Resort & Marina is seeking a Docks & Maintenance Team Member Position Overview: We are looking for a hardworking and reliable Maintenance Team Member to join our crew. This position is perfect for someone who enjoys working outdoors, staying active, and taking pride in keeping the property clean, safe, and well-maintained. The role includes a variety of tasks such as yardwork, general repairs, garbage and recycling collection, cleaning, basic maintenance as well as marina operations. Full and part-time positions available. If you enjoy hands-on work, love the outdoors, and want to be part of a great team, we'd love to hear from you! Send your resume and a short introduction about yourself to info@takuresort.com

Seeking

LOOKING FOR PROPERTY FOR SALE

Young couple seeking acreage on Quadra to start a family. We are looking to plant roots and fruit trees, so please connect if you are considering selling your property, contact reneesamels@gmail.com

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Up to 35 words: \$25 (including gst) - one time

36 to 70 words: \$45 (including gst) - one time

Email your ad and pay online at:
discoveryislander.ca

Questions? Email
news.discoveryislands.ca

NEXT DI DEADLINE
7pm Monday, March 31

FORUM

Beware of Scammers!!

Last week I was the victim of a scam. I was on my computer checking emails when a large screen popped up warning me that I was being hacked by unknown intruders, along with a smaller screen in the lower right corner with bells and whistle going off, indicating that three viruses had invaded my computer. On the larger screen there was a message urging me to phone the Microsoft number provided to get help. With heart pounding and my computer beeping away, I phoned the number. This took me down a rabbit hole that ruined my day. Of course, the Microsoft number was fake but the scammers wove a convincing story of hackers (ironically them!) who were about to transfer funds from my bank account.

I won't go into the gory details. I don't consider myself a stupid person, but the initial message was so insistent and upsetting that I took the bait. I found out later that the genuine Microsoft Support number is very difficult to find - apparently, if you are in trouble, don't bother trying to reach them for help. Immediately shut down your computer and phone. If the hackers have reached the point where they have control of your computer, take it to a reliable computer store to be cleaned of the alien remote control. If the hackers have your banking information, contact the bank immediately to have your online banking turned off until the threat is cleared up. Then change all relevant passwords. Finally, report the incident to the RCMP. I had no idea how prevalent these types of scams are and how many people, many of whom are savvier than me, have been hooked and conned.

Name withheld
by request