

# DISCOVERY

## I S L A N D E R



Photo: Diane Yusko-Fielding

### *Greetings, Quadra Island!*

**IT IS BITTERSWEET TO ANNOUNCE** that our Executive Director Rebecca will be leaving her position at the Community Centre. After 15 years of dedicated service to the Quadra Island Recreation Society, she is moving on to explore a most exciting opportunity. Rebecca will be the proud new owner of the Java Bay Café in Heriot Bay.

Rebecca grew up on Read and Quadra. Her level of connection to the community and deep knowledge of the Community Centre's workings will be missed. She has put her heart into building community through recreation. Rebecca has created a safe space for community visioning and has been ever adaptable to the challenging and changing needs of the Board of Directors, Strathcona Regional District, and broader

Quadra community. Rebecca has a passion for creating beautiful things, which has been evident in the numerous events she has coordinated. Her spirit and brightness has touched many lives. It has been an honour and privilege of the Board of Directors and the employees of the Quadra Community Centre to work with Rebecca.

The Board of Directors and employees of Quadra Island Recreation Society would like to provide Rebecca with a true send off for her new adventure. Please join us for an appreciation event on Sunday, February 9th at the Community Centre from 5 to 7pm. Please bring food to share. Rebecca will be moving on to the Java Bay Café after February 1st and looks forward to welcoming you there.

– Adrienne Mann, President, Quadra Island Recreation Society

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## GOODBYE... AND HELLO!

### Dear Beloved Quadra Community,

It is with deeply mixed and very EMO emotions... that I am connecting with you all to share that I have decided to move on from my position as Executive Director for the Quadra Island Recreation Society.

Effective in February I will be taking over a new role. While this next endeavor is very exciting for me personally, I am also extremely sad and torn to be saying goodbye to the Community Centre (QCC) in this capacity. It's a special place FULL of shared memories with so many of you. It has connected me to so much meaningful work and for that I embrace deep gratitude for the past 15 years. Well, actually is been more like 40 years... of meaningful memories, if I'm counting attending all the amazing QCC dances, having a booth at the Craft Fair as an eight year old, training horses in the original riding ring at ten (where the new bike park is now), to the numerous potlucks, Halloweens, May Days, events and celebrations and so, SO much more since childhood!

The very best thing about this is that it doesn't mean moving on from creating continued memories and joyous times in our wonderful community, as I still plan to be strongly connected as a community member by volunteering and attending all of the great things that happen at QCC!

However it feels really exciting to be pursuing something that's aligned with some of my other personal passions and creative spirit, while at the same time still getting to work amongst all the beautiful souls of Quadra!

The most valuable piece about QCC, (which I think we all feel) is the important contributions that this hub of the community brings to our lives as individuals, families, friends and neighbours. It's a vessel for a deep sense of connection to each other as a caring, supportive community and it has been my absolute honour to be involved at a deeper level here over all these years. Feeling like I have contributed even in the slightest way to the community and home I have cared about profoundly for my entire life has meant a great deal. It's the special community connections and interactions on a daily basis as well as having the opportunity to work along side so many amazingly talented islanders that I will miss in this role the very most.

Signing off with a torn yet VERY full heart and thanking you all for everything!

Sincerely and with deepest gratitude for all of your support,

- Rebecca Young

PS: Please come and find me as the new owner of Java Bay Café, YAY!



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• Drop off your item at *Inspirations* in Quathiaski Cove

• Bring it to our office at 701 Cape Mudge Road

# ISLAND CALENDAR

## DAY TO DAY

### Friday, January 24

- Friday Flicks presents: All We Imagine as Light, 7:45 QCC, doors @ 7:30
- Open Mic with Dylan Alps & Band, HBI Pub, 8pm

### Saturday, January 25

- Live Music & Dinner with BTU, Herons at the HBI, reservation required
- Dance with Fanfare Quadra Legion, 9pm, \$10

### Sunday, January 26

- The Kerplunks, QCC, 3pm, details pg 5

### Friday, February 7

- Friday Flicks presents: Ghostlight, 7:45 QCC, doors @ 7:30

### Saturday, February 8

- Sierra Quadra presents biologist Sabina Leader-Mense and guests in conversation about Learning to Live with Wildlife. QCC, doors @ 7pm, event 7:30, by donation

### Sunday, February 9

- Appreciation for Rebecca Young at QCC, 5 to 7pm, please bring food to share, see front cover for details

### Sunday, February 23

- Way to Go meeting, QCC Room 3, 3 to 4:30pm, details pg 8

### Sunday, March 2

- Death Education Fair, QCC, 1 to 4pm

### Friday & Saturday, March 7 & 8

- Words on the Water Writers Festival, Maritime Heritage Centre, details pg 12

## REGULARS

### Sundays

- Meditation Group: Quadra Children's Centre, 10am

### Mondays

- Pickleball, at Cape Mudge Gym, drop-in fee \$3, 10am–noon
- Badminton at Cape Mudge Gym, drop-in fee \$3, 7:30p

### Wednesdays

- Pickleball, at Cape Mudge Gym, drop-in fee \$3, 6–8pm
- Poker Night: Quadra Legion 7:30pm

### Thursdays

- Pickleball, at Cape Mudge Gym, drop-in fee \$3, 6–7:30pm.
- Badminton at Cape Mudge Gym, drop-in fee \$3, 7:30pm
- Shakespeare Discussion Group QCC Room 2

### Saturdays

- Meat Draw: Quadra Legion 5 to 6:30pm



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# WHAT'S ON AT QCC



**Jump into the action at the Quadra Community Centre!  
Come down, get involved and be part of YOUR community!**

**WHAT'S HAPPENING at QCC  
January 24 to February 7, 2025**

### THIS WEEKEND: January 24 to 26

**FRIDAY:** 8:30 Fitness with Jeannie; 9:30 Men's Fitness; 10:30 Friday Painters; 12 noon Smart Recovery: to join contact Jude: smartrecoveryquadra@gmail.com; 7:45 Friday Flicks Presents: All We Imagine as Light

**SATURDAY:** 10 Tai Chi with Nicki

**SUNDAY:** 3 Cultural Events and Quadra Literacy Presents: The Kerplunks

### COMING WEEK: January 27 to 31

**MONDAY:** 8:30 am Fitness with Jeannie; 10 Parents and Tots; 1 Jewelry Making (Quadra Circle); 1 Sing for Pure JOY; 2:30 Cargivers Support Group; 5:30 Iyengar Yoga; 7 Photo Club; 7 Mindset Workshop

**TUESDAY:** 9 Quadra Quilters Sewing Bee; 2:30 Kids After-school Sports with Dave (Intro to handball); 3 Sewing Crafts for Kids; 5 Circuit Training with Nicki; 5 BRO-ga (men's yoga) with Sarah; 7:15 International Folk Dancing

**WEDNESDAY:** 12 noon Community Kitchen Lunch; 1 Mosaics; 3 Ping Pong; 4 Kids After-school Sports with Dave (Intermediate basketball); 5:45 Warm Flow Yoga with Elizabeth

**THURSDAY:** 10 Parents and Tots Dance with Kate; 10 Pelvic Floor Training (Quadra Circle); 12 noon Shakespeare Study Group; 3 Art IN Nature with Elke; 5 Core Strength with Nicki; 6 Beginners Dance with Heidi; 6 Drop-in Floor Hockey for Kids (Quadra School Gym); 7 Drop-in Floor Hockey for Adults (Quadra School Gym); 6:30 Quadra Singers; 7 Embodied Movement Class

**FRIDAY:** 8:30 Fitness with Jeannie; 9:30 Men's Fitness; 10:30 Friday Painters; 10 Spinners and Knitters; 12 noon Smart Recovery: to join contact Jude: smartrecoveryquadra@gmail.com

### NEXT WEEKEND: February 1 to 2

**SATURDAY:** 7 Cultural Events Presents: T. Buckley

**SUNDAY:** 2 Pro Wrestling Show

### NEXT WEEK: February 3 to 7

**MONDAY:** 8:30 am Fitness with Jeannie; 10 Parents and Tots; 1 Sing for Pure JOY; 5:30 Iyengar Yoga with Dood

**TUESDAY:** 10:15 Core Strength and Bone Health (Q Circle); 2:30 Kids Afterschool Sports with Dave (Intro to Handball), 3 Sewing Crafts for Kids; 5 BRO-ga (men's yoga) with Sarah; 5 Circuit Training with Nicki; 7:15 International Folk Dancing

**WEDNESDAY:** 11 Art in Nature for Homeschoolers; 12 noon Community Kitchen Lunch; 1 Mosaics; 3 Ping Pong; 4 Kids After-school Sports with Dave (Intermediate to basketball); 5:45 Warm Flow Yoga with Elizabeth

**THURSDAY:** 10 Parents and Tots Dance with Kate; 10 Quadra Circle Pelvic Floor Training; 12 noon Shakespeare Study Group; 12:45 Indigenous Book Study; 3 Art IN Nature with Elke; 5 Core Strength with Nicki; 6 Beginners Dance with Heidi; 6 Drop-in Floor Hockey for Kids (Quadra School Gym); 7 Drop-in Floor Hockey for Adults (Quadra School Gym); 6:30 Quadra Singers; 7 Embodied Movement Class

**FRIDAY:** 8:30 Fitness with Jeannie; 9:30 Men's Fitness; 10:30 Friday Painters; 10 Spinners and Knitters; 12 noon Smart Recovery: to join contact Jude: smartrecoveryquadra@gmail.com; 7:45 Friday Flicks Presents: Ghostlight

**For further info** phone 250 285 3243. OR go to our website and to our Recreation Guide tab to view the guide there: <http://www.quadrarec.bc.ca>

The DI is published every two weeks. Our current edition and upcoming deadlines are available online: [www.discoveryislander.ca](http://www.discoveryislander.ca)

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Opinions expressed in this magazine are those of the contributors and are not the views of the publisher.

### SUBMISSION GUIDELINES

We welcome items for publication on subjects of interest to the Discovery Islands community.

- **250-300 words** is a good length for community announcements.
- Send articles in the body of an email.
- **Canadian spelling** please: *centre, colour, jewellery etc...*
- **Please use the title of your item** in the email subject line.
- Remember to **include credits and captions** for photos & artwork.

WHILE EVERY EFFORT IS MADE TO INCLUDE ALL ITEMS SUBMITTED, ERRORS AND ACCIDENTAL OMISSIONS MAY OCCUR.

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### NEXT DEADLINE

**7pm Monday, February 3**  
**for publication on**  
**Friday, February 7, 2025**

## Gift Certificates for Music Lessons for Kids

**Application Deadline: January 31**

**FOR THE SEVENTH YEAR** in a row, the Quadra Island Young Musicians Fund (YMF) is pleased to announce that we are offering Gift Certificates for music lessons to all young residents of Quadra Island. These Gift Certificates can be used to pay for private music lessons, either in person or online. Anyone can apply as long as you are a resident of Quadra Island and aged 18 or younger.

To apply, please email us for an application form or pick up a paper application at Inspirations or find one online in the Files section of our Facebook page “Quadra Island Young Musicians Fund.” Fill it out and either return it to Inspirations, mail

it to Box 221, Heriot Bay, BC V0P1H0, or scan and email it to [quadrayoungmusicians@gmail.com](mailto:quadrayoungmusicians@gmail.com).

Our “Anybody Can Play” Gift Certificate Program is made possible through donations from supporters. Would you like to support our program this year? You can either send an e-transfer to [quadrayoungmusicians@gmail.com](mailto:quadrayoungmusicians@gmail.com), mail a cheque to the address above, or donate directly at Coastal Community Credit Union. **Deadline: January 31st.**

You can also donate your Spirit Board points to #310.

Save the date for our Annual Concert and Fundraiser: Sunday, May 4 at 6pm.

– *Dave Blinzinger, Jen Banks-Doll, and Aura Haydon, Organizers*

## Shakespeare Discussion Group

**(FREE TO ALL)**

Did high school ruin Shakespeare for you? Here’s a chance to reclaim him. A small group of non-academics will get together in January to shine their own light on King Lear.

Did Cordelia and Lear get what they deserved? Did Kent suffer from Stockholm syndrome? Is the Fool more a product of Shakespeare or the actor who portrays him?

Films, close reading, criticism, history, but most of all neighbours talking.

**Thursdays 12:30 to 2:30pm, beginning 30 January 2025, Rm 2 (Board Room) Community Centre.** For more information: Blake Rodgers, 250.702.1201; [brodgers@spinemidwest.com](mailto:brodgers@spinemidwest.com)

## Meditation Group

**WE MEET** every Sunday at the Quadra Children’s Centre at 10am for a 45 min sitting meditation on a cushion or chair, followed by a short break with tea and cookies.

There is a reading of a book based on Buddhist perspectives and meditation practices, and then a discussion on the text we read.

Everyone is welcome, a small donation is appreciated. For more info call Don at 250 285 2193 or Kai at 250 850 9245.

## QI Outdoor Club Events

**I HOPE** that you’ve been enjoying the lovely winter weather. Here are our upcoming events:

**27 JAN, MONDAY** Hike from Nymph Falls to Comox Lake

**3 FEB, MONDAY** Snowshoe at Mt. Washington

The details about Club outings are available at: <https://qioutdoorclub.org/schedule-fall-winter-2024-25/> We also list all of our trip reports with photos.

For more information about the Outdoor Club visit <https://qioutdoorclub.org/> or email to [qioutdoorclub@gmail.com](mailto:qioutdoorclub@gmail.com)



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## Learning to Be Green Together

**HOW FAMILIES CAN BECOME MORE ENVIRONMENTALLY LITERATE.** Environmental literacy means understanding the natural world and knowing how to take care of it. We learn from nature—trees, rivers, animals, and even the air we breathe. When people are environmentally literate, they can make smart choices to protect our planet and live in harmony with nature.

Family Literacy Day is celebrated on January 27, 2025, and this year's theme is "Learn to be Green, Together." Pledge as a family to learn ways to be more green. Use less electricity, commute together, and reuse items. Being green together is a fun way to learn as a family while being kind to the environment. To download free family learning activities visit [FamilyLiteracyDay.ca](http://FamilyLiteracyDay.ca).

Why is environmental literacy important?

Our planet is facing many challenges, like climate change, pollution and the loss of animals and plants. These problems affect everyone, so it's important to know how we can help. Learning about the environment and how to protect it can be part of family literacy activities.

Here are five ways families can become more environmentally literate:

1. Go outside: Spend time in nature! Go for walks, visit parks or explore your own backyard. Visit the brand new StoryWalk, Stella, Fairy of the Forest on the riding corral trails at Quadra Community Centre. Look closely at plants, animals, and insects. Ask questions about how they live and what they need to survive.
2. Check out the Learn to be Green ~ Together activities in Campbell River January 26 to February 1, 2025. These fabulous, free activities for all ages are brought to you by CR Community Literacy Association and partners.
3. Read together: Many books for kids and adults explain how nature works. These can help families learn more about the environment in a fun way.
4. Reduce, reuse, recycle: Talk as a family about how you can use less, recycle more and create less waste. Small changes, like using reusable bags and water bottles, can make a big difference.
4. Start a garden: Growing your own fruits and vegetables is a great way to learn about nature. It also teaches kids about where food comes from and how important plants are for the planet.

5. Conserve water and energy: Discuss ways to save water and energy at home, like turning off the lights when you leave a room or using less water when you brush your teeth.

Family literacy is also about having fun together as a family. Join us for a lively afternoon of music and more at The Kerplunks concert. January 26, 2025, 3pm at Quadra Community Centre. Brought to you by Quadra Literacy and Quadra Concerts.



## The Kerplunks are Arriving!

**Sunday January 26 @ 3pm, QCC**

**THE SHOW** you've been waiting for is finally here this weekend!

Join the young and young at heart at the Quadra Community Centre on Sunday, January 26 at 3pm for a wonderful fun-filled afternoon of music, dancing, and sing alongs. Not only will you be tapping your toes and doing little jigs in your seats or on the mats, you'll also have a chance to meet Clever Trever the clown. He's got a lot of tricks up his sleeve and in his hats! Quadra Literacy has joined forces with Quadra Concerts to bring The Kerplunks to Quadra Island for

the unbelievable price of \$5 per person, made possible through various grants and the efforts of volunteers. If you've got a 2-year-old or younger, bring them along for free! Refreshments will be available for a nominal price. Why not take some time this week to become familiar with some of The Kerplunks songs at [www.thekerplunks.com](http://www.thekerplunks.com). Advance tickets are available at Inspirations in the Cove or Copper Coast in Heriot Bay. Tickets will also be available at the door for \$5. Doors will open at 2:30pm. Hope to see both the young and the "older but still young" on Sunday!



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## Save the Date!

**IF THESE BLUE SKIES** have you dreaming of summer, you're not alone. The new Board of the Quadra Festival of Chamber Music has started dreaming of summer – and filling it with beautiful music too! For this summer, the 12th year of the Chamber Music Festival, somethings are changing and somethings are going back to how they were, and some remain the same.

First, the changes. The window for the Festival has changed from mid July into the end of June. This is to be helpful for our hosts as well as some of our venues.

Save the date! The 2025 Quadra Festival of Chamber Music is June 23rd to 27th.

Yes, this is before the tourist rush, which is fine because we put on this festival for the benefit and enrichment of our Quadra Community.

The next change is that it is a 4-evening concert series (not 5), Monday to Friday and going back to the 'dark day' on Wednesday. Yes, we are hoping to have Kosta back for his informal Wednesday afternoon show. We are also featuring some different instruments this year – stay tuned for more on that.

Regarding what we are 'going back to', hopefully many of you will be happy to hear we will be no longer be trying to be high tech and sell tickets from our website. We will go back to in-person sales at Inspirations and Copper Coast, and will have some tickets available through the Tidemark online sales for those that need that service. Many thanks to Inspirations and Copper Coast for helping

us all out in this way.

As far as what remains the same, we will still have our by donation family concert, and our Artistic Director Phil Hansen will continue to bring beautiful, enjoyable and enriching music, well curated performances to our little island!

Please mark your calendars to enjoy the shows of the Quadra Festival of Chamber of Music, as your kick off to summer!

## Theatre Quadra

**WITH A GREAT DEAL** of disappointment, Theatre Quadra sadly announces the cancellation of our planned spring production of All Shook Up by Joe Dipietro. Unfortunately, despite everyone's efforts and offers of help, we were unable to fill all of the crucial production roles needed. We appreciate and thank all who turned out to try to make our production happen. But, don't get all shook up because Theatre Quadra isn't gone. Our 2025 plans going forward are flexible. Once we know more we will share the details with you. We hope to do a musical in the spring 2026. If you have an idea for show you'd like to direct please reach out to us at [theatrequadra@gmail.com](mailto:theatrequadra@gmail.com).

– *Donivee Laird*

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## Friday Flicks: Jan 24 & Feb 7

**JANUARY 24: ALL WE IMAGINE AS LIGHT** (France, India, Netherlands, Luxembourg, Italy in Malayalam and Hindi), Friday Flicks' second film of the spring series, rolls on January 24 at the Quadra Community Centre. Doors and concession open at 7:30, showtime 7:45.

Writer-director Payal Kapadia's fiction feature debut follows two women at turning points. Moving from urban bustle to seaside idyll, All We Imagine as Light locates dreamlike reverie in emotional shifts and everyday experiences. Prabha (Kani Kusruti) and Anu (Divya Prabha) are roommates and nurses at a Mumbai hospital. Prabha is married, but her husband went abroad to work many years ago. Now drifting into middle age, she focuses on her job. Anu, by contrast, is young and full of dreams for her future, which she hopes will include the handsome Muslim boy she's secretly seeing.

Far from the city's perpetual clamour, the women's feelings and sense of life's possibilities are given free rein. Working again with cinematographer Ranabir Das, Kapadia crafts exquisite beauty from images as simple as people wending through a crowded marketplace or women retrieving laundry from a rooftop clothesline. Yet for all the rapturous visuals, nothing in this heartfelt film is more striking than seeing Prabha and Anu forging their connection. Their sisterhood emerges slowly and is all the more moving for its measured pace.

**FEBRUARY 7: GHOSTLIGHT (USA).** A melancholic middle-aged construction worker, finds himself drifting from his wife and daughter after his son's suicide, he discovers community and purpose in a local theatre's production of Romeo and Juliet. But as the drama on stage starts to mirror his own life, he finds the tragedies of the play too close to his own. "Funny and heartwarming." (TIFF)

Ghostlight is an authentic and powerful film that earns the tears and moments of joy through the reality that its cast brings to it, and through the sincerity of its portrayal of the ways families alternately hurt each other and lift each other up. It's a classically dramatic story with a sense of grand theatricality, yet it remains rooted in real life – for me, it stands as a true classic for the ages. (Patrick Gibbs)

### New to Quadra?

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# Investing in a Safer Future: A Replacement Fire Hall #2 for Heriot Bay

## A REPLACEMENT FIRE HALL IS NEEDED IN HERIOT BAY

The South Quadra Island Fire Protection District has been working for the past few years on a plan to improve the safety and functionality of the fire hall in Heriot Bay. The current hall was built in 1970 to meet the urgent need for a fire hall in Heriot Bay. The needs of the community and standards for fire halls have changed significantly since then. The hall in Heriot Bay is no longer safe, adequate, or compliant with current standards.

We initially looked at retrofitting and renovating the existing fire hall. However, we determined that this is not practical given the age and construction of the building, seismic issues (it is unlikely to survive an earthquake), the lack of water and septic on site, and the fact that the lot is quite small and leased.

In 2021 we purchased land for a replacement fire hall at 1525 West Road in Heriot Bay, across the street from the current hall. Now we need to build the replacement hall. To do that, we propose to borrow the funds to finance construction. We know that the longer we wait to build, the more costly it will be.

## HOW MUCH WILL A REPLACEMENT FIRE HALL COST?

The cost of building a replacement Fire Hall #2 is estimated to be \$2,900,000 if we commence construction in 2025. This budget was created based on current market prices for a hall that will cover the basics required for modern day fire halls, while also considering the future needs of a growing population. It will not be fancy or frilly.

The design of the replacement fire hall is based on similar fire halls throughout Vancouver Island and will meet current building and seismic post-disaster standards while providing much needed space for fire fighting apparatus and equipment. It will survive an earthquake and be available for use as a Command Centre during a major emergency. It should be completed by 2027 and last at least 50 years.

## HOW WILL WE PAY FOR THE REPLACEMENT FIRE HALL?

We need to borrow money to pay for the construction of the hall. Capital grants are not available to Fire Protection Districts and the cost is simply too much for us to fundraise, though any donations we do receive will be used to reduce the amount of the loan.

The loan would be repaid through property taxes. The properties within the South Quadra Island Fire Protection District would pay an estimated \$23.50 per \$100,000 of taxable property value per year. This would start in the month of July following the completion of construction, so not for a few years. The term of the loan would be a maximum of 20 years. Property owners outside the Fire Protection District would not be impacted. If you would like to view a map of the District please go to [www.qifirehall2.ca/map](http://www.qifirehall2.ca/map).

## WHAT DO I DO IF I OPPOSE THE BORROWING OF FUNDS TO BUILD THE HALL?

Before we borrow the money, we are asking for the approval of eligible property owners in the South Quadra Island Fire Protection District through an Alternative Approval Process (AAP). This means that if you oppose the borrowing of funds to build a replacement fire hall #2 in Heriot Bay, you can register your opposition by signing and sending in an Owner Response Form. Forms can be sent, by email or mail, between February 20th and the deadline of Thursday, March 27th, 2025 at midnight.

Who can submit an Owner Response Form? Any property owner within the Fire Protection District boundaries who is a Canadian citizen,

over the age of 18, has been a BC resident for at least six months prior to the date they sign the Form, and is entitled to vote in British Columbia, is eligible to submit a Form. This includes owners who live on their property that is within the Fire Protection District boundaries, as well as non-resident property owners who live elsewhere in BC. Owner representatives are also eligible if they are Canadian citizens, over the age of 18, entitled to vote in British Columbia, and EITHER an authorized agent of a board or corporation that owns property in the District, OR an authorized agent of any person who has died, become insolvent, or is incapacitated, and owns property in the District.

If ten percent of eligible property owners (or 167 people) submit Owner Response Forms, the Board of Trustees cannot proceed with borrowing the funds to build a replacement Fire Hall #2 in Heriot Bay. If the borrowing of funds is not approved through the AAP, the Board of Trustees may proceed with holding a Referendum or a Special Meeting at a later date.

Starting on February 20th, 2025, Information Packages and Owner Response Forms will be available between 9:00 am and 3:00 pm, Monday to Thursday (unless staff are responding to an emergency), at Fire Hall #1, 844 Heriot Bay Rd in Quathiaski Cove. The Information Package and Form can also be downloaded at [www.qifirehall2.ca](http://www.qifirehall2.ca) starting on February 20th.

## HOW CAN I SUPPORT THIS IMPORTANT PROJECT?

Community support is essential for us to build a replacement Fire Hall #2. You can support this project by using your voice to tell others why you support a replacement Fire Hall #2 for the Quadra Island Fire Department and helping clarify any misinformation that you hear. We are also accepting donations to help offset the amount we need to borrow. If you would like to donate please mail your cheque to PO Box 80, Quathiaski Cove, BC, V0P 1N0 or drop it off at Fire Hall #1 at 844 Heriot Bay Road.

## WHERE CAN I FIND OUT MORE?

For more information and to sign up for email updates please go to [www.qifirehall2.ca](http://www.qifirehall2.ca). We encourage you to reach out to us if you have any questions, either by email [Qifirehallreplacement@gmail.com](mailto:Qifirehallreplacement@gmail.com) or by phone 250 285 3262 or using the contact form on [www.qifirehall2.ca](http://www.qifirehall2.ca). We will update the FAQ section of the website as new questions come in.

We will be holding a number of Open Houses and will be publishing information about them in the Discovery Islander and the Bird's Eye, as well as putting the information on our website [www.qifirehall2.ca](http://www.qifirehall2.ca) and sending it to our email list. Stay tuned!

Thank you for your attention to this important matter.

– *The Trustees of the South Quadra Island Fire Protection District*

The DI welcomes written submissions of interest to the Discovery Islands community: news, events, opinions, musings. Please keep your item to 750 words for longer articles. Email to: [news@discoveryislands.ca](mailto:news@discoveryislands.ca)

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The Quadra Island Garden Club Presents:  
**10 Medicinal Herbs to Plant  
 for a Healing Garden**

with Anita Murdoch of Two to Twelve Herbsals  
 Monday, February 10, 7 to 9pm  
 at the Quadra Community Centre

**PLANTING A HERB GARDEN** is not only a delight for the senses, but provides food and medicine, fostering sustainability, independence, and a feeling of empowerment. In this presentation, we will discuss some favourite herbs that can be planted to create a healing garden. These plants are easy to grow, versatile, and offer many therapeutic benefits.

You will learn:

- 10 easy to grow herbs
- Their medicinal properties
- Edibility and other uses
- Optimal harvest times for each plant
- Proper drying and storage techniques
- BONUS: wild and weedy friends you may want to keep around

**ABOUT ANITA**

Anita Murdoch is a Quadra-based community herbalist who has been studying, playing and creating with plants for over 20 years. Her first intensive training was immersive, from forest, field, and garden to the apothecary kitchen. Since then, she has continued her education through workshops, herbal conferences, hands-on practice, self-study,



and formal training, most recently completing a Practical Herbalist Diploma.

Under her business name Two to Twelve Herbsals, Anita makes and sells herbal products using wildcrafted and homegrown plants. She also leads plant walks and teaches various herbal workshops with the goal of inspiring others to build an appreciation for plant life and become more self-sufficient. You can find Anita on Facebook and Instagram @two to twelve herbsals.

**Way to Go**

**JOIN US** on Sunday, February 23 (note change of date) from 3 to 4:30 pm, QCC Room 3, for a time of sharing, presentation on MAiD by Dr. Hughes, discussion, and business. Bring \$2 for rental. Info or zoom link at <way2go.ca>, or 285-3298.

**What's On at The Legion**

**SATURDAY JANUARY 25:** We are having a pot luck dinner during the meat draw! We are celebrating Robbie Burns Day, Little Richards B-Day, and our last night with our incredible Sophie, as she sets off on her African adventure for the next three months. And then you can stay and dance to the funky beats of **FANFARE**, a fiddler extraordinaire. 9pm, \$10.

Thank you to everyone that came out to help or participate at our bingo last Saturday! It was immensely successful, raising \$4000. Our next bingo is Saturday February 22 and the proceeds are going to wounded warriors! The Vancouver Island group is running from Port Hardy starting Saturday January 22 and arriving in Campbell River at the Legion on Tuesday February 25 at 5pm. Their goal is to end the journey in Victoria. Come to offer them support and good wishes!

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**How Much Does it Cost to Put Something in the DI?**

This is a question I often receive by email or phone so it's probably overdue to help clarify how the DI works in the actual paper!

**Editorial items run free of charge.** That's the service a community paper provides. That includes: news stories, events, thank you's, lost and found notes, essays and press releases from local organizations, etc...

**Advertising that is paid space includes:** Display advertising like you see to left and right, classified ads, legal notices, obituaries, help wanted, etc...

I hope that helps clear things up. As always we prefer to receive material by email, so please send yours to: news@discoveryislands.ca

- Editor



## Options for Health Care: Information Sessions

### for Residents of Quadra Island

**QUADRA ISLAND** Health Society, as a member of the Discovery Islands Community Health Centre planning team, is hosting presentations by Marguerite Vickery, our project lead, and Val St John and Catherine Aw, leaders from BC Association of Community Health Centres.

All of the above are partners of the DICHC planning team along with reps from both First Nations groups on Quadra and Cortes, Cortes CH Association, SNCA at Surge, QI Health Society, and the Primary Care Network from CR Division of Family Practice.

These presentations are about the DICHC project to develop an application to the Ministry of Health for a multi campus CHC using the present health facilities and programs already in place on our islands, and about Community Health Centres in BC in general.

Presentations will be made at separate times on Quadra, Read and Cortes over two days, January 29 and 30.

The Team will do a presentation at Surge Narrows for outer Islanders on Wednesday and then travel back to QI by private boat. The Cortes presentation will be on Thursday January 30 on Cortes.

On Wednesday January 29 at the HB Inn, from 4 to 5:30pm, we are planning an afternoon session and are specifically inviting QIHS Directors, both physicians and all clinic staff, some members from BCAS, Quadra Fire First Responders and health-related support groups on Quadra, like Better at Home, NavCare, Quadra Circle, ICan, BCAS as well as any members of the public who prefer an afternoon session. As it is in the HBI Dining Room, coffee, tea and water will be supplied.

Attendees who wish will be able to order food from the Pub Menu during the meeting.

There will be a second session following this, in the evening from 7 to 9:30 in the same location for anyone wishing to attend. These both will be advertised for all Quadra Islanders.

If you have questions or concerns you can direct them to me or Marguerite the project manager, [marguerite@saanichtonsystemsconsultants.com](mailto:marguerite@saanichtonsystemsconsultants.com)

We hope you are all able to attend and discuss new options and ideas about stabilizing the future of health care in our Island Communities in this area.

Best regards,

Betty Doak, for QIHS/QIMC/DICHC

## QICSS & Covenants

**QUADRA ISLAND CONSERVANCY** and Stewardship Society, also known as QICSS, is a land trust which owns the property on Morte Lake, and is in the process of constructing a greenhouse at the school for native plant propagation. QICSS also has the ability to hold covenants on privately owned land.

Covenants are a useful tool which a land owner can place on their land to protect aspects such as ecosystems, wetlands, trees, organic farming, trails, etc from being tampered with from now and into the future. A covenant is a legal designation which is registered with the BC land title office and is attached to the property. As such it applies to any future landowners in perpetuity and can only be modified by mutual consent of the covenant holder (QICSS) and the land owner.

As a charity, QICSS can also offer tax receipts for any reduction in assessed value of the property due to the implementation of environmental covenants, such as "cannot develop a wetland."

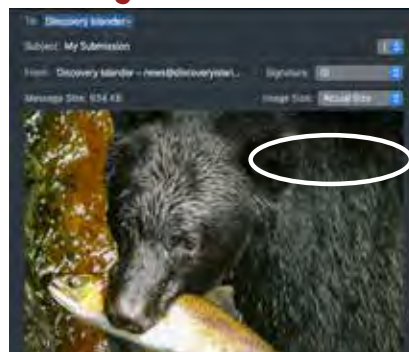
QICSS holds covenants on a number of properties on Quadra and the adjacent islands and monitors these covenants on a regular basis. If you are interested in protecting the attributes of the land you love and own, feel free to contact QICSS at [info@qiconservancy.ca](mailto:info@qiconservancy.ca) or call Michael Mascall 250 202 1968.

### SUPPORTING SUBSCRIPTION

Local Voluntary Subscriptions are welcome to help support the DI, suggested: \$30 per calendar year

Find more details online at [www.DiscoveryIslander.ca](http://www.DiscoveryIslander.ca)

### Sending a Photo to the DI?



Please make sure it comes with enough pixels!

1600 x 1200 pixels is a good target

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## DICC Tourism Survey

**THE DISCOVERY ISLANDS** Chamber of Commerce (DICC) would like to better understand our community's perceptions of Tourism. The postcard you may have received in your post office box this week offers a link to a survey. The survey is one of many tools used by Destination British Columbia (Destination BC), the province's tourism marketing organization, to gather insights and data about tourism trends, visitor experiences, and community perspectives on tourism development. The DICC,

in collaboration with Destination BC, is utilizing this survey to gather local residents' perceptions of Tourism. Our postal code and the unique link ([sents.ca/quadra](http://sents.ca/quadra)) that Destination BC has created for Quadra Island will allow our data to be isolated so an accurate representation of our community responses can be obtained. From this data Destination BC will provide the DICC with a report based on Quadra Island residents' responses.

### PURPOSE OF THE SURVEY

- 1. Gathering Community Insights:** The survey aims to understand how residents feel about tourism in their area, including its impact on the residents, the community infrastructure, the temperate rainforest environment, and the economy.
- 2. Identifying Opportunities and Challenges:** It helps identify opportunities for enhancing tourism experiences and any challenges that need to be addressed.
- 3. Strategic Planning:** The data collected can inform Destination BC's strategies and plans to promote sustainable tourism development in different regions.

Why the Quadra Island Community would be asked to complete the survey? Involving local communities in tourism planning ensures that development aligns with residents' values and needs.

- 4. Local Economic Development:** The survey can provide valuable insights for the Discovery Islands Chamber of Commerce and local groups and businesses in their efforts to enhance local economic capacity and promote sustainable tourism.

- 5. Sustainable Tourism:** As Quadra Island is a part of the Discovery Islands, a region known for its natural beauty, diverse wildlife and outdoor activities, the feedback from residents can help ensure that tourism growth is managed responsibly and sustainably.

The Discovery Islands Chamber of Commerce is asking the community to complete the survey so we can gather comprehensive feedback to contribute to a well-rounded understanding of how tourism

can best support the local economy, the environment and ensure community well-being. We appreciate you taking the time to complete the ten-minute survey and look forward to sharing the results with you in the Spring. You can access the survey at [sents.ca/quadra](http://sents.ca/quadra).

*With gratitude*

*Discovery Islands Chamber of Commerce Council*



## Quadra Island Visual Arts A Meet & Greet

**SATURDAY FEBRUARY 1**, 3pm to 5pm at the Quadra Island Community Centre, Room 3 (upstairs). Meet artists working in all media. Artists on the Studio Tour. Artists who offer workshops or start clubs. Artists to talk with about your own art. Studios to visit. Hopefully, anyone interested in art will come.

Do you want to attend a paint night or plein air field trip? Are you looking for art classes for your kids? Have you thought of joining the studio tour but don't have a studio? Connecting with other artists for critique sessions? Starting or working on community art projects? Do you have a burning desire to make art but don't know how to start? Come. Enjoy engaging conversation and light refreshments with us.

Saturday, February 1st at the QICC (upstairs) in Room 3 Let's 'Discover the Arts' on Quadra Island together. For more info, contact [info@quadraislandarts.com](mailto:info@quadraislandarts.com) or call Sylvia Yung 778 288 8693.

Admit it. There's an artist in everyone, young, old, and in between. We let it all hang out when we were little and it's still there, waiting to express itself.



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# REGIONAL DIRECTOR'S REPORT

Hello,

This report updates on Trespass Act provisions which may affect you and an upcoming online public hearing for a Zoning Bylaw amendment application in Bute Inlet.

## PRIVATE PROPERTY SIGNAGE

Many islanders have wooded land which may or may not have fencing or signage to indicate that it is private property – this information may be of interest to you. Recently an island property owner brought to my attention concerns regarding hunting on private property and highlighted some learning that others may benefit from. The information I'm sharing here I learned through conversation with Conservation Officers.

When Conservation Officers (& RCMP) are asked to investigate trespassing issues regarding hunting on undeveloped private land they are guided by the Trespass Act. Wooded or undeveloped private property needs to meet the threshold of the Trespass Act for enforcement. If land isn't enclosed by a fence, it must have clearly visible and legible signs which prohibit trespass posted in each area where a person may ordinarily access the land. This signage needs to be visible in areas which share a lot line with Crown/public land, through which someone may be travelling.

In addition to the Trespass Act is the Wildlife Act, which states there is no open hunting season for any species of wildlife within 100m of a home, farm building occupied by people or domestic animals, church, school building, school yard, playground or regional district park. These restrictions are important to community safety, we know Quadra Island has many residential nodes which back onto forest, woodlot and tree farm license.

You can read the entire Trespass Act online; please direct other hunting-related questions to the Conservation Officer Service by email: [conservation.officer.service@gov.bc.ca](mailto:conservation.officer.service@gov.bc.ca).

## PUBLIC HEARING FOR BUTE INLET AMENDMENT APPLICATION

Bylaw 586 proposes to amend the Quadra Island Zoning Bylaw for an application in Bear Bay, Bute Inlet (the Quadra Island Zoning Bylaw includes all the islands & inlets in Area C other than those included in the Desolation Sound Rural Land Use Bylaw).

Bylaw 586 proposes to rezone two adjoining parcels of land totalling 56 acres and an associated foreshore Crown tenure from Rural Three (RU-3) and Access Two (AC2) to Commercial Two D (C-2D) and Marine Commercial One (MC-1). This would legalize the existing use and buildings associated with the resort (operating for 25+ years), allow for additional lodging, and permit helicopter fuel sales.

Due to the remote location of the application, staff proposed an online Public Hearing as the best option to accommodate adjacent property owners and those in the Outer Discovery Islands and Mainland Inlets area who may be most impacted by the amendment. The online Public Hearing is scheduled for Wednesday February 5 at 7pm.

Please visit [srd.ca/government/land-use-bylaw-meetings/](http://srd.ca/government/land-use-bylaw-meetings/) for complete information on the application and login info for the Public Hearing, which will be posted at least seven days prior to February 5th.

## STRATHCONA GARDENS

Our community is engaged on this topic! Many folks are concerned with the potential for Area C ratepayers to be taxed for Strathcona Gardens: I'm receiving calls & letters sharing a range of concerns and have also heard of activities afoot. The Board has yet to receive the 'additional recreation participation report' and no further steps have been taken by the Board. I'll continue to report on this process as it unfolds.

## CONNECT

Did you know you can subscribe to receive these Director Reports direct to your inbox? [RobynMawhinney.ca](http://RobynMawhinney.ca) is home to previous reports and a subscribe option. You're welcome to connect with me with questions or concerns: you can email [RMawhinney@srd.ca](mailto:RMawhinney@srd.ca), or call 250.203.2468. If you'd like to chat in person, you can book an in-person meeting at [calendly.com/robynmaawhinney](https://calendly.com/robynmaawhinney).

*Until next time,*

*Respectfully,*

*Director Robyn Mawhinney*



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## Update from The Philippines

**AS MANY OF YOU** are aware, Quadra islanders have been supporting the education of two young girls in a remote area of the northern Philippines over the past years, through the International Association for Transformation. (IAT). The founder of IAT, David Durrance tells us that “Part of IAT’s activities in the Philippines involves having several of our sponsored students participate in a Summer Literacy Program whereby they take some training and then volunteer to spend a month in one of the remotest villages to teach the elementary students. Many of these small village schools have poorly trained teachers and children who irregularly attend classes because their parents need them to work in the fields or gather edible plants in the forests for the family meals. And therefore, many of their children struggle to learn the basics. The SLP not only greatly helps the village kids but serves our student volunteers to develop their confidence, competence, patience, leadership, planning and ability to work as a team. Analiza Macad, one of the students that Quadra has been sponsoring, volunteered to teach this past August. Your support is making a great difference to her life. As we move into the new year, she shares with us a very exciting and rewarding experience from the past year!”

Here is her story:

I am Analiza D. Macad, IAT scholar now in grade 11 and also an SLP Volunteer teacher deployed in Balawag, Tabuk Kalinga. As a first-time teacher, I felt a rush of emotions. For me being a teacher was not easy, because a teacher is not just an instructor but a guide, mentor and supporter. A teacher helps their students navigate their educational journey, inspiring them to achieve their full potential. It was challenging to me, but I am so lucky to be involved and have this opportunity I was eager to teach but also worried about meeting the expectations of my students and the community.

I never expected that I would become a teacher for one month. This program has given me a chance to grow and learn so much. On my first day in Balawag, I was unfamiliar with the area, so I relied on my group for guidance. We conducted house-to-house visits to inform everyone about our program. It was heartwarming to see the excitement in the children’s faces.

We dedicated our time to teaching the children how to read, write, sing, and dance, among other activities. I proved to myself that I could share my knowledge and inspire the children to study. It was a profound

realization that I could teach and motivate these young minds. Living in a new place for a month and teaching the local children was an unforgettable experience. Many community members expressed their gratitude, saying our program was much needed. The children, who had been spending their summer idly, were now engaged in learning. We focused on teaching them to write their names and read, and their progress was remarkable. Seeing their improvement and discovering their talents brought me joy.



Analiza D. Macad

I experienced a range of emotions that inspired me to continue teaching, even when I faced challenges. Children’s smiles and eagerness to learn motivated me to continue. Despite the emotional challenges, there were times I felt like giving up, but knowing I was making a difference in the children’s lives helped me persevere. The support and gratitude from the parents and community members were also encouraging.

Before I went to teach in the community, I was a person who could not be separated from my family, but in the place where I was deployed, many people welcomed us, so all those worries of being away from family were replaced with the joy of being welcomed and feeling belonged. My shyness gradually disappeared, and I started talking. This is the best thing that has ever happened to help me bring out an outgoing attitude.

Volunteering is about willingly helping others without expecting anything in return. It requires strength, patience, and self-confidence. As a volunteer teacher, I’ve learned that these qualities are essential in making a positive impact and fostering growth in the community. I am so grateful for the continuing support of the Quadra community for my education that enabled me to have this worthwhile and heart warming experience!

– submitted by Carol Foort

## Words on the Water

**THE 21ST ANNUAL** Words on the Water Writers Festival returns to the Maritime Heritage Centre on March 7th and 8th. The event will feature literary discussions, readings from eight world-class authors, great food, and live music all in a beautiful setting.

Weekend passes, which are available online at [www.wordsonthewater.ca](http://www.wordsonthewater.ca), include the Friday evening panel discussion, individual readings with each author throughout the day on Saturday, and the Literary Cabaret on Saturday evening. There will be snacks, a delicious lunch and opportunities to socialize with the authors and like-minded readers.

Early bird tickets, an incredible value at \$100, are available until January 31st. After that, weekend passes increase to \$125. With a limit of 150 tickets the event usually sells out, so get your tickets soon.

This year, the festival welcomes Shashi Bhat, Michael Christie, Ian Ferguson, Celia Haig-Brown, Jess Housty, Scott Alexander Howard, Susan Musgrave, and Adam Shoalts. This diverse line-up includes poets, adventurers, film makers, mystery writers, short story authors, and novelists. You’ll hear from established favourites as well as rising stars on the Canadian literary scene.

Words on the Water is a highlight of the Campbell River cultural calendar. You don’t want to miss out. Visit Coho Books to find many of the authors books and get ready for an inspiring weekend.

– Dionne Lapointe-Bakota



### DI Submissions

Email us at

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Drop off your item at *Inspirations* in Quathiaski Cove

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at 701 Cape Mudge Road

## Draft Active Transportation Network Plan

**THE SRD** (Strathcona Regional District) is pleased to announce the release of the draft Active Transportation Network Plan (ATNP) for Electoral Area C focused on enhancing transportation options for residents through walking, cycling, and wheeling. This initiative is supported by funding from the Province of BC's Active Transportation Infrastructure Grants Program, which aligns with the CleanBC commitment to increase alternative transportation solutions.

The draft ATNP provides a strategy to improve active transportation conditions on Quadra Island and its connections to outer communities that align with the policy goals, objectives and targets that are most important to the community. The draft plan identifies and maps out priority network improvement projects aimed at increasing safety, removing or minimizing barriers, and facilitating connectivity across the community for people walking, cycling, and wheeling.

Developed through engagement with the public, key interest groups, and First Nations, the plan includes:

- Electoral Area C's community profile and existing active transportation conditions and infrastructure
  - Vision and goals for the long-term active transportation network
  - Long-term active transportation network map
  - Priority corridors and projects
  - Priority spot and infrastructure projects
  - Funding and partnership opportunities
- The SRD is conducting a second round of engagements to ensure the draft ATNP reflects the needs and aspirations of the community. Public input received will help refine the draft ATNP and prioritize projects for future investment, including the selection of one top priority project to apply for funding through the B.C. Active Transportation Infrastructure Grant program.

Area C residents are invited to participate in the following ways:

- Complete a survey between January 10 to January 31, 2025
- Online: [srd.ca/area-c-atnp](http://srd.ca/area-c-atnp)
- Printed Version: Pick-up/Drop-off at Tru Value Foods (Quathiaski Cove and Heriot Bay locations)
- Attend a drop-in engagement event on Wednesday January 29, 2025, from 5 to 8pm at the Quadra Island Community Centre (kid-friendly activities will also be available)



Photo: Pexels / Cristiana Raluca

- Share your thoughts via email to [planning@srd.ca](mailto:planning@srd.ca) or by mail to 990 Cedar St, Campbell River, BC V9W 7Z8

To learn more about engagement opportunities and to stay updated on the ATNP, please visit [www.srd.ca/area-c-atnp](http://www.srd.ca/area-c-atnp).

For questions, please contact the SRD Planning Department at 250-830-6718 or [planning@srd.ca](mailto:planning@srd.ca).

Media Contact: Meredith Starkey, Manager, Planning and Parks 778-346-9143, [mstarkey@srd.ca](mailto:mstarkey@srd.ca)

– submitted by Strathcona Regional District



Like the DI on FaceBook

## Ferry Schedule

Leave Quathiaski Cove	Leave Campbell River
6:05 am	6:30 am
<sup>†</sup> 7:00 am	<sup>†</sup> 7:30 am
<sup>††</sup> 7:30 am	<sup>††</sup> 8:00 am
8:00 am	8:30 am
8:30 am	9:00 am
9:00 am	<sup>**</sup> 9:30 am
9:30 am	10:00 am
10:00 am	10:30 am
10:30 am	11:00 am
11:00 am	11:30 am
11:30 am	12:40 pm
12:40 pm	1:05 pm
1:05 pm	1:30 pm
1:30 pm	2:00 pm
2:00 pm	2:30 pm
2:30 pm	3:00 pm
3:00 pm	3:30 pm
3:30 pm	4:00 pm
4:00 pm	4:30 pm
<sup>**</sup> 4:30 pm	5:00 pm
5:00 pm	5:25 pm
5:25 pm	5:50 pm
5:50 pm	6:15 pm
6:15 pm	6:45 pm
7:10 pm	8:10 pm
8:40 pm	9:05 pm
9:30 pm	9:55 pm
10:20 pm	10:40 pm
<sup>*</sup> 11:05 pm	<sup>*</sup> 11:30 pm

Schedule in effect September 3, 2024 to March 31, 2025 - last updated here 25 Sept, 2024

<sup>\*</sup> Fridays & Saturdays only

<sup>\*\*</sup> Tuesdays: Dangerous Cargo, no passengers or cars

<sup>†</sup> Daily Except Sundays

<sup>††</sup> Daily Except Saturdays and Sundays

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## Changes Causing Changes

**WE LIVE IN A TIME** of rapid change. Such periods have been recorded in our earlier history, but nothing quite compares to the present. If this change could be represented in a graph, it would indicate a nearly vertical rise in almost everything from technology and population to species extinction and climate change. We are remaking the world, from the micro to the macro, with consequences that are unprecedented.

Two book reviews in the Atlantic magazine of December 2021 by Rebecca Giggs identify some of these changes. The first, which deals with the micro, is by Thor Hanson: *Hurricane Lizards and Plastic Squid: The Fraught and Fascinating Biology of Climate Change*. These are some of the changes that he identifies:

- Anole lizards living in the Turks and Caicos Islands of the Caribbean have developed larger feet and toe pads to keep them from being blown away by increasingly frequent storms.
- Lizards are “heliotherms”, that is, they regulate body temperature by moving in and out of sunshine. Too much heat and they have to spend excessive amounts of time in the shade. This can so reduce their food intake and impair their reproduction that they eventually become extinct.
- The Humboldt squid was thought to have disappeared from the Gulf of Mexico after a protracted hot spell in 2009 – 2010. The squid, however, remained profuse, but the species had shrunk to a fraction of its size, lived only half as long, and so radically changed its diet that it didn’t look or behave like the previous version of itself.
- Finches in cities have developed shorter wings for greater manoeuvrability because they have to fly shorter distances and avoid

more obstacles in their urban environment.

- Bird mating calls of urban species have changed pitch so they can be better heard amid the din of city noise.
- Male stickleback fish are losing their colourful attractive mating scales because such displays can’t be seen by females in murky industrial water.
- Owls in Finland are developing more brown than white camouflage to adapt to the reduced snowfall.
- Peppered moths in industrialized England that turned darker in the 19th century sooty air are becoming lighter again as the air clears.
- Some Australian cities have more endangered species living in them than in the surrounding countryside.
- Raccoons and coyotes are thriving in Canadian cities, while leopards in Singapore and Mumbai survive in the city’s adjoining parks by foraging nightly in the urban areas for domestic animals.

Change on a macro scale is addressed by Rob Dunn in *A Natural History of the Future: What the Laws of Biology Tell Us About the Destiny of the Human Species*:

- “More than half the Earth is now covered by ecosystems we have created.” Animals have to live somewhere or perish, so they adapt. The ecologies that we have created have become biological experiments equivalent to Darwin’s Galapagos Islands.
- “The minimum area for a snail to evolve a new species is tiny—less than a square kilometre, roughly the size of Tesla’s factory in Fremont, California.”
- The range of bedbugs, houseflies, centipedes, rats, bats, pigeons, parrots, crows, cockroaches, fungi, ants, and spiders are all expanding to live in the environments that we have created. We also move them around the planet, thanks to our transportation systems.

As we change environments, they, in turn, change us and how we live. Some shorelines have become unsafe places to live due to rising ocean levels and storm surges. The increasing intensity of rainfalls is making river valleys prone to flooding and hillsides subject to landslides. Even villages, towns and cities are experiencing unanticipated deluges that inundate streets, shops, homes and subways—note Valencia in Spain where cars were being washed down its streets by a year’s rainfall in a day. And once appealing places to live, such as Florida, are now being so buffeted by the intensity and frequency of storms that people are leaving—some had escaped to the Appalachian states where they were recently devastated by a deluge of 150 trillion litres of rain, the equivalent volume of 60 million olympic swimming pools of water. Other places, once prized for their warm and dry summer weather, are becoming too drought stressed and too hot for comfort.

Escaping the ravages of climate change is becoming more and more difficult. We have chosen places to live, established our farms and towns and cities, and built the appropriate infrastructure for all this to function within a limited range of circumstances. When these circumstances change, the lottery can provide the losers with disruptive and expensive surprises.

Humans can only live within a narrow range of temperatures. We are already heating the planet sufficiently that some places are barely habitable. In six decades, assuming greenhouse gas emissions peak by 2050, 1.5 billion people are expected to be outside this “human niche” boundary where they can survive and prosper. If emissions continue at their present rate, then this population will swell to 3.5 billion.

We are setting in motion changes that we were warned about, but they didn’t register or were never believed. And, sadly, in both micro and macro measures, they are arriving sooner than all the models have predicted.

– Ray Grigg  
for Sierra Quadra

### EMPLOYMENT OPPORTUNITY

#### Quadra Island Recreation Society Executive Director

**With a Mission of** “Building Community through Recreation”, the Quadra Island Recreational Society is a primary source of recreational opportunities and host and home to many cultural and community building events. Charged with the day-to-day operation and care of Quadra Island’s volunteer-built Community Centre, much of the island’s cultural vitality thrives within its walls. Founded in 1986, the Society has long been an important part of the fabric of Quadra Island.

**Position Overview:** The Quadra Island Recreation Society is seeking a visionary and collaborative leader to serve as our Full-time Executive Director taking on the responsibilities of our current ED who has recently taken on a new exciting opportunity. Working for a volunteer Board of Directors, the ED is the primary community contact and is responsible for the day-to-day operations, event planning and management of the Community Centre and its surrounding grounds. In addition to the supervision of staff and contractors, the ED is responsible for ensuring the smooth organization and marketing of a wide variety of community events.

**To view full job description** please go to this link on the Quadra Community Centre Website:  
<http://www.quadrarec.bc.ca/new-page-4>

**Application Process:** Interested candidates should submit a résumé and cover letter outlining their qualifications and professional references to the Hiring Committee at [annett.rory@gmail.com](mailto:annett.rory@gmail.com) on or before February 7, 2025.

## Common Nonsense

**CONSERVATIVE** and populist politicians are increasingly using the term “common sense” in their effort to gain support, claiming that our problems will be solved by their “common sense policies”. Remarkably, this hollow phrase appears to gain traction, despite the lack of detail of what these policies entail.

So, why would such vague statements resonate with many people when basic critical thinking should prompt us to demand more information? What is common sense anyway?

Webster defines it as “sound and prudent but often unsophisticated judgement”, and “the unreflective opinions of ordinary men”. Most of us consider ourselves to be ordinary people, and believe we possess common sense, but is this enough to convince us that these ambiguous policies will align with our needs and values without understanding their contents?

By definition common sense should enable us to make sensible decisions in our everyday lives. Put on your boots and coat before you go out in the snow, don't stick your finger in the light socket when the switch is on. But is this common sense all that's required for governments to create policy about complex social issues, climate change or the efficacy of a particular vaccine? It's likely no substitute for knowledge acquired by experience, diligent and open-minded study and meaningful consultation.

It's essential that we call out vague claims and demand an explanation of what is contained in any policy promised by any politician. Democracy requires us to remain informed, ask questions and, well, use some common sense.

– G. Murdoch

## The Biggest Scam is War

**\$22,000-** that's how much someone spent on Taylor Swift concert tickets. Only one problem – the tickets were fake so they never got to see Ms. Swift. It begs the question. Why would anyone spend that kind of money on a one night show?

But \$22,000 pales in comparison to the guy who took out a \$375,000 loan against his mother's house and then lost all the money to a scammer. The family had to sell the house and move their mother into a rental. Pretty reckless behaviour.

But I too have been scammed. Mind you it was only \$100 and I got the money back but I can see how easily one can get suckered. This theft involved my being lured into purchasing tickets for a draw by a fake organization called Race Against Blindness. After I purchased the tickets and never received them, my internal alarm bells went off. I had the presence of mind to contact VISA and they cancelled the transaction.

Scammers are getting very sophisticated. The African prince routine has pretty well run its course. That's where an African prince wants to deposit money into your account. All you have to do is provide your banking information. Whoa. Who would fall for that? Apparently millions did. Who wouldn't want an African prince to park two million dollars in their bank account?

If it's too good to be true then it's probably fake. Truth is hard to find these days. The other big fake is propaganda trying to dress itself up as truth. Oh so you thought propaganda was a Russian invention. Some say the only difference between Russians and Americans is that Russians know they are being duped. With the inauguration in the United States of Amnesia just around the corner, we won't have to wait long to see just how badly Americans got taken by the orange clown.

But if the leader of the Make America White Again movement would put an end to war – peacefully – especially the carnage in the Middle

East – then I would be very pleased if the bombing, starvation, trauma and ethnic cleansing would end. My many donations to UNRWA (UN Relief and Works Agency), Doctors Without Borders and Jewish Voices For Peace are taking a toll on my back account. But with currently 50 members of the US congress having shares in some aspect of weapons manufacturing – the very weapons being used in these many conflicts primarily against civilians – I don't see an end to the madness anytime soon.

In a world where war, environmental degradation, species loss, hunger, dislocation and desperation are becoming the norm, I worry about what kind of a world young people are going to inherit. Decades of work to make the planet a safer place to live can be undone in just the stroke of a pen. That's what president Joe Biden did a couple of weeks ago when he allowed anti-personnel landmines to be sent to Ukraine, despite a June 2022 White House directive banning such transfers.

Anyone under 35 may not be aware of the years of intense lobbying by such notable people as former Liberal cabinet minister Lloyd Axworthy and Princess Diana which resulted in the passage of the 1997 Ottawa Treaty – the Convention on the Prohibition of the use, stockpiling, production and transfer of anti-personnel mines. This treaty prohibits the use of landmines. 164 nations signed the Ottawa Treaty except for China, the Russian Federation and ... the United States!

*Landmines are explosive weapons that are concealed or camouflaged in the ground and designed to detonate when triggered. Anti-personnel landmines take as little as five pounds of pressure to detonate often maiming or killing the person or animal that steps on one.*

CONTINUES ON PAGE 16




## Your voice matters!

**Help shape the future of engagement with BC Ferries.**

**We're creating a new engagement framework, and want input from coastal communities like yours:**

- Visit our pop-up information booth at select ferry terminals and onboard vessels
- Meet our team and hear about the steps we're taking to serve you and your community better
- Share your ideas and help us build a strong engagement framework

Sign up for updates and get involved:



[bcferriesprojects.ca/letsconnect](https://bcferriesprojects.ca/letsconnect)

[engagement@bcferries.com](mailto:engagement@bcferries.com)  
**1-888-BC FERRY (1-888-223-3779)**  
[bcferries.com](https://bcferries.com)



**CONTINUED FROM PAGE 15**

Land mines kill long after the conflict has ended. There are as many as 45 to 50 million anti-personnel landmines scattered in 82 countries. They kill or maim 300 to 400 people every week.

Biden's rationale for including land mines in weapon shipments to Ukraine. "Well the Russians are using them." I see. So he's going to make a better world by allowing Ukraine to plant thousands of hidden lethal explosives all over the place that will be ticking time bombs for those farmers or hikers or gardeners or dog walkers or domestic and wild animals who could have their hands, paws, arms or legs blown off ten years from now.

I must say .... the biggest scam on earth is war.  
 - Claire Heffernen

## Open Letter to the Board:

**I AM AGAINST** the inclusion of Area C in the Strathcona Gardens service area expansion.

On Quadra Island, we have the Quadra Community Centre serving the local community in a myriad of entertainment, social and recreational services. It is extraordinarily well utilized and serves as a clear hub of community activity. In the outer islands Surge Narrows is the vibrant equivalent. Although noticeably different, they are the same, creating highly valued community outreach and serving a significant number of Area C residents.

Strathcona Gardens has amenities we do not but therein lies the point. Living on the islands is different. The majority of residents are here to prove our independence and predominantly live a rural lifestyle more in tune with our surroundings. If a pool and a skating surface were paramount in our lives, we would have chosen to live elsewhere.

Area D and the City of Campbell River pay a hefty price for the privilege of having Strathcona Gardens as an approved service within their communities. As the sole participants to this service, SRD Board members from Area D and the City of Campbell River were presented with three price staggered renovation options to revitalize their facility and then selected the most expensive proposal. No one else from the board was allowed to vote and jurisdictionally speaking, that is correct as no other area pays taxes into the service. This is a key point.

Only the tax paying participants were involved in the decision. Now, Area C may be faced with the dilemma of the SRD pursuing a service area expansion featuring the overly expensive renovation financing as well as annual ongoing administrative and operational costs as dictated by the Strathcona Gardens Commission. If the SRD is successful, this will be the most expensive Area C tax increase ever faced.

Long before considering a tax for a luxury item service, we should be addressing fundamental community issues. Affordable housing, centralized water, sewer services, garbage pick up, street lighting, etc.



Some regions of Area C do not even have a fire service. These utilitarian amenities are enjoyed by most communities but are generally lacking in Area C.

If you add the convenient inconvenience of ferry transportation, travel time and expense, Strathcona Gardens becomes even more prohibitive but in particular for outer islanders and Quadra's outlying communities.

Area C has existing hand built, community built, recreation and service facilities. The residents of Area C make great use of these and are proud of what they offer. There is a very small percentage of Strathcona Gardens users from Area C. They would be happy to pay an out of area user fee for access.

To make this decision without direct consultation is unconscionable. To make the renovation project scope and budget decision without Area C community engagement and then perpetually saddle them with the extravagance is unethical. To be clear, it is considered taxation without representation. Even the City of Victoria chose to conduct a referendum on their Crystal Garden pool project which has been in debate for years. Where is our stand-alone Area C referendum?

- Respectfully, Mike Gall

## SRD: Please Stop!

**TAXING 70+** year-olds (they make up half of our remote area's 250 residents) for a facility they never asked for, were never consulted on, can't use and which is totally unnecessary and extravagant is immoral and should be illegal. Don't do it!

The 250 residents of the Outer Discovery Islands take a minimum of 2.5 to 3 hours just to travel to Campbell River and, of course, require the same hours to get home. 'Home', by the way, is one of four remote islands without ANY services. Small boat access only. The SRD, after years of studying the issue, refused to even provide a single dumpster twice a year for garbage removal. They claimed it was simply too difficult for them to manage. We do not have a paved road. We do not have BC Hydro power. We do not even have a store. And, clearly, we do not have much of a voice in our tragically out-of-touch local government.

But the SRD is going to build a new pool and skating rink in Campbell River anyway and add our remote community to the tax roll. We, it seems, are going to help pay for this monument to stupidity and selfishness. Few septuagenarians are ever going to travel five to six hours by small boat and 4x4 to lounge in the pool, and virtually none will be playing hockey. The NOT-to-be taxed community of Sayward (a 56 minute drive to the north) and the exempted community of Courtenay/Comox (50 minutes to the south) can much more reasonably and even frequently access the proposed Strathcona Gardens facility exponentially easier than can we.

You are also unfairly taxing a community where many live well below the poverty line. You are going after the old and poor. Despicable in the extreme.

Urban-coddled bureaucrats and politicians living minutes away from the facility and making hundreds of thousands a year off the taxpaying public need to start better serving the people rather than just themselves. This is taxation by tyranny. You should all be ashamed.

- J. David Cox

**Have an opinion to share?**  
**Submit your letter to the DI by email:**  
**news@discoveryislands.ca**  
 Opinions expressed herein are those of the authors,  
 not the publisher.



## APPRECIATION

Sitting in the packed hall at the QCC for Banff Film Festival last week, surrounded by familiar faces and new ones too, I realized how deeply I'd missed Quadra Island's vibrant community spirit in the twelve years since I called this place home.

I've had the privilege and honour to be farm-sitting up in Open Bay for the last month. For those of you who don't know me, I used to live here from 2000 to 2012. Being re-immersed in the community has been like putting on a delightful warm blanket. Like yesterday afternoon, when bumping into old friends at the Café, sharing stories over a latté, their laughter as familiar as ever. My dear and lovely friend Lois Taylor was my first friend here and there she was, standing behind the counter at the HBI New Year's Eve event as constant as the sun rising every morning.

I'm writing this because, for those of you who live on Quadra, I want you to know this is a beautiful place with beautiful people. I see the community as diverse and yet it comes together in a collective way in a variety of settings.

Just as it did years ago, my heart finds its rhythm in my favourite spots: the coffee shops, Heriot Bay Inn, and the Community Centre. But it doesn't stop there. I have had solo adventure hikes up Beech's and Chinese Mountains, Maude Island, Rebecca Spit, Shelllalligan Pass and Surge Narrows. I am grateful to the Woodlot Licensees that add love and passion to our forests while keeping them accessible for our use. A cut-block I had a hand in creating back in 2001 is now such a beautiful sight to behold. Have a look at WL1897 on your way up to Village Bay Lakes.

When I left, my hair was longer and brown, and I marvel at the difference twelve years has made. I look in the mirror and see all the grey. When I bump into you, your heart and soul are totally the same, just a little more grey on top. ;-) Funny! Like the ancient forests that guard these shores, time stands still and yet it slowly moves forward.

What strikes me most deeply now, as it did then, is the stillness and groundedness here. I am so grateful that there are places that hold fast to what is and have a passion to preserve that. Some of you have lived here many years and continue to protect the richness of Quadra Island. I have many great memories, and this month has only added to that list. You are beautiful people, and your island is one to treasure. I wish for you to honour all that you are. You make this place rich and meaningful.

Thank you.

*Hugs, Love and Laughter,  
Jill Brocklehurst-Booth*

## PASSAGES



### Diana McKerracher

May 5, 1952 to January 11, 2025


**A bright light** of the Quadra community has gone out. Diana lived with love, sincerity, and a laugh like no other. She will be remembered as a teacher, mother, sister, friend who cared deeply for others and found joy in daily acts of giving.

Diana and Rob came to Quadra for a picnic in 1978 and stayed for the rest of their lives. With precision, enthusiasm, and affection, Diana taught elementary school in Campbell River and on Quadra. She sang for 20 years in the folk sensation Smooth Edge. Her dinners were hosted with generosity and the labour of love. She was adventurous, curious, intuitively wise, and willing to try new things, all the way until her last day.

Following her sudden loss, we need time to find the words and the best way to honour her. We will gather in the spring or summer to remember and celebrate this radiant, brave, and loving woman.

Open Monday to Saturday 10-5

Closed on Sunday




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**One acre lot with 400 sqft cabin on Schooner Road**

Arguably one of the most spectacular vistas anywhere. Semi-waterfront, with moorage out front. Approved septic and good water. East and south orientation. No through-road. Friendly, walkable neighbourhood. Walking distance to stores, pub, government dock, and gym. Unique, gorgeous property. \$860,000 CAD. Contact dpquadra@gmail.com

# Funeral Home or Home Funeral: What's the Difference?



**WHEN WE LOSE** someone dear to us, how do we say goodbye? For centuries, families tended to their deceased loved ones at home, embracing the rituals and tasks of care as a natural part of life. Today, most

turn to funeral homes for assistance. However, a growing number of people are rediscovering the intimacy and connection of home funerals. While both approaches offer meaningful ways to honour a loved one's passing, they differ greatly in the philosophy behind them, the processes involved, and how deeply families are involved in the journey. Understanding these differences can help you make choices that align with your values and wishes.

Funeral homes provide professional services to ease the logistical and emotional challenges families face after a death. Funeral directors take on many responsibilities, including transporting the deceased, preparing the body for viewing or cremation, and handling necessary paperwork. They can also coordinate memorial services, ensuring that every detail—from music to flowers—is managed seamlessly. For families who need professional support or in situations where a funeral home is the only option, these services can provide reassurance and expertise. However, some may find the experience impersonal or distant.

In contrast, a home funeral empowers families and communities to take an active role in after-death care. This approach allows loved ones to keep the deceased in a familiar environment, or to bring their body home from a hospital or care facility. Family members can wash and dress the body, lay it in honour in a familiar setting, involve pets or other personal elements, prepare a shroud, and optionally build the casket. While this hands-on nature of home funerals may feel daunting, many find it deeply meaningful, as it fosters opportunities for love, grief, and connection to flow naturally. The tangible tasks—preparing the body, arranging flowers, or assisting with burial—help us embrace the reality of death in a space filled with love and support. A home funeral often slows things down, allowing the new reality to be processed and integrated.

In addition to fostering emotional intimacy, home funerals often reflect sustainable values. Families may opt to forego embalming and elaborate caskets, reducing their environmental impact. Additionally, they can be more cost-conscious, as families have greater control over the services and materials involved.

If you're considering a home funeral but feel unsure about how to begin, the compassionate and knowledgeable volunteers of Way To Go can guide you. Way To Go offers guidance, providing emotional support and practical help as families navigate the challenges of dying, death, and grief. Preparation is especially important, as having the necessary paperwork ready and understanding the steps ahead can help prevent unnecessary stress. Documenting your wishes allows your loved ones to drop into the experience, rather than worrying about what you wanted and logistical challenges.

Ultimately, both funeral homes and home funerals play essential roles in helping families honour their loved ones. For those seeking a more intimate, empowered approach, a home funeral offers a deeply personal way to navigate loss, putting us in touch with the reality of death while creating opportunities for support, love, and connection to also be present.

Way To Go strives to integrate death as part of life by initiating conversations, providing education, and encouraging people to prepare for end-of-life. We also empower, guide, and support the practice and process of caring for our own dead and dying, in community. Visit our website, [way2go.ca](http://way2go.ca); view upcoming events, read previously written articles, and join our email list.

– Margaret Verschuur

Celebrate Family Literacy Day with **the Kerplunks**

**Sunday, Jan. 26, 2025**  
**3:00pm** doors open 2:30 pm

**Quadra Island Community Centre**

Tickets at:  
 Inspirations - Quathiaski Cove  
 Copper Coast - Heriot Bay  
 At the door

Ticket Price: \$5.00 per person  
 Children two and under are free  
 If cost is a barrier contact [quadraliteracynetwork@gmail.com](mailto:quadraliteracynetwork@gmail.com) or the children's centre

Quadra Concerts  
 This concert is in collaboration with Quadra Literacy.

## Your Guides to Island Adventure

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Available at Book Bonanza  
[www.wildisle.ca](http://www.wildisle.ca)

## Sierra Quadra presents: Learning to Live Together with Wildlife

**ON SATURDAY FEBRUARY 8**, Sierra Quadra is pleased to present Cortes Islander and biologist Sabina Leader-Mense leading a conversation with any and all interested community members about wildlife coexistence. Sabina is the founder of the Cortes Community Wolf Project, an initiative that provides information for rural communities about living harmoniously with the wild wolves that, like us, call these islands home. In her characteristic lively style, Sabina will share her stories, knowledge and understanding she's gained from years of studying the Cortes wolf pack. She is inviting folks to join in this conversation with their own stories and philosophies of wildlife coexistence. If scheduling allows, she'll be joined by a Vancouver Island Conservation Officer familiar with her project, as well as two wildlife biologists from Quadra Island.



Admission is by donation; desserts and hot beverages will be available. Doors (and kitchen) open at 7pm, and Sabina will introduce the conversation at 7:30pm.

## Campbell River Art Gallery: 43rd Annual Members' Show

**JOIN US** for the opening reception and celebration on Saturday, January 25th from 1 to 3pm at CRAG (Campbell River Art Gallery). This is a chance for the public to meet with artists in the show and view the works for the first time. Drinks and snacks will be served.

The Members' Show is a showcase of the abundant creativity found in Campbell River, and reflects the great natural beauty of our area, as well as the passion residents have for Arts and Culture. Showcasing upwards of 70+ artist in the region and beyond on Vancouver Island.



Please note that due to ongoing restoration work being done in the gallery the Opening Reception has been moved to Saturday January 25th at 1pm with refreshments and light snacks.

The Campbell River Art Gallery is open Thursday to Saturday from 10am to 5pm.

In addition to the Members' Show, the Student Expo will be debuting in our satellite gallery.

The Campbell River Art Gallery is proud to present a survey of artwork and the activities that inspired this special collection of student-made work from our School Tours, Outreach, and Gallery-in-the-Schools programs. During these programs youth have the opportunity to experiment hands-on, learning about the practice of professional artists, and creating work themselves. This not only connects youth with their local art community, but also with the work

of contemporary Canadian artists.

The CRAG runs barrier-free programming for the public and discounted tours to SD72, supporting a new generation of local artists in the region. The gallery serves as a meeting place, a driver of conversations and reflections, an outlet for expression, and a creative working studio.

The Campbell River Art Gallery is located at 1235 Shoppers Row, a five-minute walk from the ferry terminal.



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**1-877-215-7122**

## Heriot Bay Tides

DATE	TIME PST	M.	FT.
<b>24</b> Fri	04:04	4.17	13.7
	07:27	4.01	13.1
	12:00	4.33	14.2
	20:23	1.44	4.7
<b>25</b> Sat	04:49	4.43	14.5
	09:15	4.10	13.5
	12:47	4.32	14.2
	21:07	1.23	4.0
<b>26</b> Sun	05:25	4.63	15.2
	10:18	4.10	13.4
	13:40	4.35	14.3
	21:49	1.04	3.4
<b>27</b> Mon	05:57	4.79	15.7
	11:01	4.04	13.3
	14:35	4.40	14.4
	22:29	0.88	2.9
<b>28</b> Tue	06:27	4.91	16.1
	11:37	3.94	12.9
	15:30	4.44	14.6
	23:09	0.78	2.5
<b>29</b> Wed	06:56	5.02	16.5
	12:15	3.77	12.4
	16:28	4.46	14.6
	23:49	0.76	2.5
<b>30</b> Thu	07:24	5.10	16.7
	12:55	3.53	11.6
	17:27	4.44	14.6
<b>31</b> Fri	00:29	0.86	2.8
	07:52	5.15	16.9
	13:38	3.21	10.5
	18:27	4.37	14.3
<b>01</b> Sat	01:10	1.11	3.6
	08:20	5.15	16.9
	14:24	2.82	9.2
	19:30	4.25	13.9
<b>02</b> Sun	01:51	1.52	5.0
	08:47	5.10	16.7
	15:11	2.38	7.8
	20:39	4.11	13.5
<b>03</b> Mon	02:33	2.05	6.7
	09:14	5.01	16.4
	16:00	1.96	6.4
	21:58	4.00	13.1
<b>04</b> Tue	03:19	2.64	8.7
	09:42	4.90	16.1
	16:52	1.60	5.3
	23:32	3.98	13.1
<b>05</b> Wed	04:10	3.21	10.5
	10:13	4.77	15.6
	17:50	1.33	4.4
<b>06</b> Thu	01:21	4.12	13.5
	05:18	3.70	12.1
	10:50	4.63	15.2
	18:53	1.13	3.7
<b>07</b> Fri	02:58	4.37	14.4
	07:09	4.01	13.2
	11:40	4.50	14.8
	19:56	0.99	3.2

## THE DI CLASSIFIEDS

### Job Posting

**QUADRA FOOD BANK** seeks a person at \$30/hr, 10/hr week for 12 weeks to produce policies and procedures to meet new Food Banks Canada standards. Administrative skills required. Send resume by Feb 7 to qifoodbank2@gmail.com

### Services

#### NOTARY PUBLIC

Notary Public on Quadra located inside Sacred Pulse at Quathiaski Cove shops, we offer notarial services, personal planning documents (wills, powers of attorney, representation agreements). Call 1.855.204.6277 (toll-free) email info@quadranotary.ca

#### MASSAGE

by foot pressure. SOUL SOLE delves deeply into your muscles tackling fatigue and pain. Using long, sweeping strokes and strong, even pressure, I massage you with my feet!! Call Jen Reis 250-285-0070 soulsole.ca

#### DREAM TEAM LANDSCAPING

Your island's local outdoor professionals. We can handle all your landscape, concrete and exterior carpentry needs. Check out our website: DreamTeamLandscaping.ca

#### SMALL ENGINE REPAIRS

in Q Cove. Lawn Mowers, Tractors, Chainsaws, Trimmers, Generators etc. Also some electric power tools. Please call Don @ 250.285.3960.

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Custom signs for home and business, boat/vehicle decals, picture framing. Open Mon & Fri 9-2, Tues-Thurs 9-5. Next door to Q Builders. 250-285-2815 desk@waypointsigns.com.

#### ROOFING

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### Help Wanted

#### SEASONAL FARM WORKER/S

April to Sep/Oct for part-time animal care, landscape and garden work on small farm in Hyacinthe Bay. Accommodation: onsite 24-ft trailer (with electricity, kitchen, bed, access to potable water, outhouse). Partial work trade for accommodation plus hourly wage, tbd. Ideal for one person or couple. Two references from recent employers / farm hosts required. Please email résumé to: taseko1@telus.net

### Workshops

#### MINDSET WORKSHOP

Elevate Your Already-Good Life | Mindset Workshop: Transform from successful to extraordinary. Three Monday nights in January. Limited to 12. Expert-led breakthrough sessions. \$75 www.theCentreCR.org "What's Happening"

#### CONNECT, HEAL, AND AWAKEN

Journey back to your True Self in a 5-week healing circle, Jan 8-Feb 5, 7-8:30 PM. Connect, heal, and awaken to blissful well-being in the Driftwood Dome with guide Danae Jensen, CHt, RCT. www.soulfuldepths.co/livegroup 604-782-0824



### Home & Garden

#### TIME TO BOOK WINTER PRUNING AND SOIL CARE

Certified horticulturist and lifelong gardener Ryan Nassichuk can help to improve the health and productivity of many species of trees, vines, and shrubs through graceful winter and summer pruning, and by implementing comprehensive soil care strategies. Call 250-202-2326 or email nassichuk@gmail.com for more information. Ryan's websites: nassichuk.com and garden-workshops.com

#### SKILLED PRUNING OF SHRUBS AND TREES

Fall garden and property care, winter preparation. Trained & experienced Horticulturist. Reserve now a spot for skilled Fruit Tree pruning, starting in January. Kai 250-850-9245 ggpropertycare@gmail.com

### DI CLASSIFIEDS

**Up to 35 words:** \$25 (including gst) - one time

**36 to 70 words:** \$45 (including gst) - one time

Email your ad & pay online at discoveryislander.ca

Questions? Email news.discoveryislands.ca

**NEXT DEADLINE**  
7pm Monday, February 3rd

## Considering selling your home?

Get in touch today for a market evaluation and find out how working with a REALTOR™ can improve your home search or sale.

Contact me for a list of current listings and sales for the past year (including links to photo galleries).



# Renée Stone

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