ISSUE 782 JUNE 10, 2022 • SERVING QUADRA & DISCOVERY ISLANDS SINCE 1993

discovery

ISLANDER

May Day Speech



Before I start I'd like to acknowledge that Quadra is located in the traditional territories of the coast salish people and also includes traditional we wai kai nation grounds. Hello my name is Saskia. I am this years mayday monarch. Sadly last year there was no mayday because of covid but I hope you celebrated with your family. Since there was no mayday I would like to congratulate masie and Gabby for being the last two years may day monarchs. Okay now I want to welcome you to mayday. This years theme is seas the day which in my opinion is a great theme. Not only because I love the sea but also because I think that the last two years of covid have taught us nothing but to seas the day. Mayday has been one of our longest lasting celebration's probably because of our loving and sportive community. Mayday has been going on for 124 years starting as a small get together in 1898 for queen Victoria's diamond jubilee and now a huge community celebration. One of my favorite memories is running a relay with my mom. We each ran with an egg in a spoon. I find the mayday games are so much fun and it's funny watching people try to climb up the grease pole. To me mayday means having fun with family and friends. I'm hoping that this year we can all make some new memories together. Thank you and let's get this party started.

By: Saskia Schevers 2022 May Day Monarch





MONDAY TO FRIDAY 8:30AM TO 6PM + SATURDAY 9AM TO 5PM

NEWS & EVENTS

Tennis and Pickleball

THE TENNIS AND Pickleball Committee welcomes all levels of players to a Saturday morning Drop-In at Blenkin Park Tennis Courts starting Saturday June 4, from 9am to noon. Some equipment will be available. Come to meet new people, learn the games, get your exercise and have some fun! Call Louella or Ken at 250.285.2580 for information.

Trout Derby

QUADRA ISLAND'S 57TH

Annual Trout Derby/BC Family Fishing Weekend at Village Bay Lake, June 18th & 19th.

Register by noon on Sunday, final weigh-in Sunday 3:00pm. \$20. for adults & \$10. for children 15 & under. Great prizes and fun. *Fishing licence not required.*

Fresh Local Food

the best or Quadra's home-grown produce and other wonderful foods. You can stock your freezer from here on the island. Enjoy preserves made in Quadra kitchens... or buy the makings to create your own. The source of all this goodness is to be found on the Quadra Island Food Guide website. Check it out at www. qifoodguide.ca

At The Legion!

Open mic/jam with Dylan and friends was so much fun we are doing them every Sunday, starting June 12th from 5-8:00pm!

Bring your instruments & your friends and come by and enjoy an evening of music.

A beautiful new shipment of Legion hoodies and t-shirts have just arrived and they are going fast.

The next bingo is on Sat. June 25th & that will be the last one before the summer break.

Quadra Elementary School Wetland Project

Upcoming information meeting: Wednesday, June 22, 2022. 2:45pm

Our wetland project has been approved by the School District! We will be hosting an information meeting on Wednesday June 22, 2022 at 2:45 pm on the upper school field. The Quadra School Wetland project is a collaboration between Quadra Elementary School, Quadra ICAN water security team and the BC Wildlife Federation. This is an incredible opportunity to create an outdoor learning space for studying wetlands, rewilding and stewardship.

Please join us to find out more about this amazing project!



Quadra Island Medical Clinic

Dr Steve Hughes CCFP MRCGP and Pat Peterson NP

- Please phone 250 285 3540 for an appointment
- Open Monday to Friday, 9 am to 4 pm
- We see patients by appointment only (no walk-ins)
- Lab & ECG by appointment only Wed & Fri, 7 am to 11 am
- Book blood tests online at v2.waitwhile.com/book/Quadralab

phone 250.285.3540 • fax 250.285.3549 • 654 Harper Rd, Q Cove

COMMUNITY NEWS & EVENTS

Retro Dance Party Fundraiser June 18th

On Saturday, June 18th, Quadra Islanders will rock and roll back in time with Kenny and the Cruisers at the Quadra Community Centre. Dance to hits from the 1950s, 60s, and 70s to raise money for Quadra Circle and help Quadra Island seniors. Doors open at 6:30pm, music from 7-10pm. Cash bar, door prizes, 50/50 raffle and more! All ages are welcome. Tickets are \$20. Get them at Inspirations, Quadra Circle or by email at retrodancetickets@gmail.com. Treat dad to a Father's Day gift he won't forget!

QI Outdoor Club Upcoming Events

WE'VE MANAGED SOME GOOD TRIPS

between the torrential rains, but it's a challenge. It's a perfect year for quality rain gear. We expect a few more schedule changes so stay in touch with the webpage and trip coordinators. Here are the upcoming trips: **15 JUNE, WEDNESDAY** - hike to Mine Lake Bluff

22 JUNE, WEDNESDAY - hike along Discovery Passage Bluffs

29 JUNE, WEDNESDAY - hike Beaver Lake to Open Bay Creek

6 JULY, WEDNESDAY - hike to Blind Man's Bluff and Eagle Ridge

The current schedule is available on the webpage by visiting https://qioutdoorclub.org/schedule-summer-2022/

For more information about the Quadra Island Outdoor Club, you can email to qioutdoorclub@gmail.com

DI Submissions

The Discovery Islander welcomes written submissions of interest to the Discovery Islands community: news, events, opinion and musings are fair game.

Please keep your item to a reasonable length: 750 words is a good target for *longer* articles.

In the interests of efficiency and hygiene please email your text and photos to:

news@discoveryislands.ca

QI Farmers' Market

THE QUADRA FARMERS' MARKET and

Bazaar is happy to be providing a seasonal way for community to support community. Come by for some live music, you will find homemade jams, produce, fabulous gluten free and also gluten full baking, woodwork, leatherwork, fine sewing and much more.

In the field behind the credit union from 10 to 2.

Music: June 11 Willow

June 18 Mack Shields fiddle player and singer from The Tequila Mockingbird Orchestra and The High Quadra Ramblers See you there!

- Lisa Bernstein

Photo: Willow - courtesy of Truzys Photos



Free Bike Tune-Ups

Free Bicycle Tune-ups at Smokey's Bike shop. 1024 Heriot Bay Rd.

Local residents get up to an hour and half's worth of tune-up from now till the end of June.

Only one mechanic student is here this time, so bring your machine early! You only pay for parts. 250-285-2447

Beach Clean-Up Event 2022

Hello fellow islanders. June 18-19th there will be a 40' bin for marine Debris at the West Rd industrial site. Those who wish to help can certainly head down to any one of lovely Quadra beaches and do what you can. You can also volunteer to help on those days mentioned at the bin, sorting the collected material. Call Stephanie @ 250 792 0026. There will also be some beach access point pick up Saturday and Sunday mornings. Contact me through Facebook @ Quadra Island beach clean dream team or messanger or Quadrabeachclean@gmail.com

Please note the pH # on bottom of the poster

is not correct. It should be 2507920026





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Publisher/Editor Philip Stone

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Our current edition and upcoming
deadlines are online:

www.discoveryislander.ca CONTACT US

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office 701 Cape Mudge Road hours Monday – Thursday 10am to 4pm

Opinions expressed in this magazine are those of the contributors and are not the views of the publisher.

SUBMISSION GUIDELINES

We welcome items for publication on subjects of interest to the Discovery Islands community. Here are a few guidelines:

- **300 words** is an ideal length for community announcements.
- Articles do not need to be sent as attachments. Simply send the text in the body of your email.
- Canadian spelling is preferred.
- Please use the title of your item in the email subject line. We get a lot of items called 'DI Article'.
- Remember to include credits and captions for photos & artwork.

WHILE EVERY EFFORT IS MADE TO INCLUDE
ALL ITEMS SUBMITTED, ERRORS AND
ACCIDENTAL OMISSIONS MAY OCCUR.

GIFT SUBSCRIPTIONS

Are available for delivery in Canada by mail **\$90** for **12** months

Local Voluntary Subscriptions are welcome to help support the DI, suggested: \$30 per calendar year Find more details online at www.DiscoveryIslander.ca

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NEXT DEADLINE

7pm Monday, June 20 for publication on Friday, June 24, 2022

COMMUNITY NEWS & EVENTS

Community Mental Health

Information Session, Thursday, June 16th, 1:30pm-3:30pm

The BC Schizophrenia Society has a program to help families/ friends affected by schizophrenia and other serious mental illness feel less alone, learn about the disease, and find out about resources and services available to them. Michelle Gallant, Regional Educator North Island, BC Schizophrenia Society actively sought connections with communities she will be serving. Maureen McDowell (Quadra Circle), Mary McIntosh (Quadra Island Medical Society), and Jude McCormick (Quadra SMART Recovery) representing helping organizations on Quadra, eagerly offered to meet via ZOOM to learn more about this vital program. The goal of this program is to provide on-going educational and support group offerings to communities in the North Island.

All interested people on Quadra, Cortes, and surrounding islands are invited to join Michelle on Thursday, June 16th at the Quadra Community Centre in Room 3 (up-stairs) from 1:30pm - 3:30pm to learn more. It is an opportunity to give your input about what your educational and support needs are. What days, times, frequency would be convenient and most helpful to you? If you can't attend and would like to send your input or would like more information, please contact Michelle at 250-937-0782 or email northvi@ BCSS.org



Lottery Supports Care Facility

In partnership with the Campbell River Hospital Foundation (CRHF), fundraising efforts are underway to cover the capital costs estimated at \$2 million for Strathcona Regional District's Just Like Home Adult Lodge. Tickets for the CRHF 2022 Because You Care Hospital Lottery are on sale now, with only two weeks remaining. All proceeds support this vital project.

Purchase your tickets by Thursday, June 16th at 5:00 pm for a chance to win:

- GRAND PRIZE \$20,000 (Sponsored by Peninsula Co-op)
- GIFT OF FLIGHT 2 Return trip tickets to anywhere that WestJet flys and \$1,000 Gift Certificate to The Travel Place/ Travel Plus (Sponsored by The Travel Place/Travel Plus)
- TOFINO BEACH VACATION
- 2 nights at Crystal Cove Beach Resort in Tofino, and \$1,000 Cash (Sponsored by Crystal Cove Resort)
- 50/50 Win 50% of the 50/50 jackpot currently at over \$25,000 Because You Care Hospital Lottery and 50/50 tickets can be purchased online at: www.becauseyoucarelottery.com.

For more information or to get involved in the Just Like Home Lodge project, please visit www. justlikehomecr.ca or contact the Campbell River Hospital Foundation at 250-286-7164 or visit www.crhospitalfoundation.ca

About Just Like Home Lodge:

Keeping loved ones close when it matters most will soon become reality for North Island residents. The Strathcona Regional District (SRD) is happy to announce that with a 40-year land license from Island Health it will build and operate a safe and welcoming home-away-from-home for regionally based patients and loved ones needing to travel to Campbell River for specialized medical care or procedures that are not available in their communities.

The North Island Hospital, Campbell River & District serves 32 communities of North Vancouver Island and the North Coast. The Just Like Home Lodge, steps away from the Campbell River Hospital, will be a safe haven for patients and loved ones to support each other while connecting with others through shared experiences together in their times of need.

QUADRA ISLAND REAL ESTATE TEAM



1.99 ACRE LOT IN FIR CREST ACRES! \$330.000

• SL 11, features nice mix of large ferns and mature trees • Property opens to east and with further clearing potential for views over the golf course • Comes with partial driveway, hook-up to strata sewer system

and underground utilities to property line • Subdivision boasts 10 acres of park land and 2.8km trail network



COMMUNITY NEWS & EVENTS

Listen Up! The Campbell River Art Gallery Opens a New Exhibition: The Chorus is Speaking

Eight professional artists across Canada reflect on their experiences of Blackness, embodied (his)tories and Black joy.

The Campbell River Art Galley's latest exhibition The Chorus is Speaking is a group exhibition of eight Black Canadian artists of incredible inventiveness and insight who address the multilayered nature of the Black experience on Turtle Island.

Upon entering The Chorus is Speaking visitors will be greeted with a myriad of colours "The decision for bright colors comes from our desire to communicate a kaleidoscopic experience of blackness." says Curator of Contemporary Art Jenelle Pasiechnik. "It reflects a diverse experience, and a sliver of a 500 year history."

The Chorus is Speaking runs from June 11 -Aug 20, with an opening reception on June 11th from 5pm to 7pm at the gallery.

The artists: Ojo Agi - Christina Battle - Charles Campbell - Chantal Gibson - Dana Inkster -Karin Jones - Jane Wade - Syrus Marcus Ware; were brought together in an exploration of facets of Black life in Canada through sculpture, drawing and painting, installation, film, and poetry.

Their work speaks to activist positions, seeking a balance between carrying the weight of difficult histories and finding joy, the beauty of Blackness, cultivating boundaries through a resistance to the gaze, thinking through the creative process with curiosity, love of experimentation, and the pursuit of knowledge.

"Chorus" refers to an archetype of ancient Greek theater, Curator Jenelle explains "The chorus is traditionally a source of wisdom and knowledge, who work to communicate larger moral sentiments to the audience". CRAG's own chorus takes from this and adds onto it "Our chorus: the artists speak not only a unison, but each voice is heard clearly and individually, the power of the collective and the power of individual are both important and this exhibition holds the two in balance." There are a variety of events planned for the exhibition, including a performance from Charles Campbell and Michelle Jacques, Sunday Screening of films directed by Black Canadians, and a Poetry reading and Talk by Chantal Gibson. Visit crartgallery.com for more information.

See The Chorus is Speaking at the Campbell River Art Gallery Thursday to Saturday from 10 a.m. to 5 p.m. and Sunday from 10 a.m. to 2 p.m. from June 11th - August 20, 2022.

WHAT'S HAPPENING at the Quadra Community Centre June 10-24, 2022

THIS WEEK: June 10-17

FRIDAY: 12pm Smart Recovery (to join contact Jude: smartrecovery@gmail.com

MONDAY: 10am Yoga with Josephine; 10:00 Parents & Tots (Dental Hygienist in attendance for tots); 1:00pm Quadra Circle Ping Pong; 1:30 Caregivers

TUESDAY: 9:00 Quadra Quilters; 5:00 Yoga with Trinity

WEDNESDAY: 10:00 Baby Clinic; 10:00 Yoga with Trinity; 1:30 Q Circle Mosaics

FRIDAY: 12pm Smart Recovery (to join contact Jude: smartrecovery@gmail.com

NEXT WEEKEND: June 18-24

SATURDAY: Quadra Circle presents: an all-ages DANCE with Kenny and the Cruisers. Doors will be open at 6:30pm and the band starts at 7.

MONDAY: 10am Parents and Tots, 1pm Q.Circle Ping

TUESDAY: 5:00 Yoga with Trinity

WEDNESDAY: 10am Yoga with Trinity, 1:30pm Q Circle

FRIDAY: 12pm Smart Recovery (to join contact Jude: smartrecovery@gmail.com)

QCC is the place for all things community! Anything from community groups and clubs, yoga, ballet, painting, folk dancing, singing, workshops, birthday parties, playing to learning... and SO much more! Thank you for all of your support! For any more info phone 250-285-3243.

You can also check out the on-line calendar at www. quadrarec.bc.ca

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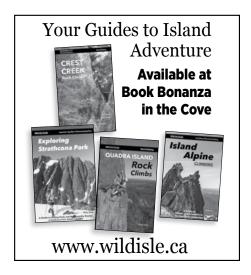
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ISLAND FORUM

Ferry Statistics

The golf course property is an 85 acre property zoned "Recreation Commercial" with the following Official Community Plan Commercial Activity designation: "Recreation Commercial developments shall reflect commercial activities that cater to large lot outdoor uses for visitors and island residents alike, such as a golf course."

As such, we are in a position to host large events. This would include tournaments and other events such as the Canada day celebration in 2016. The area being considered for our RV Site proposal is currently used for excess parking during special events and oversized vehicle parking. Golfers arriving at the site in RVs use this unserviced area for parking during the time they are playing golf. Work is currently being done to improve the drainage and establish better access to the site.

Tourism and visitors are the backbone of Quadra Island's economy. This includes recreational based businesses, retail stores, the hospitality industry, vacation rental businesses and family guests. All are dependent on people coming to the island. The golf course is part of the diversified recreational opportunities on Quadra and like all other businesses, relies on the ferry.

The golf course is somewhat unique in that, once completed, the 50-100 resident golfers began to stay home more often and use the facility here rather than travel to Campbell River to pursue their passion. In addition, Quadra Links organized a free shuttle service to and from the ferry. Golfers from away were encouraged to walk on and avoid contributing to ferry congestion. In its first full year of operation the shuttle service brought 986 golfers to the course. Covid has curtailed this service over the past two years but we are resuming the service this year.

Regardless of overloads in the summer, there is no community appetite to limit the ferry traffic coming to any of the visitor-based businesses that keep our island economy healthy. A better approach might be to explore ways to minimize ferry traffic at peak times by offering incentives to arrive on under-utilized sailings.

A review of B.C. Ferries Statistics indicates that R.V.'s are not a major contributor to increased ferry traffic. For example, during the months of April through October in 2021 the total number of vehicle tickets sold from Campbell River to Quadra was 129,622. This includes Cortes traffic which is 17% of the total. The total number of PVOH was 6233, which is 5%. PVOH (Personal Vehicle Over Height) is B.C. Ferries designation for pickups with campers, trailers, and recreational motor vehicles. It does not include commercial vehicles.

It is worth noting that the same period of April through October has 214 days and each day has at least 17 one-way sailings coming to the Island. This averages 605 vehicles per day. That means the average load per hour is 35.6 vehicles compared to an upcoming capacity of close to 100 vehicles per hour when the two ferry system is up and running.

(The statistics consider all vehicles to be the same size. The current hourly average will go up if the length of commercial traffic and PVOH are calculated in car equivalents.)

Note the following statistics from BC Ferry Corporation;

Year 2021 April	LV CR 15821	PVOH 500	% of total 3%
May	16383	676	4%
June	18908	1035	5%
July	21933	1232	6%
August	21547	1271	6%
September	18387	1029	6%
October	16643	490	3%
Total	129,622	6233	5%

The ferry advisory committee is looking for methods to redistribute the ferry traffic. It will be beneficial to find a way to redirect traffic from peak periods to under-utilized sailings. Perhaps a reservation system for selected sailing times might help. We will be happy to participate in finding a solution.

Submitted by Bill Pirie for the Board of Directors

Quadra Links Limited

Cortes Radio Drop in and tune out

Fibre Optic Should Be Supported

To the Editor Discovery Islander

I read [Joshua Jakabosky's] letter in the DI, 27. 5. 2022.

I know and admire Joshua Jakabosky as an excellent carpenter, a person who stands absolutely on his own-feet, he is self-reliant, who does not shy away from digging his own well. Joshua maintains his independence from the public power-supply and other services, while creating his own independent self-sustaining environment. He is a man who looks and plans for a future 20 years from now. However, I have a deep disagreement with

However, I have a deep disagreement with Joshua's views on the Fibre Optics installation as suggested by the Regional Director.

Presently I pay over \$300.00/month to obtain internet via satellite (TwinComm), satellite TV (Shaw) and telephone (Telus, land/cellphone). All these services are not very dependable and during stormy days are very unreliable. The Fibre Optics connections would be certainly more reliability and be of considerable low combined cost per month.

That brings me to point of life style differences between a person who is in the early 30 years of age and a person who lives in the shadow of 90 years.

Yes when you are young the social interaction with a multitude of diversions makes life extremely stimulating. However, when your mobility is restricted and your social interactions are greatly reduce (perhaps by your own choice or impeded by other determinant's beyond your own control) the communication links with the outside world via the internet and Tv become extremely important.

The latter is fact of life which a person in the age of 30 will have great difficulties to understand. It is a life-experience to find out what it is like to be 92 while you have all mental faculties intact but physical abilities become very much impaired. The electronic communication becomes essential.

I would like Joshua to reflect and put himself into the body of many Quadra Islanders who are in advanced ages before he is shooting from the hip with views that show a level of in maturity.

Chris Rose

ISLAND FORUM

Public Letter to Mosaic Forest Management

Attn: Colin Koszman/ Land Use Forester, Molly Hudson/ Director of Sustainability I started out in my working life in the late 60's, surveying cutblocks and new roads with MacMillan Bloedel on many of the lands now being managed by Mosaic - up in the headwaters of the Oyster, the Quinsam, the Campbell, the Eve and the Salmon. I witnessed the last of the valley bottom old growth being logged, magnificent cedar groves that would now be considered a national treasure, and saw the mountain plateaus of Mountain Hemlock, Yellow Cedar and Western Yew before anyone had touched them

Since then, I've watched pretty much everything on the PMFL of Vancouver Island get mowed down, even where regeneration is poor, and especially in the second growth stands that were nowhere near reaching maturity. And now in an act of insanity even the third growth "pecker poles". It's no secret to anyone paying attention that our overcut forests are in ecological decline. It's an easy concession now for your industry to set aside some token old growth remnants, since these areas are just the hard to reach "guts and feathers" of the great forests that once existed all over this part of the coast. But the greater crime of liquidation is now happening in immature forests. We have gone from that heroic age of the Tall Timber Jamboree to an age of weasley politicians promoting chopstick factories, in less than one human lifetime.

I've spent the last 40 years woodworking and homebuilding here on Cortes, and have watched the quality of native wood species plummet as it's price keeps climbing. I've watched the sapwood in anything made just rot away, since it's sugar content quickly attracts fungi and insects. I've noticed

Tip-top Chimneysweep It's that time of year Gabe Aston 204-5228 powder worms find their way into the widely spaced grain of second growth Fir and Cedar heartwood, whereas the tighter grain of resinous old growth was impervious.

What shocks me most about the simultaneous decline of professional forestry on the coast is this complete ignorance about wood quality. Foresters seem to be operating on the obsolete myth that an 80 year old Douglas Fir or Red Cedar is a "mature" tree, when it is really just an adolescent. At the "culmination age" of mean annual increment, these trees may be growing volume at their fastest rate, but that also means that the sapwood layer is also at it's maximum volume in the tree. In other words, trees harvested at this age may be up to 50% sapwood that has no endurance, no longevity in wood products. Even the heartwood is unstable and full of knots. What an incredible waste of potential. What a sad lack of patience!

In an age of accelerating climate change, the best terrestrial carbon sinks that we must take care of are our native forests. Here on the coast, where the risk of fire is less than in the Interior, the capacity to store a huge amount of carbon at landscape levels is more achievable, and must be seen as the highest priority and professional responsibility among coastal foresters.

I'm not saying we need to stop harvesting trees, but that we must let them grow a lot older before doing so. We need to adopt a holistic forest management regime that aims for three crucial goals at once - high carbon capture in a biodiverse ecosystem with many old growth attributes, high carbon storage in mature durable wood products and high quality artifacts, and the economic perpetuation of good honest forestry and

our inherited multitude of traditional woodworking crafts.

What professional foresters must not continue to do is steal the young forests and future forest livelihoods from all our grandchildren, just to keep adults in luxury, while simultaneously spouting the deceptive language of sustainability. The current rapid liquidation of the immature second and third growth forests on the BC coast is just that, a transgenerational crime of grand theft that I hope will not go unpunished.

Sincerely, David Shipway





May Day 2022 Theme:

"SEAS THE DAY!"

Huge appreciations to these amazing volunteers who contributed in the following ways:

PARADE MARSHALING: Jeanie Stoppard, Linda Jeffrey-Pillon, Robin Beaton & Jack Mar – (pipe band)

PARKING: Paul Ryan, Rory Annett & Sandy Spearing

SHUTTLE: Spirit of the West

GREASE POLE: Doug & Gretchen Peters

GRADE 5/6 PICNIC: Organizers: Mary Patrick, & grade 5/6 parents & Coastal Community Credit Union – (tents)

Monarch AND COURT:

2022 May Day May Day Monarch: Saskia Scheevers & May Day Court/2nd place speech writer Mo Lenahan & escort Wren Mae Anctil; 2021 retiring Queen: Gabrielle Doll & escort: Will Lornie, 2021 court: Charlotte Doll & escort Noam Brault; 2020 retiring Queen: Masie Shea & escort: Fionn Lenahan, 2020 Court Savannah Nimmon and escort Finn Wunsch, Fortune Dennison & escorts Gavin & William Marshal; 2019 Retiring Queen Hazel Neri-Eley (Organizers): Retiring Queen mom Jennifer Banks-Doll & New Monarch dad John Scheevers; Artist: Naruka Umemura— (Monarch signs)

STAGE: Thanks to Mel & Ross Doak for supplying /setting up the stage & to the grade 5/6 parents for decorating it SOUND: Dan Sutherland

MAY POLE DANCERS: Instructors: Linda McCluskey, Mandy Hart & helper Lunabelle Loiseau-Tremblay; Musicians: Fern Kornelsen, Mirray Campbell and Charlotte Doll

BOX LUNCH AUCTION: Organizer: Fair Taylor (with store pick-ups and transport by Fern James)

Amazing Lunches provided by:

The Heriot Bay Inn, Tru Value, Thunder Burger, Barb Mindell
The Cove Pharmacy, Coastal Community Credit Union, Farm to Table,
The Enns Family and Quadra Island Boat Tours
Huge thanks to everyone who bid on the lunches and helped fundraise for

next year's May Day!!

RACES: Meg Stewart, Dennis Humes and Quadra Elementary school teachers.

ENTERTAINMENT: Kate Pokrandt's Youth Music Students: Katie Matson, Noam Brault, Scarlett Blum & Kate, Haven Aston & Serene Aston. We also had a beautiful set by WILLOW.

SAIL BOAT RACES: John & Bev Barclay (little boat race)
Beach sculptures: Barb Mindell & helpers Vaughn Collins & Annetta Grundvig

VOLLEYBALL: Pat Field & Family Sculptures

PHOTOGRAPHER: Don Mottershead

EQUIPMENT GUARDIANS: Jane West and Derek Jean; (trucking tables and chairs to the Spit): Mornay Vanzyl, Reese Wilson and Will Lornie

CLEAN UP and recycling: Waste Management for donating a dumpster α recycling bins.

Special appreciations to:

- * Quadra Builders for the float trucks
- * The May Day theme election committee (remember, any theme is only as good as you are creative and we had SO many wonderfully creative floats and costumes this year, so thank you community!)
- * Coastal Community Credit Union for Grade 6 picnic tents and donating to the boxed lunch Auction
- * Steve & Richard Swanson, and family for the float trucks
- * Heriot Bay Tru Value Staff for storing the Boxed Lunches
- * Ambulance Crew
- * Fire Department
- * RCMP
- * Royal Canadian Legion Pipe Band
- * Sarah Bible for being our excellent auctioneer
- * The Doak Family
- * Spirit of the West
- * The Discovery Islander
- * Park Operator Sue Brereton
- * Everyone who put effort into their amazing floats & costumes!

Thanks to everyone for doing your part to create another great May Day! It all came together wonderfully thanks to our amazing community full of volunteers. In case we missed your name on this thank you list you know who you are and you helped us SEAS THE DAY and made wonderful things possible, we all THANK YOU!!!

With much appreciation & love, Rebecca Young Executive Director Quadra Island Community Centre

MAY DAY DEDICATION 2022:

Candace Holmes

In keeping with the Quadra May Day tradition of honouring the longtime service of an island person each year, today we are celebrating Candace Holmes for her generous and creative contributions to this community. She has loved living here for over four decades, married her husband Jackson on the island and raised her daughter Sheilagh here. Candace has nourished and inspired children and adults through theatre and visual arts, graphic designs, education and beauty, filling the island with luscious images and surrounding it all with her bubbling laughter. In her exuberance, Candace has been central to generating vitality within the island theatre community for over 35 years, having directed plays for children and adults. Part of this collection includes Peter Pan and Sleeping Beauty. Tapping into our collective theatre memories, we know that Candace is also renowned for creating and painting unique stage sets and designs. She even inspired the crew to invent ways to get Peter Pan, played by our own Sunday Dennis, to really fly across the stage. Dreaming back through Quadra times, many adults here today, as children, attended Quadra Elementary and were in her classroom, fortunate to experience Candace's delight in teaching art to children while also weaving visual charm into learning activities and surrounding school days with

When you travel around Quadra now and journey in the day through long ago times, you will see hundreds of posters, brochures and billboards that she designed announcing Quadra events. You will see the painted signs and chalkboards she created to shine a light on local businesses. Scan through Quadra Island Children's Centre cookbooks and you will see delectable images. Walk into the Heriot Bay Store and look up at the mountain scenes. There they are, more paintings created by Candace when the store was built. Right now you can see the Quadra Community Garden billboard standing amidst the blackberries; you can appreciate her design of the Quadra Recreation Society logo hanging in the main hall of the Quadra Community Centre. Walk down the hall to view the Quadra Community Centre mural.

Candace has always been a May Day supporter. It was a grand adventure for her the year she was the parade Marshall. It was a positive commitment when she organized May Day 1987. What fun to be on Candace's team of face painters each year.

Candy is a yes sayer. She served on the Quadra Recreation Society board, helped start the former local artists' cooperative called The Fools' Gallery, and she taught art for all ages throughout the years.

Candace has given us a legacy of beauty and creativity, both practical and whimsical. Thank you Candace, for your radiant gifts to us, encouraging and supporting our community to enjoy, to express and to celebrate the beauty in this island life.

Candace was not able to be at May Day due to illness, we honoured her on May Day all the same. She expressed that she was deeply touched by being chosen to have May Day 2022 dedicated to her. Sadly, Candace passed on June 2nd, after a long struggle with cancer. She was truly loved by so many and there will be a celebration of life held for her later in the summer.



Losing Our Minds

Just when we need our entire minds, we seem to be losing them. This is the considered opinion of Johann Hari, a British-Swiss writer and journalist, writing in a Guardian Weekly feature, "Focus (If You Still Can)" (Jan. 7, 2022).

It's not that we're losing all our minds, just about 20%, according to studies. This is a critical amount considering that we're confronting some of the most serious threats to our survival in the history of human civilization, and the capabilities we need to make crucially important decisions are precisely the ones being compromised.

The problem, Hari explains, is focus. We are bombarded with so much information coming at us in short, disconnected fragments that our thinking processes are similarly affected. Consequently, we are losing our ability to give long, sustained and thorough concentration to our complex challenges.

The ubiquity of cellphones means that almost everyone is subjected to the constant interruptions of text messages, telephone calls, and the barrage of information that keeps coming from such sources as FaceBook, Twitter, Snapchat and TikTok. We also get this with radio and television, not to mention the incessant stream of advertising that is using innumerable manipulative techniques to gain our attention. Our consciousness, the most important element in our identity as individual persons, is being stolen.

This is creating—both deliberately and inadvertentlywhat neuroscientist are calling "an attentional pathogenic culture." Neurological studies have shown that we're normally "very, very single-minded" beings with brains that "can

only produce one or two thoughts" at a time. "We have very limited cognitive capacity." The belief that we can follow five or six media inputs at the same time is an illusion. What we're actually doing is "switching back and forth", a juggling process that the brain then integrates into a "seamless experience of consciousness." The gestalt of understanding that we consequently create is a contrived state of awareness determined by the inputs we receive. Media is an intrusion that comes at the cost of impairing our ability to conduct a thorough examination of any one of the information sources we receive. The overload and fragmentation limits our ability to think clearly and cogently, leading us ever further from a connected and integrated sense of reality. Hari guides us through 12 limiting factors: 1. Incessant switching and filtering from the speed of information input, the cause of futile attempts to accurately judge and edit out irrelevant information. 2. The loss of "flow states", the deepest kind of human thinking that results from being wholly immersed in a subject. 3. Physical and mental exhaustion from attempting to live in a hyper-active world. 4. The collapse of sustained reading and concentration. 5. The displacement of mindwandering, the process we use to integrate our thoughts and feelings into meaning. 6. Technologies that are designed to track and invade our attention. 7. The sense of futility and failure that comes from offering simplistic solutions to complex problems. 8. The stress from constant vigilance that causes us to scan for risks rather than concentrating on complex

problems. 9. Deteriorating diets

that create peaks and troughs in our metabolism, 10. Chemical pollution that impairs brain functioning. 11. ADHD as both a cause and symptom of the loss of focus. 12. The physical and psychological confinement of children at exactly the time when they need the freedom to explore, grow and mature.

On our little island in the wholeness of things, some or many of these factors are impairing our focus. We don't usually notice this effect because the impairments are making us into who we think we are. But they become increasingly evident when we try to solve difficult problems or make important decisions. We tend to respond to the surface and immediacy of the situation rather than considering the deeper and longterm ramifications of our solutions. So our decisions tend to replicate the character of the media that is abbreviating and fracturing our attention.

On Quadra, as around the world, we are experiencing the consequences of this loss of focus, unable to successfully confront the global environmental crisis of our own making. Even with all the tools to address the challenge, we can't seem to muster the sustained effort and concentration to be effective as nations, as communities, or even as individuals. The fractured quality of the passing present

prevents us from understanding and anticipating the results of our decisions and actions. As the treadmill of more-is-better keeps moving faster, it simultaneously impairs the quality of our judgments and subverts the effectiveness of our solutions. Johann Hari's advice is to slow down. Escape the trap. Give yourself time to reflect and process what is happening to you. Consider what you as a person are doing. Think about what you are thinking. Do you feel whole and complete in how you think and behave, or do you feel fragmented and disoriented? Be careful with reflexive responses to problems because they may be coming from judgments impaired by a loss of focus.

We, as an island community and as a tiny sample of humanity, are confronting an existential environmental challenge. So it's time to ask if our distracted behaviour is adding to the problem, or is our attentive mindfulness contributing to a solution. If we can't individually and collectively think and behave with focus and consistency, then we can't solve the pressing problems that are of an existential importance. This subject, academic as it may seem, is really a life-or-death issue.

Ray Grigg for Sierra Quadra

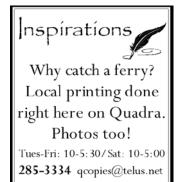


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COMMUNITY NEWS & EVENTS

FireSmart Free Yard Wood Debris Pickup on Quadra June 19

THE STRATHCONA REGIONAL DISTRICT

(SRD) is encouraging community members to FireSmart their properties by bringing excess yard wood debris to the end of driveways on the following dates:

Sunday June 19 by 9:00 am - Road accessible Electoral Areas A, B, C & D properties and Village of Sayward

Depending on how many residents participate, it may take a couple of days for the chipper to get to your property.

Debris will be disposed of for free as part of the FireSmart Community Chipper program through the 2022 Community Resiliency Investment grant. No sign-up is needed, but if you feel your driveway may be hard to find, then please let the SRD know and your address will be added to a special list.

Debris must be brought to a public roadway since the chipper cannot enter onto private property under the grant program.

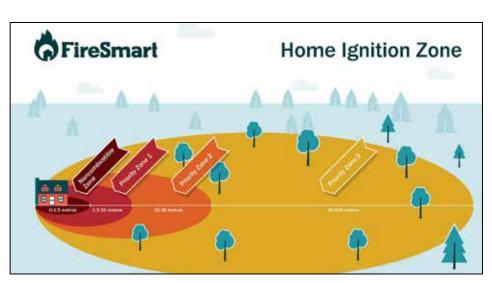
WOOD CHIPPING RULES:

- No rocks, no nails, no roots & no treated lumber.
- Ideally all the "butt ends" of branches are pointed the same way so they can be fed efficiently into the chipper.
- Tree trimmings must be under 16 cms in diameter and 10 m length max.
- No invasive species such as Scotch Broom, English Holly, Giant Hogweed and Knotweed.
- The contractor reserves the right not to pickup any piles that they feel does not meet these rules.
- Do not block traffic by piling debris on roads.
- Any debris brought to the end of driveways after the service date start time will not be picked up.
- As long as these rules are adhered to, there is no limit on the amount of debris you can pile to be disposed of.
- Wood chips cannot be returned to residents

as they are considered fuel under the FireSmart principles.

On Quadra Island the wood chips will be disposed on the island in collaboration with Quadra ICAN and the North Quadra Island Garden Club and Cortes Island will also have their woodchips disposed on the island in collaboration with the Friends of Cortes Island, Cortes Island Garden Club, Linnaea Farm and Cortes Community Housing Society. These community organizations submitted accepted proposals to the SRD outlining how the woodchips would be used for public purposes and the measures that would be undertaken to ensure that the woodchips are used beyond 100 meters of any residential structures only.

For more information about how to better FireSmart your home and property, please visit www.srd.ca/emergency-preparedness.













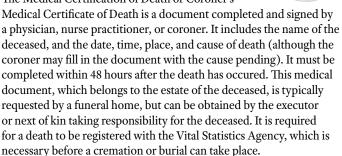


WAY TO GO

Medical Certification of Death Certificate?

These are two distinctly different legal documents that are both often referred to as the Death Certificate, thus creating confusion.

The Medical Certification of Death or Coroner's



A Death Certificate is a document that is used as proof of death, which survivors need in order to apply for benefits or insurance, and to take care of the administrative tasks of settling an estate. Death Certificates become available only after a death has been registered with the Vital Statistics Agency. A funeral home typically registers a death, but a family can do this by taking the required information and documents to a Service BC location, or faxing or emailing them to the Vital Statistics Agency in Kelowna. The Medical Certification of Death is one of the documents needed for this registration process. On Quadra, Community-Led Death Care (communityleddeathcare.ca) volunteers can assist families with this paperwork. After registration, Death Certificates can be obtained from the funeral home (if used), or by ordering them from the Vital Statistics Agency online or by telephone. Typically, the executor or administrator of an estate requires at least two Death Certificates, but sometimes none are necessary. They cost \$27 each.

In summary, a Medical Certification of Death is not a Death Certificate, although even some health professionals call it this. It is necessary to register a death. Once registered, Death Certificate(s) can be obtained. The Death Certificate is used as proof of death and is usually needed to take care of the administrative tasks of settling an estate.

Way to Go is a once a month gathering of folks in which we talk about death, dying, and grief, educate ourselves about current and alternative approaches, and strive to make death truly a part of life in our community. Any questions or comments can be sent to QuadraWayToGo@gmail.com.

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Fresh New Trail Ready For Walking

Quadra Island Trails Committee is delighted to announce a short loop trail has been added to Quadra's trail inventory and it is open for walking. Hyacinthe Creek Trail is a 400m loop trail accessed from Hyacinthe Bay Road, between the hairpin corner & Walcan Road (on the east side). The trail meanders through ferns and under a crown of Big Leaf Maples into sensitive habitat and along the salmon-bearing creek. Quadra Island Salmon Enhancement is building salmon-viewing platforms accessed by this new trail: these platforms will be completed by salmon-spawning season.

Trail building is a fun community endeavour. Beginning in February a dynamic group of 10+ folks met weekly for five weeks. Volunteers wielded mattocks, shovels, rakes, McLeod hoes, saws, loppers and wheelbarrows to sculpt a fabulous bench-cut trail along the side of the creek valley and grubbed a beautiful creek-level trail winding around and above massive maples.

Trail construction continued with a smaller crew for several additional weeks. Hardened crossings were built where water seepage was a concern. Danielle Hagen managed a tricky area of exposed bedrock beautifully. Barry Hatelt built, donated and installed a lovely viewing bench. The base of a windfall hemlock was replanted to improve sight-lines; boulders were moved, and the many ferns which had been dug out were replanted.



Eighteen volunteers worked a total of 430 hours building Hyacinthe Creek trail. A massive shout-out and much gratitude to intrepid trail makers Bev Barclay, John Barclay, Jeremy Berland, Andrea Blaseckie, Anne Doolittle, Carrie Ford, Andreas Hagen, Danielle Hagen, Barry Hatelt, Fern Kornelsen, Claire Lloyd, Theresa O'Brien, Robyn Mawhinney, Rob McKerracher, Tak Ogasawara, Chris Peake, Rob Simpson, and Sam Whittingham.

See you on the trails! Robyn Mawhinney for the Quadra Island Trails Committee

Take The Clothesline Challenge

For the spring and summer of 2022, we at the ICAN Live Lightly team would like to know how much electricity you save when you hang your clothes to dry, as compared to when you use your dryer. Studies have shown (trendhunter.com) that families who dry their clothes in gas or electric dryers spend on average \$138 yearly.

- 1) Savings aren't the only reason to dry our clothes outside.
- 2) Conservation of energy and carbon emissions. "It is estimated that clothes dryers make up 9% of residential electricity consumption in B.C. If one half of condo and apartment owners in B.C. line-dried their clothes for even one quarter of the year, it would result in savings of 60 million kilowatt hours every year. That is over one million kilograms of CO²e GHG emissions per year!" Current SPEC newsletter.
- 3) Sunshine and fresh air enhance freshness without the chemical additives in fabric softeners and dryer sheets.
- 4) Air drying (and washing in cold water) is gentle on clothing, making your clothes last much longer.
- 5) UV rays help alleviate stains and disinfect laundry, making bleach necessary. If fading colors is a concern, turn clothes inside out or dry in the shade.
- 6) Reduced risk of house fires: "Dryer Fires: a Real Hazard that can Happen at a Moment's Notice" from CBC News, Dec. 18, 2017, says dryer fires in Canadian cities average 10 annually for Halifax, 18 for Vancouver, and 39 for Toronto.
- 7) Clothes from the dryer must be hung up or folded immediately to prevent mega-wrinkles, but clothes can be left on the line for hours without fear of wrinkles or static cling.
- 8) Drying on a clothesrack can increase humidity indoors. In the below-zero days of winter, this can be very welcome.
- 9) Burn those calories! Stretch those lovely limbs. Get outside and be grateful for a sunny day.
- 10) LAUNDRY CONSCIOUSNESS?? Yes, understanding how "there is no free lunch," and that to bear our own load can be liberating, is part of a growing awareness internationally that a little thing like clothes drying makes an enormous difference in the world.

The Clothesline Challenge is not a competition but a cooperation, aimed at making participants get to know the simple

pleasures of drying their laundry in air and sunlight, a step towards self-sufficiency.

Mark your calendar every time you hang a load of laundry on the line. Add up the total for May through September, and the ICAN Live Lightly team will calculate the money saved and the kilowatts not used. Or write down your positive impressions of hanging your laundry outside. Or take a photo of your line-drying laundry (of not TOO personal items.) Email the information to cooperconnie23@yahoo.ca before Sept. 22, 2022 so the Live Lightly team can publish the success of the Clothesline Challenge in the Discovery Islander.

Happy laundry doing!

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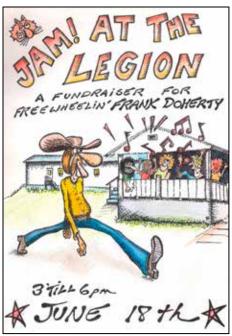
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Grant Lawrence

& Lauren Mann **LIVE IN HERONS**

Saturday June 25th

COMMUNITY NEWS & EVENTS



Signed Up For Your (No-Obligation) **High-Speed Fibre Optic Internet Connection Yet?**

If not, watch for CityWest staff door-to-door on Quadra Island this Tue & Wed Jun 14-15 answering questions & registering homes for free fibre installations.

They look forward to seeing you soon. Learn more at www.citywest.ca/dropping-in

Calling All Musicians

ON SATURDAY JUNE 18 at the Quadra Island Legion there will be a music jam and

fundraiser for Frank Doherty to help him with his medical bills. Frank needs a complete jaw, tongue and teeth replacement due to cancer. Frank Doherty has won a very long difficult battle of tongue cancer. He made it through numerous surgeries, chemo, radiation, hospitalizations, tube feeding to now only eating blender/liquid food.

Frank is one of those very rare people that are just good to the core. He has helped many people in any community he has lived in, worked for many, undercharged for much of his stone mason skills, encouraged and taught people how to do stone work on their own. The

medical system has a minimum two year wait for Frank to get dental surgery to replace jaw bone and receive teeth so the poor guy can eat some food, like the rest of us!



If you require more information and to let me know if you are coming,

please call Judi at 250.204.4876. Hope we will see you there for a fun day!



RAFIKI SAILS AGAIN

RAFIKI LEFT THE SHELTERED COMFORT OF VANCOUVER EARLY ON A WEDNESDAY MORNING, SHROUDED BY A CLASSIC

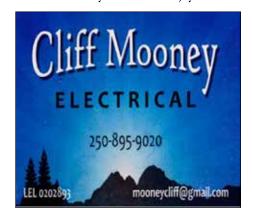
COASTAL DRIZZLE. Once out of False Creek, we raised our sails and slipped between the freighters anchored out in the bay. Piled high with containers of who-knows-what, they towered over us as we set out.

What was forecasted to be a potentially mellow day in the strait was absolutely not, and we raced across to the Gulf Islands on a single tack. Porlier Pass was much more tidal than we anticipated, and we were swept into Trincomali Channel. Dodging freighters that seemed so out of place in these narrow waters, we motor-sailed into the mid-island nook of Secretary Island and dropped anchor.

The Gulf Island shores are so different from our rugged Discovery Islands. Looking at the charts of the islands as a whole, you can see the long, striated bodies running diagonally across the compass. Up close, the shores continue the theme: long beds of rock, flowing uninterrupted along the water's edge. A lot of the stone is soft and pitted by the ocean, creating low tide pools, or broad speckled faces, or even small caves. It lends itself nicely to walking and exploring, being both grippy and smooth.

Yet every beach is different. From Secretary Island, we made a short day to Conover Cove, a marine park on Wallace Island. The beaches on one side of the island were chunky and rough, while on the other they were muddy and flat. In between lay the remains of a resort developed after the second world war by the Conover family. Most of the buildings are in ruin, but one cabin was converted to a driftwood "museum", where visiting boats leave their mark. Unable to find a dry piece of driftwood, we painted a rock instead and added it to the gallery.

We had grand plans to sail over to Ganges Harbour on Friday afternoon to enjoy the





Saltspring farmers market on Saturday morning. We were stopped up by engine troubles, and instead deeked into Annette Cove to troubleshoot. Once we had the engine sorted, we turned our sights to go for a shore explore.... and found that our dinghy was gone!

We contacted the coast guard (I'm sure my embarrassment was audible) and traced the boat to Montague Harbour, a mere four miles from where we were. Though the harbour is large, we soon found a boat that had two tenders in tow, and one of them was indeed ours. We took their laughter graciously and gave them a batch of fresh, warm cookies as thanks. Without our tender, we'd be hooped! It was an absolute relief to have it back.

The next morning we followed through on our plans to make the market, stayed the night in the bustling harbour, then headed south to Sidney. A costly stay in the Port Sidney Marina was well worth being in close proximity to my grandma, and we enjoyed her company for a couple days.

Tuesday morning we waved farewell to grandma and spent a night at the soft and sandy Sidney Spit. Sand is such a treat! We

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ran and played ball and made "sand soup" and enjoyed the heat of the sun. From our mooring buoy we watched a colourful sunset, ready to turn our sights northward the next day.

Fighting tide, we crept away from the spit and made our way to North Pender Island. We spent two nights anchored in comfortable Port Browning, enjoying the soft shale beach and the close proximity to town. The islands are island-y and they feel like home, but different, of course.

Aaron knew a close friend from high school who lives on Pender; a trip round the bend to tie up in Hope bay and we walked up to his farm. It was an idyllic place, with a beautifully crafted house on the hillside facing south over fields stretching the length of a gentle valley. He and his family make a living farming garlic - could you think of anything better??

While we were rue to leave, the winds dictated that Sunday was the day to cross the strait once more. After a night spent in the curious Pirates Cove, we braced ourselves to reach the far shore of the Salish Sea yet again. Trying to gain as much ground as we could with the wind in our favour, we landed in Pender Harbour, where we now await the grandparents to take our kids once more for another weekend of wedding fun!

- Elysia Toporowski



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Heriot Bay Tides

		· , · · · ·	
DATE	TIME PDT	M.	FT.
10	02:37	4.6	15.1
Friday	09:54	1.6	5.2
	16:27 21:15	3.8 3.1	12.5 10.2
11	03:04	4.6	15.1
Saturday		1.2	3.9
,	17:34	4.2	13.8
	22:18	3.4	11.2
12	03:32	4.6	15.1
Sunday	11:04	0.8	2.6
	18:30	4.6	15.1
	23:19	3.6	11.8
13	04:03	4.6	15.1
Monday	11:42 19:20	0.4 4.9	1.3 16.1
14	00:18	3.8	12.5
Tuesday	04:38	4.6	15.1
racsady	12:22	0.2	0.7
	20:08	5.1	16.7
15	01:15	3.9	12.8
Wed.	05:20	4.6	15.1
	13:05	0.1	0.3
	20:55	5.2	17.1
16	02:13	3.9	12.8
Thursday		4.5	14.8
	13:51 21:42	0.2 5.2	0.7 17.1
17	03:16	3.8	12.5
Friday	07:03	4.3	14.1
Triday	14:38	0.3	1.0
	22:28	5.1	16.7
18	04:21	3.6	11.8
Saturday		4.1	13.5
	15:26	0.6	2.0
	23:12	5.1	16.7
19 Sunday	05:27 09:13	3.3 3.8	10.8 12.5
Sunday	16:13	1.0	3.3
	23:54	5.0	16.4
20	06:29	2.9	9.5
Monday	10:38	3.5	11.5
	17:02	1.5	4.9
21	00:34	4.9	16.1
Tuesday	07:28	2.5	8.2
	12:19	3.3	10.8
	17:55	2.1	6.9
22 Wed.	01:13 08:22	4.8 2.1	15.7 6.9
weu.	14:04	3.4	11.2
	18:58	2.6	8.5
23	01:49	4.7	15.4
Thursday		1.7	5.6
	15:43	3.6	11.8
	20:13	3.1	10.2
24	02:23	4.6	15.1
Friday	09:53 17:04	1.4 4.0	4.6 13.1
	21:33	3.4	11.2
25	02:55	4.4	14.4
Saturday		1.1	3.6
			-

THE DI CLASSIFIEDS

Sales

SIDEWALK SALE

June 18 10am to 1pm at 681 Plaza Road Household goods, clothing, books, records, CD's etc. By donation and proceeds will go to local charities.

Housing

HOUSING WANTED

Long term Quadra resident with references needs a house before September; hopefully long-term. Willing to pay any reasonable rent; prefer 2 bedroom with decent space for parking etc... Small shop facility & grounds a definite plus! Arne 250.285.2722

Help Wanted

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Recreation

THURSDAY LADIES' NIGHT GOLF

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