

ISSUE 747

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COMMUNITY NEWS & EVENTS

Wood Stove Exchange Program

Time to change out your inefficient wood stove & qualify for SRD's Wood Stove Exchange Program

The Strathcona Regional District (SRD) is offering its Wood Stove Exchange Program once again this year which provides an opportunity for property owners to receive a \$250 rebate, effective January 1st, 2021. The rebate is being offered on a first-come, first served basis to people that want to swap an old wood stove for a new, low emission model.

If you live in the villages of Gold River, Tahsis, Sayward, Zeballos and the four electoral areas and you have been thinking about upgrading your wood stove, now is the time. There is a limited supply of rebates and offer expires December 31, 2021. "By trading in your old, inefficient stove for a new, clean burning, high efficiency model you are helping to improve air quality for everyone in the region," said SRD Chair Unger. "Not only do the new stoves burn hotter and slower, reducing smoke output by 70% and consuming less wood but it also reduces the fine particulate matter in wood smoke that are inhalable and can settle in the lungs".

All new stoves which have a CSA-/EPA certification are eligible. To participate, homeowners need to provide evidence that the old stove has been decommissioned, and the new stove has been installed in compliance with building codes.

For more information regarding the program, please visit www.srd.ca/wood-stove-exchange-program or contact the SRD office at 250-830-6718 or rebates@srd.ca.

The Strathcona Regional District's Wood Stove Exchange Program is made possible through funding from the provincial Ministry of Environment.

Emergency Firewood

The Emergency Firewood program is still happening every Wednesday afternoon from 12:30 to 2 p.m. at the Community Center. If you run out of firewood and can't afford more, we have some available, however this is not going to supply your entire firewood needs for the rest of the winter. We do need volunteers to cut, split and stack wood. People with chainsaws are especially needed. Social distancing applies. For more info call or text Sandy 250-202 5928.

Rainwater Tanks

Good News from the ICAN Water Team! Our water tank supplier let us know they will be getting a load of water tanks in the next couple of weeks. It is not too early to start planning for your Spring water collection and water saving needs. Prices for tanks generally go up during the Spring rush, but our cost will remain \$200 each! The water tanks are food grade plastic, hold 250 gallons, are encased in a metal frame, and measure 48x40x38 inches. To reserve your tank, contact Jude (phone: 2302 or email: dunnjudy@hotmail.com)

DI Submissions

Email us at

news@discoveryislands.ca

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in Quathiaski Cove

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Virtual Seedy Saturday

Save the dates for our first ever virtual Seedy Saturday conference. This February 19 to 21, 2021 FarmFolk CityFolk and Seedy event organizers from across the province will join us in delivering a pandemic-friendly collaborative opportunity to connect with BC community organizations, seed businesses, non-profit organizations, and learn about seed saving.



There will be opportunities to swap seeds within and between communities and network with seed enthusiasts from all corners of the province. Speakers and sessions will include seed saving and gardening education, movie screening, Master Gardeners Q & A, local community discussions, an exciting keynote speaker, poetry readings, an auction, and more. Join us in strengthening BC's Seed Security.

Registration and event schedule to be announced at bcseeds.org. Some free sessions will be available. Find FarmFolk CityFolk on social media for regular updates.

PUBLIC NOTICE

PARCEL TAX ROLL REVIEW PANEL

Public Notice is hereby given that the first sitting of the Parcel Tax Roll Review Panel will take place at 8:45 a.m. on Wednesday, February 10, 2021 in the Strathcona Regional District boardroom located at 990 Cedar Street, Campbell River, BC. At this sitting the Review Panel will consider any complaints filed with respect to the Craig Road water service parcel tax roll applicable to part of Electoral Area D (Oyster Bay-Buttle Lake) and the Quathiaski Cove sewer system extension parcel tax roll applicable to part of Electoral Area C (Discovery Islands-Mainland Inlets).

The above parcel tax rolls are available for public inspection at the office of the Strathcona Regional District from 8:30 a.m. to 4:30 p.m., Monday to Friday except statutory holidays.

Any person who owns a parcel included on the above noted parcel tax rolls may make a written complaint to the Review Panel on the basis that there is an error or omission respecting the inclusion of the parcel, an error or omission respecting the name or address associated with the parcel, or that an exemption has been improperly allowed or disallowed.

The deadline for receipt of written complaints by the Regional District is 8:45 a.m. on Monday, February 8, 2021.

Further information regarding this matter may be obtained by contacting the office of the Strathcona Regional District.

T. Yates
Senior Manager Corporate Services



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5 February, 2021

Publisher/Editor Philip Stone

The DI is published every two weeks.
Our current edition and upcoming
deadlines are online:
www.discoveryislander.ca

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hours Monday – Thursday
10am to 4pm

Opinions expressed in this magazine
are those of the contributors and are
not the views of the publisher.

SUBMISSION GUIDELINES

We welcome items for publica-
tion on subjects of interest to the
Discovery Islands community.
Here are a few guidelines:

- **300 words** is an ideal length for
community announcements.
- Articles do not need to be sent as
attachments. Simply **send the text
in the body of your email.**
- **Canadian spelling** is preferred.
- **Please use the title** of your item
in the email subject line. We get a
lot of items called 'DI Article'.
- Remember to **include credits
and captions** for photos & artwork.

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NEXT DEADLINE

7pm Monday, February 15
for publication on
Friday, February 19, 2021

ISLAND FORUM

Dear Quadra community,

Being a new resident to this beautiful island I would
like to take this opportunity to introduce myself.

In summer of 2019 I had the privilege to sail to
Desolation Sound and Discovery Islands. Sailing has
been a passion of mine for years and sailing through
this breath taking part of BC turned out to be a life
changing experience for me. Prior to coming here,
I haven't even had any idea where Quadra was.

After that initial sailing trip, I kept returning until
I finally moved here permanently in September
2020. The long days stuck in traffic didn't appeal to
me anymore, the hustle and bustle of Vancouver
wasn't making me happy anymore. I craved the
peacefulness, nature and serenity this island offered.
It is however not the place as much as the people
that live here that caught my attention at first. I fell
in love here and then very quickly fell in love with
the Island as well.

Working as a Real Estate agent is another passion
of mine. Getting into Real Estate proved to be the
best and right choice for me and I highly treasure all
the experiences I already gained. I became a home
owner at a very young age, managed a flooring
company, flipped houses and did various other jobs.
None of them however provided me with a sense of
fulfilment and excitement.

Real Estate is not at all about numbers or houses.
It's ALL about people and people's lives. It's about
caring, open and honest communication and
always doing the right thing. As Realtors we have a
fiduciary duty to represent our clients, putting our
client's needs ahead of our own. Buying a home is a
very emotional and stressful process and Real Estate
in many cases is the biggest investment any person
will do in their lifetime. I believe it is important to
have someone in your corner that really cares and
understands, someone competent and trustworthy.

As any changes in life, moving out here to a new
territory comes with challenges. Covid has also
brought many changes to our lives and we live in a
different world now. I feel optimistic however that

I will be able to contribute to this
community in positive ways. My
job can be very consuming but I
absolutely love what I do and I am
here to help in any way I can.
Real Estate is my passion and I
would love to share my knowledge
and experiences with you.

Please don't hesitate to reach out.
My local number is 285-2141.

Roman Krzaczek

Write it and They Will Come

Thanks Grant for the sensational retort, and nice
alias too . What may seem like an inappropriate
response to a gun to my chest, is a lack of empathy
and clear observation. You were sitting in the truck
so never saw what took place. Just what you wanted
to. Having plates from Ontario a logical question
about nonresident licenses. I thank you and all the
other articles for giving me the impetus to discuss
subsistent hunting on Quadra Island, which I support.
Clearly change of boundaries, and location of gun
sighting needs to be considered, to a more remote
location with online maps.

A couple Sundays ago, the noise from shotgun
'sighting' from North Gowland Road was so perverse
folks were unable to sit on the Gowland Ridge to
enjoy the fleeting sun. I met folks leaving disgusted,
and on the trail, those with children were clearly
nervous, as the bluffs ricocheted the sound in multiple
directions. The sound so loud the ridge did not buffer
the horrific noise, and was heard by Hopespring
road residents. On Monday a woodlot owner found
a apartment freezer dumped on their land, as if in
protest, and the freezer showed the force of their
intentions. Then to read in the same publication
as your letter, nonlocals in full camouflage on the
Haskin Farm trail is no bueno. I have begun to make
some inquiries about a community review to make
the SOUTH residents only, and the NORTH border
pushed back to Walcan road where a dedicated gun
range can be proposed. I love Quadra, and have
no problem sharing it with safe and responsible
hunters, foragers, cyclists and tourists. Thanks again
'Grant' for the impetus. The gps coordinates that
mark where you parked is right in a tight confluence
of woodlot, crown land and residential. Not sure if
you were 100 meters from the house, were you ? The
CO advises anyone with large acreage that is at risk
of wandering hunters, should have clear No Hunting
signs on every interface. Safety first .

Wildly Leanne



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Fuel Dock Hours Wednesday & Saturdays 10am - 3pm

Kitchen is cooking Monday - Friday 4pm - 7pm; Saturday & Sundays 1pm - 7pm

Way to Go

Join us for monthly Monday Zoom meetings on the following topics, 7 to 8:30 pm.

Feb. 15, Obituary writing,

Mar. 15, Hospice,

Apr. 19, More about psychedelics for terminal distress.

Contact Margaret margaret.verschuur@gmail.com to receive the Zoom invitation.

Be Kind to Those You Leave Behind

Four free Zoom workshops will be offered on Thursday afternoons from 2:00 to 3:30 pm on the following topics, to provide both information and support to achieve the tasks that will "be kind to those you leave behind." A video of the presentation is available, if you missed a session.

Jan. 14 - Your stuff and responsibilities: Wills, Power of Attorney, Finances, Insurance,

Jan. 28 - Your health choices: Advance care planning, Representation agreement,

Feb. 11 - Your Earthly body: Funeral planning, Community-led death care, Natural burial,

Feb. 25 - Completing your end of life documents.

Four other workshops are being offered on Community-led death care for potential volunteers, or other interested persons.

Jan. 21 - Community-led death care co-ordinator training,

Feb. 4 - Gift of presence, emotional support,

Feb. 18 - Life and death matters,

Mar. 4 - Care of the body.

To join any of these free sessions, email Margaret Verschuur margaret.verschuur@gmail.com to receive the Zoom invitation in advance. This is generously offered by Cortes Death Caring.



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The Annual Seniors Tune Up

by Claire Heffernan

Snow in the temperate rain forest. Don't ya just love that white blanket of slippery, soggy, mucky, downright treacherous, slush. But we were warned that it was coming. Just like FBI who were following the internet must have known that on January 6th ... the mob was coming. But some reporters and even the sitting president are predicting there won't be enough votes in the Senate to impeach ... you know who.

They say that people won't remember just how bad it was when hundreds (or was it thousands) of Make America White Again supporters yelping about the stolen election smashed windows and ransacked offices, leaving one dead (and four more to die of their injuries) and a trail of broken glass, blood and feces to be cleaned up by mostly black custodians. Until that day, I never paid much attention to the irony of the seat of power being called the White House. They don't call it the United States of Amnesia for nothing.

But I digress. Yes we knew the snow was coming so on a warm, sun soaked January pre snow day, we headed to Rebecca Spit. We always park our vehicle on Heriot Bay Road and ride our bikes into the park. After a couple of very pleasant hours of beach combing, walking the trails, nodding hello to one and all and having our lunch, we were returning to the car when we heard the distant sound of

guitars tuning up on the beach. We stopped and listened. These guys were good.

We headed to the closest BC Parks picnic table to ditch our bikes and sit and enjoy the last rays of sun which was now low on the horizon and listen to the impromptu concert. It was then that suddenly and without warning, I came in contact with the picnic table. My front wheel had grazed the concrete base sticking up above the ground about three inches. It was just enough to pitch my mostly immobile carcass into the corner of the table nearly taking out my right eye. I was just lucky I didn't break anything. Unlike former Vice President Mike Pence who was well advised to hide from the mob who were threatening to lynch him ... I didn't see this bashing coming.

Later at the clinic as Pat and her assistant were patching me up with crazy glue she commented ... "hmm ... that is quite a contusion on your right hip." They don't do stitches on the face anymore which is kind of a relief. They glue you up with a warning about possible infection. I was very grateful.

After three baby boomer bashing's in a row, I now have a name for this new activity. I call it my annual seniors tune up. I have now reached the age where my brain is still relatively intact but unfortunately my body just can't keep up with all my youthful ambitions like downhill skiing, rock face climbing, sky diving and so on.

Like many Americans, I am in denial about my own shortcomings. Since I turned 65 three years ago, I have had one good knock a year. Falling off a ladder being the first and the second tripping on some roots on a trail and landing on both knees. And on all three occasions, like the former president trying to navigate a slippery ramp, I was barely moving. So what are the options. Continue enjoying the outdoors but with greatly reduced expectations regarding my ability and stamina. Or just stay indoors.

Well, indoors is not always the safest option either. Take my cousin for example. She was enjoying her nightly glass of Glenfiddich single malt (neat) when she got up from her recliner to answer the phone and fell hitting her head on the nearest sharp object. When she woke up, she was being hauled to the hospital. Her doctor and part time sheep farmer scolded her ... "you lost a pint of blood and you could have died." If you are an optimist like me, my response would be ... well, it could have been a quart.

But not all seniors are as accident prone as me. Take my nearly 80 something husband. When he was a youthful 74, he decided to hike up to the very end of a 25 foot extension ladder to trim some branches on a GIANT cedar tree. Part way through this project, he accidentally cut the branch that the ladder was resting on and found himself airborne above a jumble of large rocks, old posts and logs with fortress like points masquerading as a fence, gnarly rounds of firewood and even some splintery, rusted logging cable thrown in.

All I could do was stand there and watch in horror. It would not have been a pretty landing. But with some help from his not too distant simian ancestry, he managed to hold onto another cedar branch that was still attached to the tree and with his extraordinary balance reminiscent of a Cirque du Soleil acrobat, he scrambled down the ladder to the ground without incident.

We can laugh now about all our mishaps but I feel in my case at any rate, it's just a matter of time before one of these unforeseen events takes me out permanently. In the meantime, I'm going to enjoy life to the fullest. So I will pour myself a glass of tawny port and turn on the tv to take in the impeachment proceedings. I will listen with interest to the Republican's breathtaking excuses of why someone who incited a riot in the White House should not be permanently barred from ever holding public office again. Stay tuned for the results.

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PHOTO
Metal roof and siding,
Quadra Island home

Gabbing About Gardening with Lu

In the spirit of keeping gardeners in our communities connected, encouraged, informed and inspired, local Quadra & Cortes gardener Lucretia "Lu" Schanfarber hosts a free weekly zoom gathering of gardeners called "Gabbing About Gardening."

The intention is to provide weekly zoom sessions so gardeners can show up in person and actually BE together & SEE each other while watching and listening to interviews with entertaining and knowledgeable guests. Guests come from near and far - from local garden enthusiasts to world-renowned gardener-celebrities. Topics of discussion are diverse, covering a wide range of interesting (and sometimes edgy) approaches to gardening, composting, permaculture, regenerative ecology and lots more.

All Gabbing About Gardening zoom sessions are FREE to everyone, operating on the principles of the "gift economy" whereby folks contribute according to their willingness to support the project.

Here's a complete list of upcoming Gabbing About Gardening zoom gatherings of gardeners scheduled for the rest of February. For the zoom link, go to www.facebook.com/groups/QuadraIslandandCortesIslandGardens. You can also reach Lu by phone at 285-2213 or by email: lucretia.schanfarber@gmail.com

Monday, February 8 at 3:30 pm

Gabbing About Gardening presents: **Composting Made Easy** with guests Whitney Vanderleest (professional gardener & permaculturist on Cortes Island) & Marc Doll (Food forest gardener, permaculturist & compost junkie on Quadra Island). You'll learn:

- Why compost is gold for your garden
- Ways to make your own compost
- Identifying community compost resources.

- When, how & where to efficiently use compost
- How to encourage beneficial microbes to inhabit your compost
- How to optimize the worm population in your compost

Monday, February 15 at 3:30 pm

Gabbing About Gardening presents Morag Gamble: **The Queen of No-Dig Gardening & Permaculture** joining us from Australia. Morag is a global leader and gardening celebrity of the permaculture movement. She promotes regenerative approaches to virtually everything we do on our Mother Earth. Learn all about Morag & her mission to heal Mama Earth through regenerative-permaculture.

Morag's inspired Mission Statement is: "I'm raising awareness of permaculture education because it makes a tangible difference in people's everyday lives. I want to help all households and communities to live a one-planet-life, and provide opportunities for young people to be part of a practical revolution. I'm motivated by the climate emergency, social justice and rapid species extinction."

Visit her website: www.moraggamble.com

Monday, February 22 at 3:30 pm

Gabbing About Gardening presents Jason Crouch, founder/owner of Fraser Valley Rose Garden. Jason is the undisputed Guru of Roses in all of BC. As an expert rose grower, he'll gab about all things roses, including: **Roses & Companion Planting**. You'll learn:

- What to feed roses and when to feed them
- When and how to prune roses
- What to plant with roses to support their growth and health
- Rose varieties for a changing climates

There will also be plenty of time to ask rose-related questions.

Eagle Calendar



Winter

Valentine's Day - Love is in the aerie! Eagles generally have one partner for life. They mate early February to early March. Aerial courtship is incredible to witness, with loud calls in unison, but the mating itself always takes place in a standing position. Once this happens, a final flurry of nest preparation ensues (the first stage is in the fall). More branches and soft dry material is added.

Spring

Mid/late March - After maturing at 5 to 6 yrs old, eagles begin to lay one to three eggs.
April - Brooding month. Parents take turns sitting on their eggs for ~35 days, +/- a week.
May - Hatching time!
June - Hatchlings may be heard & spotted sitting on edge of the nest by mid-June. Both parents raise the chicks. Within a few weeks, they will test their wings and jump around the nest.

Summer

Late July - About 85 days after hatching, the eaglets will take their first flight. They will explore their local territory for the next month.
Mid-August to September - Many eagles migrate off-island.
Mid-October - The eagles begin to return and get to work on their nests, which are generally the same ones that they have used for years.

Fall

November - Eagle nests are among the largest in the world, weighing a tonne or more as large as a small car! They ideally need large old-growth Douglas Fir trees. All eagle nest trees in BC are protected by law.
Mid-November to January 31 - Winter survival time. Nest-building stops during shorter and colder days. Eagles hunt for fish and winter-weakened birds and ducks.



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COMMUNITY NEWS & EVENTS

Better at Home is Ready to Give Quadra Seniors a Hand

Could you use help with housekeeping or repairs around the house? Need a ride to your doctor's appointment? The newly launched Quadra Island Better at Home program is here to help. Managed by Quadra Circle, the Better at Home program offers a basket of services to Quadra seniors to help them live independently in their own homes and stay connected to the community.

"We're so happy to finally have this program on Quadra," says, Maureen McDowell, volunteer and Program Manager of Quadra Circle and Quadra Island Better at Home. "We've seen how well it's worked in other communities and appreciate the flexibility offered by the United Way to tailor it to our community's needs."

Currently, the program on Quadra offers six services, regardless of your income level: Light Housekeeping, Transportation (for medical purposes and for deliveries), Minor Home Repairs, Light Yard Work, Snow Removal, and Friendly Visiting. Kristene Perron, the new Program Coordinator says, "One of the benefits of using these services through Quadra Island Better at Home is the peace of mind clients will have knowing that all service providers are screened, have criminal record checks, and are insured where it's necessary. We also have COVID safety protocols in place to make sure everyone stays safe."

Some of the services have fees but the program has a sliding scale subsidy, which means that for low-income seniors the cost will be minimal or free. For example a single person with annual income of less than \$18,360, (or \$27,960 for a couple) receives the services for free. A single person with income of over \$41,500 (or \$68,701 for a couple) pays 100% of the services cost. Those in other income brackets pay 20% to 80%. These costs range from \$6.40 per hour for housekeeping at an 80% subsidy level and \$32.00 per hour for those paying 100% of the cost. "Friendly visiting is free, as is our transportation service during the pandemic," Perron says. "We want to make sure seniors can safely make it to doctor and lab appointments, even those in Campbell River, and we know how difficult that can be right now."

Housekeeping is another area where Better at Home can help during the current restrictions. "We have a WorkSafeBC COVID safety plan in place. Both housekeeper and client have guidelines to follow, including pre-appointment screening and PPE. For seniors who want help with housework but are concerned about having a stranger in their home, this is a good, safe option," Perron says. "As well, we pay the workers, manage the volunteers, invoice the clients, and monitor the service, making it easy for seniors to receive these important services and maintain their independence."

Registration for the program is easy and can be done, by appointment with Kristene, in the Quadra Circle office or over the phone. Services are provided by a combination of volunteers, staff, and subcontractors. New volunteers are also welcome and anyone who would like to help is encouraged to stop by the Quadra Circle office to pick up a brochure and an application.

For more information about the Quadra Island Better at Home program, contact Kristene Perron at 250-285-2255 or email her at bahquadracircle@gmail.com. Details can also be found on the Quadra Circle website at: <https://quadracircle.ca/better-at-home>

Submitted by
 Kristene Perron

NO. M1911526

VANCOUVER REGISTRY

IN THE SUPREME COURT OF BRITISH COLUMBIA

BETWEEN:

BONNIE HARMINDER SENGARA

PLAINTIFF

AND:

ROBERT JOSEPH JUPE and DARYL HARLEY BUERGE

DEFENDANTS

ADVERTISEMENT

To: The Defendant, DARYL HARLEY BUERGE

TAKE NOTICE THAT on January 15, 2021 an Order was made for service on you of a Notice of Civil Claim issued from the Vancouver Registry of the Supreme Court of British Columbia in proceeding number M-1911526 by way of this advertisement.

In the proceeding, the Plaintiff claims the following relief against you: An award for non-pecuniary damages, special damages, loss of past and future income and earning capacity, loss of housekeeping capacity, future care costs, interest pursuant to the Court Order Interest Act, R.S.B.C. 1996, c. 79 and the costs in this action and such further and other relief as to this Honorable Court may seem just.

You must file a Response to Civil Claim within the period required under the Supreme Court Civil Rules failing which further proceedings, including judgement, may be taken against you without notice to you.

You may obtain, from the Vancouver Registry at 800 Smithe Street, Vancouver, BC V6Z 2E1, a copy of the Notice of Civil Claim and the order providing for service by way of this advertisement.

This advertisement is placed by the solicitors for the Plaintiff, Randhawa Minhas LLP, Barristers and Solicitors, whose address for service is 205-7134 King George Boulevard, Surrey, BC, V3W 5A3, Facsimile- 604-449-7501.

New Years Greetings from the Philippines!

The following is compiled greetings from letters written by Aniliza Macad and Zeah Mae Paclay in the northern Philippines. These are the two grade 6 and 7 students whose education is being supported by our Quadra community. Their letters were accompanied by homemade Christmas cards expressing appreciation and wishing us well!

Dear Sponsors at Quadra Island Community,

Hello again my dear sponsors. I am wondering how you are at this moment. I hope you are always fine together with your family. How is your weather condition? I hope you were able to have a very merry Christmas. I send you much affection as well as peace, health and happiness for the new year. Included with my letter is also much love and gratitude for helping me in my studies and in my life.

With regard to my family my father has been so busy working on our little farm and I have been helping my mother with household chores. December 25th was Christmas Day which I have always looked forward to since being a little kid. It is a time of being together as a family and celebrating the real essence of Christmas by remembering the birth of Christ. It is a time to understand the lessons

from our Creator and reflect on them. We all enjoy this time by building stronger relationships with our family and friends and trying to spread love and peace around us. We try also to forget the bad memories and begin new ones. Seeing my family happy was more than enough of a gift for me. We celebrated together by cooking simple foods such as sticky rice and going to mass which was my big wish. How about you? How was your celebration at your place?

With regard to my studies, I already received my examination papers and already answered some of it. One of my classmates said it is easier to take the exam by module. But for me I prefer taking the exam in a formal way because in a module form students have more opportunity to cheat. But I have learned to be honest with myself and believe if I cheat, I will never really win. Thankfully my aunt who is a student also and very patient is able to explain some of the questions that I don't understand. I cannot say anything but thank you for every single help that you are providing me. Until now I hope you enjoy reading my simple letter. Wishing this pandemic will end soon so that things will be back to somewhat normal. Thank you again so much and I love you all!

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Quadra Children's Centre Fundraiser



Dine with the Children's Centre!



FEBRUARY 11TH, 12TH, 13TH, AND 14TH

Purchase a beautiful heart made by the children of the Children's Centre. All funds will go towards the operational costs, purchase and repair of equipment, child activities and more at the centre!

Come to one of the participating locations below and add \$2 or \$5 to your meal order to participate in this event!



Heriot Bay Inn



Share your joy with us on Facebook or Instagram by using
#dinewithqcc @participatinglocation



Cortes Radio

Drop in and tune out

February at CR Art Gallery

Outbox:

Digital Development For The Working Artist

On February 6th, at 2pm we are hosting a 2-hour online workshop including a Q&A. **Outbox** is a unique seminar designed specifically for fine artists interested in developing their online presence and promoting their work in a professional and efficient way.

- Websites.
- Instagram For Artists.
- Artist Newsletters.
- Print Material.

Gift shop Artist Feature



New in the giftshop are some items from James Pottery! Martha and Gordon James operate James Pottery Studio and Gallery, established in 1976, on Quadra Island and make a wide variety of beautiful pieces. If you can't come in person to see them we would like to remind you that we have an online giftshop as well, shop from home and pick up your purchase on the next business day.

Super Saturday At Home

February 6th is also the first Super Saturday of 2021.

Our drop-in Super Saturday art activities are now available as take-home art kits. Same fun, now in the comfort of your home!

Pick up your art kit from 1pm-3pm to create five mini works of art inspired by our Members Show, and share what you made on Facebook or Instagram using #CRAGcreations

Members Show

The 39th Annual Members Show is coming to a close this month on Saturday, February 20th. If you haven't had an opportunity to view this show you definitely should come for a visit and see what there is from our local talent. If you aren't comfortable visiting us in person you need not worry, we have also published a digital version of the exhibition which can be viewed on our website here.

BC Author's Book Offers Relationship Advice for Pandemic and Beyond

BC author Cathalynn Labonté-Smith's book, *Break Up Make Up or Shake Up*, released during the pandemic when divorce is at an all-time high, gives real life accounts of couples who have gone through many different relationship scenarios and the author's own personal journey.

The book offers strategies, advice and exercises from true-life stories and consultations with experts for coping with difficulties in relationships during the pandemic, transitions such as retirement, and other life challenges. The book also covers the current intricacies of separation and divorce steps for Canada, the US, the UK, Australia and New Zealand.

Just some of the problems covered in this book include,

- You've been WFH (Working from Home) and socially isolating with your partner since the pandemic started, and no longer want to be with them, this book presents your options.
- Your spouse retired and took over running the household and you want to run away, this book helps you through the transition.
- Your partner is gaslighting you about their spending, and one day you find out they've

spent every dime in your joint account, this book shows you how to choose a lawyer.

- Your partner is abusive, this book has information on who to contact and how to create a safe escape plan.

- You want to create a vision board for retirement, this book gives you a pathway towards a smooth landing for retirement.

"My interviewees shared something sacred and often their story was a secret they never shared with anyone else before. They found telling their tale to be a salve on their wounds. I believe the stories from these elders and survivors carry healing powers."

Cathalynn has been a freelance journalist for 40 years, and a technical writer/editor for over 25 years. She has another published book, *The Woman Who Learned How to Fly* for Simon Fraser University. She has a nonfiction book called, *Rescue Me Tales of BC Search and Rescue* that is under consideration with a publisher. She currently lives in Gibsons and North Vancouver, BC. The book is published by Manor House Publishing Inc., Ontario, Canada, November 2020. www.manor-house-publishing.com. Available on Amazon.ca

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Seniors Housing News

YAHOO! Seniors Housing (QISHS) finally received a 'Permit to Construct a Water Treatment System' on January 27, 2021.

By the time you read this, BC Housing will be reviewing the exact costs for the Water Tank Shed and remaining parts for the water treatment system (WTS) before issuing approval (a 3-week process). We don't anticipate a refusal, since QISHS can manage the additional debt, thanks to the low mortgage rate currently available.

Because of shipping delays related to Covid, we have already ordered a new part that could take 6 weeks to 12 weeks to arrive. Once BC Housing approves funding, our contractor, Muchalat Group, will build the Tank Shed and connections to the Residence. Ken Embury of Quadra Water Solutions, assisted by QISHS Board volunteer, Wolf Becker, will assemble the WTS.

After the completed WTS is sanitized, water-quality is tested by VIHA. With clean test results, Ken will then notify the Environmental Health Officer in Campbell River, who will view the system in operation and issue a 'Permit to Operate' the WTS. This

Permit takes a couple of days. While all this is happening, Muchalat will finish remaining construction items, test all appliances, plumbing and electrical systems and train the resident Manager, Sandra Riley, and Board volunteer, Wolf Becker, to monitor the building systems and Safety Plan.

We can legally move tenants in as soon as we receive the Operating Permit. With so many variables, however, we can't specify a moving date yet, but will keep tenants and the community updated frequently.

Donations Received:

Board Director Owen Williams has kindly donated the cost of a video produced by Neil Maffin to give all a tour of the Seniors Residence, since Covid restrictions prevent us from celebrating completion of the building with our tenants and the Quadra community. We'll also talk about the challenges and successes we've faced in making this dream come true.

A BIG THANK YOU goes to the many generous community members who have donated furniture and household items for our Common living/dining area and for our tenants. That was a saving of over \$16,000. Thanks to a donation of lumber

from Dick Whittington for the pond spillway boardwalk along Harper Road, we are now sourcing volunteers to build it. In front of the pond, please watch for our Fund-raising Thermometer (donated by Waypoint Signs), with plywood gifted by Mel Doak. We also really appreciate the cash donations recently received in response to our last article.

How you can help:

Owen Williams is leading a fundraising campaign now to assist QISHS with items which we can't afford, including: 1) wood dividers between the suite patios; 2) a footbridge over the ditch between our O'Connor Road seniors units and the new Seniors Residence; 3) a 45000 W propane-fueled generator for use during power outages. Please contact Betty Doak for donations of items and labour: 285-3590; md3590@telus.net

Credit card and cash donations eligible for 2021 Income Tax Receipts can be made through our website: www.qishs.ca or send cheques payable to QISHS to PO Box 535, Quathiaski Cove, BC, V0P1N0. For information on the project contact Maureen McDowell: 285-2221, mcboas@gicable.com

Ferry Schedule

Leave Quathiaski Cove	Leave Campbell River
6:15 am	6:40 am
†7:05 am	†7:30 am
8:00 am	8:30 am
††9:00 am	9:30 am
10:00 am	**10:30 am
11:00 am	11:30 am
12:00 pm	12:30 pm
1:00 pm	1:30 pm
2:00 pm	2:30 pm
3:05 pm	3:30 pm
**4:00 pm	4:30 pm
5:00 pm	††5:25 pm
5:50 pm	††6:15 pm
7:00 pm	7:30 pm
8:00 pm	8:30 pm
9:00 pm	9:30 pm
10:00 pm	10:30 pm
*11:00 pm	*11:30 pm

† Daily except Sundays & Dec. 25 & Jan 1.

†† Commuter sailings, expect overloads

* Fridays and Saturdays Only

** Tuesdays - Dangerous Cargo

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Heriot Bay Tides

DATE	TIME PDT	M.	FT.
05 Friday	00:27	4.0	13.1
	05:05	3.2	10.5
	11:08	4.7	15.4
	18:42	1.4	4.6
06 Saturday	02:10	4.2	13.8
	06:29	3.6	11.8
	11:54	4.6	15.1
	19:43	1.1	3.6
07 Sunday	03:32	4.5	14.8
	08:14	3.9	12.8
	12:49	4.5	14.8
	20:40	0.9	3.0
08 Monday	04:32	4.7	15.4
	09:37	3.9	12.8
	13:48	4.5	14.8
	21:31	0.8	2.6
09 Tuesday	05:19	4.9	16.1
	10:38	3.8	12.5
	14:48	4.4	14.4
	22:18	0.8	2.6
10 Wed.	05:59	5.0	16.4
	11:28	3.6	11.8
	15:46	4.4	14.4
	23:02	0.8	2.6
11 Thursday	06:34	5.1	16.7
	12:11	3.4	11.2
	16:44	4.4	14.4
	23:44	0.9	3.0
12 Friday	07:07	5.1	16.7
	12:52	3.2	10.5
	17:38	4.4	14.4
13 Saturday	00:24	1.2	3.9
	07:37	5.0	16.4
	13:33	3.0	9.8
	18:29	4.3	14.1
14 Sunday	01:02	1.4	4.6
	08:06	4.9	16.1
	14:13	2.8	9.2
	19:20	4.2	13.8
15 Monday	01:38	1.8	5.9
	08:33	4.8	15.7
	14:54	2.6	8.5
	20:11	4.0	13.1
16 Tuesday	02:14	2.2	7.2
	08:59	4.7	15.4
	15:34	2.4	7.9
	21:09	3.9	12.8
17 Wed.	02:50	2.6	8.5
	09:25	4.5	14.8
	16:16	2.3	7.5
	22:17	3.8	12.5
18 Thursday	03:28	3.0	9.8
	09:49	4.4	14.4
	17:00	2.1	6.9
	23:43	3.8	12.5
19 Friday	04:13	3.3	10.8
	10:15	4.3	14.1
	17:50	2.0	6.6
20 Saturday	01:26	3.9	12.8
	05:15	3.6	11.8

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Personals

SEARCHING FOR KETCH-BOAT KATE

(maybe "Cate"?)
Tattoos and striking red hair; she loves to dance. I met her in December 2019 at the Saturday night swing in Toronto. It was fun. I'd like to get in touch. She said that she lived on a 54 foot steel-hulled ketch @ Quadra, and worked in a vintage shop. I think her father lives in Etobicoke. That's all I've got. Would have come looking, but travel has been difficult. I'd appreciate any information as to her whereabouts. Please call/text to 416-875-2470. Or pass my number on if you know her. E-mail address yallerboy@hotmail.com Thank you.

NEXT DEADLINE

7pm Monday, February 15
for publication in DI 748
on February 19, 2021

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