ISSUE 696 FEBRUARY 1, 2019 • CELEBRATING 25 YEARS OF SERVICE

discovery

ISLANDER



Jump-Start Your Spring & Summer Garden Now! Award-Winning Organic Gardener Arzeena Hamir at QI Garden Club Feb 11

ARZEENA HAS a Masters degree in agrology (soil health) and sustainable farming. Arzeena's family farm, Amara Farm, is a recent recipient of the Land of Plenty Award from the Comox Valley Chamber of Commerce. She is celebrated as one of the foremost organic gardening experts in our region and as a dedicated mentor to young people entering the world of organic farming and gardening. Arzeena also helps guide the growth of

her community as the regional director of area B in the Comox Valley Regional District. She serves as a committee member of the Agricultural Land Reserve (ALR) Revitalization at BC Ministry of Agriculture and as board member at Investment Agriculture Foundation of BC, a not-for-profit organization that assists BC's producers, processors, agribusinesses and rural communities to develop their businesses. *Full story page 2*

OUR COVER STORY

Arzeena Hamir at the Garden Club

ARZEENA HAMIR IS OUR GUEST SPEAKER on Monday, February 11 at 7pm at Quadra Community Hall. Arzeena's practical gardening tips will help us get our gardens growing with a focus on healthy soil and selecting seeds that grow best in our region. Garden Club members are free; \$3 for visitors.

GET YOUR GARDEN GROWING WITH ARZEENA'S HELP

As a professional organic gardener, Arzeena will guide us in selecting the best seeds for successful yields in our region. She'll explain when and how to plant to ensure germination and the best start possible for our spring and summer gardens. Arzeena's focus on soil health will help us learn how to prep our soil using organic methods.

START YOUR OWN STARTS - SAVE TIME & MONEY

Arzeena's educational slide show and talk will motivate us to get a jump on the gardening season by choosing varieties that grow best in our area and starting seeds at home. She'll also teach us about equipment and potting mixes while sharing her trade secrets on how to keep your plants short and stocky for better yields and healthier plants.

SEVEN SIMPLE SPRINGTIME GARDENING TIPS*

- **1** Sort your seed packets into three categories: spring planted cool weather varieties, summer heat-loving varieties, and winter cold hardy varieties. Filing in alphabetical order using recipe cards in three sections of a shoebox makes seeds easy to find and keep track of.
- **2** Most vegetables grow best in full sun, in well-drained fertile soil pH 6-7.5. A gently sloping site with full southern exposure would be ideal, but any site free of large tree roots, receiving at least 7 to 11 hours of sun

a day would work.

- **3** Add organic matter to build humus in soil, increasing its ability to hold moisture and nutrients. If you add compost, manure, leaves and seaweed as amendments to soil I guarantee better results in food quality and productivity.
- **4** Cool weather crops peas, lettuces, salad greens, broccoli, cauliflower and Brussels sprouts, onions and leeks, kale, chard coriander and spinach can all be seeded in March.
- **5** Make your own granular organic fertilizer by purchasing ingredients in bulk. Basic recipe: Mix four parts (by volume) seed meal (N) with one part dolomite lime (pH), add one part rock phosphate (P) and one half-part kelp meal (K).
- **6** Crop rotations can help to break the life cycle of common pests and diseases because the host plant is no longer present.
- **7** Heat-loving plants such as tomatoes, peppers, eggplant, cape gooseberries, tomatillos and basil need warmth for germination. Grow under lights, on top of heater cables or a heat mat.
- * Source: On the Garden Path (Carolyn Herriot)

JOIN QUADRA ISLAND GARDEN CLUB!

Everyone is welcome! We generally meet on the second Monday of each month at 7pm (except on stat holidays) from September to May. We have special events throughout the summer, too. There is a lot to interest any level of gardener from novice to expert so join your friends and neighbours; share your questions and knowledge. The cost to join our club is only \$10 per individual or \$15 per family and \$3 for drop-in visitors. For more information about Quadra Island Garden Club, visit www.quadraislandgardenclub.com and follow us on FaceBook.

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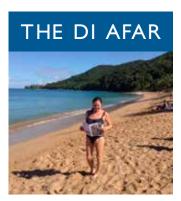
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CAPTAIN ESTHER CHECKING

in: "Reading the Discovery
Islander on Grande Anse beach,
Guadeloupe Island Lesser
Antilles. Scenes from BBC show
'Death in Paradise' are filmed
on this beach! Bonjour from the
Sunny Caribbean!"

List Your Event

Email us at

news @discoveryislands.ca **Drop off** your item at *Inspirations*in Quathiaski Cove **Bring** it to our office
at 701 Cape Mudge Road

THE ISLAND CALENDAR

Day to Day

Friday, February 1

• Friday Flicks presents 'Transit', 7:45pm QCC Great desserts and bevvies

Saturday, February 2

• Herons: Annual BTU Dinner & Show, 6pm Call to reserve 285.3322

Wednesday, February 6

• UofQ HBI Pub Education: Computerese for people who don't speak computer. Chris Thompson, 7pm

Friday, February 8

• 'Haiti Betrayed' at QCC. Doors 6:45pm, film at 7:30

Monday, February 11

• QI Garden Club presents Arzeena Hamir, 7pm, QCC. See front cover and page 2 for more details

Wednesday, February 13

• UofQ HBI Pub Education: Trans 101, Intro to gender identity and allyship. Finn Short, 7pm

Friday, February 15

• Friday Flicks presents 'The Silent Revolution', 7:45pm, QCC

Saturday, February 16

- Sierra Quadra presents Jackie Hildering on 'Ocean of Giants', QCC. Doors 7pm, program 7:30 By donation
- Las Divas at the Legion, \$10, doors at 8pm, 19+

The Regulars

Mondays

AA, Big Book Study, 7pm Quadra United Church Sing for Pure Joy, 1–2:30 QCC Rm 3 Badminton, Cape Mudge gym at 7:30 pm, \$2

Tuesdays

Pickleball at Cape Mudge Hall, 4:30, \$2 Folk Dancing, 7:15 QCC, 285.3849

Wednesdays

1st & 3rd Wednesday Food Bank,QCC 1-2pm Prayer Meeting, Quadra Island Bible Church, 7pm Poker Night, Quadra Legion, Heriot Bay 7:30pm Hand Drum Jam, 7:30 pm Upper Realm, Q Cove

Thursdays

SMART Recovery group 12:30–2pm, QCC boardroom Badminton, Cape Mudge gym at 7:30 pm, \$2

Fridays

Alcoholics Anonymous, 8pm Quadra United Church

Saturdays

Farmers Market in Quathiaski Cove 10 am-2pm Meat Draw, Quadra Legion, Heriot Bay 5 pm Open Mic with Mo, 9pm at the HBI pub

Sundays

Buddhist Meditation, 10 am, QCC Room 3
Family Service, Quadra Island Bible Church, 10:30am
Family Service, 11am, United Church, 285.3163
Quadra Sunday Painters, 11am–2pm, 285.3390

What's Happening at Quadra Island Community Centre

THIS WEEKEND (Feb 1-3)

FRIDAY: 8:30 Fitness with Jeannie; 10 Spinners and Knitters; 3 Kids Hand Knitting; 10:30 Friday Painters; 7:45 Friday Flicks presents TRANSIT

SATURDAY: 10 Tots Dance; 11 Tots Dance 2 **SUNDAY:** 9 Somatics with Rob; 3 Dance Temple

THIS WEEK (Feb 4-8)

MONDAY: 8:30 Fitness with Jeannie; 10 Parents and Tots; 1 Sing for Pure Joy; 1:30 Caregivers Q Circle; 2:45 Island Theatre Kids, Juniors; 4 Main Camp; 4 Family Chess; 5 Iyengar Yoga

TUESDAY: 9:30 Qigong with Denise Maile; 11:30 Yoga with Sarah; 5 Yoga with Trinity; 5:30 Bootcamp with Marion; 7:15 Folk Dance

WEDNESDAY: 10 Gentle Yoga with Trinity; 11 Parents and Babes; 12 Noon Community Kitchen Lunch; 12 Noon Nurse Practitioner Outreach Clinic; 1 Quadra Circle's Mosaics; 4:15 Parent and Child Climbing Wall; 5:45 Yoga with Sarah

THURSDAY: 10 Parents and Tots; 11 Somatics Q Circle; 12:30 SMART Recovery; 5 Yoga with Trinity; 6:45 Quadra Singers

FRIDAY: 8:30 Fitness with Jeannie; 10:30 Friday painters; 10 Spinners and Knitters; 6:45 A Film Event: A DANGEROUS HOPE / HAITI BETRAYED

NEXT WEEKEND (Feb 9-10)

SATURDAY: 10 Tots Dance; 11 Tots Dance 2

SUNDAY: 9 Somatic Yoga with Rob Selmanovic; 10 Quadra Island Goat Club (Room 2)

NEXT WEEK (Feb 11-15)

MONDAY: 8:30 Fitness with Jeannie, 10 Parents and Tots; 1 Sing for Pure Joy; 2:45 Island Theatre Kids, Juniors; 4 Main Camp; 5 Iyengar Yoga; 7 Garden Club

TUESDAY: 9 Quadra Quilters; 11:30 Yoga with Sarah; 5:30 Boot Camp with Marion; 5 Yoga with Trinity; 7 Folk Dancing

WEDNESDAY: 10 Gentle Yoga with Trinity; 11 Parents and Babes; 12 Noon Community Kitchen Lunch; 1 Mosaics with Quadra Circle; 5:45 Yoga with Sarah; 7 SRD Public Hearing Bylaw No. 340 – Quadra Island Zoning Amendment (RZ 6C 18) Moss

THURSDAY: 10 Parents and Tots & Parents and Tots Dance; 12:30 SMART Recovery; 5 Yoga with Trinity; 6:45 Quadra Singers

FRIDAY: 8:30 Fitness with Jeannie; 10:30 Friday Painters; 10 Spinners and Knitters; 7:45 Friday Flicks presents THE SILENT REVOLUTION

NEXT DI DEADLINE: Monday, February 11 @ 7pm





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Publisher/Editor Philip Stone Guest Editor Robyn Budd

The DI is published every two weeks.
Our current edition and upcoming
deadlines are online:

www. discovery is lander. ca

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Opinions expressed in this magazine are those of the contributors and are not the views of the publisher.

SUBMISSION GUIDELINES

We welcome items for publication on subjects of interest to the Discovery Islands community. Here are a few guidelines:

- **300 words** is an ideal length for community announcements.
- Articles do not need to be sent as attachments. Simply send the text in the body of your email.
- Canadian spelling is preferred.
- Please use the title of your item in the email subject line. We get a lot of items called 'DI Article'.
- Remember to include credits and captions for photos & artwork.

WHILE EVERY EFFORT IS MADE TO INCLUDE ALL ITEMS SUBMITTED, ERRORS AND ACCIDENTAL OMISSIONS MAY OCCUR.

GIFT SUBSCRIPTIONS

Are available for delivery in Canada by mail **\$90** for **12 months**

Local Voluntary Subscriptions are welcome to help support the DI, suggested: \$30 per calendar year Find more details online at www.DiscoveryIslander.ca

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NEXT DEADLINE

7pm Monday, February 11 for publication on Friday, February 15, 2019

COMMUNITY NEWS & EVENTS

Private Land Offers Opportunity

SOMEDAY WE MAY BE unable to live upon our land. As well, that someday could evolve into high potential benefits for others on Quadra. Having given this thought, we now propose volunteered citizen science opportunities to people who might be interested, short- and long-termed.

Our fewer than 80 acres (approximately 32 hectares) include a near total rainforest ecosystem: second-growth of naturally occurring fir, hemlock, cedar; multiple water sheds; an aquifer; marsh; meadow; Granite Bay shoreline; plus fish and non-fish creeks running through. You are welcome to explore your personal expertise within these parts, and will never be required to share your results. Your interests include perhaps mapping; marsh habitat with species; endangered plant species; edible species; clam gardens; trees (about thirty years and older); woodland soils; other mosses and plants; woodland animals; microbes; water channels; shoreline habitat/species; creek habitat/species; or even related computer skills. Photographers welcome.

Doug and I wish to build upon information and skills you might offer. All information would remain yours, always credited to you. Our deepest interests are to understand ways land use modifies ecosystems. Human histories, of course, become pivotal to well-being. If we might enhance benefits with knowledge, we'd try. We welcome contributions from First Nations peoples, post-settlement folks, and children of all ages.

We'd like to see eventual data-sharing with the Discovery Island Eco-Mapping (DIEM) project. This organization, of course,

FROM NAHANNI WITH LOVE



I WANT TO EXTEND MY

gratitude to the HBI for my
12 years of service in Heron's
Dining Room and in the
pub. The HBI shareholders,
managers and staff have
felt more like a family who
welcomed me and supported
me from the moment I began
my 'career' learning the ropes as
a new server. I have learned so

much about the food and beverage industry and have my mentors to thank for that.

I also want to extend my gratitude to the Quadra Island Community who have welcomed me, supported me and befriended me during my years as your Dining Room server. I will miss welcoming you all to my favourite Quadra Dining Room!

Paul and I are off on a new career adventure together that will take us closer to our Read island community and home. It is a bittersweet goodbye to the HBI and Quadra as we explore a new opportunity and direction in our careers.

Feel free to pop into the Dining Room to say goodbye until February 3rd. Otherwise, I will see you all in the bank, library, grocery store or on the ferry! *With love*,

Nahanni Campbell

is dedicated to cataloguing species and systems throughout the Discovery Islands. We'd encourage life-long experiential learning based upon the land, to be provided on our land, perhaps through a formalized Island society that functions in sinc with interested First Nations groups, Quadra Sierra, Salmon Enhancement, the Community Centre, plus others.

To these ends we've set a date and time at Quadra's Community Centre: Saturday, March 2, 12:30-2PM. Please come, volunteer your thoughts and interests.

In the meantime, you are welcome to call: Vicki Biro, 250.285.2246, or email: vlbiro@xplornet.ca.

THE LEGION

rebruary 16TH: LAS DIVAS at the Quadra Legion. From gritty blues to shimmery pop, Las Divas delivers a high energy performance that offers something for music lovers of all ages. \$10 Cover. Doors at 8pm. 19+





Buddhist Meditation

JOIN US FOR A 45 minute silent meditation every Sunday at 10am at the Quadra Community Centre in Room 3 (south entrance). Everyone is welcome to experience the beauty of this simple practice. Free or by donation. For more information call Kai at 250.850.9245.

Unbound on Quadra

LAST FALL, QUADRA'S YOUTH were given the opportunity to explore some of the great people and places this beautiful island has to offer.

Unbound's mission is to connect the island's younger generation through experience to our unique and diverse community. Through the facilitators and our volunteer mentors we are able to collaborate on a variety of topic's giving the group the opportunity to experience a variety of subjects in a playful, creative and exploratory manner.

Our fall sessions saw the kids thriving in subjects like photography, tough mudder and obstacle course building, junk bot building, exploring and counting in Hyacinthe Creek during the salmon run, trail maintenance and building, copper smithing and crafting, and exploring music through instruments and instrument building.

Unbound's spring session will begin March 21st starting with a Family Hike on one of Quadra's great trail systems! Keep an eye open for our program brochure and the line up of awesome experiences to be had.

Our program would not be the same without our wonderful community volunteers. Thank you to those who participated in the falls sessions! Unbound would like to welcome Sam Keefer to the program co-ordination team, with his unique skill set and a wonderful report with the kids already, we look forward to what the future brings. If you have a skill or activity that you would like to share with a great group of kids, or would like more information on the Unbound program please contact Lisa Lornie at llornie2009@hotmail.com and/ or Hayley Lounsbury at hayleylounsbury@gmail.com

Registration is limited to 14 kids ages 7 to 11. Please register through the QCC beginning March 1st.

Folk Dancing

JOIN US ON Tuesday evenings to exercise your mind and body, while having lots of fun doing folk dances from around the world. Line and circle dances require no partner nor experience, as our teacher reviews each dance in turn. \$7 drop-in or \$65 for 17 weeks (\$3.80 per dance!) 7:15 to 9:15pm, QCC stage, info 285.3849 or 285.3298.

THANKS

From the Legion

QUADRA ISLAND, BRANCH #154 of the

Royal Canadian Legion would like to express a belated but very sincere thank you and appreciation to all of the supporters and volunteers who worked so hard in making our Poppy Campaign, Remembrance Day Service, and evening possible. We'd also like to thank all the businesses who purchased memorial wreaths and all of you who wore a poppy and attended our service. Thank you to the veterans who so honourably served. "Lest we Forget".



Free Money

FREE MONEY continues on the first Wednesday of the month, just before Community Lunch, from 11:30am to noon in the small seminar room downstairs at the Quadra Community Centre. Single individuals receive \$10 and families receive \$20 inside a book of their choice. The program is available on the first Wednesday of each month from November to April. This 10-year-old program, started through the kind initiative of Steve Moore, could not exist without the generous support of Quadra Islanders. Please consider donating to the Free Money account at our local Quadra Credit Union to continue this method of supporting our neighbours in need. For more info call 285.2462.

Connect with AA

IS DRINKING COSTING YOU more than money? We can help. If you want to stop drinking and need to find AA near you or wish to learn more about Alcoholics Anonymous visit cr-aa.ca or call 250.287.4313 for Campbell River and Area AA. Meetings are held on Quadra Island Friday night at 8pm and Monday night at 7pm at the Cape Mudge United Church.



BC Hydro Warns Customers About Scams

FRAUDSTERS POSING AS BC HYDRO

employees were 50 per cent more successful in their attempts to steal money in 2018 than 2017, leaving BC Hydro customers out nearly \$45,000.

Since the scams gained momentum in 2014, BC Hydro has received nearly 6000 reports of customers being contacted by scammers – and more than 2000 of those, the highest number recorded in one year, occurred in 2018. Vancouver, Nanaimo, Surrey, Vernon, Burnaby and Richmond are the most targeted communities; but the fraudulent activity has been reported across BC.

While these numbers are significant, they likely underrepresent the scale of the problem as it is believed most attempted and successful scams are not reported.

The scams involve fraudsters contacting customers by phone, email or text and threatening immediate disconnection if a payment is not received. To avoid being disconnected, customers are asked to

purchase pre-paid cash or credit cards, or deposit money into a bitcoin ATM. Once the fraudsters receive the credit card information or bitcoin currency, the customer is out hundreds if not thousands of dollars.

To avoid falling victim to these scams, BC Hydro wants its customers to know:

- It does not collect credit card or bank account information over the phone or by email or text, and it does not accept payment from pre-paid cash or credit cards, or bitcoin.
- If an account is in arrears, BC Hydro will send several notices by mail and use an auto dialer to remind customers to make a payment. Customers can also check their account status at any time at behydro.com.
- If a customer doubts the authenticity of the call, they should hang up and call BC Hydro immediately at 1 800 BCHYDRO.

Customers are encouraged to report suspected fraud to their local police department and the Canadian Anti-Fraud Centre at 1.888.495.8501.

POETRY CORNER

Brexit

The British are dickering and bickering about Brexit. There are some among them who don't want to exit. Mr. Corbyn says Nix it, Theresa May cannot fix it. And the rest of the nation would like to deep-six it. It's a very close call: the government may fall While the vays and nays continue to brawl. Referendum, election, or no deal at all Can the kingdom survive this bitter squall. With a stiff upper lip will they weather this storm For in conflict and chaos the UK was born They twist and they shout, they want in, they want out. Does anyone know what it's all about? Deal or no deal, confusion will reign For separation will cause some pain. God bless the Queen she has done her best Now, will her disgruntled subjects just give it a rest! - Ann McLean

Management of a cemetery falls under the strict legislation and guidelines dictated by

the provincial government. A cemetery must maintain a current license, meet all licensing requirements and operate according to those requirements at all times.

The cemetery is managed by a board of volunteer trustees. Trustees must be

- 18 years of age or older
- A permanent resident of Quadra Island
- Able to manage their own affairs
- Not under bankruptcy
- Never convicted of fraud or corporate fraud
- Subject to a criminal record check (all executive officers)

Trustees must be able to make arrangements for, and supervise, all burials at the cemetery. A trustee must be present for a burial to take place and for the placement of any markers.

Trustee responsibilities include the daily/ yearly maintenance of the property as well as selling and managing appropriate plots being reserved for the future.



Quadra Island Cemetery Society AGM

MARCH 5, 2019 AT THE QI LEGION AT 7PM

Quadra residents are strongly encouraged to attend the AGM, especially if you have a vested interest in the future of our community cemetery.

Your participation at the annual general

meeting is requested to respectfully represent both past and future involvement in our community cemetery. There will be discussion and decisions made related to the cemetery's future direction, and open nominations and elections for Board members Trustees).



250.285.3783 • info@jtoelle.com • www.jtoelle.com

Thanks from the Children's Centre

QUADRA CHILDREN'S CENTRE'S mission statement reads, 'Caring for children for community's sake'. It is with our community's ongoing and unwavering support that we achieve this. Our relationship is reciprocal, strong and deeply valued by the staff, board of directors and families of Quadra Children's Centre. We wish to extend our heartfelt gratitude to the following individuals and groups.

Tru Value Foods for their Spirit Board donations which greatly help with our food budget. Thanks also to the community members who choose #251 when shopping. Phillip Stone, who donates a large portion of our display ads each year. Our Strathcona Regional District director, Jim Abrams for our Grant in Aid which pays for our building insurance. Rene Stone of RE/MAX Check Realty who donates 5% of her Quadra Island listing's commissions. The Royal Canadian Legion, Branch 154 who each year pays for a portion of our art supplies.

Leona and Erik Skovgaard who donate on behalf of a variety of generous volunteers selling items at garage sales and markets and for their very thoughtful personal donation. To the large group of organizers who run the Phillipines Connection and donate a portion of the proceeds from their annual garage sale.

To our hard working, dedicated board of directors: Christi Montgomery, Heather Kent, Luna Loiseau/Aston, Nicole Pullman, Rachel Segal, Peter Park and Kirstie Stewart. This spirited group takes on a variety of tasks on behalf of our Centre throughout the year.

Each year we run a Raffle Ticket Fundraiser and we are very grateful for the donations of the prizes: Taku Resort, Gowland Harbour Resort and Beach Acres Resort. We also thank the individuals who purchased and sold tickets.

To the many individuals who make personal donations: Jerry and Susan Enns, Michael Redican, Helen Lee, James and Catherine O'Rorke, Rosanna and Colin Perkins. To the business owners on our island who donate their time and expertise: Lewis Mason Plumbing, Murray Abercrombie - Sentinel Fire & Safety Equipment, Adam Pullman - Islandscape Contracting, Odessey Computers, Ross McPhee Contracting, Gabe Aston - Tiptop Chimneysweep and Sean McLeod - A-Quality Plumbing & Drainage, John Toelle Construction, Rachel Segal and Scott Harmer.

Our firewood this year came from variety of sources, our appreciation to Stuart and Nguyet Smith - Stuart's Tree Service for their time and hard work and David Baine for his donation.

To everyone who attends our fundraising events, rents our buildings and thinks of us when donating items which support our programs. We sincerely appreciate every thoughtful donation and act!



Quadra Island Fire Department: 2018 Record of Service

BEFORE I REPORT the numbers. I just want to remind DI readers that QIFD is a volunteer organization. Department members are friends you know from the community and perhaps some are even family. They are called to serve at all hours, day and night, in any weather under all conditions. Our members attend regular Tuesday practice sessions as well as many additional professional training seminars, honing skills in preparation for a broad range of emergencies. This team of dedicated individuals will always be there when you need them and I am personally grateful we have such a fine group of people to count on.

Our call breakdown was: 85 First Responder calls 38 Duty Officer Investigations 10 Alarm Activations 5 Motor Vehicle Incidents 1 Vehicle Fire 5 Chimney Fires 8 Hydro Problems (more than last year)

- 1 Public Service Call
- 4 Structure Fires
- 6 Beach and/or Brush fires
- 1 Propane Leak
- 1 False Alarm (Structure fire)

That's a total of 165 calls. The number of chimney fires is of some concern, so it goes without saying prioritizing regular chimney cleaning is a wise investment of time. We also got lucky with beach and brush fires considering the dry conditions experienced last summer. I fully expect more of the same in 2019. Everyone's vigilance is welcome but don't forget to enjoy island

Stay tuned for a small series of DI articles covering the history of fire on Quadra Island, the make up of our forests and how our community can work together protecting your personal paradise.

- Mike Gall, QIFD



"Currently, there are only 9 listings on

the market on Quadra Island. Only two of these are priced under \$700,000 and not a single plot of land is listed! This means it is a great time to sell. If you have been thinking of listing your

home please get in touch! I currently have clients looking to purchase land, as well as homes under \$500,000."

Renée Stone RF/MAX Check Realty

250-203-8652 Toll Free: 1-800-379-7355 reneestone@guadraisland.ca

950 Island Hwy Campbell River, BC V9W 2C3
Each office independently owned and operated QuadralslandHomes.ca

News from Quadra Circle



ACTIVITY CENTRE Want to try something different? Drop in on Mondays for Mahjong 10am–Noon or Qi Gong with Trinity Gogolin 11m–Noon. On Wednesdays, work out with a game of Ping Pong 9:15–10:30am and relax after lunch with a friendly game

of Bridge 1–3pm. All these and more at the School every Monday and Wednesday 9:15am –3pm.

BOOK CLUB Next meeting Wednesday February 6, 10am in the Literacy Room at the School.

CAREGIVERS SUPPORT GROUP Connect with other caregivers to share information, strategies and experiences in a confidential setting. Meetings twice monthly in Room 1 at the Community Centre. For more information, call facilitators John Frishholz 250.285.3655 or Susan Wilson 250.285.2994. You're welcome to join any time. Next meetings: Monday February 4 and 18 1:30–3pm.

GOOD GRIEF SUPPORT GROUP A support group with facilitators Owen Williams and Cathy O'Rourke meets twice monthly at the Quadra Island United Church at Cape Mudge to explore, acknowledge and honour our grief/loss in a safe, confidential environment. Next meeting: Tuesday February 5, 1–3pm. Call Cathy at 250-285-2122.

LIVING LIFE TO THE FULL Would you like to feel happier, gain confidence, have more energy, be less stressed and develop skills to deal with life's challenges? Next 8 week course starts April 4, at the

• Stump grinding
• Free quotes
• Danger tree, rigging specialists
• ISA certified arborists
• Complete tree, hedge care
• Bucket trucks, chip trucks & chippers
• Residential, municipal, commercial
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Chad 250-897-5254

Esteven 250-465-1993

www.aboveandbeyondtreeservice.ca

Community Centre. Register by March 1 by calling 250.285.2255 or emailing qcircle@outlook.com

QUADRA HOME MEALS Frozen Home Meals are available for pickup at our office 11am – 3pm Wednesday to Friday, or they can be delivered on the usual Friday schedule. Leave a message at 250.285.2255, advising how many meals you require, and whether you need a Friday delivery or can collect meals yourself.

WALK WITH THE DOC Tuesdays, 10:00 am at Rebecca Spit. Meet Dr. Mary McIntosh or Pat Peterson NP, at the Boat Launch Parking Lot for lively conversation and gentle physical exercise in beautiful surroundings. Everyone welcome, every Tuesday.

WELLNESS TALKS We're delighted to offer a series of Wellness talks, the first of which is on Wednesday February 6 in Room 2 at the Community Centre, 1–2:30pm. 'How To Decrease Your Risk of Cardiovascular Disease' is presented by Monique Weeks, RN, a Stroke Nurse-Clinician and Diabetes Educator at the Wellness Centre at North Island Hospital. Monique will address stroke, hypertension, heart attack and atherosclerosis, and her talk includes a short video on recognizing a mini-stroke and what to do. The talk also briefly touches on diabetes, dementia, and sleep apnea. Free. Pre-registration for this series is encouraged (but not essential) at Quadra Circle Office 250-285-2255 or email qcircle@outlook.com. All welcome.

QI SENIORS

OUR SENIORS are very busy planning our North Island Regional meeting for April. All branches will be making reports regarding their activities. There will be a luncheon and entertainment with speakers and prizes.

We are also preparing for 2019 Convention which will be in Cultus Lake and Sardis. We are preparing Resolutions which will be voted on and sent to the Provincial Government for changes and support for Seniors. At the Convention in June there will be speakers and a banquet and many activities. To be part of our active group and membership call Lois Norman @3061 and for transportation call Ruth Amiabel @3801 or cell phone 250.895.9188.

- Ruth Amiabel



Trauma & Abuse Counselling Centre

Professional individual counselling by appointment. Ages 5+



NORTH ISLAND SURVIVORS'
HEALING SOCIETY

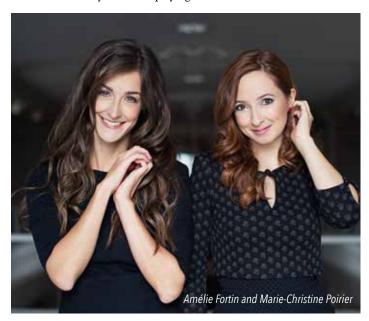
CALL 250-287-3325

NEWS & EVENTS

Duo Fortin-Poirier on February 23

QUADRA CULTURAL EVENTS is very pleased to present Duo Fortin-Poirier with their new concert program Mémoires on Saturday, February 23, 2019 at 7:30 at the Quadra Island Community Centre.

Duo Fortin-Poirier is made up of pianists Amélie Fortin and Marie-Christine Poirier, who have distinguished themselves with their fiery four-hand interpretations, their vitality and their wit. A close affinity between their playing styles along with a sharp, shared sensitivity fuels their extraordinary ensemble playing.



Since their inception in 2005, Duo Fortin-Poirier have made waves both in Canada and abroad, garnering scholarships, prizes, and other distinctions (1st prize the Canadian Music Competition; 2nd Prize at the 2013 Concorso Pianistico Internazionale Roma; finalists at the 2009 Concours international de piano à quatre mains de Valberg and the 2011 Liszt 200 Chicago International Duo Piano Competition; Special Jury Mention at the 2010 International Edvard Grieg Piano Competition; and scholarships from the arts councils of Québec and Canada).

Very active on the North American scene, in 2008 they premiered Vingt Doigts et un Piano, the first classical concert to be chosen for Loto-Québec's Entrées en Scène. Recently, the duo also performed at the 2015 Festival de Lanaudière, toured the Maritimes with Debut Atlantic in 2017, and presented their new concert Mémoires as part of a tour with Prairie Debut in 2016–17. Since then, they have undertaken an extensive tour in the western United States.

Mémoires, features works for one piano, four hands from across the classical, tango and ragtime genres. Exploring the theme of memories, the program weaves between the intensity of Piazzolla's tangos, the lyricism of Rachmaninov, and the liveliness of Samuel Barber. Mémoires is a concert that blends hard-driving rhythm and sweet nostalgia. You will be impressed by the choreography of the four hands. But most of all, you will be moved and delighted by the intensity of the piano artistry and the complicity between Amélie Fortin and Marie-Christine Poirier.

Advance tickets are available for \$17 at Inspirations, Work of H'Art, The Music Plant and online at Tidemark Theatre. Tickets will be available at the door for \$20. Students 16 and under will be admitted free when accompanied by an adult.

QI OUTDOOR CLUB

Upcoming Events

OUTDOOR ACTIVITIES have been great so far during this mild winter. Here are the upcoming trips into March and beyond:

6 FEBRUARY, WEDNESDAY Hiking Snowden Forest Trails 13 FEBRUARY, WEDNESDAY Snow at Mt. Washington **20 FEBRUARY, WEDNESDAY** Hiking the classic Morte Lake Loop 27 FEBRUARY, WEDNESDAY Hiking to Maud Island **6 MARCH, WEDNESDAY** Hiking a Deadfish-Tripod loop 13 MARCH, WEDNESDAY Hiking a Haskin Farm loop

20 MARCH, WEDNESDAY Snow at Mt. Washington 7-11 APRIL, SUNDAY TO **THURSDAY** Multi-day hiking trip to Cowichan Valley

13-15 MAY, MONDAY TO **WEDNESDAY** Multi-day hiking on Cortes Island

There have been some enquiries about having outings on the weekends and we want to explore the possibility that

there are others who would be interested. Right now most of the trips are Wednesdays and that is driven by the Club participants. If enough people want weekend outings too, there is no obstacle to more than one trip per week. It's likely that weekend outings would involve a mix of existing and new members. The dates, destinations and coordination of trips rely on Club members and trip participants. If you are interested in adding a weekend schedule, please contact us at qioutdoorclub@gmail.com.

The two multi-day trips, to Cowichan in April and to Cortes in May, are virtually full, but you can still let the coordinator know if you are interested.

The details on most of these trips are available at the winter schedule:

https://qioutdoorclub.org/ schedule-fall-winter-2018-19/ Please make sure to click on the trip to get to the trip description which includes the coordinator contact information as well as trip details.

Want to submit material to the DI?

- Email to news@discoveryislands.ca Drop off at Inspirations in the Cove
 - Leave at our office: 701 Cape Mudge Road
 - Mail to: Box 280, Q Cove, BC VOP 1N0

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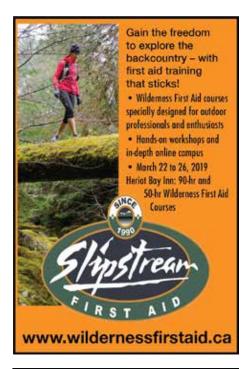
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Ferry Schedule

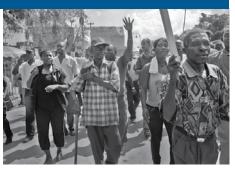
Leave Quathiaski Cove	Leave Campbell River	
QUADRA ISLAND	VANCOUVER ISLAND	
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No passengers or cars

COMMUNITY NEWS & EVENTS

Film: Haiti Betrayed

ON FRIDAY, FEBRUARY 8 at Quadra Community Centre, Vancouver award-winning film maker Elaine Brière returns to Quadra with her latest eye-opening documentary, 'Haiti Betrayed.' This film reveals how Canada, in contravention of international law, allied with the US and France to overturn the democratically elected government in Haiti in 2004. This brought an end to a decade



of democracy in Haiti and progressive reforms for the impoverished majority. It is the first time Canada has played a strategic and military role in the removal of a democratically elected government that has become a well kept secret. Join us on February 8th to find out why. Doors open at 6:45pm for a concession. Film showing is at 7:30pm followed by a discussion with producer/director Elaine Briere. Admission is by donation. For more information contact Carol Foort at 250.285.3035 or cfoort@yahoo.com.

AT YOUR HBI

February 3: Superbowl! Start the day with the pre-game buildup at 3pm. HBI Pub. Food specials, good friends and good times at the good old HBI.

February 2: Barney Bentall, Tom Taylor and Shari Ulrich are back for another wonderful Annual BTU Show. Herons Dining Room. 6pm seating. Show and two course dinner \$54. Show only \$34. Call to reserve 285.3322.

February 14: Valentine's Day. Have a lovely lovers dinner or dine with friends you love in Herons. Five course dinner for two \$125 per couple. Enjoying Valentines with multiple people or savouring it on your own? Single seat \$65.6pm seating. Reservations 285.3322.

February 16: Twilight Radio Theatre returns by popular demand. 6pm seating. \$59 pp includes two course dinner. Beet salad starter followed by Cog au Vin. Show only: 7pm seating \$29.

February 21: Nahanni's send off cocktail party in The Fireside Lounge. Drop in and enjoy a chance to visit with Nahanni when she isn't serving! 4 to 8pm

Oh yeah! Tap Takeover with Hoyne Brewing Co! HBI Pub Saturday March 9. Begins at 5pm; Extracurricular UofQ beer class with Sean Hoyne at 7pm. Open Mic and local music begins at 9pm. Save the date!

FULL MOON KARAOKE on Tuesday February 19 with your host Cory Inrig! Bring a friend and sing it out together tonight! NC. HBI Pub.

UOFQ: Wednesdays: HBI Pub education, 7pm. Feb 6: Computerese for people who don't speak computer with Chris Thompson

Feb 13: Trans 101, Intro to gender identity and allyship with Finn Short

Feb 20: Learning for Life in an Unpunctuated Age: Quadra Literacy with Tracy Sinclair

"Everyone you will ever meet knows something you don't." – Bill Nye

SWEET ROCKIN' BINGO Valentines on Thursday February 14 with our gal Linda Gallagher. Dine with a special friend, rock out the tunes and win prizes! NC. HBI Pub.

HBI FRIDAY NIGHT BANDS will resume
March 1, 2019.

SATURDAYS: Open Mic, an experience like no other. Winter break and back jamming on February 16, 2019. 9pm, HBI Pub.

BTU: Tom Taylor, Shari Ulrich, Barney Bentall



Friday Flicks presents: Transit on February 1

ON FEBRUARY 1, 7:45 at Quadra Community Centre, Friday Flicks presents Transit. Adapted from Anna Seghers' WWII-set novel, the latest masterwork by German auteur Christian Petzold weaves a haunting and thrilling tale of identity, love, exile, and emigration, set during an unspecified time that bears an eerie resemblance to the present day.

Georg is a German refugee who escapes to Marseille, a port for migrants fleeing an unspecified war. He carries the documents of a famous writer, Weidl: a manuscript, the promise of an elusive transit pass from the Mexican embassy, and letters from the writer's wife, Marie. Discovering that Weidl has taken his own life, Georg assumes the author's identity, grows ambivalent about leaving the continent, and develops an obsessive desire for the mysterious Marie, herself stranded in the city.

Transit, evoking shades of Hitchcock and Casablanca, is an unlikely, wrenching love story as much as a sly, unsettling thriller and like much of Petzold's oeuvre a film about ghosts, memory, and historical trauma. Employing enigmatic anachronisms, speculative narrative nests, mistaken identities, and mirroring, Petzold seamlessly zigzags between past and present, bypassing the clichés of both refugee film and war drama to get at the heart of rootlessness

and exile. *Transit* is by turns troubling, suspenseful, and sensual, and a daring example of cinema's ability to represent a phantasmatic, liminal realm. "Challenging but rewarding arthouse fare." —

Boyd van Hoeji, The Hollywood Reporter

February 15: The Silent Revolution / Das schweigende Klassenzimmer

(German and Russian with English subtitles)

IN 1956 EAST GERMANY, a group of senior high schoolers demonstrate solidarity with recent victims of the Hungarian Revolution. Their brief, silent protest ignites underlying tensions and leads to grave consequences. Deftly weaving together threads of political tension, adolescent rebellion, and institutional menace, the viewer is asked to consider the connection between a nation's identity and its influence on the identities of its young people, who are just beginning to question their place in society.

Submissions

00000

- Email us at: news @discoveryislands.ca
- Drop off your item at *Inspirations* Q-Cove
- Or you can bring it to our office:
 701 Cape Mudge Road

Coming Events...

Herons Dining Room Dinner & Show

Saturday Feb 2: Ulrich, Bentall & Taylor (BTU) Saturday Feb 16: Twilight Radio Theatre Call to reserve

U of Q Wednesdays
Feb 6: Computerese
Feb 13: Trans 101

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Kindergarten Registration, Late French Immersion and Cross Catchment Transfers for September 2019

EXCERPTS FROM JANUARY 15 SCHOOL BOARD MEETING: Assistant Superintendent
Nevenka Fair shared with the board that
several important application deadlines and
information session dates are coming up as the
district starts to plan for next school year.
Kindergarten registration week will be
January 28 to February 1 at all district
elementary schools.

Parents interested in the district's new Liq'wala/Kwak'wala Immersion program are invited to attend an information session on Monday, January 21 at 7pm at Ripple Rock Elementary. There will also be an information session for parents interested in early French Immersion on Tuesday, January 22 at 7pm at the school board office.

IN CAMPBELL RIVER

CR Museum Starts Preparations for 2019 Fundraising Used Book Sale

"LAST YEAR I WAS ASTOUNDED at the support we received from the community!" said Erika Anderson, who coordinates the annual fundraising book sale at the Museum at Campbell River. A life-long lover of books she understands the power of reading and why even in this digital age people need real physical books. "I knew people still appreciated the feeling of a book in their hands, and needed that time away from the screens that are ever-present in our lives, but even I was surprised last year by just how successful our book sale was." This year will be the 14th year of this fundraiser, and it has consistently grown each year. This has made a significant contribution to funding the programs and exhibits at the Museum. With increasing public participation at the Museum, this is a much-needed revenue source.

The sale is March 2 and 3, but the work of making it happen starts now. Gently used books can be dropped off between noon and 5pm Tuesday to Sunday from now until February 28 at the Museum (preferably at the back entrance off 4th Avenue). Please note the Museum is closed on Mondays. They gratefully accept most book donations but are unable to take magazines, encyclopedias, school texts or Reader's Digest.

For more information you can go to www.crmuseum.ca or find the event on Facebook. For further information about making book donations or about volunteering with this event, contact Erika Anderson at 250.287.3103 or erika.anderson@crmuseum.ca

Creative Writing Primer at the Museum

FEB 10 & 24, MAR 10 & 24, APRIL 7

Writing a memoir, family history, biography or fiction requires story crafting, editing savvy, and planning structures. The Museum at Campbell River once again offers a five-session creative writing workshop to inspire and motivate aspiring writers February 10 through April 7.

Instructor Jeanette Taylor enjoys working with people of diverse skill levels and intentions. She has four non-fiction books in print, including The Quadra Story and Tidal Passages, a History of the Discovery Islands. Her current projects include a biography of a Vancouver Island settler, a history of Twin Islands, and a novel for young adults.

Taylor believes learning to write both fiction and nonfiction requires writing craft skills and great storytelling. "Whether you're writing for family or hope to publish a novel, it's all about presenting a memorable tale and characters who grab the imagination of readers," says Taylor.

She takes participants through all the phases of a project, from research and creative writing tips to publication. While the class is geared to those new to creative writing, it's also applicable to experienced scribes who want to get recharged for the season ahead.

Registrants should have a subject in mind, with the basic research done, as fodder for in class and homework exercises. The bi-monthly format allows time for writing between classes, leading toward peer and instructor reviews.

A comprehensive binder of articles and exercises is included in the fee of \$165. To register call the Museum at Campbell River at 250.287.3103. Spots are limited, to allow for an interactive class, so register soon. For more info call Jeanette Taylor at 250.285.3651.

Registration for the late French Immersion program will open on Wednesday, February 20 at 7pm at the student and parent information session. The session will be at École Phoenix Middle School and the program is open to students entering grade 6 in September.

The deadline for cross catchment transfers for students who wish to attend a different school in September 2019 is Friday, February 8 at 4pm. In order to request a school other than their neighbourhood catchment school for September 2019, the child must register

at the catchment school before submitting an application for cross catchment transfer. Approval will be dependent upon space and facilities for the program, and staffing resources appropriate for the applicant. Applications will be considered based on the date and time that they are received.

Applications for cross catchment transfer forms should be dropped off at the school board office or sent by email to: student. registration@sd72.bc.ca. Applicants who apply by February 8 will receive notification as to the status of their application by March 31.

Sierra Quadra: Jackie Hildering, Feb 16

THE MARINE DETECTIVE is coming back to Quadra! Jackie Hildering promises to inform and entertain with yet another stunning marine presentation. Her topic this time is "Ocean of Giants: The biodiversity of the Northeast Pacific Ocean."

From nudibranchs to humpback whales, from sea star wasting syndrome to climate change, Jackie will take us below the surface of our dark ocean to shine a light on the beauty and fragility living there. Her hope is that the presentation will provide Quadra Islanders with an even greater understanding of, and connection to, the great ocean in our backyard.

You may recall that Jackie has presented twice before for Sierra Quadra. It is anticipated that her talk will again lead to a packed house, with many drawn to Jackie's knowledge, humour and ability to inspire.

Jackie is known as "The Marine Detective. She is an underwater photographer, marine educator, humpback whale researcher and cofounder of the Marine Education and Research Society. She has accrued many awards and accolades over the years. Her website received the 2018 Science Writers and Communicators of Canada People's Choice Award for best Canadian Website. Her on- camera experience includes a variety of science documentaries for the BBC, PBS and Animal Planet.

Mark the calendar: February 16 at QCC. Doors open at 7pm for refreshments. Program begins at 7:30pm. Admission is by donation, with all proceeds going to MERS, the Marine Education and Research Society.

WHAT'S "THE MARINE DETECTIVE"?

"It's me, Jackie Hildering, a biology teacher, cold-water diver, underwater photographer, and Humpback Whale researcher living on NE Vancouver Island, BC.

"It's my handle under which I work to raise awareness about life in the cold, dark NE Pacific Ocean and illuminate the fragility, beauty, and mystery there. I hope the name suggests the correct humility. I want to share what I learn so that it may lead to greater knowledge, appreciation, and positive action for the Ocean to which we are all connected and upon which our health depends."

MY BACKGROUND:

"I was raised in British Columbia but taught and administered international schools in the Netherlands for 14 years.

"My life changed acutely in 1998 when friends took me on a surprise whale watching trip when visiting NE Vancouver Island. That experience led to my stepping away from a mainstream education career, returning to BC, and striving to find a more effective way to enable people to know their connection to the Ocean and how easy it is to create positive change – for the sake of the whales, our lifesustaining seas, and therefore . . . for ourselves.

"Having the privilege of witnessing the return of Humpback Whales led to my becoming a whale researcher and cofounding the Marine Education and Research Society. My additional work has included being a Department of Fisheries and Oceans Education Coordinator; the Communications Director for the SOS Marine Conservation Foundation; Community Liaison for the 'Namgis First Nation's KUTERRA landbased salmon farm; and serving as a marine naturalist and naturalist trainer for a wide variety of audiences."

- Jackie Hildering

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When: Monday, February 11 at 7 pm Where: Quadra Community Centre Members: Free! \$3 /Non-members Membership: \$10/Individual~\$15/Family For more info phone: 250-285-2213 www.quadraislandgardenclub.com

REGIONAL DIRECTOR'S REPORT

I AM BACK! I didn't have time to file a report last issue due to too many other issues in the works right at that time. So here is the latest. I hope you find it useful.

I issued a request in my last report for any interested volunteers to contact me and let me know what they might be able to help with in one of the busiest areas of the province. I received four replies and each will be helping me out on specific projects: Two on the Harper Road Pathway, one as a general helper, and one helping with my strategy to create jobs and provide rental housing. I appreciate the offer from each.

The first thing I would like to do is repeat, for those that might have missed it, the following info on how to deal with Highways issues. The contacts are what I have at the present time and I hope you will print them and keep them by your phone or computer. So here they are as they were printed in the previous report (some modifications).

HIGHWAYS ISSUES

This one never seems to go away, even though it is not the jurisdiction of Local Government. This is Provincial jurisdiction (MLA and Minister) but I advocate on your part and collaborate with the Ministry offices in Courtenay and with the contractor, Mainroad Services, on an all too regular basis. I will continue to do so regarding safe roads, shoulders, pathways, crosswalks, signage and much more.



The following are the contact numbers/ emails I have so far (I haven't received all of them yet, some are still pending).

They have a 24-hour hotline number which is answered by a real person:

1.877.215.7122. This is the main number to call. The complaint gets recorded and the operator has the ability to contact the road crew directly. USE IT!

QUADRA ISLAND: 250.285.3524. They may not have an answering machine set up yet. CAMPBELL RIVER: Pending (if you can believe that!)

COURTENAY: 250.400.3545

EMAIL ADDRESSES:

Damian Girard (the same person that led Emcon before!) was successful in obtaining the road manager position for the Campbell River/Islands area – dgirard@mainroad.ca The new Operations Manager for the north island is Leon Bohmer and his email is lbohmer@mainroad.ca. This is the top person at Mainroad for our area.

Your other avenue, which is very effective, is calling the Courtenay office of the Ministry of Transportation directly. They manage and monitor the Mainroad contract. The people there are wonderful to work with and deal with issues immediately. I will be meeting with them by the end of the month. Their contact info is as follows:

Alycia Traas, Alycia.Traas@gov.bc.ca Operations Manager Ministry of Transportation and Infrastructure 250.334.6954

Ashley Cousens, Area Manager Ministry of Transportation and Infrastructure Vancouver Island District, Courtenay Area Office 250.334.6955 Ashley.Cousens@gov.bc.ca Both of these women are excellent to deal

PATHWAY PROJECT

with and extremely patient!

There is an incredible amount of energy on the island to get on with this project and it is on my agenda at all times. I have made contact and secured a couple of major donors to do some of the heavy work of clearing (with machines) and still have others to talk to about materials for the surfacing. I just received a wonderful email from our planner about another grant opportunity. This time it is from BC Hydro for landscaping. Here is a part of what I was sent:

"The parks department determined that the Q. Cove Pedestrian Path was eligible for a grant through the BC Hydro Community ReGreening Program for the Q. Cove Pedestrian Pathway. BC Hydro has partnered with local communities and Tree Canada to help fund trees and planting projects across the province. Community ReGreening grants help make sure appropriate trees are planted around power lines, and enhance ecological networks. The grants help fund the purchase of specific, acceptable trees. Typically, the purchase of trees is funded, while the applicant will arrange for the labour and ongoing maintenance. No more than one grant can be awarded to any municipality in a given year."

The grant asks for information pertaining to in-kind donations: "Are you able to confirm at this time a commitment from any individual/group/company and the specific work that is being donated."

Since I already have people volunteering to help, and I am sure there will be more, I took the liberty to tell her to go for it. I am confident that we will come up with volunteers.

So this is in addition to the \$70,000 amount that I got from the Community Works Fund to go towards this project. So we are getting there! I am very excited to finally be at the start of the project and I hope to see the completion of it very soon!

OUTER ISLAND ISSUES

The outer islands take up an incredible amount of time due to the number of projects we have on the go. I mentioned many of them in the last report and I can now report that we are moving along nicely with the cooperation of the Ministry of Forests (FLNRORD – it's a mouthful!), Highways, in the way of the subdivision, the community as volunteers doing cleanup and of course, the SRD planning staff. The huge Grant opportunity that I mentioned in my last report has been filed on time and is being considered. Fingers crossed!

We were supposed to get two steel pilings at the Hoskyn Channel Dock to secure it instead of anchors. We hired locally to do the job and as it turned out, there was too much bedrock and piles could not be driven. Alternate solutions are being looked at.

I have met with a representative of the Community Association and with the new owner of the Raven lands on Read Island. He is a forester and has put all of the land into his woodlot, including a 60+ acre parcel that is highly desired by the community. They did a major successful campaign to fund the purchase of about a third of it a number of

JANUARY 28, 2019 • By Jim Abram

years ago and now they would love to acquire the remainder. I arranged the meeting to look at various options that may be possible. It was very productive and we came away with possible solutions that no one had considered prior to our meeting. I was very pleased with the outcome. The owner will be getting back to us soon to discuss further.

INTEGRATED COMMUNITY SUSTAINABILITY PLAN (ICSP)

This is the planning process I have mentioned in a number of reports and we are hoping to get on with it as soon as we get through some of the other projects that are almost finished, including our SRD Budget. This will take in Quadra and all of the outer islands and is being funded by a grant that we got for \$70,000.00 from senior government. There will be extensive and inclusive consultation and involvement from our resident population. At the end of the process we should have a pretty good idea where everyone wants to go from here! It is big and will require lots of work. I am not going to say otherwise. But we need it. We are at a stage in our development where

we really need to look at what we are doing and determine if it is the right course. I look forward to many productive meetings. (as if I don't attend enough as it is!) Stay tuned!

COMMENT... FYI

I am sure that many of you have read the reports in the media about the troubles on Cortes Island. This issue has been taking up an inordinate amount of time for all of the SRD senior staff and all Board members. We all look forward to a satisfactory conclusion to this very difficult issue. I can't say much about it as we are still, as Directors, not allowed to speak due to confidentiality.

OTHER ISSUES

I am just going to throw out some of the other things I am spending my time on without elaborating:

Solid Waste issues, e.g. Recycling and the Advanced Technology Committee (I have a meeting this week as a Committee member) Safety Council Meeting last Thursday Two days of all day Budget meetings this week Numerous meetings of the SRD Board and Committees and the CVRD Board and the

Comox Strathcona Hospital District Board Business as usual with phone calls and emails

Feel free to contact me between the hours of 8:30am and 4:30pm, Monday through Friday (please, not on weekends or holidays, folks!) at 285.3355, or you can fax me at 285.3533 or you can email me anytime at jimabram@xplornet.ca or by mail at Box 278 in the Cove, V0P 1N0... You can read occasional updates on issues that I will post on Facebook at https://www.facebook. com/JimAbram, but please do not use this medium as a way to communicate regarding SRD business. If it is important, my cell is 250.830.8005... Lots of choices.

Please do not use my residential phone number for SRD calls. All business calls should be on 285-3355. Many thanks!

Emails and phone messages received over the weekend or on holidays will be returned promptly on the next regular work day. Respectfully submitted,

Jim Abram

Director, Discovery Islands-Mainland inlets, Area C, SRD

COMMUNITY NEWS & EVENTS

Quadra Community Centre Sponsors Action for Kids and Adults at the **School Gvm**

GO check it out for the FUN OF IT ...! **FAMILY INDOOR SOCCER**

When? 6:30-8pm Tuesday (started Jan 29 and runs until March 19)

Where? Quadra Elementary School gym. Who? Open to ages 8 to adult.

Come down with the kids and enjoy some family soccer together. Wear comfortable runners and bring your water bottles. All soccer equipment provided.

Cost? \$2 drop-in fee to help cover the gym rental. For more info contact volunteer facilitator Mark Lenahan at 285.2373.

FLOOR HOCKEY FOR KIDS 8+

When? Thursday 6-7pm (started Jan 17 and runs until March 21) Note: Closed for Spring Break March 29 and April 5.

Where? Quadra Elementary School gym Who? Kids 8 years and older.

Parents, please make sure your child is a keen participant and consider staying to help supervise your child and help out. Kids need

to bring a plastic or fiberglass hockey sticks (no wood), good comfortable shoes and a water bottle.

Cost? \$2 drop-in fee to help cover gym rental. For more info contact volunteer facilitator Bjorn Hart at 285.3269.

CO-ED FLOOR HOCKEY FOR ADULTS

When? Thursday 7:30–9pm (started Jan 17 and runs until March 21) Note: Closed for Spring Break March 29 and April 5.

Where? Quadra Elementary School gym.

Who? Anyone 16 years and up. A great workout - fast paced and works all the body's major muscle groups. Please bring a plastic or fiberglass hockey stick (no wood), good comfortable shoes and a water

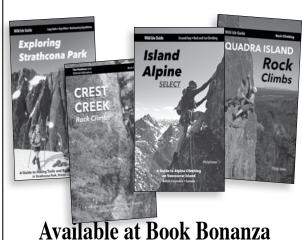
Cost? A suggested drop-in fee of \$5 is required to cover gym rental.

For more info contact volunteer facilitator Bjorn Hart at 285.3269.

Want to see more activities like this for Quadra's kids? Like many things in your community, it just takes dedicated volunteers to make it happen. Thank you Bjorn and Mark!

Contact QCC at 285.3243 if you would like to get involved in giving back to your community and to Quadra's next generation.

Your Guides to Island Adventure



www.wildisle.ca

Heriot Bay Tides

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DATE 1	TIME PST	M.	FT.
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Friday	10:08	3.7	12.1
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Saturday	11:01	3.7	12.1
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	22:34	1.1	3.6
03	06:13	4.9	16.1
Sunday	11:44	3.6	11.8
	15:59	4.3	14.1
	23:11	1.1	3.6
04	06:45	4.9	16.1
Monday	12:21	3.5	11.5
	16:44	4.3	14.1
	23:46	1.2	3.9
05	07:14	4.9	16.1
Tuesday	12:54	3.4	11.2
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Wed.	07:41	4.9	15.9
	13:27	3.3	10.8
	18:13	4.2	13.9
07	00:52	1.4	4.7
Thursday		4.8	15.8
	14:01	3.1	10.2
	18:58	4.2	13.6
08	01:26	1.6	5.4
Friday	08:32	4.8	15.7
	14:38	2.9	9.5
	19:46	4.1	13.3
09	02:01	1.9	6.2
Saturday		4.7	15.6
	15:19	2.7	8.8
	20:41	3.9	12.9
10	02:39	2.2	7.2
Sunday	09:28	4.7	15.4
	16:04 21:47	3.8	8 12.6
4.4			
11	03:22 09:59	2.5 4.6	8.3 15.1
Monday	16:53	2.2	7.1
	23:06	3.8	12.5
12			9.6
Tuesday	04:11 10:34	2.9 4.5	9.6 14.8
Tuesuay	17:48	1.9	6.3
12			12.8
13 Wed.	00:35 05:13	3.9 3.3	10.7
weu.	11:14	3.3 4.4	14.6
	18:48	1.7	5.5
14	02:05	4.1	13.4
Thursday		3.6	11.7
arouuy	12:03	4.4	14.4
	19:48	1.4	4.6
15	03:21	4.3	14.2
Friday	08:11	3.7	12.2
•	12:59	4.4	14.4
	20:42	1.1	3.8

THE DI CLASSIFIEDS

Passages

LYDIA ROSEMARY BRITTANY

departed this life Monday November 26, 2018. She was a beloved friend to many and will be missed by all.
A loving gathering will be held
Saturday February 16, 2019, 2pm at QCC.

Help Wanted

HERIOT BAY INN Heriot Bay Inn is accepting applications for springsummer positions: Dishwasher, line cook, breakfast cook, dining room servers. Please email résumés to info@heriotbayinn.com

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NEXT DI DEADLINE: Monday, February 11 @ 7pm

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