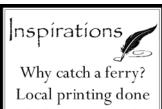
ISSUE 693 NOVEMBER 30, 2018 • CELEBRATING 25 YEARS OF SERVICE

discovery

ISLANDER





right here on Quadra. Photos too!

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COMMUNITY NEWS & EVENTS

Winter Market & Bazaar

QCC Saturday December 15th 10am - 2pm

Last great market before Christmas!

You can be sure to find art cards, baking, all natural soaps, artisan chocolates, many new additions this year. Jewelry, knitted hat, preserves, sewing, woolens & much more. Many creative gift ideas!

Savoury & Sweets in the kitchen serving: your choice, Smoky Chickpea, Red Lentil Vegie, Vegan Soup, Homemade Chicken Pot Pie, Cranberry, Orange Waldorf Salad. Coffee's always on. Don't miss out!

Tables are \$10.00 each on a first come basis with set up at 8am. Market hours are: 10am - 2pm Need more info? Email: quadraislandmarket@gmail.com or call Stella 250-285-3184 No ferry waits, no stress, shop

As this being our last market, December 15th, for 2018, Michele & Stella wish you all, Good Health, Happiness & Prosperity for the Holidays and the New Year! Travel safely, Take Care & Be Good!

locally. See you there!

We would also like to thank everyone throughout our communities for supporting this great market and it's Artisans.

Call to Artists!

IT'S TIME AGAIN for Quadra artists to sign up for the 17th annual Quadra Island Studio Tour. This year's dates are June1st and 2nd, 2019.

This is a great opportunity to show your creative skills to a very appreciative audience. Artists may display their work in their studios or at the Quadra Community Centre.

Pick up your application forms at Inspirations in Q Cove Plaza or you can email studiotour@ quadraislandarts.com for a digital version.

The deadline for applications is January 15, 2019.

List Your Event

Email: news @discoveryislands.ca Drop off your item at Inspirations in Quathiaski Cove **Bring** it to our office

Sierra Quadra **Unwraps its Spring Series**

SIERRA QUADRA has a diverse and engaging series of speakers lined up to get you through winter and into spring!

SATURDAY JANUARY 19: We're excited to welcome back awardwinning investigative journalist (and now Campbell River resident) Andrew Nikiforuk. His presentation "Understanding the Technological Imperative: How Technology Has Conquered Everything" promises to spark a lively conversation!

SATURDAY FEBRUARY 16: You asked to have our next guest back - Jackie Hindering, the intrepid Marine Detective, will once again showcase her humour and passion and great storytelling in a brand new presentation, "Ocean of Giants: the Biodiversity of the North East Pacific Ocean."

SATURDAY MARCH 23: We're also thrilled to host Salt Spring author and environmental activist Briony Penn, co-founder of the Land Conservancy of British Columbia. Briony will talk about "A Century of Conservation, Cultural Change and Chaos."







THE ISLAND CALENDAR

Day to Day

Friday, December 14

- Quadra Singers Concert QCC @ 7pm (see p7)
- Carolyn Mark & Cortes Rocks HBI Pub 8pm N/C

Saturday, December 15

• Winter Market & Bazaar Q.C.C. 10am-2pm

Wednesday, December 19

• UofQ Dave Tolley - Drum History HBI Pub 7pm

Thursday, December 20

• Carols, Calypso and Cake, Kameleon 7pm \$35

Friday, December 21

• Sons of Guns HBI Pub 8pm N/C

Tuesday, December 25

• Community Christmas Dinner - HBI 5pm

Monday, December 31

- New Year's Eve at the Heriot Bay Inn
- Dinner with Willow in Herons
- Rockin' the HBI Pub: Blue Kats more dets page 10

Sat	Sun	Mon
15 Dec	16 Dec	17 Dec
***	***	***
8°C	8°C	8°C
Rain	Rain	Rain

Source: Environment Canada

The Regulars

Mondays

AA, Big Book Study, 7pm Quadra United Church Sing for Pure Joy, 1–2:30 QCC Rm 3 Badminton, Cape Mudge gym at 7:30 pm, \$2

Tuesdays

Folk Dancing, 7:15 QCC, 285.3849

Wednesdays

1st & 3rd Wednesday Food Bank,QCC 1-2pm Prayer Meeting, Quadra Island Bible Church, 7pm Poker Night, Quadra Legion, Heriot Bay 7:30pm Hand Drum Jam, 7:30 pm Upper Realm, Q Cove

Thursdays

SMART Recovery group 12:30 – 2pm, Boardroom, QCC, open to anyone over 19 Badminton, Cape Mudge gym at 7:30 pm, \$2

Fridays

Alcoholics Anonymous, 8pm Quadra United Church

Saturdays

Farmers Market in Quathiaski Cove 10 am-2pm Meat Draw, Quadra Legion, Heriot Bay 5 pm Open Mic with Mo, 9pm at the HBI pub

Sundays

Buddhist Meditation, 10 am, Upper Realm, Q Cove Family Service, Quadra Island Bible Church, 10:30am Family Service, 11am, United Church, 285.3163 Quadra Sunday Painters, 11am–2pm, 285.3390

EDITOR NOTES

ver the years at the helm of the Discovery Islander I have lost count of the number of times I have intended to type some form of editorial only to have the space vanish with a late-arriving submission. So with the wonderful women at the Community Centre taking a break over the holidays I've been eyeing this column for a few days and it has survived!

A perfect opportunity then to wish all of our readers a very... Merry Christmas, a belated Happy Hanukkah, Super Solstice and all other manner of festive, end of year greeting.

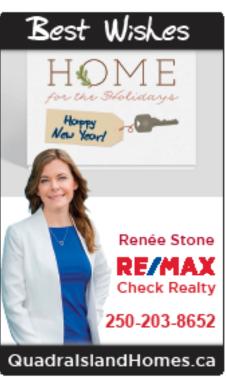
Whatever your beliefs, the end of the year be it calendar, solar, Chinese or Mayan is a good time for reflection. While I think of the many positive things about our collective lives here on the islands, it is deeply troubling to see the world events unfolding as they are. How much of this turbulence visits us right here remains to be seen but I have to believe that whatever does will be mitigated to at least some degree by our community's strength.

With that said I would like to extend a warm thank you to all our readers, contributors and advertisers whose support continues to provide this wonderful service, of the DI, to our community. A big thank you to Chris Thompson for slaving on the press issue after issue and to Robyn Budd for taking the reins when other commitments call.

To you and your's the very best in 2019

- Philip Stone







ISSUE 693 14 DECEMBER, 2018

Publisher/Editor Philip Stone

The DI is published every two weeks.

Our current edition and upcoming deadlines are online:

www.discoveryislander.ca CONTACT US

email news@discoveryislands.ca phone 250 285 2234 mail PO Box 280 Quathiaski Cove BC VOP 1N0 office 701 Cape Mudge Road hours Monday – Thursday 10am to 4pm

Opinions expressed in this magazine are those of the contributors and are not the views of the publisher.

SUBMISSION GUIDELINES

We welcome items for publication on subjects of interest to the Discovery Islands community. Here are a few guidelines:

- **300 words** is an ideal length for community announcements.
- Articles do not need to be sent as attachments. Simply send the text in the body of your email.
- Canadian spelling is preferred.
- Please use the title of your item in the email subject line. We get a lot of items called 'DI Article'.
- Remember to include credits and captions for photos & artwork.

WHILE EVERY EFFORT IS MADE TO INCLUDE ALL ITEMS SUBMITTED, ERRORS AND ACCIDENTAL OMISSIONS MAY OCCUR.

GIFT SUBSCRIPTIONS

Are available for delivery in Canada by mail **\$90** for **12 months**

Local Voluntary Subscriptions are welcome to help support the DI, suggested: \$30 per calendar year Find more details online at www.DiscoveryIslander.ca

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NEXT DEADLINE

7pm Monday, December 31 for publication on Friday, January 4, 2019

ISLAND FORUM

Merry Christmas/ Happy Holidays!

Which is your preferred greeting? The divide is seen to be great around Christmas time. It has become unpopular with many folk to use the name of Christ and yet for many others it is a name to be revered above all other names. Is it a case of right or wrong?

Christmas is another way of saying Christ Mass, where the deity of Christ is celebrated and honoured. I guess what I'm saying is, in these days of tolerance and inclusivity for everyone, is there tolerance for the one who wants to revere the name of Jesus, or is there just tolerance for everyone else but not that group? I can only speak for myself in that the celebration of Christmas is the reason for celebrating. It is often the only time folk get a chance to reflect on what it's all about...I've heard too many stories of lives

getting turned around because of Christmas for me not to believe. Yes it's difficult at times for many to get into a celebratory mood for many reasons, or families are squabbling, or perhaps folk feel they are too poor to celebrate in a way they would like to. I remember as a young family, some would consider the gifts we gave each other pretty poor, but looking back, those were often the best Christmases we had. I think much can be said for deciding and standing in an attitude of gratefulness and enjoyment regardless (I so admire those folk who do this whatever their circumstances throughout the year) However you look at it, or from whichever stance you take, I sense that there is nothing quite like the rising of joy and celebration as Christmas draws near. Perhaps for the first time in your life you might even want to

give this Jesus a chance. If you do, simply ask Him to reveal Himself to you during the season. You might be pleasantly surprised.

However you decide to celebrate this year, I end with what my dad, not a church goer, especially at this time of year would often call out...

God bless ya mate.

Submitted with joy for the season Caroline Bridge

> Have an opinion to share? Submit your letter to the DI by email:

news@discoveryislands.ca PREFERRED

If it's too long it may be chopped!
Please be concise

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Wishing Everyone a Happy Holiday

From Quadra Island Legion. Coming events: Dec 22 5:00 PM Meat draw pot luck appetizer night

Dec 26 7:00 PM Boxing Day Casino - Poker, Black Jack & Bingo

The Clove

The Clove would like to thank the Quadra community for showing us so much support during our first week of being open, our friends and loved ones for tirelessly helping us out over the last couple of months and our diligent staff for doing such an outstanding job; we are very grateful.

The Clove is open Wednesday through Sunday from 11:30 am til 9 pm

Happy Holidays!

Connect with AA

IS DRINKING COSTING YOU more than money? We can help. If you want to stop drinking and need to find AA near you or wish to learn more about Alcoholics Anonymous visit cr-aa.ca or call 250.287.4313 for Campbell River and Area AA. Meetings are held on Quadra Island Friday night at 8pm and Monday night at 7pm at the Cape Mudge United Church.

Kameleon Greetings!

Happy holidays from all of us at Kameleon Food and Drink!

We will be closed Dec. 22-26 to celebrate the season. Thank you for your continued support and wishing you all the best in the new year!

Buddhist Meditation

JOIN US FOR A 45 minute silent meditation every Sunday at 10am at Spirit Books upstairs in Q Cove. Everyone is welcome to experience the beauty of this simple practice. Free or by donation.

Badminton at Cape Mudge Gym

Every Monday and Thursday at 7:30pm. Drop in fee is \$2. Check out the Quadra Island Badminton Facebook page for details!

Find your way around online...

Quadralsland.ca

Geshe YongDong Teaching

Tibetan monk Geshe YongDong will be at the Quadra Community Centre, upstairs on December 16th from 12:00 to 2:00 pm. The topic is: Calm Breath, Calm Mind

Restorative Yoga Class

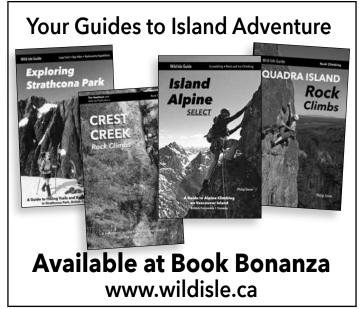
Restorative Iyengar yoga classes are at 10:30am at QCC for people needing a gentle yoga class that supports recovery from injury or who simply want to keep stiff joints mobile during the winter months.

These restorative classes will gently relieve stress and promote well-being by bringing attention to the spine using supported stretches.

Iyengar yoga uses props to support correct structural alignment allowing students of all abilities to experience greater mobility. dood is a certified Iyengar yoga instructor who has been teaching for 7 years and practising for 12 years. Classes will last about an hour and half with a focus on total relaxation for the last 30 minutes. Classes cost \$12 for seniors, \$15 drop in and 5 class cards are available at \$60. Please contact dood if you need further information at 285-3953 or email discoveryislandslearning@gmail.com







A Storied Brunch at the HBI. Thank You!

This special event was a fundraiser for NISHS, the Trauma & Abuse Counselling Centre in Campbell River. A silent auction plus raffle was held. NISHS greatly appreciated all the gift givers for their valuable contribution to this event.

We thank a group of extremely talented storytellers & musicians, not only for the giving of their valuable time, but for supporting NISHS & the bringing together of islanders.

The talented storytellers were: Margaret Verschuur, John Walton, Jeannie Schweitzer, Donivee Laird, Mary Pirie, Paul Horvath, Judy O'Dell & John Clark also the singing angels: Stacey Nielsen, Julie Douglas, Darcy Mitchell, John Walton pianist Joyce Baker. Special thanks to the amazing Julie Douglas (MC) for taking us through the event. Also to Heriot Bay Inn for giving us the opportunity to bring awareness & funds for NISHS & supporting a 'Storytelling Brunch', with delicious food, excellent service resulting in a beautiful event enjoyed by all. Thank you to so

Peace & Joy at Christmas.

many for supporting this special event.

Margot Wood



Happy Holidays

Happy holidays to our fellow Quadra Islanders and beyond! We would like to wish you all a safe and joyful season. We would also like to remind everyone that we are a 24 hour service! If you are having an emergency, call 911! Day or night, it is our job and our honour

to provide and connect you with the care you need.
\text{Very best wishes,}

Your local Paramedics at BC Ambulance Station 170, Ouadra Island

Quadra Island Outdoor Club Upcoming Events

THERE WILL BE A BRIEF PAUSE IN OUTINGS during the holidays, but we have events scheduled from the end of December for the coming month.

29 Dec, Saturday - hiking trails at Open Bay and Crikey Creeks

2 Jan. 2019, Wednesday - hiking Q Cove trails **9 Jan, Wednesday** - hiking Deadfish-Tripod Loop

16 Jan, Wednesday Snow at Mt. Washington **23 Jan, Wednesday** Hiking at Carrington Bay, Cortes

The details on most of these trips are available at the winter schedule:

https://qioutdoorclub.org/schedule-fall-winter-2018-19/

Quadra Island Friday Painters Show

OUR 3RD ANNUAL EXHIBITION is at the HBI from December 4th to January 1st. There will be a hosted reception to meet the artists in the Fireside Room on Sunday December 9th between 3 and 6 pm. Everyone is invited to this opening where complimentary snacks and tea or coffee will be served. Please join us on the 9th for a visit and talk with the following artists: Linda Williams, Jeannie Schweitzer, Mitzi Ogasawara, Donivee Laird, Judith Jordan, Perry Johnston, Ivy Johnston, Vinay Chafekar, Pat Carpenter, Val Barr, Jean Aston, and Barb Armstrong.

Reel Youth Film Festival Call for Submissions

The Cumberland Youth Centre is once again organising the Reel Youth Film Festival as a fundraiser for the Youth Centre.

The Reel Youth Film Festival is a great opportunity for local filmmakers to showcase their films. Films need to be between 3-5 minutes long. Adult help is permitted, as long as it is disclosed on the submission form. Last year we had 5 local films included in the festival and we would love to have as many or more this year. Thank you for your help informing people about this festival! The submission deadline is February 8th.

Kate Ashton, 250-650-8305 Program Coordinator Cumberland Community Schools Society (CCSS)

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eMail chamber@discoveryislands.ca



In the Spirit: Brought to You by Quadra Singers and Friends



ON FRIDAY DECEMBER 14, Quadra Singers and Friends will perform spirituals from cultures around the world, plus some pop and Christmas songs. Our Music Director Kate Alexandra inspires our mixed group of experienced singers and newcomers to put all their energy into song. Kate has chosen beautiful, soulful songs this session, and we can't wait to share them with you. Kate shares her positivity and lovely sense of humour and helps make every practice fun.

"The December concert features a diversity of styles including songs from South Africa, Cuba, Europe and North America, a Buddhist chant, and even a pop song by Justin Timberlake," says choir director Kate Alexandra. "We look forward to welcoming our family, friends and neighbours to an evening of music that really gets us in the spirit!"

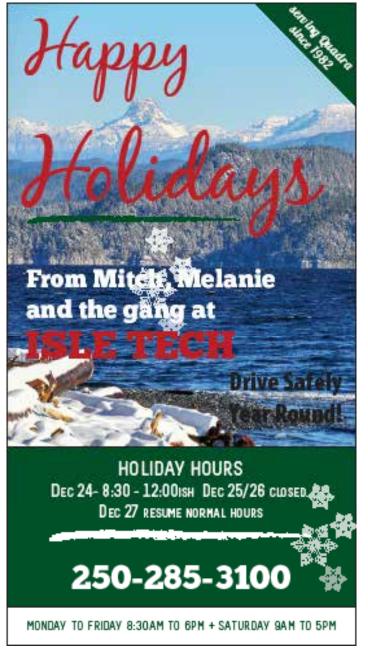
Guest performers include Dave Blinzinger, special guests TBA, as well as the choir and smaller singing groups.

Mark your calendar for In the Spirit, 7pm, Friday, December 14 at the Quadra Community Centre. Pay at the door: adults \$12, youth (to 12 years) \$5. Free for children under five. Doors open at 6:30pm., and there will be treats at the intermission!

Learn more about Quadra Singers on the choir's Facebook page. Email (quadrasingers@gmail.com) or phone Joan Varley 250-285-2443.







News from Quadra Circle



ACTIVITY CENTRE: Only one more chance to enjoy everything the Activity Centre has to offer before it closes for the school break! On

Monday December 17, try a game of ping pong, join Kate Alexandra's fun Energy Walk, play Mah-jong, make Viking jewelry or just relax and chat with friends – the choice is yours. Activity Centre will reopen Wednesday January 9.

CAREGIVERS SUPPORT GROUP: Are you caring for a family or friend with significant medical needs? Taking care of yourself is often a challenge; we invite you to connect with other caregivers for an opportunity to share information, strategies and experiences in a confidential setting. Meetings twice a month at QCC. For more information, contact facilitators John Frishholz 250-285-3655 or Susan Wilson 250-285-2994. You're welcome to join any time. Next meeting Monday December 17, 1:30 – 3:00 pm in Room 1 at the Community Centre.

FRIDAY LUNCH: Our last Friday lunch of 2018 is a Christmas Potluck, on Friday December 14, at noon. Please bring a dish to share; cold turkey and ham will be provided. Preceded as usual by Ann Lawrence's Armchair Exercises at 11:00 am, and followed by a Christmas Carol sing-a-long!



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GOOD GRIEF SUPPORT GROUP: Join Owen Williams and Cathy O'Rourke at the Quadra Island United Church at Cape Mudge on the 1st and 3rd Tuesdays of each month. Next meeting: Tuesday December 18, 1:00 – 3:00 pm. Call Cathy at 250-285-2122.

PEACE OF MIND: None of us likes the idea of a fall or sudden illness, especially if we live alone. For your own and your loved ones' peace of mind, Quadra Circle offers daily friendly phone calls by a trained outreach worker. Call Quadra Circle office at 250-285-2255.

QUADRA HOME MEALS: Allows seniors, caregivers, those coping with illness or recovering from surgery or childbirth to receive nutritious, low-cost meals suited to their dietary preferences. Meals, prepared by Evergreen and Ironwood in Campbell River, are delivered on Quadra each Friday. Order before noon each Saturday from Karen at 250-285-3064.

SMART RECOVERY: Meets each Thursday 12:30 – 2:00 pm in the Community Centre boardroom. Learn how to change unhelpful habits and get more out of life. For more info. contact Jude at smartrecoveryquadra@gmail.com

TRANSPORTATION: Need a ride to medical appointments, social events or support group meetings? Call co-ordinators Diana and John at 250-285-3630. At least 24 hours notice is required to find a driver, so please call early. This service is free.

Quadra Island Seniors---BCOAPO--BRANCH 91-

We all wish everyone the merriest of Christmas's and a joyous New Year!

Our Seniors will be busy on Dec. 12Th enjoying a Christmas dinner at Homewood Hall.

Join our busy group in January, we have a new president Dale Gagne so looking forward to having fun playing pool, cards, crib and a pot luck lunch on the third Tuesday of the month. Also armchair aerobics with Anne Lawrence at 9:30. Meeting starts between 10 am or 10:30 am.

To join our fun group call Lois Norman @3061 for transportation call Ruth Amiabel @3801 or cell ph. 250-895-9188.

www.discoveryislander.ca

Art Battle proceeds helping update art gallery studio space

This summer's Art Battle is supporting an updated artists space at the Campbell River Art Gallery.

At the CR Live Streets Art Battle event, artists created unique acrylic paintings that were auctioned off at the end of the evening. Half the money raised is being used to kickstart renovations at the art gallery studio.

"This is a great example of artists generating momentum that supports future art," says Karen Chappell of the City's recreation department. "Changes at the studio will make it a brighter space that better serves the community."

"The Campbell River Art Gallery is very grateful to the City and Art Battle for their donation," says Vicky Chainey Gagnon, Executive Director and Chief Curator at the Campbell River Art Gallery. "Being able to enrich this space will make artists working here happier and more productive – and a more creative workspace can even empower artists to become more inspired."

CR Live Streets events have run since 2015. The summertime events are free of charge and help bring vibrancy to downtown and the cultural district.

In 2018, CR Live Streets events included Art Battle, Evening Market, Chalkfest, Show on the Row and Music in the Night – and more than 3,300 people came together in the downtown core to play, eat, socialize, dance, listen to music and create art.

"The CR Live Streets event team is currently planning next year's events and aims to add new events to some favourites returning in 2019," Chappell adds.



Warm and Fuzzy Holiday Spirit

Artist Offers Rights to Original Art to Support Quadra Cat Rescue

A Campbell River author and artist who's passionate about helping animals is supporting Quadra Cat Rescue's most recent fundraising efforts.

Michael Duncan has given the copyrights for six original pieces of artwork of west coast scenes to be reproduced as a selection of art cards. The cards are available for \$5 each at Inspirations in Quathiaski Cove. Funds raised through the sale of the cards will help cover vet bills, primarily spaying or neutering and vaccinating of island cats in need.

"We are immensely grateful to Michael for giving the rights to these pieces of art to Quadra Cat Rescue," says volunteer Valerie van Veen. "It's an ongoing struggle for our small group to make ends meet with the number of stray and abandoned cats that need fostering and medical care. Michael's generosity is an amazing gift. We welcome the chance to showcase his art and applaud his commitment to helping animals."



Michael Duncan founded Artist – Helping Abused Animals after the passing of Ellie, his rescued Australian Shepherd. In memory of Ellie, and in an effort to prevent the kind of abuse she suffered before he adopted her, Michael donates original works of art to notfor-profit organizations that help abused or abandoned animals and service animals.

"It is wonderful what the volunteers of Quadra Cat Rescue do," says Linda Goodwin, who reaches out and coordinates art donations on Michael's behalf. "Supporting your cause means a lot to Michael and myself, and we know community support is critical for success. We hope the art cards help inspire local people and visitors to support your volunteer efforts."

Michael Duncan has donated art worth more than \$38,000 to support animals. His goal is to donate \$50,000. In 2018, Michael also gave the BC SPCA Campbell River branch \$1,200 worth of artwork for fundraising. This year, he also donated artwork to BC SPCA Victoria Branch, Nanoose Bay Catspan Society, Vancouver Island Compassion Dogs Society, Cat's Cradle Animal Rescue in Sidney, Brokes Promises Rescue in Victoria and MARS Wildlife Rescue.



For more information, to volunteer, foster, adopt, or make a donation, contact Quadra Cat Rescue by telephone at 250-285-CATS (2287), email quadracatrescue@yahoo.com or find details on Facebook.

Can't adopt or volunteer but want to help? Sponsor one of the many kittens in need. \$400 gets a kitten spayed or neutered and provides basic vet care for a healthy start. Quadra Cat Rescue has an account with the local credit union and accepts donations via cash, cheques and PayPal. Tax receipts available.

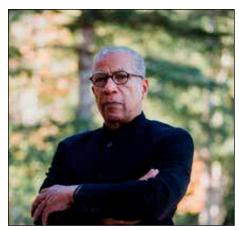
Carols, Calypso and Cake!

ENJOY A JAMAICAN-INFUSED CHRISTMAS celebration through a combination of music, food and drink.

Learn more about this tropical paradise from one of its transplanted natives and add a few words of its vernacular to your mental stores while doing so.



Accompanied by Dave Blinzinger on saxophone, Rico will share some of his island's history through word and Jamaican folk songs in addition to the sounds of Christmas with which most are familiar.



This evening's entertainment will be paired with Jamaican food to nourish your spirit-fried plantain, Jamaican patties, savoury chicken or tofu curry and traditional cake. Imbibe in some mulled drinks and spiced rum to enhance your cheer.

Join us for a festive Caribbean celebration an island apart and brighten up your solstice season. At Kameleon Food and Drink, Thursday December 20. Doors will open at 6pm, show at 7pm. 35 per person, entertainment, dinner/dessert included. For reservations, call (250) 285-3282.

www.discoveryislander.ca

Quilt Guild News

The Quadra Island Quilt Guild was pleased and proud to celebrate 25 years of friendship and community at their monthly meeting Nov 13. For those of you who don't know much about us, here is something shared by one of our members at the November meeting.

"Many of you will have heard the story of Shirley Duncan and Kathleen Johnson meeting in a cashier's line at Quadra Foods. They started talking to each other because they both had quilting magazines in their baskets. By the time they got to the till they had decided to put an ad in the Discovery Passage newspaper in hopes of attracting a few other quilters to start a group.

Their idea worked. Quadra Quilters was born and has been growing and thriving ever since. We are thankful to the founding members. We appreciate that they fostered the casual mix of friendship and sewing, adding in some education and some charity work.

Over 2 or 3 years the group grew to about 50 members and has remained at that size ever since."

Twenty five years later the guild is still busy and relevant.

Remember it is easy to join! We meet the second Tuesday of each month September to June at the Community Centre.

Ferry Schedule

Leave Quathiaski Cove	Leave Campbell River		
QUADRA ISLAND	VANCOUVER ISLAND		
†6:20 am	†6:40 am		
7:05 am	7:30 am		
^{††} 8:00 am	††8:30 am		
9:00 am	9:30 am		
10:00 am	**10:30 am		
11:00 am	11:30 am		
12:00 pm	12:30 pm		
1:00 pm	1:30 pm		
2:05 pm	2:30 pm		
3:00 pm	3:30 pm		
**4:00 pm	4:30 pm		
5:00 pm	5:25 pm		
5:50 pm	6:15 pm		
7:00 pm	7:30 pm		
8:00 pm	8:30 pm		
9:15 pm	9:45 pm		
*10:15 pm	*10:45 pm		
† Monday to Friday Only. †† No Sailing on Sundays	** Tuesdays - Dangerous Cargo No passengers or cars.		

At Your HBI

COMMUNITY CHRISTMAS DINNER. Doors open 5:00pm HBI. Everyone welcome.

Gift exchange; bring a good quality re-gifted or new gift, wrapped and ready to have a fun exchange.

Volunteer? 285-3322.

NEW YEARS EVE DINNER AND SHOW! Our

own precious Quadra entertainers - Willow will entertain you in Herons. Reservations from 5:00 pm, music 6:30 to an early count down at 9:30 pm. Three course \$65. and five course menus \$95. \$10. entertainment fee. Phone for reservations; 285-3322.

2019 HERE WE COME! Bring it in simple and easy with Music and Dance at the good old HBI Pub. **Blue Kats** ring in the Year with your favourite Blues and R&B. Complimentary Snacks at midnight. 9:00pm. No Charge.

KARAOKE on Tuesday, December 18 with your host Howie Brown! - bring a friend and sing it out together tonight! n\c. HBI Pub.

UofQ!

Dec 12... Lauren Miller & Doug Biro;"Through the Looking Glass" viewing Village Bay Lake Salmon Returns

Dec 19... Groove is in the heart; drum history with Dave Tolley

UofQ will be on reading break from Dec 20 to Jan 29. First class of 2019:

Jan 30... Archaeology on Quadra Island Sea level change + archaeology on the Northwest Coast with Daryl Fedji

Uof Q every Wednesday: HBI Pub. 7:00pm "An investment in knowledge pays the best interest"

- Benjamin Franklin.

ROCKIN BINGO on Thursday December 27 with our gal Linda Gallagher rockin out the tunes and prizes! n\c. HBI Pub.

HBI FRIDAY NIGHT BANDS:

Dec 14... Carolyn Mark and Cortes Rocks, be there!

Dec 21... Sons of Guns R&B & Rock your soul

Dec 28... No band tonight saving up for New Years Eve!

HBI Pub. new winter time: 8pm. $N\C$ just great tunes and times.

SATURDAYS; OPEN MIC, an experience like no other. 9:00pm. HBI Pub.

"Music is Life. That's why our hearts have beats."

- Cecily Morgan

FEBRUARY 2, 2019: Barney Bentall, Tom Taylor and Shari Ulrich are back for another wonderful Annual BTU Show.

Herons Dining Room. 6:00 pm seating. Show and two course dinner \$54.

Call to reserve; 285-3322.



* Fridays and Saturdays Only

REGIONAL DIRECTOR'S REPORT by Jim Abram

This will be my last report before Christmas, so I will take this opportunity to wish each and every one of you a very Merry Christmas, Happy Holiday Season and a very great New Year!

I hope that you get to spend time with family and friends and enjoy the time together when all else seems to slow down a bit.

I am looking forward to an extremely busy and productive new year with a number of long time projects being finally realized and some very exciting new ones coming up. It is going to be a great year! And we are going to make it happen together!

Highways issues (some of them)

I know that Highways, etc., are the jurisdiction of the Province and your MLA, but I have been working closely with community members and with the Ministry of Transportation in Courtenay and have some success to report. The crossing at the school has become a real issue with people speeding, not stopping when kids and adults are in the crosswalk and running the two stop signs at Harper and Heriot Bay and West and Heriot Bay. This is just completely unacceptable and I went straight to the Managers at Highways in Courtenay. They are so very, very helpful. They sent up an engineer on Dec. 4th to assess the situation and I have been notified that they will be doing some immediate signage work and looking at a couple of options for the cross walk. I wanted you to know this and that Highways in Courtenay is cooperating fully. They deserve "kudos" from our community! And don't think that I have not continued my lobby for proper shoulders and pathways. All in the works!



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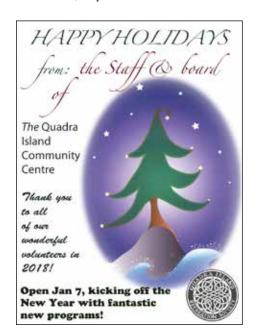


Developments!

So, it has been a very exciting few weeks with a number of things taking place in the Q. Cove Village Plan Area and near Open Bay. I'll list separately below.

Q. Cove

I had a wonderful meeting with the land owner that just did the selective logging on Heriot Bay Rd. across from the West Road intersection. It is about six and one half acres and is in the Plan Area and the owner is very enthusiastic about putting some of the Plan ideas into practice. He also has a very cooperative neighbour that may also get involved. So, why am I excited about this?



Well, we went through about 3 to 5 years of planning how to "densify" the Cove and provide some available and affordable housing and lots for both purchase and year-round rental. The proponent has hired Rob Wood to do some of the preliminary "visioning" (Rob worked tirelessly on our Village Plan, so knows it well) that will be needed to see how we can maximize the benefit to the community of Quadra Island. We will be meeting again very soon to discuss more details. Finally, after all the years of work that our community group, the SRD and I put into this work, it is coming to fruition!.

Q. Cove South

So now let's move on to the property at the south end of the commercial area (the plaza), to the 26 treed acres at that end. I have been in discussion with the owners about moving forward on all the great ideas that they have to bring creativity, expertise, innovation and good planning to this area in phases. The details are to follow as they are still in discussion. I just wanted you to know that there is movement.

There is also the Oswald property that was so creatively planned for a total of, I believe, eight "small homes" near the corner of Green RD. and Ferry Rd. It has hit bureaucratic walls at the Island Health level which I am doing everything I can to help break down. The subdivision has been approved by the



SRD but cannot be complete without the Island Health stamp of approval. This is very frustrating for me and even more so for the owner since she went out on a limb as the first one to develop under the new Q. Cove Plan. Bureaucratic hurdles; my worst enemy!

Open Bay south east

I was approached by a prospective purchaser of land along Open Bay who had run into a problem with a new Timber-West logging plan that directly affected him and whether he would continue with moving his organization to Quadra Island. The organization he represents was just too good to be true and I didn't want to see opportunity lost for Quadra that could create meaningful local jobs and also bring in international expertise to the scientific and artistic community, all based right here on Quadra. The Group is called the Arctic Circle. The Arctic Circle is an international arts and sciences expeditionary residency program. With over a decade of high-Arctic working expeditions (www. thearcticcircle.org). They are now setting their sights on a headquarters here on Quadra, to develop a centre for research for international artists, scientists and innovators. How good can it get! We have the Tula Foundation just a stone's throw away from this property and the new dedication of the protected area lands in between.

I suggested to the representative that we meet with T-W immediately. The buyer, seller, agent and T-W met a few days later and had a multi-hour conversation that resulted in them having a better understanding of the situation and going away to think about it. In less than twenty four hours later they replied that they (T-W) have removed that particular cut-block from their immediate plans. My part in this was strictly regarding the logging plan. This allowed the proposal to proceed. So we can look forward to some international attention and possibly some good jobs on Quadra to go along with all of that new housing I have mentioned!

Tip-top Chimneysweep Its that time of year Gabe Aston 204-5228

Appointments of the Board

At our Dec. 6th meeting of the SRD Board we had the appointments of the Board announced by the Chair and ratified by the entire Board. These were both "standing committees" of the Board (the ones that meet monthly) and the "external appointments" to outside processes that effect us (Fisheries and Oceans, Transport, Environment, all the Marine Planning processes, First Nations, UBCM Aquaculture and more). I will be representing the Chair and the Board on the following internal and external appointments:

External appointments:

- BC Ferries Regional District Chairs Committee (each RD is represented on this group)
- Marine area Planning Partnership (MaPP) (Province, First Nations. local government and stakeholders from all sectors)
- Integrated Ocean Advisory Committee (Feds., Province, First Nations, stakeholders and all Regional Districts)
- Marine Protected Areas Committee (Feds., Province, First Nations, stakeholders and all Regional Districts)
- Oceans Protection Plan (this is the \$1.5 Billion dollar program (BC share) that was announced by the Prime Minister to improve services on our coast)
- Board appointee to the We Wai Kai Treaty Advisory committee (the four levels of govt. meet to discuss treaty issues including land and financial compensation)

SRD Board internal:

- First Nations Committee
- Electoral Area Services Committee
- Governance Select Committee
- Comox Valley Regional District Solid Waste Committee

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- Alternate Energy Committee
- Comox Strathcona Regional Hospital District Board

What have I done! I hope I can find enough days in the month! Don't worry, I love it and will fit it all in! After the Holidays!

So once again, I wish everyone the best of the Season and look forward to all of us participating in the work that needs to be done to keep our island and area vibrant into the future!

Feel free to contact me between the hours of 8:30 am and 4:30 pm, Monday through Friday (please, not on weekends or holidays, folks!) at 285-3355, or you can fax me at 285-3533 or you can email me anytime at jimabram@xplornet.ca or by mail at Box 278 in the Cove, V0P 1N0... or on Facebook at https://www.facebook.com/ JimAbram.... If it is important, my cell is 250-830-8005... Lots of choices.

Please do not use my residential phone number for SRD calls. All business calls should be on 285-3355. Many thanks!

Emails and phone messages received over the weekend or on holidays will be returned promptly on the next regular work day. Respectfully submitted,

Iim Abram

Director, Discovery Islands-Mainland inlets, Area C, SRD



Submissions

- Email us at: news @discoveryislands.ca
- Drop off your item at *Inspirations* Q-Cove
- Or you can bring it to our office: 701 Cape Mudge Road

Butterflies of Quadra and the Outer Islands

Words and images by Lunabelle Loiseau-Tremblay

This summer, I decided to document the butterfly species on Quadra, because whenever I have looked in the identification guides, I have noticed that local records for the area are sparse. This gives the inaccurate impression that we don't have many butterfly species here. British Columbia has 187-192 species of butterflies, which is more than any other province or territory in Canada. When using the term butterfly, I am referring to true butterflies in the superfamily Papilionoidea and another large group called skippers, which are in the superfamily Hesperioidea, both belonging in the order Lepidoptera (moths and butterflies). (Guppy and Shepard, 2001)

Butterflies are important because they are pollinating insects but also because they contribute to the biological diversity of our area. Biological diversity itself is under attack and it is important that we do what we can to preserve what we have left before we find our gardens and ecosystems void of the wonders of nature.

It is evident by now that insect numbers have dramatically decreased in recent years. Habitat destruction from increased housing and property development, industrial sites, roads, recreational sites, farmland, invasive plants (ie. Scotch Broom), fire suppression, non-native butterfly species (ie. Cabbage White), pesticides and biological control agents are just a few of the contributing factors leading to this noticeable decline. Although there is steady speculation as to whether the effects of logging and mining are detrimental to butterfly populations, from what I have read and seen firsthand, the evidence is uncertain. As much as I am not on the side of industrial logging, in my experience older clear cuts are amazing areas to find butterflies because of how flowering weeds colonize the new areas and open areas up to meadow type ecosystems. Climate change is also something to consider. It's very possible that we will start seeing the disappearance of some species while other species from further south start to move in.

I started documenting species in April 2018 and continued to record my findings through October when the rains started. The first butterfly I saw this year was the Western Spring Azure and the last one I saw was a Cabbage White on December 5th! Last year,



a friend sent me a picture of a Red Admiral in her garden on October 28th 2017. The Red Admiral and the Mourning Cloak are two species that hibernate as adults until the following spring when they can actually be flying at the same time as their offspring. I documented 25 species in total on Quadra, however, commonly we see a 26th, the migrating Painted Lady but none were seen this year.

Below is the list of species seen this season on Quadra.

Western Spring Azure Sara's Orangetip Western Tailed Blue **Mourning Cloak** Western Elfin **Hydaspe Fritillary** Pale Swallowtail **Pacific Fritillary** Western Swallowtail Lorquin's Admiral Anise Swallowtail **Purplish Copper** Cedar Hairstreak Mylitta Crescent

Grey Hairstreak Common Wood-nymph **Red Admiral** Cabbage White Milbert's Tortoiseshell Pine White **Satryr Anglewing Great Arctic** Two Banded Checkered Skipper Woodland Skipper Western Branded Skipper

All observations were either single or repeated observations and photographic evidence was taken for all except three species that were hard to photograph. Some of these species are subspecies and surprisingly on Quadra, we have two species which are red-listed, which identifies them as extinct, endangered or threatened on the IUCN list for threatened species. These two species are the Common Wood-nymph (Cercyonis pegala ssp. incana) and the Western Branded Skipper (Hesperia colorado oregonia). Although I have known for many years of the subspecies of Common Wood-nymph, the Western Branded Skipper was a complete surprise to me, as it was to the lepidopterist that I emailed to confirm my observations. I also got in touch with

the BC Conservation Data Centre and was put in contact with a zoologist who has studied the more well known population of these skippers around Cordova Shore, BC. In fact, the population here on Quadra is in a very different kind of environment than the population down south. The Common Wood-nymph can be found in many places on the island, flying in late July and August. It is a medium sized butterfly, dark to light brown with two large well defined eye spots on the forewings, and often with an evespot(s) on the hindwing. The Western Branded Skipper (also known as the Oregon Branded Skipper) is a small skipper (2.7-3cm) orangish-brown base colour with white-silverish spots on the wings. Although at first glance it can easily be mistaken for the very common Woodland Skipper, it is easily distinguishable from it when looked at closely. In fact, this skipper is the subject of debate among entomologists and lepidopterists regarding nomenclature and speciation. In any case, I have looked in many places on the island and only found it in one place, in a marsh on crown land. I am thankful that the place I found it is not frequented by humans that often but it is very close to a high traffic road. There



was also observations of it on Cortes Island around the same date of my observations on Quadra. Incredibly, Cortes is home to the 2017 observation of the Silver-spotted Skipper (Epargyreus clarus) which had not been seen in this area for 110 years. I would be very interested to know what species there are in the less occupied outer Islands.

Butterflies are small and may not seem as significant as the Orca and Salmon but in fact, they are also an integral part of our ecosystem. I wrote this article to draw attention to the small things of importance we have on this beautiful island. This is one of the ways I can give back to my community that raised me into the person I am today.

Community Wellness Granting Program

Vancouver Island - People on Vancouver

Island will benefit from up to \$800,000 in community wellness grants that are being provided by Island Health to improve the health and well-being of Island residents.

Now in its third year, Island Health's community wellness granting program provides the opportunity for not-for-profit organizations, local government organizations and indigenous communities to apply for one-time funding for the development of new initiatives and programs. Criteria for community wellness grants includes healthy aging, positive mental health, social and

individual/small grant funding. Individual grants will be awarded up to \$12,000 each. To encourage partnerships and collaboration, the remaining \$200,000 is allocated for projects that are multi-jurisdictional/multiagency and involve a minimum of three partner organizations. Partnership grant applications will be awarded up to \$50,000 each.

family connectedness, healthy eating and

A total of up to \$600,000 is available for

physical activity.

"Our community connections are vital – together, we truly are stronger," says Kathy MacNeil, Island Health's President and CEO. "We're pleased to support many diverse partnerships through the Community Wellness Granting Program, and excited by the innovative projects that will benefit so many people living within Island Health." In the second year of Island Health's community wellness granting program 50 grants were awarded to different organizations totalling nearly \$700,000. This included four partnership grants ranging from \$25,000 to \$50,000 and 46 individual grants ranging from \$5,000 to \$12,000.

"By providing these funds, Island Health is acknowledging the powerful role of the social determinants of health. These grants have served, and will continue to serve, promoting and fostering ideas to advance health at the grassroots level," says Dr. Richard Stanwick, Island Health's Chief Medical Health Officer. "This initiative helps cement the critical relationship between Island Health and our communities in the pursuit of better and more fulfilling lives for all our citizens."

For more information on how to apply for a community wellness grant and for updates on some of previous year's recipients, please visit Island Health's website at: communitygrants.islandhealth.ca



HELP WANTED Substitute Educator

At the Quadra Children's Centre we strongly believe that caring for children is more than daycare. We view our roll as supporting the greater health of our community; economically and socially.

We are a visible, valued advocate for children and their families. We are a financially self-sufficient childcare and family resource centre; supporting the Quadra community's changing needs for children and families in a nurturing, creative environment.

Our centre is seeking applications for a Substitute Educator position. We offer the successful candidate the opportunity to work in a beautiful, nature-based setting that provides a dynamic program for children. QUALIFICATIONS:

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- Child care experience in a related role.
- Excellent communication skills, strong interpersonal communication skills with children, families and other staff.
- Ability to relate to people from a wide range of backgrounds, understanding and valuing diversity.
- Demonstrated ability to exercise good judgment, critical thinking, and creative problem solving.
- Demonstrated skills in working collaboratively within a team environment.
- Good organisational skills.
- Demonstrated evidence of ongoing professional commitment and development, and an attitude that supports ongoing learning and self-reflection skills.
- Commitment to the ECEBC Code of Ethics, including confidentiality and privacy of information.
- Ability to handle emergencies skilfully and calmly and in compliance with Child Care Regulations
- ECE is an asset but not mandatory TO APPLY: Please email your resume to: quadrachildrenscentre@telus.net.

We appreciate all interest in the role however only those parties that are shortlisted will be contacted. Thank you for your interest in our centre.

P.O. Box 577 Quathiaski Cove, BC V0P 1N0

Vancouver Island Chambers Unite To Protect Marine-Based Tourism Following Federal SRKW Critical Habitat Zone Extension

Coastal communities warn potential closures could have devastating effects on local economies

VICTORIA, B.C. - Following the federal government's designation of a 5,025-square kilometer Northern and Southern Resident Killer Whale critical habitat (CH) zone off the southwest coast of Vancouver Island, 17 Island Chambers of Commerce have united to protect the marinebased tourism on which they depend and urge the Department of Fisheries and Oceans to carefully weigh potential management measures that could harm their coastal communities, destroy thousands of business and jobs, and impact tourism revenue across Vancouver Island. The new critical habitat zone is an extension of the zone in the Juan de Fuca Strait. Recreational fishing restrictions placed on portions of that zone this spring seriously impacted marinebased tourism and associated land-based economic activities. including employment, in Sooke. It is now feared that the extension of the zone northward past Ucluelet and 60 km out to sea could lead to a closure of recreational fishing at the La

Perouse and Swiftsure banks on which several Vancouver Island communities depend.

In an effort to protect their communities, the Chambers of Alberni Valley, Bamfield, Campbell River, Chemainus & District, Comox Valley, Duncan-Cowichan, Ladysmith, Greater Nanaimo, Parksville & District, Port Hardy, Port McNeill & District, Port Renfrew, Qualicum Beach, Sooke, Tofino-Long Beach, Ucluelet and WestShore have united to form a coalition called Thriving Orcas, Thriving Coastal Communities.

Collectively, the Chambers' coalition represents more than three thousand businesses across Vancouver Island that depend directly or indirectly on marine-based tourism and the induced spending around these activities. As communities that have only recently battled back from forestry and commercial fishing closures to reach a level of economic viability, primarily through marine-based tourism, they now see themselves as critical habitats.

Speaking at a rally in Esquimalt today, the coalition members stressed that they are passionate supporters of all killer whale populations.

"No one recognizes the importance of protecting marine habitats and marine life more than the men and women in coastal communities who depend on strong fishing and tourism sectors to earn a living and feed their families," said Karl Ablack, Vice President of the Port Renfrew Chamber of Commerce.

"The countless volunteer hours and millions of dollars anglers invest in salmon habitat and hatchery restoration work demonstrate that we are passionate supporters of BC's Southern Resident Killer Whales and efforts to ensure their survival."

Based on the DFO report identifying the critical habitat zone extension, local community chambers fear there may be further measures put in place that might curtail marine-based activities. Coalition members say no further actions impacting activity in the new critical habitat zone should be undertaken without more research and greater consultation to ensure any policy changes reflect the latest scientific research and the knowledge of local stakeholders and leading cetacean experts.

"If fin fish closures and restrictions on other marine tourism activities are put in place, we could see [annual revenue] totals reduced by as much as a third, with the vast majority of those job losses, business closures and lost revenue hitting coastal communities."

While recently announced measures related to fish hatcheries, slow-down areas for ships, vessel orca monitoring systems, initiatives to reduce pollutants and vessel noise, and the announcement of \$100 million in funding for salmon habitat protection and restoration are seen as positive, it's feared the extension of the critical habitat zone could pave the way to new restrictive management measures.



Heriot Bay Tides

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14 Friday	03:39 11:26 18:29 22:23	1.8 4.7 3.0 3.4	5.9 15.4 9.8 11.2
15 Saturday	04:25 12:05 19:16 23:59	2.2 4.7 2.8 3.4	7.2 15.4 9.2 11.2
16 Sunday	05:19 12:41 19:57	2.5 4.7 2.4	8.2 15.4 7.9
17 Monday	01:26 06:22 13:15 20:33	3.5 2.8 4.7 2.1	11.5 9.2 15.4 6.9
18 Tuesday	02:44 07:29 13:46 21:08	3.8 3.1 4.7 1.7	12.5 10.2 15.4 5.6
19 Wed.	03:51 08:35 14:16 21:42	4.1 3.3 4.7 1.4	13.5 10.8 15.4 4.6
20 Thursday	04:47 09:35 14:48 22:17	4.4 3.5 4.7 1.0	14.4 11.5 15.4 3.3
21 Friday	05:35 10:32 15:22 22:54	4.7 3.7 4.7 0.8	15.4 12.1 15.4 2.6
22 Saturday	06:21 11:26 16:00 23:33	5.0 3.7 4.7 0.6	16.4 12.1 15.4 2.0
23 Sunday	07:05 12:20 16:45	5.1 3.8 4.6	16.7 12.5 15.1
24 Monday	00:16 07:49 13:15 17:35	0.5 5.3 3.7 4.6	1.6 17.4 12.1 15.1
25 Tuesday	01:00 08:34 14:15 18:31	0.5 5.3 3.6 4.4	1.6 17.4 11.8 14.4
26 Wed.	01:46 09:18 15:18 19:33	0.7 5.3 3.4 4.2	2.3 17.4 11.2 13.8
27 Thursday	02:34 10:02 16:21 20:44	1.0 5.2 3.1 3.9	3.3 17.1 10.2 12.8
28 Friday	03:22 10:45 17:23 22:10	1.4 5.2 2.8 3.7	4.6 17.1 9.2 12.1

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NEXT DI DEADLINE: Monday, December 31 @ 7pm

