

ISSUE 672

FEBRUARY 16, 2018 • CELEBRATING 25 YEARS OF SERVICE

# discovery

I S L A N D E R



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Ferry Schedule	Leave Campbell River		Leave Quathiaski Cove	
	Mon-Fri	Sat-Sun	Mon-Fri	Sat-Sun
	6:40 am		6:20 am	
	7:30 am	7:30 am	7:05 am	7:05 am
	8:30 am	†8:20 am	8:00 am	†7:55 am
	9:30 am	9:20 am	9:00 am	8:55 am
	**10:30 am	10:15 am	10:00 am	9:50 am
	11:30 am	11:15 am	11:00 am	10:45 am
	12:30 pm	12:15 pm	12:00 pm	11:45 am
	1:30 pm	1:15 pm	1:00 pm	12:45 pm
	2:30 pm	2:15 pm	2:05 pm	1:45 pm
	3:30 pm	3:30 pm	3:00 pm	3:00 pm
	!4:30 pm	4:30 pm	**4:00 pm	4:00 pm
	5:25 pm	5:25 pm	5:00 pm	5:00 pm
	6:15 pm	6:15 pm	5:50 pm	5:50 pm
	7:30 pm	7:30 pm	7:00 pm	7:00 pm
	8:30 pm	8:30 pm	8:00 pm	8:00 pm
	9:45 pm	9:45 pm	9:15 pm	9:15 pm
	*10:45 pm	†10:45 pm	*10:15 pm	†10:15 pm
	! Local Commuter Sailings, expect delays. * Fridays Only		** Tuesday sailings are for Dangerous Cargo No passengers or cars.	

COMMUNITY NEWS & EVENTS

Small Water Systems Operation Course

This course is a government requirement for some types of shared wells.

February 27th – 28th 2018, course starts at 8 am each day at the Heriot Bay Inn, 673 Hotel Rd, Heriot Bay

This two-day course covers the required material for taking the EOCP small water systems certification exam. An exam date will be set up for the completion of the course.

The exam will be in Campbell River and participants need to contact the EOCP to apply for the exam at: eoep.ca or phone 604 874 4794

Participants earn 1.2 Continuing Education Units from the EOCP.

Course topics include:

- Regulations and standards for water systems
- Understanding water quality information
- Proper sampling and testing procedures
- Chlorine handling and disinfection procedures
- Pump operation and maintenance
- Math calculations required for water operators

As a water and wastewater operator, I bring hands-on expertise and industry knowledge to the classroom. Contact me for information on EOCP-approved courses and training material tailored for your site.  
jamesonwaterservices.com

Please contact Lois Taylor for payment and registration information  
lois@heriotbayinn.com 250 285 3322

New Listing



Arbutus and Cedar trees, mossy bluffs and cool forests are some of the features of this lovely 5 acre property located minutes from Main Lake Provincial Park and the Breton Islands. You will love the extremely private beach that is just minutes walk through crown land. The property has a deep drilled-well, shared driveway to the boundary. Whether you are looking to build your dream home or have your own recreational paradise this property is worth a look!!  
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THE ISLAND CALENDAR

Day to Day

The Regulars

Saturday, February 17

• Sierra Quadra presents Jackie Hildering: "Lessons Learned from Killer Whales" QCC 7:30pm, doors at 7pm

Friday, February 23

• Quadra Island Cultural Events presents Tamar Ilana & Ventanas 7:30pm at the QCC

Saturday, February 24

• Winter Pruning Workshop with Quadra Island Garden Club 285-2736 to register

• Book reading with Frank Wayne at Spirit Books Upper Realm 1pm

• Michael Fraser and Guests. Electronic Gypsy Swing. Quadra Legion 9pm \$10.00

Saturday & Sunday, February 27-28

• Small Water Systems Course, HBI, register 285-3322

Saturday, March 1

• Illvis Freshly with DJs Mt. Doyle and Dialz at Quadra Legion 9pm \$15

Saturday, March 3

• Brodie Lee Dawson & Luke Blue Guthrie dinner & show at Herons, reserve 250-285-3322

• Illvis Freshly with DJs Mt. Doyle and Dialz Quadra Legion 8pm \$15

Tuesday, March 13

• Quadra Island Cemetery Trustees Annual General Meeting 8:00 pm, Quadra Legion

MONDAY

AA, Big Book Study, 7pm Quadra United Church

Badminton, Cape Mudge Gym, 7:30 pm Drop-ins \$2

TUESDAY

Folkdancing, QCC, 7:30–9:30 pm, 285.3849.

WEDNESDAY

1st & 3rd Wednesday Food Bank, QCC 1–2pm

Prayer Meeting, Quadra Island Bible Church, 7pm

Poker Night, Quadra Legion, Heriot Bay 7:30pm

Hand Drum Jam, 7:30 pm Upper Realm, Q Cove

THURSDAY

Badminton, Cape Mudge Gym, 7:30 pm Drop-ins \$2

SMART Recovery group 6:30–8pm Quadra Children's Centre, open to anyone over 19

FRIDAY

Alcoholics Anonymous, 8pm Quadra United Church

SATURDAY

Farmers Market in Quathiaski Cove 10 am–2pm

Meat Draw, Quadra Legion, Heriot Bay 5 pm

Open Mic with Mo, 9pm at the HBI pub

SUNDAY

Buddhist Meditation, 10 am, Upper Realm, Q Cove

Family Service, Quadra Island Bible Church, 10:30am

Quadra Sunday Painters, 11am–2pm, 285.3390

Quadra Island United Church, 11am service, 285.3163

NEXT DI DEADLINE: Monday, February 26 @ 7pm

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What's Happening at Quadra Island Community Centre

THIS WEEK February 16-23

FRIDAY: 10:30 Friday Painters; 7:45 Friday Flicks Presents: THE OTHER SIDE OF HOPE

SATURDAY: 7:30 Sierra Quadra Presents: lessons Learned from Killer Whales

SUNDAY: 9:00 Somatics w/Rob

MONDAY: 8:30 Fitness w/Jeannie; 10:00 Yoga w/ Dood; 1:30 Caregivers Support Group; 1:00 Sing for Pure Joy; 2:45 Island Theatre Kids, Junior Camp; 4:00 Island Theatre Kids, Drama Class

TUESDAY 9:30 Qigong; 10:00 Parkinson's Support Group; 11:30 Somatics; 5:00 Yoga w/Trinity; 7:30 Folk Dancing

WEDNESDAY: 9:30 Yoga w/ Trinity; 11:00 Moms & Babes; 12:00 Community Kitchen Lunch; 7:00 Climbing Wall

THURSDAY: 10:00 Parents and/or Tots & Parents Yoga; 3:00 Island Theatre Kids, Dance & Voice class; 5:00 Yoga w/ Trinity; 6:45 Quadra Singers

FRIDAY: 8:30 Fitness w/Jeannie; 10:00 Spinners & Knitters; 7:30 The Cultural Committee presents: Tamar Ilana & Ventanas

NEXT WEEK 24 March 2

SUNDAY: 9:00 Somatics w/Rob; 2:00 Ballroom Basics

MONDAY: 8:30 Fitness w/Jeannie; 10:00 Yoga w/ Dood; 1:00 Sing for Pure Joy; 2:45 Island Theatre Kids, Junior Camp; 4:00 Chess; 4:00 Island Theatre Kids, Drama Class; 7:00 Photo Club

TUESDAY: 9:00 Quilters; 9:30 Qi Gong; 11:30 Somatics; 5:00 Yoga w/ Trinity; 7:00 Folk Dance

WEDNESDAY: 9:30 Yoga w/ Trinity; 11:00 Moms & Babes; 12:00 Community Kitchen Lunch; 7:00 Climbing Wall

THURSDAY: 10:00 Parents and/or Tots & Parents Yoga; 3:00 Island Theatre Kids, Dance & Voice class; 5:00 Yoga w/ Trinity; 6:45 Quadra Singers

FRIDAY: 10:30 Friday Painters; 7:45 Friday Flicks Presents: THE GLASS CASTLE

Find your way around online...

QuadraIsland.ca

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www.discoveryislander.ca

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16 February 2018

Publisher/Editor Philip Stone

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deadlines are online:

[www.discoveryislander.ca](http://www.discoveryislander.ca)

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Opinions expressed in this magazine  
are those of the contributors and are  
not the views of the publisher.

#### SUBMISSION GUIDELINES

We welcome items for publica-  
tion on subjects of interest to the  
Discovery Islands community.  
Here are a few guidelines:

- **300 words** is an ideal length for community announcements.
- Articles do not need to be sent as attachments. Simply **send the text in the body of your email**.
- **Canadian spelling** is preferred.
- **Please use the title** of your item in the email subject line. We get a lot of items called 'DI Article'.
- Remember to **include credits and captions** for photos & artwork.

WHILE EVERY EFFORT IS MADE TO INCLUDE  
ALL ITEMS SUBMITTED, ERRORS AND  
ACCIDENTAL OMISSIONS MAY OCCUR.

#### GIFT SUBSCRIPTIONS

Are available for delivery in Canada  
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welcome to help support the DI,  
suggested: \$30 per calendar year  
Find more details online at  
[www.DiscoveryIslander.ca](http://www.DiscoveryIslander.ca)

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#### NEXT DEADLINE

**7pm Monday, February 26**  
for publication on  
Friday, March 2

## COMMUNITY NEWS & EVENTS

### Quadra Island Outdoor Club Upcoming Events

The recent sunny days have been  
so inspiring to get out and enjoy  
any outdoor activity of your choice.  
We think there will be more of  
those coming up. The winter  
schedule is now nearly full with  
trips planned until April. Here are  
the upcoming trips:

18-22 Feb 2018 - Monday-Thursday  
- multi-day hiking on Hornby  
Island

28 Feb, Wednesday - hike to Open  
Bay and Crikey Creeks

7 Mar, Wednesday - snow at Mt  
Washington

14 Mar, Wednesday - hike to Eagle  
Ridge and Blindman's Bluff

21 Mar, Wednesday - hike Heriot  
Ridge and north loop

28 Mar, Wednesday - Vancouver  
Island coastal walk and lunch

4 April, Wednesday - Campbell  
River walk

22 April, Sunday, 10-2 - Gear Swap  
at the Community Centre

22 April, Sunday, 3-4 - Summer  
planning meeting

25 April, Wednesday - Campbell  
River river loop

The details for these trips can be  
found at:

[https://qioutdoorclub.org/trips/  
trip-schedule/schedule-fall-  
winter-2017-18/](https://qioutdoorclub.org/trips/trip-schedule/schedule-fall-winter-2017-18/)

Please contact the coordinator  
several days in advance of the  
trip, if you are interested in  
participating.

If you wish to participate in the  
gear swap as a seller, find out the  
details and let the organizers know  
in advance. You don't have to be  
a member of the Outdoor Club  
either as a seller or a buyer. Here is  
the link to the description:

[https://qioutdoorclub.  
org/2018/02/09/gear-swap-  
quadra-community-centre-22-  
april-2018/](https://qioutdoorclub.org/2018/02/09/gear-swap-quadra-community-centre-22-april-2018/)

Prepare for spring by recycling  
your gear.

### Get your Fish Compost, Sea Soil and Blueberry Plants!

It's time for Quadra Elementary  
School's annual Fish Compost and  
Sea Soil Fundraiser. This year we  
are excited to be adding 3 year old  
Bluecrop Blueberry plants to our  
order form! Prices are as follows:  
30 L bag of Fish Compost (no  
smell) - \$10, 32 L Organic Sea Soil -  
\$12, 3 year old Bluecrop blueberry  
plant (1 gallon pot 18-24" tall) - \$8.  
We will be calling to take orders  
from those people who have  
ordered in the past. If you would  
like to place an order please contact  
Erin Karaim at 285-3369 or email  
[callyoverton@gmail.com](mailto:callyoverton@gmail.com). Orders  
can also be placed at the Quadra  
gas station for your convenience.

Order pick up will be at the front  
of Quadra School on Saturday  
March 17th from 10-2pm. We  
will offer limited delivery (Heriot  
Bay, Quathiaski cove and South  
End) for those who are unable to  
pick up. Delivery orders must be  
prepaid.

The money raised with this  
fundraiser goes towards  
maintaining the and facilitating the  
school garden project. Thank you  
in advance for supporting Quadra  
students.

### Outdoor Gear Swap

What to do with all that outdoor  
gear you've been accumulating in  
your garage? Book a table at the QI  
Outdoor Club Outdoor Gear Swap  
'n Sale, Sunday, April 22, 10 am  
- 2 pm at the Community Centre.  
For the nitty-gritty, and a Sellers'  
Registration Form go to [https://  
qioutdoorclub.org/2018/02/09/  
gear-swap-quadra-community-  
centre-22-april-2018/](https://qioutdoorclub.org/2018/02/09/gear-swap-quadra-community-centre-22-april-2018/).

Submitted by Valerie van Veen,  
Co-Organizer

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TOLL FREE 1.877.735.3293  
FAX 250.285.3292



## COMMUNITY NEWS & EVENTS

### Cemetery AGM

Quadra Island Cemetery Trustees  
Annual General Meeting will be  
held at 8:00 pm, Tuesday, March  
13, 2018 at the Quadra Legion.  
Public is welcome to attend.

### Connect with AA

Is drinking costing you more  
than money? If you want to stop  
drinking and need to find AA  
near you or wish to learn more  
about Alcoholics Anonymous  
visit [www.cr-aa.ca](http://www.cr-aa.ca) call 250-287-  
4313 for Campbell River and area  
AA. Meetings held on Quadra  
Island Friday night at 8:00 pm and  
Monday night at 7:00 pm at the  
Cape Mudge United Church.

### At the Legion

Saturday March 3rd at the Quadra  
Legion: Illvis Freshly with DJs  
Mt. Doyle and Dialz. A fusion of  
hip hop, live instrumentation and  
electronic music. With support  
from two of Vancouver Island's  
funkiest beat masters. Tickets  
\$15.00 Available at Inspirations and  
The Legion. Doors at 8pm 19+

### Parkinson's Support Group

Do you or a friend have Parkinson's  
disease? If so, come to our small  
friendly monthly support group  
meetings at Quadra Community  
Centre, main floor Room 2. Our  
next meeting is at 10am on  
Tuesday February 20, 2018.

**Dr. Anita Komonski, ND, CHT**  
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**250.504.0090** [drkomonski.com](http://drkomonski.com)

### Pickleball

Pickleball is now held on  
Tuesdays at 4:30 at Cape Mudge  
Hall. Drop-in fee is only \$2. If  
you are a beginner, we have extra  
paddles and can teach you how to  
play. Join us for fun and exercise!  
For further information call Doris  
at 250.285.3610.

### Cumberland Tales

Sat. February 24

Cumberland Tales Terrifically  
Told! at Spirit Books, 1:00pm  
Enjoy author Frank Wayne's lively  
reading from his book, "The  
Cumberland Tales" - true-to-life  
adventures of yesteryear!

Book browsing & signing and  
socializing. 250-205-0535

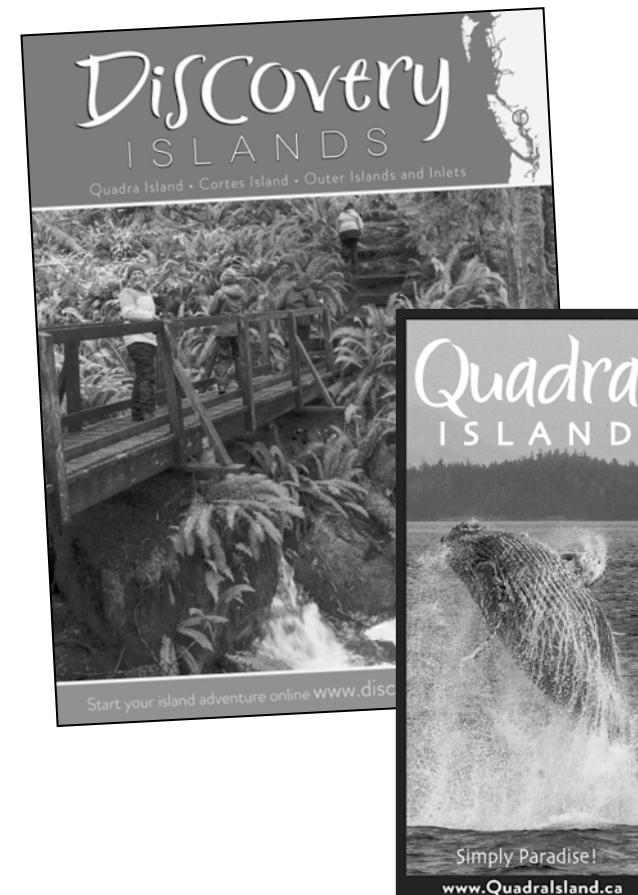
### Iyengar Yoga in 2018

Iyengar yoga classes provide an  
opportunity to slow down while  
aligning the body, mind and breath.  
We will use asanas to gently relieve  
stress and promote total physical  
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com](mailto:discoveryislandslearning@gmail.com)

## Time to Get Onboard...

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#### Upcoming Deadlines:

Guide to the Discovery Islands material: 28 February, 2018

Quadra Map: 1 March, 2018

Web Site Advertising: Ongoing- Anytime

For inquiries and to reserve your space email:  
[news@discoveryislands.ca](mailto:news@discoveryislands.ca)

[www.discoveryislands.ca/advertising](http://www.discoveryislands.ca/advertising)



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## Quadra Island United Church

**Sunday Services**  
11am on the 1st, 2nd and 4th Sunday of every month

**Evening Service**  
7:30pm on the 3rd Sunday of every month

**Choir**  
Wednesdays at 7:45pm

**Program for Children and Youth**  
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## COMMUNITY NEWS & EVENTS

### Brodie Lee Dawson & Luke Blue Guthrie Take the Stage in Herons!



"Soulful folky blues with a hit of pop and a twang of old-school country" sums up the warmth and powerful music that we'll immerse in on Saturday, March 3 in Herons. Brodie Lee Dawson & Luke Blu Guthrie are a deeply soulful duo that we're excited are coming to Quadra Island to perform in Herons.

Brodie Dawson's voice is rich and pure; she won Vocalist of the Year at the 2014 Vancouver Island Music Awards. She's also been nominated twice for Best Live Act at the VIMA's and nominated for 'Best Live Act' at two VIMA's. Brodie Dawson definitely delivers! She has shared the stage with many other amazing musicians such as WiL, Tracy Riley, Rick Fines, The Sojourners, George Canyon, Jake Owen, and Serena Ryder!

Guthrie's music is a clever and potent fusion of folk, funk, dark country and rock n roll. It is representative of a lifetime of thoughtful listening and his uncanny ability to select elements from each genre then combine them to create a refreshingly innovative, yet timeless style that engages the sensitivity and sentiment of a broad range of listeners.

Show and two-course dinner \$39; show-only seats \$15. Call the Inn 250.285.3322 to reserve seats. Take yourself and a friend out for this amazing musical and delicious cuisine event.

## Winter is still here...

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## COMMUNITY NEWS & EVENTS

### Chamber Music Festival

The Quadra Island Chamber Music Society is pleased to announce the 8th Annual Festival will be held from July 17 to 21. Philip Hansen, our Artistic Director, has been very busy creating an eclectic and exciting programme. He has also managed to line up more world class musicians who are enthusiastic about coming to Quadra. For more information please check out our new website [www.quadrafestival.ca](http://www.quadrafestival.ca).

On March 1, non-refundable Early Bird packages can be reserved by emailing [michaelyllynch@shaw.com](mailto:michaelyllynch@shaw.com). For \$100, you are assured of attending the four evening performances. Non-refundable single event tickets will be on sale as of May 15th.

We are a small, non-profit organization. If you wish to join our group, volunteer for events or help sponsor the festival, we would appreciate your involvement. For more information please email [michaelyllynch@shaw.com](mailto:michaelyllynch@shaw.com). Also we are #305 on the Tru-Value Spirit Board.

### Free Money

Free Money continues on Wednesdays, just before Community Lunch, from 11:30am to noon in the small seminar room downstairs at the Quadra Community Centre. Single individuals receive \$10 and families receive \$20 inside a book of their choice. The program is available on the first Wednesday of each month from November to April. This 10-year-old program could not exist without the generous support of Quadra Islanders. We need over \$3000 to carry out our program. Please donate to the Free Money account at our local Quadra Credit Union. Every cent goes to those in need. For more info call Steve Moore at 285.3323.

### Thank-You!

The Quadra Elementary PAC would like to recognize the generosity of community members who donated to our annual bottle drive this year. Thank you for making this yet again another very successful endeavour! And special thanks to Heriot Bay Tru Value for supporting us.

### Buddhist Meditation

Come join us for a 45 minute silent meditation every Sunday at 10 a.m. at Spirit Books upstairs in Q. Cove. Every one is welcome to experience the beauty of this simple practice. Free or by donation. Call Steve or Danielle at 285-3323 for more info.

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### Yoga with Trinity Winter/Spring 2018

On going Yoga Classes for 2018 will begin February 13th, 14th and 15th at Quadra Community Centre upstairs in room 3.

\*Tuesday and Thursday evening classes will be a Hatha Fusion Style, exploring traditional yoga poses, some flowing sequences, occasional Chi Gong, meditation, chanting with the harmonium and deep relaxation. These classes are open to most levels. Class time is 5-6:30 pm.

\*Wednesday morning class is a Gentle Style that is slow moving and done with a very mindful approach. This class is geared with seniors in mind or those with various injuries or health conditions but it is open to anybody that thinks they could benefit from this gentle approach. We will explore some traditional yoga poses often done modified with props including a chair. Chi Gong is often mixed into a class as well as meditation, the soothing sounds of the harmonium and deep relaxation. Class time is 10-11:30 am just before Community Lunch.

Please feel free to call Trinity with any questions at 285-3455.

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# Experience the House of Music



## Quadra Legion proudly hosts Michael Fraser & Mr Nick Lawrence

Saturday February 24th \$10 at the door

At a Michael Fraser show, you'll be ushered from room to room through the house of music that Michael himself helped build. From the first note played on his violin to the last pulse from his sound system, Michael Fraser takes his crowd's collective soul on a fantastic voyage. Weaving in and out of spaces filled with the sounds of original creations and thoughtful curations, he knows just the right time to leave one and slide into another. Michael will take you on a journey with a tantalizing beginning, an entrancing middle and a happy ending that's sure to satisfy.

Talented local DJ, Mr Nick Lawrence rounds out the evening with his signature heavy bass rhythms that are sure to make you get up and dance!

*Michael's gypsy violin DJ set at Shambhala's Amphitheater Stage, had the crowd going wild. His fiddle riffs and jump kicks set the stage for the circus of Electro-Swing performers that followed.*

Byron Whitlaw  
Artistic Director

*Michael Fraser fuses live violin against a backdrop of global fusion to create a tapestry that evokes the midnight air of an Eastern European gypsy carnival.*

Timothy Wisdom

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# At Your HBI

**MARCH 3:** Brodie Lee Dawson & Luke Blu Guthrie...a mix of 'soulful folky blues' with a gospel funk, a twist of pop and a twang of old-school country. Two course dinner and show 39.00. Show only 15.00. 6:00pm seating. Reserve 285-3322.

**MARCH 30:** Blue Moon Marque Show in Herons. An infectious mix of early blues, jazz, country, and popular songs with a contemporary and relevant feel. "Raw and stimulating". Nominated for a Maple Blues Award as best new artist of the year, 2016. 20.00 show. Reserve seats for the show or to dine before 285-3322.

**APR 7:** Devin Sinclair and Keith Bennet Duo.

David is ex-band member with k.d.lang, Sarah MacLachlan, StraightLines, Body Electric and Sunshyne. He is a Juno nominee and WestCoast Music Award winner and has recorded with Michael Buble, Bryan Adams, BTO, Prism, Valdy, Susan Jacks, Leon and Eric Bibb and he has written numerous radio hits. Keith is a Canadian harmonic wizard, Keith was "Harmonica Man" at Vancouver Canucks broadcasts for nearly a decade and he has appeared with VSO, Supertramp and John Prine. He is listed in the Top 10 harmonica players at The World Competitions.

Hear their dynamic musical blend together with a lovely two course dinner in Herons. 49.00. Reserve 285-3322.

**WEDNESDAYS:** UofQ is back to school: Feb 21; Quadra: food Security in an insecure world with Marc Doll. Feb 28; Digging Deep: Archeology of our area with Duncan McLaren. Pub Education. Wednesdays. 7pm. HBI Pub.

**THURSDAYS:** Classic Rock Bingo 5:00pm with your host Linda Gallagher. Sing a long, meet new friends, have a trip down memory lane and win prizes, rock on Quadra! HBI Pub. No charge to play or to have tons of fun!

**HBI FRIDAY NIGHT BANDS:** Band break is over- March 2nd with Best Before! From the 60s to now.

March 9; Go Dog Go. You gotta love them - our own Beach Blanket Time Machine!

9:00 pm HBI Pub. No Cover.

**SATURDAYS:** Open Mic. 9:00pm. HBI Pub. "A good song takes on more meaning as the years pass by" Bruce Springsteen. No Cover.

**MAR 13TH** - Karaoke with Howie Brown! Come on down and sing your heart out!. Everyone's a star at Karaoke. 9:00pm HBI Pub.

I hope you have all enjoyed the four beautiful sunny days that we have just experienced. Often typical for February and I love it. Also Happy Valentine's Day to all !

I have a few items that I wanted to get out earlier but was in meetings in Vancouver at the last deadline, so I will try and bring you up to date in this report.

## Ferry petition

As many of you know, a petition has been circulating on Change.Org to ask the Premier to bring the Ferry system back into the Ministry of Transportation as part of our marine highway and provincial transportation infrastructure. To date, we have gathered 15,500 signatures and still climbing. If you have not signed, please feel free to go to the link and do so. It will be presented in the Legislature in the very near future. People are also being encouraged to email and call their MLA's to ask them to lend support to the request in the petition. Hopefully you will add your name to the list!

## Connect to Innovate (Check this out!)

As I have mentioned in previous reports this is the program where we received approximately \$46 million from the Federal and Provincial governments to connect 154 communities on the coast with high speed fibre optic internet

via undersea "back bone" cable. This will run from Prince Rupert all the way to Vancouver, down both sides of Vancouver Island and along the Sunshine Coast. "Landings" will happen at specified sites where distribution will then take place.

Addressing the need for reliable and affordable cellular and broadband service in communities across the Regional District is a strategic priority of the Board and significant efforts have been made over several years to address this priority.

On January 17, 2018 it was announced that the Connected Coast project would receive combined funding of \$45.4M from the federal and provincial government. The Connected Coast project was developed by the Strathcona Regional District and Citywest (the Prince Rupert connection) and submitted under the federal government's \$500M Connect to Innovate program.

Now that the funding is confirmed, preliminary project planning is underway. This will include developing appropriate governance structures, detailed project plans, communications and engagement tools, and resourcing requirements. The backbone network is anticipated to be delivered in a phased approach over the next three years commencing with more detailed surveying, network design and approvals. The Board will be receiving regular briefings on this project

so that key decisions related to governance and financial interests can be addressed. I will update you as reports come in at the Board.

I am now going to list the landings below and I think that Area C will be very well served. Far too many years of lobbying have gone into this and now it is a reality that I am very pleased to announce to you. I have listed the Area C landings in the order that they appear from north to south and then back up the west side of Quadra. The others are from the Cortes area and other areas of the Regional District. Note that I am only listing the ones in our Regional District.

**AREA C:** (OK, you can now get excited!).. Here is the news you have been waiting for!

Port Neville, Blind Channel, Surge Narrows, Bold Point, Heriot Bay, Read Island, Refuge Cove, Yaculta (Cape Mudge), Quathiaski Cove, Granite Bay

**OTHER SRD SITES:** Bloedel, Campbell River (FN+City), Rock Bay Ceepeecee, Ehattesaht, Elk Bay, Esperanza, Tahsis, Gold River Landing, Kyuquot (Ka:'yu:'k't'h'/Che:k:tles7et'h'), Mowachaht/Muchalaht, Nuchatlaht, Yuquot, Klahoose First Nation, Mansons Landing, Whaletown, Sayward, Seaford

So you will see from this list that we are going to be well served from all points and distribution will go on from each landing. I am very excited that we are getting the sites that we need and there could be more if we are lucky! That is still to come.

## Fire Smart grant

It was announced at the Board that our application for a \$10,000 grant to be used in Area C has been awarded. We were given a list of projects that would be eligible for use of the funding and I have consulted with our Emergency Program volunteers and with our Emergency Services staff person at the SRD. Due to all of the interest in getting more fire services to the north island and the difficulties we are having doing that, I felt that the money would best be spent with a priority given to those areas and that is what will be done. The south island will also be looked after and tourists will be targeted informing them of the extreme likelihood of fires during dry periods and what precautions they need to take.

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### Planning Grant

I cannot give you the details of this funding at this time since the Province has asked that we not announce the amount until after March 9th. What I can tell you is that we are going to receive much needed funding to carry out long overdue planning work in Area C, including the outer islands. More in a future report.

Stuart Island school property divestiture

We have finally completed the entire package that needed to be forwarded to the three Ministries responsible for the divestiture of this property to the SRD. I have had discussion with the School Board Chair, met with all three of the Ministers involved, received SRD Board approval and met with the Stuart Island Community Association last Friday. The application is comprehensive and the community looks forward to having this property finally in the hands of the SRD so it can legally be used for community purposes that have been taking place there for many years.

### Quadra Island pre-school property

The application for this property in Heriot Bay has also been submitted and I have met with the three ministers involved in this and had discussions with our School Board Trustee (Chair of SD Board). Both of these applications will now go through the Provincial process and then return to the School District and SRD for final approval. This has been a long and tedious process and it is not over yet!

### Surge Narrows water lease and land negotiations

We are still in discussion with the ministry of Forests and Lands (FLNRORD!) over the water lease that is adjacent to our SRD Surge Narrows Wharf. We are also in negotiations for the upland property. I cannot discuss those details since it is a land transaction. Should we be successful in both efforts we will have an incredible addition to the Surge Narrows community: more possibilities for moorage and the ability to restore the upland historic Surge Narrows Store. This will enlarge what is now the "village site" of Surge Narrows and allow for many other opportunities for the community.

### Other activities on your behalf

I won't bore you with the day to day activities which never seem to end but I will mention three important groups that I represent the SRD Board on.

**The Oceans Protection Plan** has held two meetings so far and they concerned the \$1.5 billion dollars that the Feds put into protecting our coast. We have discussed issues such as derelict vessels, pollution response, search and rescue, fisheries issues, first nations and local govt. involvement, environmental issues of all types and many other issues.

**The Marine Protected Area Federal initiative** is focusing on a proposed massive protected area off of the west coast of the island. I am there to represent local govt issues (as part of a four RD group) and how this might impact the economics of our area regarding fishing

opportunities for both the recreational and commercial users.

**The Regional District Ferry Chairs Group** is still alive and active. I have made two trips to Victoria to discuss ferry issues and putting the ferries back into the Ministry along with local issues like restoring our original schedule to our ferry and the possibility of a two-vessel system (like we had in the mid-eighties). We would be looking at two 47 car ferries sailing every half hour from BOTH sides simultaneously, or a schedule to be determined. We could even be looking at more sailings earlier and later in the day with this system. I cannot tell you how pleased I am with this solution, since a 100 car ferry absolutely will not work on this route for a variety of reasons. More to come on this topic.

I am going to leave it at that for now. Feel free to contact me between the hours of 8:30 am and 5:00 pm, Monday through Friday (please, not on weekends or holidays, folks!) at 285-3355, or you can fax me at 285-3533 or you can email me anytime at jimabram@xplornet.ca or by mail at Box 278 in the Cove, V0P 1N0... or on Facebook at <https://www.facebook.com/JimAbram....> If it is important, my cell is 250-830-8005... Lots of choices.

Please do not use my residential phone number for SRD calls. All business calls should be on 285-3355. Many thanks!

Respectfully submitted,

Jim Abram

Director, Discovery Islands-Mainland inlets, Area C, SRD

## Tamar Ilana and Trans-Mediterranean Ensemble Ventanas



Quadra Cultural Events is very pleased to present **Tamar Ilana & Ventanas on Friday, February 23 at 7:30 at the QCC.**

Tamar Ilana, the stunning vocalist and dancer and sought-after Canadian world music favourite, embarks on her first tour of British Columbia in four years with stellar trans-Mediterranean ensemble Ventanas.

Tamar and Ventanas return to British Columbia to present songs from their latest album, **Arrelumbre**. Her voice reaches new heights on the album, as fierce and powerful as it is delicate and ornamental. Tamar and the band skip from heart-wrenching flamenco arrangements in Spanish to mournful Sephardic love songs to playful Balkan party tunes – it's no surprise the group has been nominated for four Canadian Folk Music Awards. For their B.C. tour, the ensemble will also perform new, never-before-heard material which will be recorded after the tour.

Tamar Ilana has a history as dynamic and international as the musical tapestry she weaves. Her sonic versatility is matched by a diverse and talented team of virtuoso musicians playing violin, flamenco guitar, double bass, derbukka, cajon, and hand percussion. It's a stunning assembly that

is passionately accented by Tamar's flamenco dancing and staccato footwork.

"I was raised to believe that we needed to preserve folk songs that might otherwise be lost," says Tamar. "Ventanas preserves these traditions, while at the same time present them in an exciting way, both sonically and visually. We infuse them with new energy, dance and diverse instrumentation to keep things moving forward."

This constant motion comes naturally to Tamar, who has lived and breathed the world's music from girlhood, traveling with her mother, who is an ethnomusicologist and singer. Tamar and her mother performed as they roamed through Spain, Portugal, Morocco and Turkey, and sometimes she found herself wishing she could be like other kids.

Yet as she gradually came into her own as an artist, singing and dancing on stage went from being a childhood chore to a profound joy.

Tamar heads to B.C. fresh from a whirlwind period of creative explorations. She recently co-starred in Yaël Farber's prize-winning "Salomé" at the Shakespeare Theatre

Company in Washington, D.C. Tamar is also an original cast member of the Lemon Bucket Orchestra's "Counting Sheep Revolution" a musical theatre production that has electrified audiences from Edinburgh Fringe to New York's 3LD Theatre.

In Ventanas, Tamar has found the music to match her voice. Together, Tamar and Ventanas have performed at numerous packed events including the Aga Khan Museum, Toronto; DROM, Golden Festival, La MaMa Theatre and APAP in New York City; Robson Valley Festival, Vancouver Folk Music Festival and Artswells, BC; Mundial Montreal; Sunfest, Summerfolk, and more.

Advance tickets are available for \$17.00 at Inspirations in Quathiaski Cove, Works of H'Art in Heriot Bay, The Music Plant in Campbell River and online at Tidemark Theatre. Tickets will be available at the door for \$20.00. Please come out and support live entertainment on Quadra Island.

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## Coming Events...

**Best Before**  
**March 2** from the 60s to now

**Go Dog Go**  
**March 9** beach blanket time machine  
HBI Pub at 9pm no cover

**Lee Dawson & Luke Blu Guthrie**  
**March 3** soulful folky blues  
Two course dinner and show \$39.00.  
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## Quadra Island Seniors- B.C.O.A.P.O - Branch 91

This is the time for love and to be loved for Valentines Day. Buy your sweetheart a meal or roses when I was in the drugstore the other day they had chocolate roses for sale. I sent my grandchildren boxes of valentines so they can write one to their schoolmates.

We are getting prepared for the O.A.P. Convention in June 11th to 14th in Nanaimo All branches send in resolutions that must be voted on by all the delegates and then sent to the Prov. and Fed. Govts.

We will have speakers, we enjoy listening Isobel Mackenzie who is the advocate for seniors in the Province of B.C. One issue that comes to mind is the ferries being available during the night when an emergency comes from Quadra, Cortes or other ferry dependent communities. Another issue is when a senior turns eighty years of age and ICBC sends you a form for your doctor to fill out to also check a senior to see if they are capable of driving. The problem with this is some doctors charge \$50.00 to fill out your form and others charge \$225.00, \$100.00, \$99.00 or what ever they wish which is highway robbery. Many seniors are very good drivers and should be congratulated on their driving not harassed. We as a group which has been in existence since 1928 and our main issue is to care for seniors.

To become a member of our branch call Marcy @3849 for transportation call Ruth @ 3801 oc cell ph. 250-895-9188.

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# Quadra Circle News

## 150 Quadra Seniors 'Up Their Game'

Quadra Circle's active-aging program for seniors at the School on Mondays and Wednesdays is a roaring success one year after its start-up. Over 150 people have attended some activity, with about 60 regular weekly attendees. There's something for everyone: ping pong, Qi Gong, Chair yoga, Chair aerobics, Energy Walk in the school gym, somatics muscle re-education, art & music class, bridge lessons, drop-in bridge, musical instrument-making workshop, mosaic art, plus social time over lunches and snacks.

"The variety of exercises and activities that I can do at no cost is wonderful on a low income. Life is more enjoyable because I'm doing fun things with other people." Many participants echo that sentiment and appreciate the diverse range of activities, the opportunity to connect with and meet new people through the program, learn a new skill, and feel rejuvenated. Although most participants (83%) historically have been female, male participation increased by 26% from March 2017. In recent surveys, participants report a high level of satisfaction with the variety and quality of age-friendly activities and think that participation has had a positive impact on their well-being and inspired them to pursue new interests.

Quadra Circle's funding for the **Stepping Up, Stepping Out** project comes primarily from a Community Action Initiative grant to promote seniors and caregivers mental health and wellness. This includes delivering arts, crafts and exercise classes, and providing a Caregiver support group and wellness education to reduce the stigma around mental health and aging in our community. As well as Talks on dementia, anxiety and depression, a weekly SMART Recovery support group for dealing with

problem thoughts and behaviour patterns offers new self-help resources. Many activity leaders are retired seniors wanting to share their skills. Funding enables us to hire younger facilitators who adapt their classes to seniors mobility levels.

Participating in the program informs people about helpful community services and health resources. A significant health risk of being a caregiver is the potential for physical/mental fatigue resulting from caregiving duties. Many of the caregivers associated with Quadra Circle report they are coping fairly well with their caregiving responsibilities. However, they'd like support with household tasks, such as yard work and housekeeping, and more respite activities for seniors so that caregivers may use that time for themselves.

Volunteers are key to the success of the **Stepping Up, Stepping Out** project and have benefited from their participation. In the words of one of our facilitators "Volunteering] has added purpose to my life, expanded my knowledge of caregiving and given me an opportunity to use my skills."

**Stepping Up, Stepping Out** is currently funded by the Community Action Initiative, United Way of Lower Mainland's Active Aging Program and donations from Quadra community members. The seniors really want the program to continue so Quadra Circle's dedicated team is now sourcing funds to maintain it.

Want to get involved in offering a class, volunteering, or attending an activity at the Centre? Contact Maureen McDowell (250) 285-2221 or Helen Lee (250) 285-2788.

## Learn How to Do Winter Pruning!

On February 24 the Quadra Island Garden Club presents a hands-on, intensive winter pruning workshop with expert pruner and teacher Gordon MacKay. Gordon aka "The Pruning Guy"

is well known and appreciated for his ability to teach people the core principles of pruning.



### Focus on Apples & Pears

The focus of Gordon's upcoming workshop will be on apples and pears since winter pruning is most beneficial for them. Gordon plans to discuss the special needs of young trees, (including their training), as well as the needs of mature trees.

"'Spur prune', 'heading back', 'espalier' 'Belgian fence'... these are pruning terms everyone has heard of but what the heck does it all mean?" Gordon jokingly says. "I will answer your pruning questions and more."

Gordon will also touch upon the topic of common fruit tree pests and diseases. He'll even be giving a mini tutorial on tool-sharpening so bring your pruners. This workshop is being held outside in an orchard; be sure to wear suitable footwear and bring warm clothing.

The workshop cost is \$15 for garden club members and \$25 for non-members. (It pays to be a member since you will save the cost of your annual membership fee simply by joining.) The cost of

work for a year. He's still here. He has established his own pruning business in Cowichan Bay and teaches horticulture part time at the Pacific Horticulture College and at Camosun College. Along with pruning, Gordon is hopelessly addicted to collecting

dwarf conifers and keeping honey bees.

Reminder: ONLY A FEW SPOTS LEFT! Contact Karen Dunn, workshop coordinator, at 285-2736 for more info and to register.

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Any of these types of acts will be appropriate:

- Song & Dance
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- Magic
- Belly Dancing
- 10 Minute play

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## School as Community Partner

**Quadra Elementary seeks partnerships with community stewardship organizations to enhance student learning.**

Imagine students from Quadra Elementary out in the community, applying and acquiring skills and knowledge all the while contributing to local stewardship projects on Quadra Island.

This spring, Quadra Islanders will see elementary students out in the field collecting scientific data, making observations, writing poetry and prose, creating art or participating in a math lesson in our local neighborhoods, forests, farms and watersheds. They could be researching the history of Quathiaski Cove, restoring indigenous vegetation and habitat or learning about ecosystem-based management. They could be creating material for interpretive signs and gaining an understanding of the First Nations connection to place including learning the kwak'wala or Liq'wala plant and place names. In short, they will be actively learning with their heart, mind, spirit and body how to be stewards of this remarkable and unique island we call home. This type of learning can

be defined as 'place-based.' This is how place is defined in the BC Science 4 curriculum. "Place is any environment, locality, or context with which people interact to learn, create memory, reflect on history, connect with culture, and establish identity. The connection between people and place is foundational to First Peoples perspectives of the world."

These key questions will help guide possible collaboration between the school and community organizations.

How does what you know about place affect your observations, questions, and predictions?

How does understanding place help you analyze information and recognize connections and relationships in your local environment?

How does place connect with stewardship?

How can you be a steward in your local environment?

(<https://curriculum.gov.bc.ca/curriculum/science/4>)

As both a teacher at the elementary and a resident of Quadra Island, I believe that there needs to be a strong connection between our stewardship organizations and the education system. The benefits are considerable, most importantly it allows our community to play a role in mentoring a new generation of local stewards!

If your organization would like to collaborate with Quadra Elementary, please contact Sheldon Etheridge. 250-285-3385 or Sheldon.etheridge@sd72.bc.ca

## Bitumen Stew

B.C. and Alberta, old friends and good neighbours, Their leaders are clashing and rattling their sabres.

It's not about oil, or wine, or craft beers

Its all about saving political careers.

Now Justin the just says he wont intervene,

He is backing big oil while pretending he's green.

Who's jurisdiction, is the health of the sea?

And who should decide what is right for B.C.?

When the fish are extinct and the oil is all gone,

What kind of future will this foolish spat spawn...

Is a barrel of bitumen worth an ocean full of fish?

For which rich resource would a starving world wish.

Let B.C. decide on it's own future path.

Ms. Notley can nurse her trumped up wrath.

Let's all drink some wine and soothe our hot ire

While Justin resolves how to put out this fire.

He pitched his green platform on global warming.

And he was the first one to ignore his own warning.

In the heat of this battle some ego's will roast

And Justin and Rachel are looking like toast.

it's a bitter brew, this bitumen stew

The voice of so many drowned out by so few.

If it's a sovereign question, let the whole nation speak.

The planet's protection is what we all seek.

Ann McLean

## Free Energy Step Code Workshop and Consultation for Builders

Builders will have the opportunity to learn about the BC Energy Step Code and local financial incentives for new energy efficient construction at a Builder and Developer's Forum Feb. 21 at the Coast Discovery Inn.

The City of Campbell River, in partnership with the Comox Valley Regional District, the Community Energy Association, and BC Hydro is hosting a free-of-charge regional workshop and consultation for builders.

Building industry professionals will learn about the BC Energy Step Code, costs involved and financial incentives for residential building construction. Builders will also be able to make suggestions for future training opportunities and potential future construction requirements in Campbell River. Attendees will earn three Continuing Professional Development credits.

"Our aim is to provide builders with up-to-date information on the Province's Energy Step Code that has recently been incorporated into the BC Building Code," says Amber Zirnhelt, long range planning and sustainability manager. "The City will also announce a new incentive program for energy efficient construction that is funded through our Carbon Neutral Reserve Fund."

Both the City of Campbell River and the Comox Valley Regional District will provide an overview of incentives programs for energy efficient construction that align with the Energy Step Code.

The workshop will feature Energy Step Code expert Remi Charron. Charron worked on the 2017 BC Energy Step Code Metrics Report, which considered costs and construction techniques required to meet the Energy Step Code. Charron has a PH.D. in Building Engineering, with a focus on net-zero homes and passive design, and is an Associate Professor at New York Institute of Technology. He will speak to Zone 4 and 5 requirements and the costs involved with building to different steps.

Learn more about the Energy Step Code Feb. 21 from 7 to 10:30 a.m. at the Coast Discovery Inn (975 Shoppers Row). Breakfast, refreshments, and parking will be provided free-of-charge during the workshop.

To reserve your seat, contact Ruth Laviolette – Development Services, City of Campbell River 250-286-5757 or by email to Ruth.Laviolette@campbellriver.ca

## South Quadra Fire Dept. 2017 Statistics

The good news is it wasn't a record year. In total, we responded to 167 calls. Of the 167 calls, there were:

98 First Responder calls

30 Duty Officer Investigations - more than last year

13 Alarm Activations

5 Motor Vehicle Incidents

2 Vehicle Fires-02

9 Chimney Fires - more than last year ( please clean and inspect your chimneys)

1 Wild land, outside burning, beach fires

8 Hydro Problems - more than last year

1 Public Service Call

**Additional highlights include.**

- Based on letters of support from the public (all positive), the QIFD temporary repeater location was granted permanent status by the Provincial Government with no additional consultation required. Thank you to all those whose support of the project made this possible. This site will include radio communications for Ambulance and RCMP as well and enhances QIFD tactical radio communications enormously.

- We had a very successful Movember campaign raising \$1121 to fight mens cancer and support mental health awareness programs.

- The fire danger status sign in the cove was removed so QIFD stepped up. A new sign was built and installed for all to see.

- Our training center was significantly renovated with modifications including interior stairs providing access to all three floors, safety railings, a live fire burn compartment and a vastly enlarged auto extrication training area.

We added a third AED to our first responder inventory, critically important in these days of fentanyl crisis.

- We also added 8 new recruits to the roster, a very successful recruitment drive response. In addition, we beefed up the water supply team with 3 new members.

- QIFD conducted a U of Q seminar demonstrating CPR along with a fentanyl information session.

- One thing I would like to mention is the challenge we face every time we are dispatched to a location lacking proper street side address identification. This is a real problem here on the island especially if you have more than one residence off the same driveway. Please mark your location properly. Seconds count and an unmarked driveway or driveway with the wrong address will cost minutes. It's a simple request and not expensive.

All in all, it was a great year. I speak for all members of QIFD when I say it's a privilege to serve the needs of this island. Many Thanks.

Mike Gall  
- QIFD

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## Heriot Bay Tides

DATE	TIME PST	m.	ft.
16 Friday	06:56	4.8	15.7
	12:35	3.1	10.2
	17:41	4.3	14.1
17 Saturday	00:17	1.4	4.6
	07:22	4.8	15.7
	13:09	2.9	9.5
	18:27	4.3	14.1
18 Sunday	00:53	1.5	4.9
	07:50	4.8	15.7
	13:49	2.7	8.9
	19:17	4.3	14.1
19 Monday	01:32	1.8	5.9
	08:19	4.8	15.7
	14:32	2.4	7.9
	20:11	4.2	13.8
20 Tuesday	02:13	2.0	6.6
	08:50	4.8	15.7
	15:19	2.2	7.2
	21:14	4.1	13.5
21 Wed.	02:59	2.4	7.9
	09:24	4.7	15.4
	16:10	1.9	6.2
	22:28	4.1	13.5
22 Thursday	03:50	2.8	9.2
	10:01	4.6	15.1
	17:06	1.7	5.6
	23:54	4.1	13.5
23 Friday	04:52	3.2	10.5
	10:44	4.5	14.8
	18:09	1.5	4.9
24 Saturday	01:26	4.2	13.8
	06:13	3.5	11.5
	11:39	4.4	14.4
	19:16	1.3	4.3
25 Sunday	02:46	4.4	14.4
	07:54	3.6	11.8
	12:43	4.3	14.1
	20:18	1.1	3.6
26 Monday	03:48	4.6	15.1
	09:14	3.5	11.5
	13:49	4.3	14.1
	21:12	1.0	3.3
27 Tuesday	04:36	4.8	15.7
	10:12	3.4	11.2
	14:52	4.4	14.4
	22:02	1.0	3.3
28 Wed.	05:16	4.9	16.1
	10:59	3.2	10.5
	15:53	4.4	14.4
	22:48	1.0	3.3
01 Thursday	05:52	5.0	16.4
	11:42	2.9	9.5
	16:52	4.5	14.8
	23:31	1.2	3.9
02 Friday	06:25	5.0	16.4
	12:23	2.6	8.5
	17:48	4.5	14.8

## THE DI CLASSIFIEDS

### Wanted

#### SEEKING HOME

Hello! My name is Dr Sameen Ahmed. I have had the pleasure of meeting many of you and getting to know the Quadra Island community while filling in for Dr Boegel, Dr Kellerhals, and Dr Graham over the last 8 years. I would love to live on Quadra and help the clinic stay open.

However, I need to find a home here to purchase and I don't have \$1M! Please contact me if you have a home to sell that would be available within the next 6 months or so.

Email: sameenie@gmail.com

Phone: 250-203-0539

### Shops

#### WAYPOINT SIGNS

Signs, Picture Framing and simple Engraving at Waypoint Signs beside Quadra Builders. Tuesday to Thursday, 9 to noon, 1 to 4pm. Appointments possible to suit your schedule. Friendly, efficient, personalized service. Quality products at affordable rates. 250.285.2815 info@waypointsigns.com

### Home & Garden

#### WINTER PRUNING

Skilled gardener Ryan Nassichuk is now taking bookings for the 2018 winter pruning season. Many types of trees, shrubs, and vines appreciate winter pruning. Ryan works with both fruiting and ornamental plants, and also offers a variety of additional horticultural services to help your garden and orchard thrive. Call 250 202 2326 or email nassichuk@gmail.com for more information.

### Services

#### JUNK REMOVAL & RECYCLING.

We take away furniture, appliances, yard waste and pretty much anything else you need removed. 250-857-5865. Now offering Quadra curbside garbage & recycling pickup every Tuesday. Tickets available at Gas'n Go.

#### RAIN GUTTERS

Hedefine Contracting Ltd. is back on the gutters. Please call us to book today. 5" K style with lots of colour options. Call us today 250.285.2866

#### ROOFING

Metal, cedar, asphalt shingles and flat roof installations by Red Seal Certified roofer. Quality work with the best workmanship warranty. Insured company and WCB covered. Call JAVA ROOFING at 250 204 2638

#### New to Quadra?

The Discovery Islands Chamber of Commerce and local businesses welcome you with a gift bag. Contact Judy @ 285.2150.



*Inspirations*

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**BY PHONE**  
Between 8:30am and 7pm,  
Monday through Friday  
(not on weekends please)  
**250-285-3355**

**EMAIL ANYTIME**  
jimabram@explornet.ca

**BY MAIL**  
Box 278 Quathiaski Cove,  
BC VoP 1No

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facebook.com/JimAbram

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