

ISSUE 662

SEPTEMBER 29, 2017 • CELEBRATING 25 YEARS OF SERVICE

# discovery

I S L A N D E R



**IN HER ELEMENT:** Acclaimed mycologist Dr. Shannon Berch brings tales of the secret life of fungi to Quadra Island's Wild Mushroom Festival, October 13 through 15. See the full story on page 15!

# OPENING OCTOBER 16TH

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## FRIDAY FLICKS

Friday Flicks presents new films every two weeks in the fall and spring. Show time is 7:45 at the Quadra Community Centre. Come sample our famous treats at the concession and then enjoy the movie.

### September 29: Maudie

Touching, funny and wonderfully acted by its two remarkable leads, Maudie is an inspirational, based-on-fact tale of a young artist whose talent and determination allowed her to surmount the obstacles in her way, and an unlikely love story of two lonely souls who find their place in the world together.

As unassuming and gentle as its subject, Maudie breaks your heart with its infectious positivity and an outstanding Sally Hawkins, who can always be relied on for an emotionally sturdy, big-hearted performance."

REVIEW BY Tormis Laffly, Time Out

### October 13: Their Finest

Based on the novel Their Finest Hour and a Half by Lissa Evans, the film pops with witty banter and flows with lovely period detail. The characters are uniformly textured and the performances nuanced. Nighy is perfectly cast in his endearingly withering role, and Jeremy Irons turns up for a welcome cameo. However, Arterton ultimately steals the show, bringing subtlety, intelligence, and a range of beautifully gauged emotions to Catrin, whose path to self-renewal is an inspiring example of a talented woman forging her place in the world.

"Their Finest is the sort of crowd-pleaser that knows the difference between satisfying its viewers and flattering them, all the while showcasing surprising performances from Gemma Arterton and Sam Claflin, and an entirely unsurprising one from Bill Nighy — a master scene-stealer pulling off yet another brazen heist."

REVIEW BY Andrew Barker, Variety

## Cortes Radio

Drop in and tune out



## Ferry Schedule

### Leave Campbell River

Mon-Fri	Sat-Sun
6:40 am	
7:30 am	7:30 am
8:30 am	†8:20 am
9:30 am	9:20 am
**10:30 am	10:15 am
11:30 am	11:15 am
12:30 pm	12:15 pm
1:30 pm	1:15 pm
2:30 pm	2:15 pm
3:30 pm	3:30 pm
4:30 pm	4:30 pm
5:25 pm	5:25 pm
6:15 pm	6:15 pm
7:30 pm	7:30 pm
8:30 pm	8:30 pm
9:45 pm	9:45 pm
*10:45 pm	†10:45 pm

### Leave Quathiaski Cove

Mon-Fri	Sat-Sun
6:20 am	
7:05 am	7:05 am
8:00 am	†7:55 am
9:00 am	8:55 am
10:00 am	9:50 am
11:00 am	10:45 am
12:00 pm	11:45 am
1:00 pm	12:45 pm
2:05 pm	1:45 pm
3:00 pm	3:00 pm
**4:00 pm	4:00 pm
5:00 pm	5:00 pm
5:50 pm	5:50 pm
7:00 pm	7:00 pm
8:00 pm	8:00 pm
9:15 pm	9:15 pm
*10:15 pm	†10:15 pm

! Local Commuter Sailings, expect delays.  
\* Fridays Only † Daily except Sundays.

\*\* Tuesday sailings are for Dangerous Cargo  
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# THE ISLAND CALENDAR

## Day to Day

### Friday, September 29

- Friday Flicks presents 'Maudie' 7:45pm at QCC
- Live music with Go Dog Go, HBI Pub, 9pm n/c

### Saturday, September 30

- Marc Atkinson Trio and guest QCC 7:30pm

### Friday, October 6

- Tenor Ken Lavigne and guitarist Casey Ryder at Kameleon Food & Drink. Dinner 6pm, show 7pm. 285.3282 to reserve. By donation.

### Friday-Sunday, October 13-15

- Wild Mushroom Festival at the HBI with mycologist Dr. Shannon Berch. Call 285.3322 to register.

### Friday, October 13

- Friday Flicks presents 'Their Finest' 7:45pm QCC

### Saturday, October 14

- Giant Plant Sale 11am at QCC
- Fall into Winter dinner for Quadra Children's Centre, Heron's at HBI. \$55, 285-3322 to reserve

### Monday, October 16

- Garden Club presents 'Garlic 101' with Master Gardener Arzeena Hamir, 7pm at QCC
- Steph Cameron at HBI Pub, 8pm n/c

### Wednesday, October 18

- Opening Celebration, Evans Bay Wharf, 2-3pm

## The Regulars

### MONDAY

AA, Big Book Study, 7pm Quadra United Church

### TUESDAY

Al-Anon Meeting, Quadra Children's Centre, 7:30pm  
Folkdancing, QCC, 7:30-9:30 pm, 285.3849.

### WEDNESDAY

1st & 3rd Wednesday Food Bank, QCC 1-2pm  
Prayer Meeting, Quadra Island Bible Church, 7pm  
Poker Night, Quadra Legion, Heriot Bay 7:30pm  
Hand Drum Jam, 7:30 pm Upper Realm, Q Cove

### FRIDAY

Alcoholics Anonymous, 8pm Quadra United Church

### SATURDAY

Farmers Market in Quathiaski Cove 10 am-2pm  
Meat Draw, Quadra Legion, Heriot Bay 5 pm  
Open Mic with Mo, 9pm at the HBI pub

### SUNDAY

Buddhist Meditation, 10 am, Upper Realm, Q Cove  
Family Service, Quadra Island Bible Church, 10:30am  
Quadra Sunday Painters, 11am-2pm, 285.3390  
Quadra Island United Church, 11am service, 285.3163



Find out  
when the DI is  
posted online

**NEXT DI DEADLINE: Monday, October 9 @ 7pm**

## What's Happening at Quadra Community Centre

### THIS WEEKEND September 29-Oct 1

**FRIDAY:** 8:30 Fitness with Jeannie; Spinners & Knitters; 7:45 Friday Flicks presents MAUDIE

**SATURDAY:** 10-1 Island Theatre Kids; 1:10-2 ITK Early Stages; 7 Cultural Events presents Marc Atkinson Trio

**SUNDAY:** 9 Somatics Yoga; 12 Watercolour with Perry

### THIS WEEK October 2-6

**MONDAY:** 8:30 Fitness with Jeannie; 10 Parents & Tots; 10 Yoga with Josephine; 1 Sing for Pure Joy; 4 Chess; 7 Understanding Shakespeare

**TUESDAY:** 9 Yoga with Brenda; 5 Yoga with Trinity; 7 Folk Dance

**WEDNESDAY:** 8:30 Body Sculpt with Marion; 9:30 Yoga with Trinity; 11 Moms & Babies; 12 Community Kitchen Lunch; 12 Nurse Practitioner Outreach Clinic; 2 Watercolour with Perry

**THURSDAY:** 9 Yoga with Brenda; 10 Parents and Tots, Parents & Tots Yoga; 5 Yoga with Trinity; 6:45 Quadra Singers

**FRIDAY:** 8:30 Fitness with Jeannie; 10 Spinners & Knitters; 10:30 Friday Painters

### NEXT WEEKEND October 7-8

**SATURDAY:** 10-1 Island Theatre Kids; 1:10-2 ITK Early Stages; 10-2 Winter Community Market

**SUNDAY:** 9 Somatics Yoga

### NEXT WEEK October 9-13

**MONDAY:** 8:30 Fitness with Jeannie; 10 Parents & Tots; 10 Yoga with Josephine; 1 Sing for Pure Joy; 1:30 Care Givers; 4 Chess; 7 Photo Club; 7 Understanding Shakespeare

**TUESDAY:** 9 Yoga with Brenda; 9 Quadra Quilters; 5 Yoga with Trinity; 7 Folk Dance

**WEDNESDAY:** 8:30 Body Sculpt with Marion; 9:30 Yoga with Trinity; 11 Moms & Babies; 12 Community Kitchen Lunch; 12 Nurse Practitioner Outreach Clinic; 2 Watercolour with Perry

**THURSDAY:** 9 Yoga with Brenda; 10 Parents and Tots, Parents & Tots Yoga; 5 Yoga with Trinity; 6:45 Quadra Singers

**FRIDAY:** 8:30 Fitness with Jeannie; 10 Spinners & Knitters; 10:30 Friday Painters; 7:45 Friday Flicks presents THEIR FINEST

### CHRISTMAS CRAFT FAIR TABLE BOOKING DAY

Quadra Community Centre's Christmas Craft Fair will be on Friday November 24th from 4-9pm and Saturday November 25th from 10-3pm. Crafts people can book tables on September 30th from 9-2pm by phoning Michele Sjoholm at 285.3747.



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**Guest Editor** Robyn Budd

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### CONTACT US

**email** [news@discoveryislands.ca](mailto:news@discoveryislands.ca)  
**phone** 250 285 2234  
**mail** PO Box 280 Quathiaski Cove  
BC V0P 1N0  
**office** 701 Cape Mudge Road  
**hours** Monday – Thursday  
10am to 4pm

Opinions expressed in this magazine  
are those of the contributors and are  
not the views of the publisher.

### SUBMISSION GUIDELINES

We welcome items for publica-  
tion on subjects of interest to the  
Discovery Islands community.  
Here are a few guidelines:

- **300 words** is an ideal length for community announcements.
- Articles do not need to be sent as attachments. Simply **send the text in the body of your email**.
- **Canadian spelling** is preferred.
- **Please use the title** of your item in the email subject line. We get a lot of items called 'DI Article'.
- Remember to **include credits and captions** for photos & artwork.

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### NEXT DEADLINE

**7pm on Monday, Oct. 9**  
for publication on  
**Friday, Oct. 13, 2017**

## COMMUNITY NEWS & EVENTS

### Quadra Quilters

The Quadra Island Quilters Guild had their first meeting of the 2017/18 year on September 12th. Members, new members and guests met to hear about all the wonderful quilting activities that had taken place during the summer and new ones coming up.

We were treated to a show and share of beautiful quilts made over the summer, introduction of the Block of the Month for October, the Summer Challenge entries, and upcoming workshops. Guild business was conducted including introduction of the new executive.

Plans are in place for the 17th Annual Quilt Marathon to run Saturday October 28 from 9am to 9pm, and Sunday October 29 from 9am to 4pm – with a self catered dinner by our own 'Handies' on Saturday night. The marathon has produced many quilts over the years, averaging 50 per year with completed quilts going to Ronald MacDonald House in Vancouver. There will be quilt kits for each quilter in an attempt to use up the many kits left over from past years. We welcome all island quilters to come and help with cutting, ironing and perhaps a bit of hand-stitching.

It's easy to join the Quadra Island Quilters Guild! Our next meeting is October 10. Meetings start at 9am with tables set up to sew all day; our business meeting starts at 10am with a break for a BYO lunch. The afternoon portion ends at 2:30. Join us!  
Call Deborah at 778.682.0684

### Evans Bay Wharf

The Strathcona Regional District and Electoral Area C (Discovery Island-Mainland Inlets) Director Jim Abram would like to invite you to the grand opening of the new Evans Bay Wharf.

This community event will be held on Wednesday October 18, 2017, from 2 to 3pm.

Director Abram will provide remarks to mark this occasion, followed by an official ribbon cutting and refreshments.

The event is an informal community celebration and will be held on the wharf, rain or shine. Please come prepared for the weather.

Please RSVP to Amy Jonsson, Communications Manager, Strathcona Region District by email [ajonsson@srd.ca](mailto:ajonsson@srd.ca) or by phone 250.830.6720 no later than noon on Friday October 6, 2017.

A water taxi to and from the event from Campbell River has been arranged; however, there is limited seating available.

Please indicate in your RSVP if you require transportation and we will provide you with taxi details.

### Want to post a calendar listing? Lots of choices for getting it to the DI!

- Email: [news@discoveryislands.ca](mailto:news@discoveryislands.ca)
- Drop off your listing at Inspirations in the Cove
- Or you can leave it at our office, 701 Cape Mudge Road
- The mail works too! Box 280, Q Cove, BC V0P 1N0

### Folk dancing with Marcia Wolter

Join us Tuesday nights from 7:30–9:30 for international folk dancing at QCC. Exercise your body and mind, and learn some of the traditional dances from many cultures around the world. No partner is necessary for the mostly line and circle dances, which are all taught beforehand.

\$65 for September 19 to December 19 (except Hallowe'en) or \$7 drop-in.  
For more info call Marcia Wolter at 250.285.3849.

### Giant Plant Sale

The Garden Club's Fall plant sale takes place Saturday October 14th at the Community Centre. The sale begins at 11:00 (no early birds please) - enter by the main doors. If you have plants to donate please bring them to the main hall side door between 9 and 10:30 am on October 14th. Plants may be left earlier, outside the main door (out of the way). Pot up or wrap in newsprint, and label the plants with a Latin or a common name. Prices at the sale are \$1 to \$3 per plant – a real bargain. Local gardeners, will be available to give you advice. Coffee, tea and goodies will be for sale in the kitchen. This time of year is great for transplanting perennials and shrubs.

### Parkinson's Support Group

If you or a friend have Parkinson's disease, you can come to our local monthly support group meetings. It's a small friendly group and our next meeting is at 10 am in the downstairs seminar room at the Quadra Community Centre on Tuesday, September 19th.



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## Stuffies and wardrobes and books, oh my! This year's Giant Garage Sale is another record breaker!

After 20 hours over two days of leaning over the book tables, I am an exhausted but happy volunteer as we put the 2017 Philippines Here's an open box Garage Sale behind us! I am feeling my age so will be looking for young helpers next year, wink. I continue to be amazed at the way community members pitch in to pull this event out of the bag year after year. Huge thanks to all involved.

Before you keeners line up at the crack of dawn to get first pick of the items, scores of volunteers spend a long day setting up. At 9am Saturday, the able-bodied start hauling and setting up tables. Much discussion about where the strong wooden tables are needed and which rows of goods can be set out on the lighter tables. What is the most strategic use of the card tables? Someone thinks to wash off leftover stickiness. Are the aisles wide enough? At the south end of the hall, the clothing crew is assembling the racks for hanging clothing and unboxing hangers, which have somehow become tangled messes in spite of having been carefully stowed all year. A few brave folk are climbing ladders to suspend the giant clothesline from QCC's beautiful timber posts, a job which requires plenty of supervision and direction from the experts below. Someone thoughtful is in the kitchen warming up the coffee machine, boiling kettles and setting out water pitchers and coffee fixin's. Soon, the first of the trucks full of donations arrive from the collection points. Strong folk to the stage door to unload furniture! Able hands to unload bags and boxes from the trucks at the north door! The outside crew quickly direct items to be set up under the covered entry or to be taken inside. It's crucial to keep the goods moving away from the door to the designated aisles so there isn't a traffic jam. Are these bags of clothing heavier than last year? Soon the hall floor looks like a squashed anthill with people scurrying every which way, each with a purposeful gleam in their eye.

And now, the part we all love, because it's kind of like a birthday party... opening the bags and boxes and loading them onto tables. Delighted laughter. Shouts of "Isn't that cute!" or "My Dad has one like that!" echo through the air... for about ten minutes. Then you realize that the stuff to unload just keeps coming and the glamour wears off. At some point you straighten up from unpacking and realize that a cup of coffee is calling you. Quick break and you are back at it. More unpacking, rearranging the table to accommodate more items. Then the welcome call: "Lunch is here." We storm the kitchen counter like a bunch of hungry children,

devour the pizzas and chocolate, moan a bit about how much work this is, then get back at it. People sure are generous! So... Much... Stuff. By 4pm I have lost track of how many great books there are, but we are determined to get as many as possible organized and displayed for your purchasing pleasure. At 6, I decide that book lovers will enjoy rooting through a few boxes looking for treasures and call it quits. Home for supper and a hot shower, and early to bed. We need to be at the hall on sale day before 9am because that's when the shopping keeners will start showing up to find that all-important special item!

This year, we were encouraged by a very special visitor: Remy Bainto, IAT's social worker and program coordinator from the Philippines. IAT is the parent organization for the programs which we fund via the Giant Garage Sale. This is Remy's first time away from the Philippines. On her fifth day in Canada, she was still jet lagged and tired but happy to directly experience our fundraising efforts and participate in the giant

garage sale. She expressed surprise at our effort and spirit of cooperation as well as appreciation for Quadra's support of IAT programs and the positive impact our funds have had. She enjoyed conversing with both volunteers and shoppers who told her of their own appreciation of the garage sale. She heard that not only does it help to connect Quadra with communities in the Philippines, but also connects us with each other as we work together for this great cause (and even end up sharing and wearing each other's belongings!). Remy will be on Vancouver Island until the end of December and we look forward to bringing her back to Quadra for a presentation and community potluck!

The Giant Garage Sale is a huge effort for charity and every donor, shopper and volunteer is essential. Here are some really important thanks and acknowledgements: the families who offered their homes as drop-off locations prior to the sale; the drivers

who transferred donations from the drop-offs to QCC, and at the end from the sale to various thrift and recycling centres, thankfully not in the rain this year; Tru Value Foods both locations - for changing Spirit Board points into cash and cooking our pizzas; Gabriella for beautiful posters; Aroma Coffee Roasters; Strathcona Regional District and Waste Management for helping us deal with the unsold items; WMM for the huge dumpster that transports the remains to the landfill; BC Ferries for giving free transport to Waste Management to bring and return the dumpster; and all of the bakers, sorters, labourers, and cash-takers. All in all, that's about 100 people!

The 2017 sale raised a whopping \$7600 toward the "Gift of Peace Program" and child sponsorship in the Philippines. Make sure to come out to hear more about it from Remy at the upcoming talk and potluck!

— Lola Murray



Carol Foort and Remy Bainto

## Quadra RCMP Report

**Fraud:** Quadra RCMP continue to get reports of various frauds in our area. The Canada Revenue Agency (CRA) fraud is still continuing in which the fraudsters call you or leave you a message that you owe money and that you will be arrested if you don't pay them money. There is also another recent fraud in which a credit card company calls you advising that they can lower your credit card interest rate from 19% down to 6% which sounds too good to be true... and it is, because it's fraud. The fraudster attempts to get you to give them your credit card information so they can go on a shopping spree with your credit card information.

**Found:** The Quadra RCMP has had an iPhone 5 and a set of binoculars turned into the detachment. If you are missing either of these items please contact the Quadra RCMP so we can reunite you with your property.

**Watch out for:** On September 22nd, 2017 RCMP received a report from a homeowner about something that took place the night before at around 8pm. Two males on bikes were going in to people's yards on West road and it appeared that they may have been casing the owner's house and property. The homeowner confronted the males who stated they were looking for trails to ride on in the area. The homeowner called their neighbour and found out that these two males were just kicked off his property for doing the same

thing. If you see something suspicious please call the RCMP.

**Break and Enter:** On September 23rd, 2017 Quadra RCMP received a report of a break and enter to a residence at the Cape Mudge Reserve. The break-in took place during the day while the homeowner was away. There have been other reports like this in the area. The police are continuing to investigate but if you have any information please contact the Quadra RCMP or Crimestoppers.  
- Cpl. Kevin Christensen, Quadra RCMP

## Understanding Shakespeare

Join us at the Community Centre Monday evenings for the second season of Understanding Shakespeare. Arguably the greatest writer the English language has ever seen, Shakespeare had a lot to say about love. This fall we'll draw from a number of his plays to understand the breadth and depth of his insights into the most glorious and healing emotion we humans have.

Facilitator Neil Maffin holds an MFA in classical theatre performance and has performed in dozens of Shakespeare's plays across the States and Canada, most recently at Bard on the Beach in Vancouver for two seasons. The class will be held Monday evenings, 7 to 9pm, starting on September 25th and running nine sessions through

November 20th. The fee is \$75.

For any questions call Neil at 250.285.3235, or email him at neilmaffin@mac.com.

## Fall into Winter with the Quadra Children's Centre fundraiser at Heron's

Islanders have many events which with to mark the shifting seasons; a classic is the Quadra Children's Centre 'Fall into Winter' fundraising evening. This year's event is stacked with talent: the Thieven Brothers, Duffy Frank and Dave Tolley are all performing, and a tasty two course dinner in Herons is also included in the ticket price. As well, there's a silent auction with quality goods on offer.

The Fall into Winter event is Saturday October 14 in Herons at the Heriot Bay Inn. Fall into Winter is traditionally a charming evening of quality food, quality art and excellent music; this fundraising evening supports island children through high quality childcare. "It's because of Quadra's support that the Children's Centre continues to be a beacon of quality childcare," stated Sarah Richardson, former board member.

Tickets for this great evening are \$55 - and 36% of the ticket price goes directly to the Children's Centre. Call the Inn to reserve seats: 250.285.3322.

## Quadra Island United Church

### Sunday Services

11am on the 1st, 2nd and 4th Sunday of every month

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7:30pm on the 3rd Sunday of every month

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## COMMUNITY NEWS & EVENTS

### It's never too late for SCD!

What, you may ask, is SCD? Scottish Country Dancing of course! Do you have to be Scottish to enjoy SCD? Do you have to wear a kilt or special shoes? "No, of course not," says Robin Lynch, who qualified as a teacher with the Royal Scottish Country Dance Society in Edinburgh in 1979. Both Robin's parents were enthusiastic SC dancers, so dancing with family and friends was very much part of her life from an early age. SCD was also included in her school's curriculum, so it was no surprise when Robin decided to take the necessary examinations to become a registered teacher.

Since then Robin has taught class regularly, as well as guest teaching at various workshops all over North America, and now teaches a class on Quadra.

Each well designed class offers a delightful combination of dances to suit all abilities – some to challenge more experienced dancers, others geared specifically for beginners, all equally enjoyable. In fact, Robin says, no matter what their level of experience, students frequently tell her how refreshed they feel after a class, and how very much they enjoyed it.

The basic steps are not difficult, and once learned, students can concentrate on mastering the intricacies of each dance pattern in a friendly, relaxed atmosphere. If you can keep time with music, you can Scottish Country Dance! And as for those questions – any smooth-soled flexible comfortable shoes will

do, although of course you can buy SCD shoes if you wish. Dances are done in pairs, but you don't need to bring your own partner. Or wear a kilt (only advanced and/or competitive dancers do that), or be Scottish. Just bring your sense of fun and let the music and Robin's excellent and detailed instruction do the rest – you'll be dancing before you know it!

Classes start Thursday October 19, 10am to 12 noon at the Bible Church, West Road. For more information, call Robin at 250.285.2422.

### Winter Market at QCC

Display and sell your creations, your garden's bounty, promote your business, or have a flea market table! Support and enjoy our local artisans who offer baking, preserves, produce, soaps, art, warm woolens, hand made children's clothing, flea market finds and everything in between. Lots of great gift ideas! Audrey will be in the kitchen serving up her great brunches as well as seasonal soups for lunch.

**2017 Dates** Saturdays, Oct 7 & 21, Nov 4, Dec 2 & 16

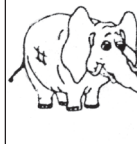
**Market hours:** 10am–2pm • Set up 8am, first-come basis. Tables \$10 each.

**More info?** Email [quadraislandmarket@gmail.com](mailto:quadraislandmarket@gmail.com); call Michele 250.285.3747; Stella 250.285.3184.

**Christmas Craft Fair, QCC:** Nov 24 & 25. Table bookings Saturday Sep 30, 8am–2pm. Call Michele 250.285.3747.

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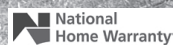
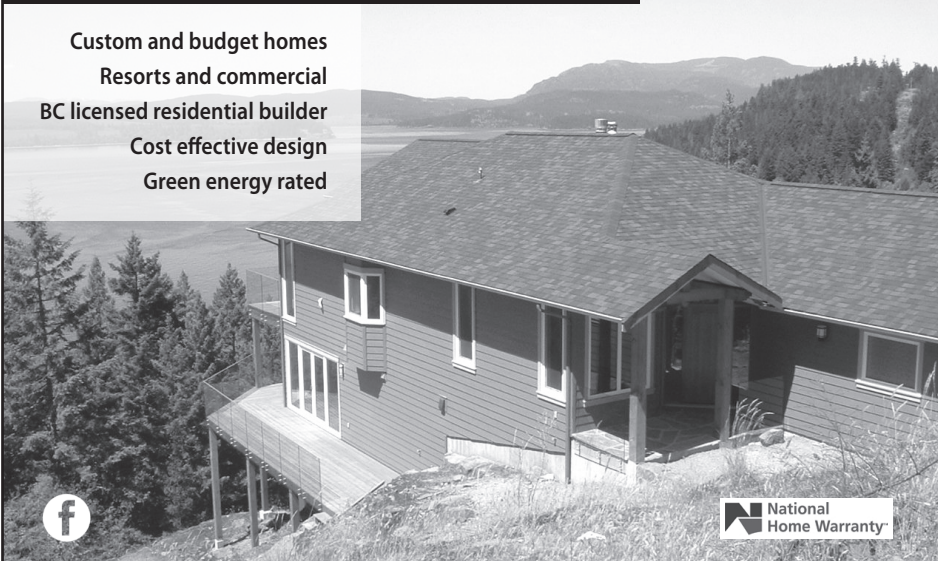
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Well, Fall has finally arrived, officially! It has felt like Fall for some time. At least the fire danger has lessened!

This is going to be a very short report. I did say in the last report that it would be the last one for September, but events have changed that.

As many of you already know, the Bylaw (271) for Quadra Links was to finally come up at our meeting this past week and it was on the agenda.

Please let me back up for a second. There have been a lot of rumblings about the Regional District 'stalling' the process. This could not be farther from the truth. 'Life' got in the way for one of our Directors who also happens to be the Chair of the Board. He had to cancel the July Board meeting for personal reasons and then again had to cancel the August Board meeting for family reasons. Both of these cancellations were his prerogative and the Directors and the staff had nothing to do with them. I realize it was a hold up for the applicants but nothing could be done about it.

So, back to the Committee meeting last Wednesday. I am going to copy exactly what it said on our agenda page for clarity just below:

### Bylaw no 271 Quadra Island Rezoning (Quadra Links)

a) That the report from the Chief Administrative Officer be received.  
(the report: <https://agenda.strathcona.ca/public/minutes.asp?id=81&AgendaType=2&MeetingDate=9/20/2017&MeetingType=75>)  
b) That the Committee recommend that the report on the Public Hearing for Bylaw 271 held on June 21 and 22, 2017, together with all supporting documentation, be received by the Regional Board.

THAT the Board recommend that a second public hearing be convened to introduce additional information with respect to Bylaw No. 271 and seek further public input.

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The most unfortunate thing for me is that I am still bound by the Local Government Act provision that prohibits me from talking about the issue until the Board has dealt with the recommendation. That will happen on October 11th at 12:30 pm and all material will then be public and I will be able to speak (as far as I know!).

I think I can say this much: New, relevant information came to staff and it was decided that the information needed to be given to the Directors before they could make a determination on the Bylaw. So, full stop of the process! Hence the hold up.

I have requested that staff develop a report for that meeting that does not just include going to a second public hearing but will provide other options also. I have no idea what they might come up with but we will see then and hopefully it is less painful than another public hearing. I came to the Committee meeting totally prepared to deal with the topic, just in case we were allowed to. That didn't happen, so here we are, in waiting mode once again.

I am reporting what I feel I can so that the rumours that are flying around the island right now will be kept to a minimum.

### UBCM meetings

I am leaving for UBCM tomorrow morning (Saturday the 23rd) (I have written this report early so you would have some news on the Committee meeting)

At this point I am meeting with nine Ministers or ministries on very important topics for Area C. The only meeting that I was unable to secure was a meeting with our MLA, the Minister of Transportation. Hopefully I can accomplish the same by running into her at one of the receptions or in the hall.

### Seniors Housing rezoning

I am very pleased to announce that the Bylaw for the Seniors Housing complex went to the first two readings and now we will set a date for a public hearing. This is a direct result of the Local Area Plan that we all worked so hard and long on and a direct result on the dedication and hard work of a core group of volunteers that have been dealing with the actual project for the past couple of years.. This is part of the "Ageing in Place" theme that we hear so much about and should allow at least sixteen couples or individuals to stay on the island for as long as they like rather than be forced off by the fact that they can no

longer maintain their larger properties and may need some type of assistance in their daily life. I am very proud of our community for bringing this portion of the Local Area Plan to fruition.

### Pathways

We also passed a resolution to complete the path from Nole Road to Plaza Road along the public utility corridor that was put in place to facilitate the sewer extension project. I was pleased to be able to approve the allocation of Community Works Funds (Gas Tax) which I have been 'saving in the bank', to allow this project to proceed without any property taxation. Another amenity for the larger community is being implemented due to the sewer extension project in the Cove. Our next project (which has already begun) is to put in the pathway from the Library area to the area by Aroma along Harper Road, but off of the road.

This will be so nice for all the people that want to walk, stroll or bike along Harper Road without having to put their lives in their hands. This is also a part of the Local Area Planning process being realized.

So that is going to be it for this report as I still have many things to do to prepare for my trip to UBCM. Please feel free to contact me after my return on Oct. 1st between the hours of 8:30 am and 5pm, Monday through Friday (please, not on weekends or holidays, folks!) at 285.3355, or you can fax me at 285.3533 or you can email me anytime at [jimabram@xplornet.ca](mailto:jimabram@xplornet.ca) or by mail at Box 278 in the Cove, V0P 1N0... or on Facebook at <https://www.facebook.com/JimAbram....> If it is important, my cell is 250.830.8005... Lots of choices.

Please do not use my residential phone number for SRD calls. All business calls should be on 285.3355. Many thanks!

Respectfully submitted,  
Jim Abram  
Director, Discovery Islands-Mainland inlets,  
Area C, SRD

### New to Quadra?

The Discovery Islands Chamber of Commerce and local businesses welcome you with a gift bag.  
Contact Judy @ 285.2150.



## Theatre Quadra's Cinderella Pumpkin Challenge

**Sunday October 22, 12 to 12:30 at Quadra Community Centre**

Do you have a super large pumpkin growing in your Garden? If so, you can enter it in a competition to have it play a key, on-stage role in Theatre Quadra's production of Cinderella.

And if your pumpkin wins, not only will it be in the play but you'll also receive two tickets to the show on a date of your choice. The fun-filled pantomime will run on Friday and Saturday evenings, November 17th and 18th plus a matinee on Sunday the 19th.

Please bring your pumpkin to the Community Centre between 12 and 12:30 on Sunday October 22nd. The judges will be on hand to collect and measure your pumpkins. The winning pumpkin will be chosen based on size (circumference and height) not weight and will be announced that same day at 1 pm.

The competition will be judged by local farm owner, a Garden Club representative and a TQ member.

For more information contact:  
theatrequadra@gmail.com



## Learn how to grow your best garlic ever!

**Garlic 101 with Arzeena Hamir, presented by the Quadra Island Garden Club**

Master Gardener Arzeena Hamir will teach Quadra Islanders how to grow our best garlic ever. Arzeena will present her popular 'Garlic 101' talk and slide show at the monthly Garden Club meeting at Quadra Community Centre on Monday, October 16 at 7pm. Everyone is welcome.

"Garlic grows extremely well in our region," affirms Arzeena. "Learn how to plant, fertilize, and grow large garlic cloves that will feed your garlic cravings for the year."

Arzeena has been growing garlic for over ten years and hosts an annual Garlic Festival. Along with all the important details related to timing of planting, feeding and harvesting, Arzeena will also provide a list of resources she recommends.

### About Arzeena

Arzeena Hamir is a farmer and agronomist from the Comox Valley. She earned her Bachelor's degree in Crop Science from the University of Guelph and her Master's degree in Sustainable Agriculture from the University of London, England. Arzeena worked abroad for many years as a CUSO volunteer in Thailand and as a researcher in Jamaica, India, and Bangladesh. She was the staff agrologist for West Coast Seeds in the late 90s and ran her own seed company, Terra Viva Organics. From 2008 to 2012 Arzeena was the Coordinator of the Richmond Food Security Society where she oversaw a number of community projects which included a proposal to the City of Richmond to declare itself a GMO-Free Zone. In 2015, Arzeena was one of the founding members of Merville Organics Growers Cooperative, a marketing

co-operative based in the Comox Valley. Merville Organics operates a 120-share CSA and sells through farmers markets. She is owner/operator of Amara Farms in Courtenay, BC.

### Life without garlic?

It's nearly impossible to imagine because garlic is one of the most beloved vegetables in the culinary arts. Yes, garlic is a vegetable. It's a member of the lily family, a cousin to onions, shallots, and leeks. Not only is garlic an essential ingredient in all international and ethnic cuisines, it is also revered worldwide for its medicinal value. Garlic supports heart health by reducing cholesterol, stimulating circulation, and improving arterial blood flow. As an immune supporter, garlic has been used traditionally to combat all kinds of nasty infections. Best of all, it's easy to grow and right about now is one of the best times to plant it.

— Lucretia Schanfarber, Garden Club President

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## Quadra Circle is celebrating its 10th anniversary



So what is Quadra Circle and what do all those seniors do in their activity centre at Quadra School? Here's your chance to find out at the 10th Anniversary Open House on Wednesday October 11 from 9:30am to 3pm.

Quadra Circle has grown to be a busy organization! Which means Quadra Circle board members now have to spend lots of time huddled over statistics and projections – a necessary chore when applying for the various grants needed to successfully maintain Quadra Circle's many programs and services.

Advocacy is a big part of those services. As are the programs for which Quadra Circle members volunteer thousands of hours each year – such as transportation and meals programs, outreach and Friday lunches. Members also staff the Quadra Circle office three days a week, as well as providing a range of activities at Quadra School to support seniors' physical, artistic and social needs.

So come out and celebrate with us on Wednesday October 11! Join our new series: 'Walkabout with Kate' from 9:30 to 10:30, a fun combination of walking (on a flat surface) with intervals of strengthening exercises, lead by Kate Alexandra. This 4-session series is aimed at younger seniors in preparation for the time when wintry weather keeps us inside. Still have energy to spare? Try out Ann Lawrence's Armchair Aerobics from 11am to 12 noon.

As always, there will be coffee, tea and snacks available, and a light lunch at noon. After lunch, it's Digital Story Telling from 1:15 to 1:45. Linda Lolacher from Quadra Literacy will share this innovative way to explore treasured memories and family stories, in preparation for a new series of workshops. There may even be a hand or two of bridge after that as well. Go on, give it a try! You don't have to be 65, we welcome anybody who would like to join us.

If you can't make it that day, stop by any Monday or Wednesday from 10am to 3pm at Quadra School. For more information contact Helen at 250.285.2788 or email [helenqc@quadra.ca](mailto:helenqc@quadra.ca)

## Digital storytelling

Interested in creating a simple story to share with grandchildren or your family? In this workshop you'll tell a story using photos, narration and video as you learn the program on an iPad mini. Quadra Literacy will be sponsoring 2 or 3 two-hour workshops in late October. When you take the workshops you can continue to borrow the iPad mini for future workshops.

Join Linda Lolacher for a short presentation on what's involved in digital story telling at 1:15 to 1:45pm during Quadra Circle's Open House on Wednesday October 11, in the Community room at Quadra School. For more information contact Linda at [lrlocher@gmail.com](mailto:lrlocher@gmail.com)

## Quadra Island Outdoor Club

We're coming to the end of our summer season. The cool, clear fall days have been excellent for hiking. We're looking forward to the Mushroom Festival, which is returning after a hiatus of several years. Dr. Shannon Berch will again provide her insights regarding mushrooms. There will be mushroom appies, a talk by Dr. Berch, collecting forays, and an identification workshop.

Here are our upcoming trips:

**4 Oct, Wed** Hike to a impromptu destination of the group's choice

**13-15 Oct, Fri-Sun** Wild Mushroom Festival

**25 Oct, Wed** Hike to Stramberg old growth grove

**1 Nov, Wed** Hike an alternate Morte Lake Loop

**12 Nov, Sun** Winter Planning meeting

Please bring all your ideas for winter trips to the winter planning meeting. This will be held in room 3 at the Community Centre at 3:00 on Sunday November 12th. We will be planning hikes, snow trips and maybe multi-day trips off Quadra. Everyone is welcome.

For the details on these trips you can visit: <https://qioutdoorclub.org/trips/trip-schedule/schedule-summer-2017/> Remember to contact the coordinators well in advance if you are interested in a trip.

## Celebrating Sid and Eileen



The day began with true and often hilarious stories of Sid and Eileen's exploits at Village Bay Lakes. Many will remember Sid as the Fire Warden of the North area. He patrolled the lakes and

many branch roads of the North Island, and Eileen remembered many hikes into remote cabins to check if people were obeying the fire bans.

Sid and Eileen were remembered as helpful and generous neighbours. They also hosted events at their meadow.

Many recalled Sid dressing up as Eileen's 'mute' sister Gladys, for the Halloween Bonfire. Sid, complete with wig, nylons and dress, served drinks for an hour before finally being recognized!

Eileen was noted for being an awesome baker with her

shiny woodstove. She also had a few exploits of her own. One November day, a man and woman feebly knocked at her door. They were nearly frozen after flipping their sailboat on the lake. Eileen insisted they strip down and get in her bathtub, as she had her cookstove humming and had plenty of hot water. Then she plied the couple with brandy in order to raise their spirits! She was pleased to hear them giggling in the tub. About a week later she learned that they weren't married, and the man had been with his buddy's girlfriend. Eileen was amused, but stated, "They were in no shape to argue with me!"

## Fall & winter yoga

Treat yourself to Trinity Gogolin's yoga classes at the Quadra Community Centre.

• **Tuesday & Thursday evening classes** from 5–6:30 Hatha fusion style. Traditional yoga poses as well as Chi Gong movements.

• **Wednesday morning classes** just before the Community Lunch, 10 to 11:30am. Gentle, restorative style for people with injuries or health conditions in mind.

All classes are held at QCC upstairs in Room 3. Call Trinity with any questions at 285.3455.



## Seniors Housing news: over \$100,000 raised locally!

Take a look at our 'maxed-out' Donations Thermometer at 688 Harper Road. Thank you! to all of you generous donors who helped us impress BC Housing with what our Island can accomplish in only three months. Stay tuned next for the results of our Raffle with fabulous prizes. The lucky winners will be announced after the draw at Coastal Community Credit Union on Friday September 29.

QISHS hardworking Board members enjoyed meeting many of you at the Quadra Market this summer and sharing information about this exciting development for seniors and for Q Cove village. We were also pleased to be part of the new Harper Road Pathway planning discussion in August to create a safe off-road route between the Cove Centre, including our property and onward to Cafe Aroma.

In October the Strathcona Regional District Board reviews our Rezoning application for first and second reading and we anticipate a Public Hearing in early November. We thank our Area C rep, Jim Abram, for his steadfast support in moving the project forward. QISHS Seniors Residence will provide affordable supportive housing with 15 units (for singles and couples with low-to-moderate income) and a suite for a live-in caretaker.

Our Board and consultants are preparing the design details for the building, suites and landscaping for a Development Permit application

## Quadra Seniors

Our members are very busy making plans for fall and winter.

At our last meeting an RCMP constable spoke to us regarding the latest scams that are attacking many seniors. Watch out for phone calls regarding your charge cards. The best response is to hang up immediately. When you use your charge card at stores make sure to shield the card when you put in your pin number, as people standing nearby can take a picture with their cell phone.

**Upcoming:** We are planning to visit Hamilton's Cranberry farm in October and then enjoy lunch at a popular restaurant. On October 17th we are travelling to Black Creek Hall for our October regional meeting where our new OAP President Jerry Gosling will speak to the members in the North Island. Call the Hartleys if you plan to attend or need a ride.

Daphne and Dennis Young

asked if they could man the Tourist Centre on Saturdays. Good thing, as more than thirty five tourists recently needed assistance. Thanks to the Youngs for their enthusiasm!

Daphne has also offered to teach the card game Euchre which would be a lot of fun after our lunch and meetings.

**Membership:** Call Heather Adams at 285.2553 or Marcy Wolter at 285.3849.

**Transportation:** If you need transportation to our meetings or events please call Ruth Amiabel at 285.3801 or 250.895.9188 (cell).

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to the SRD next. Once rezoning is approved and BC Housing criteria are met, we can tender constructions bids on the \$3 million project. QISHS must repay BC Housing funding through a mortgage once the building is ready for occupancy. Community donations made now and throughout the construction in 2018 will help reduce our final mortgage and keep rent low.

To make a donation, send a cheque payable to QISHS to Box 535, Quathiaski Cove, BC V0P1N0. Or donate online at [www.qishs.com](http://www.qishs.com): just click on the 'Donate' button to pay by Credit Card using PayPal. Or email [qishs535@gmail.com](mailto:qishs535@gmail.com) to arrange an online transfer. Charitable Tax Receipts are available – just include your mailing address.

QISHS Housing applications are available on our website or by calling Maureen at 285.2221 or Betty at 285.3950, or from Quadra Circle's office by Quadra Medical Clinic, Wednesday to Friday, 11am to 3pm.

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## QUADRA CULTURAL EVENTS

### An evening of music with tenor Ken Lavigne and guitarist Casey Ryder, Oct. 6

Since his Carnegie Hall Debut, Mr. Lavigne has toured a long and impressive list of solo concerts and engagements with symphony performances presenting popular songs and traditional tenor arias. Ken Lavigne has charmed his way into the hearts of concert goers across North America with his exciting blend of classical tenor sound and modern style. With spectacular songs and entertaining and hilarious stories, Lavigne embodies the spirit of the underdog – audacity, tenacity and ultimately... triumph.

Casey Ryder is a Victoria-based guitarist, bassist, singer and songwriter. His music is based in Roots Americana while being eclectic and diverse. He leads his own various groups

as well recording and touring North America extensively for the past seven years with Ken Lavigne, as a valued support musician.

For more information: [www.kenlavigne.com](http://www.kenlavigne.com)

**Friday Oct 6 at Kameleon Food & Drink**  
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### Quadra Cultural Committee kicks off the season with Marc Atkinson Trio

Two of Canada's most talented and creative musicians join forces for the first concert of the Quadra Cultural Events 2017/2018 series.

The Marc Atkinson Trio with special guest Cameron Wilson recently opened the Victoria International Jazz Festival and brought down the house, playing with brilliant virtuosity and synchronous improvisation and clearly enjoying the process.

The Juno nominated Marc Atkinson Trio is comprised of guitarist, composer, arranger and producer Marc Atkinson with Brett Martens, rhythm guitar and Scott White on standup bass. They have toured extensively in Britain, Europe and North America, receiving standing ovations wherever they play. The group has three successful and critically acclaimed albums to their credit. The Marc Atkinson Trio II was voted one of the top five albums in North America by Acoustic Guitar Magazine. The third album was nominated for Outstanding Album at the Western Canada Music Awards. Their recently released fourth has been praised as the best yet.

A technical master of the guitar, Marc's

playing has been described as fiery and elegant, but never loses the laid-back feel that makes his music accessible to a wide audience and a joy to listen to.

Composer/arranger and virtuoso violinist Cameron Wilson is a remarkably versatile musician. Playing in concert with artists ranging from Jimmy Page and Robert Plant to Natalie Cole to Stuart McLean, he is currently a member of the classical crossover Joe Trio, Gypsy Jazz Quartet Van Django, the Hard Rubber Orchestra and Mariachi del Sol. His compositions and arrangements have been performed by symphony orchestras, ensembles and soloists across North America, and featured in several film scores. He is an in-demand session musician for recording and has appeared on numerous albums.

For anyone who just loves music, no matter what genre, this is one concert not to be missed. Genius live. You're sure to leave happier than when you came in.  
7:30 p.m. Saturday, September 30th at the Quadra Community Centre.

Advance tickets \$ 17, available at Inspirations in Q. Cove and Works of H'art in Heriot Bay, the Music Plant in Campbell River and at [tickets@tidemarktheatre.com](mailto:tickets@tidemarktheatre.com). \$20 at the door.

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## WHAT'S ON AT THE HBI

**Saturday September 30** Holly Arnzten and Kevin Wright are 'The Wilds'. This folk-pop duo will take you on a wonderful musical story ride while you enjoy a delicious two course dinner in Herons. 45.00. 6pm seating. Reservations 250-285-3322.

**Saturday October 14** Fall into Winter fundraising dinner for Quadra Childrens Centre with the fabulous Thievin Brothers, Duffy Frank, Dave Tolley and friends. 55.00 includes a 2 course meal and 36% donation. Reserve 285-3322.

**Monday October 16** Special Appearance of Steph Cameron! The Saskatoon-based roots singer/songwriter's 2014 debut record Sad-Eyed Lonesome Lady received enthusiastic reviews. Now celebrating her second album, Daybreak Over Jackson Street, she graces the stage of the HBI Pub. 8pm. No cover.

**Saturday October 21** Top Notch Pop Up Shop in Herons. Wine and Dine and shop... or just shop! 6pm to 9pm. If you are a business who would like to set up a pop up shop please call the Inn. No charge to set up. 285-3322.

**Friday October 27** Hall of Fame guitarist Stephen Hardy Palmer brings his catchy original

songs at once personal, familiar, and energetic. Steve's music spans five decades of great pop, rock, and country music, and his passion to entertain is infectious. He's been featured on Vinyl Cafe, CBC and NPR programming. 6pm seating in Herons. 39.00 includes a lovely two course meal. Reserve 285-3322.

**Saturday October 28** BONAFIDE IS BACK! 20 years after the release of their debut album Coming Down the Tunnel, Bonafide returns to the HBI. Their Hip Hop/Reggae/Ska/Punk style is guaranteed to make you want to dance all night. This music is from the island for the island! The show will also feature djjohnnie of Cortes Radio and MC Self Explanatory. Celebrate Halloween in style... Island Style! 9pm HBI. \$10.00 Cover.

**Karaoke party** every Tuesday all through October! It's your turn to take the Mic with your favourite song! Everybody has fun at Karaoke! HBI Pub. 9pm.

**HBI Friday Night Bands** Sep 29 Go Dog Go - Beach Blanket Time Machine! Oct 6 Blue Kats - Blues and R&B. Oct. 13 Centerpiece - Classic Rock Dance band. HBI Pub. 9pm. No cover.

**HBI Pub Saturdays Open Mic** Mo and the band are making music magic every Saturday! 9pm HBI Pub.

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### Coming Events...

**The Wilds Sept 30**  
at Heron's with Holly Arntzen  
and Kevin Wright

**Steph Cameron Oct 16**  
at HBI Pub, 8pm no cover

**Karaoke Tuesdays**  
HBI Pub, 9pm n/c

**Open Mic with Mo**  
Saturdays HBI Pub, 9pm n/c

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## New exhibitions at the CR Art Gallery

**wake by Leah Decter**  
**Recent Kayak Sketches by Mark Igloliorte, 29 Sep to 8 Nov, 2017**

Everyone is welcome at the Campbell River Art Gallery Friday, September 29 at 6pm for the opening of an exciting new exhibition by artists Leah Decter (Main Gallery) and Mark Igloliorte (Satellite Cases).

Decter's work focuses on the history and contemporary conditions of settler colonialism and systems of white dominance in Canada, through a critical white settler lens. Decter is based in Winnipeg and will be traveling to Campbell River for the opening

of her new exhibition, entitled *wake*, opening Friday September 29 at 6pm and to present an artist talk, Saturday September 30 at 2pm.

Decter is a renowned artist who has presented and exhibited her work across Canada and internationally.

Both the reception and the artist talk are free events that are part of BC Culture Days activities. Culture Days are a collaborative Canada-wide movement to raise the awareness and participation for all Canadians in the arts and cultural life of their communities.

The Campbell River Art Gallery is also delighted to present a new exhibition, 'Recent Kayak Sketches', by artist Mark Igloliorte, in the Satellite Cases, located in the Gallery lobby. Igloliorte is an Inuk artist, originally from Nunatsiavut, Labrador. Both 'wake' and 'Recent Kayak Sketches' will remain at the Gallery until November 8.

The Campbell River Art Gallery is open from Tuesday through Saturday from 12pm to 5pm.



**Find out when the DI is posted online**



*wake, by Leah Decter*

## CR Museum's creative writing workshops

**October 15 & 29, Nov 12 & 26, Dec 10 (includes Remembrance Day weekend)**

Writing a memoir, family history, biography or fiction requires story crafting, editing savvy, and planning structures.

The Museum at Campbell River once again offers a five-session creative writing workshop to inspire and motivate aspiring writers, October 15 through December 10. Session timing, 1:30 to 4pm, links with the Quadra ferry.

Instructor Jeanette Taylor enjoys working with people of diverse skill levels and intentions. She has four non-fiction books in print, including 'The Quadra Story,' and she's currently working on a biography of a Vancouver Island settler and a novel for young adults.

Taylor believes learning to write both fiction and nonfiction requires an understanding of the craft and great storytelling. "Whether you're writing for family or hope to publish a

novel, it's all about presenting a memorable tale and characters who grab the reader's imagination," says Taylor.

She takes participants through all the phases of a project, from research and creative writing tips to publication options. While the class is geared to those new to creative writing, it's also applicable to experienced scribes who want to get recharged for the winter ahead.

Registrants should have a subject in mind, with the basic research done,

as fodder for class exercises. The bi-monthly format allows time for writing between classes.

A comprehensive binder of articles and exercises is included in the fee of \$165. To register call the Museum at Campbell River at 250.287.3103. Spots are limited, to allow for an interactive class, so register soon. For more info call Jeanette Taylor at 250-285-3651.



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## Discover the secret lives of fungi at the Quadra Island Wild Mushroom Festival!

We're all glad to see the autumn rains finally arrive, especially those of us waiting eagerly for the Quadra Mushroom Festival on October 13, 14 and 15.

The Festival starts with a presentation (followed by tasty mushroom appies) on Friday evening at the Heriot Bay Inn, by noted mycologist Dr. Shannon Berch. "For many of us, chanterelles are those beautiful and delicious golden trumpets that beckon from across the dark and humid forest floor. However, the chanterelle fungus is much more – mediator, combatant, and prey," says Dr. Berch. "In this presentation, we will explore what's really going on in the forest, out of sight and underground."

Saturday's guided forays will take participants to various spots around the Island to collect the largest possible range of fungi, which will form

the basis for Sunday's introduction to mushroom identification, a hands-on, interactive workshop, to discover the basics of mushroom identification. Participants should leave the workshop with practical experience in the how-to's of mushroom identification and a greater appreciation for the diversity of fungi fruiting in our forests and lawns.

Register for the Friday presentation (\$25) and/or the Saturday foray/Sunday (\$70) by calling the Heriot Bay Inn at 250.285.3322. For more

information, check the Heriot Bay Inn website or [qioutdoorclub.org](http://qioutdoorclub.org) (Quadra Island Outdoor Club).

The festival is sponsored by the Quadra Island Mushroom Club, the Heriot Bay Inn, the Quadra Island Outdoor Club and the Quadra Community Centre.



## Quadra Islanders: Want to trek the Nepal Himalaya?

**I invite you to join me on a trek to Makalu Base Camp in East Nepal, from October 24 to November 17, 2017.**

The route is a challenging high altitude walk, through the Arun and Barun Valleys, offering some of the most dramatic high mountain scenery on earth, the 'Yosemite of the Himalaya'. This is a fully supported camping trip, supported by our team of local guides, cooks and porters, such that we are able to walk with day packs and enjoy the journey to it's fullest. We trek to Makalu Base Camp, the 5th highest mountain in the world, and alongside K2 possibly the most dramatic of the 8000m peaks, offering views of Everest, Lhotse and countless other Himalayan giants.



We return via a different, seldom used route to maximize our experience of this majestic mountain region.

The Makalu trek is probably the quietest of the classic mountain journeys in Nepal. There are few settlements, this is a real wild mountain trek with abundant bird life, wild flowers and wildlife in the Makalu-Barun Conservation area. The cost of the trip, 22 days fully supported trekking and all inclusive of internal flights, permits, meals and 4 nights in the beautiful 4 Star Hotel Shankar in Kathmandu is C\$4950. Plus your return flight to Kathmandu, insurance and local staff tips. (Vancouver to Kathmandu with Cathay Pacific is around \$1500 as I write.)

It is short notice I know, but also more than enough time to prepare should you be inspired to do so. I will give you my personal advice and support, equipment lists etc. to help with this process. Whatever works out we will be a small group travelling in great style. I hope to hear from you soon.

*Yours sincerely,  
Mick*

## Steph Cameron at the HBI Pub Oct. 16

Steph Cameron's music and lifestyle seem to echo another time and place. Think of the beatniks in the 50s, hitchhiking and hopping freight trains – or perhaps a late 60s commune in northern California. Lyrically, Steph's songs dig deep, drawing upon the experiences and lessons learned from a fascinatingly nomadic and sometimes turbulent lifestyle. Cameron is a Saskatoon-raised singer and songwriter whose debut record was long-listed for the Polaris Prize in 2015.

Born in Saskatoon, she has since spent time living in East Vancouver, Vancouver Island, and the Kootenay region of BC, as well as logging serious miles traversing the country. Cameron finds creative sustenance in living simply, for the last several years in cabins she has built herself. "My dog and I used to live in an 8 by 8 foot shanty I built in the bush on Vancouver Island. In the winter, when the rain would beat down on the tin roof, it sounded like a drum. I wrote 'Goodbye Molly' about the rhythm of the rain and the feeling of water rising all around me."

Many Quadra Islanders can doubtless relate to hearing music in the rhythm of rain on a roof. Hear Steph Cameron's folk music / storytelling as her coastal tour lands her in the HBI Pub Monday October 16. No cover charge for this show, and it's an early start: 8pm, perfect for a moody Monday evening.



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## Heriot Bay Tides

DATE	TIME PST	m.	ft.
<b>29</b>	07:10	1.9	6.2
Friday	15:07	4.2	13.8
	21:18	3.3	10.8
<b>30</b>	01:17	3.6	11.8
Saturday	08:16	1.9	6.2
	15:52	4.3	14.1
	22:06	3.2	10.5
<b>01</b>	02:29	3.7	12.1
Sunday	09:13	1.9	6.2
	16:29	4.4	14.4
	22:42	3	9.8
<b>02</b>	03:29	3.8	12.5
Monday	10:02	1.9	6.2
	17:00	4.5	14.8
	23:13	2.8	9.2
<b>03</b>	04:24	4	13.1
Tuesday	10:46	1.9	6.2
	17:29	4.6	15.1
	23:42	2.5	8.2
<b>04</b>	05:16	4.2	13.8
Wed.	11:27	1.9	6.2
	17:57	4.6	15.1
<b>05</b>	00:13	2.2	7.2
Thursday	06:07	4.4	14.4
	12:07	2	6.6
	18:25	4.7	15.4
<b>06</b>	00:45	1.9	6.2
Friday	06:56	4.6	15.1
	12:49	2.2	7.2
	18:54	4.7	15.4
<b>07</b>	01:21	1.6	5.2
Saturday	07:45	4.7	15.4
	13:32	2.4	7.9
	19:24	4.7	15.4
<b>08</b>	02:01	1.4	4.6
Sunday	08:37	4.8	15.7
	14:18	2.7	8.9
	19:57	4.6	15.1
<b>09</b>	02:45	1.2	3.9
Monday	09:33	4.8	15.7
	15:09	3	9.8
	20:33	4.5	14.8
<b>10</b>	03:33	1.1	3.6
Tuesday	10:36	4.7	15.4
	16:08	3.2	10.5
	21:14	4.3	14.1
<b>11</b>	04:25	1.1	3.6
Wed.	11:46	4.7	15.4
	17:21	3.3	10.8
	22:04	4.1	13.5
<b>12</b>	05:23	1.2	3.9
Thursday	12:59	4.6	15.1
	18:53	3.4	11.2
	23:13	3.9	12.8
<b>13</b>	06:28	1.3	4.3
Friday	14:09	4.6	15.1
	20:20	3.2	10.5

## THE DI CLASSIFIEDS

### Shops

#### WAYPOINT SIGNS

Signs, Picture Framing and simple Engraving at Waypoint Signs beside Quadra Builders. Tuesday to Thursday, 9 to noon, 1 to 4pm. Appointments possible to suit your schedule. Friendly, efficient, personalized service. Quality products at affordable rates. 250.285.2815 info@waypointsigns.com

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### Home & Garden

#### SKILLED GARDENER AVAILABLE

Certified horticulturist and lifelong passionate gardener Ryan Nassichuk is currently available for garden maintenance, improvement, and creation projects. This is an opportunity to bring the passion, skills, and experience of one of Quadra's best gardeners to your landscape. Ryan works in food, ornamental and mixed gardens, and also offers soil testing and fruit tree pruning services. Call 250-202-2326 or email nassichuk@gmail.com

The Community Kitchen Lunch on Wednesdays at QCC is in full swing! Everyone is welcome and admission is by donation.

Want to get involved? Dessert makers, prep cooks, soup chefs, buyers, set up and take down crews are needed and much appreciated.

Call the Community Centre at 285.3243 for more info. You can also buy the Community Kitchen Cookbook and enjoy our soups at home, with all profits going towards fundraising initiatives.



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Up to 35 words: \$25 (including tax) - one time

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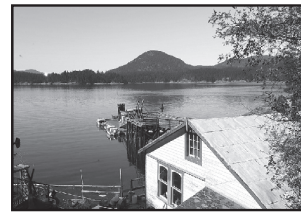
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**NEXT AD DEADLINE:**  
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## New Listing



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