ISSUE 652 MAY 5, 2017 • CELEBRATING 25 YEARS OF SERVICE

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Leave Campbell River Leave Quathiaski Cove Ferry Schedule Sat-Sun Sat-Sun Mon-Fri Mon-Fri 6:20 am 6:40 am 7:30 am 7:30 am 7:05 am 7:05 am 8:30 am †8:20 am 8:00 am †7:55 am 9:30 am 9:20 am !9:00 am 8:55 am **10:30 am 10:15 am 10:00 am 9:50 am 11:30 am 11:15 am 11:00 am 10:45 am 12:30 pm 12:15 pm 12:00 pm 11:45 am 1:30 pm 1:15 pm 1:00 pm 12:45 pm 2:30 pm 2:15 pm 2:05 pm 1:45 pm 3:30 pm 3:30 pm 3:00 pm 3:00 pm 4:30 pm **4:00 pm 4:00 pm !4:30 pm 5:25 pm 5:25 pm 5:00 pm 5:00 pm 6:15 pm 6:15 pm 5:50 pm 5:50 pm 7:30 pm 7:30 pm 7:00 pm 7:00 pm 8:30 pm 8:30 pm 8:00 pm 8:00 pm 9:45 pm 9:15 pm 9:45 pm 9:15 pm *10:45 pm *10:15 pm †10:45 pm †10:15 pm Local Commuter Sailings, expect delays

NEWS & EVENTS

At Your HBI

Thursday May 4; Union Duke...a Toronto folk quintet with an explosive live show. Bridging soulful indie rock with bluegrass and country, they belt out soaring harmonies with three, four and even five voices. A heartbreak of twang and a bootshake of rock and roll. Union Duke is two fifths city, two fifths country, and one fifth whiskey. \$10/door HBI Pub. 9:00pm

Mothers Day Brunch Buffet Sunday May 14. Celebrate Mom and enjoy a relaxing and delicious brunch. Available 10:00am until 2:00pm. 28.95. Reservations highly recommended. 285-3322

Friday May 19. Hardog Brown is back!..with his award-winning harmonica & blues. Canada's premier 'old school' harp wizard, Harpdog swings on 'Travelin' With The Blues'. Surrounded by his highly talented band, his effortless vocal delivery is a rare and natural gift. 15.00\door. 9:00pm HBI Pub.

Sunday June 4; Valdy Dinner Show in Herons. Enjoy a beautiful two course meal while being entertained by this amazing folk Canadian Icon. 55.00. 5:00pm seating. 285-3322 to reserve.

June 7...wait for it... **UofQ Prom!!!** The Prom you never had or the Prom you need to redo. Dress it up and pump it up Quadra Style with Professor Terryl Bertagnolli's class at 7:00 and Nick Lawrence DJ taking the stage at 9:00pm.

U of Q. Wednesdays... May 10th; The Opiod Crisis in our community and in general with Dr. Erica Kellerhalls.... May 17th; Tribal Journeys about 100 canoes will arrive on Quadra. The journey to get here with Jodi Simkin.... May24th; Defend yourself on the internet(few others will...) with Tim Lavoie and Janne Heinonen 7:00pm. Pub Education, relaxed learning.

Karaoke; Scotty's back **every second Tuesday** for a Karaoke party! May 16th, May 30th, June 13th and June 27th. Show off your talent, amaze your friends! Everybody has fun at Karaoke! HBI Pub. 9:00pm

HBI Friday Night Bands: May 12th; Go Dog Go - Beach Blanket Time Machine. May 26; The Jagsters - Classic Blues & Classic Rock 9PM. HBIPub. N\C

HBI Pub Saturdays Open Mic; Mo is making the good times roll every Saturday night. Come on down and join the band!

Hockey Playoffs are here! Enjoy the excitement on the 8ft screen in the HBI Pub!



THE ISLAND CALENDAR

Day to Day

Friday, May 5

• Live Music: Leigh Friesen HBI Pub 9pm N/C

Saturday, May 6

- Farmers' Market 10-2pm beside CCCU, Q-Cove
- Children's Centre Garage Sale 10-2pm

Monday, May 8

• Way to Go, 7 pm, RSVP 285-3298

Tuesday, May 9

• General Voting Day - Q.C.C. 8am - 8pm

Friday, May 12

• Live Music: Go Dog Go HBI Pub 9pm N/C

Saturday, May 13

• Radio Theatre Live - 2-4 & 8-10pm Q.C.C.

Sunday, May 14

- Mother's Day Brunch Buffet HBI, 10-2pm
- Life Celebration Sunday Dennis Q.C.C. 3-9pm

Friday, May 19

• Live Music: Harpdog Brown HBI Pub 9pm \$15

Saturday, May 20

- Cortes SeaFest, Gorge Harbour Marina
- Metal Fest Quadra Legion 8pm \$15

The Regulars

MONDAY

AA, Big Book Study, 7pm Quadra United Church

TUESDAY

Pickleball, Cape Mudge Gym, 4:30, starts Oct 18 Al-Anon Meeting, Quadra Children's Centre, 7:30pm Quadra Folk Dancers, QCC, 7:30

WEDNESDAY

1st & 3rd Wednesday Food Bank,QCC 1–2pm Prayer Meeting, Quadra Island Bible Church, 7pm Poker Night, Quadra Legion, Heriot Bay 7:30pm Hand Drum Jam, 7:30 p.m. Upper Realm, Q. Cove

FRIDAY

Alcoholics Anonymous, 8pm Quadra United Church

SATURDAY

Meat Draw, Quadra Legion, Heriot Bay 5 pm Open Mic with Mo, 9pm at the HBI pub

SUNDAY

Buddhist Meditation, 10 a.m., Upper Realm, Q. Cove Family Service, Quadra Island Bible Church, 10:30am Quadra Sunday Painters, 11am-2pm, 285.3390 United Church Service 11am except for 3rd Sunday Evening Service, 7:30pm, 285.3163

What's Happening at Quadra Community Centre

THIS WEEK MAY 5-12

FRIDAY: 8:30 Fitness w/Jeannie; 10:30 Friday Painters

SATURDAY: 2:00 Senior's Housing Info Meeting

MONDAY: 8:30 Fitness w/Jeannie; 10:00 Parents & Tots; 10:00Yoga w/Josephine; 1:00 Sing For Pure Joy; 4:00 Chess

TUESDAY: Provincial Election 9:00 Yoga w/ Brenda; 1:30 Caregivers Support Group

WEDNESDAY: 8:30 Body Sculpt; 9:00 Digital Story Telling; 10:00 Yoga w/ Trinity; 11:00 Moms and Babes; 12:00 Community Lunch; 12:00 Nurse Practitioner

THURSDAY: 9:00 Yoga w/Brenda; 10:00 Parents and Tots; 6:45 Singers

FRIDAY: 8:30 Fitness with Jeannie; 10:30 Friday Painters

NEXT WEEK MAY 13-19

Saturday: 2:00 Demons of the Deep; 8:00 Demons of the Deep

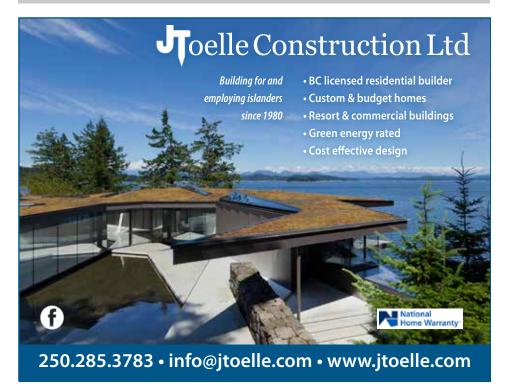
MONDAY: 8:30 Fitness w/Jeannie; 10:00 Parents & Tots; 10:00 Yoga w/Josephine; 10:00 Parkinson's Support Group; 1:00 Sing For Pure Joy; 4:00 Chess; 7:00 May Day Speech Night

TUESDAY: 8:30 Quadra Quilters; 9:00 Yoga w/ Brenda; 11:00 Quadra Circle Somatics; 5:00 Yoga w/Trinity

WEDNESDAY: 10:00 Yoga w/Trinity; 11:00 Moms and Babes; 12:00 Community Lunch; 7:00 SRD Public Hearing

THURSDAY: 9:00 Yoga w/ Brenda; 5:00 Yoga w/Trinity **FRIDAY:** 8:30 Fitness with Jeannie; 10:30 Friday Painters

NEXT DI DEADLINE: Monday, May 15th @ 7pm







ISSUE 652 5 MAY 2017

Publisher/Editor Philip Stone

The DI is published every two weeks. Our current edition and upcoming deadlines are online:

www.discoveryislander.ca **CONTACT US**

email news@discoveryislands.ca phone 250 285 2234 mail PO Box 280 Quathiaski Cove BC VOP 1NO

office 701 Cape Mudge Road hours Monday - Thursday 10am to 4pm

Opinions expressed in this magazine are those of the contributors and are not the views of the publisher.

SUBMISSION GUIDELINES

- 300 words is an ideal length for community announcements.
- Long Web Addresses should be shortened using tinyurl.com

WHILE EVERY EFFORT IS MADE TO INCLUDE ALL ITEMS SUBMITTED, ERRORS AND ACCIDENTAL OMISSIONS MAY OCCUR.

GIFT SUBSCRIPTIONS

Are available for delivery in Canada by mail \$90 for 12 months

Local Voluntary Subscriptions are welcome to help support the DI, suggested: \$30 per calendar year Find more details online at www.DiscoveryIslander.ca

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NEXT DEADLINE

7pm on Monday, May 15 for publication on Friday, May 19, 2017

> Have an opinion to share? **Submit your letter** to the DI by email:

news@discoveryislands.ca **PREFERRED**

If it's too long it may be chopped! Please be concise

COMMUNITY NEWS & EVENTS

A Donation in Celebration

During 2017 the Hartford family and Hartford Logging Ltd. are celebrating 30 years of sustainable forest management on Woodlot WL0025. We want to express our appreciation to the many Quadra Islanders who have contributed to our success, working for us and advising us, and to the community for their support.

To celebrate this anniversary we have donated \$10,000 to the Seniors' Housing Society for their 688 Harper Road Residence project.

Sincerely,

Alex Hartford and Ellen Russell

Horses, Horses, Horses

Quadra's horse population has grown aroudn Gowlland Harbour, Cape Mudge and Sutil

I'd like to remind drivers that horses are unpredictable. Please slow down when you approach and pass us, even stop if you see that the horse isn't comfortable. If a rider is motioning with their arm in a downward motion, we aren't waving to you, just asking you to slow down.



We hope that Highways will relocate and move horse crossing signs to busier areas.

Thank you Julie Mellanby

12th Annual Broom Pull at Rebecca Spit

Yes, it's spring again, the broom will bloom again and we will pull it out again....Well, the task is getting so much easier after these many years. The plants are small except for the odd escapee. The usual problem areas should be easy to clean up. New plants are far less numerous than in the past as we have slowly depleted the seed bed. However, there's no denying that they are still sprouting up every year. Although we have prevented seed drop now for eleven years, the seed dropped in the past is likely viable for another thirty years. This year we will be working on the International Day of Biodiversity. Stands of broom do have drastic effects on local ecosystems and I don't think we

want the Spit to be ecologically impoverished. At least that's my motivation.

So, if you can spare an hour or two, please come and join us. It's friendly, sociable work in the open air in a beautiful place. Bring gloves, bring friends and family, bring children so they can learn about nature, perhaps bring clippers. A broom puller will be available for the toughies.

When: Monday, May 22 (Victoria Day), 10a.m. - noon.

Hope to see you there.

Where: Meet at the main parking lot before the boat ramp. Info: Riki 2640, Carol 3157



Bike Sales New & Used · Electric Kits · Accessories



www.quadraislandcycle.com

Buddhist Meditation

There is a 40 minute silent meditation every Sunday on Quadra Island.

It takes place at 10 am in Spirit Books at the Upper Realm in Ouathiaski Cove. After Meditation we have refreshments and read and discuss a few pages from a spiritual text.

Everyone is welcome. You don't have to be a Buddhist to enjoy the spiritual energy of a dozen people in silent group mediation. It's free or by donation. Call Steve or Danielle at 250-285-3323 for more information.

Literacy Kits for Quadra Families!

Did you know, Lit Kits are available for parents of young children here on Quadra Island?

These Kits can be checked out for FREE @ Quadra Children's Centre (week day mornings please) and from the Strong Start Room @ Quadra Elementary School (Friday mornings until noon during the school year). Kits can be borrowed for a month at a time.

Each Kit has a number of Children's books, puzzles, games and sometimes a puppet. Topics include: Baby's First Books, Counting Rainbows, All About Me, Goodnight, Families, Things That Go, Farm and Garden, At the Pond, Bears, Ocean Animals, Animals Around Us. Animals from Afar, Dinosaurs, Our World, Folklore and Fairytales, Dragons and Monsters, Pets, and Friends. Come and "Check" them out! If you need more information: cathy.quadraliteracy@gmail. com "

Market Music

Local musicians will be performing at the open Community Market next to the Quadra Credit Union from 10 am to lunch time every Saturday. On May 6th Ray Bennett and Richard Christie are playing acoustic blues. Kris Wellstein plays guitar and sings on May 13th.

Hal Douglas & Friends play rock and blues on May 20th. May 27th TBA* Kris Wellstein returns on June 3rd. Jacki McPhee performs on June 10th. Barry Hodgson rocks on June 17th. Roadside Rattle plays on June 24th. John Toelle, Quadra Drummers, Banjo Joe and MaryEllen Wilkins will perform latter in the Summer. Come support our local vendors and please consider making generous donations to our local musicians. For more info, phone Steve at 285-3323 and if you can perform on May 27th give Steve a call.



Find out when the DI is posted online

Free Shuttle for Voters

on May 9! Shuttle will leave ferry lot at 10am and 5pm, to Cape Mudge, Sutil Rd, HB Rd to HBI, West Rd to Community Centre. Look for the big brown van with a roof rack. End-of-lane pickup and dropoff, or call 250 203 1849 for door-to-door service. Let's vote!

Quadra Circle Volunteer Tea Success

Thursday April 27 the Board and **Executive Members of Quadra** Circle hosted a Volunteer Tea to show our appreciation to the 90 volunteers that make Quadra Circle function on a daily basis. We were delighted to present those who attended with a hilarious play, thanks to Theatre Quadra, fun readings and music by John Walton, a surprise draw for pots of plants, and of course lots of savories and sweets for our guests to eat. There was wonderful socializing of volunteers meeting each other for the first time, as so much of what each one does is done either one on one or in small groups. A good time for all to connect. For those who couldn't make it...we missed you. See you next year!

Spring Yoga Classes with Trinity Gogolin

Tuesday & Thursday evenings 5 - 6:30 Hatha Flow classes.

Wednesday mornings before Community Lunch / Gentle Yoga, designed for those with injuries or health conditions, Seniors, or anybody wanting a slower more mindful approach.

All classes explore meditation, deep relaxation, some yoga philosophy and the beautiful sounds of the harmonium.

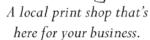
Classes are held at QCC upstairs in Room 3.

Please call Trinity with any questions at 250 203 4529

At The Legion

May 20th, May long Metal Fest, featuring Nylithia & Terrifier with local support from Master Bastards. Doors at 8:00, \$15. 19+ Presale tickets coming soon! May 27th The Eclectics, a 5 piece Blues & Rock band featuring Shawn Carle & Mike Viera from the Streamliners, Gerry Barnum on harmonica & vocals, Greg Beldham from the Enablers on drums & keyboard wizard Dan Dube. Doors at 8:pm, \$15. Tickets on sale at the Legion!

Inspirations On Quadra Island



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In Celebration of Sunday Dennis



A celebration of life and spirit for SUNDAY TREU DENNIS will be held on Sunday, May 14, 2017 at our Quadra Community Centre from 3 - 9 pm.

Share memories, photos, poetry, music in her honour. Dress colourful!

Potluck at 5:30 ish, please bring your own plates and cutlery.

Dancing to follow after dinner. These were Sunday's wishes on this Mothers Day with lots of love for our family and our family of wonderful friends.

New to Quadra?

The Discovery Islands Chamber of Commerce and local businesses welcome you with a gift bag.

Contact Judy @ 285.2150.



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Quadra Seniors--B.C.O.A.P.O.--BR. 91

Seniors -I am certain you are fed up with the rain. But how long can one wait to prepare the garden beds? If we wait too long we will not have our produce ready for the fall and winter. So get planting.

Our Tourist information center will open up Monday May 15th under the supervision of Judy Hagen. We always have a lot of fun welcoming the Tourists from all over the world. These visitors are always happy to see our beautiful discovery islands.

We are making plans to attend the B.C.O.A.P.O. Convention which starts June 12th in Agassiz and we will be staying at the Harrison Hot springs which is near by the Friendship center.

Keynote speakers will be-- (a) Brian Dodd, Manager of Operations/Interim Executive Director of "Seniors Services Society"

- (b) Isobel Mackenzie--Seniors Advocate for the Province of B.C.
- (c) Maria Howard CEO--Alzheimer Society of B.C.
- (d) R.C.M.P. Agassiz Detachment

Directors, Delegates & Visitors -will be arriving from all over the B.C. Province.

Plans are still being made for an excursion (a) Vancouver Island Distillery and Chinese food for lunch.

At our last meeting our speaker was Jeanette Taylor who gave us a very interesting talk and a slide show about beautiful areas around the Discovery Islands.

A prize was won by Lois Norman who was delighted .

To be a member of our happy group call Elke Kelly @ 250-895-6258 for transportation call Ruth Amiabel @3801-or cell ph. 250-895-9188.



Hand Drum Jam

Believe it or not, you can get "High" from drumming in a circle. Even beginners can experience this wonderful, warm feeling from head to toe.

So come to our weekly Drum Jam on Wednesday nights at 7:30 pm in Spirit Books upstairs in the Upper Realm at the Q. Cove Shopping Centre.

We can provide you with a drum if you don't have one. A \$5 donation helps pay the rent. Call Steve at 285-3323 for more info.

Learning about Dementia

"Why does my loved one look the same and act different?......"

is a common question for those of us experiencing changes resulting from dementia in the people we care for?

Retired nurse and Quadra Circle member Jude McCormick (PhD) and John Frisholz, a counsellor, who co facilitates Quadra Circle Caregivers support group, will be offering a workshop about how various forms of dementia affect the brain and how those parts of the brain may affect such things as speech, behaviour, movement, judgement & perceptions. Understanding these changes can help us understand changes we see happening to those we care about and help us seek the support we need.

Join them from 2:00 – 3:30pm pm on Tuesday May 23 at the Quadra Community Centre. Sponsored by Quadra Circle.

For more information contact Helen Lee at: helenqcircle@gmail.com or phone 250 285-2788.

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Seafest 2017

Saturday, May 20 Gorge Harbour Marina It's the real deal!



Seafood farmers and friends serving you a

- Gourmet lunch of oysters sautéed, wrapped and barbecued;
- Clams and prawns, Asian salad with Tamarind chili dressing;
- Artisan bread, desserts and delectables by local vendors.



Free shuttle meets every Cortes Ferry so come early for an espresso and stay for island style music.

Organization partners: Cortes Island Fire Department

Adult ticket \$20 before the festival at Cortes stores, \$22 at the Festival on May 20.

Gorge Harbour Marina Resort

Serving begins at 11:30am

Free shuttle from Cortes ferry to Gorge Marina, and back.

Children's Centre Raffle

Quadra Children's Centre is holding a fundraising raffle this spring. There are six great prizes to be won:

- 1. Get-A-Way Holiday at Beach Acres Resort in Parksville Value \$350
- 2. 1 Night at Taku Resort on Quadra Island Value \$150
- 3. Quadra Island Golf Course 18 Holes for two Value \$120
- **4. Gowlland Harbour Resort** Dinner for two Value \$120
- 5. Thrifty Foods \$100 Gift Certificate
- 6. Quality Foods \$100 Gift Certificate

Tickets are \$5 each or 5 for \$20. Tickets can be purchased from Quadra Children's Centre parents and at the Market. Draw date is May 31st. We would like to thank all of the generous donors for supporting early care and learning in our community.

Children's Centre Garage Sale

Have you been doing some spring cleaning? Looking to declutter and simplify your space? Hoping to find a new home for all that stuff you no longer need? Well you are in luck. The Quadra Children's Centre Garage Sale is coming up and we are looking for donations of quality used items. Bring your previously loved items and drop them off on the back deck at the centre any time before Friday, May 5th. Please no skis, clothes, televisions, or computer equipment.

If you are looking for some great deals come join us for the Garage Sale on Saturday, May 6th from 10-2. Sales are by donation. All proceeds go to support early care and learning in our community. This is a major fundraiser for the Children's Centre and we appreciate all the great community support we receive each year. See you then!

7th Annual Festival of Chamber Music

"Music gives a soul to the universe, wings to the mind, flight to the imagination and life to everything." — Plato.



The Quadra Island Chamber Music Society is pleased to announce preparations are well underway for the 7th Annual Festival of Chamber Music. Please note a change in this summer's schedule. The Festival will run

from Tuesday, July 18 to Saturday, July 22. Phil Hansen, founder of the Quadra Island Festival, fell in love with Quadra Island years ago and his commitment to bringing world class music and musicians to Quadra is so strong that his contract as principal cellist with the Orquestra Filarmônica de Minas Gerais in Belo Horizonte, Brazil, includes the stipulation that he be allowed to return each summer for the Festival. Phil's intimate connection with each venue is reflected by the music he chooses for each unique location.

This year's theme is Rythmagic. Rhythm dictates our lives, from the beat of our hearts to our daily routines. Rhythmically speaking, Phil has master minded a programme to engage a panoply of tastes based on works

that musicians find most interesting. Chosen works include: the "harmonic" rhythm of J.S. Bach; immoveable beats of Brazil; new Canadian works and the unparalleled motion of Oliver Messiaen"s searing Quartet for the end of time.

Tuesday July 18. "Rhythm, Meet Harmony." Stone House. Concert 7:00pm ~ Doors .Open 6:30 \$20.

Wednesday July 19. "1, 2, 3, 4, 5, 6" Quadra Island United Church, Cape Mudge. Concert 7:00pm ~ Doors Open 6:30 \$20.

Thursday July 20. Family Concert "You've Got Rhythm!" Quadra Community Centre. 12:00 pm Concert ~ Doors Open 11:30am. Enjoy this engaging, interactive program with Festival musicians. Admission and food for this concert are by donation.

Friday July 21, 2017. "Upcoast, Downstream" SouthEnd Farm Winery. Tapas included Concert 7:00pm ~ Doors Open 6:30 \$45. Saturday July 22, 2017. "Terminus" Quadra Island Community Centre. Concert 7:00pm ~ Doors Open 6:30 \$20.

Tickets will be available in June at the following outlets:

Quadra: Works of H'Art: 250-285-2834; Inspirations: 250-285-3334; Campbell River: Tidemark Theatre: 250-287-7465 For further information please visit: www.

For further information please visit: www quadrafestival.com

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Quadra Island United Church

Sunday Services

11am on the 1st, 2nd and 4th Sunday of every month **Evening Service**

7:30pm on the 3rd Sunday of every month

Choir

Wednesdays at 7:45pm

Program for Children and Youth

We also provide assistance with Baptisms Funeral and Marriage planning

Call 250 285 3163 for more information

Island Voices Choir

Island Voices Chamber Choir presents their spring concert, "Hope, Faith, Life, Love", this Friday, April 21 at Campbell River United Church.

For info, tickets at \$20, or a ride off the 7 pm ferry, call Joyce at 285-3298. Admission is free to students with an adult. The concert will also be held on Saturday, April 22 at Comox United Church.

Market Season Starts

Sun is in the forecast for the first Quadra Island Farmers' Market on Saturday May 6th! Come listen to some acoustic blues with Ray Bennett and Richard Christie while you checkout the first of the season's artisans, growers, bakers, collectors and vendors. You are sure to find things unique, beautiful, delicious, decadent and useful! We are there 10 til 2 on the green behind the Credit Union. Dogs on leash please!

Note to Vendors:

Vendors will now be able to reserve a spot for the June through September season if they choose to become a Market Member and meet the Market Member requirements.

Applications will be accepted starting May 13th. Please email quadramarket@gmail. com or phone Naomi Terry at 250-203-2153 to request a Market Member form, or pick them up on May 6th at the market from either Lisa (L.B. Sweet Goods Artisan Chocolates), or Rosanna (Sweet and Savoury fresh baked goods).

Drop in vendors are still welcome all season as always and the weekly fee will remain at \$5.00, and just \$1 for children (if they are selling their own products).

Free Firewood

Free Firewood is no longer available until the Fall of 2017. What little is left is to wet to burn. The main task now is getting ready for the Fall of 2017 and that requires a lot of volunteer labour.

If you can help split wood, call Mornay at home 250-285-3212 or on his cell at 250-202-3422. You can also donate money to the Free Wood account at the Quadra Credit Union.

Lost Families Found

Everyone welcome. Monthly genealogy meeting May 4th, 7-9 pm in the Maritime Heritage Centre. Kristin Butcher shares the varied migrations of her husband's UK ancestors to Canada. The emigrations covered a space of 50 years and were prompted by disaster, hope, and adventure. Library open 6-7 before meeting. For info, call Janice 250 203-0585. Campbell River Genealogy Society.

Way To Go

Monday, May 8, 7:00-8:30, in the home of Baker & Grigg, 1087 Topcliffe Road. Our last meeting of the season. We will continue our discussions about Natural Burials and other topics of interest to the group. Please RSVP Joyce by email jbaker@gicable.com or 285-3298.

Qigong at the Spit

Qigong for health and vitality. Come and join us at Rebecca Spit. Weather permitting, Everyone welcome. Every Tuesday 9:30 - 11am starting May 9 to June 27.

Money donation to the Quadra Food Bank. Held on the grassy area on the left after the campsite, opposite the parks sign.

For more info call Denise at 250-285-3743

Free Money

Free Money is finished for the Winter season but will start up again in November 2017. We already have enough money for November but we need more money to provide for this years Christmas giving on December 5th.

Please consider donating money to the Free Money account at the Quadra Credit Union. Any questions, phone Steve at 285-3323.

Quadra Island Outdoor Club Upcoming Events

The summer schedule has developed really quickly this year. We now have dates for many trips all the way through July and lots of variety. In addition to classic Quadra destinations, we have several special trips in the near future. We will have a multi-day hiking trip to Cortes Island, staying at the historic Linnaea Farmhouse. This was very popular last year and we will visit new and familiar hiking destinations this year. We are fortunate to be able to visit some of the caves in the Sayward area with a local guide at the end of May. And we will have Doug Taylor back again as our instructor for kayak rescue at the beginning of June at Mine Lake. Here are the upcoming trips for the next month:

10 May, Wednesday - hike to Ripple Rock

15-18 May, Monday to Thursday - hiking on Cortes, staying at Linnaea Farm

24 May, Wednesday - hike a Hopespring/ Homewood Loop

31 May, Wednesday - caving with Bill in the Sayward area

6 June, Wednesday - kayak rescue practice at Mine Lake

For the details on these trips and to see the scehdule into June and July you can visit: http://tinyurl.com/mtc5b6a





A Warm Thanks to So Many

was another remarkable success. Once again, Sierra Quadra extends thanks to the many Islanders who scoured our beaches for unwanted detritus — mostly plastics — and did an amazing job of bagging it, bringing it to the designated collections points so it could be loaded on pickup trucks and then transferred to the larger vehicles for disposal. Styrofoam and tires were abundant again this year, as was miscellaneous material from the shellfish industry—some of which could be salvaged and returned to them. But the total volume of all beach garbage was down this year by about one-third. In all, we managed to rid our beaches of six truckload equivalents of garbage. Sierra Quadra congratulates all those who contributed to the clean-up, including the bakers, cooks, servers, drivers, and the many others who helped in large and small ways - including musical entertainment by Kris Wellstein and John Walton.

ur 20th Annual Beach Clean-up

This has truly become a community event. Although Sierra Quadra organizes the basic logistics of the Beach Clean-up, the important work has expanded into a self-organizing operation involving hundreds of islanders. This Earth Day event has become an expression of our deep caring for our beautiful island home, and a measure of the accomplishment that is possible when we work together as a community. It's noteworthy than not one dollar changes hands to make this remarkable event happen.

Over the years, Quadra islanders have continued to support this event with increasing energy and enthusiasm. For our 20th annual event, we offer special thanks to the many people and many businesses who made this event possible. Beyond the many Islanders who provided pickup trucks, we want to acknowledge the owners of the large trucks who committed their big machines and time to the task: G. Roy Dahlnas Excavating, Sorensen-MacDonald Enterprises Ltd., Landtec Industries (Nick Richardson), On Track Excavating (Chris Phillips) and Stuart's Tree Service Plus. Waste Management supplied a very useful large dumpster, and Quadra Disposal a smaller one. All this equipment plus the numerous pickup trucks were crucial to this project's success. Our thanks also to the Pocock family (Sawmill Bay Shellfish) for cleaning up local bays and beaches by boat!



Photo by Angela Koch

We must also thank B.C. Ferries for providing free passage for all the trucks taking the garbage to the landfill site in Campbell River, to the Strathcona Regional District for free tipping at the dump (in collaboration with the Manager of Solid Waste for the Comox Valley Regional District). And we wish to thank BC Parks for its co-operation and to Susan at Rebecca Spit for her assistance. The Discovery Islander gave a helpful profile to the event as did The Gumboot, and Robyn Budd's colourful posters. Delicious soups came from Gowlland Harbour Resort, Heriot Bay Inn and Tsa-Kwa-Luten. And the invaluable Spirit Points from Tru Value Foods (Heriot Bay and Q. Cove) provided additional food. Intense Rentals (Jim Thievin) provided the large

tent that housed our central food station. And Coastal Community Credit Union provided their tent, along with gloves, bags and coffee.

Food and refreshments are a highlight of the Beach Clean-up event because they

provide an opportunity to meet, visit, relax and indulge. So thanks to the many generous bakers of bread, cakes and cookies, to the makers of sandwiches, and all those who staffed the food booth.

But our most special thanks to all Quadra Islanders who wrestled styrofoam and tires over driftwood, and who collected and bagged the unwanted beach garbage. Without your many hours of work, the Beach Clean-up would not have been a success. Once again, you have all made Quadra Island a healthier and more beautiful place to live. After a successful Beach Clean-up enhanced by a beautiful April day, "Simply Paradise" seems even less like an exaggeration.

- Ray Grigg





Quadra Circle News

Friendly Phone Calls/ Friendly Visits: Are you home alone due to illness or injury?

Do you live alone and need some supportive phone calls or visits? Receive daily check-in calls from our volunteers, or a visit for support & connections with services on Quadra. This could include social visits to your home, provided by our Seniors Peer Councillors. Free service. Call our office 285-2255. Wed. Thurs & Fri.

Emotional Wellness: Do you or someone you love need help with their emotional health? Assistance is available twice a month here on Quadra Is. For appointments with an Island Health Counsellor, at Quadra Island Medical &/or attend free Relaxation classes with Rebecca. Call 250-850-2620 or email Rebecca. Miller@viha.ca Rebecca's Schedule is May16th & 30th. Take Care of Yourself First!

Quadra Home Meals: If you're unable to cook, or are recovering from illness or surgery we can assist you. Meals are prepared at foodcost by Gowlland Harbour Resort. The meals are ordered weekly, by noon, on Saturday & picked up at Quadra Circle Office 11:30 – noon on Wednesday or delivered upon request. Call Karen: 285-3064. You will be very pleased you did.

Friday Lunch at the Legion: Come & join us for the food, fun and our Book club discussions that happens over lunch. Look for the designated table to participate. Arm Chair exercises start at 11am & Lunch begins at 12noon with Pool (8 ball) starting at 12:45. Donations of \$5 suggested. Last Friday Lunch for the Spring Season is May 26th. It will also be our Annual General Meeting which will be held at 1pm following the lunch. Please plan on staying to hear our news.

Transportation: Need A Ride to Social Events or Medical Appts? Call our Coordinators Diana & John, 250-285-3630. At least 24hrs notice is required to set up a driver, so please book ahead. This service is FREE

Seniors Activity Centre: Join our Team on Mondays & Wednesdays at Quadra School for Ping Pong at 9:15, Walking Group at 9:30, Social time at 10am, exercise programs (Qi Gong or Armchair Exercises) starting at 11am, our delicious lunch at noon, Pastels and Percussion with Laura McLaren or Drop in Bridge with Michael Redican in the afternoon. Come for your Mental & Physical Health.

FOOT CARE: Do you receive GIS or MSP subsidy & have difficulty caring for you feet and toenails? Drop in to our office to sign up for a qualified LPN to come and care for your feet. Quadra Circle will assist in paying for this very important service. Stay well with happy feet. Call our office 285-2255 Wed, Thurs, Friday 11am-3pm

Come in to Quadra Circle Office and receive a copy of the latest BC Seniors' Guide & Healthy Eating Guide.

Final Community Kitchen Lunch of the Season and Everyone is Invited!

The Community Centre's Community Kitchen Lunch wraps up for the season on May 10th. The May 10th lunch will be a special chilli and cornbread lunch and everyone is welcome! Big appreciations go out to our amazing crew of Community Kitchen volunteers this year, to Kameleon for their soup donations, to Gowlland Harbour Resort for the Turkey Dinner Lunch and to everyone who came out and attended the lunches! See you in again in September!

On Island: Life Among the Coast Dwellers

Pat Carney to speak at Museum about new book

Pat Carney is well known across Canada for her illustrious political career. Former Member of Parliament, cabinet minister, and senator. A Progressive Conservative, she is fierce supporter of a woman's right to choose, and voted against the abortion law proposed by her successor. She has worked tirelessly to protect and preserve Canada's lighthouses and maritime history, and advocated for arthritis research for more than two decades.

On Island: Life Among the Coast Dwellers, follows the rhythms of day-to-day life in coastal BC. Featuring a revolving cast of characters instantly recognizable to small-community life.



Pat Carney will be talking about her new book at the Museum at Campbell River on Saturday, May 13, at 2pm. The public is invited to come to this free event. Books will be available for purchase through the Museum Shop. For more information or to register call 250-287-3103. www.crmuseum.ca

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Unsure About Voting in the Provincial Election?

It's Easy--and Important! Some Frequently-Asked Questions:

Q: Can I still register to vote?

A: Yes. If you are not already on the Registered Voters List, you can register at the Community Centre when you arrive to vote. In order to vote, you must be:

- 18 or older
- a Canadian citizen, and
- a BC resident for the past six months.

Q: Do I need to show ID at the voting place?

A: Yes. All voters must prove their identity and their residential address before voting. Showing your BC driver's licence, BC Identification Card, BC Services Card (with photo), or Certificate of Indian Status will do the trick. Or you can show two pieces of ID or documents, both of which show your name and at least one of which must show your current address. (There is a wide range of documents you can use; see www.elections.bc.ca for a list.) If you can't provide ID, another person may be able to vouch for you.

Q: I will be away from Quadra on May 9. Can I vote on some other day?

A: Yes. You can vote at an Advance Poll at 1442 Ironwood Street, Campbell River (in the Campbell River Common Mall, near Thrifty's and Dollarama) on May 4, 5, or 6 (8:00 a.m. to 8:00 p.m.). Or you can vote at that location on May 8 (9:00 a.m. to 5:00 p.m.)

Your vote counts!

Please vote in this election!

Radio Theatre ... Live On Stage!



Theatre Quadra is proud to present 'DEMONS of the DEEP', a radio play performed live on stage! Yup, audio for the eyes. You'll look and listen in as a selection of salty sailors, an eccentric scientist, a seductive mermaid, a lurking leviathan, and an inflatable confidante hit the high seas in search of the mysterious site where a maritime disaster befell ill-fated... Rig 39! For full radio flavour, our sound effects experts (foley folks) will shake and rattle their

noise-makers on stage to create a custom acoustic cacophony! The play will be presented cabaret-style in the Quadra Community Centre, with tables, snacks and licensed beverages. You heard right... this demented dramatization will be delivered with fermented lubrication! The show will go live twice on Saturday, May 13: afternoon (2:00-4:00) and evening (8:00-10:00). Doors open 1 hour ahead. Tickets at Inspirations and Works of H'Art.



Coming Events...

Leigh Friesen

May 5 - Country rock originals & covers

Go Dog Go

May 12 - Beach Blanket Time Machine

9 pm. HBI Pub. No cover charge

Harpdog Brown

May 19 - Harmonica Blues \$15 @door

Open Mic with Mo

Saturdays at 9pm

with host Mo Davenport

lively, delicious, soulful

great food · superb events · casual fun open every day · live music Friday & Saturday



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a beautiful place to spend time

Soulful Indie Bluegrass with Union Duke

The ramble of banjo might be what gets you; that or the harmonies with three, four or even five voices. Union Duke is a hardworking Canadian band which "bridges soulful indie rock with bluegrass and country". These five guys have years of making music together and three albums under their belt buckles. They describe themselves as "two-fifths city, two-fifths country, and one-fifth whiskey".

With "a heartbreak of twang and a bootshake of rock and roll" Union Duke's west coast tour brings them to the HBI Pub Thursday May 4. Music begins at 9pm; \$10 at the door. Check out their music online: unionduke.com/music and get ready for a proper island hootenanny on the dance floor of the HBI Pub.





RCMP Report

On April 12th, 2017 Quadra RCMP received a report of mischief to a vehicle on Industrial road in Quathiaski Cove. Unknown suspect(s) damaged the door locks on a truck attempting to gain access and/or steal the truck. The truck was an older Ford pick up truck which is a common vehicle for thieves to steal because of how easy it is to force the ignition.

On April 14th and 15th Quadra RCMP processed two Immediate Roadside Prohibitions (IRPs) after both drivers provided FAIL readings on the approved screening devices. One of the drivers was located on Quadra and the other driver was located on Cortes Island.

On April 19th, 2017 at around 3:15pm Quadra RCMP received a report of a theft from a vehicle that just took place in the parking lot of the Quadra Harbourside medical office. Two suspects were observed breaking into a car at that location and then leaving in a green pick up truck. Two local suspects have been arrested in this incident and their names will not be released until formal charges have been laid. If you have any information regarding this incident please contact the Quadra RCMP.

On April 24th, 2017 Quadra RCMP were called about people yelling and causing a disturbance who were associated to a small vessel that was stuck during low tide in Quathiaski Cove. Police attended and ensured that all parties were safe and that a plan of action was established to have the vessel moving as soon as possible.

Cpl.Kevin CHRISTENSEN Quadra RCMP

Only Two Days Left... to catch Waiting For Something to Han

to catch Waiting For Something to Happen at the Legion. Don't be one of the people who has to pretend they were there at one of the greatest comedic events ever staged on Quadra. Come and see Waiting For Something to Happen May 6th and 7th at 7:30pm.



Have you ever been so stressed out you were beside yourself? Neither had Gail until she woke up one Friday morning after a bad breakup with her boyfriend to discover a trombone wielding twin brother she never had standing in her tiny apartment. No, wait: that's not her brother that is something completely different ... so different, in fact, that only Gail can see it. Is it there to harm or to help? Is it real or is it imaginary? Whatever it is both annoying and amusing.

Come along with the rest of Quadra and watch how Gail navigates through her day being hunted by something that has had a very long time to sharpen their words

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MAY DAY 2017

Held at Rebecca Spit Provincial Park on May 27th May Day is our annual Quadra Island celebration of spring!

For the past 118 years Island residents have come out to celebrate spring with a giant community picnic at Rebecca Spit. These Quadra specific celebrations are complete with a children's May Pole dance performance, a themed parade of homemade floats, costumed walkers, cyclists, a concession stand, games, entertainment, face painting, a boxed lunch auction and much more! There are prizes for the best parade floats and best costumes! Celebrations kick off at ten o'clock with the parade.

See the full schedule of events in the next Discovery Islander.

Be part of this annual celebration by volunteering in the concession, joining the parade with your own float or by simply cheering on the contestants! We are STILL looking for volunteers for the concession and for face painting at May Day.

This event is organized by the Quadra Island Community Centre. If you'd like to get involved or volunteer please contact us by phone at 250-285-3243 or by email at info@quadrarec.bc.ca







ISSUE 652 • MAY 5, 2017

www.discoveryislander.ca



NOTICE OF PUBLIC HEARING

BYLAW NO. 272 – QUADRA ISLAND ZONING BYLAW, 1990, Amendment No. 117

Date of Public Hearing: Wednesday, May 17, 2017

Location of Public Hearing: Quadra Island Community Centre

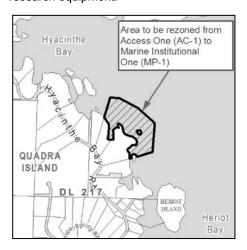
970 West Rd, Quathiaski Cove, BC

Public Hearing to begin at: 7:00 p.m.

BYLAW NO. 272

Areas affected by proposed Bylaw No. 272: The subject area is described as unsurveyed Crown foreshore or land covered by water being part of the bed of Hyacinthe Bay, Sayward District containing approximately 12.0 hectares as shown on the map below.

Purpose of proposed Bylaw No. 272: The bylaw, if adopted, would rezone a 12.0-hectare portion of foreshore adjacent to two parcels on Hyacinthe Bay Road, Heriot Bay BC from Access One (AC-1) to a new Marine Institutional One (MP-1) zone to facilitate the use of the foreshore for marine monitoring and research purposes. Should the proposed new MP-1 zone be applied, the issuance of a Crown land tenure and compliance with appropriate Federal and Provincial policies and regulations is required prior to the installation of any marine monitoring or research equipment.



Copies of the proposed bylaw and related information are available for inspection at the Strathcona Regional District Customer Service Centre, located at #102 – 990 Cedar Street, Campbell River, between the hours of 8:30 a.m. and 4:30 p.m., Monday to Friday, from Friday, May 5, 2017 to Wednesday, May 17, 2017. The bylaw and associated staff report may also be viewed on the Strathcona Regional District website at www.strathconard.ca.

The public hearing will be held by a delegation of Electoral Area directors representing the Strathcona Regional District Board. Anyone who believes their interests are affected by the proposed bylaw will be given an opportunity to be heard or to file a written submission at the public hearing. Written submissions from persons unable to attend the public hearing must be delivered electronically or by hand to the Regional District office no later than 4:30 p.m. on Wednesday, May 17, 2017 in order to be considered as part of the public hearing record.

The Strathcona Regional District cannot legally consider any representations made after the close of the public hearing.

Inquiries and submissions should be directed to:

Aniko Nelson, Parks and Planning Manager Strathcona Regional District

301 – 990 Cedar Street, Campbell River BC V9W 7Z8 Tel: 250-830-6700 | 1-877-830-2990 | Fax: 250-830-6710

Web: www.strathconard.ca | Email: planning@strathconard.ca

NEWS & EVENTS

Construction Crews Break Ground for Quathiaski Cove Sewer Extension Project

Quadra Island, BC – The long-awaited construction to extend the Quathiaski Cove sewer system started taking shape as construction crews moved in and heavy equipment broke ground on Anderson Road to prepare for pipe installation.

"I couldn't be happier," says Jim Abram, Area Director for the Discovery Islands-Mainland Inlets. "For several years, we have been trying to get this project moving forward in a fiscally responsible way. I'm so glad I was able to secure the much-needed funding assistance that would allow the project to move forward and get local people working. It is great to see so many Quadra Island contractors working full-time on this project!"

The Quathiaski Cove sewer system extension project was first supported by referendum in July 2014, but it wasn't until the regional district received grant funding from the Province in the fall of 2016 that construction could actually move forward. The total budget for the project is \$1.5 million, over \$1 million of which is provided through federal and provincial grant funding.

In early April, Berry and Vale, the company awarded the contract to complete the work, began their preparation for the project by setting up their staging area and project site office on property immediately behind the Peoples Drug Mart pharmacy, just off Plaza Road. Construction crews have removed trees to make way for a walking trail that will connect Nole and Plaza Roads to the Village Core, already begun the pipe installation process on Anderson Road.

"Quadra Islanders may experience some traffic delays during construction," says Patti Wells, Operations Engineer for the Strathcona Regional District. "It is hard to predict whether there will be disruptions to property owners, but the regional district will be working closely with the contractors and will be in regular communications with all residents as the project continues."

The project will see the installation of approximately 1,265 metres of gravity sewer pipe, 638 metres of force main, service connections, pavement restorations. Construction is expected to be complete by the end of July this year.

Explore Our Backyard On Historic Columbia III

Explore the best of this coast's dramatic scenery on a four-night cruise aboard the historic Columbia III to see the Discovery Islands and Bute Inlet May 24-28, on a tour offered by the Museum at Campbell River.

"Desolation Sound needs no introduction," says historian Jeanette Taylor, the guide for this trip. "It's an international draw, but our guests are often equally as impressed by Bute Inlet, with its mountains towering straight up from the shore. Everything about Bute Inlet is on a grand scale," says Taylor. "And only an adventurer would dare to live there, so the stories of its people are as bold as its landscape."

Taylor has written four books about our coast, including Tidal Passages, a History of the Discovery Islands, which was on the BC bestseller list for much of the year of its release. She shares tales throughout the cruise, which includes daily shore excursions by zodiac for short hikes or to ramble in scenic spots.

"The Discovery Islands is such a jampacked archipelago," says Taylor, "there's something new to see at every turn." Aside from highlights like Desolation Sound and Bute, the tour also includes marine parks like Mitlenatch Island (a bird sanctuary), former aboriginal villages, rock art sites, and pioneer homesteads—some long abandoned and others still in use.

The boat winds through islands passages and inlets on a circular route, from its start and end in Campbell River. The crew share their passion for marine wildlife and provide memorable gourmet fare aboard the 68-foot Columbia III, which once worked these same waters as a mission and hospital ship.

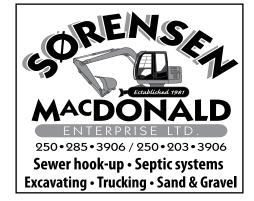
For more details check Mothership Adventure's website www.

mothershipadventures.com or the Museum at Campbell River at www.crmuseum.ca/news. Call 250-202-3229 to register. Only five seats remain on this trip, which is limited to ten guests.



Exploring Bute Inlet's mountain scenery







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Heriot Bay Tides

	IME PST	m.	ft.
05 Friday	02:48 09:32 14:48 20:45	4.7 2.4 3.6 2.1	15.4 7.9 11.8 6.9
06 Saturday	03:29 10:18 16:02 21:46	4.6 2.1 3.8 2.3	15.1 6.9 12.5 7.5
07 Sunday	04:06 10:57 17:07 22:41	4.6 1.8 4 2.5	15.1 5.9 13.1 8.2
08 Monday	04:39 11:32 18:02 23:31	4.5 1.6 4.2 2.7	14.8 5.2 13.8 8.9
09 Tuesday	05:09 12:04 18:50	4.5 1.4 4.4	14.8 4.6 14.4
10 Wed.	00:19 05:38 12:34 19:32	2.9 4.4 1.3 4.6	9.5 14.4 4.3 15.1
11 Thursday	01:03 06:06 13:04 20:12	3.1 4.3 1.2 4.7	10.2 14.1 3.9 15.4
12 Friday	01:45 06:34 13:34 20:52	3.3 4.2 1.1 4.7	10.8 13.8 3.6 15.4
13 Saturday	02:27 07:02 14:07 21:32	3.4 4.1 1.1 4.7	11.2 13.5 3.6 15.4
14 Sunday	03:12 07:33 14:42 22:13	3.4 4 1.2 4.7	11.2 13.1 3.9 15.4
15 Monday	04:04 08:08 15:21 22:59	3.4 3.9 1.2 4.6	11.2 12.8 3.9 15.1
16 Tuesday	05:05 08:50 16:04 23:47	3.4 3.7 1.4 4.6	11.2 12.1 4.6 15.1
17 Wed.	06:15 09:46 16:52	3.3 3.5 1.5	10.8 11.5 4.9
18 Thursday	00:38 07:23 11:09 17:46	4.6 3.1 3.4 1.7	15.1 10.2 11.2 5.6
19 Friday	01:28 08:21 12:51 18:49	4.6 2.8 3.3 2	15.1 9.2 10.8 6.6

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Shops

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Home & Garden

SKILLED GARDENER AVAILABLE

Certified horticulturist and lifelong passionate gardener Ryan Nassichuk is currently available for garden maintenance, improvement, and creation projects. This is an opportunity to bring the passion, skills, and experience of one of Quadra's best gardeners to your landscape. Ryan works in food, ornamental and mixed gardens, and also offers soil testing and fruit tree pruning services. Call 250-202-2326 or email nassichuk@ gmail.com

Medical

HARBOURSIDE MEDICAL CLINIC

Check out our new webpage for clinic schedule, frequently asked questions, and general information. Thanks to our local talents of Heidi Scheifley for the Web Design and Lime Soda Photography for the photos!

Visit us at www.harboursidemedical.ca

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(including tax) - one time

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tin at 250.285.3425 or 250.202.3425

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Help Wanted

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The Heriot Bay Inn is seeking happy positive staff for Sous Chef, prep cook, line cook. Resumes to info@heriotbayinn.com Good work, great people, grand old place!

FOOD VENDORS WANTED

Do you have a food truck, a specialty stand or are a group of bakers looking to sell yummy treats - then we want to hear from you! Standing Together - Tribal Journeys 2017 is looking for local food vendors for the two and half day stay on Quadra Island. Local vendors will be given preference in the application process. Please visit tribaljourneys2017.com to complete a Vendor Application Form and submit ASAP.

Boost your online presence

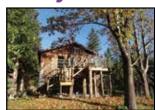
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