discovery



The opening ceremony for Billy Assu: the Man Behind the Mask exhibit, and return of the Assu house poles, October 10.

Ferry Schedules Effective from February 9

Campbell River - Quadra Island

Crossing Time: 10 minutes Leave Camphell River Leave Quathiaski Cove

Leave Campbell River		Leave Quathiaski Cove		
Mon-Fri	C . 4 C	Mon-Fri	C C	
Mon-Fri	Sat-Sun	Mon-Fri	Sat-Sun	
6:40 am		6:20 am		
7:30 am	7:30 am	7:05 am	7:05 am	
8:30 am	†8:20 am	8:00 am	†7:55 am	
9:30 am	9:20 am	!9:00 am	8:55 am	
**10:30 am	10:15 am	10:00 am	9:50 am	
11:30 am	11:15 am	11:00 am	10:45 am	
12:30 pm	12:15 pm	12:00 am	11:45 pm	
1:30 pm	1:15 pm	1:00 pm	12:45 pm	
2:30 pm	2:15 pm	2:05 pm	1:45 pm	
3:30 pm	3:30 pm	3:00 pm	3:00 pm	
!4:30 pm	4:30 pm	**4:00 pm	4:00 pm	
5:25 pm	5:25 pm	5:00 pm	5:00 pm	
6:15 pm	6:15 pm	5:50 pm	5:50 pm	
7:30 pm	7:30 pm	7:00 pm	7:00 pm	
8:30 pm	8:30 pm	8:00 pm	8:00 pm	
9:45 pm	9:45 pm	9:15 pm	9:15 pm	
*10:45 pm	†10:45 pm	*10:15 pm	†10:15 pm	

Quadra Island - Cortes Island

Crossing Time: 45 minutes

Leave Heriot Bay		Leave Whaletown	
Mon-Fri	Sat-Sun	Mon-Fri	Sat-Sun
9:05 am	†8:50 am	7:50 am	†7:50 am
**11:05 am	10:50 am	9:50 am	9:35 am
1:05 pm	1:05 pm	11:50 am	11:35 am
3:05 pm	3:05 pm	**1:50 pm	1:50 pm
5:05 pm	5:05 pm	3:50 pm	3:50 pm
6:45 pm	6:45 pm	5:50 pm	5:50 pm

- ! Local Commuter Sailings, Please Avoid.
- * Fridays Only † Daily except Sundays.
- ** Tuesday sailings are for Dangerous Cargo No passengers or cars.

List Your Event 00000

Want to post a calendar listing on page 3? Lots of choices for getting it to the DI!

- Email us at news @discoveryislands.ca
- Drop off your listing at Inspirations in Quathiaski Cove
- Or you can bring it to our office, 701 Cape Mudge Road
- The mail works too! Our postal address is Box 280, Q Cove, BC VOP 1NO

COMING EVENTS...

Manipulating Collage

with John Schevers

Students in this class will learn to cut stencils and play with citrus concentrate to manipulate images from National Geographic magazines. Exciting abstract shapes appear and form the base for a beautiful and original collage.

For Adults/ All Skill Levels

Saturdays 1:30 to 4:30 (Oct. 17, 24, 31 and Nov. 7) at the Quadra Community Centre.

Cost is \$150 for all 4 weeks or \$50 for drop in. Materials can be purchased in class.

For more information contact John at sjschevers@yahoo.ca or (250)285-2498.



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ROCKY's Ready! Are You?!



Theatre Quadra is set to amaze audiences with an eye 'n ear-popping production of Richard O'Brien's The Rocky Horror Show right in time for Halloween!

The show is a side-splitting tribute to science fiction and horror genre 'B' movies, told with a trans-sexy spin. It's the madcap musical story of an unsuspecting newlywed couple caught in the bizarre web of an eccentric transvestite scientist unveiling his new creation... an Adonis-like boy toy named

The sizzling local cast and live rock & roll band will have you crooning and cavorting to the 'Time Warp', 'Hot Patootie' and 'Touch-a, Touch-a, Touch Me' (among all your other fave Rocky raves)!

To experience all of Rocky Horror's weird and wacky antics, just follow the sexy siren call of Frank N. Furter to the Quadra Community Centre...

- Fri., Oct. 30: 7:00 pm to 9:00 pm
- Sat., Oct. 31: 9:00 pm to 11:00 pm (after fireworks in the ball field!)
- **Sun., Nov. 1:** 2:00 pm to 4:00 pm

Tickets: \$17 Advance / \$20 Door

- Inspirations & Works of H'Art (Quadra Is.)
- The Music Plant (Campbell River)
- Tidemark Theatre (online)

*** NOTE: This play contains adult themes and language! ***

rock the show!

Let's do the Time Warp again!

THE ISLAND CALENDAR

Day to Day

Friday, October 23

- Live music with Six Foot Johnson, HBI Pub 9pm

Saturday, October 24

- Walk-In Flu Clinic, QI Medical Clinic 1-3 pm

Sunday, October 25

- Cultural Comm: Les Imposteurs Q.C.C. at 7:00pm

Thursday, October 29

- Walk-In Flu Clinic, QI Medical Clinic 1-3 pm

Saturday, October 31

- Halloween at the HBI with Back Eddy and the Procrastinators 9pm
- Halloween at Quadra Legion with The ReAnimators 'Revised 80s' music 9pm-1am. \$10

Wednesday, November 4

- Free Money 11:30 a.m. Q.C.C.

Friday, November 6

- Live music with Blue Katz, HBI Pub 9pm

Saturday, November 7

- Fall into Winter fundraiser for Quadra Children's Centre. Herons at the HBI 6pm reserve 285-3322

Wednesday, November 11

- Remembrance Service, Quadra Legion 10:45 am

Saturday-Sunday November 14-15

- 15th Annual Quadra Island Quilt "Marathon" at Q.C.C. Info: 285-2879

The Regulars

MONDAY

Parent & Tots, QCC, 10:00am-12pm Sing for Pure Joy!, 1-2:30pm at QCC Badminton at the Cape Mudge gym, 7:30pm (\$2)

TUESDAY

Al-Anon Meeting, Quadra Children's Centre, 7:30pm Folkdancing, 7:30-9:30 pm QCC 285-3849.

WEDNESDAY

1st & 3rd Wednesday Food Bank,QCC 1–2pm Poker Night, Quadra Legion, Heriot Bay 7:30 pm Hand-Drum Jam, Upper Realm, Q Cove 7:45pm

THURSDAY

-Parents & Tots, QCC, 10 am–12 pm -Quadra Singers, QCC 6:45pm Info: 2393 or 3127 -Prayer Meeting, Quadra Island Bible Church, 7pm -All ages, open mic at Kameleon, Performers of all styles welcome! Open 6pm, music 8pm - late. -Badminton at the Cape Mudge gym, 7:30pm (\$2)

FRIDAY

-Alcoholics Anonymous, 8pm Quadra United Church

SATURDAY

-Farmers' Market, behind Credit Union Q Cove 10-2pm -Meat Draw, Quadra Legion, Heriot Bay 5 pm -Open Mic with Mo, 9pm at the HBI pub

SUNDAY

-Buddhist Meditation, Upper Realm, 10am -Family Service, Quadra Island Bible Church, 10:30am -United Church Service, 11am, 285-3163. -Quadra Sunday Painters, 11am–2pm, 285.3390

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At the Community Centre

THIS WEEKEND October 24 & 25

SATURDAY: 10:00 Island Theatre Kids; 12:00 Watercolour Workshop; 1:30 Manipulating Collage; 5:30 Adult Dance w/Flsa

SUNDAY: 12:00 Watercolour Workshop; 7:00 Quadra Cultural Committee Presents; Christine Tassan et Les Imposteures

THIS WEEK (Oct 26 - 30)

MONDAY: 8:30 Low Impact; 10:00 Parents & Tots; 10:00 Yoga w/ Josephine; 1:00 Sing for Pure Joy; 3:00 Jiu-Jitsu, Kids 8-9; 4:00 Jiu-Jitsu, Kids 5.5-7.5; 4:00 Chess; 7:00 Photo Club

TUESDAY: 9:00 Yoga w/Brenda; 10:00 Quadra Quilters; 10:00 Spinners & Knitters; 5:00 Yoga w/Trinity; 5:30 Zumba w/Marion; 6:30 Boot Camp w/Marion; 7:30 Folk Dance

WEDNESDAY: 10:00 Baby Clinic; 11:00 Moms & Babes; 12:00 Community Kitchen Lunch; 12:00 Nurse Practitioner; 10:00 Yoga w/Trinity; 3:00 Kids Creative Dance; 3:00 Quadra Little Circus 4:30 Poi Class; 6:30 Life Drawing

THURSDAY: 9:00 Yoga w/Brenda; 9:00 Total Body Sculpt w/Marion; 10:00 Parents & Tots & Parent & Tot Yoga; 3:45 Moderate Dance Fitness; 3:00 Hip Hop Dance Class; 5:00 Yoga w/Trinity; 6:45 Quadra Singers

FRIDAY: 8:30 Low Impact; 9:30 Fit on the Ball; 10:00 Friday Painters; 4:00 Ballet for kids; 7:00 Theatre Quadra Presents; The Rocky Horror Show

NEXT WEEKEND (Oct 30 - Nov 1)

SATURDAY: 10:00 Island Theatre Kids; 12:00 Watercolour Workshop; 1:30 Manipulating Collage; 5:30 Adult Dance w/Elsa; 8:00 Fireworks; 9:00 Theatre Quadra Presents; The Rocky Horror Show

SUNDAY: 2:00 Theatre Quadra Presents; The Rocky Horror Show

NEXT WEEK (Nov 2 - 6)

MONDAY: 8:30 Low Impact; 10:00 Parents & Tots; 10:00 Yoga w/ Josephine; 1:00 Sing for Pure Joy; 3:00 Jiu-Jitsu, Kids 8-9; 4:00 Jiu-Jitsu, Kids 5.5-7.5; 4:00 Chess; 6:00 Weight Watchers; 7:00 Community Housing Meeting

TUESDAY: 9:00 Yoga w/Brenda; 10:00 Spinners & Knitters; Group; 5:00 Yoga w/Trinity; 5:30 Zumba w/Marion; 6:30 Boot Camp w/Marion; 7:30 Folk Dance

WEDNESDAY: 11:00 Moms & Babes; 12:00 Community Kitchen Lunch; 10:00 Yoga w/Trinity; 11:30 -1:00 Flu Clinic 3:00 Kids Creative Dance; 3:00 Quadra Little Circus; 4:30 Poi Class; 6:30 Life Drawing

THURSDAY: 9:00 Yoga w/Brenda; 9:00 Total Body Sculpt w/Marion; 10:00 Parents & Tots & Parent & Tot Yoga; 3:45 Moderate Dance Fitness; 3:00 Hip Hop Dance Class; 5:00 Yoga w/Trinity; 6:45 Quadra Singers

FRIDAY: 8:30 Low Impact; 9:30 Fit on the Ball; 10:00 Friday Painters; 4:00



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We welcome items for publication on subjects of interest to Discovery Islands communities. Please help us by following these guidelines:

- Text articles do not need to be attached to a file. Simply send the text in the body of your email.
- Canadian spelling is preferred.
- Please use the title of your item in the email subject line.
- Remember to include credits and captions for photos and artwork.
- Please print handwritten material clearly.

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NEXT DEADLINE

7pm on Monday November 2 for publication on Friday, November 6

DI MAILBAG

letter to the editor about life. In the vibrant fall weather it's so inviting to read about a discussion of life in the paper as the leaves are falling where they may. I don't know when the theory of evolution or Darwinism came to mean the theory of life. Darwin being a very modest man observed some brilliant truths along with Wallace about how life changes through adaptation, and the astounding time. I think he'd be socially embarrassed by seeing his flag paraded over others who have observations as well. To see his flag flying over his dominion meaning us, isn't unlike how comfortable it was for the Church to think the sun revolved around our planet centuries ago to feel at one with the universe. It's only natural. Really we're just people, and so new at this. Bear with me while I digress further. A shark was a shark 250 millions of years ago, and apart from minor adaptations is still a shark. Yet we can observe the evolution of the whale over 50 million years. No one understands why the difference if evolution was so uniform a law. Why are we so naked with fat babies like sea mammals, and so unlike our nearest primate cousins, the monkey's? Scientists who have observe this aren't socially acceptable under the Flag of Science's Orthodoxy. No questions please, it's too unknown, "troubling actually"

Have an opinion to share?
Submit your letter
to the DI by email:
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Regular 'ol mail with a stamp to Box 280 in the Cove or drop it off at Inspirations

If it's too long it may be chopped!
Please be concise

as in what about having 50% of our DNA equal to what banana has. Do you know what this means? What is life. I know I'm breathing and as I look at the rock on the beach I see it isn't. It's inanimate, but rock crystals grow. A confusion is to ask is the rock dead? Thank goodness I'm breathing to ponder these things. What is going on? I realize with a warmly felt wonder I'm the accumulation of billions of years of life on the planet, and the rock existing under the laws of the universe is here too. To explain why I arrived here by saying I'm just a mutant and the rock isn't is very shallow. I 'm not offended though, I know who I am. What really has consciousness have to do with life? I mean people say the the most amazing things without even knowing the reason why. Take humour. Who knows what's funny by thinking it all out with reason beforehand and still feel like laughing. Really. We simply know laughter. It's so to the point, as to why? To ponder it simply isn't as fun. I'll be brief and say consciousness is too highly thought of seemingly sought by those who wish to fly their flag of dominion of order over us to be at one with their world. True science doesn't socially impose. This is a blessing. What is intelligence? It's really too frightening a topic for discussion to be taken seriously by thinkers. Well, one just has to look at violence to realize it really messes people up. Looking at the troubled Mid East it's evident no learning curve about the use of violence is shown by our leaders. It's unimaginable to think peace could be found any other way apparently. Well Halloween is coming, and it's meaning a fascination still. And it's for the children asking of you Trick or Treat? Hoping to have brought you all a peace of mind.

Hugh McNab Read Island. Halloween is here, beware the return of the Bylaw Planners.

The planners at Strathcona Regional District have proposed a bylaw for Quadra which would ban the use of Sea Containers (Seacans) on any other than industrial zoned lots.

We have imported so many goods from China in recent years that there is a surplus of Seacans in North America with the result that they are now readily available and affordable. Since they are weathertight structures made of corrosion resistant steel they are useful for secure storage, workshops etc.

The proposed bylaw seems to stem from an aesthetic concern in cities which has now become the flavour of the month for bylaw planners without regard for local conditions.

We well remember a previous attempt by planners to amend the bylaws which would have had disastrous effects on many home businesses.

Many of the lots on Quadra are rural and we value the freedom to do as we wish on our own properties as long as we do not infringe on our neighbour's enjoyment of theirs.

Quadra Islanders have resisted the mandatory application of the Canada Building Code which has allowed many people to build their dwellings as they can afford them. Quite a few have started as mobile homes which gradually morphed into permanent houses. Others have given rein to their imaginations to build domes and turrets, as they wished. It is part of who we are.

This bylaw looks like the thin edge of the wedge to get us to conform to a standardized blueprint.

It will eventually be the subject of a public hearing and I would urge rejection of it. If there is general concern on Quadra for aesthetics, a bylaw covering eyesores visible to the public would be more to the point.

NEWS AND EVENTS

Free Money

Free Money is till happening but it doesn't start until Wednesday, November 4th. It happens on the first Wednesday of every month from November to April from 11:30 am to Noon just before Community Lunch in the downstairs small seminar room at Q.C.C. Single individuals receive \$10 and families receive \$20 inside a free book of their choice.

Please donate to the Free Money Account at the Quadra Credit Union to keep this program going. I put this article in early because we are short of money. There are islanders who really need your help getting through the long winter. Thanking you in advance. Call Steve at 250-285-3323 for more info.

Creative Dance for Kids

Wednesdays 3:00-4:00 Quadra Community Centre \$35 for 4 classes - preregistration required Ages 3-8

Does your child love to dance? Take them to my class where their creativity can blossom! We'll learn new moves, fun dances, improve coordination and make new friends.

Remembrance Day Luncheon

Ladies Auxiliary are asking anyone who would like to donate some baked goods

For this annual event. You can drop it off at the Quadra legion on Tuesday November 10 between 7PM to 9Pm or Wednesday November 11 between 9 AM and 10AM.

Much appreciated

Local Remembrance Day Service

Our annual Remembrance Day Service will be at the Quadra Branch of the Royal Canadian Legion on Wednesday, November 11th, 2015. Everyone is welcome and families with children are encouraged to attend. Please be seated by 10:45am sharp.

The Legion Ladies Auxiliary will host the luncheon following the morning service. The evening festivities begin with membership initiations to be conducted at 4:30pm. The social hour starts at 5:00pm with dinner for members and spouse/guest at 6:00pm.

Honours & Awards and live entertainment with the Thievin Brothers will follow dinner. RSVP for dinner to Gillian Green 285-3739. See you at the Legion!

Island Voices

Island Voices Chamber Choir presents "Voices in Remembrance: In Their Words" at 2 pm Wed Nov 11, St George's United Church, 505 6th St., Courtenay, and at 7 pm Wed Nov 11, St Patrick's Catholic Church, 34 S Alder, Campbell River.

Admission by donation. Info 250-792-2437, 250-285-3560, www. islandvoiceschamberchoir,bc.ca

At The Legion

The ReAnimators will be rocking the Legion Sat. Oct. 31st for Halloween with their revised 80s music from 9pm-1am. \$10 Cover charge. Costume prizes! Next B I N G O Sat. Nov. 21.

Dance Class for Adults

Tuesdays 7:00-8:00pm 767c Smith Road - \$10

Do you love to turn the music up and just get right into it when nobody's home?

Come to my dance class where you will learn fun moves and discover new friendships while cultivating core strength, coordination and proper alignment.

Weight Watchers

Weight Watchers is the fastest growing and losing group on Quadra! It's never too late....what have you got to lose???

No special food needed.... just healthy eating and add some exercise!! With two weigh ins....the group has LOST 50 POUNDS!!!!...so far

Mondays 6 to 7 pm upstairs at OCC



ISLAND VOICES CHAMBER CHOIR

Jenn Forsland, Musical Director

Voices in Remembrance:

In Their Words

with:

Cantiamo Chamber Ensemble (Courtenay)
Campbell River Children's Choir (Campbell River)



2 pm Wed., November 11 St. George's United Church 505 6th St. Courtenay Info: (250)792-2437

7pm Wed., Nov. 11 St. Patrick's Catholic Church 34 South Alder St., Campbell River Info: (250)285-3560



www.lslandVoicesChamberChoir.bc.ca



At the HBI

October 31, Halloween at the HBI Pub. OOOOOooooooo. Back Eddy and the

Procrastinators - furious ska originals with original island flavour. Dress yourself up to your dreams content! Prizes galore! 10.00 at the door. 9:00pm.

November 7; Fall into Winter in a most delightful way support the Quadra Children's Centre. Two course dinner and smooth jazz by the Dave Blinzinger Trio In Herons. Grahame Edwards and Rick Storm join Dave Blinzinger will fill your evening with tunes from the 20's 30's and 40's.

The trio features saxophone, guitar and stand-up bass. 6pm; \$55; reserve 250.285.3322.

Harpdog Brown Band is performing in the HBI Pub Saturday, November 14. Harpdog Brown is an award-winning vocalist and harmonica player who's been singing the blues since the early 80's. This Maple Blues Award winner: Harmonica Player of the Year in 2014. Show begins at 9pm; \$15 at the door. (no open mic tonight)

UofQ Wednesday, October 28;

Lu Schanfarber - Gardening Galore! Six simple ways to Improve Your Garden Soil PLUS 6 Perennial Edibles for Every Garden. Nov 4; the Legion's Poppy Drive learn about the good works the poppy drive supports with Gillian Green. HBI Pub Campus. 7:00pm.

Live music Bands on Fridays: October 30 no band tonight... come and check out our costume rack, get ready for the Halloween extravaganza. November 6; Blue Kats... smooth vintage rock. Good times in the HBI. Pub. 9:00pm, n\c.

Open Mic on Saturdays are amazing in the HBI Pub. A new show every week. 9:00 pm, $n\c$.



15th Annual Quadra Island "Marathon"



The 15th Annual Quadra Island "Marathon" will be held on November 14th and 15th.

Calling all Quadra Island Quilters to participate: pedal to the metal, tripping over selvedges, and heartbeat finish lines.

Quadra Quilters have donated an average of 50 quilts per year - 750 quilts to date - to the patients at Vancouver Children's Hospital Oncology Ward and Ronald McDonald House. Some comfort quilts are distributed as needed here on Quadra Island. Most fabric, thread, and other supplies are generously donated. The money earned this year from our "Grandmother's Flower Garden" raffle quilt will go towards the making of these quilts.

This year we have 5 teams with team leaders guiding the quilters through fairly simple designs with precut fabrics kits. On Saturday most sewers will piece blocks and assemble quilt tops using patterns called "Disappearing Nine-Patch", "Choc-a-Block", "Sticks and Stones", or "Boxing Match" among others. On Sunday some sewers will be 'sandwiching' quilts (a top, a layer of batting, and then a cosy backing) and then stitching the layers together. The final steps are a fabric binding around all the edges, and a label (for posterity) hand stitched to the back that says "Made with love by the Quadra Island Quilters Guild".

The public is welcome to come in and browse the colourful quilts as they are being

assembled, chat to quilters, maybe enjoy a cup of tea. If you would like to help with this event we could use your assistance to iron, cut fabric, hand stitch (or even un-stitch!). If you are curious about the process of quilt-making, then the marathon might be a wonderful learning experience....or just come and cheer us on

Lunch is provided for helpers. Please call Arlis Scott for more information, or if you want to become involved: 285-2879

Quadra Island Seniors--BR.91-B.C.O.A.P.O.

We are busy cleaning our gardens from weeds, picking vegetables, mowing lawns for the last time until spring.

Tomorrow we are very excited about our Octoberfest meeting. We are bringing delicious foods for our Pot-luck lunch. Our speakers will be Anne Lawrence our delegate for the 2015 O.A.P. Convention in Merritt.

Captain Sharon Clandenning who will speak on Fire protection.

We will have very interesting meetings regularly. Anne Lawrence will have armchair aerobics on Wed. at 10:15 a:m For membership call Lois @3061--for transportation call Ruth @ 3801.

NEWS AND EVENTS

Gypsy Jazz comes to Quadra

For those who have been enjoying the revival of gypsy jazz and music inspired by Django Reinhardt, you won't want to miss Christine Tassan et les Imposteures who will be playing on Quadra Island October 25. In a domain usually reserved for men, this allwoman quartet presents this timeless music while integrating new ideas and influences.

The group first formed in 2003, and since then have performed at more than 400 concerts in various venues and festivals. including numerous appearances in major events across Canada and France. In June 2014, they had the honour of being invited to perform at the Django Reinhardt Festival of Samois-sur-Seine in France, one of the most prestigious gypsy jazz festivals in the world.

From standards to original compositions, les Imposteures' musical arrangements are said to be singularly innovative. As musicians, they improvise with ease, and interpret their repertoire with dynamism. But it's not only their talent as musicians that audiences respond to - their communicative energy and the personal bond between them is apparent to all who have the opportunity to see them. Blanche Baillargeon, Martine Gaumond, Lise-Anne Ross and Christine Tassan are after all, first and foremost friends whose singing voices and energies blend to create a pleasing and energetic performance.

The band has cultivated the loyalty of



Les Imposteurs band leader Christine Tassan

an ever growing fan base and is currently working on its fourth album: "Entre Félix et Django", a double tribute two great artists, Félix Leclerc and Django Reinhardt.

Les Imposteurs are being presented by the Quadra Cultural Committee, and will be playing at the Quadra Community Centre on Sunday, October 25 at 7:00pm.

Tickets can be purchased on Quadra Island at Works of H'Art in Heriot Bay, Inspirations in Quathiaski Cove and in Campbell River, at the Music Plant. Advance tickets are \$17 or \$20 at the door.

Performances are made possible with sponsorship and funding from Quadra Island Recreation Centre, BC Arts Council, the Government of Canada and the Strathcona Regional District.

On behalf of the Quadra Cultural Committee, Catherine Gilbert



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Don't toss it. Repair it!

If you have a broken bike, busted appliance, or a torn sweater that you have no idea how to fix, rather than tossing the item, visit the Repair Café, and learn how to fix it.

On Saturday, Oct. 24 from 10 am to 2 pm at the Campbell River Sportsplex, bring small appliances, stereos, music players, video components, electronics, personal computers, laptops, tablets, phones, cell phones, digital cameras, wooden chairs, toys, bikes and clothes. At the Repair Café, with support from knowledgeable repair volunteers, you'll learn how to fix your broken item.

One of the fixer volunteers, Dr. David Baar, will be available to help participants fix electronics such as computers, digital cameras, audio-visual components, cordless phones, corded phones, and headphones. Dr. Barr is a physicist, engineer and computer scientist and an advocate for repair and reuse.

"One of my particular repair priorities is electronic devices of all kinds," said Dr. Barr. "That is partly because of my own technical background, but also because of the various toxic materials in their components. I would like to see them kept out of the waste stream."

No pre-registration is required, and the event is free, but donations of non-perishable food items, for the foodbank, are encouraged and will be accepted.

For information, call the Sportsplex at 250-923-7911, or check out the Repair Café event on Campbell River Recreation's Facebook page.

The Repair Cafe event is presented by the City of Campbell River and the Comox Strathcona Waste Management Service.

Healing Circle for Women

Irene Champagne, a Mobile Counsellor who has worked with First Nations Communities under the mandate of the United Church working for Truth and Reconciliation, will be helping to set up a Step program for women who have experienced a rough time in their lives. We will start this group in October and invite those interested to participate. Meetings will be held once a month (or more often depending on need. If you are interested in joining in call 250 285-3163. Meetings are held in confidence and will take place in the meeting room of Quadra Island United Church.

Free Firewood

Starting Wednesday, October 14, Free Firewood is available after Community Lunch from 1 pm to 1:45 pm behind the Community Centre.

Now, we need volunteers to chop and stack wood. The best time to work is before and after Community Lunch on Wednesdays, starting on September l6th and hopefully ending on October 7th. Working hours are from 10 am to 2 pm, with time off for a delicious lunch! Some folks like to work before lunch and some after. It's up to you!

If you can help, call Mornay at 250-285-3212 or 250-202-3422 or just show up with and axe. If you don't have an axe, we have some extras.

See you on any Wednesday, starting September l6. Also, if you have a chain saw, please bring it. Call Steve at 250-3323 for more info.

Please donate to the Free Wood Account (that's the name of the account) at our local Quadra Credit Union. Let's keep everyone warm this Winter.

Swing from Fall into Winter... Children's Centre Fundraiser

Fall into Winter in a most delightful way, in Herons at the Heriot Bay Inn, supporting the Quadra Children's Centre. The event includes a two course dinner, smooth swing & jazz by the Dave Blinzinger Trio and a selection of fine quality art up for bids in a silent auction. "Some beautiful pieces have been donated. These are the kind of items you want to gift yourself, or gift as a spectacular present for someone you love. And yes, Christmas is coming" stated Sarah Richardson.

"The Fall into Winter Fundraiser is traditionally a charming evening of quality food, quality art and excellent music" continued Sarah, event coorganizer and Quadra Children's Centre board member. "The Fall into Winter fundraising evening supports island children through high quality childcare. The Children's Centre relies on the community and we truly appreciate the support we receive. It's because of Quadra's support that the Children's Centre continues to be a beacon of quality childcare".

Grahame Edwards and Rick Storm join Dave Blinzinger, layering a sophisticated soundtrack over the evening. The trio features saxophone, guitar and stand-up bass, offering 1930's-40's swing in the style of Django Reinhart and Stefane Grappelli mixed with Latin tunes from the 40's and beyond.

Fall into Winter is November 7 in Herons at the Heriot Bay Inn at 6pm; seats are \$55; call the Inn to reserve (250.285.3322).

It's Time For Influenza Prevention!

Quadra Island Medical Clinic 3 Walk-In Flu Clinics All Welcome

Saturday, October 24th, 1:00
- 3:00 pm at the clinic
Thursday, October 29th 4:00

- 7:00 pm at the clinic Wednesday, November

Wednesday, November 4th, 1:00 – 3:00 pm at the Community Centre

For the 2015-2016 flu season, the vaccine(s) contain the following strains: A/California H1N1 which also contains swine flu, A/Switzerland H3N2, B/Phuket (new this year) and B/Brisbane (in quadrivalent vaccines only).

Influenza is recommended for all individuals six months of age and older.

It is recommended that children age 2-17 years receive the quadrivalent flumist, or fluzone quadrivalent. Flumist will not be available until the end of October.

It is important that those at high risk be immunized. This includes any adult or child with a chronic health condition, adults over the age of 65, residents of nursing homes or chronic care facilities, pregnant women, Aboriginal peoples, and those people capable of transmitting the virus to high-risk groups.

Those individuals with a previous anaphylactic reaction to the vaccine should not receive it.

Soreness at the injection site is the most common side effect of the vaccine. You cannot get the flu from the vaccine.

We welcome any questions related to flu vaccination.

For more information go to www.viha.ca/flu



Quadra Circle News

Community Housing Meeting Nov. 2, 7-9 pm

"Will you still need me, will you still feed me - when I'm 64?" (or 84? or 94?) Despite the projection that by 2030 over 25% of BC's population will be seniors, Vancouver Island residential care homes are now in such demand that beds are filled on a crisis basis. 'Being on a waiting list for a nursing home' is no longer possible because of the urgent need for residential care beds in order to free up hospital beds. Fragile seniors who become hospitalized and can't manage at home any more get priority for residential beds over those barely managing at home but who aren't yet in crisis. Island Health's Community Care (services to assist seniors to stay in ther homes) can't find enough employees to meet current demands. 'Better-at Home' service or evening Community Care aren't available on Quadra (in contrast to Campbell River) so the senior must somehow manage alone or get help from family or friends.

"Let's care for ourselves and each other – Quadra-style!" is the conclusion many of us have reached. Most Quadra seniors want to live out their lives on Quadra, with activities, friends and family to help make life meaningful. We want a variety of housing choices with agingin-place supports and to live in a vibrant, walkable, 'green' Q Cove neighbourhood shared by younger people and families of all income levels.

Attend the Community
Housing Meeting on Monday,
Nov.2, 2015 at 7-9pm at Quadra
Community Centre. Find out
how we can create home choices
for all. Hear about the Joint
Housing Committee's recent
Seniors Housing Survey results
and ways of financing the project.
Call 285-3630 by October 30 if
you'd like to get or offer a ride to
the meeting.

Emotional Wellness: Those aged 19-64 who are unable to go to Campbell River's Mental Health and Substance Abuse service can call (250) 850-2100 and ask for an appointment to see an Island Health counsellor on Quadra. If you are 65 and older, screening is required so please arrange a referral through your doctor. If you have difficulty accessing this new mental health service on Quadra or in Campbell River, please call Quadra Circle's Mary McIntosh: 285-3084.

'Quiet Moments': is a free, no-talking, drop-in class offered by Mental Health to learn relaxation skills and how to manage difficult emotions. No referral necessary. Alternate Tuesdays, Nov. 3 &17 at 12:15 to 12:45pm at the Wellness Centre above the Library. Please arrive early or attend next time. Transportation Program: Seniors who need a ride to appointments, activities, and shopping can call at least 24-hours in advance to arrange a volunteer driver. Call Diana to register or be a driver: 285-3630.

Friday Lunch: Please join us for Armchair Exercise at 11am with Ann Lawrence, then a delicious lunch (\$5 suggested donation) at noon. 1281 West Road, (Quadra Bible Church, lower level).

Seniors Drop-in: Coffee, games and conversation with old and new friends on Mondays, 10am-noon at Quadra School's Literacy Room. Use the school entrance by the Garden.

Foot Care subsidy for seniors and those who receive GIS or MSP premium assistance. Call 285-2255.

Seniors Outreach: Marie Sheran makes home visits and connects you with helpful services: 285-3950.

Quadra Home Meals: For \$5-6 per meal Island seniors and anyone with surgery/illness can order tasty, nutritious meals for most diets made by Gowlland Harbour Resort's Chef. Pick up the meals at the Community Centre Wednesdays 11:30amnoon or pre-arrange delivery. Please order by Saturday noon: Marie 285-3950.

Volunteer with the School or Quadra Circle? Need helpful info about resources for seniors? Visit our Community Connections Centre (beside QI Medical Clinic) Wed.-Fri., 11am-3pm 285-2255.

Lost Families Found.

Everyone welcome. Monthly Genealogy meeting Nov. 5th, 7-9 pm in the Maritime Heritage Centre. This month's presenter is retired Colonel Jon Ambler, manager of the Comox Air Force Museum, who will share the amazing resources of the museum to help us in our research. The following day, Friday, Nov. 6th, there will be a tour of the Comox Air Force at 10:00 a.m. Car pooling will be offered for those who sign up.

Library open 6-7 before meeting. For info, call Janice 250 203-0585. Campbell River Genealogy Society. http://www. rootsweb.ancestry.com





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For leasing opportunities at Cove Centre call Kim or Ed at 250.285.3138

COMMUNITY NEWS & EVENTS

Ballet Classes for Kids!

Chloe will be teaching ballet classes at the QCC again!

Ballet technique, jumps, turns, ballet positions, grace, musicality and FUN!

Beginners most welcome. Classes on Fridays starting October 2 to November 20 @ 4 pm until 4:50 pm at Community Centre. 8 classes \$60. Contact 250 285 3308.

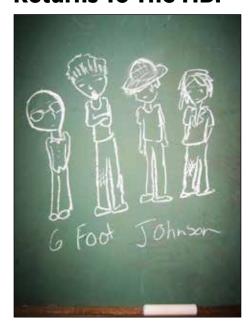
Raise Your Voice In Glorious Song!

Singing extends beyond the fizzing of synapses in our brains and the whizzing of oxygenated blood cells! Our bodies release oxytocin (the 'feel good' hormone) when we sing in a group.

SING FOR PURE JOY! with Mary and Kate at the Quadra Community Centre on Monday afternoons from 1:00 - 2:30.

New members always welcome. Drop-in fee of \$10. Fall Term is pro-rated if you join during the term.

Six Foot Johnson Returns To The HBI



Join ten time HBI veterans Six Foot Johnson at the Heriot Bay Inn pub, Friday, October 23rd, from 9:00pm - 1:00am. Original rock with a twist. No cover charge.

NEW on Quadra!!

Friendly Phone Call Service

Those of you who live alone may have wondered, even worried, what would happen if you fell or became sick and were unable to call for help. Thanks to a new grant from the Campbell River Community Foundation, Quadra Circle volunteers will phone those who request it on a daily basis, effective November 1, 2015. This FREE service is provided to Quadra Islanders who are on their own and/or have medical issues or feel a call would assist them in their daily routine. We are offering peace of mind for the individuals being called and for their family and friends.



If unable to contact you on the first call the volunteer will wait 10 minutes and try again. If still no answer, he/she will try one more time within a 10 minute period. If you don't answer then, or if the volunteer has contacted you and believes there is a problem, the volunteer will call one of your contact people. Your contact person will need to have a key for your residence so that he/she can check on you. If your contacts cannot be reached, we can request the RCMP to do a Wellness Check to ensure that you are OK. As part of your application-for-service discussion with a Quadra Circle representative, you can tell us if you wish that Wellness check to happen. If you are going to be away for your usual call time we ask you to call 250-285-2255 and leave a message to advise us of the temporary

Co-ordinated by our new volunteer, Margie Fraser, this service is offered 7 days a week between 11am and 3pm. All information provided to Quadra Circle will be confidential. For more details and to apply please contact Quadra Circle at 250-285-2255 and leave a message, or email qcircle@outlook.com and a volunteer will contact you. Or drop by the Quadra Circle office Wednesday to Friday 11 am to 3 pm.

www.discoveryislander.ca

Island Theatre Kids

- Musical Theatre

Musical theatre is just for people who want to make it big on Broadway, right?

Actually, enrolling your child in any type of arts related activities comes with a plethora of other benefits.

For example, participating in the arts stimulates and develops the imagination, critical thinking and refines cognitive skills. Also, the arts strengthen problem-solving skills, develop craftsmanship, goal setting abilities, teaches children life talents such as developing an informed perception, articulating a vision, learning to solve problems and make decisions, builds self-confidence and self-discipline, nurtures team building skills and strengthens the ability to work with others, as well as improves your child's ability to communicate effectively.

All of these skills acquired while learning performing arts do not disappear when your child comes off stage, they are skills for life.

A study with 1500 parents whose children attend performing arts activities was recently conducted in the UK (www.dramanetwork. eu) which explored the benefits performing arts has in all aspects of a child's life. Since their child began to participate in performing arts education, parents have seen improvements in

- empathy (89%)
- imagination (93%)
- general happiness and well being (95%)
- ability to listen attentively (89%)
- find innovative solutions to problems (91%)

The majority of parents who took part in this study felt that their child was more confident in everyday life than children who do not participate in the Performing arts.

Musical theatre education helped me find my voice. Now let me help your child find theirs.

Island Theatre Kids runs Saturdays at the Community Centre from 10:00-1:00. Call Kate for more information or to register. 250-203-6850 or islandtheatrekids@outlook.com

New to Quadra? The Discovery Islands Chamber of Commerce and local businesses welcome you with a gift bag. Contact Judy @ 250.285.2150.

NEWS & EVENTS

Halloween Fireworks & Pumpkin Carving Party

This year is the 30th anniversary of the Community Centre's annual Halloween Fireworks display, so expect to see a great show of sparkling colour in celebration! The Fireworks will begin at 8:00 pm on Oct 31st. Due to a little something special going on in the main hall of the Community Centre on Halloween, there will be no Fun Night or Haunted House this year. Instead check out Theatre Quadra's production of The Rocky Horror Picture Show! Get your tickets (adults) and come back after the fireworks for the play on Halloween!

Since we aren't able to have a Fun Night this year we are going to have a little pre Halloween Pumpkin Carving Party instead. Families come down to QCC's Main Hall on Friday Oct 23rd from 3:00 -6:00 and join us in a festivity of pumpkin carving! It's free and we will have hot chocolate, tea and Halloween inspired goodies. Pumpkins will be provided (one pumpkin per family), but please preregister so that we know how many pumpkins are needed! We will also be graciously accepting donations of pumpkins, the help of volunteers and of course you can always make monetary donations to this event or the fireworks display and receive a tax receipt. Please phone QCC at 285-3243 to register for our Pumpkin Carving Party; there will even be prizes!



Like the DI on FaceBook

Harpdog Brown & the Travelin' Blues Show in the HBI Pub



Harpdog Brown has "more than 35 years of bad road" under his belt. He's performed thousands of shows, released seven albums, and has a faithful group of fans that grows, show after show. "Harpdog ain't no stranger to blues fans" and music lovers, he says. Harpdog Brown's latest combo of musicians, known as The Travelin' Blues Show, lays down the early electric blues of Chicago, using vintage equipment from the same era the music was born to.

In 2014 Harpdog Brown received a Maple Blues Award for best harmonica player. Harpdog's shows are often described as a mix of "real-deal blues and soul-felt message of life".

Saturday November 14 Harpdog Brown and the Travelin' Blues Show is live on the HBI Pub stage; show begins at 9pm. \$15 at the door.





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Upcoming...

Six Foot Johnson

October 23 - Cortesian originals

Halloween - October 31

with Back Eddy & the Procrastinators - get your spook on with furious island ska!!

Blue Katz

November 6 - smooth vintage rock

Open Mic

join in... or enjoy local talent at Saturday evenings

with host Mo Davenport

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COMMUNITY NEWS AND EVENTS

Island Theatre Kids

Saturdays 10:00-1:00 Sept.19 - Nov.28

At the Quadra Community Centre \$275 per child (discounts available for siblings)

Ages 5-11

Provide your child with quality part-time training in dance, singing and drama. Island Theatre Kids is proud to offer a well rounded education not just in the disciplines of theatre, but also in teaching life skills, building confidence and providing an avenue to make life-long friends. Discounted rate available for those who missed the first 2 classes.

Hand Drum Jam

EVERY WEDNESDAY NIGHT

upstairs in the Upper Realm at Spirit Books in the Q Cove shopping centre. Beginners welcome. Extra drums available. 7:45pm, drop in fee \$5. Call Steve at 285.3323 for more info.

The Community Kitchen Lunch is for everyone!

The Community Kitchen operates on the generous donations of volunteer's time and participants' donations. While we so are thankful to have great support in this community the program, food prices have gone up this year and so, in order to have such agreat resource on the island every Wednesday, we ask that monetary donations in the donation's box increase. If you enjoy the lunch please donate whatever you can. All donations are very appreciated and help keep the program sustainable.

WHEN THE GOING **GETS TOUGH**

PAGE 12

Quadra Island Outdoor Club **Upcoming Events**



We're very pleased to have Graham Vaughan giving a talk on his paddle to Alaska on Saturday, November 14th. Graham is a guide and operations manager for Spirit of the West. He will be showing his photos and talking about this journey, with two other guides, from Quadra to Skagway in 55 days, covering 1,800 kilometres.

The talk will be held in room 3 (upstairs) at the Community Centre on Saturday night at 8:00. Admission is by donation and everyone is welcome.

In the meantime, the "summer" schedule is winding down. It's been a wonderful season for hiking and kayaking. We've had over 20 great trips. As we transition to winter we will have hiking on demand during the end of October and into November. We welcome trip requests.

The planning meeting for the winter season will be held on Sunday, November 8th, at 2:00 in room 3 of the Community Centre. Think about what you would like to do this winter and brings those ideas to the meeting. We plan to have day and multi-day trips. Everyone is welcome.

For more information about the Club, visit the webpage at qioutdoorclub.org.



Calling all tots!

BRING YOUR GROWN-UP (PARENTS OR grandparents) to the Community Centre to play with speedy ride-on toys and crafty supplies. Mondays and Thursdays from 10 to noon, free of charge.

Yoga at Seascape Pavilion

Sundays 9:30-10:30 774 Cliff Road

Families welcome!

By Donation (suggested \$10)

This is a fun class with a focus on alignment and mind-body-breath connection. It's such a lovely space with a beautiful view. I hope to see you there! All levels welcome.

Free VHS/DVD Videos

You may borrow up to five videos for free at the Upper Realm in Q. Cove. You can keep the videos for 10 days. We also need more DVD videos if you can donate them. VHS videos are no longer needed now. We are open on most Wednesday, Friday and Saturday afternoons. Call Steve at 285-33223 for more info.

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Cove Centre, Harper Road Phone 250-285-3665

Email bookbonanza@telus.net

In Gratitude - Community Garden



The Old Farm Community Garden celebrated another bountiful season with a fall work party and pot luck. We appreciated Jim and Wendy Abrams joining us. Jim, as Regional Director has been a strong supporter of the garden and this year accessed funds to help us upgrade the pump for our precious water system. We would also like to extend a heartfelt thank you to all those individuals and businesses who have supported in so many ways this year. Please accept our sincerest apologies if we have left you off our list.

Fei Wong Taku Resort Denis Thievin @ Bird's Eye Jim Abram Regional Director Dick Whittington @ Quadra Island Forest Products Marie @ On Root Greenhouse Chris Phillips @ On Track Excavating Peter & Lydia @ Yellow Dog Trading Co Rick Milne @ Last Drop Water Systems Roger Janson Roy Dahlnas @ G. Roy Dahlnas Excavating Ltd. Sorenson MacDonald Trucking & Excavating Glen Macklin Gerry Cote @ Fernbank Sawmill Heriot Bay True Value Store Q. Cove True Value Store Spirit of the West Mark Zimmerman @ Mark Zimmerman Designs The Gumboot Discovery Islander

Anybody looking to join the garden for the 2016 season please contact Heather: heather@gicable.com

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Find out more: info@quadraisland.ca



Quadranews





NEWS AND EVENTS

Be Fire Smart With Home Heating

With the cooler weather upon us, the Campbell River Fire Department is issuing a reminder about the dangers of carbon monoxide and providing some safety tips around heating appliances and power outages.

Carbon monoxide is a colourless, odourless and tasteless gas created by burning fuels such as kerosene, gasoline, wood, coal, natural gas, propane, oil and methane.

It is also known as the "silent killer" because it can cause deadly results. Carbon monoxide poisoning is caused by incomplete burning of fuel in furnaces or other heating appliances, portable generators, water heaters, cooking appliances, or car engines left running in garages. High levels can be fatal within minutes. **Symptoms of carbon monoxide poisoning** include: headache, nausea and drowsiness. Prolonged exposure to carbon monoxide can cause confusion and lead to brain damage.

Precautions inside the home:

- · Install and maintain carbon monoxide alarms in your home to provide an early warning.
- · Follow manufacturer's instructions for placement and mounting height.
- $\cdot\,$ Have fuel burning heating equipment and chimneys inspected by a professional every year.
- · Never use your stove top or oven to heat your home.

Precautions outside the home:

- · Remove vehicles from the garage immediately after starting. Do not "warm up" the vehicle in the garage.
- · Never run a vehicle or non-electric engines or motors indoors, even if garage doors are open.
- $\cdot\,$ Make sure exhaust pipes of running vehicles aren't blocked by snow, ice or anything else.
- · During and after a snowstorm, make sure vents for the dryer, furnace, stove and fireplace are clear of snow.
- $\cdot\,$ Only use barbecue grills outside, away from all doors, windows, vents and other building

openings. Never use them inside the home or the garage, even if the doors are open.

- Use portable generators outdoors in well ventilated areas away from all doors, windows, vents and other building openings to prevent exhaust fumes from entering the home.
- · Test carbon monoxide alarms at least once a month and replace alarms according to the manufacturer's recommendations, if they fail to respond correctly when tested, or if they are older than five to seven years.
- · If your carbon monoxide alarm sounds, immediately move everyone inside the home to a fresh air location and call 9-1-1.

If you burn candles:

- · Never leave burning candles unattended. Blow out candles leaving a room or going to bed.
- · Support candles in non-combustible holders, and keep the flame away from combustible materials.
- · Don't burn candles all the way down to the bottom of the holder or container.
- · Never burn candles if medical oxygen is used in the home.
- · Avoid burning candles in the bedroom and other areas where people may fall asleep.

In the event of a power outage, have flashlights and battery-powered lighting ready to use and where they can be easily found in the dark. Avoid using candles and keep matches and lighters out of the reach of children.

During any outage, try to reduce the amount of power the electricity supplier needs to restore to your home by turning off circuit breakers to major appliances and lights. If you have electric heat, lower the setting. This will help prevent an overload outage caused by the initial burst of power required to get all the lights and appliances going again. When power resumes, wait 10 to 15 minutes before turning everything back on. Leave one light on inside the home to indicate when power is back on again.

Christmas Craft Fair Tables Still Available!

Show off your talents at the Community Centre's annual Christmas Craft Fair on Friday November 20th (from 4:00-9:00 pm) and Saturday November 21st (from 10:00-3:00 pm).

The Christmas Crafts Fair is the Community Centre's biggest fundraiser. Your table bookings help support valuable programs and children's activities throughout the year and it's a wonderful opportunity to showcase your work.

To book a table or for more info please phone Michele Sjoholm at 285-3747.

Community Winter Market and Local Food Market @ QCC

Saturday, November 7th 10am-2pm Display and sell your creations or promote your business at our indoor market.

Come and enjoy a terrific assortment of local artisans.

Art, accessories, preserves, sewing, soaps, weaving, woollens, flea market finds and a lot of great gift ideas!

Visit our local gardeners and bakers on stage and get some of those comfort foods to see you through the fall moments. Winter squashes for oh so yummy soups, winter veggies, eggs, dried fruits, preserves, greens galore!

Market hours are: 10am-2pm Set up starts at 8am

Lunch with Audrey!

For more info Call: Stella 250-285-3184 or quadraislandmarket@gmail.com

See you soon!

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FOR MEMBERSHIP INFO

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REGIONAL DIRECTOR'S REPORT • News from Area C by Jim Abram

ell, right now as I write, it is "the big wait" for the Federal election results. By the time you read this we will all know the make up of our new Federal government. So, what more can I say at this early point in the game? I do want to say congratulations to the person who wins the election and also congratulate all of those who have put their names forward to run for public office. I can tell you that it is a brutal experience sometimes very gratifying and sometimes very trying. I commend all those who run and thank you for keeping the choice of democracy alive. The newly elected representative has my commitment to work with them, no matter what party, for the betterment of my constituency. That is you, folks!

Outer Islands issues

I have been having numerous discussions by email with residents of the outer islands over various issues. Some discussion is taking place about housing issues and a village concept such as what we are proposing in the Cove. Some of the discussion is about the wharves, both newly divested from Transport Canada and those that are Regional District park wharves. The most consistent issue by far is the same one we deal with here on Quadra so much: The road conditions! Some work has been done on Rendezvous and some is planned for Read Isl. but weather and contractors seem to be a bit of a problem. I am in constant contact with both of the communities and the Ministry. Tomorrow (the 20th) we will be having our annual "stakeholders" meeting here on Quadra. It is made up of all of the service providers on the island, myself and the representative of the Ministry. Hopefully we will get the next year's work plan worked out and actually implemented.

As I have mentioned before, Highways are a Provincial responsibility, not one of local government, but the work has to get done and I represent you.. so, I deal with the issues as I hear of them or before if I see them. crop up myself. This provincial govt. really doesn't care about our roads and they fund them accordingly (next to nothing) and we still pay the taxes to maintain them along with all other roads in the province in addition to our "ferry subsidy", in addition to our ferry fares. Sounds to me like we are getting the short end of the stick!... Maybe we can do something about that over the next couple of years in the lead up to the next Provincial election!

Meeting with the Coastal Regional District Chairs Group and the First Nations Summit in North Vancouver

Since I mentioned ferries in the above paragraph, I may as well jump in with this one while it is fresh in my mind. I was in Vancouver and North Vancouver on Wednesday and Thursday (14th / 15th) at I meeting I helped arrange with the First Nations Summit. This meeting is something I have worked on for the last couple of years and it has finally come to fruition with the help and support of the Coastal Regional District Chairs Group. The idea was to have the Summit (representing most First Nations in the province) join with us in our fight over ferry issues. The Summit is somewhat the equivalent for First Nations of what the Union of BC Municipalities is to local government. My dream was to see the two entities join together in one heck of a power house when it comes to lobbying the Province. My dream came true this past week.

The two big days have come and gone. We met with the First

Nations Summit (Three of us RD Chairs) and we put forward the resolution that we proposed and prepared to speak to the Assembly. At the last minute the staff came to us and said that the resolution didn't fit their format and I was chosen to re-do it to fit their format and include a whole lot more info. We worked on it with them and made it acceptable and then proceeded to give our three presentations on different parts of the issue. The Resolution was presented on the next day and passed unanimously!!! I am pasting it below. So we are now joined in our efforts to fight the BC Govt. and BCFS by the First Nations Summit! How's that for cool! Here is the Resolution:

First Nations Summit Resolution #1015.19

SUBJECT: Support For Participation In A Working Group In Partnership With The Regional District Chairs To Advocate On Ferry Issues

WHEREAS:

A. First Nations are being significantly impacted, economically and socially, by the ever increasing fares and service cuts by BC Ferries and the BC Government.

B. The Regional District Chairs Group, which consists of the thirteen Local Government representatives stretching from Metro Vancouver to the Alaska border, have common ferry concerns with First Nations.

C. 38% of the provincial GDP is generated on the coast and in related communities through Tourism and other economic activities.

D. These revenues affect all programs such as health care, education and social programs, enjoyed by all First Nations and local communities, wherever they reside.

THEREFORE BE IT RESOLVED:

That the First Nations Summit Chiefs in Assembly support and encourage Coastal First Nations to join with the Coastal Ferry Group in seeking occasional meetings with the Premier and the Minister of Transportation, other Ministers and BC Ferry Services Inc. to resolve ferry issues and produce a ferry system which is affordable and effective for all concerned.

MOVED BY: Chief Maureen Chapman, Skawahlook First Nation

SECONDED BY: Chief Hugh Braker, Tseshaht First Nation

DATED: October 16, 2015

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Nuyumbalees Cultural Centre event

On Saturday the "Man behind the Mask" event took place at Cape Mudge village to celebrate the return of the Chief Billy Assu carved totem poles that were taken away to Ottawa almost 90 years ago. The beautiful woven cape / blanket that was made by Mary Hunt and worn by Chief Assu was also on display after being returned on short term loan.

I had the incredible privilege of delivering a speech to the gathering of about 300 people who came out in the 40 knot winds and pouring rain to witness this historic occasion. I was there as both your Director and as the Chair of the Strathcona Regional District. I have given grants in the past and recently to the Nuyumbalees to help with the restorations that have taken place at the centre. Those grants enrich all of our historic and cultural knowledge and understanding of one another. We also had presentations by the late Chief Don Assu's son, Chief Brian Assu, as well as our MP and our MLA along with a whole host of Chiefs. There was dancing and a huge feast to follow and everyone was made to feel very welcome. I am pasting in below the words that I delivered on your behalf. I don't normally do this kind of thing, but this was such a special occasion and special honour for me, that I want to share it with all of you.

"Good morning and welcome to all; as you Regional District Director and as Chair of the Board, I bring greetings from the Strathcona Regional District. Our area overlaps with much of your traditional territory.

I am proud to have been able to provide assistance to the Nuyumbalees Society and to work with the late Chief Don Assu for so many years. I am sure he is watching his work coming to fruition. I would like to thank Chief Dick and Council for inviting me and also Jodi Simpkin and her team for making this event happen.

We are here today to celebrate! Celebrate our successes... the Cape Mudge people... The Nuyumbalees Society

Look at this weather!

- Celebrate its power - It gives us life! - It allows the salmon to complete their journey - It cleanses these trees of their dead needles and allows new life. This is part of life for all of us.

We are here to celebrate a great leader - Chief Billy Assu - He was a real leader! - He brought the Cape Mudge people into a new age that maybe some didn't embrace at the time. - He knew it was the future and he led!

- This great chief was decorated by a king and a queen! Not many can make that claim. - He was a powerful man a real leader.
- So, today we are here to celebrate the return of his poles
- From trees in the forest to finished masterpieces
- They were shamefully taken from here to far-off Ottawa
- Now they have been brought home after almost 90 years . . . And I am sure the Cape Mudge people will not allow them to be taken away again.
- We are also here to celebrate the willingness of First Nations to forgive all of the atrocities they have endured at the hands of the people that they shared their lands with so long ago.

- I thank you for that forgiveness
 - But today we celebrate!
- A great chief and his descendants; - The return of his precious property; - And the prosperity he enabled with his leadership, so long ago.
- The people of Cape Mudge and Nuyumbalees are an example to the world.
- You will continue to prosper
 I wish you well in all
 that you do And I offer my
 assistance whenever it is needed.

Thank you."

BC Ferries Advisory Committee

I will be meeting with the representatives from both Quadra and Cortes along with the Managers of the BCFS at our quarterly meeting on the 21st at the HBI. We are there to discuss operational issues only (but then what operational issue isn't political?.. so we get our shots in as needed). We have a number of local issues to discuss; my main focus being the absolutely unconscionable manner in which after hour sailings are being handled between the brass at BC Ambulance and BC Ferries. They are out of touch with reality! We need to bring them back to our reality: the fact that our lives depend on them. They don't seem to get that. In an emergency, they have always been our lifeline except in extreme circumstances where the CCG had to be called. Now is it pretty much always CCG, due to BCFS management. They do not know how to manage and we will need to tell them that. More to follow after the meeting.

Seniors Housing Town Hall Meeting

November 2nd at 7pm at the Quadra Island Community Centre, there will be a meeting that you might think you can miss. Think again! This meeting is not just for seniors or soon to be seniors. It is for everyone that has an interest in housing or housing needs for ALL ages and an interest in developing our Q. Cove Village. This is an important meeting that will help develop Quadra's direction over the next ten years. So, please take the time to attend.

UBCM / DFO Aquaculture Select Committee meeting

I will be attending this meeting which the Board has nominated me to the UBCM to be on. It is a quarterly meeting. My main reason for being there is to assert our powers as local govt. in the issue of siting of any facilities and ensuring that the Federal Govt. adheres to our bylaws. When they took over management of the "fishery" a while back, they did not recognize local government. With a lot of effort and support from other sectors at the table I have been able to get local govt. inserted just about everywhere it needs to be. A bit more work needs to be done. This has nothing to do with operations or permitting the industry, just

Lots more to come, but I am sure I am trying your patience not to mention the editors! Feel free to contact me between the hours of 8:30 am and 7:00 pm, Monday through Friday (please, not on weekends, folks!) at 285-3355, or you can fax me at 285-3533 or you can email me anytime at jimabram@ xplornet.ca or by mail at Box 278 in the Cove, V0P 1N0... or on Facebook at https://www. facebook.com/JimAbram.... If it is important, my cell is 250-830-8005... Lots of choices.

Please do not use my residential phone number for SRD calls. All business calls should be on 285-3355. Many thanks!

Respectfully submitted, Jim Abram

A GREAT COMEBACK STORY

Spotlight On Sea Otters



photo by Mark Wunsch

The Discovery Sealife Society will be hosting Prof. Jane Watson from Vancouver Island for a colourful talk on BC's iconic sea otters. Jane will share first hand stories from decades of field research on the west coast of Vancouver Island. The once abundant sea otters were hunted to local extinction from our waters for their extraordinary fur for a trade that lasted for less than 50 years. However, from 1969-1972 eighty-nine Alaska sea otters were reintroduced to Checleset Bay on the northwest coast of Vancouver Island. Ever since, the sea otter population has increased in size and spread along our coast, with remarkable ecological consequences. Mark your calendar for Thursday, October 29th, 7 pm Maritime Heritage Centre. Admission is by donation.

Reel Art Film Festival

The Reel Art Film Festival is a one-day festival celebrating contemporary art + artists with a collection of innovative, award-winning documentary films showing Saturday, November 28th, 2015 at the Tidemark Theatre. Experience the worlds of a renowned, virtuoso solo percussionist; one of Canada's most celebrated photographers; and several ground-breaking, unconventional painters. Reel Art will surprise and entertain. Join us for one screening or spend the whole day. Screenings at 1, 3 + 7 pm.

Co-presented by Campbell River Art Gallery + Tidemark Theatre

A fundraiser for the Campbell River Art Gallery. **Tickets**: \$30 – Festival Pass OR \$12 – Screening Youth under 19 + low income: \$15 – Festival Pass OR \$6 – Screening

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On the teaching of Darwinian Evolution

(the <u>last</u> word - Ed.)

Dear Editor,

There were three recent letters published in your paper on the Topic of Evolution. In one Mr Conchie quotes a shibboleth that erroneously assumes that scientists say Homo Sapiens (H.S.) are descended from present day monkeys. I do not think anyone believes that. The accepted theory is that H.S. and present day apes had common ancestry, which is quite a different thing. The evidence for our common ancestry is found in the fossil record and in genetics. The genetic blueprints of humans and apes show perfect identity with about 96 percent of their DNA sequence. (www.genome.gov/15515096) Similarities in the genetic makeup are used to establish relationships. I could not check Mr Conchie's link (evolutionnews.org/2006/ over 500 scientists proclaim t001981. html) as it "encountered an internal error or misconfiguration and was unable to complete your request".

Caroline Bridges repeats "that more and more scientists conclude that there has to be intelligent design". This is contrary to established facts (see below). She and Mr. Scott both write about the micro/ macroevolution dichotomy. As it is really truly untenable to deny the emergence of novel heritable forms in plants and animals (laboratory rats, poultry breeding, genetically modified rice and maze etc.) the term "microevolution" was introduced by the creationists to acknowledge that some evolution takes place. Other evolutions that manifest changes in the long term, for example evolution in wild animal species, are called "macroevolution", and not accepted by the creationists. But really, even by their definition macroevolution is nothing more than the sum of many episodes of so called microevolution, and thus the two are qualitatively identical. Micro and macroevolution are both words describing evolution.

I did read about Dr. John Ashton and his views. He is a "Young Earth Evangelical". He believes in the story of Noah's Ark. He is convinced that the universe was created less than 10 thousand years ago in six consecutive twenty-four hour days. I presume the mischievous god also found time to plant complex, deceptive fossil clues buried in the deep earth just to make things look like Evolution! You may excuse me for not engaging in debate with someone like Dr. John Ashton, as bringing compelling arguments to his attention would likely be futile.

Your truly, George Barabás P.S.

On scientists believing in God and Immortality (http://stephenjaygould.org/ ctrl/news/file002.html) a survey published in Science, a very famous journal:

Our chosen group of "greater" scientists were members of the National Academy of Sciences (NAS). Our survey found near universal rejection of the transcendent by NAS natural scientists. Disbelief in God and immortality among NAS biological scientists was 65.2% and 69.0%, respectively, and among NAS physical scientists it was 79.0% and 76.3%. Most of the rest were agnostics on both issues, with few believers. We found the highest percentage of belief among NAS mathematicians (14.3% in God, 15.0% in immortality). Biological scientists had the lowest rate of belief (5.5% in God, 7.1% in immortality), with physicists and astronomers slightly higher (7.5% in God, 7.5% in immortality). Overall comparison figures for the 1914, 1933 and 1998 surveys appear in Table 1.

Table 1 Comparison of survey answers among "greater" scientists

Belief in personal God	1914	1933	1998
Personal belief	27.7	15	7.0
Personal disbelief	52.7	68	72.2
Doubt or agnosticism	20.9	17	20.8
Belief in human immortality	1914	1933	1998
Personal belief	35.2	18	7.9
Personal disbelief	25.4	53	76.7
Doubt or agnosticism	43.7	29	23.3

Election Results

North Island Powell-River

Voters turned out en masse for election day Monday, October 19 electing the Federal Liberal party to a majority government. Locally the results were:

Rachel Blaney - NDP (elected)	40.0%
Laura Smith - Conservative	26.2%
Peter Schwarzhoff - Liberal	25.5%
Brenda Sayers - Green Party	8.3%

Classes at CR Art Gallery

Digital Photography with Eiko Jones: Saturday October 31 + Sunday November 1 12:00 - 5:00 pm

This course is designed to be casual yet informative so that aspiring photographers can easily master basic techniques through hands-on learning. Taken a step at a time, we will walk through the aspects of photography, getting the best possible image, regardless of what type of camera is used. By focusing on a single aspect of photography at a time, participants will learn what can be done with a camera and how to use each function to its best capability. The class will alternate between classroom time and outside photo sessions.

Cost: \$185 / Gallery Members: \$165 To view Eiko Jones' photography please visit: http://www.eikojonesphotography.com

Poured Watercolours with Catherine Martha Holmes

6 November - 4 December (5 Fridays) 1:00 - 4:30 pm

Learn to create a "poured watercolour" painting, starting with stretching watercolour paper and becoming familiar with liquid watercolours, artists-quality tube paints and drawing gum with experienced artist and CRAG's 33RD Annual Members' Exhibition award recipient, Catherine Martha Holmes. Participants will review their chosen images (with strong light, middle to dark values), apply drawing gum and paint, using a limited palette of primary colours. To finish the artwork, the class will add the final details to their paintings.

Watercolour stretching boards will be provided for the duration of the class.

Watercolour paper will be available at a small fee.

Cost: \$140 / Gallery Members: \$120

Heriot Bay Tides

		y Hac	
DATE T	IME PST	m.	ft.
09 Friday	03:56 10:11 16:47 23:16	3.8 2.1 4.5 2.4	12.5 6.9 14.8 7.9
24 Saturday	03:36 09:39 16:10 22:49	4.0 2.1 4.7 2.0	13.1 6.9 15.4 6.6
25 Sunday	04:42 10:34 16:45 23:28	4.2 2.3 4.8 1.6	13.8 7.5 15.7 5.2
26 Monday	05:42 11:25 17:18	4.5 2.5 4.8	14.8 8.2 15.7
27 Tuesday	00:05 06:38 12:15 17:52	1.3 4.7 2.7 4.8	4.3 15.4 8.9 15.7
28 Wed.	00:44 07:30 13:05 18:28	1.1 4.9 2.9 4.7	3.6 16.1 9.5 15.4
29 Thursday	01:24 08:20 13:56 19:07	0.9 5.0 3.1 4.6	3.0 16.4 10.2 15.1
30 Friday	02:06 09:11 14:51 19:48	0.9 5.0 3.2 4.5	3.0 16.4 10.5 14.8
31 Saturday	02:51 10:04 15:53 20:34	0.9 5.0 3.3 4.2	3.0 16.4 10.8 13.8
01 Sunday	03:37 10:59 17:03 21:25	1.1 4.9 3.3 4.0	3.6 16.1 10.8 13.1
02 Monday	04:26 11:57 18:20 22:28	1.3 4.8 3.2 3.7	4.3 15.7 10.5 12.1
03 Tuesday	05:18 12:55 19:34 23:51	1.6 4.7 3.0 3.5	5.2 15.4 9.8 11.5
04 Wed.	06:16 13:49 20:38	1.9 4.6 2.8	6.2 15.1 9.2
05 Thursday	01:23 07:22 14:35 21:30	3.5 2.2 4.6 2.6	11.5 7.2 15.1 8.5
06 Friday	01:44 07:29	3.5 2.4	11.5 7.9

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Attractions

WHEELHOUSE GALLERY

Wheel House Gallery at Whiskey Point Resort open every day 9 am-9 pm. Paintings: Nanci Cook, Perrin Sparks, Ann McLean, Louise LaVallee, Elena Mason, Terry Phillips, Kathryn Manry. Lobby gift shop offers soaps, pottery, prints, cards, knitting, t-shirts, more 250-285-2201

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Notices

PLEASE!!!

Please do NOT cross the Active Logging signs on Woodlot 042. There has already been a near miss and several sightings of people who have crossed the barriers while falling is active. Thanks

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- * REFRESHMENTS!



Organized by the Joint Housing Committee of QI Seniors Housing, Quadra Circle & community members Info: (250) 285-2221 For a ride call: (250) 285-3630 by Oct.30