

discovery

I S L A N D E R

New sport takes hold!

upcoming intro course • indoor wall open
CLIMB ON! - page 6



List Your Event



Want to post a calendar listing on page 3? Lots of choices for getting it to the DI!

- Email us at news@discoveryislands.ca
- Drop off your listing at Inspirations in Quathiaski Cove
- Or you can bring it to our office, 701 Cape Mudge Road
- The mail works too! Our postal address is Box 280, Q Cove, BC V0P 1N0

Ferry Schedules

Effective from February 9

Campbell River - Quadra Island

Crossing Time: 10 minutes

Leave Campbell River		Leave Quathiaski Cove	
Mon-Fri	Sat-Sun	Mon-Fri	Sat-Sun
6:40 am		6:20 am	
7:30 am	7:30 am	7:05 am	7:05 am
8:30 am	†8:20 am	8:00 am	†7:55 am
9:30 am	9:20 am	9:00 am	8:55 am
**10:30 am	10:15 am	10:00 am	9:50 am
11:30 am	11:15 am	11:00 am	10:45 am
12:30 pm	12:15 pm	12:00 am	11:45 pm
1:30 pm	1:15 pm	1:00 pm	12:45 pm
2:30 pm	2:15 pm	2:05 pm	1:45 pm
3:30 pm	3:30 pm	3:00 pm	3:00 pm
†4:30 pm	4:30 pm	**4:00 pm	4:00 pm
5:25 pm	5:25 pm	5:00 pm	5:00 pm
6:15 pm	6:15 pm	5:50 pm	5:50 pm
7:30 pm	7:30 pm	7:00 pm	7:00 pm
8:30 pm	8:30 pm	8:00 pm	8:00 pm
9:45 pm	9:45 pm	9:15 pm	9:15 pm
*10:45 pm	†10:45 pm	*10:15 pm	†10:15 pm

Quadra Island - Cortes Island

Crossing Time: 45 minutes

Leave Heriot Bay		Leave Whaletown	
Mon-Fri	Sat-Sun	Mon-Fri	Sat-Sun
9:05 am	†8:50 am	7:50 am	†7:50 am
**11:05 am	10:50 am	9:50 am	9:35 am
1:05 pm	1:05 pm	11:50 am	11:35 am
3:05 pm	3:05 pm	**1:50 pm	1:50 pm
5:05 pm	5:05 pm	3:50 pm	3:50 pm
6:45 pm	6:45 pm	5:50 pm	5:50 pm

! Local Commuter Sailings, Please Avoid.
 * Fridays Only † Daily except Sundays.
 ** Tuesday sailings are for Dangerous Cargo
 No passengers or cars.

NEXT STEPS

Spring seems to be upon us – earlier than usual but with the accompanying sunshine I hear few complaints as islanders bask in warm temperatures and bees are already abuzz among the early blooms.

Time for renewal all around us and the Discovery Islander is joining in the spirit.

Under one name or another the Discovery Islander has served Quadra and the neighbouring Islands for several decades. As the “DI” I’ve been at the helm now for around 18 years. It has been a wonderful way to make a living and be part of the fabric of our wonderful community. Importantly the DI is the only paper to be printed on Quadra itself, helping maintain a printing press in our community.

But as we’re all aware print media faces many challenges in this digital age and small run papers like this are especially vulnerable as costs continue to rise while our market remains fairly static. But small newspaper also draw strength from loyalty and a unique niche.

Two years ago, around the New Year 2013, I conducted a survey in the DI and as part of the outcome introduced the voluntary subscription program and Islander Benefits card which aimed to draw our readers to support both the DI and local island businesses. The project was fairly successful and gave the DI a boost through what seemed like an especially tight financial period. But, as all things tend to do, the return the following year was dramatically lower and there was of course a new time commitment to administer the program itself. Today I think perhaps Islander Benefits has run its course.

But the needs and groundwork of the initial survey haven’t gone away.

One of the comments several respondents made was that a voluntary subscription was an idea they could support, but they’d also like to see more original content in the DI.

I definitely acknowledge that as much as I fancy myself a writer my own voice is less than frequently heard in the DI. In part this is down to the time constraints of simply producing the paper - along with all the other projects that together help the overall business run. But the feedback was not lost on me.

Enter Robyn Budd. Over the past few months readers will have noticed her work and contributions. Robyn is a talented and dedicated Quadra scribe and graphics whizz. She’s brought a fresh look and some needed energy to the DI and I hope reading through these pages you’ll agree her contributions are breathing extra zip into our stalwart paper.

We’d like to continue this collaboration and see the DI fulfil the community role it aspires to. Over the past couple of months we’ve put extra effort into boosting advertising with some result, but not near enough to support the extra work. We also came to realize that looking across the passage to potential advertisers in Campbell River could be undercutting our own Quadra businesses.

Which brings us back to the whole idea of the subscription. As I said I think the Islander Benefits program has run its course so I’m proposing to phase that out (unless there is an overwhelming response to the contrary). Instead the DI will continue to invite our readers to support the paper with an annual voluntary subscription and, following in the model of other small publications, invite greater support from those who would like to be sponsors.

In return Robyn and I both aim to up the ante in terms of content and look of the DI.

It would be great to hear feedback on this idea or any aspects of the DI. There are no plans to run another survey just yet but a quick email with thoughts, ideas and other feedback would be most welcome: news@discoveryislands.ca

More on this next edition, until then thanks for reading and enjoy the sun!

– Philip Stone

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THE ISLAND CALENDAR

Day to Day

Friday, March 6

Live music with David Gogo, HBI Pub 9 pm \$15 cover

Sunday, March 8

International Women's Day QCC 6pm. Potluck dinner and entertainment. Women of all ages welcome.

Monday, March 9

Garden Club presents Jaemy Lauinger from Valley Succulents of Comox at QCC 6pm

Tuesday, March 10

Hal Douglas, Julie Frank, Don Doolittle at Heron's at the HBI, 6pm, cover \$7
Ivan E Coyote, storyteller Manson's Hall, Cortes Is. 7pm

Wednesday, March 11

Ivan E Coyote, storyteller QCC 7pm

Friday, March 13

Live music with Go Dog Go, HBI Pub 9 pm no cover
Friday Flicks presents MOMMY, 7:30pm QCC

Saturday, March 14

QuintEssence, "Opera for Everyone" QCC, 7:30 pm

Saturday, March 21

Linda Rogers and Rick van Krugel, 7pm Co-op Café, Mansons Landing

Sunday March 22

Linda Rogers and Rick van Krugel, 2-3pm Aroma Café

The Regulars

MONDAY

Parent & Tots, QCC, 9:30am-12pm
QuadrapaLOSERS QCC 6pm
Badminton at the Cape Mudge gym, 7:30pm (\$2)

TUESDAY

Al-Anon Meeting, Quadra Children's Centre, 7:30pm
Folkdancing, QCC, 7:30pm, until Apr 28, 285.3849

WEDNESDAY

1st & 3rd Wednesday Food Bank, QCC 1-2pm
Hand-Drum Jam, Upper Realm, Q Cove 7:45pm

THURSDAY

Parents & Tots, QCC, 10 am-12 pm
Quadra Singers, 6:45pm at the QCC
Prayer Meeting, Quadra Island Bible Church, 7pm
Badminton at the Cape Mudge gym, 7:30pm (\$2)

FRIDAY

Alcoholics Anonymous, 8pm Quadra United Church

SATURDAY

Open Mic with Mo, 9pm at the HBI pub

SUNDAY

Buddhist Meditation, Upper Realm, 10am
Family Service, Quadra Island Bible Church, 10:30am
Quadra Sunday Painters, 11am - 2pm, 285.3390
United Church, 11am, 285.3163
Insight Meditation Practice & Teachings, 4 pm, 204.9640

What's happening at the Community Centre

THIS WEEK (March 6-13)

FRIDAY: 7pm Quadra Youth Theatre presents: The Groom
SATURDAY: 12pm Explorations in Watercolor; 7pm Quadra Youth Theatre presents: The Groom

SUNDAY: 1pm Writers' Workshop; 2pm Quadra Youth Theatre presents: The Groom; 6pm International Women's Day Potluck; 7pm Gentle Yoga

MONDAY: 8:30am Low Impact; 10am Yoga with Josephine; 3pm Sing for Pure Joy; 3pm Kids Theatre; 4pm Chess; 6pm quadrapaLOSERS; 7pm Light Room Class; 7pm Garden Club

TUESDAY: 9am Quilters; 10am Spinners & Knitters; 2pm Bridge Class; 5pm Yoga with Trinity; 7:30pm Folk Dance

WEDNESDAY: 9:10am Baby Clinic; 10am Yoga with Trinity; 12pm Community Kitchen Lunch; 6:30pm Life Drawing; 7pm Ivan Coyote

THURSDAY: 8:45am Total Body Sculpt, Marion; 10am Parents & Tots; 10am Gentle Yoga; 2pm Bridge Class; 5pm Yoga with Trinity; 6:45pm Quadra Singers; 6:45pm Boot Camp with Marion; 7pm Conversational Spanish

FRIDAY: 8:30am Low Impact; 9:30am Fit On The Ball; 10am Friday Painters; 4pm Kids Ballet; 5pm Kids Hip Hop; 7:30pm Friday Flicks presents: MOMMY

NEXT WEEK (March 14-20)

SATURDAY: 7:30pm QuintEssence

SUNDAY: 6pm Climbing Wall; 7pm Gentle Yoga

MONDAY: 8:30am Low Impact; 10am Yoga with Josephine; 10am Parents & Tots; 3pm Sing for Pure Joy; 3pm Kids Theatre; 4pm Chess; 6pm quadrapaLOSERS; 7pm Light Room Class

TUESDAY: 10am Spinners & Knitters; 10am Parkinson's Support Group; 2pm Bridge Class; 5pm Yoga with Trinity; 7:30pm Folk Dance

WEDNESDAY: 10am Yoga; 11am Moms and Babes 12pm CK Lunch; 1pm Food Bank; 6:30pm Life Drawing

THURSDAY: 8:45am Total Body Sculpt; 10am Parents & Tots; 10am Gentle Yoga; 2pm Bridge; 5pm Yoga; 6:45pm Bootcamp with Marion; 6:45 Quadra Singers; 7pm Conversational Spanish

FRIDAY: 8:30am Low Impact; 9:30am Fit on the Ball; 10am Friday Painters; 4pm Kids Ballet; 5pm Kids Hip Hop

THE NEXT DI DEADLINE is Monday, March 16 at 7pm

coastal fare and island soul



tag #heriotbayinn: your pic might get some legit ink!
photo by Eileen Peters.

David GoGo *Get down, dance on!* • Fri. March 6

Arrogant Worms 2 nights • Wed. & Thur. March 11 & 12

Bananafish Dance Orchestra • Fri. March 20

join or enjoy: **Open Mic with Mo** Saturday evenings

Heros/Inn:
285.3322

Pub:
285.3539

Heriot Bay Inn

a beautiful place to spend time

ISSUE 597
March 6, 2015

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Guest Editor / Designer: Robyn Budd

Arts Editor: Dom Fetherston

The DI is published every two weeks and distributed throughout the Discovery Islands

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Opinions expressed in this magazine are those of the contributors and are not the views of the publisher.

SUBMISSION GUIDELINES

We welcome items for publication on subjects of interest to Discovery Islands communities. Please help us by following these guidelines:

- Text articles do not need to be attached to a file. Simply send the text in the body of your email.
- Canadian spelling is preferred.
- Please use the title of your item in the email subject line.
- Remember to include credits and captions for photos and artwork.
- Please print handwritten material clearly.

WHILE EVERY EFFORT IS MADE TO INCLUDE ALL ITEMS SUBMITTED, ERRORS AND ACCIDENTAL OMISSIONS MAY OCCUR.

SUBSCRIPTIONS

Gift subscriptions are available for delivery in Canada by mail \$90 for 12 months

Local Voluntary Subscriptions are available with Islander Benefits \$30 per calendar year

Find more details online at www.DiscoveryIslander.ca

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NEXT DEADLINE

7pm on Monday
March 16
for publication
on Friday, March 20

Quadra Island Community School Vision

There is an exciting movement spreading across British Columbia. An Innovation Strategy has been put forward by the BC Ministry of Education and it is gaining momentum. With current discussions happening in our own community regarding the schooling of Quadra's children, I feel it is timely to share this vision. The first step to enlisting for a change is engaging in dialogue. I would like to invite you as parents, grandparents, teachers and residents of Quadra Island to participate in this very important conversation.

As a long-time member of the Quadra Elementary PAC and as someone who has been sent by the parents of Quadra Island to attend the 2013 and 2014 BCCPAC Conferences, it is my privilege to take this opportunity to lead this discussion by sharing some of the valuable knowledge that I have gained through these efforts.

It is important to note that the intentions behind this are not being driven under the pretence of any feelings that Quadra Elementary is not already a successful school with children and teachers who are doing their very best under the obvious constraints that schools everywhere are faced with. Quadra has an amazing team of diverse and dedicated staff who have created beautiful relationships with children and families in this community. The intention is not to undermine the abilities of our teachers but rather work together to build on the excellent foundation that already exists to create a modern learning environment that is reflective of current research on emergent curriculum and about how children learn best.

The objectives highlighted in the Ministry's evolving plans for education I feel, represent the

values held by our community. Pilot projects such as the Burnaby Community School, Maple Ridge's Environmental School Project and the Denman Island Community School are a few examples of the cutting edge programs being developed. The idea is to create an education system that taps into and works collaboratively with other systems in a community to offer a very holistic and personalized way of learning. Children are still acquiring the fundamental skills of maths and language however the learning is delivered through means that are tangible providing children with meaningful experiences that connect them directly to the ecosystems in

We can enlist for this exciting opportunity and offer our children the best education possible - and thereby strengthen the foundations for the future of Quadra Island

their communities. In this way children are engaging partners in their education journey and are offered more opportunities to exercise their sense of imagination and wonder.

A change of this magnitude must begin at a local level within our school and community. It is a bottom up opposed to a top down approach. We have the capacity to enlist for this important change with intentions of offering our children the

best education possible thereby strengthening the foundations for the future of Quadra Island. There is no doubt that we all want the best for our children. Let's begin a conversation. Talk about it with your teachers and neighbors and to anyone who has a vested interest in the community. Share ideas, voice concerns. Together we can seize this opportunity and lead the change that we want to see.

For more information on the Ministry of Education's Innovation Strategy visit: <http://www.bcedplan.ca/>

*Respectfully submitted,
Cally Overton*

Questioning our reliance on wood

I am concerned about our reliance on wood-burning heaters. We need to learn more about windmills. I know that people are concerned about birds being killed by the blades, but if the world temperature rises too much even the birds will die! Power generation using the flow of water in the rapids might kill fish, but even they will die if the water heats up too much.

June Cameron

Have an opinion to share?






Submit your letter to the DI by email:

news@discoveryislands.ca
PREFERRED

Regular 'ol mail with a stamp to Box 280 in the Cove

If it's too long it may be chopped!

Please be concise

Thu 5 Mar	Fri 6 Mar	Sat 7 Mar	Sun 8 Mar	Mon 9 Mar	Tue 10 Mar
					
9°C	10°C	12°C	13°C	13°C	12°C

The Garden Club presents Jamey Lauinger

On Monday, March 9th at 7pm at the Community Centre, the topic for the Garden Club meeting will be cold or rain hardy species of succulents. It is exotic to have cacti, which are classified as succulents, survive our wet winters. Jamey Lauinger, our guest speaker, is the owner-operator of Valley Succulents, a specialty nursery located in the Comox Valley (2210 Anderton Road). Jamey explains that many of the winter hardy species are found at higher elevations and therefore can withstand the wet winters here. Have a look at the website Valley Succulents.ca to see the beautiful colours of these rare and unusual plants.

Valley Succulents started as a small window sill collection of cacti and succulents and has grown into a modest operation with two greenhouses, totaling over 2200 sq. ft. Jamey's initial business was geared towards online sale and saw success with orders from across Canada and abroad. Four years ago, Valley Succulents opened its' nursery location, a very interesting place to visit.

Our local area of BC has a species of native Opuntia cacti. These tough little cacti are at home in BC's dry interior and on some Gulf Islands. Mitlenatch Island, just south of Quadra, has a native flora created by the rain shadow of Vancouver Island Mountains. Opuntia grows on

Mitlenatch along with several native species of succulents such as Sedum. Come out to the Garden Club and find out about the other species of succulents we can grow in our home gardens.

For the show-and-tell table, bring some spring flowers: crocus, hellebores, forced Japanese plums or forsythia. Can anyone pick a bouquet of daffodils for the meeting? Anyone have cacti or succulents in pots which they would like to share? Bring along your extra seeds or seed catalogues. Drop ins welcome, \$3 at the door or you can buy an annual membership.

A whole lotta music

HERON'S AT THE HBI PRESENTS 'A Little Jazz, A Little Blues – A Whole Lotta Music'. Heron's will host a concert on Tuesday, March 10th, with local musicians Hal Douglas, Julie Frank and Don Doolittle. Come down and join them for some musical magic in this intimate setting. The usual great food and drinks will be available at this all-ages event. Showtime is 7 to 9pm. Doors open at 6, kitchen closes at 7. Cover charge is \$7.

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QUADRA YOUTH THEATRE PRESENTS

THE GROOM



WRITTEN BY MARY GOLDMAN DIRECTED BY ROB RHYMER
CHOREOGRAPHY BY HEIDI RIDGWAY

CLIMBING THE WALLS

Introduction to Rock Climbing

THE WINTER RAINS ARE GIVING WAY to spring sunshine and the rock bluffs and crags on Quadra Island are drying out ready for a new season of climbing. Local climbers have been busy through the winter developing new routes and with the kind financial support of Jim Abram and the Strathcona Regional District a special crag has been set up especially for teaching climbing courses.

Cue our good friends at Island Alpine Guides who are offering an Introduction to Rock Climbing course here on Quadra the weekend of May 9th and 10th, 2015. This is a perfect opportunity to experience rock climbing in a fun and safe environment. Take skills you may have learned at the indoor wall outside or start from scratch to learn the basics of this exciting sport, right here in our backyard.

On Day One develop your movement skills on rock, belaying, rappelling and simple anchor building.

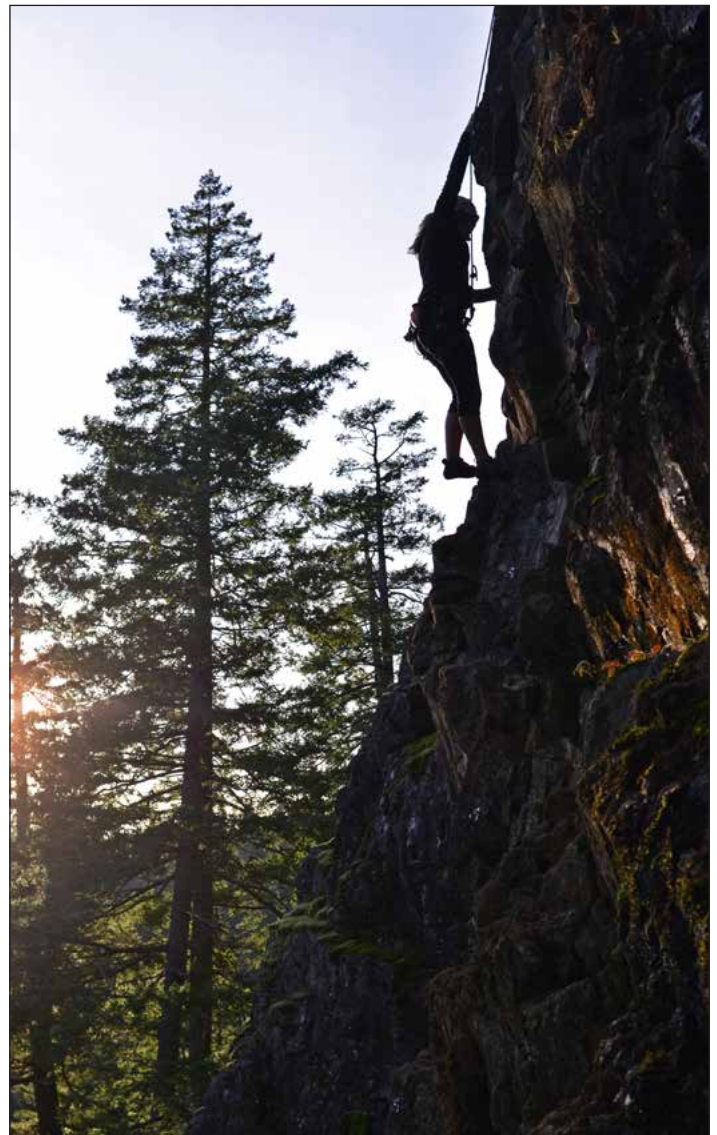
On Day Two we take it to the next level with the building of complex anchors, using removable protection and advanced movement skills.

On completion of this course you'll feel comfortable going top-rope climbing on your own safely and with a built-in orientation to the best places to climb on Quadra.

Cost for the weekend is \$295 per person and includes professional, certified instruction, use of rock shoes, harness, helmet and group technical gear.

For more information and to book online go to: www.islandalpineguides.com/trips/110

If you have any questions don't hesitate to call us 250.400.2870 or email info@islandalpineguides.com



QCC Indoor Climbing Wall Sessions

IN WINTER WHEN THE weather is less than ideal for rock climbing, hone your skills on the warm, dry comfort of QCC's indoor wall so that you'll be ready to get outside on the rocks this summer!

Climbing sessions with Matt James will be held from 6 to 8pm on Sundays through to March

29th. Sessions are focused primarily as adult climbing sessions, and experience is an asset.

Parents may register their children if they are also registered to climb themselves and are fully supervising their own children. Please call the Community Centre at 285.3243 to register.

Q & A SESSION

Demystifying Building Design

I OFTEN GET QUESTIONS ABOUT THE ROLE of a designer when planning a new home or addition. Firstly, a designer provides a client with a complete drawing package so that contractors, trades people and suppliers have all the necessary information which is critical to ensuring that a project can be built both on time and on budget. Also, these drawings allow objective comparison pricing with the knowledge that everyone is working from a common reference. Furthermore, a good set of drawings helps a project flow through to completion in a more predictable and accountable manner.

I took an indirect route to becoming an Architectural Technologist and before gaining my certification I spent over a decade working as a carpenter. This gave me hands on experience in most facets of residential and light commercial construction, and it also made me understand the critical role a well crafted set of drawings plays in construction. Observing how buildings function and relate to their site fed my ongoing interest in design and through this I was drawn to studies in the Architectural Technology program at SAIT. Since graduating, my design work has focused on single family homes, additions and renovations. I have recently taken a sabbatical to design and build our own new

home in Heriot Bay and I am now looking forward to assisting Islanders with personalized design services.

For me, a key to the design process is communication, as the client and I collaborate to find the best expression of their vision, working within their budget. Together we find the ideal use of space, light, form and materials for their personalized design. These ideas then evolve into working drawings, with necessary details and specifications. If you are thinking of building or renovating, I am interested in talking with you. Initial consultations are free. Contact me, Mark Zimmerman, at 250-830-4864.



Local Food Market

THE LOCAL FOOD MARKET IS ALREADY making me hungry with a line up of really great fresh foods. Mussels and clams, baby kale salad greens, organic sourdough bread, local pastured pork and chickens, wild sockeye salmon, grape juice, a new baking vendor, toasted nuts and dry goods, gourmet chocolates, local free range duck and chicken eggs and much more. Audrey will be cooking up delicious fresh eggs benny so plan to stay for breakfast/ lunch. The Local Food Market always has room for more local food vendors. The Local Food Market has been running for almost two years the demand is always larger than the supply. So make sure to show up early in Heriot Bay at the Quadra Island Legion on March 7th at 10am to get the freshest food.

Owl Census on Quadra

I AM DESIGNING A NEW SURVEY ROUTE for an owl census on Quadra Island and would appreciate hearing from you if you have been hearing or seeing any owls during February or early March. This annual survey is done from public roads and would not involve accessing private property. Data from owls surveys is used by Bird Studies Canada in developing conservation strategies. Thanks for any input you can offer! Kathryn 295.2103 or kamanry@gmail.com

At Your Library

AN INFORMAL EVENING OF LOCAL authors will be held at the Quadra Island Library on Wednesday March 25, from 6:30 to 8pm. Everyone welcome.

Quadra Cemetery AGM

THIS YEAR'S AGM will be held on Tuesday, March 25th at 8pm at the Quadra Legion. All community residents are welcome.

Play a Part!

THEATRE QUADRA INVITES ONE AND ALL to a series of play readings to help us choose our Fall 2015 production. Join us as we explore excerpts from plays that are candidates next November's TQ stage spectacular. Play a part and let your voice guide our choice!

The first round of readings will be held at the Quadra Legion: Monday, March 16th at 7pm: 'Calendar Girls' and 'La Cage aux Folles.'

And if you have a play in mind, please let us know! For more information, contact Linda Cannon at 250.285.3949; lingado@me.com.

Make your voice count... Theatre Quadra is counting on you!

QICSS AGM Notice

THE QUADRA ISLAND CONSERVATION and Stewardship Society will hold its AGM on March 18th 7:30 pm at Quadra Community Centre. In 2014 QICSS sent the community's contribution of \$200,000 to the provincial government to facilitate the completion of our northern park system. This was a great success for the community, the SHQP committee and for QICSS. But what of the future? As the owner of the only private property on Morte Lake we consider ourselves the stewards of the whole Morte Lake watershed. This watershed has extremely high recreation and ecological values. We would like to work with other community groups in establishing some sort of protection for this area. Come to the AGM and voice your concerns and ideas.

Newcomers Welcome

NEW TO QUADRA? The Discovery Islands Chamber of Commerce and local businesses welcome you with a gift bag. Please contact Judy at 250.285.2150.

Couples Dance Lessons at Quadra Community Centre

BARRY AND SHARRON WILL GUIDE YOU and your partner through three sessions covering basic steps for east coast swing, cha cha, and two-step. It's easy and it's fun.

Dress comfortably with shoes that do not grip the floor, or thick socks if you like. Dates: Tuesdays (March 31st to April 14th) from 5:30 until 7pm in the Main Hall. The cost is \$30 per couple. Phone QCC at 285.3243 to register.

Life insurance

EXPLAINED

While being diagnosed with a critical illness like cancer, stroke, or heart attack could change your lifestyle, it doesn't need to change your financial plans. Critical illness insurance can help reduce your financial worries so you can focus on recovery. The money can help you:

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Four Months until Summer!

YOU COULD LOSE UP TO 40 LBS BY THAT time! QuadrapaLOSERS' (formally Weight Watchers) Monday Night with the Ladies: optional weigh in/a leader/lotsa sharing and learning/plenty of laughs. Join us! Many of the ol' group are back and the pounds are dropping. Upstairs at QCC on Mondays 6 to 7pm. \$10 monthly fee.

What have you got to lose?!

Nyumbalees Cultural Centre Re-opens in Spring

TO ALLOW FOR THE INSTALLATION of the *Chief Billy Assu: The Man Behind the Masks* exhibit, the Cultural Centre will be closed until the end of March. We will re-open in early spring and look forward to welcoming you then.

QUADRA SENIORS

Branch 91, BCOAPO

The grass and flowers are growing, and spring is just around the corner!

Many of our seniors will be puttering around in their gardens and making new plans to add more vegetable boxes.

Our group is busy planning a special meeting for St Patrick's Day, to be held on Tuesday March 17th. Come at 10am for coffee, tea or a chat. Our General meeting starts at 10:30am at the Legion in Heriot Bay. We are having a potluck lunch, so join the fun even if you are not of Irish descent.

We are also planning a wonderful regional meeting for Wednesday April 22nd, where all the OAP branches from Fanny Bay north will be attending. We will have entertainment and prizes, and OAP Board President Jennifer Coburn will be attending to speak to our seniors. Chef Kathy is planning to cook up a storm, so come and enjoy your day. We are still taking memberships for 2015. Contact Ruth at 250.285.3801. Contact Lois at 250.285.3061 for transportation.

– Ruth Amiabel



Like the DI on Facebook
Receive updates, notifications

An Introduction

MONDAY, MARCH 9th, 1 to 3pm

At Quadra Island Bible Church, Lower Level
An advanced directive is a legal medical document in British Columbia that is a statement of an individual's wishes regarding ongoing medical care should they be in a situation where they are unable to speak for themselves. This is used in circumstances both in hospital and at home to assist health practitioners and family members to make important decisions regarding care of the individual that is consistent with their values and philosophy.

While everyone should have an advanced directive regardless of age, it becomes more important as we enter our senior years.

Join Pat Peterson, Family Nurse Practitioner, and Betty Doak as we attempt to simplify this document and provide you with some ideas as to how you can personalize it for your purposes.

Materials and references provided. Please register with Betty Doak at 250.285.3590 as we like to limit the course to ten individuals.

To help get you started please read the Advance Planning Guide available online at: www.gov.bc.ca/advancecare

Writing Your Advanced Care Directive

MONDAY, MARCH 16th, 1 to 3pm

At Quadra Island Bible Church, Lower Level
This workshop is intended for those who have attended the introductory session on Advanced Care and have given some thought to what they would like to put into their document. Our goal, a document that is ready for signatures.

Join Betty Doak and Pat Peterson, Family Nurse Practitioner, who can offer some suggestions as to how to get down on paper what is in your head. We will do a brief recap of the advanced care documents, then open the floor to questions and answers related to kinds of care available and your right for refusal. Please give some thought to what is important to you and your health, what kinds of care you would like to receive, as well as why you would want to refuse care and in what circumstances. Please read the Advance Planning Guide available online at: www.gov.bc.ca/advancecare

Please call Betty Doak to register at 250.285.3590.

Get ready for Quadra's Annual Beach Cleanup!

SIERRA QUADRA AND THE DISCOVERY PASSAGE AQUARIUM (CAMPBELL RIVER) ARE ONCE again teaming up to roll out Quadra's 18th consecutive island-wide beach cleanup next month. Mission control will, as always, be located midway along Rebecca Spit – the traditional hub for beach-garbage-toting islanders, as well as the location of our fabulous field kitchen and, as a special treat, live music to be provided by Kris Wellstein and friends.

Our Aquarium partners will be working before the event on ocean-related projects with the students at Quadra Elementary. The kids have a special role to play in this year's beach fest, as they'll have the chance to collect debris from their very own section of waterfront.

As in years past, people are welcome to begin cleaning local beaches weeks before the actual event. Collection points are: Beach Accesses at Smith, Milford, Edgeware and Petroglyph Roads; north end of the Kay Dubois Trail on Wa Wa Kie Beach Road; south end of the Kay DuB on Sutil Road, and of course Rebecca Spit at the narrows, the field, and between the southeast parking lot and the shoreline. In early April beach cleanup signs will be placed at all collection points, and in subsequent articles we'll let you know where to find all of them....

Since Beach Cleanup is rarely a one-day event, this year we're proclaiming Sunday April 19 as the official kick-off to Beach Cleanup Week – with Sunday April 26 being, of course, Beach Cleanup Day at the Spit. Our thanks in advance to all islanders and businesses whose support of this event makes it all possible.

More to come in the next issue.

Early bird Michael Mascal shows how to get the job done!



LITERACY EVENTS



Ivan E Coyote

JOIN US FOR AN EVENING WITH IVAN E Coyote, a gender-bending author who loves telling stories and performing in front of a live audience – often weaving music and humour into these live performances. It should be noted that Coyote identifies as transgender and uses the gender neutral pronoun ‘they.’

Ivan believes in the transformative power of storytelling, and that collecting and remembering oral history not only preserves a vital part of our families and where we come from, but that a good story can help inspire us to reinvent a better future.

This evening of spoken word, storytelling and music is guaranteed to provide an entertaining and insightful experience.

- Cortes Island at Manson’s Hall, Manson’s Landing, on Tuesday, March 10th. Doors open at 6:30pm, the event begins at 7pp. Refreshments and snacks are available.

- Quadra Island at the Community Centre, Wednesday, March 11. Doors open at 7pm; refreshments and snacks are available.

Spring Celebration of Poetry and Music with Linda Rogers and Rick Van Krugel

LINDA ROGERS AND RICK VAN KRUGEL have been legal (married) collaborators in silly and serious matters for longer than they can (care to) remember. They have written songs for kids and childish adults and written and illustrated books together. Linda, a poet,

novelist, lyricist and journalist, has been president of the League of Poets and the Federation of BC Writers. An advocate for kid’s (w)rights and international literacy, she is also a Canada’s People’s Poet and recipient, among others, of the Livesay, Arc, Leacock, Montreal, Cardiff, Montreal and Bridport Awards. Rick, often acknowledged as the most exciting white blues mandolinist of his generation, is also a mean singer. Together they blend their voices in poetry and music that brings empathy and humour to the human question.

On Cortes Island: Saturday, March 21st at the Co-op Cafe in Manson’s Landing. Doors open at 6:30pm, the event begins at 7pm.

On Quadra Island: A family friendly event on Sunday, March 22nd, from 2 to 3pm at Café Aroma in Quathiaski Cove.

These free events are sponsored, respectively, by Cortes Literacy Now and Quadra Literacy Now with support from the Canada Council for the Arts, Literary Grants.



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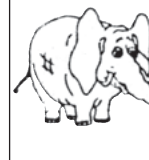
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ACTING OUT ON QUADRA

Arrogant Worms bring the laughs to Quadra Island

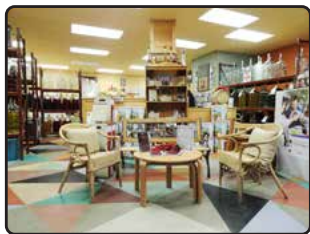


So far, so much funny. It's been twenty five years since the Arrogant Worms formed: they began writing songs to make fun of a big dumb world. Luckily, the world is still dumb and The Arrogant Worms (Mike McCormick, Chris Patterson and Trevor Strong) still have plenty to sing about.

The devilishly funny Arrogant Worms are performing at the Heriot Bay Inn on Quadra Island for two nights of chortles, snickers and guffaws March 11th and 12th. Arrogant Worms shows are fast, furious and family friendly. The wit is quick, the satire is biting and the musicianship is second to none. Show seating is at 6:30pm; the show finishes in time for the last ferry back to Campbell River. All seats are \$45 per person for the show only; pre-show dining is optional.

The Arrogant Worms have sold more than 160,000 copies of their 13 albums. Their most recent offering is SPACE, a collection of 16 new songs released in 2014 that bravely tackles the hard issues like Local Politicians, Yoga Pants and Uncomfortable Chairs.

Business for Sale



Located beside Quadra's only gas station, Fermentations U/Vin U/Brew business has great exposure and a regular clientele with potential for expansion. Offers wine & beer kits and brewing personal fruit creating unique wines. Carbonating & cider could be added. Call today to receive a complete package and turn the dream of owning your own business into reality!

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Canada is a funnier place thanks to The Arrogant Worms. They provide tuneful and silly escapism for everyone who needs it, and as they say, "If you think you don't need it, well, you're wrong. You do. The Arrogant Worms know what's best for you and what's best for you is The Arrogant Worms". Reserve seats by calling the Heriot Bay Inn: 250.285.3322.

What's on at Quadra Youth Theatre

ON MARCH 6, 7 AND 8

Quadra Youth Theatre will bring to the Community Hall stage the greatest collection of young actors since Mickey Rooney and Liz Taylor were plying the boards. The cast includes seasoned actors from such hits as Smell of Money, Jack and the Beanstalk, Monsters in the Closet, Sleeping Beauty and Dick Wittington as well as some rising stars. To add to the excitement, The Unexpected are back providing the soundtrack. Fresh from a whirlwind tour of Quadra, the genre shifting band will be playing music from the Stones, the Turtles, the Clash and the Ting Tings.

The Groom is a romantic musical comedy with a twist. Follow as a young immigrant woman tries to fall in love on a remote part of Quadra Island.

Thwarted by lack of suitable suitors, Maria decides to get a little creative. Sadly, as her project nears completion, she is stymied by a lack of a suitable brain. Just when her life is at its darkest who should drop in but a henchman. Maria soon discovers, however, that while it only takes two to tangle, it takes a village to raise a groom. Luckily this is Quadra and help soon arrives in the form of zombies. Will this be enough? Will love triumph?

The Groom. Come and see it before Hollywood gets its hands on it and ruins it forever! Tickets for Friday and Saturday performances are \$10 / \$6 for students and seniors. For the benefit of families with children, admission to Sunday's matinee will be by donation. Tickets will soon be available at Inspirations, Works of H'Art and the Music Plant.

Shane Philip plays the Legion

COMING TO THE LEGION, ON Friday March 13th from 9pm to 1am is Shane Philip with lively get up and move music! \$10 at the door.

The next Legion Bingo night is on Saturday March 21st starting at 7pm with proceeds going to Quadra Elementary.



Children's Theatre Workshops

CHILDREN'S THEATRE WORKSHOPS, FOR AGES 7 TO 12, will be held by Doni Laird on three consecutive Mondays in March: the 2nd, 9th, and 16th, from 3 to 5 pm.

The cost is \$20 per child, and the workshops will take place in the Quadra Community Centre. Participants will work on building their stage confidence, while strengthening speaking and presentation techniques. They will create their own performances by working cooperatively and using their creative and critical thinking skills, as well as their imaginations! It will all lead up to a fantastic final performance Tuesday, March 17, from 3 to 4pm.

IN CAMPBELL RIVER

Avian Carpenters at the Campbell River Museum

Calling all bird lovers and environmentally active groups! On Saturday, March 14th, from 1 to 2:30pm, the Past President of BC Nature, John Neville, will present a talk entitled *Avian Carpenters: Canada's Woodpeckers*. Neville brings his enthusiasm for the topic based on a lifelong interest in birds which began in England. He sound records in the wild with great sensitivity and field craft awareness. His major aim is that the production of his nature recording art will make people more aware of the feathered creatures and their need for a protected habitat.

Neville is hoping to create interest in forming a naturalists' club in Campbell River that would be affiliated with BC Nature. He says, "We would like to help start a Campbell River Naturalist Club.

Currently there are 53 clubs around the province under the umbrella of BC Nature (see bcnature.ca or contact manager@bcnature.ca). Our motto is 'Know Nature and Keep it Worth Knowing'. We therefore have a strong interest in education and conservation. Any individuals, environmentally active groups or staff and students at the college studying conservation, forestry, or biology might be very interested."

Neville is a regular supplier of nature recordings to the Library of Natural Sounds and his work is now being exhibited in the new Robert Bateman Centre in Victoria. He is currently working on his most ambitious project to date, *Bird Songs of Canada*. He began field recording birds in 1993 after studying with the MacAuley Library of Natural Sounds, Cornell University. As Neville Recording, John has produced seventeen regional sound guides to bird identification and an ebook entitled *Travelling the Dempster*. He just released the 4 cd set *Bird Songs of Canada, Chants D'Oiseaux du Canada*. He regularly presents at Birding Festivals such as the Brant Festival, Wings over the Rockies and the Meadowlark Festival. He has published articles in *Birds and Blooms* and journals for Ontario Nature (Seasons), Nature Saskatchewan, BC Field Ornithologists (BC Birds), Wildlife Sound Recording Society (Wildlife Sound), and BC Nature (bcnature). He is the current recipient of the BC Nature Elton Anderson Award for outstanding achievement in public conservation. The cost for his talk is \$7. Please call the Museum at 250.287.3103 to reserve a seat.

– Ken Blackburn, Public Program Manager



Art-in-the-Hospital Initiative

ON SUNDAY, MARCH 8 FROM 1 TO 3PM the Art-in-the-Hospital Committee will host a community reception to officially launch Campbell River's Art-in-the-Hospital Initiative. The reception will take place in the cafeteria of the hospital and volunteers will be available to walk with small groups so the public can admire the art. Light refreshments will be served. Everyone is welcome.

This Initiative, because of generous funding by the Hospital Auxiliary, is proud to be showing juried works from six community organizations and two professional artists. An 'Art Path' has been created with patients, staff and visitors in mind.

The Art-in-the-Hospital Initiative has been a project in the works for the last year. A small but committed group representing hospital staff, the Campbell River Arts Council and a number of community volunteers have been bringing together artists, the hospital administration, and key members of the hospital staff to facilitate the introduction of more visual art into the hospital.

Many patients now in our hospital are coping with chronic illnesses, some requiring frequent and/or prolonged hospital admissions. These patients, and their caregivers, need courage and support as they await recovery or learn to adapt to new health challenges. The intent of this Initiative is to offer a practical means to help with these journeys.

Art has been produced in partnership with local groups including Ripple Rock Elementary, Carihi, Head Injury Society, Family Services, Kwanwatsi Preschool Program, hospital staff and volunteers. Each group has created a 'station' within the hospital along the Art Path. The Initiative's aim is to have the work changing every six months. Alongside these community groups are also works from local artists Curtis Wilson and Jill Paris Rody.

As we all prepare for the new hospital, the Initiative hopes that great works of art will be included within the new building to uphold the dignity of patients and honour the work of all staff and volunteers. Any financial donations to support the Initiative are most welcome and can be made through the CR Arts Council.



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QI EMERGENCY SERVICES

Emergency supplies for your vehicle - an islander's story

A COUPLE OF MONTHS AGO, ONE dark and rainy winter evening, I was merrily on my way to the ferry from the north end of the island and slowly noticed an alarming sound coming from the vehicle over the tunes on the radio. I managed to limp up to the Granite Bay junction, pulling over in the soft gravel to check out what sounded like a flat tire. Flat as a pancake it was. So there we are, in the middle of nowhere really, dark night, raining, cold and no cell service if one had a provider that even reaches that part of the island. I pulled out my 'emergency bag' to see what I could do about my situation. Even if I had wanted to try and change the tire, at that point I quickly realized that I was NOT prepared. I had failed to review the vehicle emergency kits for winter, being lulled into complacency with a long warm fall. I had one puny flashlight with waning batteries. I had candles, but had removed the lighter for some other purpose during the summer. There was no 'emergency blanket'... even though it was cold, I was extremely thankful that it wasn't snowing! There was a toque and gloves, which reminded me of the recent incident, at that time, on Grouse Mountain where some chaps were out for a run, in shorts and shirts and

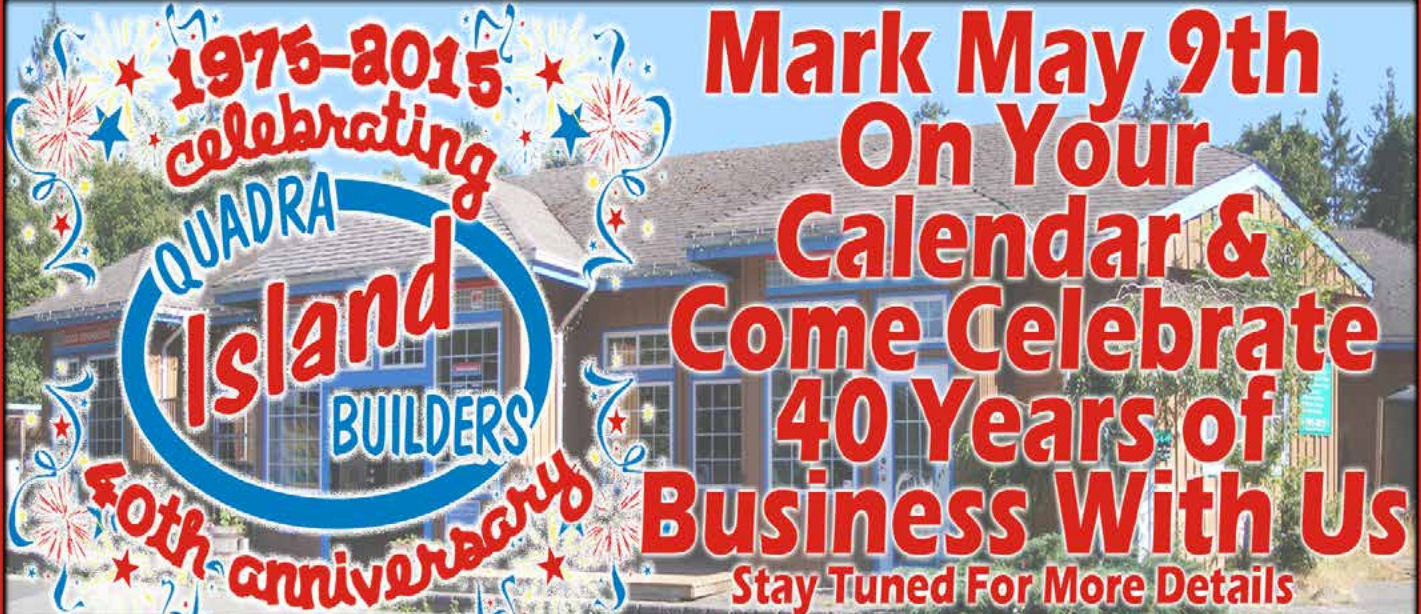
running shoes, in winter, and one chap had slipped on the icy trail, fallen and broken his ankle... on a trail, in shorts, in winter with some snow about. My daughter who had been hiking and heading back down the trail, had given him her 'emergency' toque and gloves from her knapsack while they waited for SARs to come and get him.

As we are now being lulled by incredible weather, remember that it is indeed still winter, with negative temperatures every morning on the north of the island here. The days are getting longer and we are tempted to push the limit on returning to the vehicle after a hike or ride. We still need to remember to 'be prepared'... my emergency kits have good working flashlights AND a headlamp to that I could use my hands and see what I'm doing. There are candles and lighters and emergency blankets, water and granola bars. Always let someone know where you're going and when you'll be back. I was extremely grateful that there were a couple of other souls travelling the road that night, who stopped to offer help, and I thank them, again, very much, for their assistance! So, just like checking the smoke alarms for working batteries, check your emergency kits and make sure everything is up to date!

C A Caulfield, ESS Volunteer

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BC Ferries petition to put it back in the Ministry of Transportation

What a crazy three days. Weeks of making media calls to line this up and setting it up with the Independent MLA and her staff, writing the script, along with the logistics of getting everyone there became quite the feat! But we did it! The details are far too great to try and tell you everything, but basically we all met up on Tuesday morning, the 24th, went to the Legislature and met with Vicki Huntington, Independent MLA for Delta South, and her staff. We went to the Public Gallery and took our seats and waited for the big moment! Vicki made the introductions of all of us and read her statement and later introduced the actual 633 pages of 20,000 signatures to the Minister. We were then subjected to a half hour of school yard behaviour by many of the MLA's as they hooted and hollered at each other over various topics of the day. How any business gets done is totally beyond me. No one keeps order. It is a total free-for-all. We then left and went to Vicki's office where we were met by EVERY TV reporter in BC along with some of the radio people. We had an incredible media "scrum" and had ample opportunity to tell them why we were there and what it all meant to the people of BC. Laural Eacott of Powell River was great in showing off the petition and explaining how she started it and how she managed to bring it to an end by presenting it at the Legislature. She asked me to help accomplish this and it felt great to help be able to do that. The media interviews went on all day and evening. Laural even took one call that I referred to her from the Globe and Mail while driving home. I went off to the CFAX studio where the petition was then totally advertised and then reopened. In less than 12 hours after that more than 3,300 more signatures were gathered. I then went on to do two studio interviews with CBC covering the entire province between the two of them, including Christy's and Todd's home towns! If you are interested in signing the petition, it is still possible if you go to: <https://www.change.org/p/return-bc-ferries-to-thebc-department-of-transportation-and-highways>

All in all it was an amazing success, even though our Minister is such a puppet. He suggested he "has a plan..." I called him out on TV and said, "Lay it on the table." Of course he can't because there is no plan.

The Coastal Regional District Chairs Group (of which I am one) meet with him on March

5th in Victoria... one more trip! We'll see what comes of that meeting. He will be dealing with 13 hard-cores and we are not easily fooled by empty rhetoric. (see below) So stay tuned and please read the following columns by one of BC's premier writers, Stephen Hume: <http://www.vancouversun.com/opinion/columnists/Stephen+Hume+Constitutional+argument+ferry+funding/10853164/story.html>

<http://www.vancouversun.com/opinion/columnists/Stephen+Hume+tale+costs/10849242/story.html>

These are reports on the Federal discrepancy between East and West Coasts. I met with the Federal BC Conservative Caucus over this and wrote about it in a previous report.

You should also read Rob Shaw's piece in the Vancouver Sun and Times Colonist at:

<http://www.timescolonist.com/news/local/petition-calls-on-government-to-take-back-b-c-ferries-1.1772256>

And then after we presented the petition this is what Rob wrote: <http://www.vancouversun.com/news/metro/Petition+calling+government+take+back+Ferries+brushed+aside/10839939/story.html>

What's next? Good question!

Glad you asked! There is a movement forming to stage a Province-wide day of action in communities all over the province to "Take Back BC". The focus will be on all of the problems we are being subjected to (e.g. Health Care increases, ICBC increases, Hydro Increases, schools, seniors, etc.) and with Ferries right out in front. The date of this event will be Saturday March 28th which is only days before our next 3.9% increase in our fares. April 1st is a Wed. and it was decided that since so many people were disappointed about not being able to go to the protest last year in Victoria because they had to work it was decided to be held on a Saturday.

By holding the protests in each community it avoids the travel time and expense and all of the organization that goes along with it. We will need volunteers to put together a sign painting workshop to air all of your pet peeves with the government, tie it all to Ferry issues, and make sure that the next government understands the importance of listening to the people. This is our province! Government is meant to serve the needs of the people, not the other way around.

I am working with an incredible committee of people from around the province to make this happen. To view or join the page, go to: <https://www.facebook.com/groups/Takingitbackmybc/>
So, what else is happening besides ferries?

The SRD Budgeting process is underway and actually nearing completion. We started it in September and have had it on every agenda since then (twice per month). As we are usually told, our requisition is down (you should pay less taxes) but by the time we have all of the things like Provincial taxes, Fire Protection and numerous other things added in, it usually doesn't quite work out that way. Our assessments did go down (no doubt ferries played a hand in that) but the SRD still has to collect a set amount of money to run the services that we want. So they spread that amount over the assessed value and voila! You tax bill is determined. If anyone has taxes that go down this year, could you please let me know? I am really interested in finding out if the figures we see actually translate into lower taxes. Also, keep in mind waterfront, commercial and industrial are exceptions to the general rule...

UBCM

After our monthly Committee and Board meetings on Wednesday, Feb. 11th I then flew to Vancouver to attend my first UBCM Executive meeting on Thursday, Feb. 12th and I am on the Environment and the Resolutions Committees. The Environment Committee dealt quite a bit with Emergency Preparedness and spill response and we also talked a lot about Derelict Vessels, which is a hot topic on the entire coast with both the Fed's and the Province washing their hands of the matter even though it is totally within their mandate. So that dumps it onto local government and we are currently strategizing on how to deal with getting the senior levels to accept their responsibility. I had to fly back to CR that night to attend our Strategic Planning and Budget session on the 13th. Crazy, eh?

Coastal Ferry Chairs Group

A meeting was set up with the Ferry Commissioner on Feb. 16th in Victoria to present him with our submission on Performance Term #4 prior to the deadline. We had quite a long meeting and explained all of the usual which I am afraid rolled off of him like water on a duck's back. He has no power except to recommend to Govt. what to set our price caps at and to give approvals for capital projects over \$30 million and to provide some oversight of BC Ferries structure. Other than that he is totally powerless. He told us that if the government didn't raise the "subsidy" (I hate that word!), then his only tool is to recommend raising the fares. How would that be, folks??? You might want to consider that Day of Action on March 28th! *continued on next page*

Regional Director's report
continued from previous page

Meeting with Minister Stone

The Coastal RD Chairs Group will be meeting with Minister Stone on March 5th in Victoria as this report goes to press. He invited us to meet by him! So we don't really have any idea what he wants of us but we told him we want the Premier in the room (good news or bad). I wouldn't miss the meeting for anything. Maybe he will want to "show us his plan." I know he doesn't have one.... So our meeting should be interesting! Details to follow in my next report of maybe in the media that day / evening news?

Okay... That has got to be it... we'll talk about Telus next time along with some other issues.... So, feel free to call me between the hours of 8:30am and 7pm, Monday through Friday (please, not on weekends, folks!) at 285.3355, or you can fax me at 285.3533 or you can email me anytime at jimabram@xplornet.ca or by mail at Box 278 in the Cove, V0P 1N0... or on Facebook at <https://www.facebook.com/JimAbram>.... If it is important, my cell is 250-830-8005.... Lots of choices.

Please do not use my residential phone number for SRD calls. All business calls should be on 285-3355. Many thanks!
*Respectfully submitted,
Jim Abram, Director, Discovery Islands - Mainland Inlets (Area C), SRD*

NEW: Insight Meditation Gathering

IT'S HAPPENING ON QUADRA'S south end on Sundays at 4pm. A 45 minute meditation period will be followed by time for questions, instruction, and guidance and teaching. Led by Buddhist meditation teacher. All are welcome, beginners and experienced practitioners alike. For more info contact Kate at 250.204.9460.

ISLAND NEWS AND EVENTS

Quadra Island Cultural Committee QuintEssence: 'Opera for Everyone'

Whether a seasoned opera-lover or a first-timer, you are in for a rare treat when QuintEssence presents 'Opera for Everyone' at the Quadra Community Centre on Saturday, March 14th at 7:30pm.



photo: Kathryn Nickford

Featuring internationally renowned vocalists Robyn Driedger-Klassen, Barb Towell, Frédéric Robert and Peter Alexander, with celebrated pianist Tina Chang, QuintEssence offers a fresh, innovative concert experience for lovers of any style of classical music. Its concerts showcase not only cherished opera repertoire of phenomenal quality, but also introduce its audiences to exotic musical gems by celebrated songwriters from Bernstein and Loesser to Weill.

QuintEssence will dazzle you with vocal pyrotechnics, melt your heart with beautifully sung poetry, and stretch your musical frontiers to the limit with much-loved music from around the world. It even encourages audience participation – with its "a la carte" options you get to choose what you want to hear!

While you delight in its charm and entertaining antics, this remarkable vocal quartet nudges you out of your musical comfort zone by incorporating theatrical and narrative twists into each concert. Opera lovers often get a bad rap for being stodgy or outdated – it's really not their fault when performers

are unwilling to risk trying something fresh and fun.

Come to a QuintEssence concert, where 'fresh and fun' is delivered with polish, pizzazz and flair!

Advance tickets are \$17 –

available at the usual outlets: Inspirations in Quathiaski Cove, Works of H'Art in Heriot Bay, and the Music Plant in Campbell River. Tickets at the door are \$20. Students 16 and under are free if accompanied by an adult.

For more information, call 250-285-3630 or visit www.quintessencemusic.ca



Free Money

FREE MONEY DISTRIBUTION takes place on the first Wednesday of every month from 11:30 am to Noon in the downstairs small seminar room at the Quadra Community Centre.

The program has been going for over eight years but is now endangered by a lack of funds. Money to keep it going can be deposited to the Free Money account at our local Quadra Credit Union.

Ten dollars is in each book made available. One book per single person and two for a family.

Free Firewood

NOW AVAILABLE FOR LOW income residents of Quadra Island! The wood is available after Wednesday's Community Lunch from 1 to 1:30pm behind the Community Centre.

We can help you load your vehicle. If you don't own or can't borrow a friend's vehicle, phone Alan at 285.3544 or Mornay at 285.3212. We may be able to deliver.

Money can be donated to the Free Wood Association account at the Credit Union. Questions? Call us!

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In the previous FireSmart article “Breaking the Wildfire Disaster Cycle” the impact of wildfire on people’s lives and communities was discussed. Article 2, “Taking Control”, outlines a few simple concepts for evaluating wildfire hazard factors on your property along with some basic recommendations to mitigate those hazards.

WILD LAND FIRE IS AN ESSENTIAL NATURAL event and for the most part inevitable in most Canadian ecosystems. It plays a key role in the regenerative renewal of our forests as well as reducing the overall fire fuel load. Communities can become compatible with the natural process of fire. In other words, when homeowners take direct action to protect their properties, they become a wildfire adapted community.

To understand the mechanisms of structural ignitions during a Wildland Urban Interface or WUI fire, controlled burn research was conducted during the International Crown Fire Modeling Experiments in Fort Providence, Northwest Territories. Large scale burn test sites were created. Simulated structures built using common construction techniques and materials were placed at various distances from the edge of the burn area. The burn zones were ignited and each structure was carefully observed to determine the impact. The results were surprising.

With regards to the fire front it self, if the buildings had a minimum spacing of 10 meters clearance from the leading edge of the fire and were built with non-flammable roofing materials, 85% to 90% survived the initial blaze. It was not the intense radiated heat from the wall of fire that ignited the structures. More than 50% of constructed fuels that did ignite were caused by an accumulation of burning embers driven by the blaze generated convective winds. Once the constructed fuel load ignited, total destruction was the rule. It is a simple statement with enormous implications....Fire spreads only into and onto locations with fuels that support combustion and this includes your home. In a WUI fire event,

unless you have taken appropriate mitigating measures prior to the blaze, your home will be part of the problem.

A house burns because of its interrelationship with everything in its surrounding “Ignition Zone”. These zones are prioritized based on the distance away from the structure. Priority Ignition Zone 1 includes the house and its immediate surroundings extending out to 10 meters. Zone 2 encompasses all elements out to 30 meters and Priority Zone 3 extends outward up to 100 meters. The first step is a Priority Zone 1 assessment starting with the home and its immediate surroundings. Using a FireSmart Structure and Site Hazard Assessment form, homeowners evaluate their property based on key structural criteria, building materials used, landscape elements, aspect and vegetation. Points are assigned to the observations. These points are then tallied to provide an overall score. The lower the accumulative score, the safer the property is. Once the risks have been identified, measures can then be taken to alter wildfires potential relationship with the property. The process is repeated for Priority Zones 2 and 3 but the specific elements being evaluated are different. The biggest bang for your buck will likely lie within Priority Zone 1 so this is the best place to begin.

START BY LOOKING AT YOUR

roof, gutters and soffit system. If the roofing material is non combustible such as metal, tile or asphalt, you would score well. Unrated wood shakes provide no fire protection and score poorly. The roof should be clear of debris such as branches, small twigs, moss and pine needles. Accumulations of these can be easily ignited after long dry spells. This is particularly true for gutters as they have a bad habit of collecting combustible materials. Any overhanging branches should be cut back or the offending tree should be considered for removal. Eaves with closed off soffits and underside vent screening (mesh no larger than 3 millimeters) will score well. Open eaves with non screened vents are not desirable as burning embers may collect under the roofline during a wildfire.

Outdoor living spaces such as decks and balconies, built out of non-combustible

materials score best. Those built of flammable materials are less desirable. They should also be fully sheathed in below or they will score poorly. These spaces often trap embers and ignite any stored materials. Once ignited, the structure above is quickly consumed.

Siding made of non-combustible materials such as concrete, brick, stone or hardi-plank would score best. Next best are log and heavy timber walls as they provide more fire resistance than board siding. Scoring worst is wood shake or vinyl siding finishes.

WINDOWS ARE OFTEN A WEAK SPOT IN

the structure as extreme heat can cause the window glazing treatment to fail. As the window collapses, an opening is created allowing firebrands to enter the interior space. The larger the window, the more vulnerable they become. Tempered or thick plate glass is most heat resilient while single pane windows score poorly as they provide virtually no fire protection. It is not expected that a homeowner would choose to change out the windows but where the window space has the highest exposure potential, particular

attention should then be applied to the vegetative treatments.

The location of adjacent combustibles play a huge roll. Fire wood or construction supplies stored on or under decks or directly next to an exterior wall are extremely vulnerable to collecting embers. These should be moved at least 10 meters from your

home. Small quantities of heating wood can be brought in closer seasonally when wildfire potential is minimal.

Propane tanks should be located an appropriate distance away from structures, 10 meters is preferred. Any flammable vegetation should have a minimum 3 meter clearance from the tank.

VEGETATION MANAGEMENT WITHIN

Priority Zone 1 is paramount. The idea is to create a fuel modified area in which flammable vegetation surrounding buildings is either eliminated or converted to less flammable species. This fuel free zone should extend outward in all directions 10 meters on flat terrain. In particular, *continued next page*

A house burns because of its interrelationship with everything in its surrounding “ignition zone”. Zones are prioritized based on their distance away from the house.

For more details, please go to www.firesmart.ca

continued from previous page coniferous shrubs such as Juniper, Mogul Pine and ornamental Cedars are notorious for explosive combustion. If they are located adjacent buildings, they should be moved or substituted. Deciduous replacements, consistent with ecological factors can have additional positive benefits retaining valuable moisture and humidity during the dry seasons. Buildings located on slopes will need different criteria and firebreak spacing. The key consideration here is how to break the path fire takes towards or away from a building.

The aspect and location of the structure in reference to slope plays an enormous roll in FireSmart scoring. South facing slopes dry out quicker than those facing North. Fire has a tendency to be driven uphill with greater speed therefore structure setbacks with proximity to shrubs and trees become unique scoring considerations.

ROOF MOUNTED SPRINKLER SYSTEMS

rate well and provide a good layer of protection during a wildfire event. They soak the structure lessening the impact of firebrands contact as well as increasing the surrounding areas relative humidity. Unfortunately, power may fall victim to flames and pump systems often rely on electricity. If they can run independent of power and have an adequate water supply, they will be effective. Keep in mind you may be asked to evacuate in which case their reliability would be uncertain.

CLEARING SURROUNDING VERTICAL FUEL

load is a key element to improving your FireSmart score. Removing ladder fuel (low hanging branches) up to 2 meters from ground level will break ground fires path to the trees crown and is an easily implemented precaution.

WE ARE SCRATCHING THE SURFACE ON

Priority Zone 1 and it may seem overwhelming. The fact is, many elements on your property may already score well. It might take only small modifications to improve the overall score you're trying to achieve.

To truly make a comprehensive FireSmart plan, many more details should be considered which also include Ignition Priority Zones 2 & 3 extending outward to encompass the entire neighbourhood. Article three will discuss this evaluation process and what programs exist to create a FireSmart community.

For more detailed information, you can go to www.firesmart.ca

– Mike Gall, Quadra Island Fire Dept

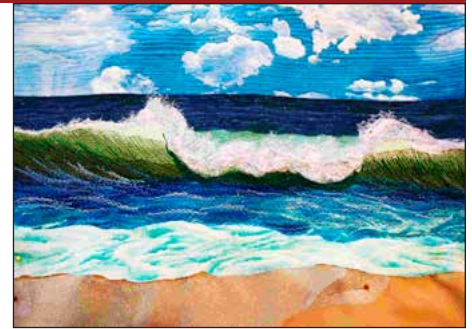
Calling all Women! Come Celebrate International Women's Day (IWD) on Quadra Island

Sunday, March 8 at 6 pm • Free Entertainment and Pot Luck Dinner at the Community Centre
The IWD 2015 theme 'Make it Happen!' envisions a world where every woman and girl is free to exercise her choices, such as participating in politics, getting an education, having an income, and living in societies without violence and discrimination.

All women of all ages are invited to join in the fun and celebration at the Quadra Island Community Centre on Sunday March 8th at 6 pm. Please bring a pot luck dinner item to share & your own dishes and utensils. For more information call Geraldine at 285.2272 or Carol at 285.3737.

Turning Fifty

QUADRA ISLAND'S 50TH ANNUAL TROUT Derby fundraiser Salmon Dinner is taking place on Saturday March 28th, 6:30pm, at the Quadra Legion. Tickets are \$15 each. We would love to have photos from past derbies, so please bring your pictures to Inspirations to have them scanned.



Carol Swinden Presents a Trunk Show

CAROL SWINDON, PEI ARTIST, WILL DO A trunk show of her Pictorial Quilts at the Quadra Community Centre on March 23rd, 7 to 9pm. Come join us for an up-close and personal experience with the artist's stories and her works. Entry fee is \$5.

An artist to begin with, Carol started using fabric and thread as a medium in 2005. Since then she has garnered awards such as Best in Show at the Canadian National Quilt show in 2012, Judges' Choice Award in 2010, and Grand Prize at 'Art of the Quilt' Show in 2010. She has taught and shown her work in the US and Canada.

She has a broad range of interests and her quilts show that variety; from large landscapes to detailed vignettes of waves and trees, from animals and people to automobiles. As well as her skills in the needlearts she is a painter and sketcher.

Carol lives on Prince Edward Island, her hub for teaching and creating. Her Quadra Island visit begins a West Coast teaching spree that takes her to Victoria and Parksville.

Strathcona Food Security Workshop

THE STRATHCONA FOOD SECURITY Project and the Strathcona Food Action Committee will be hosting a food security workshop in Campbell River on March 17. Please spread the word!

Titled *From Food Crisis to Food Security*, the workshop will be held March 17, 2015, from 9:30am to 2pm at Eagles Hall in Campbell River. The workshop features Laughing Willow Community Garden, the Salvation Army's Dinner Bell Program, a tour of the Campbell River Food Bank, and more! Lunch will be provided. For more information, contact Cynthia Bendickson at 250.202.1320 or cbendickson@gmail.com.



IT'S HAPPENING AT THE HBI

Newfoundland Trio 'The Once' on Quadra Island

THE ONCE IS A FOLK TRIO FROM ST JOHN'S, NEWFOUNDLAND. Their east coast influenced music features gorgeous harmonies, incandescent voice and spirited acoustic instrumentation. The trio (Geraldine Hollett, Andrew Dale and Phil Churchill) draw upon a range of influences and perform a mix of original and traditional material; guitars, mandolins, banjos and even a bouzouki build a rich musical tapestry.

The Once has collected a trio of Canadian Folk Music Awards, been named Newfoundland & Labrador Art Council's Artist of the Year and earned a Juno nomination for best Roots/Traditional album. Currently on a cross-Canada tour, The Once are performing their dazzling music during a one-night stop on Quadra Island, at the Heriot Bay Inn Saturday March 28. Show and a two course dinner are \$79 per person. Also available are show-only seats for \$59.



"Just as the sea refuses no river, the Once turns back no listeners. These three Newfoundlanders gracefully and evocatively offer gem-like maritime music – foot-stomping shanties, heart-rendering ballads, and salt-aired interpretations. Something singular is happening here, you bet!" enthused reviewer Brad Wheeler in the Globe and Mail.

The new The Once album, Departures, holds more originals than their other ones combined. Hollett says that the new album reflects the group "feeling more confident to do what we want." Dale also feels that they threw their "trepidations out the window" on this recording. Departures represents the Once's most honest and personal effort to date.

The Once operate as a democratic, collaborative unit; everyone contributes to each others' tunes. The songs come from different band members but shared lyrical themes isn't surprising since the three, as Churchill notes, have spent many years together, traveling in the same small van and going through similar life experiences.

– Robyn Mawhinney

Congratulations to one of our favourite guys, Scotty Low! He's the big the winner of two tickets to the Canucks, hotel accommodation and a tour of Labatt Breweries. Thanks to Labatt Breweries for their sponsorship. Have fun, Scotty!

March 11 and 12: Canada's infamous "Arrogant Worms". Their wit is quick, the satire is biting and the musicianship is second to none. A truly enjoyable experience. Show: \$45+tax. 6:30pm in Herons. Reserve 250.285.3322.

March 20: Bananafish Dance Orchestra, a 6 piece powerhouse groove sensation. Big horns! Soaring vocals! Crazy dancing! Rockin' tunes! Screamin' improv! Hiphop throwdowns! Bari sax blues scales! HBI Pub. 9pm. \$15 at the door.

March 27: Slam Poetry. Join Vancouver Master Slam Poet Duncan Shields and his crew Jillian Christmas, Lucia Misch and Johnny McRae for a night of words. Local poets please sign up by phoning the Inn at 250.285.3322. Ask for the slam guidelines. 9pm, \$10 at the door. Speaking poets free.

March 28: "The Once" on their Canadian

tour from Newfoundland through to Quadra Island. This trio performs joyous harmony-rich acoustic music that has been endearing them to audiences across the country. Two course dinner show in Herons. \$79, 6pm seating. Show only \$59, 7pm seating. Reserve.

Hal Douglas. Tuesdays (every other; March 10 and 24). A little jazz, a little blues... a lot of music. 7pm to 9pm, \$7 cover.

Wednesdays: UofQ. March 11: The current state of Village Bay Lakes with Lauren Miller of Qi Salmon Enhancement.

March 18: Cooking Beans, including how-to-hummus with Barbara Mindell and Annette Grundvig. Pub education, interactive armchair learning at its best! 7pm at the HBI Pub.

Extra curricular UofQ class Thursday March 26: Slam Poetry with Duncan Shields and friends. 7pm. HBI Pub education. Pump yourself up for the Friday (March 27) night Slam!

Saturdays: Swing on down to the HBI Pub every week for open mic. Always an great group of players and good times. 9pm, no cover.

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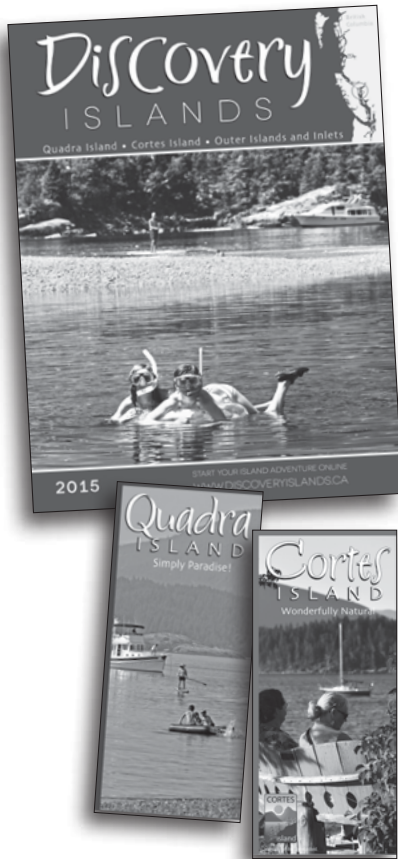
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ON THE SILVER SCREEN

Vancouver International Mountain Film Fest Tour: Two Shows Coming to North Island

Get ready to welcome spring with a couple of thrilling evenings of outdoor adventure, exploration & action films - the Vancouver International Mountain Film Festival 'Best of the Fest' tour is coming to Courtenay on Friday March 20, and to Campbell River on Friday March 27.

Founded in 1998, the VIMFF is now the premier mountain film festival of the spring season. Following the VIMFF festival awards in Vancouver in February, a selection of the best films, including jury award winners and people's choice favourites, goes on

tour. The film themes range from skiing, climbing, trekking, surfing, biking, nature and environment, with stories of explorers, adventurers, thrill-seekers and human ingenuity.

Join Strathcona Wilderness Institute for this exciting evening of films, on March 20 at the Stan Hagen Theatre at North Island College in Courtenay, and on March 27 at Timberline Secondary School Theatre in Campbell River.

SWI is hosting the 'Best of the Fest' in both communities this year, as part of our outreach & fundraising initiatives. SWI is a non-profit society which operates the two summer information centres in Strathcona Park: at Buttle

Lake between Campbell River & Gold River; and at Paradise Meadows near the Comox Valley; where we organize nature talks, walks & hikes for the public.

Doors open at 6:30, films start at 7 pm.



Admission is only \$17 for adults, \$5 for children 12 and under. Tickets can be purchased online at www.strathconapark.org or at the following stores (exact cash only): Tarbell's in Cumberland, Blue Toque Sports in Courtenay, Blue Heron Books in Comox, and Outdoor Addictions in Campbell River.

Last year the 'Best of the Fest' in Courtenay sold out, so be sure to get tickets early, as seating is limited. For more information contact strathconawilderness@gmail.com Follow SWI on Facebook, Twitter or sign up for Enews on our website www.strathconapark.org for the most up-to-date information on films & tickets.

QI OUTDOORS CLUB

Our Upcoming Events

AS WE FINISH THE WINTER SCHEDULE, here are our upcoming trips:

- 11 March, Wednesday • Hike to Maud Island
- 21 March, Saturday • Hike to the Quadra Karst formations
- 1 April, Wednesday • Hike to Stramberg Old Growth grove
- 15 April, Wednesday • Hike to Carrington Bay, Cortes Island

More information about these trips is available at: qioutdoorclub.org/trips/trip-schedule/schedule-fall-and-winter-2014-15/

We will have the spring and summer planning meeting on Sunday, March 29th at 2:00 in room 3 of the Community Centre. This is your opportunity to help develop the summer trip schedule. There are already lots of great ideas being discussed for destinations, but be sure to come with your suggestions. Everyone is welcome. It is also the time to renew your membership. If you have suggestions or would like to coordinate a trip, but can't be at the meeting, please e-mail to qioutdoorclub@gmail.com. For more information about the Club, visit the webpage at qioutdoorclub.org.

Artist Profile: Frank Boas

Frank Boas is a painter, a photographer, a horticulturist and a bryologist (a moss, liverwort and hornwort expert) who was born in Seattle in 1939.

When Frank was four, his parents relocated the family to Victoria. Frank grew up and lived there until he finished regular schooling and successfully completed a baccalaureate degree. Notably, he was the first class of graduates from the University of Victoria (1964).

After finishing at UVic, Frank moved to Youbou – a community located on the north shore of Cowichan Lake, west of Duncan – and later relocated to Vancouver where he did post-graduate studies and worked at the Bryophyte (moss) and Hepatic (liverwort) Herbarium at the University of British Columbia.

Frank is a well-known and respected photographer. In the late 1960s he was invited to fill the Queen Elizabeth Theatre in Vancouver with his photographs. His pictures have also adorned the covers and pages of several books, including *Plants of the Pacific Northwest Coast: Washington, Oregon, British Columbia and Alaska*; *Plants of Northern British Columbia*; *Field Guide to Ecosites of West-Central Alberta*; *Some Common Mosses of British Columbia*; *Plants of Coastal British Columbia*; *Edible and Medicinal Plants of Canada*, and *Alpine Plants of BC, Alberta and Northwest North America*.

An astonishing photograph created by Frank is housed at Victoria in the British Columbia Provincial Archives. The picture is a close-up image taken in 1966 of Western Mines tailings at Buttle Lake on Vancouver Island. Tailings consist of ground rock and process effluents that are generated in the

mining process. Frank's image is a black and white photograph. It is a striking composition that displays a shiny flow of metallic bubbles which he captured on film. At the time, Frank was employed as a prospector.

Years later, Frank and his partner Maureen McDowell decided to leave the arctic (Cambridge Bay) for warmer climes and came to settle on Quadra Island. Their love of plants is evident at their home, where there are palm and banana plants from Pakistan growing in their living room, and a unique yard with a creek and a large two-level greenhouse that contains a wide array of exotic flora including goji berry and tower of flower plants.

When he's not got his hands in the dirt, he's got them occupied with the tools of a visual artist.

Frank's paintings are on display in a group show at the Heriot Bay Inn and at the Aroma Cafe. His subjects are varied from geometrics to real and imaginary beings, and his ideas are coming in fast and furious. It's clear that fun motivates Frank. Currently, he is creating a series of patterns in watercolour and pencil on paper.

Frank describes his art as 'tending toward the strange.' His work is prolific and his process is spontaneous. Frank says that artists who inspire him include Turner for his landscapes, Escher for his patterns and Van Gogh for his colours. He jested that his favourite colour is 'somewhere between black and white.' However with some gentle prodding, he settled on 'yellows, oranges and reds.'

Frank describes his art as 'tending toward the strange.'

Frank is an amiable, creative and smart talent who believes in observing the need to enjoy his time. He is a survivor of a difficult five year struggle with cancer, treatments and surgeries and an inspiring person with great talents and an infectious laugh. Frank is doing what he likes to do and he is having a blast. All reasons to celebrate!



CR Festival of Film Special Screening of Mr Turner

THE CAMPBELL RIVER FESTIVAL OF FILM IS presenting a special screening of the award-winning film *Mr Turner* at the Tidemark Theatre on Tuesday March 24th, as a benefit for the Campbell River Art Gallery.

Actor Timothy Spall won the Best Actor prize at the Cannes Film Festival for his magnificent performance in Mike Leigh's gorgeous biopic about famed British landscape painter JMW Turner. Leigh's film is both intellectually and visually captivating. *Mr Turner* focuses on the last 25 years of the life of the bohemian, visionary artist – his work, his relationship with his father, and his disturbing relationships with women.

Mark your calendars for Tuesday, March 24th and support the Campbell River Art Gallery and the Festival of Film. Tickets are \$12; the film starts at 7pm. More information: admin@crartgallery.ca or call 250.287.2261.

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DATE	TIME PST	m.	ft.
06 Friday	06:28	4.6	15.1
	12:31	2.5	8.2
	18:16	4.3	14.1
07 Saturday	00:24	2.1	6.9
	06:52	4.6	15.1
	13:01	2.3	7.5
	18:59	4.3	14.1
08 Sunday	00:56	2.3	7.5
	07:17	4.6	15.1
	13:34	2.1	6.9
	19:42	4.3	14.1
09 Monday	01:31	2.5	8.2
	07:43	4.5	14.8
	14:11	2.0	6.6
	20:30	4.3	14.1
10 Tuesday	02:10	2.7	8.9
	08:12	4.5	14.8
	14:53	1.8	5.9
	21:25	4.2	13.8
11 Wed.	02:54	2.9	9.5
	08:44	4.4	14.4
	15:39	1.7	5.6
	22:30	4.1	13.5
12 Thursday	03:46	3.1	10.2
	09:23	4.3	14.1
	16:32	1.7	5.6
	23:47	4.1	13.5
13 Friday	00:47	4.1	13.5
	05:53	3.3	10.8
	11:12	4.2	13.8
	18:34	1.6	5.2
14 Saturday	02:07	4.2	13.8
	07:21	3.4	11.2
	12:20	4.1	13.5
	19:43	1.5	4.9
15 Sunday	03:16	4.3	14.1
	08:54	3.4	11.2
	13:38	4.1	13.5
	20:49	1.5	4.9
16 Monday	04:10	4.5	14.8
	10:01	3.2	10.5
	14:50	4.1	13.5
	21:47	1.4	4.6
17 Tuesday	04:53	4.6	15.1
	10:51	2.9	9.5
	15:54	4.2	13.8
	22:37	1.4	4.6
18 Wed.	05:30	4.7	15.4
	11:33	2.6	8.5
	16:56	4.4	14.4
	23:24	1.5	4.9
19 Thursday	06:04	4.8	15.7
	12:13	2.3	7.5
	17:54	4.5	14.8
20 Friday	00:09	1.7	5.6
	06:37	4.8	15.7

THE DI CLASSIFIEDS

Notices

PLEASE PAY YOUR PART

The Quadra Island Harbour Authority would like to remind all patrons of the Heriot Bay and Quathiaski Cove parking facilities, that these are paid parking lots. As a not-for-profit organization the harbour authority relies on your patronage of these lots to provide lighting, video surveillance, as well as all the other amenities that allow us to have safe and happy harbours. At only two dollars a day parking is very affordable. With our monthly, 3 month, 6 month and yearly passes there are many options to save you money. Contact 250-285-3622 for more information.

Home & Garden

WILDROOT TREE SERVICE

is available for pruning, limbing, chipping and danger tree removals. Working on Quadra and Cortes for March and April. For a free estimate call Dustin @ 250.857.5894 or respond by email to dustinkarlofleming@gmail.com. Be sure your trees are healthy and safe!

LOCAL VEGETABLES

Memberships are currently being offered for the 2015 Goosefoot Farms Vegetable Box Program. 26 weekly boxes of fantastically fresh, Quadra-grown vegetables for your enjoyment. Half-season (13 week) memberships also available. For more information call Ryan and Jessica at 250-202-2326 or email nassichuk@gmail.com and visit www.goosefootfarms.com

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