

ISSUE 593 • JAN 9, 2015

NEWS AND EVENTS ON QUADRA, CORTES, AND THE OUTER DISCOVERY ISLANDS... SINCE 1992

discovery

ISLANDER



photo: Amanda Stewart - Penny Apple Photography

Quadra Rallies to Support Beloved Community Member Love & Bright Light - Fundraiser for Sunday Dennis

Quadra Community Centre - Sunday, January 18th 6:30 pm See page 9

Ferry Schedules

Campbell River - Quadra Island

Crossing Time: 10 minutes

Leave Campbell River Leave Quathiaski Cove

Mon-Fri	Sat-Sun	Mon-Fri	Sat-Sun
6:40 am		6:15 am	
7:30 am	7:25 am	7:05 am	7:00 am
8:30 am	†8:15 am	8:00 am	†7:50 am
9:25 am	9:15 am	9:00 am	8:45 am
**10:25 am	10:10 am	9:55 am	9:45 am
11:25 am	11:10 am	10:55 am	10:40 am
12:25 pm	12:10 pm	11:55 am	11:40 pm
1:25 pm	1:10 pm	12:55 pm	12:40 pm
2:45 pm	2:10 pm	2:15 pm	1:40 pm
3:40 pm	3:40 pm	3:15 pm	3:15 pm
!4:40 pm	4:40 pm	**4:10 pm	4:10 pm
5:45 pm	5:45 pm	5:15 pm	5:15 pm
7:00 pm	7:00 pm	6:30 pm	6:30 pm
7:55 pm	7:55 pm	7:25 pm	7:25 pm
8:55 pm	8:55 pm	8:25 pm	8:25 pm
9:55 pm	9:55 pm	9:25 pm	9:25 pm
*10:55 pm	†10:55 pm	*10:25 pm	†10:25 pm

Quadra Island - Cortes Island

Crossing Time: 45 minutes

Leave Heriot Bay Leave Whaletown

Mon-Fri	Sat-Sun	Mon-Fri	Sat-Sun
9:05 am	†8:45 am	7:50 am	†7:30 am
**11:05 am	10:45 am	9:50 am	9:30 am
1:05 pm	12:45 pm	11:50 am	11:30 am
3:20 pm	2:45 pm	**1:50 pm	1:30 pm
5:10 pm	4:35 pm	4:05 pm	3:40 pm
6:45 pm	6:25 pm	5:55 pm	5:20 pm

! Local Commuter Sailings, Please Avoid.

* Fridays Only † Daily except Sundays.

** Tuesday sailings are for Dangerous Cargo
No passengers or cars.

GARDEN CLUB - COMING EVENT

Celebrate Quadra Gardens Slideshow - Next Meeting

The Garden Club meeting in January will be a slide show of local Quadra Island gardens. What a pick-me up it is for the beginning of 2015: to showcase the beauty of our local landscape. Club members have photographed favourite scenes in their gardens, at the peak of summer, to share with the local gardening community. Don Mottershead, leader of the Q I Photo Club, has developed an hour long slide show as a result of these submitted photos. When it is gray outside, we couldn't ask for a better time than to enjoy what our neighbours create in their gardens during the green season. The photographers will be asked to say a few words about their gardens. Come out and enjoy.

Join us on Monday January 12th 7pm at the Community Centre for an interesting evening. The Club meets on the second Monday of each month except for holidays. Our large annual plant sale will be on Saturday April 18th - so mark that date on your calendars.

Membership is \$10 per year or \$15 for the family. There is a guest speaker at each meeting as well as a plant sale table, general gardening information for the beginner to the experienced, and of course, yummy refreshments. Join us this winter and share our dreams for gardens to come.



Photo: Shirley Ironmonger

Fri 9 Jan	Sat 10 Jan	Sun 11 Jan	Mon 12 Jan	Tue 13 Jan
7°C	40% 6°C	60% 6°C	40% 5°C	40% 6°C
4°C	4°C	3°C	3°C	

coastal fare and island soul



tag #heriotbayinn: your pic might get some legit ink!
photo by Eileen Peters.

Dinner Theatre in Herons. The Smell of Money January 30 and 31
\$34.95 6pm seating. Reserve 285-3322.

UofQ is in class - Wednesday, January 21, 7pm - Alan Burnett & Barb Heinonen - Chocolate, Scotch & Robbie Burns.

Hal Douglas "A little jazz, a little blues...a lot of music"

Tuesday, January 13 . 7pm to 9pm. \$7.00.

join or enjoy: Open Mic with Mo Saturday evenings

Herons/Inn:
285.3322

Pub:
285.3539

Heriot Bay Inn
a beautiful place to spend time

THE ISLAND CALENDAR

Day to Day

Saturday, January 10

- Cultural Committee: Dockside Drive, swing and show band presents "A Night at the Savoy." 7:30 pm

Monday, January 12

- Garden Club presents slide show of local gardens with Don Mottershead - QCC 7 pm

Tuesday, January 13

- Hal Douglas with Marnie Younger, Tommy Younger and Cameron Younger in concert Heron's at HBI. All Ages Show 7-9 Doors 6:00 (Kitchen closes at 7pm) Cover \$7

Wednesday, January 14

- Auditions for Banana Fishing Quadra Legion 7 - 9pm

Thursday, January 15

- Quadra Singers new sessions starts, 6:45 p.m. Q.C.C.

Saturday, January 17

- Shari Ulrich, Barney Bentall and Tom Taylor with two-course dinner, at Herons \$49 Reserve 285-3322.

Sunday, January 18

- Geshe YongDong speaks on "Five Sacred Energies" 11 a.m. to 1 p.m. Q.C.C.
- Auditions for Banana Fishing Quadra Legion 2 - 4pm
- Climbing sessions start at Quadra Vertical climbing wall Q.C.C. 6-8pm

The Regulars

MONDAY

Parent & Tots, QCC, 9:30 am-12pm
Badminton at the Cape Mudge gym, 7:30pm (\$2)

TUESDAY

Al-Anon Meeting, Quadra Children's Centre, 7:30pm
Folkdancing, QCC, 7:30pm, Sep 16-Dec 16, 285.3849

WEDNESDAY

1st & 3rd Wednesday Food Bank, QCC 1-2pm
Hand-Drum Jam, Upper Realm, Q Cove 7:45pm

THURSDAY

Parents & Tots, QCC, 10 am-12 pm
Prayer Meeting, Quadra Island Bible Church, 7pm
Badminton at the Cape Mudge gym, 7:30pm (\$2)

FRIDAY

Alcoholics Anonymous, 8pm Quadra United Church

SATURDAY

Open Mic with Mo, 9pm at the HBI pub

SUNDAY

Buddhist Meditation, Upper Realm, 10am
Family Service, Quadra Island Bible Church, 10:30am
Quadra Sunday Painters, 11am - 2pm, 285.3390
United Church, 11am, 285.3163

What's
on at the
Community
Centre!



THIS WEEKEND

SATURDAY: The Cultural Committee presents: "A Night at the Savoy" Swing era concert.

WEEK Jan 12-18

MONDAY: 8:30am Low Impact; 10am Yoga with Josephine; 10am Parents & Tots; 3pm Sing for Pure Joy; 6pm Monday Night with the Ladies; 7pm Garden Club

TUESDAY: 9am Quilters; 10am Spinners & Knitters; 1:30pm Bridge; 7:30pm Folk Dance

WEDNESDAY: 12pm C.K. Lunch; 10:10am Baby Clinic; 3:15pm Child's Pose Yoga; 7:15 Adult Yoga with Dana

THURSDAY 10am Parents & Tots; 3:15 Child's Pose Yoga 6:45pm Quadra Singers; 7pm Boot Camp with Marion

FRIDAY: 8:30am Low Impact; 9:30am Fit On The Ball; 10am Friday Painters; 7:30 pm Friday Flicks Presents: Force Majeure

SATURDAY: 12pm Watercolour Class

SUNDAY: 11am Geshe YongDong

WEEK Jan 19-25

MONDAY: 8:30am Low Impact; 10am Parents & Tots; 3pm Sing for Pure Joy; 4:10pm Chess; 6pm Monday Night with the Ladies

TUESDAY: 9am Quilters; 10am Spinners & Knitters; 10am Parkinson's Support Group 1:30pm Bridge; 7:30pm Folk Dance

WEDNESDAY: 11am Moms & Babies; 12pm C.K. Lunch

THURSDAY: 10am Parents & Tots; Learn to play Bridge; 7pm Boot Camp with Marion

FRIDAY: 8:30am Low Impact; 9:30 Fit On The Ball; 10am Friday Painters

THE NEXT DI DEADLINE is Monday, January 19 at 7pm

QUADRA ISLAND BUILDERS 40% off Christmas Stock

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Store Hours: Mon-Fri 8-5, Sat 9-5, Sun 10-4
635 Noble Road (corner of Green & Noble)
www.quadrabuilders.com Delivery to Cortes 3 days a week!

Phone: 250-285-3221
Toll-free: 1-877-585-3221
Fax: 1-866-509-8928

List Your Event

Want to post a calendar listing on page 3?
Lots of choices for getting it to the DI!

- Email us at news@discoveryislands.ca
- Drop off your listing at Inspirations in Quathiaski Cove
- Or you can bring it to our office, 701 Cape Mudge Road
- The mail works too! Our postal address is Box 280, Q Cove, BC V0P 1N0

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Philip Stone

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CONTACT US

email news@discoveryislands.ca

phone 250 285 2234

mail PO Box 280 Quathiasi Cove
BC V0P 1N0

office 701 Cape Mudge Road

hours Monday - Thursday
10am to 4pm

Opinions expressed in this magazine
are those of the contributors and are
not the views of the publisher.

SUBMISSION GUIDELINES

We welcome items for publication
on subjects of interest to Discovery
Islands communities. Please help
us by following these guidelines:

- Text articles do not need to be attached to a file. Simply send the text in the body of your email.
- Canadian spelling is preferred.
- Please use the title of your item in the email subject line.
- Remember to include credits and captions for photos and artwork.
- Please print handwritten material clearly.

WHILE EVERY EFFORT IS MADE TO INCLUDE
ALL ITEMS SUBMITTED, ERRORS AND
ACCIDENTAL OMISSIONS MAY OCCUR.

SUBSCRIPTIONS

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delivery in Canada by mail
\$90 for 12 months

Local Voluntary Subscriptions are
available with Islander Benefits
\$30 per calendar year
Find more details online at
www.DiscoveryIslander.ca

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NEXT DEADLINE

7pm on Monday
January 19
for publication
on Friday, January 23

QUADRA NEWS & EVENTS

2014 Weather Statistics Heriot Bay SE Weather Station Atmospheric Environment Services 2014

Precipitation: 64 inches total
(average is 63 inches)

High temps: 2 months on
average, 5 above, 5 below

Low temps: 1 month on
average, 5 above, 6 below

Min 2014 temp -8°C

Max 2014 temp 32°C

For more information,
contact Sharron Hatelt, hatelt@gicable.com

Come Sing With Quadra Singers

The Tonys' come to Quadra

If you love to sing, come
and make music with Quadra
Singers! Join us January 15th at
6:45 p.m. Meet at the Quadra
Community Centre - bring your
friends and family members.

The spring session includes
award winning songs made
famous on Broadway. Come,
dust off that top hat, and with a
flourish of your cane, practice
with Quadra Singers for 'The
Tonys on Quadra'.

Remember those old
favorites, take your singing out
of the shower and bring it to the
Quadra stage!

All voices and all levels of
singing ability are welcome. It's
not even necessary to know how
to read music!

The spring concert is
scheduled for May 2nd at the
Quadra Community Centre.

Learn more about Quadra
Singers on the choir's Facebook
page, or contact the choir by
telephone (250-285-2393, 250-
285-3127).

GESHE YONGDONG SPEAKS

Geshe YongDong is coming
to Quadra Island to speak on the
"Five Sacred Energies." Geshe
YongDong has been a Tibetan
Buddhist monk since he was
eleven years old and is a maser
of these "Five Sacred Energies"
existing in our bodies.

Exploring these deeper parts
of ourselves brings spiritual,
emotional, and physical health
balance to our lives. Geshe
YongDong will take us through
various healing and purification
rituals, including meditation and
ancient mantras to help us bring
peace and inner balance to our
day to day lives.

Everyone is welcome. The
time is from 11 a.m. to 1 p.m.
in the upstairs room at the
Quadra Community Centre on
Sunday, January 18th. Suggested
donation is \$10 to help support
Geshe's travels and teaching but
pay whatever you can afford. For
more information, call Steve or

Danielle at 250-285-3323 or
e-mail at daniellegi@gicable.com

New at Works

Works of H'Art welcomes
2015 showcasing new local
artist- Nick Knuit...if you have
not experienced Nick's magical
carving of antlers you MUST stop
by and see us! We now also are
proud to have a great selection
of jewelry of our local First
Nations silversmith Val
Lancaster...some absolutely
stunning pieces!!!

The support from and for
local artists is still going strong!
This is the time of year to make
us aware of your wishes and
ideas for our shop...this is YOUR
shop to be proud of! Thank you
Quadra and Cortes for your great
support in 2014 and especially for
choosing to shop locally as much
as possible at Christmas! Our
complimentary gift-wrapping
raised \$254 in donations for the
QI Elementary School lunch
program...we thank you for your
generosity! We are back to winter
hours- Tues-Sunday 9:30-5:30!
Happy New Year...(250)285-2834.



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CULTURAL COMMITTEE

A Night at the Savoy

Celebrating the New Year in 1940s style will be as easy as donning your favourite 40's evening attire, rounding up your friends and "... stepping out with your baby" to the Quadra Cultural Committee's next concert offering (complete with dance floor): "A Night at the Savoy" by Dock Side Drive, Saturday, January 10th at 7:30 pm at the Quadra Community Centre.

"A Night at the Savoy" takes you back to 1944 in New York City's iconic Savoy Ballroom to celebrate the music and performers of the swing era. Featuring the swingin' sounds of Victoria's own dynamic show band, "Dock Side Drive," accompanied by radio personality Barry Bowman (played by Owen Searle), audience members become patrons of the Savoy on that historic night, Dec. 15, 1944, when the great Glenn Miller died while fighting with the services during WWII. Listeners are ushered into that evening with a live radio broadcast, including the jazz, blues and show tunes of Duke Ellington, Glenn Miller, Ray Charles, Frank Sinatra, the Andrews Sisters, Irving Berlin, Nat King Cole and more. With songs like "Hit that Jive Jack," "Blue Skies," "It Don't Mean a Thing" you are guaranteed to be singin' and swingin' along.



Dock Side Drive features some of Victoria's finest musicians: Heather Burns on piano, Anita Bonkowski on drums, Joey Smith on bass, Dave Flello on trumpet and Paul Wainwright on saxophone. Fronting the group with great energy and vocal prowess are singers and dancers: Fran Bitonti, Angela Ireland and Chris Newstead.

What a fantastic night of 'big band' style jazz and swing. Powerhouse vocals, riveting instrumentals, and a wonderful richness and classiness to the whole show. Our audience loved it so much they barely let the musicians leave the stage..." - Deb Renz, General Manager, Sid Williams Theatre, Courtenay, BC

Dock Side Drive's "A Night at the Savoy" is guaranteed to keep you "jumpin and jivin' all year long. Advance tickets are \$17, available at the usual outlets: the Music Plant in Campbell River, Inspirations in Quathiaski Cove and Works of H'Art in Heriot Bay. Tickets at the door will be \$20. For more information, please call 250-285-3710.

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LADIES AUXILIARY

The Quadra Island ladies auxiliary would like to thank the wonderful staff and guest of True Value's Christmas dinner for the generous donation.

Restorative Yoga

NEW!! Gentle/Restorative Yoga with Kai & Trinity Gogolin

These yoga classes will focus on postures done in a nurturing and supportive way. Poses will move slowly, and in conjunction with the breath. We will also explore Restorative Yoga, learning to relax into the body with the help of props including blankets, blocks, and bolsters, allowing for relief of stress and tensions.

These classes are suitable for Seniors, those with injuries or high stress levels, or anybody wanting to explore the benefits of a renewing, restorative practice.

Classes will take place at Quadra Community Center upstairs in room #3.

Classes begin Sunday Feb. 15th, Evening 7-8:30pm, and also Thursday Feb. 19th, Mornings 10-11:30am.

Sunday Evening Classes are 11/\$110 or \$12 drop in.

Thursday Morning Classes are 7/\$70 or \$12 drop in.

Please call Kai & Trinity with any questions at 250 850 9245.

Legion Events

Casino Night Fri. Dec. 26th starting 6:30pm, with Black Jack and Texas Hold'em Poker. Volunteer dealers needed! New Year's Eve Party with D.J. Absolute Zero, complimentary snacks & champagne at midnight. 9:00-3:00, \$5. Happy Holidays to all!

Yoga Classes with Trinity Gogolin

Trinity's Yoga classes focus on meditation, gentle warm up movements giving way to flowing sequences of Postures or Vinyasa, done in coordination with the breath. Emphasis is on listening to the body, and feeling the poses from the inside to the outside. Modifications as well as full posture expressions are taught, allowing for a wide range of students. Classes are sprinkled with yogic philosophy and spirituality, and close with deep relaxation.

Classes begin Tuesdays starting Feb. 17th, 5-6:30pm; Wednesdays starting Feb. 18th, 10-11:30am; and Thursdays starting Feb 19th, 5-6:30pm.

All classes are ongoing.

10/\$100, or \$12 drop in.

Quadra Community Center upstairs in room #3.

Please call Trinity with any questions at 250 203 4529.

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Start a Writing Project in 2015

Have you got a writing project in mind, but don't know where to start? Jeanette Taylor and Annette Yourk will give a morning workshop on Sunday January 11 at the Quadra Island Community Centre, with the basics for planning—and starting—a book or short story.

This introductory session is designed for people who want to participate in Taylor's and Yourk's writers' workshops, starting in late January.

While the latter works best for those with a writing project underway (see details below), the introductory session provides an energizing overview for anyone who wants to write and needs ideas for how to get started.

The material to be covered is relevant to fiction and nonfiction, including biography, memoir and family history.

The cost is \$30, with handouts. For more details see the website: thescribes.ca. To enroll call Jeanette at 285-3651 or Annette at 285-2673. Advance registration is required.

Banana fishing? Auditions for Theatre Quadra's - Bananafish Day

Written by Chris Thompson,
Casting now for a Spring performance: April 24, 25, and 26, 2015

What would you do if you thought this was your last day? Would you throw a giant party? Try that one thing you were always afraid of doing? Make amends? Make a fool of yourself?

Come out and see what Fisher King, a man with a slightly twisted world view, does on his last day!

Auditions will be held at the Quadra Legion:

- Wednesday, Jan. 14: 7 - 9 pm
- Sunday, Jan. 18: 2 - 4 pm

We're fishing for...

- a puppeteer
- one man: 35 - 60 yrs.
- three women: 25 - 60 yrs.
- stage hands who don't mind doing a little improv!

Nothing fishy about this... everyone's apeeling!

Island Mini-Forum

Good economic management does not mean that the rich get richer and everybody else gets what they can.

Ted Hayes
Granite Bay

An Intro to Historical Research

History sleuth extraordinaire Jon Ackroyd will be joined by and local historian Jeanette Taylor at the Quadra Island Community Centre.

They'll introduce the basics of where and how to access research materials for family and community history, or for history-based writing.

Join them Sunday, January 11, from 1:45 to 3:45 p.m. It's open to everyone, at a \$5 drop in fee. No registration is required.

Writers' Workshops for People with Projects Underway

Annette Yourk will lead five bi-monthly sessions at the Quadra Island Community Centre, starting January 25. The cost is \$130. These workshops, each with a special theme, will get you writing—and keep you writing, with peer reviews to help you gauge reader response. This workshop is akin to a facilitated writers group and works well for those with a project underway, either fiction or nonfiction. Register through Annette at 250-285-2673 or at Book Bonanza in Q. Cove.

Jeanette Taylor will offer this same program through the Museum at Campbell River, starting in late January. Call the museum at 250-287-3103 to register or see thescribes.ca for more details.

Quadra Island Emergency Programme

With a New Year arriving and the New Year resolutions that go with it, there is one resolution that could make a big difference in your life - preparation of yourself and your family for an emergency situation. We all hope it will never happen but it can and does.

As islanders we are all pretty good at dealing with power outages and other minor inconveniences but how would we deal with a house fire, neighbourhood evacuations due to a tanker spill, a forest fire advancing on our neighbourhood or the 'Big One' that has a 12.5% chance of occurring sometime before 2050?

Quadra Island has an active Emergency Support Service (ESS) which can help in most situations. If you are forced out of your house by a fire, ESS workers will be there to assist. If a neighbourhood has to be evacuated, there will be a Reception Centre opened to offer help and support as well as access to government services.

If there is a large forest fire we have plans to evacuate the island if necessary. All ESS workers are volunteers and we always welcome new recruits. In particular at the moment we have a need for individuals who would work at a Reception Centre in Security both inside and outside and take care of organising parking.

Have a flagging ticket? We need you. The time commitment is not large, about 10 hours per year, and courses needed are available free, on-line. To find out more information contact 285 2150.

Time to get organised for 2015. Check out www.embc.gov.bc.ca and find out what information is available and what you need to do to begin to be prepared.

CORTES FORESTRY GENERAL PARTNERSHIP

2015 – 2020 FOREST STEWARDSHIP PLAN Community Forest Agreement K4G

A Draft Forest Stewardship Plan (FSP) for the Cortes Community Forest Licence K4G has been submitted to the Ministry of Forests for review and approval and is now also available for public review.

The FSP provides 'Results and Strategies' for key 'Objectives Set by Government' through legislation. The map of the current land status of areas included in the CFA is included with this FSP.

Copies of the FSP can also be viewed online at www.cortesisland.com, www.klahoose.org, www.cortescommunityforestcoop.wordpress.com as of January 1, 2015.

This FSP is available for review and comment for a 60 day period. Please contact John Marlow, R.P.F., General Manager, Cortes Forestry General Partnership, (jmarlow@gicable.com) (or 250 830-8099) or Kristen Scholfield-Sweet (usualmagic@gmail.com) for copies of the FSP.

In order to receive consideration prior to FSP approval, comments must be received by March 1, 2015 although comments regarding this FSP are appreciated at any time throughout the year.

Seniors Housing Questionnaire

IT'S HAPPENING AND WE NEED YOUR HELP!

If you're over age 55, please complete the Seniors Housing Questionnaire by January 19, 2015. As you may know, the Joint Housing Committee, made up of Quadra Circle, Quadra Island Seniors Housing and interested community members, has created this Survey to help us plan and find land and funding for the future housing needs of seniors on Quadra.

WHERE TO GET A SENIORS HOUSING SURVEY QUESTIONNAIRE:

Questionnaires are available as an insert in this issue of the Discovery Islander magazine

Or pick one up from the Seniors Housing Survey boxes at:

- Stores on Quadra
- The Medical Offices and People's Drug Mart
- The Legion, BC OAPO #91, Friday Lunch, Seniors Activity Centre at Quadra School
- The Quadra Circle Community Connections Office Wednesday through Saturday, 11 am to 3 pm.
- Or call us at 250-285-2255 or email qcircle@outlook.com and we'll get one to you.

NEED HELP TO UNDERSTAND OR ANSWER THE QUESTIONNAIRE?

Phone Betty Doak : (250) 285-3590 who will connect you with a Seniors Housing Survey volunteer in your neighbourhood who can assist you at home.

Phone Quadra Circle Community Connections Office (250) 285-2255 to arrange an office appointment for the Co-ordinator to help you answer the Questionnaire (Wednesday through Saturday, 11am-3pm.)

DEADLINE to complete the Questionnaire is January 19, 2015.

HOW TO RETURN COMPLETED QUESTIONNAIRES:

Mail your Questionnaire in a sealed envelope to:

Quadra Circle Community Connections Society Seniors Housing Survey PO Box 672 Quathiaski Cove, BC, V0P1N0

Or, put your Questionnaire in the slotted boxes labeled "RETURN Seniors Housing Survey" at the locations listed above. (Confidentiality assured: the Survey results will not identify any individuals)

SURVEY RESULTS will be shared in local media and at the Public Meeting at Quadra Legion on Sunday, Feb.22, 2015 at 2pm.

Quadra Circle News

Friday Lunch: Starts Friday, Jan. 9 at 11 am for armchair exercises, lunch by donation at noon. 1281 West Road (Lower Level at Quadra Bible Church).

Activity Centre at Quadra School starts Monday, Jan. 12, from 10am-noon for coffee, goodies, friendly conversation, games and shared interests. Look for the Quadra Circle sign beside the School Office entrance. Info: 285-2255

Transportation Program: For seniors who need a ride to appointments, activities, shopping. Call Diana: 285-3630 and give at least 24-hours notice to arrange a volunteer driver.

Seniors Outreach: Marie Sheran makes home visits 285-3950.

Quadra Home Meals: For \$5 per meal Island seniors, care-givers, anyone dealing with surgery/illness can order tasty, nutritious meals made by the Gowlland Harbour Resort Chef. Pick them up at the Community Centre Wednesdays 11:30am-12 noon or pre-arrange delivery. Order by Sunday noon: Marie 285-3950.

Foot Care subsidy for seniors and those with illness or a disability who receive GIS or MSP premium assistance. Call 285-2255 to apply.

Community Connections Centre recruits volunteers for community groups and provides information about helpful resources for seniors and their families. Call:285-2255 Wed. thru Sat., 11am-3pm, or drop in our office beside Quadra Medical.

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Writers' Workshop Series



Start the New Year with inspiration and literary muscle-building. The Writers' Workshop Series offers five Sunday classes running 1-4pm every other Sunday from Jan 25th. Sessions focus narrative writing - fiction or nonfiction. Expect in-class writing, discussion, and homework assignments relevant to your project. The series is geared for those seeking follow-up on our previous courses and anyone with a developed story idea or work in progress.

Cost: 130.00. Registration: Book Bonanza, Q. Cove or contact Annette Yourk at 285-2673. Please purchase *The Making of a Story* by Alice LaPlante for the workshop series.

Free Money

Free Money distribution takes place on the first Wednesday of every month from 11:30 a.m. to Noon in the downstairs small seminar room at the Quadra Community Centre.

The program has been going for over eight years but is now endangered by a lack of funds. Money to keep it going can be deposited to the Free Money account at our local Quadra Credit Union.

Ten dollars is in each book made available. One book per single person and two for a family. Call Steve for more info at 285-3323.

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QuadraNews

Take Ten

A Quadra Festival of Short Plays

Call for original scripts and published plays:

Theatre Quadra invites playwrights from the Discovery Islands and Campbell River area to submit original scripts for 10 minute plays.

We are also looking for published scripts from directors and actors.

The deadline for submission of original or published scripts is Wednesday, Feb. 11, by mail to Theatre Quadra, Box 308, Quathiaski Cove, V0P1N0, or by email to theatrequadra@gmail.com.

Public script readings will be held:

- Thursday, Feb. 19 at the Quadra Library from 6:30 to 8:00
- Saturday, Feb. 21 at the Quadra Legion from 2:00 to 4:00

The festival will be held June 12, 13 and 14, 2015.

For more information, contact Doni Laird at 250 285 3881 (barnaby@lava.net) or Darcy Mitchell at 250 285 2739 (darc@m.telus.net).

Heron's at the HBI presents, "A Little Jazz, A little Blues.....A Whole Lotta Music."

Heron's will host a concert on Tuesday, January 13th, 2015 with local musicians Hal Douglas, Marnie Younger, Tommy Younger and Cameron Younger

Marnie Younger is a singer-songwriter who last year released her first CD, "Phoenix Rising." She will be performing her own compositions during the first set and Hal will accompany on guitar. Tommy is a bass player known as a member of the teenage band, "The Unexpected." He also plays in a Carihi High School band. Cameron is a guitar player also known as a member of "The Unexpected," and he plays in school bands at Phoenix Middle School. Tommy and Cameron will back up Hal during the second set. Hal is a singer-songwriter and music teacher known for his work with his own Blues Band and also Jazzberry Jam. Hal will be featured on guitar and vocals.

Come join them for some musical magic in this intimate setting. Doors open at 6:00 P.M. (Kitchen will close at 7pm). Showtime is 7-9 P.M. Cover charge at this all-ages event will be \$7.



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LOVE & BRIGHT LIGHT FOR SUNDAY DENNIS

Come out for an evening full of music and love in support of Sunday Dennis at Quadra Island Community Centre on Sunday, January 18th from 6:30pm till 9:00pm.

Sunday was a long time resident of Quadra and currently lives in Courtenay, B.C. She is a local familiar with many dear friends and loved ones in the area. She is a beautiful friend, daughter, mother, musician, nature lover, creative soul, lover of life. And so much more.

Sunday is in a dire situation and she needs our help.

On Wed. Dec 31st, Sunday was diagnosed with a brain tumor. On Thursday she and her husband

Jason met with Neurosurgeon Dr. Frangou in Victoria. On Friday there were more tests, an MRI and another meeting with Dr. Frangou. The probability is that she has a high grade Gleoma, a fast growing, aggressive form of brain cancer. There are limited resources in Canada for treating such tumors.

Sunday was informed about a clinical study at UCLA under the direction of world renowned neurosurgeon Dr. Linda Liau, M.D., Ph.D., Professor and Vice Chair of Neurosurgery, and Director of UCLA Brain Tumor Program. This groundbreaking clinical study is on a Dendritic Cell Vaccine. Using this technology,

they have been finding incredible results killing all Glioblastoma cells and having no tumors return. To qualify for this study the protocol requires Sunday have the tumor removed by Dr. Liau at the UCLA Medical Center. Sunday and Jason have to pay for this part, including pre-op, surgery, and post-op care. Right now the goal is to raise \$300,000. It is quite unbelievable the medical costs our friends will be facing in the United States. Additionally there is travel and accommodations, loss of work, and loss of their business. We are creating a lively, energetic, music-filled evening for Sunday and her family - Jason, True, Cyrus and Ishan. We are in the process of confirming the roster of performers. See posters, Facebook and The Gumboot for updates on the event. Join us to make this event life-affirming and successful. Please give generously in any way you can.

There will be a concession with delicious, home made savory and sweet items as well as beverages. A silent auction will take place during the evening of music. There will also be a noisy auction. We need donations for the auctions. If you would like to contribute something please contact Mia Frishholz 250-285-3655

If you have questions about the event contact Sioux Hartle 250-285-2516

To donate online now:

www.youcaring.com/medical-fundraiser/hope-for-sunday-dennis/286076

For updates and more information on Sunday:

[www.facebook.com/pages/Love-and-Bright-Light-for-Sunday-Dennis/510613112411830?sk=tim](http://www.facebook.com/pages/Love-and-Bright-Light-for-Sunday-Dennis/510613112411830?sk=timeline)

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If you would like to know more about the clinical study:

www.astrocytomaoptions.com/



Sunday Dennis - photo Amanda Stewart - Penny Apple Photography

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Come Visit Us at the Quadra Island Library!!

At the Cove Centre Quathiaski Cove
250-285-2216

Family Storytime

Tuesdays: January 6 – 27, March 3 - 24
10:30 – 11 am

Come into the library for a lively half hour of stories, rhymes, songs and more!

No registration required. All ages welcome!

Family Literacy Day

Tuesday, January 27

Family Literacy Day celebrates the importance of reading and doing other literacy-related activities together. Drop by the library for some great stories for you and your family to share. A special puppet show will be presented at the Campbell River Library from 3:30 – 4:15 pm. No registration required. All ages welcome!

Babytime & Toddlertime

Tuesdays: February 3 – 24, 10:30 – 11 am

Enjoy rhymes, songs and stories with your newborns and younger preschoolers. Aimed at children up to 36 months old. No registration required.

Storytime with Dad

Saturday, February 14, 11:30 am–12:15 pm

Calling all dads and kids for a special Valentine's Day treat! Join us for some entertaining stories, songs, rhymes and more! No registration required. Everyone welcome!

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QuadraNews

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Quadra Seniors

HAPPY NEW YEAR--2015

To all Quadra Islanders, Cortes & Campbell River Seniors & friends.

For Wednesdays Armchair aerobics or Carpet Bowling, call Ann Lawrence @3325.

To be added to our happy membership list call Nancy @ 2933.

Our next Senior meeting will be on Wed. Jan. 14/15 @10:30, come at 10:00 am for a coffee and a chat, at the Legion.

A TRIBUTE TO PETER GREGG

Peter was a long time member, with his partner & wife Sophie.

This very strong and resilient man Peter, has been a life-time hard worker for our seniors. Peter has been secretary, also very active on the initial board of the Quadra Island Senior Housing Organization. He and Sophie walked every Sunday with Lloyd McIlwain and many other seniors, on Rebecca Spit, starting at the launch ramp.

He worked on mushroom picking with Marshall Toelle and many seniors. He enjoyed canoeing and our many boating excursions.

Peter was very active with our picnics that we held on the Spit.

When we had our garage sales on the Legion grounds, Peter & Sophie were very busy collecting sellable items. Every meeting Peter brought books & magazines for our seniors to take home. On Peter and Ken Duncan's last days they entertained the public at the market with many old time tunes, Peter on the drums and Ken on the Keyboard. Peter contributed greatly to our 52 yr old branch's success in assisting seniors on the Islands. Thank-you! Peter.

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Calling all Artists!

IT'S TIME to register for the 2015 Quadra Island Studio Tour.

All artists working on Quadra are invited to be part of this annual event which will be held on June 6th and 7th, 2014.

The studio tour is an excellent opportunity to expose your art to a greater audience and it is a great way to motivate yourself to create work. Application forms may be picked up at Yellow Dog Trading Co. in Q. Cove or by email: studio_tour@quadraislandarts.com

This year there will be separate colour brochures printed for the June 6th & 7th tour as well as a separate brochure for artists who wish to be advertised year-round.

The year-round option allows the artists to choose "by appointment only" as an option. The deadline for submitting is January 15, 2015.

For more information please phone Kathryn at 285-2103.

Sing for Joy

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Just imagine an added boost of 'feel good' endorphins floating gleefully through your body. Join us and SING FOR PURE JOY!

No experience is needed and no auditions are required - only the desire to make joyful sounds together.

Quadra Community Centre on Mondays from 3:00 - 4:30 beginning on January 12th. Room 3.

All voices welcome. \$10 drop-in or \$72 for the term. Sliding scale by request.

Also in Campbell River at The Lions Den on Wednesday afternoons from 3:00 - 4:30. Beginning on January 14th.

To quote Ella Fitzgerald, "The only thing better than singing, is more singing." The fee covers both venues.

Find your way
around online...

Quadraisland.ca

AT THE HERIOT BAY INN



At The HBI

At The HBI January 17, Shari Ulrich, Barney Bental and Tom Taylor give a performance to remember; they'll take you on a wonderful folk music trip with harmonies and humour, sentiment and solitude. Add a delicious two course dinner and your night is complete. \$49.00. Reserve 285-3322.

January 30 and 31: Dinner Theatre in Herons. The Smell of Money is a two act play making it's debut at the Heriot Bay Inn. Written by Islander Allen Perkins, it's a comedic musical, a send-up of The Sound Of Music, with a strong streak of Quadra quirkiness. Chris Thompson directs the islander-studded cast with names you'll recognize from other island theatre productions, including John Nursall, Julie Douglas, Guy Holmes, Ford Cannon, Karen Holmes and many more. Linda Cannon is the magnificent musical director. \$34.95 includes a lovely two course dinner. 6:00pm seating. Reserve 285-3322.

March 6, David Gogo is one of Canada's hardest working blues-rock guitarists, and he has a string of remarkable accomplishments to show for it. Multiple Blues Music Award winner adds heart, soul and grit to the

international blues scene. Gogo has garnered three Juno Nominations, the Saturday Night Blues' Great Canadian Blues Award for a lifetime contribution to the blues in Canada, WCMA Musician of the Year, and has twice been named Maple Blues Guitarist of the Year. Bottom line: Good times. \$15.00. HBI Pub. 9:00 pm to 1:00 am

Watch for more Pub entertainment in March: Banana Fish is back on Quadra and so is Slam Poetry! YAY!

Tuesday (every other) Hal Douglas "A little jazz, a little blues...a lot of music". January 13 with Marnie Younger, Tommy Younger and Cameron Younger. 7:00pm to 9:00pm. \$7.00. Reserve to come early and enjoy a dinner show. Kitchen closes at 7:00pm. 285-3322

Wednesdays: UofQ is in class again on Jan 21 - Alan Burnett & Barb Heinonen - Chocolate, Scotch & Robbie Burns. Tastings and perhaps an address to a Haggis. Oh ya! Expand your mind and visit your neighbours with Pub Education in the HBI pub. 7:00pm.

We're taking a band hibernation until February, but the party tunes will still be playing! Who knows what magic will happen at the good old HBI

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Advanced Care Directive. Introductory Session

Monday, January 26th, 1-3 pm, Quadra Island Bible Church, Lower level.

Join Betty Doak and Pat Peterson as we explain what an advanced directive is and why you might want to have one. Materials and references provided.

Writing Your Advanced Care Directive: Putting Pen to Paper

Monday, February 2, 1-3 pm Quadra Island Bible Church, Lower level.

This is the first session for those who have given some thought to what they would like their Advanced Directive to contain and are ready to start writing. Join Betty Doak and Pat Peterson NP(F). We can help answer questions, provide some direction, and introduce some tools that may help simplify this task. The goal: to provide a document ready to sign, seal and deliver! Please call 285-3590 to register.

What is Family Literacy?

Family Literacy focuses on parents as the means to improve the reading and learning of all family members. By reading to children and engaging in fun literacy activities parents are actively keeping their own skills sharp while at the same time strengthening the relationships between the family. This, in turn, encourages lifelong learning. There are many activities that help strengthen literacy skills and all it takes is 15 minutes of practice every day.

Here are some ideas.

#1 Join us for the Family Literacy event held on Monday, January 26 from 10 to 1 at the Community Centre. Bring your children, grandchildren or join your school age child to explore, experience and engage. For 15 minutes of fun become a marine explorer, Sing for Joy, listen to a story teller, create and play!

#2 Participate in STEAM Learning - Science, Technology, Engineering, Arts and Math. STEAM learning is an authentic, hands-on approach to learning that integrates science, technology, engineering, art, and mathematics. The acronym STEM originated with the National Science Foundation; STEAM incorporates the arts. You can pick up a STEAM Learning Challenge package at Family Literacy Day, Quadra Elementary, Quadra Children's Centre or the Quadra Library from January 26 - February 16. The challenges will encourage families to explore, experiment and record observations with your child.

You can enter your STEAM Learning Challenge in a draw for two \$20.00 gift certificates from Book Bonanza. The two age categories are for children five and under and for children six to twelve. Children are naturally curious and motivated to explore the world around them. Enjoy the challenge!

LOST FAMILIES FOUND.

Everyone welcome to attend. Genealogy Meeting Jan 8th from 7-9 Maritime Heritage Centre. Members share interesting heirlooms and their stories. Library open 6-7 before meeting. For info Janice 250-203-0585 Campbell River Genealogy Society

FREE FIREWOOD

is now available for low income residents of Quadra Island. The wood is available after Wednesday's Community Lunch from 1 to 1:30 pm behind the Community Centre.

We can help you load your vehicle. If you don't own or can't borrow a friend's vehicle, phone Alan at 285.3544 or Mornay at 285.3212 or Steve at 285.3323. We may be able to deliver.

Money can be donated to the Free Wood Association account at the Credit Union. Questions? Call us!

PARKINSON'S SUPPORT GROUP

There is a support group for people with Parkinson's disease on Quadra Island. We meet once a month at the Quadra Community Centre. If you have been officially diagnosed with Parkinson's or are experiencing many of the symptoms of Parkinson's, you and your caregiver are welcome to come to our meetings. Some of the most common symptoms are tremor (shaking of hands, arms, legs or jaw while at rest, stiffness, poor balance, slowness, small handwriting, depression, excessive fatigue, swallowing problems and drooling and a low volume of speech. At our next meeting, Carol Foort will show us some exercises on "Experiencing the Healing Effect of Stretching and Deep Relaxation." The time is from 10 a.m. to 11:30 a.m. on Tuesday December 16th in the downstairs small seminar room at the Quadra Community Centre. The meetings are free or by donation for room rental. Any questions, Call Steve at 285-3323

QUADRA VERTICAL

There's more to the Quadra Community Centre stage than many people realize. Shift your vision to the back and you'll catch a glimpse of Quadra Vertical - our Island's very own climbing wall. How did it get there? Well, during the 1990's the idea of indoor climbing walls was literally in the air and Quadra seemed to have caught the bug. It was David Smith who suggested the stage location, when extensive renovations were taking place there. Thanks to him the back wall became a reserved place. Almost immediately enthusiastic climbers and would be climbers showed up to offer their help and advice. Finally on March 20, 2005 Quadra Vertical had it's grand opening.

Currently climbing is very much in the outside air thanks to local climber's push to develop rock climbing routes around Chinese Mountains - 75 of them so far. Quadra is already a mecca for hiking, mountain biking and kayaking. Last summer dozens of visiting climbers came to try out the new climbs. Rock climbing is quickly joining the roster of activities we are known for.

In winter when the weather is less than ideal for rock climbing, hone your climbing skills on the warm, dry comfort of Q.C.C.'s indoor wall so that you will be ready to get outside on the rocks this summer!

Thanks to the energy of Matt James, climbing sessions are available again in the New Year from 6:00 - 8:00 p.m., on Sunday's, beginning January 18th through to March 29th. These sessions are focused primarily as adult climbing sessions, with experience being an asset. Parents may register their children if they are also registered to climb themselves and are fully supervising their own children. Please call the Community Centre at 285-3243 to register.



NEWS & EVENTS



Special thanks to all participants, supporters and friends. Special gratitude to Naked Bikes & Designs, Aroma Cafe, Island Cycle, Aroma Coffee Specialty Roasters, Taku Resort. The Quadra Island New Year's Eve Ride was a great success! 70 plus chilled brave riders took part in our 4th Annually New Year's Ride, at least 35 cyclist endured the elements to reach 100K !! Happiest New Year Wishes to All!

CR Museum Annual Model Railroad Show

The trains are coming the trains are coming! And not only that, but the 'Icats' are coming too! The Museum at Campbell River is hosting the amazing annual Tracks and Trains Show on Saturday, January 24 (noon to 5 pm) and Sunday, January 25 (noon to 4 pm). Thousands of people have seen this show over the years and it never fails to impress. Operating HO Scale trains and Garden Scale trains from the North Island Model Railroaders will be on display. Incredible arrangements of equipment, scenery and miniature buildings will all be available for 'looking and learning'. According to member Bill Van Bergen, "We encourage anyone with an interest in model trains to come out and ask questions. We love to share our knowledge with the community." In

addition, the 'Icats' (Island Construction and Trucking Show) will be operating their radio controlled equipment. According to Icats member Rob Roy, "The excavators and front end loaders are powered with full hydraulics with pumps and cylinders and use batteries to power the pump motors. We will be showing our hopper setup and rock separator, so we should be able to fill the tables with lots of action!" Plus, the electric Lego Train will be back! There is something for everyone from children to seniors. The cost for all of this is only \$7.00 per person or \$20.00 for the whole family. Kids under six are free. Call the Museum at Campbell River at 287-3103 for more information. Discover for yourself why this fascinating hobby is popular all around the world. All Aboard!

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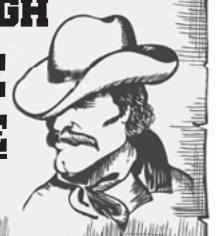
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B.C. LIBERALS IN 2014

Taking a look back at 2014, one thing is clear: it's hard to take Premier Clark and the B.C. Liberal government at their word.

In the last 12 months, the B.C. Liberals showed that they may know what to say, but then they do whatever they want – if anything at all.

Health Firings

After the family of Roderick MacIsaac, who committed suicide after being mistreated and fired as part of the health researcher firings scandal, told his story to reporters at the legislature, Premier Clark finally promised to get to the bottom of the shameful public firing of eight health workers. The premier claimed that “in her heart” she knew her government’s actions were “heavy-handed.” But her government’s own review, released just before Christmas, says the review process was doomed to fail, and couldn’t even answer the two fundamental questions – who did it, and why?

Affordability

The spring brought cuts to ferry services and hikes to fares, even after evidence that fare hikes already lost our province \$2.3 billion in economic activity between 2003 and 2013. Medical Service Premiums and ICBC rates were jacked up again, and hydro ratepayers were walloped with the start of a \$477 hike to their bill over the next three years despite the premier and B.C. Liberals telling voters in the last election that there might not be a hydro hike at all.

TransLink Referendum

The B.C. Liberals continued to stall on transit investment in the Lower Mainland. The B.C. Liberals forced the mayors to put this needed investment to a referendum, and now the premier won’t even do her part to ensure her government’s referendum passes – risking more gridlock, pass-ups, packed busses major gaps in service and a drag on the economy.

Clawbacks

Premier Clark and her government continue to claw back money from B.C.’s poorest kids by seizing child support payments from single moms who receive disability payments or income assistance. And despite knowing what to say - and even sounding sincere when they say it - the premier and her B.C. Liberals continue the clawbacks even after New Democrats and parents repeatedly pressed for a change to this callous policy.

LNG

The premier promised the LNG industry would be a windfall for the province, allowing us to pay off the provincial debt, eliminate the PST, create 100,000 jobs, and enjoy a \$1 trillion boost in economic activity.

However she failed to ensure British Columbians receive a fair share when her revenue legislation sold British Columbians short. The premier also promised jobs to overseas workers instead of investing in training and getting B.C. workers ready for LNG jobs. Her promises for a clean industry also went up in smoke when government’s LNG environmental legislation failed to adequately protect our air, land and water.

- A lot of talk, little to show

Mount Polley

Following the Mount Polley tailings pond failure, the premier took her time before finally visiting the community of Likely where she promised to stand “shoulder to shoulder” with people trying to cope with the disaster. She never returned, and her government has done little to get businesses in the area back on their feet, or even find out how this disaster could have happened and what role her own government played in setting the stage for the disaster in the first place.

Accountability

Following Amrik Virk’s denial - then proven involvement - in the Kwantlen University compensation scandal, the premier continues to allow the minister who has hidden information from the public to remain in cabinet and was recently selected over all other government MLAs to be the minister in charge of Freedom of Information.

Education

Despite promising to improve bargaining with teachers, Premier Clark and her government helped orchestrate the longest province-wide shutdown of schools in B.C. history, and spent months antagonizing teachers, making a settlement impossible, and leaving parents and students to cope with the chaos of school closures.

Barney Bentall, Shari Ulrich and Tom Taylor perform at the Heriot Bay Inn



Barney Bentall, Tom Taylor and Shari Ulrich first played together in November 2007, at a songwriter concert on Bowen Island. They – and the audience – enjoyed the collaboration so much that they soon embarked on more shows together.

Shari Ulrich's finesse on violin, mandolin, flute, piano, sax and dulcimer was first heard in the early 70s with Pied Pumkin. The Pumpkins became the foundation of BC folk music for a generation. She then spent two years with The Hometown Band who released two albums and won a Juno award for Best New Group. When The Hometown Band dissolved in '78, Shari embarked on a solo and songwriting career. In all, she has released 19 albums – as a solo artist and as part of various groups. These albums have garnered her two Juno Awards, several additional nominations and induction into BC's Entertainment Hall of Fame.

Barney Bentall and the Legendary Hearts were indeed legendary across Canada in the '80's and 90's. They had three albums reach gold status, one platinum album and a Juno Award, before label drama in '97 pushed Bentall to step away from musician life and towards cattle ranching. The last decade has seen Bentall re-enter the musical world with various projects including The Grand Cariboo Opry, the bluegrass band High Bar Gang and

a collaboration with Shari Ulrich and Tom Taylor.

Tom Taylor spent much of his musical career playing in the Vancouver cult band "She Stole My Beer". After two albums and years of touring, the band decided to call it quits for a time, prompting Tom to pursue songwriting as a solo artist. Taylor carries on the classic tradition of the singer/songwriter – a troubadour who can effortlessly draw listeners into his world.

"It was an easy combo to bring to life," says Ulrich. "Tom's got a killer voice – tons of character – and he's a wonderful guitar player. When he sent me his tunes I fell in love with them instantly. And Barney, well there's just no one in the world like him. I'm utterly captivated by his writing, his singing, his music. After every show we say the same thing... 'man, that was SO much fun!'"

The dynamic, powerhouse trio of Bentall Taylor and Ulrich are bringing their talents to the Heriot Bay Inn for an inspired musical evening January 17. Seats for this musically rich evening are \$49 +tax, and include a two course dinner prepared by Herons' talented Chef Chris McCallum. Reservations are highly recommended. If you'd like a "show only" seat, no problem, a limited number are available for \$29 +tax. Accommodation starts at \$39 for show-goers; call 250-285-3322 to reserve.

Time to Get Onboard...

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Heriot Bay Tides

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	09:01	4.9	16.1
	15:23	3.0	9.8
	20:01	3.8	12.5
10 Saturday	02:20	1.9	6.2
	09:31	4.8	15.7
	16:07	2.9	9.5
	20:57	3.7	12.1
11 Sunday	02:56	2.2	7.2
	10:02	4.7	15.4
	16:53	2.6	8.5
	22:05	3.6	11.8
12 Monday	03:35	2.5	8.2
	10:35	4.7	15.4
	17:41	2.4	7.9
	23:29	3.5	11.5
13 Tuesday	04:20	2.9	9.5
	11:10	4.6	15.1
	18:32	2.2	7.2
14 Wed.	00:59	3.6	11.8
	05:18	3.2	10.5
	11:49	4.6	15.1
	19:23	1.9	6.2
15 Thursday	02:27	3.9	12.8
	06:31	3.5	11.5
	12:31	4.5	14.8
	20:11	1.6	5.2
16 Friday	03:36	4.1	13.5
	07:56	3.7	12.1
	13:16	4.5	14.8
	20:56	1.3	4.3
17 Saturday	04:28	4.4	14.4
	09:12	3.7	12.1
	14:03	4.6	15.1
	21:39	1.1	3.6
18 Sunday	05:12	4.7	15.4
	10:13	3.7	12.1
	14:51	4.6	15.1
	22:20	0.9	3.0
19 Monday	05:51	4.9	16.1
	11:05	3.6	11.8
	15:42	4.6	15.1
	23:01	0.8	2.6
20 Tuesday	06:27	5.0	16.4
	11:53	3.5	11.5
	16:36	4.6	15.1
	23:43	0.8	2.6
21 Wed.	07:03	5.2	17.1
	12:40	3.3	10.8
	17:32	4.6	15.1
22 Thursday	00:25	0.8	2.6
	07:39	5.2	17.1
	13:29	3.0	9.8
	18:30	4.5	14.8
23 Friday	01:08	1.1	3.6
	08:14	5.2	17.1
	14:20	2.7	8.9

THE DI CLASSIFIEDS

For Sale

QUALITY CEDAR PRODUCTS

Planed or rough cut decking, lumber, siding, beams, fencing, 4x4s, clears, VG, custom milling, whatever your needs. Located on Quadra Island, 250.830.7897

Gardening

WINTER PRUNING

Passionate Plantsman and Proficient Pruner Ryan Nassichuk is currently making bookings for the second half of his winter pruning season. Give your fruit trees, vines, and shrubs (some ornamentals as well) some attention now for delicious rewards into the future. Call 250-202-2326 or email nassichuk@gmail.com

Help Wanted

LIFE DRAWING MODELS WANTED

Respectable group of artists are looking to hire models for life drawing sessions. Payment will be \$50 per session. If you are interested please email: rebeccam.young@hotmail.com

HELP WANTED

Quadra Community Centre seeks: A contract cleaner to do part time cleaning. Please email info@quadraec.bc.ca for details.

Boost your online presence

Quadralsland.ca



List and link on Quadra Island's most visted web site

Find out more:
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Services

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Repairs and service to your domestic major appliances at competitive rates. We have a good selection of quality rebuilt washers, dryers, fridges, gas and electric ranges. All come with a one year warranty on mechanical components and free delivery for south Quadra Island. New and used parts depot. Free pick up of your unwanted recyclable appliances. 10% Seniors discount. Please call me at 250.285.3425 or on my cell at 250.202.3425

Shops

WORKS OF H'ART

30% off all Christmas decorations, tablecloths, napkins etc. 25% off all calendars and datebooks-hurry in...they won't last long! 10% off anything red (or red in it!) until January 15th! Check out clothes on sale- new shipment of sweaters since Christmas! Any clothes without a sale tag still have 10% off!

WAYPOINT SIGNS

Signs, Picture Framing and simple Engraving at Waypoint Signs beside Quadra Builders. Tues-Thurs, 9-noon/1-4pm. Appointments possible to suit your schedule. Friendly, efficient, personalized service with quality products at affordable rates. 250.285.2815 info@waypointsigns.com

For Rent

COMMERCIAL SPACE

Retail, studio, office, commercial space for rent. Q. Cove Plaza. 285-2880.

SELLING YOUR HOME?

List online on Quadra's most visited web site. Listing with photos only \$49 for 3 months.
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Call 250-285-2234 for more info



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