

DISCOVERY ISLANDER

COMMUNITY NEWS & EVENTS ON QUADRA, CORTES & THE OUTER DISCOVERY ISLANDS

ISSUE 579

Serving the Discovery Islands since 1992

June 27, 2014



The crew from Quadra Builders celebrate their first place in the regional standings for Bike to Work Week 2014

photo: Philip Stone

DISCOVERY ISLANDER

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June 27 2014

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Philip Stone

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Opinions expressed in this magazine are those of the contributors and are not the views of the publisher.

Submission Guidelines

Items for publication on subjects of interest to the Discovery Islands community are welcome.

Please help us by following these simple guidelines.

- Text articles do not need to be attached in a file. Simply send the text in the body of an email.
- Please use Canadian spelling.
- Please use the title of your item as the email 'subject'.
- Please remember to include credits and captions for photos and other artwork.
- Please print had-written material clearly.

While every effort is made to include all items submitted, errors and accidental omissions do occur.

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NEXT DEADLINE

**7 pm, MONDAY
July 7**

for publication
Friday, July 11

Thanks to Quadrate Ventures



Thanks to Richard Swanson and Quadrate Ventures for installing new 'Welcome' signs in Quathiaski Cove. The new signs were commissioned by the Discovery Islands Chamber of Commerce, designed by Philip Stone and produced by Waypoint Signs.

Source: Government of Canada

Fri	Sat	Sun	Mon	Tue
27 Jun	28 Jun	29 Jun	30 Jun	1 Jul
17°C	17°C	20°C	21°C	21°C
14°C	60%	12°C	13°C	13°C

Campbell River's Home Grown Health Food Store

Prices in effect until July 10 or while quantities last

MANITOBA HARVEST



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Bike to Work Week

May 26th- June 3rd 2014

One of the winning businesses in the Campbell River Bike to Work Week totals was from Quadra Island!

Quadra Builders' staff are a familiar sight on our island roads as they make their daily commutes to the hardware store on Noble Road.

Barry Hatelt and the Builders' crew clocked in Number one in their division of 1-10 riders with a total of 513 km ridden through the week. Second place was 237 km.

Participants:

Barry Hatelt
Chad Swanson
Dave Saunders
Jeroen Dikkentman
Kris Whittaker
Kyle Barker
Rob Simpson
Amy Goeson
Shannon Enns
Charmion Mersereau

Team Statistics:

513 km Combined
15,391 Calories Burned
111kg Greenhouse Gases Saved

Total Regional Stats:

Campbell River/Quadra Island Statistics
419 total riders
130 new riders
55/45 %female/male
15,576 total kms cycled
467 280 calories burned
3377kg GHGs Saved

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ISLAND CALENDAR



Submit your event info or news item - eMail: news@discoveryislands.ca or drop-off at 701 Cape Mudge Rd or at Inspirations

DAY TO DAY

Friday, June 27

- Live Music with Duffy Live HBI Pub 9 pm

Saturday, June 28

- Cortes Creative Spaces 9:30-4:30 pm Cortes Is.
- Quadra Golf Anniversary Tournament
- Theatre Quadra AGM Q.C.C. 4 pm
- Unconfirmed Reports Quadra Legion 8 pm

Monday, June 30

- Canad'Eve - DJ [EM.ASH](#) at HBI Pub

Tuesday, July 1

- Canada Day Celebrations at Cape Mudge
- Jazz at April Point Dave Ashton Trio 6:30 pm

Friday, July 4

- Live Music with Iron Pyrites HBI Pub 9 pm

Tuesday, July 8

- Jazz at April Point Jazzberry Jam 6:30 pm

Thursday, July 10

- Auditions-Jack & Beanstalk Quadra Legion 7-9 pm

Friday, July 11

- Live Music with Blue Katz HBI Pub 9 pm

Sunday, July 13

- WellSmart Workshop Manson's Hall 1 - 3 pm

Thursday, July 17

- Auditions-Jack & Beanstalk Quadra Legion 7-9 pm

Wednesday-Sunday, July 23-27

- Quadra Island Chamber Music Festival

THE REGULARS

MONDAY

- Parent & Tots, QCC, 9:30 am - 12 pm
- Sing For Pure Joy! QCC, Room 3, 3:00 - 4:30.

TUESDAY

- Yoga with Trinity, QCC #3, 5-6:30pm-
- Al-Anon Meeting, Quadra Children's Centre, 7:30 pm

WEDNESDAY

- Yoga with Trinity, QCC #3, 10-11:30am
- Parent and Babes 11 am QCC
- 1st & 3rd Wednesday Food Bank, QCC 1 - 2 pm

THURSDAY

- Parents & Tots, QCC, 10:00 am - 12 pm
- Yoga with Trinity, QCC#3, 5-6:30 pm
- Prayer Meeting, Quadra Island Bible Church, 7 pm

FRIDAY

- White Light Essences & Guided Meditation, Studio 6 Upper Realm, 1-2:30 pm
- Alcoholics Anonymous, 8 pm Quadra United Church

SATURDAY

- First Saturday of month - Local Food Market at Quadra Legion from 10-2 pm
- Farmers' Market & Bazaar 10 am to 2 pm behind Credit Union, Q Cove
- Open mic with Mo. 9:00 pm HBI pub

SUNDAY

- Family Service, Quadra Island Bible Church, 10:30 am
- Quadra Sunday Painters, 11 am - 2 pm, 285-3390

Canada Day At The Cape

Tentative Schedule of Events

Subject to Change with Out Notice

9:30 am Welcome Pancake Breakfast hosted by the Quadra Island Fire Department

11:00 am Rededication of the Cook Welcome Poles

11:30 am Nuyumbalees Cultural Center Opens for Tours Artisan Market Place Opens

12:00 pm Heritage Walking Tour to the Lighthouse

1:00 pm Official Welcome on the Performance Stage

1:30 pm KIDZworld Opens- Family Activities Begin Elder's Story Telling in the Ah Wah Qwa Dzas

2:00 pm Arrival of Tribal Journey Canoes

5:00 pm Salmon BBQ & Canada Day Cake Performance Stage Opens

7:00 pm First Nations Drumming & Dance Performance

Be part of the largest gathering ever hosted on Quadra Island!

Have a Great



Canada Day!!!!

coastal fare and island soul



tag #heriotbayinn: your pic might get some legit ink! photo by Eileen Peters.

Duffy Live *rock+roll dance floor • good times • June 27*

Iron Pyrites *local classic rockers • July 4*

Blue Katz *vintage rock+roll+rhythm+blues • July 11*

join or enjoy: **Open Mic with Mo** Saturday evenings

Herons/Inn:
285.3322

Pub:
285.3539

Heriot Bay Inn

a beautiful place to spend time

Pantomime Time!

Auditions for Theatre Quadra's **JACK & the BEANSTALK**

Written by Darcy Mitchell / Directed by Julie Douglas / Music Direction by Linda Cannon

**Planting now for a Fall performance:
November 28, 29 and 30, 2014**

If you liked 'Dick Whittington' and 'Sleeping Beauty', you'll love 'Jack and the Beanstalk' – another rollicking original pantomime with a modern twist. Lots of characters, lots of music, lots of fun! We need Jack and his cast of kooky characters to tend the garden and take on the big guy! Speaking, singing, dancing and chorus parts for human beans from 9 to 90.

Auditions will be held on Thursday, July 10 and Thursday, July 17. 7 - 9 p.m. at the Quadra Legion. Here's the cast list to help you choose which parts to stalk!

King Counting – a grasping monarch. Meant for a man, but could be a woman

Queen Affluenza – his vain, haughty, demanding consort. Woman*

Princess Petunia Petulant – their daughter. Teenage girl

Sir John Fiddler – the King's tax collector. Man

Jack – a poor peasant boy. Our hero. Older teenage girl or young-ish woman *

Gumboot – Jack's loyal if skeptical sidekick. Man

The Widow Legume – Jack's mother (the "Dame"). Man

Fido – the Legume family cat. Older teenage girl or young-ish woman

Bunsen and Burner – two labgoblins. Male or female, older teenager on up

The Giant – is rather short. Possibilities for a smaller man or woman or an older child/teen

Katie – the Giant's daughter, tall. Teen girl*

Squinch – warden of the Giant's jail. Man*

Bigboy – the Giant's right-hand cat. Older teenage boy/man

There are a few small parts too...

The characters listed with an asterisk* sing the more challenging songs, although most have a song or two. (And more songs can be added for folks who are keen and melodic.) If you'd like an advance copy of the script (by email), or if you're unable to make either of the audition dates, please contact darcm@telus.net.

Why not plant the seed and see what grows. Unleash your inner beanstalk!

Theatre Quadra AGM

Saturday, June 28, 4:00 p.m.

Theatre Quadra (TQ) is a non-profit organization that strives to provide:

- theatrical productions that entertain and enrich our community
- creative outlets for youth and adults to develop and showcase their dramatic talents
- learning experiences in all aspects of theatre production and management

This year, TQ's AGM will be held on Saturday, June 28, in the Green Room at the Quadra Community Centre, commencing at 4:00. This is your chance to contribute to Quadra's lively theatrical community, confirm your TQ membership, and elect or join the TQ Management Group for 2014/15.

Theatre Quadra is a committee of the Quadra Island Recreation Society. We have a Management Group whose role is to plan, coordinate and support TQ productions, and other activities such as training and fund-raising.

• Become a new or return member, for 10 skinny dollars, and exercise your vital voting privileges! Print out and fill in the MEMBERSHIP APPLICATION on the TQ website 'About Us' page @ <http://www.theatrequadra.ca/about.html>. Mail it to us or hand it in at the AGM.

• During the AGM we will nominate and elect TQ members. Join us and play a pivotal role in promoting prime theatrical entertainment on Quadra!

• Finger food potluck will follow the AGM business, so bring your food and fingers!

TQ boasts a slate of successful productions over the past three years, and the Management Group welcomes new energy and enthusiasm to continue the run far into the future. So step up, join in and help set the stage for outstanding live theatre in our community!

Please respond to theatrequadra@gmail.com by June 20, so that we can plan for the number of people expecting to attend. And please visit the TQ website @ <http://www.theatrequadra.ca>.

See you at the AGM!

Beach Fire Ban

This June has been mostly sunny and dry encouraging us, to get out and enjoy our Island before the rains start again. We receive rain a good portion of the year and we forget how quickly it can dry out, especially when the Northwest wind blows.

Unfortunately the Fire Department has already had to deal with a beach fire at the bottom of Milford Rd. It was approx 10ft by 60ft with a strong wind blowing out of the north. The cause was a beach fire left unattended high amongst the drift wood. Sadly, this isn't the first time we have had to put out careless unattended beach fires in this area.

As this side of the island has a large amount of driftwood that extends into the forest in some sections, it puts the community at high risk for wildfires. As a result, to ensure community safety the **Fire Department now prohibits beach fires on all beaches until further notice.**

Thank you to the residents for your unflinching vigilance in keeping our island community free of wildfire dangers. If you see a wildfire please call 911.

Thank you
Quadra Island Fire Dept

Dusty Spit Road

It has come to my notice that [BC Parks] are no longer 'watering down' the Rebecca Spit road. I was picnicking with a group of seniors last week and the dust situation was horrible.

If as many people as possible could e mail a note to: parksinfo@victoria1.gov.bc.ca And request that they please continue to water down this park it would be so much enjoyable for all users:) It might help and won't take very long.

Thanks
Caroline Bridges

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NEWS & EVENTS

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Canad'Eve at the Heriot Bay Inn

Canad'Eve, a new holiday tradition? Well-known Cumberland DJ [EM.ASH](#) brings deep rhythms of house and techno to the dance floor in the HBI Pub for Canad'Eve with host Sarah Bible!

DJ [EM.ASH](#) combines a "love of electronic music and an intentional desire to heal the mind/body/soul" as he creates a "rhythmic, smooth mix to elevate the dance floor".

Canad'Eve includes a costume contest: the more Canadian the costume the bigger the prize! Wear your Canadian imagination and dancing shoes to the Canad'Eve party! June 30 in the HBI Pub, nine pm – midnight.



Golf Course Membership

Considering membership with the Quadra Island Golf Course? There has never been a better time to join the Club!

Membership offers a wealth of benefits of which include an opportunity to play unlimited golf, participation in club events, discounts on retail, driving range*, power carts*, reciprocal benefits with other golf courses and more.

If you need more information or you have questions, please call 250-285-2811.

Newcomers Welcome

New to Quadra? The Discovery Islands Chamber of Commerce and local businesses welcome you with a gift bag. Please contact Judy at 250-285-2150

Free Chimney Sweeps

To prevent home fires on Quadra, the Free Firewood Association is offering free Chimney sweeps for low-income Quadra Islanders. Call Gabe Aston at 204-5228 and make an appointment. Please wait for a while until the phone rings.

Money to support this program can be donated to the Free Wood Association account at our local Coastal Credit Union.

This free program is only available for the summer months.

Legion News

We are celebrating Legion Week by extending an invitation to anyone who would like to stop by the Legion on Friday June 27th at 6:30pm for a free barbeque burger dinner. On Saturday June 28th @ 8:00pm live music, with Unconfirmed Reports & The Tripping Point, by donation. We want to thank Doug Peters, Erik Sorensen and Dave Saunders for the new disabled parking spot.



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Hand-Drum Jam

Come join the hand-drum jam every Wednesday night at 7:45 pm in Spirit Books in the Upper Realm at Q. Cove. If you don't have a drum, we can supply you with one. Beginners are welcome. Learn reggae, calypso. Salsa beats and much more. And experience a thing called "Drummer's High." There is a \$5 droop in fee. Call Steve at 285-3323 for more info.

Special Choir Concert

Award-winning Children's Choir Concert,

Mon. July 7. 8pm. Tachov Choir from Czech Republic,

touring from Kathaumixw Festival, Powell River.

Campbell River United Church on Pinecrest.

Tickets: \$10 at CR Visitor Centre & at door.

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May Pole Dancers Thanks

THANK YOU - Quadra Builders for the use of your truck for our float

Tru Value Food Stores, Heriot Bay and Quathiaski Cove for treats for the dancers

Quadra Elementary School Teachers and Principal - for allowing the school time to make the May Pole Dance happen!!

Thank You, Thank You, Thank You

FROM THE 2014 MAYPOLE DANCERS



Shop Local
Keep our island
community
strong
all year
long!



65 Years of Community Service!

William Nutting retires as Chairman of the QI Cemetery Trustees. The news of Bill's retirement was taken with heavy hearts and was with regrets that it was accepted at the March AGM. Bill had been active with the Cemetery since 1950 when he dug his first grave for \$10 at the age of 15. Bill has provided his team of Trustees with excellent leadership and mentorship with the administration and operation of the Cemetery.

Bill was born and raised on Quadra and for anyone that knows him, he is full of very good and hilarious stories. Bill has been a volunteer for most of his life and he has not really ever been recognized for it. He certainly doesn't like to blow his own horn but its high time we as a community take notice of some of his accomplishments.

An old acquaintance mentioned to Bill's wife Edith a few years ago that once upon a time, this acquaintance needed to contact Bill, who was at the time president of the Quadra Island Social club, for something in regards to the use of the old community hall. When Edith did the math, she was surprised to realize that Bill must have been 17 years old at the time. Bill was the president of the then, Quadra Island Recreation Commission. It was in Nov 1973 when the Commission received the grant for the development of Blenkin Memorial Park. Even then, several local people were employed on the project. Bill was president



of the first trout derby at the lakes 49 years ago, importantly noting that the raffle prize was a boat and motor. Bill was one of the founding members of the Quadra Island Fire Department and a volunteer fireman for 20 years. Bill's volunteering was part of the social lives of the participants, back in the day. He was an active and vocal member of the Ratepayers Association and lobbied for our car ferry and roads that you could actually drive on! More recently Bill was active and a one point President of the Concerned Citizens of Quadra Island. Bill formed the Quadra Spud Gun Club (which raised over \$13,000 for local charities) by hosting numerous Spud Gun shoots on his property. Bill was very active with the Quadra Island Branch of the Royal Canadian Legion for a good number of years. There is likely much more volunteer work than this that Bill undertook for the benefit of the residents today. The next time you see Bill, shake his hand and thank him for all of his volunteer efforts.

The Quadra Cemetery Trustee's sincerely wish Bill the very best in his retirement and incredibly appreciate him for his dedication and commitment over the 65 year period he served our community! An appetizer potluck is planned for July 5 at the Legion during the meat draw from 5:00pm to 6:30pm to honour Bills' service to the community.

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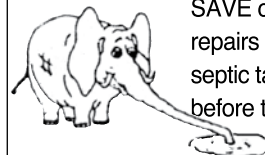
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Well Smart Workshop on Cortes Island

**Sunday, July 13 from 1:00-3pm
Manson's Community Hall**

On Sunday July 13th, from 12:30-3 pm at the Manson's Community Hall, North Island Labs and the Friends of Cortes Island (FOCI) are sponsoring a Well Smart Workshop. Our goal is to help well owners understand not only the basics of wells and groundwater use, but specific issues facing islanders, such as salt water intrusion and surface water influence. The WellSmart presentation will outline what regulations apply to well owners and what can be done to keep wells up to code and water supplies free of contamination. Information will be given to help well owners troubleshoot water quality issues, how to pinpoint what to test for and learn to interpret and apply lab results.

Doors open at 12:30, a presentation on groundwater, well protection, water quality and treatment options begins at 1 pm.

An expert panel will be present for a Q and A session after the presentation.

Sylvia Barraso (to be confirmed) - Ground Water Protection Officer - Ministry of Forest Lands and Natural Resources will present information on groundwater aquifers and on well construction and protection.

Red Williams from Red Williams Well Drilling and Tom Curial from Four-Cea Services are both qualified water well drillers and pump installers, each with decades of experience in the industry. Rick Milne, from The Last Drop Water Systems, also a Qualified Water Well Pump Installer has successfully helped many Quadra and Cortes Island residents optimize their water systems over the years.

Catherine Black from North Island Labs,

an ISO1705 accredited laboratory that has been testing well water on the islands since 1994, will be able to answer questions on water quality and the interpretation of water test reports.

Paul Starr from Andrew Sheret will be present to answer questions about water treatment and water system design and installation.

Red Williams, Tom Curial, Rick Milne and Catherine Black are also long time members of the BC Groundwater Association and the BC Water and Wastewater Association.

For anyone interested in testing their well water, sampling kits with a 10% discount voucher will be supplied at the Sunday workshop. Free shipping of samples will also be offered to anyone who is able to meet Catherine Monday morning at the Whaletown BC Ferries waiting room between 8:00 am and 9:30 am. Catherine will then deliver samples directly to the lab for processing that afternoon.

Why is this important? Because as homeowners, we know you care about the health and safety of your friends and family and protecting the environment. To put things in perspective, businesses on the island, which serve the public any type of food or beverages must have their water tested twice a month to ensure that no one becomes ill from water-borne bacteria. Who would be responsible if your water made some one sick? Would you think an annual water test to be too expensive, too often, or too much trouble? Having your own water supply means you are responsible for the safety of the water you drink.

For more information please call Leah at 250-935-0087 or email Catherine Black at northislandlabs@gmail.com

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Yes it's Summer But Fall Fairly Likely

Hellloooooo Gardeners!! It's been a wonderful spring! I have to pinch myself to be sure that it isn't a dream and that I'm not keeping my squashes and tomatoes under tents to keep them warm. The Giant Pumpkins must be LOVING this...you have got them underway, right? Did you remember to plant them with the first leaf headed in the direction that you want them to go?

Speaking of pinching, is everyone keeping on top of the tent caterpillar situation... don't squish the ones with the whitish dots on their heads?! I've seen a lot in this condition with the eggs of a parasitic wasp laid on them... saw one with four eggs on its head yesterday! Hopefully with the rise in the wasp, we'll start to see a drop in the tent caterpillars next year. We will have to remain vigilant, looking for the egg cases this fall.

I've also noticed an increase in sawfly affecting the few roses that I have. If anyone has come across an effective control for sawfly on roses, please pass it along. I've managed to thwart the currant fruit fly and sawfly by creating mesh bags to encompass my red currants, but this becomes impractical for a rambling rose.

We're just about at that point where we've finished with planting for the summer garden, and are now planning and starting seedlings for the fall and winter garden. I hope that you're also making a note of what you'll be able to grow and display in the Fall Fair.

I tried Alkindus lettuce this spring, and it is absolutely stunning! Many of the categories for fruits and



vegetables have been eliminated as they weren't suitable for what we have in our gardens at that time, so be watching for the catalogue coming soon.

This week is your last chance to plant the perfect carrots for the Fall Fair! Red, yellow, purple, orange...plant 'em all! And then enjoy them well into the winter, with your prize ribbon hanging nearby.

Get your late brassicas going, and seed those lettuces, endives, radicchios to take you into the fall. Haven't those nugget potatoes been fabulous? And greens, greens, greens! What a month June was, a real bonus for the gardens...which means there are going to be some real competition for the vegetables and field crops for the Fall Fair! (Unfortunately April wasn't great for our fruit pollination...but still, the apples are looking good!)

It was a terrific weekend for the Garden and Quilt Tour, lots of inspiration in those fabulous gardens to get you motivated and thinking about your entries...and judging by the gardens on tour there is going to be some fabulous Horns of Plenty competing for cash prizes this year! Happy Canada Day!!

Carol Anne Caulfield,
Convener Fruits, Vegetables, Field Crops on
behalf of The Old Farm Community Garden

Quadra Island's 49th Annual Trout Derby/ B.C.' Family Fishing Weekend Report

We would like to thank the nearly 100 participants that came out to support this year's event. This year's Trout Derby winner and also the recipient of the Howard Richards Memorial trophy for women's largest fish went to Kathy Binnersley with a whopping 2lb 6oz trout, also capturing 2nd place as well. Way to go Kathy! The men's 1st place winner and receiver of the Garnet Patten Memorial Trophy was Terry Binnersley with his 1lb 10.5oz fish, what a team. This year's top prize and also taking 2nd place for the youth category went to Wyatt Huffman he landed a 13oz trout.

CONGRATULATIONS TO ALL THE WINNERS!

	YOUTH	WOMEN'S	MEN'S
1st	Wyatt Huffman	Kathy Binnersley	Terry Binnersley
2nd	Wyatt Huffman	Kathy Binnersley	John McCabe
3rd	Riley Oswald	Megan Sumner	Rocky Quocksister

This year's entry prizewinners were Jeff Dubois and Dominick Richards and Megan Sumner was the lucky winner of the hidden weight category. The skunk prize was won by Randy Craddock and Taylor Inrig's name was drawn for the father's day raffle. Ryan Binnersley won the 50/50 raffle.

This year's proceeds of approximately \$500.00 are going towards homecare equipment for the use of the community.

We would like to take this opportunity to thank Heriot Bay Tru Value and to the Q. Cove Tru Value for giving us the very helpful spirit board points and to the shoppers that donate their points to the trout derby, it is extremely helpful for our event. Thank you to Bob at Heriot Bay Tru Value for the corn, always enjoyable.

We would also like to thank Joe from the Landing Pub, Keri from the Quadra General Store, and Cindy from Works of H'art for their contributions towards the prizes. Thank you to Mike Sumner and Terry Binnersley for clearing our camping spot and to Hugh Ross for the signs.

Wouldn't be possible without the support from the Department of Highways and a very special thank you to Joe Jr. and Kim for all their help with the cooking, couldn't have managed without them. Thank you to McGuffie's for making the weekend Bara(ble) with a little help with the excellent South end wine! Thanks to Bill and Sally although not there still helped out.

Lastly to Owen Bird the coordinator of B.C.'s Family Fishing weekend for all his help and support that he provides to this event to help make it so enjoyable.

We are already making plans for next year's 50th Trout Derby! So get ready to celebrate. Until then wishing everyone wonderful fishing adventures.

Darlene, Laurel & Sally

JUNE QISES NEWS

The Quadra Island Salmon Enhancement Society wishes to announce that it has received HRDC funding this year. It means that QISES was able to hire a summer student interpreter for the Eco Center. The hire for this summer is Cole Houlihan of Quadra Loop. He will be at the center from July 2 until Labour Day, Wednesday to Sunday from 10AM to 4PM. Individuals and groups are invited to visit. Thanks to Graham Mackay for acquiring the necessary funds, and to Deb Cowper for training Cole in his summer duties.

Of note about our early dry spell, a walk was done on June 21st up the Little Morte creek to inspect the creek and droughtproofing lines. We found that the water level in the creek was very low already. We do know that some water flows beneath the stream bed but this is not good news. The Little Morte Lake and creek were originally designated as a "last resort" source of water for the Hyacinthe Creek system. Due to the early drought, Little Morte will be unusable later in the summer when really needed. The only good news on the Hyacinthe system is that Site 3, the wetlands on the Walcan Road, seems to have stored quite a bit of water.

The entire Hyacinthe Creek drought-proofing system was designed to keep the pools in the creek viable for the fry which stay in the creek for their first year of maturation. Hyacinthe Creek below the culverts is an extremely productive stream. We keep hoping for rain.

Al Beattie
QISES

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Quadra Island Outdoor Club Upcoming Events



Paddling in the Discovery Islands by Norris Weimer

The upcoming Outdoor Club events for the next few weeks are:

29 June, Sunday - Heriot Ridge Route

5-8/9 July, Saturday to Tuesday/
Wednesday - multi-day paddle and
camping to Sutil Channel and the
Discovery Islands

12 July, Saturday - hike to Mt. Seymour

19 July, Saturday - hike to Newton Lake

29 July, Tuesday - hike to Cruickshank
Canyon

5-7 August, Tuesday to Thursday - paddle,
hike and camp on Cortes Island

We plan to add more short hikes to the schedule, for people who don't want to spend most of the day on one activity. It's not too late to suggest trips for July and August. The summer schedule can be found at the website:

<http://qioutdoorclub.org/trips/trip-schedule/schedule-summer-2014/>

Use the "click for more" button for trip details. Please contact the trip coordinator well in advance of the trip if you want to participate.

For more information about the Club, visit the webpage at qioutdoorclub.org. To join or renew, contact Darcy Mitchell at darcm@telus.net.



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Anniversary Golf Tournament

The Quadra Island Golf Club is hosting our annual skills competition and 9 hole Anniversary Open Golf Tournament one week from today on Saturday June 28, 2014. This is a very special event for us as we celebrate our 2nd Anniversary!

The schedule of events is as follows:

10am Driving Competition
11am Chipping Competition
12pm Putting Competition

The entry fee is \$2 for each of these events and prizes for winners will be awarded.

1:30pm Shotgun start 9 Hole Golf Tournament followed with a salmon barbecue accompanied with Caesar salad, corn on the cob and anniversary cake. The registration fee is \$30 per person along with regular green fees as they apply to you.

There will be TWO HOLE IN ONE opportunities. One is sponsored by the Canadian Western Bank for \$5,000 and one by The Landing Pub for \$10,000. There will be prizes for Closest to the Pin, Longest Drive, Closest to the Tree, a Water Ball Draw and low score based on the Callaway scoring system.

Don't delay, sign up today!



Quadra Island Seniors Report

Anne Lawrence was our delegate this year. N.I Director Ruth Amiabel, was also in attendance, along with guest members Christine Dyson & Philip Hebbard.-- Many resolutions were passed by all the delegates from the many branches in the province. Resolutions included Ferry costs which needs a definite rollback, and B.C. Ferrys should be immediately transferred back to the Ministry of Transportation and Highways.--No pay parking at B C Hospitals, No Super boxes for mail delivery, we want door to door delivery, for cities and towns to help seniors who cannot get out in the community. Much better Home care which we had at one time. Senior Abuse must be stopped in Care Homes, and by families. Protect our Medicare by all means. Riverview Lands must be used for the Mentally ill again and more where passed and have been sent to Federal & Provincial Govts. If you wish to know about more resolutions contact

Anne Lawrence @3325 or Ruth Amiabel @3801. We had great speakers Tannis Braithwaite from B.C. Public Information Advocacy Centre. Council of Senior Citizens Org. workshops by Sheila Pither & Annette O'Connor. Katrine Conroy-N.D.P. and Seniors Advocate Isobel McKenzie. Everyone had great meals provided and a dinner & dance on the last evening. Next year the convention will be in Merritt B.C. Quadra Island was presented with our 50 year certificate for helping seniors in B.C. Cumberland received a 60 year certificate & Nanaimo 75 yrs. For membership contact Marilyn Lamb @ 3354 for transportation call Ruth Amiabel @ 3081 or 1250-895-9188.

Canada Day at the Cape

Nuyumbalees Cultural Centre will be hosting Quadra Island's Canada Day Celebration. The event pairs typical festival activities like the Pancake Breakfast hosted by Quadra Island Fire Department, with tours of the Sacred Potlatch Collection and ancient petroglyphs, heritage interpretation walks to the landing site of Captain George Vancouver, an artisan marketplace, heaps of family programming, Elder's storytelling, and the rededication of three historic poles currently under restoration.

The highlight for many attendees will be the arrival of the Tribal Journey canoes who enter the territory on July 1st, from Washington State en route to their final destination in Bella Bella. Once the welcome has been concluded, we will host a community feast and end the event with traditional singing, drumming and dance performances. We are delighted to announce that Her Honour Judith Guichon, Lieutenant Governor of British Columbia, will be among the 5,000 attendees expected.

Vehicle access to the Village during the event is restricted to local traffic, Elders, and those with accessibility issues. Free shuttles will be available from the Cove, as well as several Island stops including the Community Centre, Quadra Island School, and Quadra Builders. Bike valet services will be available on-site.

The schedule of events, volunteer sign-up, and the artisan marketplace and food vendor applications are available on the Canada Day at the Cape page of the nuyumbalees.com website.

For more information contact the Centre at 250.285.3733.



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Quadra Island Farmers Market and Bazaar

Start up Saturday, May 3rd. 10am - 2pm.

Rain or shine Beside the Credit Union

Come on out to this years' community market. We are always looking forward to another enjoyable season and would like to welcome back all of the regular vendors and extend a warm welcome to any newcomers who may be interested in participating in this traditional island event.

Some of the great things you might find: fresh local produce, baked goods, garden starts and plants, local art, artisan works, soaps, art cards, books, knitted treasures, music and much more!

The market gate is open at 8am for set up and operates on a first come basis. The market starts at 10am and ends at 2pm. Access on Green Road.

The table fee for vendors is still only \$5.00 and \$1.00 for children. Local community and charitable organizations will not be charged.

Visitors welcome! Come and enjoy our local market. This is where it's happening on Saturday on Quadra Island. Arts, crafts, food, produce, and souvenirs galore!

We strongly discourage dogs at the market! If you have no choice and must bring your pet please make sure it is on leash or carried and of course pick up after your pet because people and children play here!

Steve Moore will be arranging our live entertainment. Thanks Steve!

See you at the Market!

Contact: Stella 250-285-3184 or email quadramarket@gmail.com

Come on out, we'd love to see you there!

Find us on Facebook www.facebook.com/quadramarket



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At the HBI

The Heriot Bay Inn kitchen is open 7 am to 10 pm seven days a week beginning June 27. Enjoy Herons new dining menu on the deck with gorgeous views or hop into the pub for a lovely lunch and mingle with the locals. We have it all and more for your dining pleasure.

Canad'Eve, a new holiday tradition? Cumberland DJ [EM.ASH](#) brings house + techno to the dance floor in the HBI Pub for Canad'Eve with host Sarah Bible! HBI Pub 9 pm to midnight.

Canad'Eve costume contest: the more Canadian the costume the bigger the prize! Very Canadian food and drink specials for your enjoyment: Caesar drink with wild salmon burger 25% off! June 30/HBI Pub/9 pm-midnight.

Rock your Friday night with live music in the HBI Pub: June 27 DUFFY LIVE with dance floor hits; July 4 IRON PYRITES with classic rock; July 11 FREDLOCKS ASHER AND THE ULTRA FLEX CREW with roots rock reggae.

Open mic: Mo is back!. Saturday nights are always entertaining! Are you a player? a singer? a poet? a comedian? Shyly starting out or young and old pros are welcome and encouraged. Saturdays. HBI Pub. 9:00pm. Make it a dinner show; the kitchen is open until 10 pm.

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Buddhist Meditation

You don't have to be a Buddhist to appreciate a circle of quiet meditators sitting together peacefully.

Come relax and calm your mind with a 40 minute meditation on Sunday morning at Spirit Books in the Upper Realm at Q. Cove.

After tea break, we read and discuss a text on spiritual practice. We start at 10 am sharp every Sunday. It's free or by donation

Call Steve or Danielle for more info at 285-3323

Market Music

Live music is happening at Quadra's Saturday Market from 10 am to Noon.

For June 28th Hal Douglas plays the blues. On July 5, John Tolle returns. On July 12 Sidney Williams plays guitar and sings. On July 19, Kevin MacKenzie entertains us. On July 26, Hal Douglas returns. On August 2, John Toelle plays. On August 9, Barry Hodgson performs. On August 16, Jaki McPhee entertains us. August 23 Banjo Joe performs. On August 30, Hal Douglas finishes the season.

Please donate money to support the performers when you walk by. Call Steve at 285-3323 for more info.

Cortes Creative Spaces Are Calling!

Saturday, June 28, 9:30 to 4:30 p.m. -- sponsored by the Cortes Museum artists, craftspeople, potters & gardeners will open their studio doors and garden gates to visitors for Cortes Island's Creative Spaces--Gardens, Studios & Workshops.

This annual tour will showcase many new gardens & new studios -- including gardens new & established, a heritage century farm with apple trees still producing after 106 years, a variety of artists, potters & craftspeople gathered in the Old School House Gallery, weavers who hand dye their wools, and quilters in studios & the Museum. You are also welcome to drop in at Hollyhock's amazing garden as visitors are invited any time. The connection to Cortes & to the ground beneath it is part of the beauty of this tour.

Tickets with a map for this rare glimpse into private creative spaces on Cortes are \$12 -- on sale at Cortes stores, Friday Markets & the Museum. They will also be available on tour day after the first ferry to Cortes near the top of the hill above the Cortes ferry landing -- look for a sign with balloons!

For more information, contact Cortes Museum at cimas@twincomm.ca or 250-935-6340.

Explore the Discovery Islands!

Our region is blessed with some of the most adventurous waters in the world. The history, the geography and the wildlife combine to create an unforgettable experience. This summer the Museum at Campbell River is once again offering a series of guided Historic Boat Tours each Sunday during July and August that explore the Discovery Islands and points north.

The first trip is planned for July 6, from 9 am to 2 pm, and will travel to Desolation Sound. Considered to be one of the west coast's premier cruising destinations, Desolation Sound is an amazing place. Entering into the Sound, it is difficult to believe that Captain Vancouver once proclaimed the area to be so dismal, that he named it as he did. With the vista of the snow capped Coastal Mountains to the east, the verdant landscape of West Redonda Island and picturesque Lewis Channel to the north, it represents the quintessential beauty of British Columbia's west coast. This tour will stop at Lund, a historic village billed as the gateway to Desolation Sound. The cost for this trip is \$135.00 and includes an interpretive guide and on-board picnic lunch.

To reserve a seat call the Museum at 250-287-3103. The Museum is offering Historic Cruises in partnership with Discovery Marine Safaris all through the Discovery Islands this summer. Some trips include lunch at fabulous Dent Island and at Refuge Cove. For a complete listing visit the website at www.crmuseum.ca



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4th Annual Quadra Chamber Music Festival



The Quadra Island Chamber Music Society is delighted to welcome Philip Hansen and his ensemble of internationally acclaimed musicians back for the 4th Annual Quadra Island Festival of Chamber Music. As some of you know, Philip came to the island 6 years ago and fell in love with it. He envisioned Quadra as a wonderful place to hold a summer festival where world class musicians would perform. Phil became the Founder and Artistic Director of the QIFCM and has started a unique program for cellists called Cello Zen, also held on the island. He has inspired audiences on four continents with concerts that cross an array of genres. A California native, he has performed all the major concerto repertoire written for his instrument with a variety of orchestras. Phil is currently the Principal Cellist of the Calgary Philharmonic Orchestra. An enthusiastic educator of music, Phil served for many summers on the faculty of the Académie Musicale Internationale in Provence, France. He has been a guest of the Beijing and Shanghai Conservatories of Music as artist-in-residence and teacher to China's top young musicians. Phil has performed the suites by J S Bach for violoncello solo in concert on

several occasions, employing the rare cello piccolo. Under his leadership as its artistic director and cellist, the ensemble fEARnoMUSIC performed across the US, earning accolades and support from major foundations for that group's innovative projects. Phil's genius on his cello transports you to another dimension.

This summer, Linda Melsted on Violin, and Konstantin Bozhinov, on lute, return to share their incredible talents and we look forward to discovering the gifts Soile Stratkauskas offers on flute. Each is a dedicated and accomplished musician whose impressive resumes reflect a rather astounding list of recordings, engagements and participation in an array of musical societies and festivals. This year, we are also pleased to welcome Carter Johnson from Campbell River who will be joining Phil on Saturday evening at the Community Centre at 6 pm. Carter began studying piano at age 5 and by 2013, having won numerous competitions in Canada, he travelled to New York and won second prize in the Julia Crane International Piano Competition. During his career, he has been invited by several orchestras to perform

concertos of Bach, Mozart, Schumann, and Ravel.

As the Festival grows, the Society continues to attract a high level of talent to our Festival where music lovers enjoy the magic of summer concerts in a variety of wonderful island venues. Gowlland Harbour Resort has kindly offered to host an evening of fine dining on Thursday, July 24. With Chef Mariana creating yet another exceptional menu, the evening will provide an opportunity for patrons to meet and chat with the musicians and help support this event.

All events are scheduled for early evening starts to accommodate the present ferry schedule. Wednesday, July 23 at 6:30pm- \$20: Your Carriage to Paris: Music of the French

Baroque kicks off the Festival at the historic Cape Mudge United Church. Thursday, July 24 at 6 pm- \$90: Friends of the Festival Dinner at Gowlland Harbour Resort. Friday, July 25 at the SouthEnd Winery is Sold Out. Saturday, July 26 at 6:00pm-\$18: Piano Favourites from throughout the Ages at the Quadra Community Centre. Sunday, July 27 at 10:30- \$40. Sheer Delight includes luncheon. Early Bird packages SOLD OUT.

Tickets: Yellow Dog Trading Co; Works of H'Art; www.gowllandharbour.com/



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Quadra Circle News

Quadra Circle participants have lots to celebrate these days! First - we officially became a registered society on June 2, 2014 - Quadra Circle Community Connections Society. Since our Friday lunches have ended for the season, we enjoyed a potluck picnic at Rebecca Spit.

Secondly, our Housing Committee, in partnership with Q.I. Seniors Housing Society, will soon receive a small grant from Canada Mortgage and Housing. This will fund a Housing Needs assessment and a feasibility report about



Quadra Circle Picnic at the Spit

building a Seniors Supported Living Residence, market-priced housing for seniors wanting to downsize and affordable housing for young families and workers in Q Cove. This is a key first step in sourcing funding for the project. Info: 285-2221.

Our Community Connections Centre is busy helping to recruit volunteers for the many jobs needed to make Canada Day at the Cape a resounding success. This amazing intercultural, international effort by Nuyumbalees Cultural Centre to host the Aboriginal Journeys Canoes and welcome the thousands of visitors in attendance deserves our enthusiastic support. To volunteer, call 285-2255 or drop in to our Cove Centre office Wed.- Sat., 11am - 3pm.

Seniors Outreach Worker, Marie Sheran: 285-3950 and her team visit seniors who want more information on our programs or who are recovering from illness or sometimes feeling a bit isolated, and who would like a chance to chat.

Foot Care:

Our new program provides a subsidy to those receiving BC Medical Plan premium assistance who require foot care from one of Quadra's designated Foot Care nurses. Call our Connections Centre to apply: 285-2255.

The Transportation Program:

Our friendly volunteer drivers are happy to be able to give back to our community. If you're a senior who would like a ride to go grocery-shopping or to a community event, get to an appointment or visit a friend - don't miss out! Just call Diana at 285-3630 to arrange your ride.

Quadra Home Meals: Anyone dealing with illness or recovering from surgery and their caregivers can order these tasty, nutritious meals prepared for the program by the Gowlland Harbour Resort Chef. Food preferences, allergies and special diets are accommodated. Pick up the meals at the Community Centre on Wednesdays between 11:30am and 12 noon or pre-arrange delivery by our volunteers. Cost is \$5 per meal. To order by Sunday noon call Marie:285-3950.

New Call Answering Service Model For North Island 911

The North Island 911 Corporation will be using a new model to delivery primary 911 call answering services, following a study of options for 911 call-taking and fire dispatch.

The Corporation's board of directors voted to contract with E-Comm for 911 call answering services, and to continue to have fire dispatch services provided by the Campbell River fire department.

The Corporation had hired Pomax, a firm providing independent consulting expertise to

public safety and public service organizations since 1996, to undertake an analysis of the options for 911 call answering after the RCMP, which had provided that primary call answering service, advised that it was not part of the force's core business and that the price would be going up. The analysis looked at current and future cost increases facing the service, efficiency and effectiveness of service delivery. There were no concerns with the performance of the existing contracted service providers - RCMP and Campbell River fire department.

"This is probably the most profound decision this board will ever make," said North Island 911 Corporation president Jon Ambler.

The cost of the new model for the "public safety answering point" (PSAP) 9-1-1 call answering will be \$2,003,510 over a five year period, approximately \$1.7 million less than it would have been under a new agreement with the RCMP.

Non-Motorized Outdoor Recreation Has Huge Economic And Health Benefits Independent Research Confirms

In an era where parks and wild spaces are under pressure from a wide range of concerns including resource extraction, funding cuts and increasing population, British Columbia's largest advocate for non-motorized backcountry recreation has confirmed that these areas have never been more valuable.

The Federation of Mountain Clubs of BC (FMCBC) today released the results of two studies commissioned by the organization, evaluating both participation rates in non-motorized outdoor recreational activities and their economic and health impacts. This research, conducted by the School of Resource and Environmental Management at Simon Fraser University, clearly shows these activities have enormous benefits both for participants and the economy.

The research found that the direct economic contributions from non-motorized recreation participation topped \$3.5 billion in 2012, even before equipment purchases were considered. Nearly half of study participants engaged in a non-motorized recreational activity in the study year (2012). The most popular non-motorized outdoor recreation activities were hiking, fishing, snowshoeing, kayaking and trail running.

FMCBC President Scott Webster stated, "The outdoor recreation survey results show that non-motorized outdoor activities play a key role in the lives of British Columbians. These activities provide a substantial contribution to our economy and help maintain the health of our population. Non-

motorized outdoor recreation should be encouraged and supported as an ideal way to experience British Columbia."

The first of the studies evaluated the participation rates and economic impacts for non-motorized outdoor recreation activities away from urban areas. The study found that 48% of respondents had participated in at least one of these activities in 2012. The second study reviewed and summarized the health benefits of non-motorized outdoor recreation.

In response to the results of the health benefits study, FMCBC Secretary Mack Skinner stated, "These results show that being away from the urban scene and in the great outdoors has tremendous psychological, as well as physical, benefits. Canada could save, conservatively, \$7 billion on health care from its citizens being more active and this gives us all the more reason to encourage Canadians to get outdoors."

The FMCBC is proud to have led this research and acknowledges the financial assistance received from Mountain Equipment Co-op which helped to make it possible. The FMCBC's role is to advocate on behalf of non-motorized backcountry recreation users in BC and the results of this report will be used to help defend these interests.

The reports will be presented to members of the FMCBC at the Annual General Meeting in Castlegar in June. The full research and results are available on the FMCBC website at <http://mountainclubs.org/>

[backcountry](#)-recreation-study/. Interested organizations can contact the FMCBC directly to request hardcopies of the reports.

The FMCBC promotes self-propelled activities, such as hiking, mountaineering and backcountry skiing through leadership, advocacy and education. The FMCBC is a federation of outdoor clubs with a membership of approximately 4900 people from 32 clubs across the province. The FMCBC works with outdoor recreation organizations, industry and government agencies, to protect and maintain access for non-motorized backcountry recreation in British Columbia's mountains and forests.

For more information contact: Jodi Appleton, Program and Administration Manager, Federation of Mountain Clubs of BC, 604-873-6096, admin.manager@mountainclubs.org www.mountainclubs.org @mountainclubs

Thank You Quadra

Thank you to the following folks for their support of the Quadra Island Quilt and Garden Tour: the gardeners who spent long hours planting, hoeing, weeding, then greeted visitors for two long days, the quilters who entered their beautiful projects to be admired, the quilt organizers who gathered the quilts, hung them Saturday, took them down and hung them again on Sunday, the people that took their turn sitting in the gardens answering questions about quilting and the Compost Demonstration in the Community Garden. Also to be thanked are the ticket sellers, local advertisers and the local papers both on Quadra and in Campbell River who support many Quadra events. Finally thanks to the people who gathered their friends and family on and off the island to visit the tour. Your contributions raised about \$4000.00 which will go toward the Quadra Recreation's children's programming and the Quilters Marathon

New Listing



.99 of an acre in the Cove. Drilled well and an additional dwelling that needs some TLC. Main home is a two bedroom rancher boasting a vaulted ceiling with stunning beams in the living room. Recent updates include new deck and bathroom. Yard fenced for your furry friends and detached workshop! Put your sweat equity to work in this sweet property located a block from the school. Call today to arrange a personal tour. **REDUCED TO \$269,000!**

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DATE	TIME PST	m.	ft.	
27 Friday	01:02	3.5	11.5	
	05:21	4.3	14.1	
	12:39	0.8	2.6	
	20:10	4.9	16.1	
28 Saturday	01:48	3.5	11.5	
	06:05	4.2	13.8	
	13:14	0.9	3.0	
	20:44	4.9	16.1	
	29 Sunday	02:31	3.4	11.2
		06:48	4.1	13.5
13:48		1.0	3.3	
21:15		4.9	16.1	
30 Monday	03:14	3.3	10.8	
	07:32	3.9	12.8	
	14:22	1.2	3.9	
	21:46	4.8	15.7	
01 Tuesday	03:57	3.1	10.2	
	08:18	3.8	12.5	
	14:57	1.4	4.6	
	22:16	4.7	15.4	
02 Wed.	04:41	2.9	9.5	
	09:09	3.6	11.8	
	15:32	1.7	5.6	
	22:47	4.7	15.4	
	03 Thursday	05:26	2.7	8.9
		10:10	3.5	11.5
16:09		2.0	6.6	
23:20		4.6	15.1	
04 Friday	06:14	2.5	8.2	
	11:27	3.4	11.2	
	16:52	2.4	7.9	
	23:54	4.6	15.1	
	05 Saturday	07:04	2.2	7.2
		12:55	3.4	11.2
	17:42	2.7	8.9	
06 Sunday	00:31	4.5	14.8	
	07:55	1.9	6.2	
	14:25	3.5	11.5	
	18:45	3.1	10.2	
07 Monday	01:11	4.5	14.8	
	08:45	1.6	5.2	
	15:48	3.8	12.5	
	20:02	3.4	11.2	
08 Tuesday	01:52	4.5	14.8	
	09:31	1.3	4.3	
	16:55	4.1	13.5	
	21:23	3.5	11.5	
09 Wed.	02:36	4.5	14.8	
	10:15	1.0	3.3	
	17:47	4.4	14.4	
	22:35	3.6	11.8	
10 Thursday	03:21	4.5	14.8	
	10:57	0.8	2.6	
	18:31	4.7	15.4	
	23:35	3.6	11.8	
11 Friday	04:09	4.5	14.8	
	11:39	0.6	2.0	
	19:11	4.9	16.1	



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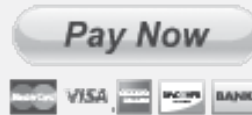
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