

DISCOVERY ISLANDER

COMMUNITY NEWS & EVENTS ON QUADRA, CORTES & THE OUTER DISCOVERY ISLANDS

ISSUE 560

Serving the Discovery Islands since 1992

September 27, 2013



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2013 Haig-Brown Lecture

The Campbell River Arts Council, the Haig-Brown Institute, the Museum at Campbell River and School District 72 are partnering this year to present the 2013 Haig-Brown Memorial Lecture. The lecture will take place on Saturday evening, September 28, from 6:30 pm – 8:30 pm, at the newly renovated Rivercity Stage Theatre, 1080 Hemlock Street in Campbell River. This year's lecture, entitled "Land For The People: A New Environmental Language for British Columbia", will be delivered by noted Canadian author Harold Rhenisch.

The Quadra/Philippines Connection Thanks You!

Community spirit continues to flourish on Quadra Island as demonstrated by another successful Giant Garage sale this past week-end. Even with Sunday morning's torrential rain, dedicated shoppers turned out to support this rewarding event. Thanks to the energy of volunteers and everyone's material and monetary donations, we were able to net \$6,200 towards our continuing Quadra/ Philippines connection. This money will go far in providing supplies and teacher stipends to the daycare programs of Lubo Hilltop and Basao Dilag communities for one more year. It will also provide Christmas bonuses to IAT teachers and staff and support for special projects to these remote villages in the northern area of the Philippines.

Volunteer commitment for the giant garage sale again proved to be awesome as this event magically unfolded from nine am Saturday morning right through until 5 pm Sunday. Sincere appreciation is extended to those families who offered their homes or carports as drop-off centres and to the following businesses/people for their continued support: Tru Value Heriot Bay and Q. Cove (bottle depot donations and spirit board points), Viken

Waste Management (and Alan Burnett!), Aroma Coffee Roasters, Quadra Legion (extra tables), and to Gabriella, Hummingbird, the Gumboot and Discovery Islander (advertising). To all of the drivers, cashiers, bakers, food servers, as well as to everyone who signed up or just showed up to sort or pack up, your help was invaluable!

A portion of left-over cotton clothing was put aside for children in the Philippines to be delivered in the next couple of months in time for cooler weather. A contribution was also made to the Women's Transition House and Men's Second Chance in Campbell River. This year the remaining items stayed on the island and were delivered to the future site for WildeFire Ecoworks Inc. We welcome Dan and Lorie to the island and look forward to their re-use centre and workshop opening later this Fall. Their focus will be local waste reduction and community sustainability and we wish them the best with this positive endeavour.

Be sure to stay tuned for future news from the Quadra/ Philippines Connection and remember to donate your spirit board points to #291 at both Tru Value stores!



ISLAND CALENDAR

Submit your event info or news item - eMail: news@discoveryislands.ca or drop-off at 701 Cape Mudge Rd or at Hummingbird

THE REGULARS

MONDAY

- Parent & Tots, QCC, 9:30 am - 12 pm
- Sing For Pure Joy! QCC, Room 3, 3:00 - 4:30. All Welcome.
- Weight Watchers, QCC, 6 pm - 7 pm
- 1st Monday - Quadra writers group, 7 - 9 pm 285-3656

TUESDAY

- Al-Anon Meeting, Quadra Children's Centre, 7:00 pm
- Folkdancing, 7:30 to 9:30 pm, QCC, Sept 17 to end Apr, 285-3298.

WEDNESDAY

- Parent and Babes 11 am QCC
- UofQ - HiYa education from your neighbours. HBI pub 7:00 pm
- Regular texas hold'em poker night 7:30pm at the Legion
- Hand-drum Circle, Upper Realm, 7:45 - 9:15 pm
- 1st & 3rd Wednesday Food Bank, QCC 1 - 2 pm

THURSDAY

- Parents & Tots, QCC, 10:00 am - 12 pm
- Quadra Singers, QCC 6:45 p.m
- Prayer Meeting, Quadra Island Bible Church, 7 pm

FRIDAY

- Unplugged Guitar/Singing Jam 7:45 pm Upper Realm
- Alcoholics Anonymous, 8 pm Quadra United Church
- Live bands in the HBI Pub 9:00 pm

SATURDAY

- Farmers Market & Bazaar 10 am to 2 pm by Credit Union
- Quadra Legion Meat Draw 5 pm
- Open mic with Mo. 9:00 pm HBI pub

SUNDAY

- Family Service, Quadra Island Bible Church, 10:30 am
- United Church, 10:45 am unless advertized, Sept 15 to end Jun, 285-3163.
- Quadra Sunday Painters, 11 am - 2 pm, 285-3390
- Buddhist meditation, Upper Realm, 10 am.

DAY TO DAY

Friday, September 27

- Friday Flicks presents: The Sapphires, doors open 7:30 pm QCC
- Live Music with Full Force, HBI Pub 9 pm no cover

Saturday, September 28

- Poles vs. Holes golf-disc golf tournament, fund raiser for Children's Centre
- Sierra Quadra: Discovery Islands Ecosystem Mapping, QCC 7:30pm Free.

Monday, September 30

- Weight Watchers Open House, QCC 6:30 pm

Tuesday, October 1

- International Day of Older Persons

Friday, October 4

- Friday Flicks presents: Unfinished Song, doors open 7:30 pm QCC
- Live music at the HBI Pub with Limbo Babies, 9 pm

Friday, October 11

- Live music at the HBI Pub with Blue Kats, 9 pm

Monday, October 14

- New Orford String Quartet, QCC, 2:30 pm

Friday, October 18

- Live music at the HBI Pub with Six Foot Johnson, 9 pm

Saturday, October 19

- The Cougar: Beautiful, Wild and Dangerous, QCC 7:30 pm

NEXT DEADLINE: MONDAY, OCTOBER 7TH, 2013

Island Calendar is a list of on island events. Please submit separately for the **Island Calendar** and **News & Events** or indicate in your submission if you would like your event placed in both. **Following the text order exactly as above for email submissions is appreciated** (month, date, day, title, place and time), use the title as your email subject. Current advertisers welcome to submit events but not-for-profit items will be given priority. Thank you for understanding.


Fri 27 Sep	Sat 28 Sep	Sun 29 Sep	Mon 30 Sep	Tue 1 Oct
11°C	13°C	15°C	14°C	14°C
10°C	12°C	10°C	9°C	

Source: Government of Canada

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Season End Sale

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For sale- good quality used kayaks, lifejackets, kayak skirts, paddles, sleeping bags, tents, dry bags, stoves, cooking equipment and much more.



1380 Hooley Road, Saturday Sept 28th, 10am

CONTACT US

eMail: news@discoveryislands.ca

Tel: 250.285.2234

PO Box 280, Quathiaski Cove
BC V0P 1N0

Office: 701 Cape Mudge Rd

Hours: Mon-Thurs 10 am - 4 pm

Opinions expressed in this magazine are those of the contributors and are not the views of the publisher.

Submission Guidelines

Items for publication on subjects of interest to the Discovery Islands community are welcome.

Please help us by following these simple guidelines.

- Text articles do not need to be attached in a file. Simply send the text in the body of an email.
- Please use Canadian spelling.
- Please use the title of your item as the email 'subject'.
- Please remember to include credits and captions for photos and other artwork.
- Please print had-written material clearly.

While every effort is made to include all items submitted, errors and accidental omissions do occur.

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NEXT DEADLINE

**7 pm, MONDAY
October 7**

for publication
Friday, October 11

ISLAND FORUM



A Fine Neighbour...

Leonard Lakberg was more than just a fine neighbour. He was a fine storyteller, and a kind and generous man. We are very sad at the passing of Len Lakberg, but are glad for Len to be released from his own purgatory of Alzheimer's disease. Len was many things in his long and productive life, and we were fortunate to know a fraction of them. Len was a man's man, but he was also a gentleman, and we loved to hear his stories about his life as a 'gypo logger', which started when he was a youngster of 14 in the Columbia Valley following after his father, a hand logger. My family got to know of Leonard through my grandfather, a heavy duty mechanic, who serviced machinery for Leonard when he was one of the first early loggers in the Howe Sound. My grandfather would tell stories about Len and Shirley in their float camp. You'll find snippets of Len, and his father, in some of the older, as well as some more recent, fine publications that we have about early logging in British Columbia, but listening to Len tell his stories was like having your own private, animated volume of BC history. He often told stories about the early days on Saltspring Island, and 'communal hunting' to provide venison for all of the families during hard times. And Len certainly experienced periods of 'hard times' in his life, from contracting polio as a young man through to losing 'the works' to fire, twice! The working hard, and the playing hard, the community dances, and the hijinx that played out. We learned about families and communities and how populated the inside passages and inner islands were,

including the discovery islands, and how they had changed through Len's life, when we had the opportunity to travel with him on one of Len's beloved boats. We especially loved to hear stories about how Len and Shirley started out on Quadra and began slowly developing small areas of our island with vision and caring, and to recognize their contributions to this island. We got to know Len on a personal level shortly after he began developing Open Bay, and my how we loved to crawl over the areas of 'District Lot 10' with him, exploring the rich logging history of our own neighbourhood. We experienced firsthand, the generosity that Len extended to others on a regular basis. We shook our heads in wonder and with respect as we would watch Leonard climb into a machine and go off to work, well into his seventies. We dearly miss our days of sashaying next door to share a glass of wine and a meal, and a story or two, and to hear his deep rumbly voice say "Hello, child!" and "Did you bring that miserable, long drink of water with you?". Rest in peace, Leonard.

With love from the Caulfield family.

We wish his family comfort, and peace.

**Have an opinion to share?
Submit your letter
to the DI by email:**

news@discoveryislands.ca

PREFERRED

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be chopped!**

Please be concise

Library Rant

After all the fal-der-all our new library is a hit. Every time I go there I feel peace. There is a certain kind of calm engendered by a library. Its beautiful. Hold a book in your hand, smell the paper, read words written by someone with flair, imagination, knowledge. Stories that carry you away for a while to another world, being able to block out the chaos around you, oh my, its wonderful, a gift.

My problem is with people who think they have some special right to mark books. You know the ones - I call them gargoyles with pens. I picture them hunched in their armchairs pen poised, neck craned forward, forehead wrinkled, teeth clenched in anticipation, searching for a typo error, spelling mistake, editing error, or what ever - "AHA I found one, an error I am going to correct it, make a comment in the margin, I need to educate the public because they are too stupid to realize the book has a flaw!!". What conceit!! Well, did you know, you are defacing private property? Those books do not belong to you, they belong to the library and every time you mark a book it costs the taxpayer money as the book has to be replaced. You are not an editor and you have no right to do this. If you must look for errors in publication buy your own books and mark them up to your heart's content but leave library books alone. As well, a note to all you corner folders, the library gives a print-out of all the books you take out and their return date, use it as a bookmark. Good heavens, did no one teach you respect for others' property, especially books?

Sharon Brereton

REGIONAL DIRECTOR'S REPORT



By Jim Abram

Well we are officially into the fall season and I am just back from the Union of BC Municipalities convention in Vancouver. This was the most intense and productive convention that we have had in years. I met with more Ministers and ministries than I could have ever hoped for and even with the Premier. The following will be a bit of an account of whom I met with and the topics we discussed and my assessment of what progress was made.

Ferries

I worked his topic into every meeting I had to show the essential nature of the service and how each Cabinet member needs to support our actions to make the system affordable for our communities. I felt it necessary to keep pounding this one home and I think it actually did some good.

The first major meeting of the week was to be with the Minister of Transportation and the Premier. The group I was a part of, the Coastal Regional District Chairs, had a long pre-meeting to get our "script" fine tuned for the Minister and the Premier. After the actual meeting we had another long meeting to de-brief and plan our actions post-UBCM.

The meeting went very well with the usual introductions and chatter about government priorities and lack of funds. We certainly were prepared for all of that and we pushed the UBCM resolution for ferries regarding putting ferries into highways, that passed unanimously (B 12 if you look it up online). We stressed that this is the only way that they will ever make the system sustainable and affordable and the only way to increase economic development and sustain our populations on the islands, including Vancouver Island. We have, as one of our members, the representative from Metro Vancouver, formerly called the Greater Vancouver Regional District. This is an incredible boon to our cause since they have the major population in the province and support us 100%. We certainly stressed the economic aspects of the communities we represent and the hardship that is being placed on each and everyone of them. In

the end, the Premier looked me in the eye and asked, "What would you do, Jim?". That was an easy question to answer. I slid a copy of the resolution over to her (she sat right adjacent to me at the end of the table) and said, "This is the only way you can solve the problem." And then I reiterated the absolute need to treat the ferry system equitably as it is part of the terrestrial component of highways, and to make the ferry system part of the overall highways system and fund it accordingly.

The text of what I read to her as the only solution was the following: "Therefore be it resolved that the provincial government recognize the coastal ferry services as essential extensions of our provincial public highway system and ensure that ferry fares are reduced and core service levels are maintained at current service levels until such time as the provincial government implements legislation that recognizes our coastal ferry services as essential extensions of our public highways system and creates equity between B.C.'s terrestrial and marine, interior and coast highway systems." She was, surprisingly, somewhat receptive and announced that she is assigning the Parliamentary Secretary to the Minister of Transportation with the task of meeting immediately with our group to try and come to a solution. His name is Jordan Sturdy and he is not only an MLA, but also the Mayor of Pemberton. So our group has our work cut out for us.

Highways issues

My meetings with the Ministry of Transportation were incredibly successful and to my surprise one of the Assistant Deputy Ministers was the same one who came to Quadra and toured the Kanish View Estates Road with me and days later ended an 18 year battle to get that road accepted into the Highways inventory for operations and maintenance.

We discussed the dismal condition of the roads on Quadra Island and the outer islands and of course lack of funding was what I was given as the reason. We did not stop the conversation there and I pushed very hard for some very simple but essential services to be funded so that Emcon can

do the work we need to have happen. First on the list was line painting for all of the roads. Paving of most of the roads on the south end and a few of the main arteries in the northern neighbourhoods was also discussed. Ongoing maintenance of potholes, shoulders, ditching and brushing were also front and centre.

And the big ticket item was the section of road from Rebecca Spit turn off to Heriot Bay. I have pushed for a complete rebuild with usable shoulders for cyclists, pedestrians and people with strollers. I put this to them as a major safety issue and cited all of the horror stories I was aware of.

They agreed to get their engineers up to the area immediately and to go from there to implement a solution that meets our needs. I was amazed at the fact that they were totally briefed on the issue from previous meetings that I had had with the staff from the Courtenay office. Those staff have been advocating in their own way on our behalf, being careful to not be "political". That is my job as far as they are concerned. So the ground work is done and I have every confidence that the staff whom I met with will follow through with what needs to be done. In fact, the Regional Manager said that my visit with him at UBCM has made the issue of Heriot Bay Road a "real" issue and a high priority and has put a face to the issue. He explained that he has the responsibility for the entire south coast, lower mainland and Vancouver Island and must prioritize all work and we have made it onto the list.

Respect for Local Government Zoning

This was another one that was pounded home in every meeting with every Minister I spoke with: sometimes in private meetings and sometimes in public forums. It was wonderful to say the same thing over and over in a different way with a different slant tailored to the particular situation each time I was able to bring it up.

My meeting with our Minister for Community Development, Sport and Culture allowed me to present the full pitch as it did with the Minister for Forest, Lands

and Natural Resource Operations (FLNRO). He is the one ultimately in charge of the issuance of tenure applications. My thrust was mainly to do with the lack of respect for local government jurisdiction over land use planning and zoning and how premature issuance of tenure applications is causing us incredible difficulty in general. Minister Steve Thompson (FLNRO) committed to coming to Quadra to have a discussion of this very issue and how we can come to agreement on how to proceed in the future.

I was able to bring this up with the Minister for Agriculture, Pat Finn, and also work in the ferry issue regarding the shipping of our incredible seafood products to world-wide markets (and even to our convention!). He was very agreeable that we need to ensure that the markets are not hindered by impediments such as the ferry.

Forestry issues

With all of the work that has been done by the tour operators regarding the conflicts in forestry and eco-tourism, I felt it was a good opportunity for me to bring that issue up over and over with any Minister that had anything to do with the topic. My comments were not anti-forestry in any way, but pro-tourism and were tailored to trying to find a compromise that works for both industries. Eco-tourism has taken off in this area for both First Nations and non-first nations operators. There is a real need to solve the impasse that we seem to be in with the industrial forest companies. Once again, I did get commitment to take another look at this to try and make things work.

Park purchase of Merrill Ring lands

It was a great honour to be able to approach the two Ministers that are currently key to this purchase: the Minister of Environment and Parks and our Minister for local government. As you may be well aware, I was able to convince our staff and Board to find a way to contribute \$100,000.00 from our Parks reserve funds to this purchase. There is a glitch, as usual, due to legislation. However, we do have a solution and it requires a Ministerial Order from our Minister. So, in my meeting with the Minister of Environment I stressed the need for her to support our Minister for local government in that issuance of a Ministerial Order. She committed to absolutely support her. Then when I met with our Minister, who has to sign the

Order, she also expressed support and gave us the details of what needed doing in order to get that Order. I talked with our CAO, Russ Hotsenpiller, immediately after that meeting with the Minister and he put his staff in motion to write the necessary letters and they were out the same day! So, now I just need to see if she signed the Order. She is well aware of the urgency.

Connectivity (Internet and cell)

I had two official meetings with both the Minister and the Ministry, along with GoBC and NetWorkBC, both part of the Ministry responsible for internet and cell services. Of course there are no programs immediately accessible according to the Ministry, but they strongly encouraged me to lobby the Minister to get more money into programs. So, that is what I did. We had a very good meeting and as it turns out, they are all in close touch with the same people that I have been dealing with over the past few years regarding improvements to our islands. Most of the work will now happen behind the scenes and they were very glad that I have a good relationship with Telus.

Official Opposition meetings

I met with a large group of the Opposition MLA's and discussed most of what I had met with the government about. It is incumbent on me to ensure that they are aware of the issues that concern us in our areas. They are fully briefed on the concerns and the suggested solutions. I was very pleased with their attention and interest and I did ask them to work collaboratively with government to come to solutions.

Resolutions of interest dealt with at the convention

B 12: Coastal Ferries: Fiscal Fairness and Long Term Strategy (contained a bit more detail than what I read the Premier, but essentially the same and unanimously passed by the convention!)

B 14: Review of Road Maintenance Standards

B 30: Derelict and Abandoned Vessels

B 34: Provincial Communication with Local Govt. Regarding Licenses and Permits (the topic of many of my conversations with Ministers and ministries. This is a major issue province wide)

B 72: Genetically Engineered Plants and Animals (basically a prohibition on these organisms and making BC a GE Free Zone)

B 80: Mineral Tenure Act Modernization

(this is an issue that frustrates all local govts. as they have no control over tenures at this time and community wishes do not matter. This one just sailed through!)

B 82: Support for BC Association of Agricultural Fairs and Exhibitions (a great one for our fall fair organizers)

B 111: Regulation of Foreign Ownership of Farmland (ensuring a food supply for us at home and protection of our agricultural land)

B 121: Reinstating Riverview (this one was heavily debated and I was pleased to actually save the resolution from defeat by eliminating one word as an amendment, that did not change the basic intent but satisfied the opposition)

This is a sampling of the types of issues that are dealt with at UBCM. These resolutions are now UBCM policy and the Executive must do what it can to advance them both provincially and where necessary, federally. There were 143 resolutions and we finished all but a few, which are then referred to the Executive to deal with on our behalf. I was very pleased that I was able to attend almost every minute of the sessions in spite of the rest of my time being allocated to meetings with Ministers and ministries. You can view the entire book of resolutions at ubcm.ca

Long Service Award

Last but not least, I received my 25 Year Long Service award, given by the UBCM to local government elected officials. This is quite an honour for me and it is a great honour to continue to represent you: then, now and into the future at the local, provincial and federal levels. I look forward to the next few years of serving you. (see the press release elsewhere regarding this award)

Had enough? I think it is time to stop. Feel free to call me between the hours of 8:30 am and 7:00 pm, Monday through Friday (please, not on weekends, folks!) at 285-3355, or you can fax me at 285-3533 or you can email me anytime at jimabram@xplornet.ca or by mail at Box 278 in the Cove, V0P 1N0... Lots of choices.

Please do not use my residential phone number for SRD calls. All business calls should be on 285-3355. Many thanks!

Respectfully submitted,
Jim Abram Director,
Discovery Islands - Mainland Inlets (Area C), SRD



NEWS & EVENTS

Submit your event info or news item - eMail: news@discoveryislands.ca or drop-off at 701 Cape Mudge Rd or at Hummingbird

Back in a Pickle-ball

Pickleball starts again at the Cape Mudge Gym on Tuesday, October 1st, 4 to 6 pm. Get your exercise and meet some new people. Drop in fee \$2 with equipment rental \$1. Call Louella or Ken at 250-285-2580 or Doris at 250-285-3610 for more information.

Citizen Science on Quadra!

Join Sierra Quadra this Saturday (September 28) for our fall season launch. Lannie Keller and Eve Flager will present a talk on the Discovery Islands Ecosystem Mapping Project, showing citizen science in action – how islanders can collect and add information to the maps’ digital base layers, to document the natural features and ecosystems of our amazing watershed. See the new maps, find out what’s possible, and brainstorm new directions! It’s all happening on Saturday September 28 at the Quadra Community Centre. Doors open at 7, Lannie and Eve’s presentation begins at 7:30. Fabulous food and drink are available, just like always. Admission is by donation.

Sunday Services

Quadra Island United Church invites you to the first of regular weekly services on Sunday, September 15 at 10:45 am. Please note the slightly earlier time. Organ preludes at 10:30 am.

Lunch-type refreshments shared after the service. Everyone welcome. Info 285-3163.

Buddhist Meditation

Come join us for 40 minutes of silent meditation followed by refreshments and an interesting small group discussion based on a short reading.

Time: 10 am, every Sunday Morning. Place: Spirit Books, Upper Realm, Q. Cove. It’s free or by donation. Call Steve at 250-285-3323 for more information.

Yoga with Trinity Gogolin

Ease into Autumn with the healing practice of yoga. Trinity will combine the flowing style of yoga called Vinyasa with pranayama (breathing techniques), meditation, and deep relaxation.

Classes are suitable for all levels.

Wednesday mornings 10 to 11:30 & Thursday evenings 5 to 6:30 at QCC in room # 3 9/\$90 or \$12 drop in fee

Contact Trinity Gogolin at 250-203-9245 to register, or with any questions.

Seeking Mushroom Recipes

Prizes to be given to winning recipes. The Quadra Island Mushroom Club are requesting local mushroom recipes, please drop off @ Hummingbird before Oct 5th. Recipe may be for either for breakfast/lunch/dinner.

Recipes will then be shared with our local restaurants for preparation & guests to enjoy.

Featured during the weekends of Oct 26-27 & Nov 2-3.

Looking forward to many Mushroom Delights.



HAPPY THANKSGIVING

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Invite To Our Open House

Many of us have lost 50/60/70 and even 100 pounds by learning how to eat properly.

You have seen many of the amazing transformations around the island..... we feel better, are healthier and are hot mamas. We are "losers" and proud of it. Weight Watchers has changed our lives.

Come learn how we did it....take the first step...bring a friend to see what we are all about.

Don't be afraid....take the first step to a healthier lifestyle.

QCC MONDAY NIGHT Sept 30.....6:30 pm

Come on...ya know ya wanna!

What have you got to lose?

Free Firewood

The Free Firewood Association in co-operation with the Quadra Community Centre offers free Firewood to all Quadra residents in need. The service starts after Thanksgiving and is designed to help single parents, elders on fixed income, low income and unemployed residents and new residents who join us in mid-winter with an empty wood shed.

Call Steve Moore at 285-3323 or Alan Burnett at 285-3544 for assistance at the wood shed or for delivery if you don't have a vehicle.

Free Firewood is available at 1 pm after every Community Lunch, starting Wednesday, October 16.

The wood shed is located behind the Community Centre on the South side. Bring your vehicle or a friend's pick-up truck and we'll help you load up.

The Free Firewood program needs your help in order to keep everyone warm on our island. Please donate money to the Free Firewood Association account at our local Coastal Credit Union. Thanking you in advance. Call Steve Moore for more info.



Acoustic Jam is Back

Come to Quadra's unplugged acoustic jam every Friday Night, starting up again on September 20th. Beginners are welcome to this relaxed, laid-back music circle. Bring your voice, guitar or string instrument, hand-drum, etc.

Time: 8 p.m. to 10 p.m. Place: Spirit Books Upper Realm. Date: Every Friday Night. Pat at 285-2807 and Time at 285-2314 are your hosts. Call for more information.

Local Food Market

Hungry for Local Food?

Look no further than the Local Food Market coming to Quadra Island this fall/winter.

A few years ago I lived in the Comox Valley and greatly enjoyed shopping at the Comox Valley Farmers Market. I knew I could get fresh food weekly and made it part of my grocery shopping.

Our goal with this market is to make a consistent local food source where the public can get a variety of local food monthly.

We have farmers growing veggies, bakers baking, jam makers jamming and there is talk of local meat and seafood.

Kosmic Kafeteria will be hosting a hot lunch from November to April, featuring local and seasonal food on the menu.

The market will also host a "basket-case" table, where you can bring a basket or case of food from your garden, kitchen, cooler of eggs etc... and the market will sell it for you.

We would also like to welcome food producers from Vancouver Island and the outer island to join us once a month and share their bounty. This market will be held October-April the first Saturday of every month at the Quadra Legion from 10-2.

Come and visit me at our booth at the Fall Fair with your questions and ideas. We are looking for musicians and volunteers to help with set up & clean up. Please contact Amanda 250-285-3976 or join us on Facebook at www.facebook.com/LocalFoodMarket

New Cultural Season Starts

The Quadra Cultural Committee is proud to present The New Orford String Quartet as the first in their 2013-2014 concert series on Monday, October 14, Thanksgiving Day at 2:30 PM at the Quadra Community Centre.

Almost 50 years ago, the Orford String Quartet set out on its path to becoming one of Canada's best known and most illustrious ensembles. After 26 years and more than 2000 concerts on six continents, the Orford String Quartet disbanded in 1991. This writer's very first string quartet experience was with the Orford, enveloped in the modest wood-lined concert room in the old City Hall of Stratford Ontario, and I can still conjure up that feeling of breathless amazement upon hearing the rich, emotionally resonant sound that two violins, a viola, and a cello can make together. In 2009, the New Orford String Quartet arose from the fame and tradition of its glorious predecessor and gave its first concert to a sold-out audience at the Orford Arts Centre that year. Emerging from the rich waters of two of Canada's major orchestras, The New Orford String Quartet is now this country's premiere string quartet.

Hailed for their "ravishingly beautiful tone" as well as their "extraordinary technical skills and musicianship" the members of the New Orford String Quartet are all principal players in the Montreal and Toronto Symphony Orchestras. Violinists Jonathan Crow and Andrew Wan; violist, Eric Nowlin and cellist Brian Manker will be playing the early Beethoven Quartet in B-flat major, Opus 18 No.6; Canadian R. Murray Schafer's String Quartet No. 1; and Brahms' String Quartet No. 2 in A minor, Op. 51 No.2.

The New Orford String Quartet debut CD of the final quartets of Schubert and Beethoven on Bridge Records received international acclaim; "one of the top CDs of 2011" (La Presse and CBC In Concert); JUNO Award nomination 2012, "a performance of true greatness and compelling intensity... stunning! (Audio Video Club of Atlanta); "flawless... a match made in heaven!" (Classical Music Sentinel); "a performance of rare intensity." (Audiophile Audition); and "nothing short of electrifying... listen and weep." (Toronto Star)

The Quadra concert is part of an extensive sixteen concert Western Canadian tour including performances in Edmonton, Calgary, White Rock and Victoria. Known as "...Canada's top string quartet...they've taken our chamber music scene by storm....". (CBC 2013). So pop your turkey in the oven, put on your raincoats and head over to Quadra Island Community Centre on Thanksgiving Day and you'll be thankful you did!

Tickets for The New Orford String Quartet concert are available at the Music Plant in Campbell River and on Quadra at Hummingbird Office and Art Supply in Quathiaski Cove and at Works of H'Art in Heriot Bay. Advance tickets are \$17; \$20 at the door. Students 16 and under will be admitted free with an adult. For more information, please call 250-285-2580 or visit www.neworford.com



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Cultural Secrets Unveiled

Dear Editor:

Quadra Cultural Committee has often been asked (by people near and far) how we manage to attract such great acts to Quadra Island. The answer isn't simple, and I thought our audiences might be interested in some behind the scenes "gossip".

This year, the highly regarded New Orford String Quartet is coming to Quadra Community Centre from Toronto/Quebec on Thanksgiving Monday at 2:30. How did it happen? Well, celebrated Vancouver impresario/musician George Zukerman invites artists to BC for his own concert series in White Rock, and contacts other respected concert organizations, providing us the opportunity to scoop some really fine acts. A glance at NOS Quartet's website shows QCC in the company of fourteen other fine presenters, from Saskatchewan to Sechelt.

Linda Tillery and her Cultural Heritage Choir, a percussion-driven quintet, comes from an entirely different angle. QCC communicates with other high quality regional presenters, and in this case, we came to an agreement with Saltspring Island and Sid Williams Theatre to make an attractive enough offer to bring this group from San Francisco for three events. Although she is unknown to some, Linda Tillery has an

ardent following of people who have heard her passionate festival performances over the years. We expect a very large audience for this concert, and are concentrating on advance ticket sales for the November 16th concert.

Advance tickets are available at Works of H'Art, Hummingbird, and The Music Plant. Information: 250 285 3204

Sincerely,
Helen Moats
Coordinator, Quadra Cultural Committee

Salmon to Arrive in Granite Bay

Please join us by turning out for the Granite Bay Fall Fish Count. Chum should arrive late September, and, possibly within weeks thereafter, the coho. Volunteers are needed.

Last year's group was terrific, turning out some good numbers. Heads came together and with Carol Murray's finesse with graphs and numbers, a fish count protocol evolved.

You are welcome to gear up, participate in a short orientation, offer your ideas, and join the fun! **Phone Vicki Biro, 285-2246, or e-mail vlbiro@explornet.ca**

Haig-Brown Festival 2013

This year the popular Haig-Brown Festival will take place on Sunday, September 29th, from noon to 4pm. The festival is held each year on World River's Day at the Haig-Brown House property at 2250 Campbell River Rd (on the Gold River Hwy).

"The festival is a great family event with lots to see and do. If you've never been to the Haig-Brown property, the festival offers a great chance to explore the house and the grounds, and to find out more about some of our local community groups that work to fulfill the Haig-Browns' legacy," says festival organizer Cynthia Bendickson.

The festival explores the themes of fishing, literature and conservation, with the addition of outdoor recreation and safety, and recognition is also given to Ann (Elmore) Haig-Brown who assisted vulnerable women. Fly tying demos, fly fishing lessons, children's games and crafts, good food, readings from Haig-Brown writings, great displays and property tours are all part of the festival which also serves to showcase local artistic and musical talent.

Located on the banks of the Campbell River, adjacent to the Kingfisher Creek conservation area and surrounded by woods, the site's location by the river is a focal point for the celebration. The Haig-Brown House on the property will be open and visitors can peruse the study with its treasure trove of classic literature.

The City of Campbell River will again present Stewardship

Awards on centre stage to individuals, groups or businesses in recognition of their contribution in areas of conservation like habitat awareness, waste reduction, energy and water conservation, and air quality protection.

Roderick Haig-Brown was a fly fisherman, lay judge, and author, who became famous through his writings, some of which are considered to be classics today. Haig-Brown was an avid conservationist, and spoke of preserving the natural environment long before environmentalism became a popular issue. He is credited with creating a positive impact on the future of Campbell River through his foresight.

Admission is free, and appeals to all ages. For further information call the Museum at 250 287-3103.



Roderick Haig-Brown at home with children



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FCC contributes \$80,000 to six rural community projects in British Columbia

Abbotsford, British Columbia, September 17, 2013 – Farm Credit Canada (FCC) will provide \$80,000 through the FCC AgriSpirit Fund to six community groups in British Columbia to support capital projects that will help improve quality of life for rural residents. Over the past 10 years, AgriSpirit has helped to fund 787 rural community projects across Canada.

“This year’s recipients of the FCC AgriSpirit Fund are proof of the dynamism of rural communities across British Columbia,” says Clem Samson, FCC Vice-President, B.C. and Southern Alberta Operations. “At FCC we believe in giving back to the communities we serve. Congratulations to this year’s recipients. We look forward to seeing the successful completion of these projects.”

The FCC AgriSpirit Fund awards rural community groups between \$5,000 and \$25,000 for community improvement projects such as recreation and community

centres, libraries, and emergency services training facilities. All projects are based in communities with populations lower than 150,000.

Selected groups must complete their projects by December 31, 2015.

Nationally, 866 applications were received for FCC AgriSpirit funding this year – a clear indication that rural Canadians are passionate about their communities. Over the past 10 years, more than \$7.5 million in funding has been given to AgriSpirit projects in rural communities across Canada.

Next year’s application period runs from will open in spring 2014. Registered charities and non-profit organizations interested in funding this year are encouraged to visit www.agrispirit.ca for eligibility requirements and to apply online.

For more information about the selected projects in each province, visit www.agrispirit.ca.

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FRIDAY FLICKS

Tonight The Sapphires

Doors 7:30 - Showtime 7:45 at Q.C.C.
\$5 adults - \$4 students/seniors
The concession awaits.



The Sapphires is set in 1968 and features stunning period recreations and gorgeous cinematography. Viewers take a tour with an all girl soul quartet from a remote mission in the outback to Southeast Asia, where The Sapphires entertain American troops during the Vietnam war. Come on and GET DOWN Motown!

Next Up At Friday Flicks... Unfinished Song - October 11th

Doors 7:30 - Showtime 7:45 at Q.C.C.
\$5 adults - \$4 students/seniors

Unfinished Song brings together two icons of British cinema; Academy Award winner Vanessa Redgrave and Terence Stamp.

Grumpy and awkward at the best of times, Arthur is not an easy man to warm to. Now, his beloved wife Marion is terminally ill and he sees little reason to smile anymore. But Marion is indomitable and refuses to let her condition get her down. She loves to sing and takes great pleasure in the local seniors' choir.

One rainy morning, while Arthur and Marion are still in bed, choir mistress Elizabeth brings the group out to serenade the couple with a rendition of Stevie Wonder's "You Are The Sunshine Of My Life." Marion is delighted, but Arthur is angry and upset. As he struggles to adapt he recovers parts of himself long buried. Eventually he discovers resources that will get him through the most painful transition in his life.



Quadra Circle News

Quadra Island has an above-average proportion of its population over age 65, with many over 70. The government policy for seniors' care focuses on supports for the elderly to live in their own homes, with housekeeping and personal assistance if necessary. However, much of Quadra's housing is in a rural setting and is comprised of rental units and family homes with 'empty nesters' occupying only part of the house. When our elderly find themselves unable to manage the demands of their homes and of their rural lifestyles they often have no alternative to moving away from Quadra Island, their friends and support systems. Moreover, unless a senior becomes hospitalized and can't live at home safely, he or she is not eligible for VIHA's assisted living or complex care facilities. Seniors wanting to move into affordable independent living suites face long waiting-lists also.

More appropriate accommodation either for purchase or for rent is needed, ideally located near the stores, medical office, etc. where frail seniors or those wishing to down-size could live more simply and have extra care and social support provided as needed. This would make in-home provision of care by VIHA's Continuing Care staff easier and more cost-effective. The recent Quathiaski Cove Village Plan anticipated these needs but in the present financial climate landowners or developers are reluctant to build facilities such as a seniors village, seniors co-housing complex or an assisted living facility, despite the desperate need.

Quadra Circle wants to begin community discussion and action towards providing for these needs, exploring possibilities for financing and developing various alternatives. We have formed a Housing Committee of interested volunteers to help with this process. In October we'll visit seniors housing alternatives in Courtenay: Abbeyfield House, Cummings House and Creekside Cohousing. The Housing Committee will then initiate community education, discussion and action to develop senior housing which meets a wide range of needs, incomes and preferences. Below are some examples of senior housing choices.

The Abbeyfield model (for seniors, including couples) involves forming a charitable society to buy or build a home with several bedrooms and bathrooms, plus common

kitchen/livingroom and recreation areas. The residents pay their share of the running costs and have their own rooms, furnished as they wish, where both their privacy and their right to invite visitors are assured. Meals, house-keeping and some supervision are provided through a live-in House Co-ordinator. Operating guidelines are set by the residents and the managing charitable society. If a resident requires more personal care, VIHA Home Support workers could visit the person daily. For more information see www.abbeyfield.ca. The Abbeyfield House Society of Canada provides seed money and step-by-step guidelines to non-profit societies who want to set up and operate these residences.

Another model is to buy or build a facility that meets VIHA's standards for a private licensed personal care home, which would allow for "aging in place": independent living for individual seniors and couples in their own rooms/suites, with increasing levels of personal care as needed.

Cohousing, a concept that originated in Denmark in the 1960s, creates multi-generational intentional communities of private homes built around shared facilities with the residents designing, owning and managing the entire community. Since younger families were primarily attracted to cohousing, not all of these communities were senior-friendly in design, so in the 1990s, the concept of seniors cohousing was created (also in Denmark) in order to allow seniors to design a community where they could age in place in a healthy, pro-active manner. A group of households then form to acquire a site and build the houses and common house. Residents own their private dwelling units (for example: patio homes, townhomes or condos), and share a common facility, which provides a space for common meals (kitchen, dining room), laundryroom, offices, guest rooms, caregiver suite, and recreational features. The key feature of Canadian Senior Cohousing is the concept of residents co-caring for each other. That is, they provide companionship and support for each other which provides support to age in place at no cost to the system.

If you are interested in learning more or joining the Housing Committee, please call Mary: 285-3084.

Quadra Home Meals

The winners of our Fall Fair Draw for 2 free meals are Alfie Dyck and Alan Burnett. We hope you enjoy the delicious food!

The Quadra Home Meals program provides weekly meal orders to Island seniors or care-givers unable to cook regularly and to anyone dealing with illness or recovering from surgery. These tasty, nutritious meals are cooked specially for the program by the Gowlland Harbour Resort Chef. The cost is a nominal \$5 per meal. Choices range from soup/stew with bun, to a small entree to a full meal with fish or meat, vegetables and a starch. Food preferences, allergies and special diets can be accommodated. Meals can be reheated or frozen for later use. You can pick them up at the Community Centre on Wednesdays between 11:30am and 12 noon. If needed, the meals can be delivered by our volunteers. To order by Sunday noon call Marie:285-3950, Lynda:285-3205 or Karen: 285-3064.

Friday Lunch: Over 30 seniors of all ages attended our first Friday Lunch of the season from 11am to 1pm in the Lower Level at 1181 West Road (Quadra Bible Church). Please join us - you'll receive a warm welcome! We have a variety of volunteer options too, if you are interested. For more information contact Karen at 285-3064 or Mary at 285-3084.

Free Money

The Free Money Association would like to continue to help low income and unemployed Quadra residents, elders on fixed income and single parents.

However, we only have enough money for November. And Christmas is coming. Usually, money is distributed once a month from November to April when our local economy takes a down turn. Please donate to the Free Money Association account at our local Coastal Credit Union.

We need around \$3,000 to keep the program going for the Winter. Every month each needy family receives \$20 and single individuals receive \$10 in a free book of their choice.

The first Free Money distribution is at 11:30 am on Wednesday, November 6th before the Community Lunch in the small downstairs board room. With your help, we will be able to continue to distribute money the first Wednesday of every month throughout the Winter.

Keep in mind, it's Food Bank, Community Lunch, and Free Firewood and Free Money all on the same day. Talk about a utopian community. Quadra is it!

Call Steve Moore at 285-3323 for more info.

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The Hand Drum Jam continues in the
Upper Realm at Q. Cove on Wednesday
nights from 7:45 pm to 9:30 pm. Bring your
own drum or we can supply one for you.
Free drum lessons are also available on
Friday and Saturday at Spirit Books if you
come to the Jam.

Fall into Autumn at Works

WORKS OF H'ART has "fall"en into the
autumn colours gracefully and happily!
After all it is the perfect season to curl up
with a good book and a cup of sweet hot
tea....or toddy!!!

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Unframed, matted originals from Ian
Sentence, Rose Marie Gall and Angela
Burnett! Unframed, matted photography of
Gary Brettbacher! Unframed matted prints
of Melanie Bishop and Kevin Johnson...
which is a nice lead in to the following

... Quadra's own Kevin Johnson's "For
Generations To Come - Sea Otters" has been
picked as one of 144 art pieces in a pool of
1500 entrants to grace the pages of "The
Strokes of Genius 6" "The Best of Drawing";
Volume Title- Value/Lights and Darks. This
book will be released in Fall 2014.

Kevin is also showing his latest work "Out
of the Tree Line- Wolves" at the "Artists for
Conservancy Festival" on grouse Mountain
from Sept.28th thru the following ten days.
In this his original was one of 80 pieces
selected from 342 applications...Kevin we
are sooo proud of your accomplishments!
Please come in and see this beautiful piece
of art!

Another week of big discounted summer
items- half price on summer hats, scarves,
sunglasses and flip flops....get them now
and stash for next summer! Well that's a
wrap- (yup...we've got those too!)...Ciao!
(250)285-2834.

P.S. We will be closed Mondays for the
winter starting October 1st.

"The Perfect Home for a Long Life"

A Book For You?

"Quadra Circle" is composed of a group of
people interested in the continuation of our
welfare while we are getting older. One of
the major thoughts that is preoccupying
our interest is where and in what we will
be living 5 or 15 years from now. "Our
home is our castle" - but not Forever.

The Perfect Home for a Long Life
(choosing the right retirement lifestyle
for you) by Lyndsay Green tackles this
question beautifully and thoughtfully.

We recommend you get it from the
library, buy it from Book Bonanza (10%
locals discount) or wherever. Once you
have delved into this issue you may have
many questions answered and be willing
to participate in the discussions that are
taking place not only with Quadra Circle
members but with many of us ageing
"boomers". Let us know what you think.

For "Quadra Circle",
Dirk van der Minne.

Quadra Literacy News

Barbara Lee will begin her enrichment
program for Parents and Tots at the
Community Centre on Mondays beginning
September 30. Parents and Tots meet
Mondays and Thursdays from 10 to noon
at the Community Centre. All young ones
and their caregivers are welcome.

The StrongStart program is held at Quadra
Elementary on Fridays from 8:45 until
11:30. StrongStart Centres offer preschool
aged children, quality play based early
learning opportunities and demonstrate
to parents and caregivers how they can
enhance their child's development. The
emphasis of the program is on learning
through play, language and positive social
interactions. This program is offered to
parents and caregivers with children ages
zero – five years.

There is no cost to families but the parent/
caregiver is required to remain with their
child and participate in the program.

Winter Market

The Winter Market is in its 3rd year! Starting up again this fall at our Community Centre on West Road.

Display and sell your creations at our indoor market, rain or shine! Flea market tables are a hit, let someone else take home your neglected treasures.

Calling all Gardeners! We look forward to seeing more winter veggies this year. We have had so many requests! The Market is a great place to sell those winter squashes, kale, beets, turnips, garlic, eggs, etc.

Our markets are on a first come basis. Doors open @ 8am for set up and tables are still \$10.00 each.

Market hours are: 10 am-2 pm

The kitchen will be putting out more of those yummy lunches with a varied, delicious menu. Coffee and tea are always on.

So get crafting and creating! Let's inspire the community with your artistic talents.

For more info call Michele 250-285-3747 or Stella 250-285-3184 or quadramarket@gmail.com

We'd love to see you there!

October: Saturday, October 5th & 19th (1st and 3rd Saturday)

November: Saturday, November 2nd only (Christmas Craft Fair QCC(285-3243) November 15th & 16th)

December: Saturday, December 7th & 21st (1st and 3rd Saturday)

Happy Holidays everyone!

2014

January: Saturday, January 18th only. (3rd Saturday) Great time to meet for lunch or coffee!

February: Saturday, February 8th only. Plenty of time to order your Valentine Day Chocolates!

March: Saturday, March 1st & 15th (1st and 3rd Saturday)

April: Saturday, April 5th & 19th (Last indoor Market) (1st and 3rd Saturday)

If you would, or know of anyone who might like to play music at our market, by donation, please contact either: Michele-250-285-3747 or Stella-250-285-3184 or email quadramarket@gmail.com

International Day of Older Persons

OCTOBER 1st, 2013

On Tuesday, October 1st we in Quadra Circle invite you to celebrate the United Nations' International Day of Older Persons - a special day to recognize the contribution of older persons or senior citizens all over the world. The theme this year, "Towards a Society for All Ages", encourages the full involvement of all segments of society. It calls for "solidarity", "respect" and "exchanges" between generations. It calls for opportunities to share between the young and the not so young, such that each may learn from the other.

A demographic revolution is underway throughout the world. Between 1950 and 2010 life expectancy worldwide rose from 46 to 68 years, and it is projected to increase to 81 by the end of the century. Today, worldwide, there are around 700 million persons aged 60 years and over. By 2050 2 billion people, over 20 percent of the world's population, will be 60 or older - the vast majority of them in the developing world. In this fast-ageing world, older persons will increasingly play a critical role—through volunteer work, transmitting experience and knowledge, helping their families with caring responsibilities and increasing their participation in the paid labour force.

Here on our wonderful island, we have an amazing group of "older persons". Hopefully, not only on October 1st but also on a daily basis, Quadra folks of all ages acknowledge and connect with these very special and valuable members of our community.

To facilitate this, Quadra Circle plans to generate intergenerational activities on Quadra in the near future. As a start, if you would be interested in volunteering with children at Quadra School or Quadra Children's Centre, please contact Carol Woolsey at 285-3737. The staff and children are very excited about this intergenerational opportunity!!



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ARTS REPORT

DI Arts Editor:
Dom Fetherston

The weekend of September 14 & 15 was the 8th International PAINT OUT event and several artists took part by spending the two days painting "plein air" ("outdoors").

Rebecca Spit was the place to be on Saturday. There were two main "camps." The first group arranged themselves around red umbrellas by a narrow part of the spit, and the others congregated at the picnic area using the tables for support and seating.

On Day Two, the artists were outside of the Heriot Bay Inn. Unfortunately the event ended early as heavy rain, thunder and lightening had them dashing indoors at 1:30.

They had planned to hold a reception at 3pm. By that time they were tired, and likely more than a bit disappointed that Mother Nature was unkind on the last day of the Paint Out, and understandably, some left early. At any rate, it was good to see a collection of lovely paintings produced over the weekend by Nancy Cook and Perry Johnston.

The Heriot Bay Inn is also the home of "Open Mic with Mo." Mo Davenport recons he's been hosting Open Mic for five or six years at the Inn, a few more at the Legion and at the Landing, and about ten years in Courtenay working with two different bands. He taught guitar privately all those years to students who included Ryan Guldmond from "Mother Mother," Mark Atkinson of the "Bills" and Casey Ryder (Dennis). Mo is

a dedicated and valuable asset to the musical arts on Quadra Island. The stars come out on Saturdays 9:00 at "Open Mic with Mo."

Since the last Art Report, two band members from "Bettykation" have indicated the reason they were not at Quadrapalooza was to protect the integrity of their group. Dave Blinzinger said that the ad hoc collection of performers (AKA "The Quadra Funk All Stars Band") that played in "Bettykation's" place was actually put together by him.

Those band members who cancelled have explained that they did not abdicate their responsibilities as musicians by simply not showing up, and that they notified the Quadrapalooza organizers that they were unable to perform due to their injured drummer. Even though they were aware that there would be some festival goers who would be disappointed, their intent was to protect their professional status by not giving a performance that was less than their potential.

I am grateful for that the members of the band explained their reasoning, and hope that it will clear things up for those Quadrapaloozers who had no idea why they did not perform. Congratulations to all of the musicians who formed the "Quadra Funk All Stars Band." You did a great job in "Bettykation's" place.

Don't miss out on this Friday Flicks at the Community Centre, September 27th. Showing is "The Sapphires," an Australian musical comedy about a group of singers who go to Vietnam to entertain the troops during the Vietnam war. Doors open at 7:30 pm.

After the show head down to the Heriot Bay Inn to hear "Full Force." They are rocking it live in the pub starting at 9:00 pm.

Forward your art related events to: dominic.fetherston@email.com and support local arts and artists by displaying an ad in the Arts Report column. Information for display ads can be found online www.discoveryislands.ca/advertising/

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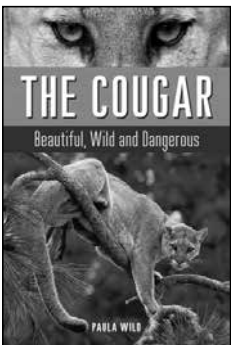
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Paula Wild Gives Presentations on Living in Cougar Country

on Quadra Island

Vancouver Island and its surrounding islands are known for having both the highest density of cougars and the most aggressive cougar population in North America. Join author Paula Wild as she gives a slideshow presentation, talk and book signing for her new book that explores our evolving relationship with this enigmatic animal—*The Cougar: Beautiful, Wild and Dangerous*—at the Quadra Island Community Centre (970 West Road) on Saturday, October 19 starting at 7:30pm. This presentation is sponsored by the Quadra Island Sierra Club. Doors open at 7pm, admission is by donation and refreshments are provided. Books will be for sale by Book Bonanza.



As Paula Wild says in *The Cougar*, “co-existing with cougars isn’t about fear, it’s about knowledge.” Through a skillful blend of natural history, scientific research and many first-hand accounts, along with amazing

photos and detailed information on what to do in the case of a cougar encounter, Wild explores what makes this elusive animal so beautiful, so dangerous, and why cougars remain such an important and valuable part of our environment on B.C.’s coast.

Paula Wild is the author of several books, including *One River, Two Cultures*, *The Comox Valley* and *Sointula: Island Utopia*, winner of a B.C. Historical Federation Certificate of Merit. She has also written for numerous periodicals, including *Beautiful British Columbia*, *Reader’s Digest* and *Canada’s History Magazine*. She lives in Courtenay, B.C. with her partner, Rick James.

For more info on this event, please contact the Quadra Island Sierra Club at 250 285 2272 or Geraldinek@uniserve.com.

New Funds Available for Pacific Salmon Projects

Federal budget provides another \$1 million from Salmon Stamp user fees

VANCOUVER, BRITISH COLUMBIA—The Pacific Salmon Foundation is encouraging volunteer environmental organizations to apply for project funds through the foundation's Community Salmon Program. Significantly more funding is available for grants this year because the 2013 federal budget allowed for the allocation of more funds generated through user fees via the Recreational Fisheries Conservation Stamp, commonly called the Salmon Conservation Stamp. Applications must be submitted by October 1, 2013 for Pacific salmon conservation and restoration projects that can be completed by the fall of 2014.

"For many years, British Columbia received one dollar from the sale of each six-dollar salmon stamp, which the Pacific Salmon Foundation used to support community grants," said Brian Riddell, president and CEO of the Pacific Salmon Foundation. "As a result of the change in this year's budget, we will now see a return of 100 per cent of salmon stamp user fees to British Columbia. That means almost \$1 million in additional funds for Pacific salmon conservation annually."

The application window closes at 12:00 pm, noon, October 1, 2013. Interested groups are urged to contact their Fisheries and Oceans Community Advisor and other supporters to request expertise and project support as soon as possible. Groups that require assistance with the application process are welcome to contact the foundation's coordinator Jim Shinkewski at jshinkewski@psf.ca or 604-664-7664 ext. 112. All applicants should check eligible costs for projects as there are exclusions under the current agreement with the Department of Fisheries and Oceans. Funding criteria is on the foundation's website at psf.ca.

All applications must be submitted by email to jshinkewski@psf.ca and a mailed backup copy must also be post-marked by October 1, 2013. The application form is available on the foundation's website under the programs area in Community Salmon Programs. Another funding round will occur with applications due in February 2014.

Six Foot Johnson Rocks Quadra

After a busy summer, perennial Cortes Island favourite Six Foot Johnson returns to the HBI pub Friday, October 18th. From hard rock to alt. country, from pop to psychedelia, this quartet keeps an upbeat groove the entire night with their original music dance tunes.

Liberals Must Act Now to Curb LNG Carbon Emissions

VICTORIA – The B.C. Liberal government has an opportunity to develop liquefied natural gas while safeguarding climate change commitments, but the time to act is now, say New Democrats.

A report from Clean Energy Canada suggests that strong policy leadership could dramatically reduce the carbon impact of the LNG industry, whereas the absence of such leadership means B.C. LNG production could emit three times the carbon pollution of current world-leading operations.

"We are at an important crossroads," said New Democrat environment critic Spencer Chandra Herbert. "Premier Christy Clark promised British Columbians, during the election and since, that our LNG will be the cleanest in the world, but now we need a real commitment, not just good intentions."

With the government in negotiations with energy companies, the time to set out strategies that will limit the industry's carbon footprint is today," added Chandra Herbert. Strong action now could ensure the government keeps up not just with the world-class standards set by operations in Norway and Australia, but with targets legislated in its own Greenhouse Gas Reductions Targets Act.

"The decisions this government is making about how to manage this industry could impact generations of British Columbians," said New Democrat natural gas development critic Robin Austin. "If there is the opportunity to minimize the impact that this industry will have on climate change and the impact it could have on industries like forestry and tourism, we need to seize that opportunity."

Layers

Congratulations to Carol Gall, for her winning short-story 'Layers'. This writing category at the Fall Fair required: Use this line anywhere in your story: 'Sprouting the future'.

Meredith made the mistake of mentioning the idea to Bruce. She had barely finished her sentence before he started in about how stupid she was.

"Are you aware," he bellowed, "that we are renting this place and that landlords are not real eager for tenants to go about destroying backyards."

He was four beers in and she wasn't about to get into the fact that the backyard was so tangled with weeds that destroying it with a garden would hardly matter.

She wasn't sure why she couldn't let it be. Something like hope maybe, that she might feel like she did before her sister died. It wasn't like she needed another project with all her overtime at the plant. And she really wasn't sure if Bruce would flip out if she started, but she asked Mr. Barnes when he showed up to collect the rent.

"A garden," he repeated and got quiet. Meredith heard Bruce's told-you-so voice in her head and wished she'd never asked, but Mr. Barnes smiled and told her that would be very nice.

Next morning she stood in knee deep dead grass, thistles petrified prickly. She hammered in some pieces of pipe she'd found near the fence, using a string of red wool from the junk drawer to stake out the space. It took up both sides of the tiny backyard with a large path through the middle. Only then did she realize she had no idea what to do next.

The library had hundreds of books on plants: thin volumes on native landscaping, doorstopper-size tomes about rhododendrons and azaleas, water plants, irises, xeriscaping, and six on roses. She skipped farther on into vegetables and still the volumes mystified: four season gardening, raised beds, bio-intensive, Victorian, herbs. She grabbed as big a stack as she could manage and settled into an afternoon of research.

Meredith tiptoed in with the groceries, her borrowed book, *Lasagna Gardening: A New Layering System for Bountiful Gardens*, tucked deep into her bag. The

soccer game belched out green light and noise from the corner. Bruce looked up from his tattered *Lazy Boy*.

"Where the hell have you been all day? You know I had no beer, had to walk to the pub. I must have called you six times to come and pick me up, finally had to get Shayla to drop me home. Invited her in and the cow finished off my six pack." He fell back against his chair, eyes closed like the conversation was way too much for him.

Meredith stared at his passed out silhouette in front of the TV, wondered if it was really the same guy who wrapped her in his arms every night for weeks after the funeral. She put away the groceries, dropped the case of Lucky onto Bruce's beer shelf in the fridge, set water on for pasta and began chopping up vegetables. In a few months I'll be cutting up my own onions and peppers, she mused. She didn't expect Bruce to wake up and join her for supper. She pored through the book from start to finish.

Collecting materials was the hard part. She asked everyone she knew if they had leaves, hay, manure, clippings and most just looked at her as if she had grown an extra head. She posted a note on three separate bulletin boards. Sara from Billing approached her down in the lunch room.

"I've got a stable full of old straw and a three-year pile of aged horse manure. If you have a truck, you can have as much as you need."

Meredith nearly squealed. She didn't remember being so excited about anything since she was a kid. And then Ben on the night shift asked her if she still wanted leaves – he forgot to put his bags of maple leaves out in the fall, his wife was on his case as they were killing the grass behind the garage. Could she come and get them?

By the end of the weekend she had 60 bags of leaves, a mountain of manure, 40 sagging bales of straw and a back so sore she could barely manage the steps into the kitchen. Bruce stood there in his stained *Maple Leaf* jersey, tipping his beer.

"You gonna make some dinner, it's nearly six. For a farmer you sure don't pay attention none to the sun." He crushed the

can in his palm and tossed it past her head into the backyard. "There you go, now you can grow me some more beer."

Early Saturday morning she started. First edging out a trench in line with her red string and marking five beds on each side, four feet wide, so she could reach in and harvest the middle. Next, she shoveled a layer of manure on the dead weeds, generous enough to invite in the worms, and then a blanket of cardboard to block the light to everything underneath. That old roll of carpet from the side of the house, cut into two foot strips laid out the small paths. As she unraveled the old hose abandoned on the sagging hook, she hoped it didn't leak too badly, wondered if she should have bought a new one. But it worked perfectly, soaking the squares of cardboard to a deep caramel brown, her new red gumboots spotted with droplets.

A layer of straw, one foot thick, manure, then leaves, watering it down and repeating it all again, The *Lasagna Method* she was following to the letter, the borrowed book propped up on a pail near the house for reference. She spread the last ten bags of rotted leaves on top, and iced it with the compost/soil mix she'd splurged on at the garden store. She stood back and wiped the sweat from her brow with a dirty hand and smiled.

Then turned and marched into the house with her boots on, up to the TV and turned it off. Bruce hollered from the chair.

"What the... I was watching that, turn the TV the hell back on."

Meredith bent down so she was eye to eye.

"I want you to go. Away. As soon as possible."

"What? Ah come on Meredith, it was the one time with Shayla, didn't mean nothing."

Meredith laughed. She hadn't known about that. She pulled a seed pack from the crammed little shoebox on the counter. It was probably way too early for planting peas she thought, but what the heck. She needed a head start on sprouting the future.



QUADRA ISLAND SENIORS

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Our last meeting was our Annual picnic, held at Kurt & Judy Hagens home. We were entertained by a Dog Agility show, which included David Scott & Dan Bark from Seattle. Games were played and everyone won a prize. We enjoyed a Pot-Luck lunch. A good time was had by all. Thanks to Kurt & Judy for the use of their property, also Dog show participants who put on a great show.

Our next meeting will be "October Fest" celebration, with great food and entertainment, this will be held at the Legion on Wed. Oct. 2nd come at 10:00 a:m for a coffee & chat. Our lunch will be B.B.Q Bratwurst & mild sausages, Pumpkin Pies and other foods.

Ann Lawrence is continuing Armchair aerobics on most Wed. @ 10:00 am

On October 23rd/13 Come to Black Creek Hall for the North Island Regional meeting

Welcome our Provincial Board President Jennifer Coburn from Savona.-- Meetin starts at 11:00 a:m. Lunch @ 12:00 p:m Put your name on the list if you plan to attend & pay \$5.00 for your lunch to Christine Dyson Treasurer. Christine is also receiving memberships for 2014. If you need transportation contact Ruth Amiabel @3801 or cell ph.--250-895-9188

Quadra Island Outdoor Club

- Upcoming Events

Quadra Island Outdoor Club - Upcoming Events

The Quadra Island Outdoor Club arranges activities such as day hikes, backpacking, and paddling. Join at the Saturday market or by e-mailingqioutdoorclub@gmail.com. More information, including how to join, the trip schedule and trip photos, is available on the web at qioutdoorclub.org.

Here are the upcoming events:

Saturday, September 28 - Hike to Surge Narrows

Sunday, November 3 - Planning meeting for the winter schedule, QCC, 2:00, room 3

In October, the QIOC will coordinate with the Mushroom Club to offer the following:

October 12-13 - mushroom identification workshop with Dr. Shannon Berch

October 19 - field trip to collect and identify Island mushrooms

November 2 - second field trip to collect and identify Island mushrooms

For details, check qioutdoorclub.org. To register, contact Maureen McDowell at mcboas@gicable.com or phone 285-2221. Mushroom culinary events are currently being planned.

Right On Writing

Get started on that languishing writing project this winter with a family history and biography class at the Museum at Campbell River. Jeanette Taylor and Annette Yourk offered this popular five-part class last winter and it filled within days. A new session starts on Sunday October 6 and continues to November 10, from 1:00 to 4:00 p.m., with a break for the Thanksgiving weekend.

Yourk and Taylor have a lot to offer participants who want to advance their writing skills and learn the basics of historical research. A graduate from SFU's Writing and Publishing program, Annette Yourk also holds an instructors' diploma in adult education. She has many years of experience writing and editing, and has designed and taught coursework to a range of learners. Jeanette Taylor is a BC historian who has worked both at the BC Archives and at the Museum at Campbell River. She has four non-fiction books in print, including River City, A History of Campbell River and the Discovery Islands and Tidal Passages, a History of the Discovery Islands. Her current project is a history of the Victorian era on Vancouver Island, told through one man's experience.

Taylor says it's very exciting to watch participants plunge into writing, inspired by in-class exercises and take home assignments that dovetail with each individuals' project. The students in their previous class appreciated the guidance, handouts and support Taylor and Yourk provided.

"Through your presentations of your own experiences," wrote Jean Mottershead, "I gained new insights into writing and publishing. The whole experience was enjoyable and inspiring."

Taylor and Yourk will touch on all the elements needed for a writing project, from research and writing to self-publishing and ways to make a successful pitch to a publisher. While the class is geared to family history and biography, much of the content is also applicable to those writing memoirs.

The fee for the class is \$140.00. To register call the Museum at Campbell River at 250-287-3103. Spots are limited so you're urged to register soon.

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DATE	TIME PST	m.	ft.
27 Friday	06:02	1.8	5.9
	13:53	4.2	13.8
	19:57	3.4	11.2
	23:52	3.7	12.1
28 Saturday	07:04	1.9	6.2
	14:51	4.2	13.8
29 Sunday	21:07	3.3	10.8
	01:17	3.6	11.8
	08:10	2.0	6.6
	15:35	4.3	14.1
30 Monday	21:55	3.1	10.2
	02:29	3.7	12.1
	09:07	2.0	6.6
01 Tuesday	16:10	4.3	14.1
	22:30	2.9	9.5
	03:31	3.8	12.5
	09:56	2.1	6.9
02 Wed.	16:39	4.4	14.4
	23:00	2.6	8.5
	04:26	4.0	13.1
03 Thursday	10:39	2.2	7.2
	17:05	4.4	14.4
	23:28	2.4	7.9
04 Friday	05:18	4.2	13.8
	11:18	2.3	7.5
	17:31	4.5	14.8
	23:56	2.1	6.9
05 Saturday	06:06	4.4	14.4
	11:57	2.4	7.9
	17:58	4.6	15.1
06 Sunday	00:27	1.7	5.6
	06:52	4.5	14.8
	12:37	2.5	8.2
	18:26	4.6	15.1
07 Monday	01:01	1.5	4.9
	07:38	4.7	15.4
	13:18	2.7	8.9
08 Tuesday	18:56	4.6	15.1
	01:39	1.2	3.9
	08:27	4.7	15.4
	14:03	2.9	9.5
09 Wed.	19:30	4.6	15.1
	02:22	1.1	3.6
	09:19	4.8	15.7
10 Thursday	14:52	3.1	10.2
	20:07	4.5	14.8
	03:09	1.0	3.3
	10:17	4.7	15.4
11 Friday	15:48	3.2	10.5
	20:50	4.4	14.4
	03:59	1.0	3.3
12 Saturday	11:21	4.7	15.4
	16:55	3.4	11.2
	21:40	4.2	13.8
	04:55	1.1	3.6
13 Sunday	12:31	4.6	15.1
	18:19	3.3	10.8
	22:47	4.0	13.1
	01:17	3.6	11.8



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- 1) You would be responsible for taking care of our chickens, feeding cleaning coop etc. This requires letting them out of the coop every morning and locking them away every evening at dusk. You get to keep the eggs if you provide the feed or we can work out a sharing arrangement.
- 2) You would have to be out at the beginning of May as this then becomes our staff house again.
- 3) We also may need to use the bathroom from time to time as our office is located adjacent to the house and this is the only bathroom on site. We would ask you keep up with basic house and yard maintenance while living in the house.

For more information or to express interest, please call or email 250-285-2121 or info@kayakingtours.com.

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