

DISCOVERY ISLANDER

COMMUNITY NEWS & EVENTS ON QUADRA, CORTES & THE OUTER DISCOVERY ISLANDS

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ISSUE 550

Serving the Discovery Islands since 1992

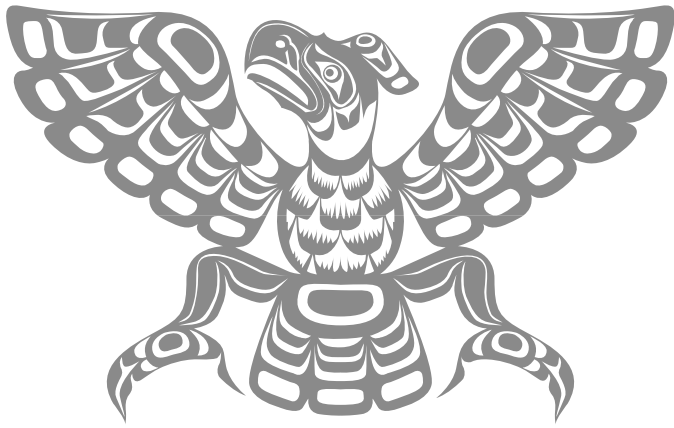
May 3, 2013

Seafest 2013



**Saturday, May 18 at
Squirrel Cove on Cortes Island**

Details page 9



Tsa-Kwa-Luten

The Oceanfront Resort

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A Unique Resort Designed to Renew Your Soul.

Mother's Day Breakfast Buffet

Treat your Mom to breakfast at Tsa-Kwa-Luten
the Oceanfront Resort at Cape Mudge.

Available from 8:00 am to 11:00 am

Adults \$19.95; Children age 6-12 \$9.95; Kids 5 and under FREE!

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www.capemudgeresort.bc.ca

Ma. Luten

rt  at Cape Mudge

Specials

Wednesday - Prime Rib

Thursday - Evenings Kids Eat FREE!*

Friday - Seafood Dinner



Dining Room Hours

Breakfast 7:30am to 11:00am,

Lunch 11:45am to 3:00pm,

Lounge 3:00pm to 5:00pm,

Dinner 5:00pm to 9:00*

Dinner Reservations Recommended

**Last seating based on the demand of the day*



Back for 2013

Locals discount

10% off Dining*, Accommodation
and RV Park!!!!

**except on advertised specials*



Reservations Recommended 285-2042

Publisher/Editor:
Philip Stone

The D.I. is published every two weeks and is distributed throughout the Discovery Islands

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Opinions expressed in this magazine are those of the contributors and are not the views of the publisher.

Submission Guidelines

Items for publication on subjects of interest to the Discovery Islands community are welcome.

Please help us by following these simple guidelines.

- Text articles do not need to be attached in a file. Simply send the text in the body of an email.
- Please use Canadian spelling.
- Please use the title of your item as the email 'subject'.
- Please remember to include credits and captions for photos and other artwork.
- Please print had-written material clearly.

While every effort is made to include all items submitted, errors and accidental omissions do occur.

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\$60⁰⁰ for 12 months

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\$30⁰⁰ for calendar year

Find more details online:

www.DiscoveryIslander.ca

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NEXT DEADLINE

**7 pm, MONDAY
MAY 13**

for publication
Friday, May 17

Works Of H'art Welcomes Catherine Sutherland's Bronze Jewellery

WORKS OF H'ART welcomes the artistry of Catherine Sutherland in her line of bronze jewellery "Torn From The Earth". In this cast bronze jewellery there are reminders of the birch bark which is the inspiration of this collection. Each ring and most pendants from this collection are one of a kind. As a member of the Ethical Metalsmiths Catherine makes her jewellery from sustainable metals and fair-trade gemstones. Stay tuned for her "Bus-Stop Jewellery" Collection. We are thrilled to showcase your beautiful work Catherine.

Also available are a few new cards from local artist Ian Sentence. He will also accept commissions for painting a viewscapes of your homestead, property or???

The order for Buffalo sage is here so be sure to get it while you can! Also Gautamala resin and Charcoal....

If you haven't been in to see the new bright tablecloths and napkins you must make a visit! Be sure to be amazed at the 2 gorgeous hand-made one of a kind purses from Nepal...they are exquisite!

Most of all just come in to say HI and enter the draw running for the month of May to celebrate our 1st anniversary...a thank you to all of you! By the way we are back to summer hours-9:30-5:30 -seven days a week! (2500285-2834.

Help Keep our
Community Strong
Shop Local
All Year Long!



Too Many Kittens - How Did It Come To This?

It seemed like a good idea at the time.



When Bonnie and her husband separated, they agreed that a kitten for their daughter would help make things easier during a time of difficult change for their family.

But money was tight, and the kitten had kittens before they could budget for a vet appointment. They managed to find a home for two of the five babies. The other three stayed with Bonnie and her daughter. The furry felines filled the household with fun and frolicking.

Six months later, the young momma cat, her two daughters, and a tom still hadn't been to the vet - and the mama cat and female offspring were pregnant.

When the new kittens were born, Bonnie and her daughter had 19 cats under their roof.

And then Bonnie called Quadra Cat Rescue.

The good news is, it doesn't have to be this way.

Please, help us help homeless cats on Quadra. Getting pet cats spayed and neutered before they start having kittens

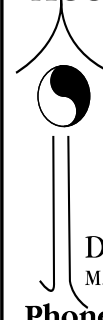
is one vital step in solving the problem of too many cats and not enough homes.

With kitten season starting, if you or someone you know could benefit from Quadra Cat Rescue's group spay-neuter rate, please contact us!

Quadra Cat Rescue has fixed almost 250 cats and kittens since March 2009 - and found homes for many that turned out to be strays or abandoned.

For more information, to volunteer or adopt already-fixed felines, or to make a donation, contact Quadra Cat Rescue by telephone: 250-285-CATS (2287) or via email quadracatrescue@yahoo.com. Or check out our website: www.quadracats.com.

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ISLAND CALENDAR

Submit your event info or news item - eMail: news@discoveryislands.ca or drop-off at 701 Cape Mudge Rd or at Hummingbird

THE REGULARS

MONDAY

- Parent & Tots, QCC, 9:30 am - 12 pm
- Weight Watchers, QCC, 6 pm - 7 pm
- Alcoholics Anonymous 7-8 pm Childrens' Centre **Men Only**
- 1st Monday - Quadra writers group, 7 - 9 pm 285-3656

TUESDAY

- Al-Anon Meeting, Quadra Children's Centre, 7:00 pm

WEDNESDAY

- Parent and Babes 11 am QCC
- UofQ - HiYa education from your neighbours. HBI pub 7:00 pm
- Regular texas hold'em poker night 7:30pm at the Legion
- Hand-drum Circle, Upper Realm, 7:45 - 9:15 pm
- 1st & 3rd Wednesday Food Bank, QCC 1 - 2 pm

THURSDAY

- Parents & Tots, QCC, 10:00 am - 12 pm
- Prayer Meeting, Quadra Island Bible Church, 7 pm
- Quadra Singers 6:45 pm Quadra Legion 285-2142 or quadrasingers@gmail.com

FRIDAY

- Unplugged Guitar/Singing Jam 7:45 pm Upper Realm
- Alcoholics Anonymous, 8 pm Quadra United Church
- Live bands in the HBI Pub 9:00 pm

SATURDAY

- Winter Farmers Market & Bazaar 10 am to 2 pm QCC
- Quadra Legion Meat Draw 5 pm
- Open mic with Mo. 9:00 pm HBI pub

SUNDAY

- Family Service, Quadra Island Bible Church, 10:30 am
- United Church service 11 am. Occasionally at noon, if advertised. 285-3163
- Quadra Sunday Painters, 11 am - 2 pm, 285-3390
- Buddhist meditation, Upper Realm, 10 am.

DAY TO DAY

Friday, May 3

- Six Foot Johnson - Cortes music hits Quadra! HBI Pub 9 pm

Saturday, May 4

- Quadra Farmers Market first outdoor market 10 am - 2 pm CCCU
- Kids for Kids Adventure race - Registration 11 am QCC
- Quadra Children's Centre's Annual Garage Sale - info call 285-3511

Thursday, May 8

- Coaches Corner for Computer Skills 6-8 pm Quadra Library

Friday, May 10

- Take Five & The Actor's Nightmare QCC 8:00 pm
- Hal Douglas Blues Band HBI Pub 9 pm no cover

Saturday, May 11

- Broom Sweep, Rebecca Spit 10 am to noon
- Take Five & The Actor's Nightmare QCC 8:00 pm

Monday, May 13

- Next Deadline for the D.I. new material by 7 pm news@discoveryislands.ca

Tuesday, May 14

- General Voting Day BC Election QCC from 8 am to 8 pm

Thursday, May 15

- Coaches Corner for Computer Skills 6-8 pm Quadra Library

Saturday, May 18

- SeaFest 2013 Squirrel Cove, Cortes Island details page 9
- Electrick Lemonade Quadra Legion 9:00 pm -1:00 am \$5.00 at the door

Saturday, May 25

- MAY DAY !!! Rebecca Spit, parade starts at 10 am
- May Day Dance All Ages Family DISCO dance at the QCC at 7:00 pm


Monday, May 27

- QUADRA BIKES starts for more info: www.Quadraland.ca/QuadraBikes


NEXT DEADLINE: MONDAY, MAY 13TH, 2013



Please call us for any of your real estate needs.



Nancy Allwarden
Quadra Island
250-285-2800




Michael Lynch
Quadra Island
250-285-2422



Vibeke Pedersen
Assistant
250-285-2800

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Source: Government of Canada

Fri 3 May	Sat 4 May	Sun 5 May	Mon 6 May	Tue 7 May
19°C	21°C	24°C	27°C	26°C
8°C	8°C	7°C	7°C	



GOWLLAND HARBOUR

Oceanfront Resort | B&B | Dining & Lounge

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Lunch & Dinner

Includes small gift for mom!

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ISLAND FORUM



Submit your event info or news item - eMail: news@discoveryislands.ca or drop-off at 701 Cape Mudge Rd or at Hummingbird

Dear Quadra Community,

Would you like to become a friend of the Quadra Children's Centre?

We are a non-profit society that offers Quadra families a high quality Early Care and Learning program, and a School-age program. The Quadra Children's Centre is considered to be a very progressive centre, offering one of the best early care and learning programs for young children across BC, yet we continuously struggle to keep our doors open.

Last year we came in at a deficit of \$7,400, despite all of our fundraising that we work hard to organize. Our revenue comes from:

- 50% parent fees,
- 15% grants,
- 15% direct government funding,
- 15% fundraising, and
- 5% donations.

We are looking for solutions and reaching out for help. Here are a few ideas in which our community could support this essential community service:

1. Have some extra time to spare? We are looking for community members to help carry out our many fundraisers and/or maintenance jobs. Perhaps you used our services when your children were growing up and remember how the Centre made a difference for you and your children. Now that your children have grown up, maybe you have a few extra hours to give to this extraordinary community

service. If so, please contact Sue Anderson @ 250-285-3511.

2. No hours to spare? We gratefully accept cash donations to help keep our doors open. Mail your donation to Box 577, Quathiaski Cove, BC V0P 1N0. We will send you a tax receipt.

3. No hours or money to spare? Support the Community Plan for a Public System of Integrated Early Care and Learning (commonly called the \$10/Day Plan) by endorsing it at www.cccabc.ca HYPERLINK "http://www.ecebc.ca/". By endorsing the \$10/Day Plan, you are letting the government know that young children matter, and that we should put our taxes into creating an early care and learning system which supports families and society as a whole. Did you know that childcare is often the biggest expense to families after their mortgage?

There are so many ways to support the Quadra Children's Centre! Don't forget to 'Like' us on our Facebook page, and check out our web site too (<http://quadrachildrenscentre.weebly.com>).

Thanks for reading,
Quadra Children's Centre
Board of Directors

**Have an opinion to share?
Submit your letter
to the DI by email:
news@discoveryislands.ca
PREFERRED**

**Regular 'ol mail with a
stamp to Box 280 in the
Cove or fax it in to
250-285-2236**

**If it's too long it may be
chopped!
Please be concise**

GO LOONIE FOR THE SPCA

Dear Campbell Riverites and Surrounding Citizens,

As you may have heard, our Campbell River SPCA was forced to close its doors after 30 years serving our community due to the loss of the Animal Control Contract with the City of Campbell River. At this point, both parties have decided to come back to the table and re-start negotiations. As there will most likely be a shortfall in funds between what is offered and proposed, it is up to our community to make up the difference, and hopefully the SPCA will not be in this position next year. Our SPCA housed approximately 1100 pets each year, of which 800 of those pets were cats. We are headed for a population explosion of cats in Campbell River if something is not done immediately. As well, any Animal Welfare issues cannot be addressed efficiently in our community. At this time, both the City of Campbell River and the BCSPCA have stated that they are committed to bring the SPCA back to Campbell River, but it is a matter of FUNDING.

I propose to start a community-wide fund raising project called "Go Loonie for the SPCA."

GO LOONIE FOR THE SPCA will be a new fundraising campaign in Campbell River. Individuals, companies and teams will be encouraged to raise money in a fun way. We are going to put the fun back in FUNDRAISING. Everyone will be encouraged to use their imagination on how they can raise money. Carol Chapman

has graciously agreed to lead the charge!! We encourage people to throw down the gauntlet and challenge your friends, colleagues, classrooms, co-workers..., to beat your fundraising effort. Be wild, be whacky, and have fun. The event is for the entire month of May and ends at noon on May 31st. For those who want a challenge, the rules are simple. Each team must have a tally board visible to the public that will be updated everyday by noon. Corporate spying and skulduggery is actively encouraged because those who win their challenge gets MAJOR BRAGGING RIGHTS!! It will run like a silent auction so if your team is losing, you can top your funds up at the last minute.:)) The overall winner will receive a "lovely" trophy that is theirs to display for posterity. More details will be in The Mirror on Wednesday, April 24th and 26th. We will need plenty of volunteers to get this effort off the ground. Please call the Mercroft Veterinary Clinic at 287-2007 or got to our website at : www.mercroftvet.com and type in loonie in the search.

There will be an official kick-off on the steps of City Hall on May 1st at noon with our acting mayor and Carol Chapman. May the 1st will be proclaimed Campbell River SPCA day!! Remember, everything little bit helps.

Sincerely,
Helen Kwong, DVM



NEWS & EVENTS

Submit your event info or news item - eMail: news@discoveryislands.ca or drop-off at 701 Cape Mudge Rd or at Hummingbird

Quadra Golf Course

The Quadra Island Golf Course is now OPEN DAILY from 8am to 8pm. For details about the Men's & Ladies Night or Men's & Ladies Club, call us at the Golf Course. To book your next tee time, call 250-285-2811.

Kids for Kids with Cancer Adventure Race

K4K is happening at the Community Centre Saturday May 4th

Registration at 11:00,

Come to race, Come to cheer, Come to share some food at our concession.

Bring your Bike. Bring a partner, Wear a costume.

Come for Fun! Come for the challenge! Come for Prizes!

And come to raise support for for Kids who are fighting the battle against Cancer!

For Your Health & Your Loved Ones

- Do you have high blood pressure?
- High cholesterol?
- At risk for stroke or heart attack?
- Feeling tired of being tired?
- **Doc told you that you need to lose weight?**

Listen to him/her and work at dropping those extra pounds!!! You'll feel better and your family will have you around longer!

Join the rest of the "losers" that have lost those extra pounds..... many have lost 20 to 80 pounds. It's really easier than you think!

Weight Watchers is there for you right here on Quadra. Mondays at QCC from 6-7pm. Drop in on any meeting for free to see what it's all about. (no meetings on stat holidays)

What have you got to lose?! AND what has your family got to gain???

Scholarship

Quadra Legion Ladies Auxiliary is accepting applications for the **KAY DUBOIS MEMORIAL SCHOLARSHIP**

From Veterans descendent entering post -secondary education. An award will be based on academic & citizenship criteria. First Year Students. Mail to Box 129 Heriot Bay B.C. V0P-1H0
Applications close May 31 2013

NEXT DEADLINE FOR THE DI is Monday, May 13th
news@discoveryislands.ca

Last Chance To Donate

Last Chance to donate to Quadra Children's Centre's Annual Garage Sale. We are taking donations until May 3rd @ 5pm - No Clothing or computing please. For more info call 285-3511

Annual Garage Sale

Quadra Children's Centre Annual Garage Sale! Saturday, May 4th 10am - 2pm. Lots of wonderful items donated by the community! For more info call 285-3511.

Your Home Grown Health Food Store

Prices in effect until May 16 or while quantities last

<p>SANTA CRUZ Organic Lemonade</p>  <p>2 for \$4 <small>946ml</small></p>	<p>SEVENTH GENERATION Dish Liquid</p>  <p>\$3.69 <small>739ml</small></p>
<p>ALIVE & RADIANT Kale Krunch</p>  <p>\$3.99 <small>62g</small></p>	<p>SEVENTH GENERATION Toilet Paper</p>  <p>\$8.49 <small>12 Pack</small></p>

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HEALTHYWAY

natural foods market

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Elmwood Plaza
Campbell River



Bill Bradshaw
250-285-3293

www.quadraestate.ca
billbradshaw@royallepage.ca



DREW HARBOUR VIEW HOME

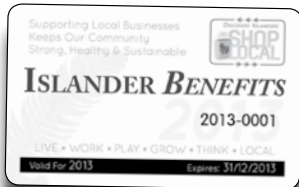
NEW LISTING



- 3 bedroom, 3 bathroom custom home on 1.25 acres
- Main floor has 2 brick fireplaces and oak flooring throughout
- Large kitchen with plenty of cupboards, counter space and a center island
- Nicely landscaped property provides complete privacy
- Situated close to the entrance of Rebecca Spit Provincial Park

\$429,000

Islander Benefits



Look for special offers from participating businesses*...

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April and May: Mid week standard rooms 50% off Monday to Wednesday.

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10% Off any purchase

10% Locals' Discount
SPIRIT OF THE WEST ADVENTURES LTD.

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10% Off Select Services

Quadra Marine Services

10% off for locals
15 % off with your Islander Benefits card. (labour only, parts extra)



* Some restrictions may apply

Get your card
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Thanks!!!

Thank you to all Quadra Islanders for your many coins! The Golf Club would also like to thank Tru Value Foods in both Heriot Bay and the Cove for their support! For continued support of Junior Golf please use spirit board point number 304. It will be great to introduce Golf to more of Quadra Island's youth this season, thanks to all of your support.

Ladies Auxiliary Thanks

The Quadra Legion Ladies Auxiliary thanks all those who donated plants and bake goods for our annual sale. Thank you to Quadra Builders for the great deal on the planting soil. Planter basket went to Crystal Cooley she won the Easter basket last month too. Mary Pirie got the Pink Toaster. Money doll went to Val Inrig. Thanks again for all the support

Arrest In Golf Course Break & Enter

The Quadra Island RCMP Detachment thanks all of the community members who provided information relating to the recent break in and theft at the Quadra Island Golf Course. The information led to an arrest and the recovery of all of the stolen goods. A Quadra Island resident is anticipated to be charged with the offences of break and enter and theft and is scheduled to appear in Court on May 27, 2013. If anyone has information about any crime and wishes to remain anonymous, please call Crimestoppers at 1-800-222-TIPS.

Quadra Community Centre Update: May Day & More!!!



The May Day 2013 theme is: "All that was the Super Glitter '70's". Google '70's history and choose your movie, song, event, or go straight to Disco Fever! Think: floats and costumes. Parade starts at Rebecca Spit Saturday, May 25 at 10 am.

The May Day Dance is an All Ages Family DISCO dance at the QCC starting with the grand march at 7:00. Join the wild D.J.'s and celebrate the '70's under the glittering ball. Admission is by donation to Quadra Recreation kids' programming. Grade 6 girls with a parent, are invited to attend an information session about how to enter the May Queen speech contest, Monday May 6, 7:00 in room 1 at QCC. Phone 285 3243 for more info.

Meet your friends and neighbours at the Community Lunch noon Wednesdays at QCC. Thank you volunteers who make it all happen: bakers, soup makers, set up and take down crew, musicians, dishwashers and Orca Laundry. You knit the community together. The last lunch of the season will be May 8 and Michael will mastermind a barbecue on the patio. Voters! Meet the candidates running for the North Island riding in the Provincial election on Thursday, May 2 at 7:00 at the QCC. There will be an opportunity to ask questions. You can vote at the Community Centre Tuesday, May 14 from 8 am to 8 pm.

Sandy Spearing
QCC 285 3243

Newly arrived on Quadra and excited to bring all the services of our Black Creek flooring store to you!!!



- Free estimates
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Parkinson's Support Group

If there is an interest, I would like to start a Quadra Island group for islanders who have Parkinson's Disease and their caregivers.

There is currently such a group of 20 or more people in Campbell River. They meet once a month. The next meeting is on Wednesday, May 8th at the Baptist Church on 260 S. Dogwood St., Room 201. Call Pat for more information at 250-286-1354.

As far as I know, only two or three people from Quadra attend the CR meetings. But maybe a small group could be started here on Quadra. If you have Parkinson's Disease or are a caregiver for someone who does, call me Steve Moore at 250-285-3323 and we'll see what we can arrange.

Free shuttle - Cortes Seafest

Yeah! We can again provide a round trip free shuttle from the Cortes Ferry landing to the Festival site. Please call Andrew at 1-250-935-6911 or go to www.cortesconnection.com to reserve your space. Reserved passengers will be given priority. Be ready for some amazing oysters, scrumptious clams, delightful mussels and divine prawns accompanied by delicious artisan bread and salad. Live Music, Crafts & Great Food. Don't miss out on the fun, apparently even the circus is coming to seafoodie heaven on earth.

Seafest 2013 will be happening on Saturday, May 18 at Squirrel Cove on Cortes Island. We hope to see you there!!!

Quadra Market Performers

Quadra Market needs live music. If you would like to perform from 10 a.m. to Noon on any Saturday from June to September, Call Steve Moore at 285-3323 and pick your date. Singers, drummers, flute, piano, violin, guitar players, small bands playing folk, blues, jazz, rock or classical music are all welcome.

Folks at the market are generous. If they like your sound, you could end up with \$30 to \$60 dollars in your donation basket for just two hours of fun.

Vancouver Welsh Men' Choir, May 12

Island Voices Chamber Choir hosts and performs with the Vancouver Welsh Men's Choir at 2 pm Sun May 12, CR United Church. Tickets: \$15/\$10 at CR Visitor Centre, 830-0411, ext 5, or call Joyce, soon! (285-3298)



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We have a great selection of these heritage seed varieties locally grown on Read Island



On Root Greenhouse

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Quadra Home Meals is Starting

Quadra Circle and Gowlland Harbour Resort are pleased to provide nutritious fresh meals for \$5 each. These are available for all seniors, anyone else with health issues or recovering from illness, for new moms or caregivers who'd like a break from cooking. You can choose from:

- Soup or stew and bread
- Lasagne or Shepherd's Pie
- Entree with vegetable and a starch

Preferences and special diets are included. The meals are provided in oven or freezer-ready packs. Meals must be ordered by Sunday, May 5 at noon and either prepaid or paid at pick-up or on delivery. Pick up your meals between noon and 1pm at the Quadra Community Centre on Wednesday, May 8 or arrange for delivery. To order now call Marie Sheran 285-3950, Linda Bell: 285-3205 or Karen Gair 285-3064

Castle Computing

we sell notebooks, desktops, parts & peripherals

we repair most makes of computers

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Quadra Seniors

Well . Its "Tourist Information Booth Time" again, starting May, we will be manning our friendly booth by the Credit Union, & greeting all the tourists from far & wide. Drop in and see us from 10:00 am to 4:00 pm. It will brighten your day.

We have been Carpet Bowling again on Wednesdays call Christine @ 2207.& we will also be exercising when Ann Lawrence comes back from England. " Don't forget to vote on the 14th of May. If you need a ride call Ruth Amiabel @250-285- 3801 or cell ph. number 250-895-9188 or Tourist Booth 250-285-2058.

If you would like to visit Cortes Island on Tues May 28th/13 and have lunch at the Floathouse Restaurant in Gorge Harbor, ph. Mary McIntosh @ 3084.

On June 11th to 13th we are sending delegates to the B.C. Pensioners & Seniors Convention in Princeton, to work on Resolutions to be sent to the Provincial & Federal Govts, on many issues, one in particular is putting the small ferries back in Highways & Transportation, so we can afford to live on the many small islands up and down the coast of British Columbia. We will let you know the results of the convention. For membership--call Christine Dyson @ 2207 or Ruth Amiabel @ 3801.

And The Giant Pumpkin Race Is On!!

The Third Annual Fall Fair is coming!

It has certainly been a more promising spring this year. The overwintered veggies have enjoyed the milder and less windy spring, and are just about all gone to flower. The squashes and apples are all done now and the potatoes have all sprouted, the fresh spring greens and asparagus are such a treat! What better motivation to get going on growing for next winter...and of course for the Fall Fair.

I have seen small squash plants, among others, circulating around the island...I hope that some of those will be contenders for the Giant Pumpkin Contest. The beautiful new school garden did such a good job of producing pumpkins last year, the kids should have the job well in hand for this year!

Be sure to transplant into a sufficiently large pot, at least a gallon pot, to allow for rapid growth before setting them out in the garden next month...hopefully!

My garden looked like an 'occupy' movement last year with all of the tents covering my myriad of squashes into a very cool, wet June. Handle them with care, as pumpkins are easily set back during transplanting!!

Be on the watch now for the tents of the Western Tent Caterpillar and be quick to squish the small tents now forming on your apple, pear, plum, Mountain Ash/Rowan trees and of course the alders that might be within reach. It's much easier to squish the whole bunch of them at this stage rather than waiting until they mature and you have single large caterpillars romping about your garden waiting to turn into the moth stage and then starting all over by laying their patches of eggs on your trees again! We want to see your fruits at the Fall Fair, not being decimated at the bloom!

by Carol Anne Caulfield, on behalf of the Community Garden,

Fruits and Vegetables Convener for Quadra Island Fall Fair

TAKE ADVANTAGE OF OUR COLOR MATCH TECHNOLOGY

BRING IN YOUR FAVORITE COLOR SAMPLE TODAY

QUADRA Island BUILDERS

Hours: Mon-Fri 8-5, Sat 9-5, Sun 10-4
 635 Noble Road (corner of Green & Noble)
 www.quadrabuilders.com
 Delivery to Cortes up to 3 days a week

Phone: 250-285-3221
 Toll-free: 1-877-585-3221
 Fax: 1-866-509-8928

Free Firewood Volunteers Needed

Free Firewood is winding down distribution for the Winter season. We have enough wood left for two more pick-up truck sized loads behind the Community Centre. They are available at 1 pm right after the Community lunch on Wednesdays. But don't worry, we can take you to another location on West Rd. if we run out.

If you can't find a vehicle, we can deliver in an emergency situations. But at the end of April Free Firewood distribution often comes to an end, especially with our early Spring this year.

Right now, we are needing volunteers to cut, chop and stack wood for next Winter. If you can spare a couple of hours a week to help keep everyone on our island warm or if you can deliver wood to us, call Steve Moore at 250-285-3323.

This last winter we helped over 150 low-income seniors, single parents and people on fixed incomes with nearly 25 cords of wood.

Please call if you can help.

If you can't do the labour aspect, please consider placing some money in the Free Fire Wood Account in our local Coastal Credit Union. We are going to have to buy wood from local suppliers and we need money for that as well.



Six Foot Johnson Returns...

Cortes Island's Six Foot Johnson band takes time out from its busy spring schedule to play the HBI pub Friday, May 3rd, 9:00pm. From hard rock to alt. country, from pop to psychedelia, this quartet keeps an upbeat groove the entire night with their original music dance tunes.

All four band members contribute to the song writing, making for an eclectic mix of infectious melodies and rhythms causing an irresistible pull to the dance floor guaranteed to rock you silly.

A perennial Cortes favourite, Six Foot Johnson has been entertaining island audiences and creating together for nearly a decade. Last summer the band was selected to play the Canadian National Ultimate Frisbee Championship tournament party in Victoria, where their island flavoured tunes were a hit inside and outside the convention centre.



Guitar driven and harmonica laden accents make for catchy down to earth grooves. If you're looking for a night of original music with a twist, that keeps you curiously intrigued while writhing on the dance floor, don't miss Six Foot Johnson.

Danver Johnson – guitar, harmonica, vocals
 Aaron McCulloch Gary – guitar, vocals
 Greg Osoba – bass, vocals
 Garden Stein – drums, vocals

At Quadra Legion

Electric Lemonade will be Rock'n the Legion Saturday May 18th from 9:00-1:00. \$5.00 at the door. Starting in May the Legion will be open for all Canuck Playoff Games. Thank you to the Quadra Singers for a wonderful evening of music.

Free Chimney Sweeps

Free chimney sweeps for low income Quadra residents using wood stoves become available in the Summer months starting June 1. Several times a chimney fire has destroyed house on Quadra, so it is important that everyone, regardless of income, have their chimney cleaned at least once a year.

Gabe Aston, our local chimney sweep man, has kindly agreed to help low-income residents at a much reduced rate. The Free Firewood Association has agreed to make the sweeps free. If you can't afford a chimney sweep this year, just call Steve Moore at 250-285-3323 to get on the list for a free chimney sweep.

Last year we did about a dozen sweeps because of the generous donations made by Quadra Residents to the Free Firewood Association account at our local Quadra Coastal Credit Union. Next time you're in the Credit Union, please consider putting some money in the account. It keeps everyone warm & safe.



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Better Cycling Facilities Means Mobility for Everyone - Not Just Cyclists

Disability Advocates & Seniors Support Cycling Infrastructure Improvements

VANCOUVER, BC - Improved cycling facilities are not just for cyclists - people who use power wheelchairs, e-bikes and mobility scooters have seen significant benefits in accessibility from new bike lanes and paths in the City of Vancouver. Leaders in the disability community and seniors are voicing their support for major investment in cycling facilities via a new video: <http://youtu.be/HO0eIVbgouk>

The BC Cycling Coalition (BCCC) is calling for \$75 million a year in provincial funding to implement comprehensive cycling improvements outlined in their Cycling Strategy for BC. "Investing in better cycling facilities and safety education will bring widespread benefits to BC communities and all of its residents - including people with disabilities and the elderly," said Craig Langston, vice-president of the Cerebral Palsy Association of B.C.

"I get around on a power wheelchair - it goes a lot faster than is safe on crowded sidewalks and I used to have to creep along in Downtown." added Langston, who sits on the Disability Advisory committees for the cities of Vancouver and Burnaby, and for TransLink. "On the new separated cycle routes, I can travel at the same speed as slower cyclists and get around more efficiently. Cycle tracks are not just for cyclists or for the young and athletic."

"I'm 63 years old and I started riding an electric-assist bicycle three years ago. I love the freedom and mobility that it gives me, but there are plenty of areas where I still feel unsafe riding," says Fiona Walsh, Board Member for HUB: Your Cycling Connection. "We want better cycling facilities so that everyone - from eight to eighty years old - can ride their bike and feel safe and comfortable."

The Cycling Strategy for BC calls for greater investment in cycling facilities, improved road user safety education for cyclists & drivers and clearer regulations in the Motor Vehicle Act around the use of cycling facilities by electric wheelchairs and mobility scooters.

"Streets that are bike-friendly improve safety, mobility and accessibility for citizens of all ages and abilities - including families with children, pedestrians, people with mobility issues and even drivers." says Richard Campbell, President of the BC Cycling Coalition. "This is a wise investment that benefits everyone - not just the cycling community."

For more information about the Cycling Strategy for BC, visit <http://bccc.bc.ca/election/>.

Re-charge in Campbell River with new electric vehicle charging stations

Electric vehicle owners can now re-charge their cars in Campbell River at 11 new charging stations now open at six locations in Campbell River, including the Visitor Information Centre in Tyee Plaza, City Hall, Dogwood Operations Centre, North Island College, and Discovery Harbour Shopping Centre Gas Bar and the new Target.

The EV charging stations in Campbell River are part of a province-wide network of 570 stations installed as part of the Provincial Community Charging Infrastructure Fund (CCI). The CCI was established in 2012 to support the growing demand for electric vehicle charging infrastructure and compliment similar initiatives underway in Washington, Oregon, and California. The City of Campbell River received \$24,000 from the CCI Fund toward its six stations and matching funding from the Climate Action Revenue Incentive Rebate Program from the Province of B.C.

"Being part of the electric vehicle charging station network ensures that Campbell River has the infrastructure to support electric vehicles for local owners and for visitors," says Councillor Ryan Mennie. "Electric vehicles greatly reduce vehicle-related greenhouse gas emissions, which is one of the goals of the City's Community Energy and Emissions Plan."

Enter the Twilight Zone...

Theatre Quadra presents show of eerie shorts

Get your tickets before they're all gone! On May 10 & 11 at the Community Centre the doors will open at 7:30 to let you into the twilight zone.

Theatre Quadra presents two of the most popular one-act comedies of all time.

among several renowned actors and a bossy stage manager (played by Kate Fetherston) who thinks he is the understudy of their injured main star. The only problem is George has no recollection of attending a single rehearsal, or if his name is even George. We watch George as



Take Five is a soap-opera farce that takes place during the Canadian sixties. Sharon and Alex have been married for a little over nine months and are expecting their first baby yesterday. Sharon's older sister, Gladys, has been going through one disappointing boyfriend after another and has finally found a keeper. Unfortunately, the boyfriend, Bernard, is more interested in his inventions than he is in proposing. The sisters concoct a plan to get Gladys married. The scene is set. Will the scheme play out before the baby arrives?

Will Bernard act his part? Will Alex smell a rat? Only two things are for sure: mayhem will ensue and laughter keeps the dark away in the twilight zone.

The Actor's Nightmare is a delicious comedy about a tragic case of mistaken identity. George Spelvin, played by the talented Scott Low, is an unfortunate accountant who finds himself on stage

he is whisked through several well-known plays – getting the lines wrong most of the time. He makes enthusiastic attempts to play along – until he realizes that the worst possible outcome awaits him for the big finale.

Other shining performances by local stars include Barbara Lee, Tim Pare, Taj and Scott Elam. You won't want to miss the opportunity to laugh out loud on the roller coaster ride that is The Actors Nightmare!

Don't wait until the tickets are all gone. Don't be one of those people who has to lie about being there. Don't be left in the dark.... walk towards the light... thetwi.... light zone.

TICKETS: Advance \$12/\$10. seniors and students. At the door \$15/\$12. seniors and students. Available at Hummingbird and Works of H'Art on Quadra and The Music Plant in Campbell River.

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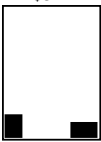
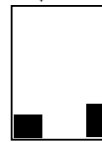
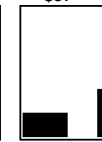
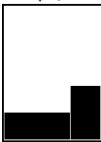





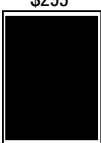
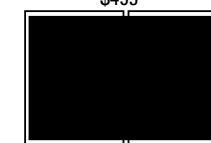
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8th Annual Broombash At The Spit

It's short! It's satisfying! It's needed! And YOU are needed!

Please come out for an hour or two with your gloves on and with your friends and kids in tow and pull some young broom. Yes, it's not actually bashing, but pulling.....maybe cutting....

YOU can MAKE A DIFFERENCE.

I know, I know! We're only talking broom, not pipe lines or child poverty or climate change, but that's precisely why you can see good results in a short hour or two. And of course, one year soon, the bulk of the task will be completed. We HAVE prevented seed drop for seven years now and this annual sprouting of more young plants will decrease as the store of old seeds in the ground is used up. We just don't know when that will be!

So come on out for a little **HABITAT RESTORATION** at our favourite and fabulous tiny gem of a park.

When: Saturday, May 11, 10a.m. - 12 noon.

Where: Meet at the first parking lot (by the boat ramp)

Bring clippers if you have some. They're useful if the plant is too big to pull.

Info: Riki 2640

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Quadra Cultural Committee Sends Thanks

This season, our audience knew enchantment with the Fung Chiu Piano Duo, laughter with Lorne Elliott, excitement with Luis and his Cuban jazz quintet, fun with mime Diana David, joy in the song of Cadence, and Gallic pleasure with Duo Rendezvous. As always, we had visitors from Campbell River and Courtenay asking, "How does Quadra manage to get such great concerts at such low prices?"

The answer is first and foremost in its committed volunteers, to whom we extend thanks for their time and personal resources. They include Norris Weimer and Debbie Quigg, Andrea Blaseckie, Gloria and Dale Rolfson, Rob and Diana McKerracher, Margaret and Chris Rose, Gavin and Mary McIntosh, Annabelle Cameron, Tony Simard, Vic Nacci, Jim Thieven, Heather Vanderest, Ken Roxburgh, Lesley Matthews, Paul Puddy, Marie Sheran, Jean Aston, Carol Foort, Linda Lessard, Carol Woolsey, Mary Ellen Wilkins, Joyce Shepherd, Annabelle Cameron, Pat Lowes, Marna Disbrow, Christina Munck, Joyce Baker, Ellen and Alex Hartford, Barb Armstrong, Aroma Café for coffee, and Hummingbird, Works of H'Art, and The Music Plant for selling tickets. Particular thanks go to George Murdoch, who is contributing his considerable

time and expertise to improving our sound system, and to Louella Baker, who not only organizes concerts and does publicity, both big jobs, but also has created a beautiful archive of the history of the cultural series, using the materials collected by Hilda Van Orden from the beginning. We displayed it at our last concert, and will continue to make it available for others to see.

We couldn't get those great concerts at low prices without the financial backing of the Strathcona Regional District (thanks Jim for sponsoring our application every year!), and the BC Touring Council. We are also grateful to individuals in the community who contribute generously to our cause, ensuring the continuation of complimentary tickets to community members. Last year, due to illness, we were unable to canvas our usual business supporters, but we'll be back this summer!

Thanks also to the Board of Quadra Recreation and Sandy and Rebecca who are always there to help us keep on track. To all our community members who come and enjoy, and who take an interest with their comments and feedback – get ready for another great season next year!

Sincerely,
Helen Moats

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Take a Trip with the Quadra Island Outdoor Club

The Quadra Island Outdoor Club will begin to run trips this coming weekend. There are over 20 great trips scheduled for the summer months, about one per week. There are an amazing variety of trips with something for everyone, from easy to challenging. Most trips are on Quadra, but some are off-island. The primary activities of the Club are hiking and paddling in the summer, and snowshoeing and cross-country skiing in the winter.

The trips planned for May include paddling in Gowlland Harbour and Quathiaski Cove and hiking to Waiatt Bay and to Hyacinthe Point. The trip schedule was developed from suggestions made by members. There will be three backpacking trips toward the end of the summer: Della Falls, Landslide Lake and Mt. Albert Edward. Three trips are planned to Cortes - for hiking, paddling and road cycling. For the complete list of trips, information about the Club, how to join, and how to sign-up for trips, visit our website at www.qioutdoorclub.org. You can also find out more about the Club and join at the Saturday market in the Cove.

Everyone is welcome to join the QIOC. On Quadra, we are fortunate to live in an ideal

environment for hiking, paddling and other outdoor activities. The purpose of the Club is to encourage people to take advantage of these wonderful surroundings. We hope to foster the enjoyment of the outdoors, safety consciousness, respect for the environment, promotion of health and fitness, and companionship through outdoor activities.

The Quadra Island Outdoor Club is composed of a group of peers, so we do not have trip leaders or guides. The role of the trip coordinators is to organize the trip. This means that every participant in a Club trip needs to be self-sufficient, while benefiting from participating with a group.

Paddling has more inherent risk and requires more technical skill than hiking, so the Club has gathered information about local courses to assist members in gaining confidence and proficiency in sea kayaking. We have arranged for the Paddle Canada level 1 course to be taught here on Quadra in June. Sea kayaking also requires more equipment than hiking and that equipment is regulated by Transport Canada. If equipment is a problem, we have a list of kayak rental locations on the island.

There are lots of people whose work over the last few months has made the Quadra Island Outdoor Club possible. The working group, which got the Club up and running, was Debbie Quigg, Michele Sjöholm, Darcy Mitchell, Valerie Van Veen, Norris Weimer, Tak Ogasawara and Terry Hale. The current interim executive and volunteers are Debbie Quigg as chair, Darcy Mitchell as treasurer, Michele Sjöholm as hiking trip director, Lonn McMartin as paddling trip director, Valerie Van Veen as training coordinator, and Norris Weimer as webmaster. There would be no trips without the many people who have volunteered as trip coordinators. And we appreciate all of the interest expressed by the community in starting up and participating in an outdoor club. We particularly want to thank Jim Abrams and the Strathcona Regional District for the generous one-time start-up grant we received in support of health and wellness.

We hope to see you on trips over the summer. We are evolving as a new club and would like to hear from you with your suggestions and comments. Visit us at www.qioutdoorclub.org and e-mail us at qioutdoorclub@gmail.com.

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The 2013 Beach Clean-up: Thanks from Sierra Quadra

Our 16th Annual Beach Clean-up was another marvellous success. Once again, we thank the many Islanders who scoured our beaches for unwanted detritus — mostly plastics — and did a super job of bagging it, bringing it to the designated collections points so it could be loaded on pickup trucks and then transferred to larger trucks for disposal.

Styrofoam and tires were abundant again this year, as was miscellaneous material from the shellfish industry. In all, we managed to rid our beaches of six truckloads of garbage. While censure goes to those who littered our beaches, congratulations go to those who contributed to the clean-up. This Earth Day event has become a symbol of our caring for our beautiful island home, and a measure of the accomplishment possible when we work together as a community.

Over the years, this community effort has continued to grow in energy and support. For our 16th annual event, we offer special thanks to the many people and many businesses who made this event possible. Beyond the many Islanders who provided pickup trucks, we want to acknowledge the owners of the large trucks who committed their machines to the task: G. Roy Dahlnas Excavating, On Track Excavating (Chris Phillips), Sorensen-MacDonald Enterprises Ltd (2 trucks), Landtec Industries (Nick Richardson) and Hedefine Contracting. All these trucks were crucial to the project's success.

We must also thank B.C. Ferries for providing free passage for all the trucks taking the garbage

to the landfill site in Campbell River, to the Strathcona Regional District for free tipping at the dump (in collaboration with the Manager of Solid Waste for the Comox Valley Regional District). And we wish to thank BC Parks for its co-operation and to Susan at Rebecca Spit for her assistance. Free garbage bags and a gift certificate were provided as a special contribution from Thrifty Foods, while Coastal Community Credit Union provided a display window that advertised the clean-up. The Discovery Islander gave a helpful profile to the event. Delicious soup came from Kameleon Food and Drink, coffee was supplied by Cafe Aroma and Heriot Bay Inn, and Spirit Points from Tru Value Foods (Heriot Bay and Q. Cove) provided additional food. Intense Rentals (Jim Thievin) provided the tent that housed food central.

Food and refreshments are a highlight of the Beach Clean-up event because they provide an opportunity to meet, visit and indulge. So thanks to the many generous bakers, sandwich makers and all those who staffed the food booth.

But our most special thanks to all Quadra Islanders who wrestled styrofoam and tires over driftwood, and who collected and bagged our unwanted beach garbage. Without your many hours of work, the Beach Clean-up would not have been a success. You have all made Quadra Island a healthier and more beautiful place to live.

Ray Grigg - for Sierra Quadra

Bike to Work Week 2013

Bike to Work Week runs from Monday, May 27 to Sunday, June 2.

The aim of Bike to Work Week (BTWW) is to encourage people to try cycling to work or school at least once during that week.

Why bother? Get exercise! Save money! Prevent additional green house gases from going into the atmosphere!

If this isn't motivation enough, how about the great team leader swag you will receive if you form a team and track your kilometres cycled?

Register a team on the Campbell River BTWW website (www.biketowork.ca) and be eligible to receive the coveted BTWW team leader package. It includes a unique BTWW T-shirt, product samples from Campbell River's Healthyway Foods; a Koala Zero beverage, snap bracelets and lots of useful commuter cycling information.

Team registration is now open at www.biketowork.ca. Team Leader packages will be available to the first 100 team leaders and can be picked up after May 1 at the Sportsplex.

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Fri. May 3: Six Foot Johnson
dance & rock from Cortes Island

Fri. May 10: Hal Douglas Blues Band
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Fri. May 17: Ray Bennet Band
country & blues

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QUADRA BIKES

30 days of pedal power



Something new is coming to Quadra Island. A month long event that holds out the promise of improved health and fitness, money saved, inner peace, loads of fun and a greener world. What is this thing that will reawaken your inner child and put a smile on your rosy sun-tanned face? **QUADRA BIKES** - 30 Days of Pedal Power, a month long event dedicated to the meeting of the human body and a perfect machine – the bicycle.

QUADRA BIKES will begin on May 27th and go until June 26th. Its aim is to encourage people of all ages and abilities to ride their bikes. If your bike has been collecting dust at the back of the garage for the last 5 years, it is a call to dig it out and ride to the neighbours, the store or workplace a few times a week. If you're already a committed cycling commuter, the challenge is to go car free; perhaps for a few days, a week, or even the whole month.

QUADRA BIKES will provide an online community where participants can encourage each other and share their experiences. Biweekly articles and rider profiles will appear in the Discovery Islander exploring topics around bike maintenance, safety, new habit forming, and the joy of cycling. Things will kick off with a bike float for the May Day parade and culminate in a month end celebration. In between there will be a variety of events to help keep riders motivated and to build cycling culture on the island.

So get ready to put some fun between your legs, hop on a saddle and show the world that **QUADRA BIKES**.

For more information: www.QuadraIsland.ca/QuadraBikes

Quadra Rider Profile:

Helen Lee



What is some essential gear for cyclists?

Having gear that keeps you dry is great, especially when you're commuting to work. You want a safety vest, a reflector, and a front light.

How do you stay safe on the road?

It's a matter of confidence, and confidence comes with practice and experience. So maybe start by riding with somebody else to develop that confidence.

Why do you ride a bike?

When you get on a bike at my age you feel like a kid again. It's as if you've been transported back to your childhood. You feel the wind, the sun and the rain. You just feel great. It helps you keep fit, you meet all kinds of people. You see the world around you and you don't miss the things you do in a car. There is also a sense of empowerment that you can actually get around without a car.

How often do you ride?

We've tried to set a limit on how much we use the car – set a maximum kilometer per year, so we try to ride our bikes as much as we can. I still ride to work in Campbell River. One of the biggest things is the choices we make about what we do in our life, so instead of constantly feeling we have to go to new places we make the choice to enjoy the things around here where we can get to by bike.

Advice you have for someone starting out?:

Start small, and gradually increase where you go from there. Having an electric bike on an island is a wonderful way to go. It can allow you to go farther and it's easier.



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Island Business Training Attracting International Attention

Small business owners eager to learn skills for success

Coombs, BC – The organizers of a two-day business training program offered in Parksville are thrilled, but not surprised, with the on-going popularity of their program. Zenith Training International's (ZTI) 'Success Series for Small Business' has been presented monthly since October 2012 and is now drawing attendees from the mainland and Washington State, as well as from all of Vancouver Island.

"There is a great need for continuing education in the small business world," explains ZTI's founder Ricia Adair.

"Whether they have recently moved to Vancouver Island or are looking for work due to various circumstances, many Islanders come to the realization that, in order to have a job, they must create one. As a result, the Island is a wealth of fabulous micro-businesses managed by individuals who may not have the necessary skills to be successful in the long term. In today's economy you can't, for example, only have good technical skills. You also have to master marketing, sales, social media effective communication and much, much more.

"A few years ago I learned that about nine out of 10 of start-up small businesses on Vancouver Island fail within their first five years. I was both astounded and saddened by that fact. My objective in launching the Success Series for Small Business was to change that reality. We provide an intense, information-packed and inspiring series of workshops covering everything from sales and marketing to social media, personality profiling, goal setting, networking and more."

Kara Foreman, owner of Comox-Valley-based IMAGINE, was getting ready to

launch her new company when she attended the Success Series. "It was a powerful weekend that really helped me solidify my goals and objectives and gave me an action plan to move forward," recalled Foreman. "Since then I have been able to get my business off the ground and I now feel confident in my ability to succeed."

Adair is quick to add that a new source of Provincial government funding for small business owners – the Micro Business Training Program (MBT) – is making it possible for people who might not otherwise have the ability to pay for continuing education to participate in programs like this and others.

Small business owners in BC may qualify for up to \$1500 worth of MBT funding for a wide variety of training opportunities. Adair encourages all small business owners to contact their local Chamber of Commerce to find out if they qualify for this funding or visit www.bcmicrobusiness.com. Zenith's Success Series for Small Business is just one of many approved training programs available through the Chamber Learning Network and approved for MBT funding. Be aware that it may take three to four weeks to be approved.

Space is still available for the May 25/26 and June 22/23 Success for Small Business Series in Parksville and June 8/9 on Quadra Island. The program will continue to be presented monthly (except August) for the rest of 2013.

For more information on the Success for Small Business Series, call 1-800-547-9041 or visit www.achievetwithzenith.com.

Coaches Corner for Computer Skills

– Drop in at the library on a Thursday evening between 6:00 – 8:00 during the month of May. Learn how to use email, access the library catalogue, download ebooks or audio books. Learn how to explore employment opportunities. You can preregister at the library counter to assure a space or simply drop in. We also offer support for filling out forms and applications.

One parent who borrowed the Sexual Health Resource Kit commented that they only shared one book with their child. It was "a way to open the conversation" and they look forward to borrowing the kit again in the future, to look at another of the resources. That is exactly what the kit was created for as there is a range of books for parents to share with children throughout their growing years, preschoolers to teens. Also, the two DVD's, have specific presentations for parents to watch with their primary, intermediate and/or teenage children. If you are interested, the kit is currently available to families through Quadra Children's Centre. Have a look!

Does your child have a favourite Quadra Literacy Kit? Don't hesitate to borrow a kit again at a later date. Children love hearing beloved stories again and repetition fosters new connections and deeper understanding. QLitKits are available through the We Wai Kai Children's Centre until the end of June and through the Quadra Children's Centre throughout the year.



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At the HBI

UofQ: May 8... Boat Fix-it Q&A: get answers on boat maintenance from Murray Abercrombie!

May 15... Store It: making salsa, ketchup, chutney + fermented lemons with Lise Batcheller. HBI Pub education taught by your neighbours. 7:00pm, 1hour class.

UofQ Prom 2013. May 29th. Attention all Professors and students; from wall flowers to the outrageous it is time to celebrate the third year of unbelievable Pub-Education. Yes folks some of you have been attending school for three years (and it was painless!). UofQ almae matres are reaching our goal to TEACH and LEARN, to be playful, interact and at times a little naughty in class. Dress inside or outside the box (or even as a box!). If it gets to serious we will have to INN-tervene, if it gets ridiculous well, that's ok. This is also Queen Dean Tracy's retirement party. She'll probably take a gold watch or a silver tray if you have one, if not come out and let's all thank her for being the founder of the University and for a brilliant career of Wednesdays! **Last class: 7:00pm: Ground fish, flat fish, red fish, blue fish; identifying fish with Lunabelle Loiseau-Tremblay ...and then the party starts!**

Win 2 tickets to Courtenay Music Fest at the UofQ Prom Wednesday May 29!! Draw tickets available daily in the pub, two entrants to the final draw picked daily. Everyone enters at Prom. Must be present to win. Draw: 10:00pm.

Friday May 10; Hal Douglas Blues Band, Quadra's own very cool jazzy blues...May 17; The Ray Bennet Band is back to share their remarkable talent, get your dancing shoes on! HBI PUB 9:00pm. Live music brings good times!

Saturdays are amazing; Open Mic with Mo brings out incredible talent. Friends (the ones you have and the ones you'll make), family, neighbours and visitors step up to the mic to form a musical melting pot. No two evenings are ever the same so be sure to come out and enjoy - expect the unexpected! HBI PUB 9:00pm



Happy Day to all of our Mothers on May 12! Let Mom sleep in and then take her out for breakfast. Herons will be serving mom-alicious breakfast specials until 2:00pm! Reservations 285-3322

Saturday May 18: Dave Lang and the Twin Otters: 30's jazz and western swing + South End Farm Vineyard wine tasting "small sips and delectable delicacies". A fundraiser for DI Festival of Chamber Music. \$35. 7:00pm tasting; music to follow Reservations: 285-3322

Thursday May 23: Fireside Lounge...Twin Peaks and Tall Cans; rich harmonies, piano, guitar, two ukuleles and unlimited wit. Indie folk, country, contemporary blues, bluegrass and jazz undertones. Eclectic folk & roots music with a twist. \$12 at the door. 8:00pm.

Murder Mystery at the Deadwood Saloon; Saturday June 22. This evening is so entertaining it will go down in history on your long term memory banks! Hosted by Sarah Bible Murder Mystress extraordinaire! HBI. \$49.00 includes interactive dinner. Be ready to start sleuthing at 6:00pm.

Herons Dining Room will be closed for a private event May 11 at noon. Sorry for the inconvenience and thanks very much for your understanding. The pub will be open and serving delicious meals until 9:00pm when open mic starts and Mo will be serving up delightful Island music.

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Kids For Kids with Cancer Adventure Race

K4K is back again this year! Grab a partner bring your bike dress up in a costume and be prepared to have some fun. There are lots of ways to support this event and also raise money for the Make-A-Wish Foundation® of BC and The Yukon. Come for the race! Come for the fun! Be a volunteer, Come to have some good food at our deluxe concession.

K to 7 ish. Adults can pair up with a kid or two kids can pair up and make a team. There will be two difficulty levels. The Trail Adventure Race will consist of a 4KM ride on the homestead trail, a 2km trail run and some mystery events. The Obstacle Adventure Race will be shorter and it will all take place on the field, there will be a bike course and a run with some fun obstacles and mystery events along



You can also support the event and the Make-A-Wish Foundation® by collecting pledges, pledging a racer and by purchasing spirit board cards. \$100 or \$50 cards will give you \$100 or \$50 worth of purchases at the True Value Food Outlets on Quadra.

The race is done in pairs with at least one partner being in grade

the way. Prizes for all racers, pledge collectors and costumes

Purchase cards, register, obtain pledge forms, volunteer to help out or find out more by emailing Janine Annett at K4Kwithcancer@gmail.com

Registration is also available at the event 11:00 at Quadra Community Centre Saturday May 4th

Another Weight Watchers Loser!

Annie has lost a total of 38lbs with the Weight Watchers program on Quadra Island. What are YOU waiting for? YOU could be a Weight Watchers Loser too! YOU don't even have to leave the island... join us Mondays at QCC 6pm (not holidays).



Quadra Island Farmers Market & Bazaar 2013

Get ready cause its coming! Saturday, May 4th beside the Credit Union.

Come on out to this years' Community Market. We are looking forward to another enjoyable season and would like to welcome back all of the regular vendors and extend a warm welcome to any newcomers who may be interested in participating in this traditional Island event.

Some of the great things you might find: fresh local produce, yummy baked goods, chocolates, truffles, yummm, garden starts and plants, local art, artisan works, soaps and body products, art cards, books, knitted treasures, music and much more!

Vendors, dust off your tents and everyone else get your walking shoes on cause there will be lots to see.

The market gate is open at 8 am for vendor set up and operates

on a first come basis. Market hours are 10 am-2 pm.

The table fee for vendors is still an incredibly great deal of \$5.00 and \$1.00 for children. Charitable organizations are free.

For reasons of public health, we discourage dogs at the market. If you MUST bring your dog, they are either to be carried or on leash AND please clean up after your pet, people and children play here!

Our Market runs every Saturday from May 4th to September 14th. Come check us out or join us. It is lots of fun!

Need more info? Call Stella 250-285-3184 or Michele 250-285-3747 OR quadramarket@gmail.com

Quadra Island Farmers Market and Bazaar is on FaceBook too. You'll never know what you'll find or who you'll meet! More to come.. See you there!

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CORTES DIRECTOR'S REPORT

Noba Anderson

It must be spring because there are so many super projects on my desk right now. I have been working with the newly formed Cortes Gas Tax Advisory Committee to develop an excellent application process and evaluation tool for local Gas Tax projects designed to reduce green house gas emissions, and/or result in clean air and clean water. We have had many expressions of interest and one full application to replace the Manson's Hall oil furnace with an air source heat pump, thereby saving them \$ and reducing their carbon emissions. I will soon be forwarding this application to the SRD board for consideration. Again, this spring I am receipt of excellent applications from many non-profits for great proposed work – youth activities, renovations, tourism promotion, school garden supplies, literacy and computer access etc. Funding decisions will be made soon. Also, I have been collecting info about other island's transportation initiatives and we will be conducting a Transportation study here on Cortes this year to further explore our options.

VOTE in the Provincial Election- May 14!!!

The North Island Provincial riding is often a very close race, so each vote truly does matter. I offered to organize a Cortes all candidates debate, however, when I contacted Liberal candidate Nick Facey's campaign manager and extended this offer his response was that the problem with Cortes was that it was two ferries away... and that was that. Claire Trevena, NDP candidate, was on Cortes last week as part of her campaign rounds. Whatever your perspective, please VOTE.

Library at Linnaea a 'Go'

At the Regional District public hearing regarding Linnaea's rezoning application to allow library use in their old school building everyone spoke, at one level or another, in support of the proposal. Some supported this location as an interim measure and wanted to see the library return to Manson's over time, where others viewed Linnaea as a good long-

term location. At the next opportunity, the Regional District board voted unanimously in support of the rezoning, thereby removing the last obstacle to Linnaea and Vancouver Island Regional Library's ability to begin preparations for the new library that they hope to have open by the end of the summer. Best wishes to their efforts.

Parks & Trails

Nearly 30 people came out on a sunny Tuesday last week to discuss parks and trails on Cortes Island. We were reminded that the land we live on and were discussing is Klahoose traditional territory, unseeded land and that when treaty was settled there would be lands formally returned to the Klahoose First Nation. Discussions were had with BC Parks and Strathcona Regional District Parks about operational concerns and future work possibilities. The Quadra Trails Committee, 25 years ahead of Cortes, shared with us how they have been creating, formalizing, publicizing and maintaining an island-wide trails system on Quadra in parks as well as across private and Crown lands. They are very willing to share their experiences with us on Cortes as we develop a more formal trails initiative, for which there was much local interest and enthusiasm. Friends of Cortes Island shared their perspective and offered their assistance. Island Timberlands director of real estate was also there and expressed some potential for trails across their land if done through the Regional District. I fully expect another public event later this spring, without the off island guests, to create a trails working group and begin prioritizing our efforts. If you are interested, please contact me.

Klahoose Marina Application

The Klahoose Resort Limited Partnership has applied to rezone a portion of the foreshore in front of their primary Squirrel Cove reserve, inside the inner cove, for the purposes of a facilitating a marina, commercial moorage facility and relocating a deep water aquaculture operation. The proposal would involve

development of a marina comprised of 69 berths and 46 single point moorings along with a fuel dock, waste pump-out facility, power and water provision, a laundry and float plane and water taxi docks covering an area of 16 hectares. The Regional District Board directed staff and the applicant (Klahoose) to host a community information session prior to formal board consideration. I trust that this public meeting will be held soon and that further information will follow.

AVICC

The Association of Vancouver Island and Coastal Communities (AVICC) is the coastal association of local government representatives which hosts an annual convention, held this April in Sooke. In addition to workshops and presentations, our main business is that of passing resolutions expressing our collective position on many matters to senior levels of government. This year I was impressed with our progressive stance on many issues. We passed a resolution requesting that the cut rotation for trees in domestic watersheds be raised to 100 years, another requesting that the default speed limit on municipal roads be reduced to 40 km/hr, another wanting to declare Vancouver Island and surrounds a GMO free zone, another asking that the carbon tax on biodiesel sourced from reused oil be eliminated, and yet another requesting that there be limits on foreign ownership of BC farmland. As Jim Abram has reported, there was of course also a resolution to lobby the Provincial Government to recognize the ferry system as an essential extension of our BC public highway system, to reduce fares and maintain service levels. And of particular interest, we also elected to welcome First Nations who have achieved self-government status to join the AVICC as 'local government.'

Host Community Agreement for Landfill

Following up to my article titled 'Regional Garbage' in my March newsletter (that wet to all Cortes mail boxes and can be continued...

found at www.cortesisland.com Special Sections Tab – Regional Director Page), the proposed Host Community Agreement between the Comox Strathcona Waste Management (CSWM) and the Village of Cumberland is now seeking electoral assent. The agreement would tie the CSWM to pay Cumberland \$300,000 per year and \$3 million in road upgrades. If you do not support this 20 year financial agreement, you can fill out a response form and return it to the CVRD by May 31st. For more information on the host community agreement and to obtain a copy of the elector response forms visit www.cswm.ca/hostcommunity.

Island Studies Conference

Next week I will be attending a conference titled “Island Studies: West Coast Canada & Beyond – By Islanders, About Islanders and Islands” on Gabriola Island. I have been asked to present on an ‘Island Governance’ panel with elected reps from the San Jaun Islands and the Islands Trust. For more info please visit <http://islandstudiesconference2013.org/> I look forward to writing about it upon my return.

Removing Cortes from Unnecessary Services

When I took office, there were two Cortes tax services that had been essentially dormant for years for which I saw no reasonable future use: the Pesticide Awareness Service and the Soil Deposit and Removal Control Service. Both of these services were dissolved a few years ago, and recently the Emergency Rescue Supplies Grant in Aid Service, was also regrettably dissolved. This service was designed to provide grant funds to Campbell River Search and Rescue, and at one time was a truly regional service. My fellow rural colleagues opted out last year, leaving only Cortes and Campbell River, and when Campbell River wanted out, because they fund this through their municipal budget, it did not make fiscal sense to maintain that service just for Cortes. The Search and Rescue centre has been made aware that they can now apply into local grant-in-aid services. That is three less tax services for Cortes since I have been in office.

Best wishes for a beautiful spring!

In Gratitude,

Noba Anderson,

Regional Director, Cortes Island

250-935-0320, director@cortesisland.com

Yoga With Trinity

Spring into Full Bloom with the Healing Practice of Yoga! Flowing postures will focus on strength, balance, flexibility, and gentle detoxification. In addition we will explore visualization, meditation, chanting, and breathing practices to ease the mind and nourish the soul. Classes are suitable for all levels, beginners are welcome. Classes take place at QCC in room #3. Wednesday mornings at 10, and now on Thursday evenings at 5 as well. Cost is \$10 per class. You can contact Trinity Gogolin with any questions at 250-203-4529.

Learn A New Language From The Comfort Of Your Home!

Are you thinking about taking a vacation to another part of the world? Would you like to be conversational in another language? Mango Languages, a free online program offered by Vancouver Island Regional Library, has just increased the number of languages you can learn from six to forty-five!

“All you need is a Vancouver Island Regional Library card to start learning languages like Spanish, French, Japanese, Brazilian Portuguese, German, Mandarin Chinese, Greek, Italian and more,” says Fiona Anderson, Director of Library Services. “Mango Languages gives you conversational proficiency by immersing you in real, everyday conversations.”

Once you’ve completed a Mango course you will be able to:

Introduce yourself

Make small talk with strangers

Ask for directions

Negotiate basic transactions at stores

Order drinks and meals

Handle currency with ease

Ride a taxi and pay the fare

Visit <http://virl.bc.ca/elibrary/eresearch> and click on the Mango Languages link on the left hand side of the page to get started!

Hogweed Horror on Our Islands

by Greg Ross



The plant shown (above) was discovered growing in the ditch on West Road near the Community Garden a year ago and was destroyed after pictures of it were emailed to the BC noxious plants council who identified as hogweed.

The facts about hogweed are basically that it is one very nasty invasive plant. Its sap will blind you permanently if you get any in your eyes. Its sap will, within about 24 hours after contact, raise red welts on your skin that take months to clear, and look and feel as if your skin has been blow-torched.

Its leaves, stems, or roots, if burned on a fire, produce toxic smoke which can be lethal to humans and animals. Keep your eyes open for it and destroy it where you can, or report it to the BC noxious plants people who can be found online by Googling "BC hogweed, invasive plants".

DI Web Site

Overhauled - New Features

The Discovery Islander web site has undergone a major overhaul bringing greater compatibility with mobile devices



and now featuring FaceBook comments for instant feedback on news, events and those feisty Island forum letters!

Check it out at www.DiscoveryIslander.ca and leave a comment!!

Call for Regional Nominees for Destination British Columbia's Tourism Marketing Committee

VICTORIA, BRITISH COLUMBIA--(Marketwired - April 29, 2013) - Applications are now being accepted from tourism industry representatives interested in serving on Destination British Columbia's Tourism Marketing Committee.

Destination British Columbia and BC's six Tourism Regions (Cariboo Chilcotin Coast, Kootenay Rockies, Northern BC, Thompson Okanagan, Vancouver Island, and Vancouver Coast and Mountains) are working together to coordinate a consistent, accountable and transparent application process, across the province, for the Committee. The Committee will be comprised of 18 members, three nominated by each of the regions.

"Destination British Columbia is very excited to be working with our regional industry partners to create the Tourism Marketing Committee," stated Destination British Columbia Board Chair, Andrea Shaw. "In a highly competitive environment, this committee will play a critical role in strengthening and aligning our marketing efforts, helping to grow our industry."

Destination British Columbia has been mandated to fulfil several key marketing and leadership responsibilities critical to the long-term, sustainable growth of the provincial tourism industry. The Destination BC Corp. Act requires the Board of Directors to establish a Tourism Marketing Committee. The committee will provide the Board and CEO with input on tourism marketing strategies, performance indicators, and recommendations on how to encourage collaboration and joint funding of marketing programs between private industry and Destination British Columbia.

The deadline for applications is May 17, 2013. For more information and to apply, please visit: <http://www.destinationbc.ca/About-Us/Tourism-Marketing-Committee.aspx>

Destination British Columbia is an industry-led Crown corporation that works

collaboratively with tourism stakeholders across the province to coordinate marketing at the international, provincial, regional and local levels. For more information about Destination British Columbia's programs and services, please visit: <http://www.DestinationBC.ca/>



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QuadraNews

Ferry Schedules

Campbell River - Quadra Island

Crossing Time: 10 minutes

Leave Quadra Island

6:15 am	3:05 pm
†7:05 am	** 4:00 pm
8:00 am	5:00 pm
9:00 am	5:50 pm
10:00 am	7:00 pm
11:00 am	8:00 pm
12:00 pm	9:00 pm
1:00 pm	10:00 pm
2:00 pm	* 11:00 pm

Leave Campbell River

6:40 am	3:30 pm
†7:30 am	4:30 pm
8:30 am	5:25 pm
9:30 am	6:15 pm
**10:30 am	7:30 pm
11:30 am	8:30 pm
12:30 pm	9:30 pm
1:30 pm	10:30 pm
2:30 pm	* 11:30 pm

Quadra Island - Cortes Island

Crossing Time: 45 minutes

Leave Quadra Island	Leave Cortes Island
---------------------	---------------------

† 9:05 am	† 7:50 am
** 11:05 am	9:50 am
1:05 pm	11:50 am
3:05 pm	** 1:50 pm
5:05 pm	3:50 pm
6:45 pm	5:50 pm

* - Fridays and Saturdays only. † - Daily except Sundays.
** - Tuesday sailings are for Dangerous Cargo - No passengers.



**Comox Strathcona
Waste Management**

PUBLIC NOTICE OF ALTERNATIVE APPROVAL PROCESS

NOTICE TO ELECTORS within the Comox Strathcona waste management service area

The Comox Strathcona waste management (CSWM) board intends to enter into a 20 year agreement with the Village of Cumberland (VoC) to:

- Pay the VoC a host community rate fee of \$300,000 per year to compensate the village for impacts related to the presence of the Comox Valley waste management centre within its boundaries; and
- Provide \$3,000,000 to the VoC to fund a one-time upgrade to the Cumberland /Bevan Road corridor for vehicle access to the Comox Valley waste management centre.

FURTHER INFORMATION AND ELECTOR RESPONSE FORMS ARE AVAILABLE AT:

YOUR MUNICIPAL OFFICE
or
ON OUR WEBSITE AT:
www.cswm.ca/hostcommunity
or
call: 1-800-331-6007

LOCAL GOVERNMENTS IN THE
COMOX STRATHCONA WASTE MANAGEMENT
SERVICE AREA:
Comox Courtenay
Cumberland Campbell River
Sayward Zeballos
Tahsis Gold River

Comox Valley Regional District
Strathcona Regional District

If you are opposed to the agreement, you must submit an elector response form to the Comox Valley Regional District offices in Courtenay, B.C. before 4:30 p.m. on Friday, May 31, 2013.

Cortes Library Closer To Reality

Vancouver Island Regional Library is pleased to report that the opening of a new branch on Cortes Island is one step closer to reality.

In April the Strathcona Regional District approved a bylaw re-zoning the land on which the Linnaea School is located to allow a public library to operate at that location. The Roque Room in the former Linnaea School will be leased from the Linnaea Farm Society and operated as a library.

"We have been working to relocate the Cortes Branch since last year and are very happy this next milestone has been reached," says Bruce Jolliffe, Chair of the Vancouver Island Regional Library Board of Trustees. "We will now begin work on converting the Roque Room to a library branch that is appealing, comfortable, inviting and safe for the residents of Cortes Island."

Features of the new branch include: a designated children's computer area with educational, fun-filled software that promotes literacy; study tables; public access computers; and comfortable lounge seating. The new branch will have a collection of approximately 5,000 items, of which 50% will be brand new.

The Cortes Island branch will open once renovations are complete.

CLASSIFIEDS

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The Heriot Bay Inn has immediate work available for housekeepers and is seeking summer staff for the following positions: dishwasher, breakfast cook, line cook, prep cook, bartender. info@heriotbayinn.com or fax: 250-285-2708

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TIDES - HERIOT BAY

DATE	TIME PST	m.	ft.
03 Friday	01:29	4.8	15.7
	08:04	2.8	9.2
	12:56	3.7	12.1
	19:05	2.0	6.6
04 Saturday	02:17	4.8	15.7
	09:02	2.4	7.9
	14:26	3.7	12.1
	20:16	2.3	7.5
05 Sunday	02:59	4.7	15.4
	09:51	2.1	6.9
	15:46	3.9	12.8
	21:22	2.6	8.5
06 Monday	03:36	4.7	15.4
	10:34	1.7	5.6
	16:55	4.2	13.8
	22:22	2.8	9.2
07 Tuesday	04:11	4.6	15.1
	11:12	1.5	4.9
	17:54	4.4	14.4
	23:18	3.0	9.8
08 Wed.	04:44	4.5	14.8
	11:47	1.3	4.3
	18:44	4.6	15.1
	00:09	3.2	10.5
09 Thursday	05:15	4.5	14.8
	12:21	1.1	3.6
	19:28	4.8	15.7
	00:57	3.3	10.8
10 Friday	05:47	4.4	14.4
	12:54	1.0	3.3
	20:09	4.8	15.7
	01:43	3.4	11.2
11 Saturday	06:19	4.3	14.1
	13:27	1.0	3.3
	20:49	4.9	16.1
	02:27	3.5	11.5
12 Sunday	06:51	4.2	13.8
	14:02	1.1	3.6
	21:29	4.8	15.7
	03:14	3.5	11.5
13 Monday	07:25	4.1	13.5
	14:37	1.2	3.9
	22:08	4.8	15.7
	04:05	3.5	11.5
14 Tuesday	08:02	3.9	12.8
	15:15	1.3	4.3
	22:50	4.7	15.4
	05:02	3.4	11.2
15 Wed.	08:45	3.7	12.1
	15:55	1.5	4.9
	23:33	4.6	15.1
	06:04	3.3	10.8
16 Thursday	09:42	3.6	11.8
	16:39	1.7	5.6
	00:17	4.6	15.1
	07:04	3.1	10.2
17 Friday	11:05	3.4	11.2
	17:29	2.0	6.6



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