

DISCOVERY ISLANDER

COMMUNITY NEWS & EVENTS ON QUADRA, CORTES & THE OUTER DISCOVERY ISLANDS

ISSUE 547

Serving the Discovery Islands since 1992

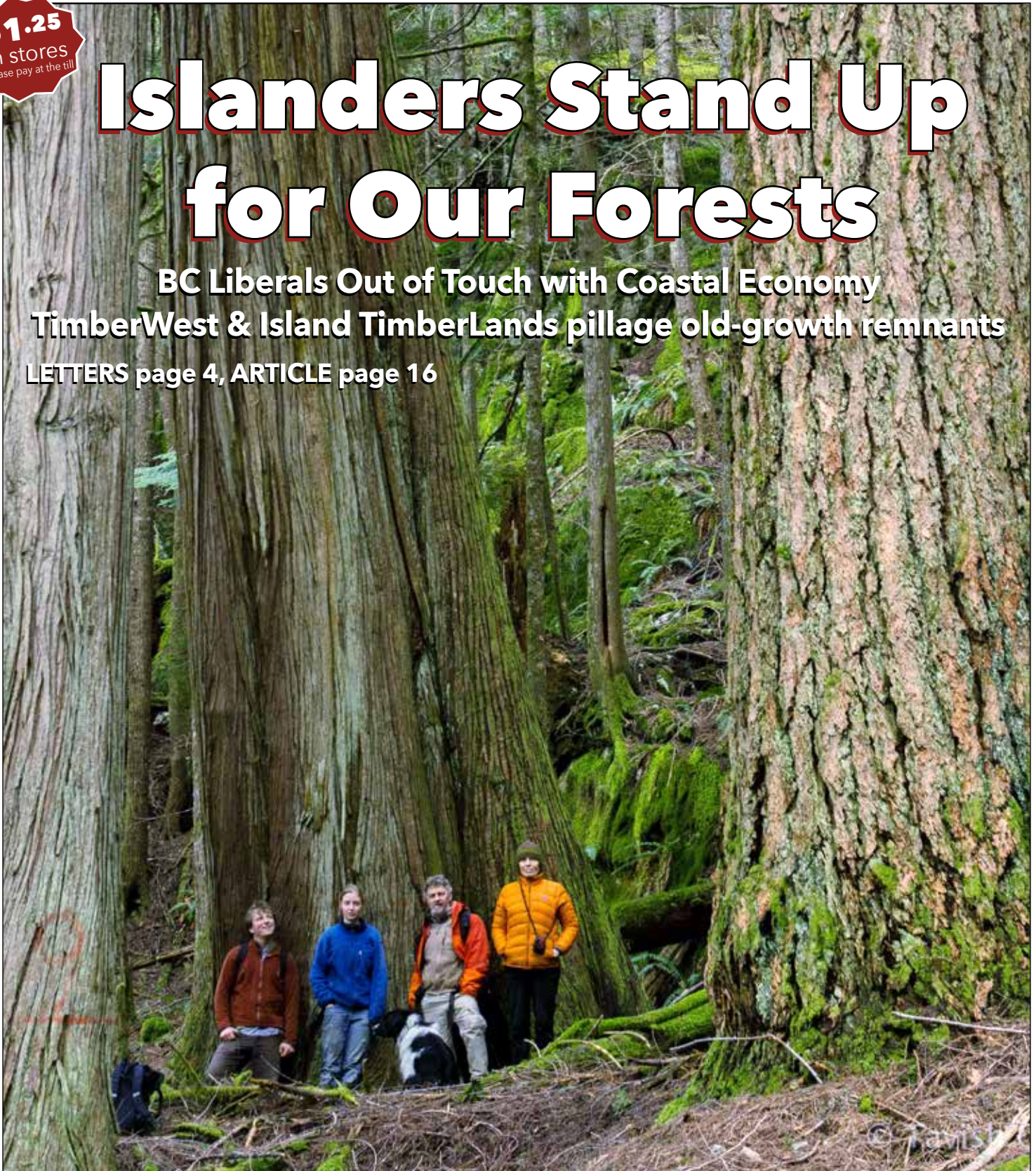
March 22, 2013

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Islanders Stand Up for Our Forests

**BC Liberals Out of Touch with Coastal Economy
TimberWest & Island TimberLands pillage old-growth remnants**

LETTERS page 4, ARTICLE page 16



In one stand on Sonora Island are over 160 old-growth trees yet TimberWest has no management plan.

Photo: Tavish Campbell

ISLANDER-BENEFITS Update

A huge thank you for all the support throughout the community for *Islander Benefits*.

The response has been great from both DI readers and local businesses and the whole project continues to gather momentum. There's been a few requests to repeat and clarify how *Islander Benefits* works so here goes with an overview. Any questions please drop me a line at news@discoveryislands.ca - Philip Stone

Islander Benefits is a local, Discovery Islands 'loyalty' or 'rewards' card. The card promotes the idea of shopping locally and supporting our local merchants and services. In exchange for your loyalty to both the DI and to local businesses, participating businesses offer cardholders a variety of deals, special offers and discounts and the Discovery Islander promotes them.

Islander Benefits works like this:

- The Discovery Islander newspaper is delivered directly to all mailboxes on Quadra, Cortes, Read and the Outer Discovery Islands free of charge. However, on payment of a voluntary, annual subscription to the Discovery Islander each subscriber will receive an *Islander Benefits* card (to a maximum of two per household) for that calendar year.
- The *Islander Benefits* card features the 'Shop Local' logo, promoting this umbrella campaign, reminding residents to support local businesses with their purchasing choices.
- Local businesses participating in the program offer a variety of special deals and/or discounts to card holders. Look for notices (and eventually decals) at local businesses or ask directly if they offer any '*Islander Benefits*'.

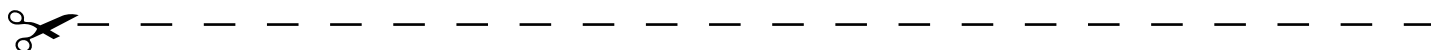
There is an ongoing display advertisement in the Discovery Islander highlighting a selection of the special offers available for cardholders and a complete list is posted online at www.discoveryislander.ca.



There is no obligation for businesses offering specials under the program to advertise in the DI, and the DI will continue to be distributed via Canada Post free of charge, the subscription and *Islander Benefits* is purely voluntary. Shop Local is a community effort after all, but it is of course hoped that the DI's efforts in this area will be supported to some degree by new advertisers. We're all in this together!

There will hopefully be many innovative ways to get the most out of this program but the bottom-line is that it promotes a buy local ethic within the community, facilitates a way to encourage and administer a voluntary subscription program for the D.I. while also providing additional value for those that contribute.

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ISLAND CALENDAR

Submit your news or event info, editorial runs free: email: news@discoveryislands.ca drop off 701 Cape Mudge Rd. or at Hummingbird

THE REGULARS

DAY TO DAY

MONDAY

- Parent & Tots, QCC, 9:30 am - 12 pm
- Sing For Pure Joy! QCC, Rm. 3 3-4:30 pm 285-3764 or singforpurejoy@gmail.com
- Weight Watchers, QCC, 6 pm - 7 pm
- Alcoholics Anonymous 7-8 pm Childrens' Centre **Men Only**
- 1st Monday - Quadra writers group, 7 - 9 pm 285-3656

TUESDAY

- Al-Anon Meeting, Quadra Children's Centre, 7:00 pm
- Folkdancing, QCC, 7:30 to 9:30, Sept 18-Apr 30

WEDNESDAY

- Yoga with Trinity Gogolin - \$80, or \$12 drop-in, 10 to 11:30 am QCC room 3
- Parent and Babes 11 am QCC
- UofQ - HiYa education from your neighbours. HBI pub 7:00 pm
- regular texas hold'em poker night 7:30pm at the Legion
- Hand-drum Circle, Upper Realm, 7:45 - 9:15 pm
- 1st & 3rd Wednesday Food Bank, QCC 1 - 2 pm

THURSDAY

- Parents & Tots, QCC, 10:00 am - 12 pm
- Prayer Meeting, Quadra Island Bible Church, 7 pm
- Life Drawing @ Discovery Islands Gallery 6:30 - 8:30 pm 285-2352 / -2876
- Quadra Singers 6:45 pm Quadra Legion 285-2142 or quadrasingers@gmail.com
- Belly Dance with Luna-\$65 for 10 classes or \$8 drop-in. 7pm-8pm QCC Room 3

FRIDAY

- Unplugged Guitar/Singing Jam 7:45 p.m. Upper Realm
- Alcoholics Anonymous, 8 pm Quadra Children's Centre
- Live bands in the HBI Pub 9:00 pm

SATURDAY

- Winter Farmers Market & Bazaar 10 am to 2 pm QCC
- Quadra Legion Meat Draw 5 pm
- Open mic with Mo. 9:00 pm HBI pub

SUNDAY

- Family Service, Quadra Island Bible Church, 10:30 am
- United Church service 11 am. Occasionally at noon, if advertised. 285-3163
- Quadra Sunday Painters, 11 am - 2 pm, 285-3390
- Buddhist meditation, Upper Realm, 10 am.

Friday, March 22

- Friday Flicks - 'Boy' doors 7:30, show 7:45 pm Q.C.C.

Sunday, March 24

- Palm Sunday service with Rev. Hughes, 12 noon Quadra United Church
- Quadra United Church AGM 1:15 pm, lower floor.

Monday, March 25

- Hymn Sing, everyone welcome! 7:30 pm Quadra United Church.

Tuesday, March 26

- Quadra Island Cemetery AGM 8:00 pm at the Quadra Legion

Friday, March 29

- Good Friday Service, 7 pm Quadra United Church

Sunday, March 31

- Easter Service, 11 am Quadra United Church, breakfast 9:30 am, lower floor.

Wednesday, April 3

- Free Money, 11:30 a.m. to Noon, before lunch, Q.C.C.

Monday, April 8

- Garden Club presents Native Plants used in the garden Q.C.C. 7 pm
- Transition Quadra - Island-Wide Fruit & Nut Planting Q.C.C. Room 1, 7 pm

Saturday, April 13

- Garden Club's Giant Plant Sale Q.C.C. 11:30 am

Monday, April 15

- Quadra Sailblazers AGM 666 Cedar, 7 pm

NEXT DEADLINE: MONDAY, APRIL 1ST, 2013

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Prices in effect until April 5 or while quantities last

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PO Box 280

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Ph: 250 285-2234

Fax: 250-285-2236

news@discoveryislands.ca

Office hours:

Mon-Thurs 10-4pm
701 Cape Mudge Rd.

Publisher/Editor:

Philip Stone

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Subscriptions available

\$30.00* for 6 months

\$50.00* for 12 months

Submission Guidelines

Items for publication are welcomed
on subjects of interest to the
Discovery Islands community.
Please help us by following these
guidelines:

Please print handwritten
material clearly.

Items sent by email do not need
to be an attached file. Just send
text in the body of the email.

Please spell check in Canadian
English.

Please use the title of the item as
email subject.

No MS Publisher, WordPerfect
files or graphics in Word files
please. Send imported graphics
separately.

Please don't send original
irreplaceable material.

Please remember to caption &
credit photos and artwork.

Don't write on the back of
photos, use labels or sticky notes.

While every effort is made to include all
items submitted, errors and accidental
omissions do occur.

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NEXT DEADLINE
MONDAY, APRIL 1
SERIOUSLY!

ISLAND FORUM

Thank You Quadra Community!

Dear Community of Quadra Island,

As the weather warms up and the rejuvenating scents of spring fill the air, my husband Bradley White and myself have a renewed appreciation for life. Maybe it was a miracle, or maybe it was luck or the power of prayer and positive energy. Or maybe it was the top of the line medical intervention. Whatever the case, we are eternally grateful to be here together, grateful from the very core of our beings.

It was just 5 (long) weeks ago when Brad was fighting for his life. Early on the morning of January 13th he was admitted to the Campbell River Hospital where he was diagnosed with Necrotizing Fasciitis, a rapidly spreading bacterial infection that destroys underlying tissues causing irreversible damage. The infection attacked Brad's upper left arm causing him extreme pain and threatening to enter his chest cavity and heart. Thanks to the quick acting medical team at the Campbell River Hospital and specifically the orthopedic surgeon Dr. Andrew Crosby, Brad's life and his arm were saved.

But we were still far from 'out of the woods.' Brad was kept unconscious and transported to the Intensive Care unit at the Victoria Royal Jubilee Hospital where he was given extensive intravenous antibiotic treatments. Thankfully, the deadly bacteria responded to the antibiotics and diminished. Brad was gently brought back into consciousness. He was then transferred to the Critical Wound Care ward where he remained until released.

Because there was a significant amount of muscle and tissue

that had been compromised, over the next week Brad underwent a very painful skin grafting procedure to rebuild the area on his arm. The medical team at the Royal Jubilee were unbelievably understanding and ever so caring. These dedicated men and women deserve the utmost respect for the very important work that they do. We are so lucky to live here and have access to such fantastic care facilities.

Today Brad and I are back at home feeling overwhelmed and speechless over the outpouring of support we have received from our community in this time of need. The kindness displayed by friends and strangers alike has confirmed our belief that we truly do live in paradise. Because of this support I was able to stay by my husband's side every minute through this nightmare without worrying about a thing, a true blessing to anyone experiencing such stress and trauma.

We would like to extend our specific thanks to a number of individuals and businesses who went out of their way to ease our minds over the past several weeks:

My sister Cally for getting us to the hospital and staying with me while I waited for Brad to come out of surgery

Mark Richmond and Q-Cove Auto for starting the Facebook page Bradley White which instigated a number of other initiatives

Micheal Hector and Danielle Marguerite for walking and caring for our dogs daily

Peggy Robertson, Eric, Melanie Hartlen, Sofka Bishop, Jeff Hallihan and again Mark Richmond for all of the hard work cleaning, organizing, cutting and stacking firewood,

grating and mending the driveway so that we could come home to a fresh start

Heriot Bay and Q-Cove TruValue and Keri Smith from Quadra General Store, and Aroma for housing donation jars

Peter and Lydia at Yellow Dog for their generous donation of food and goods

Carla Duffey and Lime Soda Photography for hosting dog portraits by donation all proceeds to us and Hummingbird Art and Craft Supply for proving one free pet print

Daniel for his generous donation of a hand crafted skin-on-frame kayak that sold for \$600

Sherri Collingwood and Hair by Sherri in Campbell River for donating proceeds from a PJ sale

Linda Grey and Micheal and Cosmic Cafeteria for hosting a Mexican dinner at the Legion with a percentage of the proceeds donated

We would also like to acknowledge the excellent crew at the Quadra Island Medical Centre for the ongoing and thorough care that Dr. Erica Kellerhals and Dr. Keith Graham have been providing, and continue to provide Brad with. One more reason why we are all so fortunate to live in this community

It is truly an incredible feeling to know that we have made our home in such a loving and giving place. No words can express the gratitude that we hold for each and every act of kindness that has touched our lives in insurmountable ways over the past weeks. You are beautiful Quadra!

Forever grateful,

Kari Overton & Brad White

TimberWest Has No Plan Except Cutting Until It's All Gone

The Ancient Forests Alliance rally for BC's old growth trees this past weekend in Victoria, attended by a thousand people, seems timely to what is happening here. We have been in discussion with Timber West, with the help of a Forest Practices Board mediator over some last remaining stands on Sonora Island. Several cutblocks containing old growth trees are to be logged this summer.

Sonora Island is in the Thurlow Landscape Planning Unit where old growth forests are in a 8415 hectare deficit. (This figure is from the Central and North Coast/ South Central Coast Site Series Surrogate Representation Table, 2011.) This does not meet the Landscape Level Biodiversity objectives found in the South Central Coast Order. Timber West has told us repeatedly over the past several years that they are not cutting old growth here because there is such a deficit. In a letter dated to us July 5, 2010 concerning the development plans for this summer's cutblocks near Hole In The Wall, we were told "All of the proposed development is within second growth timber..."

Yet in one block alone we recorded 160 tall, straight, beautiful old growth trees, mostly Douglas fir, the rest red cedar, about 700 years old. We brought these to the attention of TW with photos and were told there are not enough of them to count as an old growth forest! Our forests have been so fragmented with logging, of course there are no huge stands anymore. Timber West has absolutely no Old Growth Management Plan for this area. We are requesting a halt to any further cutting of old growth trees until an appropriate OGMP is in place – one that acknowledges the huge deficit and rarity of original Douglas fir and red cedar stands in this LPU.

Fern Kornelsen,

**Have an opinion to share?
Submit your letter
to the DI by email:
news@discoveryislands.ca
PREFERRED**

**Regular 'ol mail with a
stamp to Box 280 in the
Cove or fax it in to
250-285-2236**

**If it's too long it may be
chopped!
Please be concise**

Ferry Fares

Ferry Fares are going up once again, around 4%.

With two more fare raises coming up in the future. To get a card for car fares, you have to pay more; I heard \$105. To get a card to walk on will be \$60. Without a card, it is almost \$10 just to walk on. This is crazy.

Surely some kind of protest or demonstration is needed. Perhaps, even civil disobedience should be considered. This cannot continue.

There are people on the island who simply cannot afford to buy a card.

This is just a "Lets think about what to do" article. Please give it some thought.

Steve Moore

Thank you, thank you, thank you...

It's March 12th and I'm sitting down at the kitchen table with my pen and a piece of lined paper. So far the page is blank as I contemplate the big bad blow that huffed and puffed last March 12th. From my perspective inside, it felt like the house would blow down.

Life was pretty overwhelming in the immediate aftermath. I was also overwhelmed by gratitude to the heroes and heroines who, without fanfare or self-congratulation, stepped up and, as naturally as breathing, pitched in to help. I can't tell you the number of times over the past year I've thought of each and every one of you and your beautiful show of support and assistance over the following days and weeks and possibly months of clean-up and repairs and help on so many fronts.

Men turning up with chainsaws and big machines, a generator, block and tackle – what a beautiful sight!! They're like Greek Gods when they do that stuff. I mean it. Women – organizing, problem solving, hauling wood and piling huge branches, putting me up and putting up with me. Lifesavers.

I don't want to get all evangelical about Quadra. We are a small community comprised of an eclectic mix of personalities living in a place of beauty and ferocity. We have our solitudes and our social orbits. We have intergalactic mixing events, like big storms and Mayday, weddings and funerals; as well as frequent, spontaneous, freestyle encounters at the Cove, the Bay, the Spit and the Ferry. And so we have, every day, the luxury and the opportunity to cultivate caring and to pay attention to each other; to see and recognize and respect our individuality and community.

I think there is enormous generative power in these ordinary aspects of life on Quadra. The hero/heroine archetype is in all of us. It will get us through.

Annette Yourk

#FollowFriday

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island locals

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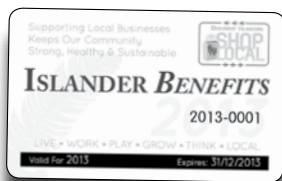


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* Some restrictions may apply

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Junior Program Penny Drive

Quadra Island Golf Club is raising funds for our Junior Golf Program. We are looking to buy a training system and junior golf clubs that can be used in the schools as well as at the club. A few pennies can go a long way to introducing Quadra Island's youth to Quadra Island's newest activity, a sport they can play for a lifetime! Penny Jugs are at Tru Value Foods Heriot Bay and Q-Cove.

Your assistance is sincerely appreciated!

Thank you!

Nuyumbalees Fundraiser & Open House

Nuyumbalees is hosting its **Annual Dinner And Art Auction on Saturday, April 27th**. This is a wonderful event that brings together members of the community, business leaders and local stakeholders in celebration and support of the Laich-Kwil-Tach Peoples, the language, culture and traditions.

In recognition of this, we are welcoming the community on **Sunday, April 28th, from 10:00am – 2:00pm, for an Open House at the Cultural Centre**. Admission is complementary and we hope that many Island residents will take the opportunity to visit.

Quadra Children's Centre Raffle Fundraiser

and the winners are...

1st Prize - Kathy Binnersley

2nd Prize - Rachel Bood

3rd Prize - Margot Wood

4th Prize - Janice Bautz

Our sincere appreciation goes out to our prize donators: Beach Acres Resort, Kingfisher Resort, Quality Foods and Thrifty Foods! We would also like to thank all of our ticket sellers and buyers.

We made \$1600 which will go towards the operational costs of our programs.

Vancouver Filmmaker Takes on Big Timber with New Cortes Island Documentary



VANCOUVER – Local filmmaker Daniel J. Pierce is shining the spotlight on BC's forestry woes with a new feature-length documentary about a small coastal community's fight to protect old-growth forests from Wall Street investment firms, and create a sustainable, community-driven forest and tourism economy.

The film, entitled Heartwood: Forest Guardians of Cortes Island, follows a group of citizens on Cortes Island that has united under a common

vision of healthy forests and thriving communities. As one faction of the island launches a blockade against timber giant Island Timberlands, the Klahoose First Nation is joining the Cortes Forestry Co-op in the push to create a Community Forest on much of the island's Crown land.

In addition to chronicling the Cortes community's struggles on the ground, it will also explore the broader picture of a new logging boom in the Discovery Islands that local eco-tourism operators say

is coming at the expense of sustainable tourism jobs. With new clear-cuts being carved into the hillsides, and even more new contracts on the horizon, the Discovery Islands Marine Tourism group says that their pleas to protect the views in this pristine wilderness have fallen on deaf ears. "When it comes to forest management, tourism companies are treated like bystanders, as though we are just in the way."

Pierce says, "We are reaching so many limits in this world—ecological limits, economic limits, social limits. Our forests, if cultivated with love, could be one of our greatest assets in fighting climate change, healing our planet, and sustaining communities. But the liquidation of our ancient forests and their conversion into tree farms, combined with the export of raw logs to foreign mills, is not the way to go. The time to make this film is now."



NEWS AND EVENTS

Submit your news or event info, editorial runs free: email: news@discoveryislands.ca drop off 701 Cape Mudge Rd. or at Hummingbird

Going Nuts on Quadra

It's part of dreamy escape to see fruit hanging on roadside trees in tropical vacation destinations. Oranges, avocados... who hasn't day dreamed how wonderful it would be to have fruit growing freely at home?

There's a serious side to growing fruit and nuts in public spaces too. An abundance of easily produced protein in nuts and nutrient rich fruits adds to local food security too.

Would you like to help with planning mass planting of fruit and nut trees on Quadra Island?

Come and discuss the idea at the Quadra Community Centre Room 1 on Monday, April 8 at 7 pm. Together we could have a future community full of spring blossoms and delicious produce.



Quadra Island Cemetery AGM

The Annual General Meeting of the Quadra Island Cemetery will be held on **Tuesday, March 26th, 2013; 8:00pm** at the Quadra Legion.

Meal Delivery Project

Friday, March 22 at noon the Quadra Circle Seniors Lunch features meal samples by Gowlland Harbour Resort's chef, so seniors can get a taste of a possible meals-on-wheels-type community service which Quadra Circle plans to offer to interested seniors.

Location: 1281 West Road at Quadra Bible Church, downstairs.

Exercises at 11am with Ann Lawrence.

Yoga Class

An ongoing Yoga class suitable for all levels, is happening every Wednesday morning at 10 am in Room 3 at the Quadra Community Centre with Trinity.

What a great way to start your day with a Yoga class followed by Community Lunch!

Looking forward to seeing you there!

At the Legion

Steak Dinner on Saturday March 30th at 6:30 for \$15.00, this is a fundraising event for the Legion Ball team. Starting in April the Legion will be open on Monday Nights, watching the Canucks games and serving Monday night meals. On Friday April 5th it's Jam Night at the Legion, starting at 9:00 pm.

UBCM Releases Election 'Platform'

VICTORIA, BC-(Marketwire) - The Union of BC Municipalities (UBCM) has released its 2013 provincial election platform, setting out points of discussion for British Columbia's four main political parties and the next provincial government.

"Initiatives like the Community Charter have advanced the role played by local governments in British Columbia over the past decade," said UBCM President Mary Sjostrom. "We want to engage with all parties throughout the campaign to talk about the current needs of BC's communities, and how local government can work together with the provincial government to seek solutions."

The platform, Building Tomorrow Together, highlights five key priorities of local government: governance, finance, infrastructure, economic development and the environment.

To download the platform, go to: www.ubcm.ca/EN/main/resources/ubcm-2013-election-platform.html.

NEXT DEADLINE FOR THE DI is Monday, April 1st

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"Will you still need me, will you still feed me - when I'm 64?"

"Will you still need me, will you still feed me - when I'm 64?" (or 84? or 94?) "Don't count on it - just stay healthy and set up your own housing and care services on Quadra!" summarizes the advice that Quadra Circle seniors received from 2 recent lunch speakers on Housing and Care for seniors.

Despite the projection that by 2030 over 25% of BC's population will be seniors, local residential care facilities are now so overloaded with demand that beds are filled on a crisis basis. VIHA Home Support (services to assist seniors to stay in their homes) can't find enough employees to meet current demands. VIHA expects to be short-staffed in all areas of medical care for at least 20 years. According to the 2007 Housing Survey our island's population is already 25% seniors; VIHA Home Support serves about 20 clients on Quadra presently.

Fragile seniors who become hospitalized but can't live at home any more due to unsafe conditions get priority for residential beds over those barely managing at home but who aren't yet in crisis. Mary Cook, Co-ordinator of Home Support Services, acknowledges that Home Support services have been cut so severely in the last 10 years that her staff are no longer allowed to provide help with house-keeping, meal preparation, grocery-shopping or companionship. Her home support workers can do up to 4 visits per day for those who need help with dressing, grooming and taking their meds but only until 6pm.. The Home Support worker can prepare breakfast, heat up lunch (eg open a can of soup) or dinner and provide a bath once or twice a week. Also there is no home support in the evening on Quadra though there is in Campbell River. The client must manage alone the rest of the time or get help from family or friends.

Home Support service is provided by VIHA at no cost if the person's income is under \$17,000 (\$38,000 for a couple). Otherwise, the person pays a percentage of their income per day for the service. Some families have had to discontinue service because they cannot afford this.

Admission to the Assisted Living and Complex Care residences in Campbell River, whether private or publicly funded, are all based on VIHA's assessment and

referral. 'Being on a waiting list' is no longer possible, because of the urgent demand for beds in order to free up hospital beds. The person must already receive 40 hours per week of Home Support and at least 2 personal services. Assisted Living and Complex Care beds subsidized by VIHA cost 70% and 80%, respectively, of the person's after-tax income (a minimum of \$958 per month for a single person receiving only \$1200 OAS and GIS monthly, plus a surcharge for hydro, and cable, phone, personal items and outings.) For many seniors, not much is left. Some have to apply for an 'Involuntary Separation', so that the spouse who doesn't need care can have some of the income from the spouse-in-care to live on. Those with higher incomes pay up to \$6000-\$8000 per month for Complex Care facilities (24-hr. residential care for those who are no longer able to direct their own care).

Terry Fulton, who manages the Willow Point Supportive Living residences has a 200% waiting list. Supportive Living provides low-rent apartments for seniors who are able to live independently. His non-profit society financed the apartments using money donated by business people as a down payment, pre-selling the patio homes with a covenant in place specifying that they could be bought back by the society at a price-fixed by a formula. As a result they made a profit of \$20,000 on each property; this \$120,000 was used for down payment to build apartments (40 suites) and daycare building. The latter is leased by VIHA for a Senior Day Care Centre. They now have \$1 million in assets in the patio homes which currently rent at \$750/month plus utilities.

Coastal Community Credit Union gave them a good mortgage deal where though the rate was a little higher than competitors, it was less expensive because they did not demand the purchase of CMHC insurance. They got 3.8% fixed for 5 yrs. at time when general rates were 6.8%. Trial and error, a dedicated Board, plus astute business and tenant management practices have made the project financially sound in recent years. The Society and residents set the rules of admission and tenant guidelines. The residents can get income-based rent assistance from the BC SAFER program; rent is \$600 (\$425 with the rent subsidy), including heat and hot

water though not hydro. VIHA now has a 'cluster care' arrangement there, whereby one Home Support worker assists several of the residents throughout the day. The residents have a weekly dinner together, otherwise they provide their own meals. Terry's aim is to one day finance a Complex Care facility on the property, with its own nursing staff and food services, so that the residents can move there when needed and still be in familiar surroundings with friends.

Terry's advice to us about developing more seniors housing on Quadra was "Don't involve VIHA or you will have no say about admissions and discharging or moving your residents, plus constantly changing VIHA rules. He suggests we do a questionnaire with people 5, 10, 20 years away from needing the care, asking which of 4 or 5 options the majority want/need.

Funding possibilities he listed were: Businesses including those in CRiver. Charitable Foundations. A benefactor, a partner who would get involved and enjoy helping. Property development money is sometimes available. CMHC gives a grant of \$10,000 for up-front costs and may lend another \$10,000 interest free. CMHC gives lots of advice. Different housing models such as Abbeyfield, Equity Co-ops, co-op housing, shared homes, Life-Leasing will suit various people.

Mary Cook of Home Support suggested we look at the ideal seniors services we might want to create on Quadra - ways to help seniors to stay in their homes as long as possible (including grocery-shopping, house-cleaning, yard and home maintenance), to have healthy meals, to exercise and socialize regularly (possibly at a Seniors Centre), to have transport to appointments and activities, and to provide respite for families caring for their elders. In other words, we could make Quadra an Age-friendly Community.

What's next: Our survey of Quadra seniors over 70 years old is continuing, with phone follow-up. We have had kind offers of Q Cove-area land with and without buildings for sale if used for seniors housing and services. "One size does not fit all" - so a variety of housing plus support services might best meet the range of needs of Quadra seniors. We welcome your ideas and help with next steps: Mary 285-3084, Maureen 285-2221.



Good morning to you all! This report will be fairly rushed due to deadlines, but there are important issues contained herein, so please read on!

B.C. Ferries - What are we going to do?

As you are probably all aware, we will once again be experiencing another fare hike of 4.1% on April 1st, and then again next year in the same amount.

As your Director and Vice Chair of the SRD Board I had the privilege of meeting with the Minister of Transportation in Victoria on March 12th along with all of the other Chairs of coastal RD's and the Islands Trust. We had a full hour to state our case regarding the ludicrous consultation that they did that will help them determine which of our scheduled runs they will cut right after the election, should they form government. We impressed upon the Minister all of the reasons why the ferry system needs to be considered as part of the entire Highways system and why the fares need to be rolled back, not increased. She listened but made no commitments except that there will be cuts to service. We did make some headway on the issue of considering the ferry system along with the rest of the highways infrastructure.

We then met with our MLA Claire Trevena, Maurine Karagianis, the critic for B.C. ferries and Nicholas Simmons of the Sunshine Coast who is a staunch supporter of our communities regarding ferry issues. We also had a brief moment with the leader of the Opposition, Adrian Dix. We explained all of our issues as community representatives and asked for support of our points should the NDP form government. There is no doubt that all of them understood the concerns we brought to them and that they shared with us. The ferries will be considered as part of the highways infrastructure and some level of roll back will be considered if they form government. The one caveat is what they will inherit in the way of a budget. Will there be any money to do the things we asked for? That will not be known until after the election.

We made it very clear to both the Minister and to the NDP members that this is an election issue.

Now, it is important that each of you understands the same. This is our one chance in the foreseeable future to make some changes in favour of our dying communities. You must reach out to everyone that you know in all regions of the Province and ask them to go to their all-candidates meetings and to ask the important questions of the candidates: will they treat B.C. Ferries as part of the highway system and fund it accordingly and will they roll back the fares? They need to write letters to the editor and spread the word via email and social media to get the word out. We are being extremely discriminated against as taxpayers of the Province. We pay taxes for all roads in the province and we pay a portion of the "subsidy" that goes to B.C. Ferries and we pay the lion's share of the operations of the vessels through user fees (fares). Does this sound fair to you?

So what are we going to do about it? Are we going to just roll over and take another kick in the side while our communities continue to diminish due to high fares or are we going to make a real fuss over this? I am hoping that you will rise up and make this an election issue that cannot be ignored. It is up to you. I am counting on you. Your ideas are welcome. This is a priority for our communities. Think! What can we do?

Other major issues

I am out of allowable space, so I will need to leave the issues of Q.Cove Sewer and my work with the Minister and our recycling issues for the next report!

Feel free to call me between the hours of 8:30 am and 7:00 pm, Monday through Friday (please, not on weekends, folks!) at 285-3355, or you can fax me at 285-3533 or you can email me anytime at jimabram@xplornet.ca or by mail at Box 278 in the Cove, V0P 1N0... Lots of choices.

Please do not use my residential phone number for SRD calls. All business calls should be on 285-3355. Many thanks!

Respectfully submitted,

Jim Abram

Director, Discovery Islands - Mainland Inlets (Area C), SRD

Winter Market, Bazaar & Flea Market

**Saturday, April 6th 10am - 2pm
Community Centre**

Spring is sprung, The grass is riz. I wonder where them birdies is?

Maybe they're at the Winter Market, the happening place on Quadra!

We had some great new vendors. Check out HayWow Cakes, cool cookie pops or marshmallow kabobs, custom baking in a rainbow of colors!

There was fresh garlic and Stingy Nettles (great vitamin content!)

Some fabulous flea market finds as well.

Melissa Abram was back with her gorgeous jewellery. Look for lino cut, wood block prints, mail art postcards and original art.

Gosh, then there are the accessories! Beautiful bags, scarves, hand knit hats.

Everything bright and colorful! Our Ferry Godmother has her wonderful Osbourne books along with her yummy baking. Treat yourself to some delightful handmade soaps. Go ahead get dirty!

Will Lavigne showcased his beautiful images on aluminum.

Expect to see more great images soon!

From the Kitchen:

Soups: Kolbassa Minestrone or Bean, Rice & Vegetable, chock full of protein!

Entrees: Vegetarian Chili or Roast Beef Burrito with Homemade Corn Salsa or Breakfast Burrito also with Homemade Salsa. Burritos served with sour cream and guacamole Yum!

Also: Hot Sticky Buns, fresh from the oven, Dark Chocolate Cranberry Scones, Whole Apple Pies, Rosanna's cookies and much more!

Set up for vendors starts at 8 am on a first come basis. Tables are \$10.00 each.

If you would like more info: quadramarket@gmail.com or Michele at 285-3747

Or just come, no need to reserve your space!

Last indoor market is April 20th. Don't miss out!

See you there! Where does the time go when you're having fun?

Around the Point

Tune in to Cortes Radio 89.5 FM or online at www.cortesisland.com for 'Around the Point' every Saturday at 1 pm and rebroadcast Tuesdays at 10 am.

Find the podcast to listen to at any time at the DI web site www.discoveryislander.ca



Find out when the DI is posted online

Easter at Quadra Island United Church

Sunday March 24, Palm Sunday service at noon with Rev. Wayne Hughes, AGM at 1:15 pm, lower floor.

Monday March 25, Hymn Sing at 7:30 pm, everyone welcome!

Good Friday service on March 29 at 7 pm.

Easter Sunday service on March 31 at 11 am, breakfast at 9:30 am, lower floor.

Sailblazers Annual General Meeting

To be held on: April 15th, 7 pm

At: 666 Cedar

All past members are encouraged to attend and new members are welcome.

Quadra's sailing club is for both new and experienced sailors.

Questions: call Kathryn at 285-2103

Scholarship

Quadra Legion Ladies Auxiliary is accepting applications for the

KAY DUBOIS MEMORIAL SCHOLARSHIP

From Veterans' descendant entering post-secondary education. An award will be based on academic & citizenship criteria. First Year Students. Mail to Box 129 Heriot Bay B.C. V0P-1H0

Applications close May 31 2013



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Gardening with Native Plants

The use of Native plants in our gardens has been a sustainable and practical gardening style for over twenty years. In BC, several nurseries are dedicated to solely growing native flora, not just for reclamation work in our natural environment, but for home and commercial use in our landscapes. Garden styles change with time, and after copying what is considered an English style for generations, North Americans have evolved into a style of their own, using some of the beautiful plants Mother Nature has created, from grasses to Oregon Grape.

Patricia Johnston is a Native Plant Gardening Consultant from Victoria who has given 200 workshops on the use of natives in the garden. Over the last 12 years, she has partnered with the Victoria Capital Regional District's Water Department, Swan Lake Nature Sanctuary and helped to develop many native plant demonstration gardens in the Victoria region. Her presentation will discuss the values and benefits of using native plants in your garden. Her slide presentation will show several native gardens in BC, teaching us which native plants work in the landscape and how they are being used.

Come out on Monday, April 8 at 7 pm for the last Garden Club meeting of the season. Cost is \$2 at the door or buy a membership for \$10. For the show and tell table please bring a sample of what your post equinox garden can produce.

ANOTHER "LOSER"



"Weight Watcher has helped me reach and maintain my weight loss goals in a safe and healthy way. There are no gimmicks just great tools, information, and support. I am so thankful to have gotten the opportunity to use this program." ~ Sarah- 45 lbs lost

GIANT Plant Sale

The Garden Club's annual plant sale will be on Saturday April 13th at the Community Centre.

The plant sale begins at 11:30 (no early birds). Please enter by the main hall doors. If you have plants to donate bring them to the main hall side door between 9 and 11 am on April 13th. Plants may be left earlier, outside the main door (out of the way). Please pot up or wrap in newsprint, and label the plants with a Latin or a common name. Join us for this annual event and find, with help from local gardeners, some tried and true, inexpensive plants for your garden.

Free Firewood

Free Firewood is still available after Wednesday's Community Lunch at 1 p.m. behind the Quadra Community Centre. However, we only have about 5 or 6 pick-up truck size loads of dry wood left. Hopefully, we can make it through March and there will be an early Spring. Please consider your next trip to the free wood shed your last for the season. Sorry about that, but demand was high this year.

However, we had a very successful Winter season keeping nearly 100 individuals from low-income Quadra families warm.

We have even started chopping wood for next Winter, but it's too wet to hand out now.

If you have some dry wood you can donate when we run out, give Steve at 285-3323 or Alan at 285-3544 a call. Even wet wood is helpful for next year.

Money can also be given to the Free Firewood Association account at our local Coastal Credit Union. Donations help to deliver wood for those without cars, repair the shed and provide free Chimney sweeps in the Summer.

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Dining: Sun-Thurs 8 am - 7 pm; Fri & Sat 8 am - 8 pm

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Tula Set Up Quadra Weather Station

Quadra's Tula Foundation have launched a weather station and webcam from their base in Hyacinthe Bay.

Tula Foundation's Lab/Office Manager Megan Foss explains that the station is based on the same technologies used by Environment Canada across the country for weather stations of similar size.

"On Quadra, an image from the webcam and the latest weather information is automatically published to the internet every 5 minutes using 4G satellite internet services."

The instruments are Campbell Scientific and include: a CR1000 Data Logger, wind speed and direction, solar radiation, PAR, relative humidity, barometric pressure, rainfall, leaf moisture, and temperature. Data is collected in five second intervals and summarized for output in five minute, hourly and daily data tables.

The Tula Foundation are involved in a variety of scientific studies and endeavours on Quadra Island and at their Hakai Beach facility on the Central Coast.

Foss describes the foundations interest and need for weather data "Our main scientific mission at the Quadra site is long term ecological research. A big part of that is long term monitoring of the land, ocean and atmosphere. Monitoring weather is a great place to start:



clearly very important and relatively easy to do."

"All data will be available to the public via the internet. All the data will be archived for many years to come, so it will be possible for anyone, including the research scientists that we work with to look at how our weather is changing. We also publish the data to Weather Underground and other national and international databases."

The station streams current conditions and past statistics on the internet at:

<http://www.wunderground.com/weatherstation/WXDailyHistory.asp?ID=IBRITISH153>

Birth Story: Ina May Gaskin & The Farm Midwives is coming to Quadra Island!

This feature length documentary tells the story of counterculture heroine Ina May Gaskin and her spirited friends, who began delivering each other's babies in 1970, on a caravan of hippie school buses, headed to a patch of rural Tennessee land. With Ina May as their leader, the women taught themselves midwifery from the ground up, and, with their families, founded an entirely communal, agricultural society called The Farm. They grew their own food, built their own houses, published their own books, and, as word of their social experiment spread, created a model of care for women and babies that changed a generation's approach to childbirth.

Forty years ago Ina May led the charge away from isolated hospital birthing rooms, where husbands were not allowed and mandatory forceps deliveries were the norm. Today, as nearly one third of all US babies are born via C-section, she fights to preserve her community's hard-won knowledge. With incredible access to the midwives' archival video collection, the film not only captures the unique sisterhood at The Farm Clinic—from its heyday into the present—but shows childbirth the way most people have never seen it—unadorned, unabashed, and awe-inspiring.



This documentary is playing at the Quadra Community Centre on SUNDAY MARCH 24TH. Doors open at 2pm, movie starts at 2:30. Admission is \$10 at the door. Profits go to the Quadra Children's Centre. For information call Lunabelle at 250-202-7802 or Tracy at 250-285-3362

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Let's Pollinate and then Meditate!

Submitted by: Dana Mahon

Blessings!

Some of you may have heard of Child's Pose Yoga (CPY) by now, other not, so please allow me to introduce myself. I'm Dana and I am the Founder of CPY. I have had the pleasure and honour of working with the Quadra community for the past year and a half to bring yoga, meditation and mindfulness to your beautiful kids. Those who know me know I have loved Quadra ever since touching down on the docks at Heriot Bay back in 2011. After many visits and then running a summer camp last summer and spending some time in the kids' classrooms last November, I was more certain than ever that Quadra was the place for me to do this work! In December I learned of an organization called The Pollination Project which is a non profit organization that makes \$1000 grants every day, 365 days a year to individual changemakers. Guess what?? Child's Pose Yoga was the proud and humble recipient of one of these generous grants and now our work continues! I will be visiting the island in early April to offer free meditation and yoga classes to your kids. Sessions will be held at the Quadra Elementary (exact times are still to be confirmed). Don't miss the chance for your child to participate and gain the benefits of meditation and yoga practice. Please email childspose@shaw.ca, visit and 'like' the Child's Pose Yoga facebook page at www.facebook.com/ChildsPoseYoga or call 604.833.1140 for more information. I look forward to seeing you all soon.

Peace and blessings!

If you or someone you know has an idea to help make the world a better place, visit www.thepollinationproject.org for funding guidelines and applications, and apply today!

FRIDAY FLICKS! Tonight! BOY

New Zealand - 2012

QCC doors 7:30 - showtime 7:45

Adm: \$5 adults - \$4 stu/snr

Don't miss the final flick in what has been a fun and thought-provoking season of Cinema. We really appreciate all you dedicated film lovers. Now - get ready to sink into coastal New Zealand countryside and culture with BOY.

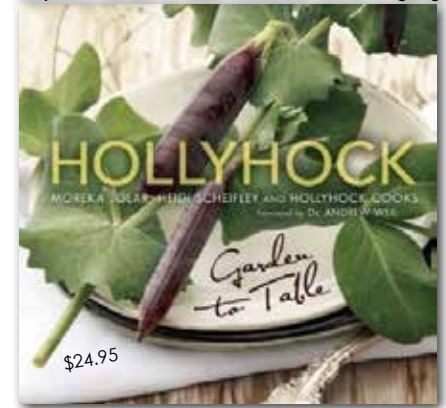
Writer-director Taika Waititi may be the founder of his own school of humor - "hard knocks comedy, Kiwi style," a genre he has honed in BOY, New Zealand's top grossing film of all time.

Life is simple in a tiny town on New Zealand's east coast. The residents - Maori, white, mixed - live off the land and don't seem to see beyond their world, except for the icons of popular culture that come to their screens and sound systems. But it isn't all paradise and innocence. When Granny is called away to a funeral, she has to leave half a dozen kids to fend for themselves under the watchful eye of Boy, our protagonist on the crest of pubescence. Boy takes the lead, but the lively band of illustrious cousins is soon invaded by Alamein, Boy's long-absent father. Alamein presumes control, but his braggadocio doesn't wash. Even worshipful Boy sees through him.

Emotions are complex in this sweet and smart coming-of-age story, performances are delightfully authentic; and the comic timing, unpredictably sharp.

See you at the flicks.

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Spring News from Works of H'Art

Sunny days have started making their appearance in Heriot Bay and friends and family are trickling back to our fabulous island. Yes, I am back and Carol and Jan have also returned from their far flung adventures! A huge thank you to Leslie MacKenzie for manning the ship in our absence! Shop hours are back to normal! Beautiful hand-made blocked tablecloths have arrived at WORKS OF H'ART. Let us help you match up quality napkins and dripless candles for a stunning Easter table!

"Tideline IV- Kanish Bay", "Last Soldier Standing -Joyce Road" and "Blazing Dawn-Quadra Loop"....Kathryn Manry's beautiful interpretation of viewpoints we take for granted so much of the time- are proudly gracing our walls- please come for a visit and view them! Perhaps they belong in your home!

Over the next three weeks all winter scarves and hats will be on sale-20% reduction in price! Random items will go out on the sale table until Apr. 11th when my daughter and granddaughter come once again to create chaos in the store and then help me produce an amazing spring and summer atmosphere! You know what that means- lots of new treasures!

Winner of the draw for the two tickets to "Cadence" was Roberta Thomas-! So please come by and say hello and see if you can spot the new items popping up just about daily! (250)285-2834.

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IN THE FIRST PERSON

Charlotte Gill - Personal Narrative Seminar



2013 Haig-Brown Writer-in-Residence
Charlotte Gill in the Haig-Brown library

Writing a memoir--a true story drawn from one's own life--is like making lasagna. Everybody has a different way of doing it, but if the recipe contains a few essential ingredients, it usually turns out pretty well. The Museum at Campbell River is offering a unique opportunity on Sunday, March 24, from 1pm to 3pm, to attend a seminar with Charlotte Gill, the Haig-Brown Writer-in-Residence. Entitled 'In the First Person - The Art of Personal Narrative' this two-hour seminar will cover the fundamentals of personal narrative. The discussion begins with the question: what is memoir? From that question, the basic essential ingredients for telling fact-based stories in the first person will be covered. Participants will be shown how to dip into the creative writer's toolbox to look at useful story elements such as point of view, character and the scene. Lastly, Charlotte will touch on how to design and plan your narrative, leaving lots of time for Q&A.

Gill's tree-planting book 'Eating Dirt' was nominated for the Hilary Weston Writers' Trust Prize, the Charles Taylor Prize, and two B.C. Book Prizes. It won the 2012 B.C. National Award for Canadian Non-Fiction. Her previous book, Ladykiller, was a finalist for the Governor General's Literary Award and winner of the B.C. Book Prize for fiction. Her work has appeared in Best Canadian Stories, The Journey Prize Stories, and many magazines. Gill teaches creative writing at UBC and the Banff Centre. The cost for the workshop is \$20.00. Please call the Museum at 250-287-3103 to register.

Free Money

Just when I think Free Money is going to collapse because of lack of funds, it continues to live because some generous donors put some money in our Coastal Credit Union account.

Thank you Quadra Islanders to helping our low-income residents make it through the Winter season.

Thus, Free Money will continue to finish the Winter season in March and April. Free Money was distributed on Wednesday March 6th and will also be handed out on Wednesday, April 3rd from 11:30 a.m. to Noon at the Quadra Community Centre after Community Lunch. The amount is \$10 for an individual and \$20 for a family, plus some dog and cat food for non-human family members.

Free Money has existed from November to April, six months a year for 8 years. Hopefully, Free Money will start up again next November. Please consider donating money to the Free Money Association Account at our local Coastal Credit Union. Call Steve Moore at 285-3323 for more info.

Plan now for Spring Break fun!

Spring Break is fast approaching. Looking for something for the kids to do?

The City of Campbell River Recreation Department has a full offering of programs for children and youth in Kindergarten to Grade 8.

There is a wide variety of programs including art, sports, photography, sewing, outdoor adventure and technology. Half-day spring break programs can be combined to create a full-day program if desired, with free lunch supervision for those who choose this option.

"The half-day programs allow kids and parents to have a bit of flexibility when planning for the break," says youth programmer Kevin Elmore. "It also mixes up the activities for more variety in their days during the break from school."

For a detailed list of the programs offered, check out the online recreation guide at www.campbellriver.ca. Click on the recreation button off the home page.

To register for the Spring Break programs, you can visit the Community Centre, the Sportsplex or call 250-923-7911 for more info.



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Tourism Businesses Slam BC Liberal Forest Policies

(QUADRA ISLAND, BC) - There's a new confrontation brewing in British Columbia forests and it's coming from an unlikely source. The latest battle to protect Vancouver Island's forests isn't being waged by an environmental organization...it's being waged by business. In particular, the tourism industry. A coalition of tourism businesses in the Discovery Islands, near Campbell River are charging the government with indifference to the needs of a major economic player in the region.

The Discovery Islands Marine Tourism Group is a coalition of businesses including the local Chamber of Commerce, which claims provincial forest policies designed by the BC Liberal government are encouraging the forest industry to clear cut forests along marine corridors which are critical to the survival of a large wilderness based tourism industry.

The group went public with its concerns by publishing a full page ad in the Victoria Times Colonist criticizing the government for its inaction. Spokesperson Ralph Keller says the group wanted to send a strong message to government that forest management policies aren't working for Discovery Islands business, employees and their families. "We've spent a lot of time and money trying to convince the government there's a serious problem here but they're not listening."

The Discovery Islands are home to over 120 tourism--dependent businesses: lodges, resorts, motels, campgrounds, marinas, tour companies, and related operations which employ over 1200 people and generate 45 million dollars in revenue every year. "The Discovery Islands

have become a world class destination worthy of increased protection." Keller said. "We've become the second most important marine wilderness destination in BC, behind Tofino/Pacific Rim, yet the government is managing the forests here like its 1956. They're treating us like bystanders instead of major revenue producers and employers." Keller went on to say that in the last 15 years, Vancouver Island has lost most of its pulp mills and saw mills and with them thousands of jobs—now out-sourced to Asia. "The once great forest industry is now just a logging industry acting with impunity, completely insensitive to our needs. They degrade our operating environment then send the timber not only out of the region, but out of the country. Is this supposed to be the BC Liberal commitment to jobs and families?"

"We're not against logging, but when the government revised the Forest Range & Practices Act in 2003, they gave all the power to the logging industry and left every one else out of the planning process." He went on to say that tourism operators are kept completely in the dark about cutting plans. "We find out about forest development plans when we start to see trees being felled. We're being misled about forest industry intentions and have no meaningful way to influence cut block design. When we complain to government, they tell us to go talk to the licensees... Who's writing the rules here? Whose forests are these? It's pretty clear this government is about corporate resource extraction and everybody else is just in the way".

Statement of Pacific Salmon Foundation President and CEO Dr. Brian Riddell

Commenting on Royal Assent Making Pacific Salmon an Official B.C. Emblem

VANCOUVER, BRITISH COLUMBIA - (Marketwire - March 19, 2013) - Brian Riddell, president and CEO of the Pacific Salmon Foundation, made the following statement following news that Royal Assent has been given to the designation of Pacific salmon as an official provincial emblem. The proposed designation was included in Bill 8, the Miscellaneous Statutes Amendment Act of 2013.

Dr. Riddell said: "Naming Pacific salmon as a provincial emblem is much more than a symbolic act. It is a reminder to us all of the tremendous values associated with Pacific salmon in B.C. and that we all have responsibility for conserving and restoring this incredibly important natural resource. As the head of a foundation that is singularly focused on Pacific salmon restoration, I commend the provincial government, especially Environment Minister Terry Lake, for its leadership and for the \$22 million that the provincial government has invested in Pacific salmon conservation since 2006."

Since 2006, the provincial government has invested \$22 million through the B.C. Living Rivers Trust, which has funded more than 330 projects to support habitat restoration, increased capacity for management and First Nations, and localized watershed planning. Funds directed to the Fraser River basin were partially matched by the Government of Canada to support Pacific Salmon conservation in an area that encompasses roughly one-third of the province. The Pacific Salmon Foundation partnered with two other environmental organizations, the Fraser Basin Council and Living Rivers Georgia Basin/Vancouver Island, to implement the mandate of the Living Rivers Trust, as well as to call for the designation of Pacific salmon as an official B.C. symbol

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Quadra Island Seniors

BR-91 B.C.O.A.P.O.

"Spring has Sprung"---The grass is rising, so now we have to start mowing soon. But the flowers will brighten our day.

On Wed. March 20th we are hosting the North Island O.A.P. Regional meeting, on Quadra Island at the Royal Canadian Legion.

We will be having lunch for 60 Seniors, coming from as far south from Fanny Bay. We will have Betty Doak speaking on Advanced Care Directives.

Rhonda Thieven, Helen Swanson & Judy Hagen will entertain with music. And the first rabbits of Spring will drop by. We would like to give a huge "Thank you" to Quadra Island & Campbell River businesses, who made donations to make our day fun & a lot brighter, by winning door prizes etc. The businesses who generously gave are QUADRA ISLAND-- Tru- Value stores, Walcan Seafood Products, Quadra Island Builders, Bill Bradshaw, Royal LePage Realtor, Fermentations, The General Store & Gas station, Isle Tech Auto Service, Q Cove Auto Repair, Works of H'Art, Hummingbird Office Supplies, Peoples Drugstore, Bonanza Books, Polluted Pixes, Royal Canadian Legion Br. 154, Heriot Bay Inn, Lovin Oven Pizzeria, On Root Gardening, Amped on Nutrition, Yellow Dog Trading Company-, Discovery Island Reality--CAMPBELL RIVER--White Spot, A&W, Tim Hortons, Real Canadian Superstore, Canadian Tire, Staples, Dairy Queen Shoppers Drugs, General Paints.

You are all very generous, to give to the Seniors who helped to build this Province.

Starting again on March 27th/13 at 10:00 am Armchair aerobics with Ann Lawrence, We are planning a Easter Party on Wed. April 3rd/13--call Ruth @ 3801 for membership or Transportation.

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At the HBI

UofQ: March 27; Growing the Salmon Population with the Quadra Island Salmon Enhancement Society... April 3; "happy trails to you" Rod Burns and the Mysteries of Quadra Trails. HBI Pub education taught by your neighbours. 7:00pm, 1hour.

Friday March 22; The Charlie Wells band. Genre-ranging timeless hits encompassing the current and past centuries. Seriously! March 29; The Jagsters are back to rock the house! April 5; nobody plays it like Curl - all girls blues from Victoria. HBI PUB 9:00pm.

Saturday March 23; Listen to Jon Brooks in the Fireside Lounge; Jon has been twice nominated as Songwriter of the Year by the Canadian Folk Music Awards 7:30 pm. \$12 at the door.

David Gogo Dinner Show Saturday, March 30; This is a show you don't want to miss. Gogo is a multiple Blues Music Award winner who adds heart, soul and grit to the international blues scene. 40.00. Reservations highly recommended: 285-3322

Saturday April 27; Listen, laugh and enjoy **Todd Butler's** exciting mix of music and comedy. Canadian musician and well known CBC funny man will entertain you at a dinner show in Herons. 6:00pm. 40.00. Reservations highly recommended: 285-3322

Incredibly delicious **HBI Pub March specials:** Tuesdays; Troys awesome oysters. Wednesdays; Hillcrest Farms QI beef. Thursdays; always satisfying fish and chips. Fridays and Monday are wing nights! Saturdays and Sundays Prime Rib is back! (Heron and HBI pub).



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Every Saturday at the HBI Pub: Open mic with Quadra Islands legendary Mo Davenport. Join Mo and the gang for the Aries party on March 30. Be a performer or an audience participant, it's all just so much fun! 9:00pm.

The 2013 Discovery Islands Festival of Chamber Music is seeking volunteers for this enterprising committee. Please contact Michael Lynch 285-2422, chipperfield@gicable.com. Next meeting Monday March 25, 7:00pm Fireside Lounge at the Heriot Bay Inn.

IRIS Optical celebrates Quadra Island! Join Dr. Paroo and the IRIS team with a **customer appreciation day** in the Bay View Room at the Heriot Bay Inn. Saturday April 6, 2:30 to 5:30pm. Complimentary eyewear adjustments and cleaning. Information on the latest lens technology.. Enter to win prizes! Draw tickets available now at the Heriot Bay Inn.



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Biologist And Filmmaker Tour BC With Controversial New Documentary

Biologist Alexandra Morton and filmmaker Twyla Roscovich hit the road to bring "Salmon Confidential" to communities around British Columbia



Alexandra Morton at work

(Victoria, BC) - Salmon Confidential is a new film on the government cover up of what is killing BC's wild salmon. When biologist Alexandra Morton discovers BC's wild salmon are testing positive for dangerous European salmon viruses associated with salmon farming worldwide, a chain of events is set off by government to suppress the findings. Tracking viruses, Morton moves from courtrooms, into British Columbia's most remote rivers, Vancouver grocery stores and sushi restaurants. The film documents Morton's journey as she attempts to overcome government and industry roadblocks thrown in her path and works to bring critical information to the public in time to save BC's wild salmon.

The film provides surprising insight into the inner workings of government agencies, as well as rare footage of the bureaucrats tasked with managing our fish and the safety of our food supply.

Local community groups are hosting Salmon Confidential screenings across BC, followed by discussion with Morton and Roscovich about the making of the film, the viruses, politics and how people can come together to restore wild salmon. The film is also available online at SalmonConfidential.ca.

"It is critical that people hear what is happening to this essential fish and why. We don't have to be helpless bystanders as government tries to bury the evidence. The careers of all who research these European viruses in BC are under attack, but disease in salmon cannot be a federal secret any longer if we want wild salmon to be here for our children," said Morton.

In an endorsement of Salmon Confidential, David Suzuki commented, "For years, Alexandra Morton has soldiered on providing evidence of and calling for action on the catastrophic state of wild salmon. Government and industries have thwarted her over and over again. This film clearly documents that governments do not put protection of wild salmon at the top of their priorities and Canadians should be outraged. I am."

The upcoming BC provincial election gives the film tour a sense of urgency. "This whole nightmare could end tomorrow and we could have our wild fish back if the next provincial leader commits to removing salmon feedlots from the wild salmon migration routes. All election candidates need to hear from the public that the wild salmon economy is too valuable to sacrifice to the salmon farm industry. The people of BC should understand what we documented in this film and then they can let candidates know they will be taking wild salmon to the polls," said Roscovich.

Salmon Confidential

On Saturday March 23 Sierra Quadra brings BC filmmaker Twyla Roscovich to Quadra for the island premiere of her latest film, Salmon Confidential. Twyla is a filmmaker and an environmentalist who documents the ecology of the BC coast.

Salmon Confidential follows biologist Alexandra Morton as she unravels the mysteries of BC's declining salmon stocks using some of the world's top fish labs. What she uncovers should shock anyone who cares about wild salmon and the extensive food web they support. This 70 minute film documents the biologist's journey as she attempts to overcome government sanctioned roadblocks and get critical information about wild fish into public view.



This is a film about salmon, politics, science, and activism. Learn about BC's changing coastal ecology, and the inner workings of government agencies responsible for overseeing fish stocks and the safety of our food supply.

Salmon Confidential is a film for all British Columbians and indeed, all Canadians. It is currently playing across the country to rave reviews. Join us on Saturday March 23 at the Quadra Community Centre as Twyla Roscovich presents her groundbreaking film. Doors open at 7 and the screening begins at 7:30. Admission is by donation; refreshments will be served.

- Robyn Budd



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British Columbia's Ambiguous Relations with the Rest of Canada

British Columbians have always been proud of their province but have often felt misunderstood by other Canadians and badly done by in Confederation whether it be in delays in constructing the Canadian Pacific Railway, the size of federal subsidies, immigration policies, freight rates, or proposed constitutional changes. Yet, at the same time they have also been loyal Canadians. Join the Museum at Campbell River on Thursday evening, April 4, at 7 pm for a unique talk entitled "British Columbia's Ambiguous Relations with the Rest of Canada". With the assistance of editorial cartoons dating from the 19th into the 21st century, Dr. Patricia Roy will examine this ambiguous relationship. She taught Canadian history at the University of Victoria for many years and has published several books on aspects of British Columbia's history. The latest is *Boundless Optimism*, a biography of Richard McBride, British Columbia's premier from 1903 to 1915. The lecture is made possible through UVic's Speakers Bureau. The cost for the talk is \$6.00. Please call the Museum at 287-3103 to reserve a seat.



Photo: Political cartoon circa 1878.

CLASSIFIEDS

HELP WANTED

The Quadra Island Recreation Society Seeks:
OFFICE ADMINISTRATION ASSISTANT

Job Description:

Person would be assigned specific tasks; data entry, filing, scanning of photos and posters, creating a history file; rental tracking and invoicing. Must be willing to deal with the public as needed. Must be able to work flexible hours; work times (for now) 2:00-7:00, Tuesday-Saturday; an average of 25 hours per week @ \$15/hr. The position is a short-term contract from April 15 - August 31.

Requirements:

Relevant work experience; involvement with some aspect of Q.C.C., having some understanding of the organization; familiarity with PC and Mac operating systems; experience with Microsoft Office including Excel; social media updating knowledge; capable of learning new technologies, i.e. scanner, printer, camera; must be flexible and organized; positive and self-motivated; have good writing and communication skills; a university degree is an asset.

Application process:

1. Must submit a cover letter to the attention of Sandy Sparing
2. Include resume
3. Give three references

Mail application package to Quadra Island Recreation Society, Box 10 Quathiaski Cove, B.C. V0P-1N0

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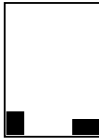
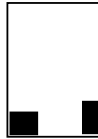


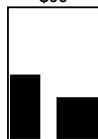





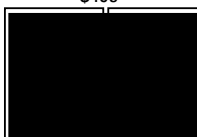
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DATE	TIME PST	m.	ft.
22 Friday	03:59	4.3	14.1
	10:06	3.2	10.5
	14:38	3.8	12.5
	21:27	1.9	6.2
23 Saturday	04:33	4.3	14.1
	10:41	3.0	9.8
	15:38	3.9	12.8
	22:13	1.9	6.2
24 Sunday	05:01	4.4	14.4
	11:11	2.7	8.9
	16:34	4.1	13.5
	22:55	2.0	6.6
25 Monday	05:28	4.5	14.8
	11:41	2.4	7.9
	17:26	4.3	14.1
	23:34	2.0	6.6
26 Tuesday	05:54	4.6	15.1
	12:12	2.1	6.9
	18:16	4.4	14.4
	00:13	2.2	7.2
27 Wed.	06:21	4.6	15.1
	12:45	1.8	5.9
	19:05	4.6	15.1
	00:54	2.4	7.9
28 Thursday	06:50	4.7	15.4
	13:22	1.5	4.9
	19:54	4.7	15.4
	01:37	2.6	8.5
29 Friday	07:21	4.7	15.4
	14:02	1.2	3.9
	20:46	4.7	15.4
	02:22	2.8	9.2
30 Saturday	07:55	4.6	15.1
	14:47	1.1	3.6
	21:42	4.7	15.4
	03:13	3.1	10.2
31 Sunday	08:33	4.5	14.8
	15:37	1.0	3.3
	22:46	4.6	15.1
	04:11	3.3	10.8
01 Monday	09:16	4.4	14.4
	16:30	1.1	3.6
	23:56	4.6	15.1
	05:24	3.4	11.2
02 Tuesday	10:09	4.2	13.8
	17:29	1.2	3.9
	01:10	4.6	15.1
	06:54	3.4	11.2
03 Wed.	11:22	4.0	13.1
	18:36	1.4	4.6
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04 Thursday	12:55	3.9	12.8
	19:48	1.6	5.2
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05 Friday	14:22	3.9	12.8
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