

DISCOVERY ISLANDER

COMMUNITY NEWS & EVENTS ON QUADRA, CORTES & THE OUTER DISCOVERY ISLANDS

ISSUE 517

Serving the Discovery Islands for 20 Years - since 1992

January 20, 2012

Amped on Nutrition So Much More Than a Health Food Store!



By Dana Mahon - special to the Discovery Islander

Barbara Mindell (L) & Anetta Grundvig at Amped on Nutrition

“Packed with everything you need to survive” is how manager Anetta Grundvig describes the store where she works with mother-in-law, owner and creator of Amped on Nutrition, Quadra Island’s only Health Food and education store. In fact, Amped, as locals like to call it, is the only organic vegan food operation in the entire Vancouver Island region.

Amped on Nutrition has a relaxed, homey, comfortable feeling – similar to that of your neighbour’s kitchen. It is where

locals and people from the surrounding areas come for all of their health and wellness needs. Sourcing products from local vendors whenever possible, here you will find items such as locally crafted soaps made on Quadra, tinctures and teas from the Comox Valley, essential oils from Cortes, and seaweed from the west coast of Vancouver Island; not to mention a complete line of beauty and skin care products, merino wool clothing, fresh organic and local produce, as well as bulk items such as organic oats, gluten and gluten free flour, seeds and nuts. Taking

their commitment to supporting the local economy one step further, the walls at Amped are even adorned with paintings from local Quadra Island artists and dried flowers from a local florist. When you walk in the door, you simply feel welcomed and immediately at ease!

Owner Barbara Mindell, a vegan for the past 23 years, opened the doors of Amped after she decided to change jobs from a local grocery store where she worked as a vitamin and nutrition consultant. “After I left, customers were calling me at

continued page 15...



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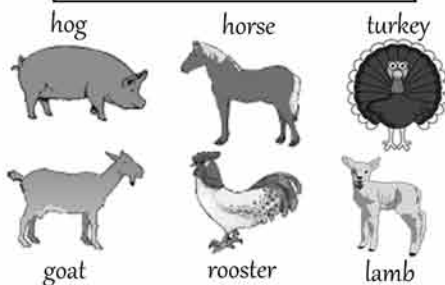


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Fax: 1-866-509-8928

ISLAND CALENDAR

Submit your news or event info, editorial runs free: email: news@discoveryislands.ca drop off 701 Cape Mudge Rd. or at Hummingbird

THE REGULARS

MONDAY

Parent & Tots, QCC, 9:30 am - 12 pm
 Low Impact, 8:30 am, QCC
 Yoga with Josephine, Room 3, QCC, 10 am -12 noon
 Karate, 4:30 pm, QCC
 Sing for Pure Joy! Room 3, QCC, 3 - 4:30 pm, *All welcome.*
 Weight Watchers, QCC, 6 pm - 7 pm
 Alcoholics Anonymous, Quadra Children's Centre 7 pm
 Mandy's Movielicious night in the HBI Pub 9:00
1st Monday - Quadra writers group, 7 - 9 pm 285-3656

TUESDAY

Spinners 10:00 am – 12:00 QCC
 Quadra Children's Song Circle, Room 3, QCC3 - 4 pm
 Al-Anon Meeting, Quadra Children's Centre, 7:00 pm
 Folkdancing, QCC, 7:30 pm, Sept 21-Apr 26

WEDNESDAY

"The Pack Ride" Moderate to Vigorous bike ride 10:00 am Yak Shack
 Parent and Babes 11 am QCC
 Food Bank 1-2:00 p.m. (1st & 3rd Wed of every month) QCC
 UofQ Pub education from your Neighbours. HBI pub 7:00 pm
 Hand-drum Circle, Upper Realm, 7:45 - 9:15 pm
1st & 3rd Wednesday Food Bank, QCC 1 - 2 pm

THURSDAY

Parents & Tots, QCC, 9:30 am - 12 pm
 Karate 4:00 pm QCC
 Prayer Meeting, Quadra Island Bible Church, 7 pm
 Drop in games and wing night, Legion, 7:00 pm.

FRIDAY

Alcoholics Anonymous, 8 pm Quadra Children's Centre
 Fridays – Live bands in the HBI Pub 9:00 pm

SATURDAY

"Fun Ride" Easy to Moderate bike ride 10:30 am Aroma Cafe
 Quadra Legion Meat Draw 5pm
 Open mic with Mo. 9:00pm HBI pub

SUNDAY

Centre for Spiritual Living Celebration, Willow Point Hall, 10:30 am
 Family Service, Quadra Island Bible Church, 10:30 am
 Quadra Sunday Painters, 11 am - 2 pm, 285-3390
 United Church-11 am, first Sun. of month-12 noon, 285-3163.

DAY TO DAY

Friday, January 20

- Getting Fresh: Films on Food - Brian Brett QICC 7:30 pm
 - Tequilla Mockingbird Orchestra, HBI Pub. 9:00pm

Saturday, January 21

- Getting Fresh: Films on Food 10 am to 5:30 pm QICC
 - Harold Rhenisch, book launch, \$15 HBI Fireside Lounge 7:00pm

Monday, January 23

- Social Media Workshop 7 pm upstairs at Q.I.C.C.

Thursday, January 26

-Family Literacy Day 12:30 to 2:30 at the Quadra Community Centre

Friday, January 27

- Todd Butler, Comedian, musician, storyteller, \$40.00 incl. 3 course meal. In Herons, HBI. 6:00 pm seating.
 - Friday Flicks - In a Better World, Doors open 7:30 pm Show at 7:45 pm Q.I.C.C.

Wednesday, February 1

- Free Money 11:30 a.m. just before Community Lunch, Q.C.C.

Saturday, February 4

- Pasta Dinner \$10, music to follow by D J Reese Wilson 6:30 pm Quadra Legion






Sunday, February 5

- Trio Accord with guest pianist Sarah Hagen Q.I.C.C. at 2:30 pm
 - 3:00 pm Super Bowl \$5 dinner at half time Quadra Legion

Monday, February 13

- Quadra Island Garden Club, Community Centre, 7 pm

NEXT DEADLINE: MONDAY, JANUARY 30TH, 2012

Fri	Sat	Sun	Mon	Tue
				
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PO Box 280

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Ph: 250 285-2234

Fax: 250-285-2236

news@discoveryislands.ca

Office hours:

Mon-Thurs 10-4pm
701 Cape Mudge Rd.

Publisher/Editor:

Philip Stone

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Submission Guidelines

Items for publication are welcomed
on subjects of interest to the
Discovery Islands community.
Please help us by following these
guidelines:

Please print handwritten
material clearly.

Items sent by email do not need
to be an attached file. Just send
text in the body of the email.

Please spell check in Canadian
English.

Please use the title of the item as
email subject.

No MS Publisher, WordPerfect
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please. Send imported graphics
separately.

Please don't send original
irreplaceable material.

Please remember to caption &
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Don't write on the back of
photos, use labels or sticky notes.

While every effort is made to include all
items submitted, errors and accidental
omissions do occur.

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NEXT DEADLINE
MONDAY, JANUARY 30

ISLAND FORUM

Gowlland Harbour development update:

It is a new year and Rick Schellinck and I wanted to provide an update on the progress we have made over last year and our plans for 2012. Following the last public information meeting on Quadra last year the SRD compiled and reviewed all the input from both the public meetings and previous 2 information meetings. There was also a lot of letters of support as well as a few letters that did not support the proposed rezoning.

The results are that the proposed development has received first and second reading by the board with a vote of 100 % support. That support came with one of the highest thresholds set by the SRD Board. There are 10 criteria noted that will create the highest standards for a sustainable development.

These 10 criteria will be part of a master development agreement that will be developed into a contractual agreement between the SRD and the owner Rick Schellinck. Presently the ball is in our court and it is up to us to try to meet these high standards.

The next step will be a public hearing on Quadra to present the proposed rezoning reports and the basics of the master agreement. We are hopeful that the public will come out and listen to this presentation and offer their support.

There is no date set yet for this meeting

- By Dan Bowen

My Perspective On BCF

As there is no official protocol for BCF to advise of newly appointed members serving on local Ferry Advisory Committees (FAC), I have taken this responsibility on myself, with my contact information below.

From what I have observed, the relationships between the sixteen (16) minor route Ferry Advisory Committees and BCF has become somewhat stressed over the escalating tariffs and fuel surcharge fees to their communities. The fact is, neither of these parties have the final say, nor the authority to set the limits or to make adjustments to the tariffs structure, let alone peg ferry rates in line with inflation. Further, the business model set out by the Provincial Government for BCF to operate under doesn't allow the corporation to function anything short of striving to be profitable. To help with this objective BCF is mandated by the Provincial government to invoke a User Pays All strategy that is designed with the objective to reduce to zero government subsidies as soon as possible. This begs the question, at what point in the Governments' rational was BCF mandated solely as a business venture while the rest of the province benefits from ferry systems that are mandated free. All fourteen (14) Inland Ferries Services operate under a private contract with the Ministry of Transportation and Infrastructure, with the sole mandate that all Inland ferries are to be Free of Charge to All Users. As coastal communities paying taxes for services received and falling under the same tax rates and rules as the good citizens of

the interior communities, can we now expect from the commissioner's review that there will be a new Ferry Service model that ensures equitable treatment? Failing meeting that objective, can we at least expect that the modus operandi for BC Ferries will fall back under the control of the Ministry of Transportation and Infrastructure and fare increases will now be kept in line directly to inflation?

Both scenarios seem unlikely to occur under the framework of the commissioner's review mandate, set out on Sept 27/11. The mandate instructs the commissioner, Gordon Macatee, to review the Coastal Ferry Act (CFA) for the purpose of making recommendations to the Minister of Transportation on potential changes to this Act that would better enable the commissioner in the future to balance the financial sustainability of the ferry operator(s) and (new to the act) "the interests of ferry Users." The Coastal Ferry Act (CFA) had no provision or language requirement for the commissioner to consider the interests of fare increases on the users when setting the tariff caps, until the Act

Have an opinion to share?
Submit your letter
to the DI by email:
news@discoveryislands.ca
PREFERRED

Regular 'ol mail with a
stamp to Box 280 in the
Cove or fax it in to
250-285-2236

If it's too long it may
be chopped!
Please be concise

was amended June 3/2010. The paradox set before the commissioner in this new task presents him a fundamental contradiction to resolve. Arguably the best interests of the User on the minor routes cannot be achieved while ensuring full financial security and profitability of the service on those routes. There just isn't the critical mass or the numbers essential to achieve the balance strived for under this mandate for most, if not all, of the minor routes.

Since both objectives are somewhat in contradiction, first and foremost for the commissioner would be for him to request clarity in the Act that establishes which objective has the most weight and priority.

Perhaps a new mission statement for the Act could be enacted that isn't constrained by the six (6) guiding principles the Ferries Commission is now obligated to follow, all unmistakably intended to protect the public interest by means of ensuring the financial sustainability of the Ferry service providers. Prioritizing the conflicting missions would be a crucial task for the commissioner. Our best outcome in this exercise would in the end see a reversal in the purpose and mission of the ferry service. First and foremost would now be a system designed to service and benefit the needs of the Users, with striving for profits and financial independence that may come from an efficient ferry system, to be now considered the secondary objective.

Either priority scenario would further require the commissioner to ask for changes in the Act that clearly defines who is actually being considered as the User. In a broader sense, the User could be all those who benefit from the ferry service to Quadra

& Cortes Island, including business, touring companies, hotels, and indirectly the government who will benefit the most in the way of taxes from the success of these businesses. Therefore the government would then be obligated to remove its locked subsidy to the minor routes and abandon the mandate to take this subsidy to zero with its user pay all strategy and now increase its financial support proportionally to the tax benefits achieved from all sources of Users on the Islands.

Unfortunately, in most likelihood at the end of this review process, obtaining a sustainable debt to equity ratio for all 4 route groups will remain the guiding principal governing the method of operation of BCF. However, it will be still paramount for major changes to the Act. Amalgamation of all 4 ferry groups would be the simplest step towards a plan to become a profitable entity. Otherwise the corporation will be forced to continue cannibalizing its dwindling equity base in the minor routes in an attempt to reach its unobtainable goal.

In parting, I find it discouraging that BC Ferries, under this Government has been exempted from Provincial legislation that sets targets for emission reductions. This would appear, in motive at least, to limit BCF from accessing the benefits from initiatives such as the Provincial Climate Action & Clean Energy Development funding, designed in part to support cleaner transportation (100 Million-40 Million for 2012). Not only is BC Ferries a large polluter, by exempting them to be responsible for their pollution leaves considerably less incentive to cut fuel costs that ultimately in the end would benefit the Users in lower fees and fuel surcharges.

Hypothetically for example, on the Quadra Campbell River commuter run, fuel cost reduction may have been obtainable in the order of 30 to 50 % for an incremental cost in the capital that was required for the recent dockage and wharf improvements that just occurred. In fact, the feasibility study, risk analysis, design and engineering along with the capital necessary may largely have been supported by various government sponsored energy reduction initiatives. A new vessel dockage restraining system, shore power connection and with other changes in place, in theory would allow the ferry to shut off the ferry engines up to 50% of the time, as opposed to the present practice of ramping up the engines' idle when docked for loading/unloading.

I believe there will still be opportunities for improvements, beyond the accomplishment achieved from the commissioners' review mandate and that a new Users representation format is in order. Time will tell

As your new member to the Quadra FAC, feel free to contact me at 285-2660 or email at emc2.lftr@gmail.com and don't forget at tax time that your ferry costs are tax deductible under the federal income tax credit for public transit, when 16 or more round trips occur within a 31 day period. For this tax purpose, registered Experience card holders have free access to their printed travel history at the BCF web site.

Charles (Fred) Konkle.

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Thanks from Ferry Crew

On behalf of the crew of the Powell River Queen we would like to thank everyone who dropped off treats for the crew during the holiday season. We look forward to another year of safely transporting our friends and neighbors across Discovery Passage. Thankyou and Happy New Year.

-Captain Esther Allen

Lost and Found

Vintage to present day plastics and tiny balls to gnarly hunks of Styrofoam on our beaches. Everyday, every tide brings in a plethora of colors, the bits and pieces of our progressive world. Where dear islanders may these flotsam and jetsam be collected? My carport is brimming with the detritus of fishers and ocean farmers and goddess knows why plastic tampon applicators are still being used! Tips of cigars, disposable lighters (the ultimate oxymoron), straws, individual serving containers, paintbrushes, garbage cans, flares with scary warnings, Styrofoam filled tires, plumping pipes, combs, flip-flops, pressure tanks, toys, plastic cutlery, baggies, wheels, rope...

Can we leave them at our Harbour Authorities' garbage bins or Rebecca Spits' garbage bins? Is this covered in our taxes? Should plastic be outlawed if it isn't recyclable?

Sincerely overwhelmed
Deb Manery

QUADRA CHILDREN'S CENTRE
Caring for children for community's sake

Preschool Program
For 2.5 to 5 years
(Toilet training not required)

Quadra Kids
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BEADERS.....last chance to stock up!

Jan 28-31st all equipment will be
priced to move. Lots of card and
clothing racks, pottery stands,
jewellery displays, price stickers.
OPEN DAILY
Hours: Mon-Sat 10 - 5:30 pm Sun: 12-4

Quadra Library : Occupy NEEDED!

About a year ago, a press release informed Discovery Islanders that they would be getting a new library. The Heriot Bay Branch would be closed! The Quadra Professional Building in Quathiaski Cove would house the new facility.

When I queried the executive director about the impact of such a re-location, she quite curtly commented "No socioeconomic impact study was even vaguely attempted, as it would have been a waste of time and money!" Over 160,000\$ was paid to the consultant, for their Consolidated Facilities Master Plan, 2010.

Consultant Recommendation - *Public Consultation and Realities*

*1) *The Consultants Report recommended allocating up to 2,000\$ per branch / 80,000\$ in total to cover Public Communications: meeting advertisements, hall rentals, travel of VIRL Staff. The Executive director, in 2011 has written to protesting individuals that VIRL had neither the fiscal \$\$\$ nor the human resources to hold public meetings in all communities!" **

There was NO public meeting held on Quadra, nor Cortes as originally scheduled, October 2010.

The meeting which is touted as "Public Consultation" was conducted December 9, 2010 at 7:00 pm., in Campbell River. Approximately 30 participants came from Sayward, Campbell River, Quadra, maybe Cortes if they could overnight (at their expense). The format was Appreciative Inquiry. NO individual community issues were to be discussed: just Library feel good stories and Dreams of what a "library system" could become!

Consultant Recommendation: *Defining the size of a new library*

2) The recommendation and rational of 0.6 sq. feet per resident, was accepted by the Board, under the advisement of the Executive Director.

Using 2500 residents, Quadra should get a new library of 1500 sq. feet. A supplementary recommendation is that any new library should be a minimum of 2,750 sq. feet. Arriving at the 0.6 sq. feet or 2,750 sq. feet would take another letter!

The new Quadra Library in Q. Cove, is 3,450 sq. feet - more than double the consultants .06 sq. ft. recommendation. Or, 700 sq. feet above the second recommendation of 2750. The Board Chair, Ronna Rae Leonard, at her Federal Election forum on Quadra, commented: *"The Board wanted to be generous, giving Quadra residents a library based on 1 sq. foot per resident!"* The Boards' generosity means

renting space 100% above recommendations, resulting in taxing all communities 100% more than necessary! Consultant calculations of 3.35% tax increase to cover new bricks and mortar for 5+ branches, would exceed 120\$ for a household of 4 people,

NO recommendation / option was made for increased in hours - just for an expensive Bricks and Mortar book warehouse closed 3 days per week, open 25 hours per week!

NEW Library: Ownership or Rental! Flawed Process, continues

Board policy recommends 3 options: 1) VIRL ownership of the real estate 2) Community ownership of the real estate, space leased to the VIRL 3) Rental / lease of a property, if #1 or #2 are not chosen!

Documents obtained by FOI, indicate that Quadra Residents were ONLY give the option #3 - to submit Expression of Interest for property that they would RENT / Lease to VIRL. In the same period, the residents of Cumberland and Gabriola have negotiated their Community Ownership option 2.

Documents show an interesting series of events, site photographs, concept drawing submissions by Drew Harbour Investments, June 28, 2010, 3 months. Another set of lure pieces was sent September 14, 2010, 2 weeks before the VIRL advertisement, calling for Expressions of Interest to Rent / Lease space! The Discovery Islander was only able to run the Advert October 22nd. Yet, the executive director writes that the public had from October 6 to November 3rd to make submissions.

The executive director of VIRL, defends her stand of Public Process, in part by stating the community Meetings were the responsibility of the regional government (Abram, Leigh, SRD) to organize. Regional Government letters however only endorse the concept of a new library on Quadra: the location, size, hours would be arrived at by VIRL organized public meetings!

The executive Director, Rosemary Bonono, has written to library dissidents, that

"There is no Legislative Requirement to hold public meetings" ... the Board decides what is best for all of the VIRL community"

Whether a vase of flowers is hit, by a stone or is pushed off the ledge, it is always hardest on the vase The flowers will wither an unsightly, untimely DEATH! Occupy - reclaim democracy!

Sincerely,
Rod Burns



NEWS AND EVENTS

Submit your news or event info, editorial runs free: email: news@discoveryislands.ca drop off 701 Cape Mudge Rd. or at Hummingbird

Good Bye Bob Cameron Brunch.

Calling all Bob fans; let's give him an awesome Island farewell as we send him off to his new Victorian life. Herons, Sunday January 29, 10:00am to 2:00pm. Reservations highly recommended. 285-3322.

Introducing Chipperfield Hollow

The Bed & Breakfast home in Heriot Bay, formerly known as Moonlight Shadows B & B, has new owners and a new name.

Michael and Robin Lynch moved to Quadra Island in October 2011; they plan to continue the bed and breakfast business under the name Chipperfield Hollow.

Watch for the new sign on West Road, at Macklin Road.

The fence, which blew down during the October high winds is definitely on the to do list and Chipperfield Hollow is definitely open for business!

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Legion coming events

Feb. 4 6:30 pm Pasta Dinner \$10, music to follow by D J Reese Wilson

Feb. 5 3:00 pm Super Bowl \$5 dinner at half time

Feb. 11 6:30 pm Valentine's Dinner \$15 and Dance at 8:00 pm to GO Dog Go \$5

Children's Centre Raffle

"Quadra Children's Centre Raffle--Four great prizes. Two first prizes - 2-night stay for a family up to 6 people in a beach level condo at Beach Acres Resort on Rath Trevor Beach in Parksville, B.C., a \$50 gift certificate to the Black Goose Inn at Beach Acres Resort, and a \$25 Petro Canada gas card. Third prize is a \$300 gift certificate to Tru-Value Foods - Quathiaski Cove. Fourth prize is a \$100 gift certificate to Tru-Value Foods - Quathiaski Cove. Tickets cost \$5 each or 5 for \$20. Buy your tickets at Hummingbird Office & Art Supply or Quadra Crafts. Winners will be drawn on Jan. 30, 2012. Thank you for your support."

Quadra Literacy News

Family Literacy Day: Come play with us! Bring your little ones to participate with you on a learning journey. There will be storytelling, dancing, singing and drumming. You might want to make a finger puppet, or a simple quilt design. Create a project at Imagination Unlimited or play at the block centre. Every child can choose a book to take home. Join us on Thursday, Jan 26, 12:30 - 2:30 at the Quadra Community Centre.

Alcoholic Anonymous

~ Quadra Island Chapter meets 8 pm Friday at Quadra Children's Centre, West Road. Everyone Welcome. Call 250-202-6049

Newcomers to Quadra Island Welcome

New to Quadra? The Discovery Islands Chamber of Commerce and local businesses welcome you with a gift bag. Please contact Judy at 285-2150.

Ferry Schedules

Campbell River - Quadra Island

Crossing Time: 10 minutes

Leave Quadra Island

6:15 am	3:05 pm
†7:05 am	** 4:00 pm
8:00 am	5:00 pm
9:00 am	5:50 pm
10:00 am	7:00 pm
11:00 am	8:00 pm
12:00 pm	9:00 pm
1:00 pm	10:00 pm
2:00 pm	*11:00 pm

Leave Campbell River

6:40 am	3:30 pm
†7:30 am	4:30 pm
8:30 am	5:25 pm
9:30 am	6:15 pm
**10:30 am	7:30 pm
11:30 am	8:30 pm
12:30 pm	9:30 pm
1:30 pm	10:30 pm
2:30 pm	*11:30 pm

Quadra Island - Cortes Island

Crossing Time: 45 minutes

Leave Quadra Leave Cortes

† 9:05 am	† 7:50 am
**11:05 am	9:50 am
1:05 pm	11:50 am
3:05 pm	**1:50 pm
5:05 pm	3:50 pm
6:45 pm	5:50 pm

* - Fridays and Saturdays only.
† - Daily except Sundays.
** - Tuesday sailings are for Dangerous Cargo - No passengers.





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Enrich Someone's Life



Enrich the life of an adult learner, become a tutor. The experience will change your life!

Unfortunately, one in four British Columbians cannot read this sentence. More than half of working age people in BC have difficulty reading, which makes it difficult for them to be a part of our changing economy.

Be a part of the solution! The CR Literacy Association has students who need tutors.

Volunteer tutors work one-on-one with adults and youth wanting to improve their English skills. Everyone is welcome!

More tutors are needed for these programs. Adult Literacy tutors work with learners whose skills in reading, writing, and math are at a low level.

ESL tutors work with youth and adults who are learning English as their second language, (reading, writing, and pronunciation).

The above programs are free of charge, thanks to funding from the Government of Canada and the Province of British Columbia.

Training for volunteer tutors will be held in February 2012. If you are interested in becoming a tutor for either program phone 250 923 1275 or email Julina Spetch at info@literacyforall.ca for more information.

Free Firewood

Free Firewood is available every Wednesday at 1 p.m. right after the Community Lunch. Just drive your vehicle or a friend's pick-up truck to the rear doors of the Quadra Community Centre at 1 p.m. We will meet you there and help you load up. If you can't come at this time or cannot find a vehicle, call Steve Moore at 285-3323 for an alternative arrangement. In some cases, we can deliver.

Social Media Workshop

Trying to figure out a digg from a tweet? Bombarded by info telling you social media is the next frontier but don't know where to start? Join local publisher and marketing professional Philip Stone on **Monday, January 23rd at 7 pm upstairs at the Community Centre** for a workshop designed to help you navigate around some of today's most popular social networking sites and develop ways to use these online tools to promote your business or organization. This is a free event sponsored by the Discovery Islands Chamber of Commerce.

Giant Indoor Garage Sale

Saturday January 21, 9 am sharp to 12 noon. Campbell River Community Centre Gym

Space is limited, book early. Purchase 10 x 10 for \$10. Bring your stuff, sell it and make a few bucks.

NO ENTRY FEE FOR SHOPPERS

Shoppers find deals, save gas and join the fun: snacks, popcorn. Everyone welcome.

More info call the Community Centre 250 286 1161

Keeping the Heat On - Ferry Petition


"The ferry service must be treated as any other highway in BC. It must be taken back into the Ministry of Transportation where it belongs if we are to maintain vibrant, diverse and productive communities with a place for families of all ages and compositions and where job creation is only limited by the creativity of the people who populate the islands."

- Jim Abram, Submission to BC Ferry Commissioner, August 8, 2011

Quadra Islanders have printed a FERRY PETITION in response to rapidly climbing rates and the privatization of BC Ferries. This petition asks that BC Ferries minor routes (i.e. Quadra, Cortes, etc.) be taken back under government jurisdiction (Ministry of Transport). Several copies of the petition are being posted on bulletin boards in Heriot Bay and the Cove. Please honour, sign as you will, circulate if you can, and get them to Jim Abram. He has some meetings regarding the ferries this month and will have more in the future. The more signatures, the sooner, the better! See some of Jim's articles in previous D.I. issues or the gumboot for more information on the ferry issue and how it's been going. Email larana268@hotmail.com if you need more copies of the petition.



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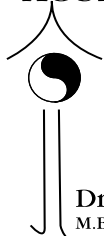
Q. I. Garden Club Winter Vegetables

Mid-winter is the time when the price increases we see in the produce section of the store can get quite scary. However it is also the time you can enjoy fresh vegetables out of your own garden if you plan ahead. We can eat locally all year round with some planning.

On Monday, February 13 at 7 pm at the Community Centre, Theresa O'Brien, one of Quadra's best known vegetable gardeners will talk about Growing Winter Vegetables. Theresa will tell us how to grow vegetables that can be harvested throughout the winter. This means planting the right varieties and timing the sowing of the seed correctly. Some vegetables can be stored, some picked straight from the garden; others may need a small amount of protection from heavy freezing. In a typical Quadra winter a gardener may expect to harvest kale, brussel sprouts, cabbage, parsnip, carrots, leeks, rutabaga, beets and radishes, as well as spinach and other greens. There are other vegetables that overwinter and can be harvested early in the spring such as cauliflower, broccoli, cabbage and spinach. Then there are the stored vegetables. If a greenhouse is available the possibilities increase. A large enough garden can provide all of your vegetables year round.

Come ready with your pen and notebook and start your seed list for 2012 for good eating during next winter.

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FRIDAY FLICKS

IN A BETTER WORLD

Denmark 2010 (R)

January 27, QCC

Doors 7:30 Showtime 7:45

Adm: \$5, stu/snr \$4

Winner of the Oscar for Best Foreign Language Film, this provocative Danish parable from director Susanne Bier is an emotional powerhouse. IN A BETTER WORLD might well be the most intelligent movie ever made on the subject of what manhood means in the 21st century.

Anton is a divorced doctor still entangled in lingering threads of attachment to his ex-wife. He devotes himself to his work in Kenya among the victimized, where suffering is rife and immediate. But he has torn responsibilities. His work demands his frequent absence from his timid 10-year-old son, Elias.



The film segue's back and forth between the refugee camp and a seemingly perfect Danish village. It contrasts bullying at home with what Anton faces on a global scale. These are big subjects, fraught with traps, but Bier insists that, Africa or Europe, well-off or destitute, we all inhabit the same dangerous planet. Nobody has it easy; least of all the boys who must act like men before their time.

Cortes Computer Clinic

Literacy Now, the Wifi Society and CISS are happy to announce a continuation of the very successful computer clinic that we hosted as part of the Cortes Literacy Skills Centre in 2011. On Fridays starting in the new year (exact date tba) there will be an opportunity to make an appointment for computer help, upstairs at Manson's Hall. There will also be some "walk in" help time available as well. There will be a small charge for this service. For more information, contact Coreen at 935-0152.

RESTORATIVE YOGA

Wednesdays
West Road Studio

Morning class begins
Jan 11th, 10-11:30 am
Prepay \$80 for 8 weeks,
\$12 drop-in.

Evening class begins Jan
25th, 7-8:15 pm Preregister
for six weeks, \$60.

Call Sue Beattie 286
2948 to register.

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Free Money

Free Money is available at 11:30 a.m., just before the Community Lunch at the Quadra Community Centre on Wednesday, February 1.

Thanks to the recent generous donors who have placed several hundred dollars in the Free Money Association account at our local Coastal Credit Union, Free Money will continue in February & March.

Now if there's anyone out there who can make a additional donation to the above mentioned account, then we can finish the year with a free money event in April as well. The Winter down turn is rough on our island economy. Without tourists, work is hard to get. Ask anyone with a business on Quadra. Times are tough. On Quadra, we help each other get through somehow.

Free Money is just one of those things. Actually only one of four things that happen at the Community Centre on Wednesday, February 1 and through out the Winter: The Food Bank, the Community Lunch and Free Firewood. Call Steve Moore at 285-3323 for more info.

Philosopher's Cafe

There is a new movement afoot. People talking to each other about important issues face to face in small groups. It's called Philosopher's Cafe and they are alive and well in many communities. Individuals simply give up T.V. or the Internet for a night and go to a comfortable place to discuss issues of mutual concern. Anything goes for a topic: Healthy life styles, the causes of human happiness, dealing with depression, peak experiences, life after death, how to stop a oil sands pipe line, the meaning of life or unconditional love, etc, etc. No experts, no classroom atmosphere, just relaxed equals trying to figure out how to live one's life on this planet at this time. Spirit Books in the Upper Realm at Q. Cove would like to offer a private cozy living room with couches and rocking chairs for such a group if anyone is interested. We would need at least five people to start a Philosopher's Cafe. So call Steve Moore at 285-3323 if you want to sign up. Also think of a topic you would like to discuss at the first meeting.

The Meaning Of Life Books

Come read and discuss 12 books on the ultimate wisdom of the human race for free. Books on the Art of Loving, on Philosophical Reflection on the Meaning of Life and the path to Human Happiness on Earth are obtainable now for free!

We read and discuss books like Eckhart Tolle's A New Earth,, Victor Frankel's Man's Search for Meaning, Herman Hesse's Siddhartha, Leo Buscaglia's Love, Mitch Allom's Tuesdays with Morrie and 7 more books.

Come read a book a month (or take as much time as you like) and sit down with me (Steve Moore, retired teacher, poet, philosopher) at Spirit Books (Upper Realm, Q. Cove) for a one-to one discussion of each book.

The books cost about \$200, but you will receive a graduation present of \$200 if you complete all 12 books. So the books are paid for & the facilitation is free and all the Love-Light wisdom of the human race is yours for life.

Just call Steve at 250-285-3323 for further info and/or sign up for the readings. Yours truly, Steve Moore B.S. (Bachelor of Science in Education) M.A. (Masters of Arts in History & Ph.D. (Self proclaimed Doctor of Poetry)

Spirit Book Events

There's lots happening at Spirit Books, upstairs in the Upper Realm in Q. Cove. On Wednesday Nights at 7:45 p.m., There's a high energy hand-drum jam. There's a \$5 drop in fee, but first timers are free. Call Steve Moore at 285-3323 for more info or just drop in. On Thursday Nights, there is an Introduction of Meditation Class led by Dave Ashton. It's by donation only. There is an exciting weekend workshop re Kriya Yoga initiation on Quadra Island coming up on the Weekend of February 17-19. Kriya Yoga is the method leading to enlightenment taught by Paramahansa Yogananda, the author of the Autobiography of a Yogi. Posters are up all over the island, but Dave is the man to talk to. Come to his class or call him at 285-3871. On Friday Nights Quadra Unplugged nights are happening. A strictly acoustic jam with guitars & singers & hand drums & other instruments makes for a fun evening. It's at 7:30 p.m. There's a \$5 drop in fee. Call Tim at 285-2314 or Pat at 285-2807 for more info. On Sunday Mornings at 10 a.m. there is a 40 minute silent Buddhist inspired meditation followed by tea and cookies and a discussion of the eight fold path to human happiness. Everyone is welcome. We are trying to start a Philosopher's Cafe as well. See the separate article in this issue of the DI if you are interested. Sunday, Monday and Tuesdays nights are available if you want a cozy, completely private living room atmosphere for a class or discussion group. Let Steve Moore know your ideas and he will lend you the keys. Call Steve at 285-3323

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West Road Yoga Winter Session and New Classes.

Yoga to bring lightness, balance and good health to your winter body! Ann's Winter Session starts on January 23, 2012. Monday's, Leve 1/II 9-10:30 a.m. Tuesday's Gentle/Beginners 9-10:30 a.m.- New Class- Thursday's, All Levels 9-10:30 a.m. 6 weeks, one class a week \$60, two classes a week \$120. Drop-In \$12. Please phone or email to register at 285-3065 or anntoelle@yahoo.ca

Ann Toelle, Certified Iyengar Yoga Teacher, has been teaching on Quadra for five years, and has had a dedicated daily practice for over six years. She has trained and practiced with senior Iyengar Teachers in Canada, the U.S. and India. Teaching classic poses to gain balance, flexibility and strength in both body and mind.

Sue's Winter Session starts on January 11, 2012 for eight weeks. Restorative Yoga classes are Wednesday's, 10-11:30 a.m with gentle movement and breath work. -New Class -Wednesday evenings, 7PM, beginning January 25th, for six weeks. Focus on healing the mind through deep relaxation. For Registration or more information phone Sue at 285-2948.

Sue Beattie is Certified by the Alberta Yoga Association and has been teaching for nine years. She is also certified to teach IRest, a therapeutic relaxation practice developed by Richard Miller, PhD, founder of the Integrative Restoration Institute (www.irest.us). She has been a practitioner of yoga for twenty years and studied with many senior teachers, primarily from the Iyengar and Viniyoga traditions.



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Little Shop of Horrors - Come out and play!

Ever had the urge to get up close and personal with a really big carnivorous plant? This is your chance! Theatre Quadra invites you to audition for the hit musical "Little Shop of Horrors".

Tryouts will be held at the Community Centre on Sunday, January 22 beginning at 1 p.m., and on Monday, the 23rd at the Bayview Room, Heriot Bay Inn starting at 7 p.m.

Rehearsals will start in early February, with performances scheduled at the QCC for April 27, 28 and 29.

Little Shop of Horrors tells the story of a desperate attempt by Seymour and Audrey to save a failing florist shop by displaying a new and very unusual plant, one that, unfortunately, feeds on human flesh and blood. To the strains of great sixties-era music, romance blooms between Seymour and Audrey while the plant gets larger and larger (and the cast gets smaller and smaller...). There are terrific parts for men and women, and a large singing and dancing chorus.

Lots of details about the play are available on line, including at <http://www.allmusicals.com/l/littleshopofhorrors.htm>

For information about the audition process or for any other questions about the production, please contact Director Candace Holmes at 250 285 3818.

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Golf Course Mischief



On January 10 the RCMP Detachment received a report of mischief having been committed overnight at the golf course on Heriot Bay Road. There was significant damage to the greens and fairways which had been caused by an ATV and motorcycle riding around the golf course. The damage will take a considerable amount of labour and funds to repair.

Should any community members have any information relating to this mischief, they are asked to call the Detachment at 285-3631 or Crimestoppers at 1-800-222-8477.

To assist the police in apprehending the individuals responsible for this crime, community members are also asked to contact the Detachment, at any time, should they hear or see any motorized vehicles riding at or near the golf course.



On January 20th and 21st Sierra Quadra presents Getting Fresh: Films on Food at the Quadra Community Centre.

Poet, novelist and farmer Brian Brett kicks off the event with a presentation Friday evening. A rural enthusiast living on Saltspring Island, Brian is well known for his award-winning memoir *Trauma Farm*, a story that combines passion and practicality with a lot of humour. Brian paints an unforgettable portrait of his own farm, blended with socio-political commentary and a frank analysis of rural life.

Saturday January 21st is a day-long film festival on the subject of food, and the challenges and successes of producing a healthy alternative to corporate agriculture. Sierra Quadra presents five films that spell out the food production issues of our day:

10 a.m. - Dirt! The Movie opens the filmfest with the basics: soil. *Dirt!* tells the stories of people worldwide who've chosen a respectful and mutually beneficial relationship with soil, proving that true food sustainability is achievable without Big Agro.

11:35 a.m. - Corner Plot is a short film about 89-year-old Charlie Koiner, who steadfastly works his one-acre piece of land and shares its bounty with his community – amidst a tangle of commuter traffic, shopping malls, and office buildings.

Getting Fresh: Films on Food



Polyface Farms

12:25 p.m. - Urban Roots documents a spontaneous emergence of urban farming in Detroit. Once an industrial powerhouse, Detroit lost half its population when the manufacturing sector collapsed. Now, against all odds, seeds of change are taking root as empty lots and old factory yards are being transformed into urban farmland.

2:30 p.m. - Food Security – It's In Your Hands features the food producers and farmers of Vancouver Island and their commitment to provide a continuous, healthy food supply for Island residents – a goal challenged by corporate agriculture and a population accustomed to cheaper, imported food.

4:00 p.m. - Fresh wraps up the filmfest with a look at the problems and consequences of our industrialized food system. But it finds plenty to celebrate as it focuses on the farmers, thinkers, and business people who are creatively re-inventing the means for healthy, abundant food production.

Admission is by donation to Brian Brett's presentation and to the filmfest. The usual complement of drinks and goodies will be available throughout both events, and a hot meal will be served during the lunch break on Saturday. On Friday the 20th doors open at 7pm and Brian's presentation begins at 7:30. The filmfest runs from 10am to 5:30pm on Saturday January 21st.

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Author Brian Brett on Quadra January 20

Brian Brett, is best know to gardeners, perhaps to most of us, for his best-selling and award winning book: *Trauma Farm: A Rebel History of Rural Life*. *Trauma Farm*, set on the author's Salt Spring Island farm, documents with lyric beauty, humour, and sometimes horror, a lifelong interest in local living, small communities, our relationship with our environment, and the food we eat.

As the keynote speaker for *GettingFresh: Films on Food*, Brian will be speaking about local food and the progress traps that have endangered our diet and our environment. His talk will also cover the slow food movement and the 100 mile diet phenomena as well as the lost traditions of growing healthy produce and livestock and of enjoying it. He will also be reading from a new collection of his selected food poems. Outrageous, lyric, funny, and scary, *I Want To Serve Food To Strangers*, has just been compiled for publication.

Former chair of the Writers' Union of Canada and a journalist for thirty years, Brian is a poet, memoir writer, and fictionist. He is the author of eleven books including the acclaimed poetry collection, *The Colour Of Bones In A Stream*, and the novel, *Coyote: A Mystery*. His searing memoir, *Uproar's Your Only Music*, was praised by Ronald Wright in the *Globe and Mail's* Book Of The Year selection as "The most exciting Canadian book I've read all year. His new poems: *To Your Scattered Bodies Go* won the CBC poetry prize in 2011. A collection of poems and prose poems written in the near-arctic, *The Wind River Variations*, is scheduled for release this winter.

Getting Fresh: Films on Food will be presented by Sierra Quadra at the Community Centre Friday and Saturday, January 20 and 21. Thanks to the sponsorship of the Writers' Union of Canada and the Canada Council for the Arts, Brian Brett will speak on Friday evening. Doors Open at 7:00, program at 7:30. On Saturday, starting at 10 am, five films on local and sustainable food will be presented. See insert for times and titles.

At the HBI

This Friday! Tequila Mockingbird Orchestra \$10.00...January 27th Sweet Lowdown...February 3rd Blue Katz... February 10th Cortez Islands Mixed Greens. Every Saturday night; open mic with Mo. Put some light and laughs onto those dark January nights. HBI Pub. Your extended living room!

This Saturday! Fireside Lounge readings and poetry with Harold Rhenisch includes appies \$15.00... January 27th, music and comedy with Todd Butler dinner show in Herons \$40.00. Reservations highly recommended 285-3322. More January events to enjoy at the Heriot Bay Inn.

UofQ; January 25 • Communal Land Ownership why its great, what its challenges are, Bruce Kempling & Gloria Rolfsen. Learn from your neighbours in a one hour class at the HBI Pub every Wednesday.7:00pm.

Griffith Hiltz Trio to play in Herons Saturday February 11. Take your sweetheart out for Valentines Dinner and Jazz in Herons. Music 6:30 to 8:30. Reservations to 8:00. Dinner + \$10.00 seat. 250-285-3322.

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Friday, February 3

Aquarius Party
Saturday, February 4

U of Q
Wed. Jan. 25
Communal Land
Ownership
Challenges & Rewards



Todd Butler - show & 3 course dinner

Friday, January 27 - \$40 - please reserve

Herons is open every day

8 am - 8 pm Sun-Thurs. 8 am - 9 pm Fri-Sat

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Herons/Inn 285.3322 Pub: 285.3539

Get 'Around the Point'

Join DI editor Philip Stone Saturdays at 1 pm on CKTZ 89.5 Cortes Community Radio for a round up of news on the Discovery Islands and further afield.

If you have a news story idea or would like help recording your own item, interview, music etc... on Quadra Island contact Philip Stone at 250-285-2234 or email news@discoveryislands.ca

See you on the radio!

Campbell River Arts Council Author Harold Rhenisch

The Campbell River Arts Council is thrilled to offer two opportunities to experience noted Canadian author Harold Rhenisch. On Sunday, Jan. 22, from noon to 4 pm, Rhenisch will give a workshop entitled: 'English: Language of the Earth' at the Sybil Andrews Cottage, 2131 South Island Highway in Willow Point. This workshop will have application for writers in all genres, but perhaps most notably for Memoir writing. Rhenisch writes:

'...we can make all of our writing come alive in the way the earth is alive, and it is in this language that we both describe the world and speak of love, spirit, magic, prayer, and our dreams. Whether you are channeling, writing prayers, novels, meditations, memoirs, stories, poems, or blessings, or in any way speaking for your body within your words, you will find many new avenues for writing within this hands-on workshop'. The cost for the workshop is \$40.00

Family Literacy Day

Families, children, grandparents, caregivers and all those who are young-at-heart are invited to Family Literacy Day on January 26th (12:30- 2:30) at the Community Centre. Join us for a fun day of learning through stories, dance, music and crafts.

Bakers Needed

The Community Kitchen Lunch is in need of volunteers to do baking, and folks, remember that the Community Kitchen Lunch is (as always) by donation. We need your donations and volunteer support to help keep this community program as fabulous as it is. To get involved, phone Q.C.C. at 285-3243.

Jive Dance Class at Q.C.C.

Saturday January 28th (1-3:00) put on your dancing shoes and learn to jive from expert instructors, Sophia and Irek Paykart. Pre-register by January 26th, phone 285-2343 to register.

Can't Wait for your DI?

Every edition of the Discovery Islander is posted online, usually by Wednesday afternoon. So you can get ahead on news, views and events on Quadra, Cortes and the Discovery Islands from the comfort of your office or the beach-side internet cafe!

www.DiscoveryIslander.ca

Quadra Island Seniors

Well, winter is here. It is very cold, and we are expected to get snow soon. If you know of Seniors or a disabled person living near you, "Please go over and check to see, if they are okay, or need anything. In some areas on Quadra there are dead zones, where a phone may not function. If the person needs help. Contact Ruth @3801 or cell ph. 250-895-9188. If there is no snow on Wed. Feb.1st/12. at 10:30 am, we will be having our General meeting, with a Valentine theme. Come at 10:00 am, for a Coffee and a book browse. Later we will be having our monthly Pot-Luck lunch. Previous members must pay their membership dues by this meeting, or mail to Quadra Seniors O.A.P. Br. 91 @ Box 134 Quathiaski Cove, B.C. V0P1N0. Or, phone Christine Dyson @2207.

We are preparing to start working in the Tourist Information Booth, call Judy Hagen @2150, if you can help us by working in the Info booth which is very interesting & rewarding.

We are planning to have our Wednesday activities as usual at 10:15 a:m for Aerobics with Anne, ph.3325, Carpet Bowling at 11:15 a:m. Walk with Peter Gregg on the Rebecca Spit, 11:00 a:m on Sundays from the Launch Ramp, call Peter if you would like to walk @ 3237. Our next North Island Regional Meeting will be at Cumberland in March. also our Provincial Convention will be in June, we will be staying at Harrison Hot springs & the meetings will be held in Agassiz at the Friendship Hall. Call Ruth Amiabel, @3801, if you need to be driven to any event or an appointment.



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Amped on Nutrition; So Much More Than a Health Food Store!

...continued from page 1

home to ask my opinion and for nutritional advice, and it became very clear to me that what I needed to do was open a store where I could offer my services and my knowledge to those in my community". Since the age of 14, when she was given a book by her mother on hypoglycemia, a condition which she had, Barbara began reading, researching and studying everything she could about how to use food and diet as a way to heal and to feel vital and healthy. Barbara has Crohn's disease as well as several food allergies yet she is able to manage these conditions, often managed by pharmaceuticals, solely with the support of her organic vegan diet. A vegetarian initially, Barbara slowly started making small changes to her diet and one of the most significant changes was the elimination of sugar which she strongly believes is necessary for achieving optimal health. She began exploring a vegan diet through the creation of nourishing, wholesome, delicious recipes utilizing all the tasty herbs and spices available all of which are tried and tested until they are perfected and ready to be shared.

Offering a wide variety of cooking classes including: gluten-free, sprouting, food allergies, canning and classes

for those ailing from candida, Crohn's and IBS, (irritable bowel syndrome), Barbara (author of Don't Diet Just Live It, with another book in the works, and Anetta, currently working on her first weight management book), offer personalized, hands on instructional classes where participants learn together, cook together and then enjoy the fruits of their labour in shared nutritious and delicious vegan meals.

January 20-22, 2012 marks the first of many Eat Like Your Life Depends On It Eating Extravanzas on Quadra Island! Now you can experience a healthy, fun-filled, educational, restorative weekend including three of Amped on Nutrition's specialized cooking classes; yoga; meditation; outdoor exercise and accommodations at the lovely nearby Quadra Island Boutique Hostel (forget everything you thought you knew about hostels - this place will blow your mind). Visit www.quadraislandhostel.com

To sign up for the January Healthy Eating Extravanza or the upcoming April 20-22

Detox Extravanza weekend, call 250-285-3142 or visit

www.ampedonnutrition.com

- Dana Mahon

Music & Comedy with Todd Butler at the Inn

A contributor to CBC Radio and Television and a veteran of over twenty years of live performing as a guitarist/vocalist and comedian, Todd Butler's skills are honed to an exquisite point. He swings easily from lambasting politicians in hilarious political parodies to interpreting the latest news stories with a twist guaranteed to entertain you with a stunning combination of musical parody, whimsical wit, and outstanding musicianship.

"There are a whole lot of musicians who try to be funny, but not many comedians who can play guitar like Todd Butler" (Penguin Eggs). Combine this with edgy political satire, and you have an evening guaranteed to redefine your idea of what a comedy concert should be. The Todd Butler musical comedic experience is coming to the Heriot Bay Inn Friday January 27 when Todd serves up a great evening of entertainment and Herons serves a three course meal to satisfy. Tickets for this show are \$40. Reserve your seat soon to be sure you get one! Call 250.285.3322.



Todd Butler has been guest host of CBC Radio's Madly Off in All Directions, and has performed at the Montreal International Jazz Festival, Winnipeg Comedy Festival on CBC TV, Vancouver Comedy Festival and the Calgary Folk Festival, to name a few.

In concert Todd gets musical too, showing audiences why his 2003 instrumental CD, Dobro and Guitar (with Doug Cox) was picked as one of the year's Top Ten by Acoustic Guitar Magazine. His 2006 release, Idle Canadian, won the 2006 Vancouver Island Music Awards, CD of the Year, and he took home Song of the Year and Songwriter of the Year honors too!



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REGIONAL DIRECTOR'S REPORT

Jim Abram

Area C =

What an incredibly beautiful, crispy, sunny day with a dusting of snow and frost on everything!

And I hear there is more coming. Great weather for brisk walks to walk off some of the holiday treats. It has been a very busy but productive past two weeks. Every day has been filled with SRD business and lobbying for our community. It is very satisfying but very exhausting at the same time. I will try to bring you up to date on some of the most recent issues.

Meeting with Telus - Connectivity!

My meeting day with the General Manager for Vancouver Island finally arrived on Jan. 9th. I had to go to Victoria the night before since my meeting was scheduled for 8:30 a.m. on Monday. Our one-hour meeting stretched into two hours due to the subject matter, what I had to present and his increasing interest as we met. It was great!

We discussed all aspects of coverage for our island, the history, the experience with Cantel and the way to move forward. I have a huge task on my hands, which the two of us developed at the meeting and agreed to carry out in the next few weeks. We developed a complete "work plan" for each of us and I started on mine as soon as I reached the parking lot, by calling the Minister's office responsible for connectivity to make an appointment. I also made some calls to Granite Bay contacts to assign their tasks if they are to get high speed service via fiber optic lines. They are already working on it. Each area will need to do the same, so be in touch with me and I can give you advice on how to proceed. I will be meeting with the Minister within the month (probably sooner). The very next day when I returned home I got a call from the researchers for the Minister to make sure

that they had all of the data they needed. I spent an hour on the phone with them and I think they "get it".

My next major task was to convince the SRD to pull people off of existing projects and give full attention to developing a complete mapping of Quadra and part of Read Islands to show existing parcels, residences, zones, OCP designations and then to expand that into total build out under current zoning, so as to show Telus what their business case potential might be for the future. This is the most critical piece of information that they need to convince the brass at Telus to move us up the list for immediate upgrades to fiber optic service and expanded wireless and cell coverage. (I went for the entire package!). Brian Reardon, our CAO at the SRD was most helpful in making sure that the right people were assigned to the project and they will be working on it this Monday (the 16th) long before you even read this. Once I have that info in my hand, I can share it with Telus so that they can present a good business case to their supervisors and I will also be able to present it to the Minister to make sure she keeps after Telus. This is all very exciting news to me and should be to you also if you are wanting high speed internet..

One of the next most important pieces that Telus needs is "What is the community buy-in to this service?" So, I am going to need to quickly develop a survey that will tell Telus how many existing residents would sign up for high speed service, and all of their other services if they were available. This is crucial information and I would ask everyone who lives on Quadra or Read to fill out the survey and get it back in. I would also ask that each person spread the word to anyone that does not get the survey and encourage them to fill it out. This is your chance to help out with a goal that has taken a long time to reach.

Telus wants to move quickly with the planning stages of this, so please do not delay. I am going to leave it at that for now and fill you in as we go. Anyone who wants to help in some way, please contact me by email with the title "Telus Assistance" in your subject line, and make sure you give me all of your contact info.

Quathiaski Cove Sewer Expansion

I have been in many discussions with residents and with the SRD staff over this project. I have met a number of times with staff and will be again at least twice in this coming week. The project has had suggestions for a few minor changes that could possibly drastically reduce the cost. The engineers are "ground truthing" that possibility this week and if it works out we will possibly hold another public meeting or send out a very complete description of the proposal by mail to all effected land owners. I will know more later this week, but want to assure you that you will be the ones that make the decision (the land owners in the newly defined area). I think that the planners have responded very well to my suggestions for possible scenarios and they have mapped each of them out and estimated costs for each scenario. I must commend them for their openness and the speed with which they put this all together. I know they want to see it work out for the people who need sewer. More to follow.

Quathiaski Cove Local Area Plan

This is the Quathiaski Cove village plan that we all worked on for about two years. It has been put into Local Area Plan format and has received 1st and 2nd readings so that we could proceed with referring it out to all of the necessary agencies. As soon as we hear back from those agencies and first nations, we will then proceed to public hearing. At that stage everyone will have the opportunity to express their opinions. Should it get a positive reaction at public hearing, it will be given 3rd reading and proceed to the Ministry for their sign-off and then back to us for final adoption. At that point the plan will take effect and any developer who wishes to put the plan into action will be considered. This will include the area that has been suggested for a seniors' care facility that

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would help to keep our seniors on the island instead of having to move to unfamiliar places to receive the care that they need. The plan will also include multi-generational housing for all ages and income levels with the hope of providing more affordable housing for young families and others that need it. This is another of the very exciting projects that we have been working on as a community and it is hopefully finally coming to fruition. That will be up to you!

Miscellaneous FYI

We are starting our annual budget process this week that will go on for many months until it is finalized on March 31st. We will begin our Strategic Planning process for Solid Waste Management this Monday in Courtenay and we also have our Inaugural Comox Strathcona Regional Hospital Board on the same day. We then start our Strategic Planning process for the SRD Board on this Thursday and Friday. These are all in addition to our regular committee and board meetings, so it is going to be an extremely busy next few months.

That is about it for this report. Feel free to call me between the hours of 8:30 am and 7:00 pm, Monday through Friday (please, not on weekends, folks!) at 285-3355, or you can fax me at 285-3533 or you can email me anytime at jimabram@xplornet.ca, or by mail at Box 278 in the Cove, V0P 1N0... Lots of choices. You can also view my website at www.jimabram.com

Please do not use my residential phone number for SRD calls. All business calls should be on 285-3355. Many thanks!

Respectfully submitted,

Jim Abram
Director, Discovery Islands -
Mainland Inlets (Area C), SRD

Trio Accord Plays Quadra

An afternoon concert of fine chamber music will be presented by the Quadra Cultural Committee on Sunday, February 5th at 2:30 PM showcasing Vancouver-based Trio Accord and guest pianist Sarah Hagen. The Trio and Ms Hagen enjoy performing in intimate settings suited to the spirit of chamber music and the Quadra Community Centre is a perfect venue for them with it's small size and lively acoustics. Listeners are able to sit very close to the performers, greatly enhancing their listening experience.

Trio Accord is made up of Mary Sokol Brown, violin; Andrew Brown, viola; and Ariel Barnes, cello. Experienced musicians, holding positions with the Vancouver Symphony Orchestra and many other musical ensembles as well as performing solo throughout North America, the members

of Trio Accord are becoming known as one of Canada's premier chamber ensembles.

"Enchanting. That is the best word to describe the performance of Trio Accord," said Heleni Davison, of The Barnacle Island Journal, Saltspring Island. "The players are gifted instrumentalists with strong individual personalities that rebound off each other in memorable ways... it was the interpretive depth of their performance that most engaged the capacity audience... from the first few notes there was no doubt of excellence..." David Nordstrom.

Vancouver-based pianist Sarah Hagen is gaining a reputation for musical excellence with an innovative style. Her unique solo piano performances may include photography or theatre. She has performed for audiences across Canada,

the USA and in many European countries. Raised in the Comox Valley, Sarah was awarded as the Valley's Cultural Ambassador of the Year in 2006. Sarah has been teaching at the Comox Valley Youth Music Centre for over 10 years, and has performed with many musicians in the CYMC Summer Festival. Her solo album, Glass House Dancing was nominated for a 2009 Western Canadian Music Award in the category of Classical Recording of the Year.

"Her Bach and Haydn were outstandingly inventive - this is a young woman ready to take interpretive risks," said Jan Narveson, University of Waterloo Gazette about Ms Hagen's performance. Marcia Adair, of The Omniscient Mussel, wrote: "Exquisite phrasing and a refreshingly imaginative approach make her one to watch."

At their Quadra concert, Trio Accord and Sarah Hagen will present a Beethoven string trio a Brahms piano quartet, and a brand new commissioned work from Vancouver composer Marcus Goddard entitled "Wind, Sand and Stars." While sharing unique insights about the music they play, Trio Accord and Ms Hagen will enrich your afternoon with musicality, inventiveness and technical brilliance.

Tickets for this afternoon concert are \$17 advance at Hummingbird Office and Art Supply on Quadra and the Music Plant in Campbell River. Door price is \$20; students 16 and under are admitted free with an adult. For more information, please call 250-285-3560 or visit www.trioaccord.ca



The Big Questions – A Personal Dilemma

by Dianne Bersea

I'm rather fond of trees, our west coast evergreens in particular. I'm an artist, and if you've seen my work at all, you've probably noticed my tree paintings, or how I approach the painting of trees in watercolour sketches. Over the years I've sat in quiet contemplation, sketchbook in hand, in many favorite forest groves. My work suggests a special attention to trees that stand against the wind or manage to secure a roothold on rocky bluffs. I love to watch the progress of new growth, especially determined hemlock seedlings pushing up against deer browse to repopulate a clear cut.

Despite commonalities typical of a specific tree species, no two trees are alike to me. Each tree is a distinct personality with its own shape, colour, texture and smell. Individual trees have become like family and I feel I'm meeting an old friend when I return to their special place. I notice when a limb has fallen, or note the aging of a top into exposed stark silver, or watch the progress of woodpecker excavations. Sometimes I even feel the animate presence of trees and suspect they've been dancing behind my back.

I know this personal tree rhapsody doesn't hold much weight when economics, jobs, logging, and other practical considerations

are on the agenda. As you may know, here on Cortes Island, approximately 1200 hectares of private forestland owned by Island Timberlands (a division of Brookfield Asset Management) are slated for logging. Road building and other preliminary steps are to begin this January. Even with other pressing issues, this potential logging operation has become a major concern here on Cortes.

This event presents the essence of human dilemma. I find myself pondering the big questions. Do I care? On which side of the inevitable divide do I fall? Am I opposed to logging? Am I opposed to the power and control of mega corporations who can swoop in and decimate a central element of my island experience?

Am I concerned that possible island jobs are at stake if I oppose logging? Where do I stand on the issue of shipping raw log exports off shore? Do I feel the logging company will respect the stands of Old Growth, the Grandmother Grove, the Children's Forest, the special stand of Sitka Spruce? Would it be really silly to expect selectivity when the Old Growth and biggest trees are what Island Timberlands are after? Will they protect the fragile salmon streams and precious wetlands? Will Island Timberlands use a selective logging approach as opposed to industrial clear-cutting?

Do I care? Can I even find the energy to care in the midst of pipeline proposals, Smart Meter concerns and earthquake preparedness?

If those could be called the big questions, here are some even bigger ones. If I decide that I cannot sit idly by and watch a great swatch of Cortes carved out and trucked to the log dump, each tree now limbed and bark scarred and bleeding sap... what am I prepared to do?

WHAT AM I PREPARED TO DO? Am I prepared to stand in front of bulldozers, block roads, and hold hands around a tree? Can I support those who do?

Am I afraid? Am I afraid of chains saws and community friends who will yell and spit at me? Ostracize me? Could I accept arrest?

Some years ago, I had to cross a picket line and I felt the venom, heat, anger, rage and heard the foam rimmed mouths spout blistering words. A friend lost an eardrum when someone screamed into his ear. Can I be the person standing between someone else and their job?

Thankfully, Cortes Island has been preparing for the upcoming logging operation for some time. Wildstands, a community alliance, and Island Stance, a peaceful direct action initiative, have provided: information; leadership; media campaigns; seminars and courses on legal rights, non-violent civil disobedience; and wise words from the patron saint of protest, Betty Krawczyk. In addition, a petition formulated by Carrie and Barry Saxifrage drew over 6000 signatures within two weeks.

For someone waffling about whether to participate or even how to participate in any opposition to Island Timberlands, I found the petition to be a very rational document. It asked for sustainable, ecosystem-based forestry that would retain old growth forest, protect watersheds and salmonid habitat and respect the BC Sensitive Ecosystem Inventory. I signed the petition.

I've signed up for the Legal Observers training too. Now I've written this article. I'm leaving my other options open. I still don't know if I can do more. I've often wondered whether I would be able to stand and be counted, risk arrest and public approbation. I still don't know. I hope my tree friends understand.



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CORTES DIRECTOR'S REPORT

Area B

by Noba Anderson

Much on the go. Very briefly:

After having been copied on some 80 letters from Cortes Islanders to Island Timberlands and requests to meet with their President on behalf of Cortes, I have secured a meeting with them for January 23rd in Nanaimo. Since receiving a petition with over 6000 signatures requesting of IT better

forestry practices on Cortes, they have committed to delaying operations until further negotiations have occurred. I welcome all input from residents about what message you would like to take on your behalf.

A mediated settlement was reached between SRD and Island Sea Farms for their operations on Gorge Harbour. Our legal advice stated that we did

not have a strong case to preclude mechanization in aquaculture activities. I believe that compromise and cooperation amongst all users of Gorge Harbour is the preferred approach; one in which everybody is a little bit unhappy. The SRD will discontinue BC Supreme Court action against ISF, and in exchange they will meet or exceed the BC Shellfish Growers Association's recommended guidelines, ensure that noise will not exceed 65 decibels* as measured from the nearest property line, and meet with the SRD on a regular basis to resolve issues. My sincere hope is that the substance of this settlement between the SRD and ISF is something that can be agreed to by all Gorge operators. To read the formal Strathcona Regional District media release and a much more detailed article about this complex issue, visit www.cortesland.com Special Sections Tab, Regional Director's Reports. * 65 decibels is about as loud as a normal conversation between two people.

The SRD public hearing on the Klahoose Shellfish Limited Partnership deep water shellfish application in the Gorge occurred on January 14th and I anticipate that by the time this goes to print there will be a SRD board decision on the application.

In Gratitude, Noba Anderson
250-935-0320, director@cortesland.com

Land Act:

Notice of Intention to Apply for a Disposition of Crown Land

Take notice that Peter James Kinver and Teresa Kinver of Evans Bay, Read Island, B.C intends to make application to Ministry of Natural Resource Operations (MNLNRO) West Coast Service Centre, for a Aqua Licence – for intertidal shellfish development situated at Evans Bay, Read Island (Sayward Land District).

The Lands File Number that has been established for this application is File no 1407658 . Written comments concerning this application should be directed to the Section Head, Ministry of Forests, Lands and Natural Resource Operations at 142- 2080 Labieux Road, Nanaimo, BC, V9T 6J9, or emailed to

AuthorizingAgency.Nanaimo@gov.bc.ca. Comments will be received by MFLNRO until 21st February 2012. MNLNRO may not be able to consider comments received after this date. Please visit our website: <http://arfd.gov.bc.ca/ApplicationPosting/index.jsp> for more information.

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DATE	TIME PST	m.	ft.
20 Friday	04:39	4.6	15.2
	09:39	3.8	12.4
	14:04	4.5	14.9
	21:44	0.7	2.1
21 Saturday	05:24	4.9	15.9
	10:41	3.7	12.1
	15:02	4.5	14.8
	22:30	0.6	2.1
22 Sunday	06:04	5.0	16.4
	11:33	3.5	11.5
	16:01	4.5	14.6
	23:13	0.7	2.4
23 Monday	06:40	5.1	16.6
	12:19	3.3	10.9
	16:58	4.4	14.4
	23:55	0.9	3.0
24 Tuesday	07:13	5.1	16.6
	13:03	3.1	10.2
	17:53	4.3	14.1
25 Wednesday	00:34	1.2	3.8
	07:44	5.0	16.5
	13:47	2.9	9.5
26 Thursday	18:45	4.2	13.7
	01:11	1.5	4.8
	08:13	4.9	16.2
	14:30	2.7	8.8
27 Friday	19:36	4.0	13.2
	01:48	1.8	6.0
	08:41	4.8	15.8
	15:13	2.5	8.1
28 Saturday	20:31	3.9	12.7
	02:23	2.2	7.2
	09:09	4.7	15.4
	15:56	2.3	7.5
29 Sunday	21:32	3.7	12.2
	02:59	2.6	8.5
	09:37	4.5	14.9
	16:41	2.1	6.9
30 Monday	22:48	3.6	11.8
	03:37	3.0	9.7
	10:06	4.4	14.4
31 Tuesday	17:30	1.9	6.4
	00:26	3.6	11.8
	04:23	3.3	10.8
01 Wednesday	10:37	4.3	14.0
	18:23	1.8	5.9
	02:13	3.8	12.3
02 Thursday	05:25	3.6	11.7
	11:14	4.2	13.7
	19:18	1.6	5.4
03 Friday	03:28	4.0	13.0
	07:12	3.8	12.4
	12:01	4.1	13.5
	20:09	1.5	4.9
04 Saturday	04:17	4.2	13.7
	08:55	3.8	12.5
	12:57	4.1	13.5
	20:55	1.3	4.4

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