

DISCOVERY ISLANDER

QUADRA ISLAND'S COMMUNITY NEWSPAPER SINCE 1992. SERVING QUADRA, CORTES & OUTER ISLANDS.

Discovery Islands Chamber of Commerce



2010 Business & Volunteer Awards

Details page 2.

Chamber of Commerce Annual Awards

The Discovery Islands Chamber of Commerce held its Annual General Meeting on Saturday, March 26th at the Quadra Legion. Amongst the items of business were the announcement of the 2010 Business and Volunteer Recognition Awards.

2010 Business of the Year Nominees:

- Hummingbird Office Supplies
- Viken Waste Management
- Heriot Bay Inn
- Quadrate Ventures
- Yellow Dog Trading
- Tru Values Stores

The first Winner is: Viken Waste Management

- For providing a professional service of consistent excellent standards.
- For their "Pay as Needed" model to encourage people to downsize their waste by recycling.
- For offering a annual free road side clean up after tourist season.

And the second winner is: Yellow Dog Trading

- For their store motto, "As much as you want, as little as you need".
- For using less packaging, waste control.
- For supporting the Children's Centre and Senior Housing project

2010 Volunteer Award Nominees:

- Carol Ann Terreberry
- Mandy Hart
- Judy Hagen
- Steve Moore

The Winner is: Judy Hagen

- For illustrating leadership
- For benefiting the community
- For her many volunteer services
- For role modeling

Elections for the Chamber Council were also held, The 2011 Council are: Carol Ann Terreberry, Deb Banta, Lynden McMartin, Bob Cameron, Julie Rigby, Ken Caley, Frank Delph and Judy Hagen.

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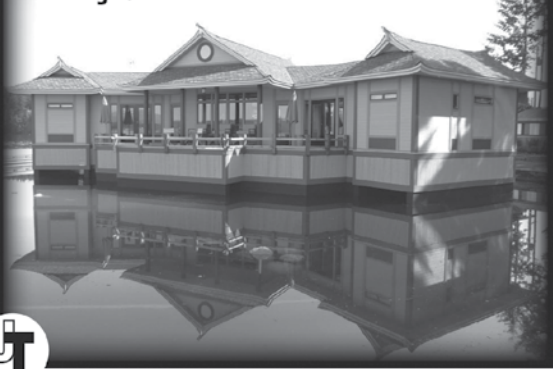
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ISLAND CALENDAR

Submit your news or event info, editorial runs free: email: news@discoveryislands.ca drop off 701 Cape Mudge Rd. or at Hummingbird

DAY TO DAY

Friday, April 1

- Friday Flicks - Soul Kitchen, PG-14 doors 7:30 pm show 7:45 pm
- Aries party in the HBI pub. 9:00pm. Free.

Wednesday, April 6

- Free Money, 11:30 am to Noon, before Community Lunch, Q.C.C.

Saturday April 9

- Lasquirkus - circus troupe, parade Q Cove 2 pm, show QCC 7 pm
- Murder Mystery Interactive Dinner. Reserve by April 2 to receive information package. Only \$49.00.

Sunday, April 10

- Earth Day Annual Beach Cleanup 10 am to 4 pm Rebecca Spit

Monday April 11

- Garden Club annual plant sale and presentation by Gary Lewis of Phoenix Perennials at QCC 7pm

Tuesday, April 12

- Learn to Play

Saturday April 16

- Legion Ladies Auxiliary Plant and Bake Sale 10:00 am.
- Seniors Housing Coffee House extravaganza 7pm QCC

Sunday, April 17

- Infinitus a youthful string trio from Vancouver plays QCC at 7:00 pm.

Tuesday, April 12

- Learn to Play-Play to Learn-workshop at Quadra Elementary 6:00 - 8:30

Wednesday, April 13

- Story Time for young children 11:00 - 12:00 at the Heriot Bay Library

Friday, April 22

- Live Poetry Jam, Upper Realm, Q Cove 7:30 pm

Monday, April 18

- Transition Island meeting, Quadra Community Centre at 7 pm

NEXT DEADLINE: MONDAY, APRIL 10TH, 2011

THE REGULARS

MONDAY

- Parent & Tots, QCC, 9:30 am - 12 pm
- Low Impact, 8:30 am, QCC
- Yoga with Josephine, Room 3, QCC, 10 am -12 noon
- Karate, 4 pm, QCC
- Sing for Pure Joy! Room 3, QCC, 3 - 4:30 pm, *All welcome.*
- Alcoholics Anonymous, Quadra Children's Centre 7 pm
- Movie Night at the HBI (unless there's a Canucks game!) FREE
- 1st Monday** - Quadra writers group, 7 - 9 pm 285-3656

TUESDAY

- Intermediate Yoga Flow with Megan, Vitalis 9-11 am & 5 -6:30 pm
- Quadra Children's Song Circle, Room 3, QCC 3 - 4 pm
- Caregivers Support Group 10 am QCC
- Intermediate Yoga Flow with Megan, Vitalis 5:00 pm - 6:30 pm
- Al-Anon Meeting, Quadra Children's Centre, 7:30 pm
- Folkdancing, QCC, 7:30 pm, Sept 21-Apr 26
- Vinyl Night with Mo at the HBI Pub 7 - 9 pm

WEDNESDAY

- Yoga with Carol Foort 9:30 am, QCC
- Parent and Babies 11 am QCC
- Climbing Wall Teens 4:00 pm QCC
- Yoga with Carol Foort 6:15 pm, QCC
- Climbing Wall Family 6:30 p. QCC
- U of Q! HBI Pub, 7 pm, free
- Hand-drum Circle, Upper Realm, 7:45 - 9:15 pm
- 1st & 3rd Wednesday** Food Bank, QCC 1 - 2 pm
- Lifedrawing sessions, Firesign Studio, 7 - 9:30 pm Nancy, 285-3390

THURSDAY

- Gentle Yoga Flow with Marnie, Vitalis 9 am - 11 am
- Parents & Tots, QCC, 9:30 am - 12 pm
- Karate 4:00 pm QCC
- Climbing Wall Kids 2:30 pm QCC
- Intermediate Yoga Flow with Megan, Vitalis 5:00 pm - 6:30 pm
- Prayer Meeting, Quadra Island Bible Church, 7 pm
- Drop in games and wing night, Legion, 7:00 pm.

FRIDAY

- Friday Karaoke with Big Bad Blake 9:00. It's free!

SATURDAY

- Legion Meat Draw 5pm, Steak Dinner 6:30 pm
- Open Mic with Mo, HBI, 9 pm

SUNDAY

- Centre for Spiritual Living Celebration, Willow Point Hall, 10:30 am
- Family Service, Quadra Island Bible Church, 10:30 am
- Quadra Sunday Painters, 11 am - 2 pm, 285-3390
- United Church-11 am, first Sun. of month-12 noon, 285-3163.
- Buddhist meditation, Upper Realm, 10 am.
- Country Music Jam with Steve Trayler in the HBI Pub 3:00 pm



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**NEXT DEADLINE
MONDAY, APRIL 10**

ISLAND FORUM

Lot 206 At What Cost?

Dear Sir,

This letter is about the financial implications of rezoning DL 208. First, how much does the taxpayer pay and how much does the developer pay for the planning staff's work? It seems that after the one-off initial fee of a few thousand dollars, it is the taxpayer who pays the planning staff working on the convoluted, ever-changing plan. There are no further fees paid when the subdivision plan changes. No "chargeable hours" log is kept by the staff and billed to the developer. I certainly object to subsidizing Mr. Schellinck's application through my Property Tax.

Secondly, what about the future planning costs? If the Comprehensive Development designation were ever approved, and the planning department were to do a professional job in keeping an eye on what's happening at the building sites, the planning staff would be working practically full time for the developer - free. Do you want to pay for that with your taxes?

Finally, if done properly, the burden of the unremitting yearly cost of administering these covenants would be very high. It usually takes a full day to monitor just one simple covenant, and additional hours of home reading and writing. When I monitor a covenant, I read the previous monitoring reports, travel there, walk the property, meet the owner and discuss problems if any, study and re-photograph the property and write observations and comments so that a continuous permanent record is kept. To monitor 50+ covenants would be time consuming and really expensive. The list of restrictions to oversee is long. It includes locating and registering building envelopes on parcels to ensure that development takes place only within a specified area of the parcel, protecting environmentally sensitive areas and existing tree stands, supervising trails, phasing, dark-sky lighting, green

building requirements, rainwater management, private open space enforcement, viewscape and shoreline and vegetation buffers.

Once the developer sells a plot he would no longer be accountable for anything. All trouble supervising house builders, fending off challenges to the by-law of the subdivision by plot owners and all the other costs would be passed on to SRD or "Over to You Taxpayer". Meanwhile the developer would pocket his profit or happily put a deposit on the Raven land or similar property, thinking that it would be ever so much easier the second time round.

SRD has no dedicated staff to enforce covenants, has no budget for it, and I have doubts about the reliability and the expertise of the planning department (note the D.L. 688 example and my perceived bias on D.L. 208). To my knowledge, neither the Golf Course covenant nor the D.L. 688 covenant held by SRD has ever been visited or monitored since they were established.

It would be only the SRD staff paid by the taxpayer who could/would do the monitoring. Obviously one can't leave covenant monitoring to the developer or to the future owners of the house sites who will want to exercise the unimpeded rights of ownership, or to the general public wandering about the place. The policy of setting out to see what is going on only when SRD receives a complaint is ludicrous. It is only the SRD staff that has the statutory right to give the necessary 24 hours notice and the right to enter/monitor a property. Not just any Citizen Joe can do the monitoring. For Citizen Joe there would be neither previous photographic records nor monitoring reports to examine and compare to the facts on the ground, nor any right to enter, inspect or photograph private property. The owner can send his ferocious guard dogs to greet nosy trespassers etc. It just does not work that way. Has SRD staff thought that through?

So every year, and forever, one or two staff members of SRD would need to spend a few days reading earlier monitoring reports, visiting and documenting what they find on the covenanted properties, then prepare to enforce the by-laws.

The DFO and the City of Surrey published a research paper on "Evaluating the Effectiveness of Covenants in the City of Surrey, 1995"(). They found that the frequency of encroachments for all lots with covenants surveyed was high at 75%. Clearly these covenants were ineffective. Lack of enforcement and resident knowledge of the conditions attached to the covenants provided partial explanations for their failure.

On D.L. 208 the least demanding covenants would be very restrictive on the future owners and I predict the covenants would be routinely disregarded. To enforce compliance would lead to lawsuits ad infinitum. Would you like to pay for the lawyers to sue to redress the covenant infractions? I am convinced that one could not find a charitable stewardship society or voluntary conservancy organization that would, could or should participate.

I think pledging these warm-fuzzy covenants is but a PR job, offered secure in the knowledge that in the real world they will not be enforced.

Yours truly,

George Barabás

Have an opinion to share?

**Submit your letter
to the DI by email:**

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**Regular 'ol mail with a
stamp to Box 280 in the
Cove or fax it in to
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AREA C DIRECTOR'S REPORT

April 1, 2011

by Jim Abram

They took your fish and gave you jets

Your Federal government (local MP John Duncan) has voted to buy \$35 billion worth of fighter jets from the US of A. There is no money from these guys to man lighthouses, build ferries or improve education or healthcare. But they have money to buy jets!

Who we gonna wage war on, then, eh? Norway? Greenland? Japan? Face it, these jets don't fly very far (they can't make it to Japan and get back). And we don't have aircraft carriers. In fact, these planes don't do much except shoot down other jets and have fun flying in formation at the Abbotsford Airshow. It is not like they can go a long way or carry a lot of bombs. Greenland even got jets? So, who we gonna use 'em on? The Inuit?

The last time Canada 'went to war' officially was when Pierre declared martial law in Quebec over the kidnapping of P. Laporte. Or maybe when the army was called in to 'stand around' at OKA. Is that it? We gonna strafe the cigarette smugglers?

Canada having fighter jets is just plain stupid. We can fly around Cold Lake Alberta and a few other CFBs but, really, they can only protect well, the Northern flank of the US of A. Think about it. It's a good deal for the US. They get all our oil (which they sell to their people for less than we pay for it) and they pay for it with fighter jets that have a range of protection just large enough to protect the Americans.

Could we be any more stupid?
J. David Cox

This is going to be one of my shortest reports in quite awhile. While there are many things going on at the Strathcona Regional District, there is one item that I want to mention in this report. I have covered many of the other topics in recent reports and will be talking about them again in the near future.

I would like to thank all of the people in Area C for their continuing support for staffed lightstations! WE WON! Your actions contributed greatly to the decisions of the Senate Committee on Fisheries and Oceans and the final decision of the Minister of Fisheries and Oceans to maintain current staffing levels at all staffed lights on both the west and east coasts. Her decision was very clear and concise. No wiggle words were included.

For this I would once again thank all of you for sending countless emails and attending many

meetings on this topic. The services provided by lightkeepers are used by so many of my constituents and there are three lightstations in the SRD, so this is an issue that the SRD was keenly interested in.

I cannot tell you how much of a relief this is for me to have this battle over and done with. It was very time consuming. You can now look forward to the continued provision of safety services from lightstations and enhancement of service delivery wherever possible.

This was a great example of how collaboration with senior levels of government, industry and the public can bring about positive change.

I have a meeting to go to tonight so I am going to cut this off at that one topic.

Feel free to call me between the hours of 8:30 am and 7:00 pm, Monday through Friday (please, not on weekends,

folks!) at 285-3355, or you can fax me at 285-3533 or you can email me anytime at jimabram@xplornet.ca, or by mail at Box 278 in the Cove, V0P 1N0... Lots of choices.

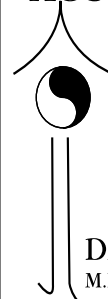
Please note my new email address.

Respectfully submitted,

Jim Abram

Director, Discovery Islands - Mainland Inlets (Area C), SRD

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CORTES DIRECTOR'S REPORT

April 1, 2011

by Noba Anderson

Official Community Plan Update

After one and a half years of gathering community input, the first DRAFT of the revised Cortes Official Community Plan was released for your review and comment in the third week of February. The consultant (Focus) took your collective content, put it into policy language and reflected it back to you. I, nor the OCP steering committee, had seen this draft before it was released. Like most of you, we too were quite disappointed with some key mapping and policy elements as well as the overall sloppiness of the product. The land-use designation map has been totally scrapped! We are starting fresh using the old OCP map as a base. However, the real value in what we do have so far is a year and a half of documented community input in the form of individual intended direction. Every legal and reasonable idea received from the community was converted into policy, some very innovative, and is reflected in this first draft. What it does not yet reflect is community consensus or majority will. What we now need to do is take control of the document and edit it down. I am delighted and emboldened by some of your excellent ideas and vision and some of the draft policy it reflects.

Next steps and anticipated timeline

Mid-late March Focus consulting will integrate the comment received on the first draft, clean up the sloppiness and redundancies and provide DRAFT #2 to the Regional District and the OCP steering committee.

Early April The Regional District and the OCP steering committee will edit and proof DRAFT #2 and prepare it for release to the Cortes community.

April Klahoose First Nation will be formally consulted on draft #2.

April Cortes will receive Draft #2 for review, both electronically and in printed form.

Late April through June as needed We will host a series of community editing sessions where you will be invited to collectively edit, section by section, until we get to a place that is reflective of majority will.

This is very similar to the process that was undertaken during the last OCP review which concluded in 1995. At that time, a consultant was hired to gather community input and deliver to Cortes a working draft, after which time the community work-shopped it, section by section, until we had a product that was supported by the majority of those in attendance. This is what we will do again.

My commitment to you: I will not support the revised OCP going to the SRD board for consideration or to public hearing until I think we have achieved the best product that we can reasonably achieve.

My request of you: That we do our best to deliver a good draft by the end of June, and that we do so with an open and curious mind.

2011 Regional District Budget

The Strathcona Regional District 2011 budget is now complete, awaiting only the final formal bylaw adoption at the end of March. This year, I wanted to be more proactively transparent with you about the budget process, holding an open community meeting in the fall at the beginning of the 2011 budget drafting process, and reporting out to you in some detail now that the budget is complete.

The Strathcona Regional District derives most of its funds through property taxes, with some funds coming from senior government grants, service fees (ex. garbage collection on Cortes), application fees (ex. rezoning applications), and user fees (ex. admittance to Strathcona Gardens recreation complex). We provide many services throughout the District which includes Campbell River, Sayward, Thasis, Zeballos, Gold

River, Kyoukoot/Nootka, north Toba, Bute & the Discovery Islands including Quadra and Cortes. The main services to Cortes include:

- Planning (official community plans, land & water zoning, greenhouse gas reduction planning)
- Parks (Siskin Lane trails, Kwa'as Park, Carrington, beach access trails, soon to be Hank's Beach)
- Emergency Preparedness (planning for fire, flood, earthquake, and other natural disasters)
- Fire Protection (we contract with the Cortes Fire Department for our fire service)
- Solid Waste (garbage transport off island and dumping fees and a small portion of the Cortes recycling centre operations)
- Grant-In-Aid (supporting local not-for-profit initiatives of benefit to the community at large)
- Administration (some SRD staff, accounting, overhead, etc)
- Electoral Area Expenditures (Regional Director pay, constituency expenses, training, elections)

We also have an inactive and unfunded 'Heritage Conservation' service and a 'Liquid Waste' (sewer/septic) research service that could be used if and when there is future need. We are also part of a regional planning service that is beginning some environmental planning work, largely focused on our climate change responsibilities. We also pay into the regional 911 answering service & Search and Rescue. Note: I do not have any input into the other line items on your tax bill such as Library, School, and Police.

Although average land assessments in the SRD increased slightly, on Cortes they are down by 4% from last year.

The total SRD 2011 budget is just over \$11.2 million, 40% of which goes to pay for the Strathcona Gardens Recreation Complex in Campbell River, to which Cortes does not contribute financially.

Insert another line or two here about overall SRD budget. Of that, the SRD will be taxing a total of \$527,000 from Cortes in 2011.

- \$169,000 of that goes to Cortes Fire Protection,
- \$135,000 pays for our parks system (\$36,000 of which went into parks acquisition reserve, bringing our total reserves that could go toward park purchase up to almost \$450,000),
- \$77,000 supports your Cortes land-use planning,
- \$75,000 funds dealing with our recycling and garbage,
- \$56,000 covers all administration and electoral area funds, and
- \$25,000 will fund this year's Grant-In-Aid budget.

All budget detail information can be found at www.strathcona.ca

The budgets of the 'Combined Board' (which includes both the Strathcona and the Comox Valley Regional Districts) include:

- Solid Waste (the entire regional recycling & garbage system) has a budget of \$6.5 million. Funds for this service are paid by tipping fees, some of which comes from general taxation and some of it from direct fees paid for dumping, largely from commercial and industrial accounts. Cortes will pay \$75,000 of this in 2011 through taxation.

- Hospital Board (we provide 40% of hospital funding which covers buildings and equipment) has a 2011 budget of \$14.8 million, \$10.5 million of which goes directly into reserves to build the two new hospitals in the region – one on Courtenay and one in Campbell River. \$224,502 of that will come from Cortes. The hospital tax rate has been increasing each year recently so that we can put a greater down payment on the new hospitals and incur less taxation in the long-run as we will be paying less in interest to complete the building.

In Gratitude,
Noba Anderson
director@cortesland.com, 250-935-0320

NEWS AND EVENTS

Submit your news or event info, editorial runs free: email: news@discoveryislands.ca drop off 701 Cape Mudge Rd. or at Hummingbird

Thank You

I would like to thank my very special family and friends who came to the H.B.I. on March 17th to wish me a happy birthday.

It was such a wonderful surprise - a birthday to beat all others! Thank you all so much, especially Katherine and Netta.

Glow (CD. Release)

May 20th at the Quadra Legion, Sydney Williams releases her second full length album (Glow). Doors are open at 9 pm, and starting off the entertainment is Cameron Gunn.

Tickets are available for \$10 at Hummingbird, Quadra Crafts and The Music Plant in Campbell River. Tickets can also be bought at the door.

Sydney's new CD can be purchased at the show. Come have a good time, dance a little, and enjoy a great show.

An Invitation For An Evening Of Song & Sweet Delights.

At the Quadra Legion, April 15th, 2011, 7pm. Cost: \$12p.p. Menu: Delicious Appy's & Desserts. Tea/Coffee (the bar will be open)

Fund Raiser for NISHS. (Counselling Centre for Adults who have suffered abuse)

It is a Friday night come & celebrate an evening of song presented by Quadra Singers & Voce plus a selection of delicious appy's, desserts & other special surprises. Quadra Singers have been practicing since January & will be presenting a selection of songs for you on this evening.

This is a fund raiser for NISHS & we will be organizing a raffle along with other special prizes.

If you have any questions please call: Marg 285.3864. or Margot 285.2393.

Do hope to welcome you on this evening of delights.

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Plant and Bake Sale

Legion Ladies Auxiliary Plant and Bake Sale
April 16/11 @ 10:00 a.m.

All donations greatly appreciated can be dropped off at the Legion.

Newcomers to Quadra Island Welcome

New to Quadra? The Discovery Islands Chamber of Commerce and local businesses welcome you with a gift bag. Please contact Judy at 285-2150.

Home Business Open House

Everyone welcome at the Tsa-Kwa-Luten Lodge on Saturday, May 7th, 1:30-4:30pm for a home-based business open house event. For more info, or to book a space, please contact Katrina @250-337-1980. Lot's of products available!!

Meditation Retreat

Buddhist meditation retreat with Robert Beatty at the Quadra Community Centre April 15, 16, 17. Contact Don McEachern, Box 36, Quathiaski Cove or dmceach@telus.net.

New Playground in Blenkin Park

Hey Dads, come for some male bonding whilst erecting the new playground in Blenkin Park. A playground company supervisor will lead the construction crew. It's Saturday, April 2nd and 3rd and we will give you lunch as a bribe! If you can commit to the weekend or part of it, please phone 285 3243.

A Big Thank You

To readers who have made a supporting contribution to the DI and always to our loyal advertisers - it helps keep the ink flowing.

fun every weekend

Open Mic with Mo

Saturdays in the Pub
9 pm - 12 midnight

Every Sunday 3-6 pm
Country Music Jam
with Steve Trayler

U of Q
7pm in the pub

April 6
All About Chainsaws

April 13
Numerology

Fridays
Karaoke
with 'BigBad' Blake



Heron's is open every day
8 am-8 pm Sun-Thurs, 8 am-9 pm Fri and Sat.

RESERVE NOW - Murder Mystery....

Tapas & Gourmet Appies \$49, with room \$99
Saturday April 9 - Space Limited - 250-285-3322

Heriot Bay Inn
Island Adventure Resort

Heron's/Inn 285.3322 Pub: 285.3539

CORRECTIONS

Re: Golf Course Membership
There was a little miscommunication last edition in the Spotlight on Quadra Links

Following are the correct details

- Single membership: \$200 down payment, followed by 4 consecutive monthly payments of \$200.
- Couple's membership: \$300 down payment, followed by 4 consecutive monthly payments of \$300.
- Interim membership: (19 to 23 yrs. old) \$200/year over 5 yrs payable on the annual anniversary date of initial membership purchase.
- Corporate membership of \$1500: allows businesses the opportunity to purchase blocks of 20 passes at a 15% discount. The passes are valid for one year from date of purchase.

Our apologies for the errors.

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The Power of Decision

Class Beginning April 13, 2011

The ability to make decisions is central to successful living - yet many people frankly admit that they are chronically indecisive. Well, they think they are; they just haven't made up their minds. Sound familiar?

The Power of Decision, written by Raymond Charles Barker, is a powerful, life-enhancing book. Beginning Wednesday, April 13, 2011, Jill Brocklehurst is facilitating an 8-week course based on this book that explores the decision-making process in the individual, especially the role of subconscious mind in either abetting or thwarting every conscious mind decision. The course teaches how indecisive people are failure-prone and provides us with specific steps to shift the balance of decision-making power in our favour.

This class, held at The Centre for Spiritual Living Campbell River office at #20 - 964 Shoppers Row, is designed to empower students to reach independent decisions, thereby enhancing the quality of their lives. Each class will be held on Wednesday evenings from 6 to 9 pm. Attend in person or via Skype. Further information may be obtained by contacting Jill by phone @ 250.850.3064 or email centre@cslcr.ca. Studying The Power of Decision may well prove to be one of the best decisions you'll ever make.



Like the DI on FaceBook

Discover Quadra 2011

It's "Open House" for Quadra Island! Put June 11 and 12 on your calendar, to visit tourism and hospitality businesses on the island. Accommodation, dining, and tour businesses will open their doors for visitors, and show you what they have to offer. It's a great chance to celebrate island hospitality and see what is available for you and your guests.

Businesses interested in participating should contact Susan at swilson@gicable.com or 285-2556 for information. Registration deadline March 31.

Secrets of Clayoquot

Join sea kayakers Dan Lewis and Bonny Glambeck of Tofino for an unforgettable journey through the natural beauty and splendor of Clayoquot Sound. Learn about the ecology of the region's globally significant ancient rainforests, and how industrial activity threatens this UNESCO Biosphere reserve.

The couple are seasoned naturalists and expedition sea kayakers who have paddled most of the BC coast. They will share stories about their many adventures at home in Clayoquot Sound, and show images from some of BC's leading outdoor photographers. Join us for an entertaining, informative and inspiring evening! Museum at Campbell River, Thursday, April 14 at 7:30 pm 470 Island Hwy. For tour schedule check out <http://clayoquot.tumblr.com/>

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Naming Deal Finalized

QUADRA ISLAND, BC - It's been years in the planning and finally a consortium of local stakeholders is announcing a breakthrough deal. Following the lead of many iconic Canadian landmarks, the naming rights to Quadra Island have been sold to mega-corporation Rodger's Inc.

"This is more than a win-win business deal" a spokesman for the company said "this opens up a whole new way of living, working and building rural communities. Small towns across the country are facing funding challenges for basic services. Residents oppose higher taxes and rightly so. By offering naming rights to tender, communities are able to source revenue streams that can be channelled toward improving the quality of life, reducing the financial burden for residents as well as administrative challenges faced by local government".

The newly minted "Rodger's Quadra Island" brand will be rolled out in a ground-breaking ceremony at the General Power Community Centre on April 1st.

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QuadraNews

Brian Simons at Firesign

Improve your paintings whatever your skill level! Enjoy top artists teaching 5-day workshops for 5-7 students at Firesign Studio. April 11-15 Victoria artist Brian Simons returns to Quadra to teach "7 Steps to Successful Painting", a Zen-like approach to painting that enables the painter to "get out of the way". Grant Fuller teaches Saturday drawing classes, April 9 and 16 www.firesignartanddesign.com 250-285-3390

Free Money

Free Money is available from 11:30 a.m. to Noon on Wednesday, April 6 in the Board Room at the Quadra Community Centre (right before the Community Lunch).

Free Dog & Cat food & free condoms & free brown rice are also available.

New free items of the basic necessities of life will be added every year until all the basic needs of life (like warmth & food & money & sex) are completely available to everyone on Quadra Island, regardless of income level.

By the year 2068, poverty will be a thing of the past because money will not be needed for basic necessities.

Money and credit cards will then be restricted to luxury items only, like jewelry, T.V.'s and new cars.

Donations to the Free Money Association & the Free Wood Association & Free Brown Rice Association can be made at our local Coastal Credit Union. Call Steve Moore for more information at 285-3323 or with suggestions for new free items for the year 2013 (2012 is already spoken for re Free Chimney Sweeps)

Welcoming Visitors Quadra Island Visitors' Binder 2011

Production of the 2011 edition is underway! Visitors to Quadra Island find out what's going on, where to go, and what to do.

If you belong to a non-profit group that welcomes drop-ins, visitors, and just-plain-interested folks, please get in touch for a free-listing in the Calendar of Events in the binder. You may wish to invite more people to participate in your group activity, for fun, for help, or simply to introduce them to, and include them in, our local island culture.

Whether it's a weekly bike ride, or spontaneous hikes, a play group for kids, more players for ballgames, volunteers or participants in an activity, you'll reach seasonal residents and summer visitors this way to let them know what's happening and invite them to participate.

Contact Susan by March 30 at swilson@gicable.com or 2556 to be included in the free listing.

Drum Jam

We are jamming Wednesdays at 7:45 p.m. Most of our regular drummers are currently experiencing "withdrawal symptoms" because drumming in a circle has it's positive addictive qualities, especially the "high" when all the drums become just "One Drum."

If you have a hand drum just sitting somewhere at home, why not swing into action and come on down to the Upper Realm in Q. Cove on any Wednesday night. If you don't have a drum, no problem, we can supply you one for the evening. There is a \$5 drop in fee to help pay for the rent. Call Steve at 285-3323 for more information.

Did You Love Mamma Mia?

Now is your chance to get involved. We are looking for past Quadra Players, set builders, dancers, costumers, actors and anyone interested in theatre. We want to form a governing board to help this creative process grow. Interested? Come to our next meeting or email Lisa at ueylisa@gicable.com to be added to our distribution list!!

Wednesday April 13th 5:30pm
Heriot Bay Inn "Baby Room"

Free Brown Rice

The Brown Rice Association is offering free rice to residents of Quadra Island. Small bags of rice will be available at the Food Bank distribution on Wednesday, April 6th from 1 pm to 2 pm at the Quadra Community Centre. Also, bags of rice will be available at 11:30 am during the Free Money distribution at the Quadra Community Centre on the same day. This is your opportunity to stock up on rice before the price goes way up. We hope to make this a monthly event at the Food Bank.

Brown Rice is very healthy and can be mixed with pre-cooked vegetables & salt & pepper & butter.

Donations to the Brown Rice Association at our local Coastal Credit Union will ensure that everyone, regardless of income, can have brown rice in their kitchen. For more information, Call Steve Moore at 285-3323.

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Seniors Housing News

Mark your calendars for Saturday April 16th, 7pm at the Community Centre. Do not miss this next Seniors Housing fundraiser. Behind the scenes there is a flurry of activity putting together the upcoming Coffee House. It will be a professional evening of musical entertainment with Smooth Edge, Rodrigo Figueroa, Rick Bockner of Cortes and the folk duo of Toelle and Christie. Bring some extra cash and take advantage of the many items Ruth Amiabel has collected together for a large silent auction. The kitchen volunteers are getting busy with a feast of confections and specialty drinks. Buy your tickets in advance at Hummingbird - we expect this to be a sold out performance.

Thanks again to the community members who have been donating cash to Seniors Housing in the last months. The Board has heard we are to receive a grant from the BC Yukon Command of the Royal Canadian Legion. It is very much appreciated that the local Legion branch has supported our application for this funding. Also thanks to Murray Abercrombie for donating two fire extinguishers for the units.

Volunteers will have a work bee in April to complete the landscape installation of trees and shrubs donated by the Garden Club, with help from Val's Gardens. The Club has raised an additional \$407 which will be spent on the fence around the vegetable garden - it is partly built. Anyone in the community who would like to help install wire fencing, talk to Val (2841). Grass seed will be going down as soon as the ground is dry enough to work on. Thank you Garden Club for all of the support.

Please inquire now if Seniors Housing would be an opportunity for you to change where you live - this project is intended to help the oldest members of our community, stay in the community. There have been numerous inquiries from off islanders, and from hopefuls who are under the age of 65 - they do not meet the criteria of the housing. The last unit available is meant for someone who fits the mandate of the Society. Please consider this rental, since it may be a few years before there are additional units available. For more info call Jeanne Stoppard at 285 2835.

Every Breath Counts

A Day of Yoga with Namaste's Kate Potter

Join us on April 30th at Quadra Community Centre for an exciting day of yoga practice with amazing Kate Potter!

Kate resides on Gambier Island in BC and is known for her television yoga series, "Namaste" now airing in 19 countries on 5 continents. She recently spent five months travelling, teaching and receiving treatment in an Ayurvedic hospital in Southern India. This inspired her to create a new DVD: Namaste - The Five Elements which includes the teachings of Ayurveda (the health science of ancient India) and the application to Asana with short and long practices, as well as the new sequence called Fire Fan, a pilot for her third season of the Namaste television series.

Her workshop on Quadra will include a morning session of Hatha Vinyasa including asana, mudra and meditation. The afternoon session will be the Five Elements in Yoga: an Ayurvedic approach to adapting your practice according to your own constitution.

Kate has passionately devoted herself to yoga for most of her life, starting at the very young age of ten years old. Today that unwavering commitment and focus have earned her an extensive and growing reputation as an innovative and inspirational Hatha Yoga Teacher as well as a certified Yoga Therapist.

Kate expresses, "When I teach, it is a great wave of humanity that I feel in our efforts, our mistakes, our mini realizations and grand attempts to widen our perspective. I feel that what we do indeed does matter. For our own evolution, and for the sake of the world, we do need to challenge our understanding. We do need to keep asking questions and we do need to open our hearts."

Check out Kate's website at:
www.katepotteryoga.ca

For more information or to register for her workshop please e-mail cfoort@yahoo.com or call Carol at 250-2853035. The workshop cost is \$90 for the day or \$79 before April 15th. Register early as space is limited.

At the HBI

UofQ: Expand your brain. School like it's never been before. HBI Pub. April 6: All about chainsaws with Bill Dubois. April 13; numerology with Gypsy Mama. Wednesdays 7 pm. It's free!

Music in the HBI Pub. Saturdays; Open mike with Mo 9:00pm to midnight. Sundays; Country jam with Steve Trayler 3:00 to 6:00pm. We are all stars, come out and join the band or the audience! It's free!

Thursdays; Half price veggie or beef burger and fries. Tuesdays; Troy's Fresh Oysters with your choice of house-made sauces. 4 for \$7.00 or 6 for \$9.00. Sundays; steak sandwich special, 6 or 8oz. MMMmmmm delicious! 5:00 to 8:00pm. HBI pub.

Reserve NOW for the Fun Filled Murder Mystery. Enjoy tapas and gourmet appies while getting out of the ordinary at the Heriot Bay Inn! Sarah Bible presents an evening of adventure; Lights, Camera, MURDER! \$49.00. With a room \$99.00. Saturday April 9. 250-285-3322. Limited seating reserve early!

Tell us what you love about the good old Heriot Bay Inn and win! Two nights Vancouver Sandman Inn(\$250.00), gift basket(\$80.00), HBI gift certificate(\$50.00). Draws March 31 & April 9 and first NHL playoff game! We're watching hockey on the HBI's 8 foot screen and 3 tv's.

Aries (like to) party at the HBI pub! Saturday April 2, 9:00pm. There's a pack of Rams out there, and it's Deb Manerys 50th. Wholey smokes! Prizes, food and cake! See you at the good old HBI!

Join our Islands own Elaina Mason on **Mexican Monday** nights at the HBI pub. Delicious and authentic. Elaina is serving 5:00 to 8:00pm. See you there!

Next Herons dance: R&B, soul and blues with Vancouver's 'Brown Paper Bag', Friday April 15, HBI. 10.00 at the door. Includes a drink ticket. 19+.

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Bute Inlet Hydro Project to have public hearings

Minister Kent says Federal Review Panel
to be re-appointed for environmental
assessment of major project

VANCOUVER – Canada's Environment Minister, Peter Kent, confirmed Thursday that the stalled Bute Inlet Hydroelectric Project will remain subject to Canada's highest level of environmental assessment.

Plutonic Power and General Electric, partners in the mega private "green" power development, have shelved immediate plans but continue to claim Bute Inlet is in their sights.

Friends of Bute Inlet and West Coast Environmental Law are concerned about downgrades to environmental assessment processes, and had recently appealed to the minister to ensure that the Federal Review panel appointed for Bute Inlet would continue. On Friday, the federal government responded positively to the groups' request.

Although the current Review Panel has been disbanded, the Canadian Environmental Assessment Agency issued a statement confirming the Minister of Environment will appoint a new Panel, should the Bute project proceed at a later date.

"We're happy that Minister Kent has done the right thing and made sure that if this massive hydro project comes back, it will get the strongest possible environmental assessment available under the law," said Josh Paterson,

Staff Lawyer at West Coast Environmental Law, which assisted the Friends of Bute Inlet in advocating for the federal review panel to be maintained. "This project has huge potential impacts and its wider, cumulative effects on the whole region need to be studied."

"We're delighted that there can be commendable decisions in Ottawa!" says Lannie Keller, spokesperson for Friends of Bute Inlet. "Friends of Bute Inlet is cautiously optimistic that even if the companies are indifferent to public outrage, Plutonic and GE have recognized that the development and environmental costs at Bute Inlet will not warrant pushing the project into an environmental assessment."

Ladies and Gentlemen, children of all ages, Step Right Up!



Bright eyed and bushy tailed, fresh from the back woods, backwards world of Lasqueti Island "LasQuirkus" a troupe of 25 circus performers, musicians and freaks will be rolling into town on Saturday, April 9th 2011 at 2 pm. and hitting the streets and Cove parking with an afternoon freak-show parade, including a full brass band, teaser show, and free circus workshops for everyone!

Later in the evening, for one night only at The Quadra Community Centre at 7 pm.

Bring out the whole family for a Vaudeville variety show featuring stilts, clowns, jugglers, musical slapstick, storytelling, hula-hoop spinning, dancing marionettes, giant puppets, general merriment, and a gorilla... or two?

The night will be hosted by Ring Master & Mistress of Ceremonies: the Infamous Jenny V and portable live soundtrack will be provided by our house band: The Bolting Brassicas. There will be plenty of home grown acts from the LasQuirkus Circus Works, plus performers from the greater Salish Sea and extra special guests: your Quadra friends and neighbours.

Still need more? Dance on into the evening with a live set of west coast, high energy, raw brass gypsy funk-punk music from The

Bolting Brassicas Marching Band. And cap it all off with Lasqueti's dj beatfarmer who will spin up world beats for your dancing pleasure.

Bring the kids, your juggling balls, dance shoes, and a sense of wonder.

Come one, Come all!

Doors Open at 6:30, Show starts at 7pm, Dance to follow.

Tickets available at the door, show night only! Cost 15\$ per person. 30\$ family rate.


Non alcoholic beverages and light snacks will be available for purchase.

For more information: email pachielflower@yahoo.ca or check out www.boltingbrassicas.ca

for a local contact email fccovewood@gicable.com or call 250-285-2527

LasQuirkus is a inclusive, do-it-yourself, not for profit, completely volunteer based event aimed at having good clean (yet wacky and wild) fun for everyone from toddlers to great-grandparents and everyone in between. Inspired by long running The New Old Time Chautauqua, we're building our circus skills while inspiring, promoting and bringing together performers, communities and the arts around the Salish Sea.

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Learn to Play – Play to Learn

Tuesday, April 12

“Have you ever wondered how much children learn as they play? How do we bring out children's individuality, potential and talent? How do we reduce TV time and fill it with great learning?” Susan Munzer, an Early Childhood Education professional, will address these questions and more, in her workshop for parents, speech pathologists and educators. Please join us for this free workshop at Quadra Elementary on Tuesday, April 12 from 6:00 to 8:30. For more information, visit Susan Munzer's website www.learn2play2learn.com

Learn to Play - Play to Learn Story Time Susan Munzer will weave her storytelling magic for young children using story baskets to entertain, delight and teach. Wednesday, April 13, 11:00 - 12:00 at the Heriot Bay Public Library.

Introduction to Computers – This workshop will cover using Windows, managing documents, using the keyboard, editing text and spaces, using fonts, pictures, and copy and paste features. A workbook will be provided. Workshop dates: May 9, 11, 16, and 18 from 7:00 – 9:00 in the computer lab at Quadra Elementary. Call Robin @ 285-3185 or email: quadraliteracy@gmail.com to register.

These events are sponsored by Quadra Literacy Now.



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Growing More Food on Quadra.

Monday's exciting Transitions meeting has stimulated renewed interest in Quadra Circle's Garden Sharing Registry. This successful venture was allowed to lapse 2 years ago when it seemed less necessary because the Community Garden was started. Now the Community Garden is just about full and the need to grow food is becoming more pressing. Also many people would prefer space nearer their homes.

The plan is simple. Those who have gardens they are unable to use because of age, disability or lack of time are matched up with someone who wants to grow food but has no suitable land. The food is shared with the owner of the land. This plan could easily be extended to include farm or pasture land, raising chickens etc.

If you are interested either way or would like to help organise please contact Mary at 285 3084.

Quadra's 14th Annual Beach Clean-Up

Sunday, April 10th

Sierra Quadra's annual Earth Day event is a Beach Clean-up on Sunday, April 10th. The headquarters for this tradition is located at Rebecca Spit from 10:00 am until 4:00 pm. Garbage bags, if needed, can be picked up at this site during these hours. Refreshments and snacks will be served from 12:00 noon until 4:00 pm. Collected beach garbage can be delivered here or dropped off no later than 3:00 pm at any of the numerous pick-up collection sites on the island:

- End of Petroglyph Road
- End of Suttil Road at Kay Dubois Trail
- End of We Wai Kai Road at Kay Dubois Trail
- Smith Road beach access
- Edgeware Road beach access
- Milford Road beach access
- Heriot Bay by the Esplanade
- Rebecca Spit, Main Parking Lot
- Rebecca Spit, South Parking Lot
- Rebecca Spit, center by narrow isthmus
- Open Bay area at Valdez and Marina Roads

Please join us and the many Islanders now participating in this traditional event. Thanks to our collective efforts, huge amounts of discarded material that washes up on our beaches are moved away to safe storage. Not only do our efforts beautify Quadra Island but we are removing plastics — the majority of this detritus — that break down into chemicals (bisphenol A and phthalates) which mimic hormones and compromise the health of both ourselves and our marine ecosystem. Help to beautify Quadra and make it a healthier place to live.

Multicultural Lunch

An opportunity to help Japan & enjoy a fantastic Multicultural Lunch - Everyone welcome - public event

Individuals & groups wishing to contribute to the disaster relief efforts are invited to enjoy this amazing lunch. Eat in or bring it back to the office, the menu includes flavours of India, Laos, Thai, China, Italy, Miramar, Canada and of course, Japan. These fresh and delicious ethnic dishes will be prepared both onsite by volunteers and at local ethnic restaurants contributing to the cause.

Tuesday, April 5, 2011, at 11:30am – 1:30pm, CR Community Centre - Gym 1 401 – 11th Avenue

There is a lot of interest, so please let the Immigrant Welcome Centre of Campbell River know if you plan to attend so volunteers can be prepared, as well as if anyone wishing to volunteer or contribute would be welcome.

Please phone 250-830-0171 before Friday April 1st or email jorgina.little@crmlsa.ca

New Ferry Cards Top Up Options

VICTORIA - BC Ferrys announced new options for adding value to Coast Experiment cards by users in small ferry run communities.

“The Cost Card experience has been an overwhelming success since its introduction” said Debbie Marsh, public relations director for the company. “The convenience and simplicity of the old paper ticket system is now happily a distant memory. New technology has injected much-needed stimulus into the paper and ink sector. Access to sailings is also much more equitable with both vehicle and pedestrian passengers having equal chance of missing a sailing”.

But the improvements continue. “Before today we accepted cash or credit card payment to ‘top-up’ your card, the base amount has risen so in response to consumer demand BC Ferrys is offering new options to add to your experience”

From April 1, 2011 ferry users can pay for passage with a variety of innovative currencies. Property Title will be accepted at a preferred rate eclipsing historically low mortgage rates as a method of leveraging home equity. Automobile registration transfer is another quick and convenient option requiring just two signatures and some basic information.

When asked the exchange value on first-borns Marsh was noncommittal, “Obviously as an innovative company nothing is ruled out. We remain open to ideas, it's all part of the experience”.

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Cultural Committee Presents:

Infinitus

Infinitus, a new Vancouver-based string trio with a fresh approach that will invigorate your passion for the genre and widen your listening horizons, if not by their technical skill then by their innovative repertoire and their youthful good humour, will be performing at the Quadra Island Community Centre on Sunday, April 17th at 7:00 pm.



Formed in 2002, Infinitus began as a duo of musical twins, Alex Cheung (cello) and Anthony Cheung (viola). With the addition of John "Adidam" (a nickname-acronym for All Day I Dream About Music) Littlejohn on violin, the group has evolved into a dynamic trio. Known for their unique sound and upbeat performance style, Infinitus' program features Classical works and Jazz, Latin and Hip-Hop arrangements as well as original compositions. They are equally comfortable with Pachelbel's Canon, Leroy Anderson's Jazz Pizzicato or the dances of Rimsky-Korsakov. Infinitus won the grand prize at the 2003 Friends of Chamber Music Competition and have been broadcast on OMNI/CityTV, CBC Radio One and Two, and National Public Radio. They perform regularly at the Sonic Boom festival, they run their own concert series in Vancouver, and they are the Ensemble-In-Residence at the Young Artist Experience Summer Chamber Music Program at UBC.

Alex and Anthony both hold degrees in Music and Kinesiology from the University of Michigan and the Peabody Conservatory. Alex is presently on the faculty of the BC Conservatory of Music and is a substitute for the Vancouver Symphony. Anthony plays with other musical ensembles and was the recipient of the Martin Luther King Spirit Award in 2000. John Littlejohn met the twins at the University of Michigan while completing his Masters of Music Degree and a graduate performance diploma in violin. Littlejohn has been teaching violin for about 10 years and is the founder of the Thrive City String Academy, a summer music camp for inner-city kids at Towson University in Maryland where he recruited the Cheungs as teachers.

Infinitus is dedicated to quality outreach and often performs for schools,

nursing homes, hospitals, on Native reserves, at fundraisers and correctional facilities, giving over 300 outreach concerts throughout North America since 2006.

Said Kathleen Glynn-Morris, in the St. Francis in the Wood Newsletter: "[Infinitus is] a high energy and interactive performance of both modern hits and classic repertoire. ...[Infinitus] had us dancing in the aisles – literally. They were technically superb, wonderfully informative and enormously fun!"

Tickets for their Quadra performance are available at the usual outlets: The Music Plant in Campbell River and on Quadra at Hummingbird Office and Art Supply and Quadra Crafts. Advance tickets are \$17, students 16 and under admitted free with an adult. Door price: \$20. For more information, visit infinitusmusic.com or telephone: 250-285-2580.

Evening Dialogues

Challenge your mind! Get ready for the second Evening Dialogue of the year on Thursday, April 7, from 6:30 pm – 8:30 pm hosted by the Museum at Campbell River. The last dialogue on Morality (held March 24) was one of the most interesting, profound and moving discussions to take place in Campbell River in some time. The next topic on April 7 will be 'What is Canadian Culture?' The debate on whether there is a distinct Canadian culture and identity has sputtered on since the 1950's. But what are aspects of our national identity that we can define now in 2011 that may point us to understanding ourselves as a collective of peoples? What does it mean to be 'Canadian' and how does this affect the message we send to new immigrants? The Evening Dialogues Series does not shy away from challenging discussion! The host for the evening will once again be the extraordinary Michael McIvor. McIvor has extensive experience working internationally as a journalist and for numerous multinational NGO's. During his career with the CBC, he was a Washington correspondent, Moscow Bureau Chief and Senior European Correspondent. Admission is by donation. Please check the Museum's website at www.crmuseum.ca for more information or call 287-3103 to reserve a seat.



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Garden Club Buds

The Garden Club's annual plant sale happens on April 11th at the community centre. The guest speaker for this special night will be Gary Lewis from Phoenix Perennials in Richmond. Having heard Gary lecture recently, I can recommend this as an exciting presentation. The topic for the evening will be Avoiding the Summer Doldrums: Great Plants for High Summer and Early Fall. Does your garden look fabulous in the spring only to have its vibrant colours fade with the summer heat? Gary offers advice on how to avoid these summer doldrums and recommends a host of great garden plants to keep colour in the garden through the hot months of the year.

Gary began botanizing his local fields and forests around the age of four, began collecting house plants at the age of ten and began gardening at the age of fifteen. He holds a Masters of Science degree in Plant Ecology from UBC - training which, with its focus on the botany and ecology of wild plants greatly informs his horticulture.

He became the owner of Phoenix Perennials in 2004 on his 28th birthday. Since that time he has expanded the nursery to include one of the largest and most exciting selections of perennials in Canada. He strives to include cutting edge, new perennials, tried and true garden stalwarts, and the rare and unusual in his plant offerings. Gary will 'show and tell' a select group of plants. He will also be bringing an exciting assortment of plants for sale. Be prepared to do some shopping. Payment by cash is preferred. Visa or MC will also be accepted (for Phoenix plants only).

The plant sale begins at 7:00, Gary's talk on late summer perennials at 7:30. Please enter by the main hall doors to pick up your draw ticket. There will be a draw for a door prize at the end of the night. If you have plants to donate bring them to the backstage overhead door between 2 and 4 pm on April 11th. Plants may be left earlier, outside the stage door. Please pot up or wrap in newsprint, and label the plants with a latin or common name. Come on out to the final meeting this Spring and enjoy good friends, inexpensive local tried and true plants and maybe get lucky and win the door prize.

Quadra Island Seniors- -Br. 91-B.C.O.A.P.O.

Is the weather not great?? Time for planting and clean-up. Also fun.''' with the Seniors on Quadra Island. We are planning an Excursion to Chemanuis Theatre, soon, call Shirley @3787.

Our next meeting, on Wed. April 6/11 will be an Easter Party. We'll have a Easter Hat Contest & Parade, Judges & Prizes, and maybe a few Rabbits will be running around. Come at 10:00 am for a chat, coffee, & a book browse, meeting starts @ 10:30 am We are having a delicious Pot-Luck Lunch, so bring your favourite dish & dessert. Guests are welcome.

Our Seniors had a great time at the B.C.O.A.P.O North Island Regional meeting in Black Creek, Halbe Hall. Our members won many prizes, and V.I.H.A. speaker Sheila Cruikshank discussed Residential Care with us. Black Creek Br.126. put out a terrific lunch.

Come on Wednesdays at 10:00 am for Armchair Aerobics with Ann Lawrence at 11:00 am we start Carpet bowling with Christine Dyson and maybe Card Bingo. Bring snacks or a Bag lunch to enjoy with Coffee or Tea.

Also walk the Rebecca Spit with Peter Gregg on Sundays, meet at 11:00 am at the Launch Ramp.

We are planning Resolutions & may send a delegate to the Provincial B.C.O.A.P.O Annual General Meeting in June at Agazziz. The Resolutions which enhance the lives of Seniors that are discussed and voted on by members and then delegates, will be sent to Provincial & Federal Govts. We are also affiliated with Council of Senior Citizens Org. & National Pensioners who also try very hard to bring to all Seniors a decent standard of living.

For membership with our busy group call Christine @ 2207 or Ruth @3801

Friday Flicks - April 1st Soul Kitchen

- Germany 2009

Doors 7:30, showtime 7:45.

Adm: \$5, stu/snr \$4

Rated PG14 for sexual content.

Zinos Kazantsakis serves deep-fries schnitzel and fish burgers, and spoons out potato salad for the regulars at a greasy spoon he runs out of an old warehouse in Hamburg. The bad food goes down easily with the grooves from Zinos's vinyl stacks and there is an authentic hometown flavour to the lively concoction of characters. But things get complicated, as all things must.



Zinos puts his back out and hires the gifted but temperamental chef Shayn to take over the kitchen, which doesn't rest well with the regulars. His girlfriend moves to Shanghai and his newly paroled brother, Illias, hits him up for a job. All the while a real-estate kingpin is trying to buy the warehouse and develop.

Finally, a bit of synchronicity comes along with some lucky breaks and surprises, which leads to a most intoxicating scene when Shayne doses the dessert at Zinos's going-away party with an aphrodisiac.

"Propelled by an eclectic, well-chosen soundtrack featuring classic American soul, Hamburg electronica, Greek rembetiko and other retro music, Soul Kitchen is a treat for the senses."

Fans of director Fatih Akin's former work will emerge from Soul Kitchen undernourished by this romping break from the Turkish-German director's heavy-going subjects. But "not to warm to this movie would be churlish, and foodies will drool on demand."

Review credits: Jenny Punter - Globe and Mail, Anthony Lane - The New Yorker.

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A Fall Fair is in the Air...

From the seed of an idea to a Community-wide celebration of island life and the harvest season, the "Local is Focal" Fall Fair is in motion.

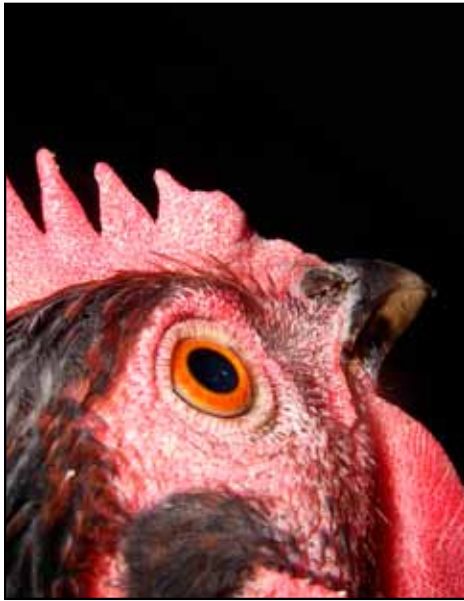


Photo: Jordyn Alger

It began with the commitment of two people to take the lead and fire up the enthusiasm for a full-on Fall Fair. Two became a core group of six, then six grew till 35 people were on board, pitching in and taking responsibility for events or exhibit categories. With the increasing interest in local food production and local economy, the time is right to start a grand Fall Fair tradition in earnest.

Plan your harvest now to include produce to enter and exhibit. Stitch up a quilt or create something quirky to enter in the up-cycled or invention categories. There will be animal exhibits, a pet parade, demonstrations, vendors', food, entertainment and much, much more. Cultivate your creativity - there is an exhibit category for everyone at the Quadra Island "Local is Focal" Fall Fair. It all takes place on our Community Centre grounds this September 4th.

Stay tuned to the Discovery Islander. The next issue will have details on exhibit categories.

Legacy Fund dollars go to work for Quadra Emergency Programs

With \$8,000 in funding from the Coastal Community Credit Union's Quadra Legacy Fund, the Discovery Islands Emergency Preparedness Association (DIEPA) has been able to support several priority projects.

Two of these grants are directed toward training for emergency personnel. The Quadra Island Fire Department has received \$2,730 towards purchasing and equipping a used shipping container for interior fire attack training. This type of training has, until now, only been available off island and is expensive. One thousand, three hundred and forty dollars have been provided to the Ambulance Service for a CPR/AED training "manikin" and supplies that will facilitate defibrillator training for paramedics.

A third grant will be applied to the second stage of Quadra Emergency Program's (QEP's) Generator Project which will permit use of the generator at other locations if needed. QEP is part of the Provincial Emergency Program that assists people who have to evacuate their homes because of fire, earthquake, floods etc. If you would like to be a volunteer please call Judy at 250-285-2150.

Quadra Legacy Fund support will also help develop a long-term funding strategy for emergency preparedness, which will be especially important once the Fund comes to an end in 2013.

DIEPA is currently working toward development and coordination of emergency communications. Frank Wallace has recently begun a training program for aspiring HAM radio operators and a mapping survey of emergency /ham radio reception coverage will be conducted in the spring. It is hoped that we can establish assured emergency communications to all parts of our islands.

If you would like more information about DIEPA activities or to help with fund-raising for our emergency services please call Frank at 250-285-2297.

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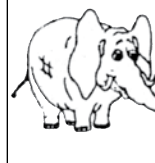
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A World In Transition

by Geoffrey McNamara

There is a destruction happening on this planet so large, the physical world can no longer effectively contain it. As the connection to our natural world slowly loses its ability to regenerate, the world as we know it is changing right before our eyes. Due to the “need” to be first and in control, the human race is sitting in such close proximity to the “race for technology”, it can no longer see the bigger picture.

With each technological marvel that fascinates us, mindless reprogramming gains another foothold on humanity. Obsession, greed, emotional detachment, all serve a purpose in the electronically controlled devolving of our souls. As we move closer to the wonders of science, our practical sense is slowly being replaced with under-qualified ego and poor decision making.

“Farmland is irrelevant; we can create food genetically, grow plants hydroponically. Farming, is an obsolete practice” This, is to be the statement of the future if we carry on with our current mindset. Not because we can, but because we may have to as there will be little farmland left. As ridiculous as this thought may seem, it is happening. It is this line of thinking that creates issues that will affect many generations to come. Food production is more than just the end result. It is a process that needs to take place in order to survive as a species. To have the opinion that farmland is irrelevant, or at least not as important as a luxury lifestyle, is incredibly shortsighted. So where does this leave us as a society? As a nation? A community?

Arzeena Hamir is an agronomist and garden writer based in Vancouver, BC. She received her undergraduate degree in Agriculture from the University of Guelph, Ontario and her Masters degree in Sustainable Agriculture from the University of London, England. She has worked in the organic gardening industry for almost 10 years. It was with great interest that I sat down with her and discussed the issues surrounding the ALR zoned Southlands in Richmond BC, and how the battle to save it affects us all no matter where we live when it comes to being a sustainable community. Speaking with Arzeena brought to light the importance of agricultural land, the relationships between those that work the land and the community in which it supports. Now and in the future as our communities expand.

For those that are not aware, the Agricultural Land Reserve protects agricultural lands from being developed, and essentially turned into roads and parking lots. According to Harold Steves, one of the architects of the BC ALR program, the number of farms in BC (2009) has declined by nine percent. Two years later, this trend has not changed. According to

Arzeena Hamir. This in part, has to do with land speculation. People, mostly Chinese, are purchasing ALR land, waiting the required twenty years of “non-use”, and applying to remove it from ALR status. Currently, a hotly debated issue in Delta to re-examine the rules allowing farmland to be removed from the ALR. By disallowing removal, and only acquiring land, the ALR will surely grow and provide the much needed land for agriculture. However, as one can imagine, there is much to be lost financially by current land owners, so opposition is strong, and progress is slow.

Farming and agriculture has been as much a part of our existence as the air we breathe. Why then does this vital issue take a back seat to just about everything? A question every one of us as food consumers should ask on a daily basis. The importance of this article, and the many like it, is not to inform or educate the reader specifically on the significance of its content, it is to get the reader thinking about the future and hopefully ask themselves one question.

“How important is food, and their communities ability to obtain it?”

Whether it be from neighbouring communities within the hundred kilometre friendly zone, or growing our own food and being a self sustaining community, we all need food to survive.

According to Arzeena Hamir, the lower mainland is home to some of the most wonderfully fertile farmland in British Columbia, and yet, is considered only eight percent self sustaining. Shocking really. This in part is due to lower farm gate pricing and rising fuel costs forcing farms out of business as they can no longer afford to farm the land they have owned and worked for generations. The other portion of the equation is urban land development encroaching on vital farm lands, shifting peoples priorities from sustainability, to mindless consumerism.

With the Walmart’s and Costco’s of the world importing “affordable” processed foods for families on restricted budgets, it is hard to imagine local markets being able to compete for the same client base. It is with this mindset that allows the big box stores to flourish.

As a transition community, Quadra Island has the ability to take back the power and direction of their own future by stimulating local markets, and empowering local farmers to be self sustaining entities, at a reasonable cost. Both financially, and environmentally. Having lived on Quadra Island myself, I understand that land is at a premium. Whether it be owned by industry or seasonal occupants,

land is limited. So where then, do residents of Quadra Island grow the food necessary to be self sustaining? It was with this question in mind, that speaking with Arzeena brought forward the potential for Quadra Island residents.

“Spin Farming” is the latest approach to fighting the urban sprawl on the lower mainland while providing locally grown, affordable food to its local population. Simply put, residents with land that do not wish to, or know how to farm the land, allow those that do, the opportunity to provide a food source for their community by giving access to a small portion of their land to be used for food production. So even though only a hundred square feet in this yard, and two hundred square feet in that yard are being used, collectively, throughout the community a couple of acres of land is being farmed to provide food that would otherwise be unavailable locally. An option very available to Quadra Island and the residents therein to aid in the plan to become a self sustaining community. Local, fresh, organic food being cultivated within the confines of land currently in place. With no need to worry about land acquisitions, or the funds to do so, and sharing land that is already there, Quadra has enormous potential to become the next successful Transition Community.

In conclusion, this is simply one small portion of the larger picture to move Quadra Island into the next stages of transition. Road blocks there is not, only potential and solutions. Our food future is hanging in a very unstable balance. It is our job as residents to protect our lands, and make appropriate choices so as not to swing the balance in an unfavourable direction. It is not only our right as people to have access to fresh water and food, it is our responsibility to ourselves, and future generations to make sure these options are still here, and sustainable for years to come.

Transition Meeting Success

The Monday, March 28th public meeting to discuss a Transition Island strategy for Quadra was a great success. About 100 people showed up and a great exchange of ideas took place.

Basically the evening was filled with an overview of what steps a Transition initiative would cover and discussions of various projects that could be undertaken along the way.

There were some wonderfully innovative ideas as well as some sobering reality checks but everyone seemed to leave with a sense of optimism that it’s a positive step and unites and breathe new energy into a number of projects already underway. **The next meeting will be April 18th at 7 pm at the Community Centre.**

Spotlight: Julie Rigby - Evoc Beauty

By Tucker Dinnes

To have every guest walk out the door feeling joyous, beautiful and inspired....this is the mission statement of Evoc Beauty. If you have ever had the privilege of "Julie" time you know she delivers on that mission statement! Evoc Beauty is a small island spa located in Quathiaski Cove, tucked in behind Stranded Hair Design. (You must go "round" the back to access it)

When I asked Julie what brought her to Quadra Island she answered that it was her 1977 VW Van "Spoonster". Julie was working on Sonora Island and was exploring Quadra Island on a day off when her van broke down. She decided that the van wanted to stay and so did Julie and her partner Scott!

Julie is a great believer in shopping local. "Supporting local business is very important to me. I believe that if we do not support our local shops and services they may not be there in the future." When I asked Julie what her future vision for Evoc Beauty was she replied with a twinkle in her eye "Stay tuned!"

What Julie loves about esthetics is the interpersonal relationships that develop. She is an active listener who really cares about her clients and her caring authentic nature really shines through. Evoc Beauty provides a full range of services including pedicures, manicures, facials, massage and eyelash/eyebrow tinting. There is also a great line of mineral makeup products as well as the Sea Flora line of skin products. Please see www.evocbeauty.ca for full details.



Tucker's Top 5!

What is your favorite color? Depends on the day!

What do you like to do when you are not working? Singing and anything creative

Who are the most important people in your life? Scott and all of my parents

Do you have any pets? Scott

Where do you see yourself in 5 years? Still living on Quadra Island, with lots of foster kids and my own reality TV show!

Why Shop Local?

Businesses owned by local people that are free to make their own operating decisions benefit our community in a variety of ways. Independent business people genuinely love what they do, and have the ability to go above and beyond to make sure you are a satisfied customer - saving you time, money and stress. Independent businesses reflect the values and interests of the community, and often serve as gathering places where you can meet your neighbors, friends, and the owners of the business. Here

are 10 reasons why shopping local makes sense from www.greenupgrader.com

1. Local Economic Stimulus
2. Non Profits Receive Greater Support (Local business owners donate more to local charities than non-local owners.)
3. Unique Businesses Create Character & Prosperity
4. Environmental Impact Is Reduced.
5. Most New Jobs Are Provided By Local Businesses
6. Customer Service Is Better (Local businesses often hire people with more specific product expertise for better customer service. You are also going to see these people around town and they are less likely to blow you off or be rude because they have to face you day after day.)
7. Local Business Owners Invest In Community. (Local businesses are owned by people who live in this community, are less likely to leave, and are more invested in the community's welfare and future.)
8. Public Benefits Far Outweigh Public Costs.
9. Competition And Diversity Leads To More Consumer Choices. (A marketplace of thousands of small businesses is the best way to ensure innovation and low prices over the long-term.)
10. You Matter More (It's a fact that business respond to their customers but your values and desires are much more influential to your local community business than the large big box stores.)

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WRITER'S BLOCK



The Future is Ducky

by Julie Ann Luoma

I blame the ducks. They're so quiet and peaceful. They're so content to mosey and putter through their routine, inspecting the garden and grounds, rifling through the greenery for their favourite treats.

We adopted ducks last year, two lost brothers who found their way to the SPCA. Their job – the rationale I insisted to my husband – was to turn slugs into manure.

And, it turns out, their gift to me was much more than converting a ravenous garden pest into fertilizer.

Apparently, there's no rushing ducks.

No point in leaving it to

the last minute to shepherd them into their coop. They waddle-strut at a comfortable duck pace, with enough time between steps for exploratory pecks, just a few more, they insist, before stretching their wings and tucking in for the night.

Their easy-going approach has introduced me to a soothing new world. Me whose habit is to try to crush time with just one more thing to do before the deadline.

Their influence was remarkably quick. Within days of their arrival, I found myself standing in the yard, just watching them. Breathing easy. In the here and now. Enjoying.

They're just ducks, said the cynic. And I'm just thrilled.

The morning feeding and watering, the afternoon check-ins, the good-night, even the poop-scooping, I take my time and grin through it all. I set up a lawn chair and cluck at them, sing to them, watch them bathe and preen. And the ducks bob their neck and greet me with their raspy breathing that makes me feel they're glad to see me.

Of course, every now and then, they get into a flap. I would too if the terrier considered me a

candidate for bucking bronco sports. But the most fun the dog ever gets is being baffled in their powerful wings.

For the most part, the ducks are serene. And they're teaching me the benefits of a new sense of calm. I have found some patience, and, so far, this feels remarkably good.

Following their example, I'm far less inclined to set and race after unrealistic deadlines. There's less to prove and more room to just do what feels right. And, I'm more peaceful now, even when there's tension.

Sure, the ducks tie us down some. But,

I'm most content to simply be at home these days, outside as much as possible, enjoying that unique blend of forest and salt air. And, our intrepid country neighbours are always helpful if we have to be away.

Maybe it's not the ducks. Maybe getting up half an hour earlier to tend to them provides a time buffer that really does make all the difference to my mental health. Or maybe it's just a coincidence. Maybe time was about to soften my urgent edge.

Nonetheless, it's a marvel and a joy to stroke their silken feathers. As I collect the simple gift of dropped plumage that I'll someday turn into a cozy kitty bed, I recognize abundance in this plentiful summer of my life.

I had a fluttering dream, a childhood intuition, that being a zookeeper would be my calling. Have I stumbled into everyday bliss?

Even the knowledge that this too shall pass seems less foreboding than I would have anticipated. After all, the prediction is that ducks can have a generous lifespan when kept by a vegetarian.

For now, the future looks ducky.

When the Pigs Came

by Darcy Mitchell

My husband thought we were getting four pink piglets. Dropping the tailgate of the pickup truck, he looked at the animals backed up against the rear wall of an oversized dog crate. Two hundred and twenty pounds of pig glared back. Visions of tucking them under his arm like footballs and depositing them gently in their clean straw bed evaporated.

"You have to grab them by a hind leg," I said.

"You do it."

"I can't reach them."

If we had been closer to the cemetery, the squealing would have raised the dead.

It took the pigs three minutes to find the water and feed. It took them ten more to decide that they could go outside. Small, suspicious, white-lashed eyes blinked in the June sunshine as they hesitated at the door to their pen. The first young sow stepped out on cloven tiptoes. The other three followed. They examined the salmonberry and huckleberry bushes, the weeds, the rocks, the fence. And then they ran –

"If they escape, we haven't a hope in Hell of getting them back."

shoulder to shoulder, galloping, ears flapping, dodging around stumps and leaping over small logs like short-legged steeplechasers.

"Did you know they could run like that?"

"If they escape, we haven't a hope in Hell of getting them back."

We watched one of the pigs experimentally nose the strand of electric fencing mounted on posts that also supported four-foot high heavy-duty wire mesh. Emitting a sound more of surprise than pain, she backed off, looking thoughtful.

After ten weeks of life in a concrete barn, the pigs regarded their paddock as the C_{te} d'Azur. They rooted and rolled; they ran and they snoozed. They sprawled

in the sunshine, ignoring the effect of mid-day rays on pink skin only thinly covered by bristly hairs. When their ears started to burn, I went to the drugstore for non-toxic sun block, the kind in a spray bottle meant for children. On hot afternoons, the pigs enjoyed being hosed down, especially if the run-off created enough mud for a wallow. The summer days evolved into a new routine organized around the pigs – feed, haul water, haul more water, deliver vegetables and fruit, haul water, muck out pen, haul straw, shower pigs, apply sun block, more water, scratch pigs' backs.

The pigs gained almost a pound a day; they excavated rocks the size of soccer balls, and larger. They never confused their toilet with their bed, where they slept in a close-packed row, nose to tail, like a can of very large snoring sardines. They liked lettuce, ignored oranges, fought for watermelon and cantaloupe. They could spot a box of rejected produce from the Village Market at thirty paces, and mobbed the gumboots of whoever delivered

this largesse. Even at a hundred and fifty pounds, they would suddenly gallop around the paddock, evidently still rejoicing in their amazing good luck.

One October day, they came home in boxes from the abattoir. I wish we hadn't named them.

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Live Poetry Jam

Three Quadra and Cortes poets will be reading from their own works just when spring is in full flower. Rena Patrick, Christer Ekstrom and Steve Moore will perform at 7:30 pm at Spirit Books in the Upper realm at Q Cove on Friday, April 22. It's free or by donation. For more information call Steve Moore at 250-285-3323.

Future Energy

To make informed decisions about our future energy supplies we need accurate information about all the options available to us. Are windmills, solar panels and tidal power the answer to our energy needs? Can Thorium, the most energy dense substance on Earth, play a role in future power generation?

Charles Konkle has spent fifty years in the energy production and conservation industry and will share his insights and knowledge. Come to the Quadra Community Centre Friday April 8 at 7:30 pm. Free admission with all donations forwarded to the Japanese Red Cross.

Library Relocation

I'm questioning the proposed relocation of Quadra Island Library from Heriot Bay to Q Cove.

The Nanaimo [based] Regional [Library] Board has deemed the present library unsatisfactory.

Why? I don't know. Another site has been offered in Heriot Bay but snubbed. This is certainly unfair to Outer Islanders, North Quadra islanders and locals of the present site who will now have the extra miles to trudge.

In terms of Quadra Island, Heriot Bay library is about as centrally located as possible.

I once read that a library is the heartbeat of a community. One of the few places where young and old, rich and poor, come together in the pursuit of knowledge or ideas, or simply just a good read on a quiet night.

It seems Heriot Bay's heart is being ripped out.

I'm curious to know what other people think?

Steve Shilleto

BC Earth Hour Savings Twice Over 2010

VANCOUVER – British Columbians saved 117 megawatt hours of electricity and reduced the provincial electricity load by 1.8 percent during Earth Hour last night – almost twice as much as the 64 megawatt hours and 1.04 percent saved last year – and the equivalent of turning off about 7.8 million 15-watt compact fluorescent light bulbs.

The community with the highest reduction in consumption – six per cent – was Pitt Meadows.

BC government watchdog IntegrityBC launches

VICTORIA, BC – IntegrityBC, a non-partisan organization working to promote integrity and accountability in BC politics, was launched in Victoria on Wednesday. The organization ran its first ad campaign today in four BC daily newspapers, three interior weeklies and on four radio stations.

IntegrityBC's mission is to address broader issues of integrity and accountability across government as a way to complement the work of existing special interest groups who serve issue specific areas.

"BC politicians must be held to account when they break their promises, because integrity doesn't have a 'best before' date," said IntegrityBC founder Wayne Crookes. "Yet, as we worked to lay the groundwork for today's launch, one voter also told us that we have to break the all too common 'pattern of cynicism' which exists among the public.

Crookes, a Vancouver-area businessman and investor, said the group took her words to heart "because IntegrityBC doesn't want to fuel public cynicism. We want to empower citizens and communities. And we'll hold the government to account constructively when necessary."

IntegrityBC announced plans to launch its first petition in June calling for reforms to BC's electoral finance laws. The group is inviting citizens to complete its online survey at www.IntegrityBC.ca before the petition's official launch.

"When close to two-thirds of funding to the Liberal party came from corporations in 2009, it's understandable why many question the relationship between those same donors and government decisions." Travis noted that similar concerns existed when the NDP was in power in regards to its funding from organized labour.

"Because BC can do better, but only when each and every citizen is engaged in its governance," said Crookes

HERIOT BAY TIDES (PDT) | LINK TO TIDES AND WEATHER WWW.QUADRAISLAND.CA

DATE	TIME	m.	ft.
01 Friday	05:24	4.5	14.8
	11:48	2.3	7.5
	17:39	4.2	13.8
	23:38	2.3	7.5
02 Saturday	05:49	4.5	14.8
	12:17	2.0	6.6
03 Sunday	18:27	4.4	14.4
	00:17	2.5	8.2
	06:14	4.5	14.8
	12:46	1.8	5.9
04 Monday	19:13	4.5	14.8
	00:55	2.7	8.9
	06:39	4.4	14.4
	13:16	1.6	5.2
05 Tuesday	19:57	4.6	15.1
	01:32	2.9	9.5
	07:04	4.4	14.4
	13:49	1.4	4.6
06 Wednesday	20:41	4.6	15.1
	02:10	3.1	10.2
	07:28	4.3	14.1
	14:24	1.3	4.3
07 Thursday	21:27	4.5	14.8
	02:50	3.3	10.8
	07:53	4.2	13.8
	15:03	1.3	4.3
08 Friday	22:17	4.5	14.8
	03:35	3.4	11.2
	08:21	4.1	13.5
	15:45	1.3	4.3
09 Saturday	23:15	4.4	14.4
	04:30	3.6	11.8
	08:54	4.0	13.1
	16:32	1.4	4.6
10 Sunday	00:20	4.4	14.4
	05:43	3.6	11.8
	09:40	3.9	12.8
	17:26	1.4	4.6
11 Monday	01:26	4.4	14.4
	07:17	3.5	11.5
	10:52	3.8	12.5
	18:29	1.6	5.2
12 Tuesday	02:21	4.5	14.8
	08:32	3.3	10.8
	12:42	3.7	12.1
	19:37	1.7	5.6
13 Wednesday	03:03	4.5	14.8
	09:25	3.0	9.8
	14:16	3.8	12.5
	20:43	1.9	6.2
14 Thursday	03:39	4.6	15.1
	10:08	2.5	8.2
	15:33	4.0	13.1
	21:42	2.0	6.6
15 Friday	04:11	4.7	15.4
	10:48	2.0	6.6
	16:43	4.3	14.1
	22:36	2.3	7.5

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We can help you clean and maintain your home and garden. Clean your windows, **prune your fruit trees, roses and other trees**, finish a renovating job. We can help with pretty much anything around your home and yard. Please call CanDoServices at (250) 285-2874 or Email at candoservices@live.ca

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There may be cheaper ways but the DI works!!

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with any questions

FOR RENT

FOREST CABIN RETREAT

overlooking a magnificent stream in the woods. Offers peace, privacy, tranquillity and quiet enjoyment. Sleeping loft, wood heat, fridge & propane stove. \$475/mo. Available immediately to single person; non-smoker. (250) 285-3871 (497)

QUADRA SENIORS HOUSING

Only one unit left available for Rent to Independent Island Seniors 65 years of age plus. Interested - inquire now. \$650 per month plus utilities. Contact Jeanne Stoppard at 285 2835 evenings for more info.

SERVICES

GARDENERS

Experienced gardeners for hire. Let us help your garden be the best it can be. Certified horticulturists. Call Ryan and Jessica at 250-202-2326 or e-mail info@ryansgarden.com (498)

Q-COVE APPLIANCE REPAIR

We are now a full service appliance repair facility for all of your domestic appliance needs at affordable rates. We are a new and used parts depot for all appliances and carry a good selection of quality rebuilt appliances. All come with one-year warranty on parts and labour. Free delivery for most of Quadra. **Call 250-285-3425 or cell 250-202-3425**

NOLE CREEK SAWMILLS

Milling, moulding, kiln drying to all your specific requirements. Specialty beams to 32 ft. Siding, flooring & Much more. Your logs or mine. Free local pickup and delivery. Call Greg 250-285-2762 www.nolecreeksawmills.com

PHOTOGRAPHY

Capture your family memories, special occasion or document a project or industrial site with award-winning photography. Call Philip Stone at 250-285-2234 or visit www.wildisla.ca/photography for more info, rates and samples.

FOR SALE

CORTES ISLAND 72.5 Acres

Seven 10-acre shares, water views, garden sun. 2 of 7 sites on-deposit. \$80,000 per share.

Dick Hayes 1- 250-935-6612

SERVICES

4 CORNERS BOOKKEEPING & TAX SERVICES

Certified Bookkeeper now accepting new clients. Deb @ 285 2750

ACCOMMODATION

FIRESIGN ART & DESIGN STUDIO and B&B

Enjoy quiet privacy in our delightful 3-bedroom B&B with kitchenette, includes multi-course breakfasts specialising in wheat-free baking. Tourism BC Approved, BC B&B Innkeepers. Art studio, gallery, amber jewellery, workshops. 250-285-3390. www.firesignartanddesign.com

OUTDOORS

Become a Better Kayaker!

Beginner, intermediate & advanced kayaking courses at Discovery Islands Lodge on Quadra Island; scheduled and custom dates. Certified, friendly, and expert instruction from local professional kayakers. **Coast Mountain Expeditions 250-285-2823**

SHOPS

HEALTH TIP #10

ALLERGY SEASON IS HERE

Itchy red eyes, sneezing and runny nose? Pollens causing you hayfever grief?

For only \$8.00 /year you can reduce your hay fever by 75% using homeopathic Pollens 19.

For \$13.00 you can get immediate relief from your symptoms using Sadalia - a homeopathic remedy that has similar effects to Benadryl™ without the side effects.

Come talk to us - we have many other options to suit your needs.

AmpedonNutrition.com
250-285-3142

HELP WANTED

Now Hiring **PART-TIME BAKER**. Reply with resume to Box 200, Heriot Bay, B.C. VOP 1H0

TSA-KWA-LUTEN LODGE

Tsa-Kwa-Luten Lodge re-opens for the season April 18th, 2011 and we are seeking both mature and youthful employees looking for part or full time employment for our awesome oceanfront location. Transportation is provided to and from the ferry to the Lodge for most work schedules.

Positions Available:

Line Cooks

Chambermaid or Laundry

Server or Bartender

Dishwasher or Busser

Deadline to Apply is April 03, 2011 by fax: 250-285-2532 or by email: info@capemudgeresort.bc.ca or mail: PO Box 460, Q. Cove, B.C. VOP 1N0

SUMMER RECREATION PROGRAMMER

Quadra Recreation Society is seeking a skilled programmer to organize and administer the summer program for children as well as general management of the Quadra Community Centre whilst present staff is on vacation. A full job description and qualifications required can be viewed and downloaded at www.quadrarec.bc.ca

ADVERTISING

GOOGLE'S NUMBER 1 RESULT

Looking to promote your business, rental accommodation property for sale by owner?

www.QuadraIsland.ca is the number one locally managed web site ranking top with Google for almost everything to do with Quadra Island.

Listings and web banner ads are affordable and very effective.

Contact Philip Stone 250-285-2234 or email:
info@quadraisland.ca
to find out more.

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