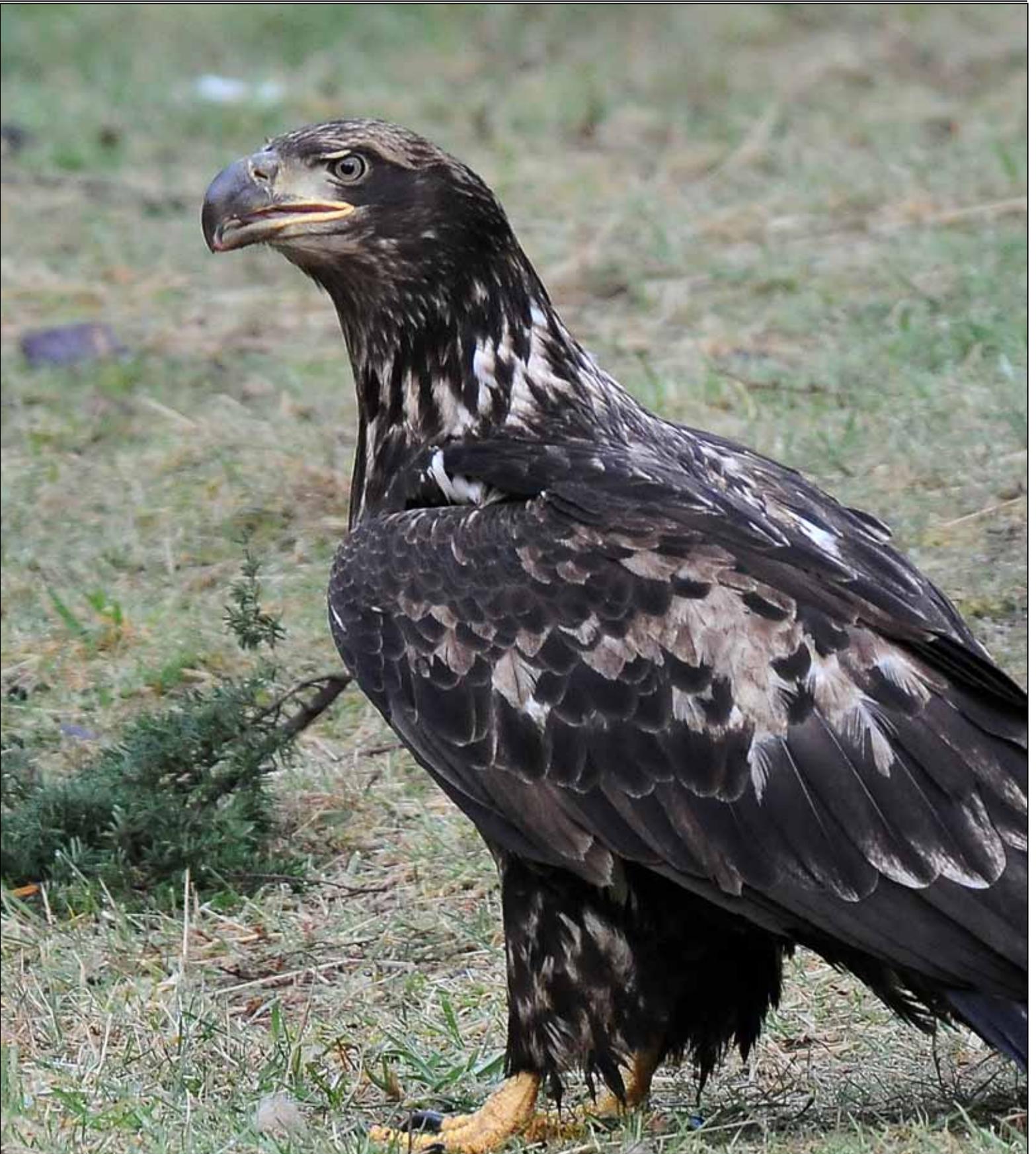


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ISLAND CALENDAR

Submit your news or event info, editorial runs free: email: news@discoveryislands.ca drop off 701 Cape Mudge Rd. or at Hummingbird

DAY TO DAY

Friday, March 18

- Friday Flicks - Tamara Drewe, PG-14 doors 7:30 pm show 7:45 pm
- Howling Dogs at The Landing, no cover charge

Sunday, March 20

- Community Sing QCC 1 - 4 pm cost \$15
- Radical Reels Extreme Sports films, Tidemark Theatre, CR 7 pm
- Jazz with Dave Ashton Trio Noelle Maffin Herons at the HBI 5 - 8 pm
- Noelle Maffin & Dave Ashton Trio 5 p.m. to 8 p.m. HBI Dining Room

Friday, March 25

- Vancouver Intl Mountain Film Festival, Tidemark Theatre, CR 7 pm
- 'Humans' - live music at the HBI 9 pm \$10 at the door incl. drink ticket

Saturday, March 26

- Powerful 7:30 pm QICC

Monday, March 28

- Transition Island initiative meeting, everyone welcome, 7 pm QCC

Tuesday, March 29

- Quadra Island Cemetery AGM 8:00 pm at the Quadra Legion

Friday, April 2

- Friday Flicks - Soul Kitchen, PG-14 doors 7:30 pm show 7:45 pm
- Aries party in the HBI pub. 9:00pm. Free.

Wednesday, April 6

- Free Money, 11:30 am to Noon, before Community Lunch, Q.C.C.

Saturday April 9

- Lasquirkus - circus troupe, parade Q Cove 2 pm, show QCC 7 pm
- Murder Mystery Interactive Dinner. Reserve by April 2 to receive information package. Only \$49.00.

Sunday, April 10

- Earth Day Annual Beach Cleanup 10 am to 4 pm Rebecca Spit

NEXT DEADLINE: MONDAY, MARCH 28TH, 2011

THE REGULARS

MONDAY

- Parent & Tots, QCC, 9:30 am - 12 pm
- Low Impact, 8:30 am, QCC
- Yoga with Josephine, Room 3, QCC, 10 am -12 noon
- Karate, 4 pm, QCC
- Sing for Pure Joy! Room 3, QCC, 3 - 4:30 pm, *All welcome.*
- Alcoholics Anonymous, Quadra Children's Centre 7 pm
- Movie Night at the HBI (unless there's a Canucks game!) FREE
- 1st Monday** - Quadra writers group, 7 - 9 pm 285-3656

TUESDAY

- Gentle Yoga Flow with Marnie, Vitalis 9 am - 11 am
- Quadra Children's Song Circle, Room 3, QCC3 - 4 pm
- Caregivers Support Group 10 am QCC
- Intermediate Yoga Flow with Megan, Vitalis 5:45 pm - 7:00 pm
- Al-Anon Meeting, Quadra Children's Centre, 7:30 pm
- Folkdancing, QCC, 7:30 pm, Sept 21-Apr 26
- Vinyl Night with Mo at the HBI Pub 7 - 9 pm

WEDNESDAY

- Yoga with Carol Foort 9:30 am, QCC
- Parent and Babes 11 am QCC
- Climbing Wall Teens 4:00 pm QCC
- Yoga with Carol Foort 6:15 pm, QCC
- Climbing Wall Family 6:30 p. QCC
- U of Q! HBI Pub, 7 pm, free
- Hand-drum Circle, Upper Realm, 7:45 - 9:15 pm
- 1st & 3rd Wednesday** Food Bank, QCC 1 - 2 pm
- Lifedrawing sessions, Firesign Studio, 7 - 9:30 pm Nancy, 285-3390

THURSDAY

- Gentle Yoga Flow with Marnie, Vitalis 9 am - 11 am
- Parents & Tots, QCC, 9:30 am - 12 pm
- Karate 4:00 pm QCC
- Climbing Wall Kids 2:30 pm QCC
- Intermediate Yoga Flow with Megan, Vitalis 5:45 pm - 7:00 pm
- Prayer Meeting, Quadra Island Bible Church, 7 pm
- Drop in games and wing night, Legion, 7:00 pm.

FRIDAY

- Friday Karaoke with Big Bad Blake 9:00. It's free!

SATURDAY

- Legion Meat Draw 5pm, Steak Dinner 6:30 pm
- Open Mic with Mo, HBI, 9 pm

SUNDAY

- Centre for Spiritual Living Celebration, Willow Point Hall, 10:30 am
- Family Service, Quadra Island Bible Church, 10:30 am
- Quadra Sunday Painters, 11 am - 2 pm, 285-3390
- United Church-11 am, first Sun. of month-12 noon, 285-3163.
- Buddhist meditation, Upper Realm, 10 am.
- Country Music Jam with Steve Trayler in the HBI Pub 3:00 pm



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DISCOVERY ISLANDER

ISSUE 495

MARCH 18, 2011

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(* includes GST)

Submission Guidelines

Items for publication are welcomed
on subjects of interest to the
Discovery Islands community.
Please help us by following these
guidelines:

Please print handwritten
material clearly.

Items sent by email do not need
to be an attached file. Just send
text in the body of the email.

Please spell check in Canadian
English.

Please use the title of the item as
email subject.

No MS Publisher, WordPerfect
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please. Send imported graphics
separately.

Please don't send original
irreplaceable material.

Please remember to caption &
credit photos and artwork.

Don't write on the back of
photos, use labels or sticky notes.

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items submitted, errors and accidental
omissions do occur.

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NEXT DEADLINE
MONDAY, MARCH 28

ISLAND FORUM

A Fool's Reign

I liked Chris Thomson's letter on voter apathy, and David Cox's rant on the incompetence of the politic to create for the populace a meaningful prosperity. So like a bear coming out of winter's hibernation only to find snow, I offer my views. Working over Chris's idea I propose when people vote they have the choice of putting an X in the Apathy box, as well as the candidate of one's choice. If more than 50% of the populace are ticked off enough to place an X in the box, a Fool or Jester is appointed to the legislature and given all the social privileges, perks, monies of an MLA as well as immunity from prosecution for what he has to say. The Fool appoints the successor after one term. Just think of the cumbersome costs saved by Elections BC, borne by the populace, as they try in a futile way to instill some excitement for voting. I don't intend to be disrespectful but voter turnout is steadily dropping and a "concern" I'm sure for these dutifully paid people. The Fool is allowed two minutes to speak each day the legislature sits, in a dead silence enforced with a replica of the Mace created in foam rubber wielded by a child on welfare or one daft on drugs picked from the street the day of the sitting. \$20 for the privilege paid out. You may think this is outrageous, but it is one aspect of the monarchy which I think to be useful after reading about the reign of King Harald of Norway a 1000 years back.

A record in Hansard may go like this.

The Fool: The philosophical politic has corrupted the Supreme Court of BC as observed in the handling of the BCRail case, 9 years of meddling with the courts hasn't served us well! Reads out 2 minutes of details to give himself a peace of mind.

Interrupted by a backbencher "Your insane, you Fool" I'll sue you, and I'll see you in court until your children are begging in the streets for food!

A fast run is made upon the bencher with the Mace, but the time is up and he flees for the door well practiced in the art.

That's one suggestion for reform.

The motto to stand by: you can't legislate sanity or civilization!

Another is to eliminate the laws creating a burden for the populace through costing it over \$200 million annually, and impairing it's ability to have fun while eekin out a living.

Don't make new laws, until old ones are eliminated. A lively debate for sure.

I bring up the esteemed Fool as a way for relevance for us as we appear to be entering an age of "The New Feudalism". My eating out with coffee at the beloved Aroma Cafe is taxed, carbon neutral bicycles are taxed, and money is the religion to be obeyed now.

Parking meters in the parks. Flim Flam Ferries Fiasco, where the money making routes are disallowed to finance the ones which don't provide profits for the private owners.

Princess Christy Clark speaks about the FAMILY, just as the Harperite's do. Now as we are no longer living within a Government of Canada but ruled under the Stephen Harper Government. I am deeply suspicious of the way in which we are rallied to the FAMILY politically. Read the news if you haven't lately. I'm not privy to the intrigue and manipulations of Ottawa's court, but I suspect a coup d'état is happening inspired by neocolonial Princes in Washington DC over the issue of oil rights

and their execution of price warrants. I'm not out hoeing turnips yet, but as its a gorgeous day, survival is beckoning with firewood.

It's a gorgeous day out and firewood beckons.

Yours
Hugh McNab
Surge Narrows

Flummoxed Flicks

I am writing in response to the letter from Baden and Ulrika Cross in the March 4th Island Forum.

Friday Flicks has been showing quality national and international films to Quadra Islanders for almost 40 years. We are a group of volunteers who order films, set up the hall, bake goodies, make specialty beverages and try to make an enjoyable, affordable evening out for Islanders. As it is not possible to screen the films before booking, we try to read as many descriptions and reviews about the films before adding them to our line-up. Each film has an objective write-up published locally and on it's poster.

The blurb for "House of Branching Love" clearly stated that it was rated 18A and the synopsis was a spot-on description of the subject matter. We try to show a diversity of culture's movies. We have shown at least one Finnish film before and it was well received. Mika Kaurismaki has some renown and has been making films in Finland since 1981. I personally chose this film for our spring line-up and will not apologize for it as I found it quite funny and as quirky as other Finnish films I have seen.

I wish that Mr. and Mrs. Cross had spoken to someone in our group rather than complaining in the Discovery Islander. We recommend viewers research films on the internet before attending any movie. I am sorry that they are so disappointed with their countryman's film production.

Martha James

Have an opinion to share?
Submit your letter
to the DI by email:
news@discoveryislands.ca
Regular 'ol mail with a
stamp to Box 280 in the
Cove or fax it in to
250-285-2236

THE EDITOR NOTES

Seems the word 'sustainable' gets thrown around an awful lot these days. Companies, organizations and yes, even developers are bending over backwards to let us all know how clean and green their products, services and ideas are. Heck there's even a radio ad I heard recently pitching 'green car insurance'!

Complete oxy-morons aside just how do we wade through the flood of greenwash to make smart, truly sustainable choices?

In order to be sustainable, a resource, community, pick your entity of choice: needs to be maintained at a certain level more or less indefinitely.

When we think of Quadra Island as having a 'sustainable' community we can ask ourselves "What are the activities, businesses and yes, developments, that can be 'sustained' over a long period of time, say 500 years?"

Two categories might be listed.

1- things outside our control, eg: cheap fuel. It is extremely unlikely that anyone is going to be driving a 250 horsepower pickup truck a century from now. Oil production is declining and prices are rising. It is safe to say that large, individual petroleum-powered vehicles are unsustainable because all the oil is being used up.

2- things within local control, eg: food supply. At the moment our food supply is highly insecure, but by cultivating more land, growing more crops and adapting our diets we could build a sustainable local food supply.

To become truly 'sustainable' a community needs to take charge of those essentials that are within its power to do so.

But to start, how are we going to know how much food to grow in order to feed everyone?

Or, the 'big elephant in the room' - what level of population can be sustained on Quadra without damaging or depleting critical resources like our groundwater?

Within these questions really lies the rub.

The only way something can claim to be truly sustainable is if it can be accurately measured and proved to meet an assessed need.

The ability to address an ongoing need must then be planned for and measured over the long-haul.

In the case of a housing development, that would mean a whole series of measurements: starting, as we've noted, with determining the long-term carrying capacity of the community in the first place.

Some may laugh, but a truly sustainable building project would probably have grown, harvested, milled and stored the lumber on-site, and have sheep grazing the cleared land to provide natural wool-fibre for insulation etc etc.

Chuckling aside, the point is, **just calling something sustainable doesn't make it so**. Yet the ideals of sustainability may end up sooner or later being crucial to our community's long-term survival.

If we want our children and grandchildren to be able to have a safe and secure Quadra Island to live on we need to reject unsustainable practices, begin to measure what our community really needs and can support,

and embrace activities and developments that contribute to community resilience and self-sufficiency indefinitely.

When we look at two of the recent development proposals that have come before our community: the scallop farm expansion and Gowlland Harbour Views, there has been an outpouring of vehement opposition from some members of the community toward two developments that have been touted as 'sustainable'.

Unfortunately, neither flying seafood to overseas markets or providing harmonious construction guidelines actually adds up to real sustainability.

But equally unfortunate is that the opposition to these projects has been laced with hypocrisy and lacked a constructive, alternative vision. Both developer and opponents speak of the same desire, much of which claims to be sustainable, eg: tourism vs. scallops.

But flying for a two week stay on Quadra is no more sustainable than shipping scallops by air.

So how can we as a community switch from conflict to cooperation? Shift from greenwash to real sustainability?

Could it be just as simple as building a shared vision?

Our OCP has some important language reflecting countless hours dedicated by members of our community. However, it is not enough to rely on zoning-by-laws and other restrictive language to guide us into an uncertain future.

We need a vision that describes what we CAN do, using language that is positive and reflective of the diversity of solutions that will be necessary to build a healthy and sustainable future for Quadra Island.

Many communities world-wide have reached a similar conclusion and the result has been the rise of the 'Transition' movement. **A transition initiative is building on Quadra Island and offers a way to tie many goals together, toward a shared vision of a resilient, sustainable community. Find out more on March 28th at the community centre.**

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AREA C DIRECTOR'S REPORT

March 18, 2011

by Jim Abram

Well, here we are at the middle of March already. The first day of spring is only a week away! I guess I am going to have to find some time to clean up my garden from last fall so I can prepare for planting. Too many meetings! However, we have been fortunate to have as much attention as we have had from the Regional District staff (and board for that matter). I have mentioned the meetings in the past three reports and in this report I will tell you a bit about each of them that has taken place.

Meetings Recap

Wednesday, March 2nd (6 to 9 pm at the Maritime Heritage Center in CR) - Pacific North Coast Integrated Management Area town hall meeting (PNCIMA). I am the SRD representative on this initiative and it deals with the marine planning of our coast. They are looking for input from communities. There were about 30 people in attendance and a brief presentation was given on the process and then the public broke into working groups to answer a number of questions concerning issues that effect our coast. It went very well and a lot of positive feedback was received by the planning office of PNCIMA. I was pleased to see so many Quadra people in attendance and participating. Thank you all for coming.

Thursday, March 3rd (7:00pm @ Quadra Elementary) - Schellinck Public Meeting Re: DL 208 application (Gowlland Harbour Views). This was a public information meeting sponsored by the applicant and was a good source of information concerning the proposal. Three SRD staff attended also to speak from a planning perspective and to answer many questions about the process. We are a long way from being ready for a public hearing on this proposal, but I think that the evening was productive.

Monday, March 7th (7 to 9:00 pm @ Quadra Island Community Centre) - Q. Cove Sewer Expansion Area Meeting. This meeting was attended primarily by people interested in expanding the Quathiaski Cove Sewer Service Area so that they can hook up to the existing sewer service. (the sewage treatment plant is only operating at 10% capacity right now). There are 53 properties included in this proposal. Staff gave an excellent presentation and anticipated many of the questions that might be asked and were very prepared with a power point presentation that included costs and options and the process that will need to be followed if this is to proceed. It will be up to the people in the expanded area to decide if this is to go ahead. The SRD will not be promoting or pressuring anyone to make this happen. It was requested by residents and it is up to them to see if they want to proceed

now knowing what is required. I am very pleased with the work that has been done. It has been thorough and professional.

Wednesday, March 9th (7:00 pm Quadra Island Community Centre), Financial Plan presentation by staff and overview of 2011 work plan for Area C. This explained the SRD budgeting process and showed where your local government tax dollars are used. It was surprising to see only eight people in attendance when taxes always seem to be such a major issue in all communities. Our top staff attended to explain the process and to answer any questions that you might have. It was disappointing for me since we put so many hours over very many months to bring you an eight percent reduction in this year's projected taxes! We are requisitioning less in almost every service. So let's hope that when you get your tax bills, you will be pleasantly surprised! Since the budget is not finalized, this scenario could change between now and June, but let's hope not. I also want to point out to everyone that the only taxes that I am speaking of at this time are the local government portion of your tax bill. It is separate, so please take the time to look at the bill carefully. I am not talking about the school tax (provincial), policing tax (provincial) or the fire department (it is its own taxing authority and is not taxed through the SRD). I have no idea what the total tax bill will do but I have a

pretty good idea what our SRD portion is supposed to do.. Go down!

Thursday, March 17th - (7pm at the Fire Hall), Quadra Island Safety Committee... Questions about roads, ferries, emergency services? This is the place to discuss those issues. This one will have taken place by the time you read this, but you can certainly attend future ones if you like. Many of the issues that I receive calls about really should be dealt with at this committee. I'll be there!

Wednesday, April 27th - (7pm at the Community Centre), Public Hearing for the Timber West rezoning application for the dry-land sort. This hearing is an important one and everyone who deems their interest may be effected should attend. There will be a further explanation in the ads put out by the SRD in the future. Just keep it on your calendars.

I am going to leave it at that for this report. I am sure I will think of other things to right as soon as I hit "send", but that is it for now. Feel free to call me between the hours of 8:30 am and 7:00 pm, Monday through Friday (**please, not on weekends, folks!**) at 285-3355, or you can fax me at 285-3533 or you can email me anytime at jimabram@xplornet.ca, or by mail at Box 278 in the Cove, V0P 1N0... Lots of choices.

Please note my new email address.

Respectfully submitted,

Jim Abram

Director, Discovery Islands - Mainland Inlets (Area C), SRD

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NEWS AND EVENTS

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Quadra Island Cemetery AGM

Tuesday March 29th, 2011; 8:00pm at the Quadra Legion

Jazz wth Noelle Maffin

Noelle Maffin, backed by the Dave Ashton Trio, is playing and singing jazz music at the Heron's Dining Room (HBI) on Sunday, March 20, from 5 p.m. to 8 p.m.

It's wonderful to have Noelle singing & performing again after giving birth to two lovely twins. Noelle will be accompanied by one of the best sax players on Vancouver Island & Dave Ashton, a new jazz piano player, who just moved here from Victoria. Plus, there will be some light brush work on the drums in the background.

There is no cover charge for his event, so phone the HBI at 285-3322 to make a reservation.

Community Sing!

Building Community Through Song
Ah! Singing!

Come re-enchance the world with melodies, harmonies, rounds and body rhythms from different cultures around this glorious Earth!

A safe, non-judgmental place where anyone and everyone can Sing for Pure Joy!

No written music is used.

"The majority of music in the world comes from the oral tradition and all songs are learned by call and response recognizing that this is the most accessible and effective way for the majority of people to learn and retain songs in the longer term." (Natural Voice Practitioners)

Where: Quadra Community Centre (Main Hall)

When: Sunday March 20th 1 - 4 pm

Cost: \$15 (sliding scale by request)

Pre-registration is recommended.

Songs led by Mary Dennison.

Guest accompanist - Didgeridoo Master and Drummer extraordinaire Zach Sukuweh

Didgeridoo sound vibrational healing circle to follow.

WWW.DISCOVERYISLANDER.CA

Newcomers to Quadra Island Welcome

New to Quadra? The Discovery Islands Chamber of Commerce and local businesses welcome you with a gift bag. Please contact Judy at 285-2150.

Quadra Businesses Donate to Trails

The Quadra Island Trails Committee would like to thank the following businesses for their recent contributions.

Quadra Island Builders Ltd. donated plastic wood, which will be used to build boardwalks on the Kay Dubois Trail. Taku Resort donated funds to the Trails Committee in lieu of sending Christmas cards to their clients, and Pielou Design Works volunteered to route numerous signs for the Quadra trails. Thank you all for your generosity and continuing support.

Meditation Retreat

Buddhist meditation retreat with Robert Beatty at the Quadra Community Centre April 15, 16, 17. Contact Don McEachern, Box 36, Quathiaski Cove or dmceach@telus.net.

New Playground in Blenkin Park

Hey Dads, come for some male bonding whilst erecting the new playground in Blenkin Park. A playground company supervisor will lead the construction crew. It's Saturday, April 2nd and 3rd and we will give you lunch as a bribe! If you can commit to the weekend or part of it, please phone 285 3243.

A Big Thank You

To readers who have made a supporting contribution to the DI and always to our loyal advertisers - it helps keep the ink flowing.

fun every weekend

Open Mic with Mo

Saturdays in the Pub
9 pm - 12 midnight

Every Sunday 3-6 pm
Country Music Jam
with Steve Trayler

U of Q

7pm in the pub

March 23
Basic Spanish

March 30
Fruit Tree Care & Pruning

Fridays
Karaoke
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Herons is open every day

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LIVE MUSIC - Humans - Friday, March 25

With special guest Autacoid

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Heriot Bay Inn

Island Adventure Resort

Herons/Inn 285.3322 Pub: 285.3539

Photo Contest @ The Library

Photography buffs of all ages won't want to miss the upcoming photo contest at Vancouver Island Regional Library.

'Spirit of Nature is the theme of the amateur photo contest held in conjunction with Victoria's Royal BC Museum.

The contest is one of several events to mark the museum's opening of *The Other Emily: Redefining Emily Carr*, an exhibit of one of Canada's greatest woman artists.

Photo entries will be accepted from amateurs in three different age categories: children (12 and under), youth (13 to 18), and adults (19+). Winners will be entered in draws for prizes provided by the Royal BC Museum in the form of admission tickets to the exhibit, and coffee table books on the artist's work.

All photo entries must be 5" x 7" in size, and one copy must be submitted; photos will not be returned. Each person is limited to two entries.

By entering the contest, the amateur photographers agree to have their winning entry published on the VIRL website, displayed in VIRL branches, and at the Royal Museum.

Entries should be dropped off at any VIRL branch, by March 28, winners will be notified by April 13.

Winners will be entered in draws for prizes provided by the Royal BC Museum in the form of admission tickets to the exhibit, and coffee table books on the artist's work.

For photo contest rules and entry forms, please visit your local library branch of Vancouver Island Regional Library or the website at www.virl.bc.ca.

Firesign Events

Firesign has Spring Drop-in, Classes, and Workshops Wednesday evenings 7-9:30 at Firesign Studio offers drop-in sessions in drawing, painting, still life, figures, plein air and creative explorations. Bring your own work or play with something new. Grant Fuller comes to Quadra to teach Saturday drawing classes beginning March 26. And on March 28-April 1 Clive Powsey instructs 5 days "Light and Atmosphere in Watercolour Landscape". Please call Nanci 250-285-3390 or email: quadraart@gmail.com . www.firesignartanddesign.com

Free Chimney Sweeps

Starting in the Winter of 2012, free Chimney Sweeps will become available on Quadra Island. Home safety is very important and the burning of wet wood, which often happens at this time of the year, presents a danger if regular chimney sweeps are not done.

The Free Wood Association in co-operation with Master Sweeper Gabe Aston are offering this service next year provided we can raise \$1,000 by January 2012. So far there is \$488 in the Free Wood Association account at the Quadra Coastal Credit Union. Please consider putting a donation in the Free Wood Association account next time you go to the Credit Union so your neighbour's and friend's houses will be free from any possible fire damage.

Call Steve Moore at 250-3323 for more information or call Gabe Aston at 250-204-5228, who can sweep your chimney now for just \$75 plus tax. But next year, depending on the generosity of Quadra Islanders, it could be free!

Evening Dialogues

The Museum at Campbell River is pleased to be presenting another series of Evening Dialogues. This popular series creates a public forum that encourages healthy debate on issues both global in scope and relevant locally. Everyone is encouraged to participate, share and exchange ideas.

The series kicks off on Thursday, March 24, from 6:30pm to 8:30pm, with the topic 'What Defines Morality in Canada?' Given the diversity of beliefs and cultural behavior in Canada, is it possible to define a common national morality? If so, then what is moral behavior in a pluralistic society?

Then on Thursday, April 7, from 6:30pm to 8:30pm, the Series continues with the topic 'What is Canadian Culture?' The debate on whether there is a distinct Canadian culture and identity has sputtered on since the 1950's. But what are aspects of our national identity that we can define now in 2011 that may point us to understanding ourselves as a collective of peoples?

Both of these Dialogues will be hosted by Michael McIvor. McIvor has extensive experience working internationally as a journalist and for numerous NGO's. During his career with the CBC, he was a Washington correspondent, Moscow Bureau Chief and Senior European Correspondent.

Admission is by donation. Please check the Museum's website at www.crmuseum.ca for more information.

Discover Quadra 2011

It's "Open House" for Quadra Island! Put June 11 and 12 on your calendar, to visit tourism and hospitality businesses on the island. Accommodation, dining, and tour businesses will open their doors for visitors, and show you what they have to offer. It's a great chance to celebrate island hospitality and see what is available for you and your guests.

Businesses interested in participating should contact Susan at swilson@gicable.com or 285-2556 for information. Registration deadline March 31.

Haig-Brown Writer in Residence

The Museum at Campbell River is pleased to be offering a workshop with the 2011 Haig-Brown Writer in Residence Patricia Robertson. On Saturday, March 19, from 1:30 pm - 4:30 pm, Robertson will work with writers on the subject of 'How To Develop Characters'. According to Robertson, "the basic premise of fiction is that plot grows out of character". This workshop will assist writers with deepening an understanding of how characters function within plot development. The workshop will include short writing exercises, sample readings and lots of discussion. Guaranteed to stimulate your imagination! Light refreshments will be on hand. The cost for the workshop is \$40.00. Space is very limited so please register early at 287-3103.

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New Shredding Business Serves Businesses, Creates Opportunities

The Campbell River and District Association for Community Living has launched a new business after purchasing a big machine they're hoping will make a big difference in the lives of their clients.

Thanks to a grant from the Vancouver Foundation, the Association has bought a paper shredder and created Skyline Productions Confidential Paper Shredding.

Connecting clients who have developmental disabilities with the world of work is a big part of what the Association does, and they're hoping the new initiative will be another in a long line of its successful Supported Employment programs.

The Campbell River and District Association for Community Living is renowned in B.C. for its forward-thinking, leading edge approach to helping people with developmental disabilities obtain work, and they're always looking for new ways to make jobs happen. The shredder will do more than safely dispose of confidential information for local businesses, it will also provide employment for two men - and that's just to start. The Association is hoping that as more customers come on board, more people will work on the paper shredder. Greg Hill, Executive Director of the Association, said for adults with developmental disabilities, finding employment provides the dignity of meaningful work for meaningful pay.

"Having a job is huge," Hill said. "It's so totally empowering for the clients."

Maureen Brinson, supervisor of the Association's Supported Employment Program, said the Model 16-150 commercial shredder compacts and shreds paper at the same time and can operate for up to 16 hours a day. She added that paper shredding is a job with a definite beginning, middle and end, and it can be accomplished by people with a wide variety of abilities. For the Association's clients, working at a job that provides a valuable, needed service in the community is vital.

"It's really nice not to look for a hand-out but to offer a service, a valuable service," Brinson said.

As concerns about the possibility of identity theft increase, paper shredding is a service that's important to any business, or individual, with stacks of till tapes, credit card receipts or other confidential papers piling up. Skyline Productions Confidential Paper Shredding knows the importance of privacy and confidentiality, so provides the option of locked pick-up boxes to its clients. Weekly or monthly paper pick-ups can be arranged, or clients can use the service on a one-time only basis. All the shredded paper is recycled.

To find out more about Skyline Productions Confidential Paper Shredding, call 250-286-3217 or email shredding@cradacl.bc.ca.

Free Money

Free Money is available from 11:30 a.m. to Noon on Wednesday, April 6 in the Board Room at the Quadra Community Centre (right before the Community Lunch).

Free Dog & Cat food & free condoms & free brown rice are also available.

New free items of the basic necessities of life will be added every year until all the basic needs of life (like warmth & food & money & sex) are completely available to everyone on Quadra Island, regardless of income level.

By the year 2068, poverty will be a thing of the past because money will not be needed for basic necessities.

Money and credit cards will then be restricted to luxury items only, like jewelry, T.V.'s and new cars.

Donations to the Free Money Association & the Free Wood Association & Free Brown Rice Association can be made at our local Coastal Credit Union. Call Steve Moore for more information at 285-3323 or with suggestions for new free items for the year 2013 (2012 is already spoken for re Free Chimney Sweeps)

Welcoming Visitors

Quadra Island Visitors' Binder 2011

Production of the 2011 edition is underway! Visitors to Quadra Island find out what's going on, where to go, and what to do.

If you belong to a non-profit group that welcomes drop-ins, visitors, and just-plain-interested folks, please get in touch for a free-listing in the Calendar of Events in the binder. You may wish to invite more people to participate in your group activity, for fun, for help, or simply to introduce them to, and include them in, our local island culture.

Whether it's a weekly bike ride, or spontaneous hikes, a play group for kids, more players for ballgames, volunteers or participants in an activity, you'll reach seasonal residents and summer visitors this way to let them know what's happening and invite them to participate.

Contact Susan by March 30 at swilson@gicable.com or 2556 to be included in the free listing.

Drum Jam

We are jamming Wednesdays at 7:45 p.m. Most of our regular drummers are currently experiencing "withdrawal symptoms" because drumming in a circle has it's positive addictive qualities, especially the "high" when all the drums become just "One Drum."

If you have a hand drum just sitting somewhere at home, why not swing into action and come on down to the Upper Realm in Q. Cove on any Wednesday night. If you don't have a drum, no problem, we can supply you one for the evening. There is a \$5 drop in fee to help pay for the rent. Call Steve at 285-3323 for more information.

My Two-Bits' Worth

In her change from Heriot Bay True Value the other day, Win found a rather worn quarter. On inspection we saw a king's head, not George the Sixth, but his old man, George the Fifth. The date on the coin is 1919, the year I was born. This coin, like me, was retired from circulation many years ago and someone has been hoarding it. Its purchasing power over the last 91 years has dropped to less than 1/30th of its original, but it is genuine silver. Possibly someone on Quadra got down to their last two-bits and had to spend it. If there is a story behind it, we would like to hear it.

George was a real monarch, not like Queen Latifa and King Kong who are pretenders.

Frank Smirfitt.

Free Brown Rice

The Brown Rice Association is offering free rice to residents of Quadra Island. Small bags of rice will be available at the Food Bank distribution on Wednesday, April 6th from 1 pm to 2 pm at the Quadra Community Centre. Also, bags of rice will be available at 11:30 am during the Free Money distribution at the Quadra Community Centre on the same day. This is your opportunity to stock up on rice before the price goes way up. We hope to make this a monthly event at the Food Bank.

Brown Rice is very healthy and can be mixed with pre-cooked vegetables & salt & pepper & butter.

Donations to the Brown Rice Association at our local Coastal Credit Union will ensure that everyone, regardless of income, can have brown rice in their kitchen. For more information, Call Steve Moore at 285-3323.

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Friday Flicks Tonight!

Tamara Drewe

Quadra Community Centre

Doors 7:30 – Showtime 7:45

Adm: \$5 - \$4 for stu/snr.

RATED PG-14 for sexual content.

The English pastoral life gets quite a send-up in *Tamara Drewe* by Director Stephen Frears. Bucolic Dorset is the backdrop and the human setting, a writers' retreat that takes money for encouraging delusion and denial in its wannabe novelist clients. But there are more than layers of literary reference to peel away in this narrative. The less than picturesque "malice and boredom of the middle-class countryside," a place where other people's business is the lingua franca, provides ample complication and conflict.

When Tamara Drewe returns to the sleepy village of Ewedon, she creates a "combustible state of affairs" and sends the locals all of a flutter. Directed from a screenplay based on Posy Simmonds dark graphic novel, the film renders a more colourful "soap-farce pastoral of British Bourgeois out-of-towners." But it still shows a dark side. Unwholesome entanglements are revealed, including the socio-sexual prerogatives of older men. "Thomas Hardy parallels aside, these country folk are a madder, vainer crowd than anything to be found in London."

Review Credits: Ken Eisner-Georgia Straight, Peter Bradshaw-The Guardian.

Every Breath Counts

A Day of Yoga with Namaste's Kate Potter

Join us on April 30th at Quadra Community Centre for an exciting day of yoga practice with amazing Kate Potter!

Kate resides on Gambier Island in BC and is known for her television yoga series, "Namaste" now airing in 19 countries on 5 continents. She recently spent five months travelling, teaching and receiving treatment in an Ayurvedic hospital in Southern India. This inspired her to create a new DVD: *Namaste - The Five Elements* which includes the teachings of Ayurveda (the health science of ancient India) and the application to Asana with short and long practices, as well as the new sequence called Fire Fan, a pilot for her third season of the *Namaste* television series.

Her workshop on Quadra will include a morning session of Hatha Vinyasa including asana, mudra and meditation. The afternoon session will be the Five Elements in Yoga: an Ayurvedic approach to adapting your practice according to your own constitution.

Kate has passionately devoted herself to yoga for most of her life, starting at the very young age of ten years old. Today that unwavering commitment and focus have earned her an extensive and growing reputation as an innovative and inspirational Hatha Yoga Teacher as well as a certified Yoga Therapist.

Kate expresses, "When I teach, it is a great wave of humanity that I feel in our efforts, our mistakes, our mini realizations and grand attempts to widen our perspective. I feel that what we do indeed does matter. For our own evolution, and for the sake of the world, we do need to challenge our understanding. We do need to keep asking questions and we do need to open our hearts."

Check out Kate's website at:
www.katepotteryoga.ca

For more information or to register for her workshop please e-mail cfoort@yahoo.com or call Carol at 250-2853035. The workshop cost is \$90 for the day or \$79 before April 15th. Register early as space is limited.

At the HBI

Humans in Herons at the Heriot Bay Inn. Soul, pop, indie electric. Check it out and get energized on the dance floor. With special guest Autacoid. Friday March 25. \$10 at the door, includes drink ticket. 19+.

UofQ: Expand your brain. School like it's never been before. HBI Pub. Mar 23: basic Spanish with Elana Mason. March 30: Fruit tree pruning with Paul Nimmon, April 6: Chainsawing; everything you wanted to know (and more) back by popular demand Bill Dubois. Wednesdays 7 pm. It's free!

Music in the HBI Pub. Saturdays; Open mike with Mo 9:00pm to midnight.

Sundays; Country jam with Steve Trayler 3:00 to 6:00pm. Fridays; Karaoke 9:00 pm. We are all stars, come out and join the band or the audience! It's free!

Dinner Jazz with special guest Noelle Maffin joining the Dave Ashton Trio in Herons Sunday March 20. Enjoy an evening of fabulous food and wonderful music. 5:00 to 8:00 pm. Reservations highly recommended. 285-3322.

Tuesdays; Troy's Fresh Oysters with your choice of house-made sauces. 4 for \$7.00 or 6 for \$9.00. Thursdays; Half price veggie or beef burger and fries. MMMmmmm delicious! 5:00 to 8:00pm. In the HBI pub.

Murder Mystery, tapas and gourmet appies at the Heriot Bay Inn! Sarah Bible presents an evening of adventure; Lights, Camera, MURDER! \$49.00.

With a room \$99.00. Saturday April 9. Reserve by April 2 to receive your information package. 250-285-3322. Limited seating reserve early!

Aries party... do they ever!..at the HBI open mic night Saturday April 2. Cake and prizes. It's free!

Elainas's Mexican night. Authentic Mexican food prepared by our Islands own Elaina Mason. 5:00 to 8:00pm every Monday, in the pub.

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Adventure and Extreme Sports Film Double-Header

Faster, steeper, higher, deeper – celebrate the thrills and spills of winter and plans for summer fun with a double dose of action.

Catch the steepest and deepest in high-adrenaline outdoor sport films when the 2011 Radical Reels Tour comes to Campbell River on Sunday, March 20, 2011. Hurtle down steep untouched powder, feel the cold spray of stomach-dropping kayak first descents, fly high with the world's wildest BASE jumpers, and much more in extreme mountain sports. Growing out of the famous Banff Mountain Film Festival World Tour, Radical Reels screens the best in action sports filmmaking, audience-tested and programmed for maximum excitement. The Radical Reels Film Tour touches down in Campbell River on Sunday, March 20th starting at 7 pm at the Tidemark Theatre.



Amongst the line up is *Second Nature*, described as “an exploration of the abstract and the extreme” by its filmmakers. This film follows three vintage suit clad skateboarders as they test the limits of the human body on the roads of California's High Sierras. Taking to the snow the latest flick from the legendary crew at Teton Gravity Research, *Light the Wick* is about sparking the flame and watching the world's most talented and well-rounded skiers and riders blast off. If you're an adrenaline junkie or a armchair adventurer you'll love the high paced action of the Radical Reels show, Sunday, March 20 at the Tidemark.

The following Friday, March 25th the adventure continues when the Vancouver International Mountain Film Festival comes to town. With more emphasis on big climbs

and mountain culture this local show is hot on the heels of the main event which takes place in Vancouver February 11-19, 2011. An eclectic mix of world-class climbers, skiers, paddlers, and outdoor environmental activists share their inspiring stories in the week long festival in Vancouver which then takes to the road visiting Campbell River at the Tidemark Theatre on Friday, March 25th.

Some of the films to screen are: *Australis* which tells the story of a group of skiers who came of age under the spotlight of competition and now have reinvented themselves as free-ski mountaineers, pushing the boundaries of the sport on an expedition to the Antarctic Peninsula; and *The Architect* that tells the story of one legendary week on Ben Nevis in 1960 when Jimmy Marshall and Robin Smith climbed six first winter ascents on consecutive days, including the mini Alpine-route, Orion Face Direct. They also made the first one-day winter ascent of Point Five Gully, went for a long walk and got arrested over an incident with some dominoes! Exactly 50 years later Dave MacLeod and Andy Turner pay tribute to Smith and Marshall by setting out to repeat all the routes that were climbed in that famous week.

The Vancouver International Mountain Film Festival show comes to the Tidemark Theatre on Friday, March 25th, 2011 starting at 7 pm.

Both events are hosted by Wild Isle Productions with support from Wilderness Trekking, Quadra Island Kayaks, Strathcona Park Lodge and Outdoor Vanisle. For tickets and information: call the Tidemark Box Office at 250-287-7465. Admission for each show is \$20 for adults \$18 for youth, students and seniors. Ask about a double-header deal for both shows: \$35 for adults and \$30 for youth, students and seniors.

For more information, suggested programs and links to the festival and film web sites visit www.wildisle.ca or call Philip Stone at 250-285-2234 email: info@wildisle.ca. Enjoy the shows!

Ladies and Gentlemen, children of all ages, Step Right Up!

Bright eyed and bushy tailed, fresh from the back woods, backwards world of Lasqueti Island “LasQuirkus” a troupe of 25 circus performers, musicians and freaks will be rolling into town on Saturday, April 9th 2011 at 2 pm. and hitting the streets and Cove parking with an afternoon freak-show parade, including a full brass band, teaser show, and free circus workshops for everyone!

Later in the evening, for one night only at The Quadra Community Centre at 7 pm.

Bring out the whole family for a Vaudeville variety show featuring stilters, clowns, jugglers, musical slapstick, storytelling, hula-hoop spinning, dancing marionettes, giant puppets, general merriment, and a gorilla... or two?

The night will be hosted by Ring Master & Mistress of Ceremonies: the Infamous Jenny V and portable live soundtrack will be provided by our house band: The Bolting Brassicas. There will be plenty of home grown acts from the LasQuirkus Circus Works, plus performers from the greater Salish Sea and extra special guests: your Quadra friends and neighbours.

Still need more? Dance into the evening with a live set of west coast, high energy, raw brass gypsy funk-punk music from The Bolting Brassicas Marching Band. And cap it all off with Lasqueti's dj beatfarmer who will spin up world beats for your dancing pleasure.

Bring the kids, your juggling balls, dance shoes, and a sense of wonder.

Come one, Come all!

Doors Open at 6:30, Show starts at 7pm, Dance to follow.

Tickets available at the door, show night only! Cost 15\$ per person. 30\$ family rate.

Non alcoholic beverages and light snacks will be available for purchase.

For more information: email pachieflower@yahoo.ca or check out www.boltingbrassicas.ca

for a local contact email fccovewood@gicable.com or call 250-285-2527

LasQuirkus is a inclusive, do-it-yourself, not for profit, completely volunteer based event aimed at having good clean (yet wacky and wild) fun for everyone from toddlers to great-grandparents and everyone in between. Inspired by long running The New Old Time Chautauqua, we're building our circus skills while inspiring, promoting and bringing together performers, communities and the arts around the Salish Sea.

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Sustainable Campbell River To Release Agriculture Plan and Strategy

Members of the public will have an opportunity to review the building blocks of the City's agriculture plan and strategy Mar. 16 at the Sportsplex.

After months of preparation and input, the City's agriculture background report is ready for public release. The background report combines multiple sources of information and establishes a base line for this emerging industry. It will be merged into an upcoming Agriculture Opportunities Report. These two documents will be the cornerstones of the City's Agriculture Plan and Strategy, which is scheduled for completion in early summer.

All members of the community, particularly people interested in improving access to locally grown food and prospective farmers seeking more information on the agricultural industry in Campbell River are encouraged to attend a public open house to review and discuss the background report and the public input received to date. The public open house drop-in will be held at the Sportsplex at 6:30 p.m. on Mar. 16.

"This is a great chance for the community to review the base line information that we have collected so far and to identify any gaps in information that we may have missed," says Mayor Charlie Cornfield. "This is a key component of what will become the community's Agriculture Plan and Strategy. Once the plan is completed, steps can be taken to actively promote and support agricultural activities in Campbell River."

For more information, please visit www.sustainablecampbellriver.ca.

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Quadra's 14th Annual Beach Clean-Up

Sunday, April 10th

Sierra Quadra is once again pleased to organize our island's annual Beach Clean-up. April 10, 2011, will be the 14th successive year in which islanders and visitors have joined with local businesses and others to make this event a resounding success.

After winter's and spring's high tides and storms, we find that our beaches are once again strewn with plastic, rope, styrofoam, tires, netting, etc. These materials are not only unsightly but they can also be hazardous to all forms of marine life. We also know that plastics are eventually ground into fine particles by wave action and they then enter the food chain as toxins to be consumed by us.

As with other years, many Islanders have helped pick up beach litter to coincide with Earth Day celebrations around the world. This year's Beach Clean-up on April 10th will be a little ahead of Earth Day but we trust everyone will approach it in the same spirit of enthusiasm.

The Beach Clean-up headquarters will be set up at Rebecca Spit. A large banner will mark the site. Starting at 10:00 am you may pick up garbage bags from this location and then head for your favourite beach. Should you already be equipped, drop by later for coffee, tea, juice and snacks from 12:00 to 4:00 pm.

Collected garbage can be brought to the headquarters or left at any of the following drop-off locations. A sign will be placed at each location to mark where the garbage should be piled. The last pick up at each site is at 3:00 pm.

- End of Petroglyph Road
- End of Sutil Road at Kay Dubois Trail
- End of We Wai Kai Road at Kay Dubois Trail
- Smith Road beach access
- Edgeware Road beach access
- Milford Road beach access
- Heriot Bay by the Esplanade
- Rebecca Spit, Main Parking Lot
- Rebecca Spit, South Parking Lot
- Rebecca Spit, center by narrow isthmus
- Open Bay area at Valdez and Marina Roads (new this year).

Gloves can come in handy as well as a pocketknife to help free tangled rope from driftwood. **DO NOT TOUCH ANY FLARE CANISTERS** (aluminum tubes about 4 inches in diameter and about two feet long) as they could still be active. Just note the location so Sierra Quadra can notify the R.C.M.P.

Volunteers with pick-up trucks are still needed to help transport garbage from the various collection sites to Rebecca Spit. If you can help, please call Ken at 2580.

This Sierra Quadra event represents the co-operation and assistance of many local businesses, of BC Ferries and the Strathcona Regional District. Please join us by bringing friends and family for this helpful and satisfying event.

Tips for Business Stardom!

Do you want more customers or clients? If you are like most small business owners the answer is probably a resounding YES please! To increase your clients/customers base you need to blow your own horn. Now I know...that just doesn't feel good to some of us. We were taught NOT to blow our horns; that was considered to be ill mannered. The good news is that in marketing our businesses there is a way to "get known" without seeming ill mannered!

Not all of these tips will appeal to everyone; but choose just one and implement it.

Write a book or booklet: Put your expertise down on paper and share it with everyone! If writing is difficult for you; find a friend or colleague who would be willing to help you.

Give lessons: What kinds of lessons or workshops could you present related to your business?

Work for your community: Choose a charity or cause in your community and lend a hand. Giving back ignites good energy!

Create a website: If you already have a website ensure that the information that your customers are looking for is readily available, clear and concise.

Publish a newsletter: Use your newsletter to provide your customer base with information they can really use. Don't use it primarily as a "sales" vehicle. Include lots of articles and tips that pertain to your field of business.

Join organizations: Choose organizations within your field of business and also think outside the box a little. You may belong to your industry organization but think also about joining groups like the Chamber of Commerce or a local Business Association. Networking isn't about getting a sale; it is about getting to know other people and developing authentic relationships.

Sponsor an Event: Research local annual fundraising events that already exist in our community and find out how your company can help. You may also want to create your own fundraising event for a worthy charity or non-profit.

And the last couple...and not for the faint of heart:

Get on TV: What kinds of programs are out there that feature guests with your expertise? If you have the funds you can also create TV ads or infomercials about your products. Now that is "getting known"!

Get on the Radio: Same idea as TV, seek out radio programs that are looking for expert guest speakers and contact them. All they can say is "no thanks"!

Until next time, be Bold and "get known"!

- Written by Tucker Dinnes,
Lifestyle and Small Business Coach

Powerful: Energy for Everyone

Flick the switch, turn the key, press the button and then pay the bill. Multiply that by seven billion and you've got a picture of energy consumption on Earth today. We're hard-wired to a conventional energy system that drives our transportation, powers our communications and is the lifeline to industry and commerce. Despite the benefits, we know that this system is regrettably depleting our resources, polluting our air and affecting global climate change. Guaranteed access to energy is no longer being taken for granted and the quest for "energy security" has become the buzzword behind global trade relations and even a justification for conflict.

Who has the power after all?

Short of moving "back to the land" and going entirely "off grid", what's an ordinary member of society to do?

Green economy educator, David Chernushenko isn't quite ready to head for the hills, but he has taken the extra special step of installing solar panels to offset some of the energy consumed by his family home. Now, if he could just be allowed to feed some of that energy back into the grid, perhaps others could do the same. But we're not there yet and David wants to know what we can do about it. From the far side of the ocean to his own backyard, he'll embark on a global journey to examine the alternatives to the conventional energy system and experience the critical resistance being met along the way. Tackling the spin of the big energy lobby and, equally, dispelling the myths of a "green utopia" envisioned by many, *Powerful* is a candid examination of what a sustainable future may actually look like. From amazing innovators, eccentric eco-activists to average communities completely powered by renewable energy, David will begin to discover that the implications for political, economic and democratic change are right here, on our very doorsteps... or just above them.

A Sierra Quadra presentation on Saturday, March 26th. QICC doors will be open at 7:00 pm, film will start at 7:30 pm. Refreshments available.

Transition Town Island

Are you watching food prices climb and wondering what is going to happen when potatoes are \$5 a pound? or what about \$10 a pound? What if the grocery store shelves were completely empty because a natural disaster like say, an earthquake destroyed the Island Highway? What would you do?

Food prices are forecast to rise by 5% in Canada this year. With increasing demand from a growing population, shrinking areas of agricultural land and rising costs for fuel and fertilizer this trend is bound to continue.

No matter what your political views are, there remain some undeniable facts, the Earth is only so big, there's only so much land and resources and we are using it all up at exponential rates of consumption.

Sooner or later the cheap oil party is going to come to a crashing halt. The question is, **what are we going to do as a community to be prepared?**

Other communities have asked this question already and developed plans to prepare for the future. Notably Totnes in England which in 2006 began down the path toward what has become known as a 'Transition Town'.

Since then, following the model developed in Totnes, hundreds of communities all over the world have begun to draft and implement transition strategies.

Here on Quadra we already have seen some initiatives from ICAN, Sierra Quadra, Emergency Preparedness and others that fit into the main pillars of post-peak-oil preparedness: food security, energy self-sufficiency, financial stability and social re-balance.

If you would like to get active and be a part of preparing Quadra Island for the future, come to a brain-storming **meeting at the Quadra Community Centre on Monday March 28th 7 pm** to hear and contribute more. Look online at: www.quadraisland.ca/transition

Seniors Housing News

The construction crew have completed their job, the Board are re grouping and everything is progressing nicely. There is still, however, a vacancy at Seniors Housing. As Cortes experienced two years ago, it may take some time to match tenants with the right criteria to the newly available housing. The decision to move is never an easy one. The Society provides a community service which is meant to allow seniors to remain on the island when they need help with their housing. So, whether you are not comfortable where you are presently living, or your home is getting to be too much to look after, or you need to be in a more social setting, this may be a solution for you. If you are interested in talking about the housing call Jeanne (285 2835 - evenings) or contact another Board member: your information is confidential. Seniors are eligible for SAFER (shelter aid for elderly renters) a housing assistance program.

The Board are at work, paying down the debt. A big thank you to the Heriot Bay Inn for dedicating the Phil Hansen performance to the housing project. Special thanks to those faithful attendees for their donations and for bidding on the silent auction items. We raised \$700.

The next fundraiser will be an exciting Quadra evening thanks to John Toelle's love of music and his great organizational skills. Do not miss this Coffee House extravaganza - mark your calendars for Saturday April 16th. 7pm at the Community Centre. Tickets are available in advance. So far, John has commitments to perform, from Smooth Edge, Rodrigo Figueroa, and the folk duo of John Toelle and Richard Christie. Bring some extra cash to take advantage of the many items Ruth Amiabel has put together for a large silent auction. The local community are donating many goods and services to help pay down the debt. Thanks again.

If you missed the viewing of the completed units, and would like to have a look, call Val at 285 2841 to arrange a suitable time.

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Tip-top Chimneysweep

It's that time of year

Gabe Aston
204-5228

SAFETY NOTICE

With the resumption of logging in the new year I am reminding islanders of the important signage to be found in active logging areas.

If you come upon a rope across a forestry road with a sign reading "DANGER - Active Falling. Do Not Enter without clearance", DO NOT lower the rope and proceed! Preferably, take an alternate route. If you must, carefully determine the faller's location by the sound of his saw and approach warily, gain his attention and obtain permission to go through.

If you do lower the rope, you assume liability and please then re-attach the rope for the safety of your fellow man.

Thank you
Arne Liseth

Juggling Classes

Remember the great energy of the Quadra Island Jugglefest and Juggle Club? Well Laura, one of the original instigators, is back and is teaching juggling classes again. Classes for Learning to Juggle and for Contact Juggling will be held in Campbell River at the Solace Studio at 964 Shoppers Row. It's an easy walk from the ferry, and a discount of 30% is being offered to help with the ferry travel for any Quadra Islanders wanting to join in.

Learning to Juggle will run from 6:15 to 7:45 pm, from March 17th to April 28th (7 Thursdays), and is for families or individuals wanting to have fun and get some great exercise for body and mind while learning the basics of manipulating 3 objects. Cost is \$100 per person, \$160 for 2, and \$200 for families of 3-5 members. Each group must have at least one adult (or responsible teen) participating.

Contact Juggling will run from 8:00 - 9:00 pm. Contact juggling is a mesmerizing movement that involves rolling a ball over hands and arms in a graceful and magical style. Cost is \$100 per person.

For questions or to register please call Laura Appleton-Jones at 250-204-9566.

Quadra Feral Cat Group attains registered charity status, in time for kitten season

People donating funds to the Quadra Feral Cat Group can now get a receipt for income tax purposes.

"The timing couldn't be better to achieve charitable status since we've received news that rates for surgery for the feral cats and kittens have increased by up to 60 per cent," says the group's treasurer, Janet Massey.

With kitten season about to start, volunteers will have their hands full trapping and fixing the parent cats and looking for adoptive homes for the kittens, who will also be spayed or neutered.

The Quadra Feral Cat Group (QFCG) has fixed more than 120 cats since they began their efforts to reduce the number of homeless cats on Quadra in March 2009, and many of these cats and kittens have been placed in homes.

QFCG extends a huge thank-you to the foster homes that socialize the cats and kittens that can be tamed and adopted.

QFCG is also putting out a call for more volunteers. The group's foster and adoption coordinator plans to move away from Quadra later this year, and is willing to train a new person if someone volunteers to take on this role.

QFCG reminds cat owners that February is spay-neuter month, and urges pet owners to have cats spayed or neutered to help slow the island's cat population growth as much as possible. QFCG encourages anyone with a cat about to give birth to ensure the kittens go to responsible homes and are spayed/neutered so they won't add to the abandoned cat problem.

Quadra Feral Cat Group can be reached via telephone at 250-285-3942 or by email at quadraferalcats@yahoo.com. QFCG thanks the community for continued support. Donations can be made directly to the group, through Tru Value Spirit Board points at both Heriot Bay and Quathiaski Cove stores, at the Quadra Coastal Community Credit Union or in change cans on local store counters.

Friday Flicks - April 2nd.

Soul Kitchen

- Germany 2009

Doors 7:30, showtime 7:45.

Adm: \$5, stu/snr \$4

Rated PG14 for sexual content.

Zinos Kazantsakis serves deep-fries schnitzel and fish burgers, and spoons out potato salad for the regulars at a greasy spoon he runs out of an old warehouse in Hamburg. The bad food goes down easily with the grooves from Zinos's vinyl stacks and there is an authentic hometown flavour to the lively concoction of characters. But things get complicated, as all things must.



Zinos puts his back out and hires the gifted but temperamental chef Shayn to take over the kitchen, which doesn't rest well with the regulars. His girlfriend moves to Shanghai and his newly paroled brother, Illias, hits him up for a job. All the while a real-estate kingpin is trying to buy the warehouse and develop.

Finally, a bit of synchronicity comes along with some lucky breaks and surprises, which leads to a most intoxicating scene when Shayne doses the dessert at Zinos's going-away party with an aphrodisiac.

"Propelled by an eclectic, well-chosen soundtrack featuring classic American soul, Hamburg electronica, Greek rembetiko and other retro music, Soul Kitchen is a treat for the senses."

Fans of director Fatih Akin's former work will emerge from Soul Kitchen undernourished by this romping break from the Turkish-German director's heavy-going subjects. But "not to warm to this movie would be churlish, and foodies will drool on demand."

Review credits: Jenny Punter - Globe and Mail, Anthony Lane - The New Yorker.



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Quadra Philippine Connection News

It is always wonderful to receive news from and stay connected with the two Quadra supported daycares in the northern Philippines. Due to a lack of technology in that remote northern area, our communications still involve snail mail, and therefore are sometimes a little behind time. The following is excerpts of letters from the teachers of the Lubao Hilltop and Basao Dilag preschool daycares and were accompanied by Valentine's cards from the children.

Dear Carol and Quadra Island Community,

I hope you are all well and in good hands. May a healthy heart shower you this month of February!

We celebrate Valentine's or "Heart Day" this month of February as a way of sharing and expressing thanks and love to one another. I helped the children to create cards for their parents to share their art and let the parents know how they feel. The children have also created cards for our dear sponsors, as a way of expressing our gratitude to you!

Last December, we had our Christmas celebration with all of the children and parents of the daycare. They were excited to have a simple exchange of gifts and each parent contributed sticky rice, juice or baked bread. Everyone enjoyed this sharing of food and the children also enjoyed dancing, singing and having fun with parlour games.

On January 31st, I went to the Professional Regulation Commission in Tuguegarao City to pass all my requirements for the upcoming Board of Teachers Examination on April 3rd. I am thankful that I am able to budget my time for this and hopefully will pass my exam. I will then become a fully registered teacher so that I can continue serving the children and people in my community.

Again, we would like to give thanks for all your support and may our love be with you through our prayers. More power to all of you!

Yours truly,

Josie Killa and Jenny Beth Esican

Quadra Island Seniors--Branch 91-B.C.O.A.P.O.

Our Seniors finally had a General meeting, now that the snow has gone.

Our 1st Vice President Nancy Alwarden was in the chair, and did an exceptional job, which she always does. In March we had a great meeting with lots of fun.

Sharon Clandenning & Colleen Swanson, gave a talk regarding Earthquake preparedness, just in case we need it.

Our next Easter meeting will be on April 6th/11, @ 10:30 a.m, at the Royal Canadian Legion as always, with a Pot-Luck Lunch, a Easter Hat Parade, music & prizes too, Come and have a fun time. Our Wednesday activities will proceed, exercises, carpet bowling & cards. Come at 10:00 am, and bring a snack, we will make coffee or tea.

On March 23rd we are attending the N.I. Regional meeting at Halbe Hall in Black Creek, 8369 Island Hwy. Our guest speaker will be Shirley Cruikshank rep. for Residential Care in V.I.H.A., be ready with questions for her. Lunch will be provided @ \$5.00, so far 15 are attending, call Ruth Amiabel @3801, if you would like to come along, & need a ride. For membership call Chris Dyson @2207 or Ruth Amiabel @3801--Call Peter Gregg @3237, about walking on Sundays. Call Ken Duncan, @3787 about our Computer Group meetings. Soon we will be working at the Tourist Information Booth call Judy Hagen Manager @2150 if you would like to help, by working at the booth, this is a fun job, meeting tourists from all over the world.



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Recreation Society Snapshot

The Community Centre, Recreation Society had our AGM in February. As all the committees

within the society report at the AGM it gives us a snapshot of what happens over the year. We thought we would like to share this report with the rest of the community. For more info about Quadra Rec go to our website at www.quadra-rec.bc.ca

Quadra Trails:

- 7 new or replaced bridges
- A new Hiking Trails of Quadra Island Map was printed.
- Trails were inspected and maintained, with general clearing on many of them

Worked with BC Parks cleaning up campsites, rebuilding picnic tables and removing garbage from the end of Stramberg Lake

Tennis Committee:

- The committee resurfaced the tennis court. It took 17 people 6 days and it now looks great.
- Michael Mascall conducted tennis clinics for adults and kids through our Summer Rec program.

Food Bank:

- Gave out 430 boxes of food to feed 630 people
- Tru Value in the Cove donated their non Tru Value merchandise in November

Heriot Bay Tru Value and the Legion made donations. The Spirit board points amounted to over \$2800 this year.

Quadra Quilters made 29 quilts which were given out

Credit Union helped with school supplies

The Canadian Turkey Growers Assoc donated 10 turkeys for families for Christmas

Quadra Circle:

- Social Lunch Program for the elderly was started with plans for a more extensive Day program
- Worked on plan for housing for seniors who are downsizing their living arrangements.

Quadra Slopitch:

- With 7 teams, one tournament was held in May.

- Met, Wed. to Thurs. – April 1-June 30

Quadra Island Quilt & Garden Tour:

The tour included 12 gardens, six of which had quilts hanging in them. Flora and Fabric was the theme and there was an increase in attendance. There was a variety of gardens, including a green roof, the Community Garden and the winery.

Two thirds of the proceeds (\$2400) contributed to the cost of the wiring upgrade at QCC for the new generator.

Quadra Island Artists:

The annual Quadra Island Studio Tour involved 26 artists exhibiting at studios and galleries and 19 showing their work at the community centre.

The community centre featured a group "sampler" exhibition and the Terrace Garden Café.

Studio tour tickets and year-round brochures in full colour were printed. The brochures serve as guides to the studios and galleries which remain open over the summer and year round.

A two day photo shoot was organized providing artists with quality pictures of the work. These were used in the brochure and in the web site, www.quadraislandarts.com

Lee Gass will teach a seminar on his technique of lighting and photographing two and three dimensional art

Friday Flicks

The regular spring and fall series of twelve films were shown (in conjunction with the Toronto International Film Festival Film Circuit)

A new cappuccino machine was purchased

Two of our members flew to Toronto to attend the Toronto Film Festival and met people representing film clubs from across the country. They met the Film Circuit coordinators face to face instead of over email.

A new larger screen has been ordered for QCC thanks to a grant from the Strathcona Regional District and a donation by the Quadra Sierra Club

Quadra Cultural Committee

The programming for the 2009-2010 was outstanding ranging as it did from a classical concert by Janina Fialkowska to the success of the Wailin' Jennys.

We involved the Cape Mudge Band youth group, Campbell River middle schools and Quadra Elementary in our program.

We postponed piano maintenance and are making plans for the use of the money we had budgeted .

Skate Park/Dirt Jump Park Committee

The bicycle dirt jump park was further developed on Quadra with the support of the Regional District.

Professional biker Darren Berrecloth led the upgrades.

A request for at least \$1000 of the QIRS budget to be used for skate park upgrades was made.

Coordinator's Report

- Major wiring was done to accommodate the new generator.
- The marquis at the road was rebuilt and a new Blenkin Park Sign installed.
- The furnace and skylights were replaced and a defibrillator acquired

Our Programs: Parents and Tots, Teen Activities, Community Lunch, May Day, Halloween, Christmas Craft Fair, Summer Recreation all kept us busy throughout the year.

- The new playground has been ordered after 4 years of fundraising. April 2, 2011 is erection day.
- Tee-Ball was introduced thanks to Melanie Zylstra

• Sioux Hartle originated and brought to fruition the hallway cork boards which display the many activities of the Recreation Society.

The New Board members are: Pamela Goijberg, Pat Field, Mary Jane Crawley, Sioux Hartle, John Parken, Mandy Hart and Melanie Zylstra.

- Submitted by Mary Jane Crawley on behalf of the Quadra Recreation Society Board.

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Quadra Island Links

By Tucker Dinnes



An accessible and affordable public community golf course that fits in with the natural ambience of our island, a place to socialize, exercise, enjoy the outdoors and feel good; that is the vision of the board of directors of Quadra Island Links.

I sat down with Keith Remfert who is one of seven Directors of Quadra Links Ltd to learn more about the progress of our island Golf Course. The other six directors are Peter Calverly, Bill Pirie, Bill Matthews, Jim Graham, Kelly Jensen and Rod Clark. The company has 20 local shareholders.

The golf course is now 85% complete. Irrigation piping will be installed this summer, with grass planting scheduled for the fall. Actual development work on the golf course started in 2007 with a core group of volunteers. Accomplishments in 2010 included preparing the greens, including a 4000 SQ practice green. Each green is approximately 5000 square feet, and they will be seeded this summer. Irrigation and sprinkler systems are scheduled to be installed during 2011.

Lifetime memberships are now available for purchase and the benefits include reduced green fees and full use of the facilities. The memberships also allow the member to avail themselves of an annual "all you can play" golf pass at a discounted rate. The cost for a single lifetime membership is \$1000 (plus applicable taxes), and a couple's lifetime membership is \$1500 (plus taxes). There are currently only 100 Founding Member packages available, once those are sold the costs will increase. Membership applications can be picked up at Peoples Drug Mart, Heriot Bay Inn, Quadra Building Supply and Discovery Islands Realty.

I was impressed with the ways in which the Board of Directors is making the golf course financially feasible for potential members. There are installment payment packages, interest free, available to potential members who may not be able to purchase the membership outright.

• Individual membership: \$ 200 down payment, 4 additional \$200 payments, each paid on the anniversary date of initial membership.

- Couple's membership: \$300 down payment, 4 additional \$300 payments, each paid on the anniversary date of the initial membership
- Youth membership (18 & younger) \$200 includes all the golf you can play!
- Interim membership (19 to 23 yrs old) \$200/year
- Corporate membership \$1500: includes a block of 20 passes at a 15% discount. The passes are valid for one year from date of purchase.

Green fees for non-members are currently set at \$36.00 for the first year of operation, which is slated to be the summer of 2012. The course may eventually be 18 holes with a modest clubhouse slated for the 2nd or 3rd year of operation.

I had the opportunity to walk the golf course over the weekend, which is an approximate 3 km hike, and I soon realized the magnitude of the work that has been done to date! It is a beautiful and unique golf course which I am sure that visitors to our island who come to play golf will be more than pleased with and one which brings them back time and time again. For more information please see Quadra Links website at www.quadraislandgolf.ca

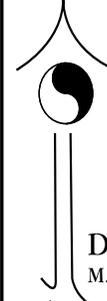
Some fun golf trivia:

Unfit to play. If you're golf ball is cut, cracked, or out of shape, it is considered unfit for play. But if it's caked in mud, is scraped, or is chipping paint, play on.

One of the longest shots ever driven was 2,400 feet, nearly one-half mile. Who shot it? It was astronaut Alan Shepard while teeing up on the Moon!

Full length golf courses have 18 holes because, popular legend has it, a member of the St. Andrews club board in 1858 pointed out that it takes 18 shots (of alcohol) to finish a fifth of Scotch. Limiting himself to one shot (of alcohol) per hole, the member suggested a round of golf be over once the Scotch is gone—or 18 holes.

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WRITER'S BLOCK

In Defense of Happiness

by Chris Thompson

In a recent article Ray Grigg placed the responsibility for the financial meltdown on the shoulders of our pursuit of happiness. Like Mill, John Stuart Mill not General Mills, I am a big fan of the pursuit of happiness, so I am rushing to the defense. I'll organize this defense under two main headings. I will first show why I think Ray is wrong in his assumption that our pursuit of happiness is to blame for our misfortunes and then I will state why I believe that the pursuit of happiness is a very good idea indeed.

We have met the enemy and he is us. Walt Kelly

In any sufficiently complex system, a breakdown in the system can be blamed on almost any part of that system. Ray chose happiness, but he could more easily have picked on our quest for knowledge. Surely it's easier to place our troubles squarely on the doorstep of the pursuit that led to guns, atomic bombs, oil refining, coal fired electric plants et al. Surely it's easier to lay our burden on the back of greed, hate and fear; but fine, Ray has chosen to pick on happiness now let us look at the merit of his arguments.

His first point is that the pursuit of happiness stems from the decadence of European aristocracy. I'm sure there were no heavy-duty partiers in staid old Rome. Can you imagine Caligula or Nero throwing parties while their country slowly rotted? According to Ray, America was infected by this heady exuberance of pre industrial Europe. But America wasn't settled by the happiness grabbing European aristocracy. America was settled by Quakers and all the other dour, persecuted Protestants. Perhaps Americans enshrined happiness in the constitution because the people writing it wanted to counterbalance the pathological religiousness of its people.

His second point is that there is a direct correlation between happiness and debt. In that

case, one would expect that the nations highest in debt would be the happiest and that the people responsible for accumulating the debt are the happiest of the happy. I see no evidence of this. I do however see a correlation between greed and stupidity and debt. Happiness, by its very nature likes to expand. Happy people like to make other people happy. Greed contracts. Greedy people don't want to share. And stupidity, well, stupid is as stupid does. Our economic collapse wasn't caused by happiness seeking hippies skiving off work. The collapse was brought on by workaholic, protestant ethic sociopaths who don't know the meaning of happiness. We have all seen the people responsible for this collapse. Did any one of them seem happy?

He ends his argument by saying, "Many human aspirations are laudable - - if the aspirations are wise." I am glad there are some aspirations we mere mortals have that meet Ray's approval. The problem I have is that while I'm willing to accept that Ray is wiser than I am, I'm not convinced Ray is wise enough to be the arbiter of which human aspirations are wise enough.

Leucis, who intended a Grand Passion, Ends with a willingness-to-oblige.

Ezra Pound

Ray argues, no let me correct that, Ray states that because happiness is essentially frivolous, superficial and ephemeral it leads us to escalating cycles of greed. But as I have stated earlier, greed and happiness are mutually exclusive. The people who accumulate vast wealth are not chasing happiness they are chasing power. It is a basic instinct. Having more money is like having the biggest rack of antlers; unlike ungulates however, humans are capable of transcending this instinct, they are able to go past contentment. In short, humans are capable of the pursuit of happiness. Ray would rather have us be satisfied with contentment.

Contentment certainly provides a more stable and slavish population. Contented cows are much easier for the farmer to manage. The Confucians valued contentment as they were interested in a civil society dependent on a strong male ruler. The Christians value contentment but for various reasons according to the aspirations of the various sects. The Catholics, because it allows the church to accumulate vast wealth and power without having to share any of it, in direct opposition to their mandate. The Protestants want contentment because they are capitalists and the search for happiness goes against the work ethic. Once you get people to settle for contentment, once you get them to believe that disappointment in not reaching a goal is more devastating than not trying, once you get them to start acting against their own best interest it is a very short step to getting them to believe all sorts of crazy things. You could make them believe that sex is a bad idea and that maybe we should all hide the women away because they are the embodiment of sin and it's distracting us from our work. You can make people believe that giving money to the rich is a good idea because for every thousand dollars you give them they give you ten dollars back. A contented person is much more likely to accept you poisoning their food, polluting their air and destroying their environment than a person who depends on such things for happiness. Ask yourself: Would the world be better if Michelangelo had been content to sculpt dowagers rather than Davids, paint restaurant walls rather than chapel ceilings? Would we be better off if Tesla had been content to work under the thumb of the most despicable scientist who ever lived? Would we better if Jesus had been content to hammer nails like his father? I think it better to live with the continual search for happiness rather than suffer under the creeping corruption of contentment.

OUR FRIENDS ARE A BUFFET

Must our friends be of similar mind?

Must they share our beliefs, our hobbies, our tastes and our preferences?

Must a friend be our "type"?

Or isn't his offer of kindness, empathy, respect or laughter enough?

When seeking a friend or a mate,

Surely we don't want a duplicate,

But a complement.

Someone who will make up for our deficiencies, check our faults,

Add what is missing.

Why would we want or need the companionship of a clone?

While it is important to realize that everyone is so very different,

It is even more important to realize that this is a good thing.

Because every friend brings something different to the table.

And together they make our lives complete.

Tim Murray

Quadra Island, B.C.

ANNOUNCEMENTS

ENGAGED

The families of Rachel Simard and Kellen Mckellar are excited to announce thier engagement. They will be married this August on Quadra Island.



Rest In Peace

Peter Chenier passed away on March 9th, 2011 age 66.

Peter was predeceased by his sister in 2001, father in 2006 and mother in 2009. He is survived by a brother and many nieces and nephews (in Canada and England) and his aunt Daphane (and Denis) and many friends on Quadra and in Alberta.

May Ye rest in Peace.

Donation in Peter's memory may be made to the SPCA or Quadra Legion.

Berkshire, Mary

Dec. 19, 1928 – Feb. 25, 2011

Mary Berkshire born in Salt lake city, Utah on Dec 19.1928

Mary passed away at home with her family at her side. Loving life partner of 62 years to Laurence Berkshire. Cherished mother of Dan Berkshire and Kristie Woodrow (Neil), Grandmother to Chettie Macdonald (Warren Colegrave) and Sachen Macdonald (Bill Heaton). Great grandmother to Evan and Georgia Colegrave, Wyatt Macdonald and Emmylou Heaton. She will be greatly missed and lovingly remembered.



Mary was raised with her parents and sister in Salt Lake City, until she was orphaned at 5 years old. She then moved to Seattle Washington where she was raised by her Uncle and Aunt.

Mary met her future husband Larry at the University of Washington after WWII, married and then moved o Enumclaw, Washington to raise their family.

In 1967 Mary and her family immigrated to Canada finally settling on Quadra Island where she lived a peaceful quiet life in her "Island Nest" for 38 years.

Mary and Larry left their Island home in 2006 due to health concerns to move to the Comox Valley to be closer to family and medical care.

The family wishes to extend their special thanks to Dr. Mark Woldnik, VIHA Home Care and Nursing support teams, "We Care" Private Nurses, Nicole and Denise and Mrs. Pat Gonyer for her care and attention



A private family celebration of life will take place in the near future.

Donations in Mary's memory to the Comox Valley Hospice Society would be appreciated.

HERIOT BAY TIDES (PDT) | LINK TO TIDES AND WEATHER WWW.QUADRAISLAND.CA

DATE	TIME	m.	ft.
18 Friday	05:43	4.8	15.7
	11:53	2.4	7.9
	17:33	4.5	14.8
	23:47	1.7	5.6
19 Saturday	06:13	4.9	16.1
	12:32	1.9	6.2
	18:33	4.6	15.1
20 Sunday	00:33	2.0	6.6
	06:44	4.9	16.1
	13:13	1.5	4.9
	19:31	4.7	15.4
21 Monday	01:20	2.3	7.5
	07:17	4.9	16.1
	13:56	1.2	3.9
	20:29	4.8	15.7
22 Tuesday	02:08	2.7	8.9
	07:51	4.8	15.7
	14:41	1.1	3.6
	21:28	4.7	15.4
23 Wednesday	02:59	3.0	9.8
	08:26	4.6	15.1
	15:29	1.0	3.3
	22:32	4.6	15.1
24 Thursday	03:54	3.3	10.8
	09:03	4.4	14.4
	16:19	1.1	3.6
	23:44	4.5	14.8
25 Friday	05:02	3.5	11.5
	09:44	4.2	13.8
	17:12	1.3	4.3
26 Saturday	01:03	4.4	14.4
	06:33	3.6	11.8
	10:34	4.0	13.1
	18:12	1.5	4.9
27 Sunday	02:14	4.4	14.4
	08:05	3.5	11.5
	11:50	3.8	12.5
	19:18	1.6	5.2
28 Monday	03:11	4.4	14.4
	09:17	3.3	10.8
	13:23	3.7	12.1
	20:24	1.8	5.9
29 Tuesday	03:54	4.5	14.8
	10:08	3.1	10.2
	14:40	3.8	12.5
	21:22	1.9	6.2
30 Wednesday	04:29	4.5	14.8
	10:47	2.8	9.2
	15:46	3.9	12.8
	22:12	2.0	6.6
31 Thursday	04:58	4.5	14.8
	11:19	2.6	8.5
	16:45	4.0	13.1
01 Friday	22:57	2.2	7.2
	05:24	4.5	14.8
	11:48	2.3	7.5
	17:39	4.2	13.8
	23:38	2.3	7.5

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CLASSIFIEDS

SERVICES

FERNBANK SAWMILL

Custom cutting at your place or mine on a state-of-the-art Woodmizer mill. We cut everything from beams to siding. Call Gerry Cote: 250-285-3651

\$ 2010 INCOME TAX \$

Individual Tax Return \$65
Additional Family Tax Return \$25
Small Business Tax Return \$100

Call Deb @ 4 Corners
285 2750

TIME TO GET YOUR FRUIT TREES PRUNED!

We can help you clean and maintain your home and garden. Clean your windows, **prune your fruit trees, roses and other trees**, finish a renovating job. We can help with pretty much anything around your home and yard. Please call CanDoServices at (250) 285-2874 or Email at candoservices@live.ca

IT DOESN'T GET ANY EASIER...

Introducing new ways to post and pay for your DI Classified Ad.

- Up to 35 Words =
 - \$15 one time
 - \$12.50 each, two or more
- 35-70 Words =
 - \$30 one time
 - \$25 each, two or more
- 70-100 Words =
 - \$45 one time
 - \$37.50 each, two or more

Email, fax or drop off your ad with payment, or pay by credit card online at www.discoveryislander.ca

There may be cheaper ways but the DI works!!

Pay Now



Call 250-285-2234 or ads@discoveryislands.ca with any questions

SERVICES

GARDENERS

Experienced gardeners for hire. Let us help your garden be the best it can be. Certified horticulturists. Call Ryan and Jessica (250)202-2326 or e-mail info@ryansgarden.com

Q-COVE APPLIANCE REPAIR

We are now a full service appliance repair facility for all of your domestic appliance needs at affordable rates. We are a new and used parts depot for all appliances and carry a good selection of quality rebuilt appliances. All come with one-year warranty on parts and labour. Free delivery for most of Quadra. Call 250-285-3425 or cell 250-202-3425

NOLE CREEK SAWMILLS

Milling, moulding, kiln drying to all your specific requirements. Specialty beams to 32 ft. Siding, flooring & Much more. Your logs or mine. Free local pickup and delivery. Call Greg 250-285-2762 www.nolecreeksawmills.com

HEALTH TIP #9

SHAVING WOES?

Calling all men!! - Razor burn got you down? Day after day, year after year everytime you shave your face looks and feels like a HOT RED PEPPER!

At Amped on Nutrition we carry a soothing, non-greasy face cream that will leave you waiting for that next shave.

All men - 10% OFF
Ferlow Brothers creams.
AmpedonNutrition.com
250-285-3142

WORRIED ABOUT FALLOUT?

Are you concerned about radioactive fallout crossing the ocean from Japan's erupting nuclear facilities? No need to feel helpless. Come to Amped on Nutrition to find out what you can do to protect yourself.

AmpedonNutrition.com
250-285-3142

FOR SALE

CORTES ISLAND 72.5 Acres

Seven 10-acre shares, water views, garden sun. 2 of 7 sites on-deposit. \$80,000 per share.

Dick Hayes 1- 250-935-6612

SURPLUS ITEMS FOR SALE

Casio CE4115 Cash Register with Separate Cash Drawer \$50; Royal 110DX Cash Register with Built-in Cash Drawer \$50; Faema Due Double Espresso Machine with Matching Grinder \$750; Amano EX6000 Time Clock with Box of Punch Cards - \$25; Microline 320 Turbo Dot Matrix Printer with lots of paper and 9 spare ink Cartridges \$50.

To arrange purchase, call Carol Ann at Tsa-Kwa-Luten Lodge Monday to Friday at 250-285-2042.

FOR RENT

FOREST CABIN RETREAT

overlooking a magnificent stream in the woods. Offers peace, privacy, tranquillity and quiet enjoyment. Sleeping loft, wood heat, fridge & propane stove. \$475/mo. Available immediately to single person; non-smoker. (250) 285-3871

SERVICES

PHOTOGRAPHY

Capture your family memories, special occasion or document a project or industrial site with award-winning photography. Call Philip Stone at 250-285-2234 or visit www.wildisle.ca/photography for more info, rates and samples.

WANT TO RENT

\$\$ WANTED TO RENT \$\$

Reliable 14-16ft Aluminum boat and motor (or similar) from July 4-16, 2011. Am staying at Buttercup Cabin, Heriot Bay for vacation & fishing. Will pay fair price and damage deposit. Email: Dan at peacock66@gmail.com

ACCOMMODATION

FIRESIGN ART & DESIGN STUDIO and B&B

Enjoy quiet privacy in our delightful 3-bedroom B&B with kitchenette, includes multi-course breakfasts specialising in wheat-free baking. Tourism BC Approved, BC B&B Innkeepers. Art studio, gallery, amber jewellery, workshops. 250-285-3390. www.firesignartanddesign.com

SERVICES

4 CORNERS BOOKKEEPING & TAX SERVICES

Certified Bookkeeper now accepting new clients. Deb @ 285 2750

TOURS

We share the world's best backyard - Come out and explore it!

Kayaking instruction, rentals, daytours and guided expeditions from Discovery Islands Lodge, end of the Surge Narrows Road on Quadra. Coast Mountain Expeditions 250-285-2823

HELP WANTED

Now Hiring PART-TIME BAKER. Reply with resume to Box 200, Heriot Bay, B.C. V0P 1H0

TSA-KWA-LUTEN LODGE

The Lodge re-opens April 18th, 2011 and we are seeking both mature and youthful employees looking for part or full time employment. We are a progressive company offering competitive wages, an awesome oceanfront location and transportation provided to and from the ferry to the Lodge for most work schedules.

Positions Available:

- Front Desk Clerk
- Prep Cook/Dishwasher
- Chambermaid
- Server or Bartender
- Dishwasher or Busser

Deadline: March 28, 2010

Apply by fax: 250-285-2532 or by Email: cat@capemudgeresort.bc.ca

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