

DISCOVERY ISLANDER

QUADRA ISLAND'S COMMUNITY NEWSPAPER SINCE 1992. SERVING QUADRA, CORTES & OUTER ISLANDS.



THEY'VE ARRIVED! THE LONG AWAITED QUADRA ISLAND CHILDREN'S CENTRE 2011 CALENDARS ARE HERE! BOLD, BEAUTIFUL AND BENEFICIAL!

What started as many ideas do, as a passing thought, has taken form. Photography through the talented eye of Quadra's own Amanda Stewart of Penny Apple Photography brings to life a magical world of imagination and play as you have never seen it before. In these stylistic photos is captured the fullness of the imagination of a child at play. Local children eagerly jumped at the opportunity to play make-believe.

'Imaginations' is a full-colour, 12-month, wide format wall calendar of exceptional quality. 100% of all calendar proceeds go to the local Quadra Island Children's Centre. Proceeds raised ensure that quality affordable childcare can continue to be offered to the community of Quadra by this award-winning centre: Childcare for community's sake. At the reasonable price of \$20, these calendars are already flying out of the boxes.

'Imaginations' is a wonderful, affordable gift to give for the holidays to extended family, co-workers, employees, or holiday

party hosts. Its appeal is universal, and its cause excellent. Don't forget to get one for yourself too!

To date there are 3 ways to get your calendar:

1. Local outlets – Book Bonanza, Quadra Crafts, and Loka
2. QCC Calendar table at the Christmas Craft Fair Friday and Saturday, Nov. 19-20
3. Email quadracalendar@gmail.com with name, phone#, address, and units requested.

Easy!

It would be my pleasure to mention all those businesses who sponsored this calendar in getting it to press and in kind have supported the Children's Centre:

Continued on page 2

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Calendars... Continued from Page 1

Blue Collar Connection, Discovery Islands Vacation Rentals, Funknits, Isle Tech, Landtec Industries, Ross McPhee Contracting Ltd., Tsa-Kwa-Luten, Aroma Cafe, Bill Bradshaw Royal LePage, Book Bonanza, Dirt Co., Discovery Islands Realty, Doug Peters Excavating, Fermentations, Flying Dogz Design, Hollyhock, Lisa Marie Gruger, Loka, Lovin' Oven, Naked Bicycles, On Track Excavating, Quadra Crafts, Quadra Island Dental, Quadra Island Kayaks, Quadra Island Medical, Red Williams Drilling, Sorensen - McDonald Enterprises Ltd, Whiskey Point Estates.

Thanks also goes out to Nick Richardson for his endless hours formatting the calendar, all the models and their parents, and to everyone who lent a hand, a smile, a supportive word... Thank you, Thank you, Thank you!

-Sarah Puddy

FREE FIREWOOD

Free Firewood is available for elders on fixed income and/or with serious health issues, unemployed workers, folks on Gov't assistance, single parents, new residents who are renting a house with an empty wood shed, and anyone suffering from the cold because they are currently receiving the lowest minimum wage in all of Canada, i.e., B.C.'s eight dollars an hour and/or suffering from the increased cost of B.C. hydro. If you have a vehicle, we can fill it up with dry wood. No vehicle, no problem, we can deliver. Just call Steve at 285-3323 or Allen at 285-3544. If you got the cash, Steve can refer you to local wood suppliers. And contributions to this community effort can be made by putting money in the Free Wood Association account at the local Coastal Credit Union at Q. Cove next time you go to the bank.

NOTICE TO THE PUBLIC

Campbell River-Quadra-Cortes Ferry Advisory Committee Meeting

Tuesday, November 9, 2010
1 p.m. - 4 p.m.
Heriot Bay Inn
Quadra Island, BC

Members of the public are welcome to attend the meeting. If you have any questions or concerns you wish to raise with the committee or with BC Ferries, please contact the chair of the Ferry Advisory Committee in advance of the meeting.

Minutes of committee meetings are available on BC Ferries' website:
www.bcferrries.com

For more information please contact:

Paul Ryan, Chair
 Campbell River-Quadra-Cortes Ferry Advisory Committee
 Phone (250) 285-3896

Darin Guenette, Public Affairs Manager
 BC Ferries
 (250) 978-2385 or darin.guenette@bcferries.com

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ISLAND CALENDAR

Submit your event • eMail: news@discoveryislands.ca • fax: 285-2236 • drop-off: 701 Cape Mudge Rd.

DAY TO DAY

Friday, November 5

Friday Flicks: The Secret in Their Eyes
7:45pm, QCC

Saturday, November 6

Campbell River Christmas Bazaar, Auction & Pottery Show
10am to 1pm, CR Community Centre

Sunday, November 7

Take Back Our BC
Alexandra Morton, Rafe Mair, Damien Gillis
7 PM, QICC

Monday, November 8

Garden Club presents talk on GMOs and Genetic Engineering
7pm, QCC

Introduction to Buddhist Meditation
7:30 pm, Upper Realm, Q. Cove

Tuesday, November 9

Campbell River-Quadra-Cortes Ferry Advisory Meeting
1 to 4pm, Heriot Bay Inn
For info call Paul Ryan, 250-285-3896

Wednesday, November 10

Hand-Drum Jam
7:45 p.m. Upper Realm, Q. Cove

Friday, November 12

Motherstone: BC's Volcanic Plateau
7:30 PM, QICC

Saturday, November 13

"The Quadra Session," Legion, 9pm, \$10

Wednesday, November 17

Free Money, 11:30 a.m. to Noon, Q.C.C

Friday, November 19 & Saturday, November 20

Quadra Christmas Craft Fair
Friday 4 PM to 9 PM, Saturday 10 AM to 3 PM
Santa arrives at Noon Saturday

Tuesday, November 23

"How to Communicate When Language is a Barrier"
Facilitated by Thanh Tazumi and Kathie Landry
9am to Noon, Robron Centre - Library
FREE, 250.830.0171 or info@crmlsa.ca

Friday, November 26 & Sunday, November 28

ISLAND VOICES CHAMBER CHOIR
presents "A Winter Night's Journey"
Maritime Heritage Centre, Campbell River 8 pm Fri Nov 26, Comox
United Church 7 pm Sun Nov 28
Tickets at the Visitor Info Centre, Campbell River;
Info: Anne 250-287-4236, Jan 250-338-1439,
www.IslandVoicesChamberChoir.bc.ca

November 27

HBI Speaker Series presents Helen Piddington
6:30 pm, HBI

THE REGULARS

MONDAY

Parent & Tots, QCC, 9:30am - 12pm
Low Impact, 8:30am, QCC
Yoga with Josephine, Room 3, QCC, 10am - noon
Karate, 4 pm, QCC
Sing for Pure Joy! Room 3, QCC, 3 - 4:30pm, All welcome.
1st Monday - Quadra writers group, 7 - 9pm 285-3656

TUESDAY

Quadra Children's Song Circle, Room 3, QCC, 3 - 4pm
Caregivers Support Group 10 a.m. QCC
Folk dance 7:30 QCC
Al-Anon Meeting, Children's Centre, 7:30pm
Folklancing, QCC, 7:30, Sept 21-Apr 26
Yoga Flow with Marnie, HBI, 9:30 - 11 am, \$10, BYOMat

WEDNESDAY

U of Q! HBI Pub, 7pm, free
Parent and Babes 11 a.m. QCC
Yoga with Carol Foort, 9:30 am, QCC
Community Kitchen Lunch, Noon, QCC
Yoga with Carol Foort, 6:15 pm, QCC
Climbing Wall Teens 4:00 pm, QCC
Climbing Wall Family 6:30 pm, QCC
Hand-drum Circle, Upper Realm, 7:45 - 9:15pm
1st & 3rd Wednesday Food Bank, QCC, 1 - 2pm
Lifedrawing sessions, Firesign Studio, 7-9:30pm, 285-3390

THURSDAY

Parents & Tots, QCC, 9:30am - 12pm
Karate 4:00 p.m. QCC
Climbing Wall Kids 2:30 p.m. QCC
Prayer Meeting, Quadra Island Bible Church, 7pm
Drop in games and wing night, Legion, 7:00pm.

FRIDAY

Low Impact 8:30 QCC

SATURDAY

Legion Meat Draw 5pm, Steak Dinner 6:30pm
Open Mic with Mo, HBI, 9pm

SUNDAY

Centre for Spiritual Living - Campbell River Community Centre
10 am, Meditation, 10:30 am Celebration
Family Service, Quadra Island Bible Church, 10:30am
Quadra Sunday Painters, 11am - 2pm, 285-3390
Quadra Island United Church, 11 am, Sept 12-June 26.
Buddhist Meditation, Upper Realm, Q. Cove, 10 am

NEXT DEADLINE MONDAY, NOVEMBER 15, 2010

Island Calendar is a list of on island events. Please submit separately for the **Island Calendar** and **News & Events** or indicate in your submission if you would like your event placed in both. **Following the text order exactly as above for email submissions is appreciated** (month, date, day, title, place and time), use the title as your email subject. Current advertisers welcome to submit events but not-for-profit items will be given priority. Thank you for understanding.

BC FERRIES PHASES OUT PREPAID PAPER TICKETS ON HORNBY AND CORTES ROUTES... Prepaid paper tickets valid for payment only until December 31, 2010. Customers with these tickets are able to transfer the value of the tickets on to a BC Ferries Experience Card until June 30, 2011. As of July 1, 2011, prepaid paper tickets for Hornby and Cortes Islands will no longer have a monetary value.

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Please help us by following these
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Please use the title of the item as
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please. Send imported graphics
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Please remember to caption &
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Don't write on the back of
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While every effort is made to include all
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omissions do occur.

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NEXT DEADLINE
MONDAY, NOVEMBER 15

ISLAND FORUM



DIOGENES PARTY?

It is not easy to effectively criticize politicians. We can vote out the incumbents every few years but we can never really change them. It is the political version of the lyrics in the rock song Hotel California, "You can check out anytime you want but you can never leave!" We can only vote out the incompetent bastards by replacing them with more incompetent bastards.

If we want real change, we have to start with ourselves. And, if you vote the same way as you always have, you will get the same thing you always get. This is especially true for those who have opted out of voting altogether. You are going to have to think about your vote next time. So, think very, very carefully. This is no time for knee-jerk, right/left habits. Exercise your duty and vote.

Please.....

I have to do the same. And I don't know who to vote for either. I really don't. I have a respect for good, honest business done right and a huge empathy for those in need of a hand. I am a pinko with a fiscally conservative point of view and a born-again Greenie who is willing to chop down a tree to make lumber. I have a lot of the values that all the parties espouse but none seem able to live up to.

So, I am going to make it simple for all the parties, even the Liberals. Make this promise (and keep it) and I'll vote for you, work for you and donate to you:

Tell the truth in all matters. Be honest and act in the best interests of the people of the province. Think long term. And take your own self-interest out of the equation.

I want a politician to be an honest administrator of public resources. Nothing more. I don't need your grandiose schemes of fast ferries or Olympic parties. BC is not a business, it is a community. Just put our health care system, our education system and our natural resources on a sustainable track and get the Hell out of everything else.

Do this and I don't care if your party is called the Green Social Republican Party, I'll vote for you. Really, it is not that hard.

J. David Cox, Read Island

GROWING WITH YOUR COMMUNITY

The following thoughts focus on Quadra but could apply to any human community. Should I have titled this "Changing with Your Community", rather than "Growing With Your Community"? Or maybe, "Developing With Your Community"? Well, considering the world's population is now around seven billion, and could reach 20 billion by 2050, I feel 'growing' is the word to use. Humanity is 'growing', technology is 'growing', knowledge is 'growing', and healthy communities 'grow'; some grow quickly, others more slowly. An unhealthy community is one which is losing more members than it is gaining. Usually human communities become unhealthy due to economic factors, but sometimes it is due to disasters such as disease, earthquake, flood, fire, or drought.

Quadra's is a healthy community. Quadra Island is a typical, rural Canadian community. Let's call it 'rural', because it is similar in population density and layout to the many rural communities across Canada. Suburbs within large cities have their own identities, but do they not hold the same personal closeness as rural communities such as Quadra, Cortes, or Read? Each community, rural or urban, has its own identity, like a fingerprint, and culture shock can exist between neighbouring communities such as Cortes and Quadra. We have communities within our Quadra community: Hooleyville, Moeville, Granite Bay, the South End, Heriot Bay, the Cove, the Loop... If you visited them all and observed each, you would in time detect that each has a different feel to it.

You could also call Quadra a 'semi-wilderness' community, because all Quadra Islanders whether they realize it or not, are more closely bonded to wilderness than are most people. Is there one single property on Quadra which doesn't have wild deer on it? Or squirrels? Or scolding jays? Or wild firs and salal? Unlikely. Wolves, bears, and occasionally cougars live within our human residential community. About half of Quadra Island is uninhabited

wilderness where you can become quite lost in quite nasty terrain.... A strong part of our community's identity stems from being integrated with wilderness. As Quadra's wilderness and plentiful open spaces very slowly succumb to housing and other development, we residents need to grow with our community, and a good way to achieve this is to remind yourself that, (1) everywhere in the world is being developed, nowhere escapes. (2) relative to Vancouver, Nanaimo, or Victoria, for instance, Quadra always has been, and always will be, wilderness.

If you try to see the advantages in your community's growth, rather than the disadvantages, you will be more likely to grow happily with your community, rather than fret, or pack up and move elsewhere. Wildlife and wilderness are but two of many ingredients which make up our community.

Our community's human ingredients are the most influential and important ingredients for us, as we are humans and very social animals. We need other humans. A community works well if its members communicate with each other, respect each other, care about each other, and, if possible, help each other. Quadra Island's many community events are opportunities for us to do all of these. Community events provide opportunities for us to stay in touch with our community, and without those opportunities we would surely live darkened lives. Our community events require work to prepare, many volunteer hours certainly. Simply turning up to community events as part of the audience, allows you to show some support for your community. However, donating your time, skills, resources, or funds towards community projects such as Halloween Night, the Community Wednesday Lunch, Canada Day, trails work, and free firewood, is further insurance for you. Taking part in community projects strengthens your position and respect in the community, helps you repay the community for the good things you enjoy there, helps to maintain the community the way you like it, helps to create a happy community

...full article continued on page 17

-Greg Ross

REGIONAL DIRECTOR'S REPORT

by Jim Abram

Well, here we are at the beginning of November already. The brilliant colours of fall still surround us, although the winds are doing their best to take care of that. We had a great summer season, although it seemed to fly by faster than usual.

Hopefully we will have a "reasonable" winter! I have skipped the last couple of reports for a number of reasons: too many items pending to actually have anything to report, too much "doing the work" to take the time and energy to write about it and just plain ol' missing the deadline in one case, due to being in Vancouver for meetings. I know, "No excuse". But there you have it. I will try to fill you in on the host of things that are going on in local government in this report.

BELATED HALLOWEEN GREETINGS

I would like to make mention at this point of how wonderful it was to see our community out having fun this Halloween weekend. There was a great party / dance at the Heriot Bay Inn to start things off, followed by another great party / dance at the Legion and topped off by a wonderful Halloween Fun Night for the kids at the Community Centre along with the annual fireworks display. This is very encouraging to me as your director. I like a party as much as the next person (as you can see from the photo), but my point is that we are having fun as a community, in a number of venues and involving all ages. This is what is needed to keep communities alive and vibrant. So, congratulations to all of those people that made these events happen, especially the volunteers that put together the "Fun Night" for the kids. Let's keep it up everyone!



BUDGET TIME

It is that time of year again when we at the Strathcona Regional District must turn a lot of our attention to doing the budget for the upcoming year and revising the five year financial plan. This process started in September and will continue right to the end of March 2011. So you can see it is not something that gets thrown together quickly. One part of the process that I insisted on during the design of this year's process is that there be a public meeting on Quadra Island to explain the process and the figures. That was

going to happen this month, but I asked that it be postponed, since there were no numbers to be discussed. There would have only been a general presentation on the process. So it will be held the first part of the new year instead. I believe this will be more valuable to the community and staff are very willing to cooperate in this regard.

LIGHT STATION DE-STAFFING

As many of you are aware, there is a process that was announced by the Minister in September of 2009. It would have seen all light stations in BC de-staffed in the next few years. Our SRD board took a very strong position against this and we took it to the Union of BC Municipalities convention that year where it passed unanimously and then went on to the Federation of Canadian Municipalities, where it passed unanimously also. So the initiative by the Minister was referred to the Senate, for a sub-committee to "study". That has been going on for months in Ottawa. I, and others, have lobbied the Senate to come to BC and hold hearings on the coast to get a real feel for how users feel about this proposal. I was notified yesterday that the Senate will be sending a group of Senators to BC during the week of November 15th. They will start in Victoria, move to Nanaimo and end up in Campbell River on the 18th. They will be booking meetings during the day with parties that want to present to them and then there will be formal meetings running from 4 pm to 7 pm with the first two hours being made up of booked appointments to speak for 10 - 15 minutes and then an hour of open mike with a 3 minute limit. I do not know where the meetings will take place at the time of this writing but please watch for further postings as I get more information from the Senate clerk. It is essential that people interested in retaining staffing at light stations (Cape Mudge and Chatham Point are on that list!), attend these meetings. Even the views of occasional, casual users of the services are important for the Senators to hear. PLEASE ATTEND.

QUATHIASKI COVE TREATMENT PLANT STUDY

Worsely Parsons, the engineering contractor hired by the SRD, has completed the physical assessment of the treatment plant for the Quathiaski Cove sewer system and is currently writing a report due on November 5 that details the current conditions of the plant including its ability to be expanded, any required maintenance and upgrades, and a recommendation for maintenance procedures and scheduling. These engineering details are critical prior to planning for any expansion of the local sewer service area and will inform several of the projects that are moving forward.

QUATHIASKI COVE SEWER EXPANSION

The regional district has received a final report on expansion of the current sewer service area to

include a collection system for a further 40-45 lots that are adjacent to the current service area. The report indicates routes for sewer lines, any pump station requirements and addresses the individual needs of each proposed new service in terms of whether on site small pumps will be required due to topography. Approximate costs have been determined for the collection lines. We are waiting for the results of the Treatment Plant Study noted above prior to moving this project forward. If the treatment plant study results are positive, the next step will be to contact all of the landowners in the proposed expansion areas to provide information on costs, scheduling and process. At that point the regional board will need to formally seek the consent of the landowners in order to proceed. The process for that consent will still need to be determined. On a very positive note, staff have come across an available grant application that may apply to this expansion. It could cover up to 80% of the cost of the actual infrastructure up to a maximum of \$400,000.00. This could result in as much as a 50% reduction in the actual cost to the homeowner for their connection fee. They are actively pursuing this possibility even though it has a very short time frame for application and their staff time is pretty much already spoken for. I really appreciate their assistance in this effort to save money for Quadra Islanders.

HERIOT BAY SEWER SERVICES

Koers and Associates engineering firm are completing a draft report to the regional board, due November 15, that outlines the servicing options and costs for treatment of sewage from Heriot Bay. Included in this assessment is the cost and configuration of a treatment plant of some type in or around Heriot Bay and/or the costs and design details associated with connection to the Quathiaski Cove sewer system. As costs for any potential collection system have already been determined, this final piece of work will help determine the viability of the provision of sewer to Heriot Bay for the community. As soon as the report is in, a public information session will be held to provide the results. There will be plenty of notice of this meeting once it is planned.

So, as you can see, Area C has been very active and has been receiving a great deal of time from the staff at the SRD along with a number of consultants. All of the above projects have been moving along at the same time, along with the next two major items and along with the daily activity generated by this area. I have had my hands very full trying to keep all of these projects front and centre!

QUATHIASKI COVE VILLAGE PLAN

The Village Plan that was completed in August and was the basis for the last two public meetings was then forwarded to staff in order to review and amend where appropriate to comply with the Local Government Act. That work is substantially

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complete and a draft Village Plan will be forwarded to the Steering Committee (our local committee of islanders) for review and comment. Following any comments or recommendations, the draft document will be presented informally to the community through a variety of means for consideration and review prior to the initiation of the formal process of bylaw formulation and incorporation into our Official Community Plan. The referral to the Steering Committee is anticipated for the end of November. A very exciting component of this issue is that I discovered that the Federation of Canadian Municipalities has awards for Sustainable Communities. I put forward a motion at the last board meeting to ask the board to apply for this award officially. It passed at the board. Should we be successful, it will give us national recognition for the project that we have underway and may possibly allow us to leverage other grants to help put some of the innovation that is in the plan into place. Our consultant and two staff members are working on that application right now.

**GOWLLAND HARBOUR VIEWS, DISTRICT LOT 208,
SCHELLINCK**

The proposed rezoning for this property is in the development stage. Staff have reviewed the proposal and forwarded a comprehensive review report to the regional board in August. The board recommended that a further staff report and proposed bylaws for 1st and 2nd reading be prepared. This was due to the fact that it was not felt that there was enough space provided for wildlife corridors with connectivity right through the property. Discussions are ongoing with the applicant regarding key elements of the proposal including the provision of parkland, land uses and servicing, and the connectivity issue. Once that report is complete, the next step will be the advancing of bylaws to the regional board when appropriate. This is a large and complex development and it is being given due consideration by staff and the board.

RIPARIAN AREAS REGULATION (RAR)

This legislation has been brought forward by the Provincial government and it is mandatory for local governments to adopt it and incorporate it into their OCP's and bylaws. Due to this, there will be a public hearing held on Wednesday, December 8th at 7 pm at the Community Centre. We will also be holding the hearing for the Cortes Island bylaws immediately after our hearing. This is being considered a house-keeping bylaw, since it is mandatory for all areas and each area is having their public hearings to fulfill the requirement. It deals with mandatory set backs from watercourses, wetlands and the shoreline. We already have those type of regulations in place but this regulation alters the existing process and amounts required.

HIGH SPEED INTERNET

Believe me, I have not forgotten this issue. It is front and centre at all times. I have been dealing with Telus directly and our CAO has recently come up with a program that may be just what we are looking for. The deadline fast approaches, so it is one more thing that has to be at the "top of the stack", along with all the other issues I bring to staff. I am considering asking the community if they would be interested if I were to form a committee to work on this issue until it is done! We have hit so many brick walls and just don't have the resources at the SRD to keep on this daily, which is what I think it needs. There is also the issue of running fiber optic cable to Granite Bay instead of conventional wire. Why not? They need to run line out there anyway, why not join the 21st century? So, if there is interest, please send me your interest statement (by email please) and if there is enough interest, I will set up a meeting and get this going.

COMMUNITY INVOLVEMENT!

Feel free to call me between the hours of 8:30 am and 7:00 pm, Monday through Friday (please, not on weekends, folks!) at 285-3355, or you can fax me at 285-3533 or you can email me anytime at jimabram@xplornet.ca, or by mail at Box 278 in the Cove, V0P 1N0... Lots of choices. Please note my new email address.

Respectfully submitted,
Jim Abram

Director, Discovery Islands - Mainland Inlets (Area C), SRD

NEWS AND EVENTS

QUADRA ISLAND RCMP REPORT

Staffing Update

The Detachment has undergone some staffing changes over the last few months. After four years of service at the Quadra Island Detachment, serving all the Islands in the Discovery Islands, Constable Julie Clelland was transferred in July of this year. A goodbye luncheon was celebrated in October where Constable Clelland was thanked for her dedicated service and wished well in her new posting at Campbell River Detachment.

In saying goodbye to Constable Clelland, the Detachment also welcomes her replacement, Constable Martin Neveu, who arrived in July. Constable Neveu brings varied experiences from his previous postings in the Lower Mainland and he and his family are excited to be on Quadra Island.

The Detachment also welcomes Constable Al Maclean who replaces Constable Hallam who was promoted to Campbell River Detachment earlier this year. Constable Maclean arrived in September. Arriving from his last posting on Saltspring Island, Constable Maclean understands and appreciates island life and he and his family are happy to be on Quadra Island.

-Shane Worth

GARDEN CLUB NEWS



Saturday, October 30 saw members of the Quadra Island Garden Club hard at work planting trees at the Seniors Housing project. The Garden Club provided the trees as their contribution to the project. Val Barr selected suitable varieties which should be relatively deer resistant. The Garden Club will also provide more trees and shrubs for the west end of the property once the building is completed.

Photo: D. Baier

QUILT & GARDEN TOUR

With the November winds howling and the last of the autumn leaves blowing off the trees, the Quilt and Garden Tour of June 2010 now seems but a distant memory. In fact, it takes this long to sort out all of the final details. Once all of our expenses have been paid, we are proud to say that we made \$4,000. Of this sum, \$2,400 goes to the Quadra Island Recreation Society to complete the wiring for the Community Centre generator and \$1,600 goes to the Quadra Quilters Guild to help them fund their annual sewing marathon when they make colorful quilts for Ronald McDonald House and Children's Hospital in Vancouver.

Thanks again to all of the gardeners and quilters who made this weekend event possible and thank-you to all of you who supported our efforts and helped us raise these funds for our community.

The next Quilt and Garden Tour will not take place until 2012 so you have lots of time to get your garden ready for the next big show. We are always looking for new people to share their gardens for this worthy cause.

Joy Bird

fun every weekend



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FRIDAY FLICKS

NOVEMBER 5, TONIGHT!
THE SECRET IN THEIR EYES
ARGENTINA & SPAIN 2010
ADULTS: \$5. STUDENTS/SENIORS: \$4.
QCC DOORS: 7:30 SHOWTIME: 7:45

The Secret In Their Eyes, winner of the Oscar for Best Foreign Language film, is a confident, world class story set in a fascist state where bringing a culprit to justice isn't easy and the government's notions of right and wrong are as convenient as their political postings. In the opening frames a one-word note, scrawled by an aging man on a bedside pad before sleep overtakes him, reads simply, "Temo" -- I fear.

What follows is a murder mystery, a romance, a political document, and a dissertation on memory, truth, and justice. Among the many secrets in The Secret in Their Eyes is how that old man gains the knowledge, and the courage, to elevate himself from "Temo" to "Te Amo" -- from the clutches of fear to the balm of love. Such an arduous journey, that ends with the addition of a single, transformative letter.

GENETIC ENGINEERING - WHAT IS THE HARM?

Dr. Thierry Vrain, Biotechnologist and Gentleman Farmer will be guest speaker at the November 8th Garden Club meeting, 7pm at the Community Centre. He has prepared a presentation about Genetic Engineering and GMOs that is of interest to most people, not just the gardeners. Would you like to know how to avoid eating foods that have been modified - then join us for an interesting discussion. Dr. Vrain is willing to answer all of your questions.

As a molecular biologist, Dr. Vrain finished his career in genetic engineering. That was then. Now he has become an organic gardener and campaigns to warn people of the abuses of GMO technology, and the dangers to our health and the environment. Dr. Vrain, and his wife Chanchal Cabrera (who recently spoke to the club about medicinal herbs), have acreage near Royston. They have made a dramatic change to their careers and are developing a garden they call Innisfree. Their vision is to share their knowledge by making their farm a destination for health seekers see www.innisfreefarm.ca

We share plants, seed catalogues and garden knowledge at the garden club. New members welcome. Annual membership is \$10 which gives a discount at many local nurseries. Drop Ins \$2. Remember, that now is the time to winterize before it is too late. Frozen pipes, irrigation parts and hose nozzles will break in frigid winter temperatures. It is time to lift the summer bulbs - the begonias, gladiolas, unprotected dahlias and any non hardy plants that may still be out in the cool night temperatures. You will enjoy them next year if you look after them now.

TRAGEDY TURNS TO COMEDY

Rivercity Players' up-coming comedy production 'No Sex Please We're British' almost turned into a tragedy shortly after rehearsals began.



The original director and also cast member, Bill Walton, had to leave the show because of health problems, and two other members of cast found that pressures in their private lives prohibited them from continuing to take part. Heidi Ridgway, president of Rivercity Players, who also has a role in the production, then ended up having to replace not just the director but 3 actors!

Luckily Wendy Gibson, an award winning actress who has demonstrated that she understands the business of comedy, but had never attempted to direct a full-length production before, agreed to take on the task.

'No Sex Please We're British' is a zany comedy which ran for ten years in London and four years on Broadway. It has also been revived at the Granville Island Theatre this year and its type of light hearted humour seems to appeal to everyone, everywhere. The mechanical bra which was part of the original play will be making an appearance in this production, as a local Campbell River company has stepped forward and offered to build one.

'No Sex Please, We're British' plays: Thursday November 4th to Saturday November 6th at 7:30pm with a Sunday Matinee at 2pm. Then again Thursday November 11th-Saturday November 14th at 7:30 pm. Tickets on sale at the Tidemark-250 287 PINK.

FREE DAY

Wednesday, November 17 is a free day on Quadra Island. Free Money & Free Dog & Cat food & hand made hats and scarves are available before the Community Lunch from 11:30 p.m. to Noon in the downstairs small seminar room at the Quadra Community Centre. The Food Bank is also starting at 1 p.m. right after the Community Lunch. Free Firewood is also available from 1 p.m. to 1:30 p.m. behind the Community Centre. Then at 5:30 p.m., Free Pizza is available at the Upper Realm in Q. Cove. At 6:30 p.m., Free Meditation Instruction is also available in the Upper Realm. And at 7:45 p.m., a free hand-drum session is available for new drummers in the Upper Realm, Q. Cove. The basic idea is that everyone on Quadra should have a roof over their head, a warm room, food in the belly, money in the pocket and a good book to read. It helps build a sharing community and it also lowers the crime rate, compared, for instance to Campbell River that has 60 homeless people on any one night and a much higher rate of crime. Call Steve at 285-3323 for more info or if you have something to share for free.

QUADRA SENIORS

Besides the Wind & Rain, and blowing leaves, our members are very busy, making plans. Our next General Meeting will be on Wed. Nov. 3rd at 10:30 a.m. The theme for the meeting will be Remembrance Day. Elections for the Executive will be on the Agenda as well, under the control of our election committee, Shirley Duncan, Rose Finsant & Karen Talbot, 'Thanks,' for their hard work looking for Candidates. Our annual Christmas Luncheon will be held at the Coast Discovery Inn on Monday, Dec. 6th, 2010, @ 11:15 a.m. Entertainment is planned, and a very good time for all, with a delicious Buffet. Make sure you are on the list and if you plan to bring a guest call Judy Hagen @ 285-2150, other organizers are Marilyn & Len Lamb, or attend our Nov. 3rd meeting at the Royal Canadian Legion in Heriot Bay. Other Wednesdays come to Armchair Aerobics with Ann Lawrence @ 10:00 a.m. and Carpet bowling with Chris Dyson @ 11:15 a.m. bring a snack to have with Coffee or Tea. Walk on Sundays with our group with Peter Gregg at 11:00 a.m. meet at the Rebecca spit boat launch, or catch up at the main Parking lot, they maybe coming through the trail. For membership for 2011, with our active group call Chris Dyson @ 2207 or Ruth Amiabel @ 3801

REMEMBRANCE DAY

Our annual Remembrance Day Service will be at the Quadra Branch of the Royal Canadian Legion on Thursday November 11th, 2010. Everyone is welcome and families with children are encouraged to attend. Please be seated by 10:45am sharp. The Legion Ladies Auxiliary will host the luncheon following the morning service. The evening festivities begin with membership initiations to be conducted at 4:30pm. The social hour starts at 5:00pm with dinner for members and spouse/guest at 6:00pm and Honours & Awards will follow dinner. RSVP for dinner to Mel Dery 285-3998. See you at the Legion!

BC'S POWER-FOLLIES EXPOSED

We all know our hydro rates have headed skyward in the past few years, but many of us don't understand how rate hikes relate to new private power projects in BC – and haven't realized it's going to get a lot worse. BC energy policies are trading our wild rivers for long term commitments to private companies and BC Hydro has been forced to purchase power from those companies for well above market value. The result is rate hikes, present and future. Gordon Campbell Liberals have committed BC Hydro to 40 years and more than 30 billion dollars in unprofitable and unnecessary power purchase agreements.

The government spun numbers to make it appear BC had a looming energy shortage – not so. Their promised export market is also not real. What's "Green" by BC environmental standards is unacceptably "Brown" in California: BC's environmental assessments aren't good enough.

Why is public power such an important asset in BC? What can we do to reclaim social benefits and regain control of our energy rates? When do our futures depend on learning to conserve energy and protect rivers? What can you do?

BC Citizens for Public Power is presenting answers. Joined by eminent ecologist and Greenpeace co-founder Rex Weyler, and Gwen Barlee from the Wilderness Committee, there will be a lively discussion about what's happening and what can change. Lannie Keller from Friends of Bute Inlet will offer an update on local river developments at Bute and Toba Inlets. Join us and share ideas. Get informed and get empowered!

**Monday, November 8th 7-9 PM
at Campbell River Community
Centre, 401 - 11th Ave.**

ANNUAL SEWING MARATHON NOV 13/14

Amid the high tech of a sterile hospital, old fashioned comfort never gets outdated.

From our hands on Quadra Island to the beds of sick children at Ronald McDonald House and Vancouver Childrens' Hospital go dozens of quilts every year. Yes, once again it is time for the annual sewing marathon that happens every year on Quadra in the autumn. This event is hosted by the Quadra Island Quilters' Guild and held at the Community Centre over the weekend of November 13th and 14th. That doesn't mean you need to be a member if you would like to participate. There is always room for more sewers, pressers, and cutters.

Anyone is welcome to join us for any part of the day on Saturday or Sunday and lunch will be provided for helpers. Please consider dropping by if you want to see how a quilt is put together. The hours will be 9-9 on Saturday and 9-4 on Sunday. By Sunday quilts are getting their final touches and the finished quilts are being displayed. That's a good time to walk through with your family and take a look.

Why do we do this every year? The gratitude from the families who receive them, and the grins on the faces of the kids, that's why.

Without the volunteer organizers and team leaders, and without the donations of materials and money this event wouldn't be possible. Thank you for our most recent support; Heriot Bay Tru Value Bottle Drive provided us with \$79.55. Once again the Quadra Island Fire Department supports us by setting up on Saturday, and cleaning up on Sunday. Thank you!

If you would like more information on participating, call Terry Phillips; 285-3040.

QUILT GUILD THANKS

The Quadra Island Quilt Guild hosted a gathering of the Guilds from both sides of the Discovery Passage on Oct 1st, 2nd and 3rd. The Community Centre was bustling with close to 200 enthusiastic quilters from Sechelt, Texada Island, Powell River, Gold River, Courtenay, Cortes Island and Campbell River. I would like to take this opportunity to thank the following people and businesses for the generous donations they contributed for our gift baskets and door prizes: Amped On Nutrition, Book Bonanza, Dirty Flowers, Fancy Camping, Fun Knits, Gibsons Glassworks, Heriot Bay Inn, Honeysun Massage, Hummingbird, Joanne Fraelic, On Root, Peoples Drug Mart, Quadra Crafts, Seams of Cape Mudge, Snapdragon Designs, Stepping Stones Retreat, Stranded Hair Design, Tsa-Kwa-Luten Lodge, We Wai Kai Campsite and Yellow Dog Trading Company.

Thank-you! Mary Dennison

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MOTHERSTONE: BRITISH COLUMBIA'S VOLCANIC PLATEAU

In the high country of British Columbia's Central Plateau lies the Motherstone. It is a land that few people have walked over or seen before. It includes a chain of shield volcanoes formed over a mantle hot spot rising from a depth of 2,900 kilometers, a sea of crystallized basalts stretching 300 kilometers from Anahim Peak to the Painted Chasm, a river of obsidian, underwater volcanoes sitting high up above the world's only inland temperate rainforest, and a field of cinder cones still rising from among the trees they burned through when they were formed.

Motherstone will undoubtedly become one of the most important natural history books published to date in British Columbia. It was researched and written by the award winning BC author Harold Rhenisch; verified by the scientific consultant, Dr. Mary Lou Bevier, of UBC; and photographed by the distinguished Canadian photographer and publisher, Chris Harris.

Chris will share his visual journey of discovery with behind-the-image stories of adventure. It is with a sense of reverence that Chris presents these images. His hope is to bring conscious awareness to the imperative need to protect this example of British Columbia's biodiversity and natural beauty.

To see this feature presentation about stunning volcanic topography, join Sierra Quadra on Friday, November 12, at 7:30 pm. QICC doors will be open at 7:00 pm.

Copies of the book Motherstone will be on sale. Cash or visa. A great Christmas gift idea!

THE SHOW OUTSIDE MY WINDOW(My Secret Life)

The blazing wind has brought all manner of good things to play: One by one they appear; each boldly embracing the erratic blow and holding it's wild heart so near. Each with its own dance, its own song, its own amazing enjoyment of Nature's fiery child.

Eagle: steady; ruling; appearing as creator as he shapes and gathers the wind below him.

Then Heron: broad and heavy, seeking the comfort of his steady legs, drops firmly through the wind's folly to the warm safety of his sister sea.

Then the giddy gulls came, flecking and flacking at the sky, Pèle Mêle and Bouncy, ruleless as children as they hop from cloud to cloud, following paths they have yet to explore.

And then Merlin: swift and bright; slices the sky with a strike. Small, fixed and determined as an arrow of light as he slides through the wilds of flight.

Then the Raven joins the heavens; Clever, capable knowing full well his place in this sphere. He casts his able glare and becomes the place he means. He flicks his shoulder to the wind and disappears magically behind eolian seams.

No wonder we were given no wings; Our ever-reaching minds never willing to let go. When you're in the air, you are the air. No ups, no downs, no rights, no wrongs, only air; here and there and lots!

As we must learn to enjoy being on the ground.

-Hélène

CR MUSEUM NEW WEB PHOTO ARCHIVE

Have you been wondering where to find old photos to do with your region's local history? The Museum at Campbell River has just made that task enormously easier with the recent completion of its digitization project. Like many museums, the Campbell River Museum has thousands of images in the form of photos, negatives, positives, glass plate and lantern slides that they would like to make more accessible to the public. With assistance from the British Columbia History Digitization Program and UBC Ike Barber Learning Centre, the Museum was able to create a new logging website and place over 1400 of its archival images online.

The process was begun a couple of years ago by Sandra Parrish, the Museum's collection manager and archivist, and with the help of volunteers, she collected, sorted, and where possible identified the photos to be used for the site.

Chameleons' general manager, Andy Chapman-Coombs's aim was to create a site that could be used intuitively, so that if a researcher typed in a word or phrase like "Elk River Timber Company", any photos that referenced that name would come up and create its own grouping like a gallery. "The galleries are dynamically created" says Andy, "and there is no need to go from page to page."

Visitors to the site can even post comments, which could help in identifying people, places and objects in the photos, and allows for a degree of interactivity. The public will also be able to order and purchase photos through the site.

Key to the project was collections assistant Chelsea Pielou. Andy and Sandra both commented that "Chelsea has done a brilliant job". Andy worked with the Museum from July to October perfecting the program, and since the cost of creating the program went over what was estimated, Chameleon decided to sponsor fifty percent the cost on behalf of the Museum. Now, however, since the prototype has been completed, a similar site could be created in 35 - 40 hours. The Museum for example, could have a whole new archive in days. This conforms with Sandra Parrish's wish to continue digitizing the Museum's image collection and to create a larger site that encompasses the broader history of Northern Vancouver Island.

To view the new site, visit gallery.crmuseum.ca, or click on the icon on the Campbell River Museum's home page.

BUDDHIST MEDITATION

Come learn Buddhist Meditation and enrich your spiritual life. Or one can just learn to mellow out and relax and let go of the daily stress. No previous experience is necessary and folks from all spiritual traditions are welcome to attend. The actual practice can be used to enhance you own spiritual tradition. The time is 7:30 p.m. The date is Monday nights for the month of November. The place is the Upper Realm, Q. Cove. Call Don McEachern at 285-2193 if you plan to attend because the location may change.

WWW.DISCOVERYISLANDER.CA

SENIOR HOUSING NEWS

At Seniors Housing, construction is progressing smoothly with the first tenants able to live in a suite by the new year. Luckily, the crew have indoor work on these very wet days of fall. The floors are going in and the cabinets are being finished. Outside, the driveways are being built and some trees planted. Don't forget, the deadline to apply as a tenant for the first two units is November 5th. The second duplex or units three and four will have a deadline for application in the new year. The sooner you apply the better, since the Society has already received several applications.

We would like to thank RTL Painting for donating all of their labour for the first units. Richard and Judy Leicester were the first of the trades to say they would donate part of their time to the Seniors Housing Project. RTL then went further and asked for free interior paint from Cloverdale in Campbell River - 10 gallons donated and a reduced price on the balance. Thank you to the Leicesters for their great community support. Cloverdale Paint has helped again with the colour selection - thank you to Linda at the Campbell River store. If you have not been past the site lately check out the colours - the homes are looking great.

Viann and Ken Vaux of Viken Waste have been looking after the onsite dumpster. While the crew are being environmentally friendly and recycling wood scraps as firewood, there is still a great amount of waste with new construction. Thank you to Viken for donating back a good percentage of the cost of the waste management. Your support is appreciated.

Patrick Field, of Shook Wickham Bishop and Field has just completed pro bono work for the Society for the second time this year. Patrick says he was on the Board of Seniors Housing in the early 1990s and is pleased to help the project out. Thank you CR Lawyers for your generosity. The loan negotiation, which the Society has just completed, was also assisted with pro bono work by Gurdeep Sidhu - Notary Public. Thanks Gurdeep for the very generous donation of your time.

While the long term loan will keep us building, we are not in the black yet. We do not have the finances yet, to complete without further fundraising. The Society does have several applications out for grant assistance and we will be talking to BC Housing again in the new year. Please help out over the next few months if you can. We expect to have a number of fundraising enterprises over the winter to raise the shortfall. Thank you to this community for your help. This type of work makes Quadra a healthy, whole and caring place to live.

For Sale: The Society has surplus (200bf) 1" edge grain, old growth, Douglas Fir for finishing work. This wood was donated several years ago and we are not using it. We are offering it for sale at \$3 a board foot. Call John Toelle at 285 3783.

CR CHRISTMAS ARTS & CRAFTS MARKET

Join the Campbell River Art Gallery for delicious snacks and refreshments at the opening of the annual Christmas Arts & Crafts Market on Nov. 12, when the Main Gallery becomes a classy boutique of quality handcrafts. This is an opportunity to shop local for the holidays. Your purchases support regional artists, and the Gallery, while keeping your dollars in the community. To top that off, you're assured unique gifts at affordable prices.

The Market is in its tenth year so the Gallery will celebrate that on opening day, with a gift basket door prize for the 10th customer through the door, and a 10% discount for the 10th and 100th purchases of the day. You can look forward to a selection of quality work at a range of prices, with lots to choose from in the \$20 range. You'll find jewellery, metalwork, woodwork, textiles of all kinds, fused and blown glass, cards and fine art. There will be lots on offer by popular jewelers like Damaris Oakley, with her lampwork glass beads, and longtime favourite Henryk Klosowski, with his amber. Also well represented will be soap maker Valerie Krug and woodworker Gary Stewart, with his beautifully crafted cheeseboards.

Among the many new artisans represented in the Market are Mary Deveau, with her raku sculptures of seals on rocks, Lisa Strain's glass

and metal bookmarks and Lisa Bernstein with her personality-loaded gingerbread sculptures. Well-known Campbell River artist Jack Jackovich has a line of pottery at the Gallery, as do Gorde and Martha James, Sylvia McGourlick and raku potters Leslie MacKenzie and Ellen Statz.

As in other years, there'll be artisan demos every Saturday throughout the market, starting Nov. 20, from 1-2pm. Regular shopping hours are Nov. 12, noon - 7 p.m. and Mon - Sat, 10 - 5 p.m. through Dec. 24. The Gallery will once again be open for evening shopping until 9:00 p.m. on Dec 3, as part of the downtown merchants' Starlight Shopping extravaganza, complete with a parade of lit trucks, live music, Saint Nick and performers. Watch for details of these events in the local papers and on our website: www.crartgallery.ca.



CHRISTMAS CRAFT FAIR AT QCC

Bath Bombs to woodwork, candles to quilts, cards and candy-studded gingerbread creations: these are just some of the riches to be found at Quadra's annual Christmas Craft Fair. Why spend your hard earned money on mass-produced presents when you could search out unique, locally-made gifts?

On Friday, November 19 and Saturday Nov. 20, Quadra's Community Centre will be replete with offerings from perennial favourites and lots of brand new exhibitors. Come both days as some exhibits change!

Delicious food at the concession means you can browse for as long as it takes to find something for everyone on your list.

The North Pole has confirmed that Santa will arrive at Noon Saturday, with land transport courtesy of the Quadra Fire Department, to visit with children and pose for photos.

In addition to the above, you'll find: Acrylic & water-colour paintings, Greeting cards, Glass work, Jewelry, Knitting & Wool-textiles, Photographic art, and Potters.

Shop local and shop early so you can take December off! See you on Quadra at the Community Centre.

Friday Nov. 19 4 PM to 9 PM / Saturday Nov. 20 10 AM to 3 PM, Santa arrives at noon

CENTRE FOR SPIRITUAL LIVING WORKSHOP

with Christine Neinable-Roberts: Preparing for or Revisiting a Parent or Partner's Passing. Sunday Nov 7 @ 1:30pm, Campbell River Community Centre. \$40.

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YOU AND YOUR BUSINESS IN 2011

Feel like your business consumes you? Yes, keeping a business running can be grueling; long days, constantly thinking about new ways to attract customers/clients, keeping an eye on cash flow, not to mention long term planning and keeping the paperwork and office organized. How many hours are you devoting to your business and is there any time left for you? By incorporating some personal planning tips, you can make time for yourself, creating more energy and inspiration for your business.

Family Time If you are married and raising a family you know how important it is to make time for those relationships. Children grow up quickly and a marriage needs nurturing. If you are working to support your family, but do not have time to spend with them, you may need to re-evaluate the human costs of business. The old adage "working to live" not "living to work" may be worth reflecting on.

Diet and Exercise No time to eat or even plan meals? Is exercise the last thing on your agenda? It is easy to forget that we need to prioritize our health in order to have the energy needed to run our business. Make good nutrition and exercise a priority; book an appointment with yourself to walk at least 3 times a week, and take some time on Sunday afternoon to plan your meals for the week.

Hobby Time Plan some type of activity that you enjoy. What hobbies do you have that take you away,

help you to lose track of time and are just plain fun!

Social Time Does your "to do" list take precedence over your friends and social events? It is very easy to find yourself isolated if you consistently put work before friends and social activities. Make some dates for social outings with friends.

Reflection Quiet time for reflection is important for rejuvenation, creative thinking and generating ideas for better use of your time. Set aside 15 to 30 minutes each day, before you begin your work day just to sit quietly and tap into what is important to you. Quiet reflection is a great tool for setting the tone for the day and enables you to handle business problems and challenges with more patience, ease and confidence.

What Can You Do To Save Time? **Hire Help** It is tempting to do everything yourself. After all, this is your business, you have devoted your heart and soul to it and someone else might not invest the same level of care that you would. While this may be true, you may also be setting yourself up for burn out in the long run. If your budget allows for it, hire some help.

Get Organized Staying organized gives you more mental clarity and peace of mind. If you feel like you are constantly putting out fires it may be time to brush up on your time management skills. Commit to learning new time management skills and actually use them. Set aside one day a week to plan for the following week and learn how to prioritize tasks and follow through to completion anything outstanding that drains your energy.

Make Your Plans Remember that business plan that is sitting in a file somewhere collecting dust? Resurrect it; review and tweak it. Jot down your ideas, use calendars and planners; write down concrete goals for your business in the New Year. What business challenges are you facing? What steps can you take to address them? Review what is important to you about owning and running your own business? What has changed for you since launching your business? If you take the time to reflect on and answer these questions you will come up with new and progressive goals and ideas for you and your business in 2011.

Submitted by, Tucker Dinnes, L.I.F.E. Coaching

COASTAL COMMUNITY CREDIT UNION ONE OF CANADA'S BEST EMPLOYERS

"Congratulations to our entire Coastal Community team, including our Credit Union, Insurance and Wealth Management experts, as well as our employees in our support departments. It was their passion, commitment and efforts that created our Best Employer environment," says Adrian Legin, Coastal Community's President and CEO. "Being a Best Employer validates the dedication and commitment of our employees, who care deeply about our members, clients, communities—and each other."

Coastal Community encourages and supports employees' efforts in making a visible and meaningful difference in their communities. Through a variety of educational and training programs, we develop our employees at all levels as leaders in relationship building and service delivery. We have a team of engaged, inspired and happy employees, who enjoy providing caring, helpful service to our members and clients, and keeping us connected to our communities.

"Our employees are our greatest strength," says Bruno Dragani, Chief People & Administration Officer. "When your organization truly believes in that, and when focus is placed on continually improving the employee experience, great things happen."

Coastal Community is very proud to be one of the region's largest employers, providing stable and rewarding employment to over 650 employees in our Credit Union, Insurance and Wealth Management business lines across Vancouver Island and the Gulf Islands. Serving island communities for over 60 years, Coastal Community has grown to be the largest Credit Union based on Vancouver Island and the Gulf Islands, with over \$2 billion in assets under administration. We offer caring and helpful service to more than 80,000 members across the islands.

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Helen Piddington is a renowned printmaker and artist whose work has been shown around the world. In 1975 she and her husband moved to remote Loughborough Inlet on the coastal mainland of BC, and have lived there ever since. Her first book, *The Inlet*, is about her experiences in this remote part of the West. Her second and most recent book is *Rumble Seat: A Victorian Childhood Remembered*.

On Saturday November 27, Helen Piddington is the special guest of Herons at the Heriot Bay Inn. She will read from her books and regale us with stories of life long-ago as part of the Speaker Series. This dinner event is \$39 per person. We suggest seating at 6pm, as dinner is served at 6:30. It is a set three-course menu, and yes, we accommodate allergies (please advise in advance). Reservations strongly recommended! Call 250-285-3322 (ext 259) to reserve your seats.

With sharp description and humour, Piddington remembers what is was like to grow up in a place where more time was spent preparing the grass on the private tennis courts than actually playing the game; a time when children had to not only wear, but know how to properly remove, long "kid gloves" at a dance, and buttering a whole piece of bread at once was considered rude. Then, during the 1930s the Piddington's life of privileged comfort vanished due to the Great Depression and Major Piddington's bad luck in business. From then on the elder Piddingtons were forced to look after their vast brook themselves, the Major growing their food and Mrs. P. belatedly learning to cook, keep house and care for Helen, her youngest child. Difficult as the adjustment was, there was new satisfaction to be found in sharing and making do. Spanning from the Piddington's big move from Quebec to the West Coast, through to the Great Depression and World War II, Helen Piddington's *Rumble Seat* is a captivating record of a way of life gone by and a valuable addition to the social history of British Columbia.



BC HYDRO NOT INVOLVED IN TELEMARKETING CALLS

BC Hydro's customer service department has received a number of calls from customers around the province advising that some telemarketers are misrepresenting themselves as BC Hydro employees in an attempt to sell energy-saving devices. Telemarketers also incorrectly claimed they were in possession of the customer's power consumption information. BC Hydro would like to clarify they do not endorse these "Hydro Power Savers" and reassure customers that BC Hydro's individual power consumption information is strictly confidential and is not shared with third parties. Customers who have been contacted by telemarketers about this device are encouraged not to enter into any agreement for purchase without careful prior investigation. WWW.DISCOVERYISLANDER.CA

"THE QUADRA SESSION" AT THE LEGION

"The Quadra Session," featuring multiple genres of music by members of Eunoia, Indigo Kids, Strawberry Half Moon Garden and an opening jam with Cameron Gunn and local artists, comes to the Legion on Saturday, Nov. 13, in a joint effort by Solid Productions and Jellyfish Recordings.

Quadra's own MC, beat maker, writer, visual artist, and web tv host, Axiom, now lives in Vancouver. Still connected to his island roots he brings us fresh from the recording studio this extremely talented group of artists who will be sure to provide an amazing evening of music!

Doors 9pm, \$10 cover
jellyfishrecordings.com / getgrounded.tv

COMMUNITY THANKSGIVING

Many thanks to all the individuals and local businesses that made the 2nd Annual Community Thanksgiving Gift Giving a success. A special thanks to the HBI pub, People's Drug Mart, the knitters & sewers, The Green Knights (Peter, Alan, Michael, Pat, Dave & Steve), Joy Inglis, Carol Foort, Danielle Girard, Viken Waste Management, Whiskey Point, Mimi for the lettuce, Sonya Charlesworth, Quadra Builders, Spirit Books, Gypsy Momma, Helen & her daughters for the free hugs and all the folks I can't remember right now because of my advanced age. What a wonderful sharing community we have! And the sharing also happens year round, with the community lunch, the free firewood, the food bank, free money and much more.

DRUM MAKING WORKSHOP

Since the beginning of time, humans have attempted to seek spiritual connection with the land through the use of a drum. The drum unites the heartbeat of the earth with the heartbeat of the people. It bonds communities together and serves as a profound healing tool. To drum is to become part of the greater wisdom of the world. The Museum at Campbell River is offering a rare opportunity to build and learn about a drum. On Saturday, November 20, from 1pm - 4 pm, Master drum-maker Jorge 'Two Eagles' Lewis will guide participants through the process of constructing a drum. Along the way, Lewis will offer teachings about drums, including the respect paid to the animal who has sacrificed its' hide, stories of how the drum came to the people, usage of the drum and the spiritual connection of drums that continues from ancient times to today. Each participant will create a 14" drum for keeping and will have ample opportunity to discuss drumming and learn about the construction of drums. Jorge is from the Snuneymuxw nation, a descendant of powerful Shamans, mask dancers and chiefs. He has resided in Campbell River for most of his life. The fee for the workshop is \$200.00 and includes all of the needed hide and materials. This is a unique opportunity to gain insight into the on-going spiritual connection between drums and people. Space is very limited so please call the Museum at 250-287-3103 to reserve your spot.



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MLA REPORT

by Claire Trevena

The BC Liberal government never ceases to amaze me in its arrogance, in its lack of understanding of how people really live, and sadly, in its unremitting undermining of our parliamentary democracy.

The latest act, of course, is Gordon Campbell's prime time television and radio address to the people of BC. The content I am sure most of you know: the HST is here to stay (until at least the referendum next September) because the Province desperately needs the money it generates. But the public purse can still afford a massive cut in income tax for the highest paid. Now for most people that simply does not add up.

But the move also underlines so much that is wrong with the BC Liberal government's policies over the last decade: promoting regressive, flat, taxes such as the HST, where everyone pays the same no matter what his or her income, in the place of progressive taxes in which the more you earn the more you pay. The BC Liberal government is taking from the poor to pay off the rich.

Campbell said that the private sector would be the saviour for BC during the ongoing recession - once again people can shop their way to happiness. I don't see that happening in the North Island: the Walmart parking lot is often full because it is about the cheapest place for families trying to make ends meet. Leaving people poorer does not provide opportunity or choice. It goes without saying there is a role for the private sector in a mixed economy, but if the BC Liberals are talking about allowing the private sector to do what can be done better by the public sector they are simply being ideological.

Public services - such as education, health care, our roads, ferries and our parks - are central to society's infrastructure. They are available to people no matter what they earn and in the case of the social safety net, are there for people in hard times. These are part of a civilised, just and equitable society; the sort of society I believe in and I think most people in BC believe in. But there is no magic formula, we have to pay for these services, this infrastructure. We do that through our tax system: taxes on individuals; taxes on corporations; and taxes on certain items determined by our society to be "bad" such as carbon, alcohol and tobacco. And once we pay these taxes it is no longer our money; it is public money, entrusted to the government to be spent wisely. So the BC Liberal government decides to spend quarter of a million

dollars of this public money, money BC taxpayers provided, on an infomercial for Gordon Campbell to tell us that we simply do not understand the importance of the HST, that there will be a tax cut for those who don't need it, and that there will be an emphasis on early learning. This money did not have to be spent if the BC Liberals had done what they were supposed to, and called the Legislature back for its prescribed fall sitting. Campbell could have stood in the House, as he was elected to do, and delivered the same announcement - and let the Opposition have the chance to question him and his Finance Minister on it. And if the Legislature had been called back, we would have been able to challenge the government on another extraordinary expenditure; the \$6 million in legal fees for the Basi Virk trial. Thousands of people have been excluded from legal aid, but two BC Liberal insiders get their legal costs paid. Further, the public still does not know the full, sordid story of the sale of BC Rail. The Campbell government paid public money to make sure no more embarrassing information came out by cutting a deal to pay the legal fees of Virk and Basi if they plead guilty thereby ending the trial. There is not even a semblance of justice in that. It is disgusting.

As an Opposition we could also ask for answers about who did know what and when; we could ask about the links to past and present cabinet ministers. So it is not surprising that the government does not want to reconvene the Legislature. What seems to be forgotten is that it was the BC Liberals who decided nearly ten years ago we should have fixed Legislative sessions: in the spring to discuss the budget and in the autumn to discuss legislation. Instead we have a heavy spring session filled with the province's budget and legislation and when we don't finish debate on the legislation by the fixed end of the spring session, the government simply shuts us down and passes the bills. Compound this flagrant abuse of our system with the increasing presidential approach to leadership and the integrity of our parliamentary democracy is, seriously, in jeopardy.

I have been making the most of not being able to get on with the job of Opposition in Victoria by working within the constituency, and it has been a busy fall. I think everyone is aware of the devastating floods and landslides around Port Hardy, Port Alice, Holberg and Zeballos. And we cannot forget the people of Kingcome who are still away from their homes, being hosted by families in Alert Bay, and uncertain of

when they will be able to return to the village. I would like to publicly thank all the Emergency Planning teams in each of the communities who jumped immediately into action, who helped neighbours and strangers alike to ensure their safety. I would also like to thank the Western Forest Products crews who worked in Holberg and the teams who reopened the road so swiftly in Zeballos. I would also like to publicly thank those who have been so generous in supporting the families from Kingcome: all the people in Alert Bay who have housed people, the teams of people who provided a community kitchen for them, the amazing donations of food, clothes and other necessities.

Immediately after the latest Cabinet shuffle I met with the new Ministers of Aboriginal Relations, Forests and Environment to discuss with them the problems still being faced by the people of Kingcome, and the need to try to prevent similar flooding happening again. I am hopeful that a meeting between the Kingcome Council and Provincial government ministers will happen swiftly. I also raised with the Minister of Environment the ongoing discussion over Metro Vancouver's solid waste disposal policy; I urged him to give serious consideration to the proposed Waste to Energy plant in Gold River, describing to him the benefits for the community and the community's commitment to the project.

And yet again I am in discussions with the Vancouver Island Health Authority over our planned Campbell River Regional Hospital. The stakeholders' group, which I convened two years ago, wanted clarification on VIHA's business plan. We want to make sure that services at our new regional hospital will be enhanced and there will be no cuts in our health care provision. I am somewhat disappointed that effectively another year has been added to the time frame of building our new hospital; I think most of us had hoped that the proposal would have gone to the government this autumn to be considered for next year's budget. But VIHA is now going out for further consultation to build its business plan. The Campbell River hospital staff continues to make the most of the cramped and physically deteriorating building in which they are providing high quality health care: but we need a new hospital urgently. One of the problems remains that seniors are being housed in the hospital. Aside from the probability that the physical beds they occupy would be used by other people, a hospital isn't the right place to provide seniors' care. I am very pleased that a community group, including families and care providers, has come together on this issue. Its voice will be of great help when I am raising this with both VIHA and the Minister of Health.

The coming weeks take me around the constituency as well as down to Victoria for meetings. But I can always be contacted by email at Claire.trevena.mla@leg.bc.ca or by phone at the Campbell River office on 250 287 5100, in Port Hardy at 250 902 0325 or toll free at 1 866 387 5100.

Best regards, Claire

Frank Delph
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WRITER'S BLOCK

by Smokey Dymny

HOW TO GET BACK INTO RIDING - RAIN OR SHINE

"Electric bikes? They're for amateurs who don't really know how to ride." That's what I used to think. I was like many die-hard cyclists who don't own a car and who scoff at the people trying to commute without an automobile by starting out with an electric bike or an add-on electric motor kit.

But I discovered how badly I was stereotyping people when a fellow Quadra Islander, Barry Hatelt recently told me he removed his electric motor from his bicycle for most of the year. Barry's story may change your mind about electric bicycles also.

Like many, Barry started riding a bicycle at age 5 (in North Vancouver) and then rode all the time. But, like many teenagers, he was enticed by car culture at the age of 16. After that came a career and a family. Still, in the late 80s, he rode a mountain bike to work for a couple of years. Riding fell by the wayside again because of his growing business. Barry owns and operates Quadra Island Builders, the island's main building supply centre. As a result, he only rode sporadically after that.

His son, in the meanwhile, had become an avid mountain biker and a road bike rider too. He can ride to Cumberland from Campbell River in two hours. This was a continual reminder to Barry that cycling was still something desirable. Being a realist, and somewhat older by this time, in 2006 Barry bought front-wheel drive electric bike kits for both himself and his wife Sharon. He rode his own electric bike to work daily. After nine months this first electric kit stopped working completely. As a result, Barry bought a computerized Bionix system from Island Cycles on Quadra in July of 2008. Barry says the Bionix system is much better than the simple throttle systems because it provides a boost only when he needs it. Barry says this advanced electric bicycle system made riding a lot of fun. "Electric was kind of a game to me. I would see how far I could go without recharging the batteries."

Barry used the boost only to go up hills, which can be pretty steep on Quadra Island. The rest of the

time the system was charging the battery because of its regenerative braking system. Barry found he could travel two weeks before actually having to recharge the batteries from the electricity grid. Meanwhile, Sharon did not like the heavy hybrid bicycle she had her Bionix kit mounted on. She had it transferred to a custom hybrid built for her by Sam Whittingham of Naked Cycles who welds his custom creations on the west side of Quadra Island. In the spring of 2010 Sharon's Bionix kit required a warranty replacement when it was completely soaked in the spring rains. Many early electric systems seem to go through some growing pains since this is a relatively new technology in North America.

While waiting for the warranty replacement,

What can happen, though, is that your good intentions can get enveloped in a big wet, fog when the days get wet and gloomy, and cycling suddenly stops looking like such an easy thing to do daily.

Barry began riding the Sam Whittingham hybrid without the electric kit. His work day commute is a 20 km round trip. Most weeks he also adds another 80 to 150 kms of riding to that total. "I wouldn't have started riding again (at age 58) without the electric assist. But now I ride without it except in the most dark and windy, rainy, winter conditions. I like to keep it as a safety blanket. I think the electric assist is an excellent way of getting people who had stopped riding back on a bicycle."

"I'm a little bit different. I like to push myself harder. I ride almost as hard with it as without it. I like to have it when I'm tired and hitting those four big hills to work and on the way back. During most of the year, when it's light out, commuting on a bicycle is wonderful and thoroughly enjoyable and I wouldn't consider using a gasoline-powered vehicle. I still ride with my son and two grandchildren, as a family, but keeping up with my son alone is out of the question. A lot of people wouldn't get on a bike until they try an

electric bike. The so-called "purists" won't ride the electric kits, yet they drive their mountain bikes to the trail head instead of riding to it. I ride my bicycle to the trail head in half an hour and pass them while they're still unloading their bikes from their car racks."

That's Barry's story and I'm sure a lot of you have good stories about getting back into cycling. Maybe you want to save money, maybe you want the exercise, or it could be another good reason. What can happen, though, is that your good intentions can get enveloped in a big wet, fog when the days get wet and gloomy, and cycling suddenly stops looking like such an easy thing to do daily.

I've been doing this year-round in Ontario, and I assure you it's a little more miserable there in the winter. Furthermore, Toronto scored the worst in a study done by a U.S. firm which compared major Canadian cities and their cycling facilities. There are many more car drivers to deal with and they're a heck of a lot less respectful to cyclists, on average. It's a rare day in Toronto when I did not

have an unnecessary unpleasant encounter with a car driver either in my morning or my evening 10 kilometer ride.

Now, the unpleasant commuting encounters are rare. They only happen occasionally on the B.C. Ferries. If you have these unpleasant incidents also, and I've certainly heard stories from other riders who have, then phone your complaint in to Captain Gordon Nettleton, Marine Superintendent of the Northern Islands at 250-890-7801. He told me that he's a cyclist and he does not like it when riders are being given second-class treatment on the ferry system.

So, bolt on your lights, fenders, and bells. Put on your waterproofs and your warm undies and lets see everyone with a bike pedaling this winter. With global warming arriving with a vengeance, who knows, we might have an extended warm season sooner rather than later. And, finally, "keep the rubber side down"

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EVENTS

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DATE	TIME	M	FT
05	06:25	4.7	15.4
Friday	11:44	3.2	10.5
	16:55	4.7	15.4
06	00:08	0.7	2.3
Sat	07:19	5.0	16.4
	12:41	3.4	11.2
	17:31	4.6	15.1
07	00:48	0.6	2.0
Sun	08:10	5.1	16.7
	13:36	3.5	11.5
	18:09	4.5	14.8
08	01:29	0.6	2.0
Mon	08:58	5.1	16.7
	14:32	3.6	11.8
	18:50	4.4	14.4
09	02:11	0.7	2.3
Tues	09:46	5.0	16.4
	15:31	3.6	11.8
	19:32	4.2	13.8
10	02:53	0.9	3.0
Wed	10:34	4.9	16.1
	16:36	3.6	11.8
	20:17	4.0	13.1
11	03:35	1.2	3.9
Thurs	11:22	4.8	15.7
	17:44	3.5	11.5
	21:07	3.7	12.1
12	03:18	1.5	4.9
Friday	11:10	4.7	15.4
	17:50	3.3	10.8
	21:12	3.5	11.5
13	04:03	1.8	5.9
Sat	11:54	4.6	15.1
	18:50	3.0	9.8
	22:43	3.3	10.8
14	04:53	2.1	6.9
Sun	12:34	4.5	14.8
	19:40	2.7	8.9
15	00:23	3.3	10.8
Mon	05:52	2.5	8.2
	13:09	4.5	14.8
	20:20	2.4	7.9
16	01:50	3.4	11.2
Tues	06:59	2.8	9.2
	13:40	4.4	14.4
	20:54	2.1	6.9
17	03:07	3.7	12.1
Wed	08:03	3.0	9.8
	14:07	4.4	14.4
	21:24	1.8	5.9
18	04:10	4.0	13.1
Thurs	09:01	3.2	10.5
	14:33	4.4	14.4
	21:53	1.5	4.9
19	04:59	4.3	14.1
Friday	09:52	3.4	11.2
	14:57	4.4	14.4
	22:22	1.2	3.9

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GROWING WITH YOUR COMMUNITY

BY GREG ROSS, GEOGRAPHER/WRITER

The following thoughts focus on Quadra but could apply to any human community. Should I have titled this "Changing with Your Community", rather than "Growing With Your Community"? Or maybe, "Developing With Your Community"? Well, considering the world's population is now around seven billion, and could reach 20 billion by 2050, I feel 'growing' is the word to use. Humanity is 'growing', technology is 'growing', knowledge is 'growing', and healthy communities 'grow'; some grow quickly, others more slowly. An unhealthy community is one which is losing more members than it is gaining. Usually human communities become unhealthy due to economic factors, but sometimes it is due to disasters such as disease, earthquake, flood, fire, or drought.

Quadra's is a healthy community. Quadra Island is a typical, rural Canadian community. Let's call it 'rural', because it is similar in population density and layout to the many rural communities across Canada. Suburbs within large cities have their own identities, but do they not hold the same personal closeness as rural communities such as Quadra, Cortes, or Read? Each community, rural or urban, has its own identity, like a fingerprint, and culture shock can exist between neighbouring communities such as Cortes and Quadra. We have communities within our Quadra community: Hooleyville, Moeville, Granite Bay, the South End, Heriot Bay, the Cove, the Loop... If you visited them all and observed each, you would in time detect that each has a different feel to it.

You could also call Quadra a 'semi-wilderness' community, because all Quadra Islanders whether they realize it or not, are more closely bonded to wilderness than are most people. Is there one single property on Quadra which doesn't have wild deer on it? Or squirrels? Or scolding jays? Or wild firs and salal? Unlikely. Wolves, bears, and occasionally cougars live within our human residential community. About half of Quadra Island is uninhabited wilderness where you can become quite lost in quite nasty terrain.... A strong part of our community's identity stems from being integrated with wilderness. As Quadra's wilderness and plentiful open spaces very slowly succumb to housing and other development, we residents need to grow with our community, and a good way to achieve this is to remind yourself that, (1) everywhere in the world is being developed, nowhere escapes. (2) relative to Vancouver, Nanaimo, or Victoria, for instance, Quadra always has been, and always will be, wilderness.

If you try to see the advantages in your community's growth, rather than the disadvantages, you will be more likely to grow happily with your community, rather than fret, or pack up and move elsewhere. Wildlife and wilderness are but two of many ingredients which make up our community.

Our community's human ingredients are the most influential and important ingredients for us, as we are humans and very social animals. We need other humans. A community works well if its members communicate with each other, respect each other,

care about each other, and, if possible, help each other. Quadra Island's many community events are opportunities for us to do all of these. Community events provide opportunities for us to stay in touch with our community, and without those opportunities we would surely live darkened lives. Our community events require work to prepare, many volunteer hours certainly. Simply turning up to community events as part of the audience, allows you to show some support for your community. However, donating your time, skills, resources, or funds towards community projects such as Halloween Night, the Community Wednesday Lunch, Canada Day, trails work, and free firewood, is further insurance for you. Taking part in community projects strengthens your position and respect in the community, helps you repay the community for the good things you enjoy there, helps to maintain the community the way you like it, helps to create a happy community tone, gives you chances to socialize, display your skills and interests, make contacts, and a chance to help make our community a healthy, balanced place where you would want to raise your children and live out your old age. ...

Our Quadra community is constantly growing, not simply in human numbers, but also in ideas, innovations, and attitudes. New laws and bylaws arrive which change and shape the community's tone, and keep us in touch with the bustling huge world beyond our shores. Internet arrived and greatly reduced our isolation, yet, we still maintain island traditions such as Mayday Parade, Halloween Night, Canada Day, and the Annual Giant Garage Sale.

You have heard of the expression 'growing pains'; "oh, she's having growing pains...." Next time you see a change that disturbs you in our community such as a new building, new law, or new person; try using 'growing pains' to describe your feelings; rather than trying to rid the community of whatever or whoever disturbs you. 'Tolerance', 'acceptance', and 'patience' are further key words here for a successful community. Believe it or not, humanity thrives on changes. In fact, change happens so constantly in so many ways around us, that no person on Earth is ever fully aware of his or her place within our world. We meet changes daily which we must either accept and adapt to; or fight, and perhaps loose to. Loosing can be painful. It might signify that you need to change your attitude; or perhaps move to a new community, or new province. Humans change throughout their lives as they learn more, slow down with age, and react to the world around them. As each of us changes, our community changes around us, our region changes around our community, our province changes around our region, our Country changes around our province, and our world changes around our country.

International borders are warnings to outsiders: "Stop here, we'll check your passport and your luggage to ensure you are prepared to enter our country; because our rules, codes, laws, plants, wildlife, diseases, and customs are different to those beyond our borders, and we don't want illicit

people coming into our country, because such people tend to cause us problems. Quadra, Read, and Cortes communities do not have customs agents checking on who comes in, but, members of each community invariably scrutinize new-comers to assess their compatibility with the community. And our police too have their radar tuned to pick up any severe misfits. The new-comers scrutinize the community to determine what makes it tick. Add a bit of gossip, and the new-comer and the community, usually within a few years at most, discover which new-comers stay and which move on. Our community's ever-changing tone helps us assess our place here, and our compatibility with here. Communities change constantly, and just when you might think you know your community thoroughly, a change or two arrives, a few new residents move in, a few move out, and you must rethink your ideas in order to grow with your community.

We also have countless intellectual communities within our community, such as, say, the writers, the married couples, the young families, the pub crowd, the old age folks, the coffee house crowd, the gym folks, the outdoors people, the travellers, the Legion patrons, the library patrons, the boat fans, the kayakers, the Farmers' Marketers You, like me, probably belong to a fair number of these intellectual communities. 'A change is as good as a holiday'; how true that old saying can be. Next time you see a change, think of that saying, it may help you to adjust and grow with your community.

Quadra's community is not large, it is rural, and is on an island, it holds a family atmosphere more strongly I feel than do other communities. At 10:30 or so each evening, the ferries stop for the night, and Quadra Island becomes a secured space, somewhat similar to a family home bedded down for the night. And when you bump into someone you recognize from Quadra, say, in Nanaimo, or an other distant spot, it's quite like bumping into family. Yes, we have a good sense of community family on Quadra. Nevertheless, responsible home, property, and personal security habits should be a regular part of our lives, if only to remove temptation for those less-fortunate than ourselves.

In order to help you grow with your Quadra Island community, I offer this further observation: The world often seems glamorous and exciting outside Quadra Island, but, whatever it is that's so exciting out there, we'll have our own version of it on Quadra if you seek it. And the Quadra version will be every bit as exciting as the outside version. Do we have the Eiffel Tower on Quadra? Don't make me laugh; we have Mount Seymour, and I for one, would far rather hike up Seymour, than climb a steel tower in a huge foreign city, even though I have already hiked up Seymour 10 times at least. And if you doubt that this comparison is justified, then what you probably need to do is hike up and down Seymour three or four times during one day, then I'm sure you'll see the light.

Here's to our community's happiness, good health, and smooth running,