

DISCOVERY ISLANDER

QUADRA ISLAND'S COMMUNITY NEWSPAPER SINCE 1992. SERVING QUADRA, CORTES & OUTER ISLANDS.



GUNNERED DOWN

Rezoning for Grieg Seafood's Massive Gunner Point Fish Farm and Island Scallops' Rebecca Spit Scallop Farm Were Both on the Table at the Strathcona Regional District Board Meeting Tuesday, March 23rd. Both Were Denied.

"What started out as a well-intentioned attempt by the Electoral Area directors to precipitate major changes in how the fin-fish farm industry operated has proven to be unobtainable at this time due to a host of circumstances.

The regulatory framework has changed dramatically. It is unknown if any of the conditions that we had negotiated with

the applicant could be carried out under the new jurisdictional changes that are anticipated for 2011. That is too far off in the future with no guarantees of what anything will look like at that time. Due to these extenuating circumstances, staff, legal advice and the directors all feel that this process can not be left hanging any longer". - Jim Abram Area C Director

see page 8 for full report

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SMALL CHANGE, BIG IMPACT.

how little it would change if you purchased only one more item or service on Quadra each week. This relatively small change in spending makes a big difference for your local businesses... which, in turn, makes a big difference for you.

Imagine how your life would change if there were no locally owned, independent businesses on Quadra. Now imagine

SHOP LOCAL.
KEEP OUR COMMUNITY SUSTAINABLE.



DI *Discovery Islander*



THE HUNT IS ON Look for the Easter Eggs in the pages of this week's *Discovery Islander* for fun opportunities to save when you shop locally.



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- Clément -

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To help you create a unique home environment and healthy garden.

ISLAND CALENDAR

Submit your event • eMail: news@discoveryislands.ca • fax: 285-2236 • drop-off: 701 Cape Mudge Rd.

Friday, March 26

Big Mouth plays the HBI Pub
9 pm

Saturday, March 27

Grand Re-Opening of Upper Realm, Q. Cove
Sunday Dennis & Noelle Maffin & Ariell Hallson sing
7 p.m. to 10 p.m.

Tuesday, March 30th

QUADRA ISLAND CEMETERY AGM
8:00pm at the Quadra Legion

Wednesday, March 31

Super Drum Jam, Upper Realm, Q. Cove
7:45 p.m. to 9:15 p.m.

Wednesday, April 7

Quadra Seniors Easter Party at 10 am

Saturday, April 10

Seniors' Housing Classical Music Benefit
Herons at the HBI \$49, Reservations 250-285-3322

Sunday, April 11

Geshe YongDong on Dzogchen Contemplation
11 a.m to 1 p.m. Q.C.C.

Monday April 12th

Quadra Garden Club annual giant plant sale with guest speaker Dr. Patrick White expert Rosarian presenting 'Gardening without Chemicals'.
7pm Q.C.C.

Saturday, April 17

Ladies' Auxiliary Plant Sale (drop off extra plants before 10 am)
Quadra Legion 10 am

Monday, April 19

Quadra Island Seniors' Housing AGM
Q.C.C. 7 pm

Sunday, April 25

Annual Earth Day Beach Clean-Up

Saturday, May 1

Quadra Childrens' Centre Garage Sale

Friday, May 7

The Wailin' Jennys
Quadra Community Centre, 8 pm
tickets \$20 on sale at Quadra Crafts and Hummingbird Office and Art Supply, and at the Music Plant (CR)

NEXT DEADLINE: MONDAY, APRIL 5TH, 2010

THE REGULARS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY	SUNDAY
Parent & Tots, QCC, 9:30am - 12pm	Pilates, QCC 285-2930 9:30 - 10:30am	Moms & Babies, QCC, 11am - 12pm	Parents & Tots, QCC, 9:30am - 12pm	Saturdays: Pilates 9:00-10:00am QCC from 24th April	Centre for Spiritual Living Celebration, Willow Point Hall, 10:30am
Sing for Pure Joy! Room 3, QCC, 3 - 4:30pm, <i>All welcome.</i>	Quadra Children’s Song Circle, Room 3, QCC3 - 4pm	Community Lunch QCC, 12pm	PILATES Thursdays: Pilates 9:30-10:30am, 5-6pm QCC from 22nd April	Legion Meat Draw 5pm, Steak Dinner 6:30pm	Family Service, Quadra Island Bible Church, 10:30am
Yoga with Josephine, Room 3, QCC, 7 - 9pm	Kidz Klub, Quadra Island Bible Church 3- 4:30 pm	Hand-drum Circle, Upper Realm, 7:45 - 9:15pm	Prayer Meeting, Quadra Island Bible Church, 7pm	Open Mic with Mo, HBI, 9pm	Quadra Sunday Painters, 11am - 2pm, 285-3390
1st Monday Quadra writers group, 7 - 9pm 285-3656	Al-Anon Meeting, Children’s Centre, 7:30pm	1st & 3rd Wednesday Food Bank,QCC 1 - 2pm	Drop in games and wing night, Legion, 7:00pm.	For links to the latest weather, tides, currents and marine weather forecast please visit Quadralsland.ca	Service, Quadra United Church, 11 am. <i>1st Sunday at 12pm.</i>
Island Calendar online: discoveryislander.ca	Folkdancing, QCC, 7:30pm Sept-April	U of Q, HBI, 7-8pm. Learn something new every week! Free.	 SHOP LOCAL Bob at Stranded is offering \$5 off a haircut if you’re one of the first three people who bring him a chocolate easter egg.		Buddhist meditation, QCC, 10am. <i>Everyone welcome.</i>
		Lifedrawing sessions with model, Firesign Studio, 7 - 9:30pm Nancy, 285-3390			

Island Calendar is a list of [on island events](#). Please submit separately for the **Island Calendar** and **News & Events** or indicate in your submission if you would like your event placed in both. **Following the text order exactly as above for email submissions is appreciated** (month, date, day, title, place and time), use the title as your email subject. Current advertisers welcome to submit events but not-for-profit items will be given priority. Thank you for understanding.

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\$30⁰⁰* for 6 months

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Submission Guidelines

Items for publication are welcomed
on subjects of interest to the
Discovery Islands community.
Please help us by following these
guidelines:

Please print handwritten
material clearly.

Items sent by email do not need
to be an attached file. Just send
text in the body of the email.

Please spell check in Canadian
English.

Please use the title of the item as
email subject.

No MS Publisher, WordPerfect
files or graphics in Word files
please. Send imported graphics
separately.

Please don't send original
irreplaceable material.

Please remember to caption &
credit photos and artwork.

Don't write on the back of
photos, use labels or sticky notes.

*While every effort is made to include
all items submitted, errors and
accidental omissions do occur.*

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Next Deadline
Monday, April 5th

ISLAND FORUM



Dear Editor,

We just finished reading the new book by Quadra Island's Michael Redican, called Wasilika. It was an exciting, thrilling fantasy. It made us laugh out loud and kept us guessing. It was so well written that we could see pictures in our minds of the things that he described. At times we felt like we were in a helicopter watching the scene take place. The characters were entertaining, we felt like they were right in front of us at times. We liked how Michael included all of his students in his last year's class in the book, changing their names and letting them choose their creature. It was a satisfying ending that left us feeling great. We hope that Michael writes another Wasilika adventure.

Tommy and Cameron Younger

Dear Editor

After some more tirades from the likes of Steve Moore on the state of our oceans, I began to wonder if all these folks do is sit at computers and collect scare stories from around the world. Certainly there are many things to be concerned about regarding the state of our oceans but there are also a lot of positive happenings, especially around Quadra Island. We have two of the largest Rockfish Reserves on the coast. One runs from Hole in the Wall to Bold Point and the other from Burdwood Bay to Cortes Island, in addition there are a number of smaller ones. These protected areas will seed the surrounding waters for Years to come. Shellfish numbers are on the increase and the prawn fishery is well managed and sustainable. Ling cod numbers have recovered to the levels of 30 years ago and this spring saw one of the best herring fisheries in many years. Last fall saw good to excellent returns of salmon to our local streams and salmon fishing was the best in many years. Yes chicken little the sky is not falling in and I suggest that you hop in a boat and go and check it out or as an old logger once said to me "Ya need to go out there and get some rain down the crack of yer arse!", you might be pleasantly surprised at the healthy state of our local waters.

Pete Calverley

Dear Premier Campbell,

I am not a supporter of your government, I am an opponent. That should be stated upfront. But, in my wildest rantings, I have never described you as has Jeff Siegel and Brian Hicks, two prominent Wall Street stock promoters with a Green-but-moneyed following (please read attached e-mail below). Despite agreeing with them on many of their Green promotions, this one shocks me. Here is the typical, latest-fad capitalist, a wolf cloaked in Green wool, selling, touting, promoting and shilling for the money seekers and using MY premier and his government for their marketing purposes. It is not very nice.

In fact, they state that the Bureau of Alcohol, Tobacco and Firearms was the previous worst abuser of government power until, they allege, you came along. Now, it seems, you are the worst. And then they encourage all their subscribers to dive into the investor-only money pit you are creating by mismanaging BC's public resources!

Like I said, I am no supporter. But I find myself wanting to defend you. Can I?

Sincerely,
J. David Cox

Thank you, QIVFD

For saving our home! All's well with us and soon to be back to normal. A house fire is a real drag, but for us it came with the silver lining of a huge lesson in gratitude: for a quick and professional response by our volunteer fire fighters and paramedics; immediate and caring financial and emotional support from the Emergency Social Services volunteers (a great program we were not even aware of); Whiskey Point Resort for fantastic accommodations (at a great rate; thanks, Maureen); the concern and kindness of friends and neighbours and co-workers calling and showing up with food, clothing, cash(!), invitations to stay and warm wishes.

Cheers, everyone! Pat, Sonya, Peter, Emily C.

Bicycles on Ferry

The B.C. Ferry Corporation will begin charging \$2 to bring a bicycle onto the ferry, starting April 1. At present, bicycles are not considered by the Corporation to be vehicles. Bicycles may not be ridden on the car deck but are treated like other unpowered, wheeled objects. They must be pushed or pulled on to the ferry and left outside the car parking area of the deck. Is it true that B.C. Ferries also plans to charge for wheeled luggage, grocery carts and strollers?

Rob McKerracher

THANK YOU!

Heartfelt thanks go out to Mark who stopped to help us on Monday February 22 when our truck broke down. Mark was on his way home in the opposite direction yet stopped to help, then turned around to provide a lift to the end of the Surge Road. Such a kind and thoughtful act.

Sincerely
Nahanni and Paul
Read Island

Quadra Island Residents

I would like to take the opportunity to thank each and every one of the Quadra Island residents that I have had the privilege to serve, as a ticket agent since May 1981, with B.C. Ferries.

I feel compelled to list all of the people that have made an impact on my life in my work environment, but there are too many to list. So many have allowed me to share in their lives. There are many times my heart and soul has ached with you and just as many times my heart has been overjoyed. I have shared births, school years, graduations, weddings, deaths, work stories, grandchildren, vacations, goals reached, pet stories, price increases and so much more. It has been an honor for me to be trusted with all of these times. I know that my life has been enriched.

I thank you so much for allowing me to have a part in your lives.

Yours in sincerity and service,
Michelle Guenther

Retired as of Jan. 31, 2010

WWW.DISCOVERYISLANDER.CA

Biking On Community Trails

Oh, to come into
the forest on a mountain bike!
My spirit leaps.
With joyful wheels, I say yes
to the irresponsible path
with its fallen branches, squelching mud,
rocks and roots and twists and turns.

To walk, to savour each word is fine,
but on my bike I can take in
a whole glorious paragraph
in one breath.

Behind me, the straight paved roads,
lines of cars, trucks, telephone poles.
Behind me, the fences and dwellings
built on the patterns of my life,
fusty rooms with narrow views.

Here, on the forest floor, with its reckless
mess of fallen trees, rotting logs strewn
wildly,
huge roots wrenched out, gaping holes, rocks clinging,
skeletal outlines of huckleberry bushes,
water streaming down the trail,
yet everywhere
sacred trees breathing witness to
green life bursting in
an explosion of ferns, glossy splashes of salal,
delicate hemlock tips
dripping
light,
earthy moss, fragrant needles,
tufts of grass,
one magnificent story
of death and rebirth.

Knowing the trail will end soon, I stop.
I try to absorb the vastness, the magic,
to breathe it into my soul. As always,
it eludes me. I am not disappointed.

I fly down the last hill, get home
exhilarated, splattered with mud,
and throw open a window.

Margaret Verschuur



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Buddha Burger if you're
one of the first three
people who chirp while
ordering at Kameleon.

GORGE HARBOUR is the place
to be
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come by car
FAST, Convenient and FUN, We
Are
Ferry shutdown is our date,
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\$40.00 to come one way (based on
6 people)
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shoppings done
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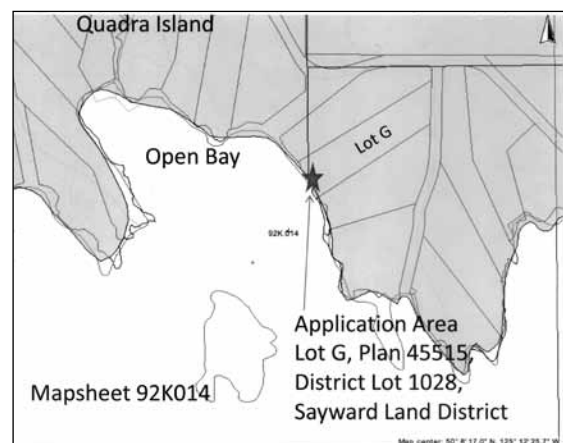
Land Act:

Notice of Intention to Apply for a Disposition of Crown Land

Take notice that **William David Wilson and Pamela Ruth Wilson of Heriot Bay, British Columbia**, intend to make application to Integrated Land Management Bureau (ILMB), West Coast Service Centre for a **Crown Land Tenure – Private Moorage** situated on Provincial Crown Land located in the vicinity of **Open Bay**.

The Lands File Number that has been established for this application is **File #1413848**. Written comments concerning this application should be directed to the Section Head, Integrated Land Management Bureau at 142 – 2080 Labieux Rd, Nanaimo, BC, V9T 6J9, or emailed to:

AuthorizingAgency.Nanaimo@gov.bc.ca. Comments will be received by ILMB until **April 26, 2010**. ILMB may not be able to consider comments received after this date. Please visit our website at <http://ilmbwww.gov.bc.ca> under the link: **Applications & Reasons for Decision** for more information. Be advised that any response to this advertisement will be considered part of the public record. For information, contact the Freedom of Information Advisor at Integrated Land Management Bureau's regional office.



Salmon and Oil

What a great presentation by Ian McAllister of Pacific Wild. Friday, I came up from Victoria to Quadra Island for the weekend to spend time with relatives and take in a slide show and talk by Ian on March 13th. I was drawn to make the trip to hear about the Great Bear Rainforest. I am fascinated by the Spirit Bear, Kermode, who pop out every so often from unsuspecting black bear mothers and are neither albino nor a separate subspecies. How wonderful that we have on our BC mid-coast these unique creatures of the forest and coast. They feed on WILD salmon!

So do a group of coastal wolves – they can actually swim underwater to fish for salmon. These wolves are likely a subspecies, unique in colouring and habits. Salmon are hugely important to these creatures who have graced those coastal inlets for millennia.

Salmon, like a spoke in the web of life, feed indigenous peoples, coastal communities, wildlife, and marine mammals – they are all interrelated. Salmon are threatened on many fronts by man's activity: over-fishing, fish farm practices,

rising water temperature, pollution, and change in pH balance. And now the looming threat of oil tanker traffic and potential oil spills on our coast. A pipeline across BC to Kitimat to carry Alberta Tar Sands oil and ship it to the Orient will involve huge tankers navigating around coastal islands and into long inlets. How short are our memories to not recall the devastation of the Exxon Valdez oil spill, an impact that is still felt today, and the oil company never paid, as if money could ever compensate for the destruction. Can we sit idly by while the same mistakes are made in our waters on our coast?

Like so many of us, I've had my head down, working hard, raising a family and thought the government was looking after things for the next generation. In any spare time, I was enjoying being entertained – movies, tv, games and sports – distracted, like many Canadians. When I looked out of my cocoon, I realized the values I thought we stood for as Canadians had eroded. I was believing in the myth that we are a nature-loving population. When pay-back time hits, I hope the next generation won't judge us as harshly as our actions, and inaction deserves.

Elizabeth Lavdovsky

Remember Hockey Gold?

Remember Crosby's golden goal,
The thrill of victory?
Oh, Canada!
We owned something then, a podium –
crazy in the momentum
We cheered, jumped for joy.
Innocent of their subtle ploy
Smiled like Harper and Campbell
Ah, so proud to be Canadian!

Those two big boys are smiling still,
Developer and oil guy's son,
Duping us with feel-good entertainment
Smiling still, behind closed doors, selling us out
To other developers and oil guys
Leaving us wondering what's left to call "Canadian"...

Ah, Canada ... petrol state
Watch our dollar fluctuate
To the price of tarry oil.
Selling off our resources, that's Canadian,
Politely saying Yes, Man!
Send it south, like the planet
Send it west to the smoking dragon, imperiling oceans
pickled sea soaking up CO2 from our diet of dirty oil
Chaos from acidity – acid tongues aren't so polite, so
Bite your Canadian tongue as helpless species bite the dust.

Ah, Canada ...with western wilderness,
Show the world your sacred Spirit Bear; then
"Come an' get 'em, boys!"
Put down your big bucks, tough guy,
Hide behind a high-powered rifle scope.
With a cheap little bullet
Take down a grizzly king, weaken what's left of the bear clan
– for a trophy, the thrill of victory?
So, "proud to be Canadian", eh ...

Notice to the Public

Prepaid Paper Tickets Discontinued

As of April 1, 2010, prepaid paper tickets for the minor routes will no longer have a monetary value and will not be accepted as a method of payment. Customers are able to transfer the value of their existing prepaid paper tickets onto a BC Ferries Experience™ Card until March 31, 2010. The BC Ferries Experience™ Card is an innovative product which has replaced the old prepaid paper tickets.

NOTE: This notice does not apply to the following routes:

- Mill Bay – Brentwood Bay
- Quadra Island – Cortes Island
- Langdale – Gambier – Keats Island
- Denman Island – Hornby Island

For more information on this change and the routes to which it applies, visit bcferries.com, select Service Notices and your desired route.

Questions? Please call 1-888 BC FERRY (1-888-223-3779).

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Dear Editor:

The public hearing tore at deeply-felt divided loyalties. We wish the process could have been otherwise. Nevertheless, we are greatly relieved at the outcome, and want to thank all those who supported our personal issue.

Maria Leang, Peter Gellatly,
Michael Mascall

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REGIONAL DIRECTOR'S REPORT

by Noba Anderson

Area B

Last year's rezoning Application by Grieg Seafood for a proposed fish farm site at Gunner Point near Sayward has now been finally denied.

There will be no fish farm at that site – closed containment or otherwise. At third reading last spring, the Strathcona Regional District (SRD) board gave conditional approval to the rezoning application with many conditions including a letter of undertaking requiring Grieg to move that site to closed containment as soon as commercially available. Although our tools were quite limited, our motivations were clear. This was our attempt to move the industry into closed containment operations as soon as possible. Nine months later, the conditions at 3rd reading had not been met and it did not seem that our efforts would be successful. The rezoning application was therefore unanimously denied by the SRD board at our March 23rd meeting - the first available opportunity to move forward on this issue after having received a long awaited letter from the Ministry of Community and Rural Development.

In January, the BC Supreme Court in Morton v. British Columbia upheld its previous ruling that determined the regulation of finfish aquaculture is a federal responsibility. The judgment extended the regulatory transfer deadline for this industry to December of this year and ordered a suspension on approvals of new marine finfish licenses in BC. In January, the Province placed a moratorium on new finfish aquaculture licenses and tenures. The result of these rulings is that the whole regulatory regime for finfish aquaculture in BC is shifting. We do not know what the new regime will look like, how it will impact the industry or what

the impacts may be on land use decisions. For all the above reasons it would not have been prudent for the SRD to proceed with the application. The board will not be receiving any further finfish rezoning applications until after the new federal regulatory regime has been established. At that time, I would very much welcome an application for a zone that supported a closed containment system. I am very relieved to have this issue behind us, and am truly hopeful that we are at a real turning toward closed containment in salmon farming.

Respectfully,
Noba Anderson
250-935-0320, director@
cortesisland.com






Forget Everything You Thought You Knew About Hostels Adventure Awaits You

Family or friends coming to enjoy Quadra this summer, or perhaps you live farther afield and at times need accommodation here on Quadra, well things just got a lot more affordable.

Quadra Island Boutique Hostel offers Year Round affordable Quadra Island Accommodation.

Located just minutes walk from the ferry in Quathiaski Cove, Quadra Island Boutique Hostel offers over 1200 sq. feet of common area, clean spacious rooms with forest views and babbling brook to lull you to sleep. Guests share clean well appointed washrooms and showers, creek-side hot tub, spacious covered deck with eating areas and BBQ, huge dining room table and full kitchen. Linens and towels provided. All set amongst natural forest surroundings and minutes walk to all amenities. Facility Rental is also available.

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Fri	Sat	Sun	Mon	Tue
				
12°C 5°C	13°C 6°C 60%	11°C 7°C	11°C 5°C	11°C 4°C

No secret the best way to Cortes is via Quadra Island

Tune in to CORTES RADIO
direct link from www.quadraisland.ca

Getting Around Campbell River During Hwy 19A Construction

Highway 19A between Hilchey and Rockland is under construction March to November. Please note the detour routes:

Route A: Travelling North: Follow Hilchey to Galerno. Right on Galerno. Return to 19A via Rockland Rd.

Travelling South: Follow Rockland to South Alder. Left on South Alder. Return to 19A via Hilchey Rd.

Route B: Travelling North: Follow Hilchey to Dogwood. Right on Dogwood. Return to 19A via 2nd or follow Dogwood into downtown.

Travelling South: Access Dogwood from downtown or 2nd. Follow to Hilchey. Return to 19A via Hilchey.

Route C: Travelling North: Follow Jubilee Parkway to Highway 19. Follow Hwy 19 to 19A.

Travelling South: Follow Highway 19 to Jubilee Parkway. Return to 19A via Jubilee.



For more information: www.campbellriver.ca
E-mail: 19Aupgrade@campbellriver.ca



NOTICE TO THE PUBLIC

Quathiaski Cove Ferry Terminal Closure and Alternative Service for Quadra and Cortes Islands

Tuesday, April 6 - Saturday, April 10, 2010

BC Ferries' dock at Quathiaski Cove on Quadra Island will be temporarily closed for five days while a new berthing structure is installed. Alternate service will be provided for both Quadra and Cortes Islands during the dock closure from April 6 through 10, 2010.

BC Ferries is making this \$5.3 million investment at Quathiaski Cove to ensure continued safe, reliable service for years to come. Components will be pre-fabricated off-site to minimize the necessary dock closure period.

During the closure, the MV Tachek will operate three round trips per day between Campbell River and Heriot Bay on Quadra Island, transporting commercial and essential vehicle traffic only. Beginning March 15, all customers will be required to reserve their required sailing by calling 1-888-BC FERRY (1-888-223-3779).

The MV Tenaka will operate three round trips per day between Campbell River and Whaletown on Cortes Island. All vehicular and foot traffic are welcome and will be loaded on a first-come-first-serve basis.

In addition, a water taxi service will be available to transport foot passengers between the Campbell River and Quathiaski Cove terminals. This service will operate approximately every 20 minutes, from 6 a.m. to 10 p.m. There will be no direct ferry service between Heriot Bay and Whaletown during the five-day period.

For information, contact: Darin Guenette, Manager, Public Affairs, BC Ferries at (250) 978-2385 or darin.guenette@bcferries.com

BC Ferries

REGIONAL DIRECTOR'S REPORT *Area C*

by Jim Abram

This will be my last report before going on holidays. I wanted to make sure the you were given as much information as possible regarding the many contentious issues that are going on right now prior to my departure.

So, I am going to dive right in.

Scallop farm public hearing rezoning results

The public hearing was held on Wednesday, March 17th at the Community Centre and was a packed room. More than 200 people attended.

This has been a very highly charged issue since its inception and that was obvious at the hearing. After the hearing, the directors were charged with reading two three inch thick binders of presentations prior to being able to make a decision at the SRD Board meeting on Tuesday, March 23rd.

This was a very difficult decision to make in that the applicants are our neighbours and were asking to establish a use that might improve economic development opportunities for their people. The choice of the siting of that use was probably the most contentious part of the application and certainly the part that was spoken about the most often. The other point that was mentioned as often was the fact that the application is contrary to our Official Community Plan. The plan was recently updated in 2007 / 08 and had language added to it that would specifically address marine based industrial activities in settlement areas. This was the direct result of applications by the provincial government to establish geoduck farms in the same vicinity and in Open Bay. There was resounding opposition to that proposal and after it was defeated, the language was added to the OCP to insure that it would not happen again.

After a great deal of consideration by the Electoral Area Directors, the decision was to deny the rezoning application for this use in this area. From the input received at and before the public hearing, I believe any person would have been compelled to do the same. This is not in any way a show of opposition to aquaculture nor First Nations economic development, but more a show of support for the OCP and an acknowledgment that this site is not the right site, according to the community.

The OCP was developed in full consultation with the community as a whole and included full and meaningful First Nations consultation. This holds true for previous iterations of the OCP and certainly for the development of the 1990 Shoreline Zoning Bylaw. All First Nations in this area were consulted, in addition to the Hamatla Treaty Society.

I made a subsequent motion to start discussions

with the Cape Mudge Band to find a site that is both suitable and acceptable to the community.

Grieg Seafood fish farm at Gunner Point

After many, many months of very heated debate, hundreds of submissions and two well attended public hearings, the SRD has denied final adoption of this bylaw.

What started out as a well-intentioned attempt by the Electoral Area directors to precipitate major changes in how the fin-fish farm industry operated has proven to be unobtainable at this time due to a host of circumstances.

The regulatory framework that we were operating under at the time this application came forward has changed dramatically. It is unknown if any of the conditions that we had negotiated with the applicant could be carried out under the new jurisdictional changes that are anticipated for 2011. That is too far off in the future with no guarantees of what anything will look like at that time. Due to these extenuating circumstances, staff, legal advice and the directors all feel that this process can not be left hanging any longer.

It will now be up to the applicant to consider their options after the new legislative regime is in place in 2011. By that time, I hope that closed containment will be the industry standard as we were trying to support / promote in this application.

I am glad that we as elected leaders at the local level did what we did in trying to leverage better practices within the industry to help keep the industry alive at the same time that we were enhancing the protection of the environment and the wild fishery.

Quathiaski Cove Village planning process

The third public meeting took place on Sunday, March 21st at the Community Centre after two and a half very intense days of "charrette" (design workshop) process. I attended all of the sessions and I can assure you that every possible option was considered and reconsidered. It was exhausting at the same time as being very exciting. David Rousseau (the consultant) and five members of the various "teams" of working group members presented the results to a crowd of about 60 people at the Centre and explained how we got to where we did. It was a very well laid out power point presentation and the audience seemed to enjoy it. I fielded questions from the audience at the end and all in all I feel it was a very successful evening.

Now David and his team will pull together all of the details and work with the planners at the SRD and come back to the public in mid-May and give another public presentation. Please

watch all of our local media for meeting time and date. I look forward to seeing you there.

Rebecca Spit road work

I have reported earlier that we are going to get improvements on the road at the Spit. The road work has commenced and will hopefully be finished by the end of the month, which isn't too far off. Doug Peters has done some work trying to get rid of the water and break up some of the potholes and then the grader will be brought in to smooth everything out and then material will be added (crushed rock) and graded once again. So we are getting there.

Evans Bay wharf divestiture

I cannot even remember how many years I have been working on getting this wharf divested to the community through the regional district. Let's just say, it has been a very long process! I have been in negotiations with Transport Canada, along with the regional district staff during the last year of this process and it has proven to be a very successful (though slow) process. We have finally gotten the final documents, which we have had to keep confidential since they are dealing with negotiations, and we can now report out to the public on this newly acquired piece of much needed marine infrastructure for the outer islands. I am very pleased to be able to say that we have finally achieved this goal and would like to thank all of the people from Read Island, especially Richard Gilmore, for helping to make it happen. I would also like to thank our Chief Administrative Officer, Brian Reardon, for putting up with my ongoing hounding to get this issue completed! We could write a book about this ongoing saga, but I will let it go at, "We finally did it!"

Taking a break

In spite of having surgery in October and taking a few weeks to recover, this has been the craziest, busiest year of my entire local government career! A number of the issues have been drawing to a close this past week, or at least to a break in work load. It is time for Wendy and I to take a break and get some rest and relaxation. So, I will be away until the end of April. I will not have my cell phone nor my laptop. My alternate director will be attending board meetings in my place during my absence. Feel free to call me when I return between the hours of 8:30 am and 7:00 pm, Monday through Friday (not on weekends, folks!) at 285-3355, or you can fax me at 285-3533 or you can email me anytime at jimabram@xplornet.ca, or by mail at Box 278 in the Cove, V0P 1N0... Lots of choices. Please note my new email address.

Respectfully submitted,

Jim Abram

Director, Discovery Islands - Mainland Inlets (Area C), SRD

GOT AN OPINION ABOUT BIKES?

HOW ABOUT BEING PART OF A SOLUTION

Please feel free to post your thoughts, experiences, questions and ideas.

[quadra-island-bicycle-commuters@
googlegroups.com](mailto:quadra-island-bicycle-commuters@googlegroups.com)

Super Drum Jam

Yes, we are still drumming up the Bliss. Our drum circle usually has 5 to 7 soulful drummers, but you are welcome to join us in the Upper Realm on Wednesday evenings from 7:45 p.m. to 9:15 p.m.

There is a five dollar drop-in fee to help pay the rent. Bring your own hand drum or we will provide one for you.

There will be a special super drum jam on Wednesday, March 31. Other acoustic instruments are welcome as well. On March 31, senior members of the drum circle will show first timers how to get "High" or "Stoned" or "Mellowed out" with taking any external substances. Just some brief chanting, contemplation & the drum is all that's needed. Come see. Call Steve at 285-3323

Island Voices Chamber Choir

presents "Songs of the People" in support of the Stephen Lewis Foundation, Grandmothers to Grandmothers campaign, 8 pm Friday April 16, Maritime Heritage Centre, Campbell River, and 7 pm Sunday April 18, Pentecostal Church, 1919 Guthrie Road, Comox.

Tickets at Visitor Info Centre-Campbell River, Laughing Oyster Books-Courtenay, Blue Heron Books-Comox. Info: Anne 250-287-4236, Jan 250-338-1439.

Geshe YongDong

Geshe YongDong will be speaking on "Dzogchen Contemplation" at the Quadra Community Centre at 11 a.m. on Sunday, April 11.

This is a practice called "contemplation", a method of journeying inward through which we explore and keep in touch with our inner world. Dzogchen contemplation is a state of presence beyond thoughts. It is being present in the inseparability of clarity & emptiness in the natural state of the mind. This teaching is suitable for all levels of practitioners.

Enlightenment is just a breath away. All that's needed is a few simple instructions and a disciplined daily practice.

See you there!

NEWS & EVENTS

Upper Realm Grand Re-Opening

There is a musical celebration of the Grand re-opening of the Upper Realm in Q. Cove. There is a new store selling only made-on-Quadra items, a much expanded bookstore, a community chess table, Dave's Music Store, John's Income Tax, a new gift store and Gypsy's massage & healing centre. We also have free chocolate, free candles, free poetry, free money, free shoulder massages & free live music by three talented local singers.

The Live Music starts at 8 p.m. featuring Sunday Dennis, Noelle Maffin and Ariell Hallson. Quadra Drummers will perform an a drum solo to open the event.

Doors open at 7 p.m. on Saturday, March 27 in Steve's Spirit Books in the Upper Realm, Q. Cove. Remember, everything is free. There is no admission charge, but we may have to pass the hat to support our talented performing artists. Call Steve for more info at 285-3323

Heat And Eat

Frozen meals are available at the Community Centre every Wednesday, from 10am to 1pm. Cost of meals is \$5.50 each. If you wish further information, contact Karen, 285-3064 or Lynda, 285-3205.

Seniors Social/ Lunch at HBI.

Seniors' social and lunch, (arranged by Quadra Circle with a help of a grant from the Credit Union), has started at the Heriot Bay Inn, in the lounge from 11-2pm on Mondays. This is an opportunity to get out, socialise, possibly play board games or cards and to meet new people especially if you are new to the Island. Transport can be arranged if needed. Lunch costs about \$10 or you can just have tea/ coffee if you prefer. Subsidy available if necessary. Please call Marion at 285 3789 or Joan at 3377 if you are interested or for a ride.

Childrens' Centre Garage Sale - May 1st

Quadra Children's Centre's annual garage sale is coming May 1st! We are asking the community for donations. They can be delivered to our back deck. No clothing please. For more info call 285-3511



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LETTUCE - HISTORY & ORIGIN



Did you know that lettuce is a member of the sunflower family? Lettuce was discovered as a weed growing around the Mediterranean. Egyptians have been eating lettuce for more than 4500 years as seen in Egyptian tomb paintings. Greek scholars discovered many of the varieties of lettuce. It was Christopher Columbus who introduced lettuce to the Americas. One of many popular varieties, Romaine lettuce was named by the Romans who believed it had healthful properties. In fact, the Emperor Caesar Augustus put up a statue praising lettuce because he believed it cured him from an illness!

LETTUCE - NUTRITION

The nutritional value of lettuce varies with the variety. In general, lettuce provides small amounts of dietary fiber, some carbohydrates, a little protein and a trace of fat.

Iceberg is a head lettuce that is very low in nutritional value and flavor. Dark green lettuce leaves always indicate higher fiber, flavor and nutritional value. The most important nutrients in lettuce are vitamin A and potassium. Lettuces, except iceberg, are also a moderately good source of vitamin C, calcium, iron and copper.

LETTUCE - TIPS

Look for salad greens that are darker green in color. Iceberg lettuce has little nutritional value. If possible, do not cut or slice lettuce leaves in advance. Damaged, cut lettuce leaves release an ascorbic acid oxidase, which destroys vitamin C and causes the cut edges to discolor.

ENTER TO WIN OUR WEEKLY MEAT DRAW!

We pull a lucky winner's name every Monday for a **\$25** meat pack!

CONGRATULATIONS to recent winners Wayne Assal (donated to Food Bank) and D-Jay

*Specials prices
are effective
March 26 - April 8
while quantities last*

Grocery

Blue Diamond
Almond Breeze Beverage
Selected Varieties
2/\$5.00 946ml

Pacific Organic Chicken
Broth or Vegetable
Broth
2/\$5.00 946ml

Hawkins
Cheezies
2/4.00 210g

Ocean's
Wild Sockeye Salmon
\$3.38 213g

Simply Natural
Organic Dressing
All flavours
\$3.38 354ml

Pacific
Organic Soup
All Flavours
2/\$6.00 1litre

Maranantha
Peanut Butter 500g
Choose All Natural
Crunchy **\$3.98**
Or Organic Smooth
\$5.98 500g

Charmin
Bathroom Tissue
\$7.88 24 rolls

Nature Valley
Sweet & Salty bars
Mixed nut, Almond, or
Peanut
\$2.98 175g

Frontier
Organic Spices

Garlic Granules or
Chili Powder
\$3.69 36-43g bag

Or Choose Black
Peppercorns
\$2.99 49g bag

Jane's Pub Style
Chicken Burgers or
Chicken Strips
\$10.98 870g

Eggo
Original Waffles
\$4.48 560g

Brain Food

Solution in our next issue

4			8		7	3		
			3					
	5			2		8		6
	9		1		6		8	
								4
		6			2	5		1
		7	6	3	8		2	
6				1		4	9	8



Cheddar cheese is named after the Cheddar Gorge Caves in Somerset, England, where the cheese used to be stored to ripen. Cheddar is one of the most widely made cheeses in the world.

Food Trivia Quiz

THIS ITALIAN skim milk cheese dates back to at least the 13th century and may date to the 11th century. It is made only from April 1 through November 11 each year with milk from cows that have been feeding on fresh pasture. Most of the cream is skimmed from the milk which is then cooked in copper containers, pressed in cheesecloth molds, salted in brine and then allowed to mature. Name this cheese?

Last Food Trivia Quiz answer:
Animal Crackers

PUBLISHED every two weeks by Quadra Village Market, Quadra's **only** independent food store.

COMMENTS? Get in touch!
Phone us at 285-3391, or email qvmarket@telus.net

QVM WINTER HOURS

9am–7pm, Sun through Thurs
9am–9pm, Friday & Saturday

Last issue's Brain Food solution

7	5	1	8	9	2	4	6	3
2	3	6	1	7	4	8	9	5
8	9	4	5	6	3	1	7	2
6	4	5	3	2	9	7	1	8
1	2	9	4	8	7	3	5	6
3	7	8	6	5	1	2	4	9
9	1	7	2	3	5	6	8	4
5	6	2	7	4	8	9	3	1
4	8	3	9	1	6	5	2	7

Bulk Foods

Banana Chips
49¢ 100g

Blanched Ground Almonds
\$1.89 100g

Popcorn Kernels
15¢ 100g

Organic Flax Seed
69¢ 100g

Pistachios
\$1.79 100g

White Chocolate Wafers
\$1.69 100g

White Chocolate Chips
89¢ 100g

M & M's Plain
\$1.79 100g

Chocolate Peanuts
99¢ 100g

The Deli

Freybe Honey Ham
\$1.48 100g

Made In-Store Coleslaw
98¢ 100g

Shredded Canadian Parmesan
\$2.48 100g

Bakery

Fresh Baked In-Store Cinnamon Buns with Cream Cheese
\$3.98 4 pack

Homestyle Raisin, Lemon, Butter Pecan Tarts
\$3.98 6 pack

Jelly Doughnuts
\$3.98 6 pack

Dairy

Dairyland Sour Cream-Assorted
\$2.69 500ml

Dairyland Whip Cream
\$2.59 500ml

Meat & Sea

Lean Ground Beef
\$2.99 lb 6.59kg

Fresh Whole Chicken Fryers
\$2.79 lb 6.15kg

Fresh Pork Side Ribs
\$2.69 lb 5.93kg

Fresh Local Snapper
\$1.69 100g

Produce

California Organic Navel Oranges
88¢ lb

Washington Russet Potatoes
3 lbs. for **99¢**

California Premium Yams
88¢ lb

California Carrots
58¢ lb

California Green or Red leaf Lettuce
88¢ each

WELCOME!

QVM is pleased to welcome Randy Pruden, an Islander for the past 3 years, as our new Deli- Bakery manager.

Quadra Island Seniors Housing Society Notice Of Annual Meeting

The QISHS annual meeting will take place at the Quadra Community Center at 7 PM April 19th. Please support the society by attending, and learn about the last year's progress and plans for start of construction in May.

Volunteers have made great progress, and your board of directors has worked hard to meet all requirements for public rental housing for our seniors.

Ken and Shirley Duncan are retiring from the board, and one other director's term is expiring, so two or more replacement directors are required immediately. It would be great to have three or more candidates - then there could be an election.

What are we looking for in a director? Persons with enthusiasm for the project, and who would enjoy the fun of construction and landscaping. Team members who like to work with others toward the same goal.

If you would like to be a candidate, or know someone you would recommend, please phone Val at 2841, Ken at 3787, or Bob at 3501.

See you at the AGM

Pictorial Felting with Jean Aston at the Campbell River Art Gallery

Fibre art is one of the most popular art and craft making forms on Vancouver Island. If you already work with this material or are curious to try your hand at something new, then challenge yourself to explore a new way of working with carded, naturally-dyed wool fleece. Quadra Island artist and instructor Jean Aston will lead a one day, needle felting workshop on Thursday, March 25 from 10am to 3pm at the Campbell River Art Gallery. Under Aston's tutelage, students will use a special barbed needle and coloured fleece to learn needle felting techniques that will be used to create pictorial pieces (ie. wall hangings) and gain a wealth of ideas for decorating clothing, crafts and artistic pieces. The fee for gallery members is \$65 (\$80 for non-members). All supplies are included in this fee. There are only six spaces left in this workshop so don't wait too long to register. Register by phone (250-287-2261) or drop by in person. Campbell River Art Gallery, located at 1235 Shoppers Row, is open Tuesday to Saturday from 12-5pm. Check out www.craftgallery.ca for a complete list of programs for all ages like Jean's after school children's felting program in April.



Jean Aston will teach a pictorial needle felting workshop at the Campbell River Art Gallery on March 25th.

Don't Miss Out! VIMF Early Bird Deadline Just Around the Corner!

'Spring has sprung' on Vancouver Island and that means one thing for certain - Vancouver Island MusicFest early bird tickets are only available for a few more days at the unbeatable price of only \$99 for an weekend pass! The annual April 1st VIMF early bird deadline is just around the corner and local music lovers know this is an important date that you don't want to miss.

With a phenomenal roster of performers already confirmed and more surprises still to come, this truly is the best deal you'll find anywhere for 3 days of amazing roots and world music from across Canada and around the globe. On July 9-11 you'll enjoy the music of Roberta Flack, Joan Osborne and the Homes Brothers, The Adrian Belew Power Trio, Fat Freddy's Drop, Peatbog Faeries, The Unthanks, The Gerturdes, David Lindley, Dan Hicks and the Hot Licks and many many more. From Celtic, Bluegrass and Blues to Reggae, Calypso, Jazz and Soul - there is music for every sense and sensibility at VIMF 2010.

Check out the VIMF website www.islandmusicfest.com for more information about this summers festival, camping details, eco-initiatives, kidzzone, workshops, hands on art projects AND to track down the community ticket outlet nearest you. Don't wait to get you hands on tickets for the fest fest in the west - a sold out event is a distinct possibility!



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Scholarship available

Kay Dubois Memorial Scholarship available to students, descendants of Canadian Veterans, entering post-secondary education. Awarded by the Quadra legion Ladies' Auxiliary and based on academic & citizenship criteria. Apply (before May 31) to: Box 242, Heriot Bay, BC V0P 1H0 (Must be 1st year student)

Pilates

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A new session commences April 22nd: Thursdays 9:30-10:30am and 5-6pm, Saturdays 9-10am. \$100/10 classes. \$150/twice a week.

Visit www.practicalpilates.ca or call Natasha on 285-2930.

Public Spaces

Get an artist's perspective on the use of public spaces on March 31 at the Campbell River Art Gallery. Oliver Kellhammer's 7pm slideshow and talk on his restorations of land devastated by industrial activity and neglect is inspiring. His work on city projects and here on his home Island of Cortes will appeal to artists and gardeners, and those interested in community action, social values, and land renewal.

Oliver's presentation is free for Gallery members, \$5 for the public. It follows a short Annual General Meeting at 6pm. All are welcome to attend either or both events. It all takes place at the Gallery, across from Tyee Plaza.

For more information call 250-287-2261 or visit www.crartgallery.ca

Garden Club Giant Annual-Plant Sale

It's time for the Garden Club's giant annual plant sale on April 12th at the community centre. Following the plant sale, the guest speaker for this special night will be Dr. Patrick White, an expert rose grower from Victoria. Patrick has made presentations locally, nationally, and abroad - including Santiago de Chile, and the Russian Far East. His garden has been featured in Better Homes and Gardens 2002, and, more recently, in Canadian Gardening May, 2009. Patrick will talk about 'Growing Roses without Chemicals' - no insecticides, no fungicides, and no inorganic fertilisers. His passion for growing roses began with the first four roses his wife gave him in the early 1980's. He promptly killed them with inexperience and so began his horticultural hobby. Today the Whites have a 2 acre garden with hundreds of roses - which they care for by themselves. He has become a consultant rosarian, an accredited rose judge, vice president of the Canadian Rose Society, and vice president for North America for the World Federation of Rose Societies.

Plant sale begins at 7:00, Patrick's talk on roses at 7:30. Please enter by the main hall doors to pick up your draw ticket. There will be a draw for door prizes at the end of the night. If you have plants to donate bring them to the backstage overhead door between 2 and 4:00 p.m. on April 12th. Plants may be left outside earlier, at the stage door. Please pot up or wrap in newsprint, and label the plants with a botanical or common name. Come on out to the final meeting this Spring and enjoy good friends, inexpensive local tried and true plants, an excellent and interesting talk and perhaps get lucky and win one of the door prizes.

Rudder Road Closure

Safety concerns for pedestrians, the condition of Rudder Rd. and the vehicular parking along it, has long been an issue with many Quadra residents and has been discussed extensively at the Quadra Safety Committee meetings for the last 3 years. The Dept of Highways have advised even ordinary maintenance can not be done on Rudder Rd because of the daily volume of traffic and parking alongside road itself.

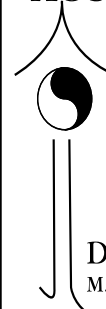
For the last 2 years, recommendations by the Quadra Safety Committee members from Strathcona RD, local RCMP, Fire and EHS, and by EMCON and Dep't of Highways staff, along with many concerned Quadra residents, have been that Rudder Road be decommissioned, closed to vehicular traffic and parking, and used as foot and bike path only. This would put all vehicular access to the ferry and parking lot through Quathiaski Cove Rd. Pedestrians including children could use Rudder Rd more safely.

The Dep't of Highways and EMCON staff have agreed to proceed with these recommendations and **Rudder Rd will be closed to vehicular traffic using No post Barriers at both ends of road, by the end of March 2010.**

Many residents prefer parking outside of Harbour Authority parking lot for assorted reasons. Closure of Rudder Rd will adversely affect some of these residents who presently park along this road, but it is felt that this is offset by the improved safety for pedestrians using Rudder and Green Roads.

Quadra Safety Committee

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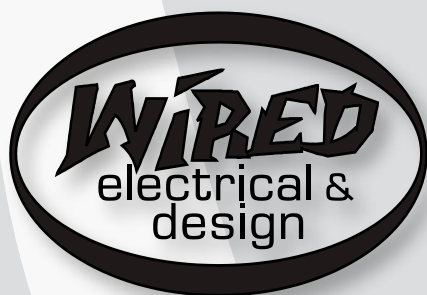


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Feral Cat Group Marks One-Year Anniversary

100 Surgeries for Unwanted Felines

The Quadra Feral Cat Group marked its first anniversary of trapping and fixing the island's abandoned cats this month, and its efforts have prevented the birth of hundreds of unwanted kittens.

The number of cats and kittens taken to the vet in the last 12 months is about to reach 100, and the volunteers continue to trap and spay/neuter cats at known feral colonies. The Quadra Feral Cat Group also continues to receive calls about stray cats.

With spring, the group is expecting to see an increase in the numbers of kittens born to stray and feral cats, particularly troubling because no foster homes are currently available to ready these potential family pets for adoption.

To date, the Quadra Feral Cat Group has found adoptive homes for 25 previously unwanted felines. Two cats are currently available for adoption.

The Quadra Feral Cat Group encourages anyone with a cat about to give birth to ensure the kittens go to responsible homes and are spayed/neutered so they won't add to the abandoned cat problem. The group also urges pet owners to have cats spayed or neutered to help slow the island's cat population growth as much as possible.

The Quadra Feral Cat Group is low on resources, and welcomes any donations: time, energy, money, cat food and supplies.

Community support has been remarkable, and the group also congratulates winners of its raffle prize fundraiser: wood carving donated by Coburn won by Paulette McLean; gemstone necklace and earrings set won by Pat C; and the garnet pendant won by Debbie Casavant.

The group's first anniversary was also marked by the departure of its coordinator Lara Fraser, who has left Quadra Island. The group extends a heartfelt thanks to Fraser for her legacy of compassion and caring for the island's unwanted cats and aims to carry on the project she launched a year ago.

Quadra Feral Cat Group can be reached via telephone at 250-285-3941 or by email at quadraferalcats@yahoo.com. Donations can be made directly to the group, at the Quadra Coastal Community Credit Union or to change cans on local store counters.

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Quadra Island Seniors Branch 91

B.C. Old Age Pensioners Org.

On Wed. March 17th/10, our Regional Meeting, at the Royal Canadian Legion was hopping with fun when we welcomed close to 100 Seniors, from the North Island, and guest branch from Oceansides Seniors, Parksville, Br. 49. Other Branches attending were Dogswood Br. 52, Campbell River, Cumberland Br. 51, Black Creek Br.126, Fanny Bay Br. 127, Union Bay, Br. 147, and many of Quadra Island members. Our theme for the meeting was St. Patrick's Day. The hall was decorated with bright green by Marie Brown, Laurel Turpin, & Freda O'Conner. Entertainment was with dancers Rhonda Thieven, Barb MacKenzie, dancing to Tunes by Fiddler James Ludgate and Bell Ringing under direction of Judy Hagen. Many Irish Songs were sung under the guidance of Liliane Melton.

The highlight of the show was little dog, Maggie performing tricks with owner Judy Hagen. The Master of Ceremonies, with his green Bowler was Pres. Bob Brown, who presented Win Goldstraw with a Lifetime, Centenarian name plate, and Liliane Melton sang a delightful song to Win who is 101 yrs. of age.

A delicious Irish Stew & Buns were the lunch, with vegetable platters, and delicious baking, made by the members under the direction of Master Chef Win Smirfitt, Diana Ludgate, and Frank Smirfitt, for offering a free lunch, and for steadying nerves with a joke.

A Quadra Island Artist William Van Orden, gave a very interesting discussion on Sea Life around the Pacific Coast. He spoke about the different species of fish and crustaceans, and passed around examples of the creatures and how he made the different forms of the species. The seniors were very interested and asked many questions about Williams work and the different Sealife. A Big Thank-you to William for taking the time and effort to help make the event a huge success.

N.I. Director Ruth Amiabel, spoke to the Seniors of increases in Hydro, Ferry Fares, Gas Prices, Car Insurances and costs of foods which made things very difficult for Seniors to make ends meet living on the Old Age Pension Cheque. She encouraged the Branches to send Delegates to the Annual Convention in Naramata in June, to vote on Resolutions which will be sent to the Prov. and Fed. Govts.

Many prizes were won by Marilyn Dean, Campbell River, Olive Batchelor of Parksville, Biddy Hitchcock of Cumberland, Vickie Elderken, Black Creek, Krista Illinger, Cumberland, & Marie Brown, Quadra Island. The next Regional meeting will be held in Union Bay in October. The Executive and Members, thank Wal Can Sea Food Products, for their support, and the many members & friends, who worked, peeling & baking, also decorating, and preparing for our special day.

Our next meeting will be a Easter Party, on April 7th/10, come at 10:00 am to chat and bookbrowse. On May 5th/10, we are having a person from the Mountaineer Avian Society, with a Red Tailed Hawk, to discuss how they help wild birds.

For Membership call Muriel at 285- 3216

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Alexandra Morton's "Get Out Migration!"

Come join our epic coastal walk and rally. Bringing communities together in a spring migration to remember.

A message of solidarity to protect our wild salmon from the Norwegian Salmon Farming Industry.

The movement is inspired in part by Gandhi's march and slogan, "We must be the change we want to see."

We have folks walking in from the coast and the interior of BC to merge as one in Victoria !!

Our website www.salmonaresacred.org is still under construction, but here's the tentative itinerary for 'The Get Out Migration'.

22nd April - Broughton Archipelago/
Alert Bay/Sointula

23rd April - Port Hardy/Port McNeill

24th April - Nimpkish Lake

25th April - Zeballos Junction

26th April - Woss

27th April - Sayward

28th April - Quadra Island

29th April - Campbell River/
Courtenay/Comox

30th April - Big Qualicum River/
Parksville

1st May - Port Alberni

2nd May - Nanaimo

3rd May - Ladysmith/Saltspring

4th May - Saltspring Island

5th May - Duncan

6th May - Bamberton

7th May - Sidney/Saanich

8th May - Victoria

9th May - Victoria

Please let us know if you can help us or would like us to visit you along the way.

Get Out Migration ! Quadra Island
Rally Coordinator, Leanne Hodges

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- limit the time spent
- notice that your child is actively involved, e.g. singing along

No, when the child:

- talks about T.V. characters instead of friends
- always chooses T.V. as a pastime
- spends hours with the T.V.
- replaces friends with T.V. characters
- doesn't hear you or talk with you

If a child watches TV for three hours a day for the first five years of his/her life, 228 days will have been spent. These 228 days represent 62% of the whole year of a child's life.

Fire Department Notice

Are you community minded and want to get involved? The Quadra Island Fire Department is looking for new members. If you live on Quadra Island, are over 19 years old, are able to attend weekly fire training and

- Are in good health and physical condition
- Can pass a criminal record check
- Have a valid Class 5 BC Drivers License

contact Fire Chief Sharon Clandening at 250-285-3262 or just come to Firehall #1 on any Tuesday evening at 7:00 PM.

Make a difference to your community. Become a Quadra Island Firefighter!

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HALLIDAY'S VIEWPOINT

by Steven Halliday

LEGACY OR EPITAPH?

March 23, 2010 saw a major historic milestone pass in America when President Obama signed into law the bill enacting universal health care as federal policy, making it the last industrialized country in the world to do so.

It is hardly a resounding victory, with its passage gaining notoriety as the only major legislation in US history to pass without a single Republican "aye" vote. Remarkably, early knee-jerk coverage of the bill's passage as presidential triumph were making comparisons to Roosevelt's acclaim for the passage of the Social Security Act in 1935, presumably thereby endowing Obama with similar political stature as FDR. Well, let's take a look at the numbers. Sunday's vote in the House of Representatives was incredibly narrow, with 220 for and 215 against...and again, not a single Republican voted in favour. Contrast this with the results of Roosevelt's victory in 1935, when proposal H.R. 7260 passed the house by a margin of 372 to 33. Of course, Roosevelt's Democrats held firm control of the both the House and Senate, with 322 Dems versus 103 GOP's - compare that with Obama's 233 to 202 and one sees immediately his may prove to be a very hollow victory indeed, and certainly not one comparable to Roosevelt's.

It is difficult to understand the schism in the States over what is considered to be a fundamental right in most of the rest of the world, particularly after the exposure of decade's worth of media coverage depicting the health care nightmare encountered by the many millions of Americans that are in the unfortunate position of being poor, uninsurable and sick. The richest country in the world is ranked 43rd in infant mortality rates - this ranks well behind countries such as Canada, Cuba and Slovenia. American life expectancy is ranked at number 47 globally. To obtain these results, US healthcare spending exceeded \$2 trillion in 2005 or about \$7,129 per capita, representing two and one half times the average per capita spending of other OECD nations, according to the Organization for Economic Cooperation and Development. Yet all 202 House Republicans - and according to popular polls millions of Americans - believe that "socialized" medicine is akin to Fascism, Communism and heralds the coming of Armageddon at least, and is downright un-American at most. Go figure.

Here in Canada, we have a health care system that is far from perfect but is certainly functional. Our 2007 expenditure on healthcare was \$3,173 per capita, and placed us in 12th place globally for

highest life expectancy, while our infant mortality rate comes in at 23rd place. Family health care premiums vary from province to province, but the average is well under \$1,000 per year, while our cousins to the south who presently are lucky enough to have coverage pay an average of over \$4,000, and many have a \$1,000 deductible on their private (employer sponsored) plans, according to a September 2009 USA Today study. However, the current estimated number of Americans with no health coverage (until today, that is) is around 30 million souls. The comparative number for Canada is zero.

Many a night have I been dumbfounded by what I see and hear "ordinary" Americans have to say when it comes to public healthcare, particularly as they are in the clear minority according to most polling. I visited a website offering anti-health care bumper stickers...here are a few of them... "ObamaCare - You can't cure stupid"... "Ram

It needs to be clearly understood that the hollow victory achieved by Obama has come at a tremendous cost, and it has given the Republicans a lightning rod with which to galvanize their faithful

it down our throats in 2009 and we'll ram it up your butts in 2010" (referring to the upcoming November congressional midterm elections)... ObamaCare is not about medicine, ObamaCare is about control"... "If you think healthcare is expensive now, just wait until it's free"...and so on, ad nauseum. I had a report of a recent trip to the melanoma capital of the world, Palm Desert, California. My source spends quite a bit of time there every year, and often finds himself surrounded by a solidly upper middle class crowd of mostly Republican retirees with plenty of opinions to offer about just about everything. When it came to the healthcare debates, I'm informed that this particular crowd was pretty much universal in their negative views on the subject, with the most cited reason for such a position being that they didn't want to fund, with their tax dollars, Medicare for the "illegals", by which I presume they mean the millions of illegal immigrants that perform the dirty work that most Americans won't. Now by no means do I want to imply that this attitude is endemic, but it is illustrative of the level of ignorance regarding the contents of the legislation, and is certainly reflective of a FOX News perspective on the subject.

Government funded healthcare made its debut in Canada in 1945 when Saskatchewan introduced its hospital insurance program, which was adopted in one form or another by all Canadian provinces by 1961. The availability of medical treatment in Canada is something that most people scarcely give a second thought and is regarded as an inherent right of citizenship, though not one that is codified within our Charter of Rights and Freedoms. The concept of universal accessibility is also an expectation, and any talk of "two-tier" medicine is sure to get your average opinionated Canadian a little hot under the collar. In the aforementioned bumper sticker site I also uncovered one that read - "What's Canada think of their universal health care? It sucks, EH!" - which is clearly untrue and certainly unattributable. Canadians cherish their healthcare system, warts and all, and it is folly to say otherwise. Sure we whine about the delivery of our health care, but we're Canadians and we whine about everything, particularly the weather.

It needs to be clearly understood that the hollow victory achieved by Obama has come at a tremendous cost, and it has given the Republicans a lightning rod with which to galvanize their faithful in the November 2010 midterm elections. It could conceivably cost Obama and the Democrats control of the Senate, rendering Obama a complete lame duck halfway through his first term. 36 seats of 100 will be up for grabs come November 7th, and these seats are presently split at 18 per party. Right now the general expectation is that the Republicans have a firm hold on at least 10 "safe" seats, where there is little risk of an upset, while the Democrats hold only 5 safe seats, so an upset is certainly possible. As noted earlier, today the media pundits are referring to the Obama healthcare victory as his presidential legacy, as Social Security was Roosevelt's. Liberals everywhere now hope, for America's sake, that the Republican spin machine is not able to succeed - as they fully intend to try - in making ObamaCare his political epitaph instead.

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Community Tourism Opportunities (CTO) Program Update

In the spring of 2009, the Discovery Islands Chamber of Commerce signed a Memorandum of Understanding with Tourism British Columbia valued at \$17,000. The Quadra Island Tourism Plan developed by the community guided the project initiatives. The CTO project included development of a comprehensive online Media Kit; the development of Quadra Island Tourism, a packaging workshop with packages submitted from the community categorized under the Escape ~ Discover ~ Connect theme, completed the Website Enhancement; the Collateral Production initiative included the development of a lure brochure and rack card including production; the last segment, Project Management brought the program to life through a strategically targeted advertising campaign with the new website as the call to action.

View the Quadra Island Tourism Plan at <http://www.quadraisland.ca/tourism/Quadra-Island-Tourism-Plan%20-%20Final.pdf>

Visit Quadra Island Tourism at <http://www.quadraisland.ca/tourism/>

View the online Media Kit at <http://www.quadraisland.ca/tourism/media/index.html>

View the Lure Brochure at <http://www.quadraisland.ca/tourism/media/downloads/QI-Brochure.pdf>

View a CTO sponsored ad in the 2010 Guide to the Discovery Islands at http://www.discoveryislands.ca/guide/pages/page_19.html

View the Value of Tourism at <http://www.quadraisland.ca/tourism/media/value-tourism.html>

We have been advised by Tourism Vancouver Island that the CTO program will be continued for 2010. The Discovery Islands Chamber of Commerce intends to proceed under the program and will be meeting with representatives early April.

We would like to thank the Quadra Island Community for their input in this long process stemming from the initial meeting in September 2005 and a special thank you to Jim Abram of the Regional District of Strathcona for financial support.

If you have any questions regarding this project, please call the Discovery Islands Chamber of Commerce Project Manager, Carol Ann Terreberry at 250-285-2609 before 11am or after 7:00pm.



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City Celebrates Earth Week with Environmental Film, Discussion at Tidemark Theatre

Join School District 72 and the City of Campbell River April 21 for the headliner of three Earth Week-themed events.

The City and the School District's Ecoschool Initiative will host an environmental film and discussion based on "Addicted to Plastic," an award winning documentary about one of the world's most common pollutants. The film highlights some of the environmental effects of plastic and ideas for diverting waste from the landfill.

The evening will feature student presentations about environmental initiatives at Carihi and Timberline Secondary schools, and discussion on ways to reduce our environmental footprint.

City representatives and community environmental groups will be on hand to share information about composting, recycling and Campbell River's Green City Strategy.

Doors open at 7:00 p.m. and the film begins at 7:30 p.m. on Wednesday, April 21. Admission is by donation, with proceeds going to support environmental efforts at Carihi and Timberline Secondary schools. The City has a limited number of advance tickets available at City Hall, the Sportsplex, and Community Centre for guaranteed seating.

"The evening will provide an opportunity for celebration of Earth Week and interesting dialogue on environmental issues," says Mayor Charlie Cornfield.

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Soldiers of Peace

After four years, the Soldiers of Peace still on the road and the army have more than 1700 Soldiers made. On March 25th, we will make a big step. We are going to cross the ocean to be in France to promote the project and give workshops. That's means that you will be the first Mother Soldiers in the whole project to be twinned with another Soldates-Mères from another continent. So the number that you put on your Soldier will be twinned with the same number given to another person in France.

That's means also, that you will have to find the way to communicate... because of course it will be a mix of languages: French and English! It will be very interesting to see how we can understand each other when the words are not the same. Is it not when we don't understand the other that the conflict begins??? How will we do the bridge between one another?

Get your dictionary!

In 2006, when I left BC to promote the Soldiers in Québec, I asked your financial support in order to go across the country with the project. A lot of people answered the request and I received about 3000\$ to get the soldiers in Montréal.

To be effecient to take our new direction in Europe, we need your help again. We calculated that for 5000\$ we can do a good work over there.

So, if we divide 5000\$ per 1700 people, the result is 2.94 \$. If everyone can do it, we will get there. Solidarity is the most powerful tool to get results and change things.

We also have pins for sale for 15\$. The pin is the logo of the Soldiers of Peace (you will find pictures in attachment). Feel free to order one and we will send that to you by mail.

If you want to participate to the fundraising, you can send a check to "Soldates de la Paix" and we will send you a pin of the Soldiers of Peace. As I said, it takes just 2.94 per person to make it. But we have to make it all together. Thanks to be part of the troop and hope to see you again somewhere on the path of peace.

Cheers, Claude Desjardins, infosoldate@yahoo.ca

If you want to participate to the fundraising, please make out the check to:

Soldates de la Paix, 1154, chemin Royal
St-Pierre-de-l'île d'Orléans (Québec) G0A 4E0

Tél: 418-991-0653

www.soldiersofpeace.ca

Spring Gardening Workshops!

It's springtime, and with gardens warming up, the City of Campbell River, Parks, Recreation and Culture Department is partnering with the Communities in Bloom Committee to offer several workshops to please all gardeners.

- Join Richard Barry as he speaks on the benefits of Xeriscaping. As everyone's mind turns to water conservation, Richard's information is very timely and informative. Bring a notebook and all your questions. Details: Saturday, April 4; 10:00 a.m. to noon in the Community Centre craft room; \$12.

- Glorious Gardens from Cuttings details how to easily take cuttings from stems and tuber cuttings. Learn how to grow a fabulous garden that will be the envy of the neighbourhood. Donna Goodenough will demonstrate these easy techniques and everyone will go home with a free plant! Details: Saturday, May 1; 2:00 to 4:00 p.m. in the Community Centre craft room; \$12.

- The Zero Mile Diet with Carolyn Herriot, author of "A Year on the Garden Path" and an educator and columnist for GardenWise and Common Ground magazines. Carolyn will be presenting her new book "The Zero Mile Diet", a year-round guide to growing great organic food. This workshop is brought to you through the partnership of the City of Campbell River, The Compost Education Centre and Comox Strathcona Waste Management and Communities in Bloom. Register for this event at Strathcona Gardens (250-287-9234). The workshop takes place at the Community Centre on Saturday, May 8 from 2:00 to 4:00 p.m. Admission by donation of a non perishable food item for the Campbell River Food Bank.

- Ground Covers and Lawn Alternatives with Stacey Larson from Ladybug Landscaping. Stacey will show participants a wide variety of groundcovers that do well in our area. This workshop takes place at Stacey's greenhouse in Willow Point behind the RONA store. Details: Wednesday, June 16, 6:30 to 8:30 p.m. at Ladybug Greenhouse; \$12.

For programs other than the Zero Mile Diet, please pre-register at either the Community Centre or the Sportsplex. (Registration for the Zero Mile Diet program is at Strathcona Gardens.) For more information on these or any other City of Campbell River, Recreation and Culture programs, please call, the Community Centre (250-286-1161) or the Sportsplex (250-923-7911). Register soon as space is limited.

Wailin' Jennys

The Jennys are coming to Quadra!!

With "One Voice," the Wailin' Jennys' metaphoric song title tells it all: folk/roots singer/songwriters, multi-instrumentalists and talented vocalists create three-part harmonies "to die for" on original and traditional, folk, pop, jazz and blues tunes to the critical acclaim of audiences around the world and the Juno awards at home in Canada.

This extraordinary trio of two Canadians and a New Yorker, soprano Ruth Moody (guitar, banjo, accordion, bodhran), mezzo Nicky Mehta (guitar, harmonica, ukulele, percussion), and alto Heather Masse (stand up bass) will engage you with their stage presence and woo you with their intuitive harmonies. Hear the Jennys on Quadra, Friday, May 7th at 8:00 PM at the Quadra Community Centre. Advance tickets \$20 on sale at Quadra Crafts and Hummingbird Office and Art Supply, and at the Music Plant in Campbell River.



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Good Friday Taize Service

Quadra Island United Church at Cape Mudge will have a Taize Service on Good Friday, April 2 at 7:30. The Taize style includes singing short songs, repeated again and again, to give a meditative effect. The songs express the reality of faith in worship. As the words are sung over many times, this reality gradually penetrates the whole being. Meditative singing becomes a way of listening to God. It allows everyone to take part in a time of prayer together and to remain together in attentive waiting on God, without having to fix the length of time..It is through singing that begins to open the gates of trust in God and nothing can replace the beauty of human voices united in song. These songs also sustain personal prayer. Through them, little by little, our being finds an inner unity in God. They can continue in the silence of our hearts when we are at work, speaking with others or resting. In this way prayer and daily life are united. The Good Friday service will also include hymns and readings. Everyone is invited to attend. Call 285 -3163 for more information



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New Chamber of Commerce Board of Directors



At their Annual General Meeting, Thursday, March 17, the Discovery Islands of Commerce ushered and shuffled in a new board. Returning to the President's chair after a hiatus is Lynden McMartin (Taku Resort), Treasurer Deb Gilliland stays on for another year as does Secretary Carol Ann Terreberry. Rod Burns is Past President and Directors: Judy Hagen, Kirstie Stewart and Tracy Tomlinson complete the team.

For more information about the Discovery Islands Chamber of Commerce visit the chamber web site www.discoveryislands.ca/chamber

HERIOT BAY TIDES

Date	PST	m	ft
26	04:14	4.7	15.4
Friday	10:18	3.1	10.2
	15:09	4.1	13.5
	21:52	1.5	4.9
27	04:48	4.8	15.7
Saturday	11:02	2.6	8.5
	16:22	4.3	14.1
	22:45	1.7	5.6
28	05:20	4.8	15.7
Sunday	11:42	2.2	7.2
	17:29	4.4	14.4
	23:34	2.0	6.6
29	05:51	4.9	16.1
Monday	12:21	1.7	5.6
	18:31	4.6	15.1
30	00:22	2.3	7.5
Tuesday	06:22	4.8	15.7
	12:59	1.4	4.6
	19:28	4.8	15.7
31	01:10	2.6	8.5
Wednesday	06:53	4.8	15.7
	13:39	1.2	3.9
	20:22	4.8	15.7
01	01:58	2.9	9.5
Thursday	07:24	4.6	15.1
	14:19	1.1	3.6
	21:16	4.8	15.7
02	02:47	3.2	10.5
Friday	07:56	4.5	14.8
	15:02	1.1	3.6
	22:13	4.7	15.4
03	03:41	3.4	11.2
Saturday	08:28	4.3	14.1
	15:45	1.2	3.9
	23:16	4.5	14.8
04	04:46	3.6	11.8
Sunday	09:02	4.1	13.5
	16:31	1.3	4.3
05	00:25	4.4	14.4
Monday	06:10	3.6	11.8
	09:40	3.9	12.8
	17:21	1.5	4.9
06	01:34	4.4	14.4
Tuesday	07:41	3.6	11.8
	10:36	3.7	12.1
	18:19	1.7	5.6
07	02:32	4.4	14.4
Wednesday	08:55	3.4	11.2
	12:15	3.6	11.8
	19:25	1.9	6.2
08	03:17	4.4	14.4
Thursday	09:46	3.2	10.5
	13:50	3.6	11.8
	20:30	2.0	6.6
09	03:52	4.4	14.4
Friday	10:21	2.9	9.5
	15:03	3.7	12.1

Link to tides &

weather

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March 19

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Two experienced plantspeople, both certified horticulturists, are available to help with your beautiful island garden. We specialize in soil health, food gardens, and plant selection. Call 250-202-2326 to leave a message, or e-mail ryan@ryansgarden.com Please see www.ryansgarden.com for more information

FERNBANK SAWMILL

Custom cutting at your place or mine on a state-of-the-art Woodmizer mill. We cut everything from beams to siding. Call Gerry Cote: 250-285-3651

FOR SALE

1994 TOYOTA RAV-4

Right-hand drive, 2 door, Auto, Air, PW, PL, 80,000 km \$7,000 o.b.o. Call Marc 250-923-2485

VINYL WINDOW

New, never installed. 68" high, 94" wide. Cost \$2,000 asking \$900 o.b.o. Will deliver. Call Marc 250-923-2485

FOR SALE

KAYAK FOR SALE

2003, red, fibreglass, Current Designs Solstice GT. Kayak has outstanding acceleration, glide, tracking and plenty of room for multi-day touring.

\$1500.00 o.b.o. Ask for Steve at 250-285-2121

STORES

AMPED ON NUTRITION

Quadra Island's Health Food Store and Deli. We carry vitamins, supplements, alternative groceries and more. Energize yourself with our delicious, organic vegetarian deli delights. Combining what you need with what you want.

Open 10:00 am - 6 pm every day except closed Sundays and Mondays 250-285-3142

ACCOMMODATION

FIRESIGN ART & DESIGN STUDIO AND B&B

Enjoy quiet privacy in our delightful 3-bedroom B&B with kitchenette, includes multi-course breakfasts specialising in wheat-free baking. Tourism BC Approved, BC B&B Innkeepers. Art studio, gallery, amber jewellery, workshops. 250-285-3390. www.firesignartanddesign.com

SPRING GETAWAY

Consider Tsa-Kwa-Luten's two bedroom deluxe beachfront house by the wharf for your next retreat, romantic getaway, girl's weekend or visiting friends and family. Self contained and fully furnished with living room, gas fireplace, floor to ceiling windows, wrap around covered deck with BBQ, full kitchen with dishwasher, 2 bedrooms with queen beds, 2 bathrooms; one with oversize jetted tub and one with oversize shower. Special winter rate \$179.95 plus taxes. Call 250-285-2042 or book on-line and save 10%.

HELP WANTED

THE NUYUMBALEES CULTURAL CENTRE

re-opens for the season on May 1st, 2010. We are seeking interest from both mature and youthful individuals willing to volunteer their services to work with visitors to the centre and we are also seeking resumes in application for part or full time sales clerks or part time group tour guide. Previous sales/cash or tour guide experience would be an asset.

Deadline: April 11th, 2010.

Apply by fax: 250-285-2532 or

by Email: cat@capemudgeresort.bc.ca



The Lodge re-opens April 18th, 2010 and we are seeking both mature and youthful employees looking for part or full time employment. We are a progressive company offering competitive wages, an awesome oceanfront location and transportation provided to and from the ferry to the Lodge for most work schedules.

Positions Available:

Front Desk Clerk
Prep Cook/Dishwasher
Chambermaid
Server or Bartender
Dishwasher or Busser

Deadline: March 28, 2010

Apply by fax: 250-285-2532 or by Email:

cat@capemudgeresort.bc.ca

PERSONALS

GOLF ANYONE???

I am interested in joining or finding ladies to join me in a weekly golf game. Initially nine holes, possibly graduating to 18 as skills improve. If interested please call LeeAnn at 250.285.3654 or e-mail leeann53@gmail.com to make arrangements.

WELLNESS

SPRING INTO WELLNESS!

Buy a sauna pass and receive a \$10 off coupon for any massage, bodywork, or spa treatment with Rejuvenation Bodywork!

*4-week pass (2 per week) \$99

*5-session pass \$90

*10-session pass \$180

SeaFlora Body Treatments on Sale!

Exfoliating Rockweed Scrub & Moisture for the whole body, back, feet, or face: save \$5 - \$10! Whole body scrubs come with a Steam Shower, or book a Steam & Jacuzzi session and do the scrub yourself! Call Lori today @ 250-203-2248

FITNESS

PILATES

Pilates classes resume at the QCC from April 22nd. Thursdays 9:30-10:30am and 5-6pm, Saturdays 9-10am. \$100/10 classes. \$150/ twice a week.

Visit www.practicalpilates.ca or call Natasha on 250-285-2930.

VACATIONS

LUXURY HOUSEBOAT RENTAL

Available Aug. 15 - 22, 2010. Fairmont Shuswap Lake Resort Club 50-ft boat sleeps 8. \$2500 OBO. Call 250 285 2142

REAL ESTATE

FOR SALE

11.7 acre bareland strata lot. West side of Read Island. Inland, 6 mi. N. of Heriot Bay, 3 mi. S. of Surge Narrows. Boat access only. Well, creek, garden areas, forest. One of 7 lots in the "Windfall" development, established 1979. Common Property areas include moorage facility, waterfront utility area, access road, and 64 acres nature reserve. \$140,000. call 250- 287-0910

OCEANFRONT OFFICE FOR RENT

Tsa-Kwa-Luten Lodge has office space ideally suited for studio or professional use located in its' RV Park service building overlooking Discovery Passage. Contact Carol Ann at 250-285-2042 or email cat@capemudgeresort.bc.ca.

Discovery Islander CLASSIFIEDS

ONLY \$10 PER ISSUE (INC. GST)

Simply drop off your 30 word ad along with cheque or money order to our office at 701 Cape Mudge Rd. You can also send it via email to news@discoveryislands.ca, or call us at

285-2234