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| REGIONAL DISTRICT |
| |

Comox-Strathcona

NOTICE OF PUBLIC HEARING

Pursuant to Section 892 of the Local Government Act, Notice is hereby given that a public hearing of the proposed bylaws:

Bylaw No. 2859 Bylaw No. 2860 WILL BE HELD AT: ON: COMMENCING AT: "Cortes Official Community Plan Bylaw, 1995, Amendment No. 11" "Electoral Area 'I' (Cortes Island) Zoning Bylaw, Amendement No. 14" Manson's Hall, 983 Beasley Road, Manson's Landing, Cortes Island, BC Saturday, February 25, 2006

Bylaw Nos. 2859 and 2860

Applications have been submitted to amend the Cortes Island official community plan and Cortes Island zoning bylaw to allow for the creation of 3 lots with an average parcel size of 2.19 hectares. (5.41 acres) on property described as Part of District Lot 391, Cortes Island, Sayward District Except Parcel A (DD 73524I) Thereof and Except Parts in Plans 789R, 3148, 7405, VIP64143, VIP64144 and VIP71315.

11:00 a.m.

The intent and purpose of proposed Bylaw No. 2859 is to redesignate the subject property, as shown on Map 1, from "Rural" to "Rural Residential" the policies of which allow for lots as small as 2.0 ha (4.94 acres).

The intent of Bylaw No. 2860 is to rezone the subject property described above to from "Rural One" (RU-1) to "Rural Residential One" (RR-1), as shown on Map 2.

A copy of the proposed bylaws and related information may be inspected at the regional district offices, 600 Comox Road, Courtenay, BC between the hours of 8:30 a.m. and 4:30 p.m., Monday through Friday, from February 13, 2005 to February 24, 2006 (excluding holidays). In addition, the proposed bylaw may be viewed on the regional district website at <u>www.</u> <u>rdcs.bc.ca</u>.

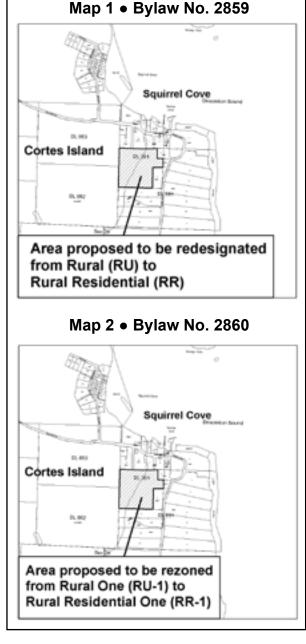
At the public hearing all persons who deem their interest in property affected by the proposed bylaws will be afforded an opportunity to be heard on matters contained therein.

Please note that legal considerations prevent the regional district from considering any representations made after the close of the public hearing. If you cannot attend the public hearing, all written submissions (mailed or electronic) <u>must be received</u> by this office no later than 4:30 p.m., February 24, 2006.

The directors from Electoral Areas 'A', 'B', 'C', 'D', 'G', 'H', 'I' and 'J' are appointed as delegates to the public hearing

Enquiries should be directed to:

Rob Milne, Planner, Community Planning Services Regional District of Comox-Strathcona 600 Comox Road, Courtenay, BC V9N 3P6 Telephone: 334-6000 (Toll Free Area Code 250) 1-800-331-6007 Fax: 250-334-8156 • Email: planning@rdcs.bc.ca



This is a legal notice of public hearing published pursuant to Section 892 of the Local Government Act. The RDCS is a partnership of nine electoral areas and eight municipalities providing nearly 100,000 residents with over 140 services – from parks to full-service sports facilities to regional solid waste systems.

Island Calendar

Day by day

Submit your event: eMail: news@discoveryislands.ca • fax: 285-2236 • drop-off: 701 Cape Mudge Rd.

he Regulars

• Every Day - Quadra Legion - Now Open at 2:30 p.m.

- Every Monday Badminton, 7:30 Cape Mudge Hall - Smile Makers Kidz Klub - Mondays at 2:45 at the QI Bible Church - CST practice sessions Mondays at 6 p.m. Call Catriona: 285 2776
- Every Tuesday Kalina Folkdancers -QCC, 7:30 to 9:30 pm, Sept.to Apr. - Sketching group at Firesign Studio 10 am-12:00 pm - Al-anon meeting, 7.30 pm at the Childrens Centre
- Every Wednesday Yoga 9:30 am and 7:00 pm Community Centre - Community Lunch, noon
 - Badminton, 7:30 pm Cape Mudge Hall
- Every Thursday Prayer Meeting, 7:00pm at Quadra Island Bible Church - adult climbing sessions on Quadra Vertical, 7 to 9 pm Q.C.C. - Life Drawing Firesign Studio 285-3390 7 - 9:30 pm
- Every Friday Yoga 9:30 am and 4:00 pm Community Centre
 - Youth Q.I. Bible Church 7:30 9:30
 - Pool Tournament Quadra Legion
 - Jam Session Quadra Legion
- Every Sunday Bible Study all Ages Quadra Island Bible Church 9:30 am - Sunday Service QI United Church 10:30
 - Family Worship Service 10:30am Quadra Island Bible Church
 - Clay Soldiers of Peace workshop at Claude Desjardin's 2 pm
 - Open climbing sessions on Quadra Vertical, 2 to 4pm Q.C.C.
 - Buddhist Meditation 10:00 am Upper Realm
- 1st and 3rd Wednesday Food Bank 1-2 Community Centre
- · 3rd Sunday of Month Raw Food Pot Luck 5 7pm 285-3827
- Last Saturday Bonus \$50 cash draw. Quadra Legion 6:30pm (members & guests welcome)

Next Deadline: Monday, February 27th 2006



| ĺ | Day by day | |
|---|---|-----------------------------|
| | February 18, Saturday - Perri Sparks on portraits demonstrations 9 am-noon, classes 1-4 pm | Firesign Studio 285-3390 |
| | - Jazz on the Island 8 pm | Q.I. United Church |
| | February 25, Saturday - Portrait class with Perri Sparks 1-4 pm | Firesign Studio |
| | - Shirley Locks & the Buddhas 7 pm | Sundance Java Shack |
| | - Alexandra's Echo & Call from a Coast 7:30 pm Sierra Club, Quadra Group | Q.C.C. |
| | February 27, Monday - Quadra Community Association AGM and elections 7:30 pm | Q.C.C. |
| | March 1, Wednesday - Quadra Seniors Meeting 10:30 am | Quadra Legion |
| | March 4, Saturday - International Women's Day Potluck for women 6 pm | Q.C.C. |
| | | |

Island Calendar online: www.discoveryislands.ca

Island Calendar is a list of on island events. Please submit seperately for the Island Calendar and News & Events or indicate in your submission if you would like your event placed in both. Following the text order exactly as above for email submissions is appreciated (month, date, day, title, place and time), use the title as your email subject. Current advertisers welcome to submit events but not-for-profit items will be given priority. Thank you.

Raw Food Potluck

Is Sunday February 19 at 5:00 pm Room 1 at the Community Centre. Please bring vegan raw food to share. Everyone welcome. After the meal we will be showing a video 'The High Energy Diet' by Dr. Douglas Graham. Answers to 16 most common questions about food, nutrition and weight control. 50 minutes of lecture followed by 25 minutes of delicious raw food recipies. Suggested donation \$3 to cover room rental.

of fresh,

organic

produce.

STOREFRONT SPACE FOR RENT

In the Q-Cove Plaza. Retail - Shop - Office.

Call 285-2880 for more details





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Discovery Islands

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Call 250 285-2234 for details

Submission Guidelines

Items for publication are welcomed on subjects of interest to the Discovery Islands community. Please help us by following these guidelines:

• Please print handwritten material clearly.

• Electronic items sent by email & must be saved as Word or rtf formats. Please spell check in Canadian English. Sorry no floppies.

• No MS Publisher, WordPerfect files or graphics in Word files please. Send imported graphics separately.

• Please use the title of the item as email subject & send multiple items in separate emails.

• Please don't send original irreplaceable material, make a trip to a copier first!!

• Please remember to caption & credit photos and artwork. Don't write on the back of photos use labels or Postits™.

While every effort is made to include all items submitted, errors and accidental omissions do occur and the Discovery Islander should be only one part of your publicity efforts.

> **Next Deadline** 7 pm. Monday, February 27th

Banking on the Discovery Islands since 1941



Quadra Credit Union Notice of Changes to Fee Schedule Effective April 1, 2006

Internet Banking - Member Direct. - www.quadracu.com

Quadra Credit Union last revised our schedule of fees in October 2002. Since that time costs have steadily risen, and we have maintained our fee pricing for as long as possible. A recent review of our costs and competitor pricing indicated that several of our fees require adjustment, though many remain unchanged and in some cases we have reduced the fee. All services affected are listed below, with the change taking effect as of April 1st, 2006.

| Product/Service | Old Fee | New Fee |
|------------------------------|----------|-----------|
| Money Orders | \$4.00 | \$6.50 |
| Office Cheque/Draft | 6.00 | 6.50 |
| Certified Cheque (3rd Party) | 5.00 | 15.00 |
| Returned Item (NSF) | 22.50 | 25.00 |
| Funds Hold Request | 5.00 | 7.50 |
| Outgoing Telephone Transfer | 7.00 | 10.00 |
| Manual Bill Payment | 1.00 | 2.00 |
| Stop Payment (All info) | 7.00 | 10.00 |
| Stop Payment (partial info) | 14.00 | 20.00 |
| Automatic Coverdraft | 1.00 | Nil |
| Phone Transfer Request | 2.00 | 5.00 |
| Fax Transfer Request | 2.00 | 5.00 |
| Electronic Bill Payments | .75 | .50 |
| Interac Direct Payment | .40 | .50 |
| Pre-authorized Debits | .40 | .50 |
| Cheques held for collection | 10.00 | 25.00 |
| Account Closing (> 90 days) | 10.00 | 15.00 |
| Interest Earned/Paid Letters | 10.00 | 20.00 |
| Mortgage Discharge | 100.00 | 200.00 |
| Staff Charge (Record Search) | 25.00/hr | 35.00/hr |
| Safety Deposit Box (Small) | 30.00/yr | 40.00/yr |
| " " " (Medium) | 45.00/yr | 55.00/yr |
| " " " (Large) | 75.00/yr | 85.00/yr |
| " " " (X-Large) | 90.00/yr | 100.00/yr |

Many of the foregoing fees are waived for Discovery Plan, Senior and Non-Profit account holders. Please contact your branch for more information or if you have any questions.

Discovery Islander #363 February 17th, 2006

www.discoveryislander.ca

Island Forum

Say your piece: eMail: news@discoveryislands.ca • fax: 285-2236 • drop-off: 701 Cape Mudge Rd.

B.C. Ferries CEO Responds to Local Ferry Concerns

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David Hahn's response to John Sprungman's letter runs 4 pages as shown above. To view or print off the entire letter log on to www.discoveryislander.ca and click the link to 'EXTRAS'

Dear Editor,

10121-0121-012

Hahn's argument that our ticket books are heavily discounted fails to acknowledge that the single trip cash fares were not rolled back like the ticket books prices were after coast-wide protests against the huge fare increases in 1997. To call the cash fare the "regular" fare and dismiss our pre-payment of our travel as insignificant is spin I don't buy.

Our present ticket books have no time limit on their use.Years ago when there was a time limit, ferry users could mail in out-of-date tickets for a refund. Now they propose a system in which pre-paid travel which is not used within a specified time would be forfeited.He acknowledges that the time limit is an "unresolved" issue. It will be a big one.

John Sprungman

Dear Discovery Islander Editor,

I have sent the following letter to our local MP as well as the leaders (or acting leader) of the NDP and Liberals, which you are welcome to reproduce in your Island Forum if you think it is appropriate or of interest.

Carol Murray Kanish Bay

Dear Catherine Bell, Bill Graham and Jack Layton,

I am writing to you as a resident of Quadra Island BC who is most uncomfortable with the current Conservative minority government, and even more fearful of the prospect of a Conservative majority in the coming years.

I am flabbergasted and appalled at two of Stephen Harper's cabinet appointments:

1) the hypocrisy of appointing David Emerson to cabinet after he crossed the floor, given the outrage that the Conservatives

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Matt Knoedler 285-2754

email: heatherknoedler@telus.net

expressed when Belinda Stronach did the same thing a few months ago (not to mention my disgust at this for other reasons, not the least of which is the betrayal of the voters in his riding who clearly did not want to elect a Conservative MP), and

2) naming a non-elected (non-MP), Michael Fortier, who is not accountable to those he as been assigned to represent, and has no mandate from them - which I see as extremely undemocratic and a sinister precedent.

I am worried that by the time parliament resumes, the public furor over these outrageous appointments will have died down, and I am imploring the three of you to ensure that the issue of these egregious appointments is raised in parliament. Please don't let Mr. Harper get away with such hypocrisy and lack of respect for the democratic process. I fear our future depends on it.

Many thanks, Carol Murray



Given that each dollar invested in parks has been proven to return three times that amount, should B.C. Parks erect signs to identify provincial parks on the islands, their boundaries and appropriate recreational use of park land?

Vote by logging on to discoveryislander.ca



Dear Sir,

In the 1960's I ran the Tibetan Farm School in South Wales, (Hon. Pres. Fritz Schumacher), where I tried to teach organic, self sufficient, small-scale farming to young Tibetan students from India. The project was not successful because 'the powers-that-be' and various charities felt that I was trying to put the clock back and steer the Tibetan refugees away from progress.

There about 100,000 Tibetan refugees in India, Bhutan and Nepal; the majority living in agricultural settlements. About 5 years ago the Tibetan Government-in-exile realized that soil fertility in the settlements had declined by nearly 50% in 40 years. Kalon Tripa (Prime Minister) Samdong Rimpche and his parliment decided that the settlements should switch from chemically assisted, mono-crop, for-sale produce to organic selfsufficiency; an enormous task!

I recently received the Nov-Dec 2005 edition of Tibetan Bulletin. In it was the following article. which could well be headed: "Who Leads The World?".

Gala Organic Lunch

The Health Department of the Tibetan Administration hosted a gala organic lunch to about 500 Gangkyi staff this November, following various talks on Organic Food for Public Health."Despite the difficulties faced in theinitial two years of my administration", Kalon Tripa said, :"as of now, we have been able to make a heady start in the introduction of organic farming in all the Tibetan agrosettlements." In a pilot project, a select 10 students each of the (upper) Tibetan Children's Village School, Dharmsala, and the Mussoorie-based Tibetan Homes Foundation will be fed only organic food for six months beginning this November, declared Health Secretary Tempa Samkhar. Apart from training on organic food, the project, which will cost USD \$117,000 also includes supplying organic food to Sherab Gatsel Lobling School, Dharmsala (with over 750 students) and Central School for Tibetans, Chauntra (with about 400 students) for six months.

When will our schools start to copy this inspired example?

Sedley Sweeny Cortes Island

For more details, and to send donations: contact

Dept of Information & International Relations Central Tibetan Administration, Gangchen Kyishong, Dharmsala, 176215 India



Broom Alert!

Dear Islanders,

I'm concerned about the way broom is now spreading over Rebecca Spit.

As we know it is a noxious imported weed. Nothing seems to eat it, so keeping it in check is hands-on work.

My suggestion is this, just commit to pulling up a few young plants when you take a walk there. "Many hands make light work", as the saying goes. The ground is so wet now that the small plants pull out easily. You strong guys could tackle the bigger ones, say 12-18 inches. The mature ones are impossible to pull [with bare hands].

There are many young plants coming up in the mossy treed area behind the boat launch. They are easy to distinguish from the small huckleberry bushes, which are also green, but quite branched. The mature patch beyond the field is also producing seedlings.

For those of you who have energy to do a serious broombash on your own properties or at the Spit, it is best to chop the broom down when it is in full force and about to flower in April, right around Earth Day. But before it starts to make seed pods. Leave a 6-12 inch stump so it is easier to deal with if it resprouts.

The important and useful thing would be to prevent another year of seed production. Those seeds can lie dormant in the earth for scores of years.

Greenways land trust now has 'broom-pullers' which can be borrowed. A newly invented gadget, locally made!

Many of us love the beauty of



the broom when it flowers but - it doesn't know when to stop! It won't stop spreading!

I wonder if anyone else thinks we need a broom-bash at the spit for the big patch before the boat launch?

Sincerely

Riki Vogt 285-2991

Phone Greenways 287-3785

To ATV owners and Morte Lake trail users

A note of concern from the **Ouadra Island Conservancy** stewards about A.T.V. and trail use on the Conservancy's Morte Lake property.As many of you are aware the Morte Lake property was purchased for the njoyment of the public with part of the mandate being not to allow motorized vehicles on the land. Signs are posted and the vast majority of riders do respect them.

Due to a beaver dam constructed on Morte Creek we have blocked off a section of the old trail and built a bypass and new bridge. Recently our trail barrier has been tampered with and removed so vehicles can traverse the creek.

We are trying to let the old trail grow back and ask that users not tamper with the barrier and that motorized vehicles not use the property. Please spread the word!

thank you in advance for your co-operation.

Yours truly Dan Patrick for Q.I.C.S.S.





News and Events

Submit your event: eMail: news@discoveryislands.ca • fax: 285-2236 • drop-off: 701 Cape Mudge Rd.

Auction to Support P.A.C.

Come out and participate in our Silent Auction which will be held Tuesday, February 21, 2006, in the multi-purpose room at the Quadra School, between 6:30 - 8:00 p.m. Enjoy the Quadra School Arts Festival as well as refreshments and goodies. The Silent Auction is hosted by the Quadra School P.A.C. with generous contributions from our local merchants."

Aerobics Starts Again !

Enjoy a refreshing, complete body workout at Marion's aerobics. Experience floor work, strength training and stretching to the beat of great musik.

Get in shape for the sping. Everybody is welcome. Class is suitable for beginners.

Tuesdays and Thursdays, from 10-11 a.m. at the Community Centre. Drop off kids at 'Parents and Tots', babysitting available. Starting February 3.

Costs are \$32/8 classesor \$5 drop in.

Call Marion for more information at 285 2895

2006 Events Calendar

Now's the time to submit your event details for inclusion in the 2006 Guide to the Discovery Islands and for promotion by the Chamber of Commerce and other promotional vehicles. Fax your item to 285-2236 or email info@quadraisland.ca

Jazz on the Island

Local jazz musicians play a concert at Quadra Islanbd United Church this Saturday The line up for this concert includes Red Wagon, Gordon and Alec James and Shirley Locks and the Bears and Buddhas. Vocalist Alayna Howard will be backed by Gordon James on sax and Judy O'Dell on keyboard..

Take this opportunity to hear Alayna Howard sing. She is a grade 10 student from Carihi with a strong interest in jazz and plans to study music later. People who have heard her are astonished at the quality of her voice.

Kaydee Sutherland will also be singing. Kaydee is a featured singer with the Carihi Stage Band. Also playing will be Alec James who will sing and play guitar accompanied by Gordon James on sax.

Come join the coffee house style concert Saturday,February 18 at 8pm Tickets can be purchased at the Upper Realm for \$10. Kids under 12 are free.

Call 285-2626 for more details.

Gravel Gulch Petting Farm Closed By Marauding Cougar

Due to the loss of three of the most popular animals to predators (2 goats and the emu) the petting farm will not be open to the public this year.

Thank you everyone who visited the farm over the last 5 years and enjoyed these friendly animals. We will continue to sell fresh eggs in 2006.

Ester Allen



Cycle Club Meeting

The next general meeting of the Quadra Island Cycling Club will be Monday, february 27th, 7 PM at the Yak Shack. We will continue discussing the upcoming Kids For Kids With Cancer mini adventure race and the Quadrathon weekend, April 29/30th. We need volunteers to make this happen. Anyone interested in helping can come to this meeting or phone Jack Mar for info at 285-3939.

Tanya Storr

B.A. English



The question was: Should B.C. Lands and Assets free crown land (eg: by requisition out of T.E.L.) on Quadra and surrounding islands for affordable residential land for current B.C. residents with special incentives for young families?

> Yes = 36% No = 64%

See this issue's poll question on page 5





285-3937

tstorr@connected.bc.ca



Community Centre update....

Community kitchen-Playground-International Women's Day-Babies and Tots-New Board members

The Community Kitchen is again serving nutritious, hot-soup lunches on Wednesdays at noon. All community members and visitors are welcome. Cash donations from those who can afford it are appreciated. It is these donations along with the many volunteer cooks, bakers and other workers that keep this vibrant event going. Donations of full-length aprons would also be appreciated right now. If you can spare an apron, please drop it off at the QCC. Anyone who is food-safe certified and able and willing to commit to making a large pot of soup on Wednesday mornings on a regular (or semi-regular) basis please contact Wayne Langman @ 285-3264.

If you would like to see a playground for Blenkin Park, come out to the planning meeting Tuesday, February 21 at 7 p.m. What with the new standards for playgrounds, this will be a fundraising group to purchase a playground apparatus, as opposed to an old fashioned, "work-bee" to build an imaginative structure. The old days of wooden structures are gone! None the less, a new generation of kidlings need some fun public play space. You don,t have to have kids to get involved. If you hate meetings but can do something, please phone the QCC. 285 3243.

There seems to be a mini baby boom on Quadra and so Parent and Tots will extend to 2 days a week, Tuesdays and Thursdays from 9:30 to noon. In addition, we have a Parent and Babies group happening in room 2 at 11:00 on Wednesdays, just before the community kitchen lunch. Please feel welcome to come out and connect with other new parents.

International Women's Day will be celebrated on Quadra, Saturday March 4 with a potluck for women at 6 p.m. at the Community Centre. So, women, gather up your daughters, mothers, sisters and gal friends and come celebrate our herstory at a warm and fuzzy social gathering . Bring a delicious dish to share, cutlery and plates. Our new MLA, Claire Trevena and MP, Catherine Bell, may slip this event into their tight schedules....

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Erik Sorensen mini-excavator

Need a little digging? Give us a call

285-3906 203-3906 (cell)



Spring is coming! if you would like your children to play minor ball this year we need some organizers. Please call QCC and let's talk.

The AGM for the Recreation Society was last week and we would like to thank the out going board members, Judy Leicester, Julie Watson and Eileen Mackay for 4 years of splendid volunteer work, helping to keep the Recreation Society and Community Centre a smooth operating venture. Welcome to the new board members, Ross Doak, Sue Rose and Terryl Bertagnolli who will join with the on going board: John Frishholz, Theresa O,Brien, Steve Moore and Sue Beattie.

On a personal note, I will be taking six months off work starting March 1 and our summer coordinator, Sonya Thompson will be starting earlier than usual this year. I thank all my friends and allies for your support over the years and I look forward to enjoying some relaxing recreation time.

Sandy Spearing, 285 3243 Monday-Friday 8-2pm.

Carpenter Wanted

The Quadra Recrtion Society is accepting estimates for an outdoor designated smoking shelter. This is a wood beamed floorless and partly sideless structure measuring 8 by 12 feet with wood roof shingles.

Two five foot long unremovable wood sitting benches would be inside.

Think of a smaller version of the new outside rain shelter at the Q.Cove ferry parking lot as a model, with no glass or plastic and more wood. The smoking shelter at Hollyhock on Cortes Island is another example.

Include labour & material costs & all taxes in your estimate. Estimates are due March 30, 2005. Give the estimates to Sandy or Sonia at the Quadra Community Centre office. Call Steve at 285-3323 for more info and exact location on the property.

Quadra Community Association Annual General Meeting

7:30PM, Monday, February 27th at the Community Center

The QCA was formed to facilitate increased community participation in local government. We strive to provide an open, democratic forum for the presentation and discussion of major, local government issues with the goal of gathering widely-supported, community recommendations for presentation to our government. The OCA is open to all residents of Quadra and to those who own or lease property here. Further, the association seeks the widest possible input and encourages the participation of all the diverse groups and individuals on our island, so COME OUT, LISTEN, BE HEARD, AND VOTE!

This year's AGM will be divided into two main parts: 1) the election of 6 new board members, 2) the discussion of alternative forms of local government.

Again, 50% (6) of the board of directors will step down and open elections will be held to refill these seats. The positions being vacated include 2 directors-at-large and 4 land-use directors: Agriculture, Silviculture, Public Lands and Tourism. All nominations will be taken from the floor at the meeting. You must be 19 years or older and either a resident of Quadra Island or an owner or lessee of land on Ouadra Island to be nominated. nominate or vote. Consider joining the QCA board for a year or two. It's a great opportunity to learn about the community you live in and about how your local government works.

Over the last year the QCA explored alternative forms of local government. We talked with other small communities, the provincial government, our Area Director and the Chief Administrative Officer of our regional district. Our findings will be presented in the second half of this year's AGM and there will be opportunity for your questions, comments and suggestions.

SEE YOU THERE!

Quadra Seniors-BR.91, B.C.O.A.P.O

At our Jan. meet, Ann Lawrence got us hopping, with Armchair Aerobics. We then were visited by Senior Ferry Capt. Wayne Maxsted, who spoke to us about changes in our ferry service. He was very informative, and polite, but we all voted, to have a "Seating unit" on the deck for Seniors & Disabled and to keep our Ferry Tickets, instead of plastic cards.

On Feb. 1st, we had Jackie Whan, from Community Care, talk to us about Home Care, Longterm Care and what is out there or us, when we need help. A Big "Thanks" to both our speakers, and Ann Lawrence.

We had a Fun Valentine Party, in which we brought photos of our Parents, and we had to guess whos parents belonged to who. Daphne Young -1st, Bob Lasby 2nd Marcys-word scramble-Helen & Russ Swanson won both prizes, many of the members won, Primroses. The men had a delicious Pot-luck Lunch for all their Valentines, fun was had by all.

For March 1st, meet, Val Barr will come On behalf of the Garden club, to get us all thinking about spring planting. Martin Amiabel's name was nominated For the Therese Casgrain Volunteer Of Canada award.

A Regional meeting will be held on Feb 16th, at 11:00 a: m in Campbell Rivers Eagle's Hall on 14th near Campbellton exit.

Every Wed. Tai-chi, @ 10:00 a:m Carpet Bowling, 10:30 a: m.- @ Legion. Walk the Spit, with the Greggs on Sundays at 11:00 A:m- from the Launch Ramp or Parking Lot. call Pete 3237--Computer Group, usually Thursdays, Call Ken-3787.-Welcome to all Seniors Young or Experienced. Contact Ruth 3801 or David-2627

Harbour Authority Scholarship Opportunity

The Harbour Authority Association of BC (HAABC) is offering a \$500.00 academic scholarship to any graduating high school student, any person intending to enroll in post secondary education or current post secondary attendee who is considering/planning a career in Marine Education or harbour operations and development.

The HAABC offers this scholarship in memory of Dick Maughn, in recognition of his contributions to the implementation and success of the HAABC

The mandate of the HAABC is to establish communication between Harbour Authorities, foster a good working relationship and exchange information and network.

Applications for the "Dick Maughn Memorial Marine Education Scholarship Fund" are available at both harbour offices. Applications are also available online at the HAABC website. The deadline is March 31,2006. The scholarship award will be announced no later than April 15,2006. Applicants should be aware that they are competing with others from all regions on the BC coast. For more information contact Paul Ryan at 285-3622 or 285-3555 or giha@island.net.

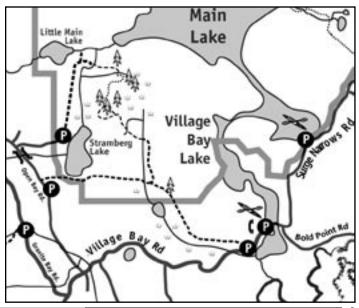
Route to the Giant Stramberg Trees

Many thanks to the dozen or so hardy hikers that joined me February 4th to virtually wade out to the grove of magnificent Douglas Fir and Western Red Cedar trees north east of Stramberg Lake in Main Lake Provincial Park. It was a very wet day but we sheltered under a tarp for lunch and all enjoyed the opportunity to vist these awesome examples of Quadra's amazing forest. Thanks also to all who phoned with support and interest in the hike and the trees.

Since that hike several other groups of similar size trees have been 'discovered' along a rough route circumnavigating Stramberg Lake as shown on the map below. I'll organize another hike in April to go the whole way around this route.

There is obvious potential for this hike to become a major attraction for Quadra Island with more than 30 Douglas Fir to see en route with circumferences in excess of 4 metres.

There are however some similar concerns with A.T.V. use of the old logging grades within the provincial park to those expressed by the Ouadra Conservancy in a letter in this edition's 'Island Forum'. Giving the riders the benefit of the doubt, their trespass into the park is certainly due to the lack of signage indicating the park boundaries and appropriate use of park land. My feeling is it is time to begin a community discussion with BC Parks to develop appropriate trails, signage and access to our parks. Anyone? - Philip Stone -2234



Alexandra's Echo & Call from a Coast

These two films will be shown on Saturday, February 25, at the Community Center starting at 7:30 pm.

Alexandra's Echo is about Alexandra Morton who has dedicated her life to studying the ecology of the Broughton Archipelago. Her unmatched passion for whales brought her there many years ago. However, the once very healthy whale population has been driven away, and it became her passion to find out why. This spawned her extraordinary study of salmon - both farmed, and wild - of the Broughton Archipelago. It is clear to all, that wild salmon have been an important link in the food chain and ecology of the area. The Broughton Archipelago has the highest concentration of fish farms in the world. Thus the level of sea lice is also very high. While swimming from their spawning grounds, past the farm pens, the young wild salmon are being infested with the lice. The wild salmon are dying. Alexandra has documented that as the wild salmon of this area die off, the Orcas are not returning and there are indications that the bears and other animals are starving. She carries on her work with the Orcas, and collects data on the wild salmon depletion. She continues to raise her voice, with many others, waiting for a viable response, not just an echo.

<u>Call from a Coast</u> is a new film by the director of *Rainwolves*. It is a short documentary that looks at the proposed introduction of salmon farms into the Skeena estuary. It shows the issues as seen through the eyes of stakeholders in Prince Rupert and outlying First Nations villages.

Entrance is by donation and all funds will be given to the "Save our Skeena Salmon" campaign and the Prince Rupert Environmental Society. The Sierra Club, Quadra Island Group is sponsoring this event.

Not Much To Say

by Rev. Jill Brocklehurst

I have been away from Canada for almost 3 weeks and as a result have not found an opportunity to publish any articles therefore this is the first in over a month. With all the adventures from our travels under my belt I promised myself that I would have lots to write about upon my return. Needless to say I am speechless. What can I tell you that you don't already know?

Deep within we all possess the infinite knowledge of all life. My job then is clear. Writing or speaking on theories and concepts or do's and don'ts would be to pretend that I know something that you do not. Since we are all connected in this great force of life it would be an act of arrogance to presume I had information that you didn't already know. No, this is not my job.

My role however is to assist you in remembering you are truly powerful and that the gifts you have to share are the inspiration of Spirit expressing by means of you. Your light, your love ... all of you, is the most profound topic of today's subject.

How can I begin to help you understand the truth of this statement? In Science of Mind® we learn there is an Infinite Expression of Life. It is the One and Only Expression and thereby all that exists is a part of this Intelligent Whole. We, as humans, may have many attributes in common yet there are infinite ways to express these qualities. Each of us hold our unique key to the mosaic of this perfection. When we open to this truth the dream we each contain within can begin to unfold.

Quiet your mind for just a moment. Ask yourself, what are my gifts? Know that you are fabulous and that your design is no less than the design of Einstein, Jesus, Buddha, Mohammed or any other great example you may respect. There is no wrong way to do life, there is only your way. It is when we reach the deep understanding that our own unique qualities are a gift to the world that the magic of life begins.

Guess I had more to say than I thought.

Mitlenatch Field Naturalists Space Dust, Bugs and Tao:

Beneficial Bacteria The next meeting of the Mitlenatch Field

Naturalists will take place on Friday, February 17th, at 7.30 in the Community Centre on Quadra Island. The featured speaker will be biologist Dr. Réal Roy, Ph.D., from the University of Victoria. Réal will give his fascinating presentation on the topic of bacteria – the microscopic organisms whose myriad of functions are central to our existence here on Earth.

Bacteria have an extremely important place in the evolution of life. They are probably the oldest forms of life, and have populated Earth for most of the time our planet exists.

Bacteria can be found virtually everywhere. They are in the air, the soil, and water, and in and on plants and animals, including us. A single teaspoon of topsoil contains about a billion bacterial cells (and about 120,000 fungal cells and some 25,000 algal cells).The human mouth is home to more than 500 species of bacteria!

Most people are familiar with disease-causing bacteria, but few know that these organisms have many other important functions in nature. Bacteria not only coexist with us all the time, but help us do an amazing array of useful things like make vitamins, break down some garbage, and even maintain our atmosphere. Bacteria are also the only creatures on earth which can take nitrogen from the atmosphere and attach, or "fix" it, to other atoms and molecules. Green plants need these nitrogen compounds in the soil to survive -- they can not use the gaseous form of nitrogen in the air.Thus,"nitrogen-fixing" bacteria are a crucial link in the nitrogen cycle - one that all other organisms depend on.

Join Réal Roy at this Naturalists Society meeting and learn about the fascinating world bacteria, and how we and the rest of the inhabitants of planet Earth are able to benefit from their existence. The public, including children, are welcome to attend and new memberships are encouraged.



More Reggae

Shirley Locks & the Buddhas are hitting the reggae road. Tonight, Friday, Feb. 17, Shirley Locks & the Buddhas (Maureen Fox, Sunday Dennis, Jason McNahon & Steve Moore) are at Joe Reads in Courtenay B.C. at 7:30 p.m. Next Saturday, Feb. 25, the band plays at the Sundance Java Bar in Willow Point at 7 p.m.Also, the band opens for the jazz fest fund raiser for the Cape Mudge Church on Saturday Night, Feb. 18.

This is mainly a jazz night with other talented local musicians. At the Sundance & Joe Reads Sunday sings original songs, Steve & Maureen read poetry, Jason drums & the Reggae band honours Bob Marley's 61 birthday with Bob's favorite songs and some homegrown original songs. Watch for upcoming possible reggae music at the Quadra Legion and the HBI in April. Many thanks to the 61 teens who danced all night to Shirley Locks and the Bears last Saturday Night at the Quadra Community Centre. And of course to the 47 adults who are still young at heart and danced once and a while.

Anyone interested in helping to create monthly teen dances with live music at the community centre, Call Steve at 285-3323. Local bands please step forward and support safe, fun musical nights for the youth.

Dear Cranio Sacral Students,

The classes that were scheduled to be taught here on Quadra March 3rd-5th and March 10th-12th have been cancelled.

I am very sorry if you had made plans around those dates. I have resigned from IBI in order to stay focused on my family and my Counseling & Energy Work practice. It was not an easy decision, but it feels like the right one.

If you wish to take levels two and three at the Bastyr University campus in Seattle, you have credit through IBI to take those classes with other teachers from the organization. As an IBI staff member, I was very impressed with the level of skill each of you had acquired by the end of our week end together. Please contact Destia Skinner at the IBI website (www. ibiclasses.com) if you have further questions about more training in the wonderful modality that is Cranio Sacral Therapy.

Please pass the word a long to your friends who were planning on taking one of the classes.

It was truly a pleasure working with you all. The people of B.C. are lucky to have such dedicated and caring healers.

Should our paths cross, I look forward to meeting each of you again on our common journey together as healers.

Many blessings and much light, - Catriona

Tsa•Kwa•Luten Lodge & R.V. Park

The Oceanfront Resort at Cape Mudge

Positions Available for 2006 Season

This is your opportunity to work in our exciting and challenging environment. We are now accepting resumes for the following positions:

Food & Beverage Manager

Mature organized professional to take charge of the food and beverage operations and all the work related thereto.

Bartender

Apply your mixology skills in our Dining Room. Previous experience and Serving it Right is required. Bartenders Certificate, Squirrel system training/ Knowledge/experience and Super host would be an asset.

Busser/Dishwasher

Apply your talents for assisting in a support role. Previous experience would be an asset.

Server

Apply your serving skills in our Hama Elas Dining Room. Previous service experience and Serving it Right is required. Super host and Squirrel system training/knowledge/experience would be an asset.

Housekeeper/Laundry

Apply your cleaning and preparatory skills in our fast paced Housekeeping department. Previous experience would be an asset.

Line Cook

Enthusiastic and conscientious individuals capable of performing all of the duties of cook. Qualifications include: self motivated, organized, fast paced, clean and team player. Food Safe Certificate is required. Knowledge of meat, seafood, pasta, sauces and experience with fine dining and buffets would be an asset.

Prep Cook/Dishwasher

Enthusiastic and conscientious individuals willing to work in a busy upbeat atmosphere. Duties include washing dishes, salad and dessert preparation as well as maintaining cleanliness of the kitchen. Food Safe Certificate is required.

No phone calls please, apply by fax to: (250) 285-2532 or mail to: P.O. Box 460, Quathiaski Cove, B.C. VOP 1N0 Only those selected for interviews will be contacted. Deadline for application is March 10th, 2006.

www.capemudgeresort.com

Friday Flicks – I Am David



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| 12 Discovery Islander #363 Feb | oruary 17 th , 2006 |

February 24th, Q.C.C. Doors 7:30 – Showtime 7:45

Admission: \$4.50 -\$3.50 stu/snrs.

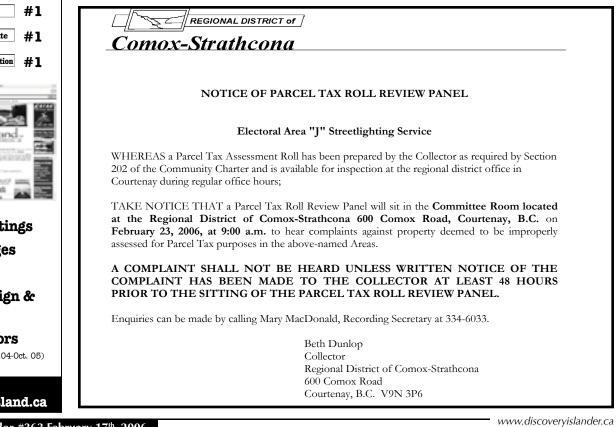
Based on Anne Holm's celebrated 1963 novel North to Freedom, Paul Feig's I Am David is an earnest coming-ofage story about a young boy's escape from a 1950s European labor camp and his subsequent journey to secure freedom in Denmark. Shot on location in Bulgaria, I Am David charts the odyssey of David as he flees the concentration camp, hitches a ride on an Italian tomato freighter, and then uses his wits and courage to shrewdly sneak, stow and run his way to Switzerland in order to deliver a mysterious letter given to him by a benefactor.

Overall, the cast of I Am David never falters. In particular, British-born Ben Tibber, as David, carries the picture effectively with a kind of Dickensian earnestness in his eyes that speaks volumes,



even when he's not speaking at all. He unaffectedly conveys the fear and wariness of a boy whose life - whose world - has been one prolonged nightmare. And yet the world he encounters in his fragile freedom is, surprisingly, a generous place. David has never known life outside his labor camp prison. When the boy heads out into the proverbial woods, he encounters a variety of people who teach him what, for other children his age, would be basic life skills. People who help him on his odyssey.

True to Holm's book, David's journey has been stripped of its precise historical context, so although it's clearly the '50s, it's never completely clear why the boy is in a camp or who might be running the camp. Holm and director Paul Feig, project one boy's journey onto the screen as a timeless fable. It doesn't matter who the enemy is. The young protagonist's journey and his achievements along the way present a central message about courage, resilience and the inherent goodness of the world.



Like No Other Pianist

On Saturday March 11, pianist Lee Pui Ming will be performing at the Quadra Island Community Centre. Ms. Lee is as hard to describe as her music is to categorize. She is simply unique and phenomenal. Her music moulds piano and vocal into a gleeful avantgarde concoction that is all her own. Her style exudes an exhilarated and innocent freedom as she playfully dances upon the piano keys, strings, framework and octaves with energetic spontaneity, creating a glorious buzzing, tinkling repertoire of sounds. But Ms. Lee is also capable of great subtlety, creating shimmering hazes of harmony. One critic writes:"this was inventive, exploratory, crazy, fun and definitely different"

Lee Pui Ming was born in Hong Kong and started studying piano at age 3. At 20 she began music studies in the United States, acquiring a Bachelor, Masters and most of a Doctorate degree. During this time she discovered jazz. McCov Tyner and Herbie Hancock joined Prokofiev and Bartok in her galaxy of influences. As she grew musically, Ms. Lee decided she wanted to make her own music rather than reading the scores of others. In 1985 she began a new life in Toronto as a composer, teacher and performer. Here all the music in her head came together: the Chinese traditional and pop music she had heard growing up; the European classical music she had spent almost her entire life studying; and the jazz she had been listening to more and more often. In Canada she found the freedom and confidence to play on the keyboard what she felt in her heart. She now plays European, North American and Asian music from the most traditional to the most contemporary; music that is sometimes composed and often improvised; music that uses the voice, body and piano in unorthodox ways. Lee Pui Ming plays music of her own creation that is filtered through the mind, hands and voice of an uncommonly fearless artist determined to make her very own way in the musical world.

Recent festival performances include the Vancouver New Music Festival, the Guelph Jazz Festival, and the Canvas/Asian Heritage Festival. Ms. Lee has composed music for film, theatre and dance. She has toured her solo performances and collaborated with other musicians in concerts in Toronto, Winnipeg, and Edmonton. Her concert on Quadra is part of a tour of British Columbia towns and cities.

The concert will be held at the Quadra Island Community Centre at 8 p.m. on Saturday March 11. Advance tickets are \$17, available at the usual outlets: Quadra Crafts (Heriot Bay), Hummingbird Office and Art Supply (Quathiaski Cove), and The Music Plant (619-11th Ave, Campbell River. Tickets at the door are \$20. Youths under 16 admitted free when accompanied by an adult.

Legion News # 154

It Is Happenin' Here !

Free Pool, Shuffle Board, Darts Open 7 Days A Week, Sun - Thurs. 2:30p to 9:30pm Fri - Sat. 2:30pm to 1pm

Terrys Take Out

Meat Draw Every Saturday 5pm - 6:30pm

Thank youTo Quadra Chiropractic Clinic for the \$50.00 donation for the end of the month draw Feb. 25

Open Dart Tournament March 17 - 18 more info to follow.

We thank the community for all its support

Anyone with any Legion News please contact Charlotte Pfister 285-2838



arlena's

Salon



On the Big Island

Bocephus King & The Band of Doom

March 3rd – The Tidemark Theatre – Campbell River, B.C.

The Tidemark Theatre in Campbell River will showcase an unusual and rarely seen set from Bocephus King and his Band of Doom on Friday, March 3rd. Getting a chance to leave the gritty bar setting behind Bocephus King is planning something completely different from the usual fare. There will be entertainment but the focus will be placed on providing a musical show versus talking over the general alcohol induced fervour. If you are familiar with Bocephus King's work then this is a perfect opportunity to hear songs such as "Hours Before Light" and "Precious Things" which are not played as often as they should in live performances. If you are not familiar with Bocephus King and crew then this is the perfect first start. Whichever category you fall into we promise this is a show you don't want to miss.

Multiculturalism

In celebration of Multiculturalism Week, the Museum at Campbell River has partnered with the Campbell River Multicultural and Immigrant Services Association to present an afternoon at the Museum celebrating Multiculturalism. On Saturday, February 18, from 1pm 3:30 pm, come out to the Museum to explore multicultural activities for the whole family. Included in the day are dances by the Klamatoo Dancers and Filipino Dancers. A drumming workshop and a cedar bark weaving class will also be presented.

A display by the Campbell River Multicultural and Immigrant Services Association will provide details into the valuable work they do in Campbell River. Multiculturalism Week is a provincial initiative held the third week of February each year. There is no pre-registration necessary for this event. Just drop in. The admission is free. Come out and celebrate culture!

Over 2000 Voters Take Part in Sewer Referendums:

Royston and Union Bay Vote "Yes," Saratoga and Miracle Beach Vote "No"

The Regional District of Comox-Strathcona (RDCS) has released the unofficial vote count of the two sewer referendums held on February 4th in Royston/Union Bay and Saratoga Miracle Beach:

| Union Bay/ Royston | | Saratoga/ Miracle Beach |
|-----------------------|-----|----------------------------|
| YES | 759 | 349 |
| NO | 345 | 630 |

Bob Long, Chief Administrative Officer at the RDCS commented: "We are pleased to see democracy at work in the region.With such a strong voter turnout we feel people have given us clear direction. For Royston and Union Bay that direction is to move forward. In the case of Saratoga and Miracle Beach, we put away the sewer plan."

Scrutineers at each of the three voting locations reported early morning lineups before the doors opened at 8:00am, and a steady stream of voters during the day.

In Royston and Union Bay it was possible to review the results of Royston and Union Bay separately because there were two separate voting locations. The end result was nearly evenly matched: the referendum passed successfully in both Royston and Union Bay. (Additional information on voter turnouts and official results will be posted on www.rdcs.bc.ca

The next phase for the Royston and Union Bay project involves the RDCS submitting the official funding proposal and request to the provincial and federal governments. This proposal for two-thirds of the required costs will be submitted within days, explains Graeme Faris, general manager of operational services at the RDCS."Now that the people of Royston and Union Bay have said yes, we submit the grant request and begin commissioning detailed environmental studies for the area."

CR Dock Construction To Start

Marine Tender Awarded

The Campbell River Indian Band and the City of Campbell River announced today that the marine tender for the construction of the Campbell River cruise ship dock has been let to ACC-Hurlen Canada Ltd.

This is an important step in the creation of the cruise ship facility in Campbell River and will ensure that the dock will be ready when the Celebrity vessel, the Mercury, first lands on September 16, 2006.

The marine portion of the project involves the construction of a concrete floating deck structure with four massive mooring dolphins and four berthing dolphins, a trestle from the concrete floating dock to the foreshore extending out approximately 44 meters and the placement of \$1.6 million worth of pilings. The trestle will be covered and protected from the weather and the dock portion will float on the tides to allow it to accommodate the largest cruise ships on the west coast all the way down to 100 passenger pocket cruisers.

The ACC-Hurlen Canada Ltd. bid of \$10,184,588 reflects an increase in costs from the original estimates. The overall project for the marine works has increased by \$2.1 million over the budgeted amount.This is due to the escalating costs of getting B.C. ready for the 2010 Olympics as well as huge demands on the marine construction industry in B.C.

Costs have escalated by as much as 3% to 4% per month in 2005 and will continue to do so into the future. With the awarding of the tender for the marine works and the granting of the environmental permitting,ACCHurlen Canada Ltd. will begin construction within the next three weeks, with their aim to be completed by September 1st of this year. The City committed \$1 million as its share of the cost of this project and is contributing an additional \$500,000 this month.

VIHA Re-Issues Warning Businesses About Telemarketing Scheme

VICTORIA - The Vancouver Island Health Authority (VIHA) is warning area businesses to be aware of a telemarketing company that is soliciting donations for a children's activity book that is neither approved nor endorsed by VIHA and its local hospitals.

Recently businesses in the Campbell River area were contacted by telemarketers and asked to donate money to purchase the "Healing Hands Busy Book." The telemarketers claim sales will benefit children hospitalized at Campbell River and other hospital within the Vancouver Island Health Authority. VIHA does not support the campaign, as donations do not benefit the hospital, the health authority or patients.

Vancouver Island businesses were targeted by the same telemarketing campaign in October 2004 and again in the spring of 2005. VIHA has written to the "Healing Hands Busy Book" asking them to stop soliciting businesses for this purpose. VIHA also filed formal complaints with the Competition Bureau and the Business Practices Consumer Protection Authority.

The "Healing Hands Busy Book" company has previously targeted businesses in Prince Edward Island, Nova Scotia and the United States. In December 2003, the US Federal Trade Commission won an injunction preventing the company from making false claims regarding the marketing of any products or services for donation.

The Vancouver Island Health Authority is always grateful for donations to support legitimate hospital projects. Anyone wishing to make a donation to benefit hospital services should contact their local hospital foundation.

Museum at Campbell River Paleontology Talk

A South Pacific Vancouver Island? Yes! Vancouver Island is even more exotic than most could ever dream.

On Sunday, February 26, from 2pm ^ 3:30 pm, come to the Museum at Campbell River for a slideshow talk by Mike Trask of the Vancouver Island Paleontology Society. Entitled ŒHow To Build An Island In 400 Million Years Or Less,, Trask will present a fast paced narrative that chronicles the geological history of Vancouver Island.

Using images culled from over 25 years of exploring rocks and fossils, Trask paints a dramatic picture of an island in constant movement and change. Imagine a time in our distant past; 400 million years ago, before the days of the dinosaurs, the earth's major continents are wielded together into a giant macro-continent. Then as now, the earth is a restless place and somewhere out in the South Pacific a volcano gave birth to a new island. This landmass eventually grew to considerable size, large enough for us to give it the formal name, Wrangellia.

Well, as luck would have it, this exotic land wandered the South Pacific for a few hundred million years before migrating north to slam into ancestral British Columbia. We are very lucky though, for Wrangellia captured snap-shots during her long and sometimes tumultuous journey. The photos preserved and the stories read are held within the rocks and fossils found throughout Vancouver Island. The cost is \$6.00. Please pre-register with the Museum by February 25 at 287-3103.

For Kids, there is a Fossil Identification Workshop also on Saturday, February 26. The workshop will be held from 12:30 ^ 1:45 pm and is intended to introduce kids to the fascinating world of fossils. The cost is \$4.00 per child. Why not bring the kids for the workshop, then stay for Mike Trask's talk! Both events are part of this month's paleontology exhibit entitled ŒBC's Fabulous Fossils, presented by the Vancouver Island Paleontology Society and the Museum at Campbell River.

Fabulous Fossils on Show at the Museum

"B.C.'s Fabulous Fossils" are on display in the Museum at Campbell River, and fabulous they certainly are. This special exhibit by the Vancouver Island Paleontological Society gives us a glimpse of prehistoric life 75 million plus years ago. The fossils showcased range from shark teeth and vertebrae to a huge ammonite uncovered along the Inland Island Highway, to tiny crabs found at Shelter Point.

Fossils are remains, preserved in rocks, of life forms that inhabited our planet in ancient times. British Columbia holds an abundance of varied fossil types, representing much of the vast span of earth history. Unusual and unique fossils from BC reflect the great diversity of life forms and tell us much about the changing face of our planet through geological time. Fossils have an essential role in helping interpret the dramatic processes that have occurred on our planet over vast eons of time.

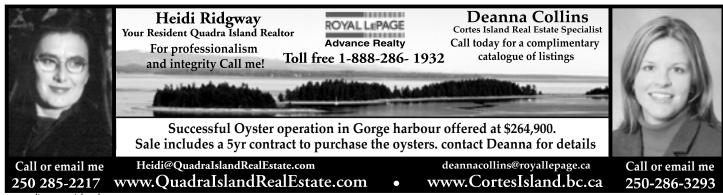
Surrounding the exhibit are paintings by members of the Vancouver Island Paleontology Club which impart a concept of the life forms and environment from which the fossils remain.

Most of the fossils exhibited were collected by VIPS club members in the region of Campbell River, Courtenay and coastal BC, but some of the fascinating specimens were acquired in far-flung corners of the world. One display case could be an art exhibit, with brightly coloured ammonites from Madagascar, a vibrant Placenticeras from the Cretacous age in Alberta, a preserved fish in what looks like a pottery plate from Wyoming and a dragonfly "tile" from the Jurassic age in Germany.

Throughout February, VIPS club members will be on hand Saturdays and Sundays from noon to 4 pm. They will answer questions, give informal tours and do fossil identification, and they are willing to provide tours for large groups between 1 pm and 2 pm. Anyone planning to bring a group is requested to phone 287-3103 in advance.

B.C.'s Fabulous Fossils can be seen at the Museum at Campbell River until mid-March. The Museum is open Tuesday through Sunday from noon to 5 pm. For further information, please phone 287-3103.





www.discoveryislander.ca

Discovery Islander #363 February 17th, 2006



Area J Regional Director's Report

February 12, 2006

by Jim Abram

have been trying to "organize" some of my computer files over the last few days, in my "spare time". It came to my attention that in the past three years I have written 45 Discovery Islander "Regional Director's Reports". Along with those there have also been numerous interviews with Tanya Storr in the same period. I think I am becoming obsessive with my reporting to you, the public. I really appreciate the opportunity provided to me by the Discovery Islander to try and keep everyone informed of Regional District (RD) issues. I guess if the reporting is excessive, you can just skip over the reports and go on to other items. I have gotten quite a bit of positive feedback concerning the grouping of topics with headings for each so that you can pick and choose what you read on first pass. So, I will continue to do that.

B.C. Ferries Public Meeting, etc.

This is my last opportunity to remind you to please show up for the public meeting on Saturday, February 18th at 3:00 pm at the Quadra Island Community Centre. This meeting is intended as an update for the community on all of the issues that relate to BCFS and to seek direction from the community on where you would like me, as your Director, and the Ferry Advisory Committee (FAC) to go from here in protesting the absolutely outrageous actions of our Ferry Service. You will be updated on the on-deck shelter; the one-minute ticket cut off time; the fare increases and fuel surcharges; and the elimination of the paper ticket books along with an imposed 90 day time limit on usage via a plastic card.

I will also update you on my dealings with a Vancouver law firm that will be filing a Human Rights Tribunal complaint for me as a representative of a class of people... that class being all those that cannot use the stairs to access the upstairs lounge.

Last but not least, community direction on a possible protest in Victoria will be sought. This will be the hot topic of the meeting, I am sure. If you agree that we need to do that, then we will need to organize for that action, just like we did in 1997 when the fares went up 45% in one crack. So come prepared to be creative. Creative protests are always the most successful!

You (Quadra and Cortes) should have all received a mail out flyer that I produced, in the past few days. Only those that have restrictions on their mail boxes will not have received the flyer. We did cover the islands with the same flyer on every available surface and I must thank all of the businesses that allowed us to put up flyers to help inform the public. Your assistance as a public service provider is much appreciated.

Tourism B.C. meeting

I had the pleasure of attending and participating at this meeting held on Quadra at Taku Resort. I was invited by the Chamber of Commerce. Tourism BC representatives and Tourism Association of Vancouver Island rep.led the workshop which was well attended by all sectors of the tourism industry and a representative from the woodlot owners.

It was an important step in developing a management plan for the industry on this island and for the area. Tourism is a huge economic driver in the islands and the Chamber of Commerce has taken a lead role in coordinating the efforts of the various operators here on the island. This will be a staged process and more information can be obtained by contacting Susan Wilson at the Chamber.

Tidal Energy proposal

The RD has received a proposal to produce electricity by means of tidal power at a location on the east side of Maude Island near the causeway. This has been in application form with the Province for some time as an investigative permit. It will now be a rezoning application and will go through the appropriate public process to assess the proposal. I have asked the proponent to hold, in addition to the necessary public hearing, a public meeting(s) to inform the public of the "before and after" effects on the area in question. So, you will be hearing more about this in the near future.

Regional District meetings

The meeting schedule at the RD has been brutal since the first of the year. In addition to all of the regular committee and Board meetings, we have also squeezed in an all day orientation session for all directors (since we have quite a few new directors), an all day Strategic Planning session, to "plot the course" for the RD over the next year at the higher level, a number of all day annual budget meetings to determine how funds will need to be spent in the next year, and numerous other "miscellaneous" meetings on various topics. The next month is even busier with more budget preparation and a number of forums in Vancouver and Victoria that I must attend. One of these will be the province wide Community to Community Forum (C2C) which I had the pleasure of initiating along with the First Nations Summit back in 1997 when I was on the Executive of the Union of BC Municipalities (UBCM). The Forum has continued since then and brings First Nation and local communities together to discuss common issues, goals and areas where they can work together cooperatively. The RD will also be hosting a Regional Community to Community Forum in the next month with local First Nations. This initiative was a spin off from the first C2C in 1997 and to date more than 50 of them have been held around the province.

Granite Bay Meeting

I had a wonderful meeting with the people that use the Granite Bay "wharf" on January 20th. We were able to come to agreement on all of the issues that needed to be resolved in order for the RD to proceed with any future maintenance of the area. I initiated the process to lease this area from the province a number of years ago for the purpose of keeping it in the public domain as an access point for all people that wish to explore and work in the areas to the north west. This is the only access point for this area (by road) and needs to be protected into the future as a community asset. The plans that were discussed will look very much like what we did on the Hoskyn Channel side of the island for the same reasons: access to the north east, being the outer islands and inlets. This too, is a community asset that must be protected into the future for the servicing and development of the sparsely populated remote areas and for the use and enjoyment of the people of Quadra Island.

Conclusion

I'll bet that is the heading you have been waiting for!....Before I close, I just want to thank all of you for the incredible support that you have shown to me in all of the work that I am trying to do on your behalf.Your support is what keeps me going.There are days at the Board or in meetings with the province that I really have to question my sanity.But the wonderful feeling that accompanies a successful conclusion to an issue, on your behalf, makes it all worth it. I am very pleased to work on your behalf and will continue to give it my best efforts, all of the time.

I think that is about it for now. So, as always, feel free to contact me at 285-3355 between 8:30 am and 7:00 pm, Monday through Friday (not on weekends, please!), or fax me at 285-3533 or email at abramfam@oberon.ark. com anytime. I look forward to hearing your feedback on any issues and to seeing you at the ferry meeting tomorrow.

Respectfully submitted,

Jim Abram

Director, Discovery Islands - Mainland Inlets, (Area J), RDCS

Tools of the Trade

Looking to escape into the backcountry this winter? Get the low-down...

Every Picture Tells a Story

lass: it has a myriad of uses! We look through it, drink from it, and professional framers like Susan Trayler of Coastal Reflections use it to enhance and preserve original works of art.

Susan got her start framing paintings for her husband, artist Steve Trayler. "I took a one-day course which provided me with a little hobby mat cutter. I used that to make mats for Steve."

Framing Steve's pictures helped Susan to develop her skills and she began to realize there could be a business opportunity in it. Once Susan decided to pursue the idea, she enrolled in the first of two courses she has taken at the Canadian Picture Framing School in Vancouver.

"The course taught me the mechanics of framing a picture. You start by securing the picture to a foam or board backing with non-abrasive linen tape. Over top you lay the matting, followed by conservation quality glass, and finally the frame, which holds it all together."

Susan realized that if she wanted to make a go of it she'd need to improve on her hobby cutter. After researching the market, she acquired a C+H Advantage G 60 mat board and glass cutter. This unit is wall mounted and can cut or score up to a 48 x 60 inch pane of glass or mat. Its solid steel design remains 'in square' indefinitely after initial set up.

The G 60 has a dual head with two blade holders, one for scoring glass and one for cutting board. Its Teflon-coated clamp/V rail assembly provides a stable cutting track while holding the board or glass firmly in place. Susan draws the blade down horizontally, scoring the glass or cutting the mat in line with the clamping bar.

Beyond the mechanics of framing, the key to effectively presenting a work of art is to select the right colour and dimensions of both the mat and the frame. The colour must complement the picture without competing with it. The objective is to draw your eye into the painting. As Susan points out, there is a great deal of scope for innovation.

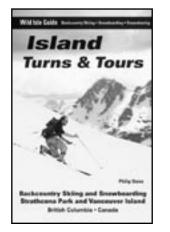
Photo above right - Susan Trayler of Coastal Reflections at work in her studio. Photo by Peter Park.



Comox-Strathcona

REGIONAL DISTRICT of

by Peter Park



Available at Quadra Crafts and Quadra Foods

NOTICE OF REQUEST FOR PROPOSALS

RESIDENTIAL REFUSE COLLECTION – CORTES ISLAND

The RDCS invites proposals from qualified firms for the provision of residential refuse collection from approximately 428 dwelling units on Cortes Island with the intent of entering into a contract for those services for a five year term.

The successful proponent will collect refuse once per week from each dwelling unit and transport the refuse collected to the Cortes Island Waste Management Centre and will be required to furnish all tools, equipment, labour, supervision, vehicles, fuels, lubricants, materials, and other supplies, permits, and services necessary for the execution and completion of the work.

Request for Proposal (RFP) documents, containing general information and instructions may be obtained at:

Regional District of Comox-Strathcona 600 Comox Road Courtenay, BC V9N 3P6 Phone: 250-334-6000 Fax: 250-334-4358

Proposals must be submitted according to the instructions in the RFP documents no later than 2:00pm Pacific Time on Friday, February 24, 2006. Late proposals will <u>not</u> be accepted.

Enquiries with respect to this request should be directed to:

Graeme Faris, General Manager of Operations Tel 250-334-6000 Fax 250-334-4358 Email <u>gfaris@rdcs.bc.ca</u>



Museum at Campbell River Historic Pub Crawl



What better way to celebrate Heritage Week 2006 (February 20-26) than with a Historic Pub Crawl offered by the Museum at Campbell River!

On Saturday, February 25 from 11am until 6 pm, the Museum is offering a unique way to investigate this year's Heritage Week theme "The Heritage of Cultural Places: Historic Places that Inspire, Inform and Entertain",. Within this context, what could be more 'cultural', than the local pub?

Four stops are planned for the afternoon. The group will begin in Cumberland at the Waverley Hotel, established in 1884 as a Temperance Boarding House. Next stop is the Lorne Hotel in Comox, the oldest pub on the tour, dating from 1867.

A stop is planned for the Courtenay House, established in 1885. The final stop will be the Fisherman,s Lodge in Black Creek, a former roadhouse built circa 1919. At each Pub the group will be provided with historic facts, mixed with local folklore. The Museum will be providing a van and designated driver that will leave from the Museum (11am) and return to the Museum (6 pm).

The cost for this pub tour is \$35.00. Preregistration is required as the group size is limited to 15 people. Please phone the Museum at Campbell River at 287-3103 by February 23. Heritage Week is a province wide celebration sponsored by the Heritage Society of British Columbia in cooperation with the Heritage Canada Foundation. Go to www. heritagebc.ca for more information. Raise a toast to local heritage!

Keeping BC Ferries Informed!

Just a reminder of the addresses to send letters regarding BC Ferries planned and recent service and fare changes.

By Canada Post

David Hahn President & CEO BC Ferries 1112 Fort St.Victoira BC V8V 4V2

Martin Crilly BC Ferries Commissioner Box 1497 Comox BC V9M 8A2

By Email

David.Hahn@bcferries.com martin.crilly@bcferrycommission. com

Jim Abram has also asked that people submitting letters send a copy of their letter to him at: Box 278 Quathiaski Cove BC VOP 1N0 or by email to: abramfam@oberon.ark.com

Open Mon.-Sat. 9 am - 9 pm Sunday 10 am - 8 pm

VISA

Specials from Fri. February 17-23 while quantities last

uadra Foods SPECIALS THIS WEEK

| Bakery | Pepsi or Diet Pepsi | \$1.69 | Kraft Dinner | 89¢ | Produce |
|---|--|------------------------------|--------------------------------|--------------------|---|
| Harvest Grain Baguette \$1.59 | Olympic Organ | 2L + deposit | Western Fam | 1.99 st | Red, Green or Black \$1.88 Seedless Grapes |
| Apple \$3.99 Pies \$3.99 | Yogurt | 7509 | Oatmeal | | Golden Ripe Pineapples \$3.48 |
| Paczki 4 \$2.99 | Western Fami Butter | ^{ly} \$3.49 4549 | Quaker Granola Bars | \$2.79 175-200g | B.C. Long English 98¢ Cucumbers |
| 5 flavours roa | Breyers Class | \$5.99 | Mr. Noodles | 4\$1.00 | Organic Carrots \$1.58 |
| Meat | So Nice | Hot Prices | Catelli | A1 99 | ALCONTRACT IN |
| Family pack Bone-in Buy One Get | Organic Soy Milk | \$1.99 | Egg Noodles | \$1.99 3409 | 🔪 Deli |
| Family pack Lean Ground \$2.39 Beef | Stoneyfield Organic Ice Crean | \$4.99 | Farkay Chow Mein Noodles | \$2.99 3979 | Turkey Farmer \$1.19 Sausage per 1009 |
| Family pack Bone-in Pork Chops \$2.99 his or tenderloin end | McCain Deep & Del | \$4.99 | Kikkoman Soy Sauce | \$3.99 595ml | Salami Sausage \$1.49 Organic Black Pitted \$1.49 |
| Outside \$3.4% | Cakes Western Far Cheddar | | Western Family 3 Flavour | | Olives per 100 |
| Beef Oven Roast | Cheddar | 600g | Gourmet Cat Food | ling | Smoked Gouda \$1.99 |
| Bulk | Churchel | V-un D | | | Turkey Breast \$1.49 |
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| Tootsie Roll 69¢ Midgets | Bone-in Pork Ch lean Ground Bee Boef Roast Pork Roast Pork Sausage | f 815 J | 3 lbs o \$99 .(| | |
| Wasabi \$1.29 Peas Peas | Top Sirloin Stee Stewing Beef Whole Frying Chin | sk 3 lb 3 lb | 4 7 7 = \$3.00 per | | S |
| | // | | 285-339 | 91 | uality |

www.discoveryislander.ca

Business Profile

by Tanya Storr

Audrey's Organic Produce

When asked what her favourite vegetable is,Audrey Neri did not hesitate: "Green beans! When I get a nice box of beans in, I think 'Yes! Everyone is going to like these."

Her favourite fruit was also easy to name: "Berries, any kind of berries."

Audrey's gusto for healthy eating is contagious. Operating her business, Audrey's Organic Produce, has familiarized her with the multitude of vegetables and fruit now available from organic producers.

Whether it's exotic fare like an orangered persimmon or the equally colourful but humbler carrot,Audrey speaks enthusiastically of the produce she brings to islanders.

Audrey's Organic Produce provides weekly delivery of fresh organic veggies and fruit. Customers can choose to have produce delivered every two weeks if they prefer.

I dropped by Audrey's home on a Saturday, when she was filling the sturdy plastic totes, or bins, that she delivers to customers' homes. Earlier that morning, her partner, James Eley, had met the truck containing their produce order in Campbell River.

"Look at these are gorgeous red peppers," she said, pausing to hold one aloft before adding it to a bin.

The bins are available in three sizes: family, single, or fruit only. Audrey and James are able to keep packaging to a minimum by reusing the bins.

They also offer warehouse sales of produce and other healthy grocery products at their home on Sundays.

Watching Audrey fill each bin according to the customer's wishes, I was impressed by her efficiency as she moved around the room.

"I tape a receipt to the bin listing any substitutions, so I can stay on track," she told me.

Audrey also gives herself verbal reminders as she works, such as:"Extra squash, ok; no carrots; extra tomatoes, got it!"

Each box of produce has two numbers jotted on the end: one is the quantity for family bins and one for singles. For example, a family bin might get two Ambercup squashes and a single bin one.



Audrey Neri filling a bin with tasty organic produce.

Photo by Tanya Storr.

Thanks to these helpful systems, Audrey can complete the task of filling two dozen or so bins in less than an hour and a half.

A double tier of shelves built by James has greatly improved the operation. The top shelf is slanted and supports the boxes of produce, allowingAudrey to lift veggies or fruit out easily as she moves along the row. The bottom shelf is flat and holds the bins.

"The shelves are so efficient. I'm very happy with them," she said.

James added that he was able to use recycled lumber for the most part when constructing the shelves.An open window keeps the basement room cool year round.

After filling the orders, either Audrey or James delivers the bins to their Quadra customers, sometimes with 5-year-old Lucien or 8-month-old Asher along for the ride. Residents from the south end up to Granite Bay look forward to the Saturday arrival of their fresh organic produce.

"People like the fact that it's all organic, high quality, tasty food. And they definitely like the convenience of the delivery service," Audrey noted. Audrey e-mails a list of the bin's contents and substitutions to her customers a few days ahead of delivery. She phones any customers who don't have e-mail. Customers can request up to three substitutions per bin.

"Some people like the surprise and just tell me to bring them whatever I've got. Others make substitutions or add extras depending on their needs."

Audrey came up with her business idea when she was trying to think of a way to work from home.

"I wanted to home school the kids. I also saw a need for an organic produce delivery service on Quadra," she recounted.

A third reason for starting the business was Audrey's desire to provide her family with healthy food.

"I wanted us to eat better and we do. I knew we wouldn't eat all organic otherwise. Lucien eats more fruit and veggies than ever now. He's always munching on a pear or an apple."

Audrey launched her business in March 2004, after getting some tips from a woman in Merville providing a similar service.

Audrey uses local, Quadra-grown produce whenever she can get it. The bins have contained Quadra garlic, salad greens, and fruit in season.

When ordering from her main supplier, Pro Organics in Vancouver, Audrey tries to prioritize BC-grown produce.

As well as organic produce, Audrey and James offer bulk foods and grocery items including organic peanut butter, basmati rice milk, and an environmentally friendly household cleaner.

They are pleased to have added organic dairy products to their inventory, kept in a commercial 2-door "reach-in" fridge in the produce room.

"Our warehouse sales on Sundays are really picking up," James said. "People enjoy coming here to buy produce and the other products."

Future plans for Audrey's Organic Produce include expanding the service to Campbell River and designing a website that customers can use to place their orders.

"I'd like to include tips on the best ways to store and ripen produce on the website, and provide the option of custom bins as well as the pre-made ones," Audrey said.

Meeting her customers and talking to them about food are what Audrey enjoys most about running the business. She also likes cooking with the veggies and fruits that add colour and flavour to her family's meals and those of her customers.

For more information on Audrey's Organic Produce, call 285-2114 or e-mail audreyneri@gicable.com Warehouse sales are offered Sundays from 9 am - 1 pm at 1370 Hooley Road.



Request for Expression of Interest

British Columbia Ferry Services Inc. is seeking expressions of interest from parties to provide a food and beverage and/or retail kiosk at its Northern Island and North Coast ferry terminals. The kiosk must be self-contained and supplied by the operator. A monthly rental fee will apply for the business opportunity.

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<u>Halliday's Viewpoint</u>

by Steven Halliday



ver the last few weeks we in the socalled "west" have been bombarded with news-stories regarding the

uproar in the so-called "east" over the publication of some cartoons. I'll confess immediately that I have not seen any of these cartoons, even though there is plenty of access them to them through the Internet, and, as of last week, to readers of the Western Standard, a not-uncontroversial news magazine published in Alberta. As I understand it, the cartoons are mocking in nature, and among other things depict the Islamic Prophet Muhammad as a terrorist. Since the initial publication of the cartoons in some European newspapers (and immediate reproduction in Islamic papers) the global Islamic community has been up in arms, with mass demonstrations and the destruction of the consular offices of several European countries located in the Middle East.

Being no student of theology I claim no special knowledge regarding Islam, or Buddhism, nor Christianity for that matter. According to the publicly available information I have read or seen, the greatest sin of the cartoonist's involved was to depict Muhammad - the context of the depiction is apparently irrelevant. In the immediate aftermath of the publication of the cartoon(s), editors were fired, cartoonists were blacklisted (and received death threats), politicians of all stripes were scrambling to spin the situation and the Muslim world screamed for...well, it's a little difficult to understand exactly what they sought. But there was no mistaking the rage they displayed.

A few weeks ago, a cartoonist for the *Washington Post* depicted a wounded US soldier laying in

The Rage

hospital. "Dr. Rumsfeld", who is commenting as he makes chart notes, "I'm listing your condition as "battle hardened", attends the cartoon soldier that is missing most of his appendages. To anyone paying any attention to the current situation vis-à-vis the US military, it's over-stretched tasking and it's boss, Donald Rumsfeld, the cartoon is amusing, albeit in a dark way. Many of the great cartoons in history are similarly darkly humorous - think of Ernie Pyle, the famous World War II cartoonist, whose sharp pen presented folks back home with a foot soldier's perspective of the war. He pulled no punches, and got so far on the bad side of General George Patton that Patton's boss General Dwight Eisenhower had to rein in and remind his inferior officer that they were fighting to defend the very freedoms that allowed Pyle's cartoons. That was in the 1940's. In 2006 however, no less than the entire Joint Chiefs of Staff of the US Military Machine issued a dunning letter to the editor of the Post. The Post then printed another cartoon by the offending artist Tom Toles, which was a completely blank panel, certified to be politically correct and inoffensive to all. It may have been the latter, but it wasn't funny, though of course Toles didn't mean it to be funny. He was making a point.

Editorial cartooning has been around almost as long as we have had newspapers. Dozens of cartoonists have been jailed, beaten up or expelled from their home countries for daring to caricature their leadership. The ability to "lampoon" our political masters is a cornerstone right of most civilised democracies, and in countries such as Canada, Britain, France and Italy cartoonists have produced works that in other countries would land them in jail. Instead, they have been lauded and applauded, as their audiences understand and appreciate them for what they are - humorists. For the past few decades, the USA held the title for producing the some of the best editorial/political humour, and probably had the most appreciative readership. But no more. The country that produced great political humorists such as Will Rogers and Mark Twain (Samuel Clements) and cartoon strips such as Doonesbury and Bloom County seems to have reached a stage in its evolution where such humour is regarded as intellectual hijinks at best, unpatriotic and treasonous at worst. This, to me, is symptomatic of some deep-rooted insecurity, and many politicians and societal elites have developed such thin skins that they will do everything in their power to muzzle the press. This, in spite of a constitutionally guaranteed free press and right to full freedom of expression.

But getting back to the issue at hand, the reaction of a great many of the world's Islamic population has been swift and scathing. In spite of the fact that the cartoons were not meant to be published in any predominately Islamic countries, the aggrieved took out their wrath on the property, products and people of the cartoons origins. Protests erupted even in countries where editors wisely decided not to reproduce the offending cartoons, such as the USA and Canada. The Prime Minister of Denmark was denounced for failing to apologize for the cartoons, even though no basis existed for an apology - Denmark itself was not at fault for their creation or publication. By way of contrast, however, I happened across a page of collected cartoons from middle eastern newspapers, and the depictions I saw of religious figures and activities other than Islamic was quite an eye-opener. Granted,

I saw no depictions of Christ, God, or Buddha, but the messages conveyed were definitively derisive and provocative. But they, to my knowledge, have produced no outraged reactions from religious folk who may feel targeted by their context. Not yet, anyway.

Maybe we all are becoming thin-skinned, as we seem to be morphing into a much less convivial society and this may be an inevitable result. Certainly the times are full of war and hatred and mistrust, and the political atmosphere is as fractious as its been in my lifetime, domestically and abroad. Religion has always been an emotionally charged subject, which is why most commentators shy away from it. Recent events bear out the wisdom of that choice. But the reaction to the cartoons seems to be the boiling over of emotions of a people that have been under one form of oppression or another for centuries, few of which have the luxury of a free press in any event. Therefore, their reading of the "western" press is that it is representative of the feelings of the masses, the same masses whose political masters interfere in their countries at minimum, and invade, bomb or occupy their countries at worst. In this context their rage is almost understandable, as they know no better. But the same cannot be said for politicos who take offence at being the subject of the cartoonist's pen. It comes with the territory in a democratic society. Presently in the Middle East, the pen is indeed mightier than the sword, mainly because the sword has been wielded there so frequently in the past, and many remain under its threat today. Some feel insulted, but many feel threatened. Hence the rage.

Classifieds



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2 - Stop by our office at 701 Cape Mudge Rd. anytime or at Hummingbird Art and Office Supply during their opening hours with your ad and \$10.00 (that's \$9.35 plus 65¢ gst) in cash or cheque (sorry no credit cards) for around 40 words. Longer ads are charged at \$10/column inch.

If the D.I. office is closed use the secure mail box by the door. Payment is required at time of submission please.

Ads may be faxed to 285-2236 or emailed to news@discoveryislands.ca with payment following a.s.a.p.

3 - Sit back and wait for the calls!!

Questions call 285-2234 or email address above

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170g

170g

Dozen

200g

/100g

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GROCERY

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Sun Rype 100% Juices 2 for \$3.00

Dr. Oetker **Ristorante Pizzas** 2 for \$10.00 325-390g

Kellogg's Mini Wheats \$3.68 640-725g

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\$2.98 5 Inch **Old Nippy \$1.48**

BAKERY

Dinner Rolls Oroweat **Sesame White** White or Bread Whole Wheat \$1.98 2 for \$5.00 680g Dozen Assorted **Chocolate Chip** Mini Strudel Cookies \$2.98 68¢ Each 6 Pack MEAT Farmer's Best Made Fresh In-Store Chorizo Sirloin Tip Sausage Roast \$3.98 \$8.77/kg \$2.78 \$6.13/kg Cut Up - Whole Lean **Frying Chicken Ground Beef** \$1.98_{lb} \$4.37/kg \$2.98_{lb} \$6.57/kg PRODUCE Chilean **BC Hothouse Large Peaches Red Peppers** 68¢_{lb} \$1.50/kg \$1.98 \$4.37/kg **Buck Brand** California **Navel Oranges Strawberries** 98¢ lb \$2.16/kg **\$4.98** 2 lb

Specials in effect February 19-25 while quantities last GROCERY POST OFFICE LIQUOR HOURS: SUN & THURS 8AM - 8PM . FRI & SAT 8AM - 9PM