

Discovery **Islander.ca**

Community News and Events from Quadra Island, Cortes Island and the Outer Discovery Islands



Notice of Public Hearing

Pursuant to Section 892 of the *Local Government Act*, notice is hereby given that a Public Hearing of the proposed bylaws:

BYLAW NO. 2858: "Quadra Island Zoning Bylaw, 1990, Amendment No. 78"

BYLAW NO. 2865: "Quadra Island Zoning Bylaw, 1990, Amendment Bylaw No. 79"

WILL BE HELD AT: Quadra Community Centre, 970 West Road, Quadra Island

ON: Thursday, February 16, 2006

COMMENCING AT: 7:30 p.m.

Bylaw No. 2858

An application has been submitted to amend the Quadra Island zoning bylaw to allow for the installation of private moorage facilities on land described as a portion of unsurveyed foreshore or Crown land covered by water being part of the bed of Crawford Anchorage, Erasmus Island, Range 1, Coast Land District (ILMB File No. 1412703). The applicant has applied to rezone the subject property from Access Two (AC-2), which does not allow for private moorage facilities, to Access One (AC-1) which does, to allow for access to their adjacent upland property as shown on the adjacent map.

Bylaw No. 2865

Quadra Island Harbour Authority has submitted an application to amend the Quadra Island zoning bylaw to permit administrative offices in the Marine Commercial One (MC-1) zone on land described as the filled portion of the foreshore of District Lot 1597, Sayward District, in Quathiaski Cove on Quadra Island

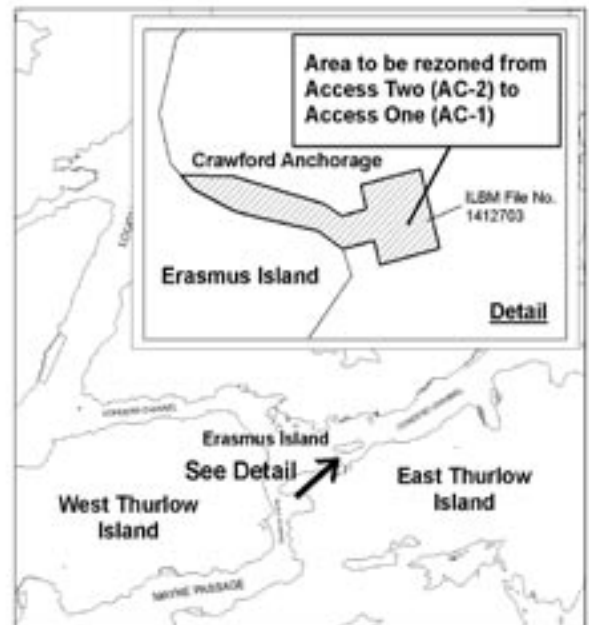
The intent and purpose of proposed Bylaw No. 2865 is to amend the Marine Commercial One (MC-1) zone to include marina facilities as a permitted principal use and delete "marina facilities" from permitted accessory uses. In addition, the definition of "marina" will be amended to include administrative office use and re-worded for clarity.

A copy of the proposed bylaws and related information may be inspected at the regional district offices, 600 Comox Road, Courtenay, BC between the hours of 8:30 a.m. and 4:30 p.m., Monday through Friday, from February 2, 2006 to February 16, 2006 (excluding holidays). In addition the proposed bylaws may be viewed on the regional district website at www.rdc.bc.ca.

At the public hearing all persons who deem their interest in property affected by the proposed bylaws will be afforded an opportunity to be heard on matters contained therein.

Please note that legal considerations prevent the regional district from considering any representations made after the close of the public hearing. If you cannot attend the public hearing, all written submissions (mailed or electronic) must be received by this office no later than 4:30 p.m., February 16, 2006.

Bylaw No. 2858





Island Calendar

Submit your event: eMail: news@discoveryislands.ca • fax: 285-2236 • drop-off: 701 Cape Mudge Rd.

The Regulars

- **Every Day** - Quadra Legion - Now Open at 2:30 p.m.
- **Every Monday** - Badminton, 7:30 Cape Mudge Hall
 - Smile Makers Kidz Klub - Mondays at 2:45 at the QI Bible Church
 - CST practice sessions Mondays at 6 p.m. Call Catriona: 285 2776
- **Every Tuesday** - Kalina Folkdancers -QCC, 7:30 to 9:30 pm, Sept.to Apr.
 - Sketching group at Firesign Studio 10 am-12:00 pm
 - Al-anon meeting, 7.30 pm at the Childrens Centre
- **Every Wednesday** -Yoga 9:30 am and 7:00 pm Community Centre
 - Community Lunch, noon
 - Badminton, 7:30 pm Cape Mudge Hall
- **Every Thursday** - Prayer Meeting, 7:00pm at Quadra Island Bible Church
 - adult climbing sessions on Quadra Vertical, 7 to 9 pm Q.C.C.
 - Life Drawing Firesign Studio 285-3390 7 - 9:30 pm
- **Every Friday** - Yoga 9:30 am and 4:00 pm Community Centre
 - Youth Q.I. Bible Church 7:30 - 9:30
 - Pool Tournament - Quadra Legion
 - Jam Session - Quadra Legion
- **Every Sunday** Bible Study all Ages - Quadra Island Bible Church 9:30 am
 - Sunday Service QI United Church 10:30
 - Family Worship Service 10:30am Quadra Island Bible Church
 - Clay Soldiers of Peace workshop at Claude Desjardin's 2 pm
 - Open climbing sessions on Quadra Vertical, 2 to 4pm Q.C.C.
 - Buddhist Meditation 10:00 am Upper Realm
- **1st and 3rd Wednesday** - Food Bank 1-2 Community Centre
- **3rd Sunday of Month** - Raw Food Pot Luck 5 - 7pm 285-3827
- **Last Saturday** - Bonus \$50 cash draw. Quadra Legion 6:30pm (members & guests welcome)

Next Deadline: Monday, February 13th 2006

Day by day

- February 4, Saturday**
- Big Tree Hike 10 am meet at 'Vic's Marsh' Village Bay Lake Rd.
 - Perri Sparks on portraits demonstrations 9 am-noon, classes 1-4 pm Firesign Studio 285-3390
- February 5, Sunday**
- Rev. Bert Ramsay 12 noon Q.I. United Church
 - Super Bowl Sunday 2 Big Screens Quadra Legion
- February 7, Tuesday**
- Watercolors with Dianne Bersea 1-4 pm Firesign Studio
 - World Religion's Course: "Islam" 7:30 pm Q.C.C.
- February 8, Wednesday**
- Free Money Distribution 11:40 am Q.C.C.
- February 10, Friday**
- Island Voices present Capilano College Singers 7:30 pm C.R. United Church 415 Pinecrest
 - Valentine's Dance 9 pm to 1 am Quadra Legion Band: "Bad Fish"
- February 11, Saturday**
- Valentine's "One Love" Dance 8:30 p.m. to 12:30 am Q.C.C.
- February 12, Sunday Geshe Yongdong on "Forgiveness" Upper Realm 11 a.m.
- February 13, Monday**
- Garden Club presents Christine North on Pruning 7pm Q.C.C.
- February 16, Thursday**
- Bob Marley documentary film 7 p.m. Q.C.C.
 - Lounge Revolution live dance grooves doors open at 7:30pm Yak Shack
- February 18, Saturday**
- Perri Sparks on portraits demonstrations 9 am-noon, classes 1-4 pm Firesign Studio 285-3390
 - "Jazz on the Island" 8 pm Q.I. United Church
- February 25, Saturday**
- Portrait class with Perri Sparks 1-4 pm Firesign Studio
- February 27, Monday**
- Quadra Community Association AGM and elections Q.C.C.

Island Calendar online: www.discoveryislands.ca/news

Island Calendar is a list of on island events. Please submit separately for the **Island Calendar** and **News & Events** or indicate in your submission if you would like your event placed in both. **Following the text order exactly as above for email submissions is appreciated** (month, date, day, title, place and time), use the title as your email subject. Current advertisers welcome to submit events but not-for-profit items will be given priority. Thank you.

Bob Harris M.A.
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On the cover



Quadra's Nick Lawrence at Mt Cain. photo: Philip Stone

Next deadline for the
Discovery
Islander

February 13th

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Submission Guidelines

Items for publication are welcomed on subjects of interest to the Discovery Islands community. Please help us by following these guidelines:

- Please print handwritten material clearly.
- Electronic items sent by email & must be saved as Word or rtf formats. Please spell check in Canadian English. Sorry no floppies.
- No MS Publisher, WordPerfect files or graphics in Word files please. Send imported graphics separately.
- Please use the title of the item as email subject & send multiple items in separate emails.
- Please don't send original irreplaceable material, make a trip to a copier first!!
- Please remember to caption & credit photos and artwork. Don't write on the back of photos use labels or Postits™.

While every effort is made to include all items submitted, errors and accidental omissions do occur and the Discovery Islander should be only one part of your publicity efforts.

Next Deadline

7 pm. Monday, February 13th

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Island Forum

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Editor,

The letter from Wayne Assal in issue #360 of Discovery Islander, states that the inevitable collapse of Canada will be found to be mainly due to the "population's loss of historical consciousness". My research shows that United Empire Loyalists, whose numbers included a high percentage of professionals, officials and officers, brought concepts of popular government and democracy to Canada, concepts quite different from those brought by immigrants coming directly from Britain. It may have happened that without their arrival and expectations, democracy of any sort in Canada might have been put off for some time. Those who settled along the St. Lawrence River, referred to as "Canadian Loyalists" were for the most part dissimilar to those who fled to the maritime provinces. By comparison they were predominantly uneducated frontier people and recent immigrants who were living in upper New York, some of whom were driven from their homes by unscrupulous neighbors who used the cause of the Revolution to steal their property. There resulted bitter fighting along the frontier and subsequently a long Loyalist hatred in the new province for anything American.

The British government created the Constitutional Act of 1791 to reward the uprooted Loyalists, thus satisfying the Loyalist preference for simple ownership of land and representational government, both previously denied by the Quebec Act. It is my guess that the Canadian Loyalists were not so much concerned with the "philosophical nature" of their relationship with America as they were with their desire to own land without the fear of invasion and takeover as well as the right to have a say in their governance.

I think all is not black and
www.discoveryislander.ca

white when considering our responsibility as citizens. Having been born an American, I was bathed by the culture into thinking that Americans are "just", and "true" and "defend democracy at all cost". But I gradually became aware of another side to the story which was incongruous with the accepted view as well as the Constitution. The American story is currently in a free fall which I predicted in my own mind long ago at the time I chose to emigrate. I felt that Canada did more to truly uphold peace and equality than the does the United States. Our decision to move to Canada was a philosophical one. We wanted to become Canadian citizens but it meant revoking U.S. citizenship. As we both still had family ties to the States we didn't feel free to do that. We participated in local government and kept ourselves attuned to Canadian politics and issues. As to using up the resources, I tend to think we have had enough to offer Canada to counter that or we wouldn't have been permitted to live here in the first place. Or, we might all ask the First Nations, who is using up the resources? Eventually the revoking of citizenship was deemed unconstitutional so we were free to become citizens. I vote now but there are still many Canadians who do not. If anything causes the "collapse" of Canada it will be people's assumption that a democracy runs itself.

The accusation that Mr. Assal makes about American born Canadians forming a "fifth column" is absurd. If the U.S. attacks Canada, God forbid, I wouldn't be surprised to see the expat Americans at the head of the resistance. I suspect as a loose group we would be the first to say that it is very important for Canadians to be concerned with U.S. policy. Sharing a border, we would be fools to think that

we will go unnoticed or that we will necessarily receive the same respect Canada generally shows the world. Ask Maher Arar if Canada should question U.S. policy.

I firmly believe that the real strength of a country devolves from the ability of each of its citizens to make moral and ethical judgements that enhance individual potential without harm to others. When this fails it is imperative to have a democratic system and just laws to rely on. But please don't try to tell me the best citizen is the "patriot". Too many patriots I have met are like religious fanatics believing that "the end justifies the means".

Elizabeth Anderson
Cortes Island

Click - back in our online poll

Should B.C. Lands and Assets free crown land (eg: by requisition out of T.F.L.) on Quadra and surrounding islands for affordable residential land for current B.C. residents with special incentives for young families?

Vote by logging on to
discoveryislander.ca

Yes No
read the results
next issue

See the results from
last issue's poll on page 6



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Dear Mr. Hahn,

It's not often we write to politicians or heads of corporations, but reading of the changes you propose to BC Ferries operations, particularly for local ferry routes, we're writing now!

We find it reprehensible that a corporation which has stated that customer service is a priority

would remove the deck shelter on the Quadra ferry. The hardship and discomfort this has caused to the elderly, the disabled, parents with young children and others is unacceptable. It is such cavalier action that rightfully causes resentment towards BC Ferries.

Equally deplorable is that you continue to gouge users of

QUADRA IMPRESSIONS

Beginning the New Year with a bang.

or

When is the power coming back on?

Christmas and New years are a fading memory.

I got to cook a Christmas dinner after all. In fact I helped stuff and cook several at the Christmas dinner held at the Legion this year. We had a great team under the direction of Al Bent. Thanks to all the people who peeled and cut and cooked and organized. When the first crew could no longer look at turkey, stuffing and gravy, a new team arrived to serve and do clean up. I understand that this dinner is provided for by an anonymous benefactor. We are grateful for your generosity. Everyone enjoyed their Christmas meal complete with all the fixings.

New years came and went. Over the holidays I noticed the tides were incredibly high, the highest I've seen them since I arrived. Winds blew and there were white caps in the bay leaving the shore littered with piles of logs and debris. The creek that runs past my cabin was swallowed by the ocean. Logs that had jammed the mouth of the creek and hadn't budged for months were finally washed away.

New Year's Day blew and before the evening descended I had a sense that one of the frequent winter power failures that I have heard so much about was at hand. I quickly unplugged all electronic devices, and lo and behold within minutes of doing so the hydro

went out. It was pretty exciting down by the ocean. My little cabin was being battered by wind and it sounded like huge limbs were falling down all around. I was ready to test my survival skills. I had stocked up on candles months ago upon the advice of my sister so I was okay there, or so I thought, but it seems that I had used them up trying to create some ambience on these dark nights and had only three tea lights left. My flashlight was just about out of battery power. Okay so I won't be doing any reading. What does one do during in a time like this? Conversation is good if you have someone to converse with. Well I just pulled the covers over my head and called it an early night expecting that I would wake up to the hum of the refrigerator. Hmmm no such luck.

I opened the door expecting to see a huge mess, but all I saw were small spruce branches littered across the lawn. No big limbs or trees down. Mother Nature was just stirring it up.

It took a full 24 hours before hydro was restored to Heriot Bay. All in all I made out pretty well. I missed the deadline for sending in my story, but no worry, no hurry, I seem to be integrating pretty well and I'm finding out, all about, being on Quadra Time.

Cheers. May the New Year bring you all you dare to dream.

Patti George

the local ferry routes for basic transportation. Local routes are quite different from the major routes from the mainland to the island. Yet it is these routes that are singled out for percentage fare and fuel surcharge increases double that of the major routes. This at a time when BC Ferries Corporation declared a profit of \$45 million last year (despite high fuel costs) and now receives another \$4.5 million due to reduced property taxes. Wanting to eliminate the frequent-user ticketbook system is also a cash grab. The present system works quite nicely yet your corporation can't leave well enough alone. Instituting the "stored value" debit fare cards with a 90-day expiry date is much more inconvenient than the present system and will breed more resentment as expired cards with money left on them become invalid.

A final comment about local ferry routes. We have found that the captain and crew of these vessels provide exemplary service. That the captain has discretion about things like waiting a few minutes to fill a ferry is appreciated and understood by residents. And even then, most of the sailings are on time! Equally appreciated by locals is not being subjected to the ticket sales cut-off times as on major routes. People on the smaller islands appreciate their ferry crews and the consideration they give to neighbours. There is no need to impose restrictions that can only cause service to decline and further increase resentment towards the corporation.

If your corporation is not just driven by the bottom line and truly does care about service to its customers, then it behooves you to listen to the Ferry Advisory Committees. Otherwise, you stand to lose what little good will remains towards a system that is increasingly viewed as hostile and uncaring.

Yours truly,

Walter E. Biegler

Linda I. Williams

Articles, letters and artwork are all welcome for publication under Island Forum

Opinions & endorsements expressed herein are those of the contributors and do not represent the views of the publishers.

If you would like to see an alternative point of view represented, submit something yourself. We reserve the right to edit for space and content.

Next deadline 7pm February 13th

Dear David Hahn,

I am writing in regard to the upcoming changes on our "highway to Quadra", our local BC Ferry.

I would ask you to reconsider the wisdom of the recent \$3 fare increase, proposed further fare increases, proposed replacement of our paper commuter paper tickets with plastic cards, proposed ticket booth closure one minute before sailings, and loss of the deck trailer for those who can't climb the stairs of the ship.

I am sure you have had many letters outlining all the problems these changes will cause for us, and I won't trouble you by repeating them all again.

These changes may be appropriate for large sailings to and from the mainland, but are inappropriate for our small ferry route, which seems to be working just fine. Even when the ferry is occasionally late, it is usually for good and justifiable reason, not because it is being held up by late arriving passengers or vehicles.

I have heard that the BC Ferry Corporation made a profit in the past year! I would ask you to use some of this profit to subsidize small runs such as ours, so that we can continue to enjoy our trips, so that we can still afford to travel this "highway", so that we can share our commuter tickets with our family members (remembering that you have our money in advance while we save tickets at home), so that we can still get aboard our ferry even if there is a line-up at the ticket booth, so that our seniors can remain independent and take themselves on foot to Campbell River, and so that when we board with a heavy load, we don't have to carry it up the stairs.

Yours truly,

Joyce Baker

To The Honourable George Abbott, BC Minister of Health:

After many long months of visits to laboratories and specialists in Campbell River, Victoria and Vancouver, from my home on Quadra Island, I was diagnosed with a very rare variant of multiple myeloma, an immune system disorder called primary amyloidosis. The result is that my bone marrow produces only very abnormal white blood cells that harm all of my organs. This disease kills about 80% of those afflicted within two years. Until late last year there was no known effective treatment.

A recent study in the U.S. showed promising results when amyloidosis patients were given a "tandem" bone marrow transplant, meaning that chemotherapy to kill the bone marrow is followed by a bone marrow transplant (called a rescue by the pros), and this is done twice in immediate succession. The risks of fatal infection or uncontrolled bleeding causing death are higher than with a typical bone marrow transplant, particularly because the procedure is repeated within a short time. My hematologist has decided that given my relative youth (51 years old) and early diagnosis, I am an excellent candidate for the treatment.

The BC government has put me on disability because I am unable to work. While it does not cover all the costs to feed my family and pay the bills, I am thankful for every penny I receive. All my travel for treatment has been free. Volunteer drivers and cars from the Freemason/Cancer Society program as well as free ferry passes have gotten me to appointments and for that I am truly grateful. The healthcare professionals I have seen have been extraordinary in their willingness to see me on short or no notice and have gone to extreme lengths to schedule tests, even if it

meant having staff work outside normal hours so that I might be spared waiting or travel. If not for these people and their Herculean efforts, I might well have succumbed before a diagnosis was made. Is there a problem with this story? There is. The people in the system work. The system itself does not.

While the doctors are more than willing to treat me, I have now been waiting for a bed in the VGH transplant unit since December 19, 2005. I am still number one on the transplant waiting list.

Who can I yell at? I have a totally disabling and deadly disease and everyone I have dealt with has been kind, professional and willing to do anything in their power to make me well. They cannot, however, find me a hospital bed. There are none available. So I wait. My transplant coordinator is so bothered by my suffering that in her twice-weekly call I hear in her voice the frustration I share, having to tell me I must wait still a little longer. The longer I wait, the sicker I get and the greater the risk I will die because of the procedure. I cannot even go home to see my wife and 7- and 9-year-old daughters on Quadra Island because I risk losing my spot if I am not able to go immediately to VGH once a bed comes free. Disability does not cover my extended family's costs for me to stay at their small three-bedroom home in Richmond. Thankfully, my sister and her family are very willing to care for me, but were it my choice, I would not so greatly inconvenience their lives or mine.

If I cannot get a hospital bed, I pity all those who are less sick than me. If they need to be admitted to a hospital for any non-emergency treatment they will certainly get a lot sicker before they get better. I personally am dying to get in and it does not seem to help.

Michael Windrim

Click - back

Results of last issue's online poll

Choose two priorities
in 2006 for BC Ferries
from the following list:

- More corporate profitability 2%
- Improving public consultation and accountability 12%
- More parking spaces for overload traffic 0
- More fuel efficient, higher capacity vessels 12%
- Better incentives/ price breaks for locals on inter-Island routes 23%
- Higher fares for tourist and commercial traffic 2%
- Investing 2005 profits in customer needs eg: deck shelter 21%
- Accelerated and increased privatization of ferry routes 0
- Eliminating paper from passenger fare transactions 2%
- Adopting a "Public Comes First" approach to business 26%

Results calculated as per
centage of total votes cast

See this issue's poll
question on page 6

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My Dad and I

Although my family lived in North Battleford, Saskatchewan my father (a self-employed journeyman carpenter) and I were living near Three Hills, Alberta for a summer, building and renovating houses. My father had to go where the work was and the economy was bad back home which is what brought us to this small prairie town.

My father had a strong work ethic, and a family of six kids to feed, so he worked six days a week year-round. Holidays were the break you took when you were injured or couldn't find work (needless to say there were few of those). That's why it was a real treat to just be taking a drive with my dad on a Sunday afternoon. Suddenly my father pulled to the side of the road and asked, "Do you want to drive?" I wasn't sure if he was kidding or what - after all I was only 14 and no licence. Once I got over the shock I had no choice but to except his offer.

My first experience of driving was interesting - to say the least. The good news is nobody was injured and damage to property was minimal. Just kidding. There were no other vehicles on the road and this was the prairies (the roads don't get any straighter). The drive was rather uneventful.

This experience was extra special for me for a few reasons. For one - my father rarely gave up control of anything. For him to allow me to drive his car was more than unexpected. Secondly, out of all my siblings I got to spend more time with my dad. Working that far from home meant the rest of the family saw him on occasional weekends - once every two or three months. I got to spend that entire summer working side by side with him - not to mention

all the other times we worked together. I guess that's where I got my love for carpentry. Lastly, six months after that summer my father came down with a disease that ate away at his body, stealing his pride and dignity over the course of a year. He died just after my 16th birthday.

That Sunday afternoon drive is one of my favorite memories of my father. When I think of that time I can't help but consider differences and similarities between my heavenly Father and my earthly one. Although my earthly father rarely gave up control of anything and only gave me the wheel of his car that one time, God allows me to make all the mistakes I am intent on making. If I want to take the wheel and steer my own life He'll let me - any time I want. But life's roads aren't as vacant or as straight as prairie roads. I've learned it's much safer to let Him do the driving.

I rarely saw my father, other than those opportunities I had to work with him. He never saw me get my license and I never drove with him again. But my heavenly Father is with me at all times and He has been there to see every major event in my life. He promises never to leave me or forsake me and so far in my life He has kept that promise. Sure, there have been times when I wondered, and I may not always recognize His presence, but He is always there. When I fool myself into believing I can handle life on my own, that I am master of my own life (and inevitably get myself into trouble), He is there to take the wheel and get me back on the right road again. Drive on Dad! I'm happy to watch the scenery along the way.

Roy Zimmerman



Thank-you

Quadra Foods and Heriot Bay Store for donating the supplies for our annual polar bear swim. Every year we give out free hot dogs and hot chocolate on January 1st. A great way to start the year. This was our 10th year and we look forward to it each time. Also a huge thank-you to our husbands for all of their help.

See you next year,
Mava and Sally

Dear Editor,

Let's hear it, all together now, "We're Number 4, we're number 4", that's right, we traded a potential cabinet minister for a member of the 4th party. While Ms. Bell may be a great person she cannot promote and care for the North Island constituency in the same manner as would a cabinet minister or indeed a member of the governing party.

It was not that long ago our province was FIRST in economy, only to be reduced to LAST, (with the change of our provincial government we are now back on top or very close), is this what we want for Vancouver Island or indeed the North Island constituency?

As a columnist noted "how could anyone vote against a cut in GST, a guaranteed shortened wait time for hospital services or a \$1200 a year child care benefit, unless they are a member of the walking dead?"

While I believe the Harper government will fulfill all election promises made within the confines of a minority government I do not think the upgrading of our forces base or other North Island advantages will be at the top of the governments must do, will do list

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News and Events

Submit your event: eMail: news@discoveryislands.ca • fax: 285-2236 • drop-off: 701 Cape Mudge Rd.

Join the Lounge Revolution

Lounge Revolution presents...
-An evening of live dance grooves
February 16, Thursday doors open at 7:30pm at the Yak Shack!

Public Notice HBI Marine Fuel Service:

The Heriot Bay Inn will be offering reduced fuel services beginning in the New Year, until further notice (in the spring). The fuel dock will be open Mondays, Tuesday, Thursdays and Saturdays from 10 to 4 pm.

Island Voices

Friday February 10

Island Voices Chamber Choir presents "THE SPICE OF LIFE" with CAPILANO COLLEGE SINGERS at 7:30 pm, Campbell River United Church, 415 Pinecrest Street. Adults & Seniors \$12,

*** Students & Members of any other choirs \$5.

Tickets at CR Visitor Info Centre and Apple Seed Cottage.

Like To Sing?

Acapella singing for all voices; everyone welcome! For those who love to sing and those who think that they can't come and join this weekly gathering of harmony and joy. Quadra Community Centre Mondays 3-4:30 pm Jan 9 - April 30 \$98 for 14 sessions.

2006 Events Calendar

Now's the time to submit your event details for inclusion in the 2006 Guide to the Discovery Islands and for promotion by the Chamber of Commerce and other promotional vehicles. Fax your item to 285-2236 or email info@quadraisland.ca

Paint Your Winter Blues Away

Firesign Studio has two wonderful artists coming to instruct in February. Tuesday February 7: Dianne Bersea will teach watercolour basics 1-4 PM. On Saturdays: "Steps to a Likeness" - portraits in pastel and oils with Perri Sparks.. Call Nanci 285-3390

Aerobics Starts Again !

Enjoy a refreshing, complete body work-out at Marion's aerobics. Experience floor work, strength training and stretching to the beat of great musik.

Get in shape for the spring. Everybody is welcome. Class is suitable for beginners.

Tuesdays and Thursdays, from 10-11 a.m. at the Community Centre. Drop off kids at 'Parents and Tots', babysitting available. Starting February 3.

Costs are \$32/8 classes or \$5 drop in.

Call Marion for more information at 285 2895

Kayaks Missing

2 double (green & yellow) and 1 single plastic (red) lost in one of the recent storms. Please call Spirit of the West at 285-2121 if you know of any where abouts.

Cancer Study Continues

Amped on Nutrition is still involved in a cancer study on Quadra Island. Please if you or any member of your family has now or has previously had cancer while living on Quadra Island you qualify for the study. This is a long term project which will probably take 5 years to complete.

Amped is taking information on cancer cases and mapping the occurrences on Quadra. We are working together with the Cape Mudge Band which is now in the process of testing for cancer causing agents in the air. In trying to identify the source they are working with an environmental consultant Michael Gordon from Vancouver.

In addition Dr. David Martin of Health Canada is in the process of matching postal codes with cancer on the south end of Quadra. We need to know your postal code as part of our information gathering.

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Bob Marley's 60th Birthday

Come celebrate Bob Marley's birthday with a documentary movie about Bob and his music. Coming from the "One Love" Valentine's Day dance at the Quadra Community Centre, we now have the opportunity to hear & see Bob perform & give interviews for free at the very same Quadra Community Centre.

This is Bob's official birthday, so come on down and see the flick at 7 p.m. on Thursday night, February 16th, 2006 in room #1. The title of the video is "The Bob Marley Story: Caribbean Nights". The songs performed include "No Woman, No Cry" "War" "Jammin'" "Redemption Song" "Trenchtown Rock" and many others. See you there. Call Steve at 285-3323 for more info.

Valentine's Day Dance Valentine's Day is the holiday that celebrates Love. Not just Love for special friends or lovers but Love for everyone. "One Love" is what Bob Marley would say! So bring you beloved body to a "One Love" Valentine's Day Dance at the Quadra Community Centre. We are also celebrating Bob Marley's 60th birthday with a free piece of birthday cake for everyone in attendance. Shirley Locks and the four bears will play Bob Marley's favorite tunes and a special song especially written for Bob's 60th Birthday.

Come put a "Little Love in your Heart" with some sweet reggae music with Shirley Locks and the four bears being Matt on sax, Dave on organ, David on bass, Steve on drums, George on sound, Tony on Lights & Shirley singing her heart out & Jah will be ever present everywhere!!

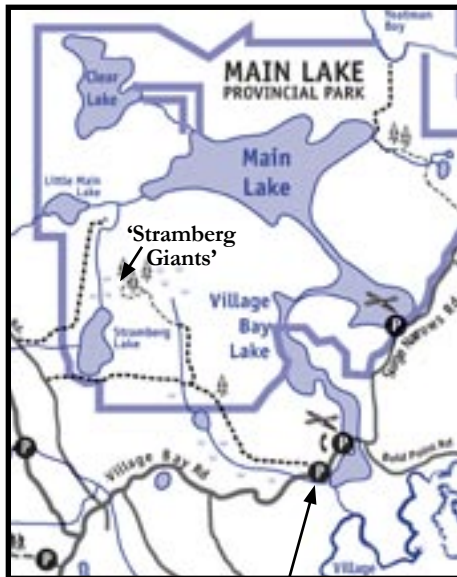
The "One Love" Valentine's Day dance is on Saturday, February 11, 2006 at the Quadra Community Centre from 8:30 p.m. to 12:30 p.m. Tickets are only \$10 at the door for adults, \$5 for teens and children 12 & under are free. Elena is also providing magical Mexican food. Call Steve at 285-3323 for more info.

Big Tree Walk

If you'd like to visit the big trees featured on last issue's cover (there are a number of Douglas Fir and Cedar over 12 ft in circumference and the largest is 17 ft or 5.5 m around!) why not join an informal walk through Main Lake Provincial Park to the 'Stramberg Giants' on Saturday, February 4.

Meet at the 'Vic's Marsh' parking pullout on Village Bay Lake Rd. at 10:00 am (you can't miss it, on the left immediately as you reach the lake ~500m before the bridge, see map below). Be prepared for a 3-4+ hour round trip hike. There are a pair of large fir less than halfway as well if you can't make the full hike for any reason.

Gum boots or good hiking boots recommended as well as a waterproof jacket and even an umbrella if the forecast is for rain. Bring a lunch and snacks. All ages welcome kids will love this mostly flat hike mostly on old logging grades, there's lots to see en route: old homestead, beaver dams, wetlands, maturing second growth forest, meandering creeks and of course the big trees at the end of the line where there is a short loop to walk around the small marsh which is home to the old trees. Rain or shine! A good opportunity to chat with others about the role of, concerns for, and plans within our 'new' provincial parks.



Meet here at 10 am
Sat. Feb. 4th

Legion News

WE ARE OPEN every day at 2:30 p.m. Sun.-Thurs. we close at 9:30 p.m. Fri. & Sat. closing is still 1:00 a.m. All members & guests are welcome to come & enjoy our hospitality & the good food from Terry's Takeout.

IT'S SUPER BOWL at the Legion- Sun. Feb. 5. We'll have not one, but two big screens for your viewing pleasure. Round up your family & friends & bring them along to our Super Bowl party.

VALENTINE'S DANCE - Fri. Feb. 10. Bring your sweetie & boogie the night away to the music of your favourite band - "Bad Fish".

HEARTFELT THANKS go to our Ladies Auxiliary for their recent generous donation of \$1,000.00 to the Quadra Legion. Our executive & members are very appreciative of the hard working efforts & dedication of these great gals. Take a bow, ladies - you deserve it!

WE ALSO THANK Melary Towing who sponsored our January \$50 cash draw. Next cash draw will be Sat. Feb. 25 courtesy of the Quadra Chiropractic Clinic.

CONGRATULATIONS to Quadra Elementary School student Sonia Martin. Sonia had two entries in the Legion's National Remembrance Day Poster & Literary Contest. Her black & white poster & her essay both placed first in their categories at Branch level & both also placed second at Zone level. Well done, Sonia!

ALSO CONGRATS to our Quadra Legion Darts players who made a clean sweep of the Legion Zone Darts. Ken Binnersley, Ken McGuffie, Rick Maddison & Steve Mitchell will be representing our Zone at the Legion Provincial Darts playdowns April 7-9 at Langley Branch #21. "Good darts", guys!

MEAT DRAWS are held at the Legion every Sat. Four new draws every half hour beginning at 5:00 p.m. Four prizes each draw - plus a final "loser's" draw - plus a pull-tab draw - plus free tickets for the monthly \$50 bonus draw. Our gaming proceeds go to assist eligible local organizations. So come to our meat draws & help us to help our Quadra community.

PERSONAL THANKS from this writer are extended to Charlotte Pfister who will be taking over this column. If any of our members have an item of interest, please phone Charlotte at 285-2838 or E-mail her at <mailto:simplyred7777@hotmail.com>simplyred7777@hotmail.com.

So long, folks - it's been fun!

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Quadrathon and Kids for Kids With Cancer

The next general meeting of the Quadra Island Cycling Club will be on January 30th, 7 pm, at the Yak Shack. We will be discussing this years Quadrathon and Kids for Kids With Cancer Mini Adventure Race. This year, both these fantastic events will be on the April 29-30 weekend. Quicc is helping to organize this, but we need your help to make them successful again. Come out to this months meeting with your ideas and find out how you can help and have lots of fun! Phone Jack at 285-3939 for info.

Harbour Authority Scholarship Opportunity

The Harbour Authority Association of BC (HAABC) is offering a \$500.00 academic scholarship to any graduating high school student, any person intending to enroll in post secondary education or current post secondary attendee who is considering/planning a career in Marine Education or harbour operations and development.

The HAABC offers this scholarship in memory of Dick Maughn, in recognition of his contributions to the implementation and success of the HAABC

The mandate of the HAABC is to establish communication between Harbour Authorities, foster a good working relationship and exchange information and network.

Applications for the "Dick Maughn Memorial Marine Education Scholarship Fund" are available at both harbour offices. Applications are also available online at the HAABC website. The deadline is March 31, 2006. The scholarship award will be announced no later than April 15, 2006. Applicants should be aware that they are competing with others from all regions on the BC coast. For more information contact Paul Ryan at 285-3622 or 285-3555 or qiha@island.net.

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Jazz on the Island

Come on out and listen to local jazz musicians play at Cape Mudge. Vocalist Alayna Howard will be backed by Gordon James (right) on sax and Judy O'Dell on keyboard. Take this opportunity to hear Alayna Howard sing. She is a grade 10 student from Carihi with a strong interest in jazz and plans to study music later. People who have heard her are astonished at the quality of her voice. She has been studying with Judy O'Dell for 7 years as has Kaydee Sutherland who will also be singing. Kaydee is a featured singer with the Carihi Stage Band. Also playing will be Alec James who will sing and play guitar accompanied by Gordon James on sax. Jazz on the Island is a concert sponsored by Quadra Island United Church and will take place on Saturday, February 18 at 8pm. Tickets can be purchased at the Upper Realm. Call 285-2626 for more details.

Geshe YongDong

Geshe YongDong is coming to Quadra Island to speak on "The Healing Art of Forgiveness." Being able to forgive ourselves and others is one of the greatest gifts of spiritual life and one of the more important practices we can do in this life. This teaching is designed to help you experience and work through the emotional suffering of resentment or anger and to begin the process of practicing forgiveness.

Geshe YongDong will share his knowledge and experience of the three stages of genuine forgiveness and will guide students in several exercises and forgiveness meditation practices.

The teaching session will be held at the Upper Realm on Sunday, February 12th from 11 a.m. to 1 p.m. Folks from Campbell River can take the 10:30 a.m. ferry. Folks from Cortes can take the 9:50 a.m. ferry from Cortes. Call Steve at 285-3323 so we can arrange to pick you up when the ferry docks. Return rides also available.



Trails Committee News

As we begin another year of trail maintenance, I would like to thank all the volunteers who have contributed so many hours of their time, keeping Quadra's hiking trails open for public use. This year we hope to re-build some ageing bridges on the Morte Lake, Shellalligan and Chinese Mtn. Trails, start work on the new trail to Surge Narrows Provincial Park, as well as routine annual maintenance on all trails. New volunteers are always needed to help with our many projects. If you are able to contribute and would like to be part of our volunteer team, please phone Judy or Richard at 285-2922.

This spring the second addition of the Quadra Island Hiking Trails map will be available at local stores, with three new trails for all to enjoy. All the proceeds from the sale of this map provide the Trails Committee with the necessary funding for tools, supplies and materials. So please support us by buying the map for yourselves and your visitors this summer.

I would like to extend a special thank you to Susan Wilson & Joyce Elliott from Quadra Island Vacation Rentals for their very generous cash donation, and to Steven Swanson and Quadrate Ventures for transporting a large supply of recently milled fir.

Album Review

Mr. Completely - Twice on Sundays

Those of you from Cortes Island might remember vocalist, guitarist Jamie Robertson from his years working on the Cortes ferry. Quadra Island residents in their early 40's may recall bassist Goerge Milatinovic from Carihi School. Together along with guitarist Richard Spencer and drummer Rod Campbell they make up: Mr. Completely, Campbell River's hottest rock and roll band. Formerly known as 'Month of Sundays', Mr. C. have just released their first CD titled 'Twice on Sundays'. Here's a review -

The CD opens with 'Never See You Again' a straight forward rocker with Eagles-like harmonies. It's followed by the first single 'Walk Away' complete with some beautiful Spanish guitar. The album then plows into the bluesy 'Let Me Know' with Jamie working his vocal pipes to the fullest.

The next tunes are all slated for single release; 'Without Warning' is an up-tempo ballad dedicated to families of missing women everywhere. 'Before Too Long' is a bitter sweet love song while 'Runaway Little Girl' is a pop-rocker with a singalong chorus. The Richard Spencer penned and sang 'Courteously' is next with its new-wavy Beatles sound. This one is a little different from the rest of the disc. The following three numbers: 'Rich Man, Poor Man', 'Never Be The One' and 'Don't Try To Stop Me' are all straightup classic southern rock style bringing to mind Skynyrd or ZZ Top.

The group then rips into a rockin' version of the Animals classic 'House of the Rising Sun' before closing the set out with the haunting 'Into Your Eyes' which features some blistering guitar work.

Pick up your copy of 'twice on Sundays' at CD Plus, Music Plant and the Musicians Trading Post in Campbell River.

Be sure to catch Mr. Completely's CD release party Saturday February 4 at the Voodoo Lounge. Doors open at 8 pm and there's no cover. So come out and support some local rock and roll.

**Office Hours:**

Monday 1-6 pm Wednesday, Friday 9-6 pm

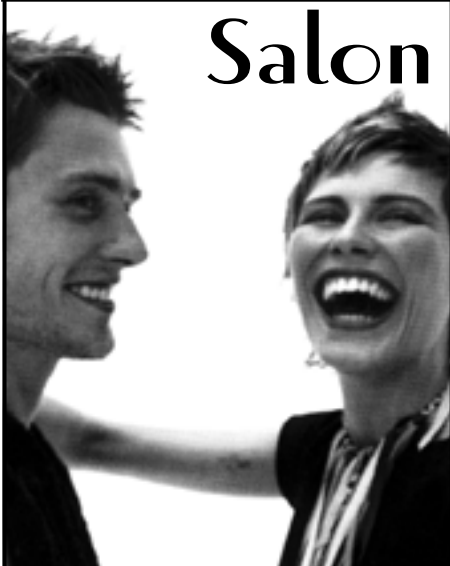
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World Religions

Part Two

There is a 5 week introduction to World Religions course being offered by the Quadra School of Philosophy. The text is Huston Smith's "The World's Religions." Part Two will discuss the last four chapters of the book, which includes Islam, Judaism, Christianity, and the primal religions. Those who have missed Part One are welcome to attend. The required test costs \$23.50 but the course, itself, is free. Voluntary donations are accepted for room rental. It's on Tuesdays at 7:30 p.m., starting on February 7th and ending on March 7th in room 2. Ray Grigg and Steve Moore will be course facilitators. Call Steve at 285-3323 for more info.

February at Firesign Art Studio

There are just a couple of spaces open in watercolour class with Dianne Bersea from 1-4 PM Tuesday Feb 7.

We are lucky that Perri Sparks has moved to Quadra from Dallas. She is a portrait artist and medical illustrator and will demonstrate and teach how to create likenesses in oil and pastel with a live model each Saturday at Firesign in February. Demos 9 AM-noon open to any interested, 4 classes 1-4 PM please call Nanci to register at 285-3390 or check the website at www.firesignartanddesign.com to see details and the new 2006 workshop calendar. There are just a couple of spaces open in watercolour class with Dianne Bersea from 1-4 PM Tuesday Feb 7. Sketching group: drop-in \$3 Tuesdays 10-noon; Life drawing: drop-in \$10 Thursdays 7-9 PM

Fine Arts Focus at Quadra Elementary involves our community!

Quadra Elementary School has been pretty busy. After a nice break for the holidays we are back at work and having fun too. The school has spent the month of January focusing on fine arts as part of our school focus. On January 12th we were fortunate to have some local artists share their talents with us -- James Almond, Brad Assu, Brent Henry, Fred Herbert, Bridget Walshe, Helen Moats and Chris Rose helped kick off this focus on the Arts, showing the students their art. An animation workshop by Dave Coad grabbed student's attention. A Fine Arts Gallery will be set up for all parents and families to come and view from Feb. 21-23rd (call the school for specific viewing times). On Feb. 8th at 1:00, a performance by Jambaya Marimba will entertain us.

An Arts Club has also started, thanks to the hard work and dedication of Andrea Blaseckie and Luise Grav, Kaz Jones, Claude Desjardins, Maru Jolar, Leslie Matthews, Bridget Walshe and Brigit Nelson. Donations of art supplies or dollars to buy more would be welcome.

School Trustee Helen Moats attended our most recent PAC meeting. Helen told us about her background in education and passion for learning. We were pleased to hear what Helen had to say, and are looking forward to showing off for the rest of the trustees in the future.

Another focus at Quadra Elementary is Global Social Responsibility. The children have been busy learning about that as well -- the Terry Fox Run, collecting food for the food bank & Cystic Fibrosis Bowling for Breath.

As you can see the community of Quadra Island is deeply involved with our children and we thank you for it. Look for more updates about our wonderful school in future Discovery Islanders.



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Quadra Island Garden Club

It is the season for pruning trees and shrubs and a well-timed topic for the February Garden Club meeting. We are very fortunate to have an expert in plants, garden design and maintenance, Christine North from Gardens of Distinction in Weybridge England, as guest speaker on Feb. 13th, 7pm. With horticultural training and more than 20 years experience, she has designed gardens for the Chelsea Flower Show, and has won awards at both the Hampton Court Flower Show and the Prince's Trust Garden. We are very fortunate to have such a qualified instructor discuss how to look after our February garden. She will show us the practical skills of pruning wisteria, roses, fruit trees, larger shrubs and trees. Christine is a specialist lecturer on a tour of Vancouver Island, and we are looking forward to welcoming her on Quadra. Her web page is at www.gardensofdistinction.co.uk

We are seeing signs of Spring this week. The snowdrops have been open for awhile, winter aconite is showing its bright yellow flowers, the hellebores are in bloom, my anemone and crocus are budded and waiting for the sun and warm temperatures - soon!! When the weather allows us to spend time in our gardens pruning and tidying up the winter debris we could divide plants for the perennial table - it is not too early. Does anyone have a daffodil flower to show off to the club? It is your turn perhaps, to bring a small bouquet to share with the group. Donate the magazines you have just finished reading, while we still have time to sit around on rainy days. Drop ins welcome \$2 at the door or buy a membership \$10 annually. Quadra Community Centre.

Request for Expression of Interest

British Columbia Ferry Services Inc. is seeking expressions of interest from parties to provide a food and beverage and/or retail kiosk at its Northern Island and North Coast ferry terminals. The kiosk must be self-contained and supplied by the operator. A monthly rental fee will apply for the business opportunity.

For more information please visit our website at http://www.bcferries.com/business_opportunities

BCFerries

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Photographer at Epiphany Gallery

Quadra resident, Peter Tolman, is exhibiting his photographs at the Epiphany Art Gallery in the Upper Realm at Quathiaski Cove. This show features an impressive array of photographs taken mostly in Japan and South East Asia when Peter was teaching ESL courses in Japan last year. The photographs are very interesting and depict rural scenes as well as amazing glimpses of the people of the land. Peter is truly a talented photographer and you can meet him this Saturday, February 4, between 12 and 2 at the Epiphany Gallery. Call 285-2626 for more information.



Quadra Island Quilt and Garden Tour 2006

The snowdrops are in bloom, the deer are eating the new crocus leaves as fast as they grow, and the daffodils are poking through the ground. Spring is on the way with summer and the 2006 Quilt and Garden Tour coming into view. This year the tour is on June 17 and 18 and we would love to have some Quadra Islanders volunteer their gardens. Your garden is not ready, you say. A garden is never ready. It will always be perfect next year. You may know what needs still to be done. You can imagine its potential in 5 or 10 years.

Visitors to your garden will see it through different eyes and enjoy it all. Being on the Quilt and Garden Tour is really a very pleasant experience and it is a great way to get all those garden projects that are half finished actually finished. If you have been contemplating volunteering your garden for the tour, or just want to know what is involved, let us know. All types of gardens are welcome from tiny flower gardens to large vegetable gardens. We would love to hear from you all. All funds raised go to the Quadra Island Recreation Society and the Quadra Quilt Guild.

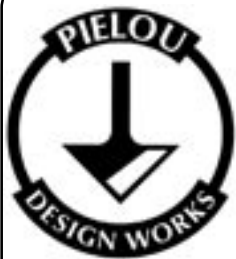
For more information or to volunteer your garden, contact any member of the Quilt and Garden Tour Committee 2006: Bev Barclay, Anne Doolittle, Shirley Duncan, Susan Enns, Eileen Mackay, Elaine McQuade.

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Friday Flicks – Stage Beauty



February 10th, Q.C.C. Adm: \$4.50, student/snr \$3.50. Doors 7:30 – Showtime 7:45

Stage Beauty is a coarse-grained movie set in the 1660's of Restoration London, just after Charles II took the throne. Charles had no taste whatsoever for the Puritanism that preceded his reign and immediately reopened the theatres, which still featured men in all the female roles. Billy Crudup, with a slender waist, long lashes, and a bit of a flirtatious pucker, is Ned Kynaston, the reigning Desdemona, Ophelia, and Juliet of the day. The men in the audience, many of them wearing wigs and barrel bloomers (they're almost in drag themselves), go mad for Kynaston, and the women are titillated and entertained. Then Charles, at the urging of his mistress, decides that men may no longer play women, and Kynaston is out of a job.

Stage Beauty is an enjoyably bawdy romantic comedy that's "more theatrical than an Elton John party, and only slightly less camp." When it's concentrating on delivering laughs, *Stage Beauty* is a thing of ribald beauty. Richard Griffiths commits grand larceny as a powdered knight, and Crudup provides far tastier mince than your local butcher. Almost as funny - and far more surprising - is Rupert Everett's foppish Charles II. The most memorable scene may be when Kynaston teaches Maria the dynamics of the death scene in *Othello* from both male and female perspectives.

The tale is intriguing and the script is erudite. British stage director turned filmmaker Richard Eyre seems ready to enlighten and entertain, even as he targets the deeper emotions of the characters. *Stage Beauty*'s dissection of gender, fame, and power--and where they meet with a whoosh--is never less than fascinating.

Lego Day! at the Museum at Campbell River

Get ready Campbell River because 2006 is here and the Museum at Campbell River is starting another exciting season of programming! And what better way to begin a new year than with a Lego Day! If you haven't experienced a Lego Day at the Museum then you don't know what you are missing. On Saturday, February 11, from 1pm ^ 3pm, join the CElego Crew, as they assist kids in bringing forth their creative talents through Lego. If the past Lego Days are any indication, the results will be CEout of this world.

This activity is aimed at kids from 6-12 years old. The cost is \$7.00 per child.

Lego Day has proved to be extremely popular, so please call the Museum to pre-register at 287-3103. See you there Lego fans!





On the Big Island

Make Saturdays Super With Art

The Super Saturday Art Making Program at the Campbell River Art Gallery was a huge success in 2005. Each activity saw an average of 24 participants ranging in ages from 1 year to 70 years. Art Making activities at Super Saturdays included magic drawings, gesture drawing, and recycled sculpture, as well as collaboration and installation art.

If you haven't already participated in the Super Saturday Program at the Campbell River Art Gallery 2006 might be the year for you and your family to try something new together. The Super Saturday program is run on a drop-in basis every second Saturday beginning Feb. 4th. The sessions run from 1-3 pm and admission is by donation. This program is a great opportunity for children and families to spend some quality time together exploring new art making techniques. There will be a new technique introduced each session by a host of local artists and volunteers. Each activity is inspired by the current exhibitions in the Campbell River Art Gallery.

Some of the upcoming activities for 2006 include "Our Forest, Our Home" on Feb. 4th when participants will make forest charcoal drawings inspired by the work of artist Nerrisa Ng whose drawings are currently on display in the Main Gallery in an exhibition titled "Transformation". On Feb. 18th we will spend the afternoon investigating the techniques that Paula Maloney has used to create a series of miniature paintings for her exhibition "Umbræ" in the Discovery Gallery. We will create our own "Miniature Marvels" on paper that has been dyed with tea and Kool-Aid. These are just a few of the exciting art making activities planned for the new year at the Campbell River Art Gallery's Super Saturday Program.

For more information or to pick up a Super Saturday schedule you can drop by the Gallery located at 1235 Shopper's Row (in the Tyee Plaza) or phone 287-2261. The Campbell River Art Gallery is open Tuesday-Saturday from 12-5 pm.

Arts Council Celebrates Doris Ritchie

The Campbell River Community Arts Council would like to invite friends and students (past and present) of Doris Ritchie to attend a gathering in her honour to appreciate her many years of dedication to the arts in our community. It will be held at the Tidemark Theatre (located at 1220 Shoppers Row in Campbell River) on Friday, February 3rd from 7:00 pm to 9:00 pm. An exhibit of watercolour paintings by current students of Doris will also be on display in the lobby of the Tidemark Theatre for the entire month of February.

SuperHost Fundamentals

Saturday February 11th, 9:00 am - 4:30 pm Enterprise Centre, 900 Alder Street

SuperHost Fundamentals is effective training for anyone dedicated to providing exceptional customer service. In a fun, interactive, full day workshop SuperHost Fundamentals addresses the attitude and skills necessary to provide excellent customer service.

Participants will discover: The importance of creating a fabulous first impression, the importance of excellent customer service, effective communication and listening skills, how to demonstrate attentiveness to customer needs, how to handle customer complaints positively, how to go the extra mile, for customers.

Registration is \$55.00 per person, or just \$50 per person for Chamber Members, plus GST and includes course materials and a certificate of completion.

Seating is limited and must be reserved with your payment by February 9th. Call the Chamber office at 287-4636 ext. 2 to register or for more information about SuperHost training opportunities.

WOW your customers with SuperHost service!

TurnKey Management Consulting Chosen for Options Appraisal

Campbell River - Following a competitive bid process, TurnKey Management Consulting (TkMC) has been hired by the Vancouver Island Health Authority (VIHA) to undertake an Options Appraisal for future acute care service delivery in the Comox-Strathcona area.

For more information about the Vancouver Island Health Authority, and to view the Draft Strategic Plan 2010, visit our website at www.viha.ca. To learn more about TkMC, visit their website at www.tkmc.ca.

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Date: Saturday, February 4, 2006
Location: Sportsplex, Gym A (Willow Point Park, 1800 South Alder Street)
Time: 10:00 A.M. - 1:00 P.M.

The objective of this workshop is to develop a vision that will determine community values, priorities and the overall expectations of the City of Campbell River for the year 2025. The discussion will include a wide range of topics; environment, economics, accessibility, land use, social, culture, recreation, public safety, First Nations, community beautification, lifestyles and many more.

The workshop will be facilitated by Mr. Brian Johnston of Context Research Ltd., who has been hired to lead the process on behalf of the City.

The session is open to all Campbell River citizens. Anyone with thoughts on the future of Campbell River will have an opportunity to discuss their ideas.

If you have any questions, please contact:

Doug Raines, City Manager
City of Campbell River
301 St. Ann's Road
Campbell River BC V9W 4C7
Doug.raines@campbellriver.ca or 250-286-5700

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Area J Regional Director's Report

January 30, 2006

by Jim Abram

The continuing Ferry saga!

As I said in my last report, we will be meeting as a small group with David Hahn, President and CEO of BC Ferry Service (BCFS). I have now secured a date for February 9th here on Quadra. We will be expecting him to give us some answers to the burning questions that need answering. His responses will be part of the subject matter for our public meeting to be held on Saturday, February 18th at 3:00 pm at the Community Centre. I hope that all of you will be able to attend to help us decide "Where to from here?".

Public meeting on Ferry issues - Saturday, February 18th, 3:00 pm, Quadra Island Community Centre

Please mark this meeting in your calendars! Look for the ads and posters also.

I would also like thank all of you for the wonderful response that I have been getting in the way of copies of letters being sent to all of the "appropriate" parties regarding the dastardly deeds of the Ferry Service. The phone calls and emails are coming in daily and I hope that they will continue. We need all of the support that we can get.

I have now had two conversations with a human rights lawyer regarding the shelter on the deck of the ferry. By next issue I will have some news for you on this item. I want it to be finalized before making any announcements.

Continuing pressure (repeated from last issue)

In the meantime, I hope that islanders will continue to flood BCFS CEO David Hahn with

letters by email, fax or mail. These should be copied to as many of the people on the list that I provided in an earlier issue and posted on the ferry, and also include at the end of this paragraph. I would also ask that you copy me by email. I will continue to try to keep the media interested and provide them with new info as it happens in the interest of keeping the pressure on. Individual FAC members are fully participating in the overall exercise, each with their own expertise. This is a group effort and I hope that the "group" will end up being the entire population of the CR/Quadra/Cortes ferry route. Email contact info: <mailto:David.Hahn@bcferries.com>David.Hahn@bcferries.com and <mailto:martin.crilly@bcferrycommission.com>martin.crilly@bcferrycommission.com

I will stop here for this issue, as I do not want to distract anyone from the issues at hand. There are many other issues that I will bring you up to date on as soon as we have these ferry issues under control. For the time being we all need to focus.

So, that is about it for now. Please feel free to call me between the hours of 8:30 am and 7:00 pm, Monday through Friday (not on weekends, folks!) at 285-3355, or you can fax me at 285-3533 or you can email me anytime at abramfam@oberon.ark.com, or by mail at Box 278 in the Cove, V0P 1N0

Respectfully submitted,

Jim Abram

Director, Discovery Islands - Mainland Inlets (Area J), RDCCS



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Tips to make high tech work on Island time

by Matt Martinelli

A Get the Drive to Organize

Remember when you read that computers were going to allow you to replace paper documents and would give speedy and reliable access to your records? Well, most of us are not at the "speedy and reliable" stage. There's still something comforting about having important documents in a physical form, tucked away in your file cabinet. Misfile a piece of paper and you'll be tearing through a mountain of folders to find it; misfile a necessary resume on your hard drive and you'll still be tearing through a pile of virtual folders (thank the gods for the Search function). However, the best solution to a list of unsorted documents is the same as for the file cabinet in the corner: create folders and put files into them so they're accessible and easily backed up.

I would suggest starting with paper and pencil to jot down the kinds of categories you'd like to create. For instance, I have a "Personal" section which is divided into "Family" and "Friends", and if I wanted to, each could be further divided into other sub categories like "Letters", "Jokes", etc. Maybe you want a "House" category ("Taxes", "Mortgage", "Maintenance") or "Business" ("Letters", "Legal", "Taxes"): anything that helps sort out the documents that life creates. One of the convenient things about doing this filing on a computer is that it all can be easily reorganized later. If you find that something doesn't work as you first thought it would, you can rearrange them with the mouse instead of moving stacks of paper.

When you have an idea of what you're going to call your folders, open Windows Explorer, press the Windows start key (lower left between the Alt and Ctrl) plus the letter "E" so you can see the "My Documents" in the folder list and click on the + just to its left so its own list expands. To add a new major category click "My Documents", go to "File", "New", "Folder": then type the name of the folder in the box that

appears and press "Enter". To add a sub category, click the main folder (e.g. "House"), and then go to "File", "New", "Folder" and type its name (e.g. "Maintenance"). If you don't like the name: click the folder, press F2 and rename it. With the folders in place, you can start moving files into them: click on the file, hold down the mouse button and drag it to the appropriate folder (cut and paste is and alternative way to accomplish this). You can rename files as you go or delete them if they're no longer of use.

I would recommend also moving your email to the My Documents folder. First make a folder in My Documents called "email"; open Outlook Express and go to "Tools", "Options", click "Maintenance", "Store Folder", and change the location to C:\My Documents\email. The next time you start Outlook Express the program will move your mail to that folder, and it can more easily be included in your backup routine. I haven't found a way to move the address book; Mr Gates seems to think it needs to be where it is (C:\Documents and Settings\<user name>\Application Data\Microsoft\Address Book) but you can export it (send a copy) to your email folder: open the address book in Outlook Express, go to "File", "Export", "Address Book(wab)", and navigate to your email folder in My Documents.

Keeping your documents (including pictures, music and email) in a convenient location separate from the program files will allow you to easily clean up unwanted files and to back up the ones you don't want to live without. After writing this and referring to my own My Documents folder, I see a pile of skeletons. I think I need to toss them on the bone pile (and then back up my files, of course).

Questions, comments suggestions? Email: mattmart@connected.bc.ca or 285-2431. Matt & Etta Martinelli operate ENERT Computer Support @655 Cape Mudge Rd.

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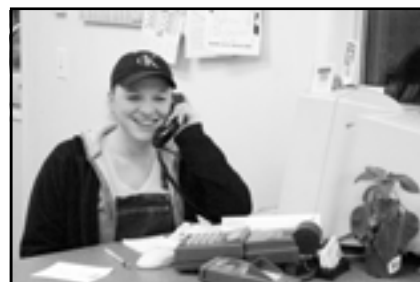
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G.E. Free Zone Proposed

During the grey and stormy winter days, many gardeners are passing the hours dreaming of fragrant blooms and rows of tasty veggies ripening in the summer sun. Some local growers are also working on a campaign to establish the Regional District of Comox-Strathcona (RDCS) as a genetically engineered free crop zone.

Genetically engineered (GE) crops are those that are manipulated in a laboratory by inserting genetic material, often from a different organism or species.

According to the National Farmers Union, most of the corn, canola, and soybeans commercially grown in Canada have been genetically altered. Genetic material has been added to make the crops resistant to herbicides or toxic for pests. Canada, the U.S., China, and Argentina are the four biggest producers of GE crops in the world.

Cortes resident Kyenne Brussell is one of a growing number of Canadians who are very concerned about the potential dangers of GE crops.

"These crops have not evolved naturally. Our systems don't have the enzymes to digest them properly," said Kyenne over the phone from her home.

She pointed to the negative health effects of GE foods as documented in Deborah Koons' film 'The Future of Food'. One woman interviewed in the film described having a severe allergic reaction after eating tortillas made from GE corn. In a study conducted on mice that were fed GE potatoes, rates of cancer were very high. And butterflies observed eating GE corn were dying at a rate of 40%.

"The pollinators are dying because their systems aren't designed to take in things like pig bladder pollen," contended Kyenne. "Life normally changes and mutates slowly, but this is happening very quickly."

Kyenne is at the forefront of the initiative to make the RDCS a GE free zone. She has hosted film and information nights in various communities including Quadra and Cortes, and has distributed petitions and organized a letter writing campaign.

Kyenne was inspired to launch the initiative when she learned that the Powell River



GE-free Gardener's Delight Tomatoes from Salt Spring Seeds.

Photo by Tanya Storr.

Regional District became the first GE free crop zone in Canada in June 2004. The Powell River Coalition for Safe Food, backed by local farming and environmental organizations, succeeded in persuading the regional district board to officially designate the region a GE free crop zone.

"The zone is not regulated at this stage, rather it is a statement of intention and support," she explained. "It would be very difficult to regulate."

There are many advantages to designating an area a GE free zone, Kyenne said. One is that it helps to ensure seed stocks remain in the public domain.

Biotech corporations such as Monsanto, inventor of the herbicide 'Roundup', are actively patenting seeds. Farmers must buy a license to use Monsanto's Roundup-ready seeds. These seeds will survive the application of Roundup while the vegetation around them dies.

Saskatchewan farmer Percy Schmeiser, a seed developer and saver, was surprised to find Roundup-ready canola growing in one of his fields—when he hadn't purchased or planted the seeds. He was even more surprised when Monsanto launched a lawsuit against him for growing their seed without a license.

Despite insisting that the seed must have blown off a truck passing by his farm, Schmeiser was found guilty of patent infringement. According to 'The Future of Food', farmers like Schmeiser feel Monsanto is targeting them to intimidate other farmers into not saving seed.

Potential lawsuits are not the only concern. Organic farmers worry that if GE seeds were to establish themselves on their properties they could lose their organic certification.

In areas that are designated GE free crop zones, the onus of responsibility is reversed.

"In a GE free zone, Monsanto would be accountable for environmental pollution if their seeds blew onto someone's property," Kyenne said.

Another compelling reason to designate GE free zones is to protect seed diversity and the right of farmers and small-scale growers to save seeds. Dan Jason, owner of Salt Spring Seeds, is an advocate of seed saving.

In the introduction to his 2006 catalogue, Dan writes about the dangers of terminator seeds. Plants grown from terminator seeds are designed to produce seed that is sterile, making it necessary for farmers to purchase new seed every year rather than simply saving their own.

Companies like Monsanto are keen proponents of terminator seeds. The Canadian and U.S. governments are also involved in terminator seed technology.

"In 2005, the Canadian government was actively promoting the technology of terminator seeds, despite an international moratorium on www.discoveryislander.ca

them," Dan writes. "The U.S. government, not surprisingly, is co-owner of the patent on terminator seeds."

He goes on to say that with a handful of corporations controlling world seed markets and pursuing seeds for profit alone, "our heritage of seeds is threatened like never before."

Kyenne noted that people began planting and saving seeds more than 12,000 years ago. "The safety and strength of seeds, and their resistance to disease, is maintained by people growing and saving them in as many places as possible," she said.

One of the grave dangers of GE crops is that they replicate themselves, Kyenne added. "They can render the other varieties extinct because they crossbreed. A very small environmental pollution can become an enormous one."

Support for GE free crop zones and the labelling of GE foods is growing worldwide. Consumers are demanding organic, non-GE food products. Farmers and gardeners are growing and saving open-pollinated and heirloom seeds.

New Zealand and Australia have large GE free zones. Prince Edward Island is considering going GE free to ensure overseas markets will continue to buy their potatoes.

A total of 25 countries require the labelling of GE foods. Canada and the U.S. are not among them.

"North America is lagging and the dangers are being kept out of the public eye. People don't realise how fast this is happening," Kyenne said.

RDCS Chair and Area 'J' Director Jim Abram confirmed that the regional district has received the GE free zone petition from Kyenne. He said the RDCS is inviting further public input and discussion on this matter.

"This needs to be a community-driven initiative that is actively promoted to the regional district directors," he said.

To voice your opinion on the creation of a GE free crop zone for the RDCS contact your regional district representative: Jim Abram in Area 'J' (250-285-3355, fax 250-285-3533, e-mail abramfam@oberon.ark.com) and Jenny Hiebert in Area 'I' (250-935-6488, cell 250-202-6488, e-mail brijen@oberon.ark.com).

You might also want to share your thoughts on GE crops and the labelling of GE foods with provincial and federal representatives: MLA Claire Trevena (250-287-5100, e-mail claire.trevena.mla@leg.bc.ca) and MP Catherine Bell (250-287-3485, e-mail catherinebell@ndp.ca).

A free pamphlet on Saving Seeds is available from the National Farmers Union (360-652-9465 or e-mail nfu@nfu.ca).

For Quathiaski Cove

Feb. 3 - 16

DATE	TIME	M.	FT.
03	01:26	2.0	6.6
Friday	08:30	4.5	14.8
	16:16	2.0	6.6
	21:14	3.3	10.8
04	02:01	2.5	8.2
Saturday	09:03	4.5	14.8
	17:11	1.6	5.2
	23:06	3.3	10.8
05	02:45	3.1	10.2
Sunday	09:37	4.3	14.1
	18:07	1.4	4.6
06	01:23	3.6	11.8
Monday	03:57	3.5	11.5
	10:13	4.2	13.8
	19:03	1.2	3.9
07	02:56	3.9	12.8
Tuesday	06:18	3.8	12.5
	10:56	4.0	13.1
	19:56	1.1	3.6
08	03:41	4.1	13.5
Wednesday	09:26	3.8	12.5
	11:55	3.9	12.8
	20:47	1.1	3.6
09	04:15	4.2	13.8
Thursday	10:49	3.7	12.1
	13:08	3.8	12.5
	21:34	1.0	3.3
10	04:43	4.2	13.8
Friday	11:35	3.6	11.8
	14:11	3.8	12.5
	22:15	1.0	3.3
11	05:06	4.2	13.8
Saturday	09:11	3.6	11.8
	10:04	3.6	11.8
	12:09	3.5	11.5
	15:02	3.8	12.5
	22:50	1.1	3.6
12	05:29	4.2	13.8
Sunday	09:48	3.5	11.5
	10:56	3.5	11.5
	12:39	3.4	11.2
	15:45	3.8	12.5
	23:16	1.2	3.9
13	05:54	4.2	13.8
Monday	10:33	3.3	10.8
	11:42	3.3	10.8
	13:05	3.3	10.8
	16:25	3.8	12.5
	23:30	1.3	4.3
14	06:20	4.2	13.8
Tuesday	11:26	3.1	10.2
	12:27	3.1	10.2
	13:25	3.1	10.2
	17:06	3.7	12.1
	23:43	1.5	4.9
15	06:46	4.2	13.8
Wednesday	12:26	2.9	9.5
	17:49	3.6	11.8
16	00:01	1.8	5.9
Thursday	07:09	4.2	13.8



Halliday's Viewpoint

by Steven Halliday

Of Viral Concern

A couple of weeks ago I had a brief visit from a nephew (by marriage) who has a disturbing and apocalyptic vision of our future. So much so that he brought me some material (including a small clear plastic cylinder full of metal shavings to absorb noxious electrical discharges) in order for me and my family to prepare for the coming Armageddon. Part of the preparations include hyper-cleanliness, purging of various internal organs and withdrawing from society. The reason my nephew has his knickers in a knot is that he is convinced that the H5N1 virus, commonly called the bird or avian flu, is ready to spread across the globe and knock us back into the dark ages, accompanied by billions of deaths. He has it on "good authority" (at this point he winks), for example, that St. Joseph's Hospital in Comox has laid in 'thousands' of body bags to deal with the coming carnage. Make no bones about it – this guy is in a panic over this thing. I, on the other hand, prefer to look at the matter a little more dispassionately, do my research, and then decide whether or not to freak.

I've actually been considering a column such as this for some time now, but was waiting for the "spark" to occur. It happened when I read Gwynne Dyer's views on the subject in the February 2006 issue of *The Walrus*. In "Waiting for the Pandemic" Dyer seems to accept that the possibility of a pandemic (occurring over a vast area as opposed to a more limited epidemic) involving H5N1 is very real. Apparently most leading scientists agree, though focussing on H5N1 might be a mistake. H5N1 cannot presently pass from human to human; it only can be passed from a bird to a human, which is the main reason the number of worldwide deaths is so low – about 70 at current count according to the World Health Organization. What does concern scientists is the possibility of a mutation of the virus that can transmit human to human, the nightmare scenario being if it could do so in an airborne manner.

Scientists are not the only ones taking the matter seriously. From Dyer's article – "In August 2005, a BMO-Nesbitt Burns report by Sherry Cooper and Donald Coxe entitled "An Investor's Guide to Avian Flu" concluded that the damage caused by "a pandemic, even one meaningfully less virulent than the 1918 influenza outbreak...could be comparable, at least for a short time, to the Great Depression" and "would trigger foreclosures and bankruptcies, credit restrictions and financial panics". He then goes on to list the woes we could suffer from travel restrictions, border closures, food shortages and mass unemployment. Not a pretty picture at all.

Writing in the UK newspaper *The Register*, Charles Arthur ("Bird Flu – We're all gong to die" – June 27, 2005) offers a darkly humorous look at the situation. He quotes an American scientist writing in the New England Journal of Medicine, and after making the usual doom and gloom predictions goes on – "Let's have some more numbers from Dr. Osterholm, just to encourage you. He writes: "It is sobering to realize that in 1968, when the most recent influenza pandemic occurred, the virus emerged in a China that had a human population of 790 million, a pig population of 5.2 million, and a poultry population of 12.3 million; today these populations number 1.3 billion, 508 million and 13 billion, respectively. Similar changes have occurred in the human and animal populations of other Asian countries, creating an incredible mixing vessel for viruses. Given this reality, as well as the exponential growth in

foreign travel during the past 50 years, we must accept that a pandemic is coming – although whether it will be caused by H5N1 or by another novel strain remains to be seen." OK, freaking might be an appropriate reaction at this point.

Gwynne Dyer comes to our rescue with the good news that Canada is better prepared than...well, just about anyone. After noting the sorry state of preparedness around the globe, he writes, "Then there is Canada, one of the world's vaccine superpowers. In 2001 the Canadian government contracted with ID Biomedical, currently based in Vancouver, to develop the infrastructure to supply all Canadians with vaccines solely from domestic production, and last year it asked the firm to raise its production capacity to eight million doses of vaccine a month. Even allowing for two to three months to identify the new pandemic virus, create the vaccine and test it before going into mass production, the whole Canadian population could be covered in as little as seven months. What the British are planning to over the next several years, Canada has already done."

Two things sunk home from the foregoing statement. We in Canada are about as well prepared as we can be, and will be in the welcome position of being able to export significant quantities of surplus vaccine in the event of a pandemic. This is a great thing. But when the Canadian government orders a significant ramp-up in capability, at significant cost, something has to be up. This is unsettling. But even a cursory glance at historical precedents does seem to make the likelihood more of a certainty that we will indeed experience a pandemic, at some time, possibly soon. The question then becomes what does one do to prepare?

In a nutshell, the individual can do nothing except keep oneself in good health. Dyer seems optimistic, however, that a level of global awareness and cooperation is being reached that may result in the necessary effort to identify, contain and control outbreaks as they occur. In Thailand, for example, "the government has created a network of 750,000 volunteers spread throughout the country's villages and towns who are trained to spot and report both poultry and people suffering from avian influenza. An H5N1 infection could be confirmed within 24 hours, a one to two-day investigation would follow, and, the government believes, appropriate action could then be taken." This practise needs to be coordinated in all at-risk regions. And other countries need to immediately follow Canada's lead in virus preparation.

The Register's Arthur puts it this way – "All this has been noted by virologists and disease experts around the world. But what can we do? For one thing, listen to what they're saying, and put some pressure on politicians who are ignoring the threat, in the hope it will go away. Climate change may be a greater threat than terrorism, but a flu pandemic is a more immediate threat than either." And as his Dr. Osterholm wrote – "Frankly the crisis could for all we know have started last night in some village in Southeast Asia. We don't have the time to waste and even if we did have the time, the kind of things we need to do take years. Right now the best we can do is survive it. We need a Manhattan project yesterday". Maybe my nephew is on to something, but for now I'll pass on the purges and becoming a hermit. I will, however, keep the noxious electrical charge collector on my desk. You just never know...



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WAGGIN' TAILS is up and running! Give your pet a little TLC while you're away. Available for daily and overnight pet care 7 days a week.

Contact Michael at 285-2367 for details.

DISCOVERY--OFFICE ASSISTANCE & ORGANIZATION

- Full range of office services and bookkeeping
- Small & home based office organization

Tucker Dinnes tel: 285-2166

Email: dinnes@oberon.ark.com

TWO BOYS STONE MASONRY

Specializing in stone arches, interior features, walls, exterior facades, driveway pillars, stone walls, fireplaces. New to Quadra Island keen to get to work! Call 285-3811 or email: twoboysstonemasonry@hotmail.com

AMPED ON NUTRITION

Quadra Island's health food store. Need help investigating your health concerns - we have great books to browse through, quality vitamins, minerals and supplements homeopathic remedies, bulk foods and alternative groceries. Open 11-7, closed Sun. tel 285-3142

Journeyman Carpenter
(interprovincial certification)

MICHAEL HADDON

From concrete to finishing

Ph: 285-2280

Fx: 285-2289

mhaddon@oberon.ark.com

❖ Design services available ❖

The Paint Lady



Colour Consultation
Interior Painting
Homes and offices large & small
Faux Finish Professional
Italian plaster to non-toxic glazes
for walls and furniture
Murals Large & Small
For homes, nurseries, cafés

285-3896
tidy • friendly • fast

www.faux.ca

www.faux.ca

Yellow Dog Trading Company

Bulk Foods & Baking Supplies

Open Mon. - Fri.

11 am - 5 pm

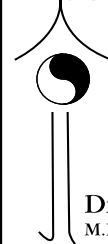
Saturday 10 am - 5 pm

Buy as much as you want,
or as little as you need.

285-2867

Walk or drive around behind
Q-Cove's 'Old Yellow Dog' Plaza

ACUPUNCTURE



Herbs & Nutrition.
Free consultation.
Sliding scale for
treatment
(\$40 - \$20)

Dr. Eileen Sowerby
M.B. Ch.B. M.A. D.T.C.M.

Phone/Fax: 285-2434

ENERT

Quality Computer Systems
delivered & setup in your home/office.



Service, Repairs,
System Cleanup
Parts, Upgrades,

Software & Internet Hookup

mattmart@connected.bc.ca

Call: 285-2431

655 Cape
Mudge Rd

How To Submit Your Classified Ad In 3 Easy Steps

1 - Write or type up your advertisement with a heading and double-check your contact details: phone number and/or email are correct.

2 - Stop by our office at 701 Cape Mudge Rd. anytime or at Hummingbird Art and Office Supply during their opening hours with your ad and \$10.00 (that's \$9.35 plus 65¢ gst) in cash or cheque (sorry no credit cards) for around 40 words. Longer ads are charged at \$10/column inch.

If the D.I. office is closed use the secure mail box by the door. Payment is required at time of submission please.

Ads may be faxed to 285-2236 or emailed to news@discoveryislands.ca with payment following a.s.a.p.

3 - Sit back and wait for the calls!!

Questions call 285-2234 or email address above



**Bottle Returns
for the Month
of February
will be Donated to
Quadra Island
Salmon Enhancement**



*Say "I Love You" This Valentines Day
with Fresh Roses* **only \$29.98 /dozen**
while supplies last

avoid disappointment call
285-3223 before Wed. Feb. 8th
to order your Valentine's bouquet!



**Island Farms
Multipack Yogurt**
\$5.88 12pk

**Sun Rype
100% Juices**
2 for \$3.00 1L

**Olivina
Margarine**
\$1.98 454g

**Dare
Breton Crackers**
\$2.28 200-225g

**Welch's
Frozen Grape Juice**
98¢ 341ml

**Walcan Canned
Sockeye Salmon**
\$2.98 185g

DELI

**Montreal
Smoked Meat**
\$1.18 100g

**Macaroni
Salad**
98¢ 100g

ORGANIC
Nature's Path Oatmeal
\$2.98 320-400g

ORGANIC
**Healthy Times
Baby Cereal**
\$2.98 227g

ORGANIC
**Green Cuisine
Tempeh**
2 for \$5.00 227g

ORGANIC
**Prairie Harvest
Pasta** **\$2.68** 454g

**Hawkins
Cheezies**
2 for \$3.00 210g

Lays Chips
2 for \$4.00 230-245g
assorted flavours

**Balderson
Extra Aged White
Cheddar**
\$1.48 100g

**Coombs
Pork Pot Pies**
\$1.48 Each

BAKERY

**Country Harvest
Sunflower Flax
& 7 Grain Breads**
2 for \$4.00 675g

**Bavarian
Long Johns**
68¢ Each

NEW PRODUCT
**Cheesecake 101
Cheesecake Slices**
\$2.98 Assorted
Each

**Braided Strawberry
Cream Cheese
Strudel** **88¢** Each

MEAT

**Farmer's Best
Boneless
Blade Roast**
\$2.98 lb \$6.57/kg

**Bone-In, Fresh
Chicken Breast**
\$2.98 lb \$6.57/kg

**Farmer's Best
Boneless
Chuck Tenders**
\$3.48 lb \$7.67/kg

**Fresh
Pork Sideribs**
\$2.88 lb \$6.35/kg

PRODUCE

ORGANIC
Romaine Hearts
2 for \$5.00 3 Pack

**Chilean Red
Seedless Grapes**
\$1.88 lb \$4.14/kg

ORGANIC
Large Avocados
2 for \$2.00

**Fresh Imported
Green Beans**
\$1.98 \$4.37/kg

Specials in effect February 5 - 11 while quantities last



GROCERY • POST OFFICE • LIQUOR
HOURS: SUN & THURS 8AM - 8PM • FRI & SAT 8AM - 9PM