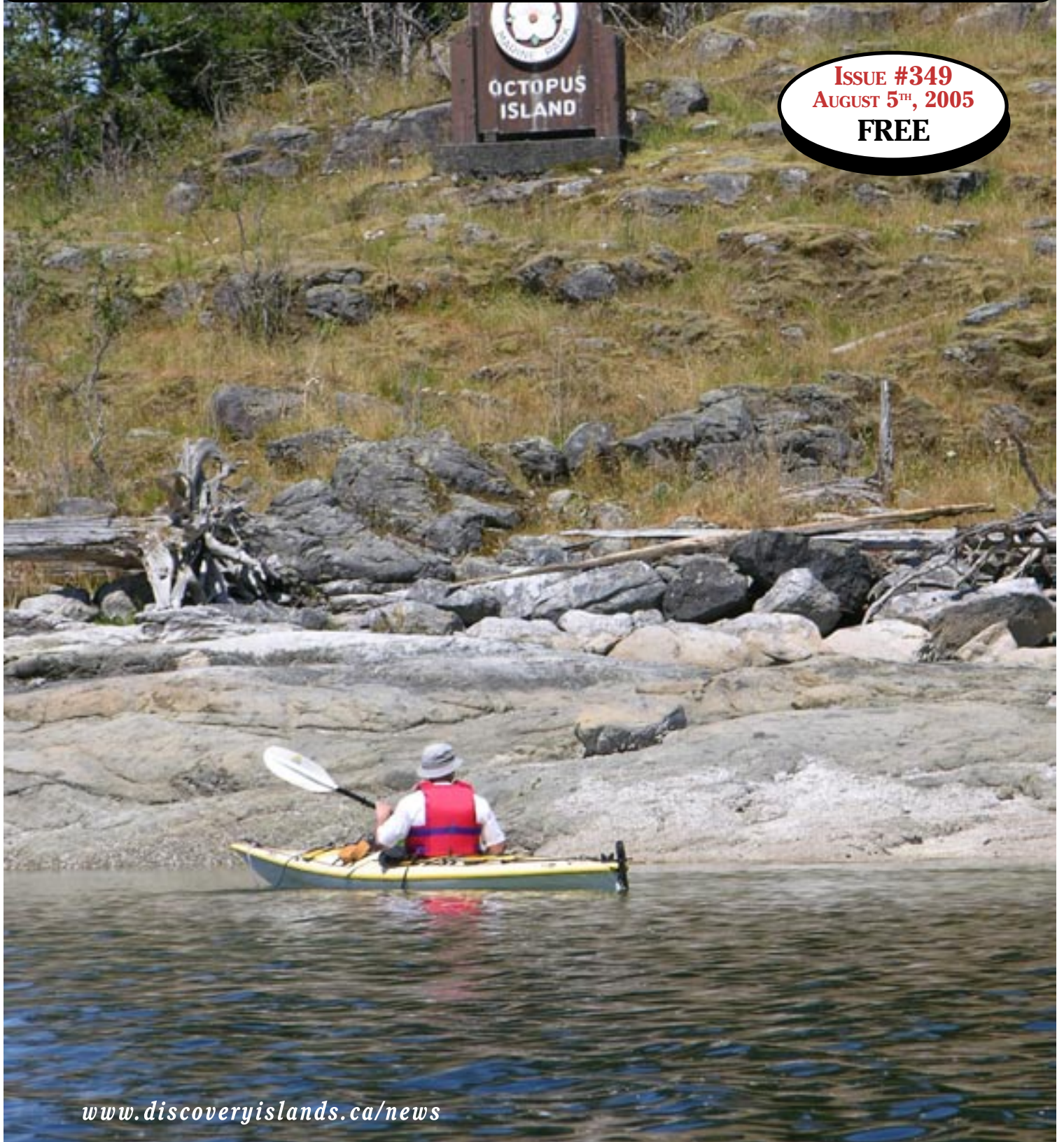


# *Discovery Islander*

**Community News and Events from Quadra, Cortes and the Outer Islands**

**ISSUE #349  
AUGUST 5<sup>TH</sup>, 2005  
FREE**



[www.discoveryislands.ca/news](http://www.discoveryislands.ca/news)

# Area J Regional Director's Report

Regional Director's Report - July 31, 2005

It's is hard to believe that it is already the end of July! What a weird summer, weather wise. Let's hope August brings some more sunshine.

I will only mention two items of interest in this issue since they are very current and I am sure that you have better things to do then read a lengthy article about local government.

First of all, the recycling bins should be relocated by the middle of August. As you may have noticed, they are being relocated to the end of Harper Road, on the previously unused and undeveloped portion. The Ministry of Transportation and Highways has been good enough to permit us to use area in their jurisdiction at no cost. The site will be first class and has been expertly engineered by Murray Johnson. He is also managing the development for the Regional District (RD). If and when there is ever a need to develop the road along behind the site, the RD and Highways have agreed that the site would move to accommodate the development.

I would like to thank all of the previous land owners that gave the RD the space to provide the bins to the public. This has been one of the most successful recycling programs in the RD. When I first arranged to have the bins provided on Quadra (seems like eons ago!), they were located on land owned by Bill O'Connor and we thank him for his donation of space. It was then passed on to Murray Johnson and the Cove Centre and we thank him for allowing the program to continue uninterrupted. Last, but not least, the space was provided by Quadra Foods for the past few years. We thank them for all that they have had to put up with over the past while, in continuing to provide space for this very popular program. I hope that everyone that uses the program will treat the area with respect and help to "police" the maintenance of the area so that it will not become an eyesore. We should be able to point to this program as a cooperative effort of the Regional District and the community and be proud to do so.

The second issue that is current is the result of the development that was proposed for the water area in Quathiaski Cove by the Underwater Harvesters Association for a shellfish hatchery. The proposal went to public hearing as you probably read in the last issue of the Discovery Islander. There were between 35 and 40 people present and everyone was given ample opportunity to speak. There was virtually no substantive support for the proposed location and substantial opposition to the proposal by the people that would be most effected by its location. Many people did say that they have no problem with the concept, but that the location is not suited for this use. There were 27 submissions received in opposition, 4 in support and 2 that suggested conditions being applied. With all of the information available to the directors, they recommended to the Board that the proposal not proceed in this location and that the by law be rescinded. This recommendation was adopted by the Board of Directors on July 25th. The applicants can, if they so desire, apply for some other location in Area J or elsewhere.

So, that is about it for now. You can reach me at 285-3355, Monday through Friday, from 8:30 am until 7:00 pm (but not on weekends), or you can fax me at 285-3533 or email anytime at [abramfam@oberon.ark.com](mailto:abramfam@oberon.ark.com)

I will not be around from August 3rd until about the 18th, so please be in touch after that. You can still call the RD office in my absence at 1-800-331-6007, or contact them through their website at [www.rdc.bc.ca](http://www.rdc.bc.ca)

Respectfully submitted,

Jim Abram

Director, Discovery Islands - Mainland Inlets, Area J, RDCS



## Heriot Bay Inn

go kayaking! day tours and rentals at the HBI

**Dinner Jazz in Herons**  
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Fri August 5

**Blue Collar**  
dance favourites  
Fri August 12

**Elmore's**  
rockin' blues  
Sat August 13

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# Island Calendar

Day by day

## Submit your event:

eMail: [news@discoveryislands.ca](mailto:news@discoveryislands.ca)

drop-off: 701 Cape Mudge Rd.

fax: 285-2236

### The Regulars

- **1st and 3rd Wednesday** - Food Bank 1-2 Community Centre
- **Every Monday** - "Vision" Rev. Jill Brocklehurst on CRTC 9:30 PM  
- Yoga 9 am and 7:30 pm Community Centre
- **Every Tuesday** - Kalina Folkdancers -QCC, 7:30 to 9:30 pm, Sept.to Apr.  
- "Vision" Rev. Jill Brocklehurst on CRTC 11:30 AM and 4:30 PM
- **Every Wednesday** -Yoga 4 pm and 7:30 pm Community Centre
- **Every Thursday** - Motorcycle Club meet 5pm Heriot Bay Inn Pub  
- Prayer Meeting, 7:30pm at Quadra Island Bible Church  
- Mo's Jam 9 pm Heriot Bay Inn Pub
- **Every Friday** -Live dance music 8:30 pm Heriot Bay Inn Pub  
-Seafood dinner & Ron Hadley piano - Tsa-Kwa-Luten  
- Yoga 9 am and 7:30 pm Community Centre
- **2nd Friday of Every Month** - Yak Shack 2 Upper Realm 7:30 p.m.
- **Every Saturday** - Farmers' Market and Bazaar 10am-2pm behind QCU  
-Meat Draw 5-6:30 pm Quadra Legion (members & guests welcome)
- **Last Saturday** - Bonus \$50 cash draw. Quadra Legion 6:30pm (members & guests welcome)
- **Every Sunday** -Sunday School - Quadra Island Bible Church 9:45 am  
-- Sunday Service QI United Church noon Aug 7  
- Positive Living Celebration, 10:30am Community Centre  
- Worship Service 11:00am Quadra Island Bible Church  
- Jazz nights in the Heriot Bay Inn Pub every Sunday 6-9 pm 285-3539  
- Children's Program - Centre for Positive Living - 10:30 AM
- **2nd Sunday of Every Month** - Praise and Worship Time, Q.I. Bible Church 7:00 pm

**Next Deadline: Monday, July 4th 2005**



**Aug. 5, Friday**

-Duffy Live

HBI

**Aug. 12, Friday**

Blue Collar

HBI

**Aug. 13, Saturday**

-Elmore's

HBI

**Aug. 19, Friday**

-Courtney Wing

Mansons

**Aug. 20, Saturday**

-Courtney Wing

HBI

**Aug. 21, Sunday**

-Larry Maravaglia

QCC

**Aug. 26, Friday**

- Cops for Cancer

Legion



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DEMPSEY**

250-285-3054

**Yoga Classes**

Tuesday 5-7pm

Thursday 9-11am

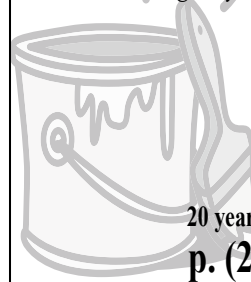
& 5-7pm

drop-in \$10

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**Island Calendar online: [www.discoveryislands.ca/news](http://www.discoveryislands.ca/news)**

Island Calendar is a list of on island events. Please submit separately for the **Island Calendar** and **News & Events** or indicate in your submission if you would like your event placed in both. **Following the text order exactly as above for email submissions is appreciated** (month, date, day, title, place and time), use the title as your email subject. Current advertisers welcome to submit events but not-for-profit items will be given priority. Thank you.

## On the cover



Kayaker in the Octopus Islands.  
Photo by Tanya Storr

## Tanya Storr

B.A. English

Freelance Writing  
& Editing

**285-3937**

[tstorr@connected.bc.ca](mailto:tstorr@connected.bc.ca)

# Discovery Islander

Community News and Events from Quadra, Cortes and the Outer Islands

**#349 August 5<sup>th</sup>, 2005**

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**Publishers:** Sheahan Wilson

**Managing Editor:** Chris Thompson

**Staff Reporter:** Tanya Storr

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\$30<sup>00</sup>\* for 6 months

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Call 250 285-2234 for details

**Submission Guidelines**

Items for publication are welcomed on subjects of interest to the Discovery Islands community. *Please help us by following these guidelines:*

- Please print handwritten material clearly.
- Electronic items sent by email or on disk must be saved as **Word** or **rtf** formats. Please spell check in Canadian English.
- **No MS Publisher, WordPerfect** files or graphics in Word files please. Send imported graphics separately.
- **Please** use the title of the item as email subject & send multiple items in separate emails.
- Please don't send original irreplaceable material, make a trip to a copier first!!
- Please remember to caption & credit photos and artwork. Don't write on the back of photos use labels or Postits™.

*While every effort is made to include all items submitted, errors and accidental omissions do occur and the Discovery Islander should be only one part of your publicity efforts.*

**Next Deadline**

7 pm. Monday, August 15

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# It Could Have Happened

## Hoffa on Station

There's been enough tragedy already, admitted a high ranking Teamsters member. When we first smuggled Jimmy Hoffa up to the Russian Space Station we figured everything would be fine. But then it started breaking down and we had to move him over to the new one. There isn't a lot of room on one of those things and some of our people started to get worried the astronauts might find him so they made attempts to discourage more shuttle flights. No one was supposed to get hurt. Even though astronauts aren't in a union we don't think it's right to kill people when nobody's on strike. I feel kind of sorry for the people at NASA. They spend a billion dollars and can't fix the problem. Maybe they should hire the guys from BC Ferries, they can't fix things either but their price tag is lower. The problem is that there isn't anything wrong. We hired that Spiderman guy to climb up the rocket and pull a few things loose. He did it right this time. He was busy doing something else for a week so we had to monkey with the fuel gauge. What do they want a fuel gauge in the thing for anyway. It's not as if they can pull into a gas station up there and get a fill up.

If it had been up to me I would have left him where he was. Before we moved him up to the first station he was in the witness protection program as the Vice President of the Country. Make-up artists can do wonders these days and who is more invisible than the VP. Then Reagan got elected and the brass thought, "How long can somebody live without a brain," and we didn't want Hoffa to end up as president so we moved him and ended up with two problems. We had a bush league VP and an American on the Russian station.

Hoffa doesn't want to come back down now either as his cement shoes are weightless. It looks like they're not going back up again for awhile so maybe we can keep him up there. I hope so, if we have to bring him down we only have two places to hide him. We can give him our last fur suit and dump him off in the Rockies with Elvis or we give him the Human Rights portfolio for Bush

OUR CONDOLENCES go out to the family of George Powell who passed away early July.

George was a WWII Army veteran & a former President of our Quadra Legion.

OPENING DAYS are once again Fridays & Saturdays only (4:00 p.m. - 1:00 a.m.). We just did not have enough patronage to continue the mid-week days of operation. Hopefully this will change again once fall arrives.

COPS FOR CANCER "SHAVE-A-THON"! At the Legion, Sat. Aug. 27 starting at 4:00 p.m. & going on til the last head, face &/or pair of legs is completely hairless! Plans are also being made for other activities this same evening - details in our next Legion column. Pledge sheets for the "shavees" are available from Mary Lee Burnett (285-3170) or Barb McDonald (285-2258, yep she's getting her head shaved). All funds raised go help out kids with cancer - firstly to help send them to camp & secondly to research in childhood cancers. So when you see folks around gathering pledges for this very worthy cause, please be generous. And do plan on being at the Legion this day/night - it will be a hoot!

MEAT DRAWS are still the "happening" events each Sat. afternoon. We have four separate draws from 5:00-6:30 p.m. with four prizes for each draw. A strip of 3 tickets costs just \$1.00 (good for one draw only). For each strip of meat draw tickets you purchase we give you a ticket for the end-of-the-month \$50 cash draw, sponsored by a local business. Cash draw tickets are accumulated throughout the month so you get lots of chances to win! And remember folks, the proceeds from our meat draws go to financially assist local worthy causes. So come along, join the fun & help us to help the community.

OUR THANKS to Explore for being the business sponsor of our July cash draw. The next \$50 draw will be Sat. Aug. 27 courtesy of Angus Acres.

**\$10 was donated  
to the food bank in  
the name of Barb  
Hallstead for Hoffa**

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## LEGION NEWS

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Oak Bay Marine Group



## by Steven Halliday

Two issues ago (Discovery Islander #347) I wrote a piece saluting Hamilton Naki, who had recently died and was profiled in an obituary in *The Economist*. In the July 16 2005 issue, that magazine printed a clarification regarding Naki's role in assisting with the world's first human heart transplantation surgery. The *Economist* advises they have been reliably informed by surgeons at the hospital where the surgery was performed that Naki had no role in that particular operation, and in fact it was Dr. Barnard's brother Marius who removed the donor's heart. The *Economist* was not alone in their acceptance of the initial story – the *Lancet* and the *British Medical Journal* also published the same information. In spite of this news, I still stand by the characterization I presented, and Dr. Naki's stature in my mind is in no way diminished by this revelation.

Part of doing a good job in reporting or commenting on current affairs is the responsibility to correct one's mistakes as soon as they are realized, as in the case above.

A more important element in journalism of any kind is to present the truth, no matter how ugly it is. History is full of examples where journalists have exposed evidence of wrongdoings that have toppled powerful figures and indeed even governments, and they have often done so under the threat of imprisonment, or in some cases physical harm.

As you read these words there are remarkable events occurring in the United States, events that are leading to serious talk of criminal charges and even impeachment of the current President and Vice-President, but you will see or read very little about the subject on any major US network news program or newspaper. Sure there is coverage, but no-one seems to want to dig deep and get to the truth of the matter – we're getting the wrapper, not the box of chocolates it contained.

Serious journalists are typically dogged, sceptical and relentless at uncovering stories, or should I say they used to be. Today's crop of reporters for major media outlets seem content to repackage whatever spin they collect

# ***Media Malaise***

from their subjects, with little or no research supporting or denouncing the information they are presenting. That is not to say that there are none out there – Sydney Schanberg and Seymour Hersh come readily to mind, but they are certainly in the minority. But where are the Woodward and Bernstein for today? Were it happening in Britain, the press would be on the case like sharks smelling blood in the water, as, I suspect, would also be the case here in Canada. One only has to read transcripts or watch news coverage of Scott McClellan (White House press secretary) obfuscating in his press conferences; you will see no serious reply to any serious question.

The reason for this simple. Look at what happened to Dan Rather of CBS News when he aired a report commenting on George W. Bush's record in the Texas Air National Guard. Rather's story partially relied on a document that was determined to be questionable, but the substance of his report was sound. Under pressure from White House and Republican officials he was forced by CBS to make a humiliating on-air retraction, and soon after retired. Or more recently *Newsday* magazine published an article accusing US military personnel of desecrating the Korans belonging to prisoners at Guantanamo Bay, among other things. Again, one piece of evidence was suspect; *Newsday* was pressured to retract, and did so. Again, the substance of the story was absolutely true, and was in fact later fully proven. But the present US Administration uses the technique constantly – find one minor flaw in reportage and spin it so the entire piece is suspect, then bully the author (or their employer) into submission.

That, ladies and gentlemen, is raw political power, and this Administration uses it relentlessly and effectively, so much so that the entire Fourth Estate is cowering.

Of the many scandals that are unfolding at the White House, by far the most interesting is the one surrounding "Turd Blossom", which is Bush's pet name for his Assistant Chief of Staff Karl Rove. In an investigation as to where the leak emanated that resulted in CIA agent Valerie Plame's undercover status being compromised, Rove's name keeps popping up. As it appears the leak was designed to discredit her husband, former ambassador Joseph Wilson, who argued against the Administration's Iraqi WMD claims, a very likely source would be Rove. Rove is a long-

time Bush family political operative, famous for creative political dirty tricks. In 1970 he started his career by stealing letterhead from a Democratic campaign office and used it to promise "free food, free beer, girls and a good time for nothing" to the poor and homeless in Chicago, if they showed up at certain place at a certain time. That place and time was a black tie reception being hosted for the Democratic candidate. Many did show up and the event was a disaster, but the candidate did manage to go on and win the election. Rove then went to work for George Bush Senior, but was fired in 1991 for political shenanigans that even Bush Senior thought went over the line. But Junior liked what Rove had to offer, and they have been a team for his entire political career (all eleven years of it to date). He has been referred to as Bush's Brain, and is known to be absolutely ruthless at protecting his boss – in short, he is Bush's hatchet man. He is like the Wizard of Oz, pulling the levers behind the curtain, and he is the man who has engineered the compliant media.

A compliant media is usually a sign of a repressive regime. Democracies rely upon a non-compliant media to ensure that government governs for the people, not for itself. They are our watchdogs on our elected officials; something we know from history is a very necessary thing. Here is a quote from an article by Robert Parry, an investigative journalist – "Investigative reporting is to journalism what theoretical research is to science, having the potential to present new realities and shatter old paradigms – how people see and understand the world around them – which in turn can transform politics. This is why investigative journalism is so important to the health of a democracy. A dramatic set of new facts – as in Watergate or Iran-Contra – can overcome long maintained lies and shake a corrupt government to its foundation".

In Canada our press has done an admirable job at keeping governments in check, though one has to wonder what we don't know. But they brought the Quebec sponsorship scandal to light, they uncovered Glen Clarke's stupid greed, and they forced the police to treat the disappearance of so many BC sex trade workers as the serial killing it turned out to be. The US has an equally competent media and they too have contributed mightily to safeguarding the interests of the US public. They're just not doing their job this time.

# News & Events

## Cancer Study

There is a group of people on Quadra focusing on cancer identification. Have you or any family member had cancer within last ten years while living on Quadra? *Amped on Nutrition* is looking for names and phone numbers for this study. Please come out and support this project

Barbara 285-3142

## Benefit for Quadra Children's Centre,

August 21, 2005 8:00pm at the Quadra Community Centre.

Please plan to spend an evening with Larry Maraviglia. Noted Broadway Playwright, Hollywood screenwriter, Poet and Actor Larry Maraviglia will perform a one man show featuring works by Thurber, Shakespeare, Oscar Wilde, Cole Porter and many others. Proceeds will be donated to the Quadra Childrens Centre. Tickets \$12.00 in advance/\$15.00 at the door, Available at Explore and Quadra Childrens Centre.

HOSTED BY ALAN RIBAKOFF AND EXPLORE.



## Courtney Wing

Friday, Aug. 19th. Cortez Island - Mansons Landing - 15\$ tix. Doors at 8pm Saturday, Aug. 20th. Quadra Island - Harriot Bay Inn - 9pm Courtney Wing has established himself firmly within the Canadian music scene as a songwriter, musician and producer of amazing capacity and creativity. He has toured and collaborated with some of Canada's most accomplished and respected musicians such as Bob Wiseman (Blue Rodeo, Ron Sexsmith, Edie Brickell), Jim Guthrie (Juno Nominee), Jolie Holland (Be Good Tanyas), and Bob Egan (Blue Rodeo, Wilco, Neko Case). He has also lent his talents in the film industry through licensing deals with HBO as well as recordings with renowned Sound Designer Mike

McCann of Fubar and It's All Gone Pete Tong. His connection with the cast and crew of Fubar lead to a chance meeting with Montreal singer/songwriter Andrea Revel who will be joining Courtney as the opening act at his Rime Café performance.

Refusing to be classified into only one genre, Wing's first two self-produced albums draw on his experiences performing in Latin America, Belize, and New Orleans to bring listeners a rich body of progressive folk music that draws on Indian sarods, Spanish dancing troupes and lush orchestral arrangements. Wing's soulful expression in his songwriting and melodies is consistent through out his work and provides him with a signature sound that is often compared to a modern day Van Morrison. The Montreal Hour describes Courtney as "a displaced left Coaster with soul, groove and something to prove and an excess of ability to do it" (Jamie O'Meara - Montreal Hour)

Courtney finds creative inspiration in the fleeting moments of everyday life and deftly unites the mundane with the sublime to provide music that is reminiscent of cold winds in Cypress, wild dancing in Mexico and long mornings spent drinking coffee.

He currently resides in Montreal, Quebec where he is working on his third album with Producer Bob Wiseman. Visit [www.courtneywing.com](http://www.courtneywing.com)

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## Farmers Market

The Quadra Island Farmers Market & Bazaar takes place each Saturday (rain or shine!) from May through the end of September 10 AM - 2 PM, behind the Quadra Credit Union. Set-up begins at 8 AM - no early birds, please! The fee for setting up is still a low, low \$4.00 for adults and \$1.00 for kids. Due to extremely limited space, all vendors must be residents of Quadra & the Outer Islands.

Food vendors are more than welcome! We should like to remind you that there is to be no food preparation on site, and suggest that food vendors contact the Health Authority at 287-2818 in order to make themselves aware of any regulations they may have.

Please leave your dog at home. Due to numerous complaints, we have bowed to the majority and are really discouraging dog presence at the Market. Thank you for your cooperation in this matter. Parking for Market customers is off Green Road - the Credit Union parking lot is for the use of their customers, while doing business at the Credit Union.

While many of you have been using the Market parking area for ferry parking during the week, we must ask that you please cease this practise. This is privately held land, and the owners have been gracious enough to allow us to use it for Market parking on Saturdays. However, their intention was never to have this turned into a full time public lot, and due to garbage & maintenance difficulties have decided that Ferry parking must stop. Please make alternative parking arrangements.

For more information, regarding the Market, please call: Dalyce 285-3180, Pauline 285-2076 or Linda 285-3952.

## Quadra Island Bible Church

Experiencing Life In Christ; Sharing Christ In Life



Pastor Roy (Sherree) Zimmerman

1281 West Road

Worship Service: 11:00 am

Sunday School: 9:45 am

Fax: 285-2035

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**Notice of Intent**  
**Re: Liquor Control and Licensing Act**  
**Hours of Sale for Food Primary Licence**  
**and Request for Patron Participation**  
**Entertainment For Liquor Primary Licence**

An application has been received by the Liquor Control and Licensing Branch, Victoria, BC from Mariner Properties Ltd, operating the Heriot Bay Inn at 673 Hotel Road, Heriot Bay BC, to change the hours of sale on Monday to Saturday nights from the currently approved hours between 11 am and 1 am, to 11 am to 2 am.

Residents and owners of businesses located within a .8 kilometre (.5 mile) radius of the proposed site may comment on this proposal by writing to:

The General Manager  
 Liquor Control and Licensing Branch  
 P.O. Box 9292 Stn Prov. Government  
 Victoria, British Columbia  
 V8W 9J8

**Petitions Will Not be Considered**

To ensure the consideration of your views, your letter must be received on or before September 5. Your name(s) and address must be included.

Please note that your comments may be made available to the applicant or local government officials where disclosure is necessary to administer the licensing process.

**Notice of Intent**  
**Re: Liquor Control and Licensing Act Hours of**  
**Sale for Food Primary Licence and Request for**  
**Patron Participation Entertainment For Food**  
**Primary Licence**

An application has been received by the Liquor Control and Licensing Branch, Victoria, BC from Mariner Properties Ltd, operating the Heriot Bay Inn at 673 Hotel Road, Heriot Bay BC, to change the hours of sale on Monday to Saturday nights from the currently approved hours between 11 am and 1 am, to 9 am to 2 am, and on Sunday from the current 11 am to midnight to 9 am to midnight.

An application has been received by the Liquor Control and Licensing Branch, Victoria, BC, from Mariner Properties Ltd, operating the Heriot Bay Inn at 673 Hotel Road, Heriot Bay, BC, to allow for Patron Participation Entertainment.

Residents and owners of businesses located within a .8 kilometre (.5 mile) radius of the proposed site may comment on this proposal by writing to:

The General Manager  
 Liquor Control and Licensing Branch  
 P.O. Box 9292 Stn Prov. Government  
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## QUADRA SENIORS—BR. 91

### B.C.O.A.P.O.-AUG. 2005

The Seniors have been busy working at the Tourist Booth, and what fun, meeting all the visitors from all over the world.

Things have settled down, after our successful 2005 Provincial Convention, which appr. 200 other Seniors from across the province attended.

We had a great boat trip for 24 members and friends, on July 21st, to Blind Channel Lodge. The lunch was delicious, and enjoyed the artwork which was done by Mrs Richter, who has passed away. Our Lottie Winckler, had a chat with her, on our last trip, two years ago. Some visited the aged Cedar Tree, and went for a hike or walk.

Our next boat trips will be on Aug. 13th, to Cortes, to visit interesting spots, on and around the island. Quadra Tours, on Aug. 30th will be taking 10 seniors, in a 26 ft. open boat, with a diver, to Breton Islands, to enjoy the wonders above and below the ocean.

Our next meeting, and picnic will be at Rebecca Spit, on Sept. 7th/05, there will be games, prizes and a pot-luck lunch. We will meet at 10:00 am, near the parking lot.

Welcome to all young and experienced Senior Citizens, contact people for Membership, are Ruth Amiabel 3801, and Cliff Hand, 2646. Phone Peter Gregg @3237, to come for a walk with the Gang on Sundays @ 11:00a.m



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## START SAVING NOW!

for the Quadra Philippines Connection's 11th annual GIANT GARAGE SALE to be held September 18th at the Quadra Community Center. Drop-off locations and dates will be announced later this month. For the past 12 years the community of Quadra has been financially supporting several daycare/preschools in remote areas of the northern Philippines through the International Associations for Transformation. (IAT). These daycare programs provide care for young children whose parents must work in the fields, at the same time providing a foundation for future education. This support has been provided mainly from the proceeds of our annual giant garage sale. As well, several families on Quadra support individual children's education through a sponsorship program also offered through IAT. Recently, 2 graduate sponsored students visited Victoria to attend a conference on Indigenous studies offered at U Vic and also participated in a gathering there to meet sponsors and supporters. The following is the opening speech given by Merliza Dona-al to those attending that helps provide an inspiring summary of the value of sponsorship through IAT's programs. "It is my pleasure and honor to meet you all. I am Merliza Dona-al from Torcao, a small and beautiful place located in the province of Kalinga, Northern Philippines. I have been an IAT beneficiary for 15 years. I was helped by IAT since grade 4 up to the time of my law course. I just recently graduated 3 months ago. I came from an economically poor family. I am the eldest of 6 children. My mother did not go to school, hence she doesn't know how to read and write while my father's education ended before highschool. My parents are both farmers. They till  $\pi$  hectare of land and since it is insufficient to meet our daily needs, they work seasonally on rich people's farms earning 120 pesos/day or 3 Canadian dollars and are trying to feed a family of 8."

"I still remember when I was 7 years of age and in grade 2. My mother told me to stop my schooling because they could not afford to send me to school. According to her, it is better to baby sit my younger siblings and do the household chores so she could work. I often cried because at my young age I knew the importance of education. Because I was so persistent, I had to sneak out of the house just to attend classes. After classes I did not neglect my duty to help my parents in fetching water and pounding palay (rice). It so happened that I was a consistent honor student."

[www.discoveryislands.ca/news](http://www.discoveryislands.ca/news)

"Then came the happiest and saddest moment of my life. I say happiest because I was chosen as one of the IAT scholars and saddest because I would have to leave my family and go away to study. I stayed in IAT's dormitory in a place called Sagada. At first I missed my parents and siblings but I overcame it because I had the IAT family, my co-IAT scholars and dorm matron. I learned a lot of things that nurtured me to become a better person. IAT has painted brightly the lives of ordinary kids. It has molded me into a better person. Aside from being financially helped, values are imbedded within us such as honesty, sharing, tolerance, goodwill, brother/sisterhood, etc. Before I was so shy to the extent that I would hide in order not to be called to speak in front of others. But because of IAT's trainings and seminars like summer literacy program, mobile theatre arts and symposiums, I was able to overcome my shyness and be confident. Our talents and skills are also developed. And we are trained to be service-oriented persons. More so, we are taught not to be ashamed of our cultural heritage and to question and fight injustices."

"I remember during my first year in law at one of the universities in Manila, most of my classmates were aloof. They came from wealthy and known families. I was not ashamed of who I am. I befriended them and now most of them are my closest friends. I was never intimidated in facing the calling of law studies. I attribute all these to empowerment trainings conducted by IAT. Moreover, IAT scholars who are now professionals are making a difference in their chosen fields of expertise serving their respective communities, being catalysts of change and setting good examples to their people. Simply stated, the sponsorship program has provided avenues for the less fortunate children enabling them to be developed holistically (mentally, socially, emotionally, and culturally)."

Through education, the sponsored children are not only empowered and prepared to become self-reliant but become instruments of peace. Values are clearly imparted to the children and this is one of the best legacies that IAT leaves to the children of the economically poor. Through the love and financial support of Canadian sponsors, children are enabled to transform themselves into productive, successful citizens. With the help of sponsors and supporters, it has planted many seeds which continue to bear good fruit. For those of you who are not yet involved, I would encourage you to join this fantastic family of compassionate people. Your support will alter

the lives and future of children struggling to improve the conditions of themselves and their people.

My plans for the future, after passing my Bar Exam are to work in a law firm in Manila to earn a living and gain experience. During my free time I will volunteer with a women's group, working for women,s and children's rights. I will also connect with groups working to protect and preserve the environment. After gaining experience, I will go back to the northern Philippines and be an advocate for my tribal people whose rights are being eroded and who are increasingly being marginalized.

Finally, I pray that humankind will focus upon our commonalities as brothers and sisters and as global citizens instead of passing judgment upon our color, race or religions. Thank-you to everyone. Matakotako tau lohan! May you live long and with much power. For more information about IAT's sponsorship program or the Giant Garage Sale, call Carol at 285-3035.

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# Island Report

## Business Profile:

### Quadra Island Pure Honey

by Tanya Storr

Arriving at Frank Sheran and Ted James' South End honeybee yard on my bike, I immediately noticed a pleasantly industrious humming sound. It was a bright and warm late July day, and the bees were hard at work bringing pollen back to the hives.

As the beekeepers and I walked over to the collection of 70 colonies (each stack of boxes houses a single colony), I reflected that it's a good thing I'm not afraid of bees. Although the busily buzzing beings were constantly landing on my clothes, skin, and notebook during the course of my visit, never once was I stung.

"The number one characteristic we breed into our bees is gentleness," said Frank. "We will re-queen a colony if it shows any signs of aggression."

Since all the characteristics of the colony are in the eggs the mother carries, Ted and Frank can genetically alter the colony's traits in this manner.

"Some bees are vicious, but there is no reason at all to let them get that way," Ted told me.

As well as gentleness, Ted and Frank breed their bees for disease resistance, non-swarming, and productivity. They have 160 colonies, or hives, spread over four yards on

Quadra. Their bees are housed at the South End, Quathiaski Cove, Heriot Bay, and Hyacinthe Bay.

"We've got Quadra pretty well covered as far as pollination goes," Frank said.

Noticing that Ted and Frank both speak softly and move slowly and carefully around the hives, I asked if their calm personalities fit well with the profession of beekeeping.

"Oh yes, you get along better with bees if you're laid back," Ted replied with a smile.

Ted and Frank formed their beekeeping partnership five years ago. Frank said he has learned most of what he knows about bees from Ted, who has been in the bee business for 38 years on the BC coast.

The two met when Frank came across Ted in one of his Quadra bee yards while on a walk almost 20 years ago. Frank's wife, Virginia Friend, is also involved in the bee business.

The beekeepers produce three products: flavourful honey that is 100% derived from Quadra flowers, bee pollen (fresh and dried), and queen bees for sale to other beekeepers.

"This is our first year of commercial queen raising, which is a very specialized part of beekeeping. Most of our queen bees are shipped a considerable distance, to places like the Prairies," said Ted.

Frank and Ted maintain 10 lines of bees, keeping careful records of each line. The best of the best is their commercial line. Their queens sell for \$15 each.

After raising a queen in a small colony called a mating nucleus, they move her to a thumb-length plastic cage for shipping. If a customer orders several queens, they are shipped in a special crate. Individual queens are shipped in an envelope with a hole in it. All go priority post. Their biggest single order this year was for 150 queens.

Raising queens from larvae is a precise process involving a large time commitment. Most beekeepers only raise queens on a limited scale for their own use.

Queen bees mate with drones in the air in traditional congregation areas. They

typically lay 1,500 eggs/day during the active season from late February to early October.

Queen bees can live up to two years (Ted and Frank keep theirs for one full year and then re-queen the hives), worker bees live for six weeks, and over wintering bees can last for several months.

Honey production is another important product of their apiaries. Each of the bee yards houses a collection of 40-70 colonies, with approximately 50,000 bees in each five-storey stack.

"We have at least one million foragers flying out of each yard every day," said Frank.

That large a workforce produces a quantity of honey that would impress even the likes of Winnie the Pooh.

"We should get 1,500 kilograms of honey this year, and we hope to double that next year. A good target is 45 kilograms of honey per colony, but there are lots of variables involved," Frank stated.

Bees produce honey by converting nectar from flowers into glucose and other sugars, packing the resulting solution into combs, and fanning their wings over it to reduce the moisture and increase the sugar content.

"It's all pretty ingenious," said Ted. "Bees are fascinating creatures."

Their bees feed mainly on maple and bitter cherry blossoms in the spring, and blackberry, tall dandelions, Canada thistle, snowberry, and pearly everlasting in the summer.

"The two main flowers our bees collect pollen from are maple and blackberry. They don't get out much in the wind and rain, so we always hope for good weather when the maples are in bloom," Ted remarked.

The boxes in each stack are painted different colours to help the bees find their way home.

"Painted boxes assist the bees in orientation and decreases the chances of them going to the wrong hive. We want to avoid drift because of possible disease," Frank explained.



Frank Sheran and Ted James with some of their beehives. Photo by Tanya Storr



Frank Sheran holding a laying queen bee.  
Photo by Tanya Storr.

Unlike many beekeepers, Ted and Frank do not take their hives into the Vancouver Island mountains when the fireweed is in bloom. Their honey is produced solely from Quadra Island flowers.

"You have to get the timing right, maintain a big colony, and prevent swarming to manage for honey here on the coast. There are thousands of acres of fireweed in the mountains, so you get a good crop," Ted noted.

Fortunately, predators are few and far between here on Quadra. Ted has only once had a problem with bears getting into the hives in Hyacinthe Bay, and that was many years ago.

Their third product is pollen, collected and processed by Virginia. Bee pollen is an excellent source of proteins and vitamins and is known for its health promoting properties. It is one of very few plant sources of Vitamin B12, and is said to help relieve area-specific seasonal allergies.

Look for Quadra Island Pure Honey's bee pollen at Amped on Nutrition. Heriot Bay Store carries their honey and you can also buy it from the beekeepers directly. Call Frank at 285-2654 or Ted at 285-3228 for more info.

# Island Forum

Thank you to the following people who generously opened their gardens for the 2005 Quilt and Tour :Robert and Kirsten Eastland, Deb Garde Manery, Janet Massey and Tom Pickering, Barb Frank and Bill Dubois, Sharon and Barry Hatelt, Eileen and Graham Mackay, Jim Marisi, Annabelle Cameron, Marie and Rob Wood, Martina and Kerry Kowalchuk, Ed and Ethel Drahanchuk. Thanks also to all the quilters who donated their creations to decorate the gardens. Despite Sunday's weather we sold 280 tickets and raised just over \$3000 to be split between the Community Centre Garden completion and the Quadra Quilters. Thanks again to all who made the tour a success.

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# Dualling reviews

Reviews of Ray Grigg's *The Sage's Way*  
by Steve Moore and Chris Thompson

Ray Grigg has just written his best work. Ray, through his main character, Old Shu, presents a clear, no nonsense, voice of essential wisdom for the modern age. In many ways, the book is comparable with Kahlil Gibran's *The Prophet*.

In a previous best selling book called *The Tao of Relationships*, Ray wrote, "When we find ourselves, we are more easily found by others," (pg. 49). While Ray's former books may have been a bit too heady, even abstract, Old Shu, speaking through Ray, brings basic Taoism/Zen/Universal wisdom right down to earth. Ray Grigg has found himself and now we can more easily find Ray Grigg.

*The Tao of Zen*, another book by Ray, mentions similarities between Taoism and Zen. These similarities are 'simplicity', 'directness', 'intuitiveness' 'the importance of being natural', and 'skepticism about...words...[and] institutions and dogma', (pg14). *The Sages Way* has all the qualities and one more...poetry. His new work is a wonderful combination of philosophy and poetry in the tradition of the *Tao Te Ching*.

The famous question of the sages, "Who am I?" arises over and over in *The Sage's Way*. The 'who' people think you are, the 'who' you think you are, and 'the me who remains the same from birth to death and beyond' (pg63). Just breathing in, Old Shu (and hopefully Ray) finds a 'vast and silent stillness that comes from nowhere and everywhere, that secretly moves through everything,' and 'in the place between my thoughts' he finds 'peace and serenity' (pg61).

In support of this reviewer's contention that Ray Grigg has become a poet, let me quote a few more lines from the book. Old Shu claims that when he's dead, he'll be "everywhere" and "easy to find." so here's the poetry: "Look, and you'll see him in the bending curve of a river, in the crooked branch of a pine, in the twisted stem of a mulberry. Listen, and you'll hear him in the splashing of a mountain stream, in the dripping of dew-drenched mosses, in the whispering fall of snowflakes. become quiet enough and maybe you'll hear his thoughts filling the empty silence of a dark night, or his dreams singing to the cool stillness of a white moon." (p.73) I rest my case. this poet/reviewer especially likes the feel, the visuals and the "d" sounds of "dripping dew-drenched mosses."

Ray has restated life's seemingly complex truths in very simple poetic language. Old Shu observes that "simplicity must pass through complexity to become truly simple." This book clearly completes a similar journey for Mr. Ray Grigg: from abstract philosopher/academic to

sage poet. there's still a touch of the old foot in the mouth disease of the former obtuse academic in "The teaching" section which begins each chapter. don't be discouraged. Old Shu clarifies and simplifies the wisdom teachings in "The Commentary" immediately there after.

Of course, there is still the mystery of whether Ray Grigg still exists or whether Old Shu as well as a new poet on Quadra Island.

Ray's book, *The Sage's Way* can be purchased for \$20 at the Explore or Steve's Spirit Books at the Upper Realm at Q. Cove.

Steve Moore

I picked up Ray Grigg's book, *The Sage's Way*, at his opening and have been reading it off and on ever since. It is well written and thought provoking. Some of it makes perfect sense to me; some of it I haven't quite figured out yet, and some parts I have trouble with. It wasn't Ray's intent, I don't believe, to have the book be an Idiot's Guide to Taoism, but I do believe his intent was to make the book as comfortable as possible for the average reader. Certainly the format of the book should be as comfortable as an "old shoe" for those people familiar with the I Ching as both texts follows the same pattern of 64 teachings followed by commentary. I won't go into all the things I liked about the book — if eastern philosophy is your thing or if you're interested in a good place to start then *The Sages Way* is a book that belongs on your shelf. I do, however, have a couple of problems with the book. The first couple are specific to the Sages Way and the others are more a problem with the genre.

In the prologue of the book we are introduced to our Sage and his two pupils which forms the background for the 64 teachings, arranged alphabetically, on human life that makes up the bulk of the text. The purpose of the prologue is twofold: First, it removes the author from the text making it less preachy; second, it is a user friendly user way to deliver the basic doctrine, which he does at the end: "...his [old Shu's] eyes were so close to the ground that the only thing he could know was the place where he was standing." No problem there! The problem for me is that in order for the humble sage and clever students motif to work Ray needed to populate the book with ignorant villagers, and because the reader already knows Shu is a sage, the reader automatically becomes a clever student without having to do any work. Just by picking up the book you have become one of Us, and we are a much better sort of person than They are.

After you've read a couple of books about eastern philosophy you might be excused into thinking that you've died and entered autistic heaven, as enlightenment seems to parallel

autistic pathology fairly closely. Sages all seem to have poor social skills, talk little and when they do talk it is in a language all their own, live by themselves, and have the ability to concentrate intensely on their chosen topic and show disdain for anything else. Ray had a chance to bring us a twenty first century sage; indeed, the back cover states that the book is a "... sensitive and thoughtful work [for] those seeking a balanced and harmonious relationship with the bewildering challenges of ordinary life," but instead of giving us a modern person, Ray recycles the enlightened hermit mythago. Inherent in this metaphor is a kind of intellectual elitism which works against the foundation of the philosophy in two ways:

First, the enlightened hermit perpetuates the separation of thought and body, man and nature, church and state. Users of this metaphor take great pains to point out that man is part of nature, that the goal is oneness, and that each of us has equal opportunity for enlightenment; yet, it is the person whose intellect has triumphed over his animal instincts and withdrawn himself (and I may add that men seem to be enlightened a lot more than women) to a cave somewhere who always seems to be on top of the enlightenment pyramid. Second, it reinforces the idea that the enlightened hermit is somehow better, that intellectualism confers some kind of divine right. If each of us is natural then each of us must be equal independent of our actions. Ghandi and Attila the Hun are on the same rung of the ladder.

The hermit metaphor presents two more simple problems for me. It's fairly easy to live an uncluttered life in a cave on the top of a mountain. When all your thoughts go into staying alive you become 'part of nature'. Maslow worked this out for us years ago. I'd be more inclined to listen to a sage who is bringing up two well adjusted children on Vancouver's East Side while working at Walmart than I would be to listen to someone living in a cave. And even supposing that living in caves and giving lectures is the highest form of human achievement, no one has yet explained to me what happens if we all become enlightened and sit in our caves waiting for people to give us food in exchange for our existence.

If being enlightened means learning to live as if today is the first day in the rest of our lives why are we looking for a cure for Alzheimer's.

My last niggling complaint is about the language, in particular, the overuse of enlightenment existing in the union of opposites. After reading a few of these books, 'thinking without thinking', 'doing without doing', 'finding the simple in the complex' and 'the many in the few' becomes preciously like "His Majesty is a jelly doughnut." If we accept the premise that existence is circular then it's a tautology that everything exists between opposites. The bigger problem, for me, is that the language allows you to say things like: 'to find what cannot be found,' and 'think what cannot be thought,' which are oxymorons. I understand that the limitation of language forces

a writer to use metaphor but you can't think what cannot be thought. Once you start down this slippery slope you find yourself writing things like, "I follow the wisdom of nature." Nature doesn't have wisdom. Nature just is, and while you can learn from it — any wisdom it has is like the light from the moon.

Having said all that, I still reread The Sage's Way because I think it has things to show me. I don't agree with all of it, but then who wants to read something they agree with 100 %. How boring would that be.

Chris Thompson

## Health Watch

*Quadra Island is fortunate to have many conscientious people living and sharing their knowledge of health/lifestyle. We have a reputation for being the place to go for great massages, jin shin do bodywork, yoga and a many other enriching practises that focus on the body. This week we are introducing a new column that will focus on alternative health and ways to lead a balanced life. We hope to inform the reader about some of the applied health options available. This week the topic will be cranio-sacral therapy.*

Cranio-sacral therapy uses very light touch and is suitable for people of all ages, including babies, children and the elderly, and can be effective in acute or chronic cases. Everyone is familiar with the body's cardiac rhythm and the rhythm of your breath. Yet there is a third important life sustaining rhythm called the cranio-sacral rhythm that results from the flow of cerebrospinal fluid in the brain and spine. When a patient goes to see a cranio-sacral therapist patient they lay comfortably on a treatment table while only removing shoes and jewelry.

The cranio-sacral technique refers to the link between the cranium or head and sacrum, the bone at the base of your spine. For decades (since the early 1900's) various forms of cranial manipulation have been used to treat a range of conditions, from headaches and ear infections to stroke, spinal cord injury and nervous system disorders.

The cranial therapist is skilled at feeling this subtle movement and areas of restriction in the skull, spine, sacrum, joints and muscles. Areas of restriction lead to decrease in nerve transmission, flow of vital fluids and then to symptoms of pain and discomfort. These areas of restriction lead to stresses of the system and contribute to dysfunction and poor health. The touch is extremely gentle and sensitive, so a treatment will be relaxing and enjoyable.

What can cranial technique do for your health? Cranio-sacral therapy is a hands-on approach that involves "listening with the fingers" to the bodies subtle rhythms and any patterns of inertia

and congestion. The emphasis of treatment is to encourage and enhance the body's own self-healing and self-regulating capabilities, even in the most acute pathologies. Common conditions helped with cranio-sacral technique?

In children's health: ear infections, headaches, eye problems, colic, hyperactivity, ADD, bruxism can all be helped. In adult health: headache, migraine, chronic pain, traumatic injury, stress syndromes, depression/anxiety, TMJ.

Catriona O'Curry



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# Recovery of the Airplane a success

By Lilianne Langevin

Exactly five months to the day, on Thursday, July 28th, the DeHavilland Beaver's wreckage was finally pulled from the deep waters of Sutil Channel. Two weeks prior, the intensive search had come to an end after friends and volunteers located the Aircraft in over 250 meters of water.

Nuytco Research Ltd, a company from Vancouver, specializing in deep dive explorations was hired to recover the Aircraft. Two man-operated mini-sub's called "Deep worker", accompanied the crew of technicians. The equipment was trucked over and transferred onto "The Inlet Raider", a locally owned barge, at the Duncan Terminal on Monday. Video footage taken days earlier gave the crew the necessary information and a plan of action was set for the next day.

Aboard the "Acapulco", an important vessel in the Search, friends and family members watched patiently several meters away. The Coast guard and RCMP vessels and their diving team were also on site. A media frenzy had begun the week before and camera crews had traveled from all over, chartering boats to be near the action. It took several interventions from Coast Guard to keep them at bay after we had asked all media to respect the families' wishes to be left alone on a difficult day. However, the mood aboard was surprisingly good. We had spent days talking about how this day would unfold and discussed different scenarios and possible outcomes of this event. Only time would tell what kind of results this would bring.

The sub resurfaced after several hours and needed to recharge batteries. It appeared more difficult to attach the cables as planned



**One-man operated mini-sub, *Deep Worker*, used in recovery recharging batteries**



**MJM airplane surfacing along the *Inlet Raider***

and a careful study of options was required. A day turned into two and after meeting with the families the dive crew decided they wouldn't go home without achieving their goal. On the third day, winds were blowing and we remained tied at the dock for some time, while the recovery crew put the operation on hold. Nerves were in knots at the thought that weather would again be a factor in this incident. We stared at the flags on other boats, silently hoping the winds would calm down and the waves would be reduced in size. Amazingly by the time we got to the barge, an hour later, the weather had settled again and the sub was already back down.

I wondered several times and tried to imagine what went through the submarine operator's mind. At 838 feet deep, it must be absolutely mesmerizing. Although you are in constant communication with the crew on the barge, you're still alone at that depth and trying to attach cables through small points on the plane. It takes a strong character and a fine technician to achieve this, certainly not for the faint of heart.

By late afternoon, the plane was carefully raised to 300 feet from the bottom and appeared intact so the lifting continued. The plane had been resting upside down with its nose buried in about a meter in the mud. We couldn't tell at this point if the engine was still attached and stirring of the mud made visibility impossible. We would have to wait until it reached the surface. The video footage had indicated that all doors and windows were intact and closed. A tear along the fuselage had

altered the decision of pulling it by the tail earlier. There was no way to tell if we would find a gaping hole where the engine should be, or if any part gave way, lose everything on the way up and create a large debris field.

The hopes of finding all aboard were high but we were prepared for anything. After more than four hours, and drifting several kilometers, the plane finally reached the surface. No engine visible, but no holes either. A twisted mess of metal at the nose and a missing wing....no longer the pride of an airline, but the families were rejoicing. We had achieved what couldn't be done, no matter what. We had found the needle in the haystack!

It took a few more hours for the plane to finally rest upside down on the bow of the barge. The crew had decided to drag it to shallow waters to avoid breakage. The pontoons had become detached in the shallows and a marker was anchored for a next morning retrieval. RCMP officers, a coroner and a Transportation Safety Board investigator headed for the barge to begin their preliminary investigation. By then, the sun was setting and no media boats were in site. The women were holding strong and our support circle tightened. Shortly afterwards, the news that all seatbelts were found unbuckled and no one was on board reached the "Acapulco". All of us were left with disbelief....in shock really! After five months of grueling intensity, all we had to give the families was an empty plane!

We reached Campbell River dock shortly  
[www.discoveryislands.ca/news](http://www.discoveryislands.ca/news)



after the barge. All were invited to see the wreckage after the women had their moment alone. The smell of aviation fuel barely covered my disappointment and anger. If being part of a rescue mission meant creating more pain for the families then this would be my last one. It took a couple of days to recover from the shock and after talking with the women, I felt reassured. It wasn't what they had hoped for but all felt relieved to know that their partners hadn't perished helplessly strapped in their seatbelts or trapped beneath cargo in a corner of the plane. They had fought their way out. The women had agreed they wanted to find all four or them, or none at all. Finding one would have been tragic for the others. They would stand together all the way! Of course it still raises questions but those can only be answered with time. A closer look at the engine will hopefully provide clues to what really happened.

Better emergency systems need to be created for floatplanes. Emergency locators need to transmit when submerged. Strict regulations and protocols need to be imposed and followed carefully. If this incident can teach lessons, create changes and prevent a similar accident from happening, then these men will have accomplished that.

On a financial note, after months of struggling to cover the costs for the Search and Recovery operations, the families received a call from the Ministry of Public Safety and the Provincial Emergency Programs coordinator. They will provide financial help and cover the costs of the Recovery. Months of fundraising efforts had not quite met the financial requirements and many volunteers and family members are left with large expenses.

The families are satisfied with the recovery operation and achieved what they had set out to do.....locate the Aircraft. It may not have provided the outcome and closure they were expecting but still found peace and strength in all who supported them. They were overwhelmed with the warmth and support of Quadra Islanders. Our "Thank you list" is now several pages long and we certainly wouldn't want to forget anyone.

So on behalf of the families, I would like to personally thank all of you who participated and donated so much for this cause. Your time and efforts may have seem little at the time but it all added up to something so important for all of them. You believed and gave them the strength and compassion they needed to continue. To all, thank you , thank you, thank you!

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## Meeting the Muse Art Show, August 28 – October 2

It's performance time for Cortes Island artists Dianne Bersea, Jodi Forster and Meinsje Vlaming. Meeting the Muse art show opens August 28th at Richard Calver's Grasshopper Gallery on Quadra.

"We're focused on completing the work," says artist Dianne Bersea. "We're Meeting the Muse to share three inspired perspectives of fanciful, stylistic, earthy and colorful creations."

Meinsje creates dolls that transcend the usual definition of 'doll' in whimsical, intriguing and mystical attenuated figures. "I like to trick the eye with unusual proportions. It's clay over an armature – they are less like dolls and more like sculptures. I also pay attention to body language. Even the toes have a story to tell."

Her whimsical doll sculptures have received an Honorable Mention in the Annual 2001 Campbell River Art Gallery Juried Members Show, and with Honorable Mentions and People's Choice Awards at other Gallery shows.

Jodi Forster also works in 3-D with hide, leather, wood, gems, feathers, bone, horse-hair and other natural materials. From these she carves, casts and assembles elements to manifest her sculptures and masks. For this show, a source mask of spaulted alder provides the mould for four goat hide masks representing Earth, Air, Fire, Water and the four directions embellished and assembled in a sculptural installation.

In 2002, Jodi's mask "North Wind" won Best Of Show, Non-Wildlife at the Brant Festival Carving Competition. Influenced by her imagination and creative intuition, Jodi's work contains echoes many spiritual and artistic traditions of the Pacific Rim.

As the show deadline approaches Dianne is working down to the wire. "I've been asked if having a deadline interferes with the creative process. Yes and no. An art show is an inner directed, self-imposed obligation. The challenge is part of the process. I'm as invigorated and curious about the outcome as our viewers might be. Pieces that I've had around for some time are taking on new life. In new pieces I'm experimenting with imagery, media and presentation. I'm mounting some pieces on plywood to be varnished and finished without glass."

Cortes Island provides an abundance of environments to stir Dianne's eye and heart. From these elements, Dianne interprets a celebration of life in all its natural and creative processes. In turn these revelations are transformed by manipulating elements of existing artwork to manifest unexpected iconographic images such as 'Sacred Grove'.

An honours graduate of the Alberta College of Art, Dianne's work has been acknowledged with a number of awards including elected membership in the Canadian Society of Painters in Water Colour. Four recent pieces have been accepted into Federation of Canadian Artists shows at Granville Island and the Nanaimo Art Gallery.

The Grasshopper Gallery is located next door to the Quadra RCMP station and across the street from the new Quadra whole food store. "Meeting the Muse" opens Sunday, August 28 from 1- 4pm, and runs until October 2. Everyone is invited to the opening celebration! The regular gallery schedule will be posted or call 935-6719 or 285-3136 for information.



Meinsje Vlaming works on one of her doll sculptures.



Jodi Forster alder and hide masks in process.



I just arrived home from the Religious Science International's Annual Conference in California where our Jamaican members presented a service Jamaican style. Rev. John Scott taught us that the Rastafarians, like Religious Scientists, believe there is only ONE. Believing in ONE means that you and I are not separate. What I see in you is a reflection of who I am. As a result the Rastas, instead of saying "You and I," they say, "I and I".

What needs to be learned from this is significant. If we are all ONE then what I do and say to and with you is a direct reflection of who I am. The play ground saying from the days when I was a kid, "It takes one to know one," has deep and momentous meaning. Who would of thought while chastising my peers I was actually chanting profound truths.

This fundamental idea begins by the understanding that there is ONE Infinite Intelligence. Infinite concludes that It is ALL, an omniscient presence. It is impossible to have It and something else. An easy way for me to understand this is by thinking of my body and all it's parts. I have hands, feet, knees, teeth and so on. My hands are no more or less Jill than my teeth and yet they have unique function and purpose.

We conclude by understanding we are ALL immersed in this Infinite Intelligence which has a two fold significance. First, if we can all see how we are linked, then it no longer becomes a duel of you verses me, this country verses that country, one belief verses another belief. I and I suggests the unity in ALL and inevitable peace will follow.

Secondly, the personal responsibility we have in all experiences is powerful. We are the centre of our universe: I and I are I. This leads to personal power for changing the things that no longer serve us in our individual experience. There is no right or wrong way to do this. The choice is ours. More information about Religious Science can be found at <http://www.rsintl.org/>



The ability of your mail program to send file attachments along with your message is a powerful and useful feature. Outlook Express or Thunderbird takes your file, converts it into a format that it can transmit, and then sends it along to the recipient, who then restores it to its original glory—or so the theory goes. Too often, though, your creation gets garbled, twisted, reformatted, and sometimes it just plain doesn't open. The first Doc Com column went to the editor as an email attachment. When it wouldn't open properly, I got a phone call: "Would you resend it in a different form?" After three more tries, the editor got all of the text, but it eventually printed minus some punctuation (the apostrophes had disappeared). Several things can go wrong when moving your file to another computer, but knowing a few basics about types of files will help minimize the arrgh factor.

Your word processor owns a particular type of file that contains its unique hidden instructions about things such as: the type face you're using; how your margins, paragraphs and spacing are set up; how your text is justified (left margin, right margin, centered); and the particular printer that's installed. Problems can occur when someone else tries to read your file using a different program or sometimes even a different version of the same program (Word 97 can't read documents created with Word 2000, for example). All word processors can read or convert several different types of files to their own native format, and will often try to do this automatically, but something often gets lost in translation.

First, try to match the file you send to the recipient's program. The easiest translation will happen if you and your recipient use the same program. For long, complex documents (your great Canadian novel or Ph.D. thesis, for example) the person at the other end has the best chance of seeing your words as you put them down by using the same brand and version of the program. However, if you don't know the receiver's program, and for the rest of us who want to send shorter, simpler things, saving your work in one of several generic formats will probably serve. Find the Save As entry under File in your program, click the drop down list next to file type and look at the choices of types to save in to see if you can match the

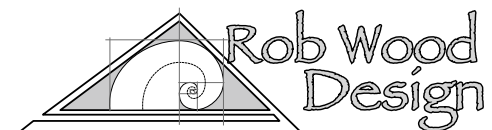
one your receiver's program uses. Failing that, there are some universal formats you can try.

The most generic of all (and read by all word processors) is .txt [plain text, no formatting]. If nothing else works, this will, although your paragraph indents, centering and other niceties will have gone missing. The DI likes to receive files in .rtf [rich text format] because that's a fairly universal file type which preserves things like paragraph structure. Another format that will work with most people is .htm (hypertext markup); this is the native format of Internet browsers (i.e. Internet Explorer, Firefox or Netscape), and will display in a browser window unless you first start the word processor and open the saved document. I sent the last column in two formats: the rtf version came out at the other end as gobbledegook (that's a useful nerd word), but the html version was intact.

If your program can create a .pdf (Adobe Acrobat portable document format) file, then you have some added flexibility. PDF files can't readily be edited and so you can send an invoice or estimate or proposal or resume knowing that it can't easily be changed (as a file can). It also allows you to keep the formatting intact and to include various graphic elements. Many of the newer word processors can write .pdf (Open Office is a decent, free, full featured office suite that has this capacity: <http://www.openoffice.org/> for the big download or download a free .pdf creator program: <http://www.exp-systems.com/>).

Next time: an interview with Chicken Little about hard drive crashes and backups.

Matt Martinelli, Enert Computers



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## Regional District of Comox-Strathcona Improves Access to Information by Launching Online Agendas and Minutes.

The Regional District of Comox-Strathcona (RDC-S) recently launched an electronic agenda system that lets the public view agendas and minutes online for all Regional District Board meetings, as well as meetings held by the Regional Hospital District Board and Committees. This new initiative streamlines Board communication by making it possible for Directors and staff to create, update and post meeting agendas and minutes in an electronic format on the Regional District website ([www.rdc.bc.ca](http://www.rdc.bc.ca)). It also improves public access to information by making agendas and minutes available for members of the public to view online.

Chair of the Regional District Board, Jim Abram, explains the significance of the new system: "This is a positive step towards providing the public with direct access to topics, information and decisions made during our meetings. It improves access to information across the vast geographic area that we represent while helping our 20 board members work more efficiently. The public will be far better served by this system."

Bob Long, Chief Administrative Officer for the RDC-S, adds that the new system was a cost-effective one: "We created a system that works with our current software. This factor alone resulted in 50% cost savings over similar systems used by other Districts."

### How the New System Works:

- The public can view meeting agendas and minutes at [www.rdc.bc.ca](http://www.rdc.bc.ca) (in-camera sessions exempt); agendas are posted up to seven days before meetings
- Board Directors connect securely with the RDC-S web site from notebook computers to view the in-camera agendas and minutes
- Directors add their own notes or comments (in the form of electronic yellow "sticky notes") into the committee or Board agendas securely from the web site
- Agendas are updated and automatically generated by the web site from a central database server
- Staff can enter agenda information and attach reports or correspondence automatically, using the familiar desktop program, Microsoft Access
- After a meeting is over the software automates the production of minutes from the meeting agenda
- Minutes are posted on [www.rdc.bc.ca](http://www.rdc.bc.ca) for public viewing, and are linked to future meetings agendas for Board ratification

### Potential for Other Local Governments

What sets the RDC-S system apart is how it was designed to work with software programs already in place. In launching this new system, the RDC-S joins several Regional Districts that have replaced paper-based systems with streamlined web-based systems. Most electronic agendas adopted by local governments in BC have required new software purchases, the creation of new web sites, or the use of large Adobe Acrobat PDF files and attachments.

The electronic agenda system developed by the RDC-S was built from tools most municipalities or Regional Districts already have in place for programming. The RDC-S did not need to purchase additional software products to launch the system. Once the programming was complete, all parts of the application and programming code can be updated or changed by in-house staff.

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July 8 - JULY 21

D	T	FT	M
6	5:24 12:43 19:44	12.1 3.6 13.1	3.7 1.1 4.0
7	00:30 6:05 13:00 20:12	10.3 11.9 4.2 13.2	3.1 3.6 1.3 4.0
8	1:29 6:49 13:20 20:38	9.7 11.5 4.9 13.2	3.0 3.5 1.5 4.0
9	2:34 7:39 13:42 20:59	8.9 11.0 5.9 13.2	2.7 3.4 1.8 4.0
10	3:29 8:38 14:05 21:16	8.0 10.6 7.1 13.2	2.4 3.2 2.2 4.0
11	4:15 9:58 14:30 21:34	7.0 10.4 8.4 13.2	2.1 3.2 2.6 4.0
12	5:01 11:49 15:01 22:00	6.1 10.5 9.6 13.2	1.9 3.2 2.1 4.0
13	5:53 13:32 15:43 22:32	5.1 11.1 10.8 13.2	1.6 3.4 3.3 4.0
14	6:57 14:57 17:17 23:14	4.3 11.9 11.7 13.2	1.3 3.6 3.6 4.0
15	8:09 15:54 19:22	3.4 12.5 12.0	1.0 3.8 3.7
16	00:11 9:12 16:36 20:22	13.1 2.6 13.0 11.9	4.0 0.8 4.0 3.6
17	1:35 10:06 17:13 21:11	13.1 2.0 13.2 11.6	4.0 0.6 4.0 3.5
18	2:56 10:55 17:48 22:00	13.3 1.7 13.4 11.0	4.1 0.5 4.1 3.4
19	4:01 11:40 18:22 22:54	13.5 1.7 13.6 10.3	4.1 0.5 2.1 3.1

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