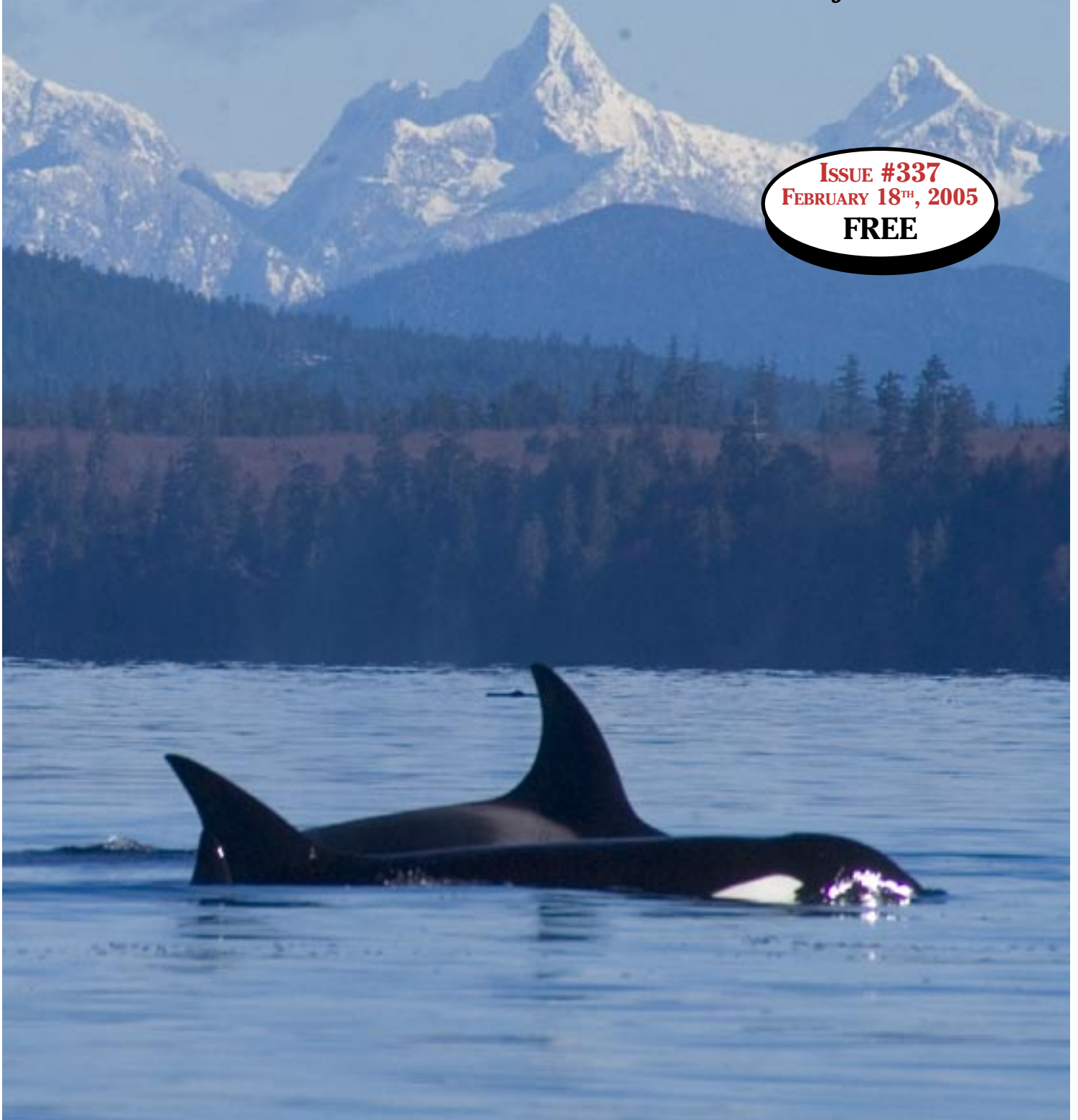


Discovery Islander

Community News and Events from Quadra, Cortes and the Outer Islands

www.discoveryislands.ca/news

ISSUE #337
FEBRUARY 18TH, 2005
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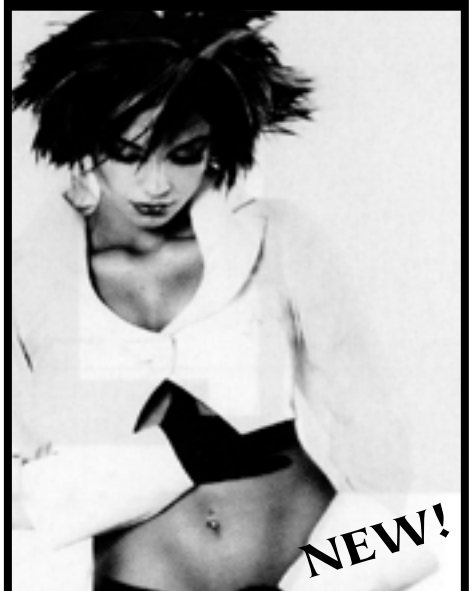
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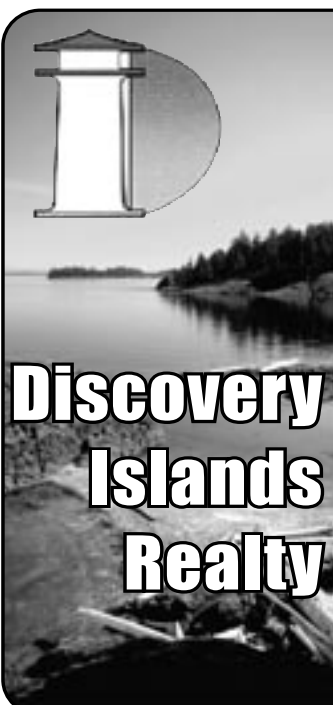
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Island Calendar

Submit your event:

eMail: news@discoveryislands.ca
drop-off: 701 Cape Mudge Rd.

fax: 285-2236

The Regulars

- **1st and 3rd Wednesday** -Food Bank 1-2 Community Centre
- **Every Monday** - Smile Makers Kidz Klub-Quadra Island Bible Church 2:45 p.m. - 4:30 p.m.
- "Vision" Rev. Jill Brocklehurst on CRTV 9:30 PM
- **Every Tuesday** - Kalina Folkdancers -Community Centre, 7:30 to 9:30 pm
- "Vision" Rev. Jill Brocklehurst on CRTV 11:30 AM and 4:30 PM
- **Every Wednesday** -Community Lunch 12-1:30pm Community Centre
- **Every Thursday** -Parent and Tots 10 am Community Centre
- Motorcycle Club meet 5pm Heriot Bay Inn Pub
- Prayer Meeting, 7:30pm at Quadra Island Bible Church
- Moe's Jam 9 pm Heriot Bay Inn Pub
- **Every Friday** -Live dance music 8:30 pm Heriot Bay Inn Pub
- Youth Group - Quadra Island Bible Church 7:30 pm
- **Every Saturday** -Meat Draw 5-6:30 pm Quadra Legion (members & guests welcome)
- **Last Saturday** - Bonus \$50 cash draw. Quadra Legion 6:30pm (members & guests welcome)
- **Every Sunday** -Sunday School - Quadra Island Bible Church 9:45 am
- Silent prayer and meditation QI United Church (downstairs) 10:00 am
- Sunday Service QI United Church 10:30 am
- Positive Living Celebration, 10:30am Community Centre
- Worship Service 11:00am Quadra Island Bible Church
- Buddhist Meditation Upper Realm, Q.Cove Plaza 10 am.
- Jazz nights in the Heriot Bay Inn Pub every Sunday 6-9 pm 285-3539
- 2nd Sunday of Every Month - Praise and Worship Time, Q.I. Bible Church 7:00 pm

Next Deadline: Monday, February 28th 2005



www.discoveryislands.ca/news

Day by day

- February 18th, Friday**
- Friday Flicks: Go Further QCC
7:45 pm
- February 20th, Sunday**
- Quadra Action for Peace QCC
6:30 pm
- Betrayed: Story of Canadian Merchant Seamen QCC
7:45 pm
- February 22, Tuesday**
- Arrogant Worms Slither back QCC
7 pm
- Quadra Community Assoc. - monthly meeting Aroma Cafe
7:30 pm
- February 25, Friday**
- Q.I. Centre for Positive Living AGM and Social TBA
7 pm
- February 26th, Saturday**
- "Temperate Rainforests of Home" QCC
7:30 pm - sponsored by Sierra Quadra
- February 27, Sunday**
- Film: "The Corporation" QCC
2 pm
- February 28, Monday**
- Vision - Show Guest - Opal Eriksson Part I Cable 10 CRTV
9:30 pm (also showing Tuesday 11:30 am and 4:30 pm)
- March 1, Tuesday**
- Water sample drop-off QCC
8 am - 12 pm - also March 15 & 29th
- Huston Smith's "Personal Philosophy" QCC
7 pm
- March 4th, Friday**
- Friday Flicks: Japanese Story QCC
7:45 pm
- March 7, Monday**
- Vision - Show Guest - Opal Eriksson Part II Cable 10 CRTV
9:30 pm (also showing Tuesday 11:30 am and 4:30 pm)
- March 8, Tuesday**
- Quadra Quilters Guild QCC
9 am - 2 pm
- Huston Smith on "Buddhism & Hinduism" QCC
7 pm

Island Calendar online: www.discoveryislands.ca/news

Island Calendar is a list of on island events. Please submit separately for the **Island Calendar** and **News & Events** or indicate in your submission if you would like your event placed in both. **Following the text order exactly as above for email submissions is appreciated** (month, date, day, title, place and time), use the title as your email subject. Current advertisers welcome to submit events but not-for-profit items will be given priority. Thank you.

On the cover



Transient orcas in Sutil Channel Feb/05.

photo: Philip Stone

**Next deadline for the
Discovery
Islander**

Feb. 28th

**701 Cape Mudge Rd
Monday-Thursday 10-4
use drop box after hours please**

Discovery Islander

Community News and events from Quadra, Cortes and the Outer Islands



#337 February 18th, 2005

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Items for publication are welcomed on subjects of interest to the Discovery Islands community. *Please help us by following these guidelines:*

- Please print handwritten material clearly.
- Electronic items sent by email or on disk must be saved as *Word* or *rtf* formats. Please spell check in Canadian English.
- **No MS Publisher, WordPerfect** files or graphics in Word files please. Send imported graphics separately.
- **Please** use the title of the item as email subject & send multiple items in separate emails.
- Please don't send original irreplaceable material, make a trip to a copier first!!
- Please remember to caption & credit photos and artwork. Don't write on the back of photos use labels or Postits™.

While every effort is made to include all items submitted, errors and accidental omissions do occur and the Discovery Islander should be only one part of your publicity efforts.

Next Deadline

7 pm. Monday, February 28th

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News & Events

QI Cycling Club's First General Meeting

Do you ride a bicycle to work? Are triathlons your passion? Do you need an introduction to mountain biking on Quadra? Is there a rusty unicycle sitting in your carport? Do your kids need incentives to ride? Help is here! Come to the first general meeting of Q.U.I.C.C., Monday, February 28th, 7 p.m. at the Yak Shak. We'll discuss where we are coming from and where we are going. Please bring ideas on promoting any kind of riding on Quadra. We will be sharing details on our first sponsored event: a kids adventure fun race, "Kids for Kids with Cancer". Mark down Saturday, April 9th for this fun event for youth! Phone Katrina or Shelby for info or to help out at 285-3762 or 285-3459. For info on Q.U.I.C.C and our general meeting phone Brent at 285-2550.

Minor Softball

New this year is a popular program for 5-8 year olds called "Learn to Play", a fun skills based program that was very successful in Campbell River last year. This program takes the place of T-Ball and Peanuts, is more involved for the individual player and is more entertaining for spectators. CR has invited Quadra to participate, games would be once a week in C.R.

Ages 9 to 14 will play as usual.

REGISTRATION DATES: Feb 22/05 Heriot Bay Store 11am-2pm; Mar 4/05 Community Center 11am-2pm; March 8 & 9 Quadra School 2:45 -4:30pm. Fees \$40 Quadra Rec. Membership \$10 (if player doesn't have one).

Any questions call Melanie 285-2103. We will be needing coaches and parent participation on a regular basis

Moe's Jam

Every Thursday night is an opportunity for every drinking age musician on the island to Jam with Moe.

Mikes & amps are provided. Bring your guitar or piano or voice or whatever & just plug in & have fun. Sometimes Shirley Locks & the Bears come, sometimes poetry is read and sometimes people play blues harp for the first time on stage. No cover & lots of sitting & dancing room on Thursday nights. 9 p.m. to midnight at the Heriot Bay Inn Pub.

Dinghy Sailing

RECBOATS 05 Quadra Sailblazers Learn-to-Sail Dinghy Course. For age 10 up and adults, eight to ten Sunday afternoons to the end of May. No experience necessary but some exertion involved. Registration and first RecBoats two hour session is on Sunday, 6th March, 1:30 pm at Quadra Community Centre. Course fee \$45.00 each (\$35 for second family member); plus Sailblazers Membership fee of \$45.00 per family. Membership in Quadra Recreation Society is required.

RACEBOATS 05. For Intermediate Sailors. [A] Three classroom evening sessions on Racing Rules \$10. [B] Five on-water sessions on Intermediate Sailing Techniques \$15. [B] requires Sailblazers Membership but [A] will be of interest to all sailors who like to compete and may be taken alone. On-water sessions follow Recboats on Sunday afternoons.

If you want to try this great recreational sport, please call ahead to book your place as numbers are limited: call Frank or Shirley Wallace, 285-2297.

SailBlazers members enjoy free use of the dinghies, stored at the waterfront, during the summer. The Club has also arranged cruises for members and has an on-going video project centering on water activities.

Chess Club

Meets every Tuesday Evening from 6:30 to 9:30 pm. Bring your set and clock. All ages welcome. Adm: \$2. Thank you to the Yak Shak for generously providing the locale.

For more info call John 285-2290.

"The Corporation" shows again!

The documentary film "The Corporation, which 100 folks saw at the community centre last month is coming one more time. This time on the small screen at almost half the price. So if you missed it and heard good reports from friends & neighbours, this is your chance to see the best documentary film of the century for just \$2.

This showing is a fund-raising activity for Quarda Action for Peace, which is working towards a local action to coincide with the anti-war International Day of Protest on Saturday, March 19, 2005, which is the second anniversary of the U.S. invasion of Iraq. (See related article in this Discovery Islander) Part one of "The Corporation" will be shown at 2 p.m. followed by a brief discussion of 15 minutes. Part two will be shown at 3:30 p.m. Some parts of part two are not suitable for children 12 years old or younger. Room 1 of the Quadra Community Centre. Sunday, February 27, 2 p.m., \$2. Call Steve at 285-3323 for more information.

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Documentaries in Quadra Library

Quadra Action for Peace has given several films to the Quadra Public Library which are available for home viewing.

The following films are available: 1). John Pilger "Breaking the Silence: Truth and Lies in the War on Terror" 2). Frank Dorrell "What I've Learned about U.S. Foreign Policy" 3). "September 11, 2001: Cover Up or Complicity" 4). A two volume DVD of the best of the 9/11 conspiracy videos by Black Cat Productions (available February 20th) 5). "The Corporation" (available March 1) Unfortunately, these films are popular and can be taken out for the full three weeks. But check when you visit the library and just ask. With a stroke of luck, they may be there.

The films were shown at the community centre and all costs, including the cost of the films, were met by generous donations. Hence Quadra residents acquired collective ownership of these films. Call it generosity, call it an expanding the public sector, call it collectivism, communalism or socialism or whatever you like.....They're your films now!!! Call Steve at 285-3323 for more information.

Int'l Women's Day

Women, celebrate sisterhood at our annual International Women's Day potluck, Saturday, March 5 at 6 pm.

Bring a delicious dish to share; your plate and cutlery, your Mother, daughters, grand daughters and girl friends and enjoy a feast together. Doors open at 5:30.

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Secret Documents Reveal Liberals Blowing Major Wind Energy Investment Offer Just as Kyoto Accord Takes Effect

Vancouver-BC Green Party Leader Adriane Carr recently received a "brown paper package" of correspondence revealing that BC stands to lose major investment dollars, jobs and significant federal government subsidies if the provincial government doesn't commit soon to accepting more wind-generated energy into the provincial power grid.

Carr's package contained correspondence confirming that VESTAS, the world's largest manufacturer of wind turbines, has approached the BC Government with an offer to invest over \$150 million to build a major wind turbine plant in Squamish. The project would generate more than 400 jobs in a community hard hit by the loss of BC Rail jobs. But the BC Government is stalling on the deal.

"It's a no-brainer," says Carr. "Climate change is now the biggest global issue. Here we have the chance to do our bit to meet Canada's Kyoto Accord obligations by shifting to clean, green energy and, at the same time, garner money and jobs. It's gross incompetence on the part of the BC Liberals if they don't move forward with this wind energy deal now," says Carr.

A letter dated December 16, 2004 from VESTAS to the BC Minister of Energy and Mines requests a meeting and warns that it has other investment avenues and must get a government decision soon. To secure its investment VESTAS has asked the BC Government to commit to purchasing 1,000 MW of wind power. A 450 MW wind energy project by Sea Breeze is permitted and ready to go except for BC Hydro agreeing to purchase the power.

"The government agreeing to purchase 1,000 MW of wind power would help bring sustainable development and good, green jobs to at least two regions of BC that really need it: Squamish and the North Island," says Carr. "In addition, the federal government has an offer on the table to subsidize up to

4,000 MW of new wind power to the tune of about one cent per kilowatt hour. Quebec has leapt on this offer with a guarantee to produce 2,000 MW of wind power and other provinces are moving fast. If BC doesn't make a decision very soon we stand to lose millions of dollars," adds Carr.

Despite the commitment in its Energy Plan for BC to target 50 percent of BC's new energy production as "clean and green", the BC Government's energy arm, BC Hydro, has accepted only one wind power project, a proposal by Stothart Energy to build a 45 MW wind farm near Holberg on northern Vancouver Island.

"The Sea Breeze project is ready to go. The BC Government should commit to purchasing the 1,000 MW of wind power needed to secure the VESTAS project, and get going on the Sea Breeze wind project. They should purchase the power at the \$0.07 rate they offered Duke Point, cancel the Duke Point deal and put BC on a profitable and healthy green energy path," says Carr.

Carr has recently talked with Gerry Furney, Mayor of Port McNeil, Ian Sutherland, Mayor of Squamish, and Bill Shepard, Chair of the Mount Waddington Regional District. They all completely support these power deals and are waiting for positive action on the part of the BC government. "It's time that BC catches up with the winds of change and gets on board with Kyoto and green energy," concludes Carr

For more information contact Adriane Carr, Leader - cell phone 604-740-1321 or 604-886-4560

In the 2001 provincial election, the BC Green Party garnered 12.4 per cent of the popular vote, establishing itself as BC's third major party. According to the latest Ipsos-Reid poll (December 2005), the Green Party of BC stands at 12% in the opinion polls province-wide.

Legion L.A. Flea Market

It's time to spring clean and go through closets, garages & those attics and get ready to organize all those little treasures you don't want anymore. The Ladies Auxiliary's Flea Market will be here in no time, so get your things together. Flea Market is coming in March!

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Friday Flicks Tonight!

Go Further

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Documentary filmmaker Ron Mann has turned his eye to the road trip for his latest feature, following Woody Harrelson (ex-Cheers star) down the American West Coast in his hemp-foiled bus and on bicycle. Harrelson and his “Merry Hempsters” go from Seattle to Los Angeles on his Simply Organic Living tour, stopping at various university and college campuses where Harrelson, with irreverent charm and articulate sincerity, speaks on eco-consciousness living. Go Further is a positive, lighthearted screed against overconsumption and heedless citizenship in general.

Mann takes pride in creating well-shot theatrical docs with lavish soundtracks. Go Further chronicles a feel-good road trip and as the camera rolls across a panorama of environmental rape and rapture, he makes musical pit stops. The audience is treated to performances with Michael Franti, Natalie Merchant, String Cheese Incident and Dave Matthews. Woody also hangs out briefly with Ken Kesey, in a clip filmed before the original Merry Prankster died. The ride is never boring.

Next at Friday Flicks

Japanese Story - March 4th

Same time, place and price

Rated Mature

Australian filmmakers tend to turn to the desert when they're looking for trouble. The desert is where white men go mad and black men do not. Japanese Story takes off into the stunning iron-red Pilbara desert to look for something new.

In Perth, Sandy Edwards, geologist, lives in a soulless apartment, eats bad food, smokes, and scowls at everything. Hiromitsu appears to be the stereotypical Japanese of a bad joke - aloof and inscrutable when he isn't dishing out business cards, bowing, making a spectacle of himself in a karaoke bar and forever taking snapshots. Sandy is deputed to fly north to Port Hedland to be mine tour guide to Hiromitsu, whose father is a big wheel in Japanese steel.

Naturally, they do not get along and the director makes gentle humour out of

their mismatch. What seems at first to be a modest little culture clash comedy gradually shifts into an intriguing survival drama as they get further into the desert, at Hiromitsu's insistence. The two people, who have more in common than they realize, are forcibly made aware of their small place in the big picture and then, the film becomes something else again.

That is all the reviewers will say about it. “About halfway through the story something so completely unexpected happens that it made a seen-it-all press contingent gasp, collectively thunderstruck.” The ground falls away under your feet and what has gone before takes on a new aspect.

Visually, Japanese Story is a love letter to Australia. It is also a complex, heartrending film about human relationships. The film, cast, director, cinematographer, screenwriter, etc won every available film award in Australia last year. (Empire, Jam! Movies, Sydney Herald)

Temperate Rainforests of Home

Saturday, February 26th, at 7:30 pm in the Community Centre sponsored by Sierra Quadra. Pat Rasmussen, coordinator of the World Temperate Rainforest Network, will present a slide show on temperate rainforests of the world. Temperate rainforests are rare – only .2% of the Earth's landmass – yet are biologically rich and diverse. From the Tongass in Alaska, the Great Bear, Clayoquot Sound, East Creek, the Upper Walbran, through the Olympics in Washington, the Klamath-Siskiyou in Oregon and the northern California redwoods, down to Chile and across to the Tarkine in Tasmania and the West Coast of New Zealand, see photos of old growth temperate rainforests and the endemic species that depend on them. Learn of the World Temperate Rainforest Network (WTRN) recently formed to facilitate international cooperation for their conservation.

In May, 2003, environmentalists, scientists and First Nations from British Columbia, Alaska, Chile, Australia, Argentina and the Pacific Northwest of the U.S. met at the University of Victoria for the first World Temperate Rainforest Conference. Participants shared information about temperate rainforests in their own regions,

developed strategies to work together for their conservation, then launched the World Temperate Rainforest Network.

“There have been international networks for tropical rainforests and boreal forests for some years. A network for temperate rainforests to let the world know the values of these rare forests is vital,” said Pat Rasmussen, coordinator for the network.

For more information about the World Temperate Rainforest Network (WTRN), see their website: www.wtrc.org

Quadra Seniors-BR.91-B.C.O.A.P.O

At our Valentine Friendship meeting Feb, 2nd/05, a good time was had by all. We had a Quartet of singers, Ruth & Rod Penner and Judy & Kurt Hagen with Pat Nowazek on piano. They all did a marvelous job, singing tunes and bringing many memories back to us all, from the 40's to a 50's. Thank-you All. We had new people attend, and also became members. We had a delicious Pot-Luck lunch, provided by the men. for their Valentines. Many prizes were won, by 20 members.

We sadly lost one of our most loved members, Rogier Michel, who passed away recently. Rogier was our 'Don Juan', No. 1, who brought all the ladies to their feet when he greeted them. We are sure he is driving around somewhere up there, in his Lincoln Continental with Two-Tone, his yodeling dog, in the back seat. “C'est La Vie” Rogier, from your little ones.

At our next meeting, March 2nd, we will have Colleen Swanson, visiting us from the Quadra Island Fire Department. “Be sure to attend, she will be most Informative.” Come to our meeting at 10:00 a.m, have a chat, and browse through the books and magazines, you can take home.- A nice Lunch will follow. Our meetings are usually held on the first Wednesday of the month, on other Wed. we have Tai-Chi at 10:00a.m, with Annie & Chi Chi the Tai-Chi monkey. Carpet Bowling at 10:30 a.m, with Chris & the gang, all held at the Legion in Heriot Bay. For Membership & Computer Group Ph. Cliff-285-2646; Tai-Chi-Annie-285-2885; Carpet Bowling-Chris-285-2207; Walk Rebecca Spit on Sundays-Phone Peter-285-3237. “Hope to see you at our next meeting” on March 2nd/05.

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Eric Benson & Urban Legend

WE.Scott, a freelance writer, attended the Eric Benson & Urban Legend show at the Tidemark Theatre and in part, had this to say: "When newly formed band "Eric Benson & Urban Legend" took the stage on January 15th to kick off the Tidemark Theater's 4 for 40 concert series, the anticipation was quite tangible...The show was part dramatic, soothing, toe-tapping, haunting, full of wit and charm and add in the beautiful stage design, a bit of smoky haze during a couple of numbers, and the whole thing became almost mystical.... If anyone was wondering beforehand if the drive through the snow was worth it, certainly they were now telling themselves it was....."

A lot of the songs performed that night were new to a lot of the audience and some were brand new to everyone, but you'd think each song was a well known favourite....Eric's songs take you on 3 or 4 minute voyages into his life, and the lives of those he has known personally or read about, over the years.....I absorbed not only the incredible vocals, spot on harmonies, melodies and lyrics, but the unique presence generated by their performance that continued to build from the very first song...Events as diverse as the Salem Witch trials, then on to a widow's lament in the coal mine disaster song, "Spring River", beautifully done by Cathy Kalyniuk, and my personal favourite, "More", done in a wonderful open tuning style of guitar playing that adds so much essence, you are transported under starlit sky where the song's beginning takes place. Michael Wilson's piano surrounded each song with elegant beauty and then with toe tapping enthusiasm in the bluegrass number... Mo Davenport on bass and mandolin has an obviously lengthy musical history with Eric (going back to 1983) as he wove an integral deep rich sound with the bass....Greg Hill may have been deep in the background of the stage, but the solid percussion brought everything together.... Eric said that Johanne was a natural harmony vocalist, that she would hear a song for the first time and immediately begin to blend in....It would be an understatement to say that the audience was impressed....The applause seemed to go on forever. As the house lights came up, there was a rush of fans towards the stage with cameras in hand. Lots of handshaking and congratulations. The smile on the faces of everyone was infectious. You couldn't help but feel like you had just experienced something wonderful and promising in this very talented band. A deep sense of pride was apparent in the lobby immediately after the show. Pride that a little town like Campbell River,

out on Vancouver Island, could be home to such an incredible group of musicians. There aren't a lot of bands out there that have this sort of effect on it's audience."

Eric Benson & Urban Legend will be making an appearance at Ironwood Mall on Sunday February 13th from 12pm-2pm. On Saturday March 12, the band travels to Quadra for a performance at the Quadra Rec. Centre. Tickets for this show are \$10 in advance (\$8 for seniors/students) and are available at the Music Plant in Campbell River and on Quadra at Hummingbird Office Supplies and Quadra Crafts. Tickets at the door: \$12 (\$10 for seniors/students) Four of the band members, Eric, Cathy, Johanne and Michael will be performing at Sundance Java Bar on Friday March 18. This show is SOLD OUT, however, due to demand, an encore performance is scheduled for Saturday March 19th at 7PM. Tix are on sale now! For more information, contact Sandy at 923-8827.

Quadra Vertical

Next time you're in the Community Centre take a look at the climbing wall taking shape at the back of the stage. It has now been painted and is waiting for the belay points and the climbing holds to be installed. After that, Philip Stone will be doing a belay course for interested people. Shortly thereafter it should be up and running, um we mean climbing. Want more info, want to get involved? Phone Matt at 2201, Karin at 2432 or Heather at 3570

Demonstrate for Peace

As of January 5, 2005, Bush's war on Iraq has killed over 15,000 civilians according to iraqbodycount.net, an organization that compiles statistics only from published reports.

According to public health officials from John Hopkin's University, the actual total is much higher. They claim in the British medical journal the "Lancet" that 100,000 civilians have died, the majority falling victim to U.S. attacks. The United States has already lost more than 1,400 soldiers. Another 10,000 soldiers have been wounded, at a rate now of almost 1,000 a month. According to the "New York Times", more than 100,000 U.S. troops who are serving in Iraq will require medical health treatment when they come home. Little wonder then that 5,000 U.S. troops have deserted and some have come to Canada.

In Iraq, "The resistance (to the U.S. occupation) is more than 200,000 people" according to General Mohamed Abdullah Shahwani, Iraq's Intelligence Director. Thus, the insurgency already outnumbers U.S. troops and is rapidly growing. Popular opinion in Iraq favours the withdrawal of U.S. troops. In the Spring of 2004, a "USA Today" poll of more than 3,000 Iraqis found that 71% said the U.S. soldiers were occupiers and 57%

said U.S. troops should leave immediately. More alarmingly, more than 50% said that, in some circumstances, attacks on U.S. troops were justified. Popular opinion in the U.S. is not much different. In December 2004, a "Washington Post/ABC News" poll found that 56% of Americans concluded that, given the costs, the war was not worth the price.

Given these poll results, where is the democracy, the majority rule, the U.S. deeps talking about? And, for that matter, where are the weapons of mass destruction? Iraq is starting to look alot like Vietnam. The U.S. invaded Iraq on March 19, 2003, just two years ago. People tend to forget that 1,864 U.S. soldiers were killed in the first two years of the Vietnam War (1963-65) and the death rate exploded after that. This is what's happening now in Iraq. In November 2003, there were 864 attacks on U.S. troops. In the last three months of 2004, the attacks were averging nearly 1,700 attacks a month with no improvement in sight. Given this grim picture, the U.S. anti-war movement is calling for "U.S. Troops out of Iraq...Bring the Troops Home" and organizing national & international peace demonstrations for Saturday, March 19, 2005. Massive demonstrations are expected in New York, Washington D.C., San Francisco, London, Rome, Paris, Athens, Madrid, Toronto, Vancouver and the Middle East and Asia.

Two years of blood letting and human suffering are enough. The Quadra Action for Peace thinks that we cannot stand by and allow this slaughter of innocents (& combatants) to continue. The Iraq people have suffered enough. Can we not help in some small way to bring the public opinion of the entire world to bear on the U.S. military/corporate/oil complex? Can we not help save the lives of the young men & women in the U.S. & coalition forces, many of whom just want to come home? Can we speak truth to power, no matter how powerful that power is?

Please come to the Quadra Action for Peace planning meeting to decide what to do on this March 19 International Day of Protest. We are meeting at 6:30 p.m. (One hour before the "Betayal" movie) on Sunday, February 20 in the downstairs Board Room of the Quadra Community Centre. (Important: Please enter by the South Entrance) Call Steve at 285-3323 for more info.

BETRAYED! The Story of Canadian Merchant Seamen

If you missed "Betrayed" this week-end at the World Community Film Festival in Courtney, here is an opportunity to see it February 20th right here on Quadra with director, Elaine Briere in attendance.

This fascinating new documentary from Vancouver's director of "Bitter Paradise: The Sell-Out of East Timor (1996)", tells a little-known Canadian labour story that had (and still has) major international implications. iBetrayed charts the turbulent history of the Canadian Seamen's Union, which organized to vastly improve the lot of the Canadian merchant seamen who would serve their country and the allied cause so heroically during World War II. These young men, many still in their late teens, were killed in larger numbers than were sailors in our Navy, but they had to fight yet another battle to get the government to formally recognize (and provide pensions for) their service and sacrifice. In 1949, these heroes were dealt a stunning betrayal: the Liberal government of Louis St. Laurent decided to privatize Canada's merchant fleet, then the fourth-largest in the world - and, to overcome CSU opposition, raised the McCarthy-era spectre of communism to discredit the union and replace it with a more pliant, less progressive union from the US. The CSU called for an international strike in response; when workers in 26 countries joined the job action, tying up 60% of global shipping, the result was the largest international strike of the 20th century. Today, Canada is still bordered by three oceans, but not a single deep-sea ship flies the Canadian flag - and global player Canada Steamship lines, owned by the family of current Prime Minister Paul Martin, has been taken to task, here and elsewhere, for flying foreign flags to avoid Canadian taxes and the more progressive labour laws of western democracies.

"Betrayed" will be presented at the Quadra Community Center at 7:45 p.m. on Sunday, February 20th. Doors open

at 7:30. A discussion with director, Elaine Briere will follow this fascinating and highly informative 56 minute video. Admission is \$5.00. For further information call Carol Foort at 285-3035.

Poem of the Week

Every week at the Community Lunch, a poem is served by Steve in addition to the regular wonderful lunch. Those poems that get a welcome response & some positive feed-back will be reprinted here. Unfortunately, the delicious community lunch soups can not also be served up in your mailboxes as these poems can. So come on down at noon on Wednesdays Congratulations to the 12 community lunch volunteers who all successfully passed the "Food Safe" Course last week. Well....here's the poem....

Love Conquers Hate

Hate is not comfortable in this world
It's life, like our anger, is short lived...
Every killing field has its end
With all its noise & power & pomp
Hate makes big waves, as Hitler did
for a decade or two & then disappears
Creation is slow & silent, like Spring buds
emerging
Destruction is loud & forceful & full of
speed like a raging forest fire
In the end, these gentle rains from
Heaven put out the fire
In the end, these gentle rains from
Heaven put out the fire
Hate is not comfortable in this world
& Yet, Love abides, resting in the womb of
creation
Merging silently inside this human
family...
This human Heart
Nobody knows why Love
has this all encompassing staying power
& hate just comes & goes
Nobdy really knows if Love is eternal
although many have made the claim
One thing we do know
Love conquers hate
Like magic, in a veil of mystery...
Love conquers hate

Steve Moore 7:51 a.m. Tuesday, Feb. 1, 2005



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Roy is 70!

Come out for the fun on February 23 when Roy Dahlnas will be celebrating his 70th birthday. For information on the big event, please contact Rod Penner or Jim Dahlnas.

Books for SPCA

The SPCA in Campbell River is looking for book donations to help raise funds. Please drop off at the SPCA or contact Daphne Young 285-3842 before March 5th.

Monetary donations, blankets, towels and good dog food are also always welcome.

Legion News

We extend our sympathies to the families and friends of Elaine Hooley and Roger Michel, both of whom recently passed away. Elaine was a staunch member of our Ladies Auxiliary and Roger was one of our older WWII veterans. Each of them had their own special qualities that enhanced the lives of many of us. They shall be missed.

Our members extend congratulations to Quadra School Grade 6 student, **Tanner Pressner**. His colour poster entry in the Legion's National Remembrance Day Poster & Literary Contest has won first prize in the Junior category (Grades 4-6) at Branch, Zone and now Provincial level. Tanner's poster is being forwarded to Ottawa to be judged at the National level & we are keeping our fingers crossed for him.

We also say a big "thank-you" to the teaching staff at Quadra Elementary for encouraging the children to participate in the contest. For 2004, the various entries for poem, essay, colour poster and black & white poster totaled 52 submissions from our local school. And the quality of the students' work is getting better and better each year. The Legion thanks you all for your participation - we are proud of you.

Our Ladies Auxiliary will be having a **Flea Market Sat March 19** so when you are doing your spring cleaning clear-out, remember them for your "unwants". Call Chris Dyson at 285-2207 for details and table rental - \$5/table.

By popular demand, we will have a **Casino Night Sat March 26** - Blackjack tables only. Play will be from 7:30 pm to midnight. More details at a later date.

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Have another Beer?

by Rev. Jill Brocklehurst

After watching What the Bleep Do We Know? I realise how conditioned we are even when we think we aren't. Day after day we participate in relatively the same routine, thinking the same thoughts and experiencing the reality we have hashed out for ourselves. What is so interesting is the energy that is required to bring about change. Have you ever started a diet only to eat more? How many times have you quit smoking, drinking, or coffee. Our routine is so comfortable that we will search out means to maintain status quo, even if it isn't in our best interest.

Science of Mind® teaches us that we can create anything in our life by means of our thoughts. I challenge you to become the scientist conducting the experiment in your life. Even to believe it isn't true will be enough to attract to your experience evidence to support your belief ... and the principle will still be working by appearing not to be working.

Many Religious Science students understand this principle and yet wonder why they are unable to affect change in areas of life which no longer serve them. Many tools are taught to help aid the process including meditation, study, treasure mapping, visioning ... and yet minimal results. Why? It is the day after the party and you have a really bad hangover. I have been told the most effective remedy is ??? another beer. When we make changes to the way we have been doing anything, the longer our relationship with that old behaviour, the greater withdrawal. The best cure to the symptoms of withdrawal is to return to the old behaviour.

What is required to make change in our life, is a desire so great, we are unwilling to go back from whence we came. If the pain of withdrawal is so great that visiting change is out of the question, remember, if you keep on doing what you have always been doing, you are going to keep on getting what you have always been getting. I believe change is inevitable and working with it, willingly, in the long run, is far less painful than resistance.

Community Futures Announces 2005 Initiatives Funding

Funding for community economic development initiatives is now available through the 2005 Community Initiatives Fund. The fund, provided by Community Futures Development Corporation of Strathcona, was created to support community-driven economic development initiatives in the Strathcona region.

"Our goal is to support sustainable economic growth in the Strathcona region," says Marc Crane, general manager of Community Futures. "By providing seed funding through our Community Initiatives Fund we are helping to create more prosperous and more liveable communities." Through the Fund, Community Futures invests in projects that have tangible, long-term economic impacts. Projects supported through the funding program are compatible with Community Futures' mission, "To work co-operatively within our community to enhance the economic, social, environmental and cultural health of the Strathcona region through community economic development".

Since the Fund's inception in 2002, Community Futures has provided more than \$130,000 in funding for 15 projects in the Strathcona region. Individual businesses are not eligible for support. In the past, funding has been provided for projects ranging from the purchase of a shared-use lime spreader for the farming community, to music and arts festivals, to tourism marketing initiatives.

The deadline to apply for assistance from the Community Initiatives Fund is March 31, 2005. Guidelines on how to apply are available at www.communityfutures-strathcona.com or by visiting the Community Futures office at the Invest Comox Valley building across from the airpark at 201M-2435 Mansfield Drive. In Campbell River the office is in the Enterprise Centre (next to city hall) at 900 Alder.

An optional information session is being offered for anyone who would like more information on eligibility and how to apply. Information sessions will be held at 12:15 pm on Tuesday, Feb. 16 in the Comox Valley office or 12:15 pm on Friday, Feb. 18 in the Campbell River office. To request an e-mail copy of the guidelines, or for general inquiries about the Fund, please e-mail sharon.bennett@crn.net or call (250) 334-2427 ext. 228.

Dear Editor:

I have concerns regarding the skatepark lighting, opportunities for youth on Quadra Island, and the management of the Quadra Island Community Centre:

1. If you are using the skate park at 9:00pm the lights will shut down without the previously installed safety warning system.
2. The QICC had the lights adjusted which were put in place for safety when skating so I do not know if this safety has been compromised.
3. I would like to acknowledge my regret to all who worked so hard to raise the funds, install the lights, as well as to BC Hydro (who donated the poles), that the QICC decision for use of the lights would be so limited as to be useless for almost 6 months of the



Island Forum

driest summer weather in which to benefit from this project.

4. I would like to see the QICC respect the work that volunteers in this community contribute and acknowledge that all user groups on the Island do have a right to have events. I feel the QICC concerns about insurance is exaggerated and misused, sporting events do happen all over the world most often in parks.

5. I hope for changes which would make the QICC a welcoming place where change, improvements and new ideas are encouraged and not shunned, where volunteers and all age groups are given the recognition they deserve. All events for the lighting project at the skate park and center have shown nothing but the best behavior by our youth.

6. I would like to one day see lights at the ball park, riding ring and the tennis courts which could be used after dark. I hope the users of the rock wall can go in after sundown and turn on the lights.

The Skate Park lights were installed in the Spring of 2004 by volunteer, contractors, excavators, electricians and by fundraising and donations at skate demos and a fashion show. When installed a safety warning system had 2 of the 4 lights turned off giving a 30 second warning that the 0 – 1 hour spring wound timer would be shut off. Despite using our democratic rights, by filing a petition with 125 names (collected over a short time period), skate park users and parents attending QICC Board Meetings and letters from users of the skate park requesting later access to lights, the QICC Board, staff and our Regional Rep denied our requests and hired a contractor from Campbell River to install a 10:00pm shut down which over rides the timer. Therefore the safety warning system is obsolete. Since day light savings the shut down time has been 9:00pm.

There is no "night sky" policy on QI (which concern would be lights facing upwards which is not the case) yet the lights have been adjusted.

This lighting project went forward despite ongoing opposition from the QICC Board and staff but we were able to complete it, have the events required and raised the money through the help, guidance and support of the Comox Strathcona Regional District. There is no 10:00pm "lights out" policy on QI

through the CSRD. They have a shut down for lights in sporting facilities in Courtenay/Comox which are lit from dusk until 10:00pm but then are willing to turn them on for user groups. During the "Light up the Park" demo in June 2004 to celebrate the completion we were unable to use the lights because it did not get dark until 10:00pm.

The QICC Board and staff has asked for a skate park committee to come forward but after the disregard for compromise and known lack of cooperation and support for this project most users of this facility are not interested to work in these circumstances. At a meeting to request a skate demo to raise money for lights a QICC Board Member said "well we don't want any kids hanging out there" (at the park). I ask, why did you allow it to be build it in the first place? I think most parents would rather have their children in a lit public park facility enjoying a sport than a lot of other dark places. Another comment by a QICC Board Member after a letter was read by a user who liked to use the park after an evening shift at Walcan "we will not be accommodating your Walcan friends". I ask who will you accommodate?

The petition will be available for further signatures if you are interested.

Mary Turner

NB expense of the lights is very minimal at 30 cents per hour.

Dear Editor:

Hummingbirds have a diet that is 80% sucrose, thats right, white death. The blossoms that have evolved to service hummingbirds and solicit their pollination offer up a sucrose nectar. Blossoms that solicit insects offer fructose, glucose combinations that they prefer but hummingbirds will decline when offered sucrose. With a high sucrose diet these little bodies burn sugar like jet fuel and run no danger of diabetes. The idea of feeding wild animals for our pleasure and creating a dependant relationship is a liittle suspect and dangerous for the hummers but poses no health risks as far as food is concerned. The rufous hummingbirds we see in the spring and summer also require water so will also drink from a feeder that only carries water (I can imagine them feeling ripped off). The recipe for humming bird feeding is 1 part white death to 4 parts water.

Steve Mooney

Dear Editor:

Re: Pot Holes at Rebecca Spit

Whats up with the pot holes at Rebecca Spit! They paved the road all the way to Valdes Road (where the big waterfront estates are), but they can't fix the rotten pot holes at the spit. I bet all the parks on the way to Whistler don't have 10 inch deep pot holes, hundreds of them! And shoveling gravel back in the holes is only a temporary fix, and not to just fill in the holes as the tourists show up!!

Mark Oijen

Dear Editor:

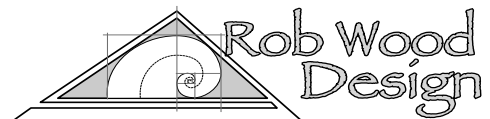
Happy three score and ten, Roy.

When starting the building of my house in the mid 1970s, Roy working with his old tracked bucket loader was working amongst the surrounding trees that I wanted to save without being damaged by excavation work. he would back up to a tree without looking back to see where the trees were, and I would be sucking in my breath. he would then stop about a foot away from the tree, then turn around to see where he had stopped. It seemed that this was always the way he worked, and he never damaged any trees at any time. I still think he had another pair of eyes in the back of his head, underneath that hard hat.

Then after he finished excavation for the foundation, he got out of his machine, and checked the levels with a transit, and the excavation was within an inch of being level throughout. My old carpenter, in his 60s at that time, told me he had never seen anyone do that before, and be so accurate with his work. I've never forgotten that first experience with Roy.

I don't doubt that Roy still has that magic touch, only now after all these years, he just has bigger "toys" with which to "play".

Ted Conover



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If you would like to see an alternative point of view represented...submit something yourself. We reserve the right to edit for space and content.

Next deadline 7pm Monday, February 14th 2005



by Steven Halliday

At the time of this writing, the USA is making ominous rumbles about several different fronts ranging from Iran to North Korea to Venezuela. Venezuela, you ask? Yes, indeed, Venezuela has become a particularly prickly thorn in the side of the Bush administration for a variety of reasons, and recently Fidel Castro issued a warning to the US to stay out of Venezuelan affairs, more particularly to forget targeting Venezuelan President Hugo Chavez. "If Chavez is assassinated, the responsibility will lie entirely with the president of the United States," he said in a February 12, 2005 speech to a gathering of international economists in Havana, according to AP. Castro might be full of hot air, but he has reason to be suspicious having been the subject of numerous assassination attempts, some originating in Washington. Meanwhile, their old nemesis North Korea is again rattling its nuclear swords, and just last week Condi Rice warned Iran in no uncertain terms they were in "or else" territory, and we all now know what "or else" means to the current US administration. This present administration is like no other in terms of leaving intrigue in its wake at every turn. In my lifetime I have never seen, read nor heard of a US administration that moves onward with such relentless determination while leaving destruction, confusion and outrage behind. Outrage, in particular, at the amount of lies that are now surfacing. You know; weapons of mass destruction, Osama bin-Laden/Iraqi ties, the economy is improving – little things like that.

As a recent example, many questions arose just after the Presidential Debates of last year regarding the existence of a strange bulge underneath Bush's suit jacket, right between his shoulder blades. Later independent analysis by a NASA scientist of video stills taken from network broadcasts indicated the presence of something on his back at all 3 debates, but of course could not definitively identify the object. The White House responded that the hump was result of poor tailoring, which anybody viewing the photos would have to disbelieve. However, the New York Times was about to run the story that "the hump" was quite likely a receiver, when it was suddenly dropped, one week before the election. The stated reason is that the discovery of a huge ammo dump

Reasonable Questions, Disturbing Answers

in Iraq was more important at the time, but the reporters involved in the story had email exchanges that tell a different story. Another recent example...in spite of pointed denials by Condoleeza Rice, then National Security Advisor, to numerous media questions and two government investigations of any foreknowledge of impending al-Quaida attacks, recently released administration documents directly and quite clearly contradict her. However, as with the first example, no one other than those in the non-mainstream media have decided to pursue the issues raised. Why?

We all know that many politicians lie at times – history is full of examples. But the Bush administration has produced so many whoppers it is almost impossible to take anything they proclaim with any confidence. Most times lies are used to cover up incompetence, but often they are used to cover up complicity. A good friend of mine who is a practising criminal lawyer provided me with a copy of a book by David Ray Griffin called *The New Pearl Harbour – Disturbing Questions about the Bush Administration and 9/11* (Olive Branch Press – ISBN1-56656-552-9). Griffin, Professor of Philosophy of Religion at the Claremont School of Theology for over thirty years is hardly a controversial figure, and decided to compile the book after his own curiosity and research led him to doubt the official accounts of what transpired before, during and after the various attacks of September 11, 2001. From the book's cover – "Taking to heart the idea that those who benefit from a crime ought to be investigated, here the eminent theologian sifts through the evidence about the attacks of 9/11 – stories from the mainstream press, reports from abroad, the work of other researchers and the contradictory words of the Bush administration themselves – and finds that, taken together, they cast serious doubt on the official story of that tragic day."

I read the book slowly, as it contains a myriad of complex material, and found that Griffin's compelling logic won me over in agreement with his conclusion that the two investigations conducted to date were seriously flawed to say the least, and that a new truly independent commission of inquiry must be convened to re-examine the old as well as new evidence that has surfaced in the almost 4 years since the event. The inescapable conclusion of the book is that the events of that fateful day were a spectacular failure of a system designed to prevent or protect from such attacks, due to unbelievable incompetence by various intelligence agencies, the Federal

Aviation Authority, the FBI and the US Armed Forces among others. Griffin found that the examples of clear incompetence he cites have never resulted in anyone's punishment, and in fact some of those directly involved have been promoted. And if the systemic failure was due to some unbelievable set of coincidences, as was the essential conclusion of both investigations, he points out 40 very problematic reasons to doubt such a conclusion. Given the compounding series of lies that litter the last 4 and a bit years of the Bush administration, the findings of this book are hard to ignore. A foreword by Richard Falk, Professor Emeritus of Law at Princeton University, states "It is rare, indeed, that a book has this potential to become a force of history." My lawyer friend, who also earned a Masters in Philosophy with his law degree, sent a note to accompany the book – "I can't accept the answers that come to mind, but I can't forget the questions! Read at your own risk." Well, I took the risk and have to agree – disturbing is too light a word to describe the book. Contemplating the worst scenario Griffin raises is simply horrifying.

Current events coupled with historic performance make it likely we can expect no change in direction for the second Bush's second term. His administration make no bones about their expectations, which were clearly enunciated by senior members of the team long before they came to power (see Project for A New American Century). Griffin's book is a meticulous examination of the administration's actions on that terrible day, which will inevitably lead the reader to question almost everything that this administration says or does. He blames mainstream media for being too easily diverted and the public for being too easily misled resulting in so much being swept under the rug. Read the book and I think you'll agree that with its publication Griffin has lit a fire that won't be easily put out, as should be the case, but only if the questions raised in it are asked of those who have the answers – all of them, under oath. It's too big to ignore.

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Island Report

Business Profile: **Green Space Design** **Cortes Business Offers Organic Seeds Online**

by Tanya Storr

Although the Discovery Islands are still experiencing heavy frosts and even the occasional snowfall, gardeners are already dreaming of the bright blooms and tasty vegetables of summer. Poring over seed catalogues, placing orders, and discovering seed packets in the mailbox are welcome distractions in the cool and wet winter months.

Green Space Design, a Cortes-based business, is now offering organic seeds online. Judy Khemchand started Green Space Design three years ago, initially focusing on providing landscaping and garden care services. Two years ago she branched into selling seeds as well.

"I've always saved seeds," said Judy. "A couple of years ago I had so many seeds a friend suggested I try selling them."

Judy packaged some of her seeds and put them in the Squirrel Cove Store. They were well received, so she sold some more through the Cortes Food Co-op. Last summer Judy decided to create a website to promote the business, and her web designer suggested she set it up so people could order seeds online.

"Green Space Design has expanded more quickly than I anticipated. Things are going well. I have a lot of landscaping work and now I'm hoping to grow the seed part of the business," Judy reported.

All Green Space Design's seeds are organic, non-hybrid, and open-pollinated. They are hand picked, manually processed, and personally packaged.

After opening Judy's website www.organic-seeds.ca, viewers have a choice of entering the flower, herb, or veggie seed catalogues.

Each plant is pictured and described on the website, and the amount of seeds per packet is given.

"I put a generous number of seeds in each packet. I'm not going to get rich doing this, but I want people to be satisfied with what they get," Judy noted.



Glorious sunflowers are one of the many items available on the Green Space Design website. Photo by Tanya Storr.

Judy collects her seeds from her own extensive garden as well as from some of the gardens she works in on Cortes.

"People are very generous and let me harvest seeds in their gardens," she said.

Judy's interest in gardening stems from her childhood in Trinidad. Her mother was an avid gardener and Judy grew up surrounded by tropical flowers.

Judy left Trinidad for Toronto, where she met her husband, Richard, who is from New Brunswick. They moved to Cortes in the fall of 1992. Their 11-year-old son, Foster, was born on Cortes. Both Richard and

Foster are involved in the business (Judy describes Foster as their "diligent helper, who is always a positive influence"). Last season they employed five part-time crew members.

Judy said gardening on Cortes has been a learning experience after growing up in the tropics.

"It's hot all year round in Trinidad. When we came to Cortes the flora and climate was all new to me. It was quite exciting and I've learned a lot by trial and error. I've come a long way, but there is still so much more to know."

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Mon-Fri 8:00-4:30

1942 Coulter Rd
Campbell River



Judy was inspired to start gardening on Cortes by her desire to grow healthy food for her family. She has always enjoyed gardening and believes strongly in the importance of growing organically and saving seeds.

The Green Space website lists several good reasons for buying organic seeds. They promote better health for humans and animals, protect water quality, produce a superior tasting plant, and preserve biodiversity—to name but a few of the compelling arguments.

"Collecting and saving seeds is one of the evolutionary skills we are in jeopardy of losing in this modern, technology-based world," Judy stated. Judy said one of the trickiest parts of seed collecting and saving on a relatively large scale is labelling everything through all steps of the procedure.

"It's essential that I label the seeds from when I first collect them, and all through the drying and packaging process. Many seeds look the same: for example, broccoli, cauliflower, cabbage, and kale are indistinguishable," observed Judy.

Judy dries and processes seeds throughout the summer, storing them in Rubbermaid totes. "Fortunately, in the final stages seeds don't take up too much room," she pointed out.

Ordering seeds through the website is very safe. The only personal information that is required is your name and address, and Green Space Design respects customers' privacy. Each seed package costs \$3 and payment is by cheque. Customers receive one free surprise seed packet for every 10 ordered. Shipping is done through Canada Post.

Judy designed her seed envelopes on her computer. Each one contains helpful hints, including days to germination, sowing information, seed spacing, plant spacing and height, days to harvest, whether the plant is cold tolerant, and whether it is suited to greenhouse growing.

"I've tried to give all the tips that I've found have worked for me. I'm very open to feedback and love hearing how the seeds have worked out for my customers. I appreciate all the support & encouragement people have given me over the past few years," she said.

For more information or to order seeds, visit Green Space Design's website at www.organic-seeds.ca or phone Judy at (250) 935-0135.

North Island Greens Selects Candidate

QUADRA ISLAND - The North Island Green Party officially elected their candidate for the coming provincial election Sunday, Feb. 6. At an energetic meeting held at the Campbell River Community Hall local publisher Philip Stone accepted the party's endorsement and declared he is in the election race for all his North Island neighbours.

"I accept the Green Party's nomination because I have read their platform and frankly it all makes sense. It is based on basic principles, which everyone should consider before they make their voting decision. You name a hot button issue – health care, education, First Nations treaties, forest tenure reform, the economy – and the Green Party's stance sounds rational, possible and, most importantly, gives the citizen the best deal," Stone said in his acceptance speech.

"Beyond that, most Green Party policies are actually based on existing government recommendations. We already have the Peel Commission on Forest Resources, the Romano Commission on Health Care and the Royal Commission on Aboriginal Peoples. The people of BC, and indeed of Canada, have spoken on many of these issues, now it is time to elect politicians with the drive and will to implement their (the citizens') recommendations" Stone continued.

Party members are galvanized by the reality that Stone's background as a successful entrepreneur and Chamber of Commerce activist brings the credibility the party deserves to connect with North Island business leaders and the general public. Stone is no stranger to challenge with a background as an accomplished mountaineer, small business person and three term president of the Discovery Islands Chamber of Commerce.

"I invite all North Islanders to join me on a quest during the next few months," Stone concluded. "We'll look at the Green platform and find out how its common sense, consensus based solutions are designed for every British Columbian. Together we can recover our economy, utilize our resources sustainably, reconcile with First Nations and redefine our social direction to ensure that the British Columbia we are leaving our children is one of prosperity admired around the world."

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Hitachi Visionbook laptop, 6 yrs old. Good condition. Windows '98, Pentium. 128MB RAM, \$150 OBO. 203-8344.

SEEDS: FLOWERS, HERBS & VEGETABLES, check out Judy's website @ www.organic-seeds.ca to view 2005 organic seed selection and place orders on-line. For additional information call 1 250 935 0135.

Honeybee Pollen. Nature's Multi-Vitamin. Gathered exclusively on Quadra Island. 300g tubs \$15 call Virginia at **285-2654**

Honey Pure, unpasteurized fireweed honey from local beekeepers Fred and Roger Link at 633 Cape Mudge Road. Available in bulk buckets and beautiful gift jars. We will also fill your own containers. **Please call Linda Link at 285-3759**

HELP WANTED

April Point Resort and Marina is currently seeking to recruit, train and retain 3 key managers for the upcoming 2005 season.

- Marina Manager
- Exec. Housekeeper
- Food & Beverage Manager
Interested and qualified applicants contact Joel Bridle @ 285-2222.

Massage & Pedicure Therapists

Tsa-Kwa-Luten Lodge & RV Park is seeking Pedicure and Massage Therapists for our 2005 Resort operating season that runs from May 3rd to Oct 13th. Please note that utilization services is based on client demand.

Please reply by mail to PO Box 460, Q. Cove, BC V0P 1N0; by fax 250-285-2532; by email to tkllodge@connected.bc.ca. No phone calls please

FREEBIES

620 square foot double wide trailer/home. Free if you move it by mid March. **285-2948** between 9 am and 9 pm

SERVICES

Drinking Water Quality Monitoring Services. In accordance with Health Protection & Environmental Services. Friendly & Affordable. No Hassle Service/ Paul Flemming Quathiaski Cove. Certification #4111 **830-3744**

Melanie Krumwiede Farrier Service Hoof Care, Barefoot Trims, Hot Shoeing. Ph: **285-2587** or Cell: **204-4220**

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available at the Quadra Clothesline. Phone Kathi at **285-3854** to arrange. Large capacity washers for comforters, mats and sleeping bags. Dry cleaning service. Coin-op open daily 6:30 am to 8:00 pm

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Renovations, Remodels, Repairs. Outbuildings, fences, grunt work etc.. Free estimates & references available. Call Pat at **285-2807**

WANTED

Do you have a **private guest cottage** you would like to rent out for a long term lease? Professional couple seeking a 600 sq. ft or larger cottage / house on Quadra Island for a five year contractual lease or longer. Must be well built with an excellent water supply, and allow for one dog of which we will pay extra for pet sitting as well if available! E-mail details to: Islandproperty@mac.com

Looking to purchase a **small acreage** (2 to 10 acres) to call home on Quadra Island. Prefer natural setting with arable land for small garden. Please email wildroots@sprint.ca or call (604) 904 4423.

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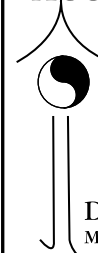
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To Submit Your Ad

Drop by our office at 701 Cape Mudge Rd. 10-4pm Monday to Thursday with your ad written or typed out and \$7.50 in cash or cheque (sorry no credit cards) for up to 30 words. Longer ads charged at \$8/column inch.

If the office is closed use the secure mail box at the door. No house calls please.

Payment is required at time of submission. Ads may be faxed to 285-2236 or emailed to: news@discoveryislands.ca with payment following asap

Island Tides

For Quathiaski Cove

FEB 18 - MAR 03

18	0323	13.1	4.0
FR	2003	4.5	1.4
19	0355	13.4	4.1
SA	2049	4.3	1.3
20	0419	13.5	4.1
SU	1138	11.8	3.6
	1329	12.0	3.7
	2131	4.1	1.3
21	0438	13.5	4.1
MO	0850	11.7	3.6
	1147	11.6	3.5
	1426	12.2	3.7
	2208	4.0	1.2
22	0458	13.5	4.1
TU	1200	11.2	3.4
	1512	12.3	3.8
	2240	4.0	1.2
23	0521	13.5	4.1
WE	1003	10.6	3.2
	1554	12.5	3.8
	2304	4.3	1.3
24	0546	13.5	4.1
TH	1049	9.9	3.0
	1635	12.4	3.8
	2319	4.9	1.5
25	0610	13.5	4.1
FR	1138	9.1	2.8
	1718	12.3	3.8
	2335	5.6	1.7
26	0631	13.6	4.1
SA	1229	8.2	2.5
	1806	12.0	3.7
	2354	6.6	2.0
27	0649	13.7	4.2
SU	1315	7.2	2.2
	1901	11.7	3.6
28	0018	7.7	2.3
MO	0707	13.8	4.2
	1358	6.2	1.9
	2010	11.5	3.5
01	0046	9.0	2.7
TU	0729	13.7	4.2
	1443	5.4	1.6
	2140	11.5	3.5
02	0119	10.2	3.1
WE	0757	13.6	4.1
	1533	4.7	1.4
	2322	11.9	3.6
03	0203	11.4	3.5
TH	0830	13.4	4.1
	1634	4.2	1.3

TIMES ARE STANDARD TIME

HERIOT BAY STORE

Bottle Return Donations

in February to the
Quadra Spinners/
Cystic Fibrosis Foundation.

Specials For Feb 20-26 While Supplies Last

GROCERY

General Mills
Cheerios **\$3.79**
450-575g

Niagara **2/**
Frozen **\$1.19**
Orange Juice
341 ml

Soft & Pure
Bathroom **\$5.99**
Tissue
24 Rolls

\$5.99 **\$11.99**
1/2 lb 1 lb

Aroma Coffee
Alaskan
Classic **\$5.99**
Ice Cream
1.89 L

Mountain View
Family Pak **\$3.49**
Eggs
18's

PRODUCE

BC Crop
Braeburn **69¢** lb
Apples \$1.52/kg

Texas
Rio Red **\$3.99**
Grapefruit 5 lb bag

Buck Brand **\$2.99**
Oranges 4 lb bag

California **\$1.29** lb
Broccoli \$2.84/kg

MEAT

Chicken **\$1.59** lb
Thighs \$3.51/kg
Back Attached

Sliced **\$3.99** lb
Bulk Bacon \$8.80/kg

Farmer's Best **\$7.99** lb
New York \$17.61/kg
Striploin Steak

DELI/BAKERY ITEMS

Freybe **\$1.29**
Corned Beef 100g

Italian **\$2.99**
Parmesano 100g
Reggiano

Fresh Baked **6/**
Sourdough **\$1.50**
Rolls



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