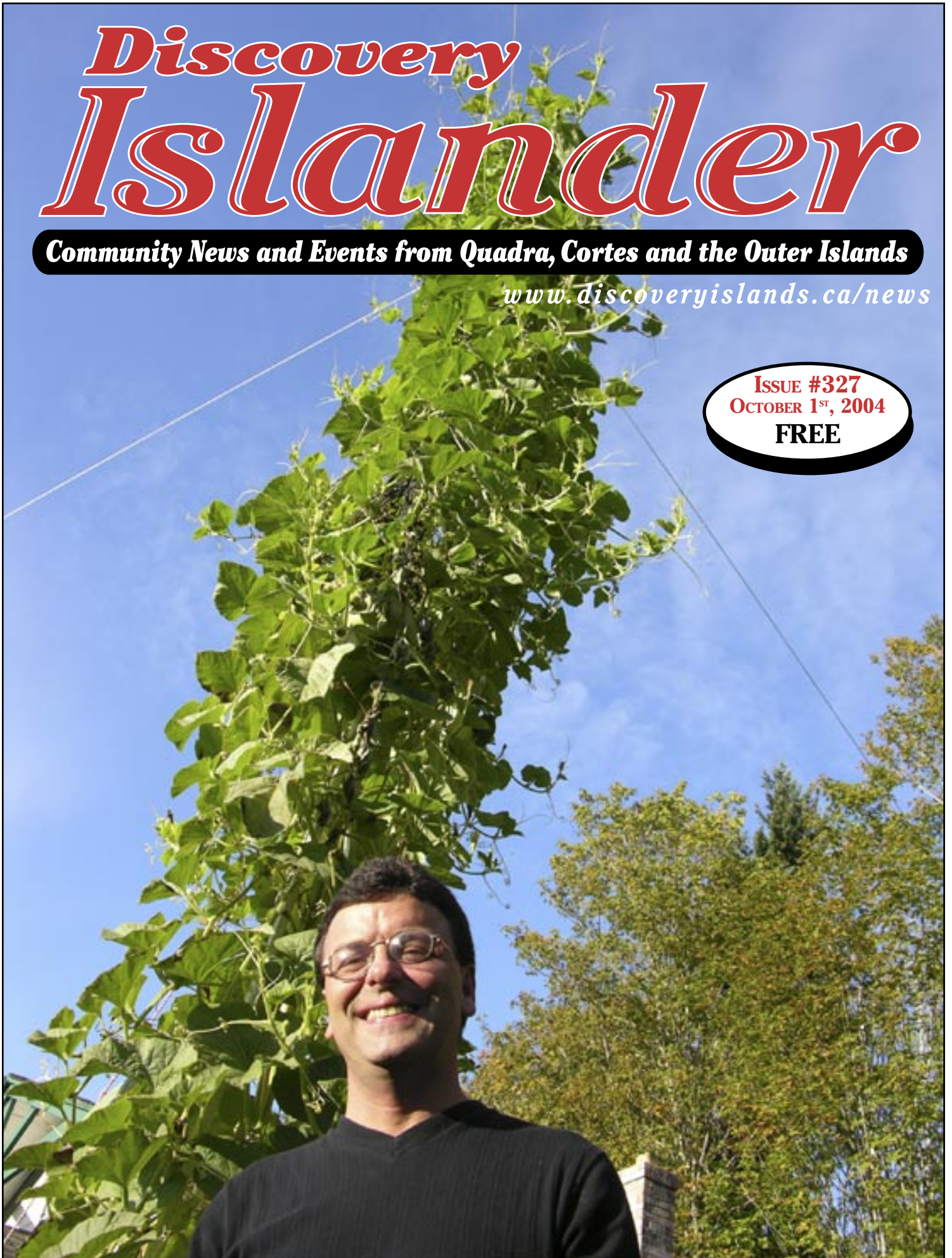


Discovery Islander

Community News and Events from Quadra, Cortes and the Outer Islands

www.discoveryislands.ca/news

**ISSUE #327
OCTOBER 1ST, 2004
FREE**





Quadra Credit Union

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Quadra Credit Union is pleased to announce that we have commenced the construction of our new branch on Cortes Island, pictured above. At 1,850-sq. ft. the new building will be well over three times the size of our existing facility, and will offer members a far more comfortable and spacious banking centre. Other enhancements will include full service access for people with disabilities, a limited number of secure safety deposit boxes and a fully functional night deposit service. As with our Quadra office a small display case will be provided for local community groups to promote their events.

Located on our newly purchased property at the junction of Bellwood and Sutil Point Road, the building has been designed to provide as much functionality as possible within the smallest possible footprint. Privacy, a comfortable staff room and sufficient storage must be accommodated in the limited amount of space that must also provide a welcoming environment for our growing membership. An open ceiling plan will provide the building with a large amount of natural light, while a full heating, ventilation and air conditioning system will make visiting the Credit Union a more pleasant experience. The building has been designed bearing in mind the rate of growth now being experienced on Cortes, and should continue to be of adequate size and functionality for a number of years to come. The exterior of the building has been designed to remove any "institutional" feel from the building, and we trust the selected design is fitting to the community.



see this photo in colour on the Discovery Islander internet edition

Decorating plans include utilizing photographs of Cortes and surrounding Island's early days, focusing on the economic aspects of island life such as logging, fishing and farming. Those possessing photographs that might be of interest are encouraged to contact Steven Halliday at our Quadra office to discuss our use of same. Selected photos will be digitally reproduced and enhanced, with the owner receiving a large format mounted copy in exchange for the right of use.

The new building will serve as Quadra Credit Union's third home on Cortes Island, and QCU has been operating an office here since 1988. We sincerely hope the community will feel our new home is a pleasing addition to the commercial landscape in Manson's Landing. Quadra Credit Union is a full service community Credit Union, providing banking services to the Discovery Islands since 1941.

Questions and comments regarding the new branch can be directed to **Steven Halliday**, General Manager, at our Quadra office – email shalliday@quadracu.com or **250 285 3327**, and questions regarding Quadra Credit Union can be directed to any of our staff.

Imagine  **A Caring Company**



Island Calendar

Submit your event:

eMail: news@discoveryislands.ca

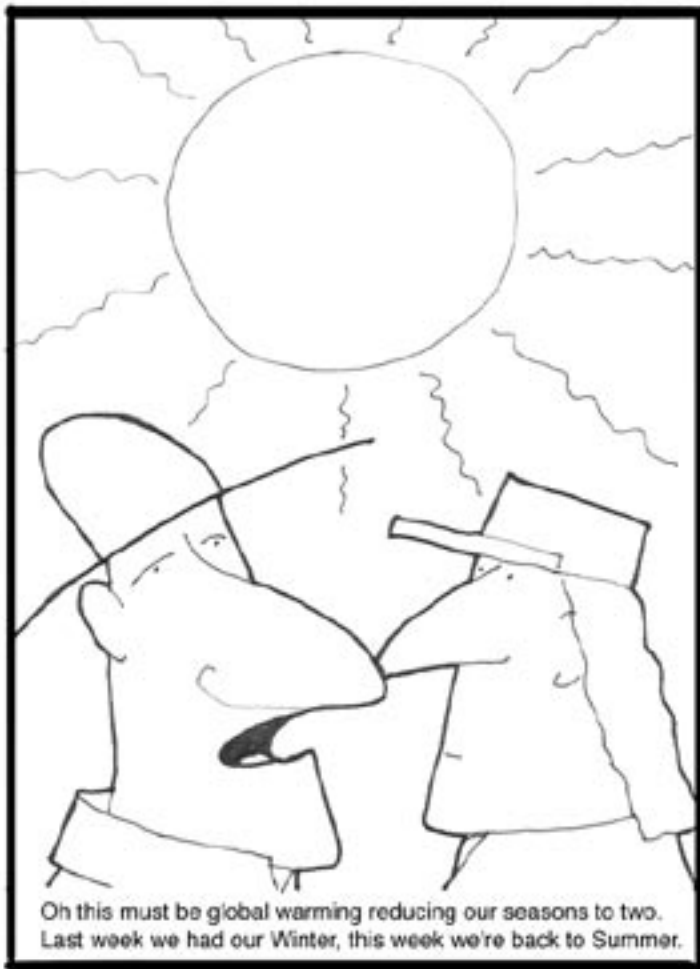
drop-off: 701 Cape Mudge Rd.

fax: 285-2236

The Regulars

- **1st and 3rd Wednesday** -Food Bank 1-2:30 Community Centre
- **Every Tuesday** - Jazz at April Point dining room, evenings.
- **Every Wednesday** -Community Lunch 12-1:30pm Community Centre
- **Every Thursday** -Parent and Tots 10 am Community Centre
-Motorcycle Club meet 5pm Heriot Bay Inn Pub
-Prayer Meeting, 7:30pm at Quadra Island Bible Church
- **Every Friday** -Live dance music 8:30 pm Heriot Bay Inn Pub
-Seafood Dinner Special with Jazz pianist- Tsa-Kwa-Luten Lodge 6-9:30pm
-Youth Group - Quadra Island Bible Church 7:30 pm
- **Every Saturday** -Meat Draw 5-6:30 pm Quadra Legion (members & guests welcome)
- **Last Saturday** - Bonus \$50 cash draw. Quadra Legion 6:30pm (members & guests welcome)
- **Every Sunday** -Sunday School - Quadra Island Bible Church 9:45 am
- Positive Living Service, 10:30am Community Centre
-Worship Service 11:00am Quadra Island Bible Church
-Buddhist Meditation Upper Realm, Q.Cove Plaza 10 am.
-Jazz nights in the Heriot Bay Inn Pub every Sunday 6-9 pm 285-3539

Next Deadline: Monday, October 11th 2004



Day by day

October 2, Saturday

-Children's Centre Goods & Services Auction
6:00-9:00 pm

QI Community Centre

October 7, Thursday

-Quadra Alive Poet's Society
7:30 pm

Upper Realm, QC

October 8, Friday

-Friday Flicks - The Barbarian Invasions
7:45pm

QI Community Centre

October 10, Sunday

-Geshe YongDong on "Dzogchen"
11 am-1 pm

QI Community Centre

October 12, Tuesday

-Quadra Island Quilt Guild
9am - 2 pm

QI Community Centre

October 15, Friday

-Mitlenatch Field Naturalist Society
8 pm.

QI Community Centre

October 17th, Sunday

-Cantabile Entertains You
7pm

QI Community Centre

October 18, Monday

-Quadra Island Garden Club
7.00 pm

QI Community Centre

October 23, Saturday

-Charlie Horse #6

Cafe Aroma

7:30 pm

-Sustainability Home Show

Manson's Hall, Cortes

10am - 4pm

Island Calendar online: www.discoveryislands.ca/news

Island Calendar is a list of [on island events](#). Please submit separately for the **Island Calendar** and **News & Events** or indicate in your submission if you would like your event placed in both.

Following the text order exactly as above for email submissions is appreciated (month, date, day, title, place and time), use the title as your email subject. Current advertisers welcome to submit events but not-for-profit items will be given priority. Thank you.

Tanya Storr

B.A. English

Freelance Writing
& Editing



285-3937

tstorr@connected.bc.ca

On the cover



Shawn O'Connor and his leaning tower of gourds. Photo: Tanya Storr

Next deadline for the
**Discovery
Islander**

Oct 11th

**701 Cape Mudge Rd
Monday-Thursday 10-4**

use drop box after hours please

Discovery Islander

Community News and Events from Quadra, Cortes and the Outer Islands

#327 October 1st, 2004

Published bi-weekly and distributed free throughout the Discovery Islands by:

Discovery Islander Publications

PO Box 280 Quathias Cove,

B.C. V0P 1N0

Tel.: 250 285-2234 Fax: 250 285-2236

701 Cape Mudge Rd.

**Office hours Monday -Thursday
10 am- 4 pm**

email: news@discoveryislands.ca

Publishers: Philip Stone &
Sheahan Wilson

Managing Editor: Philip Stone

Staff Reporter: Tanya Storr

Cartoonist: Bruce Johnstone

Printing: Castle Printing 285-COPY

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Call 250 285-2234 for details

Submission Guidelines

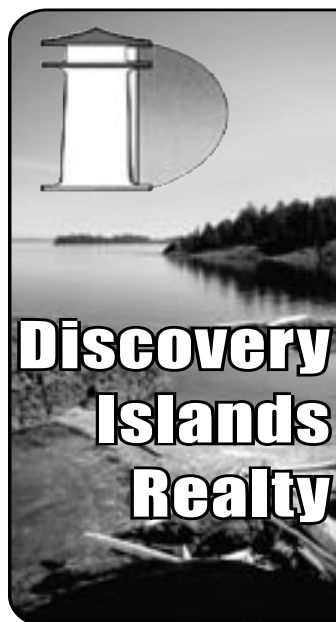
Items for publication are welcomed on subjects of interest to the Discovery Islands community. **Please help us by following these guidelines:**

- Please print handwritten material clearly.
- Electronic items sent by email or on disk must be saved as **Word** or **rtf** formats. Please spell check in Canadian English.
- **No MS Publisher, WordPerfect** files or graphics in Word files please. Send imported graphics separately.
- **Please** use the title of the item as email subject & send multiple items in separate emails.
- Please don't send original irreplaceable material, make a trip to a copier first!!
- Please remember to caption & credit photos and artwork. Don't write on the back of photos use labels or Postits™.

While every effort is made to include all items submitted, errors and accidental omissions do occur and the Discovery Islander should be only one part of your publicity efforts.

Next Deadline

7 pm. Monday, October 11th



View our listings online at
www.discoveryislandsrealty.ca

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every property listed for sale

Contact David or Nancy:

- phone 250 285-2800
- email islands@island.net
- fax 250 285-2531
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The Management and staff would like to thank the
community of Quadra Island for all of your
support and patronage over this past summer.
We look forward to serving you again in 2005.

Information and reservations

285-2222



Oak Bay Marine Group



News & Events

Community Kitchen

The Community Lunch opens again Wednesday, Sept. 8/04. Lunch is served from 12 to 1:30 pm.

All are welcome to come and share delicious soups, breads and desserts prepared and served by our volunteers.

Speaking of volunteers, we are looking for more generous souls to make desserts or the occasional soup. Soup making is done at the centre amid the camaraderie of others who are also making a soup or preparing food for the Wednesday lunch contact: Sherrie McGlenister 285-2660

Even More Thanks!!

Laurie and Dorian North were inadvertently overlooked in the extensive thank you list of the 2004 Cultural Committee. They did a grand job of hosting

Pavlo and his Band last year. Thanks Laurie and Dorian!

The Missing Buddha

A Buddha has gone missing from the Upper Realm, Q.C.. A large hand-painted picture has disappeared from the closet next to Brenda's massage room. The picture is the center piece of our altar and was given to the Sunday Morning Buddhist Group by Geshe YongDong. Gesh YongDong will be coming to Quadra on October 10.... so if the Buddha could re-appear before then that would be great. Losing a Buddha image is not a big deal, but stealing a Buddha could be bad karma. Thank you for your co-operation. Call 285-3323 if you can help solve this mystery or just have faith that the Buddha will re-appear.

Book Table Now For Xmas Craft Fair

Craftspeople! Book your table now for the Christmas Craft Fair at the Quadra Community Centre, November 26 and 27. Phone Gordon James at 285-3101 for details and to book.

Geshe Yongdong Speaks

Geshe YongDong will be speaking on an "Introduction to Bon Dzogchen" on Sunday, October 10th at 11 a.m. in the Upper Realm above the Q.C.

Shopping Centre. Dzogchen is a powerful bare bones meditation awareness practice. The Dzogchen tradition believes one can become enlightened within one lifetime—even within a decade. Those who attend may find that their meditation practice takes a leap forward. Beginners who are interested in meditation are also welcome to attend. The session is two hours long and the suggested donation is \$10 but paying what you can currently afford is also O.K.. For more info, phone Steve or Danielle at 285-3323

Calling all Girl Guides!

Do you want to join Guides this year? Open to girls 9 to 12 and women who want to help run the Guide unit. Call Sandy 285-2058

Calling All Poets

The Quadra Alive Poet's Society is having its very first meeting on Thursday, October 7th at the Quadra Community Centre, Room 1, 7:30 p.m.. The regular crew who have read poetry at local events will be there, but underground poets who have been writing secretly in the woods are especially invited to come.

Rumour has it that two new poets have just moved to Quadra. Consider this your invitation. The first meeting will involve bringing two or three recent poems that you can share with the group. Secondly, we'll discuss what to do next.

Members of the Dead Poet's Society are welcome to attend, but the Quadra Alive Poet's Society requests that the number of ghosts in Room 1 be fewer in number than those poets currently residing in a body. Call Steve for more info 285-3323



Fall Clearance Sale

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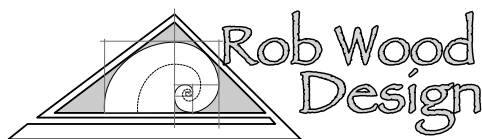
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Cooking for Culture

Family gone? Oven cold? Miss those delicious smells wafting from the kitchen? Quadra Concert Series needs you! We depend on generous home bakers to supply the concession for our concerts; if you would like to provide home baking on occasion, please give Marie Sheran a call at 285 3590. Proceeds help to support our cultural events. This is a small but helpful way you may be able to contribute to our community.

Courtesy Lane - Cortes Ferry Traffic

Campbell River Terminal - BC Ferries provides a courtesy lane at the Campbell River terminal, allowing Cortes-bound vehicles to board prior to Quadra Island traffic. This allows adequate time to cross Quadra Island and connect with the Cortes ferry. The following procedures are in place:

1. The allocated Cortes vehicle spaces on board the ship will be equally marked out in the lanes ashore.
2. When the courtesy lane is full, or loading has begun, all Cortes-bound traffic will be directed into the general loading lanes.
3. **New For Fall 2004 / Spring 2005:** For the 5:25 p.m. and 6:15 p.m. sailings from Campbell River, coloured tags will be handed out to Cortes vehicles. These tags are intended to assist staff to determine if an overload condition exists for the last sailing to Cortes and help ensure that no vehicle is left behind inappropriately. The coloured tags do not determine the order of loading.

Cortes customers are encouraged to travel directly to Heriot Bay to prepare for loading.

During busy traffic periods when there is the possibility of overloads, the Cortes courtesy lane is cancelled. This allows staff to process traffic as it arrives, and ensures late-arriving vehicles do not displace those customers who have already been ticketed.

BC Ferries staff will do their best to maintain the order of arrival for both destinations.

Cantabile

The Cultural Committee of the Quadra Island Recreation Society is pleased to present an evening with the British singing group Cantabile, on Sunday October 17th at 7 p.m. This quartet is made up of Richard Bryan (counter-tenor), Mark Fleming (tenor), Robin Green (tenor), and Michael Steffan (baritone).

It is difficult to describe what one might expect at one of their performances, as their repertoire ranges from early polyphony through jazz to contemporary music, all presented with wonderful musicianship and their own infectious brand of humour and clowning.

In their twenty years together they have appeared in many of the world's well-known venues and recorded over a dozen CD's. They have appeared in Musicals in London's West End, Opera at Covent Garden, Jazz with the BBC Big Band, classical parodies for 40,000 at the Proms in the Park, and at the Salzburg Festival.

In a recent review of an appearance in Montreal it was reported that they "Charmed, impressed and blew away a packed hall, interpreting all types of music from Bach to the Beatles."

This promises to be a highly entertaining evening for everyone, whatever their musical tastes- the perfect night out. Tickets are available at the door for \$20. Advance tickets are available at Quadra Crafts, Heriot Bay, and Hummingbird Office Supplies, Quathiaski Cove for \$17. Youth under 16 are admitted free with an adult.





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Quadra Children's Centre Goods And Service Auction

Saturday October 2nd 6 – 9 pm

Feeling a little blue that summer is over? Are the rain, wind, and routines of school and work getting you down?

Would a great price on a 4 hour wildlife tour, 18 holes of golf, 4 hours of guided fishing, a night stay and kayaking at a local resort, dinner out, or a body work session make you smile.

Maybe deals on kids gymnastics, music lessons, a cord of wood, Organic produce, a free range Thanksgiving turkey, carpentry or plumbing work, or a boat haul up would get rid of the blues.

Come down to the Quadra Community Centre and let the fun and the deals of the Quadra Children's Centre Auction cheer you up!

The evening starts at 6pm, bring the family for sweet and savory delights, peruse the three 'silent' type auctions and start the bidding.

The children's auction is from 6 – 7 pm and has a raffle type format with tickets for 50 cents. Let the little ones have fun placing tickets on books, toys and other goodies that catch their eye.

The Chinese auction has a sneaky twist because you don't know what amount other people are bidding, whereas the silent auction you can see the other bids. When the auctions close at 8pm the highest bid will be successful.

From 7 – 9 pm take advantage of the free childcare being offered at the children's centre down the road for 2 – 11 year olds (up to 17 children) then sit back with a beverage and keep an eye on the items you hope to take home.

Between 7pm and 830 pm is the live Goods and Service Auction, purchase a paddle for \$2 and bid on the many incredible items that have been donated by the Quadra and Campbell River communities. Just by purchasing a paddle you are eligible for the door prizes being offered.

To make the evening even more special, April Point Resort and Marina has generously offered to give the auction guests a special rate of \$49 for the night to encourage people who live off island to join the fun.

This incredible fundraiser only happens every 2 years so save the date and don't miss out.

Help ensure that quality affordable childcare can keep being offered to the Quadra community by this award-winning centre and have a great time doing it.

Therapeutic Touch Workshops

Therapeutic Touch (TT) is a modern day version of several ancient healing practices, a gentle technique in which the practitioner uses near or light touch to support and stimulate the healing of another person. Because TT is not taught from a religious base or impede on any beliefs or traditions, it provides individuals the opportunity to integrate a healing practice in their personal and professional life.

TT began in the early 1970's with Dolores Kreiger Ph.D., RN., Professor of Nursing at New York University, and her colleague Dora Kunz, a noted healer. Both founders investigated the healing power of human energy with a strong scientific approach and followed up with a step by step process (TT) that can be taught and replicated. They concluded that "the ability to assist healing, in a manner such as laying-on of hands, is not a talent for special individuals but is an inner ability in all human beings. Anyone with a sincere intent to help or heal can learn."

Therapeutic Touch is based on the assumption that human beings are open energy systems. When healthy, the life energy flows freely and is balanced. Injuries, disease and stress disrupt the flow of energy, creating imbalances in the field. The intent of the Therapeutic Touch practitioner is to help rebalance those energy systems.

Research on TT has been well documented to facilitate a profound relaxation response in two to four minutes, reduce anxiety, change the perception of pain, accelerate wound healing and awaken our inner ability to heal.

Therapeutic Touch workshops have been offered for 32 years in the health care profession, hospitals, hospices, families and communities and is widely practiced in over 90 countries. For more information look online: www.bctherapeutictouch.com.

Holistic Nurse Services is offering the following Therapeutic Touch workshops in your area. If you are interested, please contact us at 250-935-0088/ huguetteruel@yahoo.ca

Upcoming Workshops: TT is offered in 3 levels. Workshops are Friday 6-10 pm and Saturday 9-5pm, The Adult Care Society, #12, 142 Larwood, Campbell River.

Tuition is \$100, student/senior discount
LEVEL 1 (Basic) November 12, 13, 2004
LEVEL 1* Cortes Island, October 17, 2004
LEVEL 2 October 22, 23, 2004
LEVEL 3 (6 months after Level 2) October 29, 30, 2004

Huguette Ruel RN is a practicing nurse, Recognized Therapeutic Touch Practitioner/Teacher with The BC Therapeutic Touch Network



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Friday Flicks -

The Barbarian Invasions

Friday, October 8th - Q.C.C.
Doors 7:30 - Showtime 7:
45 Admission: \$4.50 - \$3.50
stu/snr

Rémy (Rémy Girard) has always been a *bon vivant*, a lover of "wine, books, music and women, especially women". A shamelessly flirtatious History teacher, he spent his life enjoying himself intellectually and physically. Even now that he's in the hospital, mere weeks from passing away, Rémy has kept his sense of humor. So have his old friends, all back in Montréal to say their last goodbyes. *The Barbarian Invasions* is a follow-up to director Denys Arcand's 1986 international art-house hit, *The Decline of the American Empire*. Where the earlier movie was about sex and vitality, *The Barbarian Invasions* deals with an equally universal topic: mortality. As his narrative drive to bring the friends back together, Arcand uses the hospitalization and terminal condition of cancer-afflicted Remy (Remy Girard), a lecherous fiftysomething divorced academic.

For much of the film, Girard's moribund patient is bursting with life, humor and intellectual spark. As his bedside becomes the crucible for nostalgia, reflection, discussion, argument, tears and laughter, Arcand navigates the movie through pace, rhythm, pathos and wit. In his richly layered screenplay (a Cannes win) there's even room for social comment, satire, intellectual prophecy and emotional catharsis.

it's hard not to be won over by *The Barbarian Invasions'* enormous generosity of spirit and the sense that one of the country's best filmmakers is again firing on most, if not all, cylinders. The chemistry of the entire ensemble sparkles but, above all, Rémy Girard is immensely engaging in the role of Remy, the horny academic



whose failing health even inspires a reconciliation with his unrepentant capitalist son, Sébastien. The ailing relationship of father and son are at the heart of the film.

Similar to Arcand's *Jesus de Montreal*, this picture skillfully balances social satire and intimate drama, each informing the other. a biting funny, moving and thought-provoking picture.

Heriot Bay Inn's New Ownership Heralds Big Changes

The rumours are true: the Heriot Bay Inn has a new owner and substantial changes are on the way. The new owner, Lorraine Wright, is already familiar to some islanders as the owner-operator of Island Coast Tours and Transport and the Island Adventure Centre, both operating out of the Heriot Bay Inn.

Substantial changes in the works include structural updates, landscaping, and menu renovations. Construction and renovations scheduled for this winter will not affect pub hours or room availability. Structural changes are being designed to work with the existing building.

"I love the Heriot Bay Inn, its historic character and its beautiful location. I see an

opportunity to upgrade the HBI and make it profitable while retaining its funky character. I look forward to working with energetic dynamic individuals to fulfill this vision" stated Ms. Wright, the new owner.

Lazlo Boros, well-respected chef, has returned with an all day breakfast on weekends, and all new menus for lunch and dinner in the dining room. The pub menu will be updated, but well loved traditions such as live music on Friday evenings and Wing Nights remain.

Heriot Bay Inn Pub opens daily at 11am; food service ends at 9 pm with last call at midnight. The Fireside Dining Room is open Friday evening 5 pm to 10 pm, Saturday 8am to 10 pm, and Sunday 8am to 2pm.

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Back in Circulation – Autumn is Here

Well that was a short summer, and I spent most of it traveling from branch to branch, so I really feel short-changed. Moreover, the only "beach read" I finally took to the beach got used mostly as a hornet-whapper ... However, I met many happy library customers and visitors over the summer, and it's always encouraging to see that a community's library is not only a focal point for residents, but for visitors wanting to learn more about the locale, too.

But now that everyone is back to the 10-month school/work routine, it's time to put the sensible shoes back on and discuss serious things like how the library can help with your scholarly information needs. One of my favourite reference sources on the VIRL website (www.virl.bc.ca), the Oxford Reference Online, was recently upgraded to the Premier Collection. It now includes many of the renowned and dependable Oxford Companion series, covering everything from Archaeology to Science, History and Literature. In addition, the Oxford Dictionary of Quotations is a great source for those difficult quotes, phrases and maxims you want to recall but can't quite remember...

Another comprehensive VIRL database, Novelist, has also been upgraded, and it now includes over 38,000 fiction titles for children in the K-8 range. Book descriptions, read-alike book lists, and book talks for teachers are a few of the new features on Novelist. This is in addition to the detailed author, title and subject lists for thousands of adult books.

For those on less scholarly quests, check out our selection of Good Reads on the VIRL website by using the Quick Access drop-down menu. It's updated twice a month, and includes recommended favourites from staff and customers. You can send us your own recommendations via the e-mail address at the bottom of the Good Reads page.

Recently an improved method for circulating DVDs and CDs among VIRL branches has resulted in more of the audio-visual items being available in the small branches, and some customers don't realize that these are an integral part of the library collection. So here's your reminder to go beyond the books and see what we have in the way of other media.

Storytime at the Quadra Island library will be Wednesdays, 11:30-noon, and we encourage parents and caregivers to pre-register their little ones (age 3-5) by coming in to the library or phoning 285-2216. I recently read a lengthy article extolling the benefits of storytelling as a necessary element in the development of early literacy. Listening, after all, is crucial for learning language and developing good communication skills. And stories are the threads that weave through our common experience to enrich our culture and help us find our way in the world.

Susan Yates

Library Manager, Books By Mail and Coast Extension Vancouver Island Regional Library
syates@virl.bc.ca

www.discoveryislands.ca/news

Charlie Horse Is Coming

Charlie Horse #6 is coming to the Cafe Aroma on Saturday night, October 23. Two bands playing original folk, reggae & jazz, Three Quadra poets, a fiddle & full drum set jam and maybe a mystery singer performing songs from an up & coming C.D. and more. More details latter. Mark Saturday, Oct 23 on your calendar for home grown weekend fun. Phone Steve for more info at 285-3323

Mitlenatch Field Naturalist Society.

From fins to flukes: whales, dolphins, and porpoises in BC

Do you know how to tell a porpoise from a dolphin? Or what humpback whales eat? One of the joys of living in this part of the world is the ever present wildlife on land and in the ocean. Few of us take the ferry to Campbell River without casting our eye over the water to see what is there. The odd time we see a pod of killer whales makes for a memorable trip. Then there are the dolphins which we may cast sight of playing in the wake of the boat but what type of dolphin are they? Or is it a porpoise?

Join Nadine Pinnell, a researcher from the Vancouver Aquarium Marine Science Centre, and the Mitlenatch Field Naturalists Society at the Quadra Community Centre at 8.00PM on Friday, October 15 to explore the wonderful world of B.C. cetaceans (whales, dolphins, and porpoises). Find out how to identify common whale species, learn about the threats they face, and discover how you can get involved in their conservation through the B.C. Cetacean Sightings Network.

A joint project of the Vancouver Aquarium and Fisheries and Oceans Canada, the B.C. Cetacean Sightings Network collects sightings of whales, dolphins, and porpoises from mariners and coastal citizens up and down the coast. Researchers, government agencies and NGOs use these sightings to learn more about BC cetaceans. As seven species of whales, dolphins, and porpoises in BC are currently considered at-risk of extinction, this information is needed for effective conservation.

If you see a whale, dolphin, or porpoise, the sightings network would like to know! You can report sightings on the web at www.wildwhales.org, by email at sightings@vanaqua.org, or by phone at 1 866 I SAW ONE or 1-866-472-9663 (toll-free).

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Memorial For Mary Murphy

Mary Murphy passed away on Sept. 18, 2004 predeceased by her husband Bob Griswold. She will be sadly missed by all of her Quadra Island friends and by all of those who sang with her for many years in Quadra Singers. Please join us at Rebecca Spit on Sat. Oct. 2 at 2p.m. to say goodbye to Mary.

Quadra Seniors Update

Our Annual Sept. Picnic was rained out, but we still had fun, indoors, at the Legion. Judy Hagen, (a cute clown) entertained, us with tricks, performed by Maggie and Heidi dogs. Maggie particularly liked her Rocking Horse. The Seniors loved the happy Trio. Jim Thomson was presented with a Life Time Membership, for his commendable work he has done for the Seniors, especially supervising our Tourist Booth, every Summer. Jim & Karla will be moving to Victoria, they will surely be missed. Stephanie Webster will be organizing our Tourist Booth, for 2005. After a Delicious Pot-Luck Picnic Lunch was enjoyed. many games were played, Hammer the Nail in to a log, throwing a socked tennis ball in a bucket, picking clothespins off the line (remember those kids?). and a ball game with Marcy. Many Seniors went home with Martins Peanut Brittle, and Clarence and Ettas delicious apples. A great time was had by all.

On Wed. Oct. 6th, we will have our Fall Fair at The Legion starting at 10:30 a.m. Bring your jellies, Jams, pickles, preserves, unique veg's and fruits, Cakes, Pies, Breads, Arts, Hobbies, and Carvings. And their will be Ribbons given by volunteer judges. And prizes for the Nicest and the Funniest Harvest Hat Contest. The Next Regional meeting will be held at Fanny Bay, Wed. Oct. 27th, 2004, at 11:00 A.M- There will be music, A special program, a buffet lunch, and lots of prizes. "Please let Ruth know if you are planning to go, and if you need a ride. Martin Amiabel Prov. Pres. Represented all Seniors At the Canadian Tax & Revenue meeting in Ottawa. He is also going as a Delegate to the National Pensioners Conference in Richmond, on Oct. 6th/04.

Carpet Bowling is every Wed. at 10:30 a.m. New members are needed and are very welcome.' Tai Chi, and Computer Club will start again soon. Walk with the agile Seniors on Sundays at 11:00 A.m Some start at the Launch Ramp and others start at the parking lot on the Rebecca Spit. For membership contact Jean at 285-3720 or Ruth at 285-3801

Living in Grace

by Rev. Jill Brocklehurst

Living in Grace? Well, living out of grace is virtually impossible.

I had an interesting week. I found myself giving my life over to something. I was searching for a feeling, or an action, and the word grace kept popping into my mind. But I wasn't sure I really knew what grace meant. Regardless, I asked for grace.

Then a funny thing happened. I expected to be profound and soothing. My prayer grew; Grace, be grace, receive grace, share grace. Beyond my expectation I began to cry. Oh how the tears flowed from a depth I haven't traveled in a long time. Is this grace?

>From this experience I was determined to study the subject of grace. I stumbled on a song by Daniel Nahmod, "My Soul Remembers/your grace":

"Whether at war or at peace, Awake or asleep, Whether I'm walking the streets , Or diving the ocean deep, If I'm alone or in a crowd, Feeling humble or proud, Silently sulking about, Or laughing out loud, Whether I'm right or I'm wrong, Standing timid or strong, Wherever on Earth I belong, And when my last breath is gone, Whatever I do, whatever I see, Safe in your arms I'll be, Oh, my soul remembers."

Ernest Holmes, author of Science of Mind® says, "Grace is the givingness of Spirit to Its Creation. Grace is, but we need to recognize it. We are saved by Grace to the extent that we believe in, accept, and seek to embody, the Law of Good."

Later, I was sitting on the floor upstairs in the community centre for youth group last Sunday. Nobody showed up. I began writing in my journal and glanced up catching a glimpse of myself in the mirror. The setting sun was pouring its light in through the window casting its warmth on me. My hair glistened, my body seemed to illuminate. I saw my beauty, my peace, and then I realized, I was not alone. This was grace. I imagined Whinnie-the-Pooh in one of his monologues and realized how perfect and simple this moment was. I felt like Pooh, childish, innocent, but somehow bigger and stronger than I was before.

Now I know that I always knew grace for grace is in every moment.

Come visit us at the Quadra Island Centre for Positive Living, 285-3224.

In The Spirit Of Caring And Sharing! Thank-you

Quadra Islanders from the Quadra Philippines Connection and the children of the Lacnog and Nambaran Daycares. Your generosity through donations and purchases made this 10th Anniversary sale an overwhelming success and a truly memorable event!

Volunteers agreed that the exceptional quality of items received this year contributed to more sales and therefore, less recycling and disposal at the end of the sale. Offering goods by donation eliminated many hours of pricing and also encouraged people to make more purchases and to financially contribute more. Not only was there less work, but the total income after expenses was \$4600! This money will not only cover the daycare teachers' stipends and supplies for the next year, but will also provide a generous and well-deserved Christmas bonus to teachers as well as IAT staff.

Appreciation and congratulations for a job well done is extended to the many volunteers who contributed in so many ways. We also wish to thank Hummingbird for donating photocopies, Cape Mudge Hall for extra tables, Quadra Building Supply for providing lumber for clothing racks, Waste Management for the donation of a dumpster, Peter and Elene for freshly roasted coffee and Heriot Bay Store for providing pizza for volunteers.

We extend thanks also to Mimi Otway for setting up an informative display and sharing impressions of her own experience and visit to IAT's projects in the northern Philippines. This was an added feature of our sale this year as well as the opportunity to view the recently made film 'THE SPIRIT OF TORCAO' shot on location in northern Luzon. This film is an elder's story of how a village received its name and depicts the past idyllic culture and environment of the Torcao people.

The story provides a sharp contrast to the people's current struggle to survive the challenges of modern civilized life. The elders today say how people in the 'civilized' world have multiplied their possessions but have reduced their values, have learned to make a good living but not a good life, have more knowledge, but less common sense, more medicine but less wellness, many specialists but more problems, many environmental experts but a polluted planet.

If you missed the opportunity to see this informative and beautifully photographed half hour film, it is available for loan or for sale on both DVD and video. All proceeds go to further the work of IAT (International

Association for Transformation) the organization through which Quadra's support is made possible. IAT also has a child sponsorship program for older children with over a hundred resumes of children awaiting help with an education.

For information about child sponsorship or to obtain a copy of 'The Spirit of Torcao' contact Carol Foort at 285-3035. Thank-you again to the people of Quadra for coming together as a community in the spirit of caring and sharing.

The following letter is from Eliza Guyang, teacher of the daycare in Nambaran, the village most recently receiving Quadra's support. In it she expresses her appreciation to us.

Dear Quadra Island,

Greetings from the innermost chamber of my heart. First and foremost I would like to say hi and a pleasant good morning or afternoon to everybody there! I'm Eliza Ballong Guyang, daycare teacher of Nambaran. This is our first year of operation and I am so thankful to you and IAT for extending financial support to us.

As of now, I have 28 children - 12 males and 16 female. Through your support a little of my stipend and school supplies for the children are provided. Parents also contribute by providing their children's snack and helping to augment my stipend.

We started classes on July 12th and one retired teacher offered her house for our daycare school. Parents bring their children to the center everyday and sometimes stay with their children. The parents are so happy and thankful that their children will have a foundation before they go to elementary school. Government schools here don't cater to preschool so many are privately owned but are so expensive that most can't afford them.

Thank you so much for your generous support and assistance. Know that you are helping provide a great service to our children! Good luck and more power to you.

Yours truly yours

Eliza Guyang

Quadra Quilters.

The October 12 meeting will continue with preparation for the Quilt Marathon on November 13 and 14. The comfort quilts made by the group are destined for B.C. Childrens Hospital and Ronald MacDonald House, particularly for the oncology ward. The preparation for this event has been underway for many months. Heather van der Est has contacted, by mail and with a follow up telephone call, almost every fabric manufacturer in North America. Donations of cotton fabric have been arriving for some time and group leaders have arranged to wash and iron the tens of meters of fabric we received. The quilt patterns have been selected and the afternoon programme will involve cutting out our pattern pieces. If you would like to help during the marathon by sewing, ironing, acting as a gopher or in some other way, please contact Marg McQuade, the marathon chairperson. Although we have the fabric we need, monetary donations are always appreciated to go towards buying batting and the other expenses incurred.

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Quadra Community Association

1st Draft Recommendations for Zoning Bylaw Update

The QCA believes that community involvement is the key to success in local government activities such as the updating of our zoning bylaws. To this end, over the last 7 months we have pursued every available means of collecting community input: general public meetings, open board meetings, the formation of 8 land-use steering committees, the review of over 300 public comment forms submitted to the Regional District regarding the last proposed bylaw revision, questionnaires made available through the Discovery Islander, Gateway cafe, Cafe Aroma, the Farmers Market and on our website (www.quadraisland.ca/community_association). The QCA feels strongly that no substantial changes be made to our zoning bylaws without an equivalently rigorous public process or a full Official Community Plan (OCP) review.

Here is another opportunity for your participation. Over the next couple of months we will be publishing the first drafts of the QCA's recommendations for bringing our zoning bylaws up-to-date with our OCP, provincial legislation and current community input. Read the output of our first two land-use steering committees below. You can drop your comments off at the Discovery Islander Office (701 Cape Mudge Road) or at Cafe Aroma. You can also post or email your comments to the QCA's President, Richard Desmarais, Box 492 Quathiaski Cove, B.C., V0P 1N0, email randb@island.net.

Many thanks to all those Quadra Islanders who have contributed so far!

Agriculture

It is an objective of our OCP "to encourage agriculture, in particular, local food production". Farming should also be conducted in a responsible manner and conform to provincial standards. To these ends and after consultation with the Regional Agrologist for the Ministry of Agriculture, Food and Fisheries, we make the following recommendations:

- Add a definition for "upland". This term is used in the definition of Agricultural Use and in many other bylaw clauses. It should include all areas excluding beach and water.

- Update the definition of "Agricultural Use" by adding "the storage and repair of machinery and implements used in agriculture", by adding "greenhouses and nurseries" and by replacing the term "farm" with "lot".

- "Agricultural use for domestic purposes", which is allowed in all upland zones, should be defined and should allow for the incidental sales of agricultural products produced on the lot, in excess of domestic needs, to local markets.

- Rural Two zoning (minimum 5 acres) should include more agricultural options such as market gardens.

- To address concerns of water quality, setbacks recommended in the Ministry of Agriculture Food and Fisheries "Guide for Bylaw Development in Farming Areas" should be used.

- All registered farms, whether on Agricultural Land Reserve (ALR) land or not, should be required to conform to the provincial standards set down in the "Farm Practices Protection Act"

- As the provisions of the Agricultural Land Commission Act take precedence over zoning bylaws on ALR land, ALR status should be indicated on our zoning maps.

Aquaculture

Although there is nothing in the Official Community Plan that requires changes to the current Aquaculture zoning, the Steering Committee proposes the following changes in order to bring the zoning in line with: 1) Current, standard aquaculture practices, 2) Changes in provincial legislation bringing existing aquaculture licenses under the Farm Practices Protection Act and, 3) The recommendations of the Ministry of Agriculture, Food and Fisheries and Land and Water BC Inc. as expressed in their letter to the Regional District of Comox Strathcona regarding our last proposed bylaw 2538.

- AP-1 (Processing Plants): Increase the maximum height of upland buildings from 10 meters to 11.5 meters.

- AQ-2 (Shellfish Leases): Add staff accommodations to permitted accessory uses and increase the floor area of the storage, sorting and grading building from one square meter to 100 square meters.

- AQ-3 (Finfish Leases): Add staff accommodations to permitted accessory uses and change structure height measurement to be from the float deck rather than from the tidemark.

The next QCA Board Meeting will be 7:30pm, October 26 at Cafe Aroma.

Regional Director's Report

- Sept. 26, 2004



Island Forum

It is wonderful to be back on the island after a very intense week in Kelowna at the annual Union of BC Municipalities Convention (UBCM). It was a great opportunity to be able to meet with numerous BC Ministers, MLA's and all of the five Federal Cabinet Ministers for BC along with all of their Special Advisors. It was also a great place to network with local government representatives from all around the province that have similar issues to ours.

I managed to put through an emergency resolution on the fog horn issue and it was unanimously passed by the UBCM, which represents all 184 local governments in BC. Our Regional District Board had a strong showing at the convention and worked together very well for the betterment of our region. It is great to see how much our relationship has improved over the past two years and how willing each municipal and electoral area director is to come to the other's assistance. This is a new era for our Regional District and I am extremely pleased to be a part of it. An recent example of this new level of cooperation was evident in how the Quadra Island garbage issue was handled here on our island with help and funds from all parts of the Regional District.

I would also like to put in another plug for THE BUS!!! The CR Transit bus is meeting the 7:05 am ferry to take riders to all of the schools and any stops along the way. A lot of effort went into getting the bus so that kids (and adults) that need to get to the schools before the first school bus run starts, would be able to have safe and comfortable transportation to their early

morning school activities. THE SERVICE NEEDS TO BE USED!! So far, the ridership has been low, but I am sure that as soon as we turn the clocks back in October and the early ferry is in the dark and the weather deteriorates, we will see an increase in use. In the meantime, PLEASE GET USED TO USING THE BUS SERVICE!!! I have got all of the problems ironed out with the District of CR with the help of the mayor in relation to the fares being charged. The fare is now the standard rate and bus passes (at the reduced rate) are being accepted. So, this is an economical way to get to the schools and it eliminates all of the liability concerns expressed by some parents that are taking numerous kids in their private vehicles to the schools due to the School District not providing appropriate and necessary transportation.

ONCE AGAIN, THE BUS, THE BUS, PLEASE RIDE THE BUS!!.... This will ensure its continued viability and may even expand into other service for island residents if we can show that there is a need. With ferry prices and fuel prices what they are, this makes a lot of sense when you need to go to CR and cannot get where you need to go on foot.

So, that is about it for now. Please feel free to call me at 285-3355, Monday through Friday (but not on the weekends, please!) between the hours of 8:30 am and 7:00 pm or you can fax me at 285-3533 or email me at abramfam@oberon.ark.com anytime. I look forward to discussing issues with you in the future.

Respectfully submitted,
Jim Abram
Director, Discovery Islands - Mainland Inlets (Area J) RDCS

Dear Claire De Lune

A.K.A Claire Voyante Etc.

Now that you are drawing blood, I challenge you to reveal your true identity.

Luise Grav

Do you know the Lord?

This is a timeless question that all mankind will answer. Every last human being from the beginning of creation to the last baby to be born before Jesus Christ returns will have to face that question. Why will everyone face that question? Because Jesus Christ is their maker "through him everything was made" everyone will bow their knee to Him. Buddha, Mohammed, all the gurus, new agers, the pope, Confucious and so on will acknowledge Him as Lord. Unfortunately, for many who never knew him their acknowledgement of His Lordship will only serve to condemn them. They lived their lives as if he did not exist and cast his words behind them. They did not care to keep His words or the knowledge of God. Instead they surrounded themselves with teachers who told them what their itching ears wanted to hear. A sad commentary. If you are able to see the Kingdom of God, you must be born again (spiritually not physically). this is Gods work all you can do is ask Him to do it. After this, go and serve Him according to His word not our imaginations. How? Start attending a Bible believing Church. We don't have the answers contrary to popular opinion, but Jesus does.

P. Michael Beck

To the Editor,

This morning on a C.B.C. Newsworld program previewing the movie "Hotel Rwanda", it was reported that while the media in North America was focused on the O.J. Simpson trial, 800,000 people were being massacred in Rwanda.

Who are we and what do we care about really?

In the 10-paged Discovery Islander of September 17th, 1 1/2 pages were devoted to the ongoing analysis of American politics by Steven Halliday. The media, including a small local paper, has the power to inform, enlighten and encourage us to stretch our thinking on many issues.

Even though I'm a Canadian who is deeply concerned about the actions of the U.S. in Iraq and elsewhere, I consider Mr. Halliday's column to be just another example of how easily we become hypnotized by American culture and politics.

Judy Campbell

[Editors Note: I agree with you regarding the power of the media. However, it is the Discovery Islander's focus to report on local events, being a "small local paper" with space restraints, and provide a vehicle for public voice, whether in Island Forum or a self driven article (such as Steven Halliday's). Therefore, I must say I greatly appreciate Steven Halliday's article and warmly invite you to write your own on any another global issue you desire. SW]

Articles, letters and artwork are all welcome for publication under Island Forum

Opinions & endorsements expressed herein are those of the contributors and do not represent the views of the publishers.

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Next deadline 7pm Monday, October 11th 2004

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By Claire Voyent

The Light Side of the Sale

A couple of people came up to me during the Philippines Garage sale and asked me if the angels were: A), happy that we are so generous; or B), appalled that we are so wasteful. For righties I answered A and for lefties I answered B. What astounds me, though, is that anybody thinks the angels care. Let me give you some idea of what was going on in the other world while the sale was going on.

For the art lovers. Picasso had the opening of his new mural. It is a satire of Guernica and is composed entirely of images of spiders. He calls it Iraqnid. Our very own Ms. Andrews has a new collection of prints coming out under the general title of Sybil Disobedience. Rembrandt finally tracked down Mona and was doing a commissioned piece for Hugh Hefner's new mag. Jackson Pollock, showing little growth since his death, was lonely at his new collection called Vomit.

For Music lovers. The first semifinal of dueling pianos was on, pitting Mozart against Joplin. John Lennon was doing his first solo since ascending. Ironically, it was in a bar down the street from where Jesus was doing his magic act. I haven't seen the attendance at either place so I don't know if he's still more popular than Jesus. Elvis is doing backup vocals for a

real musician somewhere. Sunday Jam at the Strawberry Pig featured Hendrix, Gould, Garcia, Orbison, Piaf, Armstrong, Waller and Zappa.

For philosophers and poets God and Nietzsche were debating which one of them was dead. Sartre was giving a lecture titled Nothingness to Nothing Less. It was the last night of The Suicide Chicks' (Emily, Sylvia and Virginia) performance piece Dyed in the Wool. An embittered Robert Frost, angry at once again not being even on the short list for Heaven's Poet Laureate, has taken to doing satires of his own poems. Whose hell is this/I think I know/his body's in the graveyard though... and Some angel there is who doesn't love a cloud...

In theatre. Andrew Lloyd Weber (don't feel bad he doesn't know he's dead yet either) is staging another bloated musical. Brecht has teamed up with Gilbert and Sullivan to stage The Inflationary Opera. The fringe festival was in its second day featuring works by Marlowe, Becket, Euripides, Ionesco. For dance fans, Salome was reprising her Dance of the Seven Halos and Pavlova was doing Just Desserts.

Now, seriously...if you were an angel would you have gone to Quadra to check out a rummage sale?

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First the Good News...

by Steven Halliday

Premier Campbell and his band of merry men (particularly with the recent departure of Christy Clark) are trumpeting the fruition of the past 3 years of their fiscal management of BC's finances, the end result being a projected surplus of some \$800 million. Well, whoop-te-do. Rafe Mair, appearing on a CTV interview, said it best.

So what, he says, *every* government in recent memory (and his memory is clear to way back before W.A.C. Bennett) has done the same thing. Liberal, NDP or SoCred, they all stuck it to us in one form or the other during the 1st three years of a term, then miraculously declare a surplus heading into an election year. Sorry, Gordo, we're all wise to the game now, and you're going to have keep pulling more rabbits from the hat to impress us.

Speaking of the economy, a far more credible source than our provincial government recently confirmed that our economy will probably be the bright spot for Canada. Helmut Pastrick, Chief Economist of Credit Union Central of BC, forecasts growth in 2004 Gross Domestic Product of 3.7% and 3.2% in 2005, our best performance since 1999-2000. Employment growth will continue, up from 1.6% in 2002 to 2.5% in 2004 and 2.7% in '05. Unemployment will of course trend down, from 2002's 8.5% to 7.1% in 2005. Most indicators are all in positive territory, and especially heartening is the anticipated 3% growth in exports, the first positive result after three years in negative territory.

Individual segments vary in their projected performance. Forestry is seen as continuing

to strengthen for 2004, then back off a bit in 2005 due to weaker demand in the US. Newsprint demand will continue to grow, but the pressure on prices will likely force them down. Tourism is having a good year in 2004, up 4%, but Pastrick views this as temporary. Overall tourism growth is about 1% in recent years, and it may be that we have peaked for a short period. Growth in competition from other destinations, a weaker US economy and a strong Canadian dollar all contribute to the weak performance. Mining is showing a remarkable comeback after decades of poor performance, with new capital investment expected to increase 15% this year and continue into next. Several new mines are opening now, with more expected, although almost all new production will be coal. Finally, construction spending is expected to taper off from the frenetic 12% pace in 2004 to about 5% in 2005. Job growth in the industry is expected to top 19% this year.

So in a nutshell, things here in Lotusland look pretty bullish. However, as usual there are one or more flies in the ointment, particularly our dependence upon exports as a crucial component of our economic well being. If the economy of one of our customers as an exporter tanks, so goes the prospects of the exporter. When a single customer dominates one's export market, one's expectations of prosperity must be closely aligned with the prosperity of the customer. Unfortunately the expectations for economic health of our largest customer is not so bright. The Economist (September 11, 2004) features an essay on the matter entitled "The risks ahead for the world economy", written by Fred Bergsten, the director of the Institute of International Economics in Washington, DC.

The opening paragraph of the essay is worth quoting in its entirety.

"Five major risks threaten the world economy. Three centre on the United States: renewed sharp increases in the current account deficit leading to a crash of the dollar; a budget profile that is out of control; and an outbreak of trade protectionism. A fourth relates to China, which faces a possible hard landing from it's recent overheating. The fifth is that oil prices could rise to \$60-70 per barrel even without a major political or terrorist disruption, and much higher with one."

That, my friends, is an unvarnished and crystal clear impression of how I see the situation as well. The exposure of our provincial economy to the health of the US economy cannot be understated, and unfortunately all bets are off when it comes to that call. An important line to note in Bergsten's opening is "a budget profile that is out of control". I'm sure such lines have crept into reports of the World Bank and the IMF when describing economies that we rather callously label as "third world".

The Bush Administration has had an almost unprecedented affect on the environment of the planet in a myriad of ways, but none so full of long term implication as their domestic economy. Unfortunately, no matter the result of November's election the problem will remain – the world's single largest debtor nation currently possesses an economy that balances precipitously upon a very small number of variables. A disruption in any one leads to widespread catastrophe, and one can hardly describe the global situation as placid at this moment. A rise in oil prices is

continued...

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immediate and disastrous in its effect on the US economy, and oil prices are rising. The US now owes more than any other nation on earth, *at any time*, and interest rates are rising, and predicted to continue to do so. Only one factor in the global economy appears to be certain today, and that is the uncertainty of the global economy.

In watching the mainstream media, it is apparent that no party wants to align itself with the economy in the USA today. That is understandable, as the situation is such that no promises can be made to fix the problem when the problem is so fluid. The war in Iraq has cost at least \$250 billion so far (my estimate – mainstream says \$200 billion but we know how accurate *they* are) and will cost at least that much again before a solution will appear on the horizon. The offshoring of US manufacturing jobs will continue to come home to roost, further cementing the fact that US job growth will not be made up of high paying manufacturing jobs but low-end “McJobs”, in spite of a Kerry administration promise to end the practise. The bubble of the US housing market is going to burst, soon, and the result will not be pretty. So in spite of Helmut’s positively rosy outlook I remain firmly pessimistic, and will plan accordingly. In spite of the election in November the US economy will remain a candidate for economic shock treatment, for some time, no matter who wins.

As an investor, my strategy remains the same. Stay relatively liquid, go long if you need to, and seek out the niches. Energy is and will remain the most crucial part of the global economy for our lifetime – look for the opportunities. Diversify globally, remembering that the EU is set to become the dominant economy on the planet. Asia beckons, but tread warily. And above all, be careful out there. The waters are definitely treacherous, and the storm is far from past. Things could change dramatically in the next few weeks, but it will take many years for any change to take effect. Plan accordingly.

Farewell Discovery Islander!

By: Amanda Zimmerman

Wow... farewell. It seems so final, doesn't it? I did not think that the word "goodbye" would escape my mouth and spill out onto paper for at least a few more weeks, and now that it has, I feel kind of guilty. In truth, I was hoping to cushion the blow, ease off slowly and end on a happy note, but I can't. I thought, and I hope that you agree, that being blunt is the best possible course of action. So, here it goes.

In my school, before you graduate grade 12, you need to have successfully completed thirty hours work experience. When my Career and Person Planning teacher asked me what I wanted to do to finish this requirement, my one wish was to write. I had previously told him that I wanted to be a children's author when I finished school, but when I limited myself to writing for volunteer work, I think I had pretty limited options. I was shocked and more than a bit amazed when he pulled me aside a few short days later told me he had found something for me to do. He had talked with Philip Stone, the editor of the Discovery Islander here on Quadra, and had arranged for me to get an interview. The long and the short of it was Mr. Stone liked the possibility of someone starting a youth column for the newspaper, and seeing as that I was available to do the job, I was "hired."

So for my first real job, I basically was able to set my own hours, I was given a fair amount of leniency in my articles, and rarely was there any pressure (except when I left the article to the last minute). And now, a year later, I am done; my thirty hours work experience is completed. Don't get me wrong; this was the best experience I could have been given. Unfortunately, it is hard to say goodbye. Being an extremely emotional person, I almost feared the reaction I would get from my loyal readers when I "signed off." Would they be disappointed? A bit angry? Relieved? I'm hoping that as you read this last article that you understand how much of an encouragement you have been to me. For those I met on the ferry that complimented me on the youth column, thank you. For those people in my church that urged me to continue and write more, thank you. For my teachers at school that seem to think I may be able to do something special with my writing, thank you. In general, I appreciate the opportunity you all gave me to share my experiences and insights with you! Last, but definitely not least, Thank you to Philip, who was a constant source of encouragement and gave me more freedom in writing than I could ever expect! Goodbye Discovery Islander, it has been fun! -Amanda

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Island Report

Quadra's Claire Trevena Seeks NDP Nomination

by Tanya Storr

Arriving at the Aroma Café on her mountain bike, Heriot Bay resident Claire Trevena greets me with a smile and a cheerful hello. Life has been very busy since she announced her intention to run for the NDP candidacy of the North Island (provincial), she told me.

"I haven't had as much time for exercise as I'd like and I've gone back on coffee," she confessed.

On the plus side, Claire has been attending lots of community events on Quadra and in other North Island riding communities, where she has been hearing about issues of concern to constituents.

"Education is a huge issue for many people. We have grade 10 math classes in Campbell River with 38 kids in them. In Port Hardy important subjects have been cut back at the high school level. It's demoralizing for teachers and parents are really worried," she reported.

A well-educated community is the cornerstone of our society's health, Claire believes.

"If we're not going to invest in our kids, we're not going to invest in our future," she said.

Education begins with early childcare, Claire pointed out, which has suffered cutbacks under the Liberal government.

"The Quadra Children's Centre spends a lot of time raising funds. It's great to see



Claire Trevena (R) discusses local issues with a potential constituent at the Quadra Farmers' Market
photo: Tanya Storr

their commitment, but they shouldn't have to do that."

Looming skills shortages are also a concern. Claire feels strongly that post-secondary education must be affordable.

"There have been all these newspaper ads lately about the number of post-secondary seats opening in BC by 2010. I ask who is going to be able to afford them?"

Claire feels BC needs to improve its apprenticeship system to ensure we have skilled workers ready to meet the coming demand.

Another important issue for North Island residents is healthcare. Claire has been hearing from seniors who are finding it very difficult to pay for their prescriptions.

"I've talked to a number of seniors who are really struggling due to cutbacks from the Campbell government," she noted.

BC needs to approach healthcare in a new way, Claire asserted.

"We need to look at how we can best deliver healthcare to rural communities," she stated.

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Preventative healthcare should be a priority, she said, as well as focusing more on alternative practices.

Claire is supportive of small businesses and believes they are an integral part of the North Island economy. Together with her husband, Mike, she is running a small communications company.

"I believe the government needs to look at ways to encourage small businesses to stay in operation and to grow. One way to do that is to help them through taxes and by developing community initiatives that develop and build their strengths."

When it comes to forestry, Claire feels strongly that BC shouldn't be shipping out raw logs.

"Every time we ship out a raw log, we're shipping out jobs. We should promote value-added companies. We have people who need work and have skills, and others who can build their skills," she said.

Claire is a big supporter of woodlots because they are

managed by people who live in the community.

When asked why she decided to run for the NDP nomination, Claire said she has always been political and she wants to work with people to make things better.

"We've got great health care, great education, and a civil society where we make sure people don't fall through the cracks. The Campbell government is destroying that, in my opinion. We need to defend what we have and start rebuilding it."

Claire originally hails from England, where she worked as a journalist for the BBC and Independent Television News. She came to Canada in the early 1990s as a correspondent for the BBC in Toronto.

As well as working as a journalist, Claire has done international development work and was awarded the Canadian Civilian Peacekeeping Medal for her work with the UN in Kosovo. She has also spent time as a

trade unionist, volunteer, and activist.

Since moving to Quadra in 2001, Claire has been actively involved in the Community Kitchen and was elected to the board of the Quadra Community Association. She also has a seat in the Area 'J' planning committee.

"I feel it's time I got into the political structure where decisions are made. I think my diverse background makes me well suited to politics, and I'm a good listener and advocate for people."

A former member of the Green Party, Claire said she has now returned to her democratic socialist roots.

"I left the Green Party because it was too fiscally conservative for me. I strongly believe we should be investing in our services and our social welfare system. In bad times the province has a responsibility to invest in the economy, and in good times money will be flowing."

Claire has the support of former MLA Colin Gabelmann,

Area 'J' director Jim Abram, writer/historian Jeanette Taylor, and well-known local resident Sandy Spearing.

"It's an honour that people believe I could represent them well on the North Island," Claire said.

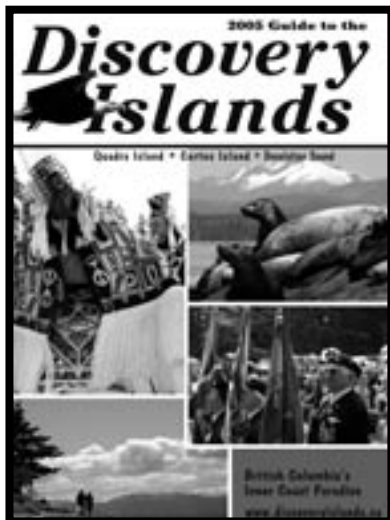
At this time Claire is busy signing up supporters to become members of the NDP. North Island NDP members will decide on the successful candidate by vote at a nomination meeting sometime this winter. Members can vote by mail if they are unable to attend the meeting. Voters must be party members for at least 90 days prior to the nomination meeting.

The North Island riding encompasses the area from Oyster River in the south to the north end of Vancouver Island, and includes the Discovery Islands. The next provincial election is slated to take place in the spring of 2005.

For more information contact Claire Trevena at 285-2167 or clairendp@yahoo.ca.

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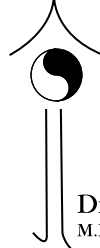
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1	FR	0105	4.9	1.5
		0650	12.5	3.8
		1145	9.2	2.8
		1800	13.1	4.0
2	SA	0110	4.6	1.4
		0755	12.5	3.8
		1240	10.2	3.1
		1820	12.8	3.9
3	SU	0140	4.6	1.4
		0900	12.5	3.8
		1240	10.2	3.1
		1820	12.8	3.9
4	MO	0220	4.6	1.4
		1005	12.5	3.8
		1535	11.5	3.5
		1830	11.8	3.6
5	TU	0310	4.9	1.5
		1125	12.8	3.9
6	WE	0410	4.9	1.5
		1235	12.8	3.9
7	TH	0515	5.2	1.6
		1325	12.8	3.9
8	FR	0620	5.6	1.7
		1355	13.1	4.0
		2215	10.2	3.1
9	SA	0020	10.2	3.1
		0715	5.6	1.7
		1425	13.1	4.0
		2155	9.5	2.9
10	SU	0135	10.8	3.3
		0805	5.9	1.8
		1455	13.1	4.0
		2205	8.9	2.7
11	MO	0225	11.2	3.4
		0840	5.9	1.8
		1520	13.1	4.0
		2205	8.9	2.7
12	TU	0310	11.8	3.6
		0910	6.6	2.0
		1540	13.1	4.0
		2145	6.9	2.1
13	WE	0400	12.5	3.8
		0935	7.2	2.2
		1605	13.5	4.1
		2225	5.6	1.7
14	TH	0450	12.8	3.9
		1005	8.2	2.5
		1625	13.8	4.2
		2305	4.6	1.4
15	FR	0545	12.8	3.9
		1035	9.2	2.8
		1645	13.8	4.2
		2345	3.6	1.1
16	SA	0645	13.1	4.0
		1110	10.2	3.1
		1715	13.8	4.2
17	SU	0030	2.6	0.8
		0750	13.1	4.0
		1155	11.2	3.4
		1745	13.8	4.2

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