

Discovery Islander

Community News and Events from Quadra, Cortes and the Outer Islands



ISSUE #315
APRIL 16TH, 2004
FREE

www.discoveryislands.ca/news

Serving the Discovery Islands since 1941



Quadra Credit Union is pleased to advise that our banking system upgrade was accomplished on schedule with little disruption to our services.

Internet Banking - Member  Direct - www.quadracu.com

To those members who may have suffered any inconvenience we offer our sincere apologies. The new banking system will help to ensure better service in the future.

Dividends and Interest Bonus for 2003 have been credited to your accounts!

Regular Share Account Dividend - .50%
Equity Share Dividend - 4.25%
Bonus on Term Deposit Interest - 10.0% *

(* 10.0% of interest earned/accrued during 2003 on term deposits of one year or longer credited to equity shares and may be withdrawn until May 31/04 upon request.)

Thanks to all our members for your patronage.

Watch this space for information about our new statements and imaged cheques, coming to all QCU members with chequing accounts in May!

Imagine  **A Caring Company**

Quadra Is. tel. 285-3327 - 657 Harper Road PO Box 190 Quathiaski Cove, B.C.
Cortes Is. tel. 935-6617 - Sutil Point Road PO Box 218 Manson's Landing, B.C.

"Caring for children for community's sake"



Preschool Program
For 2.5 to 5 years
(Toilet training not required)

Quadra Kids
school age program
For 6 to 11 years
Cost \$3/hour (3 hour min.)

7:30 a.m. to 6:00 p.m.
Monday — Friday
285-3511
www.quadraisland.ca/qcc



Quadra Island	#1
Quadra Island visitor info	#1
Quadra Island real estate	#1

www.quadraisland.ca



- **Business Listings**
- **Doorway Pages**
- **Banner Ads**
- **Web Site Design & Hosting**

find out more
info@quadraisland.ca



Island Calendar

Submit your event:

eMail: news@discoveryislands.ca
drop-off: 701 Cape Mudge Rd.

fax: 285-2236

The Regulars

- **1st and 3rd Wednesday** -Food Bank 1-2:30 Community Centre
- **Every Tuesday** - Kalina Folkdancers, 7:30pm Community Centre
- **Every 2nd Tuesday** - Quadra Quilters, 9:30 - 2 pm Community Centre
- **Every Wednesday** -Community Kitchen Lunch noon - 1:30
-Seafood Night, Heriot bay Inn Pub 5-8pm
- **Every Thursday** -Parent and Tots 10 am Community Centre
-Motorcycle Club meet 5pm Heriot Bay Inn Pub
-Quadra Legion Jam, 9 - closing, everyone welcome
-Prayer Meeting, 7:30pm at Quadra Island Bible Church
-Pool Tournament 7:00pm HBI Pub
- **Every Friday** -Duffy and Friends 8:30pm Heriot Bay Inn Pub
-Youth Group, 7:30pm, Quadra Island Bible Church
- **Every Saturday** -Meat Draw 5-6:30 pm Quadra Legion (members & guests welcome)
- **Last Saturday** - Bonus \$50 cash draw. Quadra Legion 6:30pm (members & guests welcome)
- **Every Sunday** - Positive Living Service, 10:30am Community Centre
-Landing Pub Meat Draw 3:00-5:30
- Buddhist Meditation, 10 a.m. Upper Realm
-Sunday School 9:45am, Worship Service 11:00am Quadra Island Bible Church

Next Deadline: Monday, April 26th 2004

Children's Centre AGM Potluck

Join us on Sunday, April 25th at 5:30 pm at the Children's Centre for a celebration of the past year, a potluck supper and a little society business and board elections. See you there!

Quadra Island Senior Housing AGM

The Quadra Island Senior Housing Society will hold their AGM on April 20th at 7pm. in the Quadra Island Recreation Center.

Quadra Legion Presents...

R-Drive on Sat., April 10th/04, 9-4, \$5 admission...All Classic Rock, members & guests welcome. "The Howlin' Dogs", April 22, \$5 admission, 9-1, members & guests welcome.

Fair Weather Fridays

On fair weather fridays, homeschoolers and friends meet at the Spit for freestyle fun. Come join us at 1pm for beach play, field games and visiting. All ages. Call Annette at 285-2673 or Sioux at 285-2516 for info.

On the cover



The DI continues its global odyssey making it's latest stop in Vietnam.
Photo by Cali Bingham

*Next deadline for the
**Discovery
Islander***

April 26th

**701 Cape Mudge Rd
Monday-Thursday 10-4**

use drop box after hours please

Day by day

April 16, Friday

-Mitlenatch Field Naturalist Society
8 pm 'Rainwolves'
-Sports "Quadra-Thon" \$3/player
7:00 pm

Community Centre

Quadra Legion

April 17, Saturday

-Karaoke with "Sound Machine"
9:00 pm free admission
-Quadra Singers Spring Concert
8:00pm

Quadra Legion

Community Centre

April 20, Tuesday

-QI Seniors Housing Society AGM
7:00 pm.

Community Centre

April 22, Thursday

-The Howlin Dogs" 9-1

Quadra Legion

April 23, Friday

-Judy Farrell's Quilt Art
7:30-9:00pm

Community Centre

April 25, Sunday

-Annual Beach Clean up
-Jazz 'n Blues Jam with the Annie Siegel Trio.
6-9 pm 285-3539
-Quadra Children's Centre AGM Potluck
5:30 pm

Meet @ Rebecca Spit
Heriot Bay Inn Pub.

Q Child. Centre

April 26, Monday

-Chamber Of Commerce AGM
7:00pm dining room

Heriot Bay Inn

May 1, Saturday

-"Virtual Elvis"
8:00 pm
-Rhys Thomas - Juggle Mania

Quadra Legion

Community Centre

May 8, Saturday

-Plant & Bake Sale
10am-2pm

Quadra Legion

May 15, Saturday

-A Day of Yoga with Lillian Provencal
10 am- 4:30 pm

Community Centre

May 15-16, Saturday & Sunday

-Discover Quadra Tourism Tradeshow
all day, both days

various venues



#315 April 16th, 2004

Published bi-weekly and distributed free throughout the Discovery Islands by:

Discovery Islander Publications

PO Box 280 Quathiaski Cove,

B.C. V0P 1N0

Tel.: 250 285-2234 Fax: 250 285-2236

701 Cape Mudge Rd.

**Office hours Monday -Thursday
10 am- 4 pm**

email: news@discoveryislands.ca

Publishers: Philip Stone &
Sheahan Wilson

Managing Editor: Philip Stone

Staff Reporter: Tanya Storr

Cartoonist: Bruce Johnstone

Printing: Castle Printing 285-COPY

© Discovery Islander 2004 All Rights Reserved

Opinions expressed in this magazine are those of the contributors and do not represent the views of the publishers.

Agreement # 1408585

Printed on recycled paper



Subscriptions available

\$30⁰⁰* for 6 months

\$50⁰⁰* for 12 months (* includes GST)

Call 250 285-2234 for details

Submission Guidelines

Items for publication are welcomed on subjects of interest to the Discovery Islands community. *Please help us by following these guidelines:*

- Please print handwritten material clearly.
- Electronic items sent by email or on disk must be saved as **Word** or **rtf** formats. Please spell check in Canadian English.
- **No MS Publisher** files or graphics in Word files please. Send graphics separately.
- **Please** use the title of the item as email subject & send multiple items in separate emails.
- Please don't send original irreplaceable material, make a trip to a copier first!!
- Please remember to caption & credit photos and artwork. Don't write on the back of photos use labels or Postits™.

While every effort is made to include all items submitted, errors and accidental omissions do occur and the Discovery Islander should be only one part of your publicity efforts.

Next Deadline

7 pm. Monday, April 26th

Quadra Skate Park Lights Up!



Thank-you to everyone who showed up Saturday April 10 to help dig ditches and put up the lights at Quadra Skatepark. Special thanks to Marshall Toelle and Gerald for their equipment time and mounting the lights also Bob Turner and Shane Smith for the electrical work.

Two New Exhibitions at the CR Art Gallery

Campbell River Art Gallery invites you to the opening of "Inundation" on Friday April 23 at 7:30, a whimsical narrative about the effects of global warming portrayed in textiles by Bettina Matzkuhn. A cosy house and a tiny gilt bird cage float down a flooded river in Bettina's 20 works, which incorporate hand embroidery, fabric collage and paint.

Be prepared for the unexpected with an exhibition opening the same night in the adjoining "Under Where" Gallery. Large-scale works by part-time Cortes artist Chai Duncan fill this new gallery with site-specific work made from wax. Duncan says he enjoys the soiled appearance of wax, which can so easily transform into liquid. "It's a dynamic material that is never quite stable," says Duncan. "It appears to be what it is not. I find this rather slippery quality compelling."

Both exhibition continue to May 29. The Gallery is open 12 - 5:00, Tuesday - Saturday. For more info about the exhibitions or current classes call 287-2261.



**Your Complete
Home Building Specialists:**
from concrete to cabinets

- Project Management
- Commercial & Residential Buildings
- Renovations
- Custom Homes & Additions
- Qualified Journeyman Carpenters



**Certified Installers
High Performance
Wall Systems**

Building a better Quadra Island

**Free Estimates
Phone & Fax**

285-3583

www.quadraisland.ca

Quadra Island's
internet portal.

Make it your home page today.



News & Events

Weather Statistics for Heriot Bay



Sharon Hatelt displays a 15 year distinguished service award presented to her by Environment Canada. Congratulations Sharon!

Temperatures in January were the coldest recorded in ten years but February and March both were a half degree warmer than average.

Precipitation for this quarter over the last decade has averaged 493 mm (about 20 inches). In 2004 we got 461 mm (about 18.5 inches).

If anyone would like details on this information, please contact Sharron at hatelt@connected.bc.ca

Artists Invited to the Point

April Point Resort and Marina is once again pleased to invite local artisans to exhibit your work in our lodge for the 2004 season. We experience high numbers of people from around the world that are intrigued by and in many cases interested in buying fine examples of Discovery island art. If you are interested in exhibiting and selling your art with NO commissions, please contact Joel Bridle @ April Point 285-2222



Turn a page - Explore carries a variety of interesting books including fiction, non-fiction, gardening, nature, cooking, self help, yoga and children's. We will also special order to suit your needs. Book Club Discounts available! Call for more details.

Hours: Wed - Sat 11-5pm
in the Q-Cove Plaza **285-3293**

Thank You!

The Quadra Island Bible Church Youth Group would like to thank everyone who sponsored our 30 Hour Famine for World Vision. We raised over \$3100.00 to help feed starving children.

We would especially like to thank the Heriot Bay Store for donating juice and Popsicles and Edge, Cornerstone and Petro-Canada for donating wonderful prizes.

God Bless You!

Barbara Williams (Youth Leader)

Island Voices Plus

Island Voices Chamber Choir, directed by Frances Keen, with guest conductor, Jo-Anne Preston, pianist, Sean Mooney and flutist, Lorraine Philippsen, will present a spring concert on Sun. Apr. 18 at 2:30 pm at St. Peter's Anglican Church, Campbell River, and on Fri. Apr. 23 at 8 pm at Comox United Church. Tickets are available at Campbell River Visitor Info Centre and Laughing Oyster and Blue Heron bookstores, or by calling Anne at 287-4236.

Spring Cleaning?

The Quadra Children's Centre is looking for your saleable items in good condition for our annual garage sale, to be held Saturday, May 22 from 10-2. Please drop things off at the centre during our opening hours, Monday to Friday, between 7:30am and 6:00 pm. Thank-you.

Plant & Bake Sale

Sat., May 8th, from 10am-2pm. Start your summer garden now! Wide variety of bedding plants. Any donations of plants would be greatly appreciated. You can drop them off on Sat. morning. We will also have a delicious assortment of homemade baking for your enjoyment! Sponsored by the Ladies Auxiliary to the Regional Canadian Legion Branch #154, this event will be held at the Legion Hall April Showers.....Bring May Flowers.!













Enter to WIN!

Porter Cable 4 Piece 19.2 volt Tool Kit!

Store Hours: Mon-Sat 8:00 - 5:00 • Sun 10:00 - 4:00

630 Noble Rd
 Phone: 285-3221 Cortes Ph: 286-9778 Fax: 285-3701

Ross McPhee

A.J. Contractors

General Contractor Insured
All Work Guaranteed • Design & Build
Journeyman • Working with the best local trades.

To Complete Your Project
on Time and on Budget

Home 285-3472

Fax 285-3447 Cell 203-3772

rmmphee@oberon.ark.com

Quadra Island Bible Church



Quadra Island's Other Lighthouse

Pastor Roy (Sherree) Zimmerman

1281 West Road

Sunday School: 9:45 am
Worship Service: 11:00 am

Fax: 285-2035

Email: quadrabc@aol.com

Box 161, Quathiaski Cove

285-2020

www.quadraisland.ca

Quadra Island's
internet portal.

Make it your home page today.

EMCO Resources Ltd.

Electrical Contracting

Service and Maintenance

Emery A. Savage

Campbell River

Tel: (250) 923-5577

Fax: (250) 923-7707

Bob Turner

Quadra Island

Tel: (250) 285-3926

Fax: (250) 285-3928

Electrical Contracting • Design
Service • Maintenance • Repairs

24 Hour Service

Farmer's Market Starts Up

The first Farmer's Market & Bazaar of 2004 will take place on Saturday, May 1, behind the Credit Union between the hours of 10 am and 2 pm. The Market operates every Saturday from May 1 to September 25, rain or shine! Table fees are \$4.00 for adults and \$1.00 for kids, and due to limited space, vendors must be residents of Quadra & the Outer Islands.

The Market is a fun time for the whole family & offers an incredible variety of merchandise! You're bound to find that special something you just can't live without! It's a great place to socialize, meet new people, and see those old friends who were hibernating all winter! We hope to see you there - after all, it's the people that make the Market a success!!!

Last fall, we announced that there would be some major changes - and there is—but only one & it affects food vendors only. There have been Public Health concerns raised, and as a result, food vendors have some rules they must abide by:

1. All food vendors must complete a Public Health form & submit it to the Public Health office in Campbell River prior to coming to Market. These forms and more information are available from Dalyce, Pauline, or Linda (phone numbers below), or at the Public Health office (287-2818). You must be prepared to show that you have submitted this form in order to sell food stuffs at the Market.
2. There is to be NO food preparation done at the Market
3. There may be NO egg or cream based foods sold
4. All perishable foods must be properly sealed and refrigerated at a proper temperature.

Market customer parking is accessed from Green Road. The Credit Union parking lot is for their customers only, while doing business at the Credit Union. Please - NO FERRY PARKING on Saturdays during May, June, July, August & September!!!!

Last, but not least - we discourage dogs at the Market due to the messes they create and the possibilities of dog fights. However, if you absolutely must bring your dog, it must be leashed, the leash must be attached to both you & the dog at all times, and please, please clean up after them immediately!

For more information, please call Dalyce @ 285-3180, Pauline @ 285-2076, or

Linda @ 285-3952.

QUADRA SENIORS -BR. 91, B.C.O.A.P.O.

Thanks.' to Judy O'Dell, and all the Quadra children, performers. Their play, about an Apple tree in the Forest, which only produced A few apples, but as the years went by, grew many more apples, enough for all the animals, Birds, and other living creatures, to enjoy. This Play was the highlight of our Easter Party, on May 7th/04. The Play ended with a Song, "Here comes Peter Cottontail," and five older Easter Rabbits with baskets full of goodies hopped around giving the children rabbits of white chocolate, and eggs. This brightened up many Island Seniors day.

A Spring Floral display contest, was held, for The Nicest, first prize-Betty Toeie- the most Unique, first prize- Eva Mae Patten. With Thanks to Judges Cathy Renda, (from - Paul Rendas Landscape Design) and Yvonne Williams another Floral enthusiast. Ken Perry-President from Black Creek Seniors Br. 126- gave us a talk about their Annual agenda. Prizes -won by Mark Edson, Ray Boyce, Florence Booth (for Cathy), Eva Mae Patten, Betty Toeie. (Mark donated his winnings to the Senior Housing).

Martin Amiabel, discussed, the forum to be held with ROY ROMANOW, AT Queen Elizabeth Theatre in Van. This event is organized by COUNCIL OF SENIOR CITIZENS ORG. The date is May 21st, at 1:00p:m-Admission is by donation. Phone Ruth or Martin Amiabel 285-3801 if you are interested in participating. Our next meeting is on May 5th/04, we will have a Rep. from Fed Govt. re Pensions and Benefits. On May 12th /04, Our Regional meeting , with All seniors from North Island B.C.O.A.P.O. 11:00A:M—Music and luncheon and Rudy Lawrence from C.O.S.C.O (Council of Senior Citizens Org.)

Every Wed. TAI-CHI- 10:00a:m—CARPET BOWLING 10:30a:m—Pool, knitting etc Musical Exercises(Ann Lawrence, Elder Hostel) 1:00p:m Walk on the Spit, every Sunday 11:00 a:m with our agile Seniors, meet at the launch ramp. Our monthly meetings are until June, and start again with a picnic in Sept. on the Spit, other monthly meets are held on the first Wed. at 10:00a:m in the Legion in Heriot Bay. We have a Computer Group which meet on Thursdays. Contact Big John Z at 285-2208. HELPERS with (YOUNGER BONE CONSTRUCTION) "NEEDED" TO CUT WOOD FOR QUADRA SENIORS, CALL BIG JOHN Z- AT 285-2208. FOR MEMBERSHIP -CALL JEANIE AT 285-3740 OTHER INFO - CALL RUTH AT 285-3801

Quadra Island Preschool

The long-running Preschool at Heriot Bay is seeking an "expression of interest" for the future of the society. We will be holding our AGM on Sunday, May 16th at 1pm (at the preschool) and we invite all parents/grandparents and potential future Board of Directors to come out and find out what choices and/or options are open to us at this pivotal time of low enrollment. Kids are most welcome at the meeting - childcare will be provided. Enrollment for 2004-05 being taken. Watch this space for further details.

A Day of Yoga!

Come join Lilian Provencal for an inspiring day of Yoga at the Quadra Community Centre on Saturday, May 15th from 10 am to 4:30 pm. This workshop will be based on the classical eight-folded path as described by Patanjali in his Yoga Sutras. We will practice asana (posture), pranayama (expansive breathing), and meditation with a focus on cultivating balance, awareness, and appreciation of who we are. Lilian has been teaching Yoga for 23 years. She first became involved with the practice of Yoga at age fourteen in her native Rio de Janeiro. She has studied with well-known teachers from several traditions in Brazil, Canada, and Europe. Her background includes a degree in History, the study of languages and music, and experience with creative movement and bioenergetics psychotherapy. Lilian lives in Duncan where she teaches classes for all levels and for clients of the Mental Health Clinic. She has developed a loving and intuitive teaching style that honours body, mind, and Spirit, helping students to connect with their own essence. Lilian is known for her warmth, depth, and ability to adapt the practices of Yoga to individual needs. Early registration for this day of yoga (before May 1st) is \$55 and then \$65. To register or for further information about this workshop, call Carol Foort at 285-3035.

www.discoveryislands.ca/news

Quadra Island Beach Clean-Up Sunday, April 25

Islanders and visitors are encouraged to participate in the 7th annual clean up of Quadra's beaches. After winter's storms and high tides, we find our beaches are strewn with plastic, rope, styrofoam, tires, netting etc. These articles are not only unsightly but can also end up being a hazard for marine and bird life. For the past number of years many volunteers have helped pick up this litter to coincide with Earth Day celebrations around the world.

The Beach Clean-up headquarters will be set up at Rebecca Spit starting at 10 am. You may pick up your garbage bags here and head for your favorite beach or just drop by later for coffee and cake. Collected garbage can be brought to the headquarters or left at any of the following drop-off locations. There will be a sign at each location indicating where the garbage should be piled. The last pick up is at 3 pm.

- End of Petroglyph Road
- End of Sutil Road at Kay Dubois Trail
- End of We Wai Kai Road at Kay Dubois Trail
- Smith Road beach access
- Edgeware Road beach access
- Milford Road beach access
- Heriot Bay by the Esplanade
- Rebecca Spit, Main Parking Lot
- Rebecca Spit, South Parking Lot
- Rebecca Spit, center by narrow isthmus

Gloves can come in handy as well as a pocketknife to help with tangled rope. DO NOT TOUCH ANY FLARE CANISTERS (aluminum tubes about 4 inches in diameter and about two feet long), as they could still be active. Just note the location so the R.C.M.P. can be notified.

Volunteers are still needed a) to help move garbage to the ends of Kay Dubois Trail b) to transport garbage to Rebecca Spit. If you can help please call Ken at 2580.

This event sponsored by the Sierra Club of B.C., Quadra Group.

A Unified Voice for the Islands' Business Community



AGM

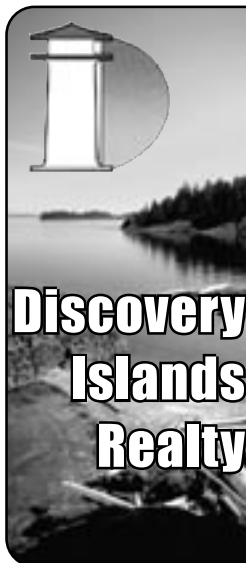
All Members Are Requested to Attend our rescheduled AGM at Heriot Bay Inn

Monday April 26th, 7:00pm

www.discoveryislands.ca/chamber

D.I.C.C. c/o Box 190, Quathiaski Cove. BC V0P 1N0

Call 285-2724 or eMail chamber@discoveryislands.ca



View our listings online at www.discoveryislandsrealty.ca

Real Estate Catalogues

Complete information on every property listed for sale

Contact David or Nancy:

- phone 250 285-2800
- email islands@island.net
- fax 250 285-2531
- or drop by our office

Real Estate specialists on Quadra and the neighbouring Discovery Islands. Full real estate services including property management. Our office is conveniently located across from the school on Quadra Island.



APRIL POINT RESORT & MARINA

The management and staff are thrilled to announce our

Opening for the 2004 Season

on May 9th "Mother's Day"

Leave the cooking to us and treat your Mom to an extravagant brunch served in our beautiful setting.

*Inquire about our
Mother's Day Room Specials.*

Information and reservations

phone 285-2222

"We look forward to seeing you at the Point"



Oak Bay Marine Group

**When is
that workshop?**

**Where is
the last D.I.?**

at your fingertips...

www.discoveryislands.ca/news

**Discovery
Islander
ONLINE**

**Have an item
to submit?**

**Editorial or advertising
submissions may
be submitted to the
Discovery Islander in
the following ways:**

- email: news@discoveryislands.ca
- fax: 250 285-2236
- mail: Box 280, Quathiaski Cove VOP 1N0
- drop off: Heriot Bay Store,
Hummingbird Art & Office Supply or
at our office 701 Cape Mudge Rd.

Office Hours: Mon-Thurs 10am to 4pm

After opening hours please use the mail
box at the office door.

**Classified Ads
just \$7.50 an issue
see page 19 for details**

**Next deadline
Monday, April 26th 7pm**

They're Coming Back....

The request for donating teaspoons to the Quadra Community Centre's kitchen is having some success - but more spoons are needed.

Over the years teaspoons from the kitchen have, one by one, just walked away. Now there aren't enough to go around - and who wants costly, throw-away stir-stix!

A small box on the Community Centre kitchen counter, labeled TEASPOONS, any with a slot in the top, is for donating and teaspoons you can spare. This is a repeat request for those who missed the first plea.

So, next time you are heading to the Community Centre, please do bring any spare teaspoons you may have. It sure beats stirring with your thumb.

Thank You, Thank You, Thank You

RCMP News Release

Files 2004-201, 2004-210

On Monday April 5th, 2004 an individual set down 4 prawn traps at Fransisco Point. The next day (Tuesday) the traps were gone. This set consisted of 4 traps, 2 floats 18" diameter, 4 cannon balls, 2 banana weights, 8 stainless steel hairpin connectors, and 1400' of rope.

On Wednesday, April 7th, 2004, another individual set down 8 prawn traps at the opening of Coulter Bay. The next morning these traps were gone. Three of the traps were made of taped rebar with blue lashing and the other 5 traps were made of a finer mesh with an orange drawstring, all commercial style. The 1800' of rope was grey with orange flecks with a lead core. There were four orange and blue Scottsman bouys.

If anyone knows anything about either of these two thefts contact the Quadra R.C.M.P. at 285-3631

Seams of Cape Mudge

- Special creations for clothes and decoration
- Digitizing, monogramming and decorative stitching
- Embroidered First Nations art designs

Suzanne Chickite
#54, Cape Mudge Village
250.287.1871
seamsofcapemudge.com

Quadra Island Quilters

It will be our pleasure to share with you an evening of creative expertise and insight into the works of quilt artist Judy Farrell. We will be hosting a slide show Friday, April 23rd, 7:30-9pm at the Quadra Community Centre where Judy will present a chance to see her work while she is here to instruct a "Fractured Landscape" workshop. Admission is by donation (at the door). Come on out for this artistic display of how seemingly simple beginnings of thread and fabric can become an inspiring imagery of colour and nature.

Update - M.V. Tenaka Return

Cortes Island - Quadra Island

On Saturday, April 17th, the 30-vehicle M.V. Tenaka is expected to return to service on the Cortes Island/Quadra Island route, starting with the 7:50 a.m. sailing from Whaletown.

An update will be provided if there is any change to the expected return date for the Tenaka.

Many thanks to our Cortes Island customers for their ongoing patience during this extended refit period.

Updating Quadra Tourist Map

I will shortly be updating the 2004 11' x 17' black and white Quadra Island map for the Tourist Booth, and for those stores and resorts wishing to carry it. Due to the continued generosity of Steve Haliday, manager of Quadra Credit Union, the price will still be only \$1.00.

If your business (store, recreation, accommodation etc.) is no longer current, or is new on the island, would you please let me know so that I can ensure the map is correct and up to date. Kindly contact me before the end of April by phoning 285-2805. Leave a message if necessary and I will phone you back.

Hilary Stewart

**HEDEFINE
CONTRACTING**
DISCOVERY ISLANDS ROOFING SPECIALISTS

285-2866

**INSTALLATION / REPAIR
& MAINTENANCE
FOR ALL TYPES OF ROOFING**

Quadra Island Juggling Festival

April 30 - May 2, 2004

Mark it on your calendar ñ the second annual Quadra Island Juggling Festival is coming to town Friday April 30 to Sunday May 2, 2004!

This lively weekend will be held at Quadra Island's recently expanded Community Centre. It will appeal to jugglers, spectators and those wishing to learn the intricate art of juggling. Festival registration begins on Friday at 4:00pm followed by a beginners' workshop and live music after dinner. A hilarious open ñrenegade' stage with Seattle's August the Poet wraps up the evening festivities. Juggling runs continuously during the day on both Saturday and Sunday. Registrants may choose to participate in beginning to advanced workshops or practice newly learned skills. Appetizing cuisine, juggling prop vendors and musicians will be on site throughout the weekend. A special Saturday evening main stage performance of JuggleMania features the charismatic and versatile juggling acrobat Rhys Thomas.

Since 1987, audiences on three continents have applauded the hilarity and dexterity of Rhys Thomas. Combining the quick wit of stand-up comedy with the dexterous feats of the circus, Rhys creates amazing performances for regional theatres, national corporate events, and international festivals. Rhys Thomas has packed houses in solo concerts for theaters across the Pacific Northwest and Canada. With an amazing variety of tricks, lots of audience volunteer interaction, and a constant comedy patter that'll get all ages laughing out loud, JuggleMania is a "no-risk" entertainment selection.

Supporters and organizers of the Quadra Island International Juggling Festival have reason to be proud since it is the only juggling festival in western Canada (University of Waterloo and Quebec Juggling Festivals are the eastern events). Laura Appleton-Jones, Quadra's festival



director, is still ecstatic about the success of last year's festival. We hosted about 70 jugglers from all over Vancouver Island, the lower mainland, Washington, Oregon, and even Australia. Many said it was the best juggling festival they'd been to and were definitely coming back and bringing their friends. We are very excited about this year's event - I've already heard from jugglers who are eager to join us, and I highly encourage local spectators to participate in this unique event. I'm thrilled to be getting Rhys Thomas as our highlight performer, and the return of August the Poet from Seattle as our open stage MC. We promise that you won't be disappointed with this sensational event!

The cost for a full weekend pass is \$30 individual and \$80 for a family. Day passes (Friday, Saturday or Sunday) are \$10. Saturday evening tickets are \$10 advance and \$12 at the door, \$25/\$30 for families. Advance tickets are available in Campbell River at the Music Plant and on Quadra at Hummingbird Office Supply or Quadra Crafts. The Quadra Island International Juggling Festival is presented by the Quadra Juggle Club, Quadra Island Recreation Association, Quadra Cultural Committee, generous sponsors and spirited volunteers. For more information call 285-2543, e-mail harlequinjuggler@netscape.net or visit the website at www.quadrajugglefest.com

Legion Update

ELVIS NIGHT! Sat., May 1st. Live entertainment & dance. Show starts at 8:00pm. Tickets are limited & going fast! Book yours today by calling Barb at 285-2258. Cost is \$10 for paid-up Legion members, \$12 for all others (snacks included in cost).

Oh, Oh! Somebody REALLY goofed in our last column. The nightly cost for our monthly sports "Quadra-thon" is only \$3.00 per player (not \$42 as last printed). So come out to the Legion tonight (Fri., Apr.16) for a fun night of round-robin play in shuffleboard, pool, darts & cribbage.

GENERAL MEETING - 8:00pm, Wed., Apr. 21. Invited guest is Grayson Gottchewski, a high school student from Quadra who recently earned a bronze medal at the National Wrestling Championships in Windsor, Ont. The Legion is proud to have been one of Grayson's sponsors & we look forward to hearing about his experience at this level of competition.

MEAT DRAWS every Sat. beginning at 5:00pm. Four separate rounds of draws with four prizes each draw plus one "loser's" draw (total of 17 prizes). We say thanks to Gord at Heriot Bay Store for making our meat selections each week. A strip of three tickets costs just \$1.00 & gives you one free ticket for our end of the month \$50 cash bonus draw. All members & guests are welcomed to participate.

WHY IS IT that bills travel through the mail at twice the speed of cheques? With that, we'll "check out" until next time.

Wanna Make A Movie?

Are you a writer or actor with a script or idea? Make your movie in a weekend! Vancouver filmmaker will come to Quadra/CR. Low cost www.bushpilotproductions.com
604-731-0090

WINE MAKING
FERMENTATIONS
ESTABLISHED 2001
At the Village Square
Ph: 285-3822 Ex: 285-3935
ferment@oberon.ark.com
Erik & Wendy Sorensen

Put your message
where everyone is
LOOKING
call 285-2234
for more info

**NOLE CREEK
SAWMILLS**
Portable Bandsaw Mill
We buy logs or standing timber
On-site custom milling
Kiln dried interior panelling & flooring
For a free estimate, call today
Greg Hewitt **285-2762**



Office Hours:

Monday 1-6 pm Wednesday, Friday 9-6pm
Every other Saturday 9-12 pm

Phone: 285-2848

Moved to new office at Cove Centre
(formerly Wacko Tacco)
No referral necessary



- CNC Router
- Cabinets
- Millwork
- Plastics
- Carved Signs

Richard Pielou ph/fax 285-2065

G. ROY DAHLNAS EXCAVATING LTD.

- EXCAVATING • TRUCKING • SAND
- GRAVEL • TOP SOIL • DRAIN ROCK
- ROAD CRUSH • WELL CASINGS



1402 West Rd.
285-3229

**Look online for
more news & info.**

www.discoveryislands.ca/news

LOOKING

for an affordable
way to advertise?

**This ad - only \$25
call 285-2234
for more info**

“Love Is, What I Got”

A Positive Living Article

by Rev. Jill Brocklehurst

The snow was coming down hard. Fresh powder was everywhere. I pointed my boards off the top of my favourite black diamond run, let out a wild laugh and I was off. The wind whistled in my ears, snow flew up from under my skis, the rhythm was perfect as I became intimate with each mogul, every pitch in slope ... ah, this is the life. I was skiing Mt Washington and I was having a grand time.

After a day in the snow we were off to Friday night at the Heriot Bay Inn dancing with “Duffy and Friends.” Spinning, twirling, laughing, singing ... “Love is, What I Got!” Yes! That is it! Love is what I have, and as I dance and twirl I realize I am the embodiment of love.

Why is this day so different from another? What gives me such a sense of enlightenment? I realized love is a feeling that can be experienced only in the present tense. It is love we use to express the feeling of Spirit singing within.

I know now why I crave the ski slope. It is virtually impossible to ski outside of the present moment, for if you do, you end up in a tumble. It is the feeling of the present moment that is the closest to the true feeling of Spirit in action in me.

My friend is not interested in joining Sunday service and as I pull into the parking lot of the community centre I see him with racket in hand, ready to play a game of tennis with friends. I am grateful, for he has found what makes his Spirit sing in the present moment.

So do you have to become an athlete to know what I am talking about? No way. What makes your heart sing? When do you encounter that moment when there is no time? That is love. That is Spirit in action through you. For more call 285-3224.

Q.I. Community Centre Update

Do you know the OAS and CPP Retirement pensions are designed to replace about 40% of the average pre-retirement income? You can take your CPP retirement benefits as early as 60 years of age and keep working? Will Canada's Public Pensions survive the baby-boomers? Check out the answers to these questions and more at the informative seminar about the Canada Pension Plan and Old Age Security pension, Thursday, April 29 at 7:00 at the community centre. Please register at 285 3243 as it is limited to 30 participants. Cost is \$2.

May Day preparations are underway for Saturday, May 29, starting with the parade at Rebecca Spit at 10 a.m. Official ceremonies are at 11ish with the maypole dancing, flower bearers and crowning of the winner of the speech contest, the new May Queen for 2004. The grade 6 picnic, foot races, face painting, sail boat races, fort building contest, volleyball entertainment and general picnicing fun take place throughout the day at the Spit. (If you want to organize a new and novel event, get in touch.) Right now, we want a good theme for the day, to guide the float making and costume ideas. There will be a 10 piece band at the Community Centre that night, called “Soul Stream” from Vancouver.

All you folks who use the blood services lab at the QCC on Wednesdays, from 8am to 9:30 should be aware that the Hospital Employees Union may be going on strike soon.

Many thank yous to all who continue to donate time and money to the food bank, community kitchen, QCC landscaping project, skatepark lights, ball fields and trails, cultural events and programing activities. What a great community we live in!

Sandra Spearing, QCC coordinator
285 3243 8am-2pm Monday-Friday.

ALL CLEAR SEPTIC SERVICE

Have you thought about your septic tank in the last 3 or 4 years?



SAVE costly drain field repairs by having your septic tank pumped out before trouble attacks!

Call Mel Doak **285-3561**

Discovery Islander

**Put your business
in the spotlight!**

**Display Classified Ads
Only \$12.00* per issue.**

Call 285-2234

*GST extra

Mitlenatch Field Naturalist Society

On Friday April 16 at 8.00pm the Mitlenatch Field Naturalist Society is delighted to show a beautiful film on the Wolves of the Great Bear Rainforest made by local Carihi graduate and well known film maker Twyla Roscovich. Now 25 years old, Twyla has been making films on the B.C. Coast since 1996. She started by filming whales for a BBC documentary and since has made many films on coastal BC including underwater marine life, documentaries and tourism films. For two years Twyla lived on the remote coast between Bella Bella and Prince Rupert. Living in a tent much of the time, and travelling by kayak, she found the wolves were not easy to locate. Keeping the camera gear dry in the rainforest was even more difficult, since she couldn't light fires as the smell would alert the wolves to her presence. Much of the film is based on the research of wildlife biologist Chester Darimont from the University of Victoria and wolf researcher Cheste Starr of the Heiltsuk Nation at Bella Bella. The research was commissioned by The Raincoast Conservation Society. Ian McAlliser and Chris Darimont also contributed much footage to the film. Together they have produced a visually stunning film.

The wolf packs of the Rainforest are a geographically isolated population which show some genetic distinctions from the general wolf populations. They appeared subtly different. They have compact, slim bodies and dense, short fur with red highlights. The genetic variation was confirmed by DNA analysis of wolf hair and scat gathered by the researchers. Rain wolves also demonstrate unusual behavioural adaptations to their wet, coastal environment. Although their diet is mainly comprised of deer, these wolves also rely heavily on marine resources. Many live on islands and have become skilled at fishing salmon. Initially, they eat only the salmon's brain leaving the creek banks littered with decapitated fish. But they eventually return to finish off their catch. After two years of effort, Twyla finally caught their fishing behaviour on film. One of the most captivating aspect of the film is the views of the Great Bear Rainforest. Enveloped in mists, the landscape seems so similar to parts of our own island but somehow enhanced by an untouched, wild, grace. In the film Twyla touches on the incursion of roads into this area and their potential impact on the rainwolves.

We are unsure at the moment whether Twyla will be able to attend the screening of her film as she is currently on location although we hope she can make it.

Quadra Singers Sounds Of Spring Concert

On April 17 at 8:00 p.m. we will be presenting our Sounds of Spring concert at the Quadra Community Centre. Under the direction of John Montgomery, with piano accompaniment by Helen Moats we will perform some folk songs from around the world, light and lively show tunes, a little jazz, and some soulful spiritual numbers. There will be guest performers, and as always, a few surprises.



Quadra Singers' pianist Hellen Moats and Director John Montgomery.

We had a wonderful time March 27 at the Voices of The Mid-Island Concert in Campbell River. As well as practicing some of the songs that we will be singing for you at our concert, we had a lot of fun listening to, and getting to know the other choirs. We were joined by our old friends Campbell River Singers, Village Voices from Parksville, and Nova Voce Womens Choir and Nova Voce Mens' choir from Courtney.

Being surrounded by lots of men singing tenor and bass at this concert answered the age old question, "Do real men sing in choirs?". The answer is a resounding "YES" !!! Now that this issue is settled we look forward to seeing all you men who were secretly singing in the shower and the closet at our fall practices.

In the mean time we are eager to see you April 17. Adults \$10, Teens and Seniors \$5, at the door.



Quadra Island

Deadline for listings on the 2004 Quadra Island Map/brochure is today

Friday April 16th

Don't delay, if you want to be listed call:

250-285-2234 or email: info@quadraisland.ca

FULLY INSURED ∞ FREE ESTIMATES



BILL'S TREE SERVICE

BILL BRADSHAW

(250) 285-3608

BOX 336, HERIOT BAY, B.C. V0P 1H0

On Root Greenhouse Specializing in the Unusual

Wonderful Perennials
- both plants and seeds

Fruit Trees and Nut Trees
Unusual Ornamental Trees ^

Twisted Robinias
Weeping Silver Pears

5 kinds of Raspberries, Strawberries,
Thornless Blackberries,
Rhubarb, and Asparagus
- time to plant these, too!

630 Noble Road

285-3206

- New construction
- Renovations
- Pumps & pressure systems
- Service work
- Hot water heat
- Built-in vacuums
- Certified plumber

Harry's Plumbing & Heating

285-3288

All work guaranteed 1 year

Area J Regional Director's Report

I hope everyone had an enjoyable Easter weekend. We couldn't have asked for better weather!

I have a very serious issue to report on in this issue. I will abbreviate as much as possible to be able to get it all into this issue. As many of you will have heard through the kelpvine, I have been dealing with a very disturbing situation on our island for the past many months. I am speaking of the dumping of garbage picked up by the local contractor. It was destined for the Campbell River landfill but has actually been dumped here on Quadra on Pinetree Drive at the residence of the contractor. This was reported to me by some very tolerant neighbours many months ago for my information. At that time they wanted to try and work it out with the person responsible and resolve it locally. I abided by their wishes and kept it internal to the Regional District. Soon after, it became obvious that this was a very serious matter and it was not going to be resolved locally. I reported it on the complainants behalf to the bylaw enforcement officer to look into as requested. He did on many occasions, visit the site and speak with the operator and the neighbours. This was to no avail. The operator was experiencing financial difficulties and could not keep the business operating in a clean and healthy manner. It should be noted here that garbage dumps are not permitted by the Ministry of the Environment ANYWHERE on Quadra Island due to the concern for contamination of the water. It was then reported by the Regional District to the Provincial Ministry of Environment (WLAP) and we were told that although it was under their jurisdiction, they had no staff to deal with the issue. It was then referred to the Conservation Officer in Campbell River, who made a site visit and at least managed to stop the burning of some of the garbage for the time being. The Regional District continued to pursue the bylaw enforcement angle and got legal advice that clearly stated that it was the jurisdiction of the provincial Waste Management Act. We were also told that our current bylaw was lacking in the wording needed to allow us to go in and clean it up ourselves and apply the charge to the tax bill for that property.

So, the long drawn out process of lobbying the provincial government for the power to clean it up through a special order in council began. Our board and committees have met many times on this issue and much of my time and the bylaw enforcement officer's time have been spent on this. In the mean time the situation has worsened and the neighbours lives, water and health are being threatened.

A letter writing campaign started in the past week and many people have sent letters to all of the agencies and politicians necessary for me to have the backing to get this fixed.

I am going to Victoria on April 19th to meet with the two ministers responsible for this and through our MLA, have requested the OIC to be issued immediately. Once this is done we will have the power to deal with this one property and will do so as soon as humanly possible.

I know from the calls and letters I have been receiving that many people have voluntarily stopped using this service for pick up of their garbage so as to not further contribute to the problem. This is a very tragic situation for the immediate neighbours, the operator and his business and the surrounding environment. The area in question is very low lying and the water table is very high. This does not bode well for the water quality of surrounding wells and wetlands. We are dealing with 12 acres of land piled high with garbage of all types; rotting, smelling and decomposing. Words cannot describe the situation as it exists.

So, this issue brings me to part two of my article....

In the last issue of the Discovery Islander there was mention of a questionnaire that asked a number of questions: one of which talked about nuisance and another about overlap of our bylaws on land with provincial regulation in place. I must respond.

As far as nuisance is concerned, the above sad situation should be an indication of whether or not we need a very enforceable section in our bylaw to deal with just such "nuisance" issues. Other areas of this Regional District could have dealt with this situation. We could not because our current bylaw (#1213) is deficient. It needs to be amended to give us the power as local government to look after our local residents in situations where no one else will deal with the problem. Sometimes people do things that have serious consequences for their neighbours and we cannot always look to someone else to solve our problems.

This brings me to the second point. Should we have bylaws over lands where the province or the feds already have some jurisdiction? YOU BET WE SHOULD! I have always said that we must bring our governance closer to home; that local people should have control over local issues; that local people should be more involved in local processes. This is a very good and current example of exactly these points and why we need to have the overlap. The provincial interest does not always reflect the

local interest. There are times when we need to be very clear and proactive in stating the local vision and insuring that there are rules in place to allow us to fill in the gaps. We do this in all areas of the province with the ALR, with zoning over the water, with subdivision approval authority and the list goes on. The authority to do so is legislated to us from the province and it is expected that we will deal with these land use issues as they relate to our local needs. Local governments have fought long and hard to try and keep governance close to home and relevant to our local communities. It would be irresponsible of us to suggest that we should give back some of these hard won rights to the provincial and federal levels of government that are not only unfamiliar with our local circumstances but are unaffected by the consequences of their decisions.

I will not bore you with the myriad of examples of both of the above situations. If you want to find out more, call or email me. I am stating my opinion as your elected representative.

Most people have no idea of the kinds of complaints nor the seriousness of many of them. I happen to be on the receiving end in many cases and know how many times we could have used stronger wording in the bylaw to deal with the above.

I hope to report to you in the next issue that all is under control on the garbage front.

Please stay in touch by phone at 285-3355 Monday through Friday, 8:30 am to 7:00 pm (no calls on weekends, please), or by fax at 285-3533 or by email anytime at abramfam@oberon.ark.com

Respectfully submitted,

Jim Abram

Director for the Discovery Islands and Mainland Inlets (Area J)

Don't Forget

You can check in with the activities of the Quadra Community Association online at: www.quadraisland.ca/community_association there you can find board members contact info, meeting minutes, links etc..



Island Forum

Dear Editor,

There are times when, without fanfare, our Regional Director, Jim Abram, really comes through for folks on Quadra. Recently, it was to successfully persuade the Regional District to approve our Legion's request for a 2004 property tax exemption. Jim was very convincing on our behalf as, apparently, ours is the only service organization in the District to be granted such a benefit. So, to you, Jim, and to all the members of the Board, a sincere "thank you" from the executive and members of the Quadra Island Legion for your generosity in this regard.

Barb McDonald

Dear Editor,

I've been a bit of a litter picker off and on, and when I read J. Baker's letter I felt re-inspired. I walked the block around my place and picked up an arm full, chunks of carpet and a length of PVC. Horrors, next day I counted three new pieces. Even, read my lips, a beer can. Do people still do that?

So, anyway, I'm like driving along, and see a pink rag by the stop sign. There's no one behind, I pull up and rush over to pick it. It's a nappy, dripping yellow custard. I just huck it in the weeds and drive off.

Casey Guldmond

Of Beetles and Coal

I have been privileged these last two years to lead the Green Party of BC through an extensive policy review process. Our policy development team toured the province speaking to British Columbians from most every sector in an effort to find ways to improve the economy and quality of our lives. As we toured the forest communities of the interior, we were taken aback at the scale of forest destruction brought on by more than a decade of Mountain Pine Bark Beetle infestation.

To those living on Vancouver Island who have not been to the interior to see first hand the extent of the damage, allow me to present some sobering facts. An area roughly four times the size of Vancouver Island has been affected. In 2003 losses

amounted to over 180 million cu. meters, an amount almost 3 times the annual allowable cut of the entire province. The impact of so much timber lost to interior communities is incalculable. Suffice it to say many interior communities still reeling from forest fires and mill closures may not even have any forests left to log.

When we asked loggers, foresters, and forest company officials why this was happening, most answered without hesitation. BC winters have been too warm. Only temperatures to minus 30 or lower for 3-4 weeks could stop the beetle larvae and those conditions have not occurred for more than 10 years. But they went further than that, claiming the infestation bore the finger prints of global warming brought on by human production of green house gases or global warming. It's a sobering experience to stand next to a dead and dying forest listening to loggers talk about global warming. It's no longer some obscure research paper full of scientific doom and gloom about some ice melting somewhere. It's about a regular guy, a forest worker who will probably be unemployed in a year or two; a guy with a wife and kids and a house he can't sell because the mature trees in the forest he needs to log have died.

But Campbell River's Mayor Lynn Nash and his council don't get it. They want to burn coal for jobs and tax revenue. They claim it is clean coal so its OK to burn. Clean burning or not, coal produces more Green House Gases than nearly anything else, producing 3 times as much Carbon Dioxide as natural gas. It also produces many other harmful gases-like Campbell River needs more stuff in the air?

It is true that not all climatologists agree on the extent to which burning fossil fuels contributes to global warming. At a conference on climate change in Stockholm, Sweden last year, some scientists argued that the burning of most of the earth's gas and petroleum products might not produce the cataclysmic outcome predicted by the majority of researchers. On that fact, they were unable to reach consensus, however, it was agreed by all scientists present

that if global communities switch from burning gas and oil to burning coal, the horrific consequences of global warming will quickly come to pass.

With Campbell River council's push to bypass the public hearing process to include Quinsam Coal within Campbell River city limits, they are jumping onto the popular band wagon of jobs at any cost-even if it means destroying the livelihood of forest communities elsewhere in BC (to say nothing of the world). Let's face it, smoking causes cancer and global warming is real and as a forest industry based community, Campbell River forest workers need to send a message to Lynn Nash that burning coal is just plain wrong.

By burning coal for energy, we are creating an ecological debt, not unlike Canada's national debt which is presently suffocating our social and healthcare systems. To the extent that we were handed a huge National debt from our parents, we in turn are passing the consequences of global warming down to our children.

Instead of burning coal to produce energy, we should employ the technical know-how and expertise of Quinsam's machine operators and engineers to develop Vancouver Islands vast renewable energy resources. Vancouver Island has incredible micro-hydro reserves and has recently been named one of the windiest places in the world making it ideal for the development of wind energy. These are economically viable and proven technologies.

I implore Mayor Nash, city council, and the residents of Campbell River not to embrace this destructive plan to burn coal for energy. Instead, Campbell River council should lobby the provincial government to put our miners to work developing clean, healthy energy technologies which will lead us into the future.

Signed,

Ralph Keller, North Island resident and Green Party of BC, Policy Chair

Articles, letters and artwork are all welcome for publication under Island Forum

Opinions & endorsements expressed herein are those of the contributors and do not represent the views of the publishers.

If you would like to see an alternative point of view represented...submit something yourself.

Next deadline 7pm Monday, April 26th 2004

Marlena's Salon



Treat yourself

285-2938

726 Cramer Road, Heriot Bay

ENERT Computer Services



Quality Computers & Upgrades
In-home Service, Tutorials
Printers, Printer Cartridges
Software &
Internet Hookup

WORKSHOPS

"Basic Windows"
"Using the Internet"
"More Windows"
"Quickbooks"
-or workshops developed
for your needs.

The Martinellis
655 Cape Mudge Rd
mattmart@connected.bc.ca
Call: 285-2431

Quadra Home Maintenance



Carpet Care

Professional Carpet & Upholstery
Cleaning • Deodorizing • Stain
Removal • Scotch Guard™ • Truck
Mounted & Portable Units for Every
Situation

Pressure Washing

Residential & Commercial • Algae &
Moss Removal • Repaint Preparation •

Quality Workmanship at
Affordable Prices.

Call Monty

285-2140

no GST no PST

When I Grow Up...

By: Amanda Zimmerman

Do you remember when you were little and people kept asking, "What do you want to be when you grow up?" They seemed interested and impressed when you stated, matter of factly, that you wanted to be a Doctor. Then one week later your chosen profession was a Dentist, and the following week, you were going to be a Professional football player. Every week you had a new idea about what you wanted to be when you were older. But each time you were asked those questions as a little kid, it seemed you had so much time left to choose what you were going to be when "you grew up". You believed that there would be no rush in deciding what career you wanted to pursue. Right now, you didn't have to worry about it. None of us knew that growing up would happen so fast?

Unfortunately, reality hit and you grew up. You entered Senior High and all of a sudden the question was being asked more and more, and you had no answer. All of your past plans had vanished and you were left with no clue as to what you wanted to do with the rest of your life. As you were panicking, teachers, parents, counsellors, and general strangers wanted to know your "hopes" after Grade 12 graduation. Talk about adding pressure! Questions like "have you decided what college you will attend?" or "what degree are you going to pursue?" or how about "have you signed up for all the right classes in the fall semester?" kind of worry us.

Now, don't get me wrong, I am sure that they all just want the best for us, and are only trying to help us make decisions about our future. But we are not ready to make plans for the years to come. We are still dealing with getting our Driver's Licenses, completing homework, studying for finals and trying to pick the right classes! You are probably thinking, "No one knows how stressful and demanding the life of a high school student can get ..." And what about the students who are still trying to decide what to do? You explore the options for one career only to find you do not have the necessary requirements! Is the whole world against you? Sometimes, you can't get work experience unless you have a job and you can't get a job unless you have had work experience. I hate to think what kind of hoops we have to jump through to get into a decent university or college.

But in all honesty, we have it pretty easy in comparison to most. We go to school and sit in a desk for six hours while teachers try to pour huge amounts of knowledge into our brains. I am not sure how successful they are on any given day. Many of our parents work much longer than six hours, and have the same or more "homework" than we do by the time they come home in the evenings. We do not have to pay mortgage payments even though we live in a house. We do not have to buy groceries even though we eat three meals (or more) in a day. And hey, how do our dirty clothes end up washed and folded neatly in our drawers?

So instead of freaking out about the future, try to be content in the present. You'll have to grow up soon enough! Take your time deciding what you want to be "when you grow up"

SIDE WALK SHOE SALE

FRIDAY & SATURDAY

APRIL 16-17

UP TO 40% OFF

▶ **DEKLINE**

12-6 Mon-Fri, 10-6 Saturday
285-3388

HUMMINGBIRD

OFFICE & ART SUPPLY



All Your Office
School & Art
Supply Needs

Colour & B/W
Photocopying
Faxing

Mon-Fri 9 to 5
Sat 10-4
Tel: 285-3334
Fax: 285-3331



Hyper for the Net

by Steven Halliday

In 1973 a group of what we now fondly refer to as computer geeks started fooling around trying to get computers to communicate with each other, and they came up with the basic technical things that make what we now call the Internet possible. TCP (Transmission Control Protocol) and IP (Internet Protocol) are to the internet as DOS was to the first personal computers, though it was developed by the US military agency called DARPA (Defense Advanced Research Projects Agency) primarily for their own use. But this was not to be, as scientists and researchers recognized the incredible value of linking their computers into networks, which by 1986 was becoming the norm. Today, the internet is ubiquitous, and I use it for both work and pleasure. Were it not for the internet this column would very likely appear with less frequency - either that or I would subscribe to a lot more magazines and newspapers than I now do. As a matter of fact, my subscription bill has probably dropped by 50% over the last few years, and I well imagine it will be down to only or two periodicals in the not too distant future. Yet even as recently as the mid 1990's, the internet, to the average person, was merely a curiosity

The 'net is remarkable. For me, it is like having an entire reference library at my fingertips, as well as great tool for entertainment and amusement. It provides me breaking news faster than any other media, including radio, which I now also receive over the net. You see, the net is the only medium with which I can access [Air America](#) radio, which offers a streaming broadcast that I highly recommend to those possessed of a liberal bent who enjoy sassy, political humour. When it comes to news, I regularly view everything from Associated Press' [AP Breaking News](#) to the [International Herald Tribune](#), the latter being a division

of the [New York Times](#) so its really a two-fer. By the way, of the preceding sites only the NYT requires that annoying process of registration, though it is a small price to pay for such a useful service. The 'net has also introduced me to the world of 'blogs - which; for those of you who are bereft of the ability to surf - is the internet's short-form name for web-logs. They are the internet's own little community of people who take the trouble to create and maintain personal websites dedicated to airing their opinions, about everything and anything.

My favorite blog's exhibit a remarkably intense interest in their subjects, and provide an extremely contextual quality to the news of the day that generally makes me think. Making readers/viewers/listeners think is in my view the highest success that any medium seeks to achieve. Television, contrastingly, rarely makes me think, while a well written and edited 'blog rarely fails to stimulate my grey matter. And most of these people aren't journalists, though that field does provide a good number of web-bloggers. They also furnish me with a good deal of the ideas and material I refer to in many of these columns, which I otherwise obtain from sources such as Harper's Magazine, The Economist or The Atlantic Monthly, among many others. But blog's are up to the minute (or up to the hour in most cases), with some people dedicating a prodigious amount amount of unpaid time to what is in essence a hobby. [Eschaton](#) is a prime example of such. Another is [Billmon](#), where the author has created a bartender alter ego in passing along his take on the world.

While it is not my intention to provide you a directory to all sites I visit, it has occurred to me that it is relatively certain that a great many readers of this column similarly use the web to access publications, perhaps including this issue of [Discovery Islander](#). For those of you that haven't yet visited the site, it is actually a better way to see what you are now holding in your hands; and as a bonus it's in colour! But in order for my Word document to become equipped with hyperlinks, it will require extra effort by both myself and the editor. So we are taking this opportunity to ask you to take a minute to

send Philip Stone or me a note, care of news@discoveryislands.ca, with an indication that you wish to have hyperlinks as a regular feature. If enough of you express interest we have agreed that it will be worth the effort and will incorporate links to sources I use in writing Viewpoint.

One link I now use daily is Google. Such a silly name for such a powerful machine. [Google](#) is the search engine du jour, and incredibly user friendly. When I wanted information about the internet, I simply typed Internet History and immediately got 9,050,000 citations. The 1st was a link to the [Internet Society](#) and it provided me all the information I need. A real benefit of hyperlinking is that it eliminates the need for me to attribute my sources, something I probably should be doing more of on a regular basis anyway. In the process, readers get an extra benefit in that they can readily learn more about a particular subject of interest with the click of a mouse, rather than buying or borrowing a particular book, magazine or newspaper. And perhaps you will be introduced to some sites you will want to add to your own Favorites menu.

Speaking of which, my employer plans on turbo-charging our own website - in fact it is in development as this column goes to press. It will still be a bit of time until its ready for a test drive, but one new feature will be regular comments by myself and others that will only be available on the web. Sort of my own web-blog, though obviously it will be limited to financial information, and the new site will be rich with new and topical information and links. Watch the Islander for more information as it becomes available. One of my co-workers was bemoaning (in a humorous vein) the amount of time her hubby spends in front of the computer. Methinks that time is not about to go down anytime soon, as the internet has definitely got a hold on our minds now and I see no end to the expansion of available content in the foreseeable future. On a final note, the addition of high speed internet has exponentially increased the amount of value I get from the expense of a connection, and some of the sites I visit are laboriously slow at loading on a dial-up connection. Caveat emptor, or rather let the surfer beware.

Can't Wait for the News?

Each Discovery Islander is available
online by 5pm every second
Thursday, check it out

www.discoveryislands.ca/news

QUADRA ISLAND VOLUNTEER FIRE DEPARTMENT

by Murray Johnson

OPEN BURNING

People have been asking us about the current status regarding open burning. Before too long, the seasonal ban on open burning will be imposed, meanwhile burning is still permitted. At the present time, all machine-piled and other large burns require a burn reference number from the Ministry of Forests. Small, hand-piled backyard burns of woody debris do not require a burn reference number, but you still have to follow the rules & have a responsible adult in attendance, have tools and water to extinguish, burn in a safe location, and keep the fire small. Quadra Island does not have a local burning bylaw, and therefore we fall under the control of the B.C. Ministry of Forests, via the Coastal Fire Centre. The rules for open burning are laid out in the Forest Fire Prevention and Suppression Regulation and are available on the Ministry of Forests Protection Branch web site at www.for.gov.bc.ca/protect, or by calling 1-888-797-1717. Please note that even if you are not required to obtain a burn reference number, you must still comply with the Open Burning Smoke Control Regulation under the Waste Management Act. There is information about this on the above web site and toll-free number

FIRE DEPT. TRAINING HARD

The volunteer members of the Fire Department have been very hard at work training lately, and as Fire Chief, I would like to take a minute to recognize them for all the extra time they have been putting in. In particular, in the past month we have held a weekend-long auto-extrication training course, and an all-day live burn session where we trained on an actual burning house. Literally hundreds of extra person-hours were volunteered for these initiatives, which involved most of our members. This training is to help make



Quadra volunteer firefighters clean up and cover the damaged roof of a house along Cape Mudge Road last week. A fire that was burning in the wooden roof was successfully extinguished with a limited amount of damage.

your community safer, so if you know a volunteer firefighter, please stop and take a moment to thank them for this extra effort. Contrary to what some believe, and to what some departments do, our members are not paid for this training; it's all volunteer.

THANKS HOOLEYVILLE!

Three weeks ago, the Fire Department spent all day lighting fires in a derelict home on Hooley Road, going in and putting them out over and over, then finally letting it burn to the ground while we protected the trees around it. This was the culmination of several months of "dry-run" training in this building. This type of training is extremely valuable to us, as it allows both new and veteran members a chance to train safely under real fire conditions and be so much more ready to safely take on the real thing in an emergency situation. We would like to thank all those residents of Hooley Road and the surrounding area, who may have been inconvenienced by our occasional occupation of the road, our noises, or the smoke. By putting up with us, you were also doing your community a great service. THANKS!

FIRESMART

In the wake of last year's destructive interface fires (fires where wildland and human habitation meet) in the Interior, the Ministry of Forests has been undertaking programs to help plan "FireSmart Communities". These initiatives include such things as working on improved communications, inter-agency response, operating guidelines, command structures; providing improved training to local fire departments, and helping homeowners with assessing and reducing hazards that make our homes more vulnerable to wildland fires. In two or three weeks they will be providing us with an informative booklet for distribution to interface homeowners who are interested. When they do, we will be working on getting them to you & please watch the Discovery Islander for information.

This column appears in the Discovery Islander every now and then. Our thanks to the publishers for giving us this opportunity. If you ever have any topics that you would like covered regarding the Fire Department, fire safety, regulations, etc., or questions that we may be able to answer, please feel free to contact us: QIVFD, Box 80, Quathiaski Cove, BC, V0P 1N0, Attn: Fire Chief Phone 285-3262 Fax 285-3273. You may also contact this writer at email murray@island.net if you like.

	<p>Heidi Ridgway Your Resident Quadra Island Realtor For professionalism and integrity Call me! Heidi@QuadraIslandRealEstate.com</p>	<p>ROYAL LEPAGE Advance Realty Toll free 1-888-286- 1932</p>	<p>Deanna Noren Cortes Island Real Estate Specialist Call today for a complimentary catalogue of listings www.CortesIsland.bc.ca</p>	
<p>New Listing 3 bedroom rancher on 1/2 acre \$144,900 Call Heidi for details</p>				
<p>250 285-2217 www.QuadraIslandRealEstate.com • www.CortesIsland.bc.ca 250-286-3293</p>				



Island Report

Quadra Author Nominated for Award

by Tanya Storr

Quadra Island author Jocelyn Reekie has several reasons to celebrate these days. Her first novel, *Tess*, published in 2002 by Raincoast Books, made it onto the BC bestseller list and was recently nominated for the 2004 Chocolate Lily Award.

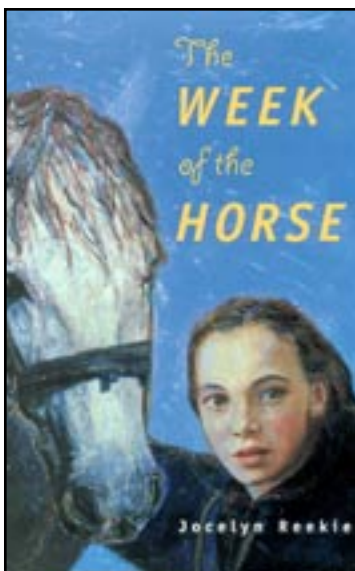
Jocelyn's second novel, *The Week of the Horse*, was released in mid-March, also by Raincoast. The book launch for *The Week of the Horse* will take place on Saturday April 17 at Explore.

"It's a thrill to break in after 20 years of trying," Jocelyn said. "I feel like I'm at the beginning of a road. It could be a long road, but it will always be an exciting one."

With all these recent accomplishments, one might assume this industrious writer would take some well-deserved time off. However, Jocelyn is not one to rest on her laurels. She's currently hard at work on her third novel, the sequel to *Tess*, due for publication in spring 2005.

Although promoted by Raincoast as young adult fiction, *Tess* has proved to be popular with older readers too. This riveting historical novel tells the story of 13-year-old Tess Macqueen and her father, who make the voyage from Liverpool, England, to Vancouver Island aboard a four-masted sailing ship.

Jocelyn is thrilled that *Tess* has received a nomination for the Chocolate Lily Award,



a BC literary prize now in its second year. Named after a wildflower that grows on the BC coast, the Chocolate Lily Award was conceived by a teacher-librarian to raise awareness of BC writing.

Books nominated for the Chocolate Lily must be written by a BC author or illustrated by a BC artist. Teachers and librarians compile the shortlist, which goes to libraries, schools, and book clubs. The winner will be chosen by popular vote in early June.

"I'm in some pretty prestigious company," said Jocelyn. "I don't expect to win, but it's very nice to be nominated."

All those who enjoyed reading *Tess* are no doubt looking forward to the sequel. Jocelyn is careful not to reveal too much. She did say that it follows the adventures of a young Russian woman named Nadia and a Native man named Young Seal during the time of the smallpox epidemic.

"We won't see a lot of *Tess* in the sequel, but we will hear from her in letters," she affirmed.

Both *Tess* and its sequel have involved a huge amount of historical research. While stressing that the novels are fictional, Jocelyn strives to ensure that the setting and other details are an accurate depiction



**CASTLE
PRINTING**

Fax 285-2163 ctom@island.net

**Business Cards • Letterhead
Envelopes • Continuous Forms
Cheques • Invoices • Brochures**

Phone 285-COPY



Toelle Construction Ltd.
Box 207 Quathiaski Cove, B.C. • VOP 1N0

Custom Homes
Renovations • Commercial

- Foundations
- Timber Framing
- Framing
- R.R.A.P. Grants
- Fine Finishing
- General Contracting
- Contract Roofing
- Project Management

John Toelle 285-3783
Kent O'Neill 285-2551
Fax (250) 285-3781

**MICHEL
SIMARD**
PUBLIC ACCOUNTANT

U.S. Tax Specialist

Canadian,

- **Personal Tax**
- **Corporate Tax**
- **Financial Statements**

michelsimard@gicable.com

285-2725 Office or Fax
285-3774 Home
1-800-330-2944 Toll Free

*Office located across from
Quadra School in
Discovery Realty building*

of the time.

"I thought I wouldn't have to do as much research for the sequel, but as it turns out I've done more than I did for Tess," Jocelyn said.

Jocelyn gleans her research from a variety of sources, including settlers' diaries, sea stories, archives, books, and the Internet. She and her husband, Bill, have taken trips to South Vancouver Island to explore the settings of her historical novels.

Thankfully, Jocelyn's second novel, *The Week of the Horse*, involved much less research. A contemporary story set in Regina, Saskatchewan, *The Week of the Horse* is an engrossing read about a 12-year-old girl named Paulie who is facing a formidable challenge.

A volunteer at a local stable, Paulie enjoys riding her favourite horse, Duke. One day, to her dismay, she learns the stable is going to be torn down by developers. All the horses must be sold. Duke, an older horse with a moody temperament, will likely go to the meat buyer at the livestock auction.

Paulie is desperate to save Duke and forms an alliance with her great-grandmother, a kindred independent spirit. Together they confront numerous obstacles, but time is running out for Duke.

Having grown up in Regina, Jocelyn sets the scene with the eyes of a local. Positioned on the edge of the city, the stable represents the countryside under siege. A market garden in the same area is also slated for demolition to make way for condominiums.

Despite these threats, the rural lifestyle is alive and well within the pages of *The Week of the Horse*. Jocelyn's skill in creating a vivid sense of place is perhaps most evident in the scenes at the livestock auction. The reader can almost smell the unmistakable odour of manure, see the animals crowded in their pens, and hear the singsong call of the auctioneer.

As well as examining the intersection between rural and city life, Jocelyn also explores the relationships among the four generations of Paulie's family. Paulie feels understood by her great-grandmother, but she is often frustrated by her interactions with her four siblings, parents, and grandmother.

Although fictional, Paulie's family feels very real. Most readers will have no trouble relating to one or more of the characters wading through the turbulent waters of family relationships. Jocelyn said the inspiration for Paulie and her family came from her own life as a child in a large family, then as a parent and a grandparent.

The Week of the Horse was written with the 8 to 14-year-old age group in mind, but will interest anyone who enjoys a heartwarming, compelling tale. Jocelyn's portrayal of Duke, a determined character in his own right, is sure to delight horse lovers.

Find out more about *The Week of the Horse* at the book's launch this Saturday, April 17, from 1-3 p.m. at Explore Gallery. Jocelyn will be in attendance to sign books, tell stories, and read excerpts from her latest novel.

TUTORING AND EDITING SERVICE

Essay/Exam Help
Document Editing

Tanya Storr, BA English
tstorr@connected.bc.ca

reasonable rates

CALL 285-3937

Heriot Bay Inn PUB LIVE MUSIC !!

every Friday 8:30 PM

Rock with **DUFFY & FRIENDS**

fri cheap wings 4-9 pm full menu til 9

JAZZ 'N BLUES DINNER JAM

with the

ANNIE SIEGEL JAZZ TRIO

SUNDAY APRIL 25, 6-9 PM

285-3539 special jazz menu!

LOOKING
for an affordable
way to advertise?
This ad - only \$12
call 285-2234
for more info

To Submit Your Ad

Drop by our office at 701 Cape Mudge Rd. 10-4pm Monday to Thursday with your ad written or typed out and \$7.50 in cash or cheque (sorry no credit cards) for up to 30 words. Longer ads charged at \$8/column inch.

If the office is closed use the secure mail box at the door. No house calls please.

Payment is required at time of submission. Ads may be faxed to 285-2236 or emailed to: news@discoveryislands.ca with payment following asap

FOR SALE

Firewood for Sale. \$115 per measured cord of fir delivered. Call Jerry Benner 285-2804.

Honey

Pure, unpasturized fireweed honey from local beekeepers Fred and Roger Link at 633 Cape Mudge Road. Available in bulk buckets and beautiful gift jars. We will also fill your own containers. Please call Linda Link at 285-3759

For Sale. 1996 Cavalier 5 spd. 160,000 km, \$4,800 call 285-3092

MAKE YOUR SALE HERE!

Discovery Islander Classified Ads reach residents of Quadra, Cortes, Read, Maurelle, Stuart, Sonora and Redonda Islands. Call today 285-2234

HELP WANTED

HELP WANTED: The Heriot Bay Inn & Marina is looking for staff for 2004 season: experienced bartenders and cooks, also servers, housekeepers, dock staff, groundskeepers. Please drop in with your resume or fax it to (250) 285-3322 or email <mailto:info@heriotbayinn.com>info@heriotbayinn.com

EMPLOYMENT OPPORTUNITY

Quadra Island Tours needing full time worker from June - September. Willing to do split shifts. Daily operations include sales and administration of kayak / bike tours and rentals, retail sales, food preparation, cleaning and maintenance of shop, and information source for tourists. Good people skills, and cash register experience a must. Knowledge of sea kayaking and the area, food safe, Class 5 drivers licence, and Class 4 drivers licence an asset. Seeking a mature, organized, multi tasker who is good working with the public. Send resumes to email <mailto:spirit1@oberon.ark.com>spirit1@oberon.ark.com or by mail to Box 569 Heriot Bay, V0P 1H0

GARAGE SALES

Watch This Space: Huge Moving Sale coming in the 2nd week of May. Furniture, hand tools and much much more... Everything must go!! 681 Fox Rd. More details coming soon.

BEARD CONSTRUCTION

Complete Construction Services

Serving North Island & Discovery Islands



Gov't Certified Journeyman Carpenters
Renovations, Additions, Residential
Commercial, Project Management

Matt Knoedler 285-2754

email: heatherknoedler@telus.net

Classifieds

REAL ESTATE

Thinking of selling?

The Discovery Islander can help promote your real estate listing on the internet whether selling privately or with an agent. Listings available at:

www.quadraisland.ca/real_estate

Call 285-2234 for more details or email news@discoveryislands.ca

WANTED

Place to Rent - As I compose these words I am trundling across the country with a U-Haul trailer behind my battered Toyota pickup truck, intrepid cat and super baby beside me. Very soon I will be on Quadra and we need a place to stay, long term if possible. Any leads on rentals or roommate situations will be much appreciated! I am a considerate room-mate and tenant and am gainfully employed (using the Internet).

If you think you might have a space for me, I would be glad to answer any other questions by phone or e-mail or send our picture or meet you for coffee. Thank you. ChristaBedwin@editors.ca (403) 863-0513 (cell/message)

Wanted Postal Historian? Collector seeks envelopes bearing postmarks and mail from the Discovery Islands (Quadra, Cortes, Stuart, Read, Sonora, Redondas, Thurlows, etc) from 1893 to present day. Call Peter Smith at 285-3612

MAKE YOUR SALE HERE! Discovery Islander Classified Ads reach residents of Quadra, Cortes, Read, Maurelle, Stuart, Sonora and Redonda Islands. Call today **285-2234**

FREEBIES

Free sawmill scraps and slabs for firewood. Alder and Cedar. Arrange to pick up call Jerry at 285-2804.

CLASSES

Vegetarian cooking classes with Barbara Mindell, Candida and Food Allergy conscious. We will prepare while chatting about food and health and enjoy a small taste of our results. 2 hours. \$25.00 Recipes included. Community Centre 7:00-9:00pm, Jan. 19, Feb. 16, March 22, April 19. 285-3406

SERVICES

Zippers, Hems and Mending: available at the Quadra Clothesline. Phone Kathi at 285-3854 to arrange. Large capacity washers for comforters, matssand sleeping bags. Dry cleaning service. Coin-op open daily 6:30 am to 8:00 pm

Q-COVE APPLIANCE

REPAIR Now doing repairs to all makes and models of automatic washers and dryers. Also new & used parts depot for all your appliance needs. Affordable rates. We carry a good selection of quality used washers and dryers. All appliances come with 1 year warranty on parts & labour. Free delivery on Quadra. Call 285-3425

DISPLAY CLASSIFIEDS

ACUPUNCTURE



Herbs & Nutrition.
Free consultation.
Sliding scale for treatment
(\$40 -> \$20)

Dr. Eileen Sowerby
M.B. Ch.B. M.A. D.T.C.M.

Phone/Fax: 285-2434

Helijet
NOW TIME FLIES

Daily flights from Campbell River to:

Abbotsford

Victoria

Seattle

Reservations:
1.800.665.4354

The Paint Lady

It's time to get ready for spring!



Spruce up your house, guest room or cabin. I do wallpaper removal, interior painting, decorative painting and fabulous faux finishes

285-3896
tidy • friendly • fast

Mobile Sawmill

Milling your Logs into your Lumber

Terry Moore

285-3275

Discovery Islander Classifieds

Only \$7.50 per issue (includes GST)
Simply drop off your 30 word ad along with cheque or money order at our office: 701 Cape Mudge Rd. or for more info call

285-2234

email news@discoveryislands.ca

Island Tides

For Quathiaski Cove

April 16th - May 2

16 FR	0250 1030 1445 2125	13.5 7.5 11.5 6.2	4.1 2.3 3.5 1.9
17 SA	0320 1105 1540 2210	13.5 6.6 11.8 7.2	4.1 2.0 3.6 2.2
18 SU	0345 1140 1635 2155	13.5 5.6 12.1 8.2	4.1 1.7 3.7 2.5
19 MO	0415 1205 1725 2220	13.5 4.9 12.5 9.2	4.1 1.5 3.8 2.8
20 TU	0440 1220 1820 2300	13.1 4.6 12.8 9.8	4.0 1.4 3.9 3.0
21 WE	0500 1215 1910 2355	12.8 3.9 12.8 10.5	3.9 1.2 3.9 3.2
22 TH	0515 1240 2005	12.8 3.6 13.1	3.9 1.1 4.0
23 FR	0130 0525 1315 2055	11.2 12.5 3.6 13.1	3.4 3.8 1.1 4.0
24 SA	0230 0535 1355 2150	11.5 12.1 3.9 13.1	3.5 3.7 1.2 4.0
25 SU	0340 0545 1435 2250	11.8 11.8 4.3 13.1	3.6 3.6 1.3 4.0
26 MO	1525 2345	4.6 13.1	1.4 4.0
27 TU	1625	4.9	1.5
28 WE	0030 1725	13.1 5.6	4.0 1.7
29 TH	0110 0910 1200 1820	13.1 9.5 9.8 5.9	4.0 2.9 3.0 1.8
30 FR	0145 0920 1325 1910	13.1 8.5 10.2 6.2	4.0 2.6 3.1 1.9
1 SA	0215 0940 1425 1950	13.5 7.5 11.2 6.9	4.1 2.3 3.4 2.1
2 SU	0240 0945 1520 2030	13.5 6.2 11.8 7.9	4.1 1.9 3.6 2.4

TIMES ARE STANDARD TIME

Journeyman Carpenter
(interprovincial certification)

MICHAEL HADDON

From concrete to finishing

Ph: 285-2280

Fx: 285-2289

mhaddon@oberon.ark.com

❖ Design services available ❖

Dinner is Served

in the
FIRESIDE LOUNGE

Dining Room

Saturdays 5-9 pm

Reservations Recommended

285-3322 Heriot Bay Inn

HERIOT BAY STORE

Bottle Returns in April Donated to the 2004 Quadra Island May Day Celebration

Specials For April 18-24 While Supplies Last

GROCERY

Kicking Horse Coffee \$9.99
454g

Island Farms Butter \$3.49
1lb

Delissio Pizzas \$6.99
801-927g

Pringles \$1.69
145-170g

Classico Pasta Sauce \$2.79
270-700ml

Vitasoy Beverages \$1.99
946ml

PRODUCE

BC Hothouse On-the-vine Tomatoes \$1.99 lb
\$4.39/kg

California Broccoli 99¢ lb
\$2.18/kg

Organic New Crop Red or White Potatoes \$4.99
5lb Bag

Organic Valencia Oranges 99¢ lb
\$2.18/kg

BAKERY

Ciabatta Bread \$1.99 each

DELI

Old Nippy \$1.29 100g

Smoked Chicken 99¢ 100g

MEAT

Bone-In Centre-Cut Loin Chops \$3.99 lb
\$8.80/kg

Inside Round Roast \$4.39 lb
\$9.68/kg

Made-In-Store Honey Garlic Sausages \$3.89 lb
\$8.58/kg



Open Every Day Until 8pm