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IMPORTANT NOTICE

Internet Banking - Member *Direct*. - www.quadracu.com

Quadra Credit Union will be upgrading our computer system over the Easter Weekend.

Our offices will be closed from

Friday, April 9th through Monday, April 12th.

We will re-open Tuesday, March 13th

(including our Cortes office).

During the conversion our MemberDirect PC Banking and MemberLink Telephone Banking systems will be unavailable. It is anticipated both of these systems will be functioning on April 12th.

We apologize for any inconvenience this may cause.

Members will be able to access their accounts using Automatic Teller Machines, or using their MemberCard Debit Cards or MasterCard payment cards.

Members of Quadra Credit Union that may be interested in serving on our Board of Directors are asked to contact Steven Halliday at the Quadra office for more information. Elections will be held at our upcoming Annual General Meeting.



Quadra Is. tel. 285-3327 - 657 Harper Road PO Box 190 Quathiaski Cove, B.C. Cortes Is. tel. 935-6617 - Sutil Point Road PO Box 218 Manson's Landing, B.C.



Island Calendar

Submit your event:

fax: 285-2236

eMail: news@discoveryislands.ca drop-off: 701 Cape Mudge Rd.

The Regulars

- 1st and 3rd Wednesday -Food Bank 1-2:30 Community Centre
- Every Monday- Movie Night, HBI Pub
- Every Tuesday Kalina Folkdancers, 7:30pm Community Centre -Cribbage, Quadra Legion 7:00pm (member & guests welcome)
- Every Wednesday -Community Kitchen Lunch noon 1:30
- Every Thursday -Parent and Tots 10 am Community Centre
- -Motorcycle Club meet 5pm Heriot Bay Inn Pub
- -Quadra Legion Jam, 9 closing, everyone welcome
- -Prayer Meeting, 7:30pm at Quadra Island Bible Church
- -Pool Tournament 7:00pm HBI Pub
- Every Friday -Duffy and Friends 8:30pm Heriot Bay Inn Pub -Youth Group, 7:30pm, Quadra Island Bible Church
- Every Saturday -Meat Draw 5-6:30 pm Quadra Legion (members & guests welcome)
- Last Saturday Bonus \$50 cash draw. Quadra Legion 6:30pm (members & guests welcome)
- Every Sunday Positive Living Service, 10:30am Community Centre
- -Landing Pub Meat Draw 3:00-5:30
- Buddhist Meditation, 10 a.m. Upper Realm -Sunday School 9:45am, Worship Service 11:00am Quadra Island Bible Church

Next Deadline: Monday, March 29th 2004

Fair Weather Fridays

On fair weather fridays, homeschoolers and friends meet at the Spit for freestyle fun. Come join us at 1pm for beach play, field games and visiting. All ages. Call Annette at 285-2673 or Sioux at 285-2516 for info.

Blenkin Park Users

Meeting: Sat. Mar. 27 noon @ concession reps from tennis, practice court, skatepark, minor ball, slo pitch, horsering, playground, trails, come and discuss needs with Q.Rec. Soc.

On the cover



Islets in the north west bay of Main Lake photos: Philip Stone

At The Quadra Island Bible Church

Tuesday, March 23rd 7:00-9:00 p.m. "Craft and Chat" night. Ladies, this is just for you - a chance to bring your favorite hobby/craft and just relax! We'd love to have you join us at the church!

Stay tuned for information regarding special Easter services/events.

Next deadline for the **Discovery Islander**

March 29th

701 Cape Mudge Rd Monday-Thursday 10-4 use drop box after hours please

Day by day

March 19, Friday

-Film: "Truth & Lies in the War on Terror" Community Centre 7:45 p.m.

-Team Sports "Quadra-thon" Quadra Legion 7:00pm

March 20, Saturday

-Chanting & Meditations for Peace Community Centre 1:15 p.m.

March 21, Sunday

-Taize Evening Prayer Service QI. United Church 7:00pm

March 22, Monday

-Annual Public Quadra Island Cemetery Meeting Quadra Legion 8:00pm

March 26th, Friday

-Friday Flicks - My Life Without Me Community Centre Doors 7:30 - Show 7:45 Last of Season!

March 27, Saturday

-Flea & Craft Market Quadra Legion 10:00am-2:00pm

March 28, Sunday

-Jazz & Blues Jam with Annie Siegel Heriot Bay Inn Pub 6:00-9:00pm

March 29, Monday

-Lecture on Coal Usage Community Centre 7:30pm

March 30, Tuesday

-Paul Puddy on Thomas Berry Community Centre 7:30 p.m.

April 4, Sunday

-Workshop on making herbal oils and salves Community Centre 2 - 5 pm

April 5, Monday

-Quadra Island Garden Club Community Centre 7 pm

April 6, Tuesday

-May Day Meeting Community Centre 10 am All welcome

April 10, Saturday

-Charlie Horse: Spoken Word & Music Cafe Aroma 7:30 p.m.

April 16, Friday

-Mitlenatch Field Naturalist Society Community Centre 8 pm

April 25th, Sunday

-Annual Beach Clean up Meet @ Rebecca Spit

April 28, Wednesday

-Sexuality Education Session Quadra School 7:00-9:00pm for parents of preschool-school age children

Island Calendar online: www.discoveryislands.ca/news

Island Calendar is a list of <u>on island events</u>. Please submit seperately for the **Island Calendar** and **News & Events** or indicate in your submission if you would like your event placed in both. **Following the text order exactly as above for email submissions is appreciated** (month, date, day, title, place and time), use the title as your email subject. Thank you.



#313 March 19th, 2004

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Submission Guidelines

Items for publication are welcomed on subjects of interest to the Discovery Islands community. Please help us by following these guidelines:

- Please print handwritten material clearly.
- Electronic items sent by email or on disk must be saved as **Word** or **rtf** formats. Please spell check in Canadian English.
- \bullet No MS Publisher files or graphics in Word files please. Send graphics separately.
- \bullet $\mbox{\bf Please}$ use the title of the item as email subject & send multiple items in separate emails.
- Please don't send original irreplaceable material, make a trip to a copier first!!
- Please remember to caption & credit photos and artwork. Don't write on the back of photos use labels or PostitsTM.

While every effort is made to include all items submitted, errors and accidental omissions do occur and the Discovery Islander should be only one part of your publicity efforts.

Next Deadline

7 pm. Monday, March 29th

Legion Update

All members & guests are invited to join us for our events.

Fri., March 19: Our first monthly Sports "Quadra-thon". Bring your team of four & everyone enjoy a round-robin of Pool, Shuffleboard, Darts & Cribbage. Never played before? Who cares? This is for fun!! Registration is \$12.00 per team with 50% being divided up for 1st, 2nd, 3rd & last places. Start time is 7:00pm (or whenever the first two teams arrive. The earlier we start the more teams we can accommodate).

Tues, Night Cribbage is still going. Registration is at 6:45pm \$2 per player per night with 50% going to the night's winner. Play begins at 7:00pm.

Sat., Mar. 27: L.A. Flea Market 10-2. Been Spring cleaning? Donate all thos odds & sods to the L.A. or to the Branch for this sale.

Sat., Apr. 10: Easter Dinner at the Branch. Watch for details.

Every Saturday: Meat draws beginning at 5:00pm. This is our main source of donation monies so do come out and support us.

We remind you that the Branch is now closed on Mondays. As of April, we will also be closed on Tuesdays until further notice.

A list of the Legion's donations for 2003 may be found elsewhere in this issue of the Discovery Islander. Remember, our Gaming proceeds MUST be donated to eligible recipients and not kept for our own use.

Until next time: Cheer to all!

Legion Donations for 2003

The Quadra Legion sincerely thanks all members and guests who participated in last year's meat draws. Through your support we were able to increase our donations by 74.5% over the previous year (2002). Our donations for 2003 were as follows:

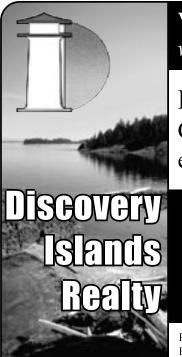
Quadra Elementary School PAC\$750.00Canada Day Committee500.00May Day Dancers54.00Quadra Island Minor Softball250.00Quadra Island Childcare Society1,000.00Q. Elementary SChool Academic Awards

RCMP D.A.R.E. program 600.00
Quadra Island Food Bank 500.00
Quadra Island Guides & Brownies 750.00
Remebrance Day Lunch 135.72
Spinoza for Kids (for a Q. Is. Child) 300.00
Assistance to Q., Is. family 1,000.00
TOTAL LOCAL DONATIONS \$6, 089.72
Campbell River Xmas Hamper Fund 500.0
Campbell River Salvation Army re Xmas

500.00

TOTAL DONATIONS FOR 2003 \$7,089.72

We remind you that these donations are made from Gaming proceeds. Under certain circumstances we can use a very limited amount of gaming monies for the Branch. Our allotment in 2003 was used for a new hot water tank. All other Gaming proceeds MUST be donated to eligible recipients.



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- phone 250 285-2800
- email islands@island.net
- fax 250 285-2531
- or drop by our office

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News & Events

Flea & Craft Market

Sat., March 27, 2004 (10am - 2pm). Table rental \$5.00 each, call Chris 285-2207 or Marie 285-2345. Reserve early! Concession will be open. Sponsored by the Ladies Auxiliary to the Legion #154, Quadra Island. You'll be sure to find some great bargains!!

Discover Quadra Island

Calling all businesses! The Quadra Island Chamber of Commerce is inviting businesses to participate in a promotional event that will highlight Quadra's hospitality to our visiting public. Discover Ouadra Island will take place on the weekend of May 15 and 16 and will showcase tourism operators, bed and breakfast facilities, kayak guides, caterers, gift shops, artists and other small and large businesses that provide services to visitors of Quadra. Business operators are invited to exhibit their work at participating venues. This event will be an opportunity for local people to be a tourist on their own island and experience Quadra Island in a fresh way. Call Mimi at 285-2626 for more information.

On March 3rd/04, we had a very interesting Slide show and talk, by local Quadrite, Dick Whittington. The Whittington Family, Father Bill, Mother Maude & Siblings have lived & pioneered, The Discovery area for many years. When living on Read Island, Elder Bills Sister, necessarily shot 10 cougars in one year, one being 200 lbs. Dicks Gramma, had to row out in The water near Read, to meet the Union Steamship Boat, for the mail Bag, sometimes with a Gaslamp in The dark. What a courageous family. "Thank-you Dick", for the entertainment.

Quadra Seniors Update

Next meeting on April 7th, Judy Odell, And the Quadra children will be acting in a play and singing. We will also have fun at our Easter Party. All Seniors are welcome, young And experienced. We walk at the Spit every Sunday, Meet at the Launch ramp, 11: 00 A:m On Wednesdays Tai Chi 10:00 A:m Carpet Bowling 10:30 A:m and at 1:00 P: m, Musical Exercise and other enjoyment, Pool, knitting or cards??? Contact people are Ruth 285-3801 Jean 285-3740 All meetings and games & exercise, Are held at Quadra Legion in Heriot Bay.

Charlie Horse Is Back

Dozens of people have been asking: "When is the next Charlie Horse"? The answer is Saturday Night at the Cafe Aroma on April 10th at 7:30 p.m. Local poets and short story writers will perform. A new blues duo will blow your mind. Visiting professional musicians from the mainland are also coming to rock the Aroma. Come with the muchies, go with the flow, exit with spirit full. Absolutely no cover. Donation for performers appreciated. Hats off to the Cafe Aroma for supporting local writers & musicians! Call Sunday at 204-2160 or Steve at 285-3323 for more information.

www.quadraisland.ca

Quadra Island's internet portal.

Make it your home page today.

Community Initiatives Grants

Community Futures Development Corporation of Strathcona is pleased to annouce the third annual round of Community Initiatives Grants. The Fund has been created to make non-repayable investments (Grants) in projects and initiatives that generate collective benefits -- economic and social -- for our communities and our region. The Program,s Goal is to encourage long-term, sustainable economic development and diversification in the Strathcona region.

A letter of Inquiry (maximum two pages) outlining a proposed project must be submitted. Groups have until 4:00 pm, March 31, 2004 to deliver their initial Letter of Inquiry to Community Futures in Campbell River or Courtenay. The funding guidelines are attached, and are also on our website at www.communityfutures-strathcona.com.

The contact person at Community Futures for this program is Shara Berger at (250) 830-0999 (or 1-877-338-2775), ext 260.



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World Music - Jou Tou

Shake your booty or relax and enjoy - New World Music group Jou Tou is going to raise the rafters for both sitters and dancers at Quadra Community Centre on Saturday, March 20th at 8pm. If a picture is worth a thousand words, a photo of Jou Tou is akin to reducing the peoples of the world to the glance of a raindrop. In the persons of Andre Thibault, Qui Xia He, 'Pepe' Danza, and Amy Stephen, the continents of North America, South America, Asia, and Europe are concentrated into this tiny snapshot. And the musical heritages of Quebec, Ireland, Uruguay, and China are joined together in the sounds of Jou Tou, a play on the French expression joue-tout, which means 'play everything', the musical philosophy of this remarkable group.

Andre Thibault, a Quebecois multiinstrumentalist, specializes in Latin guitar styles, and has developed a unique sound on the Middle Eastern lute (oud), the Greek bouzouki, percussions, winds from the Shanii, and several more types of indigenous flutes. Andre's fiery rhythms and stunning technique express a distinctive character which makes him one of the most sought after players in Vancouver.

Chinese-born Qui Xia He is a pipa virtuoso who has played around the world as a soloist with North American and European orchestras, and as a 'jammer' with fellow musicians of all sorts. Under her sensitive hands, the pipa takes on new and thrilling shapes and qualities.

Canadian Amy Stephen's musical heritage springs from her Irish roots; a musical family inspired her in the pursuit of a broad instrumental base, including accordian, Celtic harp, flute, penny whistle. Her vivid performances reflect both these folk roots and her formal training at UBC in piano and voice.

Uruguayan native Danza has toured and studied in India, Japan, Africa, Europe, Indonesia, and Brazil, adding countless instruments to a dazzling assortment, including hand drums, shakuhachi, bansuri, guitar, sitar, and a dizzying array of flutes and percussion instruments.

For the last fifteen years, these four musicians have been in the vanguard of creating the unique world music scene coming out of Canada's West Coast. As leading players in the groups Silk Road Music, Asza, Drum Prayers, Mad Pudding, and Cordes en Folie, they have received nominations and awards from Musician of the Year to the Juno. They have been featured on major documentaries on CBC, CTV, and VTV, as well as countless radio performances. This musically simpatico group applies creative vision and diverse cultural heritages to create a truly global listening and dancing experience.

Advance tickets are available at Quadra Crafts, Hummingbird Office and Art Supply, and Music Plant in Campbell River: cost is \$10 for adults and \$25 for families (parents and dependent children only). Tickets at the door will be \$12 for adults, \$10 for child, and \$30 for families. Child advance tickets are not available. For more information call 285 3458.

Coastal Communities to Receive Assistance with Economic Development

The Community Economic Adjustment Initiative (CEAI) program, created by the Federal government in 1999 to assist in long-term, sustainable economic diversification and development in coastal communities affected by changes in the salmon fishery, is now being restarted. The program will be administered by Community Futures Development Corporations in coastal British Columbia, using repaid funds from loans given to businesses in the first phase to fund new non-repayable contributions to eligible non-commercial projects in coastal communities in the CEAI Phase II.

Eligible applicants for the non-repayable contributions are any non-profit entity, such as an industry association, municipality, First Nation band council, regional district office, cooperative, society, community group or association. The maximum contribution per project is \$250,000; however, priority will be given to those projects asking for \$125,000 or less and which show the greatest leverage and long term economic benefits for their community. Projects must be not for profit, non-commercial ventures.

All projects must demonstrate strong local community support for the project, be consistent with their region's community economic development strategy and have tangible and direct results such as long-term sustainable benefits in the form of job creation and maintenance, new business formation and increased capital investment Projects must leverage funding from the community and other sources.

The first opportunity to have a project approved will be in the mid June 2004. The completed project proposal must be submitted to the local CFDC office before May 1st, 2004 in order to be considered at the June 2004 meeting. Applicants are now invited to submit their proposals to the manager of the Community Futures Development Corporation at as soon as possible. More information about eligible activities and program details is available by contacting the CFDC office at (250) 334-2427 ext. 228.



1281 West Road Sunday School: 9:45 am

Worship Service: 11:00 am

Fax: 285-2035

Email: quadrabc@aol.com Box 161, Quathiaski Cove 285-2020

Friday Flicks – My Life Without Me

March 26th, Quadra Community Center Doors 7:30 – Showtime 7:45

\$4.50 - \$3.50 students/snrs

Attention moviegoers all! This is your last Friday Flick till fall, so bring your appetite for cutting edge viewing, chewing and chatting to "My Life Without Me;" a disarming and tender Canadian/Spanish hybrid production.

"My Life Without Me" is an intelligently pitched drama about a young woman becoming fully conscious as a result of discovering she is going to die. It avoids stereotyped heart- wrenching, homing in instead on one woman's valiant attempt to put her "house" in order.

Ann was married with two children by age 19. She lives with her daughters and her chronically unemployed husband in a funky trailer parked in her mother's backyard. She works as a night janitor to make ends meet. When Ann discovers she has only a few months to live, she draws up a list, "Things to Do Before I Die," and gets to work. The efficiency with which she accomplishes each goal is ironic; given the card life has dealt her. That her impending death brings her back to life from a state of sleepwalking is the larger paradox that drives the film.

Sarah Polley as Ann is brilliant, as always. Accustomed as we are to lacquered perfection in screen actresses, Polley's refreshing integrity in looks, acting and screen presence is a sweet glass of water. Her performance is matched by excellent casting overall, including Deborah Harry as Ann's disillusioned mother.

It doesn't hurt that the film is intelligent and beautifully written. "My Life Without Me" is an odd and wonderful mix of sadness and wonder set in a physical world that is alien from the jacked-up pacing and predictable melodramas of Hollywood. It exudes modesty and remarkable lack of self-infatuation.

There are all sorts of movies about people dying young, but none like "My Life Without Me. This one is about the living part, not the dying part.



Richard Pielou ph/fax 285-2065



Fish Exhibit by Quadra Children's Centre Show Runs until March 27th

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Have an item to submit?

Editorial or advertising submissions may be submitted to the Discovery Islander in the following ways:

- email: news@discoveryislands.ca
- fax: 250 285-2236
- mail: Box 280, Quathiaski Cove VOP 1NO
- drop off: Heriot Bay Store,
 Hummingbird Art & Office Supply or at our office 701 Cape Mudge Rd.

Office Hours: Mon-Thurs 10am to 4pm After opening hours please use the mail box at the office door.

Classified Ads just \$7.50 an issue see page 19 for details

Next deadline Monday, March 29th 7pm



AwakeningA Positive Living Article

Stand still - Stay Conscious - The Awakening is here. All the moments preceding this have prepared you to be here right now. The opportunity that is before you is transcendental. The only limit to your perfection unfolding is your fear of being uncomfortable in the process.

"All birth is unwilling" (Pearl Buck). As a child clings to remain in the comfort of the mother's womb, so too do we cling to what we "know" in order that we may delude ourselves into an unfounded comfort. We cannot come into our greatness by staying where we have always been. If we are waiting to feel safe in order that we may take a step into the unknown, we will forever be standing in our self-imposed limitations. We must dare to step into the uncomfortable arena of the unknown.

By taking this step, we are the exceptional ones. We face our fears with reckless abandon in order to know who we truly are. With each small step into the unknown, we come into the knowledge of just how powerful we really are. There comes a point where you invite the opportunity of challenge just to see who you really are.

In that moment, we get to look back ... we can remember how fearful we were to take that first step into the unknown. Just as when we were small children, we have memories of things, places or events that seemed so terrifying for us ... The lesson comes when we go back to that thing that was so fearful, we look at it from where we are today and it becomes amazingly clear just how unrealistic that fear was. So too does this moment of challenge evolve.

This is not a place of fear - this is a place of ecstatic excitement. Reframe the anxiety, see it as the wonderful breath of anticipation that it truly is. When you look back on this moment, it will be so small from the vastness that you've become. This is the Truth I live by and it is what I know, without doubt, for you.

-by Donna L. Conley, Fort Lauderdale Florida

Award Winning Gryphon Trio Returning To Ouadra

The Gryphon Trio, winner of the 2004 "Indie" award for "Favourite Classical Artist/Group", nominee for yet another Juno award, and long-standing favourite of Quadra audiences returns to the Quadra Community Centre on Sunday March 28th at 7:00 pm with a programme of Beethoven, Shostakovich and Hatzis.

Celebrating its 11th anniversary, the Gryphon Trio is now recognized as one of North America's best chamber ensembles. The Gryphon Trio regularly tours throughout Canada and the United States, and has also performed in Mexico, Germany, France, Belgium, Russia, Poland, and Finland. In addition to their North American touring in 2003, the Trio will again perform in Europe, notably at Finland's renowned Kuhmo Chamber Music and the Brussels Philharmonic Society.

The Trio is named after the Gryphon, a mythical creature that is half lion and half eagle. The Gryphon is reputed to be a guardian of treasures and a symbol of the connection between psychic energy and cosmic force.

Since 1998, the Gryphon Trio has been Ensemble-in-Residence at the Music Toronto chambermusic series. The Trio's performances are heard regularly across Canada on the CBC national radio network, and they have been broadcast internationally on NPR (USA), Radio France, RTBF (Belgium), Radio Bremen, Hessischer Rundfunk (Germany), and Finnish Radio. The Gryphon Trio has also appeared on Canadian, Japanese, Korean, Chinese, Russian, and French television networks. In addition to their concertizing, the Trio gives frequent master classes, chamber music coachings, composition workshops, and school presentations.

The Gryphon Trio's Analekta recordings of Haydn Piano Trios and Mendelssohn/Dvorak Piano Trios have received unanimous critical acclaim and were nominated for Juno Awards. "Destined to become an indispensable reference" [Le Devoir], the Trio's third Analekta release features Mendelssohn's C minor Piano Trio, and the rediscovered Lalo A minor Piano Trio. More recent releases feature Beethoven Op. 1 trios, as well as new commissions by contemporary Canadian composers.

Advance tickets for the concert are \$15 and are available at Quadra Crafts and Hummingbird on Quadra Island and at the Music Plant in Campbell River. Tickets are also available at the door for \$18. Admission is free to students 16 and under who are accompanied by an adult.

Learn to Sail with Quadra Sailblazers

It will soon be time to think of summer activities - and you may have been wondering what it would be like to sail a small boat in this wonderful island paradise where we live! Now is your chance to learn to handle a sailing dinghy, by registering for the RecBoats 04 course to be offered by Quadra Recreation Society through Quadra Sailblazers Club. No experience necessary - for adults and ages 10 up - you will learn everything you need to sail dinghies. Registration for RecBoats 04 will be on Sunday, March 28, 1:30 pm at Quadra Community Centre. Allow two and a half hours as the first session will follow registration. Instructors are Frank and Shirley Wallace, with assistance from other Club members. If you are considering trying this great recreational sport please call ahead to book your place as numbers are limited: Call Frank or Shirley Wallace, 285-2297

Quadra Island Garden Club

The skunk cabbage or, as it is more elegantly known in Europe, the Swamp Lantern is blooming so spring must be here. Gardeners everywhere are planning the perfect garden and this month's special speaker and giant plant sale will make that easier, and cheaper. Our guest speaker in April is Elaine Stevens, a clinical herbalist, gardener and writer. Besides running a parttime herbal practice, lecturing on health issues and gardening with herbs, Elaine helps to develop healing gardens. Together with Chef Daryl Nagata, she has spent seven years creating and developing a 2100 sq. ft. herbal garden on the roof at the Fairmont Waterfront Hotel in downtown Vancouver. She is also the author of The Creative Container Gardener and one of the authors of The New Twelve Month Gardener. On Monday April 5 at 7.00pm Elaine will present 'Creating and using a herbal garden'. Please come and hear this very special speaker who will give an illustrated lecture and talk about how to create beautiful garden spaces with herbs and discuss some of the many uses of these plants for enhancing our health and well being. Members are free, non-members:

April 5 is also our giant plant sale. Members are busy dividing and potting up some special plants that need new homes. Unusual perennials and a few annuals will be available. Prices are low and this is a great opportunity to acquire new plants that will grow well on Quadra and talk to the gardeners who grow them. Doors open at 6.30pm.

DI Calendar of Events

The Discovery Islands Chamber of Commerce is once again compiling a calendar of events for 2004. A complete calendar helps businesses, visitors and islanders better plan each year. If you have an event to promote please submit your event information to Nanci Cook by eMail: info@heriotbayinn.com or call Nanci at 285-3322.

A complete events calendar once compiled will be posted online at www.quadraisland.ca www.discoveryislands.ca and will appear in print in the 2004 Guide to the Discovery Islands.

Peace Weekend

One year ago on March 20, 2003, the U.S. invaded Iraq. Many thought it was a mistake then. Many more think it is a mistake now. Come to the anti-war documentary film called "Breaking the Silence: Truth and Lies in the War on Terror." Award-winning film maker John Pilger investigates George W. Bushe's "War on Terror" and the real motives behind it. The film includes interviews with senior Bush officials and former intelligence officers. A former senior CIA official tells Pilger that the whole issue of weapons of mass destruction was "95% charade." Filmed in Afghanistan and the U.S. with previously unseen material acquired from Iraq.

A short video called "Fluid" by local amateur vieographers Sheahan Wilson and Sunday Dennis will be shown before the main film. Both films are showing at 7:45 p.m. at the Community Centre on Friday March 19th.

The very next day Carol Foort will be leading a "Chanting and Meditation for Peace" cirlce at the community centre. The circle will include silent meditation, chanting, walking meditation and a candle lighting ceremony. Bring a pillow and water bottle. 1:15 p.m. sharp, Saturday, March 20th, upper Room, Community Centre.

For those who prefer a more active street demonstration for peace, the closest one is Nanaimo, B.C., 1-3 p.m., rally at Swylana Park. If you wanna hear Noam Chomsky speak go to Vancouver to the Peace Flame Park (South end of the Burrard Bridge) and march to 1 p.m. rally at Sunset Park. Dan Bingham is going and expects one million people. Long live optimism! Every manjor city in the world will have a demonstration for peace in Iraq, Afganistan and Palestine. So if your travelling, join the local peace actions. If your on Quadra, come it with us or join the discussion after the friday film. Call Steve at 285-3323. The option of doing absolutely nothing for peace this weekend is also available, but it is not recommended by the Quadra Action for Peace

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Coal Projects Heat Up

what the public needs to know

The public is invited to presentations sponsored by the Campbell River Environmental Coalition and the Quadra Island Sierra Club at which two coalrelated topics will be discussed - coal fired generation, and coalbed methane. Monday, March 29th,7:30 pm

Coal fired electricity generation is heating up in British Columbia.

The Quinsam generation project, promoted by Hillsborough Resources, is increasingly in the news on Vancouver Island.

The Quinsam project is not alone. Other coal-fired generation projects are being discussed across BC. And the provincial government clearly signalled support for an escalation of coal fired generation in their Energy Plan.

The appeal of coal is that it is plentiful and it is cheap.

But coal is the dirtiest of fossil fuels. Increasing its use in BC is turning back time, wilfully ignoring the health and environmental impacts. Industry claims that they can do "clean coal", but that involves expensive technological fixes. The cost advantage of coal can quickly evaporate.

The second topic is coalbed methane.

Potential for coalbed methane exists wherever there is coal, and coalfields exist all across BC. The gas itself is natural gas sourced from coal.

Two problems with coalbed methane production set it apart from other fossil fuels.

First, it industrializes the landscape. Profitable coalbed methane projects entail hundreds of wells in close proximity to each other, each connected by roads, and pipelines for water and gas, compressors and water disposal facilities.

Second, enormous volumes of water usually must be disposed of to release the methane. The water is often saline, and is sometimes toxic. But even if it is potable. this "produced water" is in such quantity that it can be profoundly damaging to local fields, streams and groundwater.

Expect a short video, presentation, and discussion. Arthur Caldicott from Dogwood Initiative will be the guest presenter. Quadra Community Centre, on Monday March 29 at 7 pm. and at the Campbell River Community Centre, on Tuesday March 30 at 7 pm.

-Arthur Caldicott Dogwood Initiative www.dogwoodinitiative.org

Cemetery Meeting

The annual public meeting of the Quadra Island Cemetery will be held at the Quadra Island Legion at 8:00pm on Monday, March 22. All Quadra Islanders are invited to attend

Break, Enter & Theft

Sometime between the afternoon of Sunday, March 7th and morning of Monday, March 8th, suspects broke into and stole 7 paintings and a computer hard drive from a Quathiaski Cove store. The paintings are originals by Zoe Roberts and two are of cougars, a bear, a lighthouse & a sailfish and Paul Howells are of an iguana & a pelican. If you are responsible and have suddenly developed a conscience please return the items to the gallery asap. If you saw anyone acting suspiciously or believe you know who may be responsible for this crime, please contact Quadra Island RCMP at (250) 285-3631 or Crimestoppers at (250) 287-TIPS.

Juggling Update

Exciting things are happening in the world of juggling on Quadra Island. First of all, Juggleclub will be starting back up again on April 6th and will run through to May 25th; that's 8 weeks to learn practice and play before the summer envelopes us. It will be held Tuesdays from 4-6 pm as usual at the Community Center and everyone is welcome (children under 12 must be accompanied).

Then, the really exciting news...our 2nd annual Quadra Island International Juggling Festival is happening April 30th to May 2nd. If you experienced this event last year you know what a blast it is, if you didn't I encourage you to come and check it out! You don't have to be a juggler to be totally mesmerized by the sight of 60 or more jugglers all in the same place at the same time throwing a multitude of colorful objects in the air; it's truly a sight to behold and a joyful energy to bask in.

The festival is a full weekend event that includes lots of workshops for beginners and advanced, a zany jugglers open stage on Friday night, a professional public show on Saturday evening, juggling prop vendors, door prizes, and more. There are lots of ways that you can get involved (as well as by enjoying the event itself), and we could definitely use assistance in the variety of details that need taking care of before and during the event. If you have a bit of time and enthusiasm to spare please give me a call at 285-2543 to see about volunteering opportunities.

Slopitch League

The Quadra Island Slopitch League will be holding it's annual meeting at the Legion, March 23, 2004 at 8:00 p.m. Please make sure that at least one representative from your team is present, as we will be making decisions about schedules, field maintenance, tournaments, etc; If you are considering registering a team, please come to this meeting. We hope to see alot of new faces out on the ball fields this year....perhaps even a few "old" ones! Any questions? Call Tucker at 285-2166

Cortes Priority Loading To Continue

Quadra - Campbell River

Following an extended trial period, the Cortes traffic priority loading initiative will be continued indefinitely. The initiative is intended to address a long-standing issue of Cortes access to Vancouver Island.

Data gathered on the 10 month trial period was reviewed at the Spring meeting of the Campbell River/Quadra/Cortes Ferry Advisory Committee. Since the procedure, which applies to only two of 119 public sailings each week, was put in place last year, results show a very positive impact on traffic efficiency with few negative effects.

Based upon both statistical data and input received from customers, the review concluded in favour of continuing Cortes priority loading.

Cortes traffic will be given priority loading on two sailings a week departing Quathiaski Cove, as follows:

- · Mondays (except holiday Mondays) 9:00 a.m.
 - · Thursdays 9:00 a.m.

Passengers with flexible travel plans are encouraged to use sailings other than the 9:00 a.m. departing Quathiaski Cove on Mondays and Thursdays.



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Quadra Island Conservancy A.G.M.

Thursday, April 15, 2004 at 7.30 pm In the Community Hall, room 3, upstairs, back door.

On the Agenda

Annual report, Financial report, Beavers flooding trail along Morte Lake, the new Quadra Atlas and logging around us.

Elections, with the impending retirement of some stewards we need to elect, re-elect and replace.

A Business Promotion Event

The Discovery Islands Chamber of Commerce invites all local businesses to participate in a promotional event called **Discover Quadra - A Celebration of Island Hospitality.** This event, which is taking place on the weekend of May 15 and 16, will be an opportunity for businesses to feature products and services to the public.

The summer is the time when most of us are busy with visitors. Quadra has many businesses that are involved in tourism industry. Discover Quadra will highlight recreational businesses such as kayak guide services, bed and breakfast facilities, tour operators, gift shops and caterers - services that will benefit visitors to Quadra. Businesses are invited to exhibit their work in participating venues giving islanders a chance to be a visitor on their own turf. Interested in exhibiting details? Call Mimi at 285-2626 for more information.

Swimming Lessons At Strathcona Gardens

Quadra, Cortes and the Outer Islands

"Put Water Safety First"

The Spring and Summer seasons will soon be here, so before heading to the local lake, river and ocean.....

Red Cross encourages everyone to take a moment to think about water safety.

Water surrounds the children of Quadra, Cortes and the Outer Islands, and unfortunately, this fascination can lead to tragedy.

Participating in the Drop In Learn to Swim Program will ensure greater safety and fun in all water-related activities.

This is a special offer to help accommodate island living.

When planning your trip to Campbell River you can now book a swim lesson for your child or family.

This new program is offered Saturdays from 4:00 pm-5:30 pm April 17 – June 12 (with the exception of May 22)

Two Easy Steps:

Call ahead and reserve your spot and time, (by 5:00pm Thursday, of each week)

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Ouadra Old Growth Update

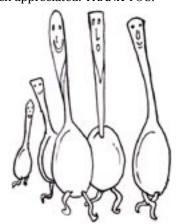
In an awesome display of tough forechecking, defence, and highlight real goaltending, Sunday night in Pioneer League playoff action, Quadra Old Growth defeated Island Fever Jets 2-1. Blaine Smith got Quadra's first goal, and Roland Boudeau stripped the Fever goalie of the puck to score the winner. Inept refereeing left the local heroes 2 men short in the final minute when the Jets finally scored, ruining Darren Larsen's shut out bid, but the boys hung on for a 5 out of 6 point win, against the top team in the division. Playoffs continue next Sunday at 7pm, Strathcona Gardens, rink #2.

Can You Help...?

Ouadra's Community Centre kitchen is very short of TEASPOONS. These seem to have just walked away, one by one, until now there are very few left.

This situation is hard on those good people who volunteer to work in the kitchen, but it's worse on those who have to stir their tea/coffee with their thumb.

Perhaps you can help. Would you kindly check your cutlery drawer at home, and if you should have a surplus of teaspoons, please would you donate one or two and bring them to the kitchen counter next time you are in the building, it would be very much appreciated. THANK YOU!



Flea and Craft Market

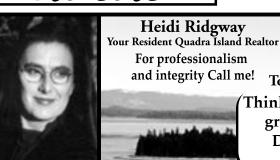
Sat., March 27/04 (10 am-2 pm) table rental \$5.00 ea. call Chris 285-2207 or Marie 285-2345. Reserve your table now! Concession open. Sponsored by the Ladies Auxiliary to the Legion #154, Quadra Island. You'll be sure to find some great bargains!!

Marketing Techniques for Artists

Brian Scott of Cumberland will give a talk on March 25 at 7:30 at the CR Art Gallery, sharing his successful marketing techniques for artists. Brian supports his family through the sales of his vibrantly coloured impressionist style paintings. Last year he sold over 150 paintings through a carefully orchestrated marketing campaign that includes a combination of public art demonstrations and an engaging web site. "Most of the web sales are an afterthought to seeing me at work on a painting," says Scott. "They like the piece but they need time to think about it. I give them my web site address and that's when they buy the painting." Scott also stresses that you have to be set up for spontaneous purchases. "A credit card imprinter is your best sales tool," he says, adding that most people buy art on a impulse. Scott's presentation is the last in the Gallery's spring lectures series. Admission is \$5 per person.

Upcoming adult/youth classes at the Gallery include Basic Drawing with Sandra Lamb, Mar 24 to May 2; Portraiture with Sandra Lamb, Mar 27 & April 3; Paint'n'Sew, creating landscape designs in fabric with Gail Hunt of Prince George. Children's classes include Dabbling in Drawing, April 1 to 29; Acrylic Adventures in Painting, May 6-27; The Art of Storytelling (creating an illustrated book), June 3 - 24.

The current installation exhibition by Haruko Okano, taking a new look at how we feel and sense trees, continues until April 17 at the Gallery, which is open Tues - Sat, 12 -5:00. For more info call 287-2261 or <mailto: art.gallery@crcn.net>art.gallery@crcn.net.



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Island Forum

Quadra Community Association Update -

Watch This Space

Questionnaires are being put together by the Quadra Community Association to find out what Quadraites want to see in the island zoning by-law.

A general questionnaire will be drawn up as well as ones on the specific sectors: agriculture, aquaculture, silviculture, commercial-industrial, marine, public areas, residential-home occupation and tourism.

The general questionnaire will be found in the next edition Discovery Islander and on-line. And the specific ones will be on hand at the next public meeting which the QCA is planning to hold early next month.

The questionnaires will allow the QCA to find out what people want in the by-law; they will also be used as a guideline for the steering groups which will be set up to look at each sector.

If you want to do more than fill in a questionnaire, or think that the QCA is not representing your views of the island, consider joining one of the steering committees which will be set up at the public meeting.

The next meeting of the Quadra Community Association will be held on $23^{\rm rd}$ March at the Gateway Café, at the Heriot Bay Store, at 7.30 pm. Anyone is welcome to

attend; a portion of each meeting is set aside for questions to the board. If you want to address the meeting, contact the president Richard Desmarais ahead of time by phone at 3008 or by email at randb@island.net. Minutes from all the meetings can be found at www.quadraisland.ca/community_association.

Re Long term parking.

I understand that your letter is meant to register your dislike of any form of logging and though I do not agree, I believe you are as entitled to your opinion as I. The ground that has been stumped and cleared must settle over time to prevent bumps and hollows from forming in the land. The trees will be used to help maintain the cemetery so I believe the trees are investing there money wisely.

BUT what I want to write about is words, when in haste you talk about slum tenements and headstones becoming parking meters, I hope that you didn't mean to disrespect those of us who have loved ones resting in the cemetery. My boys Great Grandmother, Great Grandfather and Great Uncles rest there from there Fathers side. There Grandmother on my side rests there too. Someday they will come to that cemetery to place Tim and I and we will probably be in the new section. Please think about how your words hurt those of us whose history resting there. P.S I would like to end this with a thank you to all those who volunteer there time and effort to the cemetery.

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Don't Forget

You can check in with the activities of the Quadra Community Association online at: www.quadraisland.ca/community_association

there you can find board members contact info, meeting minutes, links etc..

signed Tim Linda Richards

Articles, letters and artwork are all welcome for publication under Island Forum Opinions & endorsements expressed herein are those of the contributors and do not represent the views of the publishers. If you would like to see an alternative point of view represented...submit something yourself.

Next deadline 7pm Monday, March 29th 2004



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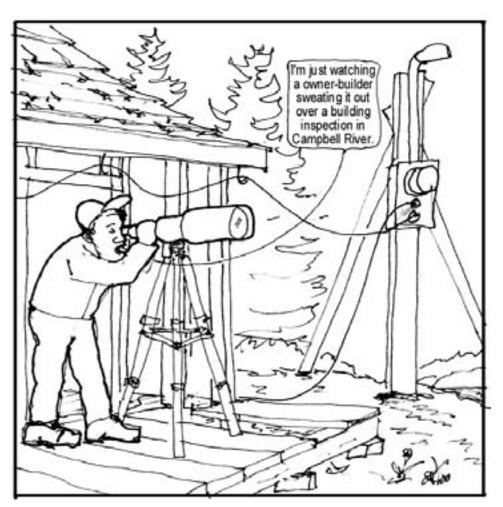
New fabric arriving this week the fabulous dragon fly fabric is back, plus cabbage roses and spring coordinates

We are holding a retreat @ Heron quest House on the weekend of 15, 16. and 17 of April phone the Colour Wheel for more details

Classes for this month: kids classes start again. Beginners quilting drop in days thursdays [finish up all of those projects let us help you]. Make a table cloth/wallhanging in delicious coffee coulors, please see samples in store. holey soles shoes lots of sizes have arrived

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Plausible..Painful... Preventable?

by Steven Halliday

recent report confirmed that the temperatures experienced In Europe in the summer of 2003 were the highest in 500 years. It is almost forgotten here in North America that almost 15,000 people, mainly elderly, died last year in France as a result of the summer heat wave. Normally pleasant cities such as London and Paris were stifled by the combination of heat and air pollution. Meanwhile, on a recent cruise to Alaska my wife and I were told upon the sighting a small iceberg near Juneau that, after several years on that route, it was the first the Captain had ever seen that far south. Further, while visiting the Hubbard Glacier National Reserve, the native elder who was brought on board as our guide stated that he had never seen the glacier retreating as fast in his 60 plus years of living in the area. These examples, among a lot of other things, have convinced me that "global warming" is a reality, and is probably much further advanced and more serious than thought by those who have been warning us about the phenomenon for years.

I'd be willing to bet that very few readers are aware of the report recently produced by an office of the Pentagon that suggests we are in very deep doo-doo. The reason you are not aware is that its existence has only been mentioned by a couple of newspapers in the mainstream media, such as the UK's Guardian which was where I learned of it. (Note: This was written prior to the publishing of Ray Grigg's recent "Shades of Green" column in the North Islander) Curious fellow that I am, I downloaded the entire report entitled "An Abrupt Climate Change Scenario and its Implications for United States National Security - October 2003". Granted, the report was prepared as a worst case scenario, but the authors state clearly "We have created a climate change scenario that although not the most likely, is plausible, and would challenge US national security in ways that should be considered immediately." Note the two key words - plausible and immediately.

Under the scenario created by the authors, the current warming trend we are experiencing will accelerate, creating erratic weather patterns that will affect agriculture

and causing an increase in the hydrologic cycle (evaporation, precipitation and runoff) that traps even more heat, as water vapor is the most powerful natural greenhouse gas. This in turn causes higher surface temperatures, leading to accelerated death of forests and grasslands, which causes an increased carbon dioxide buildup, further increasing surface temperatures. Naturally occurring forest and grass fires help create higher temperatures, leading to faster snow melt and glacial thawing. The date of this scenario? 2005. As this is occurring, severe ocean storms create higher storm surges and coastal flooding, and by 2007 the risk of flooding affects roughly 4 times as many people globally as in 2003. "As the melting of the Greenland ice sheet exceeds the annual snowfall, and there is increasing freshwater runoff from high altitude precipitation, the freshening of waters in the North Atlantic and the seas between Greenland and Europe increases. The lower densities of the freshened waters in turn paves the way for a sharp slowing of the thermohaline circulation system."

The global thermohaline conveyor (known commonly as the Gulf Stream in the North Atlantic) will start to cool, initially causing catastrophic changes in fisheries and eventually causing significant average temperature declines in Europe and eastern North America. This is estimated to occur as soon as 2010. Average temperature declines of 6° Fahrenheit are experienced in northern Europe, and precipitation declines by nearly 30% while winds are 15% stronger. Conditions are more severe in the continental interior regions of Asia and North America. Widespread and prolonged droughts result, and by the end of the decade (2020) northern Europe's climate resembles that of Siberia. For Asia, interior drought and coastal flooding makes famine a near certainty. In North America, water becomes much more precious. Lesser affected nations become much more protective in an attempt to feed their populations from declining sources of food production while attempting to stem the flow of refugees streaming to their borders in search of sustenance. By 2018 North America becomes Fortress North America, and wars are fought globally for control of resources. "Disruption and conflict will be endemic features of life, and once again warfare would define human life," the authors conclude.

Can this really happen? Scientific evidence indicates it has happened in the past, and researchers at the Woods Hole Oceanographic Institute report that the North Atlantic is experiencing declining salinity. Are we contributing to the problem? Undoubtedly, especially as the earth appears to have a human population far exceeding its carrying capacity (presently almost a billion people receive insufficient sustenance worldwide). Global demand for oil is expected to increase 66% in the next 30 years, exacerbating the atmospheric problem. The sponsor of the report, 82 year old Andrew Marshall, is the head of the Pentagon's Office of Net Assessment, which is dedicated to weighing risks to US national security, and is called Yoda by Pentagon insiders who respect his vast intellect and experience. And yes, this report has been delivered to the White House.

The United States is not a signatory to the Kyoto Protocol, and the present administration seems blissfully ignorant of the implications of global warming. "You've got a President who says global warming is a hoax, and across the Potomac River you've got the Pentagon preparing for climate wars. Its pretty scary when Bush starts to ignore his own government on this issue," states Rob Gueterbock of Greenpeace. However, it is hoped that this report may finally get some action out of the White House. Bob Watson, Chief Scientist for the World Bank, states "Can Bush ignore the Pentagon? It's going to be hard to blow off this sort of document. It's hugely embarrassing. After all, Bush's single highest priority is national defense. The Pentagon is no wacko, liberal group; generally speaking it is conservative. If climate change is a threat to national security and the economy, then he has to act. There are two groups the Bush Administration tend to listen to, the oil lobby and the Pentagon."

continued...

Halliday's ViewPoint continued...

Unfortunately even a positive reception by the White House (which has not occurred) would not lead to a US led initiative to stave off this disaster. Instead it would result in a re-orientation of defense planning that incorporates the implications of the scenario - sort of getting a head start on the problem. The report does make a small attempt at a mitigation scenario - "Alternative fuels, greenhouse gas emission controls, and conservation efforts are worthwhile endeavours." However, the paragraph concludes - "In addition, we should prepare for the inevitable effects of abrupt climate change - which will likely come regardless of human activity." Besides, even though the US is the world's leading producer of greenhouse gasses, they are not omnipotent and cannot on their own do much to unwind the damage already done. But what they can do is take their head out of the sand, and turn their technological superiority towards reversing their gluttonous dependence on fossil fuels, and exporting that technology globally in the hopes of preventing other nations from following in their oil-fueled growth of the past. The time for mere words has passed - it's time for action...by all of us.



Shop Till We Drop!!!

By: Amanda Zimmerman

When I was thinking about what to write about for this week's Discovery Islander, I realized that most of my ideas were based on the interests of girls (probably being one myself has something to do with that.) I knew that this article was supposed to be for both guys and girls on Quadra, but nothing else came to mind in time for this edition. Let me apologise to you boys out there. Unfortunately, this article is geared more toward females. So sorry guys, this will interest us chicks more than it will interest you!

\$\$\$ Shopping! Now that is a language almost every teenage girl understands. You have spare time, money to spend, and you need something to do. Why not grab your wallet and head over to the nearest shopping mall? Try on whatever you want and buy whatever you feel like, spend as much or as little money as you want, and take your time to browse. Then when the day is through, you can walk out of that mall with your arms full. It does not matter that you don't have a penny to your name; at least you had a successful afternoon. What about us over here on Quadra? Is shopping on our Island any different?

Shopping on Quadra is great... if you are picking up your groceries, prescriptions, office supplies or your normal every day stuff. Problem is, teenage girls (at least the ones that I know) tend to need more than just "normal" stuff!

Girls, I'm sorry to say that the nearest Bootlegger is a whole thirteen minutes away, while others are even further. Transportation is yet another problem to dampen the shopper's spirit. Getting a ride to the ferry, the ferry costs, getting to the mall in Campbell River, getting back to the ferry, and having someone pick you up on Quadra (for those of us unfortunate souls who don't have our licenses or vehicles to drive), are all problems.

For those of you who are familiar with bus routes, who have friends in Campbell River with vehicles, or just know your way around Campbell River, you are fortunate! For someone like me, new to the area, with only a Learner's Permit, my options are rather limited. Now I'm not trying to make you feel sorry for me, I'm just stating that gone are the days that I could race over to the mall...racing now requires a vehicle. But I do have transportation available to me...my own two feet! Nothing is going to stop me from doing what I love best!

So what's a girl to do when the shopping fix hits? You guessed it; ride over to Campbell River or grab a ride to the Mall on Quadra Island. Who knows, you may appreciate your shopping experience a little more if you have to work hard to even get there! So get your purses ready, it's time to Shop Till You Drop!

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Amanda Zimmerman will be contributing to the Discovery Islander over the next few months on youth related stories as part of work experience in her grade 11 studies at CR Christian School.



Island Report

Emergency Planning Underway for the Islands

by Tanya Storr

Last summer's devastating fires in the Interior of BC highlighted the need for emergency planning across the province. Quadra and Cortes do not have official emergency plans at present, but the regional district has begun the process of developing plans for both islands.

"We're actively moving towards establishing emergency plans as a service for both Quadra and Cortes," confirmed regional district Administration Officer Bob Vanderzwaag in a phone interview on March 15.

Following the advice of the provincial Firestorm Report, released on February 15, 2004, the Regional District of Comox-Strathcona is making emergency planning a priority for areas without official plans in place.

The Firestorm Report, issued in response to last summer's fires, points out that while municipal governments are required to have emergency plans in place, regional governments are not. It recommends the BC government "ensure that emergency plans are developed for the entire area of the province."

Bob Vanderswaag explained that emergency plans are very important

because, without them, "local areas can be left on their own when a disaster happens."

According to Emergency Social Services, a disaster is a calamity caused by accident, fire, explosion, technical failure, or the forces of nature, and results in serious harm to the health, safety, or welfare of the people, or widespread damage to property.

Quadra Fire Chief Murray Johnson said potential disasters on Quadra include forest fires, earthquakes, plane crashes, marine emergencies, severe windstorms, and school bus accidents.

Interface fires, defined as fires that occur where wildland meets urban development, are perhaps foremost in people's minds after last summer. According to climatologists, this summer is predicted to be as dry or drier than last.

Since a group of islanders put together a disaster plan for Quadra in 1997, emergency planning has become more formalized across the province.

"Part of emergency planning today is to be able to mesh with all levels of government. If you look at the fires that happened last summer, help came in from all areas of the province," Murray pointed out.

"The BC Emergency Response Management System (BCERMS) provides a province-wide framework for emergency planning."

Area 'J' Director Jim Abram observed that the regional district will save money by working on emergency plans for Quadra, Cortes, Oyster River, and the Sayward Valley as a joint project. The District of Campbell River will also be included, as it is the hub for medical services, telecommunications, and other necessities.

"We're all going to work together on it, and any emergency planning that has been done in the past will be looked at. Each area will have its own tailored details, but there will be an overall framework that will be shared. It makes sense to share resources to cut down on expenses," Jim asserted.

He went on to say that agreements will be drawn up between different areas, so that emergency services can respond to disasters outside of their boundaries when needed.

Bob Vanderswaag said emergency planning for this area will be modeled on the Comox Valley, where service agreements are in place with outlying areas.

"We're trying to transplant that model to Campbell River and have it extend to the islands," he said.

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As part of the planning process, an emergency program coordinator will be appointed for each area. These will be paid part-time positions.

Bob explained that the fire chiefs are the de facto emergency planning coordinators at present, but that isn't the right approach "because they need to concentrate on managing their department's response during an emergency."

Also included in the planning process is the designation of public buildings for various roles in an emergency. Quadra's new #1 firehall, designed as a post-disaster structure able to withstand a hurricane or large earthquake, will be the Emergency Operations Centre.

"As well as being a postdisaster structure, the firehall has the facilities and communication systems needed in an emergency," said Murray.

Murray added that the Quadra Community Centre will likely be designated as the reception centre, where people would be registered, sheltered, and fed in a major emergency.

Reception centres are typically where Emergency Social Services (ESS) are provided. ESS are provided on a short-term basis to preserve the emotional and physical well being of evacuees and response workers in an emergency.

The emergency planning process also involves listing resource people and equipment in each community, as well as steps to follow in specific emergencies. Education and training is an important step in the planning.

Once Ouadra's emergency plan is in place, the fire department plans to apply for a Joint Emergency Preparedness Grant from the federal government. The money will be used

to purchase an emergency generator for the firehall.

Jim Abram said he's very pleased that the emergency planning process underway.

"It should go fairly quickly because a lot of the work has already been done in other communities," he predicted.

The next step in the process at the regional district is to break down the costs involved and then establish bylaws to implement the service, Bob Vanderswaag confirmed.

"We plan to complete those steps in time for the 2005 tax season. Emergency planning is not expensive undertaking, yet it provides the community with an excellent service,' Bob said.

Murray said he's looking forward to being involved in the emergency planning process.

"I'm very glad to see the process begin. This project has been on the back burner for a few years now. Emergency planning is very important because it allows you to respond in an effective manner and recover as quickly as possible."

For more information on emergency planning, including what to put in your family emergency kit, check out the Provincial Emergency Program web site: www.pep.bc.ca This web site also has a link to the Firestorm Report.

Watch Jim Abram's column in the Discovery Islander for updates on the regional district's emergency planning process for this area.

free public presentation on "Planning FireSmart Communities' is scheduled for Thursday April 1 from 7-9 p.m. at North Island College Theatre, 1685 South Dogwood.



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WANTED: Nice property on Quadra with or without home. Please phone Mark & Iris 250-203-9736 or email to cavecam@yahoo.com.

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Our Centre aims to provide a safe, positive, and fun learning environment, nurturing the children's self image, self esteem, and desire to be an important individual.

Our Centre is fully licensed and we accept Government Subsidies. For rates and more information please contact Heather Nugent at 285-2616.

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Island Tides

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21 SU	0510 1245 1710 2320	13.8 7.2 12.5 6.6	4.2 2.2 3.8 2.0
22 mo	0535 1310 1805 2335	13.8 6.6 12.1 7.9	4.2 2.0 3.7 2.4
23 TU	0605 1320 1905	13.5 5.9 12.1	4.1 1.8 3.7
24 WE	0010 0625 1325 2010	8.9 13.1 5.2 12.1	2.7 4.0 1.6 3.7
25 TH	0055 0640 1400 2115	9.8 12.8 4.9 12.1	3.0 3.9 1.5 3.7
26 FR	0210 0650 1440 2225	10.8 12.5 4.9 12.5	3.3 3.8 1.5 3.8
27 SA	0330 0655 1525 2345	11.5 12.1 4.9 12.5	3.5 3.7 1.5 3.8
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29 MO	0055 1730	12.8 5.2	3.9 1.6
30 TU	0145 1840	13.1 5.2	4.0 1.6
31 WE	0215 1935	13.1 5.2	4.0 1.6
1 TH	0250 1010 1335 2020	13.1 10.2 10.8 5.2	4.0 3.1 3.3 1.6
2 FR	0315 0940 1430 2100	13.1 9.5 11.5 5.2	4.0 2.9 3.5 1.6
3 SA	0345 0925 1520 2130	13.5 8.5 12.1 5.9	4.1 2.6 3.7 1.8
4 SU	0410 1005 1610 2155	13.5 7.2 12.5 6.6	4.1 2.2 3.8 2.0
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\$2.18/kg

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loaf

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Cookies 99¢

DELI

Monteray Jill Roast Beef

.69_{100g}

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New York \$6.79 Pork Side Steak

\$14.97/kg

Ribs

\$6.15/kg

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Beef

Sausages

\$7.79/kg

