

Discovery *Islander*

Community News and events from Quadra, Cortes and the Outer Islands



ISSUE #205
JANUARY 21ST, 2000

In an ever expanding internet universe if you are not on Quadra Island Internet you might as well be on mars...

Now Online

Quadra Island's own gateway to the world wide web.



- Internet access accounts including email and web site storage, and domain registration and hosting through Connected Networks in Campbell River.
- A home page gateway/portal to the internet and complete web site dedicated to news, events and links of interest to Quadra Islanders. Check it out at www.quadraisland.bc.ca
- Professional web site design and maintenance.
- No charge and no hassle for current Connected Networks customers to switch over.
- The most competitive prices available locally.

Call for more information

285-2234

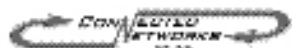
or email: info@quadraisland.bc.ca

Visit us today

www.quadraisland.bc.ca

www.discoveryislands.bc.ca

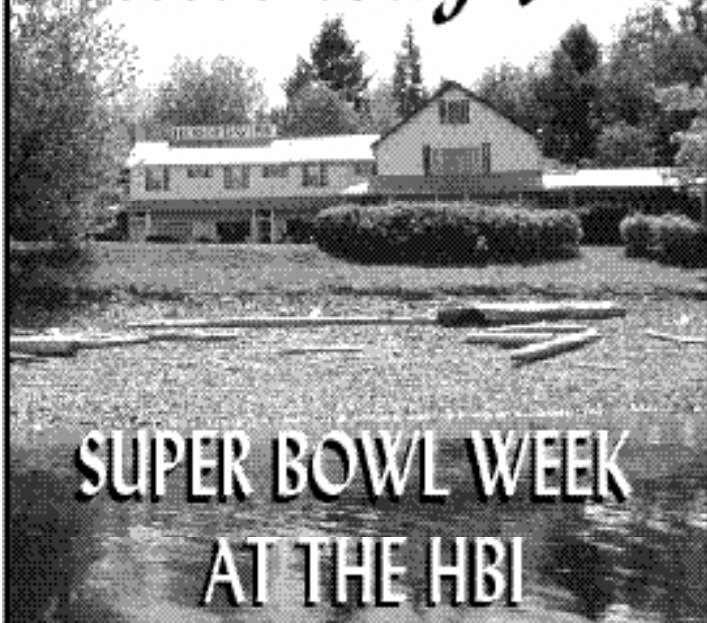
in partnership with



Mac Friendly



Heriot Bay Inn



SUPER BOWL WEEK AT THE HBI

Wednesday, January 26th
Join us for *Mexican Night!*
with **Miss Elena**

Friday, January 28th
Dance to **Kin Fo**

Sunday, January 30th
SUPER BOWL SUNDAY
Super Specials! Super Prizes! Super Fun!

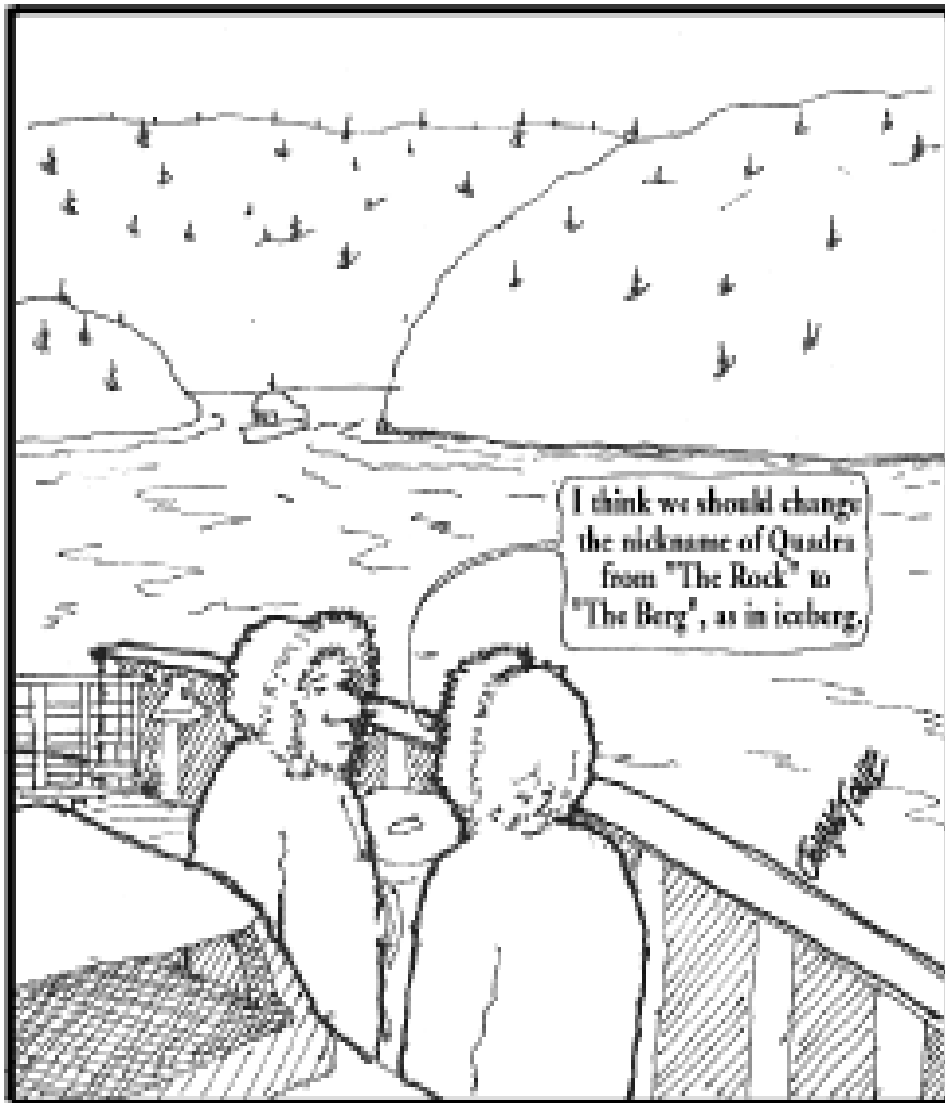
Winter Hours

Pub	Kitchen Open
Wed-Sat noon-1am	Thur 5pm-9pm
Sun noon-midnight	Fri noon-9pm
Mon-Tue 3pm-11pm	Sat&Sun noon-8pm

DINNER SPECIALS & MENU

Dock, Office & Laundry	Mon-Wed: Chili, Salads, Soup & Sandwich
Thur-Sun 9am-5pm	Friday Nights: Cheap Wings & Ribs

Phone 285-3322 or Pub 285-3539



TUTORING AND EDITING SERVICE

Essay/Exam Help
Document Editing
Resumé Preparation

Tanya Storr, BA English
tstorr@online.bc.ca

reasonable rates

CALL 285-3937

Looking

for an affordable way to advertise?

This ad only \$15

Call for more details

285-2234

The Bowen Technique

Bowen Therapy restores the body processes for self-healing. The gentle rolling connective tissue moves realign the body, balance & stimulate energy flow. Bowen Therapy moves send a subtle vibration to the body. The relaxation response that occurs is the ideal situation for healing to occur.

Introductory Treatment
only \$5.00

There After
\$12.00 per treatment, or
3 treatments for \$30.00
or \$15.00 per treatment
in your home

Phone for appointment
Joyce Sheppard
285-3827

DISCOVERY ISLANDS FINANCIAL SERVICES LTD.

Which Financial Planner
Would You Choose?



John Gregg

Certified Financial Planner™
A mark of quality and a measure of trust

- Registered Education Savings Plans
- RRSPs - RRIAs - Annuities
- Life & Critical Illness Insurance
- Investment Funds, GICs
- Income Replacement Insurance
- Education
- Five Year Family Plans
- Pre & post retirement
- Business continuity
- Estate preservation



(250) 285-2333 days
285-3168 evenings 285-2577 fax
jqgregg@oberonark.com
#2 654 Harper Rd. (Cove Centre)



CFP® and Certified Financial Planner™ are trademarks of the CFP® Board of Standards & Practices. RBC and Discovery Islands are trademarks of the Bank of Montreal.

On the cover:

*Polar Bear swimmers on
New Years Day
photo by Tanya Storr*



Publishers' Notes

#205 January 21st 2000

Published bi-weekly and distributed free throughout the Discovery Islands by:

Hyacinthe Bay Publishing

PO Box 482, Heriot Bay, B.C. V0P 1H0

Tel.: 250 285-2234 Fax: 250 285-2236

Office hours Mon -Fri 9 am- 5 pm

email: hyacinth@island.net

Publishers: Philip Stone & Sheahan Wilson

Managing Editor: Philip Stone

Staff Reporter: Tanya Storr

Cartoonist: Bruce Johnstone

Printing: Castle Printing 285-COPY

© Hyacinthe Bay Publishing 1999

All Rights Reserved

Opinions expressed in this magazine are those of the writers and are not necessarily the views of the publishers.

Printed on recycled paper



Subscriptions available

\$29⁰⁰* for 6 months

\$49⁰⁰* for 12 months (* plus GST)

Call 250 285-2234 for details

Submission Guidelines

Items for publication are welcomed on subjects of interest to the Discovery Islands community. ***Please help us by following these guidelines:***

- Handwritten material must be printed clearly.
- Any items prepared on a computer should be sent by email or saved on disk in **rtf** to avoid us having to retype. Please NO BLOCK CAPITALS. No lines between paragraphs and remember to spellcheck in Canadian or British English not U.S.
- Please don't send original irreplaceable material make a trip to a copier first!!
- Please remember to caption & credit photos and artwork. Don't write on the

While every effort is made to include all items submitted, errors and accidental omissions do occur and the Discovery Islander should be only one part of your publicity efforts.

Next Deadline 7pm Monday, January 31st

ALL CLEAR SEPTIC SERVICE

Have you thought about your septic tank in the last 3 or 4 years?

SAVE costly drain field repairs by having your septic tank pumped out before trouble attacks!

Call Mel Doak **285-3561**

G. ROY DAHLNAS EXCAVATING LTD.

• EXCAVATING • TRUCKING • SAND
• GRAVEL • TOP SOIL • DRAIN ROCK
• ROAD CRUSH • WELL CASINGS

1402 West Rd.
285-3229

Toelle Construction Ltd.
Box 207 Quathisani Cove, B.C. • V0P 1N0

Custom Homes

Renovations • Commercial

- Foundations
- Framing
- Fine Finishing
- Contract Roofing
- Timber Framing
- R.R.A.P. Grants
- General Contracting
- Project Management

John Toelle 285-3783
Kent O'Neill 285-2551
Fax (250) 285-3781

- New construction
- Renovations
- Pumps & pressure systems
- Service work
- Hot water heat
- Built-in vacuums
- Certified plumber

Harry's Plumbing & Heating

285-3288

All work guaranteed 1 year

Island Calendar

•Every Saturday

-Winter Market
10:00am-1:00pm

QI Community Centre

•Every Sunday

-Meditation
12

Quadra Daycare 10-

Jan. 22, Sat.

-Q. Philippines Conn. Potluck
& presentation
6p.m.

QI United Church basement

-Open House to celebrate Cecil Wheeler 1400 Hooley Rd.
2-6 p.m.

Jan. 23, Sun.

-Sunday School (only)
10:30 am

United Church

-Pablo Neruda
7:30 pm

United Church

Jan. 25, Tues.

-Folk dancing (drop in)
7:30 pm

School Gym

Jan. 26, Wed.

-Quadra Players AGM
7:30 p.m.

Patti Tillapaugh's

Jan. 28, Fri.

-Friday Flicks
7:30 pm

Community Centre

Jan. 30, Sun.

-Worship & Sunday School
10:30 am

United Church

Feb. 12, Sat.

-Quadra Singers Valentines Coffee House

Feb. 19, Sat.

-Harrasment Officer Training
10am-5pm

QI Community Centre

February 20, Sun.

-Annual Celebrate Yourself Day

QI Community Center

March 11

-CAFIET Coffee House

QI Community Centre

Deadline For Next Issue

7 pm, Mon. January 31st, 2000

*Only Items Received Before The Deadline
can be guaranteed space in the upcoming issue.*

News & Events



Beginner Band

If you are between 10 & 100 and have ever wanted to learn to play a musical instrument, now is your chance!

Join Joyce's Free Beginner Band, Wednesdays at 4:00 for 45 min. of fun! No exams or attendance taken!

No musical experience or knowledge required, just enthusiasm! Call for further information **285-3827**

Celebrate Cecil Wheeler

To celebrate the life of Cecil Wheeler, who passed away Dec. 20, 99, we will be having an open house at 1400 Hooley Rd., January 22, 2000 from 2 to 6p.m. Vi Wheeler and Sharon Brereton.

Quadra Players

Annual General Meeting, Wednesday, January 26, 2000 at Patti Tillapaugh's, 7:30 p.m.

•Election of 2000 Board

•Discuss May Production

Phone Lynne 285-3754 for more info.

Fit for Fun

Aerobics with Marion

Tues. and Thurs. 6 - 7 p.m.,

Quadra Community Centre.

Join a complete body workout and start the new year fit and energetic.

Cardio, floorwork, strength training and stretching to great music on a moderate level for everybody. To make it affordable for more people, just \$32 for 8 classes. Drop in \$5. For questions or to register call Marion **285-2895**. Starts **January 11th!**

Winter Market

The Winter Market has returned! **Every Saturday 10am-1pm** at Q.I.C.C. Everyone welcome! For more info. call: Sue 285-3660, Dan 285-3766

Looking

for an affordable way to advertise?

This ad only \$15

Call for more details

285-2234

Take a Breath...
with YOGA



Taught by April Martin

Ashtanga Yoga

Classes to begin
the end of January

for more info.

Please call 923-4008

PRO SHARP

KNIFE AND TOOL

SHARPENING SERVICE

Pickup and Drop-off

• Monday, Wednesday and Friday

Locations:

• Quadra Island Building Supply- 285-3221

• Heriot Bay Consignment Shop- 285-3217

Reasonably priced, Volume Discounts

Goertz Carpentry

COMPLETE CONSTRUCTION SERVICE

Reasonable Rates • Free Estimates

Quality Workmanship Guaranteed

- Renovations and Alterations

- New Construction

- Timber Framing

- Finishing

Randy Goertz
Box 538 Heriot Bay BC

Ph- 285-2318

Fx- 285-2358



Page Wanted

The Quadra Branch of Vancouver Island Regional Library will be hiring a new "Page". A "Page" is a person responsible primarily for shelving books, plus other jobs such as: easy mending, light cleaning, processing paperback and magazines, etc.

Those applying must be 15 years or older and attending High School or Home Schooling. The hours of work are Saturday 10-12 noon, and 1-4 p.m.. The rate of pay is \$7.50 per hour. Those people interested in applying may pick up an application form at the Library.

The **deadline** for applicants is **Wednesday, January 26, 2000.**

Library hours: Tuesday 10-12; 1-5 p.m.

Wednesday 12-5; 6:30-8:30 p.m.

Friday 1-5 p.m.

Saturday 10-12; 1-5 p.m.

Library phone: 285-2216

Celebrate Yourself

a fundraising event sponsored by Quadra Daycare. Volunteers are busy getting ready for Quadra Daycare's second annual **Celebrate Yourself Day, Sunday February 20th.** So everyone who remembers how much fun it was last year - please spread the word, write it on your calendar, and get ready for a funtastic, destressing, uplifting time. The focus is on you. Our aim is to create an interactive smorgasbord of fun. Last year's extravaganza included wax dipping, hair-styling, massage, mendhi, accupressure, nutrition, exercise, and doorprizes and draws galore. Individuals and businesses are invited to book your space now. Space is limited and we anticipate it will go quickly so make your business part of our day of celebration. Call Bobbi at **285-2833** to find out more information and to pick the space you want.

Counter Attack

The Christmas Counterattack period for roadblocks is ended. The following are the results of the local RCMP effort to locate impaired drivers.

A total of 109 vehicles were checked over 16 man hours. Four 24 hour suspensions were issued as well as 6 traffic notices for vehicle defects. Quadra residents are to be congratulated for their efforts in using designated drivers during the festive season.

Roadblocks will continue to be carried out during the year in an effort to locate and eliminate impaired driving on our roads.

Quadra Island RCMP

Quadra Quilters

Twenty intrepid snowbirds made it through the first snowfall of the new century to the January meeting. We are beginning to feel that the weather may have something against quilting.

However, plans for the Quilt Show, Palettes of Spring, at the Fools Gallery from **May 19 - 29** were finalised. The first prize is a hand-quilted, double bed-sized quilt and the second prize is a single bed-sized machine quilt. Raffle tickets will be available for purchase from February 8 onwards.

Members viewed a number of completed quilts, some of which were forwarded to Transition House. After a brief lunch break, a workshop on Cathedral Windows was conducted by Ellen Russell. Future meeting workshops will include chenille, machine and reversible quilting, beginning with the latter at the next meeting. If you plan to attend the next meeting, please contact another member for a workshop supply list.

Quadra Singers' Spring Session Opens with a Storm

The first Quadra Singers' practice of the New Year started in snow and slush last Wednesday, but the turnout was good, and the music warmed us up. Quadra Singers is still open to new members to the end of January—we meet at the Quadra Island Community Centre on Wednesdays at 7:00 PM. No auditions are held, John works with us as we are...and a lot of fun and hard work result...not to mention some great sounds! Come join us any Wednesday this month, no commitment till January 26.

Call Tony at 285-2899 for info, or just come!

Love Songs

The **Quadra Singers** are sponsoring a **Valentine's Day Coffeehouse, 8:00 PM on Saturday, February 12, at the Quadra Island Community Centre.** The theme is LOVE, and there will be lots of it — as well as wonderful homegrown entertainment, and sinfully delicious food and drink in an artfully created atmosphere. Dress in your richest, most romantic fantasy, and come enjoy the good vibrations. Watch for flyers with more details.

Do you have a love song, poem, or story you would like to share?

Call Lesley at 285-3155, or Brent, at 285-2550.



CASTLE PRINTING

Fax 285-2163 E-mail: castle@island.net

Business Cards • Letterhead
Envelopes • Continuous Forms
Cheques • Invoices • Brochures

Phone 285-COPY




K COUSINS CONTRACTING

JOCKEYMAN TRADESMAN

285-2308

Drywall and Insulation Specialist
Complete Home Renovations



Barbara Reed

Associate Member American
Institute of Architects

KITCHEN DESIGN
RENOVATIONS
CUSTOM HOME DESIGN
DRAFTING SERVICES

15 Years Experience

Tel 285-2402 Fax 285-2442



Bursary Award

Every year Discovery Islands Realty presents a \$500 bursary to a high school graduate. The recipient is chosen by the bursary committee from applicants who live on the Discovery Islands. The successful student is expected to have clear post secondary goals and to have contributed in an above average way to the betterment of the school community. Such a student is recognizable for their spirit, participation and service to others. In 1999 the bursary was awarded to Kirstie Stewart. Kirstie is presently attending UBC where she is studying general arts with a goal of entering the law or education faculty. As well as her studies she is playing volleyball, basketball and has joined the rowing club. Kirstie also maintains an active interest in student affairs and works as an editor for the student newspaper. In the fall she attended a conference in Edmonton which was reviewing high school science curriculum standards. We at Discovery Islands Realty are proud to acknowledge one of our Island's youth and wish Kirstie the very best in all of her endeavours.

Minor Softball 2000

Quadra Island Minor Softball is looking for energetic volunteers. Volunteers are needed to take up the challenges of uniform ordering, distribution and a Fundraising Coordinator. These positions need to be filled early in the New Year. We'd love to have your energy and welcome anyone. Come be part of our "Team". We appreciate suggestions that will make the coming year more successful.

Wishing all a happy, healthy and prosperous New Year.

Call Michele Sjöholm at 285-3747

Quadra Recreation Society sponsors:

Harassment Officer Training.

Saturday February 19, 2000 10am-5pm

This workshop is designed for those people who may have to deal with a harassment complaint. Areas that will be covered include: BC Human Rights code, what constitutes harassment, how to conduct interviews with the complainant and the respondent, what to look for in your interviews, how to access whether harassment has taken place and what alternatives exist to deal with harassment.

Participants will also have an opportunity to deal with various scenario throughout the day and will have opportunities to practice doing interviews and assessing various cases. This will be an interactive workshop with lots of discussion.

Registration is open to everyone interested. Please phone 285 3243 to register. Free to islanders who volunteer in various capacities. \$25 per person otherwise.

Quadra Island United Church

invites you to the church on Sun. Jan. 23 for Sunday School at 10:30 am, and for the Evening Service at 7:30 pm, when Juaneva Smith will speak on "Pablo Neruda, a Nobel prize winning poet from Chile." Everyone is welcome.

There will be Worship and Sunday School at 10:30 am on Sun. Jan. 30, and Sun. Feb. 6, when the themes will be "Encouragement by Example" and "Renewed Strength" respectively.

On Sun. Feb. 20 at 7:30 pm, First Nations Mythologist, Wedlidi Speck, from Courtenay will be the guest speaker.

To reach Heather at the church office for Baptisms on Feb. 13, or on another date in April, call 285-2141.



QUADRA FOODS

Quadra Food's store hours are changing on Sundays. Effective Sunday, January 23rd our hours will be 10am to 6pm.

Regular hours Tuesday-Saturday, 9 am- 7pm

The Drawing Room Art Centre

The Drawing Room Art Centre to be re-opening January 24th, 2000 with Life Drawing every Monday night 7:00 - 9:00 p.m. \$8 drop in fee.

The Drawing Room is located Upstairs-rear of Village Square. Our spring shedule is now being planned, look for it to out soon.

Workshops to be offered are Creative Release, Colour Theory and Introduction to Airbrush Painting. Should you wish further information please call Astrid Johnston at 285-2008



Open:

Wed. 10-4

Thur. 10-4

Fri. 10-4

Sat. 10-5

Open Classes

Wed. 6-9

Thur. 6-9

686 Cedar Drive

One Day Only!

Tole Classes

Morning & Afternoon

\$15 + Supplies

Feb.21 - Monday

Oil on Canvas

Classes March 4 - Sat.

\$40 everything included

Come in to view & book classes

Spectrum
custom framing & photography



285-3301

YOUTH IN BUSINESS

Do you have an entrepreneurial attitude and a desire to be self-employed?

Youth In Business is a 24 week business development program for young people ages 19-29. The program provides the knowledge and skills you will need to get into business through:

- 195 hours business / computer training
- coaching & business consulting
- training allowance

For more information

or to pick up or drop off an application form, contact Community Futures at 830-1141 or

call the Youth In Business office at (250) 334-3425 ext. 309
email: youthbis@mars.ark.com

**Application Deadline
Friday February 4th at
3pm**

This is a Creative Employment Access Society program funded by Human Resources Development

Little Red Riding Hood

The Vancouver Island Symphony presents LITTLE RED RIDING HOOD with Calgary's DANDI Productions. The familiar cast of characters are all here - the wolf, a grandma and a little girl in a red cape. Roald Dahl's mythical forest comes to life, with a bit of spice. You won't want to miss this performance. Saturday, January 29th, 2:00 p.m. at the Port Theatre. Tickets: Adults, \$15.00; Children 12 years and under \$12.00. Call 754-8550 for more information.

Tuesday Night Dancers

Come join us for a different kind of workout! Every Tuesday evening, 7:30 pm to 9:30 pm (or whenever you have to leave), a group of itchy-footed Quadra folks, under the expert and patient tutelage of Marcy Wolter, bounce about the school gym to toe-tapping music from around the world. You are welcome to drop-in at a charge of \$3 for gym rental, or pay a bargain-priced full term fee. Men, women, children with parents - all are welcome, as Marcy teaches each dance afresh, like she has been doing, voluntarily, since 1982! If you can walk, you can folkdance. Hope to see you there on Tues, Jan.25, 2000.

2000 World Community Film Festival

will be held in Courtenay on Feb. 4 and 5 at the Florence Filbeg Centre in Courtenay. We have another amazing line-up of 'social issue' videos from around the world as well as our exciting bazaar featuring food, crafts, and information tables from community and social action groups which deal with many of the issues highlighted in the videos.

Please call 250-337-5412 or check out our website for the full line-up, ticket info and more... <http://www.web.net/~worldcom/>

The variety and calibre of the films shown at the World Community Film Festival just keeps getting better. Many of the 33 films are award winners and they represent an incredible range of geography, culture, and issues. The films are thought provoking, mind expanding and empowering. See how common people are resisting corporate power worldwide (Turbulence), learn about the new energy revolution (Turning Down the Heat), see sustainable solutions to forest management in action in Good Wood and investigate the education system and its role in social responsibility in Shaking The Tree.

Look for festival programs at Aroma, Heriot Bay Store and Quadra Community Centre.

Mystic Isles Business Service

**Call Norma Halliday
285-3021**

email: mysticis@island.net

Specializing in Bookkeeping for Small Business

Serving the Discovery Islands & Campbell River

Friday Flicks

The Dinner Game

Friday, January 28th at the Community Centre. Doors - 7:30, showtime - 7:45

Several years ago, France's "The Visitors" was hailed as one of the funniest films of all time. Now, "The Visitors" has been toppled from its perch by "The Dinner Game", written and directed by Francis Veber - the man who gave the world the first gay film to go mainstream: La Cage aux Folles. "The Dinner Game" appears to be attracting French movie-goers "like bugs to bright lights... And reports from overseas claim that one in every six French citizens has seen this movie" (Berardinelli).

Pierre Brochant is a bored, arrogant publishing executive who livens up his upper class existence by attending "idiot dinners" hosted by his friends. For these soirees, each attendee is required to bring along a guest who somehow embodies human stupidity. The amusement for the evening is sitting back and listening while the stupid and boring guests make fools of themselves. The competition is to see who brings the dimmest bulb of the lot. Brochant finds himself dateless for one such dinner game, but quite by chance comes across Francois Pignon, a tax official whose hobby is building models of famous landmarks with matchsticks (his Eiffel Tower used over 346,000 matchsticks). In Francois, Pierre believes he has found the perfect idiot.

The comic premise is cruelly funny and quite sophisticated. The idea of grown men searching out idiots



for a nasty bit of fun is, of course, deeply offensive. And this unwitting humiliation of the already humble is played with "the heartless precision that only a language like French permits" (Walker). But the tables turn on Monsieur Brochant, who wrenches his back in a gold mishap and is forced to entertain Pignon at his own house. In short order, the idiot turns Pierre's life upside down on every front (Monk).

With bulging eyes and sweaty hair leaping off his head, Jacques Villeret's portrayal of Pignon (who could be the cousin of The Three Stooges' Curly), is intensely physical. "He skillfully plays the utterly ridiculous, while retaining the empathy of the audience. Yet, according the London Standard, "not a single gesture, glare, shrug or double-take is overdone by a millimetre" (Walker). The Dinner Game relies on a "crackling script, full of double entendres, linguistic slapstick and cultural nuances, all of which are unimpeded by the subtitles" (Fox).

"Better to see it now, before it is recast and ruined by American filmmakers" (Braun).



Duo Sarasate

On Sunday, January 30, 3 p.m., at the Gorge Hall on., Cortes Island, The Whaletown Community Club presents: Duo Sarasate, Calvin Dyck, violin and Michael Strutt, guitar.


From the campfires of the gypsies to the

elegant salons of

Europe, the violin and guitar express a music that transcends the barriers of time and culture. Little wonder that this was a favourite combination of the great violinist Nicolo Paganini who wrote many fine works for it. Duo Sarasate's repertoire ranges from the music of the Hungarian and Spanish gypsies to Baroque masterworks by Vivaldi, Corelli and J.S. Bach and vibrant Spanish dances by Granados, Manuel de Falla and Pablo de Sarasate. Virtuoso violinist Calvin Dyck has a Doctor of Musical Arts Degree from the University of Southern California. He has performed extensively in Canada and the U.S.A. and was the Concertmaster for Showboat, Vancouver. Calvin is on the Faculty of Kwantlen College and is the Concertmaster for the Vancouver Island Symphony.

Now in his 25th professional year, Michael Strutt is Vancouver's premier Classical Guitarist. He is Professor of Guitar at the UBC School of Music, an internationally known concert artist and frequent performer on radio. Guitar International Magazine has described his playing as "unfailing poetic and musical".

Don't miss this exciting concert, Sunday, January 30, 3 p.m. Tickets are \$12.00 and are available at the door. For more information call 935-6615.



FOOLS gallery

BOAT SHOW OF THE CENTURY!!

Watch for it in January at the FOOLS

Hours Wednesday-Sunday 12-5
Island Market, Heriot Bay

A Unified Voice for the Islands' Business Community



Forum for Business Initiatives

Coordinating Island Promotion

Low Annual Membership Fee

Join Today

Box 190 Quathilts Cove BC V0P 1M0

Support Local Merchants - Shop Locally this Holiday Season



Quality Home & Commercial
Flooring Sales & Installation
Drop in to the flooring dept. at
Quadra Island
(630 Noble Road)



and choose from a full line of
carpet lino & tiles.

For sales, installation &
free estimates:
call Stan Fair

Ph: 830-8995 Pgr: 830-9357
Res: 285-2997



**M
a
r
l
e
n
e
'
s

S
a
l
o
n**

For Appointments
Call
285-2938

726 Cramer Road, Heriot Bay

S2S

More than a snowboarding Lesson

Happy New Year to everyone! Well we have managed to make it into the year 2000 virtually unscathed by the threat of Y2K, and gifted with enough snow on the local mountains to make any winter sports enthusiast grin from ear to ear. For the participants of Street to Snow the fresh powder was a blessing, as the early days of learning how to snowboard can be a bit painful! The program began right on schedule, Jan. 4, 2000, on Mt. Washington and is currently entering its third week. So far no broken bones, no major problems, and a lot of great riding.

So, what is Street to Snow? Street to Snow is an exciting alternative employment training/ snowboarding program developed to help youth who are currently experiencing challenges or barriers to their education and/or employment. The program offers both an onhill Level 1 Snowboarding Instructors segment, and an offhill lifeskills training segment at Upper Island Youth Services. Training at U.I.Y.S includes communication, conflict resolution, anger management, leadership skills, coaching theory, traffic controller course, and first aid. From the very beginning, I envisioned Street to Snow as being much more than just a course offering a few snowboarding lessons. I felt that it could be a really progressive way to help youth develop a positive attitude towards their futures and have a chance to become employable citizens in their community. The combination of positive role models, a healthy environment, new skills, and pure fun, enables the participants to experience a new sense of joy and accomplishment in their lives. So far it is proving to be a win/ win situation for all those involved.

The progress of the group has been absolutely amazing! After spending only a few hours on mastering the basics, all 6 participants were linking turns on intermediate runs by the end of the first day and they haven't looked back since! An awesome surprise, as 4 out of the 6 had never seen a chairlift before. We have managed to make it to the mountain three days a week, and have incorporated quite a wide range of activities during the past three weeks. I have tried to develop a very well rounded day to day schedule for the youth while they are on hill so they can get as much help/info/and practice time needed so they can be successful. We just finished a freestyle riding/jumping segment with a great local rider, Mike Bray. Lots of fun!! Even though boarding is a big part

of the day, we also participate in on site tours of the different resort departments and have detailed info sessions. Daily the group works on chi/visualization/mantra exercises, teaching practice sessions, and journal/art sessions. Everyday we are involved in so many different activities, it really helps keep the program flowing and interesting.

In closing, I would like to mention that Street to Snow has received such a great level of support from the snowboarding community and other businesses. Big thanks to all our great sponsors! Option-Nfa for our boards and bindings, Westbeach for the jackets/pants, Gen X/Lamar for our boots, hats, t-shirts, Ride for our boots, Sports Experts for our gloves, Mt. Washington for our mid-week passes and ongoing support, Overweightea for all our great lunch goodies, the Ministry of Social Development, Youth Works, Vancouver Children's Foundation, Empire International, and a private sponsor for their financial support. We could not have done it without your support. The S2S Team looks great! We are constantly approached by people wanting to know why we are all in/on the same clothing/ gear and if we are a sponsored team??! The guys are really enjoying the positive feedback, and are very eager to talk about the program. Their dedication, openness to learn, and appreciation of what they have been given has been very inspiring and heart warming. Programs like Street to Snow can make a difference. You just have to look at their big smiles to know how they feel.

This years Street to Snow participants are Tim Hansen, Brent O'Donnell, Sol Chidley, Tom Donaghy, Mike Willington, and Kris Laing. At the moment they are gearing up to do fundraising to help pay for their certification fees in March. If you are interested in helping out with a donation please contact Devorah (teacher, friend, founder) or Lori McKeown (councillor extraordinaire) at U.I.Y.S., phone # 286-6929.

Sincerely yours,
Devorah Reeves

P.S. Till next update, safe riding to all and full fun!!!

Island Forum

Sierra Quadra Quality of Life

Quadra is a good place to live. Although the quality of life on our island may be difficult to measure, it is easy to identify. And the beginning of a new year, a new century and a new millennium is an opportune time to review what keeps us here and sustains us so well.

Consider the simple necessities of life. We have two fully stocked grocery stores, each somewhat different in character and each well supplied. We have two medical clinics, providing a gender choice in doctors. We have resident massage therapists, an island dentist and a visiting veterinarian. Need medication? We have a new drugstore. We have ambulance and fire service. On Wednesday mornings, we have a medical lab service. Senior's housing is on its way. And if all else fails, we even have a cemetery.

Need a church? Want something metaphysical or spiritually uplifting? Want some creative stimulation? Well, there's a range from Christian traditional to Christian liberal, not to mention visits by Buddhists (usually Tibetan). Want evenings of meditation? They're here. Tai chi? Yoga? Karate? Bunjinkan Taijutsu? They're here, too. Want dancing? We have Scottish country, western country, folk and creative. Something more robust? How about aerobics, floor hockey or indoor soccer?

And recreation? If none of the aforementioned will do, there are ball diamonds, riding rings, tennis courts and a new skateboard park at the community centre.

Information is important in modern life, so we have two post offices, two local newspapers, a newly published "bulletin board," AM and FM radio reception, telephone, faxes and cablevision. We also have the internet and e-mail, those digital services that connect us to the whole world and provide new kinds of professionals and employment opportunities.

For other practical matters, we have a gas station, a garage, a marine repair shop, a boat works and a combination building supply and hardware store. Need ready-mix cement? We have it. A carpenter? Pick from many. Need cabinets or furniture for your house? Need a whole house? No problem. Need plumbing, painting, maintenance, renovation, yard work, appliance repairs, cleaning, firewood, a tree

topped or felled? Done. Having a bad hair day? We can fix that. Need a realtor, a lawyer, a financial planner? Still no problem. Need financial services? We have a full-service credit union—without the lineups and impersonal treatment that plague big city banks.

Need some entertainment? Videos are rented from three locations. We also have a film series, musical theatre, dramatic theatre, concerts (both popular and classical) that occur at the community centre. How about clubs and organizations? Almost too numerous to count.

Other amenities? We have a bakery, a specialty coffee house, two LCB outlets, and pubs and restaurants that serve a wide range of quality foods. We have a hotel, a motel and a selection of B&Bs and resorts in which to house visiting relatives. And we have an enriching complement of artists who work as potters, painters, illustrators, sculptors, writers and musicians

Of course, all this would be available in any big city—along with vexing traffic jams, signal lights, urban congestion, suburban sprawl, noise, smog, stress, stifling bureaucracy and human depersonalization.

The unique quality—the one that distinguishes life on Quadra from life in any city—is that all our amenities, services, activities and opportunities occur in a rural setting within an intimate proximity to sea, lakes, streams, forests, mountains, shorelines and beaches.

Our comfortable, entertaining and fulfilling modern life takes place on a forested island in a setting of incredible natural beauty. Ocean and lakes are close and immediate, available for fishing, sailing, boating, diving, swimming, canoeing and kayaking. Wildlife and birds are part of the dramatic scenery in this wild setting. And all this is visible or accessible from trails—about 200 kilometres of them—that crisscross the island from shoreline and marshlands to streams and mountaintops.

Indeed, this rare combination of civilized amenities and a natural setting is the attribute that gives special enjoyment, richness and depth to all the things we do on Quadra, that imparts the indelible mark of "quality" to the lives we live here.

This should be obvious. But, too often, the obvious is not noticed until we have lost it. If we don't lose it by overt foolishness, then we can easily fritter it away, little by little, until we find ourselves reminiscing plaintively about what used to be.

The best strategy for maintaining our quality of life is to always remember it, to always respect it, to always be vigilant against the forces that would compromise or destroy it.

Of course, time passes. Things change. We cannot hold on to the past. But we can steer the unfolding present in such a way that it safeguards the treasures we cherish. If we are ever mindful and vigilant, we can sustain—even over a long period of time—those special attributes which hold and enrich us, which make us proud to be Quadra Islanders.

This is best done when we ourselves are in control of the circumstances that shape our lives. We can then decide what quality is and how to keep it. We decide what to change and how to grow. In short, whenever we can—and whenever the opportunity arises—we take responsibility for our own future.

Ray Grigg for Sierra Quadra

Next Sierra Quadra meeting—and please note the change in time—is February 21st.

Articles, letters and artwork are all welcome for publication under Island Forum

The opinions expressed herein are those of the writers and do not represent the views of the publishers.

Submissions must be signed and include a phone number (for verification only). Items may be edited for content or layout considerations.

Next deadline 7pm January 31st

Money Matter\$

by Steven Halliday

1958 was this province's centenary year, the year of the Ripple Rock blast, and BC was developing its image as "Lotus Land". British Columbia was the envy of most of the country, moving ahead strongly under the direction of our slightly eccentric but incredibly energetic Premier W.A.C. "Wacky" Bennett. Although I'm sure younger readers may find it hard to believe, back then BC was the developing star of the nation, with a booming economy, reasonable taxes and no debt. Mind you, the province was also saddled with all sorts of arcane and outdated laws, and good old "Wacky" was regarded as a bit of a bumpkin by his peers (though many also called him a benevolent dictator) and there was some hints of minor corruption in his cabinet, but it was definitely considered to be good times for the province. One thing was certain, the government, and no-one else, ran this province.

Fast forward 42 years - our economy is tanking, our government is paralysed, our debt level is rising (rapidly), our property values are falling, and our unemployment level is the 2nd highest in Canada after Newfoundland's. Our income tax rates are among the highest in North America. We are rapidly losing our lustre as Canada's social and economic equivalent to California, and our business stalwarts such as Finning are abandoning BC for the friendlier business environment of Alberta. The year 2000 has arrived with most citizens of the province continuing the popular pastime of government bashing, although for many a new target for our ire has surfaced, a government controlled body whose mandate is the protection of the working people. I speak of course of the Workers Compensation Board (WCB), which until recently was immune from much criticism except from business owners facing crushing WCB premiums or workers fighting for benefit coverage. Now, however, the WCB is fair game for almost everybody, particularly because they appear to be behaving as if they themselves

are governing this province and its people.

In October of 1999 new legislation quietly passed through the legislature which affects all businesses in BC. For smaller firms, there is relatively little effect - we simply designate and have someone trained (on a 1 day course) as a Health and Safety Officer. However, if you employ 50 or more people you will now have to hire or pay for the training of a person whose full time job is to do the WCB's work for them, which is to inspect and monitor the workplace for safety hazards. This might be considered reasonable if these employers were to see a premium reduction in exchange, but this is about as likely as Jamaica winning the Olympic bobsled competition. This new program will be a royal and expensive pain to all businesses, but the WCB isn't content to just aggravate employers. No, they have to affect the entire populace with their province-wide smoking ban which went into effect on January 1.

I freely admit to some bias as a smoker, but the ban itself is not the target of my ire. The implementation of this incredibly broad regulation was accomplished without any significant public debate nor public participation in the decision making process. This regulation is already having an impact on many businesses who are seeing significant drops in their patronage, resulting in layoffs and in some cases eventual closure. While I have no problem whatsoever with the goals of the WCB in minimizing the harmful effects of tobacco smoke, this heavy-handed tactic should never have been implemented without more public consultation and exploration of alternative measures. It is absolutely amazing to me that a

government agency has such power that it can implement and enforce such sweeping change without so much as a by your leave from the general populace, let alone the voting population. Did I say amazing? I meant to say scary.

We have all heard the reports of doom from bar owners, bingo and casino operators, and some restaurant operators. There is no doubt of the negative impact on their business. Could the goals of the WCB for a smoke-free environment been accomplished in a different manner? Undoubtedly. But this is not the case, and I'm certain a court challenge will soon surface to question the legality of the regulation. But in the meantime, all BC will continue to suffer as our businesses suffer under a government that appears blind to the negative impacts that their policies have upon existing businesses, and businesses looking to relocate or expand in BC will continue to be scared off by these same policies. Having an agency that appears to operate without constraints or sensitivity to the economy as a whole will only intensify the problem. Old Wacky is probably rolling in his grave.

EMCO RESOURCES

Electrical Contracting

Service and Maintenance

Emery A. Savage
Campbell River
Tel: (250) 923-5577
Fax: (250) 923-7707

Bob Turner
Quadra Island
Tel: (250) 285-3926
Fax: (250) 285-3928

**Electrical Contracting • Design
Service • Maintenance •
Repairs**

• Terrific Food at Great Prices
• Eat-in or Take Out
• Hot as You Want...or Not!
• Special Occasion Parties a Specialty

Open 12 to 7
Wednesday to Monday
285-2777

Wacko
Taco

Cove Centre - Quathias Cove

Cool Clear Water

Darlene Booth RNC

What do you reach for when you are thirsty? Juice? Pop? Coffee? Tea? It seems that as a society, we have done almost everything possible to find tasty ways to quench our thirst and avoid drinking cool, clear water. Pure, simple, unadulterated, unpolluted H₂O. The original "real thing". The essence of life.

Of all the essential nutrients that are vital to optimal health and well being, water is perhaps the most underrated and misunderstood. On average, about 70% of your body is composed of water and while you can survive for several weeks without food, you would be lucky to survive 1 week without water. Water is essential for almost everything that goes on inside our body. Digestion, assimilation, elimination of toxins, lubrication, circulation and even regulation of body temperature are all dependent on adequate hydration. If you are not drinking enough water your body cannot operate at peak efficiency and you are setting yourself up for problems down the road.

Water aids the digestive process from the moment food enters the mouth right through to the elimination of waste products. It forms the basis of the intricate system responsible for distribution and transportation of nutrients to destination organs and cells where they will be assimilated. Along the way, it picks up

waste products and transports them to the eliminatory organs for disposal. Everything slows down when we don't drink enough water. Metabolic processes are compromised, waste products can build up and eliminatory pathways can become sluggish. This can lead to symptoms associated with aging and disease.

Water is the main component of all our bodily fluids. Our blood is 90% water and gastric juices are very nearly all water. It nourishes the mucous membranes of the body and keeps bones, organs, muscles, joints and ligaments supple and lubricated. If you want younger more youthful looking skin, drink water!

Water regulates our body temperature and we can lose a lot of water throughout the day through perspiration and breathing alone. Athletes and active people know that for optimal performance you must replace the water that is lost during exercise. We also continually lose water through the eliminatory organs – the skin, kidneys, bladder, lungs and bowels. Dehydration can rob you of energy, youthfulness and optimal health.

How much water you need is largely influenced by your individual lifestyle. Generally speaking, most experts recommend that you should drink anywhere from 6 to 10 - eight ounce glasses of water each day. If your diet predominantly consists of raw foods with a high water

content, then you would be getting a fair amount of water in your food sources so 10 glasses daily would be overkill. But most of us eat a lot of processed, "dry" foods and would benefit greatly from the high end of the recommended intake. You will be amazed at how energizing this practice can be.

This leads us to our sources of water. Distilled? Spring? Mineral? Bottled? There are just as many opinions as to which kind of water to drink as there are brands for you to buy. We are fortunate to live on an island where we are not subjected to chlorine and other chemicals in our water supply but it is advisable to have your water quality tested periodically. A good filtration system is also an excellent preventative measure. Unfortunately, even the most pristine environment is not exempt from some level of pollution.

Some juices, fruits, vegetables, herbal teas and other beverages can also provide water but don't count on beverages that contain caffeine or alcohol as they can have a diuretic effect and actually cause you to lose fluid. Beware of soft drinks and beverages that contain high levels of sugar. Nutritionally speaking, these chemical cocktails have no benefits.

You can keep a plant alive on minimal water but does it thrive? No. Leaves dry up and fall off, growth is minimal and it is more vulnerable to disease and predators. The same can be said for the human race. Increase your quantity of H₂O and you will enhance the quality of your life. There is no better fountain of youth than cool, clear water. Good Health to You.

QUADRA IS.
FOREST PRODUCTS LTD.

Lumber • Timbers
Cedar Roofing
Materials

Custom Sawing
& Milling
Planing Available

530 Cape Mudge Rd
285-3294
FAX: 285-3294-11

QUALITY
FOREST PRODUCTS
for ISLANDERS

"We Care About The Water You Drink"
"For Home - For Health - For Life"



Steam Distillers
For Your Pure
Drinking
Water Needs

POLAR BEAR
WATER DISTILLERS

Shamra McClellan
Authorized Dealer
Polar Bear Water Distillers Mfg. CO. Ltd.


Phone/Fax 285-2706

Tom's 
DSI
Drilling Services Inc
of Quadra Island

- + Water Well Drilling
- + EX 150 Hitachi for Dug Wells, Trenching Etc..
- + Well Testing
- + Water Treatment
- + Installation & Repair of all pumps
- + Barge to Remote Locations

Quadra Island's
Very Own Drilling Co.
285-2220

DARLENE BOOTH R.N.C.
Registered Nutritional Consultant



Learn how to make choices more appropriate to your own needs.

Professional quality supplements and more!

Let's Work Together
Toward a Healthier Lifestyle.

Phone
250 285-2764

Email: darlenebooth@shaw.ca

Business Profile

Village Hair at the Square

by Tanya Storr

We offer exceptional hair and body services for the entire family," said Lori Hewitt of Village Hair at the Square, as she showed me around the salon.

The hairdressing and body care business opened on December 7 next to Quadra Station, and provides several services that can help customers fight the winter doldrums.

In addition to hairdressing, Village Hair offers manicures and foot care, nail art, gel nails and nail enhancements, reflexology, reiki, and aromatherapy massage.

Village Hair is owned by Lori's mom, Gerry Kilby, and Gerry's husband, David Kilby. Lori and her friend Jody Graham first discussed the idea of opening a salon last October, and Lori asked her mom for advice on opening the business. Gerry, who is a licensed hairdresser and an experienced businesswoman, was living in Langley at the time. She came up to Quadra in early November and fell in love with the island.

Gerry and her husband agreed to move to Quadra and open the salon with Lori and Jody's help. David's work keeps him in the Lower Mainland during the week, but he is commuting to Quadra on the weekends.

The four decorated the space with a cheerful country theme, transformed a storage room in the rear of the salon into a treatment room for reflexology and aromatherapy massage, and then threw open their doors for business.

"We've had very good feedback so far. People have walked in to check us out and they've come back with friends," said Lori, who moved to Quadra from the Lower Mainland last summer after regularly visiting her dad, Greg Hewitt, on the island for many years.

Jody, who grew up in Campbell River and has lived on Quadra on and off for 18 years, added that people are welcome to come into the salon to browse and have a coffee or tea.

With Gerry, Lori, and Jody working at the salon, customers are assured a range of services. Gerry is a licensed hairdresser, Lori is certified in reflexology and bodywork, and Jody is a certified nail technician and is apprenticing in hairdressing under Gerry. Lori will soon be apprenticing in hairdressing too, and next



Lori Hewitt, Gerry Kilby and Jody Graham outside the recently opened Village Hair at the Square.
Photo: Tanya

month she plans to start offering stone chi treatments.

"Stone chi is hands-on healing work using heated and then cooled river stones," she explained.

As well as doing nail art (intricate painting of the fingernails or toenails in any design customers desire), manicures, and footwork, Jody also makes painted seashell jewelry and sells it at the salon.

"You can buy a painted shell necklace and I can paint your big toe to match. It's a lot of fun," said Jody, whose designs include minute images of killer whales, frogs, trees, and flowers.

Lori tailors her aromatherapy massage according to each customer's wants and needs. "Some people want to work on emotional elements that go deeper than physical complaints, i.e. someone might be experiencing a lot of stress and anxiety, and I will make them a special blend to fit their needs," she said.

She added that Quadra is fortunate to have many people offering alternative

therapeutic treatments. "It's good to have so much variety because if one thing isn't working for you, you can always try something else."

In future, Village Hair plans to offer more body services like temporary body tattoos, mendhi, other forms of body art, waxing, and hair wraps.

Village Hair sells gift certificates for all services, and Lori pointed out that a gift certificate for a body care service or haircut would make an excellent Valentines Day gift.

Village Hair is open Monday to Friday from 10 a.m. to 6 p.m., and will open after hours by request. Walk-ins are welcome, or you can call 285-3848 for an appointment. Look out for Gerry, Lori, and

Jody demonstrating their services at the Celebrate Yourself Day on February 20 at Quadra Community Centre.



Gerry Kilby cutting Susan Johnson's hair.
photo: Tanya Storr

- software or hardware problems?
- tutorials, modem & Internet setup
- PC's, parts, software and supplies

ENERT Computer Support Services



Matt & Etta Martinelli

285-2431 fax: 285-2421

email: mattmart@connected.bc.ca

CORNERSTONE CONCRETE LTD.

- Ready mix concrete
- Sand & gravel
- Form & tool rentals
- Placing & finishing available

285-2850

Pager 830-6252 Home 285-3841



BILL'S TREE SERVICE FULLY INSURED • FREE ESTIMATES

BILL BRADSHAW
(250) 285-3608

BOX 336, HERIOT BAY, B.C. V0P 1H0

QUADRA STORAGE

895 West Rd. Tel. 285-3052
MINI STORAGE

- household • boats, autos & RV's
- Commercial & Industrial Warehouse

HEATED WORKSHOP SPACE
FOR LIGHT INDUSTRIAL USE
INDUSTRIAL STORAGE YARDS

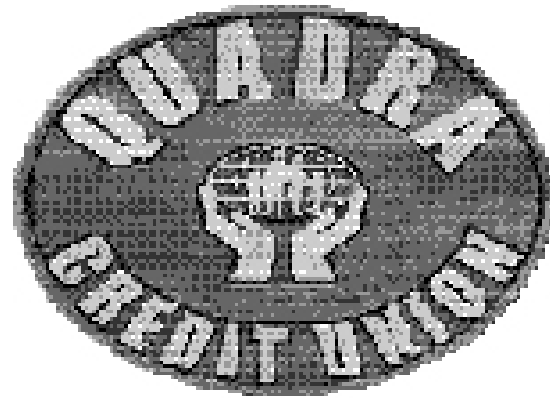
Secure, clean & dry • Small, medium & large
units available. OPEN 7 DAYS A WEEK.

NOLE CREEK SAWMILLS

We buy logs or standing timber

Portable Bandsaw Mill
on-site custom milling

For a free estimate, call today
Greg Hewitt 285-2762



**Are your finances
a little flabby?**

**Is your savings
program out of shape?**

**Are high credit cards
rates weighing you down?**

Make 2000 the year to get your
finances in shape... call us today
to discuss a comprehensive approach
to improving your financial health.

No hype, no pressure, just common sense

Imagine  A Caring Company

Quadra Office
857 Harper Road
Box 146 Quithadet Cove, BC
(250) 285-3327

Corles Office
Sail Point Road
Box 218 Mangan's Landing, BC
(250) 935-6617

REQUEST FOR TENDERS

Quadra Island Recreation Society
COMMUNITY CENTRE
ADDITION PROJECT

The Society plans to construct the Addition to the Community Centre this year. Tender packages may be picked up by qualified Quadra Island General Contractors between February 07 and February 18 at the Community Centre office.

Office hours are Monday to Friday 8 am to 2 pm. Tenders will be accepted at the Community Centre office up to the closing time of 2 pm, March 01, 2000. The lowest of any Tender will not necessarily be accepted.

For further information
phone 285-3243

JOHN F. GRANT Lawyer • Notary

630 Noble Road (Quadra Builders)

Preferred Areas of Practice

- Wills • Trusts • Estates
- Business Transactions
- Land & Mortgage Transactions
- Municipal and Administrative Law

Office and Home Consultations

Telephone: (250) 285-3444

Home: (250) 285-3913

Facsimile: (250) 285-3446

Email: jfgrant@island.net

P.O. Box 280,
Quathiaski Cove, B.C., V0P 1N0

Island Report

Ministers Consider Proposal for Raven Lands

by Tanya Storr

A community cooperative, or Public Private Provincial Partnership (4P), proposal for Raven's lands in Quathiaski Cove is now under consideration by provincial government ministers.

Raven has set a January 31 deadline for the Quadra community to come up with a proposal for its lands in the Cove. The company began logging Lot 206 in September, but in response to community concerns agreed to hold off on logging Lot 123 until after the deadline.

Regional district director Jim Abram and others working on the community cooperative proposal are hoping the provincial government will invest funds in the community. Following a meeting with government ministers on December 14, Abram said the community cooperative initiative "could well be an opportunity to take control of our own future."

He explained that one option would be for the cooperative to buy all of Raven's lands in the Cove. Another option would involve working with Raven.

Abram sent a detailed proposal to the ministers in early January, and so far the 4P initiative has received the support of Moe Sihota (Public Service), Jan Pullinger (Community Development, Cooperatives, and Volunteers), and Jim Doyle (Municipal Affairs).

Other ministers, including Ian Waddell (Small Business, Tourism, and Culture) and Joan Sawicki (Environment, Lands, and Parks), are still considering the proposal. Gordon Wilson (BC Ferries) has read the proposal and told Abram he likes the 4P concept.

"I was on the phone to ministers and deputy ministers all last week. It's looking

really good as to whether they're going to approve it, but the timing is just awful," said Abram during a phone call from Vancouver on January 18. He noted that the ministers were off over Christmas break and now they are busy working on the provincial budget.

However, Abram said he was hopeful the topic would come up in the Treasury Board meeting in Victoria that same afternoon. The Treasury Board makes decisions on whether initiatives should be funded. If initiatives are approved for funding by the Treasury Board, Cabinet then makes the final decision.

"Gordon Wilson said he would bring it up in Treasury Board today," Abram said.

Abram, Michael Stahnke, and Ken Roxburgh met with Raven in early January. During the meeting, Raven representatives reiterated that the January 31 deadline is still in place and they are interested in seeing a community proposal for their lands with firm dollar figures.

"Raven is still interested in getting money for their trees and in reviewing the community proposal. They want the proposal in writing with a definite price. Regional district planner Harry Harker is working on the proposal, but in order to come up with an offer for Raven in the timeframe the company has set, we need government backing," Abram explained.

Abram had planned to call a public meeting regarding the community cooperative proposal in January, but said the meeting will likely now be held in early February when more information is available from the provincial government.

Abram expressed hope that the government will throw its support behind the 4P initiative before Raven's January 31 deadline, but said if that doesn't happen

PHIL THOMPSON MEMORIAL SOCIETY

QUADRA DAYCARE

- Licensed childcare facility for children 2 1/2 to 11 years of age
- Your Community Daycare serving the needs of our families
- Government subsidies available

7:30 a.m. to 6:00 p.m.
Monday — Friday

285-3511



- CNC Router
- Cabinets
- Millwork
- Plastics
- Carved Signs

Richard Pielou ph/fax 285-2065



Wood Design

west coast building vernacular

- ◆ Site analysis
- ◆ Building design assistance
- ◆ Energy conservation
- ◆ Reasonable Hourly Rates

Call 286-8514

www.island.net/~robwood
quintano@island.net

June Cameron's Memoir: 'Destination Cortez Island'

by Tanya Storr

As we move into a new century and a new millennium, it seems appropriate to reflect upon island history. June Cameron's memoir, *Destination Cortez Island: A Sailor's Life Along the B.C. Coast*, offers readers a detailed portrait of coastal pioneering homestead life.

June Cameron describes *Destination Cortez Island* as a kind of stew, with the memories of coastal settlers making up the bulk of the ingredients. The book is a delicious mix of coastal history, earthy humour, and June's insightful observations on a wide range of subjects.

Every summer from the 1930s to 1950s, June's family travelled from False Creek to Cortez Island in their 36-foot wooden boat, the *Loumar*, to visit June's pioneering grandparents. June and her family pronounced Cortez "cor-tease"—a pronunciation still in use by some locals today—and spelled it with a "z" at the end.

June's accounts of their travels and the people and homesteads they visited evoke images of another time in a familiar place. Her engaging text is enhanced by the book's excellent black-and-white photographs. Poignant shots of family life aboard the *Loumar* and at island homesteads are juxtaposed with beautiful coastal images.

June's maternal grandparents first came to Cortez in 1917, bringing with them their nine children and dreams of beginning an orchard, flower garden, and nursery. Lured by the promise of 40-acre pre-emptions and new opportunities, Alfred and Florence Hayes moved their family from Winnipeg to Cortez.

Alfred was hired as engineer on the mission ship *Columbia*, and the family had planned to settle in Quathiaski Cove. However, the school at Manson's Landing was in danger of closing due to a lack of students, and the Hayes family was asked to move there instead. With the arrival of nine Hayes children to the community, the school was guaranteed a teacher for years to come.

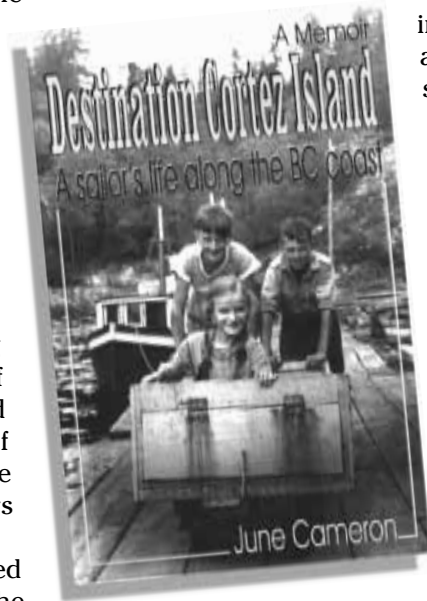
June writes about how the island looked when the Hayes family first arrived, and the social events that provided brief respite from the challenges of pioneer life. Dances typically lasted until dawn, so people could see during their walk home. June's mother, Marjorie, and Marjorie's next youngest sister, Bettie, begged their mother to let them stay until the end of the dances.

"Grandma finally acquiesced and let them stay for the



Waiting for the Union Steamship at Manson's Landing during the war
Nellie Jeffery photo.

whole event, with the condition that they had to be up to go to church with her in the morning," June writes. "She said that since she was going to be awake all night worrying about them, they weren't going to be allowed any sleep either. It must have been a drowsy bunch that filled the pews on Sunday."



June's father, George Griffin, came to Cortez in 1921 after answering an advertisement for a teacher in the Manson's Landing one-room school. He had emigrated to Edmonton from Wales with his family when he was 13, and later completed the teacher-training program at the University of Edmonton.

The young teacher ended up boarding with the Hayes family. In exchange for room and board, George helped Grandpa (Alfred) Hayes find a piece of land to pre-empt in Blind Creek (Cortez Bay) and build a house on it.

George Griffin and Marjorie Hayes, one of Alfred and Florence's seven daughters, were married in 1924 by the Reverend Alan Greene. June's brother, Georgie, was born in 1925, and June was born four years later. By then the family was living in Vancouver, where George landed a

teaching position at Model School.

The family's annual summer trips up the coast to Cortez in the *Loumar* began when June was one year old and continued for nearly two decades. During the war years, June recalls, "leaving port in any vessel required adherence to strict regulations."

After filling out all the necessary forms in downtown



Sailboat Free Lance anchored off Mink Island.

Daryl Duke photo

Vancouver, each vessel owner was given a specific departure date.

"On the declared departure day you were required to leave, regardless of weather conditions. No doubt the expensive barometer had been rapped senseless by the skipper before he ever went downtown to fill in the forms," June writes.

She describes some of the coastal residents they would visit along the way to Cortez. Norwegian WWI veteran Fritjof Brynelsen, who lived in Secret Cove, fished for a living and "created an Eden complete with roses and fruit trees."

Harry Dusenbury had a floating machine shop in Pender Harbour, and having no engine or electric generator, he operated every machine manually. Harry was behind the initiative to have a mission hospital constructed at Pender Harbour.

Once the *Loumar* was anchored in Blind Creek, June and her brother shed their shoes for the summer. June's parents would help out at the Hayes' farm, and Marjorie would make bread using yeast cakes purchased at Fishermen's Co-op Store at Refuge Cove.

June writes about the people who owned the store over the years, including Jack Tindall. Tindall had one of the earliest radiotelephones on the coast, which he used to place orders in Vancouver and to contact the fish packer when the scow was full.

June describes life around Blind Creek as a waiting game, because "if you weren't waiting for the cow to come home to be milked, you were waiting for the mail to arrive." WWI veteran Harry

Daniels and his wife Margaret, known as "Dearie", handled the mail. It was delivered by Union Steamship to the Seaford float, and arrival times were never definite, so the Daniels built their first dwelling on the shore at Seaford.

Mrs. Daniels was a nurse and midwife, and June notes that "many a pioneer owes his limbs and life to the ministrations of this nurse/postmistress who bravely and vigorously forsook civilization to carve out a livable niche with her husband in Blind Creek."

In 1937 June's parents found a piece of land available for pre-emption in Blind Creek. They built a house over the next few summers, and even 11-year-old June was involved in the construction, lugging rocks for the fireplace. Working on the pre-emption left very little time for excursions in the boat, and June thinks that may be why she is now driven to spend much of her time "gunkholing upcoast."

To meet the requirements for a pre-emption, they had to clear part of the land for a garden. In their search for loggers, June's family visited Von Donop logging camp, where Clarence and Etta Byers lived and worked with some of their relatives.

June chooses her words carefully in her marvelous descriptions of the coast and its many inhabitants, both human and non-human. She characterizes jellyfish as "watery tenants who go about their slow, stately meandering under their gauzy umbrellas, completely oblivious to thumps and splashes from above."

Her descriptions of boats and their

engines are also eloquent, and written by one who is obviously very familiar with their idiosyncrasies. June notes that coastal families often "have many of their fondest memories tied to their boats."

Harvesting seafood is an oft-mentioned activity in *Destination Cortez Island*. June became adept at raking herring from a double-ender, and describes this form of fishing as primal:

"The still, quiet concentration of this slow routine made me lose my sense of time as I peered down into the rich blue, green, silver, and violet moving rays of light in the clear, deep water. Is it today or was it 200 years ago?"

June writes about the demand for dogfish during WWII, when dogfish liver oil was used as a lubricant on ships. Two dogfish harvesters she greatly admired were Dorothy Manson and Dorcas Essen, young women in their late teens. Dorothy and Dorcas fished together on the *Scotia*, a small troller used previously by Dorothy's father, Wilf.

The author credits Dorothy and Dorcas with inspiring her to buy her first sailboat to use for single-handing in the late 1970s. June became the first woman to race her own boat in all the major B.C. sailing races.

Throughout *Destination Cortez Island*, the author recalls her memories of orchards. In her introduction, June writes: "I had no notion that, among other things, my memories of the coast would invariably include old apple trees, but there they are, in every chapter."

June points out that the apples amongst the evergreens are all that is left of many settlers' homesteads. In chapter 14 she confides that whenever she feels overwhelmed, she returns in her mind to her Grandpa's orchard, a place of peace and contentment during her childhood.

June expresses her great delight that the current owners of the property, Bill and Elena Wheeler, have restored the old orchard and are selling young trees propagated from the Hayes stock through their company, Inner Coast Nursery.

Destination Cortez Island will interest anyone who enjoys good storytelling and is intrigued by coastal history. Published by Heritage House in 1999,

Classifieds

Order Fresh Flowers, Bouquets & Centre Pieces for your holiday table, mantle etc. Call Lynne **285-3754**. One weeks notice please.

FOR SALE: 1986 Chevy Vandura cargo van - \$900
1982 Toyota 2WD pickup with canopy - \$800 both run well. **285-3692**

WANT WORKSHOP TO RENT: to complete 20ft sailboat. Hull finished, need power, would like woodheat and if possible modest rent for one year. **285-2169**

BABY STUFF FOR SALE:

-Graco Basinet, perfect condition, white with blue gingham trim. Free standing but with stand, rocks, rolls on wheels. \$130 O.B.O.

-Evenflo instant car seat. Auto-base, click in and out no fuss. Near perfect condition. \$50 O.B.O.

-Fisher Price Activity Dome, folds, infant can sleep in it. Great for travelling, has bug screen for summer, self-rocking. \$40 O.B.O. **285-2499**

FOR RENT Fully furnished, 2 bedroom waterfront house available. Rent includes utilities. Moorage included. Flexible short term rentals considered. Call **285-3951**

FOR SALE 1.2 cubic feet Microwave, 10 power, \$45. 1 built in wall oven \$95. **285-**

HOUSE FOR RENT 2-bedroom home in Heriot Bay, close to library and stores. Recently renovated, clean & spacious, electric heat. Non-smokers, no dogs, references required. \$550/month. Phone 285-2823 or 287-0635 after 6 pm

Classified Ads are \$10.70 (includes GST) for up to twenty five words for **two issues**.

Larger ads \$8/inch/issue (+GST)

Payment for classifieds is required in advance.

Ads that do not include payment cannot be printed.

Island Tides

For Quathiaski Cove
Jan. 22 - Feb. 3, 1999

Day H/m	Time	Ht/ft
Sa 4.5	0620	14.8
22 3.4	1215	11.2
	1650	13.8
4.2		
Su 0.7	0020	2.3
23 4.5	0700	14.8
	1405	10.5
3.2		
	1745	13.1
4.0		
Mo 1.0	0050	3.3
24 4.5	0745	14.8
	1500	9.5
2.9		
	1845	12.1
3.7		
Tu 1.4	0120	4.6
25 4.5	0825	14.8
	1555	8.9
2.7		
	1950	11.5
3.5		
We 1.8	0155	5.9
26 4.4	0905	14.4
	1650	7.9
2.4		
	2110	10.8
3.3		
Th 2.3	0235	7.5
27 4.3	0945	14.1
	1745	7.2
2.2		
	2245	10.5
3.2		
Fr 2.7	0320	8.9
28 4.2	1020	13.8
	1840	6.2
1.9		
Sa 3.3	0035	10.8

DISCOVERY ISLANDS REALTY Ltd.



www.island.net/~islands

islands@island.net

Ph 285-2800

Fx 285-2531



Vibeke Pedersen, Nancy Allwarden, David Smith
(Assistant)

Real Estate Specialists

Serving Quadra, Cortes, & the neighbouring islands
Box 649, Quathiaski Cove, B.C. V0P 1N0

Escape to Heaven!



This 64.5 acre island is located NE of Read Island, less than 1/2 hour by boat from Heriot Bay. The pristine natural setting is made up of native forest, mossy bluffs and little bays. The panoramic views are spectacular! The island is owned by a company with six shares. Each share comes with a surveyed parcel of at least 10 acres, an excellent building site and potential for protected moorage. Two shares remain - offered at \$175,000 each. Middle Rendezvous Island

Spectacular waterfront!



Southwest exposure and nearly 190 ft. of private beach to explore! This 5.7 acres has a driveway to an impressive building site overlooking Open Bay, and south towards Rebecca Spit Provincial Park. Summer moorage potential, right in front of your home! Most of this property is well treed and could be cleared for gardens or pasture. \$199,000. Quadra Island

Business/Residential Opportunity



Located at Heriot Bay on beautiful Quadra Island, this commercially zoned acre is in the heart of the eco tourism mecca which is so much a part of island life style. Bring your own business or continue with existing retail shop and ice cream parlour. Deluxe 1100 sq. ft. two bedroom living area plus spacious, enclosed sun porch and very private deck and back yard. \$325,000. Quadra Island

A Very Sweet Place!



Exceptional 5.2 acres with miles of panoramic views and over 650 ft. of beachfront. The parklike setting includes native forests, lush lawns and an orchard with over 50 fruit trees. Nicely appointed west coast style 4 bedroom home invites gracious, comfortable living. Spacious decks with hot tub. Separate guest home and adjacent studio. \$325,000. Quadra Island

**This 1.8 acre property is covered with large trees and features a variety of terrain. Only a few minutes walk from the government dock at Owen Bay on Somers Island - a 40 minute boat ride from either Heriot Bay or Brown's Bay. A perfect hide-a-way, secluded & affordable! \$17,000.



CHECK OUT The Display of Quadra Built Small Boats

Island Farms
Frozen Yogurt **\$2.49** 1L

Armstrong Cheese **\$6.99** 750g

Rogers Flour **\$5.99** 10kg

Hunt's Thick 'n Rich
Pasta Sauce **\$1.49** 530ml

General Mills
Honey Nut Cheerios **\$2.99** 425

Mainstay Dry
Cat Food **\$3.79** 4kg

Maple Ham

DELI

89¢ 100g

Buttery Flaky Rolls
6/99¢

INSTORE BAKERY

French Bread
99¢

Assorted Cookies
6/\$1.99

BULK FOODS

Hot Chocolate Powder

29¢ 100g

PRODUCE

California
Asparagus **\$2.99** lb
\$6.59/kg

Organic Broccoli **\$1.49** lb
\$3.28/kg

Chilean Red
Seedless Grapes **\$1.99** lb
\$4.39/kg

River Ranch
Caesar Kit With Cheese **\$1.99** each

Pork Shoulder Steaks **\$1.99** lb
\$4.39/kg

MEAT

Prime Rib
Steak **\$5.49** lb
\$12.10/kg

Specials in effect January 23-29 While Supplies Last
Store Hours - Sunday to Saturday 9-7