

# DISCOVERY ISLANDER

COMMUNITY NEWS & EVENTS ON QUADRA, CORTES & THE OUTER DISCOVERY ISLANDS

ISSUE 558

Serving the Discovery Islands since 1992

August 30, 2013



## Spectacular Summer Close Out with festival double-header **Quadrapalooza & the Quadra Fall Fair** special pull-out program inside



# WE NEED YOUR STUFF!

Get ready for the 19th Quadra/Philippines Connection's Giant Garage Sale coming up at the Q. C. Centre on September 22nd by beginning to organize all of your saleable items that you are ready to recycle within the community. This awesome event provides the opportunity to contribute to Quadra's continuing support of the Basao Dilag and Lubo Hilltop daycare/preschool programs in the northern Philippines. All items should be CLEAN and in GOOD WORKING ORDER and will be gladly accepted at the following drop-off locations beginning the first week of September. We thank these participants in advance for offering their homes for this service for yet one more year! Please note that NO SKIS, ENCYCLOPEDIAS, MICROWAVE OVENS OR COMPUTERS or non-flat screen TVs will be accepted.

**SOUTH END:** Ruth Powell and Chris Thompson  
307 Suttil Rd. 285-3695

**Q. COVE:** Sharon and Harry Archibald  
858 Prentice Pl. 285-3288

**BACK ROAD:** Pauline Burnett (Milton Greenhouse)  
1068 Milton 285-2076

Ann & Don Doolittle  
303 Smiths 285-3457

**HERIOT BAY:** Candace and Jackson Holmes  
684 Cramer (leave items in carport)

Except for the Heriot Bay drop-off, please phone ahead before delivering goods. DIRECT DROP-OFF to the COMMUNITY

CENTRE will also be available on Saturday, September 21st until 2:00 pm.

We will be needing many VOLUNTEERS including: TRUCK DRIVERS and trucks to transport goods from drop-offs to the community centre on the day prior to the sale (Saturday) and then to thrift stores after; SORTERS on Saturday and CASHIERS on Sunday; Volunteers to PACK-UP at the end of the sale, STRONG ABLE- BODIED helpers to load remainders into trucks following pack-up, BAKERS for our Sunday concession and volunteers to staff the CONCESSION. Please call CAROL at 250-285-3035 to lend a hand and contribute to this exciting and rewarding event.

Over the past 19 years, Quadra Islanders have helped to support 7 daycare/preschool programs in remote areas of the northern Philippines through IAT (International Association for Transformation). This support has given benefit to well over 1100 children during this time. Our current 5 year term of sponsorship continues to benefit the children and families of the Basao-Dilag and Lubo-Hilltop daycare communities. Dilag is a resettlement community, one of the poorest in the northern area of Tabuk, and consists of 74 families. When it first received land from the government, it was unfertile and there were no resource facilities. Even though the residents are dependent on farming for a living, there was no irrigation and the production from their farms relied solely on rain. IAT has been helping the community to implement backyard gardening as another way of supplementing their income. This is a new concept since most agriculture in recent years has been carried on at a great distance in the mountains, slash and burn style. The situation is similar for Lubo-Hilltop community and both villages are benefitting greatly from community child care which enables parents to focus on their livelihoods.

Plan to contribute to this worthy cause by offering your service or donations to this year's fund-raising GIANT GARAGE SALE. Also choose #291 for your Spirit Board Points at both Tru Value stores on Quadra. We thank Heriot Bay Tru Value for its contribution from this past month's bottle returns and to all those who donated!



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# ISLAND CALENDAR



Submit your event info or news item - eMail: [news@discoveryislands.ca](mailto:news@discoveryislands.ca) or drop-off at 701 Cape Mudge Rd or at Hummingbird

## THE REGULARS

### MONDAY

- Parent & Tots, QCC, 9:30 am - 12 pm
- Sing For Pure Joy! QCC, Room 3, 3:00 - 4:30. All Welcome.
- Weight Watchers, QCC, 6 pm - 7 pm
- 1st Monday - Quadra writers group, 7 - 9 pm 285-3656

### TUESDAY

- Al-Anon Meeting, Quadra Children's Centre, 7:00 pm
- Folkdancing, 7:30 to 9:30 pm, QCC, Sept 17 to end Apr, 285-3298.

### WEDNESDAY

- Parent and Babies 11 am QCC
- UofQ - HiYa education from your neighbours. HBI pub 7:00 pm
- Regular texas hold'em poker night 7:30pm at the Legion
- Hand-drum Circle, Upper Realm, 7:45 - 9:15 pm
- 1st & 3rd Wednesday Food Bank, QCC 1 - 2 pm

### THURSDAY

- Parents & Tots, QCC, 10:00 am - 12 pm
- Prayer Meeting, Quadra Island Bible Church, 7 pm

### FRIDAY

- Unplugged Guitar/Singing Jam 7:45 pm Upper Realm
- Alcoholics Anonymous, 8 pm Quadra United Church
- Live bands in the HBI Pub 9:00 pm

### SATURDAY

- Farmers Market & Bazaar 10 am to 2 pm by Credit Union
- Quadra Legion Meat Draw 5 pm
- Open mic with Mo. 9:00 pm HBI pub

### SUNDAY

- Family Service, Quadra Island Bible Church, 10:30 am
- United Church, 10:45 am unless advertized, Sept 15 to end Jun, 285-3163.
- Quadra Sunday Painters, 11 am - 2 pm, 285-3390
- Buddhist meditation, Upper Realm, 10 am.

## DAY TO DAY

### Friday, August 30 - Sunday, September 1

- Quadrapalooza, Belkin Park & QCC, details page 12 & quadrapalooza.com

### Friday, August 30

- BBQ Burger Dinner, Quadra Legion, 6:30 pm \$5
- Live Music with Ray Bennett Band, HBI Pub 9 pm no cover

### Wednesday, September 4

- Quadra Seniors Picnic, Kurt & Judy Hagens home, (Legion if raining ) 10 am

### Saturday & Sunday, September 7 & 8

- Quadra Island Golf Club will be hosting our 2nd annual Club Championship

### Sunday, September 8

- Quadra Fall Fair, Blenkin Park & QCC 9:30 am - 5:30 pm details page 13 & 14

### Monday, September 9

- Next Deadline for the Discovery Islander
- Garden Club: Growing Mediterranean and Sub-Tropical Fruits, QCC 7pm

### Thursday, September 12

- Quadra Singers fall season starts, QCC 6:45 pm

### Friday, September 13

- Live Music with Blue Kats, HBI Pub 9 pm no cover

### Wednesday, September 18

- Quadra Legion General Meeting, Legion 8 pm

### Saturday, September 28

- Poles vs. Holes golf-disc golf tournament, fund raiser for Children's Centre

**NEXT DEADLINE: MONDAY, SEPTEMBER 9<sup>TH</sup>, 2013**

Island Calendar is a list of on island events. Please submit separately for the **Island Calendar** and **News & Events** or indicate in your submission if you would like your event placed in both. **Following the text order exactly as above for email submissions is appreciated** (month, date, day, title, place and time), use the title as your email subject. Current advertisers welcome to submit events but not-for-profit items will be given priority. Thank you for understanding.

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Source: Government of Canada

Fri 30 Aug	Sat Saturday	Sun 1 Sep	Mon 2 Sep	Tue 3 Sep
60%				
20°C	21°C	22°C	21°C	22°C
13°C	13°C	14°C	14°C	

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**Publisher/Editor:**  
Philip Stone

The D.I. is published every two weeks and is distributed throughout the Discovery Islands

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**Hours:** Mon-Thurs 10 am - 4 pm

Opinions expressed in this magazine are those of the contributors and are not the views of the publisher.

## Submission Guidelines

Items for publication on subjects of interest to the Discovery Islands community are welcome.

Please help us by following these simple guidelines.

- Text articles do not need to be attached in a file. Simply send the text in the body of an email.
- Please use Canadian spelling.
- Please use the title of your item as the email 'subject'.
- Please remember to include credits and captions for photos and other artwork.
- Please print had-written material clearly.

While every effort is made to include all items submitted, errors and accidental omissions do occur.

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## NEXT DEADLINE

**7 pm, MONDAY**  
**September 9**

for publication  
**Friday, September 13**

Read the DI online: [www.DiscoveryIslander.ca](http://www.DiscoveryIslander.ca)

# ISLAND FORUM



## Further to Dog Bylaws

I have lived on this island for forty-one years making me more than casually knowledgeable about its workings, both its strengths, its shortcomings and its vagaries. During all of those years I've been a dog owner. As of July 26th at 3:30 in the afternoon I had five rescue dogs. At 3:30 on July 27th I had four dogs. All of them had had difficult pasts, some heartbreakingly difficult. Their ages ranged from just turned three to almost fifteen. Their weights were from eleven pounds to twenty-two pounds. They were all mixed breeds with the exception of one purebred pug. They all had tendencies toward excitability, but not a one of them had ever done harm to another dog, any other domestic animal or any person. Never.

Beginning in June for two months, my dogs had been repeatedly menaced. The aggressive behaviour escalated with time. It began with a dog weighing 110 pounds from five to ten times larger than my dogs suddenly lunging at them and growling with teeth bared while my dogs sat quietly beside me. The first time the owner was able to tackle the dog which was wearing neither collar nor leash. There were two such incidents and several interspersed occasions when I saw the dog and owner approaching, saw the dog go on the alert, but was able to run down a long driveway or up a side road and thus avoid an attack.

The next incident occurred while we were walking up the hill from WaWa Kie. We were

below the curve when a man passed us riding down the hill on a bike. He stopped at the bottom of the hill, and when I looked up the hill I saw the dog. Once again it charged my sitting dogs when it was passing us snapping at my dogs, growling, and almost pushing me into the deep ditch behind me. The man did nothing until I had screamed at him for several minutes.

The next incident happened on Fir Road. I was chatting with Misumi Umemura, a fellow dog owner, when I looked up the hill to the top of Fir where the man stood and his dog had started down the hill. Suddenly it growled and attacked my almost fifteen year old dog. He weighs 22 pounds, and he is on two pain medications for chronic severe back pain. His eyesight and hearing are also very poor. The attacking dog had his upper back gripped in its mouth, and my dog was screaming. I sprayed the dog with pepper spray. She dropped that dog

and immediately did the same thing to a 15 pound female who also screamed in terror and pain. The owner stood at the top of hill until the second attack was in progress. I would like to thank Misumi for her invaluable help.

With no dog bylaws, all the RCMP could do was get the man to agree not to walk on Fir Road and the Haskin Trail. He would not agree to stop riding his bike with the dog down to the WaWaKie beach access. He also did not agree to leash the dog.

On Friday, July 26th, we were approaching the corner of Fox and Smiths returning from our walk at 3:40 PM. I saw the man on his bike and the dog in front of him about thirty feet below the corner coming towards us. He saw me. I turned around and fled back down Fox Road, but when I turned around to see if we were safe, what I saw was the dog charging. I had my spray bottle, I had a paint roller extension pole over my shoulder like a quiver. It made no difference. Before



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I could do a thing, the dog had pinned my eleven pound Chihuahua cross under it and savagely bit her back. The owner once again made no effort to control the dog. He did absolutely nothing. Finally he tried calling the dog. He did not come over to try to get her. Eventually she dropped my dog. It was obvious immediately that the little dog was not able to use her hindquarters at all. His dog was still nearby and still looking at my dogs. I begged him to get her away before she attacked again crippling another dog or finishing off the first one. While he finally tried to get his dog to accompany him, I was terrified for the safety of my other dogs and unable to do anything to assist the wounded one.

Those of you who own and/or love dogs will understand what these experiences were like for my dogs and for me. I would like to thank Elan Downey and her family for giving Tilly excellent care while I ran home with the other dogs, Sue Beattie for fetching pain meds from my house, and Sheelagh Elmitt for driving us to the vet. Tilly spent the night there battling to breathe with her lungs compressed by the blood and fluid caused by the puncture wounds to her back. The vet called me at 11 PM to let me know that the outlook was not good. Someone had to be there with her all night. The next morning her breathing had improved somewhat, but the prognosis was that she would never walk again, that she would have to have an indwelling catheter to remove her urine, and that she would never wag her tail again. I had her euthanised.

This was a little dog who spent almost all of her first three years shut in a room. When I rescued her, she was just three. The owner of the rescue said her fondest wish was that this incredible sweet, gentle and loving little dog would finally have some fun in her life. It took awhile. She was hugely overweight, and she had almost no muscle tone. I had to carry her in a front pack for most of all of our walks. By the end of her tragically short life (She had just turned five.), she was often the leader of the pack. She would bound to the front in tall grass with her fluffy tail waving like a guide-on. She loved to play, she loved to cuddle with me and her pack mates, she loved life. All her ill-treatment had not changed that. I thought she deserved a long and fun-filled life, but the inability and/or unwillingness of one man to control his dog, and his refusal to accept the fact

that his dog was going to hurt my dogs took all that away. I have noticed that typically, the owners of aggressive dogs who have attacked other dogs – and people – like the parents of bullies like to blame the victims.

Even after this and given all that led up to it, the RCMP did not have an easy time getting the dog seized, because of Quadra's lack of bylaws. After they had made an application for seizure to the Crown Counsel, and while they were awaiting a warrant, they came to advise me to drive somewhere whenever I wanted to walk my dogs. Even after I had lost a dog to this dog's aggression, its owner would not guarantee that he would leash it. I could have had another dog savagely attacked every time I came within this dog's range.

Shouldn't I be free to safely walk my dogs wherever I choose? I am about to be 72 years old. Dog walking is one of my great pleasures. It is good for my aging heart, for my compromised joints both large and small, and for my head. It is essential to the good health of my dogs. Shouldn't I be able to walk my dogs in peace and safety? Shouldn't dogs be safe from attack by other dogs anywhere on this island? Am I alone in thinking that those are reasonable expectations in a civilized society? Not alone, but evidently in the minority since although the subject of dog bylaws has been brought up in the past, we still do not have them. That must mean that the majority of people on Quadra are all right with what happened to sweet Tilly, because if we had those bylaws she would be alive today. I would have been able to report the dog's aggressive behaviour to the RCMP after the first incident knowing that something could be done about it. What happened to Annie Strong and her little Tonka could have been prevented. What happened to the Brereton's dog could have been prevented. I suspect there are other incidents. If this is not acceptable to you, please say so.

I would like to thank Tim and Barney for their understanding, their support and their kindness to me and to my remaining dogs.

Maureen Mather

**Opinions expressed in the  
Discovery Islander are  
those of the writers and  
do not in any way reflect  
the views of the publisher.**

## Many Thanks

On August 6th. I had the misfortune to break my leg driving my motorcycle. Although I have been driving a bike for forty five years stuff still happens. I can not begin to tell you how fortunate we are to have the dedicated men and women of the ambulance service here to help us when misfortune strikes. What a comforting feeling it is to see that big ambulance. It looks really big when you are lying at the side of the road.

I was expertly attended to by Bruce and Dan. Their professionalism, concern and care is to be admired. Also a big thank to all the concerned passersby who stopped to help. We truly do care for each other here on the island.

Working on the ferry I see our dedicated Ambulance crew work almost daily and many times in the middle of the night, so it was an interesting inside perspective. That crossing is sure different from the inside the ambulance.

Again many Thanks.

Harald Sjolholm

**NEXT DEADLINE  
FOR THE DI**  
is Monday, September 9<sup>th</sup>  
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## RE: Quadra Island Library a Hit

Dear Editor:

It seems to us that the article left out the most important component - the librarians. They have always been terrific.

Ken and Kathrine Robertson

Dear Editor,

It seems to me that the author of "Quadra Island Library a Hit" in the last edition of the DI forgot to mention the most important reason for this...the library staff.

The staff and the library pages helped ensure a smooth transition for the new library. They are the people who coped with the increased, "almost off the charts", usage of the new library and helped library users adjust to the changes. At the same time they continued to maintain the welcoming and friendly atmosphere we have long enjoyed in our Quadra library.

Thank you to Barb, Lisa, Matt and the pages for all you do for library users.

Jean Stahnke

## Fall Folkdancing

Quadra Kamikaze Folkdancers begin again on Tues Sept 17, with Joyce and Bob leading until Marcy returns. Payment is by the term or \$6 drop-in. No partner needed. Info 285-3298.

## Sunday Services

Quadra Island United Church invites you to the first of regular weekly services on Sunday, September 15 at 10:45 am. Please note the slightly earlier time. Organ preludes at 10:30 am.

Lunch-type refreshments shared after the service. Everyone welcome. Info 285-3163.

## Quadra Seniors Picnic

Will be on Wed. September 4th, 2013, at 10:a:m, at Kurt & Judy Hagens home at 1190 West Road--Bring a chair, a hat, or umbrella, if hot, your own dishes and cup, & utensils and the lunch will be Pot-luck, so try to bring a plate of your choice with food. There will be games with prizes. If you need transportation call Judy at 2150 or Heather at 2553. If it is raining please go to the Legion.

## West Road Yoga Fall Schedule

The West Road Yoga Fall Schedule starts on September. 9.

By request we're offering a new evening class on Tuesdays evenings. Come stretch out after work!

Mondays 9-10:30 am. Gentle/Beginners

Tuesdays 9-10:30 am. Level I/II

Tuesday Evening 5-6:30 All levels

Thursday 9-10:30 am. All levels.

6 week session. One class a week \$70, twice a week \$140. Drop In (when available) \$14. Located upstairs at 680 Industrial Way, mats and props provided. Ann Toelle Certified Iyengar Yoga teacher. 285-3065.

Iyengar Yoga promotes integration of body, mind and spirit through the practice of traditional yoga postures and breathing techniques. Suitable for all ages and abilities, Iyengar Yoga classes vary from gentle to vigorous and are aimed at developing students' inner awareness.

## Campbell River's Home Grown Health Food Store

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**FEATURING:**  
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## NEWS & EVENTS

Submit your event info or news item - eMail: [news@discoveryislands.ca](mailto:news@discoveryislands.ca) or drop-off at 701 Cape Mudge Rd or at Hummingbird

### At the Legion

On Saturday August 30th starting at 6:30 we are having a barbecue burger dinner for \$5.00. The next general meeting will be held on Wednesday Sept. 18th 8:00.

### Calling All Young Actors

Ever wanted to do some acting but were afraid the adults would get all the roles? Monsters in the Closet is a non-adult cast. Afraid the rehearsals will take up too much study time? Rehearsals will be Sundays from 2 – 4 until opening night on December 7. Want a bunch of lines? We have a role for you. Want a few lines? We have a role for you.

First rehearsal is Sunday Sept 15 at 2. If you want a copy of the script before then call Chris Thompson at 3695 and I'll get you a copy. Call if you have any questions.

### Views Of Drew

#### Paint Exhibit At the Heriot Bay Inn

An artistic response to Drew Harbour Drew Harbour is a focal point of life on Quadra Island – we see it as we drive on Heriot Bay Road, we walk beside it while on Rebecca Spit and we venture out on the water in various types of watercraft.

During August, painters Kathryn Manry and Teresa Reimer will be showing paintings that were inspired by the changing moods of Drew Harbour.

Their work reflects the changing light, the influence of weather, and the personal responses of these two artists to this body of water enclosed as it is by the shores and trees of Rebecca Spit and framed by the mountains.

The show at the Heriot Bay Inn will run until September 3, 2013.

### Yoga in the Upper Realm

Yoga with Trinity is cancelled for the rest of the Summer. She is recovering from an auto accident. Look for a start up date sometime in September. Hope to see you then.

### Golf Course

The Quadra Island Golf Course is open daily 8am to 8pm and is offering a MID-WEEK SPECIAL from 8am to 11am, Monday to Thursday, Two for One 18 holes of Golf AND Large Bucket of Balls for the Price of Small, some restrictions apply.

To book your tee time or Company Tournament, to book lessons with our Pro, to inquire about Membership, our Men & Ladies Night/Club or our Monday Night Junior Program, call 250-285-2811, text 250-287-6366 or email [info@quadragolf.com](mailto:info@quadragolf.com).

### Yoga Workshop

West Road Yoga is hosting a Saturday Morning Yoga Workshop with Vicky Catchpole. September 14, 2013

9:30 am - 12:30 \$45. West Road Yoga, upstairs at 680 Industrial Way. Mats and props provided.

This workshop will focus on poses that are useful for rejuvenating the nervous system, instilling confidence, and mobilizing the body without strain.

All levels welcome. Vicky is a certified Iyengar Yoga teacher who has taught students and trained teachers in the Comox Valley for almost 30 years. She teaches at The Yoga Studio on Rosewall in Courtenay. Vicky is grateful to Mr. Iyengar and the many teachers who have shown the way to experience the joy and freedom that yoga practice offers.

To register mail payment before Sept.9 to Ann Toelle Box 207 Quathiaski Cove V0P 1N0.

**live music, great meals, friendly staff**  
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**Fri. August 30: Ray Bennett Band**

four piece jump blues, swing & jive

**Fri. September 13: Blue Kats**

vintage rock & roll, rhythm & blues

**Fri. September 20: Peel**

Quadra's high energy rock

**Rockin' Saturday evenings: Open Mic with Mo**

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## Market Live Music

The Saturday Quadra Market has Live Music all Summer long from 10:15 a.m. to 12:15 pm. The coming line up is: August 24 – Banjo Joe plays banjo and sings.

August 31 – Hal Douglas returns with jazzy blues singing and guitar

September 7 – John Toelle and friends play folk and rock music

September 14 – Quadra Drummers play hand drums to various world beats.

Please continue to support the above local musicians by placing a donation in their guitar case and/or basket.

## On the Links

The Quadra Island Golf Course is open 8 am to 8 pm. Check out our driving range then golf 9 holes for only \$25 or 18 Holes for \$36. We offer a seniors discount and twilight rates.

On Saturday August 31 our Golf Professional Steve Phillips will be here. We offer individual ½ hour private and/or semi-private lessons as well as a **Ladies Golf Instruction Clinic** at 10 am for an hour at the rate of \$20 each for up to six ladies. Don't delay, book your lessons today.

On Saturday September 7 and Sunday September 8, 2013 the Quadra Island Golf Club will be hosting our **2nd annual Club Championship**. This is a member only event with an entry fee of \$10 for a post golf afternoon wrap up social with snacks in the courtyard. Both Men and Ladies will tee off at 10 am on Saturday and Sunday. Advance registration is required.

**Poles vs. Holes golf~disc golf tournament** (A fund raiser for Quadra Children's Centre) Registration is now OPEN and further details are on the flyer included with this DI).

To register for lessons, the Club Championship or Poles vs. Holes a golf – disc golf tournament, Call 250-285-2811, text 250-287-6366 or email: [info@quadragolf.com](mailto:info@quadragolf.com)



## Kay Dubois Bursary Awarded



Ladies Auxillary Kay Dubois Bursary was awarded to Grant Mitchell. We wish him success in Queens University in Kingston Ontario.

## Local Food Market

### Hungry for Local Food?

Look no further than the **Local Food Market** coming to Quadra Island this fall/winter.

A few years ago I lived in the Comox Valley and greatly enjoyed shopping at the Comox Valley Farmers Market. I knew I could get fresh food weekly and made it part of my grocery shopping.

Our goal with this market is to make a consistent local food source where the public can get a variety of local food monthly.

We have farmers growing veggies, bakers baking, jam makers jamming and there is talk of local meat and seafood.

Kosmic Kafeteria will be hosting a hot lunch from November to April, featuring local and seasonal food on the menu.

The market will also host a "basket-case" table, where you can bring a basket or case of food from your garden, kitchen, cooler of eggs etc... and the market will sell it for you.

We would also like to welcome food producers from Vancouver Island and the outer island to join us once a month and share their bounty. This market will be held October-April the first Saturday of every month at the Quadra Legion from 10-2.

Come and visit me at our booth at the Fall Fair with your questions and ideas. We are looking for musicians and volunteers to help with set up & clean up. Please contact Amanda 250-285-3976 or join us on Facebook at [www.facebook.com/LocalFoodMarket](http://www.facebook.com/LocalFoodMarket)





# REGIONAL DIRECTOR'S REPORT

By Jim Abram

As I sit writing my report, it is blowing a south east gale, but the sun is still out and it's nice and warm! I guess this is just to get us used to what is in store in the near future. Let's hope for a long, warm fall season!

So much is going on right now that I am going to have to pick and choose what to write about. I will attempt to be brief.

## Kanish View Estates Road

I am going to start with a project that has been ongoing for me for more than 18 years. The access road (only 250 metres long with a small bridge at the beginning) to the subdivision at Kanish View Estates was never brought up to standard by the developer and therefore the Ministry of Transportation and Infrastructure has never been willing to accept it into their inventory so that it could be maintained on a regular basis, serving about 19 lots and our access road and parking lot at the SRD Granite Bay Regional Park.

To make a very long story of unprecedented lobbying and meetings as short as possible, I will say that I finally got to the right person in Victoria. She is an Acting Assistant Deputy Minister and is in charge of the entire Southern Region for Highways. She agreed to come up and view the site personally along with another A/ADM and our Local Regional Manager. After showing them around and talking their ears off, they committed to going back to their offices and giving me an answer within one week. Three working days later, I got an email letting me know that they have decided to add

the road to their inventory and assume all responsibility for maintenance and upgrade over the next number of years. They will do the easier jobs this year, the major upgrade next year and the bridge as needed within about 5 to 8 years in the future. This is an incredible victory and the neighbourhood is, to say the least, very pleased. They will now be serviced and plowed in the winter. So, I can check that one off my list of "things to do". The community of families in that area had a very nice pot luck celebration shortly after the news came out.

## Surge Narrows Road end

Once again, dealing with the north end of the island, community partnerships with Emcon Services and the Regional District have fixed (hopefully for a long, long time) the very steep road-end hill (about 300 feet). Two concrete "ribbons", 4 feet wide by six inches thick were poured down the area of concern to keep it from washing out. Gravel crush was then filled in along the edges and down the middle. It is proving to be very successful; possibly too successful! The road still requires a 4 x 4 to navigate the hill. The purpose of the access is to allow people to transport their supplies to and from the outer islands and to access Quadra island from the outer islands. It is NOT a boat ramp. I emphasize this as it seems that some think this is the case. It is not suitable for a boat launch nor is there any where to leave a boat trailer and vehicle. New signs will be posted by both the Ministry and by the SRD to let people know that this site is not to be used to launch trailered boats. Signs will

be placed as far back as the Village Bay Lake bridge so that if anyone does think that they can go on to the end they will be able to change their mind and have a place to turn around at the Village Bay lake parking lot. Hopefully everyone will respect this restriction on the use of the road end. Repairs to this section of road are very costly and we have no funds for such work.

## Meeting with Highways on Quadra

I will be meeting with the Ministry tomorrow to discuss and tour the section of Heriot Bay Road along Drew Harbour that is so hazardous to travel. We will be looking at ways to possibly engineer a solution that will widen the road, add space for walkers, strollers and cyclists and generally increase the safety of the road. This project is another that has been on my plate for a long time and we finally have people in the Highways office in Courtenay that understand our concerns and want to help if they can. We will also be discussing signage, ditching, brushing, line painting and a host of other issues. I will report back to you later on this.

## Ambulance Station Grand Opening

I attended the Grand Opening of the BC Ambulance Facility on Aug. 18th. It was a full house and attended by BC Ambulance Regional personnel and our local crew, past and present. Tours were given, speeches were made and the ribbon was cut. And of course there had to be

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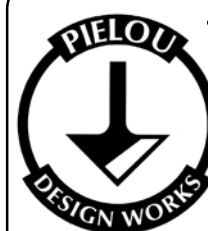
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cake and coffee for a celebration. We were also told that this is just the beginning and that the intention is to build a permanent building in the future, replacing the existing tent-like structure. We are very fortunate to receive the attention that we do from the BC Ambulance Service and more so for the incredible services offered by the paramedics, the volunteers and of course, our Chief. I hope that you all read the speech and the history provided by Dawn Ross and Betty Doak.

## Granite Bay Park Hydro

While I am still on the Granite Bay area, I am pleased to announce that the SRD has completed the installation of limited Hydro power at the dock in Granite Bay Regional Park. It was a joint effort between the community, the SRD Parks Dept. and BC Hydro, using local contractors and creating jobs. The cost was minimal now that there is power on the Granite Bay Road and to Kanish View Estates. I obtained a \$5,000.00 grant from BC Hydro with the help of Beth Rees of the SRD, which really helped to defray the total cost. The hydro is meant for temporary use and not for live-aboards. One more improvement to our already super Regional Park! If you have not used it yet, please do. It is a beautiful area. I would remind users of the boat ramp that the fee is for anyone that uses it and it helps us to maintain the area. The fee is nominal and well worth the convenience, whether you are a power boater, a canoeist or a kayaker.

## Nuyumbalees Cultural Centre Fundraiser & Tours

It was a wonderful day in Cape Mudge Village on August 17th when I had the privilege of attending the showcasing of the museum, the carving centre and the welcome poles that are being restored. There were attendees from the outer islands and Campbell River as well as a host of Quadra Islanders. A salmon BBQ dinner wrapped up the day of learning about First Nations history and culture and seeing first hand the beginnings of the restoration of the welcome poles. The clouds blew in and the sky darkened but the rain held off while we were entertained by drumming and dancing. It was a very successful event. If you have not yet visited the museum, please do. It is a "must see".

## Emergency Services tower meeting

Also on August 17th, I attended the meeting hosted by North Island Communications concerning their proposal to erect a tower on Heriot Bay Ridge. When the news first came out about a month ago there was a lot of concern expressed and the proponent was good enough to first of all tour the site with concerned citizens and secondly hold a public meeting to discuss the plans and alternatives. I had already toured the site with concerned citizens prior to all of this and filed my concerns regarding the site.

The meeting was a real learning process for the proponent and for the community. The applicant told us that he wished he had held the meeting prior to filing the application and gotten the Quadra feedback first. He was / is great to deal with and we would be so lucky as an area to have all applicants deal with our community in this manner!

And that's it! I'll save the rest for another time. Feel free to call me between the hours of 8:30 am and 7:00 pm, Monday through Friday (please, not on weekends, folks!) at 285-3355, or you can fax me at 285-3533 or you can email me anytime at [jimabram@xplornet.ca](mailto:jimabram@xplornet.ca) or by mail at Box 278 in the Cove, V0P 1N0... Lots of choices.

Please do not use my residential phone number for SRD calls. All business calls should be on 285-3355. Many thanks!

Respectfully submitted,

Jim Abram Director,  
Discovery Islands - Mainland Inlets (Area C), SRD

## Town Hall meeting regarding proposed communication tower

Notes from the Sunday 18 August 2013 Town Hall meeting regarding the proposed public safety communications tower on Heriot Ridge, Quadra Island.

Dave Emery, North Island Communications, the applicant for the land tenure for the tower site, met with about a couple dozen Quadra residents.

Dave opened by expressing his regrets and an apology that he did not call this public meeting 8 months ago, before he applied for the land use tenure.

Dave is withdrawing his current application for the site (letting it fail) because of community concerns. Dave plans to reapply for a tower site in a different location. This meeting is to get all issues out in the open before going to the expense of submitting a new application.

Full notes are on this web page:

<http://qioutdoorclub.org/2013/08/23/town-hall-meeting-regarding-proposed-communication-tower/>

-Norris Weimer



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# QUADRA ISLANDS ARTS & MUSIC FESTIVAL

## Quadrapalooza

**Friday, August 30 - Sunday, September 1.** Quadra Island's second annual Arts & Music Fest returns to beautiful Blenkin Park, taking place at the Quadra Island Community Centre. Showcasing a huge selection of artists, musical and visual, this family-friendly festival will be packed with live music of many genres, painting, shadow puppets, juggling, dancing, crafts, clothes, food, refreshments and games. From folk songs to laser tag, this year's Quadrapalooza will be a force of creative inspiration certain to make a memorable experience for all who attend.

## 2013 PERFORMANCE SCHEDULE

HOSTED BY: 2 DOPE BOYS IN A CADILLAC

### FRIDAY

#### GATES OPEN @ 3PM

3:30-3:55	Opening Ceremony
4:00-4:25	Caleb (Folk, Van Isle)
4:30-4:55	Marguerite Thompson (Folk, Cortes)
5:00-5:25	Shayshaw (One Man Band, Courtenay)
5:30-5:55	Nowhere Fast (Folk-Grass, Victoria)
6:00-6:25	Treasure Eyes (Surf-punk, East Van)
6:30-6:55	PEEL (Funk-Rock, Quadra)
7:00-7:35	Annie Becker (Acoustic-electric, Cumberland)
7:45-8:30	Six Foot Johnson (Classic Original Foot Stompin' Rock, Cortes)
8:45-9:15	Dusty Bones (Rock, East Van)
9:30-10:15	Moths & Locusts (Psychedelic Rock, Nanaimo)
10:30-11:15	Party on High Street (Reggae-Funk-Rock, Nelson)
11:30-12:30	Back Eddy & the Procrastinators (Ska-Cortes)

7:00-7:45

Heavy Meadow (Folk-Grass, Pender Island)

8:00-8:45

Ah, Venice (Indie Folk-Rock, Nanaimo)

9:00-9:20

Mind Of A Snail (Compost-modern Shadow Puppetry, Van)

9:30-10:15

Tower of Dudes (Rock n Roll, Czech Republic)

10:30-11:30

Aboubacar Camara (African Dance, West Africa)

### SUNDAY

#### GATES OPEN @10AM

10:30-11:30 am QCC\* YOGA

11:00-11:25

The Dylans (Folk-grass, Quadra)

11:30-11:55

Fainted Paces (Folk, Victoria/Quadra)

12:00-12:25 pm

Amy Muloin (Folk, Campbell River)

12:30-12:55

Jaci McPhee (Folk, Quadra)

1:00-1:25

Sunday Dennis (Folk, Courtenay)

1:30-1:55

Lina Mandolina (Folk-Bluegrass, East Van)

2:00-2:25

Riddley Walker (Folk-Rock, East Van)

2:15-3:00 QCC\*

A Raven Called Crow  
(Americana-Rootsy-Folksy-Cloud Pop, Victoria)

2:30-2:55

Adam Farnsworth (Jazz-Blues-Soul, East Van)

3:00-3:25

Sydney Williams (Folk-Rock, Quadra)

3:30-3:55

Bettykation (Blues-Rock, Quadra)

3:45-4:30 QCC\*

"Against Gravity" by Mind of a Snail  
(Compost-modern Shadow Puppetry, Van)

4:00-4:25

Banjo Joe & the Slick Willies (Folk-Grass, Quadra/Van)

4:30-4:55

Nicholas Tomlinson (Folk, Campbell River)

5:00-5:35

Chelsea Johnson & Jillian X-Mas  
(Spoken Word/Poetry, East Van)

5:40-5:50

\*\*\*Raffle Draw\*\*\*

5:50-6:00

Quadra Belly Dancers

6:00-6:35

50th Parallel (Instrumental Acoustic, Campbell River)

6:45-7:20

Eat N Holler (Old-Time/ Folk Grass, Toronto)

7:30-8:15

Cameron Gunn Band (Folk-Rock, Quadra)

8:30-9:15

Cathedral Groove (Rock-Groove, Courtenay)

9:30-10:15

Dirty Animal (Funk-Reggae, Van Isle)

10:30-11:30

High Society (Rock & Soul, East Van)

### SATURDAY

#### GATES OPEN @ 10AM

10:30-11:30 am QCC*	YOGA
11:00-11:25	Spruce Bruce (Folk-rock, Quadra)
11:30-11:55	Danielle & Grampa (Folk-grass, Quadra)
12:00-12:25 pm	Isis Jondotter & Cameron Vale (Neo-jazz, Quadra)
12:30-12:55	Liah & Sophie Whitingham (Acapella, Quadra)
1:00-1:25	Smokey Dymny (Labour-folk, Quadra)
1:30-1:55	Graeme Bousada (Folk, Cortes)
2:00-2:25	Kristi Hawkes (Folk, East Van)
2:15-3:00 QCC*	Captain Thunderpants (Children's Performance)
2:30-2:55	O'Malley (Folk-Bluegrass, Victoria)
3:00-3:25	The Time Killers (Folk-rock, Quadra)
3:30-3:55	The Whole Sh'bang (Ska-Rock, Quadra)
4:00-4:25	Oh! Ogopogo! (Children's Punk Rock, Victoria)
4:30-4:55	Noose Tree; The Hanged Man (Indie Folk-rock, Nanaimo)
5:00-5:25	Denise Wolda & Friends (Folk-Cortes)
5:30-6:10	Beautiful Wild Animals (Operatic Folklore, Halifax)
6:15-6:25	Quadra Belly Dancers
6:30-6:55	The Times (Chai Rock n Roll, Courtenay)

\*\*\*SCHEDULE MAY BE SUBJECT TO CHANGE\*\*\*

\*QCC = Inside on the Community Centre Stage

Pull out & bring to the events

Download a PDF version to your mobile at: [WWW.DISCOVERYISLANDER.CA](http://WWW.DISCOVERYISLANDER.CA)



## WORKSHOPS

### Saturday & Sunday - (TBA)

Hula Hoop Making  
Transformation Masks  
Fermentations - Making Kavas  
Poetry & Performing It  
Academie Duello School of Sword Fighting  
Medicine/Nature Education Walk  
Emotional Freedom Techniques  
Cardboard Arcade Games  
Button Making  
Acro Yoga

## EFT Tapping Workshops

### Sunday

On Sunday Sept 1 at the QCC, there are two Emotional Freedom Techniques workshops being offered. The first from 12 to 1 will be a brief intro to EFT, followed by an experiential tapping circle providing participants with a taste of what EFT has to offer. The second, from 1 to 2, will build on the first and will provide more instruction and a demonstration of an actual EFT session. Attendance at both is not necessary but if you want to come to the second one please come to the first. For more info see: [www.healingwithtapping.com](http://www.healingwithtapping.com)

## FOR THE KIDZ!

### Saturday

11 am Arts & Activities  
12 pm Face Painting  
1 pm Fun & Games  
2 pm Captain Thunderpants (Community Centre Stage)  
3 pm Cardboard Arcade Games & Button Making Workshop  
4 pm Oh! Ogopogo!  
5 pm L.A.R.P (Live Action Role Playing)

### Sunday

11 am Arts & Crafts  
12 pm Games & Bubbles  
1-4 pm Bouncy Castle  
4 pm Arts & Crafts  
5 pm L.A.R.P (Live Action Role Playing)



For more info: [www.quadrapalooza.com](http://www.quadrapalooza.com)

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The Discovery Islander • Tru-Value Stores • Village Bay Lake House • Yellow Dog Trading Co.





# Sprouting The Future and a heap of fun

September 8th, 2013 9:30 am – 5:30 pm

## Fall Fair Last Minute News

The Fall Fair is just days away. You have worked hard all summer, now is your time to shine. Let's fill the exhibit hall with your wondrous creations! Don't listen to that inner voice that tells you that your giant pumpkin isn't giant enough, or your jam isn't jammy enough. That inner voice is a liar. (Unless that inner voice tells you that you are awesome. If it does, keep listening!) Every year we are dazzled by the talents of Discovery Islanders and we know that this year will be just as spectacular!

Registration is at the Community Centre on Saturday September 7th. All exhibits can be dropped off between 9:00 am and 4:00 pm.

We have put in our official request for good weather, so hopefully that will be granted, and extended to the week before for Quadrapalooza! Some things you may want to bring: Sunscreen & hat, water bottle – there will be a water filling station, a blanket to sit on while watching the entertainment, cash for admission, to buy delicious food and other items from fabulous vendors, or to donate towards next year's fair. Maybe pack an umbrella? Strictly for sunshade of course, because as mentioned we have requisitioned excellent weather!

As often happens when organizing events there have been some last minute changes to the lineup. Unfortunately, Emily Spiller has cancelled her appearance. Have no fear; there are still many great acts to take in!

Thank you for all your support, we are looking forward to seeing you and all your amazing submissions.

## Look for the Quadra Literacy wagon roving at the Fall Fair

Children can tell about a favourite book or character, guess how many bookworms in a jar and choose a book to take home. You can enter a draw for a \$25.00 book gift certificate from Book Bonanza if you recommend your favourite read. We will also be looking for ideas for the coming year. Would you like to learn how to do internet job searches and submit online resumes? Perhaps you would be interested in basic computer help or learning a program like Excel, for example. Is there any interest in a writer's workshop for teens, writing memoirs for adults or something else? As a parent, is there a workshop or presenter that would be of interest? Bring your suggestions to the Fall Fair. Hope to see you there!

## Get Your Registrations Ready!

Where has the time gone?? The crops are being harvested fast and furious now, what a time of bounty!! Lovely fat heads of garlic are hanging, broccoli is finding its way into fritattas, salads and being munched by the head as is, green peas, purple peas, fat peas, skinny peas, and beans beans beans, cucumbers and patty pans and rainbow carrots and on it goes!! And there is still so much more to come! There is the work of keeping things watered adequately, and filling in the bare spots as things are harvested, for fall and winter crops. And most importantly, there is the nurturing of those prize vegetables, fruits AND field crops for the Fall Fair! Don't be shy now, remember when you were browsing through the displays at last years' Fall Fair and murmured to yourself about how your efforts were as good as, if not better, than what you were looking at...now's your chance, fill out your entry for the Fall Fair!! There are plenty of categories, EVERY garden has something to offer! Fill up those tables in the Main Hall and let's show what Quadra Island can produce!! For those who have Giant Pumpkins and the Colourful Collection of Winter Squashes to enter, please call Carol Anne at 250 285 2482 to register them by 7 pm Friday, September 6, 2013. While all other entries are collected on Saturday the 7th, these two categories are judged IN THE FIELD and thus must be registered on Friday the 6th as judging will proceed on the Saturday morning for Giant Pumpkins and Colourful Collection of Winter Squashes. See you at the Fair!!

Carol Anne Caulfield, Convener for Fruits, Vegetables and Field Crops, on behalf of the Old Farm Community Garden



photo by: Ocean Mawhinney



# Sprouting The Future and a heap of fun

September 8th, 2013 9:30 am – 5:30 pm

Adult: \$5 Youth 6 – 17 yrs \$3 Family \$15 Children 5 & under... free!

## Schedule of Events...

9:30 am FAIR GATE OPENS

Grounds & Exhibit Hall Open

Registration for the Pet Parade, Doggie Dash and Zucchini Race opens (beside entrance gate)

9:45 Parade assembly at the Main Stage and Parade of the Grounds led by Captain Thunderpants

10:00 Captain Thunderpants at the Mainstage

10:20 Welcome to the Fair at the Mainstage

10:30 Pet Parade at the Main Stage

11:00 Doggie Dash at the Main Stage

Acoustic Tea Nook opens with Helena Beamish

11:30 Zucchini Race at the Skateboard Park

Willowishus performs on the Main Stage

Sidney Williams performs in the Tea Nook

12 pm Registration for the Strong Man/Woman, Crosscut saw competition and Cakewalk opens

Chordiale performs in the Tea Nook

12:10 Miss Emily Brown performs on the Main Stage

1:00 Bike Park Demo at the Bike Park

Jaci McPhee performs in the Tea Nook

1:30 'The Little Red Hen' at the Theatre Under the Sun

1:45 Banjoe & Jonnie perform in the Tea Nook

2:00 Strong man/Strong woman competition at the Main Stage

Peoples Choice voting closes in the Main Hall

2:30 Cake Walk at the Main Stage

Bob Sutherland in the Tea Nook

3:00 Crosscut Saw competition at the Main Stage

Peoples Choice awarded in the Main Hall

Lichen & Shrub perform at the Tea Nook

3:30 Skateboard Demonstration in the Skate Park

Dave Blinzinger & Noelle Maffin perform on Main Stage

3:50 Leah Windrim & Sophie Whittingham perform in the Tea Nook

4:00 Raffle Draw on the Main Stage

4:10 John Toelle & Andrea Blseckie Perform on the Main Stage

4:50 Hal Douglas Blues Band perform on the Main Stage

## Activities on the Grounds

Artisan Vendors, Business Tables, Cake Walk, Chicken Poo Bingo, Crosscut Saw, Doggie Dash, Dunk Tank, Face Painting, Food, Gumboot Games, Inventions, Kids crafts, Livestock Exhibits, Music, Outdoor Exhibits, Pet Parade, Petting Farm, Roving Entertainment, Service Clubs, Strong Wo/man, Theatre, Zucchini Races

**Live Demonstrations** (look for the yellow flag)

Apple Pressing, Bees to Honey, Bike Demos, Blacksmithing, Composting, Glassblowing, Pottery, Power of Recycling, Skateboarding, Wool to Woolies

**Food Vendors:** Amped on Nutrition, Baba Gannouj, Brisket Case, Gourmet Hotdogs, Jalapeno Grill, Kameleon, Outlandish Seafood, Rebas Stove, and lots of sweet treats!

## Exhibits in the Hall

**Applied Arts & Crafts,** Baking, Canning & Preserving, Eggs, Field Crops, Flowers, Fruits, Hobby Crafts, Honey, Needle Arts, Photography, Up-Cycled, Vegetables, Writing, Youth Exhibits

**About Dogs:** Dogs entered in the Doggie Dash and Pet Parade may remain on the Fairgrounds if on a leash and wearing a Fall Fair participant bandana. These dogs should be under control at all times. Be especially attentive to your dog around small children, other fairgoers and food vending & eating areas. This is a trial year. Please help make it work for everyone!"

**No non-performing dogs at the fair please.**

**Free Campbell River ferry shuttle**

Watch for the Spirit of The West van... picking up at the ferry terminal in Q Cove at 9:45. 10:45 & 11:45. Return shuttling begins at 4:30. Assemble at the Shuttle tent near the Entrance Gate.

**What to Bring...**

Your water bottle, sunscreen, hat, family, friends and a hunger for food and fun!

# SEE YOU AT THE FAIR!



# Discovery Passage Aquarium a Great Success

Have you been to the Discovery Passage Aquarium in Campbell River yet this year? Sailfin sculpins, strawberry anemones, copper rockfish, bright red blood stars, juvenile Chinook salmon, swimming scallops and many more marine critters have attracted well over 10,000 visitors since it opened in early June!

The aquarium has strong local connections, and idea actually originated on Quadra Island. When resident marine biologists, Mark and Iris Wunsch, had the opportunity to acquire the decommissioned Ucluelet Aquarium building and its tanks they did not hesitate for long:

“We had played with the idea of a local aquarium since we moved to Quadra in 2009,” Mark says. “People are drawn to aquariums because they disclose a world that is hidden to them. It offers tremendous opportunities for education.” The Wunsch couple had worked with public aquariums and marine science stations before and had experienced their potential for engaging people.

“Of course you can’t establish a project of this size on your own”, says Iris Wunsch. “We phoned our friends and colleagues who we knew would have passion for this kind of project and -- we got only positive responses! Knowing Campbell River and our islands, we were confident that we could raise the funds and engage more volunteers to make it happen.”

As a first step, the Discovery Passage SeaLife Society (DPSS) was established to run the aquarium, with the aim of growing it into a hub for marine education and to boast local marine and coastal knowledge. On board from the first minute were more Quadrites with a wide array of expertise: marine consultant Deb Cowper, writer and educator Jolie Shea, biologist Elan Downey, as well as Phoenix teachers Dionne Lapointe-Bakota and Lou Bakota. Businessman Lorrie Bewza and North Island College instructor Sandra Milligan completed the team from the Campbell River side. The volunteer team worked for a year with the authorities to get all necessary permits and finances together and finally the building in place.

“The list of supporters grew with every step,” says Sandra Milligan. “The community has been amazing. City staff



Quadra interpreter Shayla Tate introduces visitors from Southern California to our rich local sea life.

had been very helpful from the start, funding came in from the Campbell River Rotary clubs, City Council, various foundations, BC Hydro and numerous other businesses as well as private people in cash and kind. Seymour Pacific even offered to put the building together with their crew and paid for new materials, which was a huge help.”

Regional District Area Director for the islands and mainland inlets, Jim Abram, who provided a grant through the Strathcona Regional District for the venture from his area funds, commented on the value of the project with a broad perspective:

“Initiatives like the aquarium are important for the whole North Island region as it offers many benefits to all of the island’s communities. It draws people, educates them and provides valuable jobs! The aquarium really emphasizes the wealth that we have here in our coastal waters and makes it accessible for locals and tourists alike - up close and personal! This endeavour makes it so much more obvious why we need to plan for and protect our marine resources in this area and only allow appropriate development that will not endanger the health of our marine ecosystem. It cannot be replaced!”

The large number of visitors is one testament to the aquarium’s success, and this has already exceeded original predications. “The popularity of the aquarium has been incredible, and our visitors have been as varied as the critters on show,” says Aquarium Manager, Deb Cowper: “We have had folk visit from all

over the world, but it is always fabulous to welcome the locals. Quadra Children’s Centre was first through the door when we opened in June, closely followed by the island’s Elementary School classes. Many groups have visited several times, enjoying the displays and interactive experience that we have to offer.”

“It is wonderful to have such a great resource like the aquarium within walking distance”, says Dee McPhee from the Quadra Children’s Centre. “It has been a wonderful hands-on experience for our kids. The children get very engaged with the touch tanks and were fascinated and tickled by the swimming scallops! We don’t get to see most of the aquarium’s ocean life when we go on a field trip to the beach.”

There is also interest from other local communities to work together with DPSS and the aquarium in furthering their goals. Sabina Leader-Mense, marine biologist and educator from Cortes Island is excited about potential collaborations between the aquarium and Friends of Cortes Island (FOCI):

“What I see emerging here is a wonderful regional effort on the part of the Discovery Islands to participate in and support the work of the Discovery Passage SeaLife Society/ Aquarium, and come the fall I look forward to discussing FOCI’s marine stewardship program with the SeaLife Society with a view to exchanging ideas, resources and data.”

“This is exactly what the Discovery Passage SeaLife Society has been set up for: to

continued...

## Aquarium continued...

build community and collaboration for more awareness and knowledge about our marine environment, "concludes Mark Wunsch. "The winter will allow us to reflect on this year's experiences and plan outreach activities with schools and interest groups for the next year. We certainly have a number of very exciting new exhibits and features coming up -- so watch out for the news!"

If you want to know more about the Discovery Passage SeaLife Society and the Aquarium, become a volunteer, or offer your financial support, you can also go to [www.discoverypassageaquarium.ca](http://www.discoverypassageaquarium.ca) or follow their Facebook site.

## Conservation program invites community champions

VANCOUVER: Non-profit groups working to promote sustainability in B.C. are invited to showcase their work and enter a contest to win one of five \$10,000 conservation awards. Through the Community Champions program, BC Hydro encourages non-profit organizations to demonstrate environmental leadership in their community and use the award to help implement their sustainability initiatives.

To enter the contest, BC Hydro is asking non-profit groups to explain their sustainability projects in a three-minute YouTube video and submit it online before Sept. 30.

BC Hydro will select up to 15 finalists and then the public will determine three winners by voting for their favorite videos between Oct. 15 and Nov. 15, and the remaining two will be determined by a panel of judges. B.C. classrooms are also welcome to vote for a winner. By voting, each class will be entered in a draw to win \$1,000 for a sustainability project in their school.

Last year's Community Champions showcased a wide range of sustainability projects, ranging from developing gardens at North Vancouver schools to teach students how to grow food and cook their own meals to the promotion of water conservation and stewardship in lake communities in the Kootenay region.

For more information visit: [champions.bchydro.com](http://champions.bchydro.com).



## Quadra Circle

a 55+ social and service group

We in Quadra Circle (a committee of Quadra Recreation Society) are a group of Islanders, aged 55 and over, who have come together with the aim of enriching our community, our own lives, and especially the lives of seniors, through social, educational and service activities. We encourage friendship, fun, lifelong learning and mutual support as well as planning and fostering the development of services and facilities to meet the changing needs of Islanders, particularly as our population ages. We invite you to join us. We have no hierarchy and no membership dues (although small donations to help with the cost of meeting rooms or lunches are appreciated.)

Our weekly lunches (funded in part by a grant from the Coastal Community Credit Union) often include speakers on topics requested by the group and are preceded by a armchair exercise class. Social outings to local points of interest are popular.

Quadra Circle has received grants totalling \$22,500 this year to run the weekly lunches and to start several new programs run by volunteers from our group and from the community at large. We wish to acknowledge our gratitude to Coastal Community Credit Union for their contribution of \$3,500, and to Vancouver Island Health Authority for the rest of the money and our Regional District representative, Jim Abram, and Strathcona Regional District for getting us the money. We are honoured by their trust in us to use the money effectively for the wellbeing of the community. Thank you to Gowlland Harbour Resort, to Quadra Bible Church and to the Quadra Recreation Society for their support. We also thank the ICAN group for a recent grant of \$200 to our transportation initiative.

Quadra Home Meals, provided by Gowlland Harbour Resort's Chef, allows

seniors, care-givers and people coping with illness to have nutritious, low-cost meals suited to their dietary preferences. The meals are ordered weekly and can be picked up at the Wednesday Community Lunch or delivered on request. The Community Outreach program Co-ordinator visits seniors on request and may connect them with needed services, sometimes provided by volunteers. The Transportation Initiative is still in the planning process but will help seniors who need rides to appointments, shopping or community events to connect with volunteer drivers or share a taxi. Our Housing Initiative is also in the planning stage. We hope to act as a catalyst to spark interest in developing seniors housing options and 'ageing-in-place' community and health supports for the increasing number of our seniors who want to remain on Quadra for the rest of their lives. Our vision includes private and subsidized housing in a village-like setting, with facilities for assisted living, respite and hospice care. In addition we have been trusted with the renting of two suites to suitable seniors looking for a small unit with some extra support.

Quadra Circle is a great group in which to meet people. Our dream is to make Quadra an "Age Friendly Community" where you can live to the end of our days. We invite you to become involved with the evolution of services for seniors on our Island and volunteer if you wish. We always welcome input, suggestions or feedback.

We meet every Friday from 11am to 1pm in the Lower Level at 1181 West Road starting Friday, Sept.13. You'll receive a warm welcome at our weekly lunch (at noon), starting Friday, Sept.13. For more information contact Karen at 285-3064 or Mary at 285-3084





# Sing For Pure Joy!

We all know that singing feels good and now "Group singing has been scientifically proven to lower stress, relieve anxiety and elevate endorphins." (Stacy Horn - 'Imperfect Harmony': How Singing With Others Changes Your Life) and "Singing as part of a choir has the same calming health benefits as yoga." (Sarah Rainey - the Daily Telegraph). Oh, and Oliver Sacks book - Musicophilia. And .....This Is Your Brain On Music by Daniel Levitin.....

If you need an added boost of endorphins floating through your body, join our SING FOR PURE JOY! Community Choir. This is a safe non-judgmental circle where every voice is welcome. No experience needed and no auditions - only the desire to make joyful sounds to help access and express the profound joy and beauty at our core.

No written music is used. Raise your voice with heart-felt melodies, soulful gospel songs and spirituals, world music, chants and rounds. Songs from the ridiculous to the sublime! "The majority of music in the world comes from the oral tradition and all songs are taught by call and response recognizing that this is the most accessible and effective way for the majority of people to learn and retain songs in the longer term. (Natural Voice Practitioners)

We gather at the Quadra Community Centre in Room 3 on Monday afternoons from 3:00 - 4:30 p.m. beginning on September 9th.

And at The Lions Den in Campbell River (across from Thrifty's) on Wednesday evenings from 6:30 - 8:00 p.m. beginning on September 11th.

If you just can't get enough of this endorphin rush, you can join us in Ladysmith at The Lodge on 4th on alternate Saturday evenings from 6:30 - 8:00 p.m.

As Ella Fitzgerald said "The only thing better than singing, is more singing."

The fee for the term works out to \$8 if you sign up for the full term or there is a \$10 drop-in. I also offer a sliding scale by request. No one is turned away for lack of funds.

Contact Mary Dennison at singforpurejoy@gmail.com or call (250) 285-3764 for more details and specific dates for the term.

# Fires at Granite Bay



Here is a photo of a water bomber dousing a fire in Granite Bay in early August. One of two lightning strikes from a storm August 2 flared up into a fire on a steep slope at the head of Granite Bay. Another started a smoulder behind our house, which the water bomber helicopter put out two days earlier, but this was a bigger fire that took an evening and the following morning for air and fire crews to douse. We are all hugely grateful for the efforts of those involved, and it was a good lesson in the importance of watching for smoke even days after a lightning storm in this dry weather. This fire appeared only days later, when the winds picked up.

Carol Murray  
Granite Bay

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## Hand Drum Jam

The Hand Drum Jam continues in the Upper Realm at Q. Cove on Wednesday nights from 7:45 pm to 9:30 pm.

Bring your own drum or we can supply one for you. Free drum lessons are also available on Friday and Saturday at Spirit Books if you come to the Jam.

The Drum Jam is also a take off point for full moon drumming and public performances when you feel ready for it.

## Turn up the volume with Quadra Singers this fall

It's time to get ready to sing, laugh and learn with Quadra Singers! The fun begins again September 12 at 6:45 p.m. Meet at the Quadra Community Centre – and bring your friends and family members. (Special rates available for family members!)

All voices and all levels of singing ability are welcome. It's not even necessary to know how to read music!

The fall session will prepare singers for a December concert celebrating Canadian winter.

"This celebration in song will reflect sounds and stories from different eras and different regions of the country," says choir director Linda Cannon.

Concert planning is underway, as the island's community choir prepares to offer another crowd-pleaser with guest performers and traditional Christmas favourites.

The winter concert is scheduled for December 14 at the Quadra Community Centre.

Learn more about Quadra Singers on the choir's Facebook page. Or contact the choir by email ([quadrasingers@gmail.com](mailto:quadrasingers@gmail.com)) or telephone (250-285-2393).

# At the HBI

**Friday night:** Last summer weekend get out and boogie! August 30... Ray Bennet band, jump blues, swing and jive! Unbelievably fantastic food, exceptionally great music and extraordinarily good times in the HBI Pub. 9:00 pm.

There's always a good story told (or made) on the summer deck at the Inn. Laughing good times jamming with Mo at **open mic** every Saturday. Local talent meets visitor talent in the HBI Pub. Come and jam or simply relax and enjoy the mix. Music at 9:00 pm and we're cooking dinner until 10:00 pm.

The karaoke stars are coming out – take the mic and sing like no ones watching OR sing like everyone's watching! It's so much fun to participate and really entertaining to watch. **Singin', Swingin' Karaoke Tuesdays!** HBI Pub. Starts 9:00pm.

**UofQ 2013\14 fall semester:** We're very excited about our new Dean Sarah Bible. Dean Sarah has many new and exciting classes for your local pub education beginning with September 12: History of the QI Golf course with co-founder Keith Remfert and Ops Manager Carol Ann Terreberry. Classes will be running on Thursdays this year! 7:00pm HBI Pub.

**David Gogo:** CBC Great Canadian Blues award for lifetime contribution to the blues in Canada; 2012 Western Canadian Music award for Blues recording of the year; two time Maple Blues Guitarist of the year and four time Juno nominee. Long weekend Sunday November 10th in Herons. Two course dinner and show: 6:00pm \$39.00 or show only: 7:00pm \$19.00. Reserve 250-285-3322.



Watch for upcoming details on the **CARIHI Nautical Sciences Program Fundraiser Dinner** at the Heriot Bay Inn coming October, 2013. The dinner will feature speakers from Performance Freediving International; a world renown company that has trained over 5000 freedivers, 8 of whom went on to 23 world records. They collaborated on a film project with the Oceanic Preservation Society titled *The Cove*, which won the 2010 Academy Award for best documentary.

**Harry Manx** returns to Herons. Manx fuses eastern musical traditions with the blues, switching effortlessly between conventional guitars, harmonica, and banjo and the decidedly different mohan veena, a 20-stringed instrument invented by Manx' Indian mentor Vishwa Mohan Bhatt. Two dinner shows; (50% of seats sold to date) November 29 and 30. 79.00 includes a two course dinner. Seating at 6:00pm. Reserve now: 285-3322.



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## No More Excuses!!

Yup....summer almost gone.  
Back to routines...?

Suck it up....no more excuses!! Time to drop some of those extra pounds that you packed on over the summer. Xmas almost here....if you started now.....you could drop at least 30 pounds if you worked at!!!!

The proof is all around you....we have 60 members (aka "losers") right here on Quadra. We been dropping the pounds and having a blast!!!

Grab a friend and get your butts into QCC to check out a meeting for free any Monday (excepts stats) from 6-7 pm. Wouldn't you like to be a "loser" too???

WHAT HAVE YOU GOT TO LOSE?????

## Winter Market

The Winter Market is in its 3rd year!  
Starting up again this fall at our Community Centre on West Road.

Display and sell your creations at our indoor market, rain or shine! Flea market tables are a hit, let someone else take home your neglected treasures.

Calling all Gardeners! We look forward to seeing more winter veggies this year. We have had so many requests! The Market is a great place to sell those winter squashes, kale, beets, turnips, garlic, eggs, etc.

Our markets are on a first come basis.  
Doors open @ 8am for set up and tables are still \$10.00 each.

Market hours are: 10 am-2 pm

The kitchen will be putting out more of those yummy lunches with a varied, delicious menu. Coffee and tea are always on.

So get crafting and creating! Let's inspire the community with your artistic talents.

For more info call Michele 250-285-3747 or Stella 250-285-3184 or quadramarket@gmail.com

We'd love to see you there!

**October:** Saturday, October 5th & 19th  
(1st and 3rd Saturday)

**November:** Saturday, November 2nd only  
(Christmas Craft Fair QCC(285-3243)  
November 15th & 16th)

**December:** Saturday, December 7th & 21st  
(1st and 3rd Saturday)

Happy Holidays everyone!

## Volunteers Needed for Free Firewood

The Free Firewood program provides firewood to low income Quadra residents for free. The idea being that everyone needs to be warm regardless of income level. And, of course, the hydro rates keep increasing.

So if you can chop wood and/or have a chain-saw to help us, please phone Steve at 285-3323. It's just a work crew that lasts around 2 hours, usually on a Wednesday morning.

Many thanks to our current volunteers, but some new energy is needed to keep this 6 year old program going.

## Quadra Island Outdoor Club - Upcoming Events

The Quadra Island Outdoor Club arranges activities such as day hikes, backpacking, and paddling. Join at the Saturday market or by e-mailing qioutdoorclub@gmail.com. More information, including how to join, the trip schedule and trip photos, is available on the web at qioutdoorclub.org.

Saturday-Monday, August 31- September 2 - Backpacking to Albert Edward

Saturday, September 7 - Paddle to Small Inlet

Sunday, September 15 - Paddle to Village Bay

Saturday-Monday, September 21-23 - Paddle to the Octopus Islands

Saturday, September 28 - Hike to Surge Narrows



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## Tough Measures Pay Off

As we head towards the Labour Day long weekend, we're pleased to report a rare bit of good news with respect to the halibut fishery in BC. Readers will recall that over the past several years, we've found ourselves in the unfortunate position where DFO closed the recreational halibut fishery over allocation (not conservation) concerns immediately following Labour Day. This approach to fisheries management had a significant impact coast wide and particularly on Southern Vancouver Island with lost fishing opportunities and business.

Happily, DFO has just reported that as of July 31st, recreational anglers had only harvested half of our 1 million-pound allocation for this season. Based on past catch data and estimates of angler efforts expected through August, it seems very likely that we will have near a quarter million pounds of halibut left in our allocation following Labour Day, which should carry us through the fall. In fact, the recreational sector has never caught more than 100,000 pounds of halibut between September 1st and December 31st, even when operating at more generous catch and possession limits.

While we will need to review the catch data in detail over the fall and winter to get a better understanding of the impacts of new catch and possession limits, it seems clear that the measures have moderated the size and quantity of catch and should allow the public to keep fishing through the fall. To that end, we'd like to voice our thanks to the members of the SFAB halibut working group who devised and recommended this year's retention plan.

DFO will review the catch data and provide a further update on September 18th. Until then, tight lines!

## Quadra Doubles Tennis Tournament



Due to the rain on the 16th, the tournament was moved to the 18th. This proved to be a good decision, because it was beautiful tennis weather that Sunday. Twenty-four people started at 9 AM and by 3 PM the finalists played for the trophies, watched by a cheering crowd!

The A-champions were : Joni Diamond and Murray Garland, beating Connie Oldroyd and Tim Pare. The B-finalists: Doris Nyman and Scott Low won over Meg Stewart and Gary Colter. The C-match was won by Anne Doolittle and Ken Roxburgh taking Rita Vitringa and Don Doolittle in a tie-breaker.

The entry fees for this event will be used for future maintenance and repairs to the tennis courts in Blenkin Park. A big thanks to all the enthusiastic players. We sure hope to see you out on the courts again, in the weeks to come. If you'd like to set up a match, please contact Louella and Ken at 2580, Doris at 3610, or Rita at 3678.

Tennis Committee

## Growing Citrus Fruits in South-Coastal BC

We have a wonderful line up of speakers for the coming season starting off with Bob and Verna Duncan from "Fruit Trees and More Nursery" in North Saanich on **Monday, September 8**. Our club seems to have hit the jackpot with this presentation as Bob and Verna's nursery has been featured recently on radio and in the newspapers due to the interest in climate change. You can read more about their nursery on their website.

Bob will give a talk on "Growing Citrus in South-coastal British Columbia" at our next meeting on **Monday, September 8 at 7:00pm**.

Bob's presentation will explore the types of Citrus that can be grown in south-coastal British Columbia, Canada. Cultural techniques developed to successfully grow these fruits in a cool summer-mild winter west coast climate will be described.

## ARTS REPORT

DI Arts Editor:  
Dom Fetherston

The summer influx of visitors continues, and the arts and culture of Quadra Island and the area continues to prosper.

The biggest buzz on the island is the upcoming "Quadrpalooza" - a three day festival of arts and music, held on the grounds of the Quadra Island Community Centre. Performances and workshops by the likes of Aboubacar Camara, Captain Thunderpants and Beautiful Wild Animals. August 30 - September 1. Tickets available online at <http://www.quadrpalooza.com>

Visual artists Terry Reimer and Kathryn Manry's inspiring works are hanging at the dimly lit Heriot Bay Dining Room. The dining room itself is a delight to behold, and the service and food at the Heriot Bay Inn Dining Room is consistently good. The art of Reimer and Manry is consistently good too, but disappointingly difficult to appreciate fully without sufficient lighting. The show is on until September 3.

Finally, the Quadra Cultural Committee is seeking a volunteer coordinator. May, June and September are the busiest, so if you are passionate about community arts, and are good at organizing and planning, make sure to send a note off to [info@quadrarec.bc.ca](mailto:info@quadrarec.bc.ca)

Quadra is ALIVE with opportunities for artists and supporters! Get involved. It will do your soul and your community proud.

*To submit events to Discovery Islanders Arts Report contact [dominic\\_fetherston@email.com](mailto:dominic_fetherston@email.com)*



# Potluck Protocols

To save Read and Cortes Islanders any disappointment this is about food; not, wink wink, about subsistence farming ... more specifically, it's about the trouble vegetarians have at such events. It is not the purpose of this short piece to lay blame or to whine, although I'm sure some of you Bambi eating thugs will read unintended censure where none was intended ... think of it as a Miss Manners column written by her stand-in Miss Management.

When it comes right down to it, vegetarians are probably most to blame when it comes to their potluck woes. Vegetarians tend to be lazy people (how athletic do you need to be to hunt down and kill a potato), they are not particularly smart (they are descendants of a race of people whose greatest intellectual achievement was outsmarting the turnip) and they are very busy (watching PBS specials on how English people like to kill each other, writing letters to save cute animals and attending weekly funerals for CBC). The upshot of this unholy mishmash of character flaws is that when it comes to potlucks they whip together a salad at the last minute hoping one of their brethren had enough time to plan and execute a meatless lasagna dish although hopefully not Tree-Spirit as hers tastes like it was made with detergent and cardboard.

The stage is set. The question I ask is: what do you think the vegetarian fears most about a potluck? If you said the pig, or salmon or cow turning on a spit over the fire you've missed the point and I will ask you to read the previous paragraph again. What they fear most is the salads. They know they can eat the salad they brought but they have no clue about the others. You can't fill your plate entirely with your own salad and so you have to either drink a way too much wine or you have to eat some of the other salads. The problem is that most of the salads were made by carnivores and many have been mined with meat. There is nothing worse for a vegetarian than to be enjoying a salad when suddenly a sliver of ham explodes up through their esophagus and sinks their moral tugboat.

That's how you know someone is a vegetarian. You know them not because they have no meat on their plate but because vegetarians can be found standing like a group of Harpies over the salads trying to figure out which ones they can eat. The one standing a bit apart from the rest is the one who calls herself a vegetarian but eats fish (doctors orders) and she put salmon in hers.

"What's that red stuff?"

"It's either pepper or crab."

"I'll give some to my sister in law. She's allergic to shellfish."

"Is that one yours? I did the beans. Not that it matters as the meat people ate it all."

"I did the potato salad."

"I did the dip but Truck's kids used the gluten free crackers I brought as Frisbees for the dog."

"Sally's still alive so that can't be crab."

"That is bacon bits for sure but I can't tell if that one over there has pork in it or not."

"That's the bowl I gave Frieda

for Christmas. If there's pork in there we got her new boyfriend on a cannibalism rap."

I digress. The point of this is, unless you want to torture vegetarians, either stop putting unidentifiable pieces of meat in your salads or label them somehow. And hosts, unless you want the three vegetarians with bad colds to be hovering inches away from the salad bowls doing a content search, have a vegetarian section.

- Miss Demeanor

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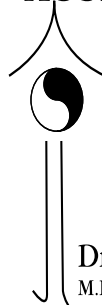
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# The 3rd Annual Discovery Islands Festival of Chamber Music

During the last weekend of July Quadra Island came alive with the sound of Chamber Music. The occasion was the 3rd annual Discovery Islands Festival of Chamber Music and this year featured music composed during the Baroque period of history. Since chamber music derives its name from being played by small musical ensembles in small venues, Quadra is ideally suited to produce a music festival of this nature.



On Thursday July 25th over 30 people came to meet the musicians, listen to short excerpts of the various programs and enjoy a delicious dinner at Kameleon Food and Drink.

The SouthEnd Farm and Vineyards hosted the Friday evening concert, where a sold out audience was treated to a fabulous concert of Italian Baroque music, accompanied by delicious appetizers and SouthEnd's great wine, all in a lovely garden-like setting.

The Saturday concert featured Baroque dance music. The Quadra Community Centre was transformed into a café style setting and a large audience was treated to a wonderful program of music composed by Henry Purcell, Biagio Marini, Jean-Marie Leclair and Francois Couperin.

The evening opened and closed with a presentation of English Country dances from the 17th century, performed by the Village Green Dancers and accompanied by the ensemble.

The fourth concert of the series was played to a full house at Gowlland Harbour Resort on Sunday morning. Music composed by Henry Purcell, JS Bach, Thomas Baltzar, Matthew Locke, Turlough O'Carolan and Johann Schenk filled the air and delighted the audience. A grand buffet lunch was served after the concert.

Each year Phil Hansen, in his role as Musical Director, has invited great musicians to perform for us and this year was no exception. Marc Destrube, (violin), Linda Melsted (violin), Konstantin Bozhinov (lute) and Phil Hansen (cello) performed beautifully and delighted the audiences. Sincere thanks to the musicians for wonderful performances and to the Quadra audiences for supporting the Festival so enthusiastically.



A big thank you to the venue Hosts, to the Quadra businesses who contributed to the festival and to the Organizing Committee members who worked tirelessly for months to put the whole production together.

Michael Lynch  
– Festival Co-ordinator

## Final Historic Boat Tour of the Summer



Beautiful Desolation Sound

Hard to believe that Fall is approaching – but it isn't here yet! And for many, the best month to be on the water is September. The Museum at Campbell River will offer its final Historic Boat Tour on Sunday, September 15, from 9 am to 2 pm. This last trip of the season will visit the amazing region of Desolation Sound. This Desolation Sound trip will swing by Mitlenatch Island, travel through Desolation Sound, then head up Waddington Channel between East and West Rodonda Island. From there, the boat will pass by Toba Inlet, continue on through Pryce Channel to Sutil Channel, following along the shores of Read and Cortes Island before rounding Cape Mudge and returning to Campbell River. The cost for this tour is also \$130.00 and includes on-board historic interpretation and a light picnic lunch. Desolation Sound is considered one of the premier cruising destinations on the Northwest Coast. These historic trips are offered through a partnership between the Museum and Discovery Marine Safaris. Please call the Museum at 287-3103 to register. One last chance to get on the water this summer!

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# Do You Really Need Inspiration?

- by Tucker Dinnes

What role does inspiration play in our lives? Do we need to be inspired to live?

We all need a little inspiration at different points in our lives – to lift us up from routine, help us meet life's challenges and to push us towards our potential. ~ Dr. D. Wong

Life is or can be mostly routine. Have you ever reflected upon the sheer repetitiveness of our lives? They say that is how a thief manages to break into our homes, by observing our routines and patterns. We wake up around the same time everyday, we do the same things each morning as we ready ourselves for the day, we leave the house and return at approximately the same times every day. This is how we find ourselves tired, flat and feeling "blah."

Uninspired.

But why do we need to feel inspired?

Inspiration pushes us towards reaching for our potential; it allows us to touch that place inside of us where our potential resides, it allows us to hear that whisper that speaks to us of our God given talents, gifts and passions. When we are inspired we are motivated to exercise our gifts and talents and share our uniqueness with the world, which in turn helps us to feel connected and motivated.

What gifts, talents and passions reside within you? Are you able to use them, share them?

Now consider for a moment what life would be like without inspiration:

It would be like childhood without magic, families without love, working without meaning and living without passion. ~ Dr. D. Wong

I can't imagine a childhood without magic, or adulthood without possibility.

Where do we look when we feel less than enthusiastic and inspired? Where is the source of our inspiration? It is different for all of us. I find inspiration in God, in nature, and in solitude. I also find it in my friends, in the beautiful people I get to work with, and in my family.

When you feel like you need some motivation and inspiration, try these few tips:

Disconnect for the day; leave your phone and all electronics at home and go for a walk, take in nature, make some space so that you can "hear" your heart. Reconnect by disconnecting.

Go out on a limb! Try something different, something you have never done before. Try it with a childlike attitude; for the fun and experience of doing it.

Practice acceptance of what is. Resistance and a "fighting against" life cause stress and quickly drain our energy. Breathe, relax, pray, meditate, or write. Allow life to flow, don't push the river.

## New Federal Electoral Map for British Columbia

VANCOUVER, BRITISH COLUMBIA - (Marketwired - Aug. 21, 2013) - The Federal Electoral Boundaries Commission for British Columbia has concluded its work of redrawing the province's federal electoral map.

The independent commission was created in February 2012 to set boundaries so that each electoral district contains roughly the same number of people while also taking into account communities of interest or identity, historical patterns and geographic size in sparsely populated regions. After considering the views of the public and objections by members of the House of Commons, the commission submitted its final report to the Chief Electoral Officer for transmission to the Speaker of the House. The report was tabled in the House today.

The Chief Electoral Officer will use this report when drafting the representation order, which is expected to become official in fall 2013. The new electoral map will be used at the first general election called at least seven months after that date. The commission's office in Vancouver is now closed. Requests for information on the next steps in the redistribution process can be directed to Elections Canada's Media Relations Office. To consult the report, visit [www.federal-redistribution.ca](http://www.federal-redistribution.ca).

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## TIDES - HERIOT BAY

DATE	TIME PST	m.	ft.
<b>30</b> Friday	00:32	3.9	12.8
	08:08	1.7	5.6
	15:53	4.2	13.8
	21:24	3.5	11.5
<b>31</b> Saturday	01:40	3.9	12.8
	09:05	1.7	5.6
	16:41	4.3	14.1
	22:22	3.4	11.2
<b>01</b> Sunday	02:41	3.9	12.8
	09:54	1.7	5.6
	17:17	4.3	14.1
	23:03	3.3	10.8
<b>02</b> Monday	03:37	4.0	13.1
	10:36	1.6	5.2
	17:46	4.4	14.4
	23:35	3.1	10.2
<b>03</b> Tuesday	04:28	4.1	13.5
	11:13	1.7	5.6
	18:11	4.5	14.8
<b>04</b> Wed.	00:03	2.9	9.5
	05:17	4.2	13.8
	11:48	1.7	5.6
	18:35	4.6	15.1
<b>05</b> Thursday	00:30	2.7	8.9
	06:05	4.3	14.1
	12:23	1.8	5.9
	18:59	4.6	15.1
<b>06</b> Friday	01:00	2.4	7.9
	06:51	4.4	14.4
	12:58	1.9	6.2
	19:24	4.7	15.4
<b>07</b> Saturday	01:34	2.1	6.9
	07:38	4.4	14.4
	13:36	2.1	6.9
	19:52	4.7	15.4
<b>08</b> Sunday	02:12	1.8	5.9
	08:27	4.5	14.8
	14:16	2.3	7.5
	20:22	4.6	15.1
<b>09</b> Monday	02:54	1.6	5.2
	09:21	4.4	14.4
	14:59	2.6	8.5
	20:54	4.6	15.1
<b>10</b> Tuesday	03:41	1.4	4.6
	10:21	4.4	14.4
	15:49	2.9	9.5
	21:30	4.5	14.8
<b>11</b> Wed.	04:32	1.3	4.3
	11:32	4.3	14.1
	16:46	3.2	10.5
	22:13	4.4	14.4
<b>12</b> Thursday	05:29	1.3	4.3
	12:54	4.3	14.1
	17:59	3.4	11.2
	23:07	4.2	13.8
<b>13</b> Friday	06:34	1.3	4.3
	14:16	4.4	14.4
	19:37	3.5	11.5



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## SUPPORT

### PARKINSON'S SUPPORT GROUP

Are you looking for a support group to help you cope with Parkinson's disease? Or, as someone supporting a person with Parkinson's, are you interested in speaking to others who face similar challenges? We would like to invite you to a Self-Help Peer Support Group on Quadra Island. This meeting is open to people with Parkinson's, their care partners, families, and friends. The purpose of our self-help support group is to provide an atmosphere of mutual trust and support and for sharing strategies for living a full life with Parkinson's. We will meet at the Quadra Island Community Centre, Room 2 every third Tuesday of the month from Sept to June from 10 am to 11:30 am. For more information contact Marjorie Haddon, Group Facilitator 250-285-2280, email marjorie.haddon@gmail.com or Stacey Clarke - Parkinson Society BC Toll free 1-800-668-3330, email sclarke@parkinson.bc.ca

## SHOPS

### WAYPOINT SIGNS

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## HELP WANTED

### STUART ISLAND COMMUNITY ASSOCIATION

seeks a mature, friendly and bondable person or persons to work in our community facility consisting of a post office, liquor outlet, small general store and dock. Minimum 12 hours per week (Monday, Wednesday and Friday) September to June (more hours available June-September); \$20.00 per hour; accommodation may be available on site and/or dock space available for one's own boat as a possible means of accommodation. If you or someone you know is interested please send resume to the directors: Stuart Island Community Association. General Delivery Stuart Island B.C. V0P1V0

### GOWLLAND HARBOUR RESORT

on Quadra Island, is looking for cooking and service staff for dinner service for the fall and winter. If interested please send your resume to Info@gowllandharbour.com before September 15th, 2013.

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