

# DISCOVERY ISLANDER

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### INSIDE...

**JIM'S REPORT: ALL THE DIRT ON SCALLOPS**  
...PAGE 5

**QUADRA VILLAGE MARKET NEWS**  
...PAGE 10

**THE RETURN OF THE COHO** ...PAGE 13

**Q COVE VILLAGE PLANNING UPDATE**  
...PAGE 17

**HALLIDAY'S VIEWPOINT** ...PAGE 18



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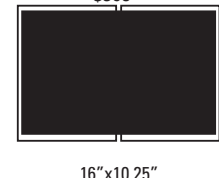
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#### Leave Quadra Island

6:15 am 3:05 pm  
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8:00 am 5:00 pm  
9:00 am 5:50 pm  
10:00 am 7:00 pm  
11:00 am 8:00 pm  
12:00 pm 9:00 pm  
1:00 pm 10:00 pm  
2:00 pm \*11:00 pm

#### Leave Campbell River

6:40 am 3:30 pm  
†7:30 am 4:30 pm  
8:30 am 5:25 pm  
9:30 am 6:15 pm  
\*\*10:30 am 7:30 pm  
11:30 am 8:30 pm  
12:30 pm 9:30 pm  
1:30 pm 10:30 pm  
2:30 pm \*11:30 pm

### Quadra Island - Cortes Island

Crossing Time: 45 minutes

#### Leave Quadra Island

†9:05 am  
\*\*11:05 am  
1:05 pm  
3:05 pm  
5:05 pm  
6:45 pm

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†7:50 am  
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11:50 am  
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3:50 pm  
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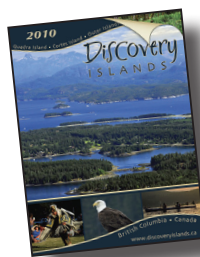


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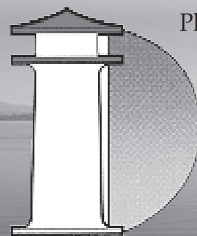
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**Is there a Quadra business  
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Complete the following form and mail to:

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## For your nomination form

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Closing date for excepting nomination is Feb 28, 2010

**Thank you for making a difference in our community!**

# ISLAND CALENDAR

Submit your event • eMail: [news@discoveryislands.ca](mailto:news@discoveryislands.ca) • fax: 285-2236 • drop-off: 701 Cape Mudge Rd.

## Saturday, February 13

"I Love Books" Valentine's Day Coffee House,  
QCC, 8pm

Valentine's Dinner/Dance with Valentino's Black  
Book, Herons @ the HBI, to reserve call 3322.  
Dance lessons 6pm, Dinner 6:45pm, Music 8pm.

## Monday, Feb15

LEARN TO ASSIST ELDERS SAFELY  
11am Room 1, QCC

## Wednesday, February 17

Free Money, QCC, 11:30am - 12pm

## Wednesday February 17

General meeting, very important topic of  
rebuilding the outside deck, Legion, 8pm

## Friday, February 26

The Age of Stupid and Jamie Biggar  
QCC, 7pm

## Tuesday February 23

QI Conservancy Stewardship Society AGM,  
QCC, 7:30 - 9pm

## February 25

Ladies night at Folk Night with John Toelle  
Island Women Unplugged, Herons, 8pm

## Saturday, February 27 & Sunday, February 28

Friends of Bute Inlet and Trickster Theatre,  
QCC

## Saturday March 13

GARAGE SALE  
Rain or shine, , 10am  
Call now to rent a table \$5.00

Amanda 285-3612 or Marie 285-2345  
Quadra Legion West Rd. in Heriot Bay

**NEXT DEADLINE: MONDAY, FEBRUARY 22<sup>ND</sup>, 2010**

## THE REGULARS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY	SUNDAY
Parent & Tots, QCC, 9:30am - 12pm	Pilates, QCC 285-2930 9:30 - 10:30am	Moms & Babes, QCC, 11am - 12pm	Parents & Tots, QCC, 9:30am - 12pm	Pilates, QCC 285-2930 9:30 - 10:30am	Centre for Spiritual Living Celebration, Willow Point Hall, 10:30am
Sing for Pure Joy! Room 3, QCC, 3 - 4:30pm <i>All voices welcome.</i>	Quadra Children's Song Circle, Room 3, QCC 3 - 4pm	Community Lunch QCC, 12pm	Pilates, QCC 285-2930 5 - 6pm	Legion Meat Draw 5pm, Steak Dinner 6:30pm	Family Worship Service, Quadra Island Bible Church, 10:30am
Yoga with Josephine, Room 3, QCC, 7 - 9pm	Kidz Klub, Quadra Island Bible Church 3- 4:30 pm	Hand-drum Circle, Upper Realm, 7:45 - 9:15pm	Prayer Meeting, Quadra Island Bible Church, 7pm	Open Mic with Mo, HBI, 10pm	Quadra Sunday Painters, 11am - 2pm, 285-3390
<b>1st Monday</b> Quadra writers group, 7 - 9pm 285-3656	AA Meeting, Children's Centre, 7:30pm	<b>1st &amp; 3rd Wednesday</b> Food Bank, QCC 1 - 2pm	Life Drawing Sessions with model, Firesign Studio, 7 - 9:30pm	For links to the latest weather, tides, currents and marine weather forecast please visit <a href="http://Quadraland.ca">Quadraland.ca</a>	Service, Quadra United Church, 11 am. <i>1st Sunday at 12pm.</i>
Island Calendar online: <a href="http://discoveryislander.ca">discoveryislander.ca</a>	Folkdancing, QCC, 7:30pm Sept-April	U of Q, HBI, 7-8pm. Learn something new every week! Free.	Drop in games and wing night, Legion, 7:00pm.		Buddhist meditation, QCC, 10am. <i>Everyone welcome.</i>
					Live Jazz, HBI, 6:30pm

Island Calendar is a list of on island events. Please submit separately for the **Island Calendar** and **News & Events** or indicate in your submission if you would like your event placed in both. **Following the text order exactly as above for email submissions is appreciated** (month, date, day, title, place and time), use the title as your email subject. Current advertisers welcome to submit events but not-for-profit items will be given priority. Thank you for understanding.

# DISCOVERY ISLANDER

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Submission Guidelines

Items for publication are welcomed  
on subjects of interest to the  
Discovery Islands community.  
Please help us by following these  
guidelines:

Please print handwritten  
material clearly.

Items sent by email do not need  
to be an attached file. Just send  
text in the body of the email.

Please spell check in Canadian  
English.

Please use the title of the item as  
email subject.

No MS Publisher, WordPerfect  
files or graphics in Word files  
please. Send imported graphics  
separately.

Please don't send original  
irreplaceable material.

Please remember to caption &  
credit photos and artwork.

Don't write on the back of  
photos, use labels or sticky notes.

*While every effort is made to include  
all items submitted, errors and  
accidental omissions do occur.*

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**Next Deadline**  
**Monday, February 22nd**

# ISLAND FORUM



## PROTECT QUADRA'S TREASURES

Dear Islanders,

On Wednesday, February 10th, the Electoral Area Services Committee will recommend that the application for a scallop farm at Rebecca Spit proceed to a public hearing. The hearing will be in March. Please watch this newspaper for the exact date. The public hearing will be held in the community centre.

At the entrance to Rebecca Spit there is a bronze plaque which reads:

This area was the property of Mr. & Mrs. J.C. Clandenning, the site of many picnics in pioneer days. Through the years the people of Quadra and the surrounding islands have met in community gatherings as the Clandenning family graciously threw open their grounds for use on those occasions. It is fitting that this area should now be dedicated as a public park for the use of the people for all time.

June 20, 1959

Rebecca Spit /Paddy's Lagoon is a Quadra Island treasure, a sacred place. Rebecca Spit is our most important centre, spiritually and culturally. It deserves our protection. If commercial/industrial aquaculture is allowed off shore, adjacent to the Park and in front of the Lagoon, it will change forever the nature of the park and our appreciation of it. It will forever alienate those familiar waters for all other uses. If we permit this to happen it will change the way we feel about ourselves.

Never before has Our Park been threatened with severe degradation, and now Our Park needs our help. Rebecca Spit/Paddy's Lagoon is not an appropriate location for commercial/industrial aquaculture. We need to preserve this wonderful place. Please become involved. Attend the public hearing, make a written submission. Oppose this application.

Sincerely yours,

Michael Stahnke

## OLYMPIC IRONY

Dear Editor,

To quote the IOC, "the goal of the Olympic movement is building a peaceful and better world by educating youth sport, practised in accordance with olympism and its values."

So what happened? I'm still trying to find that moment in world history where Coca-Cola helped create a better world.

Destroying aquifers in the third world to pump out sugar water dividends for the first world is more than sour grapes. But then there's General Electric looking for attention by creeping its way onto various Olympic flags.

Somehow making jet fighters and military hardware is part of that peaceful world vision as well. What's next?

Well, there's a lot more.

Maybe you can't appreciate the irony of knock-off Cowichan Indian sweaters courtesy of the Hudson Bay Company. How about the Jackson Triggs house blend Olympic wine?

I don't know how fat the pay cheques are for all the IOC public relations people, but we all know whose account they'll be drawing on.

The Jackson Triggs officially sanctioned IOC poster of an inukshuk inviting you to buy their wine so Triggs can donate \$1.25 to Olympic events takes the prize.

An inukshuk made out of wine corks? Only a rich white-man could be that blind to offer an insult like that to the Inuit.

You can just see the royalty checks rolling into the mailboxes of those caribou hunters, eh?

So if you're an educated youth or parent who is wondering what happened to the education funding for BC, you can protest the whoring out of Olympic sports. Gordo's got a jail cell reserved for you, it's all included in the bill.

Yours truly,

Sherman Baker

## SCALLOP SCOOP

Dear Editor,

The scallop farm introduced off Rebecca Spit is proving successful in producing large and tasty seafoods while providing jobs at Cape Mudge for fishermen with the skills to take advantage of this new resource.

The disappearance of the wild salmon off our Coast is a disaster for First Nations comparable to the wiping out of the buffalo on the plains. Cape Mudge has been a successful salmon fishing village for 2,500 years. A few commercial fishermen from the village with costly well-equipped boats, can still make a living if they are well licensed, but small boat owners cannot make the cost of crew and fuel, with a single salmon licence. The salmon fishing disaster affects us all, but none so devastatingly as the First Nations, whose entire culture and way of life was built around the annual runs of salmon.

It seems to me that protesting anything that compromises the return of the wild fish is right on the button; but that protesting the scallop farm is short-sighted.

When the reserves were set up in 1889, the intention was to protect the native villages and their resource areas from the land grab that was going on around Victoria, and spreading across the land. The native owners of the land and waters around Quadra Island ended up with less than 1% of the land of this island. And even those few acres of land rare reserved for their use, but owned by the Federal Government. The Treaties that were to have compensated them for this loss have been underway for years but drag on without resolution, meaning frankly, that the debt has not been paid.

Under the circumstances, it would seem that setting up a scallop farm off their reserve lands at Drew Harbour is a limited but meaningful way to make a living that is no threat to the wild salmon. It isn't really a threat to anybody. As for the scallops, they are a cross between local and Japanese scallops and are the larger and harder for it. This hybrid strain of scallop was developed by Fisheries and Oceans, Canada, for use in Canadian waters.

Joy Inglis



# REGIONAL DIRECTOR'S REPORT

by Jim Abram

Well, we are already more than half way to the first day of spring! Guess I'd better find the time to take down our Christmas lights, not to mention prune my fruit trees, raspberry and blueberry plants! This has been one of my busiest winters to date and there is no sign of any slow-down in sight.

I will get right to it and bring you up to date on a number of topics I have mentioned in earlier reports.

## West Coast Environmental Law forum on "Clean Green Energy"

I attended this forum at the Morris J. Wosk Centre for Dialogue on January 11th in Vancouver. I was one of 17 participant speakers before a full-house audience. It was a very good opportunity to express my concerns as your local government representative about our elimination from the land use decisions regarding "green energy" projects by the provincial government due to the passage of Bill 30, which took away our right to zone with respect to any independent power projects. Lannie Keller also spoke on behalf of the Friends of Bute Inlet. I will include a link to the audio-visual presentation that was sent to me. I know that some of you will not be able to view it due to dial up internet connection, but many of you will. I will attempt to get a written transcript for a future report. The link is: Jim Abram (Strathcona Regional District) <http://www.youtube.com/watch?v=GHhlhruNLNA>

## The California trip

Three days of travel, including 12 hours of plane travel each way with delays in two airports due to the violent storms in California, and we still managed to have a successful meeting with the California Governor's committee that we were invited to present to. Our presentation took about an hour and questions and answers followed. I feel that we were able to bring many issues to the table regarding the lack of public consultation and local government involvement in the development of run of the river (ROR) projects and to point out the lax environmental processes and regulation in this province in relation to ROR projects. This committee will develop a "rule" that will be used to inform the drafting of new

legislation (or not) to lower the environmental standard that is currently in place in California. If the legislation stays the same, then it will make it impossible for the Bute Inlet proposal to proceed as planned, since the proponent will not be able to export power to California, since it will not be considered "clean, green power". The import of power, as it stands now, must not harm the environment from whence it comes and meet all of the current environmental standards of the state of California. We also spent a number of hours meeting with the coalition of organizations in California that are opposing this possible change in their current legislation. California has always been a leader in environmental legislation to protect and keep the environment clean. They are the example that all of the other states compare themselves to. It would be a real shame to see them take a giant step backwards in the protection of the environment so that they can import power from BC and export environmental devastation to BC. We will see what happens in the next couple of months. I went along on this trip with the Western Canada Wilderness Committee and a scientist from Simon Fraser University, as their guest.

## How's 'bout them potholes, eh? ACTION REQUESTED!

I applaud Arne Liseth for bringing up the issue of potholes on the Spit Road in the last issue of the DI. I was out there yesterday and it is OUTRAGEOUS! The road is basically potholes connected by bits of road surface for most of the distance. This is Quadra Island's jewel! And it gets very little attention by the Ministry of Parks. This needs to change and I am asking each and every one of you to contact the North Island Section Head, Parks and Protected Areas Division of Ministry of Environment, Ron Quilter, at 250-337-2402 (call Service BC at 1-800-663-7867 for toll free) or email him at [ron.quilter@gov.bc.ca](mailto:ron.quilter@gov.bc.ca) I have just spoken to him at length. He is a very reasonable person and I have worked cooperatively with him for years. He is aware of the road problem and looking for solutions. But he needs to hear from you! Please copy your MLA, Claire Trevena, since this is a provincial responsibility, and send a courtesy copy to me

at my email address. I contacted him to make a personal plea to get the work done more often and to do it right! I suggested that this is a capital project and not just a routine maintenance issue.

I am also aware that the much used boat ramp is in very bad repair and needs some serious work done to it. We also spoke of this and he was unaware of the state of the ramp. This is another item that you should be talking to the Ministry of Parks about in your communication regarding the road. And lastly, I was just told (and I have not verified this yet but Ron Quilter was unaware of any plan to do this but suggested that it might be something that the Park contractors would be considering) that the fire rings will be removed from the spit, so that people will not use the drift wood for fires!... I wonder if they have been to the Spit and seen the mountains of driftwood that have now covered large areas of the road and the trails??? If the west side of the Spit is short on driftwood for fires, then perhaps a logical compromise would be to ask people to gather their firewood from the east side of the Spit, rather than a knee jerk response of removing the fire rings. The driftwood comes and goes with the tides and the seasons. Nothing that the Parks department does is going to change that fact. The driftwood is not going to stop the erosion of the Spit road or trail. The high tides take the driftwood away on the west side and the tides erode the narrow areas. The only thing that will temporarily help that situation in light of rising sea levels, is proper shoreline protection devices and raising the road and trail level. Time to get on with it in my opinion! Please write to, and call the Ministry. They need to know the level of concern from Quadra Islanders.

## Scallop lease update

The issue of the scallop lease, applied for by the Cape Mudge Band south of Rebecca Spit Park, will have been dealt with once again by the time that you read this. It came to our last meeting and the referral responses were missing from a number of key agencies. The Board referred it back to staff to make personal contact with each of the missing ministries. They got one more response but are still missing others, due to staffing issues in the ministries. It will be at the Electoral Area Services

Committee for consideration and then will possibly go to the Board at the end of the month for a recommendation to go to a public hearing in early March. If that is the case, please watch for notification of the date and time by either the Discovery Islander or by direct mail out. The SRD will ensure that the public is notified to the best of their ability. You can read the staff report at [www.strathconard.ca](http://www.strathconard.ca)

Go to "RD Board" then to "Agendas" then go to the "Electoral Area Services Committee." *cont'd next page*

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### Q. Cove Village planning process

As I have stated in previous reports, the process is underway and the steering committee has been meeting regularly. Please refer to my last report for details. A time table has been set and a mail out went to all post office boxes. Stacks of the flyer were also left for those who do not receive "junk mail" so that they too would be able to stay informed. There is a questionnaire being circulated and copies can be picked up at Hummingbird office supply and various other locations such as the Heriot Bay Inn. You can submit them at Hummingbird or give them to any of the steering committee members who were listed in the last issue of the DI and posted on "the gumboot". They will be accepted until March 9th. There will be a public presentation on Wednesday, February 10th, at 7 p.m. at the Quadra Island Community Centre. This will be led by the consultant, David Rousseau, and the steering committee members will be present. The next public meeting date is set for March 9th, same time, same place. There is a very ambitious schedule of meetings and work set out over the next few months. The consultant and the committee will be keeping you apprised of dates and times of important sessions where the general public will be able to participate. This is going to be a great process, designed here on the island, and I look forward to a truly unique final product that we hopefully can all support and be proud of.

Feel free to call me between the hours of 8:30 am and 7:00 pm, Monday through Friday (not on weekends, folks!) at 285-3355, or you can fax me at 285-3533 or you can email me anytime at [abramfam@oberon.ark.com](mailto:abramfam@oberon.ark.com), or by mail at Box 278 in the Cove, V0P 1N0... Lots of choices.

Respectfully submitted,

*Jim Abram*

*Director, Discovery Islands  
Mainland Inlets (Area C), SRD*

## FREE FIREWOOD

Free firewood is available for single parents, elders, unemployed & low income families & individuals. Bring your vehicle & we'll load it up - or if you don't have wheels, we can deliver.

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# NEWS & EVENTS

## A BIG THANK YOU FROM THE FARMHOUSE

The Farmhouse children would like to thank all who attended their recent performance, Magic for Marigold.

The Yellow Dog gift-certificate raffle raised \$184, which was sent to the Canadian Red Cross for the children of Haiti.

We would like to thank all the parents, grandparents and siblings who helped make this production possible.

We would also like to thank the Music Plant, Quadra Foods, Cafe Aroma, Hummingbird, Vitalis, Discovery Islander, Heriot Bay Store, Yellow Dog Trading Co, Gumboot, Edith and Mark, Julie and Scott and Sarah. We appreciate the wonderful audience that you are, and we look forward to our next production!

## BIG EVENTS WITH YOUTH GROUP

The Youth Group has some exciting activities planned for the month of February!! Spring is in the air and it's time to get outside. On Sunday February 28th we will be meeting at the Community Center to explore some of the local trails on bikes! Quadra is a mecca for outdoor activities and its time to explore our surroundings. We will meet at 1pm at Q.C.C. ON Feb 28th. Bring your own bike, helmets are recommended and burgers and hotdogs to follow. This activity is free of charge! Please call Lisa Murphy at (250)285-3914 for more information.

## HEAT AND EAT

Frozen meals are available at the Community Centre every Wednesday, from 10am to 1pm. Cost of meals is \$5.50 each. If you wish further information, contact Karen, 285-3064 or Lynda, 285-3205.

## A WORD OF GRATITUDE

Lynda and Dirk van der Minne want to send thank you's a hundred times to our Ambulance Crew, extra crew and first responders, who all appeared within minutes after Lynda discovered Dirk out cold on the floor of the carport and called 911. Also the dispatcher received our compliments. Dirk is grateful that he has no memory of anything for many hours or days. You all must have been very kind. Dirk will not do this again. And nobody should. Ladders are very dangerous. With respect, Lynda and Dirk.

## COMMUNITY THEATRE WORKSHOP

**February 27 & 28**



Come Show your Mind! Islanders are mobilizing for a full weekend of creative activity at QCC.

David Chantler, expert director of Trickster Theatre, is coordinating our community energy to create short skits that give expression to our ideas and the conflicts of our times. The style is impromptu, and it's for sharing our silly stuff, too. We'll be using technology to record our efforts and just maybe we'll have some messages to share with the world via YouTube.

There are lots of us assembling! Please RSVP to help organizers be best prepared. There are things you can bring to help make our show effective. Call Anita 285-2656 or Helene 285-3779 or David@TricksterTheatre.com

**Trickster Theatre workshop:**

**Saturday 9 am – all day.**

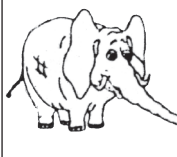
**Sunday 10 am to 5 pm.**

BYO Lunch. Potluck cookies and treats. Potluck dinner. Tea and coffee provided. This event is FREE. David is donating his time and expertise. Friends of Bute Inlet welcomes contributions toward event costs.

**TricksterTheatre.com & buteinlet.net**

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## SCHOLARSHIP AVAILABLE

Kay Dubois Memorial Scholarship available to students who are descendants of Canadian Veterans, entering post-secondary education. Awarded by the Quadra Legion Ladies' Auxiliary and based on academic and citizenship criteria. Apply before May 31 to: Box 242, Heriot Bay, BC V0P 1H0

## BUDDHIST RETREAT

Buddhist retreat with Dharma teacher Robert Beatty at the Quadra Community Centre Fri. Mar. 19 (evening), Sat. Mar. 20 and Sun. Mar. 21. This is a non-residential retreat offering sitting and walking meditation, Dharma talks and conversations with the teacher. Registration is \$50.00. Donations to the teacher are welcome. Contact Don McEachern for details, 250 285 2193 or [dmceach@telus.net](mailto:dmceach@telus.net).

## VALENTINE'S AT THE LEGION

Saturday February 13th, Meat draw & Canada's women's hockey game at 5:00. Roast beef or Chicken dinner at 6:30pm for \$15.00 and dance with the Iron Pyrites 8:30pm-12:30am \$5.00 cover charge. Sure to be a great night.



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Visit [www.practicalpilates.ca](http://www.practicalpilates.ca) or call Natasha on 285-2930.

## STORYTELLER ON CORTES

Inspired storyteller/facilitator/mediator Margo McLoughlin will be coming to Cortes Island for an open evening performance of Jakata tales; stories from Ancient India on the 26th of February 5:00 PM in the Tiber Bay room of Linnaea School. Margo will also be leading a workshop in storytelling as a vehicle for facilitating creative processes Saturday February 27th from 1 until 4:00 also in the Tiber Bay room at Linnaea. Cost is @20-30 sliding scale.

For information please email or call Diane at 935-6647.

## MONTY'S 90TH BIRTHDAY



Monty Bingham is turning 90 on Saturday, February 20th. Please join us at the Legion from 4-7PM for a birthday celebration. There will be apps and cake (of course) provided. Feel free to bring a pot luck appy if you like. For more information, call Bruce or Julie at 285-3944. See you there!

## EVENING YOGA Tuesdays 6:30-8 pm

Feb.23-Mar.23. 5 weeks \$50. Yoga to release and rejuvenate. A great way to finish your day! Mats and props provided.

Ann Toelle, RYT, West Road Yoga

To ensure the offering of this class please phone to register: 285-3065

## WELCOME, BABY JAMES ALAN!



Tanya Storr and Peter Park are thrilled to announce the birth of their son, James Alan Storr Park, on January 24 at 1:10 am, weighing 6 pounds, 9 & 1/2 ounces. Heartfelt appreciation to Quadra Island Volunteer Fire Department First Responders, Quadra Ambulance, crew of Coast Guard Cutter Point Race, Campbell River Ambulance, pre-natal instructor and doula Marie Sutherland, midwives Teralee Fisk and Rhonda, Dr. Chan, and all the staff of Campbell River Hospital's Maternity Ward. Thanks also to our wonderful family and friends and the Quadra community for all the love and support!



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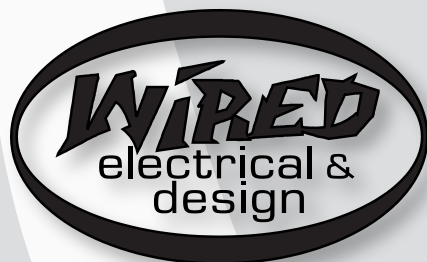
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## LOCAL CHARITIES TEAM UP TO HOST SCRABBLE TOURNAMENT

The Campbell River Grandmother to Grandmothers (G2G) and Campbell River Community Literacy Association (CRCLA) are teaming up to host a fundraising Scrabble Tournament on Saturday, February 27th, 2010 from 9:30am to 2:30 pm.

The CRCLA are hoping to build on the success of the 2009 tournament by creating an even larger event this year. The tournament's focus is on fun, and welcomes both novice and experienced players. Funds raised by the tournament will support Literacy programs in Campbell River, as well as the Stephen Lewis Foundation's initiatives in Africa.

The CRCLA has been working hard for more than ten years to provide literacy services to Campbell River residents through programs such as Adult and Youth Literacy tutoring and English as a Second Language. They train volunteer tutors, who work either on a one-on-one basis or in small groups. If you know someone who could benefit from improving their literacy skills contact the CRCLA at 250-923-1275. For more information please visit [www.literacyforall.ca](http://www.literacyforall.ca).

Today, in many countries across Africa, thousands of grandmothers are raising almost 13 million children alone, because their adult children have died of HIV/AIDS. These elderly women are the only ones left to take care of their grandchildren. The Stephen Lewis Foundation provides support to these 'unsung heroes of Africa' through grassroots projects. You can learn more about the G2G and Stephen Lewis Foundation at [www.stephenlewisfoundation.org](http://www.stephenlewisfoundation.org)

The Scrabble Tournament runs from 9:30am to 2:30pm at Timberline School cafeteria. Prizes will be awarded for areas such as top score, top fundraiser, and using hidden words. Lunch is provided for Scrabble players. You can pick up a pledge sheet and find out more information at Robron Centre, Timberline School, or Coho Books.

For more information, please contact: Erika Anderson, 250-923-1275, info@literacyforall.ca

## WHO KNEW? NOW YOU WILL TOO, AT THE U OF Q!

### Free Education at the University of Quadra!

Learn something new from the people who know, every Wednesday night in the HBI Pub. 7 - 8pm. Free. Thanks to Sue Smith and congratulations to the many GRADUATES of Routering 101 from the halls of U of Q! Upcoming classes: February 17, The Secrets of Maple Syrup; February 24, DIY Bike Maintenance.

## SWING ON DOWN TO THE HBI

Heron's presents a Valentine's dinner & dance, **Saturday Feb 13**. Dance band: Valentino's Black Book. Bonus! Couples social dancing class, East coast swing step taught by our own Sharon and Barry Hatelt. Lessons 6-6:45pm. Dinner seatings 6:45-9pm. Music 8-10pm. \$35pp, limited seating. Call 250-285-3322 to reserve.



## BEAT THE FEBRUARY BLAHS!

Last fall at the Community Centre a group met for an overview of the book 'Happiness' by Mattieu Ricard. This book is a thoroughly researched, valuable source of insight into human behaviour. It helps to identify those habits which promote a long term sense of well-being, those that detract from it, and how to progressively 'accentuate the positive and eliminate the negative'. Cue for a song?

In February a group will be meeting on Wednesday evenings to study the book in-depth and encourage discussion and practice of what we learn.

This is to benefit you, but ultimately the lives of those you touch too.

Copies of the book are available at Book Bonanza for \$17. The meetings are free, starting Wednesday, 10th of February at 7:15pm, and run for 10 weeks.

For location and further info call John at 285-2958.

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## VALENTINE'S DAY COFFEE HOUSE

Valentine's Day is for human lovers & book lovers too!

Bring the love of your life and your most beloved book to the Valentine's Day Coffee House at the Quadra Community Centre on Saturday Night, February 13 at 8 p.m. It's by donation at the door.

Hop up on stage & read a few paragraphs from your favorite book. You'll be in good company with Maureen Macardell & Heather Kellerhals & Gabriel Lessard-Kagen & Rena Patrick & Paul Puddy & Steve Moore & Eileen Sowerby & Ray Grigg & Jeannette Taylor & Maureen Fox.

There will also be a vocal art auction to raise money from the stage & live music by Castaway, Quadra's new music group playing danceable reggae & funk music.



The purpose of the Valentine's Day Coffee House is to raise \$1500 to purchase books for the new book shelves in Room #1 at the Quadra Community Centre. A dozen copies of CBC's Best Canadian Fiction Book of 2008 (The Book of Negroes) and Echart Tolle's The New Earth & other books are currently available. We also just added Jeanette Taylor's book on Quadra Island cause we "Love" this island.

Come join us for a relaxing & entertaining community event.

If your loved ones are book lovers & you want a night out on the town, what could be better than this? Staying home & watching a Hollywood movie, made in the USA, is just not a comparable option.

And it's for a good cause! Call Steve Moore at 285-3323 for more info or if you have something you would like to read.

## KIDZ KLUB

Kidz Klub is back at Quadra Island Bible Church. We will meet on Tuesdays this year, from 3 - 4:30 pm. Children in grades one to six are invited to join us at 1281 West Rd. for snacks, games, Bible lessons, crafts and singing. Everyone welcome! For more information call 250-285-2020.

## LOVESTRUCK SPECIALS AT HERONS

**February 14:** medium rare love in Herons, with Chateaubriand for two. \$70 per couple, must be pre-ordered by February 12. Our regular fabulous Herons fresh sheet available also. Love the love at the HBI!

## FREE MONEY

Free money is available on Wednesday, February 17 just before the community lunch from 11:30 a.m. to Noon. Many thanks to the weavers & knitters & Amped on Nutrition & Book Bonanza for providing funds for February & March. Looks like we'll have enough money to finish the season in April if we can obtain another \$500. Donations can be placed in the Free Money Association account in the Credit Union. Thanks again, Steve Moore 285-3323

## HAL DOUGLAS BLUES BAND

The Hal Douglas Blues Band returns from touring the North Pole to our neck of the woods. The group is a low down blues band that can some times tickle the upper charkas. From original tunes to "Stormy Monday" and "Knocking on Heavens Door" to some Funk It Up dance music, It's going to be a wild night at the Sundance Java Bar and the Heriot Bay Inn.

Julie Frank adds some soulful singing to this Bass, Drums and Lead Guitar group, which includes Hal Douglas, Steve Moore and Adam McGuffie.



Reservations are required for Dinner and Music at the Sundance Java Bar in Willow Point on Saturday, February 20, 2010. The music time is from 7 p.m. to 9 p.m. but come early or stay latter. Dinner & music are usually in the \$20 range per person. Call Kathy or Tracy at 250-923-8827 for reservations.

For the Heriot Bay Inn, just come on down from 9 p.m. to 1 a.m. on Friday, February 26. No Cover. Just Love. And wish the band luck on their up & coming tour of the Southern Coast of Chile.

## LEARN TO ASSIST ELDERS SAFELY

Monday, Feb 15 at 11am Room 1 Quadra Island Community Centre. Quadra Circle.

Many of us are faced with aging parents or relatives who need a hand or help with the physical activities of life. We all would like to help but some hesitate because we are unsure how to do it properly.

Quadra Circle invites anyone who is interested in learning how to knowledgeable and safely extend a supportive hand to come to a presentation given by Colleen Swanson. Colleen is a community health worker with many years working with the elderly. She has a keen interest in teaching and has many tips to share with us on such things as safely helping get out of a chair or into a car, with toileting, etc.

## Uniting Island Businesses



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- Coordinating island promotion.
- Low annual membership dues

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Contact the Chamber by eMail [chamber@discoveryislands.ca](mailto:chamber@discoveryislands.ca)

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9am to 7pm  
Fri & Sat  
9am to 9pm  
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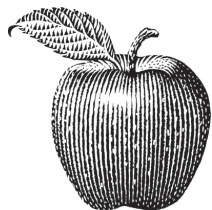


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# THE VILLAGE NEWS

Vol 1, Issue 7

February 12 to 25



## FUJI IS SURELY

one of the more attractive modern apple varieties. They are typically large and round with a lovely

pink speckled flush over a yellow-green background. It is also crisp and juicy, with dull white flesh which snaps cleanly. The flavour is predominately sweet. With refrigeration, Fuji apples can remain fresh for up to 5-6 months. As you might expect, Fuji comes from Japan, where it was developed in the 1940s, but its parentage is all-American. Fuji is a cross between Red Delicious and Ralls Janet. Fuji is a late-ripening apple variety, becoming available in November/December in northern hemisphere orchards.

- There are more than 7,000 varieties of apples
- Apples float because 25 percent of their volume is air.
- Apples are 'self-incompatible' - you need two trees growing near each other to have successful pollination.
- If you grew 100 apple trees from the seeds of the same tree, the new apple trees would all be different.

**DID YOU KNOW ?**

## FOOD TRIVIA QUIZ

They were first developed in Sicily and were known to both the Greeks and the Romans. In 77 AD the Roman naturalist Pliny called them one of earth's monstrosities, but many continued to eat them. Historical accounts show that wealthy Romans enjoyed them prepared in honey and vinegar, seasoned with cumin, so that this treat would be available year round. It was not until the early twentieth century that they were grown in the United States. All that are commercially grown in the United States are grown in California. They are actually a flower bud, and if allowed to flower, the blossoms measure up to seven inches in diameter and are a violet-blue colour.

**Can you name this plant? We'll tell you in our next flyer.**

## BRAIN FOOD

*Solutions in next issue*

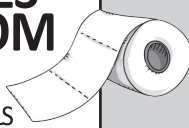
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	2			8			5	
9		5			1			

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**COUPON**  
FEBRUARY 12 TO 25

**CASCADES  
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24 DOUBLE ROLLS







# SPECIALS

Prices effective Feb 12 to 25 while quantities last



## THE SMOKEHOUSE

**Double-Smoked** Aged Cheddar  
Introductory Price

\$2.50 100g

## GROCERY

**Folger's** Classic Roast Coffee

\$6.88 920g

**Lundberg** Long Grain Brown Rice

\$3.48 907g

**Mary's** ORGANIC Crackers, Gluten Free

\$4.48 184g

**Lays** Potato Chips, All Flavours

2/\$6.00 235g

**Annie's** Past & Cheese Dinners

2/\$4.00 170g

**Annie's** ORGANIC

Pasta & Cheese Dinners

2/\$5.00 170g

**Pacific** Evaporated Milk

\$1.98 370ml

**Sun Rype** Pure Apple Juice

\$1.88 1 litre

**Thai Kitchen** ORGANIC Coconut Milk

2/\$5.00 400ml

**NEW!** ORGANIC Santa Cruz Beverages

All Flavours, 4-packs

4/\$2.88 311ml

**Cortes Sourdough Bakery**

Yeasted Buttermilk Loaf

\$3.88 Each

**Cortes Sourdough Bakery**

Multi Grain Loaf

\$4.89 Each

## DAIRY

**Imperial** Margarine

\$2.58 454g

**Vanilla Plus** Ice Cream

Assorted Flavours

\$5.98 1.65 litres

**Mountain View** Large

Free Run Eggs

\$3.88 per dozen

**So Delicious** Lactose-Free Low Fat

Creamy Orange Bar - 3 pack

3/\$3.98 89ml

## PRODUCE

**Mexican** Asparagus

\$1.98 lb

**Washington** Fancy ORGANIC

Fuji Apples

\$1.28 lb

**California** ORGANIC Oranges

98¢ lb

**California** ORGANIC Carrots

\$1.98 2lb Bag

**Washington** ORGANIC Yellow Onion

\$1.98 3lb Bag

## BAKERY

**In-Store Made** Banana Loaf

\$2.99 550-600g

**Cakes** - Strawberry Shortcake

or Black Forest Layer

\$6.88 660g

**Cookies** Chocolate Chunk, White

Chocolate Macadamia Nut Or Double

Chocolate Chunk

\$2.99 6 pack

## THE DELI

Roast Beef

\$1.29 /100g

**In-Store Made** Greek Salad

\$1.29 /100g

**Canadian** Edam Cheese

\$1.69 /100g

## MEAT & SEA

**ORGANIC** Boneless Skinless

Chicken Breasts

\$8.19 lb \$18.05kg

**Fresh** Canadian Bison Top Sirloin

Steak \$8.99 lb \$19.82kg

**NEW!**

**Fresh** FREE RANGE Hormone &

Antibiotic Free Prime Rib Steak

\$11.79 lb \$25.99kg

**Fresh** Boneless Pork Loin Chops

\$3.19 lb \$7.03kg

## BULK

**Grimm's** Bavarian Smokies

\$5.99 600g

Dried Cranberries

\$1.69 100g

Gummy Bears

\$1.29 100g

**Fruit Juice** Wine Gums

\$1.29 100g

ORGANIC Quick Oats

29¢ 100g

**Roasted** Salted Cashews

\$1.49 100g

Bulgar Wheat

29¢ 100g

**Pistachios**

\$1.69 100g

Wasabi Rice

69¢ 100g

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# FRIDAY FLICKS

presents...

## THE POOL

Comedy/drama PG

February 12th, QCC

Doors 7:30 - Showtime 7:45

Admission: \$5, stu/snr - \$4.

A young man's curiosity of how the wealthier half lives is the mainspring of documentarian Chris Smith's feature, "The Pool." Universality abounds in the seamless adaptation of Randy Russell's short story. Strong script plus utterly natural filmmaking equals one of the best narratives at Sundance this year.

Venkatesh works as a hotel housekeeper and hangs with his pal, Jahangir, partner in a rag-tag biz selling plastic bags to pedestrians. Jahangir is Venkatesh's better when it comes to street savvy and common sense, but Venkatesh is destined to be the movie's hero. He has a vision of something beyond his reach: a shimmering backyard pool.

Venkatesh climbs a tree to view the pool, which is never used by the home's inhabitants - a wealthy man from Mumbai and his daughter Ayesha, a young woman much too urbane and sophisticated for a country boy. Skeptical Jahangir scoffs at his buddy, "That's the closest you're ever going to get to that pool."

One of many pleasures is watching how culturally divided people find common ground through simple activities and conversation. Smith blurs the line between truth and fiction by inviting in the characters' true backgrounds and personalities. Scenes play out naturally, in ambling adventures with Venkatesh, Jahangir and Ayesha, capturing the sense of youth possessing all the time in the world.

Standard Bollywood treatment of this genuine film would turn Venkatesh's life-altering choice into a third-act melodrama, but "The Pool" is an object case in the difference between authentic human narrative and plot formula.

"The Pool" falls through the standard marketing niches and is probably destined to very limited release. See this gem where you can.

# SIERRA QUADRA

presents an exciting double bill...  
acclaimed feature film

## THE AGE OF STUPID

and guest speaker

**Jamie Biggar**

Canadian youth delegate  
at Copenhagen

Join us on Friday, February 26th for a remarkable film, and the opportunity to hear Jamie Biggar address the broader context of Copenhagen and the climate movement's critical next steps.

Please note: Doors open at 6:30 and the event starts at 7pm - a half hour earlier than usual.

### OUR FEATURE FILM

Blurring the boundary between sci-fi and documentary, *The Age of Stupid* peers back in time from a climate crisis-wracked 2055 to lament our current inaction on the mother of all conflicts: the war on Terra. Beginning with the Big Bang, *The Age of Stupid* hurls toward 2055 at light-speed, only to find Earth's once-mighty cities annihilated. From a drowned London to a buried Las Vegas and a burning Sydney, its imagery conjures up disturbing visions of humanity and hyper-consumption gone seriously awry.

Pete Postlethwaite plays an archivist who has assembled a global digital archive in a forbidding tower in the melted Arctic. A brilliant actor, Postlethwaite brings restraint and sadness to his part, which is the only fictional role in this experimental documentary. His archive, consisting of real footage and media feeds, as well as interviews with global-warming experts, tells the story in the film. By the time *The Age of Stupid*'s flashbacks are over and the viewer is stuck in a ravaged 2055, the yearning for preventative action is palpable and powerful.

### OUR GUEST SPEAKER

Jamie Biggar is a youth environmentalist and researcher in BC. He is the Chair of the Sierra Club of BC, co-founder of Common Energy and goBeyond, and a research associate at the POLIS Project on Ecological Governance.

Currently he is doing graduate research on post-Copenhagen climate movement strategy.

Jamie was one of the Canadian Youth Delegates to the Copenhagen Climate Summit. He focused on domestic citizen engagement and new media.

## "BOYS ONLY" TAKE OVER THE SPORTSPLEX

Parents, this is a day your boys won't want to miss.

Once again guys, it's a Pro-D Day and time to take over the Sportsplex. It all goes down on February the 15th from 1-4 pm, and the Sportsplex marks the spot at 1800 South Alder Street. Boys in grades 5 and 6 will have a jam-packed afternoon of sports and activities, individual and team challenges, self-defense classes and grrrrreat food. Be prepared to get messy during the Jell-o slurp and pudding drop, and sweaty during the Ultimate Frisbee, 4-Corner Floor Hockey or Racquetball.

Do it all for just \$6.00.

For more details for this program or any other youth activities, please check out the City of Campbell River Parks, Recreation and Culture Recreation Guide or call the Sportsplex 923-7911 or Community Centre 286-1161. You can also see the guide online at [www.campbellriver.ca](http://www.campbellriver.ca). Just follow the links for 'residents' or use the search bar.

- Terryl Bertagnolli, Active Campbell River

## QUADRA ISLAND SENIORS BRANCH 91, BCOAPO

Valentine's Day will soon be here. At our last meeting we had five members give talks about how they met their spouses. Also some brought Photos of their Wedding Day. We had a delicious Pot-Luck lunch of everything from Prawn Salad, Chicken, Scalloped Potatoes, Bean Salad, desserts, which was all too yummy.

On Wed. March 3rd, Val Barr will come at 10:30 a.m, and bring us up to date on the latest tips in Spring Gardening, we know this talk will be very interesting.

March 17th we will be hosting the North Island Regional Meeting, where Ten Senior Branches of the B.C.O.A.P.O. will be gathering to enjoy our St. Patricks Day lunch, with prizes, entertainment and fun. Would all Quadra Island members, "Please contact Win Smirfitt, @ 3850 or make sure at the March 3rd meeting, you put your name on the list, if you plan to attend. Cost of the lunch is \$5:00. On April 7th we will have our Easter Party, and hope the Easter Rabbit is still around with treats.

At the Legion on other Wed. at 10:00 a.m, join Ann Lawrence with Armchair Aerobics to music. At 11:30 a.m attend Carpet Bowling with Chris Dyson and at 1:00 p.m sing with Lillian Melton and the Glee Club.

Walk with Peter Gregg and Lloyd McIlwain on Sundays at Rebecca Spit, meet at 11:00 a.m at Launch Ramp or catch up at the big Parking Lot.

To become a member of our Happy Group, phone Muriel @3216.

# Quadra



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# SECOND HIGHEST COHO RETURN TO QUADRA IN 19 YEARS!

What great news but who would have seen this coming? Predicting the rate of salmon returns to their native streams here on Quadra is little different than most other parts of the West Coast—a crap shoot. This year was no exception.

With the aid of our new adult/smolt counting fence at the outlet of Village Lake, Quadra Island Salmon Enhancement Society (QISES) volunteers counted 923 adult coho entering the Village Lakes system this fall. This is the second highest count since 1980 (3,500 in 1998—again a total anomaly) and reflects the returns that were more common prior to 1980.

QISES volunteers also do weekly stream counts through October and November on Granite, Drew, Open Bay, and, until this year, Hyacinthe Creeks. The numbers of coho appeared substantially higher than years past in almost all of these creeks as well.

Why the big return? Ask any 10 biologists and you will probably get a wide variety of responses, most of which, even in this day of modern science, are still largely conjecture. You see, there just hasn't been and still isn't enough money available to adequately study these creatures. Scientists have for many years, and even more so now, been forced to manage the fisheries on less than shoe-string budgets.

We do know that there were strong coho returns to many of the Johnstone Strait inlets and streams and, south of Campbell River, good runs to many but not all of the streams and rivers on the east side of Vancouver Island. But we do not have any conclusive evidence as to why.

The strong return to Quadra is not likely because of a large number of smolt going out to sea two



Coho are counted as they swim through the trap of the new adult/smolt counting fence at the outlet of Village Lake.

years ago, since there were only 72 adult coho counted coming in to the Village Lakes in 2006 (coho are a three-year cycle fish, with one-year as a fry spent in freshwater). Overly successful freshwater rearing of juveniles resulting in masses of smolt migrating out to sea in 2008 just doesn't make sense.

My money goes on what many scientists refer to as the "big black box"—the open ocean. If the smolt salmon enter salt water and experience favourable feeding conditions locally in the Discovery Channel and Georgia Strait before they head out to open sea THEN these same fish find favourable feeding conditions in the north Pacific AND a lack of predators AND FINALLY experience minimal human by-catch as they return down the coast to their natal streams THEN we have the potential for a strong return—though still no guarantees. The Fraser River and mid-coast sockeye didn't find the right conditions and therefore poor returns. The pink salmon of the Campbell River area did—great returns.

Regionally our chum also had a good return. We even had lots of spring salmon off Rebecca Spit for the first time in years.

What happened this year? It wasn't fisheries management. Things just clicked—for some fish and not for others! Is this return going to happen again next year? Well, if all the variables just listed come together again, yes, we could see big returns of some runs of salmon but your guess is as good as mine.

What comforted me the most about we experienced this fall was that in spite of all the increasing negative factors that are impacting salmon through their life cycle (and you could write a book on the number of negative factors that are driving them down) the ocean, on the eve of the forecasted global climate Armageddon, still has the capacity to produce good numbers of fish. It's that simple. Humans maybe limiting the regularity to which this event can happen, but it can still happen—at least for now. It's where we go from here to help that will be crucial.

—Lawrie Bowles

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## CITY SHARES DRAFT FINANCIAL PLAN, REQUESTS PUBLIC INPUT

The City of Campbell River will make its draft 2010-2014 financial plan available to the public on February 5 and invites feedback on the plan from city residents through written submissions and survey responses. People will be able to view the plan and complete the survey on the City's webpage ([www.campbellriver.ca](http://www.campbellriver.ca)) under What's New. Paper copies of the draft financial plan are available for review at City Hall. The survey will also be published in local newspapers February 5, 2010.

The 2010 budget is a staff proposal that anticipates operating expenditures of \$43.62 million and capital expenditures \$31 million, which includes amounts for uncompleted 2009 projects. During budget deliberations City staff will recommend adjustments to the tax sharing between residential, commercial, managed forest and industrial assessment classes, which will have significant taxation ramifications.

The draft plan will be reviewed, debated and amended by City Council during financial plan deliberations Feb. 24 to 26, 2010 before adoption in March.

"Staff has worked to balance service delivery and projects with expected revenue. Services in this budget are proposed to be maintained at 2009 levels, with a proposed total tax levy of \$24.4 million," explains City Manager George Paul. "There is a need for the community to provide an opinion as to whether this is appropriate. City Council wants the community's input and advice before finalizing the budget and the tax implications."

Council will determine how best to share the costs of City services during financial plan deliberations Feb. 24 to 26. Here's how members of the public can provide input:

- Complete a City services survey posted on the Internet at [www.campbellriver.ca](http://www.campbellriver.ca) and published in local newspapers February 5 (surveys due by noon, February 19);
- Present suggestions during Council's budget deliberation meetings. (Council will hear and receive submissions from members of the public at 10 a.m. and 1:30 p.m. each day during the deliberations. Speakers must register with the Legislative Services Manager); or

- Provide a written submission to Council c/o the Deputy City Clerk via email ([peter.wipper@campbellriver.ca](mailto:peter.wipper@campbellriver.ca)) or to 301 St. Ann's Road, Campbell River, BC, V9W 4C7.

Highlights of City work proposed in the draft financial plan include:

- Hosting the 2010 B.C. Seniors Games, anticipated to boost the local economy
- Improving communications internally and externally to our community
- Completing construction of the Greenways Loop
- Starting the Highway 19A construction project from Hilchey to just south of Rockland Road (roadway work, sidewalks, water and sewer upgrades)
- Starting the Campbell River Airport project providing the appropriate funding is received
- Reviewing the Official Community Plan to integrate sustainability goals, objectives, and principles
- Reviewing and implementing revised development cost charges
- Tidal power feasibility study
- Environmental sustainability initiatives
- Completing Robron Park site design
- Constructing lacrosse box

"The plan has been built to deliver quality services in a fiscally responsible manner that promotes long-term community prosperity and social, economic and environmental health," the City Manager concludes.

- George Paul  
Acting City Manager  
250-286-5740

**BE INFORMED!**  
Check out the plan at  
[www.campbellriver.ca](http://www.campbellriver.ca),  
in 'What's New' and have your say.

## NEW CELL PHONE RULES

It has been reported to police that several people have been witnessed using their cell phones while driving their vehicles onto the ferry.

While the vehicle is in motion, cell phones are not to be used without hands-free technology. There were signs up before the new legislation reminding drivers not to use cell phones while boarding the ferry, yet people are choosing to ignore the legislation.

The one month grace period has ended so police have discretion to issue violation tickets for the following offences:

- Using an electronic device while driving: \$167 fine.  
*Section 214.2 (1) Motor Vehicle Act*
- Emailing or texting while driving : \$167 fine.  
*Section 214.2 (2) Motor Vehicle Act*

And for GLP\* (Graduated Licensing Program) drivers:

- Drive contrary to restriction (use of electronic device while driving): \$167 fine  
*Section 25 (15) Motor Vehicle Act*

\*GLP drivers are not allowed to use any electronic device, including hands-free devices, while driving or operating a motor vehicle.

Thank you for your cooperation.

-Cst. Poppy Hallam  
Quadra Island RCMP

## TIME TO SWEEP THE BROOM AWAY

Hello Islanders, With the longer days and milder temperatures thoughts come round to buds springing forth and BROOM.

For all you energetic spring minded people and those that have allergies to all things with pollen **now** is the time to get out there and show the world what you are made of! Perhaps we can get some neighbourhood challenges or competitions going? Hmm... who can have the biggest stacks of broom on the roadside?

Broom busting makes for terrific cardio workouts and boy do you feel like you have done a days work after. Imagine the calories you will burn along with a super sense of satisfaction. No gym memberships needed just some gloves and safety glasses depending on your mode of destruction.

Some areas I have put names to as I walk/run our area. Milford road could be Milford Marauders, Animal Farm Aardvarks, Heriot Bay Hurricanes, Dahlnas Pit Dynamos, and maybe Golfers Grind, you get the idea. Our Community Centre is also working on broom removal. If everyone does some, we might have a designation as a broom free island in the not too distant future. One can only hope! Lets make broom a thing of the past! Happy broom picking to you!

M. Sjöholm



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## FUN WITH FAMILY FITNESS PLANNING

Fit families are healthy families who have an active lifestyle. Frequently, they enjoy the things they do together, and the things they do together foster better communication and closer relationships than watching TV does.

Family fitness takes some parental commitment, leadership, and imagination, and you may have to listen to a lot of grouching and whining to start with, but the entire family will benefit as a result. Family fitness doesn't have to be expensive. Your community has lots of low-cost family activities.

Check your local paper and recreation department, and use your imagination to come up with activities your family can do together. Families are busy, and convenience is essential to a family fitness plan. If you have to go through a lot of hassle or travel a long way on a regular basis, you won't follow through. Plan activities that you can do in your community. Stay on the Island and connect with your active community.

When you join a club or plan an activity, make sure your whole family is welcome. It's not much fun to look forward to an outing, and then discover that your kids are the only ones there.

You want an appropriate environment where young children are welcome too. Fun is the key to successful family fitness. If everybody has fun, you'll all want to do it again. Ask the kids what kind of activities they enjoy. You could even let them choose some family activities and help with the planning. Have a family meeting, and come up with a list of activities your family wants to try.

In addition to making sure your family fitness activities are fun, you can make sure your family fun activities center around fitness. When our families pursue fitness together, we benefit in other ways, too. Your kids will remember and treasure family camping trips, going swimming together, and having family snowball fights. You're building good health habits and good childhood memories at the same time, and the whole family is having fun doing it.

- Marion Eberlein, Vitalis Gym

## QICSS AGM FEB 23 7:30 PM AT QCC

Many newcomers to Quadra are probably wondering what the heck is QICSS. QICSS is short for Quadra Island Conservation and Stewardship Society. It was formed in 1990 to purchase and preserve the only private property fronting on Morte Lake. This 57 acre property has a covenant registered on it stating that it is to remain in its natural state except for the two existing trails.

QICSS is responsible for maintaining the property and ensuring that the covenant is followed. We also feel it has the right to monitor and comment on all commercial activities in the Morte Lake watershed. In fact the first purpose listed on the incorporation document is "To preserve, protect and enhance the quality of the human and natural environment of the area".



As a stewardship society QICSS, can hold covenants on other properties. Restrictive covenants are a way to control what happens to a property in the future. They can be simple such as stating "no subdivision," or they can specify specific conditions for multiple areas of the property.

We presently are a covenant holder on Linnaea farm on Cortes, and two properties on Quadra. As the covenant holder we are required to do regular inspections of those properties to ensure that the covenants are being followed.

QICSS is looking for two or three new stewards to replace retiring members. The work is easy and the meetings are generally bi-monthly. If you are interested in helping, please call the election committee chair Ken Roxburgh at 250-2580. Even if you don't wish to serve at this time, please come to our AGM Feb 23, 7:30 pm at QCC.



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## ISLAND ANCIENT TREE INVENTORY

### Let's find our Ancient Trees!

Do you know where a Douglas-Fir tree, about 10 feet in diameter – 29 feet around is located?

I know of one about 50 paces down the low side of Valdez Road. I was told about and recently visited the Grandmother Sitka Spruce, accessed from the north end of Kay DuBois Trail. She has a girth of about 18 feet and amazingly large, contorted limbs.

I recently learned of a White Pine out past Village Bay Lakes, which is about 2 feet in diameter / 7 feet in circumference. Do you know of an ancient tree which is accessible only by boat: saltwater or fresh?

If you know of an ancient tree, any species which is alive on Quadra, would you like to have it listed in an Ancient Tree Inventory?

I'm also interested in measurements of old stumps – what was the largest tree in the area? Would visitors be able to freely walk to it or would they need permission from the property owners?

With your help, we can build an ancient tree inventory. We could get an ancient tree's story, as you know it, written up in a small booklet. I'm also collecting related old and new photographs, stories and poems.

Please contact me if you can contribute to or have questions about The Ancient Tree Inventory Project.

Rod Burns, Bold Point Centre, 250 285 2272, [bpc@connected.bc.ca](mailto:bpc@connected.bc.ca)



One of Quadra's ancient giants in Main Lake Provincial Park.

## CITY WON'T APPEAL TIMBERWEST TAXATION DECISION

At its January 28 meeting, City Council decided not to appeal the Court's decision in TimberWest's taxation challenge.

"Council has decided that accepting the judge's decision is in the best interest of the community, and we will not pursue an appeal," confirms Mayor Charlie Cornfield.

Financial implications of the Court decision will be discussed by Council during budget deliberations next month.

"Council will reconsider its tax rates bylaw as applied to Class 7 property during budget deliberations in February," the Mayor confirms.

"The City of Campbell River has always had a good relationship with TimberWest, and I have already been in touch with TimberWest to advise them of Council's decision," adds the Mayor. "We look forward to working with TimberWest and the community to seek solutions."

In a December 31 decision, Judge Gerow of the BC Supreme Court ordered that 2009 taxes levied by the City of Campbell River on managed forest lands owned by TimberWest be set aside.

The appeal period expires February 1.

## GOT AN OPINION ABOUT BIKES? HOW ABOUT BEING PART OF A SOLUTION

Over the past year a change in local policy on the Powell River Queen has had an impact on Bicycle Commuters who cycle to and from Campbell River everyday.

Bicyclist have been directed by crew to dismount while boarding the Powell River Queen and prohibited to operate their Bicycles on the deck of the ship. The change came about due to passenger complaints and safety concerns.

While most Bicyclists operate in a safe manner, a few have not leading to a restrictive policy for all. The Senior Master of the Powell River Queen is open to considering a Code of Conduct for Bicyclists.

This page has been created to elicit Islanders opinions on the topic and develop a proposal that addresses safety concerns on and around the ferry, educate on safe Bicycling practices and promote Bicycling as a mode of transportation.

Please feel free to post your thoughts, experiences, questions and ideas. While consensus is the goal, ideas with a majority of support will be put forward in a final document.

[quadra-island-bicycle-commuters@googlegroups.com](mailto:quadra-island-bicycle-commuters@googlegroups.com)



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## Q COVE VILLAGE PLAN: WHAT IS A VILLAGE?

The community-driven design work on the Q Cove Village is underway and the next public meeting will be Tuesday, March 9th, 7:00 PM at the Quadra Community Centre. At that meeting you can discuss the "village toolkit", i.e. the kinds of housing and commercial that are being considered for the plan.

You have probably noticed that we are calling it a 'village plan', and some of you may already call the Cove a village, but what *is* a village?

Here's what some Quadra Islanders have said about what makes a village, from early returns on the Q Cove Village Character Questionnaire.

- People know one another. Warmth. A supportive community;
- Small scale buildings- charm and character;
- Public Green space, trees, gardens & places to gather and sit;
- Walkability- short distances;
- Cars are under control and don't dominate;
- Simple and timeless in a natural setting;
- Shops at the centre with clustered homes surrounding;
- Multi-age neighbourhood.

Local designer Rob Wood, who is on the village design team, grew up in a village in England. He has given a great deal of thought to what makes a village. When asked what his number one criterion for a village is, he answers, 'public commons'. His number two criterion is, 'compact settlement, defending nature right at the edge'.

*If you haven't returned a questionnaire yet, please pick one up at Hummingbird or HBI, drop it off there, or e-mail it in. We will be receiving questionnaires back until the March 9 meeting.*

- Public Commons- in a typical suburban area, nearly all of the open space and green space is on private lots. Homes are far apart and there is usually no place to gather or sit in public. In a village, the open and green space is mostly public- i.e. public squares, public gardens, public shelter for events (think of the classic bandstand in the park, or roofed outdoor market) and public seating.
- Compact Settlement, Defending nature'- in a typical suburban area, development goes sprawling out into farmland, woodlands and field. There seems to be no edge. In a village, settlement is clustered or tightly follows roadways. Buildings are close together and look out onto a commons. Private yards are small. But most importantly, the village boundary is very contained and sharp. At the edge of the village is farmland, woodland or field. The natural values of the surroundings are protected by the village.

We can envision public amenities like a village square, public gardens etc. in the Cove, but how do we actually get them? Well, there are several ways, but here are just three: First, landowners may agree to dedicate or even build public features in exchange for certain development rights; Second, public funds may be used to acquire or supplement amenities that qualify as parks; And third, a local 'community development association' may raise funds, lobby and guide the building of public amenities.

Of course, any way that this happens has to make financial sense.

Exactly how these key pieces get done in the Cove will be an ongoing dialogue in the future.

- David Rousseau  
drouss@twincomm.ca 250 935-6878

## BROADWAY COMES TO RIVERCITY

When Rivercity Players announced in June 2009 that they were going to do a revival of *Lend Me A Tenor* (last presented in Campbell River in 1995), little did they know that Broadway would follow suit in December.

The star of the Campbell River production will be Tim Myerscough, whose great voice was last heard in the part of Oscar in Rivercity's *Sweet Charity*. The star of the Broadway production will be Tony Shaloub, best known for his part as Adrian Monk in the TV series *Monk*.

On Broadway the show will be directed by the well-known Stanley Tucci, while Rivercity has newcomer Bill Walton, whose last two productions, *South Pacific* and *No Sex Please We're British* were sellouts at the Sagebrush Theatre in Kamloops.

*Lend Me A Tenor*, by Ken Ludwig, is about an operatic tenor who goes missing on opening night. It has all the classic elements of a first class farce - mistaken identity, a chase, language problems, and lusty ladies running around in lingerie.

The show has proved to be very popular, receiving eight Tony Award nominations, and being translated into sixteen different languages.

It opens at the Tidemark Theatre on February 10th for five performances only, ending with a Valentine's Day matinee at 2 pm.

It is the second of Rivercity's Broadway Comes to Campbell River season. The final production will be *Proof* by David Auburn.

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## THE HIBBIE'S GOT IT GOING ON!

University of Quadra Feb 17: Maple Syrup Making, west-coast style, with Louis Poitras. 7-9 pm, Wednesday evenings, HBI Pub, n/c. Knowledge is power: get some.

Dinner Dance in Herons... Saturday Feb 13 with Valentino's Black Book. Special gourmet menu: \$35pp includes appy, entrée, music. Dinner seatings 6:45-9 pm; music 8-10 pm. Bonus! East coast swing-step lesson with Sharon and Barry Hatelt: 6:00-6:45pm. Tables filling fast, call 250.285.3322.

February 14: Chateaubriand for two in Herons. Or enjoy the regular, fabulous fresh sheet. Either way, there will be candles and love. Chateaubriand... \$70 per couple, must be pre-booked by February 12. Seatings till 8 pm; reserve your table, call 250.285.3322.

Games & Gigs Thursdays in the HBI Pub, hosted by the inimitable Christi Edwards. Board & card games, your choice; gigs on the 8' screen. This week: Alison Krauss: A Hundred Miles or More Live From The Tracking Room.

Put some heart in your art... and win! Inviting the artist in everyone... enter your heart art of any size, medium or shape. Prizes! Drop off submissions till Feb 28 (5 pm) at Sidelines Gifts at the Heriot Bay Inn.

Women are folkin' with John Toelle Thursday Feb 25. Folk night host John Toelle presents island women unplugged, 8-10 pm. \$7/sliding scale. Dinner in Herons before the show, folk night only \$5. Heriot Bay Inn: Quadra's hub of fun.

## VALENTINE'S OLYMPICS TICKETS CONTEST WINNER ANNOUNCED

With the 2010 Olympic and Paralympic Winter Games about to begin, Campbell River's Spirit of BC Committee has announced the winner of the "Why I Love Campbell River" contest.

Mayor Charlie Cornfield introduced the winner of two Valentine's Olympic tickets and a travel voucher to the men's freestyle moguls at Cypress Mountain as 14-year-old Ben Wagg.

Ben's winning "Why do you love Campbell River?" entry reads:

With mountains soaring to the sky, the sounds of bald eagles flying by.

Our little piece of heaven is beyond compare, where everyone is welcome,

We like to share.

The people are friendly, the scenery will make you shiver.

Just a few of the reasons that I love Campbell River.



More than 50 people sent entries describing why they love Campbell River in 50 words or less.

"The entries were really creative, which made for a very enjoyable selection process," says Mayor Cornfield. "We congratulate Ben for penning such an enjoyable and concise description of how much there is to treasure about our community."

The Mayor presented Ben Wagg with the tickets during a Spirit of BC Week flag raising event at City Hall.

"Spirit of BC Week marks a week's worth of activities to celebrate Campbell River's community spirit and the Olympic and Paralympic Games," the Mayor said. "Spirit Week is organized by Campbell River's Spirit of BC Committee, a team of dynamic community members who are working to promote community innovation, involvement, inclusion, and pride."

Spirit Week activities promote health, volunteering, literacy, the arts and more.

"The Committee would like to encourage everyone to participate in the week's events," the Mayor concluded.

Spirit Week activities are listed on the Campbell River community calendar (www.campbellriverbc.ca).

Campbell River received the tickets for the City's efforts to compete with other BC communities for the title of GamesTown 2010. See www.gamestown2010.ca for more information.

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Mystery Band!

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# HALLIDAY'S VIEWPOINT

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*by Steven Halliday*

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## DÉJÀ VU ALL OVER AGAIN

**Life is full of coincidences, but that doesn't help one to rationalize them. They seem to occur in my life on a frequent basis, sometimes provoking a smile, other times amazement and occasionally a chill in my spine. Here are two examples of the latter.**

Last Friday, for the first time in a very long time, I picked up a non-fiction crime story from our library – this type of writing generally holds no interest for me, but I was tired of looking through books and settled on that paperback. It describes the tale of a sexual predator named David Ray Parker and his horrific crimes committed over several years in rural New Mexico. When finally caught and sentenced to 223 years in prison for the two charges which he was a suspect, he was under suspicion in at least 12 other cases of missing women. He had operated completely under the radar of society for decades, and had often used his uniform (of a Park Ranger) to help lure in his victims. The book was a very quick read, and during the time I spent reading it a couple of CF-18s were busy buzzing up and down Georgia Strait as part of the Olympic security operations, putting on a great show for those of us not used to having fighter jets around on a regular basis. Coincidentally, I certainly admire the pilots and their magnificent machines, and was looking forward to the next episode of “Jetstream” on Discovery Channel and its remarkable footage of Canada's flying elite in training to master the CF-18.

Imagine my shock when the news of Colonel Russell Williams' arrest broke on the afternoon of February 8, not only at the bizarreness of the arrest of such a prominent military leader for particularly brutal crimes, but also at the coincidence of the events that I just described which were occurring while Colonel Williams was being interrogated by police. At the time of writing he has been charged with two counts of murder and two of sexual assaults committed during home invasions. However, police believe it likely that he has been an active predator for some time and are now following the path that Williams travelled in his military career for similar unsolved cases. Like most serial criminals, it is unlikely the true number of his victims will ever be known, but undoubtedly he will go down as the highest-profile criminal in Canada's history. This is a weak coincidence at best, I agree, but it still left me shaking my head and yes, sent a little chill down my spine.

Another instance where coincidence, or more

accurately my personal proximity, and also involving a cold-blooded killer, occurred to me back in the 1990's. I was in Vancouver for a conference, and had returned to my hotel room to sit back and watch the evening news. The breaking story of the day was that an arrest had been made in the murders of two elderly women, both of whom had been beaten to death during a robbery in their Vancouver homes some weeks earlier. The reporter was at the home of the suspect, and when the door was opened to reveal the suspect's roommate I was shocked to see someone I had known (and had scrupulously avoided – he was a total creep) from my time in Alert Bay. He, in turn, was in apparent shock

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**Like most serial criminals, it is unlikely the true number of his victims will ever be known, but undoubtedly he will go down as the highest-profile criminal in Canada's history.**

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about the arrest of his roommate and friend, and he then revealed the suspect's name as Curtis Mackie. Again, I had a spine chilling reaction.

You see, I played darts for the Royal Canadian Legion team in Alert Bay, and the last time I had seen Curtis Mackie was as my opponent in a match at Curtis's team headquarters, the Bayside Inn, the pub of which was known locally as “The Zoo”. I knew Mackie to be a hot-headed kid who drank too much, did too many drugs and was known to be fond of breaking and entering – he'd actually served some time as a juvenile for theft. Mackie was only a middling dart player, and I was in the process of beating him soundly in a game when he disputed my scoring. As is usual in such a case I sat back and let the other's sort it out. It was agreed that I was right and Mackie was wrong, but he wouldn't let it go. He got more and more insulting, then unruly,

and then physically threatening when finally (and for the Zoo, unusually) he encouraged by bar management to leave. He did so trailing a stream of obscenities and threats behind him, and I was warned to watch my back because he was a violent man who might possibly use a knife in a fight. Fortunately for me, he left Alert Bay shortly thereafter and I had no further knowledge of him until the newscast that night in Vancouver, some 3 or 4 years later. Apparently Mackie had a ferocious appetite for hard drugs, and had moved to the city (together with his equally unsavory friend and roommate) to have ripper pickings for his criminal activities. Fortunately for society, it appears that Mackie's murder record was limited to the two unfortunate victims, though he was sentenced to a ridiculously low 17 years in prison with no possibility of parole. Unfortunately for society, his likelihood of recidivism is extremely high and he will not be an old man when or if he is released.

Several curious coincidences have been noted regarding some of the subjects of this very column, as my wife will attest since she is the one that notices them much of the time. Take the last column I wrote for example. On New Year's Day we attended a small gathering at a friend's house, and I was approached by our hostess to consider writing something about the state of early childhood education, a subject about which I had little knowledge. She prepared me with some materials she had collected off the web, and I agreed to give it some thought. A few weeks later I had no solid ideas for a column so I picked up what she had given me and augmented it with some research of my own. The resulting column “Is our Children Learning?” was published in the January 29th Discovery Insider. On February 1, the following Monday, the leader of the loyal opposition, Michael Ignatieff, announced to a press conference that a Liberal government would restore all the funding to early childhood education that the Harper government had withdrawn from the budget, and that “I've made it very, very clear this is the No.1 social priority of an incoming Liberal government. Why? Because we think it's the best way to create more equality, more opportunity, more fairness in our country. It's also the best anti-poverty program.”

Another coincidence? Perhaps, but I prefer to think that Mr. Ignatieff is a faithful reader of the Discovery Insider, and my column on the subject stirred him to comment. Hey, anything's possible, and it makes a far better story than a simple coincidence.

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## HERIOT BAY TIDES

Date	PST	m	ft
12	05:51	4.7	15.4
Friday	11:27	3.4	11.2
	15:54	4.2	13.8
	22:56	1.2	3.9
13	06:17	4.7	15.4
Saturday	11:59	3.2	10.5
	16:47	4.2	13.8
	23:33	1.3	4.3
14	06:42	4.8	15.7
Sunday	12:31	3.0	9.8
	17:38	4.2	13.8
15	00:08	1.5	4.9
Monday	07:06	4.7	15.4
	13:04	2.7	8.9
	18:26	4.2	13.8
16	00:41	1.8	5.9
Tuesday	07:29	4.7	15.4
	13:38	2.5	8.2
	19:14	4.1	13.5
17	01:15	2.0	6.6
Wed.	07:52	4.6	15.1
	14:14	2.2	7.2
	20:04	4.1	13.5
18	01:48	2.4	7.9
Thursday	08:13	4.6	15.1
	14:51	2.0	6.6
	20:59	4.0	13.1
19	02:23	2.7	8.9
Friday	08:34	4.5	14.8
	15:32	1.8	5.9
	22:04	3.9	12.8
20	03:02	3.1	10.2
Saturday	08:55	4.4	14.4
	16:17	1.6	5.2
	23:24	3.9	12.8
21	03:48	3.4	11.2
Sunday	09:23	4.3	14.1
	17:10	1.5	4.9
22	01:03	4.0	13.1
Monday	04:49	3.7	12.1
	10:02	4.3	14.1
	18:14	1.3	4.3
23	02:31	4.2	13.8
Tuesday	06:26	3.9	12.8
	11:03	4.2	13.8
	19:23	1.2	3.9
24	03:28	4.4	14.4
Wed.	08:25	3.8	12.5
	12:28	4.2	13.8
	20:24	1.0	3.3
25	04:10	4.6	15.1
Thursday	09:33	3.6	11.8
	13:50	4.3	14.1
	21:18	0.9	3.0
26	04:45	4.8	15.7
Friday	10:22	3.3	10.8
	15:03	4.4	14.4
	22:07	1.0	3.3

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